



Sale Dates	Mon. Feb 16
Fri. Feb 13	Tues. Feb 17
Sat. Feb 14	Wed. Feb 18
Sun. Feb 15	Thurs. Feb 19

130 7TH AVENUE
CORNER CARROLL STREET PARK SLOPE

STORE HOURS
SUNDAY
8 A.M. - 10 P.M.
MONDAY - SATURDAY
6:30 A.M. - 11 P.M.

FREE IN-STORE DELIVERY
WITH \$30 PURCHASE
SEE STORE FOR DETAILS.

WE ACCEPT
OTC
Network

SHOP ONLINE WITH US AT
keyfoodurbanmarketplace.instacart.com



MEAT **FRESH MEAT CUT DAILY ON PREMISES • ALL OUR BEEF IS USDA CHOICE OR BETTER!** **SEAFOOD**

Fresh ... Bone In Pencil

Whole Pork Shoulder

\$149

lb.

Grade A

Perdue Chicken Drumsticks

\$129

lb. Jumbo Pack

Grass Fed Bone In

Beef Rib Steaks

\$999

lb.

16 Oz Pkg Antibiotic Free

Plainville Farms 94% Lean Ground Turkey

\$699

16 Oz Pkg

Beyond Beef Plant-Based Ground

\$799

Farm Raised

Fresh Atlantic Salmon Fillet

\$1099

lb.

Previously Frozen

Flounder Fillets

\$799

lb.

Boneless Center Cut

Pork Chops

\$299

lb.

Fresh

Pork Tenderloin

\$399

lb.

Bell & Evans Thin Sliced

Chicken Cutlets

\$699

lb.

Grade A

Perdue Chicken Wings

\$359

lb. Jumbo Pack

USDA Choice Beef Bone In

Bottom Round Roast

\$499

lb.

USDA Choice Beef Bone In

First Cut Chuck Steaks

\$599

lb.

12 Oz Pkg Apple or Classic Sage

Breakfast or Assorted Bilinski's Organic Chicken Sausage

\$699

14 Oz Pkg Hot Italian or Brat Original

Beyond Sausage Plant-Based Links

\$799

Farm Raised

Basa Swai Fillets

\$499

lb.

10 Oz Cont

AquaStar Shrimp Ring

\$699

2 Lb Bag

31-40 Count/Lb AquaStar Raw Shrimp

\$1799

PRODUCE **EAT REAL FOOD • NOTHING IS MORE WHOLE THAN FRUITS & VEGETABLES**

Green or Red

Seedless Grapes

99¢

lb.

5 Lb Bag US #1

Russet Potatoes

99¢

With Club Card. Limit 2 Offers. Without Club Card: \$1.99.

8 Oz Bag

Fresh Express Spinach

99¢

With Club Card. Limit 2 Offers. Without Club Card: \$1.99.

7.4-8 Oz Cont ... Assorted Family Size

Little Leaf Farms Salad Kits

\$499

12 Fl Oz Can Assorted

Culture Pop Probiotic Soda

2/\$4

Plus Deposit Where Applicable.

16 Fl Oz Btl Assorted

GT's Kombucha

2/\$7

Northwest Premium

Honeycrisp Apples

\$299

lb.

2 Lb Bag California

Raspberry Oranges

\$399

US #1

North Carolina Sweet Potatoes

99¢

lb. With Club Card.

Green, Yellow or Grey

Squash

\$169

lb. With Club Card.

8 Oz Pkg

Giorgio Whole White Mushrooms

\$199

Long

Green Asparagus

\$299

lb. With Club Card.

6 Count Pkg

Mini Persian Cucumbers

\$399

11.5-12 Oz Jar Assorted

Marie's Salad Dressing

\$399

2 Fl Oz Btl Assorted

Suja Wellness Shots

2/\$6

15.2 Fl Oz Btl Assorted Protein Smoothies or

Naked Fruit & Vegetable Juice

3/\$10

DELI **Lenten Friendly Favorites** **READY-TO-GO MEALS**

Boar's Head® Maple Glazed Honey Coat Ham

\$999

lb.

Fresh Cut Yellow or White

Great Lakes New York Cheddar

\$699

lb. Sold By The Piece

Fresh Baked

12-14 Oz Bag Italian Bread

\$399

20 Oz Pkg ... 4 Count

Fresh Baked Croissants

\$399

14 Oz Pkg ... 20 Count

Apple, Raspberry, Blueberry Cheese or Raspberry Cheese Fresh Baked Puffs

\$599

14 Oz Pkg ... 2 Count

Spinach Pie

\$999

Egg Salad

\$699

lb.

Seafood Salad

\$599

lb.

Tuna Salad

\$899

lb.

24 Oz Pkg

Rice & Beans With Baked Chicken Leg & Vegetables

\$899

20 Oz Pkg

BBQ Spareribs With Mac & Cheese

\$1099

DIGITAL COUPON SAVINGS!

4-6 Oz Cont Assorted

Yoplait Yogurt

SALE PRICE: 10/\$6

DIGITAL COUPON: -\$200 OFF 10

FINAL COST: 10/\$4

WITH CLUB CARD. LIMIT 4 OFFERS. MUST BUY 10.

42.2 Fl Oz Btl Assorted Varieties

Coca-Cola 1.25 Liters

SALE PRICE: 4/\$6

DIGITAL COUPON: -\$100 OFF 4

FINAL COST: 4/\$5

WITH CLUB CARD. LIMIT 1 OFFER. MUST BUY 4.

24-96 Mega Roll Pack ... Comfort Plus or 20 Roll Pack ... 1000 Sheets White

• Scott

12-48 Mega Roll Pack Ultra Clean or Ultra Comfort

• Cottonelle Bath Tissue

SALE PRICE: \$1599 WITH CLUB CARD. LIMIT 4 OFFERS.

DIGITAL COUPON: -\$200 OFF

FINAL COST: \$1399

WITH CLUB CARD. LIMIT 1 OFFER.

44 Fl Oz Cont ... Original, Moonlight Breeze or Odor Defense

Fabric Softener or Assorted:

- 16 Count Pkg ... Flings
- 46 Fl Oz Cont

• Gain

Assorted: 9, 12 or 16 Count Pkg ... Pods or 30, 32 or 34 Fl Oz Cont

SALE PRICE: \$599 WITH CLUB CARD. LIMIT 4 OFFERS.

DIGITAL COUPON: -\$100 OFF

FINAL COST: \$499

WITH CLUB CARD. LIMIT 1 OFFER.

26 Fl Oz Cont ... Gentle Ocean Mist or Ultra Soft Calm Lavender & Vanilla or 44 Fl Oz Cont ... April Fresh, Free & Gentle or Cool Cotton

Downy Fabric Softener

SALE PRICE: \$599 WITH CLUB CARD. LIMIT 4 OFFERS.

DIGITAL COUPON: -\$100 OFF

FINAL COST: \$499

WITH CLUB CARD. LIMIT 1 OFFER.

27.9-28 Oz Can Assorted

Mutti Tomatoes

\$299

16.9 Fl Oz Btl Assorted

Filippo Berio Olive Oil

\$799

15 Oz Jar ... Regular or Roasted Garlic Alfredo or 23.5-24 Oz Jar ... Assorted

Francesco Rinaldi Pasta Sauce

2/\$4

With Club Card. Limit 3 Offers. Must Buy 2.

32 Oz Easy Squeeze Btl

Heinz Tomato Ketchup

\$399

20 Fl Oz Squeeze Btl Regular, Light or With Olive Oil

Hellmann's Mayonnaise

\$549

With Club Card. Limit 2 Offers.

5 Oz Can ... In Water, In Oil or Low Sodium in Water

Bumble Bee Solid White Tuna

4/\$6

With Club Card. Limit 2 Offers. Must Buy 4.

14.75 Oz Can Wild Caught

Bumble Bee Pink Salmon

\$399

6-24 Mega Roll Pack ... Soft or Strong

• Charmin Essentials Bath Tissue

4-8 Double Roll Select-A-Size White or Print

• Bounty Essentials Paper Towels

2/\$10

With Club Card. Limit 4 Offers. Must Buy 2.

18.5-19 Oz Can Assorted

Progresso Rich & Hearty Soup

3/\$5

With Club Card. Limit 2 Offers. Must Buy 3.

14.5-15.25 Oz Can Assorted (Excludes: Organic)

Libby's Vegetables

4/\$5

With Club Card. Limit 2 Offers. Must Buy 4.

10 Lb Bag Parboiled or White

Urban Meadow Long Grain Rice

\$699

LENTEEN FRIENDLY!

14.5-15 Oz Can Assorted

Chef Boyardee Pasta

2/\$3

Assorted: 7 Oz Box

- Cheez-It Crackers
- 11 Oz Pkg
- Keebler Sandwich Crackers

3/\$699

With Club Card. Limit 4 Offers. Must Buy 3.

7 Oz Pkg Assorted

Tate's Gourmet Cookies

2/\$9

15-30 Double Roll Pack Fast Absorbing

Scott Paper Towels

\$1599

With Club Card. Limit 4 Offers.

10-14 Oz Box Assorted (Excludes: All Other Varieties)

Entenmann's Cookies

\$349

8.5-13.4 Oz Pkg Coconut Dreams, Vanilla Vienna Fingers or Assorted Fudge

Keebler Cookies

2/\$7

Assorted: 6.5-10 Oz Bag

- Cheetos Snacks

9-10 Oz Bag

- Fritos Corn Chips

\$399

YOUR CHOICE!

144 Fl Oz Pkg 12 Oz Cans Assorted Varieties

Coca-Cola 12 Packs

\$899

Plus Deposit Where Applicable.

473.2 Fl Oz Pkg Half Liter Btl

Pure Life Water 28 Pack

3/\$1099

With Club Card. Limit 1 Offer. Must Buy 3. Plus Deposit Where Applicable.

64 Fl Oz Btl Natural or Clear (Excludes: Sesame Street & Organic)

Apple & Eve Apple Juice

2/\$5

With Club Card. Limit 3 Offers. Must Buy 2.

14 Fl Oz Cont Assorted

Häagen-Dazs Ice Cream

2/\$7

With Club Card. Limit 2 Offers. Must Buy 2.

8-10.88 Oz Box ... Assorted: Comfort, Marketplace, Features or Favorites

Lean Cuisine Meals

2/\$6

With Club Card. Limit 4 Offers. Must Buy 2.

48 Fl Oz Cont Assorted

Breyers Ice Cream

2/\$8

With Club Card. Limit 1 Offer. Must Buy 2.

Assorted: 6.84 Fl Oz Pkg ... Poppables or 10.6 or 14 Fl Oz Box

Yasso Greek Yogurt Bars

\$499

With Club Card. Limit 4 Offers.

67.6 Fl Oz Btl Assorted Varieties

Pepsi 2 Liters

2/\$5

With Club Card. Limit 2 Offers. Must Buy 2. Plus Deposit Where Applicable.

144 Fl Oz Pkg 12 Oz Cans Assorted Varieties

Canada Dry 12 Packs

\$899

Plus Deposit Where Applicable.

64 Fl Oz Btl Assorted Juice or Snapple Tea

2/\$5

YOUR CHOICE!

4.4-5.3 Oz Bag Assorted

Skinny Pop Popcorn

2/\$7

59 Fl Oz Cont Assorted Aides or Punch

Tropicana Twister

\$199

67.2-72 Fl Oz Pkg 11.2-12 Oz Assorted Beer

Heineken, Corona, Modelo, Stella Artois or Montauk 6 Packs

\$1099

Plus Deposit Where Applicable.

144 Fl Oz Pkg 12 Oz Assorted Beer

Budweiser, Bud Light, Miller or Lite 12 Packs

\$1399

Plus Deposit Where Applicable.

144 Fl Oz Pkg 12 Oz Beer

Pabst Blue Ribbon 12 Pack

\$999

Plus Deposit Where Applicable.



FROM
FEBRUARY 13TH TO MARCH 19TH
SPEND:

\$300
OR MORE
to earn
10% OFF
YOUR
NEXT PURCHASE

\$500
OR MORE
to earn
TWO **10% OFF**
DISCOUNTS
& TWO WAYS TO SAVE!

BETWEEN
MARCH 20TH AND APRIL 2ND



Breakfast Savings!

1 Dozen Crtn
Grade A
**Eggland's
Best
Large White
Eggs**

32 Oz Cont
Assorted
La Yogurt
Yogurt

\$199

\$299

With Club Card. Limit 2 Offers.

• 32 Fl Oz Cont
Barista Blend: Original, Regular Vanilla
or Pumpkin Spice Oatmilk or
Original or Unsweetened Almondmilk
• 48 Fl Oz Cont ... Simply Coconut,
Zero Sugar or Unsweetened Oat
or Assorted
(Excludes: Organic)

**Califia
Almondmilk**

2/\$7

MIX OR
MATCH!

7.5-8 Oz Cont
Assorted
**Philadelphia
Soft or
Whipped
Cream
Cheese**

52 Fl Oz Cont
Assorted
**Florida's
Natural
Juice**

2/\$7

With Club Card.
Limit 4 Offers. Must Buy 2.

\$399

9.9-11.5 Oz Can
Assorted
(Excludes: Decaf)
**Maxwell
House
Coffee**

8 Oz Can ... Espresso or
12 Oz Bag ... Assorted
(Excludes: Decaf)
**Lavazza
Ground
Coffee**

\$449

With Club Card. Limit 2 Offers.

\$899

By The Box
Select Varieties
**General Mills
or Kellogg's
Giant Size
Cereal**

\$499

With Club Card. Limit 4 Offers.

YOUR
CHOICE!

• 12.25 Oz ... Honey Maid S'mores
• 12.5 Oz ... Corn Honeycombs
• 11 Oz ... Assorted Pebbles
• 14.75 Oz ... Golden Crisp
• 16.6 Oz ... Raisin Bran

**Post
Cereal**

2/\$6

With Club Card.
Limit 4 Offers. Must Buy 2.

MIX OR
MATCH!

18 Oz Cont
Quick or Old Fashioned
**Urban Meadow
Oats**

2/\$5

11.6 Oz Box
Assorted
**Eggo
Thick & Fluffy
Waffles**

2/\$6

(Excludes: All Other Varieties)
With Club Card. Limit 2 Offers. Must Buy 2.

DAIRY

8 Oz Cont
Salted or Unsalted
Hotel Bar
Whipped
Butter



\$2⁹⁹

6 Oz Pkg
Pepper Jack, Colby Jack
or Sharp Cheddar
Borden
Cheese
Sticks



\$3⁹⁹

6 Oz Cont
With Strawberry or
Pineapple
Daisy
Cottage
Cheese



3⁵⁵
For

16.9 Fl Oz Cont
Dairy Free
Country Crock
Plant Cream



\$3⁹⁹

59 Fl Oz Cont
Assorted
Newman's Own
Lemonade



\$2⁹⁹

32 Fl Oz Btl ... Assorted
(Excludes: Organic)
Lifeway
Low Fat
Kefir



\$3⁹⁹

8 Oz Pkg ... ¼ Lb Sticks
Free Range:
Salted or Unsalted
Nellie's
Slow Churned
Butter



\$3⁹⁹

12 Oz Pkg ... Kid Builder
or Part Skim Mozzarella
Borden
String
Cheese



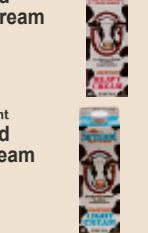
\$4⁹⁹

14 Oz Pouch or
16 Oz Cont ... All Natural
Fage
Sour
Cream



2⁵⁴
For

32 Fl Oz Cont
Farmland
Heavy Cream



\$5⁹⁹

32 Fl Oz Cont
Farmland
Light Cream



\$3⁹⁹

59 Fl Oz Btl
Assorted
Florida's Natural
Lemonade



\$2⁹⁹

6.7 Oz Cont
Assorted
Chobani
20g Protein
Yogurt



2⁵⁴
For

15 Oz Cont ... Assorted
Country Crock
Spread



\$2⁹⁹

41-48 Oz Cont
Regular or Light
Parkay
Spread



\$5⁴⁹

8 Oz Pkg ... Assorted
Chunk or
Thick Cut:
Sliced or Shredded
Tillamook
Cheese



\$3⁹⁹

18 Count Crtn
Grade A Free Range
Nature's Yolk
Legacy
Large Brown
Eggs



\$6⁹⁹

16 Fl Oz Cont
Farmland
Half & Half



\$1⁹⁹

76 Fl Oz Btl
Fruit Punch or
Minute Maid
Zero Sugar
Lemonade



\$4⁴⁹

4.4 Oz Cont
Assorted
Fage
Creamy Dreamy
Yogurt



3⁵⁴
For

With Club Card. Limit 4 Offers. Must Buy 3.

45 Oz Cont
Original or Light
I Can't Believe
It's Not Butter!
Spread



\$9⁹⁹

16 Oz Pkg
Individually Wrapped
Velveeta
Slices



\$4⁹⁹

16.5 Oz Pkg ... Mini or
Regular Chocolate Chip
Bar or Chub or
16 Oz Pkg ... Ultimate
Nestlé
Toll House
Cookies



\$4⁹⁹

11.5 Fl Oz Btl
Assorted Aides or
Simply
Juice



\$1⁹⁹

46 Fl Oz Btl
Assorted Refresher or
Tropicana
Lemonade



\$2⁹⁹

5.3 Oz Cont ... Assorted:
Total or Bestself Lactose Free
(Excludes: Creamy Dreamy)
Fage
Yogurt



3⁵⁴
For

With Club Card. Limit 4 Offers. Must Buy 3.

13-15 Oz Cont
Assorted
Smart Balance
Spread



\$4⁴⁹

12 Oz Pkg ... Deluxe American
or 16 Oz Pkg
Prepiced Yellow American or
Regular: Yellow, White,
Extra Thick or Extra Thin
(Excludes: Fat Free)
Kraft
Singles



\$4⁹⁹

40 Fl Oz Btl
Assorted
Dunkin'
Iced Coffee



\$5⁹⁹

59 Fl Oz Cont
Assorted
Tree Ripe
Grove Select
Orange
Juice



\$3⁴⁹

39-42 Oz Pkg
Assorted
Raymundo's
Gelatin



\$3⁹⁹

With Club Card. Limit 4 Offers.

10.5 Oz Pkg
Strawberry
Danonino
Yogurt 6 Pack



2⁵⁵
For

8 Oz Cont
Original or Chive & Onion
Philadelphia
Plant Based
Cream
Cheese



\$6⁴⁹

16 Oz Pkg
Prepiced or Regular:
Whole Milk or Part Skim
Galbani
Mozzarella
Cheese



\$3⁹⁹

15 Fl Oz Can ... Reese's or
Caramel Macchiato
International
Delight
Reese's
Iced Coffee



2⁵⁶
For

59 Fl Oz Cont
Assorted Aides or
Bright & Early
Orange
Drink



\$1⁹⁹

24 Oz Pkg
Assorted
Swiss Miss
Pudding
6 Pack



2⁵⁶
For

21.2 Oz Pkg
(Excludes: Greek)
Dannon
Traditional Coffee
Yogurt
4 Pack



2⁵⁴
For

16 Oz Cont ... Plain
Lifeway
Farmer
Cheese



\$3⁹⁹

8 Oz Pkg
Hotel Bar
Queso
De Papa
Cheddar
Cheese



\$2⁹⁹

32 Oz Cont
Prepiced or Regular:
Whole Milk or Part Skim
Galbani
Ricotta
Cheese



\$4⁹⁹

Assorted:
48 Fl Oz Cont
Iced Coffee or Cold Brew or
25.4 Fl Oz Cont
Califia
Creamers



\$4⁹⁹

64 Fl Oz Cont
Assorted Aides or
Turkey Hill
Iced Tea



\$1⁹⁹

With Club Card. Limit 4 Offers.

7 Oz Can
With Cane Sugar
Farmland
Real Whipped
Light Cream



\$2⁹⁹

21.2 Oz Pkg ... Assorted
(Excludes: Greek)
Dannon
Light & Fit Yogurt
4 Pack



2⁵⁵
For

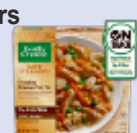
FROZEN

11-15 Oz Box
Assorted
Pot Pies, Bowls or
Marie Callender's
Dinners



2⁵⁹
For

9.25-10.3 Oz Pkg
Assorted
Healthy Choice
Café
Steamers



2⁵⁸
For

9-10 Oz Pkg ... Assorted
Simply Steamers: 2 for \$9

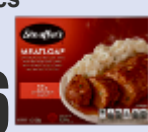
12-16 Oz Pkg ... Assorted
(Excludes: Raspberries &
Sliced Peaches)
Urban Meadow
Fruit



2⁵⁷
For

12 Fl Oz Box ... Assorted
Fruit Bars: 2 for \$5

8.38-12.75 Oz Box
Assorted
(Excludes: 9 Oz Fish Fillets)
Stouffer's
Classics



2⁵⁶
For

12 Oz Pkg ... Macaroni & Cheese or
Spinach Souffle Simple Dishes: 2 for \$6

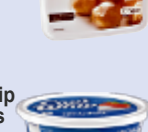
15.1-17 Oz Box
Assorted
Newman's Own
Pizza



\$6⁹⁹

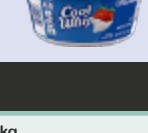
With Club Card. Limit 2 Offers.

4.65-14.8 Oz Cont
Assorted
Delizza
Pastries



\$6⁴⁹

8 Oz Cont
Assorted
Cool Whip
Toppings



2⁵⁵
For

11.75-12.88 Oz Box
Assorted
Stouffer's
French Bread
Pizza



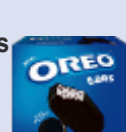
2⁵⁷
For

5-6.65 Oz Box
Assorted
Celeste
Pizza
For One



2⁵³
For

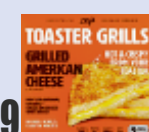
• 18.4 Fl Oz Box ... Kit Kat Cones
• Oreo:
16 Fl Oz Box Sandwiches or
18.4 Fl Oz Box Cones
• 18.1-18.4 Fl Oz Box
Assorted Drumstick Cones
Nestlé
Novelties



\$4⁹⁹

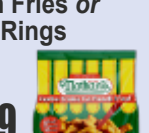
With Club Card. Limit 4 Offers.

6.7-7.1 Oz Box
Assorted
Lily's
Toaster Grills



\$3⁹⁹

14-28 Oz Bag ... Assorted
Arby's, Cheeser's,
Nathan's or Red Robin
Restaurant Brand
French Fries or
Onion Rings



\$4⁹⁹

16 Fl Oz Box
Assorted
Mamita's
Homemade Style
Flavored Ice



\$3⁹⁹

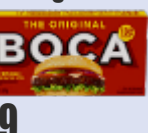
7.5-10.7 Oz Pkg
Assorted Pizza Party or
Totino's
Pizza Rolls



2⁵⁵
For

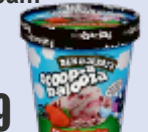
With Club Card. Limit 2 Offers. Must Buy 2.

10 Oz Pkg
Assorted Veggie Patties or
Boca
Veggie Burgers



\$4⁹⁹

28 Fl Oz Cont
Assorted
Ben & Jerry's
Ice Cream



\$7⁹⁹

With Club Card. Limit 4 Offers.

19 Oz Bag ... 4 Cheese or
24 Oz Bag ... Mini Round
or Regular Cheese
Celentano
Ravioli



\$3⁹⁹

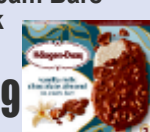
12 Oz Bag ... Cavatelli, Cheese Tortellini
or Large or Mini Round Cheese
Ravioli: \$1.99

16 Oz Bag
Assorted
Urban Meadow
Vegetables



2⁵⁴
For

9 Fl Oz Box
Assorted
Häagen-Dazs
Ice Cream Bars
3 Pack



\$4⁹⁹

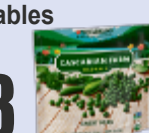
14.8 Fl Oz Pkg ... Assorted
Waffle Cones: \$5.99

26 Oz Pkg
Homestyle or Italian Style
Rosina
Meatballs



\$6⁹⁹

10 Oz Pkg ... Sweet Peas,
Broccoli or Sweet Corn
Cascadian Farms
Organic
Vegetables



2⁵⁸
For

8-10 Oz Pkg ... Blueberries, Strawberries
& Harvest Berries Organic Fruits: \$5.99

8.62-10.14 Fl Oz Pkg
Assorted
Magnum
Ice Cream
Bars

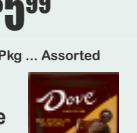


2⁵⁹
For

With Club Card. Limit 2 Offers. Must Buy 2.

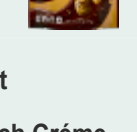
SNACK

7.4-10.05 Oz Pkg ... Assorted
M&M's
Sharing Size
Chocolate
Candy



\$5⁹⁹

6.74-7.61 Oz Pkg ... Assorted
Dove
Promises
Chocolate



\$5⁹⁹

25 Oz Pkg
Best Yet
Duplex
Sandwich Crème
Cookies



\$3⁹⁹

5.32 Oz Pkg
Milk Chocolate Caramel or
Dark Chocolate: Mint or
Sea Salt Caramel
Ghirardelli
Squares



\$6⁹⁹

BEVERAGES



PLUS DEPOSIT WHERE APPLICABLE
REBATES AVAILABLE ONLY IN NEW YORK.

45 Fl Oz Pkg ... 7.5 Oz Mini Cans
Assorted Varieties
Pepsi
6 Packs

\$4⁹⁹

33.8 Fl Oz Btl
Assorted
Schweppes
Seltzer
1 Liter

2³³

50.7 Fl Oz Btl
Natural
Evian
Spring Water
1.5 Liter

2⁵

33.8 Fl Oz Btl
Still or Assorted Sparkling
Poland Spring
Water
1 Liter

3³³

**BEAT 'EM TO THE PUNCH.
CRUSH IT - OR GET SCHWEPPEP!**

BEVERAGE PARTNER OF THE
BIG EAST
CONFERENCE

144 Fl Oz Pkg ... 12 Oz Cans
Assorted
Polar
Seltzer
12 Pack

\$8⁹⁹

18.5 Fl Oz Btl
Assorted
Gold Peak
Tea

3⁵

64 Fl Oz Btl
Assorted
Pure Leaf
Tea

\$3⁴⁹

64 Fl Oz Btl ... Assorted
(Excludes: Zero Sugar)
Welch's
Grape Juice

\$5⁴⁹

16 Fl Oz Btl
Assorted
Body Armor
Sports
Drinks

3⁵

11 Fl Oz Can
Assorted
Sport Shake
Power
Shakes

5¹⁰

14 Fl Oz Btl
Assorted
Lean Body
Protein
Shakes

\$3⁹⁹

64 Fl Oz Btl
Assorted
Apple & Eve
Cranberry
Juice

\$3⁶⁹

180 Fl Oz Pkg ... 30 Count
Tropical Punch or Variety
Kool-Aid
Jammers
Value Pack

\$8⁹⁹

180 Fl Oz Pkg ... 30 Count
Assorted
CapriSun
Drinks
Value Pack

\$9⁹⁹

33.8 Fl Oz Pkg ... Big Bird's Apple,
Elmo's Punch or Bert & Ernie's Berry
(Excludes: Organic)
Apple & Eve
Sesame Street
Juice 8 Pack

\$2⁹⁹

Refresh your
fandom

96 Fl Oz Pkg ... 12 Oz Btl
Assorted Varieties
Coca-Cola
8 Packs

\$7⁹⁹

smartwater
33.8 Fl Oz Btl ... Original or
Alkaline Antioxidant
Smartwater
Enhanced Water
1 Liter

2⁴

vitaminwater
20 Fl Oz Btl
Assorted
Vitaminwater
Water

2⁴

**ZERO SUGAR,
100% FLAVOR**

33.8 Fl Oz Btl
Dr. Brown's: Cream or Black Cherry
or Regular or Zero Sugar Ginger Ale,
Club Soda, Regular or Diet Tonic or
Assorted
Canada Dry
Seltzer
1 Liter

4⁶

96 Fl Oz Pkg ... 12 Oz Btl
Assorted Varieties
Canada Dry
8 Packs

\$7⁹⁹

42.2 Fl Oz Btl
Assorted Varieties
Canada Dry
1.25 Liters

4⁶

44 Fl Oz Btl
Assorted Varieties
Core
Hydration
Water

2⁴

GROCERY

14-16 Oz Cont
Assorted
Duncan Hines
Frosting

\$1⁹⁹

15.25 Oz Box ... Assorted
Classic or Signature
Duncan Hines
Cake
Mix

\$1⁹⁹

18-20 Oz Box
Assorted
Ghirardelli
Brownie
Mix

\$4⁴⁹

10-12 Oz Pkg
Assorted
Ghirardelli
Chocolate
Baking Chips

\$6⁹⁹

12 Fl Oz Can
Assorted
Magnolia
Evaporated
Milk

3⁵

28 Oz Jar
Assorted
Jif
Creamy
Peanut
Butter

\$4⁹⁹

11-20 Oz Bag
Assorted
Pepperidge Farm
Farmhouse
Rolls or
Buns

\$3⁹⁹

8 Fl Oz Btl ... Clam Juice or
6.5 Oz Can
Chopped or Minced
Snow's
Clams

\$2⁴⁹

5 Oz Can
Skinless & Boneless
Bumble Bee
Prime
Pink Salmon

\$4⁴⁹

3.75 Oz Can ... In Water,
In Louisiana Hot Sauce or In Mustard
Bumble Bee
Sardines

4⁵

11 Oz Box
Original
Kraft
Mac &
Cheese

3⁵

36 Oz Pkg ... Original
Velveeta
Shells & Cheese or
42 Oz Pkg ... Original
Kraft Deluxe
Mac & Cheese
3 Packs

\$7⁹⁹

18 Oz Pkg ... Assorted
Maruchan
Ramen
Noodle Soup
6 Pack

2⁴

13.5 Oz Pkg
Chicken, Beef or Shrimp
Nissin
Cup Noodles
Family
Pack

\$4⁹⁹

• 5 Fl Oz Btl ... Green Pepper,
Chipotle or Classic
• 8.6 Fl Oz Btl ... Buffalo Style or
Salsa Picante
• 11 Oz Btl
Sweet Chili or Sriracha
McIlhenny
Tabasco
Sauce

3¹⁰

12 Fl Oz Btl
Texas Pete
Hot Sauce

2⁴

18 Oz Btl
Original or Honey
K.C. Masterpiece
Barbecue
Sauce

2⁴

30 Fl Oz Jar
Mike's Amazing
Real
Mayonnaise

2⁸

10 Fl Oz Btl
Teriyaki or Soy
(Excludes: Gluten Free &
Less Sodium)
Kikkoman
Sauce

2⁵

48 Oz Bag
Carolina
Long Grain
White
Rice

\$3⁹⁹

26 Oz Cont
Plain or Iodized
Red Cross
Salt

4⁵

14.5 Oz Can
Assorted
Swanson
Broth

2³

8 Fl Oz Btl
Assorted
Kraft
Dressing

4³

8.4 Fl Oz Btl
Raspberry or Classic
Filippo Berio
Balsamic
Glaze

\$4⁹⁹

25.4 Fl Oz Squeeze Btl
Smooth or Robust
Pompeian
Extra Virgin
Olive Oil

\$11⁹⁹

40 Fl Oz Btl
Vegetable or Canola
Crisco
Pure
Oil

\$4⁹⁹

15.5-16 Oz Jar
Assorted
Aunt Nellie's
Vegetables

2⁵

16 Oz Jar
Hot, Medium or Mild
Chi-Chi's
Thick & Chunky
Salsa

2⁶

7-1.4 Oz Box
Assorted
Crystal Light
On The Go
Drink Mix

\$2⁹⁹

63 Oz Cont ... Lemonade
• **Country Time**
63 Oz Cont ... Tropical Punch
• **Kool-Aid**
58.9 Oz Cont
Orange
• **Tang**
Drink Mix

\$10⁹⁹

24 Oz Jar
Assorted
Bertolli
Pasta
Sauce

\$3⁴⁹

24 Oz Can
Assorted
Hunt's
Pasta
Sauce

2⁴

28 Oz Can
Tomato Puree or
Sclafani
Crushed
Tomatoes

2⁵

16 Fl Oz Jar
Original
Vlasic
Sweet
Gherkins

2⁷

6 Oz Jar ... Pitted
Greek Kalamata or
7 Oz Jar
Garlic Stuffed Queen
Pearls
Specialties
Olives

\$4⁴⁹

SPECIALTY WINTER SAVINGS

16 Oz Cont
Assorted
CocoJune
Yogurt

\$5⁹⁹

5.3 Oz Cont
Assorted
Icelandic
Provisions
Skyr

\$1⁹⁹

72 Fl Oz Pkg
Assorted
Sanzo
Sparkling Water
6 Pack

\$6⁹⁹

12 Fl Oz Can
Assorted
Sanzo
Sparkling
Water

2³

34 Fl Oz Btl
Colavita
Extra Virgin
Olive Oil

\$14⁹⁹

15 Oz Cont
Latin Style with Sazonador
Goya
Bread
Crumbs

\$2⁹⁹

15 Oz Can
Red Kidney, Pink, Pinto,
Chick Peas, Small Red or
Regular Black Bean Soup
Goya
Guisadas

3⁵

9.2-9.7 Oz Pkg
Assorted
Wasa
Crispbread

\$2⁹⁹

9 Oz Bag
Blue or Sea Salt
Vista Hermosa
Totopos
Corn
Tortilla Chips

\$3⁹⁹

1-1.41 Oz Pkg
Crispy, Original or Spicy or
Tempura: Original, Spicy or Sweet Chili
Nora
Seaweed
Snacks

2⁶

3.64 Oz Cont
Simply Organic
Garlic
Powder

\$6⁹⁹

7 Oz Box
Goya
Yellow Rice

2⁴

160 Oz Bag
Long Grain
Goya
Canilla
White
Rice

\$8⁹⁹

10 Oz Pkg
Assorted
Sun River Farms
Frozen
Vegetables

\$2⁹⁹

10 Oz Pkg
Assorted
Sun River Farms
Frozen
Fruit

2⁷

International Specials

32-48 Oz Bag ... Assorted
Campoverde
Frozen
Fruit

\$11⁹⁹

20 Oz Cont
Lightly Salted
Iberia
Plantain
Chips

\$7⁴⁹

68 Fl Oz Btl
Iberia
Premium
Blend
Olive Oil

\$9⁹⁹

13.5 Fl Oz Can
Jamaican Choice
Lemon or Lime
Coconut
Milk

\$1⁹⁹

32 Fl Oz Btl
Lemon or Lime
Jamaican Choice
Juice
Blend

\$1⁹⁹

PRODUCE

Northwest Premium
Honeycrisp Apples

\$2⁹⁹
lb.

2 Lb Bag California
Raspberry Oranges

\$3⁹⁹

2 Lb Bag California
Sumo Seedless Citrus

\$6⁹⁹

8 Oz Pkg
Giorgio Whole White Mushrooms

2/\$4

By The Bunch Scallions
Green Onions

4/\$5

8 Oz Cont ... Family Size: Crispy Green, Green & Red or Baby Butter Lettuce or 7.4-7.5 Oz Cont Crispy Caesar or Southwest
Little Leaf Farms Salad Kits

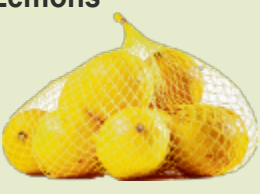
\$4⁹⁹

California
• **Cara Cara or Large**
• **Navel Oranges**

4/\$5

3 Lb Bag California
Minneola Oranges

\$5⁹⁹

2 Lb Bag US #1
Yellow Lemons

\$3⁹⁹

Long
Green Asparagus

lb. **\$3⁹⁹**

Green, Yellow or Grey Squash

lb. **\$1⁹⁹**

US #1 North Carolina
Sweet Potatoes

lb. **\$1²⁹**

MEAT

USDA Choice
Beef Chuck For Stew

\$6⁹⁹
lb.

USDA Choice Beef Bone In Top or Semi-Boneless
Chuck Steaks

lb. **\$7⁹⁹** YOUR CHOICE!

USDA Choice Beef Boneless
Center Cut Bottom Round or Rump Roast

lb. **\$5⁴⁹** YOUR CHOICE!

USDA Choice Beef Boneless
Eye Round Roast

lb. **\$5⁹⁹**

Bone In
Beef Shin For Soup

lb. **\$5⁹⁹**

Beef Chuck Short Ribs

lb. **\$8⁹⁹**

Frozen
Beef Oxtails

\$9⁹⁹
lb.

16 Oz Pkg
Suzy Sirloin 80% Lean Burgers

\$7⁹⁹

16 Oz Pkg
Suzy Sirloin 90% Lean Burgers

\$9⁹⁹

Whole or For Stew
Boneless Pork Shoulder

lb. **\$2⁹⁹** YOUR CHOICE!

3 Lb Bag Individually Quick Frozen
County Line Chicken Wing Portions

\$6⁹⁹

Bone In
Cook's Smoked Spiral 1/2 Ham

lb. **\$1⁹⁹**

Bone In
Cook's Shank Portion Smoked Ham

lb. **\$1⁴⁹**

12 Oz Pkg ... Fully Cooked: Original Cutlets, Spicy Cutlets, Popcorn Bites or Nuggets: Original or Dino Shape
Perdue Breaded Chicken

2/\$5

Grade A
Perdue Chicken Wingettes

lb. **\$3⁹⁹**

21.2 Oz Pkg ... The Prime or The Smokehouse Blend
Schweid & Sons Burgers

\$12⁹⁹

21.2 Oz Pkg
The Butcher's Blend Schweid & Sons Burgers

\$9⁹⁹

12-14 Oz Pkg Assorted
Hillshire Farm Smoked Sausage

\$4⁹⁹

15 Oz Pkg Regular or Bun Size
Ball Park Beef Franks

\$5⁹⁹

15 Oz Pkg ... Turkey Franks or Regular or Bun Size Meat (Excludes: Beef)
Ball Park Franks

\$3⁹⁹

16 Oz Pkg
Bar-S Cheddar Jumbo Franks

2/\$7

13 Oz Pkg
Bar-S Smoked Polska Kielbasa

\$4⁹⁹

16 Oz Pkg ... Regular, Thick Sliced or Lower Sodium
Sugardale Bacon

\$5⁹⁹

12 Oz Pkg Assorted
Oscar Mayer P3 Protein Packs

2/\$5

12 Oz Pkg
Bar-S Cotto Salami

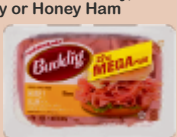
\$2⁹⁹

12 Oz Pkg
Gwaltney Thick Cut Bacon

\$4⁹⁹

12 Oz Pkg
Classic or Chicken Bar-S Bologna

2/\$5

22 Oz Cont ... Smoked Turkey, Honey Turkey or Honey Ham
Buddig Mega Pack

\$8⁹⁹

16 Oz Pkg Assorted
Urban Meadow Bacon

\$5⁹⁹

12 Oz Pkg ... Hickory Smoked: Original or Maple
Urban Meadow Turkey Bacon

\$4⁹⁹

16 Oz Pkg ... Abruzzese, Sicilian or Mozzarella Rustica
Carando Meatballs

\$5⁹⁹

20 Oz Pkg
Suzy Sirloin Meatloaf Mix

\$7⁹⁹

16 Oz Pkg
Suzy Sirloin Ground Pork

\$5⁹⁹

16 Oz Pkg
Seasoned Pork Carnitas or Kingsford Pork Burnt Ends

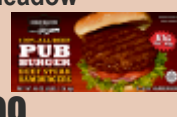
\$8⁹⁹

16 Oz Pkg
Kingsford Boneless Ribs

\$7⁹⁹

32 Oz Box
Urban Meadow Black Angus Burgers

\$11⁹⁹

48 Oz Box ... 100% All Beef
Urban Meadow Pub Burgers

\$15⁹⁹

SEAFOOD

2 Lb Bag 31-40 Count Per Lb
Peeled ... Tail-On
AquaStar Cooked Shrimp

\$19⁹⁹

2 Lb Bag 26-30 Count Per Lb
Peeled ... Tail-On
AquaStar Cooked Shrimp

\$21⁹⁹

24 Oz Bag
Crunchy or Coconut
AquaStar Butterfly Shrimp

\$11⁹⁹

1 Lb Bag Frozen
Wholey Tilapia Fillets

\$5⁹⁹

2 Lb Bag Frozen
Wholey Whiting Fillets

\$7⁹⁹

7 Oz Cont ... Garlic Butter or Seafood: Lobster or Crab
Beck's Dips

\$3⁹⁹

7 Oz Cont
White Fish or Salmon
Beck's Smoked Dips

\$4⁹⁹

1 Lb Pkg
Buena Ventura Salted Pollock Fillets

\$5⁹⁹

18 Oz Pkg
Matlaw's Stuffed Scallops

\$7⁹⁹

8 Oz Pkg ... Lobster, Crab Flakes, Crab Legs or Crab Chunks
Trans Ocean Classics

2/\$5

13 Oz Bag
Wholey Tuna Steaks

\$8⁹⁹

DELI

ONLY IN STORES WHERE AVAILABLE

Boar's Head® Cracked Pepper Mill Turkey Breast

\$13⁹⁹
lb. Sliced To Order

Boar's Head® Muenster Cheese

\$8⁹⁹
lb. Sliced To Order

Jennie-O Turkey Pastrami

\$6⁹⁹
lb. Sliced To Order

SPECIALTY CHEESE
Great For Healthy Snacking & Lunch Box Ready
BelGioioso Snacking Cheese

2/\$7

4 Oz Cont Feta or Blue
Alouette Cheese Crumbles

\$3⁹⁹
4 Oz Pkg Goat Cheese Crumbles: \$4.99

4 Oz Pkg ... Assorted
• **Montchevre Goat Cheese Logs**
8 Oz Pkg ... Fontina or Mild or Sharp Provolone
• **BelGioioso Pre-Sliced Cheese**

\$4⁹⁹
4 Oz Pkg Montchevre Blueberry Goat Cheese Log: \$5.99

3 Oz Pkg ... Pre-Sliced:
Del Duca Prosciutto or Sweet Capocollo

\$4⁹⁹
3 Oz Pkg ... Pre-Sliced: Sweet Soppressata or Genoa Salami: \$3.99

5 Oz Cont ... Original Crème De Brie or 8 Oz Cont ... Original or Garlic & Herb
• **Alouette Double Crème Brie**
6.5 Oz Pkg ... Heart Shaped
• **President Coeur De Brie**
4.4 Oz Pkg
• **Supreme Cheese Bites**

\$6⁹⁹ YOUR CHOICE!

6-6.5 Oz Cont Assorted
Alouette Cheese Spread

\$5⁹⁹

Convenient Pre-Sliced Option To Add To Any
Charcuterie Board Or Snacking Event
6 Oz Pkg ... Salame or Pepperoni
Citterio All Natural Nuggets

\$6⁹⁹

AVAILABLE IN THE CHICKEN WARMER FROM NO ANTIBIOTICS EVER FED CHICKENS STORE PREPARED
ROTISSERIE ROASTER CHICKEN BREAST

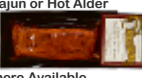
\$3⁹⁹
lb.

PREMIUM CLEAN LABEL SOUPS - AUTUMN SQUASH, BROCCOLI CHEDDAR, BLACK BEAN VARIETIES ALL GREAT FOR LENTIL
16 OZ CONT ... ASSORTED
PANERA BREAD SOUPS

\$4⁹⁹

NOTHING SAYS LOVE LIKE THE ULTIMATE COMFORT FOOD JUST HEAT & SERVE
16 OZ Pkg ... TRADITIONAL, ASIAGO OR BROCCOLI CHEDDAR
PANERA MACARONI & CHEESE

\$6⁹⁹

KOSHER
4 Oz Pkg ... Peppered, Hot Cajun or Hot Alder
Echo Falls Smoked Salmon

\$7⁹⁹ *Where Available

2.25 Fl Oz Pkg Carrot Cutties Pickled Carrots or 3-3.5 Fl Oz Pkg Assorted
Oh Snap! Pickle Bites

2/\$3