

More days
More days
More days



Get more points

More savings, more deals, more points

This week only! March 19-25**

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
4,000^(pts)
for every \$12*
spent on

\$4
back
in points

PC® FLATBREAD
330-395 G, **FOCACCIA**
415-456 G OR
WOODFIRED PIZZA
351-413 G OR
PC® BLACK LABEL
PIZZA 370-440 G
SELECTED VARIETIES
FROZEN
PAIN PLAT,
FOCACCIA OU
PIZZA AU FEU DE
BOIS PC^{MD} OU PIZZA
PC^{MD} COLLECTION
NOIRE
21013452_EA
21540352_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
4,000^(pts)
when you
buy 2

\$4
back
in points

\$8

PC® OR BLUE
MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
770 G-1.13 KG
PLATS CUISINÉS
PC^{MD} OU MENU
BLEU^{MC}
20326534_EA
21359210_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

Members get
1,000^(pts)

\$1
back
in points

5⁵⁰

HÄAGEN-DAZS
414-450 ML OR
BAR^S 3/4'S OR
NESTLÉ DRUMSTICK
4'S
SELECTED VARIETIES
FROZEN
DESSERT GLACÉ
OU BARRES
HÄAGEN-DAZS OU
DRUMSTICK NESTLÉ
21513578_EA
20322380001_EA



Optimum Moredays

Member Only Price™

2⁵⁰

Non-Members

\$3

KETTLE BRAND
POTATO CHIPS
SELECTED VARIETIES
156/198 G
CROUSTILLES
KETTLE BRAND
21520652_EA
21520692_EA



**From March 19–March 25, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.



Moredays

Optimum Moredays

Members get
2,000 pts

\$2
back
in points

16⁹⁹

**MAXWELL HOUSE
GROUND COFFEE**
631-900 G
**CAFÉ MOULU
MAXWELL HOUSE**
21606882_EA



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
1,500 pts

\$150
back
in points



\$7

**IN-STORE
BAKED COOKIES**
ASSORTED VARIETIES
18'S
**BISCUITS CUIITS
EN MAGASIN**

21454952_EA
21455101_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



**BAKED
IN-STORE**

Optimum Moredays

Member Only Price**

5⁹⁹

Non-Members

8⁹⁹

Members
save
\$3



**BLUEWATER SEAFOODS
BATTERED FISH**
SELECTED VARIETIES, FROZEN
450/500 G
**POISSON EN PANURE
BLUEWATER SEAFOODS**

20310745004_EA
20316252003_EA
**Must be a registered PC Optimum™
member to load and get this offer.



Optimum Moredays

Member Only Price**

3⁹⁹

Non-Members

11⁹⁹

Members
save
\$8



**CASHMERE BATHROOM
TISSUE** 8=16 ROLLS OR
**SCOTTIES FACIAL
TISSUE** 6'S
**PAPIER HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS SCOTTIES**

20573377_EA/21204742_EA
**Must be a registered PC Optimum™
member to load and get this offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
15,000 pts
for every \$50*
spent on

\$15
back
in points

**PAMPERS DIAPERS, WIPES
OR TRAINING PANTS**
**COUCHES, LINGETTES OU
CULOTTES D'ENTRAÎNEMENT
PAMPERS**

21551549_EA
21089259_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



ZEPPOLE DAY
March 19th 2026

\$2

SMALL ZEPPOLE
EACH
PETIT ZEPPOLE
21102005_EA

3⁹⁹
LB

SPLIT CHICKEN WINGS
FAMILY SIZE
8.80/KG
AILES DE POULET
SÉPARÉES
20761916_KG

Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

10⁸⁸
LB

4 DAY SALE
THURSDAY, MARCH 19TH TO
SUNDAY, MARCH 22ND

CAP-OFF BEEF RIB ROAST
CUT FROM UNGRADED BEEF
23.99/KG
RÔTI DE CÔTE DE BŒUF PARÉ
214972165_KG

SAVE 45%

\$2
LB

PORK PICNIC OR PORK BUTT ROAST
BONE-IN CRYOVAC PKG
4.91/KG
RÔTI DE PORC OU
SOC DE PORC
21161819_KG
20063634_KG

SAVE UP TO 29%

\$7

SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP
RAW ZIPPERBACK® 16-20 PER LB
300 G OR **FISH FILLETS**
SELECTED VARIETIES 400 G FROZEN
CREVETTES BLANCHES
COLOSSALES DU
PACIFIQUE OU FILETS DE
POISSON SEAQUEST®
20036614_EA
21043887_EA

SeaQuest®
16-20/lb
Pacific White Shrimp
Crevettes blanches du Pacifique

SeaQuest®
Wild Pacific Cod Fillets
Filets de morue sauvage du Pacifique
400 g

7⁷⁷

RED MANGOES
PRODUCT OF PERU
CASE
MANGUES ROUGES
21047849_EA

9 LB AVG

SAVE 60%

\$2

FARMER'S MARKET™
RUSSET POTATOES
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
10 LB BAG
POMMES DE
TERRE RUSSET
DÉLICÉS DU MARCHÉ™
20601020001_EA

PRODUCT OF CANADA

10 LB

Moredays
APP EXCLUSIVE OFFER
Member Only Price™
\$4
Non-Members
\$6

FARMER'S MARKET™
BUTTER CROISSANTS
SELECTED VARIETIES
260-336 G
CROISSANTS AU BEURRE
DÉLICÉS DU MARCHÉ™
21201758_EA/21707790_EA

PREPARED IN CANADA

\$4
/100 G

PC® SPLENDIDO®
SERVICE CASE ITALIAN
PROSCIUTTO OR
PARMIGIANO
REGGIANO CHEESE
PRODUCT OF ITALY, DEDICUT
PROSCIUTTO ITALIAN
OU PARMIGIANO
REGGIANO PC®
SPLENDIDO®
DU COMPTOIR
DE SERVICE
20377023_KG
21049241_KG

3⁵⁰

PC® LIVE LETTUCE
GREEN OR RED OR TRI-O
PRODUCT OF CANADA
2'S
LAITUE VIVANTE PC®
21212485_EA
21212487_EA

PRODUCT OF CANADA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

SAVE 98¢
WHEN YOU BUY 2

2/\$7

OR
\$3.99 EA.

WONDER BREAD OR BUNS OR COUNTRY HARVEST BREAD
SELECTED VARIETIES AND SIZES
PAINS OU PETITS PAIN
WONDER OU PAIN
COUNTRY HARVEST
20276296_EA
20297455_EA
21693323_EA

PREPARED IN CANADA

SAVE \$2

4⁸⁸

PRESTIGE OR GRAY BRAND
RIDGE PREMIUM
LARGE WHITE EGGS
SELECTED VARIETIES
18'S
GROS ŒUFS BLANCS DE
QUALITÉ SUPÉRIEURE
PRESTIGE OU
GRAY RIDGE
20814294001_EA
20822787001_EA

SAVE \$1.12

4⁸⁸

LACTANTIA
COUNTRY CHURNED
Butter
UNSALTED
454 g
BEURRE LACTANTIA
20296112005_EA
20639926_EA

PREPARED IN CANADA

\$15

KICKING HORSE
ORGANIC WHOLE BEAN COFFEE
SELECTED VARIETIES
454 G
Café en grains BIOLOGIQUE
KICKING HORSE
20322468001_EA
20322468006_EA

PREPARED IN CANADA

6⁵⁰

LIBERTÉ GREEK TUBS
650/750 G OR **DANONE**
ACTIVIA 12X100 G
SELECTED VARIETIES
YOGURT GREC
LIBERTÉ OU ACTIVIA
DANONE
20303412001_EA
20704361001_EA

PREPARED IN CANADA

\$4

BREYERS CREAMERY
STYLE ICE CREAM
1.41 L OR **CHAPMAN'S**
COLLECTION NOVELTIES
6/8'S SELECTED VARIETIES
FROZEN
CRÈME GLACÉE STYLE
CRÉMERIE BREYERS
OU FRIANDISES
GLACÉES COLLECTION
CHAPMAN'S
20322468001_EA
21651101_EA

\$5

TIDE DETERGENT
1.62-1.86 L, 18-31'S,
DOWNY OR GAIN
FABRIC SOFTENER
1.66-2.63 L, **DOWNY**
GAIN OR IVORY
SNOW BEADS
303-379 G
SELECTED VARIETIES
DÉTÉRGENT TIDE,
ASSOUPLISSANT
TEXTILE DOWNY
OU GAIN, PERLES
DOWNY, GAIN
OU IVORY NEIGE
21549771_EA
21579685_EA

SAVE \$5

13⁹⁹

ROOSTER®
SCENTED JASMINE
RICE
8 KG
RIZ PARFUMÉ AU
JASMIN ROOSTER®
20121871_EA

SAVE 62%

1²⁵

OASIS, DEL MONTE
OR ARIZONA JUICE,
NECTAR OR ICED TEA
SELECTED VARIETIES
JUS, NECTAR OU THÉ
GLACÉ OASIS, DEL
MONTE OU ARIZONA
20336722001_EA
20894117004_EA

PREPARED IN CANADA



**APP
EXCLUSIVE
OFFER***

GET
10,000

\$10
back
in points

for every \$50* spent on
baby apparel, diapers,
training pants, wipes,
food, formula, accessories
and/or toiletries

*Open your PC Optimum® app or
visit pcoptimum.ca to get the offer

\$28

**HUGGIES LITTLE
SNUGGLERS OR
SKIN ESSENTIALS
DIAPERS**
SELECTED VARIETIES
SIZES
N-2, 76-96'S
**COUCHES LITTLE
SNUGGLES OU
SKIN ESSENTIALS
HUGGIES**
21172501EA
21668350EA

**LIMIT 4
AFTER LIMIT
32.99 EA.**

\$35

GET
2,000

\$2
back
in points

**PAMPERS ECONO
PACK DIAPERS**
SIZE N-8, 58-200'S
**COUCHES
ÉCONO PAMPERS**
21551549_EA
21692756_EA

**50% MORE DIAPERS
PLUS DE COUCHES**

**LIMIT 6
AFTER LIMIT
39.99 EA.**

\$36

**ENFAGROW
A+ INFANT
NUTRITIONAL
SUPPLEMENT**
SELECTED VARIETIES
907 G
**SUPPLÉMENT
NUTRITIF POUR
NOURRISSONS
ENFAGROW A+**
21694972_EA
21694972_EA

**LIMIT 4
AFTER LIMIT
42.99 EA.**

**SAVE
75¢**



\$3

**NO NAME®
CREAM CHEESE**
SELECTED VARIETIES 250 g 30% FAT, 95% CREAM
227/250 G
**FROMAGE
À LA CRÈME
SANS NOM®**
20308105001_EA
20308105002_EA

no name® sans nom®
pasteurized
cream cheese
spread
fromage
à la crème
pasteurisé
250 g 19% FAT, 55% CREAM

2⁵⁰

**HUNT'S THICK
RICH SAUCE 680 ML OR
DE CECCO PASTA
454 G SELECTED VARIETIES
SAUCE ÉPAISSE & RICHE
HUNT'S OU PÂTES
DE CECCO**
2029682001_EA
21056286_EA

De Cecco
Spaghetti - 12
Maggiori del 1850



**Limited-time
deals on PC®
home & more.**

\$12

**PC® RECTANGLE
ACACIA SERVING
BOARD**
21714814_EA

limit 3, after limit \$24 ea.
while supplies last

\$4

MINUTE MAID JUICE
SELECTED VARIETIES
8/10X200 ML
JUS MINUTE MAID
20327042001_EA
21092667_EA



3⁵⁰

LECLERC GO PURE
140-175 G OR
NUGABAR 175 G
GRANOLA BARS
SELECTED VARIETIES
**BARRES GRANOLA
GO PURE OU
NUGABAR LECLERC**
21221434_EA
21221451_EA
21536595_EA



**SAVE
\$1.25**



3⁵⁰

**NEILSON
CREAM**
SELECTED VARIETIES
473 ML/1 L
CRÈME NEILSON
20123609_EA
20774431_EA



\$15

**HERSHEY'S EGGIES
OR EGGS 700-900 G
OR REESE'S MINI
PEANUT BUTTER
EGGS 670 G**
SELECTED VARIETIES
**EGGIES OU ŒUFS
HERSHEY'S OU
MINI-ŒUFS AU
BERRE D'ARACHIDE
REESE'S**
20526640_EA
21206032_EA



6⁷⁵

RIO MARE TUNA
SELECTED VARIETIES
195-240 G
THON RIO MARE
20035383_EA



1⁷⁵

**CAMPBELL'S
BROTHS 900 ML OR
CONCENTRATED
BROTH 250 ML**
SELECTED VARIETIES
**BOUILLON
OU BOUILLON
CONCENTRÉ
CAMPBELL'S**
20322348002_EA
21347245_EA



**SAVE
UP TO \$1**

\$3

NO NAME® VEGETABLES
750 G OR **MCCAIN
FRENCH FRIES 800 G**
SELECTED VARIETIES
**FROZEN
LÉGUMES
SANS NOM®
OU FRITES
MCCAIN**
20312260_EA
21521219_EA



3²⁵

**QUAKER CRISPY
MINIS OR RICE
CAKES**
SELECTED VARIETIES
90-173 G
**CRISPY MINIS OU
GALETTES DE RIZ
QUAKER**
20163708002_EA
20303002001_EA



\$5

**HALO TOP FROZEN
DESSERT 473 ML OR
BEN & JERRY'S 473 ML
OR MAGNUM BARS 3/4'S**
SELECTED VARIETIES FROZEN
**DESSERT SURGÉLÉ
HALO TOP OU
BEN & JERRY'S OU
BARRÉS MAGNUM**
21087002_EA
21428403_EA



2/\$7
OR
\$3.99 EA.

**COVERED BRIDGE
CHIPS 142-170 G OR
POPCORN 125 G**
SELECTED VARIETIES
125-170 G
**COUSTILLES OU
MAÏS SOUFFLÉ
COVERED BRIDGE**
21383506_EA
21400438_EA



\$5

**PC® THE DECADENT®
COOKIE**
SELECTED VARIETIES
280/300 G
**BISCUIT PC®
LE DÉCADENT®**
20612251_EA
20612257_EA



\$11

**NO NAME®
CAT LITTER**
SELECTED VARIETIES
18 KG
**LITIÈRE
POUR CHATS
SANS NOM®**
20177169002_EA



**PRICE
DROP†**

More ways to save

2⁵⁰



**YOPLAIT TUBES
YOGURT**
SELECTED VARIETIES
448 G
**YOGURT TUBES
YOPLAIT**
21547596_EA
21547629_EA



\$3

**KIND HEALTHY
GRAINS BARS**
SELECTED VARIETIES
5 X 35 G =175 G
**BARRES GRAINS
SANTÉKIND**
20925684_EA



\$4

**ZIPLOC LOW
COUNT BAGS**
SELECTED VARIETIES
10-100'S
SACS ZIPLOC
20871415_EA



\$6

**TEMPTATIONS
CAT TREATS**
SELECTED VARIETIES
454 G
**GÂTERIES
POUR CHAT
TEMPTATIONS**
21012108_EA



Independent
Your Independent Grocer

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK



***Fresh Promise:** Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

1 LB

A photograph of a retail package of Sweet Bell Peppers. The package is white with a clear window showing three bell peppers: two red and one yellow. A black label on the package reads: "Imported from Mexico", "Sweet BELL PEPPERS", "Poinsettia Color", "3 in.", and "Sweet Orange-Ginger".

[illegible]

The image shows two bottles of Renee's dressing. On the left is a green bottle of 'CAESAR' dressing, which also has the name 'CESAR' in Spanish. It features an image of a Caesar salad. On the right is a blue and white bottle of 'Vinaigrette MEDITERRANEAN GREEK', which also has the name 'MEDITERRANÉENNE GRECQUE' in French. It features an image of a Greek salad. Both bottles are labeled as 'FOUR STAR VEGAN'.

VEGGIE
STORE
FRUITS
AMES

The image shows three yellow pots. On the left, a single pot contains a green plant with pink flowers. On the right, a single pot contains two more empty yellow pots stacked on top of each other. This illustrates the concept of nesting, where one object fits inside another.

SIGNATURE GIFT
DOUQUET
CH
DOUQUET-CADEAU
SIGNATURE
36377_EA
36378_EA

A large, round bouquet of flowers. In the center is a single, large purple rose. Surrounding it are numerous white chrysanthemums with yellow centers. There are also several pink roses and smaller pink flowers. Greenery, including long, thin leaves and small green sprigs, is interspersed throughout the bouquet. The entire arrangement is set against a solid pink background.

**HACHÉ
-MAIGRE
NOURRI À
L'HERBE**

EXTRA LEAN GROUND BEEF

BŒUF HACHE EXTRA-MAIGRE

**GRASS FED
NOURRI À L'HERBE**

**EXCELLENT SOURCE OF PROTEIN
EXCELLENTE SOURCE DE PROTÉINES**

PRODUCT OF NEW ZEALAND / PRODUIT DU NOUVELLE-ZÉLANDE

IMPORTED BY CANADA: BETHUNE AND COMPANY
IMPORTÉ PAR: BETHUNE ET COMPAGNIE

450 g

[illegible]

LB

MOULDER
CLUB/PACK OR
GOAT CHOPS
PORE MADE
USAGES
VARIETIES

TES D'ÉPAULE
AU FORMAT
ÔTELETTES
RE SURGÉLÉES
CISSES DE PORC
N MAGASIN

ONNEAU
FS
KG

Cook's

Ham with Original Portion
Jambon persillé

Nutrition Facts	
Serving Size 100g (3.5oz)	
Amount Per Serving	
Total Fat	10g (20%)
Total Protein	10g (20%)
Total Carbohydrate	0g (0%)
Total Sugar	0g (0%)
Total Fat	10g (20%)
Total Protein	10g (20%)
Total Carbohydrate	0g (0%)
Total Sugar	0g (0%)

Produced in France
Produit en France

www.cooks.com

Three pieces of smoked Atlantic salmon are arranged on a light-colored wooden cutting board. The salmon has a rich, reddish-orange hue and is covered in a dry rub seasoning. The background is white.

**PC® BATTERED WILD SEA SALT
AND VINEGAR HADDOCK
BITES 454 G OR PEI MUSSELS IN
PROVENÇALE SAUCE OR CREAMY
WHITE WINE SAUCE 907 G FROZEN
MOULES DE L'ÎLE-DE-DIE DANS
UNE SAUCE CRÈMEUSE AU VIN
BLANC, SAUCE PROVENÇALE OU
BOUCHÉES D'AGILEIN SAUVAGE
PANÉ AU SEL DE MER ET
ET VINAIGRE PC®**

SEAQUEST®
SHRIMP RING WITH
MILD COCKTAIL
SAUCE
FROZEN
454 G
PLATEAU DE
GREVETTES AVEC
SAUCE COCKTAIL
DOUCE SEAQUEST®
 21687413-1EA

SeaQuest
 PREPARED SEAFOOD
 SHRIMP COCKTAIL SAUCE
 Ring of Grevettes
 SAUCE COCKTAIL
 DOUCE SEAQUEST®
 300 g (10.6 oz) NET WT.
 110 g (3.9 oz)

bakery deals rising daily

4⁵⁰

Moredays
Members get
500

**BAKED
IN-STORE**

**HOT CROSS BUNS
WITH BAVARIAN
CREAM**
8'S
**BRIOCES DE
CARÈME AVEC
CRÈME BAVAROISE**
20638117_EA



4⁵⁰

**BAKED
IN-STORE**

**KAISER OR PANINI
ROLLS**
SELECTED VARIETIES
6'S
**PETITS PAINS
KAISER OU PANINI**
21579824_EA
21579825_EA



\$5

**PREPARED IN
CANADA**

ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
MICHE BISTRO ACE
21707600_EA
21707643_EA



6⁵⁰

**PREPARED IN
CANADA**

MINI CROISSANTS
SELECTED VARIETIES
423 G
MINI CROISSANTS
21416726_EA
21660958_EA



\$17

**PREPARED IN
CANADA**

**FARMER'S MARKET™
BAR CAKES**
SELECTED VARIETIES
675-770 G
**GÂTEAUX
RECTANGULAIRES
DÉLICIES DU MARCHÉ**
21500612_EA
21500763_EA



7⁵⁰

**PREPARED IN
CANADA**

**FARMER'S MARKET™
HOMESTYLE TARTS**
SELECTED VARIETIES
6/12'S
**TARTELETTES GOÛT
MAISON DÉLICIES DU
MARCHÉ**
21629191_EA



7⁵⁰

**PREPARED IN
CANADA**

**THE GRAIN ESCAPE
BREAD**
SELECTED VARIETIES
528 G
**PAIN THE GRAIN
ESCAPE**
21622905_EA
21622951_EA



2⁵⁰

**PREPARED IN
CANADA**

NO NAME® BAGELS
SELECTED VARIETIES
6'S
**BAGELS
SANS NOM®**
21343196_EA
21666664_EA



3⁷⁵

**PC® BLUE MENU®
ORGANICS
OR PROTEIN
TORTILLAS**
SELECTED VARIETIES
342-650 G
**TORTILLAS PC®
MENU BLEU™
BIOLOGIQUE OU
PROTÉINES**
20182857_EA
21686817_EA



\$7

Moredays
Members get
1,500
back in points

**CATHEDRAL CITY
CHEDDAR**
SELECTED VARIETIES
200 G
**CHEDDAR
CATHEDRAL CITY**
21245346_EA



**3⁵⁰
/100 G**

**PREPARED IN
CANADA**

**OKA OR L'EXTRA
BRIE DELI CUT
CHEESE**
SELECTED VARIETIES
**FROMAGE OKA
OU BRIE L'EXTRA
TRANCHÉ EN
CHARCUTERIE**
21128235_KG
21162370_KG
21162450_KG



**SAVE
\$1
WHEN YOU BUY 2**

**PREPARED IN
CANADA**

2/\$16

OR
\$8.50 EA.
**MAPLE LEAF NATURAL
SELECTIONS,
SCHNEIDERS SLICED
DELI MEAT**
SELECTED VARIETIES
150/175 G
**CHARCUTERIES
TRANCHÉES NATURAL
SELECTIONS MAPLE
LEAF, SCHNEIDERS**
20065285_EA
20582322_EA



\$7

**PC® SPLENDIDO®
SLICED DELI MEAT**
SELECTED VARIETIES
100 G
**CHARCUTERIES
TRANCHÉES PC®
SPLENDIDO®**
21049398_EA
21050405_EA



2/\$7

**PREPARED IN
CANADA**

OR
\$4 EA.
**PC® HUMMUS 227 G OR
NAAN DIPPERS 200 G**
SELECTED VARIETIES
**HUMMUS OU
BOUCHÉES NAAN
PC®**
21092033_EA
21639152_EA



Moredays
Member Only Price™
\$5
Non-Members
\$6

Members save
\$1

**GARDEN FRESH
TORTILLAS 397 G OR
PC® SALSA 430 ML OR
GUACAMOLE 227 G**
SELECTED VARIETIES
**TORTILLAS GARDEN
FRESH OU SALSA
OU GUACAMOLE
PC®**
20325398_EA/20571822_EA
21448092_EA



on the run, we got you

\$16

**PREPARED
IN-STORE NACHO
CHICKEN BAKE, TURKEY
CRANBERRY SLIDERS,
OR PULLED PORK
SLIDERS**
750-900 G
**CASSEROLE DE
POULET NACHOS,
MINI-BURGERS DINDE
ET CANNEBERGES OU
MINI-BURGERS AU PORC
EFFILOCHÉ PRÉPARÉS
EN MAGASIN**
21696333_EA



\$9

**ASSORTED CHICKEN
PLATE WITH SIDES**
CHILLED
364-481 G
**PLAT DE POULET
ASSORTI AVEC
ACCOMPAGNEMENTS**
21557783_EA
21560810_EA



2/\$9

OR
\$5 EA.
**PC® PASTA OR
GNOCCHI**
SELECTED VARIETIES
255-350 G
**PÂTES OU GNOCCHI
PC®**
21682075_EA
21681454_EA



\$45-55

PARTY PLATTERS
SELECTED VARIETIES
MADE TO ORDER
850 G-2.6 KG
**PLATEAUX DE
CÉLÉBRATION**
20894860_EA
20895023_EA



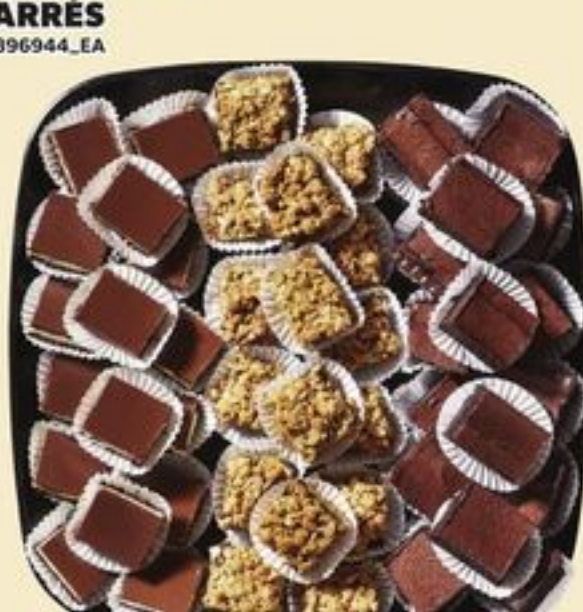
\$20/\$25

**SANDWICH OR
WRAP PLATTERS**
PREPARED IN-STORE
1.2-1.7 KG
**PLATEAUX DE
SANDWICHES OU
ROULÉS**
21558135_EA
21558137_EA



\$25

SQUARES PLATTER
SERVES 12-15
**PLATEAUX DE
CARRÉS**
20896944_EA



Moredays
Member Only Price™
\$30
Non-Members
\$35

Members save
\$5

**BENTO KAZOKU
PLATTER**
53 PIECES
1.2 KG
**PLATEAU KAZODU
BENTO**
21637774_EA



MARCH

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
\$4 EA.



CHRISTIE RITZ ORIGINAL,
RITZ CHIPS, TRISCUITS,
WHEAT THINS OR
TOPPABLES CRACKERS
SELECTED VARIETIES
240-454 G
20686037_EA
21618621_EA

\$3³³

LIMIT 6
AFTER LIMIT
2.50 EA.



QUAKER CHEWY
GRANOLA BARS
SELECTED VARIETIES
120 G
21359366_EA
21359369_EA

\$1⁷⁵

LIMIT 6
AFTER LIMIT
\$6 EA.



PC® DIPS OR
HUMMUS
SELECTED VARIETIES
454 G
20583725_EA
20584098_EA

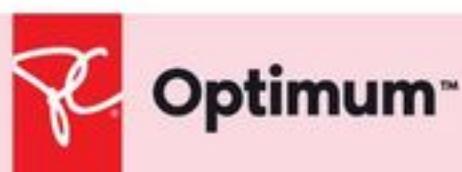
\$4⁷⁵

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

* Must be a registered PC Optimum® member to get this offer.

Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



Get more on

More savings, more deals, more points
This week only! March 19-25

More days
More days
More days
More days
More days

Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$9

PC® SPLENDIDO®
EXTRA VIRGIN
OLIVE OIL
500 ML
20162539_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$6

ORVILLE
POPCORN 6/8'S OR
KERNEL JAR 850 G
SELECTED VARIETIES
20308686_EA
20629532002_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$4

SNYDERS PRETZEL
SELECTED VARIETIES
240 G
20316052001_EA
20316052002_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

2/\$8

OR
\$4.99 EA.

PEEK FREANS
COOKIES
OR BISCUITS
SELECTED VARIETIES
300/350 G
20679968_EA
20680381_EA



Optimum Moredays

Members get
3,000 pts

\$3
back
in points

\$4

PEARL MILLING
COMPANY
PANCAKE MIX 905 G
OR SYRUP 710 ML
SELECTED VARIETIES
21384609_EA
21391619_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

7⁵⁰

PRINGLES
SNACK STACKS
SELECTED VARIETIES
228 G
21069445_EA
21206245_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

6⁴⁹

GRISPOL MELBA
TOAST 400 G OR
BAGUETTES 220 G
SELECTED VARIETIES
20307218001_EA
21623511_EA



Optimum Moredays

Members get
500 pts

4⁹⁹

CADBURY
FINGERS
SELECTED VARIETIES
114/125 G
21631880_EA
21631965_EA



Optimum

Members-Only Price™
4⁵⁰

Members
save
\$1⁵⁰

Non-members
\$6

DAWN LIQUID 825/982 ML,
EZ SQUEEZE 532/535/650 ML
OR POWERWASH
REFILL 473 ML
SELECTED VARIETIES
21430569_EA



Optimum Moredays

Members get
2,000 pts

\$2
back
in points



24⁹⁹

PC® SUPER ABSORBENT
PAPER TOWELS
CLUB SIZE
12 ROLLS
21558605_EA



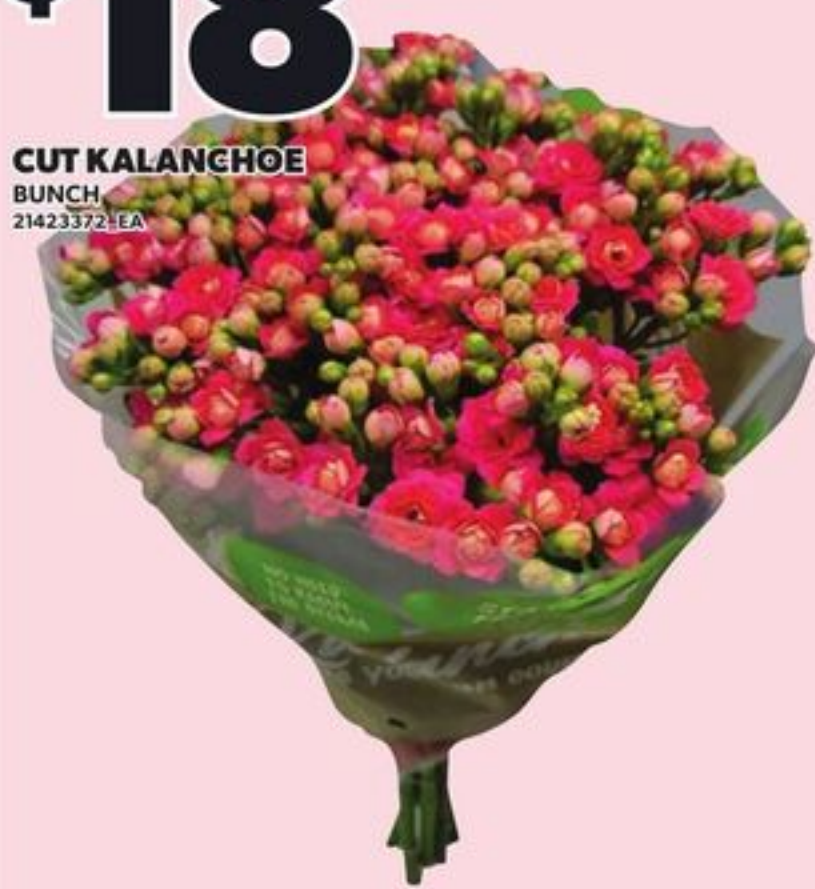
Optimum Moredays

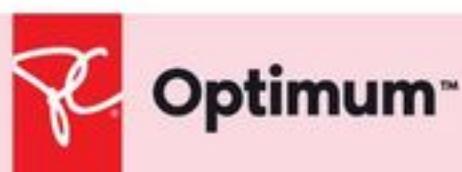
Members get
3,000 pts

\$3
back
in points

\$18

CUT KALANCHOE
BUNCH
21423372_EA





Get more on

More savings, more deals, more points
This week only! March 19-25

Moredays
Moredays
Moredays
Moredays
Moredays

Moredays

Members get
3,000^(pts)
when you
spend '15* on

\$3
back
in points

**NUTELLA HAZELNUT
SPREAD WITH COCOA**
375/725 G, & GO! SNACK
PACKS 208 G OR B-READY
SNACK BARS 132 G
SELECTED VARIETIES
20436105_EA
20948689_EA



Moredays

Members get
3,000^(pts)
when you
spend '10* on

\$3
back
in points

**KELLOGG'S RICE KRISPIES
SQUARES** 176 G, **NUTRI-GRAIN
BARS** 295 G, **SPECIAL K
CRISPY BARS** 125 G OR
**POP TARTS
PASTRIES** 384 G
SELECTED VARIETIES
21290106_EA
21290111_EA



Moredays

Members get
5,000^(pts)
for every '10*
spent on

\$5
back
in points

**KNORR GRAVY AND
SAUCE MIX** 22-48 G, **BASE
FLAVOUR PASTES** 113 G,
**BOUILLON CUBES OR
POWDERS** 63-250 G OR **LIQUID
CONCENTRATE** 250 ML
SELECTED VARIETIES
2029743601_EA
2032332301_EA
21683454_EA



Moredays

Members get
3,000^(pts)
when you
spend '10* on

\$3
back
in points

**MCCORMICK GOURMET
SPICES OR GRAVY DRY SAUCES**
SELECTED VARIETIES
11-56 G
21379317_EA
21666873_EA



Moredays

Members get
1,500^(pts)
when you
spend '7* on

\$1.50
back
in points

**KNORR OR LIPTON
SOUP MIX**
SELECTED VARIETIES
40-338 G
20297514001_EA
20308188002_EA



Moredays

Members get
3,000^(pts)
for every '12*
spent on

\$3
back
in points

**KRAFT BAKER'S CHOCOLATE
SQUARES** 170-225 G, **SHAKE 'N BAKE
COATING MIX** 142-160 G, **CERTO LIQUID
PECTIN** 170 ML, **DREAM WHIP WHIPPED
TOPPING MIX** 170 G, **BIRDS CUSTARD
POWDER** 340 G, **MAGIC BAKING
POWDER** 225-450 G, **MINIT TAPIOCA** 225 G
OR **JELL-O JELLY POWDERS** 9.1-10.3 G,
INSTANT PUDDING 40-153 G,
PUDDING & PIE FILLING 135-170 G OR
**NO BAKE CHEESECAKE
DESSERT KIT** 314 G
SELECTED VARIETIES
20307001001_EA
20316019001_EA



Moredays

Members get
4,000^(pts)
when you
spend '12* on

\$4
back
in points

**RESOLVE STAIN
REMOVERS**
SELECTED SIZES
AND VARIETIES
20323370_EA



Moredays

Members get
4,000^(pts)
for every '10*
spent on

\$4
back
in points

MAYNARDS CANDY
SELECTED VARIETIES
135-154 G
21694186_EA
21545605_EA



Moredays

Members get
3,000^(pts)
when you
spend '14* on

\$3
back
in points

**AIR WICK PLUG-INS,
REFILLS, ESSENTIAL
MIST KITS OR
CLUB PACKS**
SELECTED VARIETIES
AND SIZES
21495649_EA



Moredays

Members get
5,000^(pts)
when you
spend '15* on

\$5
back
in points

**SCRUBBING BUBBLES
BATHROOM CLEANERS,
FANTASTIK, WINDEX CLEANERS,
SHOUT STAIN REMOVERS OR
GLADE AIR FRESHNERS**
SELECTED VARIETIES AND SIZES
2166683294_EA/209051616_EA



Moredays

Members get
5,000^(pts)
when you
spend '25* on

\$5
back
in points

**PUREX, PERSIL OR
SUNLIGHT LAUNDRY
DETERGENT OR
SNUGGLE FABRIC
SOFTENERS**
SELECTED SIZES
AND VARIETIES
20083525001_EA
21427042_EA



Moredays

Members get
10,000^(pts)
when you
buy 3

\$10
back
in points

**NATURE'S BOUNTY
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
SEE RETAIL IN STORES
21020231_EA
21180320_EA



Moredays

Members get
3,000^(pts)

\$3
back
in points

32⁵⁰

**BOOST READY TO
DRINK VALUE PACK**
SELECTED VARIETIES
AND SIZES
21562893_C15



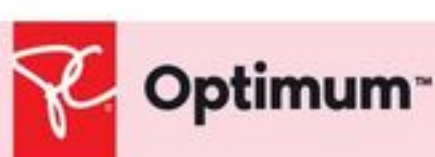
Moredays

Members get
2,000^(pts)
when you
buy 2

\$2
back
in points

**QTIPS COTTON
SWABS**
500'S
20323077001_EA





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This week only! March 19-25**

Moredays
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Moredays

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Member Only Price™

5⁵⁰

Non-Members \$7

Members save \$1.50

PC® BOCCONCINI
200 G OR
PC® RICOTTA 454 G
SELECTED VARIETIES
20540993_EA
20219848_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PREPARED IN CANADA

Moredays
APP EXCLUSIVE OFFER

Members get 4,000 pts

\$4 back in points

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
20057892_EA
20152629_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

BACON

500 G

Moredays
APP EXCLUSIVE OFFER

Members get 1,500 pts

\$1.50 back in points

VH SAUCES
SELECTED VARIETIES
341-380 ML
20397368_EA
20308726001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

TERIYAKI
HONEY GARLIC

Moredays
APP EXCLUSIVE OFFER

Members get 5,000 pts

\$5 back in points

\$23

PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE 568 G
FROZEN
20147098_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 4,000 pts

\$4 back in points

for every \$10* spent on

PHILADELPHIA CREAM CHEESE, KRAFT SINGLES OR CHEEZ WHIZ
SELECTED VARIETIES AND SIZES
4085387_EA
20641267_EA
20659606001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PHILADELPHIA
Kraft Singles
Cheez Whiz

Moredays
APP EXCLUSIVE OFFER

Members get 5,000 pts

\$5 back in points

for every \$10* spent on

OLD EL PASO MEAL MAKER PRODUCTS
SELECTED VARIETIES AND SIZES
20795534_EA
20305182001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

SALSA
DINNER KIT
HARD & SOFT TACO

Moredays
APP EXCLUSIVE OFFER

Members get 2,000 pts

\$2 back in points

when you spend \$5* on

CHRISTIE RITZ DRIZZLED MINIS CRACKERS
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

RITZ Drizzled minis
caramel
fudge

Moredays
APP EXCLUSIVE OFFER

Members get 4,000 pts

\$4 back in points

when you spend \$10* on

CHRISTIE SNAK PAKS
SELECTED VARIETIES
150-200 G
21584976_EA
21585155_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

OREO mini
Mini Chips Ahoy!

Moredays
APP EXCLUSIVE OFFER

Members get 8,000 pts

\$8 back in points

for every \$20* spent on

IAMS CAT OR DOG FOOD
SELECTED VARIETIES
75 G-18.1 KG
20912435_EA
21027553_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

IAMS PROACTIVE HEALTH
MINICHUNKS™
HEALTHY ADULT™

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Members get 10,000 pts

\$10 back in points

for every \$100* spent on

ANY COMBINATION OF ARDENE, GAP INC. BRANDS, UBER EATS, AND UBER GIFT CARDS

ARDENE
OLD NAVY **ATHLETA**
BANANA REPUBLIC **GAP**
Uber **Uber Eats**

Go Anywhere. Get Anything.
Allez partout. Commandez tout ce que vous voulez.

Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Ardene, Gap Inc. Brands, Uber Eats, and Uber gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.



Get your first year of PC Express Pass for
\$2/month*

- Unlimited grocery delivery or pickup
- Earn 2% back in pts with eligible pickup orders**

Use code
PASS76

Learn more

*/**Offer valid until April 1, 2026. Conditions apply. \$30 minimum order. Regular price \$99.99/year after your first year.



JOE FRESH



Moredays
March 19 -25



Open the app to get your offers.



Members get

15,000 pts

for every \$60 spent on adult apparel*



Moredays™

BONUS

30 pts

per litre of fuel purchased at Esso™ or Mobil™ stations.*

March 19-22



Open the app to get this offer.



Become a
**points
millionaire**



Scan your
PC Optimum™
App when
you spend
\$20+*, and
you could
win 1,000,000
points!

March 19 - April 1

* No purchase necessary. Open to residents of Canada (excl. QC) Age of majority +. Approximation retail value \$1,000. For contest details, including purchase exclusions and how to enter without purchase, visit <https://www.pcoptimum.ca/national-contest>

Indulge in tasty treats

Discover
more value
this Easter



SAVE
49¢

\$6

**ED SMITH
PIE FILLING 540 ML
OR PURE
PUMPKIN 796 ML**
SELECTED VARIETIES
20022361_EA
20297753001_EA



\$5

HERSHEY'S CHIPITS
SELECTED VARIETIES
200-270 G
21452844_EA
21452924_EA



\$7



PC® BUTTER
SELECTED VARIETIES
454 G
20313456001_EA
20313456002_EA



SAVE
\$1

\$9

**PC® BLUE MENU®
EGG WHITES**
1 KG
20821364001_EA



SAVE
99¢

\$2

**BETTY CROCKER
FROSTINGS 340-450 G
OR SUPER MOIST
CAKE MIX 375-404 G**
SELECTED VARIETIES
20502641005_EA
21547838_EA



SAVE
\$1.49

\$4.50

**GAY LEA REAL
WHIPPED CREAM**
ASSORTED VARIETIES
225 G
20048223001_EA
20048223002_EA



2/\$7
OR
\$4.29 EA.

**NO NAME®
MARSHMALLOWS**
SELECTED VARIETIES
400 G
20304672001_EA
21023141_EA



Moredays

Members get
3,000 pts
for every \$15*
spent on

\$3
back
in points

**WILTON SPARKLE GELS 99 G,
ICING TUBES 120 G,
SPARKLING POUCHES 32/40 G,
SPRINKLES 6-CELL 168-207 G,
CANDY MELTS 340 G,
ICING MIX 113 G/1EA,
ICING COLOUR GEL 4 EA,
SPRINKLES 9-285 G,
CANDY EYEBALLS 78 G,
CUPCAKE LINERS 75/150 EA,
CANDLE PICK SET 10/13 EA,
FOIL BAKING CUPS 72 EA,
TIP SET 4 EA, BIRTHDAY
CANDLES 10-24 EA OR
COLOUR SWIRL PIPING
BAG COUPLER KIT 9 EA**
SELECTED VARIETIES
20813444_EA
21363183_EA



Moredays

Members get
1,000 pts

\$1
back
in points

\$6.50

**PAM COOKING
SPRAY**
SELECTED VARIETIES
110-170 G
20315275004_EA



\$4.50

**NO NAME® ALMONDS,
PECANS, HAZELNUTS
OR WALNUTS**
SELECTED VARIETIES
100 G
20127455001_EA
20617491_EA



SAVE
\$1.99

\$5

**BAKER'S
CHOCOLATE
SQUARES 170/225 G
OR TENDERFLAKE
LARD 454 G**
SELECTED VARIETIES
20027695_EA
20316019001_EA



\$2.50

**DR. OETKER
SHIRRIFF
PIE FILLING
& DESSERT MIX**
SELECTED VARIETIES
111-164 G
21615148_EA
21615185_EA



SAVE
\$2

\$6

**NO NAME®
FLOUR**
SELECTED VARIETIES
5 KG
20618800_EA
20650915_EA



2/\$10
OR
\$5.49 EA.

**EAGLE BRAND
SWEET &
CONDENSED MILK**
SELECTED VARIETIES
300 ML
21022618_EA
21012967_EA



Moredays

Members get
4,000 pts
when you
buy 2

\$4
back
in points

\$6

**QUAKER
BAKING MIXES
OR OAT FLOUR**
SELECTED VARIETIES
700-900 G
20301064001_EA
21674263_EA



\$5

**COOL WHIP
DESSERT TOPPING**
SELECTED VARIETIES
FROZEN
1 L
20030369001_EA
20030369002_EA



\$3.49

ALFA PHYLLO PASTRY
FROZEN
450G
21606928_EA



\$4

**NO NAME® COCONUT 200/400 G
OR CRISCO SHORTENING 454 G**
SELECTED VARIETIES
20127930_EA
21475300_EA



your **one-stop** grocery shop

2/\$9

OR
\$5.50 EA.

LIBERTÉ MÉDITERRANÉE YOGURT 500 G
OR LIBERTÉ GREEK YOGURT 400 G
SELECTED VARIETIES
2080752003_EA
21473714_EA



SAVE

15%

BOB'S RED MILL OATS
SELECTED VARIETIES
454-907 G
21639699_EA
21274226_EA



3/\$9

OR
\$3.75 EA.

FIBRE 1 CHEWY BARS, DELIGHTS OR BROWNIES 125-175 G,
NATURE VALLEY PROTEIN BARS 148 G
OR SWEET & SALTY BARS 192-210 G
SELECTED VARIETIES
20587504001_EA
21213559_EA



8⁵⁰

HIGH LINER FISH STICKS, BATTERED FISH OR FILLETS
SELECTED VARIETIES FROZEN
350-700 G
20303200001_EA
20303200003_EA



\$5

HELUYA GOOD! FRENCH ONION SOUR CREAM DIP
680 G
20312788001_EA



\$4



GAY LEA SOUR CREAM
SELECTED VARIETIES
500 ML
20317536001_EA
20317536003_EA



9⁴⁹



SAPUTO MOZZARELLISSIMA PIZZA MOZZARELLA CHEESE 690 G
OR NO NAME® CHEESE 700 G
SELECTED VARIETIES
20107017001_EA
20975773_EA



\$5

NO NAME® OATMEAL OR CHOCOLATEY COOKIES
SELECTED VARIETIES
907 G
20318678002_EA
20318678001_EA



4⁵⁰

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
20965368_EA
21680074_EA



2/\$6

OR
\$3.49 EA.

PC® CRISP & THIN BUTTER TWISTS 225 G,
PITA CRACKERS 142 G OR SCALLOPED CRACKERS 185 G
SELECTED VARIETIES
20603889003_EA
21346922_EA



\$6

TAZO TEA BAGS 20'S OR AGGA NESPRESSO COMPATIBLE CAPSULES 10'S
SELECTED VARIETIES
21308145_EA
21306979_EA



\$14

TWINING'S TEA 100'S OR TIM HORTON'S SINGLE SERVE K-CUP TEA 12'S OR MCCAFÉ COFFEE K-CUP 10/12'S,
SELECTED VARIETIES
21040439_EA
21238598_EA



4⁵⁰

COFFEE-MATE COFFEE ENHANCER
SELECTED VARIETIES
828/946 ML
21091209_EA
21091311_EA



\$8

STOK COLD BREW COFFEE
SELECTED VARIETIES
1.42 L
21203739_EA
21203737_EA



\$5

EARTH'S OWN BARISTA
SELECTED VARIETIES
946 ML
21179478_EA
21643629_EA



\$12

KINDER MAXI SURPRISE EGG 150 G, EASTER VARIETY PACK 116 G OR EASTER EGG HUNT KIT 186 G
SELECTED VARIETIES
20012895_EA
20719493_EA



for the love of **pets**

\$15

PC® WILD BIRD FOOD
4 KG
21308596_EA



\$17

CESAR DOG FOOD
SELECTED VARIETIES
12'S
20548229_EA



\$20

DOG CHOW 8 KG OR
PUPPY CHOW 6.5 KG
20314190_EA



\$9

ZUKE'S DOG TREATS
SELECTED VARIETIES
170 G
21661750_EA



\$50

PURINA ONE DOG FOOD
SELECTED VARIETIES
9.5-12.4 KG
20422765_EA



\$12

MILK-BONE BRUSHING CHEWS DOG TREATS
SELECTED VARIETIES
535-688 G
21168245_EA



\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES
210/312 G
21620394_EA



\$14

PEDIGREE DOG FOOD
SELECTED VARIETIES
2/2.8 KG
21589011_EA



\$22

PURINA ONE CAT FOOD
SELECTED VARIETIES
3 KG
21235341_EA



\$6

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA



\$22

FANCY FEAST CAT FOOD
SELECTED VARIETIES
24'S
21170917_C01



\$17

PC® NUTRITION FIRST® CAT FOOD
SELECTED VARIETIES
2 KG
21303030_EA



5/6²⁵

OR \$1.69 EA.

WHISKAS CAT FOOD
SELECTED VARIETIES
75/100 G
20945388_EA



\$10

PC® EXTRA MEATY CAT FOOD
SELECTED VARIETIES
2 KG
21361585_EA



\$29

TIDY CATS LIGHTWEIGHT LITTER
7.71 KG
20913423_C01





\$6

GREENWORKS
ALL PURPOSE
OR BATHROOM
CLEANER 946 ML,
TOILET BOWL
CLEANER 709 ML,
DISH DETERGENT
650 ML OR **WIPES** 75'S
SELECTED VARIETIES
21657670_EA/21657754_EA

2/\$9

OR
\$6.49 EA.

**CLOROX BATHROOM
SPRAYS** 887 ML,
**ALL PURPOSE
CLEANERS** 946 ML OR
**TILEX SHOWER
SPRAY** 946 ML
SELECTED VARIETIES
20649899_EA
21657792_EA

2/\$13

OR
\$7.99 EA.

**LYSOL DISINFECTING
WIPES** 75'S,
**DISINFECTANT
SPRAY** 350 G,
**FLATPACK
WIPES** 84'S OR
**TOILET BOWL
CLEANER** 940 ML
SELECTED VARIETIES
21449826_EA
21667289_EA

Moredays

Members get

2,000

\$2 back in points

\$4

VIM CLEANERS
500 ML-1 L OR
**ALLENS CLEANING
VINEGAR** 950 ML-2.5 L
SELECTED VARIETIES
20831326_EA

\$5

**LYSOL LAUNDRY
DISINFECTANT**
SELECTED VARIETIES
1.2 L
21495670_EA
21487308_EA

\$10

**AIRWICK ESSENTIAL
MIST KIT** 20 ML OR
TWIN REFILLS 2/20 ML
SELECTED VARIETIES
20324301002_EA

\$9

GLAD INDOOR BUNDLE
SELECTED VARIETIES
10-48'S
21359461_EA/21614177_EA

\$5

CLOROX BLEACH 2.4 L OR
**PINE-SOL
CLEANER** 1.41 L
SELECTED VARIETIES
20298679001_EA
21283179_EA

\$4

SCOTCH BRITE SPONGES 6'S OR
**SCRUBBING BUBBLES BATHROOM
CLEANER** 946-950 ML/623 G OR
**TOILET FRESH BRUSH,
EASY PEASY** 946 ML/385 G,
FANTASIK 650 ML,
**WINDEX GLASS
CLEANER**
765-950 ML OR
FAMILY GUARD
946 ML
SELECTED VARIETIES
20976696_EA
20125323001_EA

\$5

**METHOD
ALL PURPOSE
CLEANER** 828 ML OR
DISH DETERGENT 532 ML
SELECTED VARIETIES
21432667_EA/21518328_EA

\$11

**GLAD
OUTDOOR BAGS**
SELECTED VARIETIES
10-40'S
21164510_EA

\$12

**VILEDA OSKAR
BROOM AND
TWIST MOP**
SELECTED VARIETIES
EACH
20001949_EA
20057952_EA

\$11

**SWIFFER DUSTER
REFILLS** 6/10'S,
**SWEPPER WET
REFILLS** 12/20/24'S,
**SWEPPER DRY
REFILLS** 16/20/32'S,
WETJET REFILLS 12'S,
**POWERMOP
REFILLS** 5'S,
**WETJET
LIQUID** 2.5 L OR
**POWERMOP
LIQUID** 2.5 L
SELECTED VARIETIES
21624930_EA/21625287_EA

5.50

**FLEECY FABRIC
SOFTENER** 1.36 L OR
SHEETS 80'S
SELECTED VARIETIES
21311876_EA
20311072001_EA

wash out winter

\$22

**TIDE LAUNDRY
DETERGENT** 3.9 L,
TIDE POWER PODS 45'S,
**TIDE PODS OR GAIN
FLINGS** 57-76'S OR
BEADS 853 G
OR **CASCADE
TUBS** 51/67/80'S
SELECTED VARIETIES
21593670_EA
21625767_EA

\$14

PUREX 4.08-4.43 L,
SUNLIGHT 4 L OR
PERSIL 1.86 L
**LAUNDRY
DETERGENT OR
SNUGGLE FABRIC
SOFTENER** 2.77 L
SELECTED VARIETIES
20083525001_EA
21427042_EA

\$16

GAIN LAUNDRY DETERGENT 4.258 L,
PODS OR FLINGS 42'S, **DOWNY
FABRIC SOFTENER** 1.92-3.29 L,
BOUNCE SHEETS 240'S OR
DOWNY OR GAIN BEADS 453-550 G
SELECTED VARIETIES
21625747_EA
21671138_EA

\$20

**TRU EARTH
LAUNDRY
DETERGENT STRIPS**
SELECTED VARIETIES
64'S
21554580_EA

Shop the **world**
in our aisles



\$5



**SURAJ® NAAN
FLATBREADS**
SELECTED VARIETIES
10'S
20343319_EA



\$11

**SUFRA® HALAL
BREADED CHICKEN**
SELECTED VARIETIES
FROZEN
568-840 G
21179707_EA
21179709_EA



1.50

**ROOSTER®
COCONUT MILK**
SELECTED VARIETIES
398 ML
21378715_EA
21378707_EA



\$10

**SURAJ® AGED
BASMATI RICE**
3.63 KG
20838931_EA



EVERYDAY
LOW
PRICES

Value you
can count on.

\$13



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS
AIR CHILLED
3'S
21340952_EA



2⁵⁰

**NO NAME®
CHICKEN
HOT DOGS**
450 G
20058192_EA



\$15

**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
FROZEN
260 G
21220644_EA



\$6



**ZIGGY'S® DELI
CHEESE SLICES**
SELECTED VARIETIES
160/180 G
21610778_EA
21610826_EA



\$8

**PREPARED
IN-STORE BOWLS**
SELECTED VARIETIES
345-400 G
21668110_EA
21696361_EA



\$7



**FARMER'S MARKET™
MUFFINS**
SELECTED VARIETIES
6'S
21283356_EA



3⁷⁵



PC® YOGURT TUBS
750 G OR PROBIOTIC
YOGURT 650 G
SELECTED VARIETIES
20180775002_EA
21684206_EA



3⁵⁰

**NO NAME® SINGLE
PIZZAS OR CHEESY
GARLIC FINGERS**
SELECTED VARIETIES,
FROZEN
295-411 G
21541441_EA
21541444_EA



\$10

**NO NAME® CLUB SIZE
ICE CREAM
SANDWICHES
OR BARS**
SELECTED VARIETIES
FROZEN
24-30'S
2034740002_EA
21013432_EA



\$1



**PC® OR BLUE MENU®
SPARKLING WATER**
SELECTED VARIETIES
1L
20162061003_EA
20320832004_EA



\$8

**PC® ORGANICS
FLOUR**
SELECTED VARIETIES
2.5 KG
20069335_EA
20303111_EA



4⁵⁰

**PC® ORGANICS
ANIMAL COOKIES**
SELECTED VARIETIES
250 G
20181028_EA
20304981_EA



\$5

**PC® ORGANICS
VEGETABLES**
SELECTED VARIETIES
FROZEN
300/500 G
20416869001_EA
21418289_EA



live well, spend less

\$56

LIMIT 4
AFTER LIMIT
63.99 EA.

**SIMILAC BABY
FORMULA**
STAGE 1 & 2
SELECTED VARIETIES
859 G
21436985_EA
21437126_EA



\$25

More days
Members get
2,000

\$2
back
in points

**HUGGIES 16X
BABY WIPES**
SELECTED VARIETIES
960-1152'S
21541191_EA



LIMIT 4
AFTER LIMIT
29.99 EA.

\$25

LIMIT 4
AFTER LIMIT
34.99 EA.

**PAMPERS SUPER
BIG PACK DIAPERS**
SELECTED VARIETIES
SIZE N-6, 48-96'S
21370843_EA/21455865_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.49 EA.

AXE DEODORANT 76/85 G,
BODY SPRAY 113 G,
HAIR CARE 473 ML
SELECTED VARIETIES
20665502_EA/21438255_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.99 EA.

**GARNIER WHOLE
BLENDS SHAMPOO
OR CONDITIONER**
SELECTED VARIETIES
370 ML
21647127_EA/20941824_EA



10⁵⁰

LIMIT 4
AFTER LIMIT
11.99 EA.

**HEAD & SHOULDERS
OR OLD SPICE
HAIR CARE**
SELECTED VARIETIES
AND SIZES
21360086_EA
21505214_EA



\$9

LIMIT 4
AFTER LIMIT
11.49 EA.

**JERGENS
LOTION**
SELECTED VARIETIES
620 ML
20856268_EA
21195511_EA



SAVE
UP TO

20%

**GARNIER
FACECARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21549485_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

**OLD SPICE
DEODORANT** 73-144 G,
SECRET DEODORANT
68-116 G OR **GILLETTE
DEODORANT** 122 G
SELECTED VARIETIES
20757237001_EA
21426451_EA



\$10

LIMIT 4
AFTER LIMIT
11.49 EA.

**OGX, MAUI OR
AVEENO HAIR CARE**
SELECTED VARIETIES AND SIZES
21009291_EA/21010670_EA



\$8

LIMIT 4
AFTER LIMIT
10.99 EA.

**LISTERINE
MULTIBENEFITS**
1 L OR **CLASSIC 1.5 L
MOUTHWASH**
SELECTED VARIETIES
20701283_EA/21091180_EA



St. Ives

For
Radiant
Winter
Skin



save up to
25%
St. Ives
Face Scrubs,
Exfoliants, Lotion
or Body Wash
21986088_EA
21429055003_EA
21360954_EA

TENA

Trusted day & night
leakage protection

\$18
EA.

Tena Underwear, Briefs or Pads
selected varieties and sizes
20957897_EA/21033778_EA/21099265_EA



TENA® is a registered trademark of Essity Hygiene and Health, AB. ©2026 Essity

GARNIER®

UP TO 3 DAYS
OF FRIZZ CONTROL*



\$9
LIMIT 4
AFTER LIMIT
11.99 EA.

**GARNIER FRUCTIS
HAIR TREATMENT**
SELECTED VARIETIES
AND SIZES
21080852_EA

\$9
LIMIT 4
AFTER LIMIT
9.49 EA.

**GARNIER FRUCTIS
SHAMPOO OR
CONDITIONER**
SELECTED VARIETIES
1 L
21708789_EA

FRUCTIS

VEGAN
FORMULA*



*With system of shampoo, conditioner & leave-in cream.

Jamieson
HEALTH MADE TASTY
Support good health
with great taste

SAVE up to
20%

Jamieson Multi or Letter vitamins
selected varieties and sizes
30-500's



21689253_EA/20704768_EA
21689327_EA/21411099_EA
21541913_EA

5/\$10
or 2.49 ea

Baby Gourmet organic fruit or vegetable baby food pouches 113/128 mL or jars 113 mL
selected varieties
20616541001_EA
21291241_EA
20368074001_EA
21123983_EA

7+
MONTHS Mois

PediaSure®

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

2/\$18
or \$10.49 ea.

PediaSure Complete, selected varieties, 4x235 mL
20322414001_EA
20322414002_EA

Pedialyte®

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

\$10 **LIMIT 4**
AFTER LIMIT 10.99 EA.

Pedialyte electrolyte oral rehydration solution, Strawberry 1L or Freezer Pops, 16x62.5 mL
20186130_EA
21623984_EA

Similac 360 Total Care®

A first of its kind from Similac®

\$70 **LIMIT 4**
AFTER LIMIT 89.99 EA.

Similac 360 Total Care ready to feed infant formula, selected varieties, 16x235 mL
21702863_EA/21702882_EA

\$60 **LIMIT 4**
AFTER LIMIT 79.49 EA.

Similac 360 Total Care infant formula selected varieties, 859 g
21697863_EA/21697886_EA

© Abbott - DIR/584A-OC2025

NEW & IMPROVED

50% MORE DIAPERS* PLUS DE COUCHES*

Pampers baby-dry ULTRA

3X PROTECTION

ULTRA ABSORB - ULTRA STRETCHY - EXTENSIBLE - ULTRA CUSHIONY / COUSINIE

FRAGRANCE FREE • SANS PARFUM

DIAPERS COUCHES

TM/© Sesame © 2026 P&G ♥ vs. Pampers® Baby-Dry Ultra Mega XL Pack

3X PROTECTION

✓ **ULTRA** Absorbent

✓ **ULTRA** Stretchy

✓ **ULTRA** Coverage

\$35 **LIMIT 6**
AFTER LIMIT 39.99 EA.

Pampers® econo pack diapers selected varieties, sizes N-8, 58-200's
21692756_EA

Members get 2,000 pts **\$2** back in points

BIG PACK = BIGGER SAVINGS!

LIMIT 4
AFTER LIMIT 58.99 EA.

\$48

Pampers® Swaddlers ultra value pack diapers selected varieties, sizes 2-8, 120-192's
21455875_EA

Members get 2,000 pts **\$2** back in points

45% MORE DIAPERS* PLUS DE COUCHES*

Pampers swaddlers

our best dryness & comfort ever

plus sèches et confortables que jamais

♥ vs. Pampers Huge Pack

© 2026 P&G

NEW & IMPROVED!

HUGGIES

snug & dry®

up to 100% blowout & leakproof protection de protection : fuites et débordements

162 **5** **diapers couches** over 27 LB / plus de 12 KG

SAVE OVER \$20 PER BOX* ECONOMISEZ PLUS DE 20 \$ PAR BOÎTE*

HUGGIES

snug & dry®

up to 100% blowout & leakproof protection de protection : fuites et débordements

162 **5** **diapers couches** over 27 LB / plus de 12 KG

***Huggies® Snug & Dry® 162 et pack HUGGIES vs 25 et pack HUGGIES**
***Actual pricing is at the discretion of the retailer.**
***P&G® Huggies® Snug & Dry® de 162 couches vs P&G® de 25 couches.**
Les prix sont à la discrétion du détaillant.

Save over \$20 per box

with NEW Huggies® Ultra Value Pack!

LIMIT 4
AFTER LIMIT 49.99 EA.

\$45

Huggies® Snug & Dry sizes 3-6, 132-198's
21693896_EA

shop home for less

\$20-140

EVERYDAY
ESSENTIALS™
APPLIANCES
DESCRIPTIVE
21193454_EA



39⁹⁹

Members get
2,000 ^(pt)
\$2
back
in points

SODASTREAM CO₂
CYLINDER
OR \$19.99 EA. FOR EXCHANGED
21128469_EA/21475557_EA



**BUY ONE (1)
GET ONE (1)
50% OFF**

PC® COOKWARE &
COOKWARE SETS
SELECTED VARIETIES,
2ND ITEM MUST BE OR
EQUAL OR LESSER VALUE
\$18-141
21215823_EA/21346530_EA
21413754_EA



**BUY ONE (1)
GET ONE (1)
50% OFF**

EVERYDAY ESSENTIALS™
COOKWARE &
COOKWARE SETS
SELECTED VARIETIES,
2ND ITEM MUST BE OR
EQUAL OR LESSER VALUE
\$10-\$59
21161565_EA



**SAVE
UP TO**

25%

RUBBERMAID
TAKEALONGS
CONTAINERS
SELECTED VARIETIES
20159085_EA/21183482_EA



**SAVE
\$2**

\$6

PC® OPENSTOCK
GLASSWARE
21586958_EA/21589271_EA



**SAVE
UP TO**

25%

EVERYDAY
ESSENTIALS™
SHEET SET
SELECTED VARIETIES
\$30-41
21586598_EA
21586920_EA



2/\$6

OR
\$4 EA.

NO NAME®
AIR FRYER LINERS
SELECTED VARIETIES
30'S
21639239_EA
21639383_EA



**SAVE
UP TO**

20%

OXO KITCHEN
GADGETS
SELECTED VARIETIES
\$8-60
20030719_EA/20127010_EA
20039191_EA/20039191_EA



\$24

LIMIT 4
AFTER LIMIT
\$32 EA.

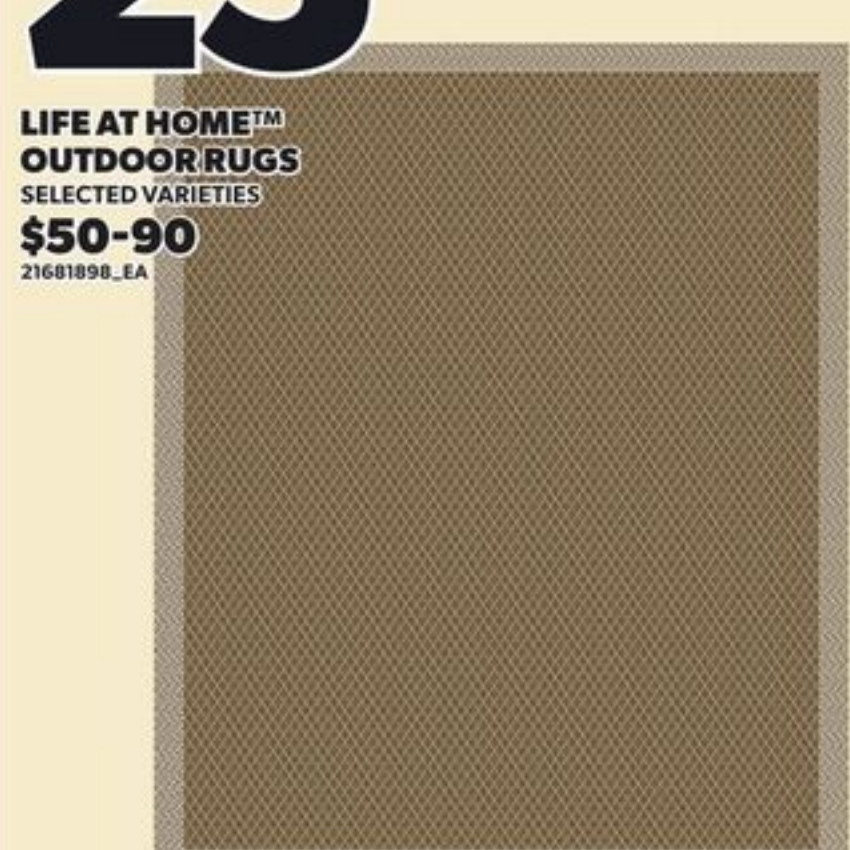
OUTDOOR GAMES
SELECTED VARIETIES
21470116_EA/21470119_EA



**SAVE
UP TO**

25%

LIFE AT HOME™
OUTDOOR RUGS
SELECTED VARIETIES
\$50-90
21681898_EA



**SAVE
UP TO**

30%

LIFE AT HOME™
SILKS AND BASKETS
SELECTED VARIETIES
EACH
\$7-38.50
21675572_EA/21675676_EA



BACKED BY OVER
35 YEARS
OF ACTIVIA'S
EXPERTISE
IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE
IN SINGLE FLAVOURS!



2/\$10
OR
\$5.99 EA.
Activia® -
8 x 100 g
21725748_EA

FIND ALL YOUR FAVOURITES

STRAWBERRY — VANILLA — BLUEBERRY — RASPBERRY —
LEMON — PLAIN — LACTOSE FREE VANILLA



\$4
Activia® Expert - 4 x 100 g
21688261_EA/21687900_EA



\$6
Activia® Expert - 750 g
21688207_EA



\$5.49
Activia® - 650 g
20325132003_EA



\$7
Activia® - 8 x 93 mL
21520253_EA

PACK YOUR MORNING
— WITH PROTEIN —



\$8.79
Oikos® - 650 g, 750 g
21305945_EA



3/\$12
OR
\$4.99 EA.
Oikos® - 4 x 95 g, 4 x 100 g
20825055_EA
20419715001_EA



2/\$7
OR
\$4 EA.
Oikos® Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 115 g serving.

10-HOUR BREW
FOR A BOLD
AND SMOOTH TASTE



\$8
Stok® - 1.42 L
21203737_EA/21203739_EA

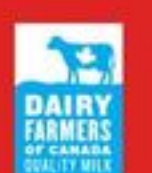
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iögo
nanö

Bursting with
Mini Popping Bubbles

NEW

Made with
real fruit



\$4.50

iögo nanö
YOGURT WITH FLAVOURED
PEARLS. 4 X 100 G
SELECTED VARIETIES
2070709_EA/2070940_EA



\$4.75
iögo nanö
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
21690945_EA/20609587001_EA



\$4.50
iögo nanö
CREAMY YOGURT
POUCH
4 X 90 G
SELECTED VARIETIES
2170709_EA/2170994_EA



\$12
iögo
CREAMY YOGURT
2 KG
SELECTED VARIETIES
20636992_EA



\$8.50
iögo
CREAMY, 0% OR
LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
20609583008_EA/21622847_EA



\$6.50
ASTRO
BLAKEN YOGURT
12 X 100 G
SELECTED VARIETIES
2070507001_EA



\$8
siggi's
SKYR YOGURT
650 - 750 G
SELECTED VARIETIES
21659473_EA/21589925_EA



\$4.75
ASTRO
BALKAN YOGURT
750 G
SELECTED VARIETIES
208525800100_EA/20170553001_EA



\$4.50
siggi's
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21659473_EA/21589925_EA

Lou's
KITCHEN

QUICK AND EASY-
ENJOY!

DELICIOUS,
SIMPLE TO
PREPARE
MEALS



LOU'S ENTRÉES
BEEF POT ROAST AU JUS
375 g
20078077_EA



LOU'S ENTRÉES
SHAVED BEEF AU JUS
400 g
20507550_EA



LOU'S BACK BACON DOUBLE
SMOKED OR APPLEWOOD
selected varieties 375 g
20285088_EA/21333667_EA



LOU'S ENTRÉES
PULLED PORK
400 g
20182404_EA



LOU'S ENTRÉES
PHILLY-STYLE SHAVED STEAK
400 g
21046171_EA



LOU'S PEAMEAL BACON
800 g
20642284_EA

\$10 each

\$10 each



MANDARIN BBQ PORK ROAST • 450 g
21699183_EA



MANDARIN BLACK PEPPER BEEF • 400 g
21699144_EA

\$10 each

BURNBRAE
FARMS • FERMES



Naturegg Solar Free Range or
Omega Plus Solar Free Range
12 Large Brown Eggs
21565655001_EA



Naturegg Nature's Best
or Nestlaid
12 Large White Eggs
20818075001_EA



Naturegg
Omega Plus
12 Large White Eggs
20815787001_EA



Naturegg Simply
Egg Whites or
Free Run Simply
Egg Whites
500 g
20820355001_EA



Naturegg
Omega 3 Nestlaid
12 Large White Eggs
21069384001_EA