



boneless skinless split chicken breast
Halal
13.21/kg

29% SAVINGS

5.99 /lb

green, red or black seedless grapes
South Africa, Chile, Peru
6.35/kg

52% SAVINGS

2.88 /lb

LARGE FRUIT

lean ground beef Halal
13.21/kg

20% SAVINGS

5.99 /lb

beef tenderloin Halal
37.44/kg

32% SAVINGS

16.99 /lb

salmon steak regular or marinated
17.61/kg

47% SAVINGS

7.99 /lb

MARINATED AT THE SAME PRICE

Royal Gala apples
Canada, 3 lb

3 LB

50% SAVINGS

2.99 ea.

lemons
U.S.A., South Africa, 2 lb

2 LB

italian tomatoes or baladi squash
Canada, U.S.A., Mexico
3.73/kg

UP TO 58% SAVINGS

1.69 /lb

Cedar oriental mixed nuts, walnuts 454 g or daia pitted dates 1 kg

33% SAVINGS

5.99

whole chicken
Halal
6.59/kg

33% SAVINGS

2.99 /lb

beef inside round steak
Halal
19.81/kg

25% SAVINGS

8.99 /lb

Mrakovic beef veal lamb or chicken chevapi
560 g

20 pieces

27% SAVINGS

10.99

Adonis cheese pie or sfiha
12 un.

11.99 /12 un.

Doric macedonian style feta
3 kg

34% SAVINGS

34.99

Puck spread or labneh
400 g

40% SAVINGS

4.49

NEW

Black Diamond PIZZA MOZZARELLA
400 g 42% 27%

31% SAVINGS

5.49

Black Diamond cheese block
400 g

Cedar halloom cheese
400 g

36% SAVINGS

6.99

Cedar extra virgin olive oil
2.8 L

30% SAVINGS

24.99

777 Phoenicia basmati long rice
4.5 kg

54% SAVINGS

9.99

Alkanater plain halwa
907 g

UP TO 41% SAVINGS

6.99

Alkanater tahina ground sesame seeds
900 g

Al'ard green olives
907 g

48% SAVINGS

8.99

Naya sparkling water
24x500 ml

33% SAVINGS

3.99

Kimbo Espresso ground coffee
250 g

33% SAVINGS

4.99

Irresistible frozen fruit
400-600 g, selected varieties

20% SAVINGS

3.99

Elzymi pie
800 g

38% SAVINGS

4.99

EVERYDAY LOW PRICES



2⁹⁹ /lb
lebanese cucumbers
Canada
6.59/kg



2⁴⁹ /lb
red vine tomatoes
Canada, U.S.A., Mexico
5.49/kg



1⁶⁹ /lb
baladi squash
Mexico, U.S.A.
3.73/kg



2⁹⁹ /lb
stem and leaf clementines
Spain
6.59/kg

SEEDLESS



10/4⁹⁹
lemons
U.S.A.



99¢ ea.
green onions
U.S.A., Mexico



1⁹⁹ /lb
flat green cabbage
U.S.A.
4.39/kg



3⁹⁹ ea.
avocados bag
Mexico, 6 un.

6 UN.



99¢ ea.
mint bunch
Mexico



99¢ ea.
italian or curly parsley
Mexico



eggplants
Mexico, U.S.A.
4.39/kg

1⁹⁹ /lb



3⁹⁹ ea.
oranges
South Africa, Egypt, bag 3 lb

3 LB



romaine hearts lettuce
U.S.A., Mexico, 3 un.

3⁹⁹ ea.



yellow, red or russet potatoes
Canada, bag 10 lb

4⁹⁹ ea.



2⁹⁹ ea.
yellow onions
Canada, 5 lb



kiwi basket
Greece, 600 g

3⁹⁹ ea.

600 G

Fresh FRUITS and VEGETABLES



up to **28% savings**
1⁷⁹ /lb
sweet potatoes or anise fennel
U.S.A. and Mexico
3.95/kg



2⁸⁸ /lb
oranges cara cara, blood or tangelo minneola
U.S.A.
6.35/kg



radish bunch
Canada
20% savings
1⁹⁹ ea.



20% savings
3⁹⁹ /lb
fava beans
U.S.A.
8.80/kg



up to **33% savings**
1⁹⁹ /lb
seedless oranges or Bartlett pears
South Africa, U.S.A.
4.39/kg



8⁹⁹ /lb
medjool dates
Mexico
19.82/kg

LARGE FRUIT



dill or argula
Mexico, U.S.A.
2/\$5



coriander
Mexico
3/\$5



33% savings
3⁹⁹ /lb
peaches or nectarines
Chile
8.80/kg



golden, red delicious or royal gala apples
Canada
4.39/kg
up to **33% savings**
1⁹⁹ /lb



227 G
2/\$5
white mushrooms 227 g or artichoke
Canada, U.S.A., Mexico



Attitude salads
U.S.A., 142 g, selected varieties

3⁹⁹ ea.



strawberries
U.S.A., Mexico

29% savings
4⁹⁹ ea.



fruits or vegetables platters
starting at **14⁹⁹** ea.

Bulk variety



2⁴⁹ per 100 g
roasted cashews
selected varieties
11.29/lb



29% savings
1⁴⁹ per 100 g
marinated mixed vegetables
6.76/lb



23% savings
99¢ per 100 g
marinated greek peppers
4.49/lb



25% savings
1⁴⁹ per 100 g
stuffed green olives
selected varieties
6.76/lb

ENJOY **FRESH** meats and top QUALITY specialties

منتجاتنا اللحومية

beef striploin **Halal**
30.84/kg



13⁹⁹
/lb



extra lean ground beef **Halal**
18.71/kg

8⁴⁹
/lb



beef liver **Halal**
12.10/kg

5⁴⁹
/lb



merguez beef sausage **Halal**
15.41/kg

6⁹⁹
/lb

Adonis ORIGINAL RECIPE



veal cubes **Halal**
35.25/kg

15⁹⁹
/lb



marinated beef tenderloin cubes **Halal**
41.85/kg

18⁹⁹
/lb

Adonis ORIGINAL RECIPE



split chicken wings **Halal**
11.00/kg

4⁹⁹
/lb



marinated shish taouk cubes **Halal**
18.71/kg

8⁴⁹
/lb

Adonis ORIGINAL RECIPE



marinated chicken drumsticks **Halal**
8.80/kg

3⁹⁹
/lb



shawarma chicken breast **Halal**
19.81/kg

8⁹⁹
/lb

Adonis ORIGINAL RECIPE



Halal lamb shank frozen
18.71/kg

8⁴⁹
/lb



rack of lamb loin **Halal**
52.87/kg

23⁹⁹
/lb



TASTE the FRESHNESS of our SEAFOOD PRODUCTS

منتجاتنا البحرية

FREE CLEANING

\$2/LB OFF
8⁹⁹ /lb

royal sea bream
19.82/kg

whole defrosted pompano
13.21/kg

\$1/LB OFF
5⁹⁹ /lb

cod fillets
28.64/kg

\$3/LB OFF
12⁹⁹ /lb

squid tube
frozen/defrosted
17.61/kg

\$1/LB OFF
7⁹⁹ /lb

Blue Tide raw white shrimps
easy peel 51/60
340 g

5⁹⁹

Blue Tide cooked peeled white shrimps
91/110
454 g

\$1 OFF
9⁹⁹

Blue Tide mix seafood
350 g

\$1 OFF
6⁹⁹

Blue Tide sardines
800 g

\$1 OFF
4⁹⁹

Our FRESH products — عروض المنتجات الطازجة

Sapito shredded cheese
1 kg

23% OFF
16⁹⁹

Puck thickened cream
160 g

20% OFF
3/\$6

Cedar yogurt
650 g, selected varieties

34% OFF
2/\$5

Activia yogurt
8 x 100 g

18% OFF
5⁹⁹

Milk 2Go milk
325 ml, selected varieties

17% OFF
2⁴⁹

Lactantia cream 10%
1 L

UP TO 26% OFF
4⁴⁹

Philadelphia cream cheese
250 g

15% OFF
5⁴⁹

Beatrice sour cream
500 ml

29% OFF
3⁴⁹

Irrésistible Artisan triple cream or camembert
170-175 g

22% OFF
6⁹⁹

Babybel mini cheese
102-120 g, selected varieties

UP TO 13% OFF
4⁴⁹

Selection cottage cheese
500 g

13% OFF
3⁴⁹

Puck triangle cheese
120 g

25% OFF
2⁹⁹

Discover OUR COLD CUTS



\$3/KG OFF

2.29
per 100 g

Solmaz beef bologna Halal
selected varieties
10.39/lb



42% OFF

1.79
per 100 g

Alzahraa Turkey breast Halal
8.12/lb

Discover OUR CHEESES



UP TO 22% OFF

6.99

Agropur, Monsieur Gustav or Soignon cheese
170-200 g, selected varieties

Deli classic smoked meat, roasted or pastrami
11.29/lb

UP TO 29% OFF

2.49
per 100 g



San Daniele mortadella
9.03/lb

20% OFF

1.99
per 100 g



Maple Lodge chicken bologna sliced Halal
375 g

25% OFF

2.99



28% OFF

2/\$5

Harvest Creek smoked chicken sausages Halal
450 g



Solmaz chicken or turkey breast Halal
175 g

UP TO 14% OFF

5.99



28% OFF

6.49

Alzahraa beef bologna Halal
400 g, selected varieties



19% OFF

1.29
per 100 g

Delphi tzatziki
15 kg
5.85/lb

Phoenicia or Cedar nabulsi cheese
11.29/lb

\$3/KG OFF

2.49
per 100 g



Makler kashkaval cheese
11.29/lb

34% OFF

2.49
per 100 g



Castello havarti cheese
2.6 kg
11.29/lb

24% OFF

2.49
per 100 g



Alexis de Portneuf brie or camembert cheese
125 g, selected varieties

31% OFF

4.49



22% OFF

4.49

Saputo feta cheese
170-200 g



Discover OUR SPECIALTIES



14.99

Adonis Halal chicken or shawarma sandwich served with rice pudding and 335 ml coke

fasoulia with rice & Halal veal meat
medium plate
1 un.

25% OFF

12.99



7.99

Adonis Halal lamb ouzi
1 un.



16.99

Adonis paella large plate
1 un.



79¢
un.

Adonis falafel
1 un.



5.99
ea.

Adonis cream broccoli, mushroom, chicken vermicelli & yellow lentils soup
900 ml



5.99

quinoa, tabbouleh or moudardara salad
350-500 g



Discover OUR PASTRY AND BAKERY



Adonis chocolate caramel cake
8 in (10 servings)

29.99



8.99
/lb

Adonis namoura
19.81/kg



29.99

Adonis knafeh
3 kg

Dempster's sliced breads
600 g, selected varieties

22% OFF

2/\$7



Dempster's protein with whole grains loaf
600 g

UP TO 24% OFF

3.99



Dempster's 10" tortillas
selected varieties

5.99

Irresistible custard tart
450 g



7.99

Irresistible profiterol
400 g



Our CEDAR PRODUCTS



37% OFF
4.99
Cedar calrose rice medium grain 1.8 kg



UP TO 37% OFF
2/\$5
Cedar Semolina 907 g, selected varieties



Cedar stuffed cabbage or vine leaves 375 g selected varieties

37% OFF
2/\$5



Cedar canned beans 540 ml selected varieties

44% OFF
3/\$5



2/\$3
Alia basil seed drinks 290 ml, selected varieties



Del Monte nectar 990 ml selected varieties

1.99



Coke soft drinks 2L selected varieties

3.29



2/9.50
Tostitos tortilla chips 295 g, selected varieties



2.99
Locker Tortina cookies 63 g, selected varieties



2/\$7
Dare bear paws cookies 168-210 g, selected varieties



2/\$5
Ulker tea biscuits 450 g, selected varieties



2/\$7
Ulker halley 300 g



4.99
Maatouk lebanese ground coffee 200 g selected varieties



4.99
Taylors tea 40-50 g, selected varieties



5.99
St-Dalfour spread 225 ml selected varieties



9.99
Bonne Maman hazelnut spread 580 g



UP TO 37% OFF
2/\$5
Cedar frozen vegetable 375-500 g selected varieties



3.99
Eggo or Kellogg's frozen waffle 280-330 g



7.99
Börek Halal ground beef bites 254 g



\$1 OFF 8.99
Kawartha ice cream 1.5L selected varieties



7.99
Unico vegetable oil 2L



15.99
Brar's ghee 800 g



2/\$3
Epi d'Or pasta 500 g, selected varieties



4.99
Maggi broth cubes 504 g selected varieties



2/\$7
Indomie noodles 5 x 75 g - 5 x 85 g, selected varieties



Cedar strained tomatoes 690 ml

2/\$5



Mechaalany pickle 1L selected varieties

6.99



Sielski's dill gherkin pickle 1L selected varieties

3.99



6.99
Hellmann's mayonnaise 890 ml, selected varieties



Kraft dressings 425 ml selected varieties

2.99



2/\$5
Selection foil or parchment paper 12" x 50', 15" x 33' selected varieties



Selection dishwashing liquid 591-828 ml selected varieties

1.79

Bulk

PRODUCTS

Selection of olives



149
per 100 g

stuffed green olives



149
per 100 g

halva
assorted choice



99c
per 100 g

pickled greek peppers



129
per 100 g

pickled turnips



149
per 100 g

marinated mixed vegetables



179
per 100 g

pitted kalamata olives



149
per 100 g

moroccan black olives

Selection of spices



369
per 100 g

cinnamon sticks



279
per 100 g

whole black pepper



249
per 100 g

ground cumin



379
per 100 g

oriental coffee mixed



219
per 100 g

sumac



189
per 100 g

dried mint



369
per 100 g

7 ground spices

Selection of nuts



99c
per 100 g

roasted peanut nuts
selected varieties



629
per 100 g

raw pistachios



229
per 100 g

walnuts



199
per 100 g

oriental mixed nuts



299
per 100 g

dried apricots



99c
per 100 g

sultana raisins



149
per 100 g

dried cranberries

Valid from thursday, March 5th to wednesday, March 11th, 2026



THE WORLD

OF *dates*



8.99
/lb - 19.82/kg

MEDJOOJL
DATES IN BULK



11.99

PREMIUM BRANCHED
DATES DEGLET NOUR
1 KG



DAIA DEGLET NOUR
PITTED DATES
400 G

3.49



30.99

MEDJOOJL DATES
1.8 KG



DAIA KHUDARI
DATES
1 KG

11.99



CASTLE FARMS
SUKKARI PUTTAB DATES
850 G

11.99



5.99

DAIA DEGLET NOUR
PITTED DATES
1 KG



DAIA DEGLET NOUR
PREMIUM BRANCHED
DATES
900 G

10.99

AL'ARD
MEDJOOJL DATES
454 G



11.99

CEDAR
MAZAFATI DATES
550 G



4.99

FROM MARCH 5TH TO MARCH 11TH, 2026.

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