ATL ZONE 3

FOODLAND

Fresh food. Friendly neighbours.
Aliments frais. Des gens de chez nous.

FEED THE DREAM

JOHNSONVILLE Sausages breakfast, dinner, recipe starters or smoked, selected 250-500 g
Saucisses JOHNSONVILLE à déjeuner, repas, ingrédients pour recettes ou fumées certaines variétés

6.99 without Scene+ Card

MEMBERS SAVE $1
5.99 MEMBER PRICE

2.49 /lb
CONESTOGA MEATS Boneless Pork Loin Rib or Sirloin Half 5.49/kg
Côte de longe de porc désossée CONESTOGA MEATS ou demi-surlonge

4.99
THE CANADIAN BUTCHER Bacon 375 g
Bacon THE CANADIAN BUTCHER

Croissants 6 pk 372 g
Croissants
Baked IN-STORE
BUY 1, GET 1 FREE of equal or lesser value

Fresh Atlantic Salmon Fillets 26.43/kg
Filets de saumon de l'Atlantique frais
11.99 /lb

Asparagus product of Mexico no 1 grade 6.59/kg
Asperges produit du Mexique catégorie no 1
2.99 /lb

Sunday, March 8, 2026
International WOMEN'S DAY
Collectively we can all
#GiveToGain
#IWD2026

1 LB
200 PTS when you buy 2
3.99
Strawberries Clamshell product of USA or Mexico no 1 grade 1 lb
Fraises en emballage double-coque produit des É.-U. ou du Mexique, catégorie no 1

GROWN IN CANADA Tulip Bouquet 10-stem
Bouquet de tulipes CULTIVÉES AU CANADA
11.99

2.99
NESTLÉ Parlour Frozen Dessert selected 1.5 L
Dessert glacé Parlour NESTLÉ certaines variétés

300 PTS when you buy 2
14.99
HERSHEY'S Eggies 670-900 g or LINDOR Chocolate Eggs 300 g while supplies last
Eggies HERSHEY'S ou œufs en chocolat LINDOR jusqu'à épuisement des stocks

MEMBERS SAVE $2
2.99 MEMBER PRICE
4.99 without Scene+ Card
SILK Non-Dairy Beverages 1.75-1.89 L
Boissons sans produits laitiers SILK

5.97
CRACKER BARREL Cheese 340-400 g or Shreds 250-320 g
Fromage CRACKER BARREL ou fromage râpé

3.49
DANONE OIKOS Greek Yogurt 4 pk
Yogourt grec Oikos DANONE

3.47
DR. OETKER Ristorante or Casa Di Mama Pizza 320-410 g
Pizza Ristorante DR. OETKER ou Casa di Mama

SCAN HERE FOR OUR DIGITAL FLYER
Products may not be available at all locations

Foodland.ca

MARCH 2026
PRICES EFFECTIVE FROM MARCH 5 - 11

THUR	FRI	SAT	SUN	MON	TUE	WED
5	6	7	8	9	10	11

P01_FDL_WK45_PRN_ATL_Z3_BIL

LOOK FOR THE LEAF to help you support Canada

Scan or visit Foodland.ca to learn more

6.99 /lb Family Size Lean Ground Beef 15.41 kg
Bœuf haché maigre format familial

3.99 COMPLIMENTS Regular or Topped Hummus or Dips 227-255 g
Hummus ordinaire ou garni COMPLIMENTS ou trempettes

3.99 /lb COMPLIMENTS AIR-CHILLED Whole Chickens, Family Size Chicken Drumsticks or Family Size Thighs 8.80 kg
Poulets entiers REFROIDIS À L'AIR COMPLIMENTS, pilons de poulet format familial ou hauts de cuisse format familial

3.47 /lb Peaches, Nectarines, Black or Red Plums product of Chile no 1 grade 7.65/kg
Pêches, nectarines, prunes noires ou rouges produit du Chili, catégorie no 1

WE'RE FULL OF compliments — You've got great taste

100 PTS when you buy 2

3.99 COMPLIMENTS Caesar Salad Kit product of USA 280 g
Ensemble pour salade César COMPLIMENTS produit des É.-U.

MIX & MATCH

BUY 2, GET 3RD FREE of equal or lesser value

COMPLIMENTS Muffins 4-6 pk 400-600 g, Pies 650-750 g or Tarts 510 g or Mini Cupcakes 12 pk 284-300 g
Muffins COMPLIMENTS tartes ou mini-petits gâteaux

MEMBERS SAVE $1.50 **5.49** MEMBER PRICE
COMPLIMENTS Feta 200 g
Feta COMPLIMENTS

2/$8 MISS VICKIE'S Kettle Chips 190-200 g
Croustilles cuites à la marmite MISS VICKIE'S

3.49 VILLAGGIO Bread 570-675 g or Buns 6-8 pk (excludes Ciabatta)
Pain VILLAGGIO ou petits pains (à l'exclusion du pain Ciabatta)

4.49 ROBIN HOOD Flour selected 2.5 kg
Farine ROBIN HOOD certaines variétés

2/$5 CHRISTIE Cookies or Mini Cookies selected 144-303 g or DARE Breton, VINTA or SIMPLE GOODNESS Crackers selected 200-225 g
Biscuits CHRISTIE ou mini-biscuits certaines variétés ou craquelins Breton DARE, Vinta ou Simplement bien fait certaines variétés

Celebrate Oreo Cookie Day March 6th

2/$5 DEL MONTE Canned Fruit 398 mL
Fruits en conserve DEL MONTE

6.99 CASHMERE Bathroom Tissue 12-24 or 8-24 rolls, SPONGETOWELS 3-6 rolls or SCOTTIES Facial Tissue 6 pk
Papier hygiénique CASHMERE 12-24 ou 8-24 rouleaux, essuie-tout SPONGE TOWELS 3-6 rouleaux ou mouchoirs SCOTTIES

That's like $1 toward your groceries
100 PTS when you buy 1
6.99 BECEL Margarine 637-850 g
Margarine BECEL

That's like $3 toward your groceries
300 PTS when you buy 4
2.99 CAMPBELL'S Chunky Soup 515 mL
Soupe Chunky CAMPBELL'S

That's like $2 toward your groceries
200 PTS when you buy 2
4.99 COMPLIMENTS Jam 375-500 mL or Peanut Butter 1 kg
Confiture COMPLIMENTS ou beurre d'arachide

Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or deposits. Savings based on our regular retails. We reserve the right to limit quantities to reasonable family requirements. Text prevails when a photo does not correspond to the description. Dealer may sell for less. ***Save off this price* retails refer to the regular competitive shelf price at most locations. In stores open 24 hours. Flyer prices are effective from 4 am Thursday until Midnight Wednesday.

The Scene+ Loyalty Program is available at all participating Foodland CO-OP locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ points for $10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to $500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit https://www.sceneplus.ca/terms-and-conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. We reserve the right to limit quantities to normal family requirements. Photographs are for illustration purposes only, text will prevail at all times. Advertised prices do not include any applicable taxes or deposits.

Interac MasterCard VISA ACCEPTED AT ALL STORES

PRICES IN EFFECT AT THE FOLLOWING LOCATIONS/LES PRIX SONT EN VIGUEUR DANS LES MAGASINS SUIVANTS :
• Annapolis Royal • Berwick • Bible Hill • Blackville • Charlottetown (Walker Drive) • Chester • Coldbrook • Dalhousie • Eskasoni • Glace Bay • Grand Bay • Grand Falls • Kentville • Lunenburg • Middleton • Milford • Minto • Petitcodiac • Quispamis • Rexton • Sackville • Saulnierville • Sheet Harbour • Springhill • Stewiacke • St. Peter's • Sydney Mines • Tatamagouche • Westville • Weymouth

MIX Paper from responsible sources FSC® C021322

P04_FDL_WK45_PRN_ATL_Z3_BIL

*If you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can present the product and/or receipt and we will provide you with the appropriate reimbursement. Restrictions apply, see foodland.ca/value-flyer for details.

100% FRESH guarantee

Storewide satisfaction or your money back.

MEMBERS SAVE $1
4.47 MEMBER PRICE
5.47 without Scene+ Card

PRODUCT OF CANADA COMPLIMENTS Potatoes 5 lb
Canada no 1
Pommes de terre COMPLIMENTS PRODUIT DU CANADA ATLANTIQUE
catégorie Canada no 1

1.99 /lb
Butternut, Acorn, Spaghetti or Kabocha Squash product of Canada or Mexico 4.39/kg
Courge musquée, poivrée, spaghetti ou kabocha produit du Canada ou du Mexique

4.99 — 150 PTS when you buy 2
PRODUCT OF CANADA COMPLIMENTS ORGANIC Sliced White or Cremini Mushrooms 227 g
Champignons blancs ou cremini entiers biologiques tranchés COMPLIMENTS, PRODUIT DU CANADA

3/$5
Green Onions, Cilantro or Parsley Bunch
product of Mexico
Botte d'oignons verts, coriandre ou persil
produit du Mexique

4/$3 — 100 PTS when you buy 4
Large Lemons product of Morocco or USA or Limes product of Mexico or Colombia
Gros citrons produit du Maroc ou É.-U. ou limes produit du Mexique ou Colombie

3.99
Dragon Fruit
product of Vietnam
Pitaya produit du Vietnam

3.99
Cantaloupe
product of Costa Rica
Cantaloup
produit du Costa Rica

COSMIC CRISP
3.47 /lb
Cosmic Crisp Apples
product of USA
extra fancy grade 7.65/kg
Pommes Cosmic Crisp
produit des É.-U., catégorie extra de fantaisie

International WOMEN'S DAY

Sunday, March 8, 2026

Collectively we can all
#GiveToGain #IWD2026

8.99
GROWN IN CANADA
African Violet in Self-Watering Pot
Violette africaine CULTIVÉE AU CANADA en pot auto-arrosant

14.99
GROWN IN CANADA
Gerbera Bouquets Large 10 stem or Mini 15 stem
Bouquets de gerberas CULTIVÉS AU CANADA grands ou miniatures

24.99 — 300 PTS when you buy 1
International Women's Day Bouquet
Bouquet pour la Journée internationale des femmes

$21
Ecuadorian Roses
One Dozen 50 cm
Roses équatoriennes, une douzaine

MEAT

5.99
BUTCHER'S SELECTION Stampede Hot Dogs 900 g
Saucisses à hot dog Stampede LA SÉLECTION DU BOUCHER

7.99 — 100 PTS when you buy 2
COMPLIMENTS Fully Cooked Chicken or Turkey Strips 150-200 g
Lanières de poulet entièrement cuites COMPLIMENTS, ou de dinde

MEMBERS SAVE $2
12.99 MEMBER PRICE
14.99 without Scene+ Card
COMPLIMENTS Traditional or Smashed Beef Burgers 680-907 g
Burgers de bœuf traditionnels COMPLIMENTS ou écrasés

12.99 — 100 PTS when you buy 1
WATSON RIDGE Boxed and Breaded Premium Poultry 800 g selected
Volaille en boîte et panée de qualité WATSON RIDGE certaines variétés

15.99 — 50 PTS when you buy 1
COMPLIMENTS Fully Cooked Shrimp with Cocktail Sauce 680 g
Crevettes cuites COMPLIMENTS avec sauce cocktail

9.99
HIGHLINER Family Favourites Boxed and Breaded Seafood 330-700 g selected
Fruits de mer en boîte ou panés Les Favoris de la Famille HIGH LINER
certaines variétés

GET 10% OFF BEEF

WHEN YOU BUY 2 OR MORE OF THE SAME CUT

13.99 /lb
Top Sirloin Roasts cut by your meat expert from Canada AAA grade beef 30.84/kg
Rôtis de haut de surlonge coupés par votre expert boucher, coupe de bœuf Canada AAA

15.99 /lb
Top Sirloin Medallions cut by your meat expert from Canada AAA grade beef 35.25/kg
Médaillons de haut de surlonge coupés par votre expert boucher, coupe de bœuf Canada AAA

2.99 /lb
CONESTOGA MEATS Boneless Pork Loin Centre Cut Roasts cut in-store by your local meat expert 6.59/kg
Rôtis de longe de porc désossés CONESTOGA MEATS, coupe du centre coupés en magasin par votre expert boucher local

6.99 /lb
CONESTOGA MEATS Family Size Pork Tenderloin 15.41/kg
Filet de porc format familial CONESTOGA MEATS

4.99 /lb
COMPLIMENTS Family Size Split Chicken Breasts AIR-CHILLED 11.00/kg
Poitrines de poulet fendues REFROIDIES À L'AIR COMPLIMENTS

5.99 /lb
COMPLIMENTS Split Chicken Wings AIR-CHILLED 13.21/kg
Ailes de poulet fendues COMPLIMENTS REFROIDIES À L'AIR

DELI

Available at most stores

MEMBERS SAVE 80¢
2.99 MEMBER PRICE
3.79 without Scene+ Card
Cheese Swirls 225 g available hot or chilled
Tourbillons au fromage disponibles chauds ou réfrigérés

6.99
MONSIEUR GUSTAV Gouda or Swiss 170 g selected
Gouda MONSIEUR GUSTAV ou suisse
certaines variétés

8.79
DAWN Cooked Ham 300 g
Jambon cuit DAWN

LIMITED TIME ONLY
150 PTS when you buy 2
7.99
Mini Croissant Chicken Club Salad Sandwiches 2 pk selected 206-216 g
Sandwichs de salade club au poulet en mini-croissants
certaines variétés

Baked IN-STORE
5.99
Cheese Bread 485 g
Pain au fromage

Available at most stores
MEMBERS SAVE $3
14.99 MEMBER PRICE
17.99 without Scene+ Card
Cheesecakes 6" Strawberry or Fruit Topped 825-855 g
Gâteaux au fromage Garnis de fraises ou de fruits

CHEESE please

5.99
COMPLIMENTS Garlic Parmesan Texas Toast 638 g
Texas Toast à l'ail au parmesan COMPLIMENTS

Baked IN-STORE
BUY 1 AT $3.49
BUY 2 OR MORE
2.99 ea
Mini Cheese Croissants 8 pk 250-260 g
Mini-croissants au fromage

P02_FDL_WK45_PRN_ATL_Z3_BIL

FROZEN & DAIRY

100 PTS when you buy 2
5.49 **COMPLIMENTS Pure Orange Juice** 1.54 L
Jus d'orange pur COMPLIMENTS

9.99 **KRAFT Singles** 825 g
Singles KRAFT

2/$10 **CRAVE or KD Frozen Entrées** 200-340 g
Repas surgelés CRAVE ou KD

MEMBERS SAVE 80¢
2.99 MEMBER PRICE
3.79 without Scene+ Card
COMPLIMENTS Perogies 907 g
Perogies COMPLIMENTS

5.99 **OLYMPIC Krema Yogurt, Organic Regular or Organic Greek Yogurt** 650 g
Yogourt Krema OLYMPIC, biologique ou yogourt grec biologique

4.99 **KRAFT Philadelphia Dips** 340 g
Trempettes Philadelphia KRAFT

4.99 **PANACHE Premium Ice Cream** 1 L or Novelties 4-6 pk selected
Crème glacée de choix PANACHE ou nouveautés certaines variétés

2.49 **MICHELINA'S Frozen Entrées** 128-284 g
Repas surgelés MICHELINA'S

DRINKS, SNACKS & PANTRY

17.99 **NESTLÉ Hide Me Eggs** 500 g while supplies last
Œufs à cacher NESTLÉ jusqu'à épuisement des stocks

$5 **DARE Real Fruit Gummies** 475-700 g
Friandises gélifiées Real Fruit DARE

2/9.50 **CHEETOS** 170-285 g
CHEETOS

MEMBERS SAVE $1
2.99 MEMBER PRICE
3.99 without Scene+ Card
COMPLIMENTS Pretzels 320-400 g
Bretzels COMPLIMENTS

10.99 **VAN HOUTTE Coffee K-Cup® Pods** 10-12 pk or Roast & Ground Coffee 340 g
Capsules de café K-Cup® VAN HOUTTE ou café torréfié et moulu

4.49 **OCEAN SPRAY Cranberry Cocktails** 1.89 L
Cocktails aux canneberges OCEAN SPRAY

200 PTS when you buy 3
2.99
PEPPERIDGE FARM Goldfish Crackers or Crisps 156-227 g, SNYDER'S OF HANOVER Pretzels 240 g or KETTLE BRAND Chips 156-198 g
Craquelins Goldfish PEPPERIDGE FARMS ou croustilles, bretzels SNYDER'S OF HANOVER ou croustilles KETTLE BRAND

6.99 **Bubly Sparkling Water** 12x355 mL or MONTELLIER Carbonated Spring Water 10x355 mL
Eau pétillante BUBLY ou eau de source gazéifiée MONTELLIER

8.99 **KELLOGG'S Pop-Tarts** 1.152 kg, Rice Krispies Squares 660 g or Special K Bars 500 g
Pop-Tarts KELLOGG'S, carrés aux Rice Krispies ou barres Special K

5.49 **DEMPSTER'S 10" Tortillas** 366-610 g
Tortillas de 10 po DEMPSTER'S

MEMBERS SAVE $1
1.99 MEMBER PRICE
2.99 without Scene+ Card
COMPLIMENTS Seafood Sauce 250 mL
Sauce pour fruits de mer COMPLIMENTS

4.99 **POST Cereal** selected varieties 283-525 g
Céréales POST certaines variétés

200 PTS when you buy 2
7.49 **SMUCKER'S Pure Jam** 310-500 mL
Confiture Pure SMUCKER'S

3.49 100 PTS when you buy 2
COMPLIMENTS Marshmallows 400 g or Coconut selected 200 g
Guimauves COMPLIMENTS ou noix de coco certaines variétés

6.99 **MAZOLA Oil** 1.18 L
Huile MAZOLA

2.99 **TACO BELL Hot Sauce** 207 mL
Sauce piquante TACO BELL

2.99 **CLOVER LEAF Chunk Light Yellowfin Tuna** 142 g
Thon pâle albacore en morceaux CLOVER LEAF

100 PTS when you buy 2
COMPLIMENTS Spices or Seasonings selected 5-245 g
Épices COMPLIMENTS ou assaisonnements certaines variétés

6.29 **THAI KITCHEN Curry Paste** selected varieties 112 g
Pâte au cari THAI KITCHEN certaines variétés

HOUSEHOLD

100 PTS when you buy 2
6.49 **COMPLIMENTS Waste Bags** 30-52 pk selected
Sacs à ordures COMPLIMENTS certaines variétés

9/9.99 **PURINA Friskies Wet Cat Food** 156 g
Nourriture humide pour chats Friskies PURINA

STARTING AT
5.99 **FLEECY Fabric Softener** 1.36 L or Sheets 80 pk
Assouplissant textile FLEECY ou feuilles

2.79 100 PTS when you buy 2
COMPLIMENTS Dish Liquid 828 mL
Savon liquide à vaisselle COMPLIMENTS

Scene+ JOIN SCENE+ TODAY. sceneplus.ca/register

P03_FDL_WK45_PRN_ATL_Z3_BIL

DAIRY & FROZEN

7.99 — 200 PTS when you buy 2

STARBUCKS Creamers or Non-Dairy Creamers 828 mL
Colorants à café STARBUCKS ou sans produits laitiers Colorants à café

3.99 — 100 PTS when you buy 2

KRAFT Cool Whip Aerosol Whipped Topping 225 g or YOPLAIT Source Yogurt 630 g
Garniture fouettée en aérosol Cool Whip KRAFT ou yogourt Source YOPLAIT

4/$5 — 50 PTS when you buy 4

YOPLAIT Yop Drinkable Yogurt 200 mL
Yogourt à boire Yop YOPLAIT

50 PTS when you buy 1

2.99

COMPLIMENTS 68% Vegetable Oil Margarine 427 g
Margarine à 68 % d'huile végétale COMPLIMENTS

STARTING AT **3.99**

COMPLIMENTS Fries 650-800 g
Frites COMPLIMENTS

9.99

CHAPMAN'S Markdale Creamery Ice Cream 4 L
Crème glacée Markdale Creamery CHAPMAN'S

8.49

GAY LEA Butter Sticks 4 pk 454 g
Beurre en bâton GAY LEA

100 PTS when you buy 2

6.99

COMPLIMENTS Cheese Strings 336 g or Lactose Free 252 g
Fromage effilochable COMPLIMENTS ou sans lactose

12.99

SMUCKER'S Uncrustables 10 pk
Uncrustables SMUCKER'S

100 PTS when you buy 2

12.99

P.F. CHANG'S Multi Serve Meals 624 g
Repas à plusieurs portions P.F. CHANG'S

100 PTS when you buy 2

COMPLIMENTS Mini Pizza Bagel Snacks 198 g
Collations de mini-bagel pizza COMPLIMENTS

100 PTS when you buy 2

COMPLIMENTS Frozen Entrées 227-284 g selected
Repas surgelés COMPLIMENTS certaines variétés

DRINKS & SNACKS

200 PTS when you buy 2

5.29

CADBURY Bagged Chocolate 147-200 g
Chocolat en sachet CADBURY

2.49

HARIBO Candy 170-175 g or EXCEL Mints 34 g
Bonbons HARIBO ou menthes EXCEL

2/8.50

HOSTESS Hickory Sticks 275 g or STACY'S Pita Chips 208-227 g
Juliennes à l'hickory HOSTESS ou Pita Chips STACY'S

100 PTS when you buy 2

2.49

COMPLIMENTS Potato Chips 200 g
Croustilles COMPLIMENTS

$5

TWININGS Tea 20 pk
Thé TWININGS

200 PTS when you buy 2

7.99

COMPLIMENTS Coffee Pods 12 pk
Dosettes de café COMPLIMENTS

100 PTS when you buy 3

1.99

BEST BUY Wafers 227 g
Gaufrettes VALEUR PLUS

2/$7

DARE Ultimate Cookies 290-300 g or CARR'S Table Water Crackers 125-150 g
Biscuits Suprême DARE ou craquelins à l'eau CARR'S

100 PTS when you buy 2

PEPSI Soft Drinks Mini Cans 6x222 mL
Mini canettes de boisson gazeuse PEPSI

9.99

RED BULL Energy Drinks 4x250 mL
Boissons énergisantes RED BULL

7.99

PEACE TEA or FUZE Iced Tea 12x341 mL
Thé glacé PEACE TEA ou FUZE

12.99

NATURE VALLEY Granola Bars, BETTY CROCKER Fruit or MOTT'S Fruitsations 637 g-1.28 kg selected
Barres granola VAL NATURE, collations aux fruits BETTY CROCKER ou Fruitsations MOTT'S certaines variétés

DRINKS, SNACKS & PANTRY

100 PTS when you buy 3

3.33 **COMPLIMENTS Instant Oatmeal** 260-344 g or Quick Oats 1 kg **Gruau instantané COMPLIMENTS ou gruau rapide**

19.99 **JAKEMAN'S Maple Syrup** 1 L **Sirop d'érable JAKEMAN'S**

4.99 **JIF Peanut Butter** 500 g **Beurre d'arachide JIF**

4.49 **DEMPSTER'S Bagels** 5-6 pk (excludes Protein Bagels) **Bagels DEMPSTER'S** (à l'exception des bagels protéinés)

15% OFF **COMPLIMENTS Baking Nuts** 100 g selected (excludes Pine Nuts) or Raisins, Currants, Dates or Prunes 375 g-1 kg selected **Noix grillées COMPLIMENTS** certaines variétés (à l'exception des pignons de pin) ou raisins secs, raisins de Corinthe, dattes ou pruneaux, certaines variétés

6.49 **QUAKER Muffin or Cookie Mix** 750-900 g or BAKER'S Chocolate 170-225 g **Mélange à muffins QUAKER ou à biscuits ou chocolat BAKER'S**

2/$3 **MR. NOODLES Cups** 64 g **Contenants MR. NOODLES**

150 PTS when you buy 2

3.49 **COMPLIMENTS Grain Breads** 600 g **Pain de céréales COMPLIMENTS**

100 PTS when you buy 1

PANACHE Extra Virgin Olive Oil 500 mL **Huile d'olive extra vierge PANACHE**

3.99 **PANACHE Salad Dressing** 350 mL or COMPLIMENTS Marinades 350 mL **Vinaigrette PANACHE ou marinades COMPLIMENTS**

2/$5 **MINUTE RICE Cups** 250 g **Contenants de riz MINUTE RICE**

4.49 **PATAK'S Cooking Sauce** 400 mL selected **Sauce à cuisson PATAK'S** certaines variétés

NATURAL, HEALTH & HOUSEHOLD

28.99 **KICKING HORSE Whole Bean Coffee** 850 g or Ground Bean Coffee 708 g **Café en grains KICKING HORSE ou café moulu**

3.99 **EARTH'S OWN Beverages** 1.75-1.89 L **Boissons EARTH'S OWN**

3.99 **BABY GOURMET Bars, Bites or Snacks** 35-90 g or Q-TIPS 400 pk **Barres BABY GOURMET, bouchées ou collations ou Q-TIPS**

STARTING AT **4.49** 150 PTS when you buy 2

CREST 3D White Toothpaste or ORAL B Toothbrushes or Floss 63-120 mL or 1-75 pk selected **Dentifrice 3D White CREST ou brosses à dents ORAL-B ou soie dentaire ou** certaines variétés

8.79 **OLD SPICE Body Wash** 532-709 mL selected **Nettoyant pour le corps OLD SPICE** certaines variétés

UP TO **25% OFF** **LIVE CLEAN Hand Soap** 1 L or Shampoo or Conditioner 350 mL selected **Savon à mains LIVE CLEAN ou shampooing ou revitalisant** certaines variétés

200 PTS when you buy 2

7.99 **COMPLIMENTS Facial Tissues or Paper Towels** 3-6 rolls **Mouchoirs COMPLIMENTS ou essuie-tout**

8.49 **LYSOL Toilet Bowl Cleaner** 2 pk, Disinfectant Spray 539 g, Fabric Sanitizer 425 g or Dual Action Wipes 75 pk selected **Nettoyant pour cuvette de toilette LYSOL, vaporisateur désinfectant, désinfectant pour tissu ou lingettes double action,** certaines variétés

11.29 **ENERGIZER Batteries** AA 8 pk, AAA 4 pk or 9 V2 pk **Piles ENERGIZER**

11.99 **PURINA ONE Dry Dog Food** 1.72-1.81 kg **Nourriture sèche pour chiens PURINA ONE**

2/$5 **PURINA ONE Wet Dog Food** 368 g **Nourriture humide pour chiens PURINA ONE**

12.99 **PURINA Tidy Cats Multi-Cat Clumping Litter** 2.72 kg **Litière multichat agglomérante Tidy Cats PURINA**

local LEGENDS

Inspired by a *local favourite* and crafted to deliver the familiar Greco flavour in a frozen pizza.

NEW & EXCLUSIVE

STARTING AT

8.99

PRODUCT OF NEW BRUNSWICK GRECO PIZZA Pepperoni or GrecoWorks 653-700 g

DO2_FDL_WK45_DIG_LOC_ATL_Z1

FEED THE DREAM

FOODLAND
OFFICIAL GROCER

13.99 **MAPLE LEAF PRIME Raised Without Antibiotics Poultry** 568-700 g selected

6.99 **MAPLE LEAF Top Dogs** 375 g

5.99 **GENERAL MILLS Family Size Cereal** 516-778 g

150 PTS when you buy 3

3.49 **OLD EL PASO Tortillas** 297-334 g or Taco Shells 125-133 g

2/$9 **MCCAIN Superfries** 454-750 g

2/4.50 **BODYARMOR Super Drink** 473 mL

2/4.50 **COCA-COLA Soft Drinks** 1 L

2/$6 **GLACÉAU Smartwater** 1 L

2/$9 **MCCAIN Bistro, Smiles or Taters** 600-800 g

STARTING AT **24.99** **TIDE Liquid Detergent** 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L

2.99 **DAWN Dish Soap** 431-502 mL selected

150 PTS when you buy 1

23.99 **CORONA Cero Alcohol-Free Beer** 12x355 mL

3.99 **ORVILLE REDENBACHER Ready To Eat Popcorn** 116-220 g

6.49 **ORVILLE REDENBACHER Microwave Popcorn** 5-8 pk 248-492 g or Gourmet Popping Corn 850 g

2/$10 **HEALTHY CHOICE Gourmet Steamers** 269-306 g

Your family could **WIN*** 1 million Scene+ Points towards free groceries

Earn an instant entry for every eligible product purchased when scanning your Scene+ card

Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Québec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV $10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV $250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferrable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ®/MD Trademarks Grupo Modelo, S. de R.L. de C.V., Lic. Use/Sous Lic.

D03_FDL_WK45_DIG_Olympics_ATL_Z1

PICKED FOR YOU

KITCHEN & DELI DEALS

Crafted in Ireland using premium grass-fed cow's milk

100 PTS when you buy 2

8.49

KERRYGOLD Reserve Cheddar or Dubliner
198 g

Golden, juicy, and ready to serve

Crispy Chicken 9 pieces
available hot or chilled

21.99

400 PTS when you buy 1

Skip the drive-thru and head to our Kitchen! Cooked fresh throughout the day

Scene+ DIGITAL EXCLUSIVE

OFFER VALID MARCH 5-11, 2026

LOAD IT TO GET IT!

1. Download the Foodland app
2. Load your offers to activate them
3. Shop and scan your Scene+ card

Activate your offers in the Foodland app or at MyGroceryOffers.ca

Get 400 PTS when you buy 2

COMPLIMENTS BALANCE or Asian-Inspired Frozen Entrées 250-280 g selected

SAVE $1 when you buy 1

COMPLIMENTS ORGANIC Frozen Fruit 600 g assorted

Get 400 PTS when you buy 2

COMPLIMENTS Family Size Sliced Deli Meats 400 g selected

FOODLAND

Download on the App Store

GET IT ON Google Play

Card must be registered. Offer valid and available to be loaded March 5-11, 2026 at all participating Foodland and Co-Op locations in Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

XO1_FDL_WK45_DIG_ATL_Z1