

Meat

USDA Government Inspected
Boneless Chicken Breasts

\$2.49
lb Family Pack

12 Oz Box ... All Natural
Gluten Free ... Coconut
Bell & Evans
Chicken Tenders
2/\$10

Harvestland
Organic Whole Chicken
\$3.99
lb

Boneless Chicken Thighs

\$2.99
lb

Bone In Sliced
Center Cut Pork Chops

\$2.49
lb Family Pack

3 Lb Family Pack
Butterball 85% Lean Ground Turkey
\$12.99
lb

Fresh Pork Spareribs

\$2.99
lb Family Pack

12 Oz Pkg Regular or Low Sodium
Butterball Turkey Bacon
2/\$7

Cook's Point Cut Corned Beef

\$2.99
lb

With Club Card & Add'l \$25 Purchase. Limit 2 Offers.
USDA Choice Beef
Shoulder London Broil
\$5.99
lb

Cook's Flat Cut Corned Beef

\$6.99
lb

USDA Choice Beef Boneless
Round Cubes For Stew
\$7.99
lb

Seafood

2 Lb Bag ... 16-20 Count
Peeled & Deveined
Pacific Treasure Jumbo Shrimp

\$19.99



Wild Tuna Steaks

\$9.99
lb



Organically Raised Farm Raised
Hidden Fjord Salmon Fillet

\$14.99
lb



Organic Oraking Salmon Fillets

\$21.99
lb

Produce

Honeyglow Pineapples

\$2.99
ea



1 Lb Cont Ripe
Red Strawberries

\$1.99

Large **Beefsteak Tomatoes**

99¢
lb



Fresh From Mexico
Extra Large
Hass Avocados

4/\$5

Organically Grown
1 Lb Cont ... Ripe
Red Strawberries

\$3.99



Organically Grown
6 Oz Cont ... Fresh
Blackberries

2/\$10

3 Lb Bag
Seedless Clementines

\$3.99



3 Lb Bag California
Minneola Oranges

\$4.99

8-10.5 Oz Bag ... Caesar, Light Caesar, Caesar Supreme, Bacon Caesar, Italian Balsamic, French Blue Cheese or Asian Apple
Fresh Express Salad Kits

3/\$10



14-16 Oz Pkg Assorted
House Foods Premium Tofu

3/\$5

Organically Grown
6 Count Bag
Small But Mighty! Mission Mini Avocados

\$3.99



Organically Grown
Dry Pint Cont
Grape Tomatoes

3/\$10

Deli

Boar's Head® Maple Glazed Honey Coat Turkey Breast

\$12.99
lb Sliced To Order

Boar's Head® Mild Swiss Cheese

\$9.99
lb Sliced To Order

Classic Beef Pastrami or A St. Patrick's Day Tradition
Best's Classic Corned Beef

\$9.99
lb Sliced To Order

Yellow or White
Land O Lakes American Cheese

\$4.99
lb Sliced To Order

Grilled, Fried or Spicy Fried
Chicken Cutlets

\$9.99
lb



Fresh Baked
4 Count Pkg
Pistachio Muffins

\$7.99



16 Oz Pkg
Baked Irish Soda Bread

\$4.99



Avg 20 Oz
Corned Beef & Cabbage Dinner

\$17.99
Serves 2



12.3 Oz Pkg
Bridor French Baguettes

\$2.99



Weekly Specials

20 Oz Jar
Carbone Sauce

2/\$11



12-16 Oz Box ... Assorted
(Excludes: Manicotti, Lasagna, Jumbo Shells, Gluten Free, Protein+ & Al Bronzo)
Barilla Pasta

4/\$6

1.5 Liter Btls
Essentia Water Case

\$19.99
SAVE \$7.00!



Garden Of Life Vitamins & Proteins or Solgar Vitamins & Supplements

50% OFF!



1 Dozen Crtn
Pete & Gerry's Medium Organic Eggs

\$3.99



12 Oz ... Original or MultiGrain Cheerios
16.8 Oz Cinnamon Toast Crunch
15.4 Oz Honey Nut Cheerios
16.7 Oz Golden Grahams
General Mills Cereal

2/\$7
MIX OR MATCH!



405.6 Fl Oz Pkg
Half Liter Btls
Poland Spring Water 24 Pack

3/\$12.99



67.2-72 Fl Oz Pkg
11.2-12 Oz Assorted Beer
Guinness 6 Pack

\$10.99

16 Oz Pkg
1/4 Lb Sticks
Salted or Unsalted
Hotel Bar Butter

\$3.99



12 Roll Pack
White or 18=72 Mega Roll Pack
Scott Bath Tissue

\$9.99



31-32 Fl Oz Cont
Assorted
Tide Simply Detergent

2/\$5



8.2-14.1 Oz Box
Quaker Instant Oatmeal

\$2.99



42 Oz Cont
Quick or Old Fashioned
Quaker Oats

\$4.99

6.3-6.7 Oz Jar
Tonnino Tuna Fillets

\$7.99



2/\$5



24-32 Oz Box Assorted
Pearl Milling Company Pancake Mix

\$2.99

With Club Card. Limit 3 Offers.



• 12 Oz ... Original or MultiGrain Cheerios
• 16.8 Oz ... Cinnamon Toast Crunch
• 15.4 Oz ... Honey Nut Cheerios
• 16.7 Oz ... Golden Grahams

General Mills Cereal

2/\$7

With Club Card. Limit 4 Offers. Must Buy 2. Additional Varieties Included. See Store For Details.



• 12 Oz ... Frosted Flakes
• 8.9 Oz ... Froot Loops
• 8.8 Oz ... Corn Pops
• 8.9 Oz ... Apple Jacks

Kellogg's Cereal

\$3.99

With Club Card. Limit 4 Offers. Additional Varieties Included. See Store For Details.



42 Oz Cont Quick or Old Fashioned
Quaker Oats

\$4.99



10.2-11.3 Oz Can ... Assorted (Excludes: Decaf)
Chock full o'Nuts Coffee

\$6.99

With Club Card. Limit 2 Offers.



38 Oz Btl
Heinz Tomato Ketchup

\$3.49

With Club Card. Limit 2 Offers.



Assorted:
• 5.75 Oz Bag ... Puff'd
• 7.5 Oz Bag ... Snap'd
• 9-12.4 Oz Box

Cheez-It Crackers

2/\$6

With Club Card. Limit 4 Offers. Must Buy 2.



12-16 Oz Box ... Assorted (Excludes: Manicotti, Lasagna, Jumbo Shells, Gluten Free, Protein+ & Al Bronzo)
Barilla Pasta

4/\$6

With Club Card. Limit 4 Offers.



12 Count Platinum
Cascade ActionPacs

2/\$10

With Club Card. Limit 4 Offers. Must Buy 2.



24.3 Fl Oz EZ Squeeze Btl Assorted
Dawn Dish Detergent

2/\$10

With Club Card. Limit 2 Offers. Must Buy 3.



23.6 Fl Oz Btl Assorted
Febreze Fabric Spray

2/\$10

With Club Card. Limit 4 Offers.



128 Fl Oz Cont Assorted Juice or
Arizona Iced Tea Gallon

\$2.99

With Club Card. Limit 4 Offers.



24 Fl Oz Btl ... Intense Purity or Intense Floral
Downy Fabric Softener

\$2.99

With Club Card. Limit 4 Offers.



31-32 Fl Oz Cont Assorted
Tide Simply Detergent

2/\$5

With Club Card. Limit 4 Offers. Must Buy 2.



11 Fl Oz Can Assorted
Nutrament Energy Nutrition Drinks

3/\$5

With Club Card. Limit 2 Offers. Must Buy 3.



15.5-16 Oz Jar ... Assorted (Excludes: No Sugar Added)
Jif Peanut Butter

2/\$5

With Club Card. Limit 2 Offers. Must Buy 2.



128 Fl Oz Cont Vegetable or Canola
Crisco Oil

\$9.99

With Club Card. Limit 3 Offers.



9 Mega Roll Pack Ultra Clean or Ultra Comfort
Cottonelle Bath Tissue

\$10.99

With Club Card. Limit 4 Offers.



20 Roll Pack
Urban Meadow Bath Tissue

\$12.99

With Club Card. Limit 4 Offers.



15 Oz Jar ... Regular or Roasted Garlic Alfredo or
Francesco Rinaldi Pasta Sauce

2/\$4

With Club Card. Limit 2 Offers. Must Buy 3.



10 Lb Bag White or Parboiled
Carolina Long Grain Rice

\$8.99

With Club Card. Limit 2 Offers. Must Buy 2.



14.75 Oz Can Wild Caught
Bumble Bee Pink Salmon

\$3.99

With Club Card. Limit 2 Offers. Must Buy 3.



4 Oz Jar ... Assorted
Happy Baby Baby Food

3/\$4

With Club Card. Limit 2 Offers. Must Buy 3.



46 Oz Cont Seasoned or Plain
4C Bread Crumbs

\$5.49

With Club Card. Limit 4 Offers.



50.7 Fl Oz Btl
Fiji Water 1.5 Liter

2/\$5

Plus Deposit Where Applicable.



12.3-18 Oz Box Select Varieties
Kashi Cereal

\$4.99

With Club Card. Limit 4 Offers.



10 Count Box ... Assorted (Excludes: Brew Over Ice)
Green Mountain K-Cups

\$8.99

With Club Card. Limit 2 Offers.



8.2-9.56 Oz Pkg Assorted
Kraft Mac & Cheese Cups 4 Pack

\$4.99

With Club Card. Limit 4 Offers.



14 Oz Box Assorted
Kraft Deluxe Mac & Cheese Dinners

\$2.99

With Club Card. Limit 4 Offers.



48 Count Storage Quart
Ziploc Bags

\$5.99

With Club Card. Limit 4 Offers.



18-20 Count Box Assorted
Celestial Seasonings Herbal Tea Bags

2/\$6

With Club Card. Limit 2 Offers. Must Buy 2.



75 Count Cont Assorted
Clorox Disinfecting Wipes

\$5.49

With Club Card. Limit 2 Offers.



90 Fl Oz Btl Original
Palmolive Dish Detergent

\$6.99

With Club Card. Limit 4 Offers.



12 Oz Jar Assorted
Golden Blossom Honey

\$4.99

With Club Card. Limit 4 Offers.



16 Oz Jar Pure
Golden Blossom Raw Honey

\$9.99

With Club Card. Limit 4 Offers.



64 Fl Oz Btl ... Assorted Cranberry or Pomegranate (Excludes: Grape & Lite Cranberry)
Langers Juice Cocktail

\$2.99

With Club Card. Limit 4 Offers.



32 Fl Oz Btl
ReaLemon Lemon Juice

\$3.29

With Club Card. Limit 4 Offers.



120-160 Count Box Regular, Soothing Lotion or Ultra Soft
Kleenex Facial Tissues

\$2.49

With Club Card. Limit 4 Offers.



24 Oz Jar Assorted
Barilla Pasta Sauce

\$2.99

With Club Card. Limit 4 Offers.



32 Oz Bag
Carolina Jasmine Rice

\$26.99

With Club Card. Limit 4 Offers.



4.47-7.23 Oz Pkg Assorted
Quaker Rice Cakes

\$3.49

With Club Card. Limit 4 Offers.



14-16 Oz Bag Assorted
Pepperidge Farm Swirl Bread

\$3.49

With Club Card. Limit 4 Offers.



67.6 Fl Oz Btl Assorted Varieties
Coca-Cola 2 Liters

2/\$5

Plus Deposit Where Applicable.



144 Fl Oz Pkg ... 12 Oz Cans Assorted Varieties
Pepsi or Schweppes 12 Packs

\$7.99

Plus Deposit Where Applicable.



32 Fl Oz Cont Assorted
Pacific Organic Soup

2/\$7

With Club Card. Must Buy 2.



NATURAL, ORGANIC OR PLANT BASED

8 Fl Oz Btl
Golden Blossom Organic Maple Syrup

\$6.49

With Club Card. Limit 4 Offers.



24.5 Fl Oz Refill Can or 25.3 Fl Oz Btl
Graza Sizzle Extra Virgin Olive Oil

\$12.99

With Club Card. Limit 4 Offers.



16 Count Box Assorted
Traditional Medicinals Tea Bags

\$4.99

With Club Card. Limit 4 Offers.



16 Oz Jar Assorted
Rao's Soup

\$4.99

With Club Card. Limit 4 Offers.



Garden Of Life Vitamins & Proteins

50% OFF!



6.3-6.7 Oz Jar
Tonnino Tuna Fillets

\$7.99



34 Fl Oz Btl
Colavita Oil

\$16.99



Solgar Vitamins & Supplements

50% OFF!



Coated With Brown Sugar Spice For A Sweet Flavor
Hormel Virginia Ham

\$7.99
lb Sliced To Order

Smoked, Garlic Flavor Made From Select Cuts of Pork & Beef
Magnifico Hard Salami

\$8.99
lb Sliced To Order

Store Prepared
Crunchy Vegetable or Broccoli Crunch Salad

\$6.99
lb **YOUR CHOICE!** **LENTEN SALADS**

6 Oz Pkg Assorted
Issa's Baked Pita Chips

2/\$7

10 Oz Cont Assorted
Boar's Head® Hummus Cups

\$3.99

Irish Organic Smoked Salmon

\$19.99
1/2 lb Sliced To Order **USDA ORGANIC**

Wunderbar Wide Bologna

\$3.99
lb Sliced To Order

Our Own Store Seasoned
Rare Eye Round Roast Beef

\$15.99
lb Sliced To Order

8.2-8.6 Oz Pkg Italian Style, Chicken Caesar or Buffalo Chicken Style
Grab & Go Wraps

\$7.99

9.35 Oz Bag Organic Original or 14 Oz Bag ... Original, Garlic Parm or Everything
Snack Factory Pretzel Crisps

\$5.99

8 Oz Pkg ... Keto
Nathan's Alaskan Salmon

\$12.99

3 Oz Pkg
Blue Hill Bay Alaskan Black Cod

\$9.99

CHEESES OF THE WORLD

7 Oz Pkg ... Imported Assorted
Kerrygold Cheese Wedges

\$4.99

7 Oz Pkg Classic or Barrel Aged
Greco Greek Feta Cheese

\$4.99

7 Oz Pkg ... Aged 3 Years Extra Sharp Yellow or Aged 2 Years White
Black Creek Cheddar

\$4.99

6 Oz Pkg ... Imported Winery or Rosey
Solera Goat Cheese Cuts

\$8.99

European Tradition For A Mild, Buttery Flavor That Melts In Your Mouth Store Cut
King's Choice Red Waxed Gouda

\$8.99
lb Sold By The Piece

FROM OUR CHEF PREPARED KITCHEN

Avg 20 Oz
Corned Beef & Cabbage Dinner

\$17.99
Serves 2

Avg 16 Oz With Roasted Potatoes & Asparagus
Grilled Salmon

\$11.99

Creamy, Garlic Parmesan or Loaded
Mashed Potato

\$5.99
ea

Perfect For The Celebration Of St. Patrick's Day 24 Oz Pkg
Blount's Family Kitchen Beef Shephard's Pie

\$10.99

Available In The Chicken Warmer From No Antibiotics Ever Fed Chickens
Perdue Chicken Leg Quarters

\$2.99
lb

BAKERY

16 Oz Pkg
Baked Irish Soda Bread

\$4.99

10 Oz Pkg Vanilla & Chocolate
St. Patrick's Day Decorated Mini Cupcakes

\$4.99

5 Count Pkg ... Apple, Cherry, Peach or Raspberry
Fruit Filled Mini Turnovers

\$3.99

Store Decorated 7"
St. Patrick's Day Cake

\$19.99
ea

KOSHER CERTIFIED

6 Count Pkg ... Chocolate or Vanilla Butter Creme
St. Patrick's Day Cupcakes

\$8.99

DAIRY

7.5 Oz Cont ... With Olive Oil or 8 Oz Pkg Naturally Softer Tub or Salted or Unsalted: Sticks or Brick
Kerrygold Butter

\$4.99 **YOUR CHOICE!**

52 Fl Oz Cont Assorted
Florida's Natural Juice

2/\$7
With Club Card. Limit 4 Offers. Must Buy 2.

64 Fl Oz Cont Assorted Aides or
Turkey Hill Iced Tea

\$1.99
With Club Card. Limit 4 Offers.

4.5-5.3 Oz Cont ... Assorted Blended, Fruit on The Bottom, Less Sugar or Zero Sugar (Excludes: Flips & Creations)
Chobani Greek Yogurt

4/\$5 **MIX OR MATCH!**

16 Oz Pkg ... 1/4 Lb Sticks Salted or Unsalted
Hotel Bar Butter

\$3.99

3.5 Oz Pkg ... Garlic Herb or Cinnamon & Sugar
Kerrygold Butter Sticks

\$2.99

15 Oz Cont
Land O Lakes Plant Based Butter

\$2.99

16 Oz Pkg ... Prepped: Yellow American or Regular: Yellow, White, Extra Thick or Extra Thin (Excludes: Fat Free)
Kraft Singles

\$4.99

16 Oz Brick Pack
Philadelphia Cream Cheese Bars 2 Pack

\$5.99
With Club Card. Limit 4 Offers.

11.5 Oz Cont
Temp Tee Whipped Cream Cheese

\$6.99

40-48 Fl Oz Btl Assorted
Starbucks Iced Coffee

\$6.99

64 Fl Oz Cont Assorted
International Delight Creamers

\$6.99

1 Dozen Crtn Grade A Free Range Assorted
Nellie's Large Brown Eggs

\$4.99

64 Fl Oz Cont Whole or 2%
Organic Valley DHA Omega 3 Milk

\$5.99 **USDA ORGANIC**

16 Oz Cont 5% Milkfat
Fage Total Greek Yogurt

\$3.49

FROZEN

• 9.3 Oz Box Cinnamon French Toast Minis
• 12.7 Oz Box ... Cinnamon or Original French Toast Sticks Assorted:
• 8-14.8 Oz Box ... Pancakes
• 10.75-12.3 Oz Box (Excludes: Thick & Fluffy)
Eggo Waffles

2/\$5
With Club Card. Limit 2 Offers. Must Buy 2.

9-10.3 Oz Pkg Assorted Café or Simply
Healthy Choice Steamers

2/\$5
With Club Card. Limit 4 Offers. Must Buy 2.

10.6 Fl Oz Box ... Strawberry or Peach Yogurt Bars or 14.7 Fl Oz Box ... Assorted
Outshine Fruit Bars

2/\$7
With Club Card. Limit 2 Offers. Must Buy 2.

16 Fl Oz Cont (Excludes: Layers) Assorted Sorbetto or
Talenti Gelato

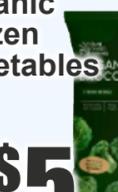
2/\$8
With Club Card. Limit 2 Offers. Must Buy 2.

14-28 Oz Pkg ... Assorted Arby's, Checker's, Nathan's or Red Robin
Restaurant Brand Fries or Onion Rings

2/\$8
With Club Card. Limit 2 Offers. Must Buy 2.

12-14 Oz Box Assorted (Excludes: Gluten Free)
Amy's Pizza

\$8.99

10 Oz Pkg ... Assorted Veggie Patties or Boca Veggie Burgers
Boca Veggie Burgers

\$4.99

Sun River Organic Frozen Vegetables

2/\$5 **USDA ORGANIC**

15 Oz Box Hot or Regular
Tower Isle's Jamaican Style Beef Patties

\$5.99

6.49-11.5 Oz Box Assorted
Smart Ones Entrées

6/\$10
With Club Card. Limit 4 Offers. Must Buy 6.

12-16 Oz Pkg ... Assorted (Excludes: Raspberries, Açai Bowls, Organic & Tubs)
Dole Fruit

2/\$9

USDA Choice
Beef Chuck For Stew



\$6.99
lb Family Pack
3 Lbs or More

Fresh
Baby Back Pork Ribs



\$4.99
lb

Blade Bone
Fresh American Shoulder Veal Chops



\$8.99
lb

USDA Government Inspected
Store Made
Thin Sliced Chicken Cutlets



\$4.59
lb Family Pack

Harvestland
Organic Chicken Drumsticks



\$2.69
lb

USDA Choice Beef Boneless:
• **Top Chuck Steaks**
• **Round For Cube Steak**



\$7.99
lb Family Pack

Sliced
Spareribs For Riblets



\$3.99
lb Family Pack

16 Oz Pkg Sweet or Hot
Premio Italian Sausage



\$4.99
lb

Grade A
Perdue Boneless Chicken Thighs



\$3.99
lb

12 Oz Box ... All Natural
Gluten Free ... Coconut
Bell & Evans Chicken Tenders



2/\$10

Boneless
Beef Round For Stir Fry



\$7.99
lb

Bone In
Country Style Pork Ribs



\$2.49
lb

22-24 Oz Pkg Assorted
Perdue Air Fryer Ready Chicken



\$9.99
lb

Grade A
Thin Sliced or Tenderloins
Perdue Boneless Chicken Breasts



\$4.99
lb

3 Lb Family Pack
Butterball 85% Lean Ground Turkey



\$12.99
lb

FRESH SEAFOOD

Farm Raised
Tilapia Fillet



\$5.99
lb

Wild
Tuna Steaks



\$9.99
lb

2 Lb Bag 31-40 Count Per Lb
Peeled ... Tail On
AquaStar Cooked Shrimp



\$19.99
lb

12 Oz Bag
BacalaRico Salted Pollock Fillets



\$3.99
lb

Wild
Jumbo Gulf Shrimp



\$14.99
lb

PRODUCE

Large
Beefsteak Tomatoes



99¢
lb

1 Lb Cont Ripe
Red Strawberries



\$1.99
lb

Honeyglow Pineapples



\$2.99
ea

3 Lb Bag
Seedless Clementines



\$3.99
lb

Organically Grown
1 Lb Cont ... Ripe
Red Strawberries



\$3.99
lb

Organically Grown
6 Oz Cont ... Fresh
Blackberries



2/\$5

8 Oz Pkg
Fresh Figs



\$4.99
lb

California
Extra Large
Navel Oranges



3/\$5

Extra Large
Ruby Red Grapefruit



2/\$4

Yellow Peaches



\$2.99
lb

2 Lb Bag New York State ... Extra Fancy
Ruby Frost Apples



\$3.99
lb

2 Lb Bag US #1
Yellow Lemons



\$4.99
lb

8 Oz Pkg Whole or Sliced
Giorgio Baby Bella Mushrooms



2/\$5

Fresh
Brussels Sprouts



\$2.99
lb

Fancy ... Green
Zucchini Squash



\$1.99
lb

16 Oz Bag Assorted
Glory Foods Greens



\$3.99
lb

16.5 Oz Cont ... Value Size
Cherubs or Constellation
NatureSweet Tomatoes



\$5.99
lb

11 Oz Cont ... Family Size
Assorted
Fresh Attitude Salads



\$5.99
lb

US #1
Green Giant Idaho Baking Potatoes



99¢
lb

US #1 North Carolina
Sweet Potatoes



\$1.29
lb

46 Fl Oz Btl ... Assorted
Naked Fruit & Vegetable Juice



\$6.99
btl

16 Fl Oz Btl
GT's Kombucha



2/\$7

2 Fl Oz Btl
+GNGR Shots



\$3.99
btl

12 Fl Oz Btl
Cane'd Sugarcane Juice



3/\$10

33.8 Fl Oz Btl
C2O Organic Coconut Water



\$4.99
btl

Organically Grown

Organically Grown Northwest ... Extra Fancy
Gala Apples



\$2.49
lb

Organically Grown Northwest ... Extra Fancy
Fuji Apples



\$2.49
lb

Organically Grown
6 Count Bag
Small But Mighty!
Mission Mini Avocados



\$3.99
bag

Organically Grown
6 Oz Cont ... Fresh
Blackberries



2/\$10

Organic Red Quinoa



\$3.99
lb

Organically Grown
2 Lb Bag US #1
Yellow Lemons



\$5.99
lb

Organically Grown
3 Lb Bag
Navel Oranges



\$7.99
lb

Organically Grown
Dry Pint Cont
Grape Tomatoes



3/\$10

Organically Grown
3 Lb Bag ... US #1
Russet Potatoes



\$3.99
lb

Organic White Quinoa



\$3.99
lb