

125
points
value of \$1

4.99
ea.

Häagen-Dazs
Strawberry
Vanilla
Ice Cream

Häagen-Dazs
Vanilla
Ice Cream

Häagen-Dazs Ice Cream
Vanilla Caramel, Strawberry
Caramel, Vanilla
Caramel
Ice Cream

**OPEN FOR
MORE SAVING**

EASTER
ESSENTIALS

New! Single
Balderson Soft Meat or
Balderson
Cheddar
Cheese 10 - 20%
OFF! (SEE SIGN)
Cantaloupe
New! Single or 2
Balderson
Cheddar
Cheese 10 - 20%
OFF! (SEE SIGN)

5⁹⁹
ea.



Front Street Bakery
Hot Cross Buns
100 g (3.5 oz)
Bakery del Gusto
Front Street Bakery
100 g (3.5 oz)

125
points
value of \$1

3⁹⁹
ea.



Kicking Horse
Coffee 100% Arabica
Cafe Kicking Horse
100% Arabica Selections

125
points
value of \$1

14⁹⁹
ea.



Lactantia Cream
100% Fat
Creme Lactantia
100% Fat Selections

3⁴⁹
ea.



Lindt Easter Bunny Chocolate
100% Swiss Milk Chocolate
100% Swiss Milk Chocolate
100% Swiss Milk Chocolate

6⁹⁹
ea.



pick Ontario
Fresh Cut Tulips
100% Fresh Cut Tulips
100% Fresh Cut Tulips
100% Fresh Cut Tulips

12⁹⁹
ea.

12 STEM



Shop these and more in-store or online

de viande
de 500-600 g
de 100-200 g

899
ea.



**Irresistible Puff Pastry Pack,
Gourmet Sausage
Pastry or Chicken Bites**
92209, 432 - 462 g

**Feuilletés, saucisses
gourmandes feuilletées ou
pouchées de poulet Irresistible**
92211, 432 - 462 g

899
ea.



irrésistible Battered
Cauliflower Bites,
Sausage Rolls or
Loaded Potato Tots
800.24.223.433

5⁹⁹
ea.



irrésistible
Cheese Sticks
RIGID, 325 - 400 g
SÉLECTIONNÉES

Bûchettes de fromage
irrésistible
RIGID, 325 - 400 g
SÉLECTIONNÉES

5⁹⁹
ea.



resistible
Coconut Shrimp
64 g DR
Breaded Calamari
100 g, FROZEN
Crevettes à la
noix de coco
résistible

10⁹⁹
ea.



irrésistibles
Pacific White
Shrimp Ring
REGION 312 g
Couronne
irrésistibles de
crevettes blanches
du Pacifique

10⁹⁹
ea.



\$ New Lower Prices



2 for \$7.00



3 for \$10.00



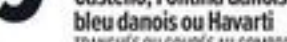
3 for \$3.99



3 for \$3.99



3 for \$3.99



3 for \$3.99

Smartfood
 Mac & Cheese
 Cheddar Cheese
 5.49 ea.

CEDAR VALLEY
 Mac & Cheese
 Cheddar Cheese
 4.99 ea.

CRETONS
 Mac & Cheese
 Cheddar Cheese
 5.49 ea.

Ketchup
 Heinz
 5.49 ea.

Mustard
 Heinz
 5.49 ea.

[illegible][illegible]

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16⁹⁹
ea.
SAVE UP TO
\$6

22⁹⁹*
ea.
BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2⁹⁹
ea.
SAVE UP TO
\$1.80

4⁷⁹*
ea.
LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5⁹⁹
ea.
SAVE UP TO
\$2

7⁹⁹*
ea.
IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$1

4⁹⁹*
ea.
TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12⁹⁹
ea.
SAVE UP TO
\$7

19⁹⁹*
ea.
IRRESISTIBLES
COFFEE CAPSULES
30 ml
SELECTED VARIETIES



NOW
4⁹⁹
ea.
SAVE UP TO
\$1.50

6⁹⁹*
ea.
EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce



1.99
/lb

Large Seedless Blood Oranges
Product of U.S.A.
Grosse orange sangre sans pépins
Produit des É.U.A.



4.99
ea.

Strawberries
Product of U.S.A.
Fraises



1.69
/lb

Sweet Potatoes
Product of U.S.A.
Patates douces



2.99
/lb

Heirloom Tomatoes
Product of U.S.A.
Tomates



3.99
/lb

Onion Chives
Product of U.S.A.
Chives d'oignon



1.99
/lb

Large Red Prince Apples
Product of U.S.A.
Grandes pommes rouges



4.99
ea.

French Beans
Product of U.S.A.
Haricots verts



3.49
ea.

Green Lettuce
Product of U.S.A.
Laitue



4.99
ea.

Black Mission Figs
Product of U.S.A.
Figs noirs



5.99
/lb

Cotton Candy Grapes
Product of U.S.A.
Raisins coton candy



99¢
/lb

Green Cabbage
Product of U.S.A.
Chou vert



3.99
/lb

Broccoli Sprouts
Product of U.S.A.
Choux de Bruxelles



3.99
ea.

Golden Wonder Potatoes
Product of U.S.A.
Patates douces



2.49
/lb

Large Bartlett Pears
Product of U.S.A.
Groses poires Bartlett



3.99
ea.

Mini Cucumbers
Product of U.S.A.
Mini courgettes



2.49
/lb

Green Zucchini
Product of U.S.A.
Courgettes vertes



7.99
ea.

Sweet Baby Broccoli
Product of U.S.A.
Brocoli



3.99
ea.

Meyer's Lemon
Product of U.S.A.
Citron Meyer



4.99
ea.

Cabot Sweet Potatoes
Product of U.S.A.
Patates douces



3.79
ea.

Belle Grove Maple Syrup
Product of U.S.A.
Sirop d'érable



5.99
ea.

Pistachios
Product of U.S.A.
Pistaches



5.99
ea.

Banana's Sweet Potato
Product of U.S.A.
Patate douce



2.99
ea.

Romaine Lettuce
Product of U.S.A.
Laitue romaine



2.49
ea.

Assorted Carrots
Product of U.S.A.
Carottes

Sliced & Diced



9.99
ea.

Pomegranate Tray
Product of U.S.A.
Tray de grenade



9.99
ea.

Strawberry Pomegranate Tray
Product of U.S.A.
Tray de fraises et grenade



14.99
ea.

Family Size Pasta Salad
Product of U.S.A.
Salade de pâtes



2.99
/lb

Organic Sweet Potatoes
Product of U.S.A.
Patates douces



4.99
ea.

Organic Asparagus
Product of U.S.A.
Asperges



5.99
ea.

Organic Yellow Fleshed Potatoes
Product of U.S.A.
Patates jaunes



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un.



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



11⁹⁹
ea.

CHRYSANTHEMUMS
6" POT
ASSORTED COLOURS

Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.

pick Ontario

NEW

YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

Butterball®
Chestnut Roasted
Turkey with
Sausage & Stuffing
6.55/kg
Precooked Butterball®
Turkey Breast
6.55/kg

12⁸⁸
/lb

BONELESS

Butterball® Prime Lean Chops
Value Pack of 8
12.71/kg

5⁹⁹
/lb

Longer de porc déossée
en morceaux économiques de 100 g
12.71/kg

PRIME

Butterball® Prime
Pork Tenderloin
12.71/kg

33⁹⁹
/lb

Pork Tenderloin
Steak or Roast
28.85/kg
Pork Tenderloin
Steak or Roast
28.85/kg

YORKSHIRE VALLEY

Organic
YORKSHIRE VALLEY
Organic
12.71/kg

7⁹⁹
/lb

Maple Leaf Prime Raised without Antibiotics Fresh Spin Chicken Wings
12.65/kg
Maple Leaf Prime Raised without Antibiotics Fresh Spin Chicken Wings
12.65/kg

125 points
value of \$1

6⁸⁸
/lb

7⁹⁹
/lb

Butterball® Prime
Pork Tenderloin
12.71/kg

100% CANADIAN
100% CANADIAN
28.85/kg

12⁹⁹
/lb

19⁹⁹
/lb

Butterball® Prime
Pork Tenderloin
12.71/kg

I earn with moi rewards

Schneider's Breakfast
Egg Bag
10.99/kg
Schneider's Breakfast
Egg Bag
10.99/kg

5⁹⁹
ea.

Maple Leaf Sausage Meat
10.99/kg
Chop à saucisse Maple Leaf
10.99/kg

6⁹⁹
ea.

Loaf's
Pasta
10.99/kg
Loaf's
Pasta
10.99/kg

7⁹⁹
ea.

Insatiable
Pasta
10.99/kg
Insatiable
Pasta
10.99/kg

5⁹⁹
ea.

Fletcher's
Pork Chops
10.99/kg
Fletcher's
Pork Chops
10.99/kg

4⁹⁹
/lb

Montana's
Pork Chops
10.99/kg
Montana's
Pork Chops
10.99/kg

8⁹⁹
ea.

Kelseys
Pork Chops
10.99/kg
Kelseys
Pork Chops
10.99/kg

12⁹⁹
ea.

YORKSHIRE VALLEY
Pork Chops
10.99/kg
YORKSHIRE VALLEY
Pork Chops
10.99/kg

19⁹⁹
ea.

Entertaining Favourites

WATSON RIDGE
Chicken Balls
10.99/kg
WATSON RIDGE
Chicken Balls
10.99/kg

5⁹⁹
ea.

Maple Lodge Ultimate
Chicken Balls
10.99/kg
Maple Lodge Ultimate
Chicken Balls
10.99/kg

5⁹⁹
ea.

Johnsonville
Sausages
10.99/kg
Johnsonville
Sausages
10.99/kg

6⁹⁹
ea.

Insatiable
Pasta
10.99/kg
Insatiable
Pasta
10.99/kg

12⁹⁹
ea.

PRIME
Maple Leaf Prime
Pork Chops
10.99/kg
PRIME
Maple Leaf Prime
Pork Chops
10.99/kg

9⁹⁹
ea.

Maple Leaf Prime
Pork Chops
10.99/kg
Maple Leaf Prime
Pork Chops
10.99/kg

9⁹⁹
ea.

Schneider's
Pasta
10.99/kg
Schneider's
Pasta
10.99/kg

12⁹⁹
ea.

YORKSHIRE VALLEY
Pork Chops
10.99/kg
YORKSHIRE VALLEY
Pork Chops
10.99/kg

15⁹⁹
ea.

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g

8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g

7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g

8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g

8⁹⁹
ea.



7⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea.

IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Shop
these and
more in-store
or online

Seafood

9⁹⁹
/lb

Wild Caught Atlantic Cod Fillet
Poisson d'Atlantique Fillet, 2.2 lb (1 kg)
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

12⁹⁹
/lb

Fresh Canadian Wild Fillet Value Pack
Poisson d'Atlantique Fillet, 2.2 lb (1 kg)
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

4⁹⁹
ea.

2 Pcs Sole with Stuffing
Sole 2 Pcs avec farce
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

5⁹⁹
ea.

Fresh Canadian Cove Organic Shrimp
Poisson d'Atlantique Shrimp
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

6⁹⁹
/lb

Fresh Pasta Clams
Poisson d'Atlantique Clams
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
/lb

Stone Made Seafood Salad
Salade de poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
ea.

BACCALA White Squid Calamari Entier
Calamari d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

13⁹⁹
ea.

Charbon Brand Salted Cod Fish
Poisson d'Atlantique Salé
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

13⁹⁹
ea.

Ocean Jewel White Mediterranean Sea Fish
Poisson d'Atlantique Méditerranéen
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

49⁹⁹
/lb

King Crab
Crabe royal
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

6⁹⁹
ea.

Invisitable Unopened Spiced Rings
Anneaux d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
ea.

Invisitable Cooked Pacific White Shrimp
Poisson d'Atlantique Shrimp
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

9⁹⁹
ea.

Invisitable Seafood Medley
Mélange de poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

10⁹⁹
ea.

Invisitable Crab Cake Casserole
Casserole de crabe
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

Deli Favourites

2⁹⁹
/100 g

Maple Lodge Chicken Breast
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

2⁹⁹
/100 g

Shawarma Chicken or Grilled Ham
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

1⁹⁹
/100 g

Krimos Traditional Feta Cheese
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

1¹⁹
ea.

Spartan Softened Cheese
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

5⁴⁹
ea.

Pizzeria Belladonna Pizzas
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

7⁴⁹
ea.

Braniff Sausage Chub
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

6⁹⁹
ea.

Ricotta Cheese
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

5⁹⁹
ea.

Celebrity Cheese Milk Cheese
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

10⁹⁹
ea.

Marz Angelos Calabrese Salami
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

11⁹⁹
ea.

Marz Angelos Prosciutto or Antipasto Quiche Tray
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

12⁹⁹
ea.

4 MINI BURRATA
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

4⁹⁹
ea.

New York Style Bagel Crisps
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

3⁹⁹
ea.

Tzatziki Hummus or Dip
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

7⁹⁹
ea.

Sabatini's Quiche Tranche
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
ea.

Swiss Chalet Chicken Poulet
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁰⁰
ea.

Fresh 2 Go Fresh Pasta
Poisson d'Atlantique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTHWELL
CHEESE
170g
SELECTED VARIETIES

999
ea.
ZERITO
MOZZARELLA
250g
SELECTED VARIETIES

549
/100 g
COOMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
240g

2200
ea.
TRE STELLE
BURRATA CHEESE
475g
2 for 22.00
or 14.99 ea.

1499
ea.
TRE STELLE
MASCARPONE CHEESE
475g

699
ea.
PRESIDENT
OR BALDERSON
SPREADABLE CHEESE
105g x 200g
SELECTED VARIETIES

1799
ea.
INESISTIBLE
BRIE
500g

329
/100 g
BALDERSON
CHEDDAR
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

479
/100 g
L'EXTRA
DOUBLE CHEDDAR
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63/100g

1099
ea.
OKA CHEESE
1099g
SELECTED VARIETIES

Lemon Treats

Front Street Bakery
Lemon Meringue Pie
12 1/2

6⁹⁹
ea.

Front Street Bakery
Tarte Front Street Bakery
au citron meringue
12 1/2

21⁹⁹
ea.

Front Street Bakery
Lemon Poppy Seed
Coffee Cake 12 1/2
Savory lemon cake
incrustée au citron
à garnir de pavé 12 1/2

10⁹⁹
ea.

Front Street Bakery
Lemon Danish
12 1/2

5⁹⁹
ea.

Front Street Bakery Lemon Danish
12 1/2

7⁹⁹
ea.

Front Street Bakery
Lemon Danish
12 1/2

3⁶⁹
ea.

Strawberry Delights

Front Street Bakery
Strawberry Cheesecake
12 1/2

22⁹⁹
ea.

Front Street Bakery
Strawberry Cheesecake
12 1/2

31⁹⁹
ea.

Front Street Bakery
Triple Strawberry Cheesecake
12 1/2

22⁹⁹
ea.

Front Street Bakery
Triple Strawberry Cheesecake
12 1/2

22⁹⁹
ea.

Front Street Bakery
Strawberry Cheesecake
12 1/2

8⁴⁹
ea.

Front Street Bakery
Strawberry Cheesecake
12 1/2

5⁹⁹
ea.

Front Street Bakery
Strawberry Cheesecake
12 1/2

4⁹⁹
ea.

Front Street Bakery
Strawberry Cheesecake
12 1/2

5⁹⁹
ea.

Meal Essentials

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
12 1/2

1⁹⁹
ea.

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600-700g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400-480g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000g

10⁹⁹
/lb

STORE-MADE
DIPS
200-500g

5⁹⁹
ea.

STORE-MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28-30 PIECE, 2.20/100g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600-700g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1.00
ORDER IN-STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET-LOADING
CHARCUTERIE
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
GORGONZOLA WORLD
CHEESE PLANK
1.00

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDER'S
SMOKED HAM
600-700g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HAM
JAMBON FUME
DESSEINÉ
1.4kg
1.4kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.





1.99 ea.
STOVE TOP
DINDIE
1.5L
SELECTED VARIETIES



1.99 ea.
STOVE TOP
CHICKEN
POULET
1.5L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED OYSTERS
1.5L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED MUSSELS
1.5L
SELECTED VARIETIES



99¢ ea.
CLUB HOUSE
BROWN GRAVY
1.5L
SELECTED VARIETIES



2.79 ea.
DOLE
CANNED PINEAPPLE
1.5L
SELECTED VARIETIES



6.49 ea.
BICK'S
PICKLES
1.5L
SELECTED VARIETIES



2.99 ea.
FRENCH
DIJON MUSTARD
1.5L
SELECTED VARIETIES



4.49 ea.
SARGOL
SARDINE OILS
1.5L
SELECTED VARIETIES



4.99 ea.
KELLOGG'S
RICE KRISPIES
CEREAL
1.5L
WHOLE SUPPLIES LAST



5.49 ea.
RICE KRISPIES
CEREAL
1.5L
WHOLE SUPPLIES LAST



4.99 ea.
PILLOWSY
EASTER COOKIES
1.5L
WHOLE SUPPLIES LAST



2.99 ea.
PLANTERS
TRAIL MIX
1.5L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
ORIGINAL BLEND
MELANGE
1.5L
SELECTED VARIETIES



7.49 ea.
OCEAN SPRAY
SPARKLING CRANBERRY
DRINK
1.5L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5L
SELECTED VARIETIES



2.99 ea.
SELECTION
SOUR CREAM
1.5L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
GROUND COFFEE
1.5L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5L
SELECTED VARIETIES



8.49 ea.
SELECTION
SHREDDED COCONUT
1.5L
SELECTED VARIETIES



3.99 ea.
ROBIN HOOD OR
PINE WOODS FLOUR
1.5L
SELECTED VARIETIES



2.99 ea.
REDPATH
BROWN SUGAR
1.5L
SELECTED VARIETIES



4.99 ea.
DAY LEA
WHIPPED CREAM
1.5L
SELECTED VARIETIES



2.99 ea.
SELECTION
SHREDDED COCONUT
1.5L
SELECTED VARIETIES

More Great Savings



Timothy's
Coffee Capsules 100 ea.



McCafé Instant
Coffee 100 ea.



Tetley Tea Bags
100 ea.



Dallmann's
Coffee Capsules 100 ea.



Whole Earth
Plant Based
Liquid Soap
569 ea.



Tropicana
Rejuvenated
Juice 549 ea.



Invisibobble
Woven Cracker 299 ea.



Invisibobble
Woven Cracker 15 ea.



Invisibobble
Woven Cracker 199 ea.



Diet Coke
499 ea.



M&M's
649 ea.



Lindt Swiss Classic
Chocolate Bar 1199 ea.



Pilsener Beer
1199 ea.



Busch Beer
1249 ea.



V8 V-Fusion
899 ea.



Sunny Margarine
299 ea.



Maison Penitence
899 ea.



Generous by Nature
699 ea.



Natrel
599 ea.



Ritz Crackers
299 ea.



Hellmann's
Mayonnaise 499 ea.



WIN 100 points



Kinder Surprise
649 ea.



Kinder Maxi
Chocolate 1299 ea.



Kinder Easter Plus
Chocolate 1399 ea.

Your one-hop shop

Metro has all your favourite Easter sweets & treats – hop to it!

WHILE QUANTITIES LAST



13⁹⁹ ea.
FERRERO ROCHER
EASTER CHOCOLATES
142, 162.5 g
SELECTED VARIETIES



4⁹⁹ ea.
TERRY'S ORANGE
EASTER CHOCOLATE
91 g
SELECTED VARIETIES



8⁴⁹ ea.
FERRERO
EASTER CHOCOLATE
175 g
SELECTED VARIETIES



2⁹⁹ ea.
PEEPS
EASTER CANDY
15 g
SELECTED VARIETIES



1⁷⁹ ea.
SELECTION
MILK CHOCOLATE RABBIT
100 g
SELECTED VARIETIES



5⁴⁹ ea.
REESE'S
CARROT EASTER
CHOCOLATE
158 g
SELECTED VARIETIES



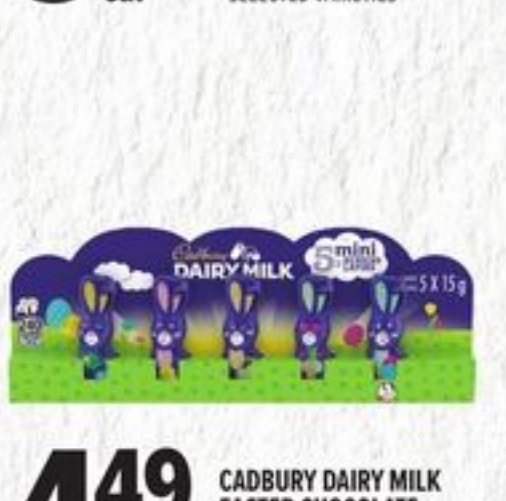
5⁴⁹ ea.
HERSHEY'S
EASTER CHOCOLATE
200, 220 g
SELECTED VARIETIES



4⁴⁹ ea.
IRRESISTIBLES
MINI EGGS
200 g
SELECTED VARIETIES



4⁴⁹ ea.
M&M'S
SOUR PATCH KIDS
EASTER CANDY
275 g
SELECTED VARIETIES



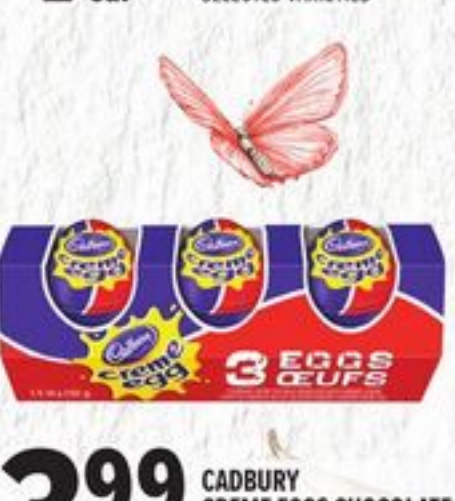
4⁴⁹ ea.
CABURY DAIRY MILK
EASTER CHOCOLATE
75 g
SELECTED VARIETIES



9⁹⁹ ea.
CABURY
MINI EGGS CHOCOLATE
400 g
SELECTED VARIETIES



6⁴⁹ ea.
CABURY MINI
ASSORTED OR CREME EGGS
154 g
SELECTED VARIETIES



3⁹⁹ ea.
CABURY
CREME EGGS CHOCOLATE
102 g
SELECTED VARIETIES



1²⁹ ea.
KIT KAT
AERO OR KIT KAT
EASTER CHOCOLATE
SELECTED VARIETIES



10⁹⁹ ea.
GHIRARDELLI
BUNNIES LAPINA
CARAMEL
110 g
SELECTED VARIETIES



6⁴⁹ ea.
FERRERO KINDER
EASTER EGG CHOCOLATE
100 g
SELECTED VARIETIES



2⁹⁹ ea.
FERRERO KINDER
EASTER CHOCOLATE
40 g
SELECTED VARIETIES



20⁹⁹ ea.
NESTLE
HIDE ME EGGS
EASTER CHOCOLATE
500 g
SELECTED VARIETIES



10⁴⁹ ea.
HERSHEY'S
EASTER EGG HUNT
CHOCOLATE
200 g
SELECTED VARIETIES



13⁹⁹ ea.
FERRERO
EGG HUNT KIT OR
PUZOS CHOCOLATE
116, 180 g
SELECTED VARIETIES

Spring into flavourful spirits

Complement your feast with favourite red & white wines, cold brews & cocktails.



FOLONARI
PINOT GRIGIO
delle Venezie



[yellow tail]
SHIRAZ

FOLONARI
PINOT GRIGIO OR
YELLOW TAIL SHIRAZ
750 ml
SELECTED VINTAGES

15⁴⁹
ea.



BASK
SAUVIGNON BLANC
750 ml



BASK
YELLOW TAIL
SHIRAZ
750 ml

BASK
SAUVIGNON WHITE WINE
750 ml

14⁴⁹
ea.



STONELEIGH
SAUVIGNON BLANC
750 ml



STONELEIGH
SAUVIGNON BLANC
750 ml

STONELEIGH
SAUVIGNON WHITE WINE
750 ml

20⁴⁹
ea.



Castello del Diavolo
CABERNET SAUVIGNON
750 ml



Castello del Diavolo
CABERNET SAUVIGNON
750 ml

CASTELLO DEL DIAVOLO
CABERNET SAUVIGNON
750 ml

14⁴⁹
ea.



WEINWE GROTZKY
DACO RED
750 ml



WEINWE GROTZKY
DACO RED
750 ml

WEINWE GROTZKY
DACO RED
750 ml

17⁴⁹
ea.



HEINEKEN
ORIGINAL
PILSENER BEER
500 ml



HEINEKEN
ORIGINAL
PILSENER BEER
500 ml

HEINEKEN
ORIGINAL
PILSENER BEER
500 ml

21⁹⁹
ea.



SAPPORO
PREMIUM LAGER
500 ml



SAPPORO
PREMIUM LAGER
500 ml

SAPPORO
PREMIUM LAGER
500 ml

19⁹⁹
ea.



STELLA ARTOIS
PILSENER BEER
500 ml



STELLA ARTOIS
PILSENER BEER
500 ml

STELLA ARTOIS
PILSENER BEER
500 ml

59⁹⁹
ea.



MILLER LITE
PILSENER BEER
500 ml



MILLER LITE
PILSENER BEER
500 ml

MILLER LITE
PILSENER BEER
500 ml

28⁹⁹
ea.



VODKA SODA
COTTAGE SPRINGS
VODKA SODA
8 x 355 mL



COTTAGE SPRINGS
VODKA SODA
8 x 355 mL

COTTAGE SPRINGS
VODKA SODA
8 x 355 mL

21⁹⁹
ea.



Coors
SELTZER
SLUSHIE
FLAVOURS
12 x 355 mL



Coors
SELTZER
SLUSHIE
FLAVOURS
12 x 355 mL

Coors
SELTZER
SLUSHIE
FLAVOURS
12 x 355 mL

31⁹⁹
ea.



Dillon's
GIN
VARIETY PACK
12 x 355 mL



Dillon's
GIN
VARIETY PACK
12 x 355 mL

Dillon's
GIN
VARIETY PACK
12 x 355 mL

33⁹⁹
ea.

Advertised prices are subject to change and exclude GST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See maps.cj for availability.

Complement your feast with favourite red & white wines, cold brews & cocktails.

BASK
SAUVIGNON WHITE WINE
750 ml
14⁴⁹
ea.

CASILLERO DEL DIABLO
CABERNET SAUVIGNON
750 ml
14⁴⁹
ea.

FOLONARI
PINOT GRIGIO OR
YELLOW TAIL SHIRAZ
750 ml
SELECTED VARIETIES
15⁴⁹
ea.

750 ml
2049
ea.

750 ml
1749
ea.

6 x 500 ml
2199
ea.

SELECTED VARIETIES:

289

19

59⁹⁹
ea.



319

21⁹⁹
ea.

3.99
ea.

**DILLON'S
GIN COCK
VARIETY**
12 x 355 ml

Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See metro.ca for availability.

[illegible]

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES FRO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON OR LA BELLA
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

ea.

SAFFRON
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERBERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

SEDA MOON OR
ARJUN BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

ea.

BIJAN'S
GHEE
500 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
400 g
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
100 g
SELECTED VARIETIES

8⁹⁹

ea.

AALOOBHAR OR CEDAR
TAKING OR
PHEENKA CHICKEN
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIYA
MAKHANA OR PHEENKA
500/500 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS Dahi, PHOENKA
OR CEDAR PHOENKA
400/500 g
SELECTED VARIETIES

3⁹⁹

ea.

DIYA LENTILS OR
BLACK CHICK PEAS
100 g
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIYA BAKED CHICKEN
OR BAKED CHICKEN
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

PARLE-G
KORMA
400 g
SELECTED VARIETIES

3⁹⁹

ea.

BUTTER CHICKEN
POULET AU BEURRE
400 g
SELECTED VARIETIES

3⁹⁹

ea.

CASABLANCA
ORIGINAL DANISH BUTTER
COOKIES
400 g

99¢

ea.

DIYA
OMBA
50 g
SELECTED VARIETIES

1⁶⁷

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
40 g
SELECTED VARIETIES

3⁴⁹

ea.

DIYA PICKLED
ONIONS OR FRIED ONIONS
50 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR LO
COOKIES
50 g
SELECTED VARIETIES

99¢

ea.

PARLE-G
BISCUITS
50 g
SELECTED VARIETIES

Item availability varies by store.



We take pride in sourcing locally from the
Northern Ontario Region.

**NORTH COUNTRY
PEPPERETTES**
454 g
SELECTED VARIETIES

8⁴⁹
ea.



**LEADBETTERS
WOOD FIRED BACON**
250 g
SELECTED VARIETIES

5⁹⁹
ea.



**HUBBERT'S
MAPLE SYRUP**
500 ml
SELECTED VARIETIES

10⁹⁹
ea.



**SAUGEEN COUNTRY
DAIRY**
908 g
SELECTED VARIETIES

5⁹⁹
ea.



**QUINTA
CANADIAN QUINOA**
400 g

6⁹⁹
ea.



**CRAZY GOOD
SPICES**
28 - 90 g
SELECTED VARIETIES

6⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES