

**This week's REWARD!** Located in the Deli!



AdvantagEmail™



**\$3.69** 8 oz

**President Pub Cheese**

Exclusive AdvantagEmail member price  
Sign up for weekly emails at [www.ingles-markets.com/amaill](http://www.ingles-markets.com/amaill)

# ingles

**LOW PRICES...  
LOVE THE SAVINGS!**

**FUEL FRIDAY! MAR 20<sup>TH</sup> 2026**

Activate this AdvantagEmail reward in this week's email to get the 4X Ingles Fuel Points.



**EARN 4X INGLES FUEL POINTS**

SIGN UP FOR AdvantagEmail™ at: [ingles-markets.com/amaill](http://ingles-markets.com/amaill) or SCAN HERE →

EXCLUSIONS & RESTRICTIONS APPLY • SELECT STORES ONLY • SEE STORE FOR DETAILS



**WHOLE BONELESS PORK LOIN**  
SAVE 2.20 Lb.

**\$2.28** Lb.



**WHOLE BEEF TENDERLOIN**  
Ingles Premium Certified **USDA Choice** Beef  
Average Weight 5-7 Lbs. (Filet Mignon)  
SAVE 8.00 Lb.

**\$15.98** Lb.



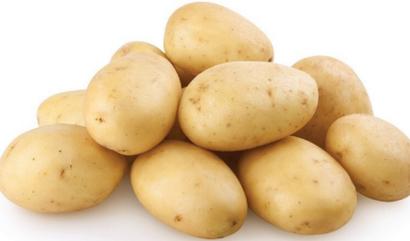
**DEL MONTE MAG CANTALOUPE**  
SAVE 2.00 ea.

**\$2.98** ea.



**BONELESS BEEF CHUCK ROAST**  
Ingles Premium Certified **USDA Choice** Beef  
SAVE 3.00 Lb.

**\$7.98** Lb.



**BUTTER GOLD POTATOES**  
3 Lb Bag  
SAVE 2.96 ON 2

**2/\$5** for 5



**TYSON FRESH BONE-IN SPLIT CHICKEN BREAST**  
Family Pack  
SAVE 1.00 Lb.

**\$1.98** Lb.



**MAYFIELD SELECTS ICE CREAM OR YOGURT**  
48 Oz. - Selected Varieties  
SAVE 5.36 ON 2

**2/\$8** for 8



**BOAR'S HEAD PITCRAFT SLOW SMOKED TURKEY BREAST**  
SAVE 1.00 Lb.

**\$14.49** Lb.



**STRAWBERRIES**  
1 Lb.  
SAVE 6.96 ON 2

**2/\$5** for 5



**LAND O'LAKES STICKS OR TUB BUTTER**  
13-16 Oz. - Selected Varieties  
SAVE UP TO 2.60

**\$2.98** ea.



**GREEN MOUNTAIN, DONUT SHOP, SWISS MISS, MCCAFÉ K-CUPS OR KRISPY KREME OR MCCAFÉ BAG COFFEE**  
10 Count Or 12 Oz. - Selected Varieties  
SAVE UP TO 9.60

**\$6.98** ea.



**GENERAL MILLS CEREAL**  
8.9-14.6 Oz. - Selected Varieties  
SAVE UP TO 2.70

**\$2.98** ea.



**THOMAS' ENGLISH MUFFINS**  
6 Count - Selected Varieties  
SAVE 5.69 ON 2

**BUY ONE FREE GET ONE**

**Weekly Digital Deals!** [shop.ingles-markets.com](http://shop.ingles-markets.com) → **Start Clipping Today!**



**LAURA LYNN™ PEANUT BUTTER STUFFED PRETZEL NUGGETS**  
24 Oz.

**\$4.98** with **-1.50** Load to Card Coupon  
**3.48** FINAL PRICE with Coupon ea. Limit 1 per coupon



**DEL MONTE GOLDEN POTATOES**  
5 Lb. Bag

**\$4.98** with **-2.00** Load to Card Coupon  
**2.98** FINAL PRICE with Coupon ea. Limit 1 per coupon



**QC ALLERGY RELIEF**  
30 Count - Selected Varieties

**\$4.98** with **-2.00** Load to Card Coupon  
**2.98** FINAL PRICE with Coupon ea. Limit 4 per coupon



**QUILTED NORTHERN ULTRA SOFT & STRONG BATH TISSUE**  
6 Count - Mega Roll

**\$6.98** with **-1.50** Load to Card Coupon  
**5.48** FINAL PRICE with Coupon ea. Limit 4 per coupon

**Sip, Snack And Save!**



**PEPSI GROUP OF PRODUCTS**  
6 Pack Bottles  
Limit 1 Transaction  
SAVE UP TO 26.94 ON 5  
**BUY 2, GET 3 FREE**

Quantities Less Than 5 will be 8.98 ea.



**LAY'S POTATO OR CANTINA TORTILLA CHIPS**  
5-13 Oz. - Selected Varieties (Excludes Party Size)  
SAVE 3.58 ON 2

**2/\$5** for



**PEPSI GROUP OF PRODUCTS**  
2 Liter  
Limit 3  
SAVE UP TO 5.94 ON 3  
**3/\$6** for 6

When You Buy 3 FINAL COST Quantities Less Than 3 will be 3.98 ea.

NONE SOLD TO DEALERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PHOTOGRAPHIC ERROR

WE ACCEPT: 

UP TO 50¢ DOUBLE COUPONS EVERY DAY

**ingles**  
**ONE TEAM... ONE COMMUNITY...  
Help Someone In Need!**

Prices Good Wednesday, March 18 Through Tuesday, March 24, 2026

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
18 MAR	19 MAR	20 MAR	21 MAR	22 MAR	23 MAR	24 MAR

# Produce



RED RIPE TOMATOES ON THE VINE  
SAVE 1.50 Lb.

**\$1.48**  
Lb.



COTTON CANDY GRAPES  
SAVE 2.50 Lb.

**\$3.48**  
Lb.



ORGANIC WRAPPED BROCCOLI CROWNS  
1 Lb.  
SAVE 3.00 ea.

**\$2.98**  
ea.



LOCAL VIDALIA SWEET ONIONS  
SAVE .96 ON 2

**2/\$3**  
for



BUTTER GOLD POTATOES  
3 Lb Bag  
SAVE 2.96 ON 2

**2/\$5**  
for



DEL MONTE AVOCADOS  
4 Count Bag  
SAVE 2.96 ON 2

**2/\$5**  
for



YO QUIERO! SALSA  
All Varieties  
SAVE .50 ea.

**\$1.88**  
ea.



ORANGE TWIST BOUQUET  
SAVE 2.00 ea.

**\$10.98**  
ea.

INGLES IS NOT RESPONSIBLE FOR SUPPLIER SHORTAGES

# Bakery



LA BREA ROSEMARY OLIVE OIL ROUND LOAF  
SAVE .50 ea.

**\$5.08**  
ea.



JOSEPH'S WHOLE WHEAT MINI PITA BREAD  
8 Oz.  
SAVE 1.60 ea.

**\$2.38**  
ea.



INGLES SELECT SAN FRANCISCO SOURDOUGH BREAD  
19 Oz.  
SAVE .60 ea.

**\$4.38**  
ea.



ENGLISH TOASTING BREAD  
SAVE .50 ea.

**\$3.28**  
ea.



SLICED CRÈME CAKE  
16 Oz. - Selected Varieties  
SAVE .50 ea.

**\$5.98**  
ea.



3" TARTS  
2 Count  
SAVE .50 ea.

**\$5.48**  
ea.



ANGEL FOOD CAKE  
SAVE .50 ea.

**\$7.48**  
ea.



CHOCOLATE COVERED DONUTS  
12 Count  
SAVE .50 ea.

**\$8.48**  
ea.

# Deli



Ingles Premium Select Muenster Cheese  
**\$7.99** Lb.  
Save 1.00 Lb.

INGLES PREMIUM SELECT OVEN ROASTED, BUFFALO OR APPLEWOOD SMOKED CHICKEN  
SAVE 1.00 Lb.

**\$10.49**  
Lb.



3 Pack Combo Sandwiches  
**\$9.49** ea.  
Save .50 ea.

BAKED POTATO SALAD  
SAVE 1.00 Lb.

**\$5.99**  
Lb.



PANERA SOUP  
32 Oz. - Selected Varieties  
SAVE 3.00 ea.

**\$8.99**  
ea.



Firehook Organic Baked Crackers  
5.5 Oz. - Selected Varieties  
**\$7.29** ea.  
Save 1.20 ea.



ITHACA HUMMUS  
Selected Varieties  
SAVE 1.70 ea.

**\$3.79**  
ea.



Beemster Dutch Mild Gouda  
**\$14.99** Lb.  
Save 1.00 Lb.

BELGIOIOSO SHARP PROVOLONE  
SAVE 1.50 Lb.

**\$12.49**  
Lb.



GALBANI MARINATED CILIEGINE CUP  
12 Oz.  
SAVE 1.30 ea.

**\$6.99**  
ea.



BLACK DIAMOND AGED 5 YEARS VINTAGE RESERVE CHEDDAR CHEESE  
SAVE 2.00 Lb.

**\$16.99**  
Lb.



Parrano Originale Cheese  
**\$21.99** Lb.  
Save 3.00 Lb.

ROTISSERIE CHICKEN  
Selected Varieties  
EVERYDAY LOW PRICE!

**\$6.98**  
ea.

# Organic & All Natural!



BUTTERBALL 85% GROUND TURKEY  
16 Oz. - All Natural  
SAVE 1.00 ea.

**\$4.68**  
ea.



SEA BEST ALL NATURAL SHRIMP  
16 Oz. - 26-30 Count - Cooked, Peeled & Deveined  
SAVE 1.80 ea.

**\$10.98**  
ea.



ORGANIC RED GRAPEFRUIT  
SAVE 1.52 ea.

**98¢**  
ea.



ORGANIC SWEET ONIONS  
SAVE 1.00 Lb.

**\$1.48**  
Lb.



PITAYA FOODS ORGANIC DRAGON FRUIT  
12 Oz.  
SAVE 1.20 ea.

**\$4.28**  
ea.



CASCADIAN FARM ORGANIC MIXED VEGETABLES  
16 Oz.  
SAVE .80 ea.

**\$3.98**  
ea.



HARVEST FARMS ORGANIC BROTH  
32 Oz. - Selected Varieties  
SAVE 1.00 ea.

**\$1.98**  
ea.



MARY'S ORGANIC GONE CRACKERS  
4 Oz. - Selected Varieties  
SAVE 3.10 ea.

**\$3.48**  
ea.

**ingles**

**LOW PRICES... LOVE THE SAVINGS!™**

# Meat & Seafood

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

Roasted Chicken Breast  
With Veggies

**SPRINGER**  
Mountain Farms

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

Pan Fried  
Crab Cakes  
& A Salad

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

SPRINGER  
MOUNTAIN FARMS  
BAGGED BREAST  
FILLET PORTIONS

24 Oz.  
SAVE 2.80 ea.  
**\$6.48**  
ea.



MARYLAND  
PREMIUM CRAB CAKES

4 Oz.  
SAVE 1.00 ea.  
**\$7.28**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

PERDUE  
PERFECT PORTIONS  
BONELESS CHICKEN BREASTS

24 Oz. Bag  
SAVE 2.70 ea.



**\$7.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

PLAINVILLE FARMS  
GROUND TURKEY  
94% Fat Free -  
16 Oz.

SAVE 1.70 ea.



**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

OSCAR MAYER  
FULLY COOKED BACON

2.52 Oz. -  
Original Or Thick Cut



**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

FRATELLI BERETTA  
ITALIAN SMALL PLATE

2-2.5 Oz. -  
Selected Varieties

SAVE 3.58 ON 2



**BUY ONE  
FREE  
GET ONE**

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

PERDUE  
CHICKEN  
SHORT CUTS

8 Oz. -  
Selected Varieties

SAVE 4.94 ON 3



**3/\$10**  
for

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

LAURA LYNN™  
BACON

16 Oz. -  
Regular

SAVE 1.50 ea.



**\$5.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

GORTON'S  
COD FISH STICKS  
OR FILLETS

14.6 Oz.  
SAVE 12.98 ON 2



**BUY ONE  
FREE  
GET ONE**

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

FRESH  
SALMON FILLET

SAVE 1.00 Lb.



**\$8.98**  
Lb.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

SASHIMI GRADE  
TUNA STEAKS

SAVE 1.00 Lb.



**\$8.38**  
Lb.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

CAROLINA  
RAW SHELL ON  
SHRIMP

2 Lb. Bag -  
31-40 Count

SAVE 3.30 ea.



**\$16.68**  
ea.

# Grocery

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

BORDEN  
SHREDDED  
OR SINGLES CHEESE

8-12 Oz. -  
Selected Varieties

SAVE 1.60 ea.



**\$1.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

CHOBANI  
20G PROTEIN YOGURT

4 Count - 26.8 Oz. -  
Selected Varieties

SAVE 4.30 ea.



**\$3.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

CHOBANI  
YOGURT

4 Count -  
Selected Varieties

SAVE UP TO 4.00



**\$3.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

:RATIO  
PROTEIN  
OR FIBER YOGURT

5.3 Oz. -  
Selected Varieties

SAVE 2.52 ON 4



**4/\$5**  
for

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

PILLSBURY  
CINNAMON ROLLS,  
CRESCENTS OR  
GRANDS! BISCUITS

8 Count -  
Selected Varieties

SAVE UP TO 2.30



**\$1.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

NEWMAN'S OWN  
PASTA SAUCE OR  
SALAD DRESSING

16-24 Oz. -  
Selected Varieties

SAVE UP TO 2.40



**\$2.48**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

MUELLER'S  
PASTA

12-16 Oz. -  
Selected Varieties

SAVE 4.12 ON 4



**4/\$5**  
for

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

KNORR  
SIDES

4-5.7 Oz. -  
Selected Varieties

SAVE 2.92 ON 4



**4/\$5**  
for

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

KRAFT  
MIRACLE WHIP

30 Oz. -  
Selected Varieties

SAVE 4.80 ea.



**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

HANOVER  
BEANS

15-15.5 Oz. -  
Selected Varieties

SAVE 1.58 ON 2



**BUY ONE  
FREE  
GET ONE**

**Ingles ADVANTAGE**  
Low Prices... Love The Savings!

PEANUT PATCH  
BOILED PEANUTS

13.5 Oz. -  
Selected Varieties

SAVE 1.88 ON 2



**BUY ONE  
FREE  
GET ONE**

**ingles**

**LOW PRICES... LOVE THE SAVINGS!™**

# Health & Wellness

**INGLES ADVANTAGE**  
**BAYER CHEWABLE LOW DOSE ASPIRIN**  
 36 Count - Orange Or Cherry  
 SAVE 2.16 ON 2



**INGLES ADVANTAGE**  
**LAURA LYNN™ PAIN RELIEF**  
 50-100 Count - Selected Varieties  
 SAVE UP TO 2.96 ON 2



**INGLES ADVANTAGE**  
**QC LAXATIVE, STOOL SOFTENERS OR GAS RELIEF**  
 60-160 Count - Selected Varieties  
 SAVE UP TO 3.50



**\$2.98 ea.**

## Savings On Every Aisle!

**INGLES ADVANTAGE**  
**GENERAL MILLS, CHEX MIX, GARDETTOS OR BUGLES**  
 7.5-8 Oz. - Selected Varieties  
 SAVE UP TO 3.56 ON 2



**INGLES ADVANTAGE**  
**CHICK-FIL-A, BUFFALO WILD WINGS OR SUBWAY SAUCE**  
 12-16 Oz. - Selected Varieties  
 SAVE UP TO 1.00



**INGLES ADVANTAGE**  
**DEER PARK WATER**  
 24 Pack - 16.9 Oz.  
 SAVE 2.50 ea.



**\$4.98 ea.**

**INGLES ADVANTAGE**  
**MOTT'S APPLE JUICE OR APPLESAUCE**  
 6 Count Or 64 Oz. - Selected Varieties  
 SAVE UP TO 1.80



**\$2.98 ea.**

**INGLES ADVANTAGE**  
**POST KIDS CEREAL**  
 10-12.5 Oz. - Selected Varieties  
 SAVE 4.98 ON 2



**BUY ONE FREE GET ONE**

**INGLES ADVANTAGE**  
**QUAKER INSTANT OATMEAL**  
 10.9-15.1 Oz. - Selected Varieties  
 SAVE 4.98 ON 2



**BUY ONE FREE GET ONE**

**INGLES ADVANTAGE**  
**PEPSI GROUP OF PRODUCTS**  
 10 Pack 7.5 Oz. Limit 2  
 SAVE UP TO 4.96 ON 2



**2/\$11** When You Buy 2  
 FINAL COST  
 Quantities Less Than 2 will be 7.98 ea.

**INGLES ADVANTAGE**  
**OREO COOKIES OR CAKESTERS OR NEWTONS**  
 7-14.03 Oz. - Selected Varieties  
 SAVE UP TO 5.56 ON 2



**2/\$7** for

**INGLES ADVANTAGE**  
**LIPTON PURE LEAF**  
 6 Pack 500 mL Where Available  
 SAVE UP TO 2.00



**\$6.98 ea.**

# Beer & Wine

**INGLES ADVANTAGE**  
**LAMARCA PROSECCO OR WHITEHAVEN SAUVIGNON BLANC**  
 750 mL  
 SAVE UP TO 8.81



**\$16.98 ea.**

**INGLES ADVANTAGE**  
**OYSTER BAY SAUVIGNON BLANC OR JOSH CELLARS FAMILY**  
 750 mL  
 Selected Varieties  
 SAVE UP TO 8.61



**\$12.98 ea.**

**INGLES ADVANTAGE**  
**DUPLIN OR CASILLERO DEL DIABLO FAMILY**  
 750 mL  
 SAVE UP TO 6.41



**\$7.48 ea.**

**INGLES ADVANTAGE**  
**PRATI BY LOUIS M. MARTINI SONOMA COUNTY CABERNET SAUVIGNON OR J. VINEYARDS PINOT GRIS**  
 750 mL  
 SAVE UP TO 10.81



**\$14.98 ea.**

**INGLES ADVANTAGE**  
**SIERRA NEVADA FAMILY**  
 12 Pack  
 Selected Varieties  
 SAVE BIG!



**\$17.98 ea.**

**INGLES ADVANTAGE**  
**GUINNESS DRAUGHT STOUT**  
 8 Pack Cans  
 Where Available  
 SAVE BIG!



**\$13.98 ea.**

**INGLES ADVANTAGE**  
**CORONA PREMIER OR MODELO ORO**  
 12 Pack  
 SAVE BIG!



**\$14.98 ea.**

**INGLES ADVANTAGE**  
**BUSCH FAMILY, ROLLING ROCK OR BUD ICE**  
 12 Pack  
 SAVE BIG!



**\$9.98 ea.**

**INGLES ADVANTAGE**  
**STELLA ARTOIS OR MICHELOB ULTRA GOLD OR LIME CACTUS FAMILY**  
 12 Pack  
 SAVE BIG!



**\$15.98 ea.**

**INGLES ADVANTAGE**  
**MICHELOB ULTRA OR ULTRA ZERO, BUD LIGHT NEXT, LIME OR PLATINUM**  
 12 Pack  
 SAVE BIG!



**\$14.98 ea.**

**INGLES ADVANTAGE**  
**BUDWEISER FAMILY**  
 12 Pack Cans  
 Selected Varieties  
 SAVE BIG!



**\$11.98 ea.**

**INGLES ADVANTAGE**  
**MILLER OR COORS FAMILY**  
 18 Pack Cans  
 SAVE BIG!



**\$16.98 ea.**



# Red Hot Two Day SALE!

**2 Days Only!**

**While Supplies Last!**

**March 20 & 21st**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

GRADE A FROZEN TURKEY BREAST  
SAVE 1.30 Lb.

**\$1.48**  
Lb.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

ORGANIC ATAUFO MANGOES  
SAVE .72 ea.

**78¢** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

12" Pizza  
Selected Varieties  
SAVE 2.00 ON 2

**2/\$10**  
for  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

CROISSANTS  
4 Count  
SAVE 1.00 ea.

**\$2.98** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

EGGO WAFFLES  
24 Count - Family Pack -  
Selected Varieties  
SAVE 2.60 ea.



**\$4.98** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

**Limit 4**  
PETER PAN PEANUT BUTTER  
16.3 Oz. -  
Selected Varieties  
SAVE 3.00 ea.

**\$1.78** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

**Limit 4**  
KELLOGG'S TOWN HOUSE CRACKERS  
9-13.8 Oz. -  
Selected Varieties  
SAVE 3.00 ea.



**\$1.98** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

**Limit 4**  
HAWAIIAN PUNCH  
1 Gallon -  
Selected Varieties  
SAVE 2.60 ea.

**\$1.98** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

**Limit 4**  
OLD TRAPPER BEEF JERKY  
8 Oz. -  
Selected Varieties  
SAVE 9.50 ea.



**\$7.98** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

XTRA LIQUID LAUNDRY DETERGENT  
56-57.6 Oz. -  
Selected Varieties  
SAVE 1.80 ea.

**\$1.98** ea.  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

LITTLE DEBBIE BIG PACK SNACKS  
12.67-31.78 Oz. -  
Selected Varieties  
SAVE 2.98 ON 2

**2/\$8**  
for  
**2 Days Only!**



**INGLES ADVANTAGE**  
Long Prices...Last The Savings!

**Limit 4**  
FRITO LAY MULTI-PACK SNACKS  
18 Count -  
Selected Varieties  
SAVE 4.71 ea.

**\$8.98** ea.  
**2 Days Only!**

# Monthly Savings!

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**SARGENTO**  
SHREDDED OR  
BLOCK CHEESE  
7-8 Oz. -  
Selected Varieties  
SAVE 3.70 ea.



**\$1.68**  
ea.



**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**SWANSON**  
BROTH  
32 Oz. -  
Selected Varieties  
SAVE UP TO 1.20



**\$1.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**CRISCO**  
OIL  
40 Oz. -  
Selected Varieties  
SAVE 3.30 ea.



**\$3.48**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**CHEEZ IT,**  
SNAP'D OR PUFF'D  
5.75-12.4 Oz. -  
Selected Varieties  
SAVE 2.30 ea.



**\$2.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**PREGO**  
PASTA SAUCE  
14.5-24 Oz. -  
Selected Varieties  
SAVE 1.70 ea.



**\$1.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**LAURA LYNN™**  
PASTA  
12-16 Oz. -  
Selected Varieties  
SAVE 1.32 ON 4



**4/\$5**

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**DEER PARK**  
WATER  
24 Pack - 16.9 Oz.  
SAVE 2.50 ea.



**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**STARKIST**  
TUNA, CHICKEN CREATIONS  
OR SMART BOWLS POUCHES  
2.6-4.5 Oz. -  
Selected Varieties  
SAVE UP TO 5.90 ON 5



**5/\$5**

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**KELLOGG'S**  
ADULT CEREAL  
9.6-16.1 Oz. -  
Selected Varieties  
SAVE 2.50 ea.



**\$2.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**TIDE**  
LIQUID OR PODS  
LAUNDRY DETERGENT,  
DOWNY FABRIC SOFTENER OR  
BEADS OR GAIN FIREWORKS  
25-42 Count or 16-84 Oz. -  
Selected Varieties  
SAVE UP TO 5.40



**\$10.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**LAURA LYNN™**  
EXTRA STRONG  
2X PAPER TOWELS  
6 Count -  
Selected Varieties  
SAVE 1.70 ea.



**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**ANGEL SOFT**  
MEGA ROLL  
BATH TISSUE  
8 Count  
SAVE 3.00 ea.



**\$6.98**  
ea.

**Ingles ADVANTAGE**  
Less Prices... Less The Same!



**BRAWNY**  
PAPER TOWELS  
4 Count -  
Double Roll  
SAVE 5.00 ea.



**\$6.98**  
ea.

# Frozen Favorites!



TOMBSTONE  
12" ORIGINAL PIZZA  
19.3-20.8 Oz. -  
Selected Varieties  
SAVE 6.36 ON 2

**2/\$7**  
for



TALENTI  
SORBET OR GELATO  
16 Oz. -  
Selected Varieties  
SAVE 3.76 ON 2

**2/\$8**  
for



MARIE CALLENDER'S  
BOWLS  
10.5-13 Oz. -  
Selected Varieties  
SAVE 3.96 ON 2

**2/\$5**  
for



ATKINS  
DINNERS  
5.6-9 Oz. -  
Selected Varieties  
SAVE 2.96 ON 2

**2/\$7**  
for



HOT POCKETS  
STUFFED SANDWICHES  
4 Count -  
Selected Varieties  
SAVE 1.80 ea.

**\$4.48**  
ea.



PILLSBURY  
TOASTER STRUDEL  
11.7 Oz. - 6 Count -  
Selected Varieties  
SAVE 1.40 ea.

**\$2.78**  
ea.



MINGS  
ENTRÉES  
8-10 Oz. -  
Selected Varieties  
SAVE 5.96 ON 2

**2/\$5**  
for



WILD MIKE'S  
ULTIMATE PIZZA  
40.25-42.43 Oz. -  
Selected Varieties  
SAVE 2.00 ea.

**\$7.98**  
ea.



PERDUE  
NATURAL CHICKEN  
22-26 Oz. -  
Selected Varieties  
SAVE 1.50 ea.

**\$8.98**  
ea.



COOKED PERFECT  
MEATBALLS  
12-28 Oz. -  
Selected Varieties  
SAVE 4.00 ea.

**\$6.98**  
ea.



ORE-IDA  
POTATOES  
19-32 Oz. -  
Selected Varieties  
SAVE 2.56 ON 2

**2/\$9**  
for



TOTINO'S  
PIZZA ROLLS  
50 Count -  
Selected Varieties  
SAVE 3.50 ea.

**\$4.48**  
ea.



GROWN IN IDAHO  
POTATOES  
22.5-28 Oz. -  
Selected Varieties  
SAVE UP TO 2.30

**\$4.48**  
ea.



LAURA LYNN™  
FAJITA BLEND  
14 Oz.  
SAVE .36 ON 2

**2/\$6**  
for



LAURA LYNN™  
MANGO CHUNKS  
16 Oz.  
SAVE .76 ON 2

**2/\$7**  
for

# Our Brand Favs!



**LAURA LYNN™  
CHUNKY SALSA**  
16 Oz. -  
Mild Or Medium  
SAVE 1.30 ea.



**\$1.98  
ea.**



**LAURA LYNN™  
TORTILLAS**  
10-20 Oz. -  
Selected Varieties  
SAVE UP TO 1.00



**\$1.38  
ea.**



**LAURA LYNN™  
SEASONED PRETZELS**  
16 Oz. -  
Selected Varieties  
SAVE 1.50 ea.



**\$4.48  
ea.**



**LAURA LYNN™  
DICED GREEN CHILES**  
4 Oz.  
SAVE .60 ea.



**98¢  
ea.**



**LAURA LYNN™  
MICROWAVE POPCORN**  
6 Count -  
Selected Varieties  
SAVE 1.00 ea.



**\$2.98  
ea.**



**LAURA LYNN™  
CORN CHIPS**  
9.25-10 Oz. -  
Selected Varieties  
SAVE .80 ea.



**\$1.68  
ea.**



**LAURA LYNN™  
CHEESE CRACKERS**  
12.4 Oz.  
SAVE 1.00 ea.



**\$3.98  
ea.**



**LAURA LYNN™  
LACTOSE FREE MILK**  
64 Oz. -  
Selected Varieties  
SAVE 1.70 ea.



**\$2.98  
ea.**



**LAURA LYNN™  
EXTRA STRONG  
3X PAPER TOWELS**  
6 Count  
SAVE 2.50 ea.



**\$5.98  
ea.**



**LAURA LYNN™  
SWEET OR UNSWEET TEA**  
1 Gallon  
SAVE .52 ea.



**\$1.98  
ea.**



**LAURA LYNN™  
ULTRA HEAVY DUTY  
PLATES OR BOWLS**  
44 Or 52 Count  
SAVE 2.50 ea.



**\$4.98  
ea.**



**LAURA LYNN™  
CUDDLY SOFT BATH TISSUE**  
6-12 Count -  
Selected Varieties  
SAVE 2.00 ea.



**\$3.98  
ea.**



**LAURA LYNN™  
BAGELS**  
17.1 Oz. -  
Selected Varieties  
SAVE .60 ea.



**\$1.88  
ea.**



**LAURA LYNN™  
STRETCH 'N HOLD  
DRAWSTRING  
TALL KITCHEN BAGS**  
34 Count -  
Selected Varieties  
SAVE 2.70 ea.



**\$4.98  
ea.**



**LAURA LYNN™  
HARD-BOILED EGGS**  
12 Count  
SAVE 1.70 ea.



**\$3.98  
ea.**