

Get Easter Ready

metro
CANADIAN AND PROUD

249 ea.

Raspberries 1 lb. PREPARED U.S.A. OR MEXICO
Raspberries 1 lb. PREPARED U.S.A. OR MEXICO
Raspberries 1 lb. PREPARED U.S.A. OR MEXICO
Raspberries 1 lb. PREPARED U.S.A. OR MEXICO

299 or /lb

LITTLE POTATO CO.
LITTLE POTATO CO. 100% POTATOES
LITTLE POTATO CO. 100% POTATOES
LITTLE POTATO CO. 100% POTATOES
LITTLE POTATO CO. 100% POTATOES

399 ea.

SWEET ONIONS
Sweet Onions 1 lb. PREPARED U.S.A. OR MEXICO
Sweet Onions 1 lb. PREPARED U.S.A. OR MEXICO
Sweet Onions 1 lb. PREPARED U.S.A. OR MEXICO
Sweet Onions 1 lb. PREPARED U.S.A. OR MEXICO

\$5 PER TAIL

1999 ea.

Wild Caught Rock Lobster Tails
Wild Caught Rock Lobster Tails 1 lb. PREPARED U.S.A. OR MEXICO
Wild Caught Rock Lobster Tails 1 lb. PREPARED U.S.A. OR MEXICO
Wild Caught Rock Lobster Tails 1 lb. PREPARED U.S.A. OR MEXICO
Wild Caught Rock Lobster Tails 1 lb. PREPARED U.S.A. OR MEXICO

249 ea.

Green Giant Frozen Vegetables
Green Giant Frozen Vegetables 1 lb. PREPARED U.S.A. OR MEXICO
Green Giant Frozen Vegetables 1 lb. PREPARED U.S.A. OR MEXICO
Green Giant Frozen Vegetables 1 lb. PREPARED U.S.A. OR MEXICO
Green Giant Frozen Vegetables 1 lb. PREPARED U.S.A. OR MEXICO

125 points value of \$1

499 ea.

Häagen-Dazs Ice Cream
Häagen-Dazs Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO
Häagen-Dazs Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO
Häagen-Dazs Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO
Häagen-Dazs Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO

1288 /lb

Red Gold Cap
Red Gold Cap 1 lb. PREPARED U.S.A. OR MEXICO
Red Gold Cap 1 lb. PREPARED U.S.A. OR MEXICO
Red Gold Cap 1 lb. PREPARED U.S.A. OR MEXICO
Red Gold Cap 1 lb. PREPARED U.S.A. OR MEXICO

125 points value of \$1

588 /lb

Spring Lamb
Spring Lamb 1 lb. PREPARED U.S.A. OR MEXICO
Spring Lamb 1 lb. PREPARED U.S.A. OR MEXICO
Spring Lamb 1 lb. PREPARED U.S.A. OR MEXICO
Spring Lamb 1 lb. PREPARED U.S.A. OR MEXICO

399 /lb

Fresh Pork Back White Tenderloin
Fresh Pork Back White Tenderloin 1 lb. PREPARED U.S.A. OR MEXICO
Fresh Pork Back White Tenderloin 1 lb. PREPARED U.S.A. OR MEXICO
Fresh Pork Back White Tenderloin 1 lb. PREPARED U.S.A. OR MEXICO
Fresh Pork Back White Tenderloin 1 lb. PREPARED U.S.A. OR MEXICO

399 ea.

Fresh Canadian Atlantic Salmon Portions
Fresh Canadian Atlantic Salmon Portions 1 lb. PREPARED U.S.A. OR MEXICO
Fresh Canadian Atlantic Salmon Portions 1 lb. PREPARED U.S.A. OR MEXICO
Fresh Canadian Atlantic Salmon Portions 1 lb. PREPARED U.S.A. OR MEXICO
Fresh Canadian Atlantic Salmon Portions 1 lb. PREPARED U.S.A. OR MEXICO

488 ea.

Lactantia Butter
Lactantia Butter 1 lb. PREPARED U.S.A. OR MEXICO
Lactantia Butter 1 lb. PREPARED U.S.A. OR MEXICO
Lactantia Butter 1 lb. PREPARED U.S.A. OR MEXICO
Lactantia Butter 1 lb. PREPARED U.S.A. OR MEXICO

488 ea.

Black Diamond Ice Cream
Black Diamond Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO
Black Diamond Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO
Black Diamond Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO
Black Diamond Ice Cream 1 lb. PREPARED U.S.A. OR MEXICO

EASTER
ESSENTIALS

New! Single
Baked Soft Meat or
Bacon
Cheddar
Cheese 10-120g
Cavendish
New! Single or 2
Bacon Cheddar
Balderson
10-120g
100% CANADIAN

5⁹⁹
ea.



Front Street Bakery
Hot Cross Buns
10-12-120g
Bûche de Confiture
Front Street Bakery
10-12-120g

125
points
value of \$1

3⁹⁹
ea.



Kicking Horse
Coffee 100% Arabica
Café Kicking Horse
100g
100% SELECTED BEANS

125
points
value of \$1

14⁹⁹
ea.



Lactantia Cream
100% Full Cream
Crème Lactantia
100% Full Cream
100% SELECTED BEANS

3⁴⁹
ea.



Lindt Easter Bunny Chocolate
100% Swiss Milk Chocolate
100g (3.5oz) (100g)
100% SELECTED BEANS

6⁹⁹
ea.



pick Ontario
Fresh Cut Tulips
12-15 Tulips, Assorted Colours
Tulips (Indoor/Outdoor)
12-15 Tulips, Assorted Colours
12-15 Tulips, Assorted Colours

12⁹⁹
ea.

12 STEM



Irresistible

Shop these and more in-store or online

Irresistible
Meatballs
600 g (1.3 lb)
NET WT 1.3 LB (600 g)

8⁹⁹
ea.



Irresistible Party Pack
Assorted Sausage
Party or Dinner Size
600 g (1.3 lb)
NET WT 1.3 LB (600 g)

8⁹⁹
ea.



Irresistible Batter'd
Cauliflower Bites
Sausage Roll 'n'
Loaded Potato Bites
600 g (1.3 lb)
NET WT 1.3 LB (600 g)

5⁹⁹
ea.



Irresistible Cheese Sticks
600 g (1.3 lb)
NET WT 1.3 LB (600 g)

5⁹⁹
ea.



Irresistible Coconut Shrimp
600 g (1.3 lb)
NET WT 1.3 LB (600 g)

10⁹⁹
ea.



Irresistible Pacific White
Shrimp Ring
600 g (1.3 lb)
NET WT 1.3 LB (600 g)

10⁹⁹
ea.



\$ New Lower Prices

[illegible]

800 6 Pillars® 100% Natural Pineapple Chunks	PARTY SIZE 1.5 KG Doritos De Maiz Delicious Fresh Maiz - 1 1/2 kg Doritos De Maiz Maizitos de Maiz Maizitos de Maiz	Majito Leaf, Serrano and Jalapeno Peppers 100% Natural 100% Natural 100% Natural	Castillo Harvest or Grands Chers 100% Natural 100% Natural
9.99 ea.	14.99 ea.	7.99 ea.	7.99 ea.

[illegible]

RICE-A-RON 4.99 ea.

RICE-A-RON 3.99 ea.

RICE-A-RON 10.99 ea.

RICE-A-RON 10.99 ea.

RICE-A-RON 10.99 ea.

Learn with **mol** rewards

50¢
3.99
ea.

Moroccan Misoed Misoed Misoed Misoed Misoed
Fuzze Fuzze Fuzze Fuzze Fuzze

Moroccan Misoed Misoed Misoed Misoed Misoed
Fuzze Fuzze Fuzze Fuzze Fuzze

125¢
value of 1.12
3.99
ea.

Kraft Salad Dressing, 16 oz. Bottle
Kraft Salad Dressing, 16 oz. Bottle
Kraft Salad Dressing, 16 oz. Bottle
Kraft Salad Dressing, 16 oz. Bottle
Kraft Salad Dressing, 16 oz. Bottle

Visit us at **metro.ca**

[illegible]

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16.99
ea.

SAVE UP TO
\$6

22.99*
ea.

BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2.99
ea.

SAVE UP TO
\$1.80

4.79*
ea.

LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5.99
ea.

SAVE UP TO
\$2

7.99*
ea.

IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3.99
ea.

SAVE UP TO
\$1

4.99*
ea.

TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12.99
ea.

SAVE UP TO
\$7

19.99*
ea.

IRRESISTIBLES
COFFEE CAPSULES
30 capsules
SELECTED VARIETIES



NOW
4.99
ea.

SAVE UP TO
\$1.50

6.99*
ea.

EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce



1.99
/lb

Large Seedless Blood Oranges
Product of U.S.A.
Grosse orange sangre sans pépins
Produit des É.U.A.



4.99
ea.

Strawberries
Product of U.S.A.
Fraises



1.69
/lb

Sweet Potatoes
Product of U.S.A.
Patates douces



2.99
/lb

Heirloom Tomatoes
Product of U.S.A.
Tomates



3.99
/lb

Onion Chives
Product of U.S.A.
Chives d'oignon



1.99
/lb

Large Red Prince Apples
Product of U.S.A.
Grandes pommes rouges



4.99
ea.

French Beans
Product of U.S.A.
Haricots verts



3.49
ea.

Green Lettuce
Product of U.S.A.
Laitue



4.99
ea.

Black Mission Figs
Product of U.S.A.
Figs noirs



5.99
/lb

Cotton Candy
Product of U.S.A.
Coton candy



99¢
/lb

Green Cabbage
Product of U.S.A.
Chou



3.99
/lb

Broccoli
Product of U.S.A.
Chou-fleur



3.99
ea.

Golden Wonder Potatoes
Product of U.S.A.
Patates douces



2.49
/lb

Large Bartlett Pears
Product of U.S.A.
Groses poires



3.99
ea.

Mini Cucumbers
Product of U.S.A.
Courgettes



2.49
/lb

Green Zucchini
Product of U.S.A.
Courgettes



7.99
ea.

Sweet Baby Broccoli
Product of U.S.A.
Brocoli



3.99
ea.

Meyer's Lemon
Product of U.S.A.
Citron



4.99
ea.

Cubed Sweet Potatoes
Product of U.S.A.
Patates douces



3.79
ea.

Belle Grove Apples
Product of U.S.A.
Pommes



5.99
ea.

Pistachios
Product of U.S.A.
Pistaches



5.99
ea.

Banana
Product of U.S.A.
Banane



2.99
ea.

Romaine Lettuce
Product of U.S.A.
Laitue



2.49
ea.

Asparagus
Product of U.S.A.
Asperges

Sliced & Diced



9.99
ea.

Pomegranate Tray
Product of U.S.A.
Cassia



9.99
ea.

Strawberry Pomegranate Tray
Product of U.S.A.
Fraises



3.99
/lb

Onion Chives
Product of U.S.A.
Chives d'oignon



1.99
/lb

Large Red Prince Apples
Product of U.S.A.
Grandes pommes rouges



4.99
ea.

French Beans
Product of U.S.A.
Haricots verts



3.49
ea.

Green Lettuce
Product of U.S.A.
Laitue



4.99
ea.

Black Mission Figs
Product of U.S.A.
Figs noirs



5.99
/lb

Cotton Candy
Product of U.S.A.
Coton candy



99¢
/lb

Green Cabbage
Product of U.S.A.
Chou



3.99
/lb

Broccoli
Product of U.S.A.
Chou-fleur



3.99
ea.

Golden Wonder Potatoes
Product of U.S.A.
Patates douces



2.49
/lb

Large Bartlett Pears
Product of U.S.A.
Groses poires



3.99
ea.

Mini Cucumbers
Product of U.S.A.
Courgettes



2.49
/lb

Green Zucchini
Product of U.S.A.
Courgettes



7.99
ea.

Sweet Baby Broccoli
Product of U.S.A.
Brocoli



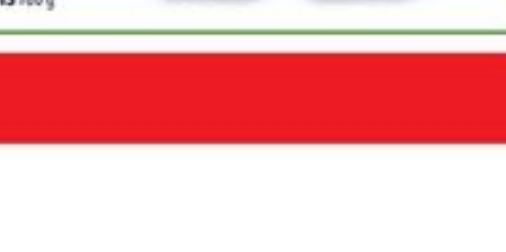
3.99
ea.

Meyer's Lemon
Product of U.S.A.
Citron



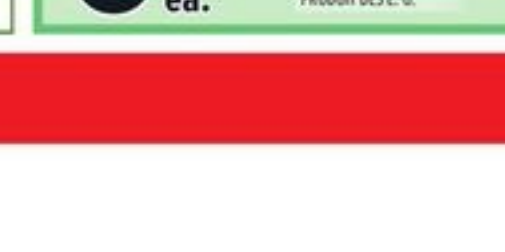
4.99
ea.

Cubed Sweet Potatoes
Product of U.S.A.
Patates douces



3.79
ea.

Belle Grove Apples
Product of U.S.A.
Pommes



5.99
ea.

Pistachios
Product of U.S.A.
Pistaches



5.99
ea.

Banana
Product of U.S.A.
Banane



2.99
ea.

Romaine Lettuce
Product of U.S.A.
Laitue



2.49
ea.

Asparagus
Product of U.S.A.
Asperges

metro.ca



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS

pick Ontario

Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.

YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

Butterball®
Chestnut Roasted
Turkey
12.5kg
Butterball®
Chestnut Roasted
Turkey
12.5kg

12⁸⁸
/lb

Red Grill Easy Carne
Prime Beef Roast
20.4kg
Red Grill Easy Carne
Prime Beef Roast
20.4kg

100% CANADIAN AA
100% CANADIAN AA

5⁹⁹
/lb

Boneless
Beef Tenderloin
12.5kg
Boneless
Beef Tenderloin
12.5kg

100% CANADIAN
100% CANADIAN

7⁹⁹
/lb

Maple Leaf Prime
12.5kg
Maple Leaf Prime
12.5kg

YORKSHIRE VALLEY
YORKSHIRE VALLEY

6⁸⁸
/lb

Prime Boneless Lamb Leg
12.5kg
Prime Boneless Lamb Leg
12.5kg

125 points
value of \$1

7⁹⁹
/lb

Maple Leaf Prime
12.5kg
Maple Leaf Prime
12.5kg

125 points
value of \$1

12⁹⁹
/lb

Prime Boneless Lamb Leg
12.5kg
Prime Boneless Lamb Leg
12.5kg

125 points
value of \$1

19⁹⁹
/lb

Prime Boneless Lamb Leg
12.5kg
Prime Boneless Lamb Leg
12.5kg

125 points
value of \$1

I earn with moi rewards

Schneider's Breakfast
Egg Bag
12.5kg
Schneider's Breakfast
Egg Bag
12.5kg

5⁹⁹
ea.

125 points
value of \$1

Maple Leaf Sausage Meat
12.5kg
Maple Leaf Sausage Meat
12.5kg

6⁹⁹
ea.

80 points
value of \$1

Loaf's
Pasta
12.5kg
Loaf's
Pasta
12.5kg

7⁹⁹
ea.

90 points
value of \$1

Insatiable
Pasta
12.5kg
Insatiable
Pasta
12.5kg

5⁹⁹
ea.

70 points
value of \$1

Fletcher's
Pasta
12.5kg
Fletcher's
Pasta
12.5kg

4⁹⁹
ea.

125 points
value of \$1

MONTANA'S
Pasta
12.5kg
MONTANA'S
Pasta
12.5kg

8⁹⁹
ea.

125 points
value of \$1

KELSEY'S
Pasta
12.5kg
KELSEY'S
Pasta
12.5kg

12⁹⁹
ea.

125 points
value of \$1

YORKSHIRE VALLEY
Pasta
12.5kg
YORKSHIRE VALLEY
Pasta
12.5kg

19⁹⁹
ea.

250 points
value of \$1

Entertaining Favourites

5⁹⁹
ea.

WATSON RIDGE
Chicken Balls
12.5kg
WATSON RIDGE
Chicken Balls
12.5kg

NEW

5⁹⁹
ea.

Maple Lodge Ultimate
12.5kg
Maple Lodge Ultimate
12.5kg

NEW

6⁹⁹
ea.

Johnsonville
Sausages
12.5kg
Johnsonville
Sausages
12.5kg

NEW

12⁹⁹
ea.

Insatiable
Pasta
12.5kg
Insatiable
Pasta
12.5kg

NEW

9⁹⁹
ea.

Maple Leaf Prime
12.5kg
Maple Leaf Prime
12.5kg

NEW

9⁹⁹
ea.

Maple Leaf Prime
12.5kg
Maple Leaf Prime
12.5kg

NEW

12⁹⁹
ea.

Schneider's
Pasta
12.5kg
Schneider's
Pasta
12.5kg

NEW

15⁹⁹
ea.

Maple Leaf Prime
12.5kg
Maple Leaf Prime
12.5kg

NEW

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](#)

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g
8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g
7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g
8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g
8⁹⁹
ea.



7⁹⁹
ea. IRRESISTIBLES
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea. IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea. IRRESISTIBLES
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Shop
these and
more in-store
or online

Seafood

9⁹⁹
/lb

Wild Caught Atlantic Cod Fillet
Poisson d'Atlantique Fillet, 2.2 lb (1 kg)
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

12⁹⁹
/lb

Fresh Inland Trout Fillet Value Pack
Poisson d'eau douce, 2.2 lb (1 kg)
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

4⁹⁹
ea.

2 Pcs Sole with Stuffing
Sole 2 Pcs avec farce
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

5⁹⁹
ea.

Fresh Canadian Cove Organic Herring
Poisson biologique
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

6⁹⁹
/lb

Fresh Pasta Clams
Pâtes fraîches pour pâtes
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
/lb

Store Made Seafood Salad
Salade de fruits de mer
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
ea.

Oyster Prime White Clamlet Spinel
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

13⁹⁹
ea.

Charbon Brand Salted Cod Fish
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

13⁹⁹
ea.

Oyster Jumbo White Mediterranean Sea Fish
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

49⁹⁹
/lb

King Crab
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

6⁹⁹
ea.

Invisibles Original Spicy Rings
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
ea.

Invisibles Caramel Pecan White Donut
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

9⁹⁹
ea.

Invisibles Seafood Medley
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

10⁹⁹
ea.

Invisibles Crab Cake Casserole
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

Deli Favourites

2⁹⁹
/100 g

Maple Lodge Chicken Breast
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

2⁹⁹
/100 g

Shawarma Chicken or Grilled Ham
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

1⁹⁹
/100 g

Krimos Traditional Feta Cheese
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

11⁴⁹
ea.

Spartan Softened Cheese
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

5⁴⁹
ea.

Pizzeria Belladonna Pizzas
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

7⁴⁹
ea.

Braniff Sausage Chub
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

6⁹⁹
ea.

Ricotta Cheese
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

5⁹⁹
ea.

Celebrity Cheesecake
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

10⁹⁹
ea.

Marz Angelini Cakes
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

11⁹⁹
ea.

Marz Angelini Cakes
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

12⁹⁹
ea.

4 Mini Burrata
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

4⁹⁹
ea.

New York Style Bagel Crisps
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

3⁹⁹
ea.

Tzatziki Hummus and Dip
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

7⁹⁹
ea.

Sabatini's Chicken Fried Chicken
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁹⁹
ea.

Swiss Chalet Chicken Pot Pie
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

8⁰⁰
ea.

Fresh 2 Go Fresh Pasta
Date de péage: Vancouver, B.C. 2.2 lb (1 kg)

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



IRRESISTIBLES
ARTISAN
GOAT CHEESE
11.5 g
SELECTED VARIETIES
5⁹⁹
ea.



7⁴⁹
ea.
BOTTREWELL
CHEESE
170 g
SELECTED VARIETIES



9⁹⁹
ea.
ZERIO
MOZZARELLA
250 g
SELECTED VARIETIES



5⁴⁹
/100 g
COMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
24.90%



2²⁰⁰
ea.
BURLA CASARA
BURRATA CHEESE
250 g
OR 14.99 ea.



14⁹⁹
ea.
TRE STELLE
MASCARPONE CHEESE
475 g



6⁹⁹
ea.
RONCATO
OR BALDERSON
SPREADABLE CHEESE
185 - 200 g
SELECTED VARIETIES



17⁹⁹
ea.
IRRESISTIBLE
BRIE
500 g



3²⁹
/100 g
BALDERSON
CHEDDAR
AGED 36 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
**BUY MORE
SAVE MORE!**



3⁵⁹
/100 g
PARMIGIANO REGGIANO
AGED 36 MONTHS
DELICIOUS. PRICES AS MARKED
5.35/100 g WHEN YOU BUY
LESS THAN 500 g
**BUY MORE
SAVE MORE!**



4⁵⁹
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
**BUY MORE
SAVE MORE!**



4⁷⁹
/100 g
L'EXTRA
DOUBLE CHÈVRE BRIE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
**BUY MORE
SAVE MORE!**



4⁹⁹
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63%



10⁹⁹
ea.
OKA CHEESE
100 g
SELECTED VARIETIES

Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY
OUR ARTISANAL PURES

MADE WITH
100% CHEESE



FRONT STREET BAKERY
EXTRA CHEDDAR
CHEESE BREAD
855 g

749
ea.

Choose from a fine selection of
Artisanal breads *baked in my metro.*

FRONT STREET BAKERY
275 g
SELECTED VARIETIES



399
ea.

FRONT STREET BAKERY
445 g



469
ea.

FRONT STREET BAKERY
500 g



459
ea.

FRONT STREET BAKERY
485 g



469
ea.



FRESH 2 GO
BLACK FOREST HAM WITH PARISienne POTATOES
800 g
100% SERVED, SERVED HOT

1999
ea.



FRESH 2 GO
ROASTED PORCHETTA WITH MIXED PEPPERS
1 kg
100% SERVED, SERVED HOT

2499
ea.



FRESH 2 GO
LASAGNA
1.5 kg
SERVES 4-6

2500
ea.



PREMIERE MOISSON
SOUPS
200 ml
SELECTED VARIETIES

699
ea.



SUMMI
DUMPLINGS
OR SPRING ROLLS
250 g
SELECTED VARIETIES

499
ea.



O'SOLE MIO
FRESH PASTA
250 g
SELECTED VARIETIES

529
ea.



O'SOLE MIO
PASTA SAUCE
300 ml
SELECTED VARIETIES

399
ea.



SABOR GUACAMOLE
CLASSICO OR SPICY
150 g

499
ea.



GARDEN FRESH
TORTILLA CHIPS, SALSA
OR FRESH
MASHED POTATOES
387, 400 g, 473 ml
SELECTED VARIETIES

599
ea.



SUMMER FRESH
S-LAYER DIP
400 g
SELECTED VARIETIES

1099
ea.



FRESH 2 GO
TORTILLA CHIPS
1 kg
SELECTED VARIETIES

500
ea.

Lemon Treats

Front Street Bakery
Lemon Meringue Pie
\$7.99 ea.

Tarte Front Street Bakery
à la crème meringuée
\$7.99 ea.

6.99 ea.

2.19 ea.

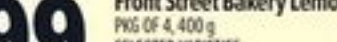
La Rocca Lemon
Mousse Cake 10 1/2"
Gâteau moussé à la Rocca
au citron 10 1/2"

10.99 ea.

Inesistible
Lemon Pudding Soft
Coffee Cake 7 1/2"
Gâteau pudding café
inesistible au citron
à graines de pavot 7 1/2"



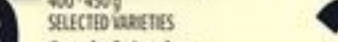
Front Street Bakery
Lemon Danish
100% REAL BUTTER
PERKUP & KITA'S FAVORITES
100% REAL BUTTER
PERKUP & KITA'S FAVORITES



Front Street Bakery
Lemon Danish
100% REAL BUTTER
PERKUP & KITA'S FAVORITES
100% REAL BUTTER
PERKUP & KITA'S FAVORITES



Front Street Bakery
Lemon Danish
100% REAL BUTTER
PERKUP & KITA'S FAVORITES
100% REAL BUTTER
PERKUP & KITA'S FAVORITES



Front Street Bakery
Lemon Danish
100% REAL BUTTER
PERKUP & KITA'S FAVORITES
100% REAL BUTTER
PERKUP & KITA'S FAVORITES



Front Street Bakery
Lemon Danish
100% REAL BUTTER
PERKUP & KITA'S FAVORITES
100% REAL BUTTER
PERKUP & KITA'S FAVORITES

Strawberry Delights

[illegible]

Meal Essentials

 Ben's Original Hot Sauce 100% Natural Vegan & Gluten Free 1.99 ea. Ben's Original Hot & Easy Sauce 100% Natural Vegan & Gluten Free 1.99 ea. Ben's Original Hot Sauce 100% Natural Vegan & Gluten Free	 Green Giant Corned Vegetables 100% Natural Vegan & Gluten Free 1.99 ea. Green Giant Corned Vegetables 100% Natural Vegan & Gluten Free	 French's Ketchup 100% Natural Vegan & Gluten Free 5.49 ea. French's Ketchup 100% Natural Vegan & Gluten Free	 Knorr Sausage 100% Natural Vegan & Gluten Free 2.49 ea. Knorr Sausage 100% Natural Vegan & Gluten Free
 Kosher Dill Pickles 100% Natural Vegan & Gluten Free 5.99 ea. Kosher Dill Pickles 100% Natural Vegan & Gluten Free	 Idahoan Hashed Potatoes 100% Natural Vegan & Gluten Free 1.99 ea. Idahoan Hashed Potatoes 100% Natural Vegan & Gluten Free	 Nontay's Sausage 100% Natural Vegan & Gluten Free 2.99 ea. Nontay's Sausage 100% Natural Vegan & Gluten Free	 Mushroom Soup 100% Natural Vegan & Gluten Free 1.49 ea. Mushroom Soup 100% Natural Vegan & Gluten Free
 Kosher Dill Pickles 100% Natural Vegan & Gluten Free 5.99 ea. Kosher Dill Pickles 100% Natural Vegan & Gluten Free	 Idahoan Hashed Potatoes 100% Natural Vegan & Gluten Free 1.99 ea. Idahoan Hashed Potatoes 100% Natural Vegan & Gluten Free	 Nontay's Sausage 100% Natural Vegan & Gluten Free 2.99 ea. Nontay's Sausage 100% Natural Vegan & Gluten Free	 Mushroom Soup 100% Natural Vegan & Gluten Free 1.49 ea. Mushroom Soup 100% Natural Vegan & Gluten Free
 Kosher Dill Pickles 100% Natural Vegan & Gluten Free 5.99 ea. Kosher Dill Pickles 100% Natural Vegan & Gluten Free	 Idahoan Hashed Potatoes 100% Natural Vegan & Gluten Free 1.99 ea. Idahoan Hashed Potatoes 100% Natural Vegan & Gluten Free	 Nontay's Sausage 100% Natural Vegan & Gluten Free 2.99 ea. Nontay's Sausage 100% Natural Vegan & Gluten Free	 Mushroom Soup 100% Natural Vegan & Gluten Free 1.49 ea. Mushroom Soup 100% Natural Vegan & Gluten Free

FREE SAME-DAY PICKUP **SAME FLYER PRICES AND DEALS ONLINE**

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600 - 700 g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400 - 480 g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000 g

10⁹⁹
/lb

STORE MADE
DIPS
200 - 500 g

5⁹⁹
ea.

STORE MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28 - 30 SIZE, 2.20/100 g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600 - 700 g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1 lb
ORDER IN STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET GARDEN
CHARCUTERIE
1 lb
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1 lb
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.5 lb

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24 kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600 - 700 g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HRM
JAMBON FUME
DESUSSE
1.4 kg
1.4 kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.





1.99 ea.
STOVE TOP
DINDE
1.5 L
SELECTED VARIETIES



1.99 ea.
STOVE TOP
CHICKEN
POULET
1.5 L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED OYSTERS
1.5 L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED MUSSELS
1.5 L
SELECTED VARIETIES



99¢ ea.
CLUB HOUSE
BROWN GRAVY
1.5 L
SELECTED VARIETIES



2.79 ea.
DOLE
CANNED PINEAPPLE
1.5 L
SELECTED VARIETIES



6.49 ea.
BICK'S
PICKLES
1.5 L
SELECTED VARIETIES



2.99 ea.
FRENCH
DIJON MUSTARD
1.5 L
SELECTED VARIETIES



4.49 ea.
SARGOL
SARDINE OILS
1.5 L
SELECTED VARIETIES



4.99 ea.
KELLOGG'S
RICE KRISPIES
CEREAL
1.5 L
WHOLE SUPPLIES LAST



5.49 ea.
RICE KRISPIES
CEREAL
1.5 L
WHOLE SUPPLIES LAST



4.99 ea.
PILLOWSY
EASTER COOKIES
1.5 L
WHOLE SUPPLIES LAST



2.99 ea.
PLANTERS
TRAIL MIX
1.5 L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
ORIGINAL BLEND
MELANGE
1.5 L
SELECTED VARIETIES



7.49 ea.
OCEAN SPRAY
SPARKLING CRANBERRY
DRINK
1.5 L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5 L
SELECTED VARIETIES



2.99 ea.
SELECTION
SOUP CREAM
1.5 L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
GROUND COFFEE
1.5 L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5 L
SELECTED VARIETIES



8.49 ea.
SELECTION
SHREDDED COCONUT
1.5 L
SELECTED VARIETIES



3.99 ea.
ROBIN HOOD OR
PINE WOODS FLOUR
1.5 L
SELECTED VARIETIES



2.99 ea.
REDPATH
BROWN SUGAR
1.5 L
SELECTED VARIETIES



4.99 ea.
DAY LEA
WHIPPED CREAM
1.5 L
SELECTED VARIETIES



2.99 ea.
SELECTION
SHREDDED COCONUT
1.5 L
SELECTED VARIETIES

More Great Savings



19⁹⁹
ea.

Timothy's
Coffee Capsules 100 ea.
Café instant
McCafé 100 ea.



649
ea.

McCafé
Coffee 649 ea.



899
ea.

Tetley Tea Bags
899 ea.



599
ea.

Baller Spread 599 ea.



569
ea.

Whole Earth
Plant Based
569 ea.



549
ea.

Tropicana
549 ea.



549
ea.

Invisibile
549 ea.



299
ea.

Invisibile
299 ea.



199
ea.

Invisibile
199 ea.



499
ea.

Diet
499 ea.



649
ea.

M&M's
649 ea.



1199
ea.

Lindt Swiss Classic Chocolate Bar 1199 ea.



1199
ea.

Pilsener Beer
1199 ea.



1249
ea.

Busch Beer
1249 ea.



899
ea.

V8
899 ea.



299
ea.

Sunny Margarin
299 ea.



499
ea.

Maison Penier
499 ea.



899
ea.

Maison Penier
899 ea.



699
ea.

Natrel
699 ea.



599
ea.

Natrel
599 ea.



299
ea.

Ritz
299 ea.



399
ea.

Ritz
399 ea.



399
ea.

Ritz
399 ea.



699
ea.

Ritz
699 ea.



649
ea.

Kinder
649 ea.



1299
ea.

Kinder
1299 ea.



1399
ea.

Kinder
1399 ea.



1399
ea.

Kinder
1399 ea.

[illegible]



BRING HOME THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES



3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES



We take pride in sourcing locally from the
Eastern Ontario Region.

RINAG
SAMOSAS
185 - 255 g
SELECTED VARIETIES

5⁹⁹
ea.



L'ORIGINAL HAM
13.21 /kg
SELECTED VARIETIES

5⁹⁹
/lb



ST. ALBERT
CHEESE CURDS
200 g
SELECTED VARIETIES

6⁴⁹
ea.



NANNY HUDSON
KETCHUP OR RELISH
375 ml

6⁹⁹
ea.



QUINTA
CANADIAN QUINOA
400 g

6⁹⁹
ea.



LAVIOLETTE
EGGS
18 PACK

5⁹⁹
ea.



Effective March 26 - April 22, 2026

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES® FRO
MANGOES
PRODUCT OF MEXICO

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON OR LAL CHILLA
BROWN BASMATI RICE
1 kg
SELECTED VARIETIES

9⁹⁹

ea.

SAFFRON®
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERRANO
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

ARJUN
BASMATI RICE
5 kg/11.02 lb
SELECTED VARIETIES

13⁹⁹

ea.

BIJAN'S
GHEE
800 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
200 ml
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
1.8/2.5/3.6/4.5 kg
SELECTED VARIETIES

8⁹⁹

ea.

AALOO BHAJIA OR CEDAR
TAKING OR
PHEENIA CHICK PEAS
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIYA
MAKHANA OR PHARATHAS
200/400 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS Dahi, PHOENICIA
OR CEDAR PHOENICIA
800/700 g
SELECTED VARIETIES

3⁹⁹

ea.

DIYA LENTILS OR
BLACK CHICK PEAS
1.8/1.8/1.8/1.8 kg
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIYA BAKED CHICKEN,
BUTTER CHICKEN
200/400 g, 1.8 kg
SELECTED VARIETIES

3⁹⁹

ea.

PARLE-KORMA
COOKING SAUCE
400 ml
SELECTED VARIETIES

3⁹⁹

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
45/200 g
SELECTED VARIETIES

1⁶⁷

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
45/200 g
SELECTED VARIETIES

3⁴⁹

ea.

DIYA PICKLED
ONIONS OR FRIED ONIONS
500/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARLE-G OR LIL
COOKIES
50/50 g
SELECTED VARIETIES

9⁹⁹

ea.

PARLE-G OR LIL
COOKIES
50/50 g
SELECTED VARIETIES

Item availability varies by store.