

EST. 1963

# Bidgood's

YOUR LOCAL GROCER

Bidgood's  
**BIG DEALS**  
**2/\$7**



**Fresh Strawberries**  
1lb/454 g. Product of Mexico/U.S.A.

Bidgood's  
**BIG DEALS**  
**3<sup>99</sup>** Each



**Compliments Side Bacon**  
Select Varieties. 375 g.



**Johnsonville Sausages**  
Select Varieties. Smoked 375 g. Dinner 500 g.

Bidgood's  
**BIG DEALS**  
**4<sup>99</sup>** Each



**Dempster's Signature Buns**  
Select Varieties. 6's - 8's.

**BUY CANADIAN**  
**3<sup>69</sup>**



**Kraft Dinner**  
Or Cups 58 g. Select Varieties. 156 - 200 g.

**4/\$5**



**Compliments Rainbow Peppers**  
3's. Product of Canada/Mexico.

Bidgood's  
**BIG DEALS**  
**4<sup>69</sup>**



**Siggis Yogourt**  
Select Varieties. 650 - 750 g.

**BUY CANADIAN**  
Bidgood's  
**BIG DEALS**  
**5<sup>49</sup>**



**Big 8 Soft Drinks**  
Select Varieties. 2 Litre.

**BUY CANADIAN**  
Bidgood's  
**BIG DEALS**  
**99¢**



**Royale Bathroom Tissue**  
Or Paper Towels 2 Roll. Bathroom Tissue 8 Roll. Select Varieties. 165 - 242 Sheets.

**BUY CANADIAN**  
Bidgood's  
**BIG DEALS**  
**5<sup>99</sup>**

**SCAN QR CODE TO VISIT OUR WEBSITE**  
[www.bidgoods.ca](http://www.bidgoods.ca)



Sale Prices in Effect	thu	fri	sat	sun	mon	tues	wed
<b>MAR/APR 2026</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>

Advertised prices do not include any applicable taxes or deposits. This symbol denotes Plus deposit and/or environmental levies where applicable.

# grocery



**Compliments Instant Oatmeal**  
Select Varieties. 260 - 344 g.

**2/\$5**



**General Mills Premium Granola Bars**  
Or Betty Crocker Fruit Snacks.  
Select Varieties. 125 - 226 g.

**3<sup>99</sup>**



**Compliments Peanut Butter**  
Select Varieties. 500 g.

**3<sup>99</sup>**



**Green Giant Vegetables**  
Select Varieties.  
341 - 398 mL.

**2/\$4**



**Compliments Canola Oil**  
100% Pure. 3 Litre.

**9<sup>99</sup>**



**Compliments Flaked Meat**  
Select Varieties. 156 g.

**1<sup>79</sup>**



**Campbell's Top 4 Soups**  
Select Varieties. 284 mL.

**2/\$3**



**Compliments Salad Dressing**  
Select Varieties. 475 mL.

**2<sup>99</sup>**



**Minute Rice**  
Whole Grain Rice 600 g.  
Long Grain Rice 700 g.

**4<sup>99</sup>**



**E.D. Smith Pie Filling**  
Select Varieties. 540 mL.

**5<sup>49</sup>**



**Leclerc Celebration Cookies**  
Select Varieties. 240 g.

**3<sup>29</sup>**



**Kellogg's Cheez-Its**  
Select Varieties. 191 - 200 g.

**2/\$6**



**Miss Vickie's Potato Chips**  
Select Varieties. 190 - 200 g.

**2/\$9**



**Pringles Potato Crisps**  
Select Varieties. 148 - 156 g.

**2/\$6**



**Monster, Full Throttle, NOS, Bang or Reign Energy Drinks**  
Select Varieties.  
355 - 473 mL.

**2<sup>99</sup>**

# bakery



**Compliments Loaf Cakes**  
Select Varieties. 344 - 400 g.

**6<sup>49</sup>**



**Byblos Bagels**  
Select Varieties. 400 g.

**3<sup>99</sup>**



**Compliments Brioche Loaf**  
Original or Chocolate Chip.  
500 g.

**5<sup>99</sup>**



**Maxwell House Single Serve Coffee**  
Select Varieties. 109 - 126 g.

**7<sup>99</sup>**



**Pepsi 2 Litre Soft Drinks**  
Select Varieties.

**2/\$7**

# deli



**Mini Babybel or Laughing Cow Cheese**  
Select Varieties. 102 - 140 g.

**4<sup>99</sup>** Each



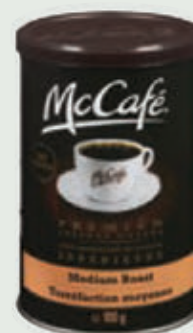
**Fontaine Sante Humm Hummus Dips**  
Or Spinach Dip.  
Select Varieties. 227 - 260 g.

**3<sup>49</sup>** Each



**Compliments Deli Roast Beef**  
Sliced or Shaved.

**2<sup>49</sup>** 100 g



**McCafe Premium Instant Coffee**  
Select Varieties. 100 g.

**9<sup>99</sup>**



**Coca-Cola 12 Pack Soft Drinks**  
Select Varieties.  
12 x 355 mL.

**8<sup>99</sup>**

**m&m's** **MARVEL**  
 collect all **7** super hero packs!

**Mars Chocolate®**  
 (95-109g) **3<sup>99</sup>**

**Mars Chocolate (30-57g)**  
**\$1**

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**Wrigley's Gum**  
 (Bottles 40-60 pc) **2/\$10**

**Wrigley's Gum**  
 (Excel®/Juicy Fruit® 3 Packs) **2/\$10**

**Skittles® or Starburst® Candy**  
 (130-170g) **3<sup>99</sup>**

## chilled & frozen

**Yoplait or IOGO Multipack Yogourt**  
 Select Varieties. 16 x 100 g. **7<sup>99</sup>**

**Olympic Crema Yogourt**  
 Select Varieties. 650 g. **5<sup>49</sup>**

**Simply Orange or Apple Juice**  
 Select Varieties. 1.54 Litre. **5<sup>99</sup>**

**Gay Lea Whipped Cream**  
 Select Varieties. 225 g. **3<sup>49</sup>**

**Gay Lea Sour Cream**  
 Select Varieties. 425 - 500 mL. **3<sup>49</sup>**

**Imperial Margarine**  
 Soft Tub or Quarters. 1.28 - 1.36 kg. **7<sup>99</sup>**

**Crave Entrees**  
 Or Kraft Dinner Entrees. Select Varieties. 200 - 340 g. Frozen. **3<sup>99</sup>**

**Pillsbury Pizza Pops**  
 Select Varieties. 380 g. Frozen. **3/\$10**

**Best Buy Vegetables**  
 Select Varieties. 2 kg. Frozen. **7<sup>99</sup>**

**CHEEMO Perogies**  
 Select Varieties. 745 - 907 g. Frozen. **2<sup>99</sup>**

**Compliments French Fries**  
 Straight Cut. 1.8 kg. Frozen. **7<sup>99</sup>**

**Maple Leaf Prime Stuffed Chicken Breasts**  
 Select Varieties. 568 g. Frozen. **11<sup>99</sup>**

**Compliments Burgers**  
 Smashed, Stuffed or Traditional. 680 - 907 g. Frozen. **11<sup>79</sup>**

**Compliments Meat Lasagna**  
 2.27 kg. Frozen. **16<sup>99</sup>**

**Janes Battered Fish**  
 Select Varieties. 450 - 510 g. Frozen. **8<sup>99</sup>**

## household & pet

**Bounty Paper Towel**  
 Select Varieties. 2 - 3 Roll 2 Ply 82 - 123 Sheets. **10<sup>99</sup>**

**Compliments Facial Tissue**  
 Select Varieties. 6 x 81's - 126's. **7<sup>99</sup>**

**Lysol Cleaners**  
 Select Varieties. 600 mL - 1.2 Litre. or 538 - 680 g. **3<sup>99</sup>**

**Compliments Freezer Bags**  
 Medium or Large. 15's - 20's. **2<sup>99</sup>**

**Pedigree Cesar Dog Food**  
 Select Varieties. 100 g. **1<sup>99</sup>**

⊕ This symbol denotes Plus deposit and/or environmental levies where applicable.

# produce

## Iceberg Lettuce

Product of Mexico/U.S.A.

**3<sup>49</sup>**  
Each



**Compliments Apples**  
Select Varieties. 3 lb/1.36 kg.  
Product of Canada.

**BUY CANADIAN**  
**5<sup>99</sup>**  
Each



**Large Pineapple**  
Product of Costa Rica.

**5<sup>99</sup>**  
Each



**Carrots or Compliments Yellow Onions**  
Product of Canada. 3 lb/1.36 kg.

**BUY CANADIAN**  
**3<sup>99</sup>**  
Each



**Long English Cucumbers**  
Product of Canada.

**BUY CANADIAN**  
**1<sup>99</sup>**  
Each



**Compliments Garden or Coleslaw Salad**  
340 - 397 g. Product of U.S.A.

**2<sup>99</sup>**  
Each



**Compliments Baby Potatoes**  
Select Varieties. Product of Canada. 680 g.

**BUY CANADIAN**  
**4<sup>99</sup>**  
Each

# meat

## Fresh Pork Side Ribs or Tenderloin

**3<sup>79</sup>**  
lb  
8.36/kg



**Beef Top Sirloin Roast or Grilling Steak**  
Boneless.  
Cut From Canada AA or Higher.

**BUY CANADIAN**  
**11<sup>49</sup>**  
lb  
25.33/kg



**Fresh Chicken Thighs or Drumsticks**  
Thighs Backbone Removed.

**BUY CANADIAN**  
**3<sup>99</sup>**  
lb  
8.80/kg



**Janes Chicken**  
Select Varieties. 700 g. Frozen.

**BUY CANADIAN**  
**10<sup>99</sup>**



**Chris Brothers Bologna**  
1.5 kg.

**BUY CANADIAN**  
**8<sup>99</sup>**  
Each



**Maple Lodge Farms Chicken Bacon or Bologna**  
Or Zabiha Halal Breakfast Strips. 375 g.

**BUY CANADIAN**  
**4<sup>99</sup>**  
Each



**Larsen Wieners**  
Select Varieties. 900 g.

**BUY CANADIAN**  
**9<sup>99</sup>**  
Each



**General Mills Cereal**  
Select Varieties. 300 - 437 g.

**4<sup>99</sup>**



**Kraft Cheez Whiz**  
Select Varieties. 450 g.

**4<sup>99</sup>**



**Nestle Ice Cream or Novelties**  
Select Varieties. Ice Cream or Frozen Dessert 1.5 Litre. Novelties 330 - 650 mL. Frozen.

**BUY CANADIAN**  
**5<sup>99</sup>**



**Folgers Coffee**  
Select Varieties. 544 - 865 g.

**18<sup>99</sup>**



**Compliments Juice Or Punch.** Select Varieties. 1 Litre.

**BUY CANADIAN**  
**2<sup>29</sup>**

Items may not be available at all locations. Sale valid while supplies last. We reserve the right to limit quantities. Items may differ from illustrations; some images are serving suggestions. Prices exclude GST/HST. Limits apply per household, per visit. We strive for accuracy but reserve the right to correct errors via in-store notices. Sale prices valid on dates shown on the front page.

Product Images May Differ Slightly From The Actual Item On Sale



### Bigood's Bakery.

BUY 1 GET 250 BONUS POINTS

Homemade Carrot Cake  
Krinkles 3 Pcs Per pack



\$6.99 Each pack

BUY 1 GET 250 BONUS POINTS

Home Made Dipped  
Shortbread 8 Pcs Per pack



\$5.99 Each Pack

BUY 1 GET 500 BONUS POINTS

Home Made Easter Cake



\$14.99 Each Pack

## Grocery.

BUY 1 GET 250 BONUS POINTS

Assorted Kraft Chesse Sices  
410 g



\$5.99 ea

BUY 1 GET 250 BONUS POINTS

Assor McCain Fries  
650 g



\$3.99 ea

BUY 1 GET 250 BONUS POINTS

Maxwell House Coffee  
864 g (Tin)



\$17.99 ea

BUY 1 GET 250 BONUS POINTS

Assorted Old Dutch  
Laundry Detergent 4 L



\$6.99 ea

BUY 1 GET 500 BONUS POINTS

Compliments Crispy  
Homestyle chicken 1 Kg



\$17.99 each

BUY 1 GET 250 BONUS POINTS

Butcher's Choice  
White meat Chicken Nuggets



\$8.99/lb

BUY 1 GET 250 BONUS POINTS

Porter's Fish Pudding



\$3.99/lb

Sale Price In Effect Thursday March 26th - Wednesday April 1st

Product Images May Differ Slightly From The Actual Item On Sale

**50/50**  
**BIDGOODS**  
**\$**  
**50/50**  
**DRAW**

WE WOULD LIKE TO THANK  
 OUR CUSTOMERS FOR YOUR  
 CONTINUED SUPPORT!

— WITH OUR 50/50 DRAW, —

**\$198,533.17**

BACK TO THE COMMUNITY!

MANUFACTURED FROM  
 HERE

PEPSI

Assorted Pepsi 24x355ml  
 \$13.49 ea

SAVE WITH  
**BIDGOOD'S**  
 THIS EASTER

SUPPORT LOCAL

BUY 1  
 GET 500  
 BONUS  
 POINTS

*Bidgood Homemade*  
 Baked Fish

\$8.02/lb

BUY 1  
 GET 500  
 BONUS  
 POINTS

*Bigood's Cove*  
 Fresh Salmon Steaks

\$13.15/lb

BUY 1  
 GET 500  
 BONUS  
 POINTS

*Bidgoods Homemade*  
 Cod Au Gratin

\$11.78/lb

BUY 1  
 GET 250  
 BONUS  
 POINTS

*Lemons*

4 For \$4.00

BUY 1  
 GET 250  
 BONUS  
 POINTS

*Fresh Produce*  
 Cauliflower

\$5.99 Each

BUY 1  
 GET 250  
 BONUS  
 POINTS

*Cantaloupe*

\$3.99 each

BUY 1  
 GET 500  
 BONUS  
 POINTS

*Bucket Of Chicken*

\$10.99 Ea

BUY 1  
 GET 500  
 BONUS  
 POINTS

*Bidgood's Deli*  
 Bidgoods Donairs

\$8.99 ea

BUY 1  
 GET 500  
 BONUS  
 POINTS

*Season Brisket Beef*  
 Sandwich

\$8.99 ea

Sale Price In Effect Thursday March 26th - Wednesday April 1st