NAM DAE MUN Farmers Market

WE ARE OPEN 7DAYS A WEEK **9AM~9PM**

SPECIAL SENIOR HOUR 9:00AM~10:00AM

5% Discount for Our Seniors!

NDMMARKET.COM
WEEKLY ADs, RECIPES AND MORE

www.ndmmarket.com | NDM Market APP | @ndmmarket | @ndmmarket

APP CARD

Download our APP or Visit our Website for even more Savings!

Digital Coupon Using APP

Want to save money on groceries? Sign up for AppCard today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.

SCAN DIGITAL COUPONS

SCAN WEEKLY AD



HOT SALE

PORK SPARE RIB WHOLE 2.49 LB



HOT SALE

FZ CHICKEN PARTY WINGS 5LB 9.99 BAG



HOT SALE

FROZEN CUT SWINNING CRAB 2LB 9.99 BOX



HOT SALE

NDM TILAPIA FILLET 3/5 2LB 5.99 PK



HOT SALE

NDM TILAPIA FILLET 3/5 5LB 17.99 PK



HOT SALE

BEEF MARINATED BULGOGI 7.99 LB



CHICKEN DRUMSTICK BAG 0.79 LB



SALMON STEAK 6.99 LB



FZ HEADLESS WHITE SHRIMP 16/20 6.99 LB



HEAD ON WHITE SHRIMP 40/50 2.99 LB

DAIRY AND FROZEN

APP CARD **DISCOUNT COUPON W/NDM APP CARD**
1 COUPON FOR 1 PERSON



ONLY THUR-SUN!

DAISY SQUEEZE SOUR CREAM 14OZ

2.29/EA DIGITAL COUPON $1 OFF 1 **1.29 LIMIT1**



ONLY THUR-SUN!

MCCAIN POTATO 20-32OZ

3.49/EA DIGITAL COUPON $1 OFF 1 **2.49 LIMIT1**



APP CARD BUY 2 GET 1 FREE!

TOTINO'S 50CT PIZZA ROLLS 24.8OZ 5.99 EA



DAISY COTTAGE CHEESE SMALL CURD 16OZ 2.99 EA



PARKAY SPREAD 41OZ 5.49 EA



MILO'S SWEET TEA 128OZ 2.99 EA



BORDEN SHREDDED MEXICAN CHEESE 8-12OZ 2 FOR 5



IGA SINGLES AMERICAN CHEESE 24CT 2.99 EA



SARGENTO BALANCED BREAKS 4.5OZ 2 FOR 7



CABOT CHUNK CHEESE 7-8OZ 3.49 EA



CABOT GREEK YOGURT 32OZ 4.79 EA



CHOBANI GREEK YOGURT DRINK 4PK 7.49 EA



ORGANIC VALLEY ORGANIC WHOLE MILK 32OZ 3.49 EA



ORGANIC VALLEY ORGANIC HALF & HALF 32OZ 5.29 EA



ORGANIC VALLEY ORGANIC HEAVY WHIPPING CREAM 16OZ 5.79 EA



PLANET OAT OATMILK 52OZ 2.99 EA



TROPICANA JUICE 11OZ 1.99 EA



SIMPLY ORANGE JUICE 46OZ 4.49 EA



CHOBANI 20G PROTEIN DRINK 10OZ 3.29 EA



OUTSHINE FRUIT ICE BAR 6CT 4.79 EA



KEMPS ICE CREAM 48OZ 3.99 EA



MAYFIELD ICE CREAM 16OZ 2.49 EA



MAYFIELD ICE CREAM CORN 4CT 5.49 EA



PICTSWEET CHOPPED SPINACH 24OZ 3.99 EA



PICTSWEET FARM FAVORITES FAMILY BEANS 20OZ 4.99 EA

PRICE EFFECTIVE : MARCH 20TH, 2026 THROUGH MARCH 26TH, 2026

Prices and product availability are subject to change without notice. We reserve the right to limit quantities on promotion products. Market is not responsible for pricing, typographical, or other errors.

NAM DAE MUN Farmers Market

WE ARE OPEN 7DAYS/WEEK
9AM~9PM
SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

FREE ICE CREAM!
CELEBRATE YOUR BIRTHDAY WITH NAMDAEMUN
Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*
Sign Up with the QR Code or by texting NDM to 87573
SCAN FOR DIGITAL COUPON
*While supplies last. Taxes apply. Please sign up before birthday month to receive your free birthday ice cream email.

FRUIT & VEGETABLE
FRI/SAT/SUNDAY SALE ONLY!


HOT SALE
PEELED YOUNG COCONUT WITH STRAW
1.99 EA


HOT SALE
GREEN ONION
4 FOR 1.99


KIWI
3 FOR 1.99


FUJI APPLE
3LB 1.99 BAG


CALIFORNIA ORANGE
4LB 4.99 BAG


RED GRAPEFRUIT
3LB 3.99 BAG


ORRI MANDARIN
2.79 LB


RED SL GRAPE
1.99 LB


MINI CUCUMBER
14OZ 1.99 PK


BABY SPINACH
2LB 4.99 BAG


RED BELL PEPPER
2.49 LB


ICEBERG LETTUCE
1.49 EA


GREEN ZUCCHINI
0.99 LB


KOREAN SWEET POTATO
5LB 8.99 BOX


SHANGHAI BOK CHOY
1.99 LB


KING OYSTER MUSHROOM
1.99 LB


Duluth Only!
PULMUONE FIRM, SOFT, SILKEN TOFU
16OZ 2 FOR 3

FARM FRESH FRUIT & VEGETABLE


POMEGRANATE
5.99 EA


JUMBO CANTALOUPE
2.99 EA


MINNEOLA ORANGE
3 FOR 1.99


SATSUMA MANDARIN WITH LEAF
1.99 LB


HASS AVOCADO
0.79 EA


GRANNY SMITH APPLE
3LB 3.99 BAG


LARGE FUJI APPLE
1.29 LB


CARA CARA ORANGE
2 FOR 1


GREEN KALE
0.99 EA


GREEN LEAF
2 FOR 3


CROWN BROCCOLI
1.29 LB


CALAVASA
WHOLE 0.99 LB
CUT 1.29 LB


SLICES FRUIT
5.99 LB


GUMMY BEAR
4.99 LB


BANANA CHIP
3.99 LB


REAL TUNISIAN PITTED DATES
24OZ 3.99 PK

SPECIAL!


COCA-COLA DRINK
7.5OZ 10PK
2 FOR 11


BODYARMOR SPORTS DRINK
16OZ
10 FOR 10


VITAMIN WATER HC VW
16.9OZ 6PK
2 FOR 11


MONSTER NOS ENERGY DRINK
16OZ
2 FOR 5


LKK HOISIN SAUCE
14OZ
2.49 EA


LKK CHICKEN MARINADE
14OZ
3.49 EA


OTOKI JIN RAMEN
SPICY / MILD 4PK
3.99 EA


OTOKI JIN RAMEN
VEGGI / CHICKEN 4PK
4.99 EA


YOJAPCHAE CUP
SMALL CUP 38G / LARGE CUP 75G
1.49 38G
1.99 75G


SUGAROLLY COTTON CANDY
10-12G
0.99 EA

PRICE EFFECTIVE : MARCH 20TH, 2026 THROUGH MARCH 26TH, 2026

Prices and product availability are subject to change without notice. We reserve the right to limit quantities on promotion products. Market is not responsible for pricing, typographical, or other errors.

NAM DAE MUN Farmers Market

WE ARE OPEN 7DAYS/WEEK
9AM~9PM
SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

Friday
VISIT US ONLINE TO REGISTER FOR DIGITAL COUPON!
FREE ITEM!
DOWNLOAD YOUR DIGITAL COUPON FOR A FREE ITEM.
LOAD FRIDAY ONLY!
Load FRIDAY only and Redeem by SUNDAY!
*Products could change based on availability. Limit one free item per household. No rainchecks available. Taxes where applicable.

HAWAIIAN PUNCH 1GAL 2.99 EA

TAMPICO DRINK 128OZ 2.99 EA

FOOD CLUB JUICE 64OZ 2.49 EA

FOOD CLUB GRAPE JUICE 64OZ 3.49 EA

FOOD CLUB GRAPE JUICE 96OZ 3.99 EA

OLD ORCHARD JUICE 64OZ 2.79 EA

LIDNT LINDOR CHOCOLATE 5.1OZ 6.49 EA

DOLE FRUIT SNACK CUP 4PK 16-17.2OZ 3.49 EA

PURE LIFE WATER 16.9OZ 24PK 4.49 EA

PURE LIFE WATER 8OZ 24PK 4.49 EA

YOOHOO CHOCO DRINK 4PK 4.29 EA

ARIZONA TEA DRINK 12PK 138OZ 5.99 EA

GENERAL MILLS CEREAL 12-16.8OZ 3.49 EA

POST CEREAL 13-20.5OZ 4.49 EA

QUAKER LIFE CEREAL 13-14.5OZ 2 FOR 6

ORVILLE REDENBACHER POPCORN 3PK 8.07-9.87OZ 2 FOR 5

IGA RAISINS CANISTER 20OZ 4.49 EA

IGA PEANUT BUTTER CREAMY 40OZ 5.49 EA

ARMOUR TREET ORIGINAL LUNCHEON LOAF 12OZ 2.49 EA

GULDEN BROWN MUSTARD SQUEEZ 12OZ 1.79 EA

HEINZ KETCHUP 38OZ 4.99 EA

DUKES MAYONNAISE 11.5OZ 3.99 EA

KRAFT REAL MAYO 22OZ 5.49 EA

IGA VEGETABLE OIL 40OZ 2 FOR 5

KINDER'S BBQ WING SAUCE 15.3-15.8OZ 3.49 EA

KINDER'S GOLD LABEL BBQ SAUCE 15.5OZ 5.49 EA

KINDER'S WING SAUCE 13.8-15.9OZ 5.49 EA

BLUE RIBBON RICE 5LB 3.99 EA

MARTHA WHITE CORN MEAL MIX 5OZ 3.99 EA

WHITE LILY CORN MEAL MIX 40OZ 3.99 EA

PREGO SPAGHETTI SAUCE 24OZ 2 FOR 4

PREGO SPAGHETTI CREAMY SAUCE 14.5OZ 2 FOR 5

PREGO SPAGHETTI SAUCE 23.75-24OZ 2 FOR 5

FURMANOS TOMATOES 14.5-15OZ 2 FOR 4

RO TEL TOMATOES 10OZ 2 FOR 3

GLORY SEASONED SOUTHERN STYLE 27OZ 2.99 EA

SAVE ON EVERYDAY ITEM!

ONLY THUR-SUN!

ALL ULTRA LIQUID DETERGENT 30OZ
4.49/EA
DIGITAL COUPON $1.50 OFF 1
2.99
LIMIT1

SUAVITEL FABRIC SOFTENER 46OZ 3.99 EA

SUAVITEL FABRIC SOFTNER SHEETS 70CT 3.49 EA

PALMOLIVE LIQUID DISH SOAP 20OZ 2.99 EA

AIR WICK ESSENTIAL OIL 1.34OZ 5.99 EA

CHARMIN 6 MEGA ROLL TOILET TISSUE 6CT 7.99 EA

BOUNTY PAPER TOWEL 4 DOUBLE ROLL 4CT 7.99 EA

SAVE MORE $1/EA

APP CARD DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON

ONLY THUR-SUN!

BETTY CROCKER FAVORITES SUPER MOIST CAKE MIX 13.25-14.25OZ
1.49/EA
DIGITAL COUPON $0.50 OFF 1
0.99
LIMIT1

MAZOLA CANOLA OIL CORN OIL 40OZ
5.49/EA
DIGITAL COUPON $1 OFF 1
4.49



VISIT OUR NDM MARKET

DULUTH 3825 Shackleford Rd, Duluth, GA 30096
LAWRENCEVILLE 850 Dogwood Rd. Lawrenceville, GA 30044
LILBURN 4805 Lawrenceville Hwy. Lilburn, GA 30047
MORROW 1940 Mt. Zion Rd. Morrow, GA 30260
NORCROSS 6131 S. Norcross Tucker Rd. Norcross, GA 30093
STONE MOUNTAIN 5158 Memorial Dr. Stone Mtn, GA 30083
SMYRNA(EAST) 2350 Spring Rd. Smyrna, GA 30080
SMYRNA(WEST) 2148 South Cobb Dr. Smyrna, GA 30080

PRICE EFFECTIVE : MARCH 20TH, 2026 THROUGH MARCH 26TH, 2026

Prices and product availability are subject to change without notice. We reserve the right to limit quantities on promotion products. Market is not responsible for pricing, typographical, or other errors.

NAM DAE MUN
Farmers Market

3.20.2026~ 3.26.2026

PRODUCE WEEKLY SALE

Choose Your Best Vegetables !

BOX SALES ONLY !



‹ALL ITEMS ARE BOX PRICES›



SALE PRICE
$25.00
SUPER PRICE

JUMBO WHITE ONION 25LB

Jumbo white onions are highly nutritious, low-calorie vegetables packed with immune-boosting vitamin C, potassium, and antibacterial compounds. They offer significant health advantages, including reducing inflammation, lowering cholesterol, regulating blood sugar, and supporting heart health. Their sharp flavor and prebiotic fiber aid digestion and gut health.



SALE PRICE
$58.00
SUPER PRICE

MANDARIN (CLEMENTINE) 20LB

Mandarin oranges are a nutrient-dense, low-calorie fruit providing a powerful immune system boost, significant antioxidants for skin health, and essential fiber for digestion and heart health. High in vitamin C (over 25% of daily value in one medium fruit), they aid in collagen production, blood pressure regulation, and reducing inflammation.



SALE PRICE
$30.00
SUPER PRICE

IDAHO POTATO LOOSE 50LB

Idaho® potatoes are nutrient-dense, fat-free, and cholesterol-free, providing high levels of potassium (more than a banana), Vitamin C, and B6, along with dietary fiber. Certified as heart-healthy by the American Heart Association, they support immune health, aid digestion, and provide sustained energy.



SALE PRICE
$24.00
SUPER PRICE

FUJI APPLE BAG 12/3LB

Fuji apples are exceptionally high in polyphenols and flavonoids—higher than many other varieties—offering strong antioxidant, anti-inflammatory, and heart-health benefits. They are a great source of dietary fiber (pectin) for digestion and vitamin C for immune support. These, low-calorie, crisp fruits also help regulate blood sugar, promote weight control, and provide lasting energy.



SALE PRICE
$35.00
SUPER PRICE

KOREAN RADISH(JEJU)40LB

Jeju Korean radishes (Mu) are nutrient-dense, low-calorie root vegetables known for aiding digestion, boosting immunity with high Vitamin C, and supporting detoxification. They are particularly rich in fiber, potassium, and antioxidants, with a sweet-peppery flavor that helps combat inflammation. Due to the volcanic soil of Jeju Island, these radishes are considered exceptionally sweet, firm, and crisp, making them ideal for soups, kimchi, and fermented dishes.



SALE PRICE
$40.00
SUPER PRICE

GRAPEFRUIT 27-32CT

Grapefruit is a nutrient-dense, low-calorie citrus fruit that boosts immune function with high Vitamin C and A, aids weight management through high fiber and water content, and supports heart health by improving blood pressure and cholesterol levels. It may also aid in metabolic health, reduce insulin resistance, and improve skin health.

NAM DAE MUN Farmers Market

WE ARE OPEN 7DAYS A WEEK 9AM~9PM

SPECIAL SENIOR HOUR 9:00AM~10:00AM

5% Discount for Our Seniors!

THU,FRI,SAT,SUN

DIGITAL COUPON

3/19-3/22

THROW BACK THURSDAYS



LIMIT 1 OFFER

SALE PRICE 1.49
DIGITAL COUPON 0.50 OFF ONE
FINAL PRICE 0.99

13.25 OZ.
Selected

Betty Crocker Cake Mix



LIMIT 1 OFFER

SALE PRICE 2.29
DIGITAL COUPON 1.00 OFF ONE
FINAL PRICE 1.29

14 OZ.
Selected

Daisy Squeeze Sour cream



LIMIT 1 OFFER

SALE PRICE 3.49
DIGITAL COUPON 1.00 OFF ONE
FINAL PRICE 2.49

20 To 32 OZ.,
Selected

Mccain's Frozen Fried Potatoes, Hash Browns Potato Patties



LIMIT 1 OFFER

SALE PRICE 4.49
DIGITAL COUPON 1.50 OFF ONE
FINAL PRICE 2.99

30OZ, 19CT.,
Selected

All Liquid, Pacs Detergent

FREE ITEM Friday



COUPON REDEEMABLE
3/20/26 - 3/22/26

PRODUCTS COULD CHANGE BASED ON AVAILABILITY
**LIMIT ONE FREE ITEM PER HOUSEHOLD*
*NO RAINCHECKS AVAILABLE**
TAXES WHERE APPLICABLE

1 FREE WITH DIGITAL COUPON | 2.4-Oz. Clif Bar Energy Bar (Selected)

Download your DIGITAL COUPON for a FREE ITEM.

LOAD FRIDAY ONLY

Load Friday 3/20/26 ONLY and redeem by Sunday 3/22/26



FREE ICE CREAM!

CELEBRATE YOUR BIRTHDAY WITH NAM DAE MUN

Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*

SIGN UP WITH THE QR CODE BELOW OR BY TEXTING NDM TO 87573

Scan for digital coupons

*While supplies Taxes apply.
Please sign up before your birthday month to receive your free birthday ice cream email.