

# food Basics

CANADIAN AND PROUD

## ALWAYS MORE FOR LESS



GREEN OR RED SEEDLESS GRAPES  
PRODUCT OF SOUTH AFRICA  
AND/OR PERU NO. 1 GRADE  
4.14/KG

**EXTRA LARGE**

**EASTER SAVINGS**

**1<sup>88</sup>**  
/LB

**HALAL AT SAME PRICE**

PRIME OR MINA HALAL FRESH BONELESS SKINLESS CHICKEN BREAST FAMILY PACK  
AIR CHILLED  
WHILE QUANTITIES LAST  
10.98/KG

**EASTER SAVINGS**

**4<sup>98</sup>**  
/LB

RUSSET POTATOES  
PRODUCT OF PRINCE EDWARD ISLAND  
CANADA NO. 1 GRADE  
5 LB

CARROTS  
PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
2 LB

YELLOW ONIONS  
PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
2 LB

**EASTER SAVINGS**

**1<sup>48</sup>**  
EACH

**FRESH**

NEW ZEALAND SPRING LAMB  
Halal Certified

NEW ZEALAND FRESH LAMB LEG  
WHILE QUANTITIES LAST  
12.08/KG

**EASTER SAVINGS**

**5<sup>48</sup>**  
/LB

ANDY BOY RAPINI  
PRODUCT OF U.S.A.

**EASTER SAVINGS**

**1<sup>98</sup>**  
EACH

**Irresistible**

IRRESISTIBLE SMOKED SPIRAL HAM  
WHILE QUANTITIES LAST  
8.55/KG

**EASTER SAVINGS**

**3<sup>88</sup>**  
/LB

CAULIFLOWER  
PRODUCT OF U.S.A. NO. 1 GRADE

**EASTER SAVINGS**

**2<sup>88</sup>**  
EACH

**SELECTION**

NATURALLY SMOKED - FUMÉ NATURELLEMENT  
**BACON**  
375 g

SELECTION BACON  
375 g  
SELECTED VARIETIES

**EASTER SAVINGS**

**3<sup>28</sup>**  
EACH

**18 PACK**

large size calibre gros  
18

**EASTER SAVINGS**

**4<sup>44</sup>**  
EACH

SELECTION LARGE EGGS  
18'S  
SELECTED VARIETIES

**WOW**

**SELECTION**

SALTED · SALÉ  
BUTTER · BEURRE  
454 g

**SELECTION**

UNSALTED NON SALÉ  
BUTTER · BEURRE  
454 g

SELECTION BUTTER  
454 g  
SELECTED VARIETIES

**EASTER SAVINGS**

**4<sup>97</sup>**  
EACH

# HAPPY EASTER

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MARCH 26<sup>TH</sup> TO WEDNESDAY, APRIL 1<sup>ST</sup>, 2026  
PRICES IN THIS FLYER AVAILABLE AT ALL SAULT STE MARIE, ANCASTER, GRIMSBY, HAMILTON, NIAGARA FALLS, BOLTON & WOODBRIDGE LOCATIONS ONLY.

To view local store flyer, visit [foodbasics.ca](http://foodbasics.ca), where you can create an account (or sign into your account) and select your preferred location.





NESTLÉ KIT KAT EASTER BUNNY  
85 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**EASTER SAVINGS**

**349**  
EACH



LINDT GOLD EASTER BUNNY  
100 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**EASTER SAVINGS**

**699**  
EACH



IRRESISTIBLE MILK CHOCOLATE MINI EGGS  
800 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**EASTER SAVINGS**

**1499**  
EACH

**125**  
points  
value of \$1



CADBURY MINI EGGS  
87.5 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**EASTER SAVINGS**

**1799**  
EACH



SELECTION OR LIFE SMART DELUXE MIXED NUTS OR CASHEWS  
1.13 KG  
SELECTED VARIETIES

**EASTER SAVINGS**

**1999**  
EACH





**EASTER SAVINGS**

**999**  
/LB

COHO SALMON FILLET  
PREVIOUSLY FROZEN  
SELECTED VARIETIES  
22.02/KG



**EASTER SAVINGS**

**299**  
EACH

ANCHOR'S BAY BASA FISH FILLETS  
400 G FROZEN SELECTED VARIETIES



IRRESISTIBLE BANG BANG SHRIMP OR SHRIMP GYOZA  
340 - 400 G FROZEN SELECTED VARIETIES

**EASTER SAVINGS**

**799**  
EACH



**EASTER SAVINGS**

**1199**  
/LB

BULK SALTED COD  
26.43/KG



**EASTER SAVINGS**

**1699**  
EACH

**125**  
points  
value of \$1

IRRESISTIBLE LARGE SHRIMP RING WITH SAUCE  
600 G FROZEN SELECTED VARIETIES

# EASTER FAVOURITES

## FOR LESS

EASTER SAVINGS

**5<sup>99</sup>**  
EACH

**125**  
points  
value of \$1



IRRESISTIBLE PIE  
750 G - 1 KG SELECTED VARIETIES



TROPICAL GOLD  
PINEAPPLE  
PRODUCT OF COSTA RICA  
CANTALOUPE  
PRODUCT OF  
GUATEMALA OR HONDURAS  
NO. 1 GRADE

EASTER SAVINGS  
**2<sup>88</sup>**  
EACH

CRAVE OR  
KRAFT DINNER  
MEALS  
200 - 340 G  
McCain  
FRENCH FRIES  
454 - 450 G  
FROZEN  
SELECTED VARIETIES



EASTER SAVINGS  
**2<sup>99</sup>**  
EACH

MASTRO OR SAN DANIELE  
SLICED DELI MEAT OR  
BOURBIN  
CHEESE OR  
IRRESISTIBLES  
GOAT  
CHEESE OR  
BRAND  
KOLBASSA  
100 - 2 X 150 G  
SELECTED VARIETIES

EASTER SAVINGS  
**4<sup>49</sup>**  
EACH

DR. OETKER  
GIUSEPPE  
PIZZA  
400 - 785 G FROZEN  
HELIVA GOOD!  
DIP  
400 G  
SELECTED VARIETIES



EASTER SAVINGS  
**4<sup>99</sup>**  
EACH



LACTANTIA  
CREAM  
473 ML - 1 L  
SELECTED VARIETIES

EASTER SAVINGS  
**2<sup>99</sup>**  
EACH

LAY'S  
POTATO CHIPS  
OR SMARTFOOD  
POPCORN  
150 - 235 G  
SELECTED VARIETIES



EASTER SAVINGS  
**2<sup>99</sup>**  
EACH



EASTER SAVINGS  
**3<sup>99</sup>**  
EACH

MOLISANA  
PASTA  
PASSATA  
400 ML  
SELECTED VARIETIES



EASTER SAVINGS  
**1<sup>99</sup>**  
EACH



GALLO  
OLIVE OIL  
1 L  
SELECTED VARIETIES

EASTER SAVINGS  
**8<sup>99</sup>**  
EACH

**75**  
points

TRE STELLE  
MASCARPONE  
475 G



EASTER SAVINGS  
**8<sup>98</sup>**  
EACH



LAVAZZA  
ESPRESSO  
250 G  
SELECTED VARIETIES

EASTER SAVINGS  
**4<sup>99</sup>**  
EACH

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**Black Diamond**  
OLD • FORT  
Cheddar Cheese  
Fromage cheddar

**Black Diamond**  
MARBLE • MARRBRE

**Black Diamond**  
NATURAL CHEESE SLICES 220 • 240 G

**Black Diamond**  
GALBANI MOZZARELLA 500 G SELECTED VARIETIES

**EASTER SAVINGS**

**548**  
EACH

**CLASSICO**  
TOMATO & BASIL  
TOMATES ET BASILIC

**CLASSICO**  
ALFREDO

**CLASSICO**  
PASTA SAUCE  
210 • 400 ML  
SELECTED VARIETIES

**EASTER SAVINGS**

**298**  
EACH

**Lactantia**  
Original  
CREAM CHEESE  
FROMAGE À LA CRÈME

**Lactantia**  
Simple Ingredients  
Rich & Creamy  
Riche et crémeux  
Ingrédients simples

**LACTANTIA**  
CREAM CHEESE  
PRODUCT  
227 G

**LACTANTIA**  
CREAM CHEESE  
224 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**EASTER SAVINGS**

**299**  
EACH

**FIVE ROSES**  
ALL PURPOSE FLOUR  
WHITE

**Robin Hood**  
ALL PURPOSE  
FLOUR  
ORIGINAL

**ROBIN HOOD OR FIVE ROSES FLOUR**  
2.5 KG  
SELECTED VARIETIES

**EASTER SAVINGS**

**499**  
EACH

**IMPERIAL**  
Non Hydrogenated • Non hydrogénée

**PHILADELPHIA**  
CREAM CHEESE  
PRODUCT  
340 G

**IMPERIAL**  
MARGARINE  
850 G  
SELECTED VARIETIES

**EASTER SAVINGS**

**499**  
EACH

**Green Giant**  
Géant Vert

**Green Giant**  
OR IRRESISTIBLES  
VEGETABLES  
100 • 750 G  
FROZEN  
SELECTED VARIETIES

**EASTER SAVINGS**

**299**  
EACH

**Campbell's**  
CHICKEN • POULET

**Campbell's**  
BEEF • BŒUF

**CAMPBELL'S**  
BROTH  
250 • 900 ML  
SELECTED VARIETIES

**EASTER SAVINGS**

**149**  
EACH

**DARE**  
COOKIES OR  
CRACKERS  
100 • 310 G

**OREO**  
The Original  
Long Original

**CHRISTIE**  
CHIPS AHOY  
OR OREO  
COOKIES  
251 • 270 G  
SELECTED VARIETIES

**Vinta**  
ORIGINAL

**EASTER SAVINGS**

**2/\$5**

**Kellogg's**  
FROOT LOOPS

**Kellogg's**  
FROSTED FLAKES

**Kellogg's**  
CORN FLAKES

**KELLOGG'S**  
FROOT LOOPS, CORN FLAKES  
OR FROSTED FLAKES CEREAL  
230 • 240 G SELECTED VARIETIES  
WHILE QUANTITIES LAST

**EASTER SAVINGS**

**249**  
EACH

**Timothy's**  
LIGHT  
BREAKFAST BLEND

**100% COLOMBIAN**  
SINGLE ORIGIN

**TIMOTHY'S OR IRRESISTIBLES**  
COFFEE CAPSULES  
107 G  
SELECTED VARIETIES

**EASTER SAVINGS**

**1499**  
EACH

**Cascade**  
PLATINUM  
DISHWASHER  
TABS  
51 • 67 G  
SELECTED VARIETIES

**Tide**  
LAUNDRY  
DETERGENT  
3.9 L • 100 LBS  
PODS  
41 • 71 G

**EASTER SAVINGS**

**2199**  
EACH

**Sponge Towels**  
ULTRA

**Cashmere**  
BATHROOM TISSUE  
12 • 24 G

**SCOTTIES**  
FACIAL  
TISSUE  
65  
SELECTED VARIETIES

**EASTER SAVINGS**

**699**  
EACH

**Unilever**

**moi rewards**

Buy any 2 participating Hellmann's products and get 125 points AND enter to WIN\*\* a Canada Soccer Team VIP Experience

\*\*No purchase necessary. The contest is open to Ontario residents who have reached the age of majority and are already members of the moi program. The contest runs from March 24th, 2025, at 00:00 a.m. (EST) to April 22nd, 2025, at the participating stores' closing time. Prize: One (1) "Canada Soccer Team VIP Experience", including: (i) Two (2) tickets for a Team Canada Soccer exhibition game in 2025; (ii) Two (2) Canada Soccer Team player signed jerseys; (iii) Access for two (2) to stadium tour and a private tour to watch the team warm up and play a \$2,000 digital free gift card. Any of the Grand Prize is \$4,000 CAD. Offer valid in participating Metro and Food Basics stores of Ontario. The odds of winning depend on the number of eligible entries received. Mathematical odds: 1 entry: 1 in 1,000,000. Full contest rules and details are available at [www.moirwards.ca](http://www.moirwards.ca) and in participating stores. All trademarks are the property of their respective owners. All Canada Soccer logos and marks are the property of Canada Soccer and may not be reproduced without prior written consent. © 2025 Canada Soccer. All Rights Reserved.

**HELLMANN'S**  
REAL MAYONNAISE  
228 • 445 ML  
SELECTED VARIETIES

**THIS WEEK ONLY**

**599**  
EACH

**HELLMANN'S**  
REAL MAYONNAISE  
228 • 445 ML  
SELECTED VARIETIES

**THIS WEEK ONLY**

**399**  
EACH

**\*IN STOCK POLICY:** Food Basics® offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only. If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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**FOODBASICS.CA**

\*Limit of one promo code per transaction. Conditions apply. Valid on orders of \$75 or more.

**\$15 OFF YOUR FIRST 3 ORDERS\***  
**\$45 OFF**  
 PROMO CODES: HELLO1 - HELLO2 - HELLO3

**DELIVERING THE SAME IN-STORE DEALS**

## PRODUCE

SWEET POTATOES  
PRODUCT OF U.S.A.  
3.28/KG

**THIS WEEK ONLY**

**1.49**  
/LB

RASPBERRIES  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
370 G

**THIS WEEK ONLY**

**3.99**  
EACH

BLACKBERRIES  
PRODUCT OF MEXICO, NO. 1 GRADE  
190-194 G

**THIS WEEK ONLY**

**2.99**  
EACH

STRAWBERRIES  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
454 G

**THIS WEEK ONLY**

**2.99**  
EACH

ATTITUDE SALAD MIX  
1 KG

**THIS WEEK ONLY**

**3.77**  
EACH

THE LITTLE POTATO CO.  
LITTLE TRIOS  
MIX OF 3 VARIETIES  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2.99**  
EACH

JUMBO ROMAINE HEARTS  
3 PK  
ANDY BOY  
PRODUCT OF U.S.A. OR MEXICO  
3 PK

**THIS WEEK ONLY**

**4.99**  
EACH

SWEET ASSORTED PEPPERS  
PRODUCT OF HONDURAS AND/OR MEXICO  
PKG OF 4

**THIS WEEK ONLY**

**4.99**  
EACH

ROMAINE HEARTS  
PRODUCT OF U.S.A. AND/OR MEXICO  
3 PK

**THIS WEEK ONLY**

**4.99**  
EACH

CLEMENTINES  
PRODUCT OF MEXICO AND/OR PERU  
1.5 OR 1.6 PKG

**THIS WEEK ONLY**

**4.99**  
EACH

AVOCADOS  
PRODUCT OF MEXICO AND/OR PERU  
1.5 OR 1.6 PKG

**THIS WEEK ONLY**

**4.99**  
EACH

CLEMENTINES  
PRODUCT OF MEXICO  
2 LB

**THIS WEEK ONLY**

**2.99**  
/LB

BRUSSELS SPROUTS  
PRODUCT OF HOLLAND AND/OR U.S.A.  
6.59/KG

**THIS WEEK ONLY**

**2.99**  
/LB

GREEN BEANS  
PRODUCT OF GUATEMALA  
400 G

**THIS WEEK ONLY**

**3.99**  
EACH

IRRESISTIBLES HERBS  
21 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2/\$4**

HEIRLOOM TOMATOES  
PRODUCT OF U.S.A. AND/OR MEXICO  
500 G

**THIS WEEK ONLY**

**3.99**  
EACH

WHOLE WHITE OR CREMINI MUSHROOMS  
PRODUCT OF U.S.A.  
327 G

**THIS WEEK ONLY**

**2.77**  
EACH

BROCCOLI CROWNS  
PRODUCT OF U.S.A. AND/OR MEXICO

**THIS WEEK ONLY**

**2/\$5**

LEMONS  
PRODUCT OF U.S.A. AND/OR SOUTH AFRICA  
2 LB

**THIS WEEK ONLY**

**4.99**  
EACH

KIWI  
PRODUCT OF GREECE  
400 G BASKET

**THIS WEEK ONLY**

**4.99**  
EACH

SWEET POINT  
TO THE POINT  
MINI SWEET PEPPERS  
PRODUCT OF CANADA AND/OR MEXICO  
454 G

**THIS WEEK ONLY**

**3.99**  
EACH

MINI CUCUMBERS  
PRODUCT OF CANADA, NO. 1 GRADE  
397 G

**THIS WEEK ONLY**

**3.99**  
EACH

GREEN GIANT  
MEDLEY OR FLORETS  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

OCEAN SPRAY  
CRAISINS  
680 G VALUE PACK / FORNAT ECONOMIQUE

**THIS WEEK ONLY**

**6.99**  
EACH

FRUIT OR VEGETABLE TRAY  
400 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**11.99**  
EACH

## FLORAL

10 STEM TULIPS  
WHILE SUPPLIES LAST

**THIS WEEK ONLY**

**8.88**  
EACH

6" EASTER LILLIES  
WHILE SUPPLIES LAST

**THIS WEEK ONLY**

**8.99**  
EACH

12 STEM ROSES  
WHILE SUPPLIES LAST

**THIS WEEK ONLY**

**12.88**  
EACH

MAJESTY  
WHILE SUPPLIES LAST

**THIS WEEK ONLY**

**22.99**  
EACH

## MEAT

FRESH FROM THE FARM  
LOCAL ONTARIO  
WHOLE CHICKEN  
8.80/KG

**THIS WEEK ONLY**

**3.99**  
/LB

ZABIHA HALAL  
WHOLE CHICKEN  
POULET ENTIER

**THIS WEEK ONLY**

**3.99**  
/LB

JOHNSONVILLE  
ORIGINAL BREAKFAST SAUSAGES  
SAUCISSES A DEJEUNER ORIGINALES  
375 G

**THIS WEEK ONLY**

**5.99**  
EACH

PRIME TURKEY  
DINDE  
454g-1lb

**THIS WEEK ONLY**

**5.99**  
EACH

PRIME  
RAISED WITHOUT ANTIBIOTICS  
ELEV SANS  
454g-1lb

**THIS WEEK ONLY**

**5.99**  
EACH

PRIME EXTRA LEAN GROUND TURKEY  
OR RAISED WITHOUT ANTIBIOTICS  
GROUND CHICKEN  
454 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**9.99**  
/LB

FRESH BONELESS STEWING BEEF  
FAMILY PACK  
INCLUDES SALES  
22.02/KG

**THIS WEEK ONLY**

**9.99**  
/LB

NEW ZEALAND FRESH LAMB SHOULDER CHOPS  
FAMILY PACK  
WHILE QUANTITIES LAST  
19.82/KG

**THIS WEEK ONLY**

**8.99**  
/LB

FRESH BONELESS EYE OF ROUND ROAST OR STEAKS  
CUT FROM CANADA AA OR HIGHER GRADE OF BEEF  
26.43/KG

**THIS WEEK ONLY**

**11.99**  
/LB

FLETCHER'S  
PORK COTTAGE ROLL  
CURED  
7.69/KG

**THIS WEEK ONLY**

**3.49**  
/LB

SCHNEIDERS  
RED HOTS OR MAPLE LEAF TOP DOGS  
WIENERS

**THIS WEEK ONLY**

**4.49**  
EACH

JANES  
PUB STYLE WINGS  
GARLIC  
1.5 LB

**THIS WEEK ONLY**

**9.99**  
EACH

MARC ANGELO  
OVEN READY ROASTS  
2.09 LBS  
SELECTED VARIETIES

**THIS WEEK ONLY**

**11.99**  
EACH

SCHNEIDERS  
MEAT PIES  
130-140 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**4.99**  
EACH

POGO  
ORIGINAL BEEF BREADED SAUSAGES  
400-700 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**9.99**  
EACH

LOU'S KITCHEN  
BBQ PORK BACK RIBS  
1.5 LB  
SELECTED VARIETIES

**THIS WEEK ONLY**

**10.99**  
EACH

SCHNEIDERS OR PRIME  
FULLY COOKED BREADED CHICKEN  
1.5 LB  
SELECTED VARIETIES

**THIS WEEK ONLY**

**11.99**  
EACH

TRE STELLE  
RICOTTA OR BOCCONCINI  
300-475 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

ENTRE MONT  
BRIE / FRANCE  
DOUBLE CREAM  
190-227 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

AGROPUR OKA OR KERRYGOLD DUBLINER OR ENTRE MONT BRIE OR CAMEMBERT  
190-227 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

BALDERSTON  
CHEDDAR  
200-280 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**6.49**  
EACH

NATURAL SELECTIONS  
MAPLE LEAF  
NATURAL SELECTIONS SLICED DELI MEAT  
375-400 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**12.99**  
EACH

SUMMER FRESH  
HUMMUS OR DIPS  
300-375 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**3.49**  
EACH

FRESH CANADIAN COVE MUSSELS  
1.5 LB  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.49**  
EACH

NORTHERN KING WHOLE TILAPIA  
1 KG (2-2 LB)  
SELECTED VARIETIES

**THIS WEEK ONLY**

**7.49**  
EACH

ENGLISH STYLE  
SALMON  
1 KG (2-2 LB)  
SELECTED VARIETIES

**THIS WEEK ONLY**

**7.99**  
EACH

**ALWAYS FRESH. \*ALWAYS IN STOCK. ALWAYS GREAT PRICES.**

**ALWAYS FRESH. \*ALWAYS IN STOCK. ALWAYS GREAT PRICES.**

# BAKERY



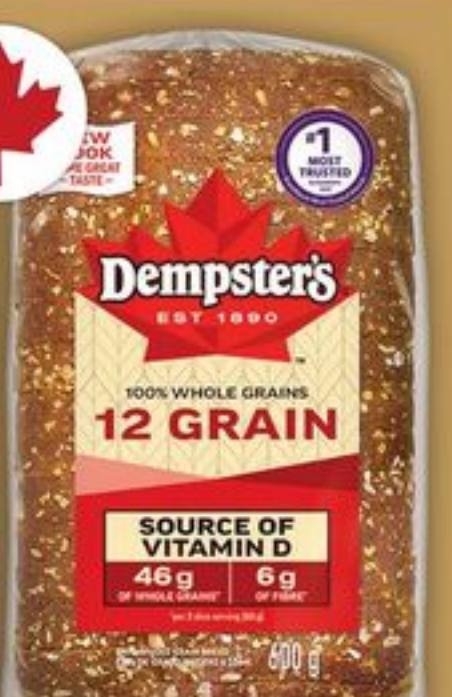
**IRRESISTIBLES BREAD OR ROLLS**  
500 - 600 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2.99**  
EACH



**VILLAGGIO BREAD** 550 - 475 G



**DEMPSTER'S WHOLE GRAIN BREAD** 600 G  
**ROLLS** 12'S  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2.99**  
EACH



**SUN-MAID CINNABON OR DEMPSTER'S CINNAMON BREAD** 340 - 570 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**4.49**  
EACH



**SELECTION SQUARES OR SWISS ROLLS** 400 - 450 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.49**  
EACH



**SELECTION CHEESECAKE** 510 G  
**IRRESISTIBLE PORTUGUESE TARTS** 400 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH



**CHARLOTTE'S CAKE** 400 - 475 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

## MORE GREAT SAVINGS FOR LESS



**BLACK DIAMOND SLICES** 410 G  
SELECTED VARIETIES

**LOCKED DOWN**

**3.98**  
EACH



**MAXWELL HOUSE GROUND COFFEE** 864 - 908 G  
SELECTED VARIETIES

**LOCKED DOWN**

**15.99**  
EACH



**CHRISTIE SNACK PACKS COOKIES** 150 - 156 G  
**RITZ OR TRISQUIT CRACKERS** 140 - 200 G  
SELECTED VARIETIES

**LOCKED DOWN**

**2/\$5**



**TROPHY CASHEWS** 140 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**THIS WEEK ONLY**

**3.49**  
EACH



**BECEL MARGARINE** 1.7 KG  
SELECTED VARIETIES

**LOCKED DOWN**

**13.49**  
EACH



**TIM HORTONS READY TO SERVE SOUP** 340 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**3.29**  
EACH



**DOLE FRUIT CUPS** 7'S  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**2.99**  
EACH



**PEACE TEA** 500 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**1.25**  
EACH



**RED BULL ENERGY DRINKS** 8 X 250 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**16.99**  
EACH



**NESTLE ICED TEA** 1.8 L, 1.8 X 200 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**2.99**  
EACH



**PRINGLES POTATO CHIPS** 140 - 156 G  
SELECTED VARIETIES

**LOCKED DOWN**

**2.49**  
EACH

**15 points**



**OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS** 1.27 L, 1.8 L  
SELECTED VARIETIES

**LOCKED DOWN**

**3.99**  
EACH

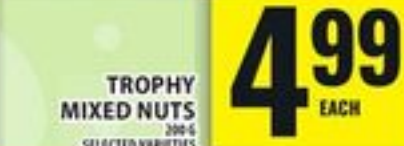


**4.99**  
EACH



**EASTER SAVINGS**

**1.99**  
EACH



Answers 5

# EASTER FAVOURITES FOR LESS



SELECTION  
SOLID MILK  
CHOCOLATE RABBIT  
100 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



SELECTION OR  
MINI IRRESISTIBLES  
CHOCOLATE EGGS  
200-250 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**179**  
EACH

EASTER SAVINGS

**449**  
EACH



FERRERO ROCHER  
RABBIT EASTER  
CHOCOLATE  
75 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



LINDT LINDOR  
EASTER  
CHOCOLATES  
EGGS  
100 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



KINDER  
SURPRISE  
EGGS  
20 G  
SELECTED VARIETIES



KINDER  
SURPRISE  
EGGS  
20 G  
SELECTED VARIETIES

EASTER SAVINGS

**2/\$3**



Reese's  
SOLID BUNNY  
LAPIN EN CHOCOLAT PLEIN  
141 g



HERSHEY'S  
COOKIES IN CREAM  
POLKA DOT  
120 g

EASTER SAVINGS

**549**  
EACH



AERO  
EASTER  
LAMB CHOCOLATE  
25 G



CADBURY  
Mini Eggs  
34 G  
MINI EGGS  
34 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



HERSHEY'S  
eggies  
220 g



HERSHEY'S  
eggies  
200 g

EASTER SAVINGS

**111**  
EACH

EASTER SAVINGS

**499**  
EACH



Smarties  
hide me  
eggs  
œufs à cacher  
250 g



KitKat  
hide me  
eggs  
œufs à cacher  
153 g

EASTER SAVINGS

**549**  
EACH



KINDER  
SURPRISE  
EGGS  
100 G



KINDER  
SURPRISE  
EGGS  
100 G

EASTER SAVINGS

**549**  
EACH



TERRY'S ORANGE  
EASTER CHOCOLATE  
145 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



CADBURY  
caramel  
buttons  
95 G



CADBURY  
Mini Eggs  
200 G

EASTER SAVINGS

**599**  
EACH

EASTER SAVINGS

**579**  
EACH



KINDER  
SURPRISE MAXI  
150 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



FERRERO  
ROCHER  
BUNNY  
140-160 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST



HERSHEY'S  
EGGS  
700 G



CADBURY  
Mini Eggs  
Easter  
CHOCOLATE  
745 G

EASTER SAVINGS

**999**  
EACH

EASTER SAVINGS

**1199**  
EACH

EASTER SAVINGS

**1649**  
EACH

EASTER SAVINGS

**2199**  
EACH

# EASTER FLORAL FOR LESS



6" HYDRANGEAS  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

EASTER SAVINGS

**16<sup>99</sup>**  
EACH



MAJESTY PALMS  
WHILE QUANTITIES LAST

EASTER SAVINGS

**22<sup>99</sup>**  
EACH



5" PREMIUM  
ORCHIDS  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

EASTER SAVINGS

**14<sup>98</sup>**  
EACH



6" EASTER  
LILLIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**8<sup>99</sup>**  
EACH



6" POTTED SPRING BULBS OR SINGLE  
BLOOM HYDRANGEAS  
ASSORTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**6<sup>99</sup>**  
EACH



6" ROSEBUSH  
ASSORTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**8<sup>99</sup>**  
EACH



6" ORGANIC BASIL  
WHILE QUANTITIES LAST

EASTER SAVINGS

**5<sup>99</sup>**  
EACH



MINI TOMATO  
GROW KIT  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

EASTER SAVINGS

**7<sup>88</sup>**  
EACH

# BAKING FOR LESS



AURORA OR GIOIA SAVOIARDI  
400 G  
SELECTED VARIETIES



LAVAZZA ESPRESSO  
250 G  
SELECTED VARIETIES



VITA SANA  
'00' OR  
LA MOLISANA  
FLOUR  
1 kg  
SELECTED VARIETIES

LOCKED DOWN  
**4.49**  
EACH



AURORA  
WILDFLOWER  
HONEY  
1 kg

LOCKED DOWN  
**7.99**  
EACH



CUCINA DELLA  
NONNA BAKING  
POWDER  
OR VANILLIN  
500 G, 2 X 250 G  
SELECTED VARIETIES

THIS WEEK ONLY  
**99¢**  
EACH



IRRESISTIBLES  
WHOLE NATURAL  
ALMONDS  
OR WALNUTS  
HALVES & PIECES  
750 G - 1 KG  
SELECTED VARIETIES

THIS WEEK ONLY  
**16.99**  
EACH



GIGI AMARENA  
CHERRIES  
440 G

THIS WEEK ONLY  
**6.99**  
EACH



TRE STELLE  
RICOTTA  
475 G  
SELECTED VARIETIES

THIS WEEK ONLY  
**5.99**  
EACH

THIS WEEK ONLY  
**8.98**  
EACH



PENNISI  
CANNOLI  
SHELLS  
15

THIS WEEK ONLY  
**6.99**  
EACH



AURORA  
AMMONIUM  
BICARBONATE  
30 G

THIS WEEK ONLY  
**1.49**  
EACH



IRRESISTIBLES  
ALMOND  
EXTRACT  
43 ml  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**3.99**  
EACH



MILANO LADY FINGERS  
150 G  
SELECTED VARIETIES

LOCKED DOWN  
**99¢**  
EACH



NUTELLA  
1 kg

ALWAYS GREAT PRICE  
**10.99**  
EACH



AURORA  
ROASTED  
CHESTNUTS  
100 G  
SELECTED VARIETIES

LOCKED DOWN  
**1.67**  
EACH



UNICO CORN MEAL  
249 G  
SELECTED VARIETIES

LOCKED DOWN  
**2.49**  
EACH

# BAKING FOR LESS





Redpath  
icing sugar  
sucre à glacer



Redpath  
dark brown sugar  
cassonade foncée

LOCKED DOWN

**2.99**

EACH

REDPATH BAKING SUGAR  
1 kg  
SELECTED VARIETIES



HERSHEY'S  
Chipits  
milk chocolate chips  
brûlures de chocolat au lait



HERSHEY'S  
Chipits  
pure semi-sweet chocolate chips  
brûlures de chocolat pur mi-sucré

LOCKED DOWN

**5.99**

EACH

HERSHEY'S CHIPITS  
250-270 g  
SELECTED VARIETIES



Carnation  
Evaporated Milk



Carnation  
2% Partly Skimmed Milk

CARNATION  
EVAPORATED MILK  
354 ml  
SELECTED VARIETIES

LOCKED DOWN

**2/\$4**



Selection  
Almonds  
SLICED • TRANCHÉES  
Amandes



Selection  
Pecan  
PIECES • MORCEAUX  
Pacane

SELECTION  
BAKING NUTS  
340 g  
SELECTED VARIETIES

LOCKED DOWN

**2.99**

EACH



Tenderflake  
PURE LARD  
454 g

LOCKED DOWN

**3.99**

EACH

TENDERFLAKE PURE LARD  
454 g  
SELECTED VARIETIES



Crisco  
All-Vegetable  
Shortening  
454 g (1 lb)

LOCKED DOWN

**3.49**

EACH

CRISCO SHORTENING  
454 g  
SELECTED VARIETIES



Selection  
all-purpose flour  
2.5 kg

SELECTION FLOUR  
2.5 kg  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**3.77**

EACH



Selection  
SWEETENED SHREDED  
COCONUT  
NOIX DE COCO  
SUCRÉE  
RAPEE  
200 g

SELECTION COCONUT  
200 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**2.99**

EACH



Selection  
CHERRY  
PIE FILLING OR TOPPING  
340 ml

SELECTION PIE FILLING  
340 ml  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**4.99**

EACH



Selection  
miniatures  
marshmallows  
guimauves miniatures  
250 g

SELECTION MINIATURE  
MARSHMALLOWS  
250 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**2.49**

EACH



Selection  
honey graham  
wafers  
408 g

SELECTION HONEY GRAHAM  
WAFERS  
408 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**3.99**

EACH



Selection  
graham crumbs  
chapelure graham  
400 g

SELECTION GRAHAM CRUMBS  
400 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**3.99**

EACH



Selection  
BAKING POWDER  
POUDRE À PÂTE  
450 g

SELECTION BAKING POWDER  
450 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**4.99**

EACH



Selection  
QUICK OATS  
GRUAU RAPIDE  
1 kg

SELECTION QUICK OATS  
1 kg  
SELECTED VARIETIES

ALWAYS GREAT PRICE

**2.88**

EACH

# i earn with moi rewards

**moi**  
rewards

i redeem and  
save on what  
i buy most often

redeem  
**500** = **\$4**  
points in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



RUDOLPH'S BREAD  
500 g  
SELECTED VARIETIES

THIS WEEK ONLY  
**2.99**  
EACH  
**15**  
points



SWANSON  
MEAT PIES  
200 g FROZEN  
SELECTED VARIETIES

THIS WEEK ONLY  
**1.99**  
EACH  
**10**  
points



SCHNEIDERS  
PEPPERONI OR  
THURINGER SAUSAGE  
500 g SELECTED VARIETIES

THIS WEEK ONLY  
**10.99**  
EACH  
**55**  
points



BLACK DIAMOND  
COMBO  
3 x 4.5 g  
SELECTED VARIETIES

LOCKED DOWN  
**4.99**  
EACH  
**25**  
points



SIGGI'S  
SKYR YOGURT  
4 x 100 g  
SELECTED VARIETIES

LOCKED DOWN  
**3.49**  
EACH  
**20**  
points



GENERAL MILLS HONEY NUT CHEERIOS CEREAL 430 g  
CINNAMON TOAST CRUNCH CEREAL 334 g  
SELECTED VARIETIES

LOCKED DOWN  
**3.49**  
EACH  
**125**  
points  
when you  
buy 2



FOLGERS  
COFFEE CAPSULES  
12 x 5  
SELECTED VARIETIES

LOCKED DOWN  
**9.99**  
EACH  
**50**  
points



VOORTMAN TURNOVER COOKIES  
300 g  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points



SWISS CHALET  
READY TO SERVE SOUP  
540 mL  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points



REALEMON  
LEMON JUICE  
945 mL  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points



OASIS JUICE  
900 mL  
SELECTED VARIETIES

LOCKED DOWN  
**1.99**  
EACH  
**10**  
points



LYSOL DISINFECTANT  
WIPES 75 x 45  
SPRAY 350 g  
SELECTED VARIETIES

LOCKED DOWN  
**5.49**  
EACH  
**30**  
points



S.O.S.  
STEEL WOOL PADS  
10 x 5  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points

# CHOOSE CANADIAN



\*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

# LOCKED DOWN



**Silk Almond**  
UNSWEETENED  
35 CALORIES  
ZERO SUGAR  
1.89 L  
LACTOSE-FREE & DAIRY-FREE



**Silk protein soy**  
UNSWEETENED  
8g protein  
1.89 L  
LACTOSE-FREE & DAIRY-FREE

SILK DRINKS  
1.75-1.89 L  
SELECTED VARIETIES

**LOCKED DOWN**

**399**  
EACH



**Kellogg's Eggo**  
CRISPY  
FLUFFY  
original  
280 g



**Kellogg's Eggo**  
CRISPY  
FLUFFY  
chocolatey chip  
280 g

EGGO WAFFLES  
280 g  
FRENCH TOAST STICKS  
270 g FROZEN SELECTED VARIETIES

**LOCKED DOWN**

**349**  
EACH



**MAISON PERRIER**  
SPARKLING WATER BEVERAGE  
6 x 1.5 L  
SELECTED VARIETIES

**LOCKED DOWN**

**799**  
EACH



**VH**  
PLUM SAUCE  
341-380 mL  
SELECTED VARIETIES



**VH**  
SWEET & SOUR SAUCE  
341-380 mL  
SELECTED VARIETIES

**LOCKED DOWN**

**329**  
EACH



**Campbell's**  
Homestyle Chicken Noodle  
Poulet et nouilles grand-mère  
30 mL



**Campbell's**  
Cream of Chicken  
Crème de poulet  
30 mL

CAMPBELL'S CONDENSED SOUP  
30 mL  
SELECTED VARIETIES

**LOCKED DOWN**

**188**  
EACH



**Orville Redenbacher's**  
ORIGINAL  
240-300 g



**Orville Redenbacher's**  
EXTRA BUTTER  
240-300 g

ORVILLE REDENBACHER POPPING CORN  
240-300 g  
SELECTED VARIETIES

**LOCKED DOWN**

**399**  
EACH



**Lactantia**  
COUNTRY CHURNED  
Butter  
SALTED  
454 g



**Lactantia**  
MY COUNTRY  
Cultured Butter  
UNSALTED  
454 g

LACTANTIA BUTTER STICKS  
454 g  
SELECTED VARIETIES

**LOCKED DOWN**

**849**  
EACH



**TWININGS**  
Chai  
20



**TWININGS**  
Pure Camomile  
Camomille Pure  
20

TWININGS HERBAL TEA  
SELECTED VARIETIES

**LOCKED DOWN**

**549**  
EACH



**Cadbury**  
DAIRY MILK  
MILK CHOCOLATE  
CHOCOLAT AU LAIT  
100 g



**Cadbury**  
DAIRY MILK  
RASPBERRY  
100 g

CADBURY BARS  
100 g  
SELECTED VARIETIES

**LOCKED DOWN**

**275**  
EACH



**CLUB HOUSE**  
Garlic Powder  
131-270 g



**CLUB HOUSE**  
Smoked Paprika  
131-270 g

CLUB HOUSE SPICES  
131-270 g  
SELECTED VARIETIES

**LOCKED DOWN**

**599**  
EACH



**Takis**  
FUEGO  
TAKIS TORTILLA CHIPS  
190-240 g



**Betty Crocker**  
SuperMoist  
French Vanilla  
375 g

BETTY CROCKER CAKE MIX  
375 g  
SELECTED VARIETIES

**LOCKED DOWN**

**2/\$4**



**AIR WICK**  
Essential Oils  
120 mL



**ALCAN**  
CLASSIC  
50'

AIR WICK AIR FRESHENER REFILLS  
120 mL  
SELECTED VARIETIES

**LOCKED DOWN**

**1099**  
EACH



**PAM**  
ORIGINAL  
400 mL



**PAM**  
VOLCANO  
400 mL

PAM COOKING SPRAY  
400 mL  
SELECTED VARIETIES

**LOCKED DOWN**

**549**  
EACH



**McCafe**  
Premium Roast  
Torrification  
superior  
380 g

McCAFÉ GROUND COFFEE  
380 g  
SELECTED VARIETIES

**LOCKED DOWN**

**1299**  
EACH

**WINNERS CHOOSE**

**ENCORE  
ENCORE  
ENCORE**

**LEVEL UP YOUR TICKET  
FOR ONLY AN EXTRA \$1**

Must be 18+ years of age to play **Play.Smart**



**Ziploc**  
SEAL TOP BAGS  
10-100's  
SELECTED VARIETIES



**Ziploc**  
SANDWICH BAGS  
10-100's  
SELECTED VARIETIES

**LOCKED DOWN**

**499**  
EACH



**Friskies**  
CAT FOOD  
156 g  
SELECTED VARIETIES

**LOCKED DOWN**

**90¢**  
EACH

ALWAYS GREAT PRICE



SELECTION  
JUICE BLEND  
2.5L  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**5.99**  
EACH



IRRESISTIBLE  
PIZZA  
140 - 390 g  
FROZEN  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**3.97**  
EACH



SELECTION  
POTATO  
CHIPS  
200 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**1.49**  
EACH



SELECTION  
PASTA SAUCE  
410 - 650 mL  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**2.97**  
EACH



IRRESISTIBLE  
SNACKS  
140 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**2.49**  
EACH



SELECTION ENTRÉES  
215 g FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE  
**1.37**  
EACH



IRRESISTIBLE GREEK OR SKYR YOGURT  
4x100 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**3.49**  
EACH



SELECTION  
CRISPY RICE  
SQUARES  
320 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**6.49**  
EACH



SELECTION  
SPICES  
1.5 - 310 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**99¢**  
EACH



LIFE SMART OR  
SELECTION  
SALAD DRESSING  
210 - 420 mL  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**2.47**  
EACH



IRRESISTIBLE  
CHOCOLATE  
COVERED  
ALMONDS  
80 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**6.99**  
EACH



IRRESISTIBLE  
SMOKED OYSTERS  
OR MUSSELS  
85 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**1.88**  
EACH



IRRESISTIBLES OR  
SELECTION  
BREAD CRUMBS  
207 - 405 g  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**2.99**  
EACH



IRRESISTIBLE  
SPARKLING  
SPRING WATER  
6x250 mL  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**4.44**  
EACH



SELECTION  
MULTI PURPOSE  
CLEANER  
750 - 1000 mL, 1.2 L  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**2.99**  
EACH



SELECTION  
DOG FOOD  
1.8 kg  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**6.99**  
EACH



SELECTION  
CLUMPING  
CAT LITTER  
18 kg  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**9.99**  
EACH



SELECTION  
BATHROOM  
TISSUE  
30 - 100  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**19.99**  
EACH

# MORE

FLAVOURS OF THE WORLD



ZUCCHINI  
PRODUCT OF MEXICO  
4.37/KG

THIS WEEK ONLY  
**1.98**  
/LB



BROWN OR BLACK FIGS  
PRODUCT OF BRAZIL  
HALF TRAY

THIS WEEK ONLY  
**9.88**  
EACH



FONTAINE  
SEASONED  
VEAL  
MEATBALLS  
400 G  
SELECTED VARIETIES

THIS WEEK ONLY  
**10.99**  
EACH



WHOLE EUROPEAN SEA BASS  
FRESH  
26.43/KG

THIS WEEK ONLY  
**11.99**  
/LB



MASTRO  
SALAMINI  
375 G  
SELECTED VARIETIES

THIS WEEK ONLY  
**7.99**  
EACH



IRRESISTIBLES  
HALF BAGUETTES  
350 G

THIS WEEK ONLY  
**1.99**  
EACH



GRAN DUCALE  
COLOMBA  
PANETTONE  
700 G  
WHILE QUANTITIES LAST

THIS WEEK ONLY  
**7.49**  
EACH



BACI  
CHOCOLATE  
MINI EGGS  
150 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

THIS WEEK ONLY  
**7.99**  
EACH



VITA SANA  
PASTA  
450 G  
SELECTED VARIETIES

LOCKED DOWN  
**3.49**  
EACH



MUTTI  
TOMATO PASTE OR  
MOLISANA  
MUSHROOMS OR  
ANTIPASTO  
135 - 235 ML  
SELECTED VARIETIES

LOCKED DOWN  
**3.99**  
EACH



MISURA COOKIES  
300 - 400 G  
SELECTED VARIETIES

LOCKED DOWN  
**3.99**  
EACH



GIGI  
SPREAD  
300 ML  
SELECTED VARIETIES

LOCKED DOWN  
**5.49**  
EACH

# MORE

BAISAKHI

FOR

LESS



ATAULFO HONEY MANGOS  
PRODUCT OF MEXICO

THIS WEEK ONLY  
**1.28**  
EACH



HANS DAHI, PHOENICIA OR CEDAR YOGURT  
NORDEX KESHTA CREAM  
SELECTED VARIETIES

LOCKED DOWN  
**2.49**  
EACH



INDIA GATE ROZANNA OR QILLA PREMIUM  
BASMATI RICE, CEDAR PARBOILED RICE  
4.54 KG, 6 KG SELECTED VARIETIES

LOCKED DOWN  
**12.99**  
EACH



PATAK'S OR KFI  
COOKING SAUCE  
375 - 400 ML  
SELECTED VARIETIES

LOCKED DOWN  
**3.99**  
EACH



DIVYA  
OKRA  
110 G  
FROZEN  
SELECTED VARIETIES

LOCKED DOWN  
**99¢**  
EACH



DIVYA NAANS OR PARATHAS  
220 - 400 G FROZEN  
SELECTED VARIETIES

LOCKED DOWN  
**1.99**  
EACH



SURATI  
SNACKS, DIVYA  
ROASTED CHANA OR  
RUBICON DRINKS  
200 - 400 G, 1 L  
SELECTED VARIETIES

LOCKED DOWN  
**2.49**  
EACH



SHER  
DESI STYLE ATTA  
WHEAT FLOUR  
5.07 KG

LOCKED DOWN  
**15.99**  
EACH



CASABLANCA  
POUND CAKES  
SELECTED VARIETIES

THIS WEEK ONLY  
**2.99**  
EACH



CASABLANCA HONEY, TATA TEA  
AGNI, PREMIUM OR GOLD  
1 ML, 220 G, 430 G  
SELECTED VARIETIES

LOCKED DOWN  
**6.99**  
EACH



MAGGI  
INSTANT SOUP  
NOODLES  
75 G

LOCKED DOWN  
**39¢**  
EACH



KURKURE  
CHILLI CHATKA  
100 G

LOCKED DOWN  
**1.79**  
EACH



LAZEEZ  
Vegetable  
Samosa  
10 PCS

LAZEEZ  
SPRING ROLLS OR  
SAMOSAS,  
NATIONAL  
COOKING SAUCE  
100 - 400 G FROZEN  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH



CASABLANCA  
BUTTER COOKIES  
100 G

LOCKED DOWN  
**3.99**  
EACH



SHAN MIXES  
OR DIVYA  
GINGER  
GARLIC  
PASTE  
50 - 100 G  
SELECTED VARIETIES

LOCKED DOWN  
**1.99**  
EACH



PARLE-G OR  
LU COOKIES  
80 - 100 G  
SELECTED VARIETIES

LOCKED DOWN  
**99¢**  
EACH



INDOMIE  
NOODLES  
SINGLES OR  
NATIONAL  
VERMICELLI  
20 - 100 G  
SELECTED VARIETIES

LOCKED DOWN  
**79¢**  
EACH



NATIONAL  
Custard  
pudding au lait  
100 - 400 G  
SELECTED VARIETIES

LOCKED DOWN  
**1.79**  
EACH

**DELIVERING  
THE SAME  
IN-STORE  
DEALS**

**\$45  
OFF**

**\$15 OFF YOUR FIRST 3 ORDERS\***

**PROMO CODES:  
HELLO1 - HELLO2 - HELLO3**



**FOODBASICS.CA**

\*Limit of one promo code per transaction.  
Conditions apply. Valid on orders of \$75 or more.

TRY THE **NEW**  
LIMITED EDITION

**Crispers**  
DOUBLE ADOBO FLAVOUR



THIS WEEK ONLY

**279**  
EACH

CHRISTIE CRISPERS OR  
BITS & BITES SNACKS  
145 G  
SELECTED VARIETIES



MAYNARDS  
CANDY  
308 - 315 G  
SELECTED VARIETIES

LOCKED DOWN

**449**  
EACH



MAYNARDS  
CANDY  
135 - 154 G  
SELECTED VARIETIES

LOCKED DOWN

**279**  
EACH

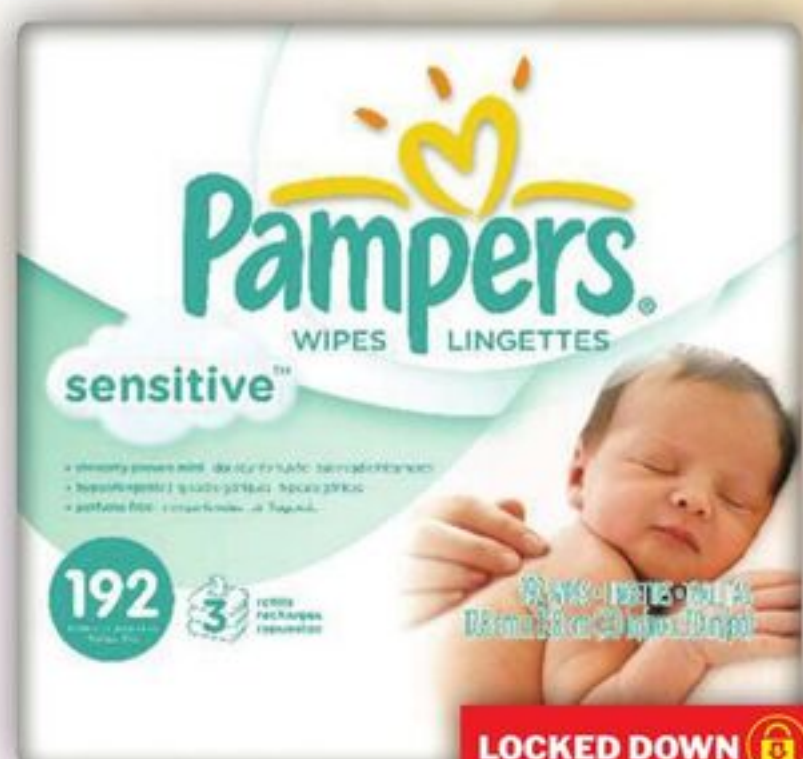
# Season of Savings



PAMPERS  
SWADDLERS  
DIAPERS  
134-135'S  
SELECTED VARIETIES

LOCKED DOWN

**36<sup>95</sup>**  
EACH



PAMPERS  
SENSITIVE  
BABY WIPES  
192'S  
SELECTED VARIETIES

LOCKED DOWN

**749**  
EACH



PAMPERS EASY UPS TRAINING UNDERWEAR  
56-66'S  
SELECTED VARIETIES

LOCKED DOWN

**29<sup>99</sup>**  
EACH



CREST TOOTHPASTE  
133 ML  
SELECTED VARIETIES

LOCKED DOWN

**649**  
EACH



ORAL-B TOOTHBRUSH  
EACH  
CREST TOOTHPASTE  
63 ML OR  
SCOPE MOUTHWASH  
1 L  
SELECTED VARIETIES



LOCKED DOWN

**549**  
EACH



OLAY BEAUTY  
BAR SOAP  
4'S  
SELECTED VARIETIES

LOCKED DOWN

**699**  
EACH



OLD SPICE  
HAIR+BODYWASH  
332 ML  
SELECTED VARIETIES

LOCKED DOWN

**749**  
EACH



IVORY NEWBORN  
LAUNDRY  
DETERGENT  
3.3 L - 88 FL OZ  
SELECTED VARIETIES

THIS WEEK ONLY

**21<sup>99</sup>**  
EACH



GAIN FLINGS  
DETERGENT TABS  
8'S  
SELECTED VARIETIES

THIS WEEK ONLY

**21<sup>99</sup>**  
EACH



DOWNY  
SOFTENER &  
SCENT  
BOOSTER  
1.75 L  
SELECTED VARIETIES

LOCKED DOWN

**999**  
EACH



BOUNTY PAPER  
TOWELS  
4-1/2" x 57"  
CHARMIN  
BATHROOM  
TISSUE  
12-1/2" x 48"  
SELECTED VARIETIES

THIS WEEK ONLY

**13<sup>99</sup>**  
EACH



DAWN  
DISHWASHING  
DETERGENT  
1.3 L x 3.3 L  
SELECTED VARIETIES

LOCKED DOWN

**479**  
EACH



FEBREZE AIR  
FRESHENER  
277.5 ML  
AIR CLEANER  
SELECTED VARIETIES

LOCKED DOWN

**699**  
EACH



SWIFFER WET CLOTHS  
18" x 15"  
WETJET REFILL SOLUTION  
1.25 L  
SELECTED VARIETIES

LOCKED DOWN

**699**  
EACH



MR. CLEAN  
CLEANER  
1.25 L x 2.1 L  
SELECTED VARIETIES

LOCKED DOWN

**399**  
EACH



i earn  
with moi  
rewards



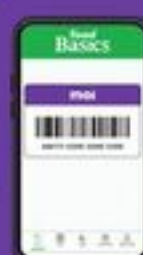
125  
points

when you buy 2  
value of \$1

PLUS  
contest\*  
moi  
rewards  
WIN\*  
Canada Soccer  
Team VIP Experience

to participate

- 1 buy 2 Hellmann's participating products
- 2 use your moi rewards card at checkout
- 3 you're automatically entered



HELLMANN'S  
MAYONNAISE  
750 - 890 ML  
SELECTED VARIETIES

THIS WEEK ONLY   
**5<sup>99</sup>**  
EACH



HELLMANN'S  
MAYONNAISE  
340 - 445 ML  
SELECTED VARIETIES

THIS WEEK ONLY   
**3<sup>99</sup>**  
EACH

\*No purchase necessary. The contest is open to Ontario residents who have reached the age of majority and are already members of the Moi program. The contest runs from March 26th, 2026, at 08:01 a.m. (ET) to April 22nd, 2026, at the participating stores' closing time. Prize: One (1) "Canada Soccer Team VIP Experience", including: (i) two (2) tickets for a Team Canada Soccer exhibition game in 2026; (ii) two (2) Canada Soccer Team player signed jerseys; (iii) Access for two (2) to stadium tour and a sideline tour to watch the team warm up; and (iv) a \$1,000 digital Visa gift card. ARV of the Grand Prize is \$6,000 CAD. Offer valid in participating Metro and Food Basics stores of Ontario. The odds of winning depend on the number of eligible entries received. Mathematical skill-testing question required. Full contest rules and details are available at [www.metro.ca](http://www.metro.ca), [www.foodbasics.ca](http://www.foodbasics.ca) and in participating stores. All trademarks are the property of their respective owners. All Canada Soccer logos and marks are the property of Canada Soccer and may not be reproduced without prior written consent. © 2026 Canada Soccer. All Rights Reserved.