

**DR. OETKER Ristorante or
Casa Di Mama Pizza**
320-410 g

THUR	FRI	SAT	SUN	MON	TUE
5	6	7	8	9	10

[illegible]

100% FRESH *guarantee* Storewide satisfaction or your money back.

 547 MEMBER PRICE 647 without Senior's Card 4/\$4 +100 PTS when you buy 4 Large Lemons product of USA or Limes product of Mexico or Colombia	1.99 /lb Butternut Acorn, Spaghetti or Kabocha Squash product of Mexico 4.38kg lb	4.99 +150 PTS when you buy 2 PRODUCT OF CANADA COMPLIMENTS ORGANIC Sliced White or Cremini Mushrooms 227 g	3/\$5 Green Onions, Cilantro, Parsley or Parsley Italian Bunch product of Mexico or USA
3.99 Dragon Fruit product of Vietnam	5.44 Large Cantaloupe product of Costa Rica	3.47 /lb +400 PTS when you buy 2 lb Envy Apples product of USA extra fancy grade 7.65 kg	

International WOMEN'S DAY

Sunday, March 8, 2026

Collectively we can all **#GiveToGain #IWD2026**

39.99 +200 PTS when you buy 1 Allure Bouquet assorted colours	32.99 Joy Gift Bag Arrangement	12.99 GROWN IN BRITISH COLUMBIA Spring Daily Pot with Kalanchoe assorted colours 4 pot	15.99 STARTING AT Phalaenopsis Orchids assorted sizes and colours
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MEAT

10.99 HARVEST Wieners 675 g	7.99 +100 PTS when you buy 2 COMPLIMENTS Fully Cooked Chicken or Turkey Strips 100-200 g
12.99 MEMBER PRICE 14.99 without Senior's Card COMPLIMENTS Traditional or Smashed Beef Burgers 680-907 g	12.99 +100 PTS when you buy 1 WATSON RIDGE Boxed and Breaded Premium Poultry 800 g selected
15.99 +50 PTS when you buy 1 COMPLIMENTS Family Favourites Boxed and Breaded Seafood 330-700 g selected	9.99 HIGHLINE Family Favourites Boxed and Breaded Seafood 330-700 g selected

GET 10% OFF BEEF WHEN YOU BUY 2 OR MORE OF THE SAME CUT

13.99 /lb Top Sirloin Roasts cut by your meat expert from Canada AAA grade beef 30.84 kg	15.99 /lb Top Sirloin Medallions cut by your meat expert from Canada AAA grade beef 35.25 kg
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2.99 /lb Boneless Pork Loin Centre Cut Roasts cut in-store by your local meat expert 6.55 kg	6.99 /lb Family Size Pork Tenderloin 15.14 kg
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6.49 /lb COMPLIMENTS Split Chicken Breasts AIR-CHILLED 14.31 kg	7.99 /lb COMPLIMENTS Family Size Split Chicken Wings AIR-CHILLED 17.61 kg
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DELI Available at most stores

MEMBERS SAVE \$3 2.99 MEMBER PRICE 3.79 without Senior's Card Cheese Swirls 225 g available hot or chilled	6.99 MONSIEUR GUSTAV Gouda or Swiss 170 g selected
3.49 /100g COMPLIMENTS Mini Croissant Black Forest, Honey Ham, Cooked or Smoked Chicken	7.99 LIMITED TIME ONLY +150 PTS when you buy 2 Mini Croissant Sandwiches 2 pk selected 206-216 g

Available at most stores

STARTING AT 4.99 Cheese Bread 450-485 g	MEMBERS SAVE \$3 14.99 MEMBER PRICE 17.99 without Senior's Card Cheesecakes 6" Strawberry or Fruit Topped 825-855 g
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CHEESE please

5.99 COMPLIMENTS Garlic Parmesan Texas Toast 630 g	BUY 1 AT \$3.49 BUY 2 AT \$6.99 2.99 ea Mini Cheese Croissants 8 pk 200-230 g
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2 Scene **1,000 PTS = \$10 OF FREE GROCERIES**

PGD, USA, WAKES, NAD, WOT, ZT

5.49 COMPLIMENTS Pure Orange Juice 1.5L	9.99 KRAFT Singles 825 g	2/\$10 CRAVE or KD Frozen Entrées 200-340 g	3.79 without Core COMPLIMENTS Pergoles 907 g
5.99 OLYMPIC Greek Regular, Kremas or Organic Regular or Organic Greek Yogurt 650 g	4.99 KRAFT Philadelphia Dips 340 g	5.49 PANACHE Premium Ice Cream L or Novelty 4.4 pk selected	2.49 MICHELINA'S Frozen Entrées 128-284 g

17⁹⁹ NESTLÉ'S Milk M&M's Eggs 500 g white supplies last	\$5 DARE Real Fruit Gummies 475-700 g	2/⁹⁵⁰ CHEETOS 170-285 g	3⁹⁹ without without Cure MEMBERS SALE 2⁹⁹ PLUS 10% OFF MINI TWISTS MINI-TOROSQUES STICKS BAIGNOIS COMPLIMENTS Pretzels 320-400 g
10⁹⁹ VAN HOUTTE Coffee K-Cup® Pods 10-12 pk w/ Round & Ground Coffee 340 g	4⁹⁹ OCEAN SPRAY Cranberry Cocktails 1.89 L	200 KTS when you buy 3 2⁹⁹ PEPPERIDGE FARM Goldfish Crackers or Cakes 156-227 g SNYDER'S OF HANOVER Pretzels 240 g or KETTLE BRAND Chips 156-199 g	2⁹⁹ KETTLE BRAND SEA SALT SEL MARINÉ PIECES OUCHÉES Goldfish Crackers 227 g

 6⁹⁹ Bubly Sparkling Water 12x355 mL or MONTELLIER Carbonated Spring Water 10x355 mL	 8⁹⁹ CELLOG'S® Pop-Tarts® 1.352 kg, Rice Krispies® 660 g or Special K Bars 500 g	 4⁹⁹ DEMPSTER'S 10"® Tortillas 366-610 g	 1⁹⁹ MEMBERS SAVE \$1 without Saver+ Card COMPLIMENTS Seafood Sauce 250 mL
 4⁹⁹ POST Cereal selected varieties 283-525 g	 7⁴⁹ SAUK'S® Pure Jam 310-500 mL	 3⁴⁹ COMPLIMENTS Marshmallows 400 g or Coconut selected 200 g	 6⁹⁹ MAZOLA OIL 1.8 L

DAIRY & FROZEN

7⁹⁹

STARBUCKS Creamers or Non-Dairy Creamers 828 mL

+200 PTFs when you buy 2

3⁹⁹

KRAFT Cool Whip Aerosol Whipped Topping 225 g or YOPLAIT Source Yogurt 630 g

+100 PTFs when you buy 2

4/\$5

YOPLAIT Top Drinkable Yogurt 200 mL

+50 PTFs when you buy 4

2⁹⁹

COMPLIMENTS 68% Vegetable Oil Margarine 427 g

+50 PTFs when you buy 1

4⁴⁹

COMPLIMENTS Pries 650-800 g

10⁹⁹

CHAPMAN'S Markdale Creamery Ice Cream 4 L

8⁴⁹

LACTANTIA or My Country Butter Slices 454 g

6⁹⁹

COMPLIMENTS Cheese Strings 236 g or Lactosa Free 352 g

+100 PTFs when you buy 2

12⁹⁹

SMUCKER'S Uncrustables 10 pk

12⁹⁹

P.F. CHANG'S Multi Serve Meals 624 g

+100 PTFs when you buy 2

+100 PTFs when you buy 2

+100 PTFs when you buy 2

5²⁹

CADBURY Bagged Chocolate 147-200 g

+200 PTFs when you buy 2

2⁴⁹

HARIBO Candy 175-175 g or EXCEL Mints 34 g

2/8⁵⁰

HOSTESS Hickory Sticks 275 g or STACYS Pita Chips 208-227 g

2⁴⁹

COMPLIMENTS Potato Chips 200 g

+100 PTFs when you buy 2

\$5

TWININGS Tea 20 pk

7⁹⁹

COMPLIMENTS Coffee Pods 12 pk

+200 PTFs when you buy 2

1⁹⁹

BEST BUY Wafers 227 g

+100 PTFs when you buy 2

2/\$7

DARE Ultimate Cookies 290-300 g or CARR'S Table Water Crackers 125-136 g

+100 PTFs when you buy 2

9⁹⁹

RED BULL Energy Drinks 4x250 mL

7⁹⁹

PEACE TEA or FUZE Iced Tea 12x341 mL

12⁹⁹

NATURE VALLEY Granola Bars, BETTY CROCKER Fruit or MOTT'S Fruitsations 637 g-1.28 kg selected

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DRINKS, SNACKS & PANTRY



333 COMPLIMENTS
Instant Oatmeal
500-344 g or Quick Oats
1 kg



1999 JAKEMAN'S
Maple Syrup 1 L



499 JIF Peanut Butter
500 g



449 DEMPSTER'S
Bagels 5.2 pk
(excludes Protein Bagels)



15% OFF COMPLIMENTS
Baking Nuts
100 g selected (excludes
Pine Nuts) or Raisins,
Cassia Nuts, Dates or Prunes
275 & 1 kg selected



649 QUAKER Muffin or
Cookie Mix 750-900 g
or BAKER'S Chocolate
170-225 g



2/\$3 MR. NOODLES Cups
64 g



349 COMPLIMENTS
Grain Breads 600 g



100 PTS when you buy 2
PANACHE Extra Virgin Olive Oil 500 mL



399 PANACHE Salad
Dressing 350 mL
or COMPLIMENTS
Marinades 350 mL



2/\$5 MINUTE RICE Cups
250 g



449 PATAK'S Cooking
Sauce 400 mL selected

NATURAL, HEALTH & HOUSEHOLD



2899 KICKING HORSE
Whole Bean Coffee
850 g or Ground Bean
Coffee 708 g



399 EARTH'S OWN
Beverages 1.75-1.89 L



399 BABY GOURMET
Bars, Bites or
Snacks 35-60 g or
Q-TIPS 400 pk



529 CREST 3D White Toothpaste or
ORAL B Toothbrushes or Floss
63-120 mL or 1-75 pk selected



879 OLD SPICE Body
Wash 532-709 mL
selected



25% OFF LIVE CLEAN Hand
Soap 1 L or Shampoo or
Conditioner 350-750 mL
selected



799 COMPLIMENTS
Facial Tissues or
Paper Towels 3-6 rolls



849 LYSOL Toilet Bowl Cleaner 2 pk,
Disinfectant Spray 529 g, Fabric Sanitizer 425 g
or Dual Action Wipes 75 pk selected



1129 ENERGIZER
Batteries AA 8 pk,
AAA 4 pk or 9 VZ pk



1199 PURINA ONE Dry
Dog Food 1.72-1.81 kg



2/\$5 PURINA ONE Wet
Dog Food 368 g



1299 PURINA Tidy Cats
Multi-Cat Clumping
Litter 2.72 kg



International WOMEN'S DAY

Proudly supporting **Canadian Women Entrepreneurs**

**Heather Huenison & Sandra
from Naturally Amped Food
+ Bodycare Inc.**

We are busy moms, science nerds, and Saskatoon residents concerned with well-being and sustainability. We can relate to feeling responsible for our family's health, while also trying to make smart decisions that benefit our community and do not harm our planet. The creation of fermented foods is an ancient science that has been passed down for generations. Now, we are bringing these ancient methods into the 21st century to help ensure your family's health into the future. We are passionate about sustainable, delicious, functional local foods, and we want to give people choices they can feel good about. We know our products are the best alternative because we've done the research!



**Alisha Esmail
from Road Coffee Co.**

Alisha Esmail is a founder, strategist, and speaker known for reimagining how business can drive both profit and impact. As founder and former CEO of Road Coffee, one of Canada's most recognized purpose-led specialty coffee companies, Alisha built an ethical sourcing model, launched the BeyondFair micro-loan program, and helped create Canada's first fully Indigenous coffee supply chain. Her journey began through global development work where she saw how broken systems impoverish farmers. Today, she applies those lessons to the future of work, helping founders use tech, automation, and intentional systems to scale sustainably without burning out.



**Chelsey & Soleil Parker
from The Meat Bar**

The Meat Bar is a fiercely female-founded, mother-daughter brand bringing real, meat-based protein jerky bars to the sports nutrition & wellness aisle. Built on a whole-animal, whole-food approach, our bars are powered by bison and beef, and supercharged with functional superfoods. Our Superfood Steak Bar supports brain health and iron intake with lion's mane mushroom extract powder and freeze-dried grass-fed organ seasoning, while our Beauty Booster Bar blends bison and beef with collagen and blueberries to support glow-from-within nourishment. Our meat bars disrupt the overly sweet protein bar category with purposeful, functional nutrition. More bars to come! Stay tuned :)



Collectively we can all **#GiveToGain #IWD2026** Sunday, March 8, 2026

FEED THE DREAM



IGA

OFFICIAL GROCER



13⁹⁹ MAPLE LEAF PRIME Raised Without Antibiotics Poultry 568-700 g selected



6⁹⁹ MAPLE LEAF Top Dogs 375 g



5⁹⁹ GENERAL MILLS Family Size Cereal 516-778 g



3⁴⁹ OLD EL PASO Tortillas 297-334 g or Taco Shells 125-133 g



2/\$9 MCCAIN Superfries 454-750 g



2/4⁵⁰ BODYARMOR Super Drink 473 mL



2/4⁵⁰ COCA-COLA Soft Drinks 1 L



2/\$6 GLACÉAU Smartwater 1 L



2/\$9 MCCAIN Bistro, Smiles or Taters 600-800 g



STARTING AT 24⁹⁹ TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹ DAWN Dish Soap 431-502 mL selected



23⁹⁹ CORONA Cero Alcohol-Free Beer 12x355 mL



3⁹⁹ ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6⁴⁹ ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-452 g or Gourmet Popping Corn 850 g



2/\$10 HEALTHY CHOICE Gourmet Steamers 269-306 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at west.iga.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

**PICKED
FOR YOU**

KITCHEN & DELI DEALS

Crafted in Ireland using
premium grass-fed cow's milk

100 PTS
when you buy 2

849

**KERRYGOLD Reserve
Cheddar or Dubliner**
198 g

Golden, juicy, and
ready to serve

Crispy Chicken 9 pieces
available hot or chilled

21⁹⁹

400 PTS
when you buy 1

Skip the drive-thru and head
to our Kitchen! Cooked fresh
throughout the day



LOAD IT TO GET IT!

- 1 Load your offers to activate them
- 2 Shop and scan your Scene+ card

OFFER VALID MARCH 5-11, 2026

Activate your offers at [MyGroceryOffers.ca](https://www.MyGroceryOffers.ca)



Get **400 PTS**
when you buy 2

COMPLIMENTS BALANCE or Asian-Inspired Frozen Entrées 250-280 g selected



Get **400 PTS**
when you buy 2

COMPLIMENTS Family Size Sliced Deli Meats 400 g selected

SAVE \$1
when you buy 1

COMPLIMENTS ORGANIC Frozen Fruit 600 g assorted



Card must be registered. Offer valid and available to be loaded March 5-11, 2026 at all participating IGA locations in Western Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply

