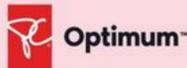


# More days More days More days



## Get more points

More savings, more deals, more points

This week only! March 19-25\*\*

For more deal offers visit  
[www.yourindependentgrocer.ca](http://www.yourindependentgrocer.ca)  
or scan



### More days

APP EXCLUSIVE OFFER

Members get

**4,000** (pts)

for every \$12\*  
spent on

**\$4**

back  
in points

**PC® FLATBREAD**  
330-395 G, **FOCACCIA**  
415-456 G OR  
**WOODFIRED PIZZA**  
351-413 G OR  
**PC® BLACK LABEL**  
**PIZZA** 370-440 G  
SELECTED VARIETIES  
FROZEN  
21013452\_EA  
21540352\_EA  
\*Open your PC Optimum™ app or  
visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



### More days

APP EXCLUSIVE OFFER

Members get

**4,000** (pts)

when you  
buy 2

**\$4**

back  
in points

**\$8**

**PC® OR BLUE**  
**MENU® ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
770 G-1.13 KG  
20326534\_EA  
21359210\_EA  
\*Open your PC Optimum™ app or  
visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



### More days

Members get

**1,000** (pts)

back  
in points

**\$1**

back  
in points

**5.50**

**HÄAGEN-DAZS**  
414-450 ML OR  
**BARS** 3/4'S OR  
**NESTLÉ DRUMSTICK**  
4'S  
SELECTED VARIETIES  
FROZEN  
21513578\_EA  
20322380001\_EA



### More days

Member Only Price\*\*

**2.50**

Non-Members

**\$3**

**KETTLE BRAND**  
**POTATO CHIPS**  
SELECTED VARIETIES  
156/198 G  
21520652\_EA  
21520692\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.



\*\*From March 19–March 25, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit [www.pcoptimum.ca/Moredays](http://www.pcoptimum.ca/Moredays).

Optimum **Moredays**

Members get  
**2,000** pts

**\$2**  
back  
in points

**16<sup>99</sup>**

**MAXWELL HOUSE  
GROUND COFFEE**  
631-900 G  
21606882\_EA



Optimum **Moredays**

APP EXCLUSIVE OFFER

Member Only Price™

**\$4**

Non-Members  
**\$6**

Members  
save  
**\$2**



**FARMER'S MARKET™  
BUTTER CROISSANTS**  
SELECTED VARIETIES  
260-336 G  
21201758\_EA  
21707790\_EA

\*Open your PC Optimum™ app or visit  
pcoptimum.ca to get the offer.



Optimum **Moredays**

APP EXCLUSIVE OFFER

Members get  
**1,500** pts

**\$1.50**  
back  
in points

**\$7**

**IN-STORE  
BAKED COOKIES**  
ASSORTED VARIETIES  
18'S  
21454952\_EA  
21455101\_EA

\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



Optimum **Moredays**

Member Only Price™

**\$10**

Non-Members  
**\$14**

Members  
save  
**\$4**



**PC® FISH**  
SELECTED VARIETIES, FROZEN  
500-680 G  
21637039\_EA  
21637091\_EA

\*\*Must be a registered PC Optimum™  
member to load and get this offer.

Optimum **Moredays**

Member Only Price™

**3<sup>99</sup>**

Non-Members  
**11<sup>99</sup>**

Members  
save  
**\$8**



**PUREX BATHROOM  
TISSUE** 8=16 ROLLS OR  
**SCOTTIES FACIAL  
TISSUE** 6'S  
20573377\_EA  
21346570\_EA

\*\*Must be a registered PC Optimum™  
member to load and get this offer.



Optimum **Moredays**

APP EXCLUSIVE OFFER

Members get  
**15,000** pts  
for every \$50\*  
spent on

**\$15**  
back  
in points

**PAMPERS DIAPERS,  
WIPES OR TRAINING  
PANTS**  
21551549\_EA  
21089259\_EA

\*Open your PC Optimum™ app or visit  
pcoptimum.ca to get the offer.



**ZEPPOLE DAY**  
March 19<sup>th</sup> 2026



**\$2**

SMALL ZEPPOLE  
EACH  
21102005\_EA

**Independent**  
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

**SAVE 36%**

**SAVE 50%**

**\$3** LB

**PORK LOIN COMBINATION  
CHOPS SIRLOIN AND  
RIB PORTION**  
BONE-IN  
6.61/KG  
20822343\_KG



**5.99**  
LB

**CHICKEN BREASTS  
OR THIGHS**  
BONELESS, SKINLESS  
FAMILY SIZE  
13.21/KG  
20028450\_KG  
20162170\_KG

**2/\$16**  
OR  
\$9 EA.

**PC® PACIFIC LARGE  
WHITE SHRIMP**  
RAW OR COOKED PEEL OR RAW  
ZIPPERBACK® 31-40 PER LB 400 G OR  
**MARINA DEL REY WILD  
ARGENTINIAN SHRIMP**  
RAW EASY PEEL 20/30 PER LB OR  
RAW PEEL 20/40 PER LB 300 G  
FROZEN



**SAVE 37%**

**\$5**

**FARMER'S MARKET™  
RUSSET POTATOES**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
10 LB BAG



**SAVE 45%**

**2.99**

**STRAWBERRIES**  
PRODUCT OF MEXICO OR  
U.S.A., NO. 1 GRADE  
1 LB  
20049278001\_EA



**\$3**



**PC® LIVE LETTUCE**  
GREEN OR RED OR TRIO  
PRODUCT OF CANADA  
EACH



**9.98**

**RED MANGO**  
PRODUCT OF PERU  
CASE  
21047849\_EA



**\$5**

**FARMER'S MARKET™  
GREENHOUSE  
PEPPERS**  
PRODUCT OF MEXICO  
3'S



**SAVE 98¢  
WHEN YOU BUY 2**



**2/\$7**  
OR  
\$3.99 EA.

**WONDER BREAD OR  
BUNS OR COUNTRY  
HARVEST BREAD**  
SELECTED VARIETIES  
AND SIZES



**\$4** /100 G

**PC® SPLENDO®  
SERVICE CASE  
ITALIAN PROSCIUTTO  
OR PARMIGIANO  
REGGIANO CHEESE**  
PRODUCT OF ITALY, DELI CUT



**4.98**



**DAIRYLAND  
BUTTER**  
SELECTED VARIETIES  
454 G



**\$17**



**KICKING HORSE  
ORGANIC WHOLE  
BEAN COFFEE**  
SELECTED VARIETIES  
454 G



**6.50**



**LIBERTÉ GREEK  
TUBS 650/750 G OR  
DANONE ACTIVIA**  
12X100 G  
SELECTED VARIETIES



**\$4**

**BREYERS CREAMERY  
STYLE ICE CREAM 1.4 L OR  
CHAPMAN'S COLLECTION  
NOVELTIES 6/8'S**  
SELECTED VARIETIES, FROZEN



**\$5**

**TIDE DETERGENT**  
1.62-1.86 L, 18-31'S,  
**DOWNY OR GAIN  
FABRIC SOFTENER**  
1.66-2.63 L,  
**DOWNY, GAIN  
OR IVORY SNOW  
BEADS 303-379 G**  
SELECTED VARIETIES



**SAVE 36%**

**12.99**

**817 ELEPHANT  
BASMATI RICE**  
4 KG



**1.50**



**OASIS, DEL MONTE  
OR ARIZONA JUICE,  
NECTAR OR ICED TEA**  
SELECTED VARIETIES  
960 ML



Flyer prices effective from Thursday, March 19th to Wednesday, March 25th, 2026. SEE BACK PAGE FOR DETAILS.

Available at the following Your Independent Grocer locations: 315 Herald Rd., 2815 Wanuskewin Rd., 30 Kenderdine Rd., 335 Horner Cres, Saskatoon, 620A Saskatchewan Ave East, Melfort, 100 Halifax Ave W., Melville, 336 McCarthy Blvd. N., Regina, 1341 Broadway Ave., Regina, SK.

WSK 1

APP EXCLUSIVE OFFER\*

\$28

GET 2,000\* back in points

\$36

GET 10,000\* back in points

for every \$50\* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

\*Open your PC Optimum app or visit pcoptimum.ca to get the offer

HUGGIES LITTLE SNUGLERS OR SKIN ESSENTIALS DIAPERS  
SELECTED VARIETIES  
SIZES N-2, 76-96'S  
2172801\_EA  
21664356\_EA



LIMIT 4 AFTER LIMIT 32.99 EA.

\$35

PAMPERS ECONO PACK DIAPERS  
SIZE N-8, 58-200'S  
21551549\_EA  
21692756\_EA



LIMIT 6 AFTER LIMIT 39.99 EA.

ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT  
SELECTED VARIETIES  
907 G  
21694972\_EA



LIMIT 4 AFTER LIMIT 42.99 EA.

SAVE 75¢



\$3

NO NAME® CREAM CHEESE  
SELECTED VARIETIES  
227/250 G  
2030810501\_EA  
2030810502\_EA



2.50

HUNT'S THICK RICH SAUCE 680 ML OR DE CECCO PASTA  
454 G SELECTED VARIETIES  
20296852001\_EA  
21056286\_EA



Limited-time deals on PC home & more.

\$12

PC® RECTANGLE ACACIA SERVING BOARD  
21714814\_EA



limit 3, after limit \$24 ea. while supplies last

\$4

MINUTE MAID JUICE  
SELECTED VARIETIES  
8/10X200 ML  
20327042001\_EA  
21092667\_EA



3.50

LECLERC GO PURE  
140-175 G OR NUGABAR 175 G  
GRANOLA BARS  
SELECTED VARIETIES  
21221434\_EA  
21221451\_EA  
21536595\_EA



SAVE \$1.40

3.50

LACTANTIA OR DAIRYLAND CREAM  
SELECTED VARIETIES  
473 ML-L  
20073927\_EA  
21443531\_EA



\$15

HERSHEY'S EGGIES OR EGGS 700-900 G OR REESE'S MINI PEANUT BUTTER EGGS 670 G  
SELECTED VARIETIES  
20526640\_EA  
21206032\_EA



6.75

RIO MARE TUNA  
SELECTED VARIETIES  
195-240 G  
200335383\_EA



1.75

CAMPBELL'S BROTHS 900 ML OR CONCENTRATED BROTH 250 ML  
SELECTED VARIETIES  
20322348002\_EA  
21347245\_EA



SAVE UP TO \$1

\$3

NO NAME® VEGETABLES\* 700 G OR MCCAIN FRENCH FRIES 800 G  
SELECTED VARIETIES  
20312260\_EA  
21521219\_EA



3.25

QUAKER CRISPY MINIS OR RICE CAKES  
SELECTED VARIETIES  
90-173 G  
20163708002\_EA  
20303002001\_EA



\$5

HALO TOP FROZEN DESSERT 473 ML OR BEN & JERRY'S 473 ML OR MAGNUM BARS 3/4'S  
SELECTED VARIETIES  
21087002\_EA  
21428403\_EA



3.50

OLD DUTCH CRUNCH KETTLE CHIPS 200 G OR POTATO CHIPS 200/235 G  
SELECTED VARIETIES  
21367540\_EA  
21646697\_EA



\$5

PC® THE DECADENT® COOKIE  
SELECTED VARIETIES  
280/300 G  
20612251\_EA  
20612257\_EA



\$11

NO NAME® CAT LITTER  
SELECTED VARIETIES  
18 KG  
20177169002\_EA



PRICE DROP†

More ways to save

2.50



YOPLAIT TUBES YOGURT  
SELECTED VARIETIES  
448 G  
21547595\_EA  
21547629\_EA



\$3

KIND HEALTHY GRAINS BARS  
SELECTED VARIETIES  
5 X 35 G = 175 G  
20925684\_EA



\$4

ZIPLOC LOW COUNT BAGS  
SELECTED VARIETIES  
10-100'S  
20871415\_EA



\$6

TEMPTATIONS CAT TREATS  
SELECTED VARIETIES  
454 G  
21012108\_EA



Independent

CUSTOMER RELATIONS 1-800-296-2332. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-800-296-2332 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** \*/\*™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.



WB WW WY WSK BACK

# freshness you can taste

**FRESH PROMISE**

**4<sup>50</sup>**

**BLACKBERRIES OR RASPBERRIES**  
PRODUCT OF MEXICO OR U.S.A.  
HALF PINT  
20128938001\_EA  
20051015001\_EA

**\$4**

**FARMER'S MARKET™ MINI CUCUMBERS**  
PRODUCT OF CANADA  
6'S  
20137570001\_EA

PRODUCT OF CANADA

**3<sup>99</sup>** **EXTRA LARGE**

**PC® EXTRA LARGE GREEN OR RED SEEDLESS GRAPES**  
PRODUCT OF SOUTH AFRICA OR MEXICO OR CHILE, NO. 1 GRADE  
8.80/KG  
20425775001\_KG  
20159199001\_KG

**SWEET CELEBRATION**  
100% SEEDLESS GRAPES  
NATURALLY SWEET  
NO ADDED SUGAR

**AUTUMNCRISP**  
PRODUCT OF U.S.A.

**4<sup>50</sup>** **LB**

**ASPARAGUS**  
PRODUCT OF MEXICO  
9.92/KG  
20174581001\_KG

**\$2**

**ATAULFO MANGOES**  
PRODUCT OF MEXICO  
EACH  
20121509001\_EA

**2<sup>99</sup>** **LB**

**COSMIC CRISP OR ENVY APPLES** PRODUCT OF U.S.A., US EXTRA FANCY OR HONEYCRISP APPLES  
**PRODUCT OF WESTERN PROVINCES, CANADA FANCY GRADE**  
6.59/KG  
21240884001\_KG  
20132621001\_KG

**3<sup>50</sup>**

**FARMER'S MARKET™ CARROTS** 2 LB BAG, PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE OR **YELLOW ONIONS** 3 LB BAG PRODUCT OF CANADA, CANADA NO. 1 GRADE  
20626628001\_EA  
20811994001\_EA

**2/\$12** **OR \$6.50 EA.**

**RENEE'S REFRIGERATED SALAD DRESSING OR VINAIGRETTE**  
SELECTED VARIETIES  
PRODUCT OF CANADA  
350/355 ML  
20312720\_EA  
20314592\_EA

Members get **1,000<sup>th</sup>** when you buy 2 **\$1** back in points

**\$13**

**FRUIT OR VEGGIE TRI PACKS**  
PREPARED IN-STORE  
706 G-1.02 KG  
20022119\_EA  
21209367\_EA

**\$10**

**8 STEM TULIPS**  
21637907\_EA

**\$11**

**MINI ROSE**  
EACH  
21663948\_EA

**\$25**

**SIGNATURE GIFT BOUQUET**  
EACH  
21436377\_EA  
21436378\_EA

**8<sup>50</sup>**

**GRASS FED EXTRA LEAN GROUND BEEF**  
450 G  
21675592\_EA

**\$9** **PREPARED IN-STORE**

**MEDIUM BEEF MEATBALLS**  
SELECTED VARIETIES  
425 G  
21587896\_EA

**\$15** **AIR CHILLED**

**PC® WHOLE CHICKEN**  
AIR CHILLED  
UP TO 1.7 KG  
21666198\_EA

**SAVE \$1.99**

**\$16**

**PC® FREE FROM GROUND LAMB**  
454 G  
21352008\_EA

FREE FROM\* SIMPLEMENT BON™  
NO ADDED ANTIBIOTICS\* - ÉLEVÉ SANS ANTIBIOTIQUES

**LEAN GROUND LAMB**  
AGNEAU HACHÉ MAIGRE  
PREVIOUSLY FROZEN  
PRODUIT DÉCONGELÉ

**2<sup>99</sup>** **LB**

**COOK'S PORTION HAM**  
6.59/KG  
20559641\_KG

**\$15**

**SWISS CHALET OR MONTANA'S PORK BACK RIBS**  
SELECTED VARIETIES  
FULLY COOKED  
600/650 G  
21022221\_EA  
21668141\_EA

**SWISS CHALET**  
PORK BACK RIBS - CÔTES DE DOS DE PORC  
SMOULY RING - ANNEAU FUMÉ

**MONTANA'S**  
BBQ & BAK  
PORK BACK RIBS - CÔTES DE DOS DE PORC  
CHOPETTE HONEY-CHOPETTE MIEL

# find your catch in seafood

**\$6**

**FRESH ATLANTIC SALMON PORTIONS**  
100 G OR **SEAQUEST® CRAB FLAVOURED POLLOCK FLAKES OR CHUNKS** 454 G  
READY-TO-EAT  
SELECTED VARIETIES  
21095443\_EA  
20591152\_EA

**\$11**

**PC® SHRIMP APPETIZERS**  
SELECTED VARIETIES  
FROZEN  
294-454 G  
20080117\_EA  
20135874\_EA

**BUTTERFLIED SHRIMP**  
CREVETTES EN PAPI L'AN

**COCONUT SHRIMP**  
UNCOOKED - NON CUITES  
CREVETTES À LA NOIX DE COCO PANÉES

**\$13**

**SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE**  
FROZEN  
454G  
21687413\_EA

# bakery deals rising daily

**4<sup>50</sup>**

More days  
Members get  
**500**

**BAKED  
IN-STORE**

**HOT CROSS BUNS  
WITH BAVARIAN  
CREAM**  
8'S  
20638117\_EA



**4<sup>50</sup>**

**BAKED  
IN-STORE**

**KAISER OR PANINI  
ROLLS**  
SELECTED VARIETIES  
6'S  
21579824\_EA  
21579825\_EA



**\$5**

**PREPARED IN  
CANADA**

**ACE BISTRO LOAF**  
SELECTED VARIETIES  
545-640 G  
21707600\_EA  
21707643\_EA



**6<sup>50</sup>**

**PREPARED IN  
CANADA**

**MINI CROISSANTS**  
SELECTED VARIETIES  
423 G  
21416726\_EA  
21660958\_EA



**\$17**

**FARMER'S MARKET™  
BAR CAKES**  
SELECTED VARIETIES  
675-770 G  
21500612\_EA  
21500763\_EA



**7<sup>50</sup>**

**PREPARED IN  
CANADA**

**FARMER'S MARKET™  
HOMESTYLE TARTS**  
SELECTED VARIETIES  
6/12'S  
21629191\_EA



**7<sup>50</sup>**

**PREPARED IN  
CANADA**

**THE GRAIN ESCAPE  
BREAD**  
SELECTED VARIETIES  
528 G  
21622905\_EA  
21622951\_EA



**2<sup>50</sup>**

**PREPARED IN  
CANADA**

**NO NAME® BAGELS**  
SELECTED VARIETIES  
6'S  
21343196\_EA  
21666643\_EA



**3<sup>75</sup>**

**PC® BLUE MENU®  
ORGANICS  
OR PROTEIN  
TORTILLAS**  
SELECTED VARIETIES  
342-650 G  
20182857\_EA  
21686817\_EA



**\$7**

More days  
Members get  
**1,500**  
back in points

**CATHEDRAL CITY  
CHEDDAR**  
SELECTED VARIETIES  
200 G  
21245346\_EA



## in the mood for deli-cious

**3<sup>50</sup>**  
/100 G

**PREPARED IN  
CANADA**

**OKA IN-STORE DELI  
CUT CHEESE**  
SELECTED VARIETIES  
21162370\_KO  
21162450\_KO



**SAVE  
\$1  
WHEN YOU BUY 2**

**PREPARED IN  
CANADA**

**2/\$16**

OR  
\$8.50 EA.

**MAPLE LEAF  
NATURAL  
SELECTIONS,  
SCHNEIDERS  
SLICED DELI MEAT**  
SELECTED VARIETIES  
150/175 G  
20065285\_EA  
20582322\_EA



**\$7**

**PC® SPLENDIDO®  
SLICED DELI MEAT**  
SELECTED VARIETIES  
100 G  
21049398\_EA  
21050405\_EA



**2/\$7**

**PREPARED IN  
CANADA**

OR  
\$4 EA.

**PC® HUMMUS 227 G OR  
NAAN DIPPERS 200 G**  
SELECTED VARIETIES  
21092033\_EA  
21639152\_EA



More days

Member Only Price  
**\$5**

Non-Members  
**\$6**

**GARDEN FRESH  
TORTILLAS 397 G OR  
PC® SALSA 430 ML OR  
GUACAMOLE 227 G**  
SELECTED VARIETIES  
20325398\_EA  
20571822\_EA  
21448092\_EA



## on the run, we got you

**\$16**

**IN-STORE  
PREPARED  
NACHO CHICKEN  
BAKE, TURKEY  
CRANBERRY  
SLIDERS OR PULLED  
PORK SLIDERS**  
750-900 G  
21696333\_EA



**\$9**

**ASSORTED  
CHICKEN PLATE  
WITH SIDES**  
CHILLED  
364-481 G  
21557783\_EA  
215560810\_EA



**2/\$9**

OR  
\$5 EA.

**PC® PASTA OR  
GNOCCHI**  
SELECTED VARIETIES  
255-350 G  
21682075\_EA  
21681454\_EA



**\$45-55**

**PARTY PLATTERS**  
SELECTED VARIETIES  
MADE TO ORDER  
850 G-2.6 KG  
20894860\_EA  
20895023\_EA



**\$20-25**

**SANDWICH OR WRAP  
PLATTERS**  
PREPARED IN-STORE  
1.2-1.7 KG  
21558135\_EA  
21558137\_EA



More days

Member Only Price  
**\$30**

Non-Members  
**\$35**

**BENTO KAZOKU  
PLATTER**  
53 PIECES  
1.2 KG  
21637774\_EA



**MARCH**

**HIT  
OF THE  
MONTH**



**CHRISTIE RITZ ORIGINAL, CHRISTIE RITZ CHIPS, TRISCUITS,  
WHEAT THINS OR TOPPABLES CRACKERS**

SELECTED VARIETIES  
240-454 G  
20686037\_EA  
21618621\_EA



**QUAKER CHEWY GRANOLA BARS**

SELECTED VARIETIES  
120 G  
21359366\_EA  
21359369\_EA



**PC® DIPS OR HUMMUS**

SELECTED VARIETIES  
454 G  
20583725\_EA  
20584098\_EA

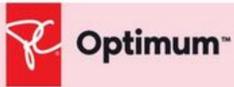
See in-store for retails.

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.

\*Must be a registered PC Optimum™ member to get this offer.

Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



# Get more on

More savings, more deals, more points  
This week only! March 19-25

# More days More days More days More days More days

More days

Members get **1,000** pts back in points

# \$9

PC® SPLENDIDO®  
EXTRA VIRGIN OLIVE OIL  
500 ML  
20162539\_EA



More days

Members get **1,000** pts when you buy 2 back in points

# \$6

ORVILLE  
POPCORN 6/8'S OR  
KERNEL JAR 850 G  
SELECTED VARIETIES  
20308686\_EA  
20629532002\_EA



More days

Members get **1,000** pts when you buy 2 back in points

# \$4

SNYDERS PRETZEL  
SELECTED VARIETIES  
240 G  
20316052001\_EA  
20316052002\_EA



More days

Members get **1,000** pts when you buy 2 back in points

# 2/\$8

OR  
\$4.99 EA.  
PEEK FREANS  
COOKIES  
OR BISCUITS  
SELECTED VARIETIES  
300/350 G  
20679968\_EA  
20680381\_EA



More days

Members get **3,000** pts when you buy 2 back in points

# \$4

PEARL MILLING  
COMPANY  
PANCAKE MIX 905 G  
OR SYRUP 710 ML  
SELECTED VARIETIES  
21384609\_EA  
21391619\_EA



More days

Members get **1,000** pts back in points

# 7<sup>50</sup>

PRINGLES  
SNACK STACKS  
SELECTED VARIETIES  
228 G  
21069445\_EA  
21206245\_EA



More days

Members get **1,000** pts back in points

# 6<sup>49</sup>

GRISPOL MELBA  
TOAST 400 G OR  
BAGUETTES 220 G  
SELECTED VARIETIES  
20307218001\_EA  
21623511\_EA



More days

Members get **500** pts

# 4<sup>99</sup>

CADBURY  
FINGERS  
SELECTED VARIETIES  
114/125 G  
21631880\_EA  
21631965\_EA



Optimum

Members-Only Price™  
**4<sup>50</sup>**

Non-members  
**\$6**

Members save **\$1<sup>50</sup>**

DAWN LIQUID 825/982 ML,  
EZ SQUEEZE 532/535/650 ML  
OR POWERWASH  
REFILL 473 ML  
SELECTED VARIETIES  
21430569\_EA



More days

Members get **2,000** pts back in points

# 25<sup>99</sup>

PC® SUPER ABSORBENT  
PAPER TOWELS  
CLUB SIZE  
12 ROLLS  
21558605\_EA



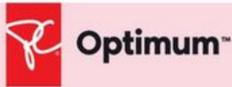
More days

Members get **4,000** pts back in points

# \$20

MASON JAR  
ARRANGEMENT  
EACH  
21559945\_EA





# Get more on

More savings, more deals, more points  
This week only! March 19-25

# More days More days More days More days More days

More days

Members get **3,000** (pts) when you spend '15\* on **\$3** back in points

**NUTELLA HAZELNUT SPREAD WITH COCOA** 375/725 G, & **GO! SNACK PACKS** 208 G OR **B-READY SNACK BARS** 132 G  
SELECTED VARIETIES  
20436105\_EA  
20948689\_EA



More days

Members get **3,000** (pts) when you spend '10\* on **\$3** back in points

**KELLOGG'S RICE KRISPIES SQUARES** 176 G, **NUTRI-GRAIN BARS** 295 G, **SPECIAL K CRISPY BARS** 125 G OR **POP TARTS PASTRIES** 384 G  
SELECTED VARIETIES  
21290106\_EA  
21290111\_EA



More days

Members get **5,000** (pts) for every '10\* spent on **\$5** back in points

**KNORR GRAVY AND SAUCE MIX** 22-48 G, **BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML  
SELECTED VARIETIES  
20297436001\_EA  
20323323001\_EA  
21683454\_EA



More days

Members get **3,000** (pts) for every '10\* spent on **\$3** back in points

**MCCORMICK GOURMET SPICES OR GRAVY DRY SAUCES**  
SELECTED VARIETIES  
11-56 G  
21379317\_EA  
21666873\_EA



More days

Members get **1,500** (pts) when you spend '7\* on **\$1.50** back in points

**KNORR OR LIPTON SOUP MIX**  
SELECTED VARIETIES  
40-338 G  
20297514001\_EA  
20308188002\_EA



More days

Members get **3,000** (pts) for every '12\* spent on **\$3** back in points

**KRAFT BAKER'S CHOCOLATE SQUARES** 170-225 G, **SHAKE 'N BAKE COATING MIX** 142-160 G, **CERTO LIQUID PECTIN** 170 ML, **DREAM WHIP WHIPPED TOPPING MIX** 170 G, **BIRDS CUSTARD POWDER** 340 G, **MAGIC BAKING POWDER** 225-450 G, **MINI TAPIOCA** 225 G OR **JELL-O JELLY POWDERS** 9.1-10.3 G, **INSTANT PUDDING** 40-153 G, **PUDDING & PIE FILLING** 135-170 G OR **NO BAKE CHEESECAKE DESSERT KIT** 314 G  
SELECTED VARIETIES  
20307001001\_EA  
20316019001\_EA



More days

Members get **4,000** (pts) when you spend '12\* on **\$4** back in points

**RESOLVE STAIN REMOVERS**  
SELECTED VARIETIES AND SIZES  
20323370\_EA



More days

Members get **4,000** (pts) for every '10\* spent on **\$4** back in points

**MAYNARDS CANDY**  
SELECTED VARIETIES  
135-154 G  
21694186\_EA  
21545605\_EA



More days

Members get **3,000** (pts) when you spend '14\* on **\$3** back in points

**AIR WICK PLUG-INS, REFILLS, ESSENTIAL MIST KITS OR CLUB PACKS**  
SELECTED VARIETIES AND SIZES  
21495649\_EA



More days

Members get **5,000** (pts) when you spend '15\* on **\$5** back in points

**SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, SHOUT STAIN REMOVERS OR GLADE AIR FRESHNERS**  
SELECTED VARIETIES AND SIZES  
216668324\_EA/20905516\_EA



More days

Members get **5,000** (pts) when you spend '25\* on **\$5** back in points

**PUREX, PERSIL OR SUNLIGHT LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENERS**  
SELECTED VARIETIES AND SIZES  
20083525001\_EA  
21427042\_EA



More days

Members get **10,000** (pts) when you buy 3 **\$10** back in points

**NATURE'S BOUNTY VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
SEE RETAIL IN STORES  
21020231\_EA  
21180320\_EA



More days

Members get **3,000** (pts) when you buy 3 **\$3** back in points

# 32<sup>50</sup>

**BOOST READY TO DRINK VALUE PACK**  
SELECTED VARIETIES AND SIZES  
21562893\_C15

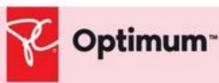


More days

Members get **2,000** (pts) when you buy 2 **\$2** back in points

**QTIPS COTTON SWABS**  
500'S  
20323077001\_EA





# Get more on

More savings, more deals, more points  
This week only! March 19-25\*\*

# Moredays Moredays Moredays Moredays

## APP EXCLUSIVE OFFERS†

**Moredays**  
APP EXCLUSIVE OFFER

**Member Only Price**

**5.50**

Members save **\$1.50**

**Non-Members \$7**



**PC® RICOTTA**  
200 G OR  
**PC® RICOTTA** 454 G  
SELECTED VARIETIES  
20546993\_EA  
20219848\_EA

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PREPARED IN CANADA**

**Moredays**  
APP EXCLUSIVE OFFER

Members get **4,000 pts**

**\$4** back in points

**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
500 G  
20057892\_EA  
20152629\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER

Members get **1,500 pts**

**\$1.50** back in points

**VH SAUCES**  
SELECTED VARIETIES  
341-380 ML  
20297368\_EA  
20308726001\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER

Members get **5,000 pts**

**\$5** back in points

**\$23**

**PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE** 568 G  
FROZEN  
20147098\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER

Members get **4,000 pts**

**\$4** back in points

for every **'10\*** spent on

**PHILADELPHIA CREAM CHEESE, KRAFT SINGLES OR CHEEZ WHIZ**  
SELECTED VARIETIES AND SIZES  
4085387\_EA  
20641267\_EA  
20659606001\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER

Members get **5,000 pts**

**\$5** back in points

for every **'10\*** spent on

**OLD EL PASO MEAL MAKER PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20795534\_EA  
20305182001\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER

Members get **2,000 pts**

**\$2** back in points

when you spend **'5\*** on

**CHRISTIE RITZ DRIZZLED MINIS CRACKERS**  
SELECTED VARIETIES  
226 G  
21712532\_EA  
21712595\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER

Members get **4,000 pts**

**\$4** back in points

when you spend **'10\*** on

**CHRISTIE SNAK PAKS**  
SELECTED VARIETIES  
150-200 G  
21584976\_EA  
21585155\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

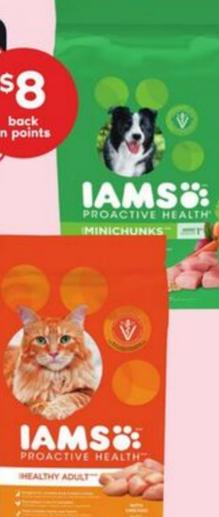
**Moredays**  
APP EXCLUSIVE OFFER

Members get **8,000 pts**

**\$8** back in points

for every **'20\*** spent on

**IAMS CAT OR DOG FOOD**  
SELECTED VARIETIES  
75 G-18.1 KG  
20912435\_EA  
21027553\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

## APP EXCLUSIVE OFFERS†

**Moredays**  
APP EXCLUSIVE OFFER

Members get **10,000 pts**

**\$10** back in points

for every **'100\*** spent on

**ANY COMBINATION OF ARDENE, GAP INC. BRANDS, UBER EATS, AND UBER GIFT CARDS**



Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Ardenne, Gap Inc. Brands, Uber Eats, and Uber gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.

**Express™ Pass**

Get your first year of PC Express Pass for **\$2/month\***

- Unlimited grocery delivery or pickup
- Earn 2% back in (pts) with eligible pickup orders\*\*

Use code **PASS76**

Learn more

\*Offer valid until April 1, 2026. Conditions apply. \$30 minimum order. Regular price \$99.99/year after your first year.



## JOE FRESH

**Optimum™**

**Moredays**  
March 19 - 25

Members get **15,000 pts**

for every **\$60** spent on adult apparel\*

Open the app to get your offers.



## Optimum™ Moredays™

**BONUS 30 pts**

per litre of fuel purchased at Esso™ or Mobil™ stations.\*

March 19-22

That's like **3¢/L** in (pts)



Open the app to get this offer.



**Optimum™**

Become a  
**points  
millionaire**



**Scan** your  
*PC Optimum™*  
App when  
you spend  
\$20+\*, and  
you could  
win 1,000,000  
points!

**March 19 - April 1**

\* No purchase necessary. Open to residents of Canada (excl. QC) Age of majority +. Approximation retail value \$1,000. For contest details, including purchase exclusions and how to enter without purchase, visit <https://www.pcoptimum.ca/national-contest>

# Indulge in tasty treats

Discover more value this Easter



**SAVE 49¢**

**\$6**

**ED SMITH**  
PIE FILLING 540 ML  
OR PURE PUMPKIN 796 ML  
SELECTED VARIETIES  
20022361\_EA  
20297753001\_EA

**\$5**

**HERSHEY'S CHIPITS**  
SELECTED VARIETIES  
200-270 G  
21452844\_EA  
21452924\_EA

**\$7**

**PC® BUTTER**  
SELECTED VARIETIES  
454 G  
20313456001\_EA  
20313456002\_EA

**PREPARED IN CANADA**

**President's Choice**  
COUNTRY CHURNED UNSALTED BUTTER

**President's Choice**  
COUNTRY CHURNED SALTED BUTTER

**\$9**

**PC® BLUE MENU® EGG WHITES**  
1 KG  
20821364001\_EA

**SAVE 99¢**

**\$2**

**BETTY CROCKER**  
FROSTINGS 340-450 G  
OR SUPER MOIST CAKE MIX 375-404 G  
SELECTED VARIETIES  
2050264005\_EA  
21547838\_EA

**SAVE \$1.49**

**4.50**

**GAY LEA REAL WHIPPED CREAM**  
ASSORTED VARIETIES  
225 G  
20048223001\_EA  
20048223002\_EA

**2/\$7**

OR \$4.29 EA.

**NO NAME® MARSHMALLOWS**  
SELECTED VARIETIES  
400 G  
20304672001\_EA  
21023141\_EA

**Moredays**

Members get **3,000 pts** for every \$15\* spent on

**\$3** back in points

**WILTON SPARKLE GELS** 99 G,  
**ICING TUBES** 120 G,  
**SPARKLING POUCHES** 32/40 G,  
**SPRINKLES 6-CELL** 168-207 G,  
**CANDY MELTS** 340 G,  
**ICING MIX** 113 G/1EA,  
**ICING COLOUR GEL** 4 EA,  
**SPRINKLES** 9-285 G,  
**CANDY EYEBALLS** 78 G,  
**CUPCAKE LINERS** 75/150 EA,  
**CANDLE PICK SET** 10/13 EA,  
**FOIL BAKING CUPS** 72 EA,  
**TIP SET** 4 EA, **BIRTHDAY CANDLES** 10-24 EA OR  
**COLOUR SWIRL PIPING BAG COUPLER KIT** 9 EA  
SELECTED VARIETIES  
20813444\_EA  
21363183\_EA

**Moredays**

Members get **1,000 pts**

**\$1** back in points

**6.50**

**PAM COOKING SPRAY**  
SELECTED VARIETIES  
110-170 G  
20315275004\_EA

**4.50**

**NO NAME® ALMONDS, PECANS, HAZELNUTS OR WALNUTS**  
SELECTED VARIETIES  
100 G  
20127455001\_EA  
20617491\_EA

**SAVE \$1.99**

**\$5**

**BAKER'S CHOCOLATE SQUARES** 170/225 G  
OR **TENDERFLAKE LARD** 454 G  
SELECTED VARIETIES  
20027695\_EA  
20316019001\_EA

**2.50**

**DR. OETKER SHIRRIF PIE FILLING & DESSERT MIX**  
SELECTED VARIETIES  
111-164 G  
21615148\_EA  
21615185\_EA

**SAVE \$2**

**\$6**

**NO NAME® FLOUR**  
SELECTED VARIETIES  
5 KG  
20618900\_EA  
20650915\_EA

**2/\$10**

OR \$5.49 EA.

**EAGLE BRAND SWEET & CONDENSED MILK**  
SELECTED VARIETIES  
300 ML  
21021518\_EA  
21012957\_EA

**Moredays**

Members get **4,000 pts** when you buy 2

**\$4** back in points

**\$6**

**QUAKER BAKING MIXES OR OAT FLOUR**  
SELECTED VARIETIES  
700-900 G  
20301064001\_EA  
21674263\_EA

**\$5**

**COOL WHIP DESSERT TOPPING**  
SELECTED VARIETIES  
FROZEN  
1 L  
20030369001\_EA  
20030369002\_EA

**3.49**

**ALFA PHYLLO PASTRY**  
FROZEN  
450G  
21606928\_EA

**\$4**

**NO NAME® COCONUT OR CRISCO SHORTENING** 454 G  
SELECTED VARIETIES  
20127930\_EA  
21475300\_EA

# your one-stop grocery shop

**2/\$9**

OR \$5.50 EA.

**LIBERTÉ MÉDITERRANÉE YOGURT 500 G**  
**OR LIBERTÉ GREEK YOGURT 400 G**  
 SELECTED VARIETIES  
 2080752003\_EA  
 21473714\_EA



**SAVE**

**15%**

**BOB'S RED MILL OATS**  
 SELECTED VARIETIES  
 454-907 G  
 21127426\_EA  
 21161849\_EA



**3/\$9**

OR \$3.75 EA.

**FIBRE 1 CHEWY BARS, DELIGHTS OR BROWNIES 125-175 G,**  
**NATURE VALLEY PROTEIN BARS 148 G**  
**OR SWEET & SALTY BARS 192-210 G**  
 SELECTED VARIETIES  
 20587504001\_EA  
 21213559\_EA



**8<sup>50</sup>**

**HIGH LINER FISH STICKS, BATTERED FISH OR FILLETS**  
 SELECTED VARIETIES FROZEN  
 350-700 G  
 20303200001\_EA  
 20303200003\_EA



**\$5**

**HELUYA GOOD! FRENCH ONION SOUR CREAM DIP**  
 680 G  
 20312788001\_EA



**SAVE \$1.58**  
**WHEN YOU BUY 2**

**2/\$6**

OR \$3.79 EA.

**NO NAME® SOUR CREAM**  
 SELECTED VARIETIES  
 500 ML  
 20299657\_EA  
 20322987\_EA



**9<sup>49</sup>**

**NO NAME® CHEESE**  
 SELECTED VARIETIES  
 700 G  
 20975773\_EA



**\$5**

**NO NAME® OATMEAL OR CHOCOLATEY COOKIES**  
 SELECTED VARIETIES  
 907 G  
 20318678002\_EA  
 20318678001\_EA



**4<sup>50</sup>**

**LECLERC CÉLÉBRATION COOKIES**  
 SELECTED VARIETIES  
 200-350 G  
 20965368\_EA  
 21680074\_EA



**2/\$6**

OR \$3.49 EA.  
**PC® CRISP & THIN BUTTER TWISTS 225 G,**  
**PITA CRACKERS 142 G OR SCALLOPED CRACKERS 185 G**  
 SELECTED VARIETIES  
 2060388003\_EA  
 21346922\_EA



**\$6**

**TAZO TEA BAGS 20'S OR AGGA NESPRESSO COMPATIBLE CAPSULES 10'S**  
 SELECTED VARIETIES  
 21308145\_EA  
 21306979\_EA



**\$14**

**TWINING'S TEA 100'S OR TIM HORTON'S SINGLE SERVE K-CUP TEA 12'S OR MCCAFFÉ COFFEE K-CUP 10/12'S,**  
 SELECTED VARIETIES  
 21040439\_EA  
 21238598\_EA



**4<sup>50</sup>**

**COFFEE-MATE COFFEE ENHANCER**  
 SELECTED VARIETIES  
 828/946 ML  
 21091205\_EA  
 21091311\_EA



**\$8**

**STOK COLD BREW COFFEE**  
 SELECTED VARIETIES  
 1.42 L  
 21203739\_EA  
 21203737\_EA



**\$5**

**EARTH'S OWN BARISTA**  
 SELECTED VARIETIES  
 946 ML  
 21179478\_EA  
 21643629\_EA



**\$12**

**KINDER MAXI SURPRISE EGG 150 G, EASTER VARIETY PACK 116 G OR EASTER EGG HUNT KIT 186 G**  
 SELECTED VARIETIES  
 20012895\_EA  
 20719493\_EA



# for the love of **pets**

**\$15**

**PC® WILD BIRD FOOD**  
4 KG  
21308596\_EA



**\$17**

**CESAR DOG FOOD**  
SELECTED VARIETIES  
12'S  
20548229\_EA



**\$20**

**DOG CHOW 8 KG OR PUPPY CHOW 6.5 KG**  
20314190\_EA



**\$9**

**ZUKE'S DOG TREATS**  
SELECTED VARIETIES  
170 G  
21661750\_EA



**\$50**

**PURINA ONE DOG FOOD**  
SELECTED VARIETIES  
9.5-12.4 KG  
20422765\_EA



**\$12**

**MILK-BONE BRUSHING CHEWS DOG TREATS**  
SELECTED VARIETIES  
535-688 G  
21168245\_EA



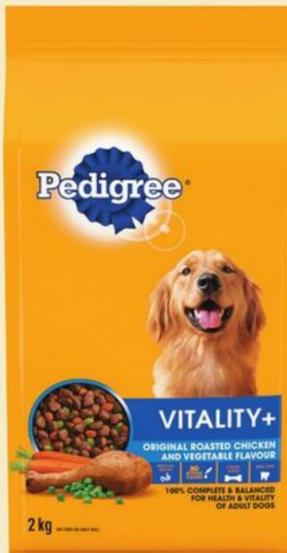
**\$9**

**MILK-BONE COMFORT CHEWS DOG TREATS**  
SELECTED VARIETIES  
210/312 G  
21620394\_EA



**\$14**

**PEDIGREE DOG FOOD**  
SELECTED VARIETIES  
2/2.8 KG  
21589011\_EA



**\$22**

**PURINA ONE CAT FOOD**  
SELECTED VARIETIES  
3 KG  
21235341\_EA



**\$6**

**TEMPTATIONS CAT TREATS**  
SELECTED VARIETIES  
454 G  
21012108\_EA



**\$22**

**FANCY FEAST CAT FOOD**  
SELECTED VARIETIES  
24'S  
21170917\_C01



**\$17**

**PC® NUTRITION FIRST® CAT FOOD**  
SELECTED VARIETIES  
2 KG  
21303030\_EA



**5/6<sup>25</sup>**

OR \$1.69 EA.

**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
75/100 G  
20945388\_EA



**\$10**

**PC® EXTRA MEATY CAT FOOD**  
SELECTED VARIETIES  
2 KG  
21361585\_EA



**\$29**

**TIDY CATS LIGHTWEIGHT LITTER**  
7.71 KG  
20913423\_C01





# spring shine

**\$6**

**GREENWORKS ALL PURPOSE OR BATHROOM CLEANER** 946 ML, **TOILET BOWL CLEANER** 709 ML, **DISH DETERGENT** 650 ML OR **WIPES** 75'S SELECTED VARIETIES 21657670\_EA/21657754\_EA



**2/\$9**  
OR \$6.49 EA.

**CLOROX BATHROOM SPRAYS** 887 ML, **ALL PURPOSE CLEANERS** 946 ML OR **TILEX SHOWER SPRAY** 946 ML SELECTED VARIETIES 20649899\_EA 21657792\_EA



Members get **2,000** back in points

**LYSOL DISINFECTING WIPES** 75'S, **DISINFECTANT SPRAY** 350 G, **FLATPACK WIPES** 84'S OR **TOILET BOWL CLEANER** 940 ML SELECTED VARIETIES 21449826\_EA 21667289\_EA



**\$4**

**VIM CLEANERS** 500 ML-1 L OR **ALLENS CLEANING VINEGAR** 950 ML-2.5 L SELECTED VARIETIES 20831326\_EA



**\$5**

**LYSOL LAUNDRY DISINFECTANT** SELECTED VARIETIES 1.2 L 21495667\_EA 21487308\_EA



**\$10**

**AIRWICK ESSENTIAL MIST KIT** 20 ML OR **TWIN REFILLS** 2/20 ML SELECTED VARIETIES 20324301002\_EA



**\$9**

**GLAD INDOOR BUNDLE** SELECTED VARIETIES 10-48'S 21359461\_EA/21614177\_EA



**\$5**

**CLOROX BLEACH** 2.4 L OR **PINE-SOL CLEANER** 1.41 L SELECTED VARIETIES 20298679001\_EA 21283179\_EA



**\$4**

**SCOTCH BRITE SPONGES** 6'S OR **SCRUBBING BUBBLES BATHROOM CLEANER** 946-950 ML/623 G OR **TOILET FRESH BRUSH**, **EASY PEASY** 946 ML/385 G, **FANTASIK** 650 ML, **WINDEX GLASS CLEANER** 765-950 ML OR **FAMILY GUARD** 946 ML SELECTED VARIETIES 20976696\_EA 20125323001\_EA



**\$5**

**METHOD ALL PURPOSE CLEANER** 828 ML OR **DISH DETERGENT** 532 ML SELECTED VARIETIES 21432667\_EA/21518328\_EA



**\$11**

**GLAD OUTDOOR BAGS** SELECTED VARIETIES 10-40'S 21164510\_EA



**\$12**

**VILEDA OSKAR BROOM AND TWIST MOP** SELECTED VARIETIES EACH 20001949\_EA 20057952\_EA



**\$11**

**SWIFFER DUSTER REFILLS** 6/10'S, **SWEEPER WET REFILLS** 12/20/24'S, **SWEEPER DRY REFILLS** 16/20/32'S, **WETJET REFILLS** 12'S, **POWERMOP REFILLS** 5'S, **WETJET LIQUID** 2.5 L OR **POWERMOP LIQUID** 2.5 L SELECTED VARIETIES 21624930\_EA/21625287\_EA



**5.50**

**FLEECY FABRIC SOFTENER** 1.36 L OR **SHEETS** 80'S SELECTED VARIETIES 21311876\_EA 20311072001\_EA



## wash out winter

**\$22**

**TIDE LAUNDRY DETERGENT** 3.9 L, **TIDE POWER PODS** 45'S, **TIDE PODS OR GAIN BEADS** 57-76'S OR **FLINGS** 853 G OR **CASCADE TUBS** 51/67/80'S SELECTED VARIETIES 21593670\_EA 21625767\_EA



**\$16**

**GAIN LAUNDRY DETERGENT** 4.25 L, **PODS OR FLINGS** 42'S, **DOWNY FABRIC SOFTENER** 1.92-3.29 L, **BOUNCE SHEETS** 240'S OR **DOWNY OR GAIN BEADS** 453-550 G SELECTED VARIETIES 21625747\_EA 21671138\_EA



**\$14**

**PUREX** 4.08-4.43 L, **SUNLIGHT** 4 L OR **PERSIL** 1.86 L **LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENER** 2.77 L SELECTED VARIETIES 20083525001\_EA 21427042\_EA



**\$20**

**TRU EARTH LAUNDRY DETERGENT STRIPS** SELECTED VARIETIES 64'S 21554580\_EA



# CELEBRATE THIS VAISAKHI

Here's to community, gratitude, and harvesting great value



**\$7**

**SHER BESAN FLOUR**  
1.81 KG  
20869922\_EA



**1.75**

**KURKURE SNACKS**  
SELECTED VARIETIES  
115 G  
21381077\_EA  
20659742\_EA



**\$2**

**PRICE DROP!**

**PRAN SAMOSA OR VEG SPRING ROLL**  
SELECTED VARIETIES,  
FROZEN  
400 G  
21054846\_EA



**2.50**



**9.99**

**PRAN PARATHAS FAMILY PACK**  
FROZEN  
30S X 2400G  
21172364\_EA



**\$4**

**SURAJ® OKRA**  
SELECTED VARIETIES,  
FROZEN  
1 KG  
20379701\_EA



**3.99**

**HALDIRAM TANDOORI NAAN**  
SELECTED VARIETIES  
FROZEN  
400 G  
20707770\_EA



**\$3**

**SURAJ® NAAN**  
SELECTED VARIETIES  
500 G  
21050380\_EA



**4.99**

**NANAK PANEER**  
SELECTED VARIETIES  
341 G  
21286158\_EA



**\$4**

**DABUR NECTAR**  
SELECTED VARIETIES  
1 L  
21399816\_EA  
21399828\_EA



**\$12**

**WAGH BAKRI TEA**  
907 G OR **DABUR HONEY** 500 G  
SELECTED VARIETIES  
20375231\_EA  
20802858\_EA



**\$4**

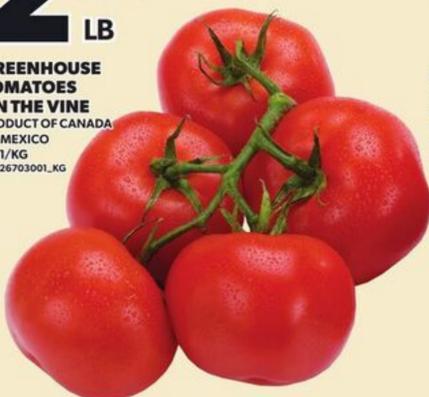
**KFI COOKING SAUCES**  
SELECTED VARIETIES  
375/395 ML  
20419490001\_EA  
20419490003\_EA



## vaisakhi fresh harvest

**2.50**  
LB

**GREENHOUSE TOMATOES ON THE VINE**  
PRODUCT OF CANADA OR MEXICO  
5.51/KG  
20026703001\_KG



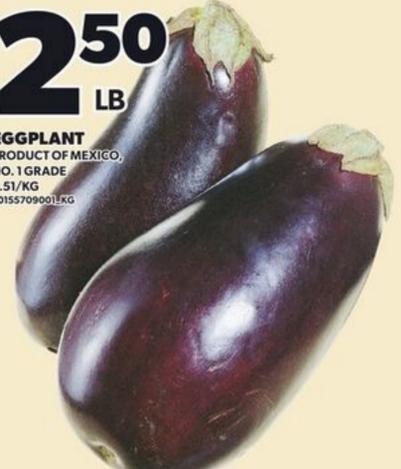
**\$9** **10 LB**

**FARMER'S MARKET™ RED ONIONS**  
PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE  
10 LB BAG  
20171965001\_EA



**2.50**  
LB

**EGGPLANT**  
PRODUCT OF MEXICO,  
NO. 1 GRADE  
5.51/KG  
20155709001\_KG



**3.50**

**RAPINI**  
PRODUCT OF MEXICO OR U.S.A.  
EACH  
20048070001\_KG



**\$2**

**CILANTRO**  
PRODUCT OF MEXICO OR U.S.A.  
20091825001\_EA



**1.50**

**MINT BUNCH**  
PRODUCT OF MEXICO OR COLOMBIA  
2019326001\_EA



**ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS:** JOLY'S YIG 251 POWDER DRIVE FORT MCMURRAY, ELDHO'S YIG 1792A 9TH AVENUE FERNIE, EDSON'S YIG 4431 4TH AVENUE EDSON, LOBLAW CITY MARKET 658 HOMER STREET VANCOUVER, MACNEIL'S YIG 335 HORNOR CRES SASKATOON, PAUL'S YIG 829 MANDALAY BLVD CARSTAIRS, NIEL'S YIG 1341 BROADWAY AVE. REGINA, PARK ROYAL CITY MARKET 845 PARK ROYAL NORTH WEST VANCOUVER, WYKES' YIG #5-303 OGIWIE ST. WHITEHORSE, MILLER'S YIG 7190 KERR STREET VANCOUVER, LONSDALE CITY MARKET 1650 LONSDALE AVENUE NORTH VANCOUVER, MIKE'S YIG 56016 HIGHWAY 28A GIBBONS, MORTADA'S YIG ST. ALBERT #100-925 ST ALBERT TRAIL ST. ALBERT, PETER'S YIG 1835 GORDON DRIVE KELOWNA, CINDY'S YIG 620A SASKATCHEWAN AVE EAST MELFORT, NIELSEN'S YIG 18765 FRASER HIGHWAY SURREY, MICHAEL'S YIG 2815 WANUSKEWIN RD. SASKATOON, INDER'S YIG YELLOWKNIFE 250 OLD AIRPORT ROAD YELLOWKNIFE, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY RED DEER, VAHAGN'S YIG 106 HAWTHORN WAY LEDUC, MARINO'S YIG 5530 SUNSHINE COAST HIGHWAY SECHLT

# Shop the **world** in our aisles



# \$5



**SURAJ® NAAN  
FLATBREADS**  
SELECTED VARIETIES  
10'S  
20343319\_EA



# \$11

**SUFRA® HALAL  
BREADED CHICKEN**  
SELECTED VARIETIES  
FROZEN  
568-840 G  
21179707\_EA  
21179709\_EA



# 1.50

**ROOSTER®  
COCONUT MILK**  
SELECTED VARIETIES  
398 ML  
21378707\_EA  
21378715\_EA



# \$10

**SURAJ® AGED  
BASMATI RICE**  
3.63 KG  
20838931\_EA



**EVERYDAY  
LOW  
PRICES**

**Value you  
can count on.**

**\$16**



**PC® BLUE MENU®  
CHICKEN BREASTS**  
BONELESS, SKINLESS  
AIR CHILLED  
3'S  
21340952\_EA



**2<sup>47</sup>**

**NO NAME®  
CHICKEN  
HOT DOGS**  
450 G  
20098192\_EA



**\$15**

**PC® BACON-WRAPPED  
WILD SEA SCALLOPS**  
FROZEN  
260 G  
21220644\_EA



**\$6**

**ZIGGY'S® DELI  
CHEESE SLICES**  
SELECTED VARIETIES  
160/180 G  
21610778\_EA  
21610826\_EA



**\$8**

**PREPARED  
IN-STORE BOWLS**  
SELECTED VARIETIES  
345-400 G  
21666110\_EA  
21699361\_EA



**\$7**



**FARMER'S MARKET™  
MUFFINS**  
SELECTED VARIETIES  
6'S  
21283356\_EA



**3<sup>75</sup>**



**PC® YOGURT TUBS**  
750 G OR PROBIOTIC  
YOGURT 650 G  
SELECTED VARIETIES  
20180775002\_EA  
21684206\_EA



**3<sup>50</sup>**

**NO NAME® SINGLE  
PIZZAS OR CHEESY  
GARLIC FINGERS**  
SELECTED VARIETIES,  
FROZEN  
295-411 G  
21541441\_EA  
21541444\_EA



**\$10**

**NO NAME® CLUB SIZE  
ICE CREAM  
SANDWICHES  
OR BARS**  
SELECTED VARIETIES  
FROZEN  
24-30'S  
20347400002\_EA  
21013432\_EA



**\$1**



**PC® OR BLUE MENU®  
SPARKLING WATER**  
SELECTED VARIETIES  
1L  
20162061003\_EA  
20320832004\_EA



**\$8**

**PC® ORGANICS  
FLOUR**  
SELECTED VARIETIES  
2.5 KG  
20069335\_EA  
20303111\_EA



**4<sup>50</sup>**

**PC® ORGANICS  
ANIMAL COOKIES**  
SELECTED VARIETIES  
250 G  
20181028\_EA  
20304981\_EA



**\$5**

**PC® ORGANICS  
VEGETABLES**  
SELECTED VARIETIES  
FROZEN  
300/500 G  
20416869001\_EA  
21418289\_EA



# live well, spend less

**\$56**

**LIMIT 4**  
AFTER LIMIT  
63.99 EA.

**SIMILAC BABY FORMULA**  
STAGE 1 & 2  
SELECTED VARIETIES  
859 G  
21436985\_EA  
21437126\_EA



**\$25**

More days  
Members get  
**2,000**  
back in points

**HUGGIES 16X BABY WIPES**  
SELECTED VARIETIES  
960-1152'S  
21541191\_EA



**LIMIT 4**  
AFTER LIMIT  
29.99 EA.

**\$25**

**LIMIT 4**  
AFTER LIMIT  
34.99 EA.

**PAMPERS SUPER BIG PACK DIAPERS**  
SELECTED VARIETIES  
SIZE N-6, 48-96'S  
21370843\_EA/21455865\_EA



**4<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT  
6.49 EA.

**AXE DEODORANT** 76/85 G,  
**BODY SPRAY** 113 G,  
**BODY WASH OR HAIR CARE** 473 ML  
SELECTED VARIETIES  
20665502\_EA/21438255\_EA



**4<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT  
6.99 EA.

**GARNIER WHOLE BLENDS SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES  
370 ML  
21647127\_EA/20941824\_EA



**10<sup>50</sup>**

**LIMIT 4**  
AFTER LIMIT  
11.99 EA.

**HEAD & SHOULDERS OR OLD SPICE HAIR CARE**  
SELECTED VARIETIES  
AND SIZES  
21360086\_EA  
21505214\_EA



**\$9**

**LIMIT 4**  
AFTER LIMIT  
11.49 EA.

**JERGENS LOTION**  
SELECTED VARIETIES  
620 ML  
20856268\_EA  
21195511\_EA



**SAVE UP TO**

**20%**

**GARNIER FACECARE PRODUCTS**  
SELECTED VARIETIES  
AND SIZES  
21549485\_EA



**7<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT  
8.99 EA.

**OLD SPICE DEODORANT** 73-144 G,  
**SECRET DEODORANT**  
68-116 G OR **GILLETTE DEODORANT** 122 G  
SELECTED VARIETIES  
20757237001\_EA  
21426451\_EA



**\$10**

**LIMIT 4**  
AFTER LIMIT  
11.49 EA.

**OGX MAUI OR AVEENO HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21009291\_EA/21010670\_EA



**\$8**

**LIMIT 4**  
AFTER LIMIT  
10.99 EA.

**LISTERINE MULTIBENEFITS**  
1 L OR **CLASSIC** 1.5 L  
**MOUTHWASH**  
SELECTED VARIETIES  
20701283\_EA/21091180\_EA



**St. Ives**

**For Radiant Winter Skin**

save up to **25%**  
**St. Ives**  
Face Scrubs,  
Exfoliants, Lotion  
or Body Wash  
21986088\_EA  
21429055003\_EA  
21360954\_EA

**TENA**

**Trusted day & night leakage protection**

**\$18** EA.  
Tena Underwear, Briefs or Pads  
selected varieties and sizes  
20957897\_EA/21033778\_EA/21099265\_EA

TENA® is a registered trademark of Essity Hygiene and Health, AB. ©2026 Essity

**GARNIER®**

**UP TO 3 DAYS OF FRIZZ CONTROL\***

**\$9** **LIMIT 4** AFTER LIMIT 11.99 EA.  
**GARNIER FRUCTIS HAIR TREATMENT**  
SELECTED VARIETIES  
AND SIZES  
21080852\_EA

**\$9** **LIMIT 4** AFTER LIMIT 9.49 EA.  
**GARNIER FRUCTIS SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES  
1 L  
21708789\_EA

**FRUCTIS**

**VEGAN FORMULA\***

**Cruelty Free**

\*With system of shampoo, conditioner & leave-in cream.

**Jamieson**

**HEALTH MADE TASTY**

Support good health with great taste

**SAVE up to 20%**  
Jamieson Multi or Letter vitamins  
selected varieties and sizes  
30-500's

**NEW**

21689253\_EA/20704768\_EA  
21689327\_EA/21411099\_EA  
21541913\_EA

**Baby Gourmet ORGANIC**

**6+ MONTHS**

JUICY PEAR & GARDEN GREENS  
POIRES JUTEUSES ET LÉGUMES VERTS DU JARDIN

MANGO AVOCADO & OATS  
MANGUE, AVOCAT ET AVOINE

**5/\$10**  
or 2.49 ea

Baby Gourmet organic fruit or vegetable baby food pouches  
113/128 mL  
or jars 113 mL  
selected varieties  
20616541001\_EA  
21291241\_EA  
20368074001\_EA  
21123983\_EA

**7+ MONTHS**

TROPICAL GREEN SMOOTHIE  
SMOOTHIE VERT TROPICAL

BANANA FIG OATMEAL  
BANANES, FIGUES ET AVOINE

**PediaSure**

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

2/\$18  
or \$10.49 ea

PediaSure Complete, selected varieties, 4x235 mL  
20322414001\_EA  
20322414002\_EA

**Pedialyte**

WHEN WATER ISN'T ENOUGH  
Get advanced rehydration

**\$10** **LIMIT 4**  
AFTER LIMIT \$9.99 EA

Pedialyte electrolyte oral rehydration solution, Strawberry 1L or Freezer Pops, 16x62.5 mL  
20186130\_EA  
21623984\_EA

**Similac 360 Total Care**

A first of its kind from Similac®

**\$70** **LIMIT 4**  
AFTER LIMIT \$9.99 EA

Similac 360 Total Care ready to feed infant formula, selected varieties, 16x235 mL  
21702863\_EA/21702882\_EA

**\$60** **LIMIT 4**  
AFTER LIMIT \$9.99 EA

Similac 360 Total Care infant formula selected varieties, 859 g  
21697863\_EA/21697886\_EA

© Abbott - DIR/584A-OC2025

**NEW & IMPROVED**

**50% MORE DIAPERS PLUS DE COUCHES\***

**Pampers baby-dry ULTRA**

**3X PROTECTION**  
ULTRA ABSORBENT - ULTRA STRETCHY - EXTENSIBLE - ULTRA CUSHIONY / COUSSINÉ

FRAGRANCE FREE • SANS PARFUM

**Elmo**

DIAPERS COUCHES

TM/© Sesame © 2026 P&G vs. Pampers® Baby-Dry Ultra Mega XL Pack

**3X PROTECTION**

- ✓ **ULTRA Absorbent**
- ✓ **ULTRA Stretchy**
- ✓ **ULTRA Coverage**

**\$35** **LIMIT 6**  
AFTER LIMIT \$9.99 EA

Pampers® econo pack diapers selected varieties, sizes N-8, 58-200's  
21692756\_EA

**Members get 2,000 pts** **\$2** back in points

**Elmo**

**BIG PACK = BIGGER SAVINGS!**

**\$48** **LIMIT 4**  
AFTER LIMIT \$8.99 EA

Pampers® Swaddlers ultra value pack diapers selected varieties, sizes 2-8, 120-192's  
21455875\_EA

**Members get 2,000 pts** **\$2** back in points

**45% MORE DIAPERS PLUS DE COUCHES\***

**Pampers swaddlers**  
our best dryness & comfort ever

plus sèches et confortables que jamais

vs. Pampers Huge Pack © 2026 P&G

**NEW & IMPROVED!**

**HUGGIES**

SAVE OVER \$20 PER BOX\* | ECONOMISEZ PLUS DE 20 \$ PAR BOÎTE\*

**HUGGIES** snug & dry

up to 100%  
blowout & leakproof protection  
de protection : fuites et débordements

**162** **5**  
diapers couches over 27 LB | plus de 12 KG

**Save over \$20 per box**

**with NEW Huggies® Ultra Value Pack!**

**\$45** **LIMIT 4**  
AFTER LIMIT \$9.99 EA

**Huggies® Snug & Dry**  
sizes 3-6, 132-198's  
21693896\_EA

BACKED BY OVER  
**35 YEARS**  
OF ACTIVIA'S  
EXPERTISE  
IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE  
IN SINGLE FLAVOURS!



2/\$10  
OR  
\$5.99 EA.  
Activia® -  
8 x 100 g  
21725748\_EA

FIND ALL YOUR FAVOURITES

STRAWBERRY — VANILLA — BLUEBERRY — RASPBERRY —  
LEMON — PLAIN — LACTOSE FREE VANILLA



\$4  
Activia® Expert - 4 x 100 g  
21688261\_EA/21687900\_EA



\$6  
Activia® Expert - 750 g  
21688207\_EA



\$4.99  
Activia® - 650 g  
20325132003\_EA



\$7  
Activia® - 6 x 93 mL  
21520253\_EA

PACK YOUR MORNING  
WITH PROTEIN



\$8.79  
Oikos® - 650 g, 750 g  
21305945\_EA

3/\$12  
OR  
\$4.99 EA.  
Oikos® - 4 x 95 g, 4 x 100 g  
20625055\_EA  
20419715001\_EA

2/\$7  
OR  
\$4 EA.  
Oikos® Pro™ - 300 mL  
21651846\_EA

\*As part of a complete breakfast and balanced diet. Per 115 g serving.

10-HOUR BREW  
FOR A BOLD  
AND SMOOTH TASTE



\$8  
Stok® - 142 L  
21203737\_EA/21203739\_EA

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iögo  
nanö

Bursting with  
Mini Popping Bubbles



NEW

Made with  
real fruit



\$4.50  
iögo nanö  
YOGURT WITH FLAVOURED  
PEARLS. 4 X 100 G  
SELECTED VARIETIES  
207039\_EA/207040\_EA



\$4.75  
iögo nanö  
DRINKABLE YOGURT  
6 X 93 ML  
SELECTED VARIETIES  
21690943\_EA/20609687001\_EA



\$4.50  
iögo nanö  
CREAMY YOGURT  
POUCH  
4 X 90 G  
SELECTED VARIETIES  
21703196\_EA/21703194\_EA



\$3.75  
iögo  
CREAMY DUOS  
YOGURT, 650 G  
SELECTED VARIETIES  
21659444\_EA/21659463\_EA



\$8.50  
iögo  
CREAMY, 0% OR  
LACTOSE-FREE YOGURT  
16 X 100 G  
SELECTED VARIETIES  
20609583000\_EA/21622847\_EA



\$12  
iögo  
CREAMY YOGURT  
2 KG  
SELECTED VARIETIES  
20636092\_EA



\$8  
siggi's  
SKYR YOGURT  
650 - 750 G  
SELECTED VARIETIES  
21659473\_EA/21558992\_EA



\$4.75  
ASTRO  
BALKAN YOGURT  
750 G  
SELECTED VARIETIES  
20852500000\_EA/201705530001\_EA



\$4.50  
siggi's  
SKYR YOGURT  
4 X 100 G  
SELECTED VARIETIES  
21659474\_EA/21589922\_EA

Lou's  
KITCHEN

QUICK AND EASY-  
ENJOY!

DELICIOUS,  
SIMPLE TO  
PREPARE  
MEALS



LOU'S ENTRÉES  
BEEF POT ROAST AU JUS  
375 g  
20078077\_EA



LOU'S ENTRÉES  
SHAVED BEEF AU JUS  
400 g  
20507550\_EA



LOU'S ENTRÉES  
PULLED PORK  
400 g  
20182404\_EA



LOU'S ENTRÉES  
PHILLY-STYLE SHAVED STEAK  
400 g  
21046171\_EA



LOU'S DOUBLE SMOKED  
BACK BACON  
375 g  
20285088\_EA

\$10 each

\$10 each



MANDARIN BBQ PORK ROAST • 450 g  
21699183\_EA



MANDARIN BLACK PEPPER BEEF • 400 g  
21699144\_EA

BURNBRAE  
FARMS • FERMES



Naturegg Nature's Best  
or Nestlaid  
12 Large White Eggs  
20816075001\_EA



Naturegg Omega 3  
12 Large White Eggs  
20815563001\_EA



Naturegg Simply Egg Whites  
or Free Run Simply Egg Whites  
500 g  
20820130001\_EA