

# winter sale

**Boneless  
Top Round Roast**  
USDA Choice Angus Beef  
**\$7.99**  
lb

**Gold'n Plump  
Boneless Skinless  
Chicken Breast Fillets**  
Fresh, Family Pack  
**\$2.99**

**Pork  
Tenderloins**  
Fresh  
**\$2.99**  
lb

## FRESH produce!



**Clementines**  
3 lb bag  
**\$3.99**



**Red or Green  
Grapes**  
Seedless  
**\$1.99**  
lb



**Cosmic  
Crisp  
Apples**  
**\$1.49**  
lb



**Banquet  
Pot Pies**  
7 oz pkg,  
Selected Varieties

**5/\$5**



**Barilla  
Pasta or  
Ready Pasta**  
7-16 oz pkg,  
Selected Varieties

**2/\$3**



**Kraft  
Natural  
Sliced Cheese**  
7-8 oz pkg,  
Selected Varieties

**2/\$5**



**Florida's Natural  
Juice**  
52 oz ctn,  
Selected Varieties

**\$3.99**



**Essential Everyday  
Purified Water**  
24 pk/.5 ltr btls

**\$3.49**



**Stone Ridge  
Creamery  
Ice Cream**  
48 oz pkg,  
Selected Varieties

**2/\$7**

*Get Ready for* **THE BIG CHILL**

## Broadus Foods

120 South Park, P.O. Box 549 Broadus, MT

Phone: (406)436-2288

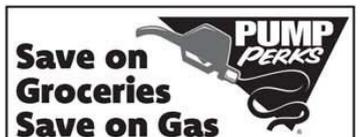
Fax: (406)436-2581 #396

## Lemmon Market

19190 Highway 12

Lemmon, SD 57638

Phone: (605) 374-3802



PRICES EFFECTIVE MARCH 04 - MARCH 10, 2026

No Sales to Dealers. Food Stamps Gladly Accepted. All Items May Not Be Available In All Stores. • Not responsible for typographical errors • Quantity rights reserved ©2026 UNFI INC.

# THE FINEST *meat selections*



**Boneless Top Round Steak**  
USDA Choice Angus Beef

**\$9<sup>99</sup>**  
lb



**Sirloin Ball Tip Steak**  
USDA Choice Angus Beef

**\$7<sup>99</sup>**  
lb



**Pork Loin Back Ribs**  
Previously Frozen

**\$3<sup>99</sup>**  
lb



**Cloverdale Sliced Bacon**  
16 oz pkg, Selected Varieties

**\$5<sup>49</sup>**



**Hormel Pork Tenderloins**  
18.4 oz pkg, Selected Varieties

**\$6<sup>99</sup>**



**Essential Everyday Boneless Skinless Chicken Thighs**  
2.5 lb pkg, Individually Quick Frozen

**\$7<sup>99</sup>**



**Hormel Smoked Pork Chops**  
15 oz pkg, Bone-In

**\$6<sup>99</sup>**



**Armour Homestyle Meatballs**  
11-14 oz pkg, Selected Varieties

**\$3<sup>99</sup>**



**Kevin's Chicken Entrées**  
16-17 oz pkg, Selected Varieties

**\$9<sup>99</sup>**



**Johnsonville Smoked Sausage or Brat Patties**  
12-14 oz pkg, Selected Varieties

**\$4<sup>49</sup>**



**El Monterey Burritos or Chimichangas**  
30.4-32 oz pkg, Selected Varieties

**\$6<sup>49</sup>**



**Just Bare Breaded Chicken**  
24 oz pkg, Selected Varieties

**\$11<sup>99</sup>**



**Cloverdale Red Franks**  
16 oz pkg

**\$4<sup>99</sup>**



**Smithfield Breakfast Sausage**  
12-16 oz pkg, Selected Varieties

**\$3<sup>99</sup>**



**Land O'Frost Premium Lunchmeat**  
10-16 oz pkg, Selected Varieties

**\$5<sup>99</sup>**



**Sugardale Diced or Cubed Ham**  
8 oz pkg

**2/\$5**



**Arctic Shores Extra Jumbo Cooked Shrimp**  
16 oz pkg, 16-20, Tail-On

**\$10<sup>99</sup>**



**Arctic Shores Pollock Fillets**  
16 oz pkg, Wild Caught

**\$3<sup>99</sup>**

## FROZEN *specials*



**TombStone Original Pizza**  
17.2-27 oz pkg, Selected Varieties

**\$4<sup>69</sup>**



**Essential Everyday Frozen Steamy Vegetables**  
12 oz pkg, Selected Varieties

**2/\$3**



**Banquet Brown 'N Serve Breakfast Entrées**  
5.32 oz pkg, Selected Varieties

**2/\$3**



**Essential Everyday Garlic Bread, Breadsticks or Texas Toast**  
10-16 oz pkg, Selected Varieties

**\$2<sup>29</sup>**



**Jimmy Dean Breakfast Sandwiches**  
12.8-18.8 oz pkg, Selected Varieties

**\$6<sup>99</sup>**



**Halo Top Ice Cream**  
16 oz Ice Cream, Selected Varieties

**\$4<sup>49</sup>**

## DAIRY *specials*



**Kraft Chunk or Shredded Cheese**  
7-8 oz pkg, Selected Varieties

**\$2<sup>79</sup>**



**Dannon Greek Yogurt or Remix Mix-Ins**  
4.5-5.3 oz cup, Selected Varieties

**4/\$5**



**Essential Everyday American Singles**  
12 oz pkg, Selected Varieties

**\$2<sup>79</sup>**



**Kemps Cottage Cheese or Sour Cream**  
22 oz Cottage Cheese or 24 oz Sour Cream, Selected Varieties

**\$3<sup>89</sup>**



**Pillsbury Cookie Dough**  
16-16.5 oz pkg, Selected Varieties

**\$3<sup>49</sup>**



**Pillsbury Pizza Dough**  
8 oz pkg

**\$3<sup>49</sup>**



**Yoplait Go-Gurt Yogurt**  
8 ct box, Selected Varieties

**2/\$5**



**Pillsbury Grands! Biscuits, Cinnamon or Crescent Rolls**  
8-16.3 oz pkg, Selected Varieties

**2/\$5**



**Philadelphia Cheesecake Crumbles**  
6.6 oz pkg, Selected Varieties

**\$4<sup>49</sup>**



**Pillsbury Mokey Bread Pull-Apart Kit**  
16.8 oz pkg

**\$4<sup>49</sup>**



**Pure Leaf Tea**  
59 oz btl, Selected Varieties

**2/\$5**

# GROCERY



**Essential Everyday**  
**Soup & Oyster**  
**Crackers**  
 9 oz bag

**2/\$3**



**Essential Everyday**  
**Tortilla Chips**  
 10-12 oz bag,  
 Selected Varieties

**2/\$5**



**Essential Everyday**  
**Tomato Sauce**  
 8 oz can,  
 Selected Varieties

**59¢**



**Mott's**  
**100% Apple Juice**  
 64 oz btl or  
 8 pk/6.75 oz boxes,  
 Selected Varieties

**2/\$6**



**Kool-Aid**  
**Jammers**  
 10 pk/6 oz pouches,  
 Selected Varieties

**\$2.99**



**Nabisco**  
**BelVita Biscuits or**  
**Oreo Cookies**  
 8.8-8.81 oz BelVita or  
 9.21-14.03 oz Oreo,  
 Selected Varieties

**\$3.49**



**Swanson**  
**Organic Broth**  
 32 oz ctn,  
 Selected Varieties  
**\$3.99**



**Red Gold**  
**Tomatoes**  
 28 oz can,  
 Selected Varieties  
**2/\$4**



**Cheetos**  
**Mac 'N Cheese**  
 2.11-2.32 oz cup or  
 5.6-5.9 oz box,  
 Selected Varieties  
**2/\$3**



**Essential**  
**Everyday**  
**Seasoning Mix**  
 1-1.5 oz pkg,  
 Selected Varieties  
**89¢**



**Essential**  
**Everyday**  
**Steak Sauce**  
 10 oz btl,  
 Selected Varieties  
**\$2.49**



**Essential**  
**Everyday**  
**Mandarin**  
**Oranges**  
 11 oz can  
**\$1.29**



**Taco Bell**  
**Craving Kits**  
 12.8-22.6 oz pkg,  
 Selected Varieties  
**\$6.99**



**Taco Bell**  
**Dinner Kit or**  
**Taco Shells**  
 8.85-14.6 oz Kits or  
 12 ct Shells,  
 Selected Varieties  
**\$2.99**



**Taco Bell**  
**Restaurant**  
**Sauces**  
 7.5 oz btl,  
 Selected Varieties  
**\$1.99**



**Taco Bell**  
**Dip**  
 15-15.7 oz jar,  
 Selected Varieties  
**\$3.99**



**Taco Bell**  
**Seasoning**  
**Mix**  
 1 oz pkg,  
 Selected Varieties  
**99¢**



**McCormick**  
**Tartar or**  
**Cocktail Sauce**  
 8 oz pkg,  
 Selected Varieties  
**\$2.69**



**Orville**  
**Redenbacher's**  
**Microwave**  
**Popcorn**  
 6 ct box,  
 Selected Varieties  
**\$3.49**



**ACT II**  
**Microwave**  
**Popcorn**  
 6 ct box,  
 Selected Varieties  
**2/\$6**



**Malt O Meal**  
**Cereal**  
 30-39 oz bag,  
 Selected Varieties  
**\$4.49**



**Essential**  
**Everyday**  
**Cashew**  
**Halves & Pieces**  
 8 oz can,  
 Selected Varieties  
**\$5.29**



**Cheez-It Family Size Crackers,**  
**Kellogg's On The Go Snacks,**  
**Family Size Club, Town House or**  
**Party Pack Toasteds Crackers**  
 12-21 oz Cheez-It, 18.8 oz Club,  
 20.7 oz Town House, 12 ct On The Go or  
 12 oz Toasteds, Selected Varieties  
**\$5.49**



**Kellogg's**  
**Pop-Tarts**  
**Toaster Pastries**  
 12 ct box,  
 Selected Varieties  
**\$3.49**



**Kellogg's**  
**Rice Krispies**  
**Treats**  
 8 ct box,  
 Selected Varieties  
**2/\$6**



**Keebler**  
**Famous Amos or**  
**Keebler Cookies**  
 9 oz Famous Amos or  
 8.5-13.4 oz Keebler,  
 Selected Varieties  
**\$3.49**



**Frito-Lay**  
**Lay's**  
**Party Size Chips**  
 6-18 oz bag,  
 Selected Varieties  
**\$4.49**



**Frito-Lay**  
**Lay's**  
**Stax Potato Chips**  
 5.5-5.75 oz pkg,  
 Selected Varieties  
**\$2.29**



**Country Time,**  
**Kool-Aid or**  
**Tang Drink Mix**  
 18-20 oz pkg,  
 Selected Varieties  
**\$3.99**



**Crystal Light**  
**Drink Mix**  
 10-12 qt Drink Mix or  
 10 ct On The Go,  
 Selected Varieties  
**2/\$6**



**Jet-Puffed**  
**Marshmallows**  
 16 oz bag,  
 Selected Varieties  
**2/\$5**



**Jet-Puffed**  
**Marshmallows**  
 8-10 oz bag,  
 Selected Varieties  
**2/\$3**



**Jet-Puffed**  
**Marshmallow**  
**Creme**  
 7 oz jar  
**\$1.99**



**Hershey's**  
**Share Size**  
**Chocolate Candy**  
 7.3-10.8 oz bag,  
 Selected Varieties  
**\$5.79**

PLU 1138 REDEEMABLE COUPON VALID: 3/4/26-3/10/26 RV0200

**Buy Two**  
**Hershey's**  
**Share Size Candy**  
**SAVE**  
**\$2.00**

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form  
 VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

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# HOUSEHOLD GOODS



**Tide Simply**  
**Laundry Detergent**  
 105-117 oz btl,  
 Selected Varieties  
**\$8.99**



**Wild Harvest**  
**Dishwashing Liquid**  
 24 oz btl,  
 Selected Varieties  
**\$3.49**



**Finish Powerball**  
**Ultimate Dishwasher**  
**Detergent Tabs**  
 11 ct pkg  
**\$4.99**



**Lysol Air**  
**Sanitizing Spray**  
 10 oz can,  
 Selected Varieties  
**\$7.99**



**Lysol**  
**Household Cleaners**  
 2 ct pkg,  
 Selected Varieties  
**\$4.99**



**Lysol All Purpose**  
**Cleaner or**  
**Disinfecting Wipes**  
 32 oz btl Cleaner or  
 35 ct Wipes, Selected Varieties  
**\$3.99**



**Essential Everyday**  
**Ultra Soft or Strong**  
**Bath Tissue**  
 12 ct Mega Rolls,  
 Selected Varieties  
**\$13.99**



**Essential Everyday**  
**Mighty Absorbent**  
**Paper Towels**  
 6 ct Big Rolls  
**\$9.99**



**Essential Everyday**  
**Cutlery**  
 48 ct box,  
 Selected Varieties  
**\$1.79**



**Essential Everyday**  
**Freezer**  
**Click 'n Lock Bags**  
 65 ct box, Quart  
**\$4.99**



**Essential Everyday**  
**Instant Light**  
**Charcoal Briquets**  
 11.6 lb bag  
**\$10.49**

# PET CORNER



**Nature's Recipe**  
**Dry Dog Grain Free**  
 4 lb bag, Selected Varieties  
**\$10.99**

**Nature's Recipe**  
**Dry Dog Grain Free**  
 4 lb bag, Selected Varieties  
**\$10.99**

# HEALTH & BEAUTY



**Colgate**  
**Toothpaste**  
 6 oz pkg,  
 Selected Varieties  
**2/\$6**



**Equaline**  
**Cold & Flu Relief**  
 24 ct box,  
 Selected Varieties  
**\$4.99**



**Equaline**  
**Mouthwash**  
 1.5 ltr btl,  
 Selected Varieties  
**\$3.99**



**Tylenol**  
**Arthritis or Rapid**  
**Release Gels**  
 100 ct pkg,  
 Selected Varieties  
**\$13.99**



**Equaline**  
**Cosmetic**  
**Cotton Rounds**  
 80 ct pkg  
**\$2.49**



**Dove Shampoo**  
**or Conditioner**  
 12 oz btl,  
 Selected Varieties  
**\$4.99**

# FRESH produce!



**Wild Harvest  
Salad Mixes**  
5 oz pkg

**\$3.49**

**Farmer's Promise  
Russet Potatoes**  
5 lb Bag

**\$1.99**

**Mini Sweet  
Peppers**  
1 lb pkg

**\$3.99**



**Avocados**  
Fresh

**99¢** ea



**Fresh Express  
Garden Salad**  
12 oz pkg

**\$1.49**



**Glory  
Tomatoes**  
10 oz pkg

**\$2.99**



**Champs Baby  
Bella Mushrooms**  
8 oz pkg,  
Whole or Sliced

**\$2.29**

## DELI

Available at participating stores.



**Kretschmar  
Black Forest  
Ham**  
Deli Fresh  
**\$6.99**  
lb

**Ellsworth  
Cheese Curds**  
5 oz pkg,  
Selected Varieties

**\$2.99**

**Oh Snap!  
Pickles**  
3-3.5 oz pkg,  
Selected Varieties

**\$1.79**

**Reser's  
Loaded  
Potato Salad**  
1 lb pkg

**\$3.49**

## BAKERY

Available at participating stores.

**French  
Bread**  
Bakery Fresh  
**\$2.49**  
ea

**Two-Bite  
Scones**  
10 oz pkg,  
Selected Varieties

**\$4.49**

**Otis Spunkmeyer  
Muffins**  
3 ct pkg,  
Selected Varieties

**\$5.49**

**Bakery Fresh  
Pershing Donuts**  
4 ct pkg

**\$3.99**

## Lemmon Market

**19190 Highway 12  
Lemmon, SD 57638  
Phone: (605) 374-3802**

**Save on  
Groceries  
Save on Gas**



# BROADUS FOODS

**great  
SAVINGS**  
throughout the store!

**Coke  
Products**  
12 pk 12 oz cans,  
Selected Varieties

**2/\$14**



**Farmer's Pride  
2% Milk**  
Gallon Jug

**2/\$8**

**10% DISCOUNT on wine!**  
when you purchase 6 or more  
bottles in one transaction

# SAVOR

THE TASTE OF REAL FOOD...  
JUST FROZEN!

March  
**FROZEN FOOD**  
Month



**Chef Boyardee Meals**  
40 oz pkg,  
Selected Varieties  
**\$6.99**



**Healthy Choice Frozen Meals**  
9.25-10.3 oz pkg,  
Selected Varieties  
**2/\$5**



**Healthy Choice Max Chicken or Power Bowls**  
9-14 oz pkg,  
Selected Varieties  
**2/\$7**



**Healthy Choice Simply Steamers**  
9-10 oz pkg,  
Selected Varieties  
**2/\$6**



**Van de Kamp's Fish Sticks or Fillets**  
18-24.6 oz pkg,  
Selected Varieties  
**\$4.99**



**Banquet Classics Meals**  
7.4-11.88 oz pkg,  
Selected Varieties  
**2/\$4**



**Banquet Mega Meals**  
11.5-16.95 oz pkg,  
Selected Varieties  
**2/\$6**



**Birds Eye Voila! Family Size Skillet Meal**  
35-42 oz pkg,  
Selected Varieties  
**\$6.99**



**Birds Eye Steamfresh Vegetables**  
10.8-14.4 oz pkg,  
Selected Varieties  
**2/\$4**



**Bertolli Skillet Entrées Meals**  
22-25 oz pkg,  
Selected Varieties  
**\$5.99**



**Marie Callender's BOWLS or POT PIE**  
10.5-13 oz Bowls or  
10 oz Pot Pie, Selected Varieties  
**2/\$5**



**Marie Callender's Dinner or Pot Pie**  
11.5-14 oz Dinner or  
14-15 oz Pot Pie, Selected Varieties  
**2/\$6**



**Marie Callender's Meal To Share**  
24-27 oz pkg,  
Selected Varieties  
**\$6.49**



**P.F. Chang's Home Menu Dinner Bowls**  
11 oz pkg, Selected Varieties  
**2/\$7**



**P.F. Chang's Home Menu Meals**  
18-22 oz pkg,  
Selected Varieties  
**\$5.99**

## Register to Win one of 20 Prizes!

**\$250** Store Gift Certificate 10 Winners

**\$100** Store Gift Certificates 10 Winners



TAKE A **FRESH LOOK** AT FROZENS!

Enter for a chance to win one of 20 Store Gift Cards!

1st Place Prize: \$250 Store Gift Card (10 prizes awarded)

2nd Place Prize: \$100 Store Gift Cards (10 prizes awarded)

### FROZEN FOOD MONTH ENTRY FORM

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
STORE NAME \_\_\_\_\_

**NO PURCHASE NECESSARY TO ENTER OR WIN.**

Promotion starts on 3/1/26 and ends 3/21/26. To enter, fill out required information on entry form and deposit entry form in the entry box at participating retailer. Limit one (1) entry per participant. See participating stores for official rules.

a great time to visit the **FROZEN FOOD AISLE**



PLU 1139

REDEEMABLE COUPON

VALID: 3/4/26-3/10/26

RV0300

Save \$300

When You Purchase Any 5  
\*Participating Quaker® Products.



\*Participating Products include: Pearl Milling Co. Pancake Mix and Syrup, Quaker Chewy Bars 5-8 ct, Quaker Cap'n Crunch or Life Cereal 13-14.5 oz, Quaker Squares, Quaker Instant Oats Core, Quaker Instant Oats Premium or Quaker Standard Oatmeal

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**via UNFI Redemption Form**

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES



011390



**Quaker  
Steel Cut, Quick or  
Old Fashioned Oats**

16-42 oz cnstr,  
Selected Varieties

**\$4.49**



**Quaker  
Instant  
Oatmeal**

7.4-14.1 oz box,  
Selected Varieties

**2/\$6**



**Quaker  
Premium  
Instant Oatmeal**

8.4-13.1 oz box,  
Selected Varieties

**\$4.49**



**Quaker  
Cereal**

11.2-12.6 oz Cap'n Crunch  
or 13 oz Life,  
Selected Varieties

**2/\$5**



**Quaker  
Oat Squares  
Cereal**

14.5 oz box,  
Selected Varieties

**2/\$5**



**Quaker Chewy  
Granola Bars**

6-8 ct box,  
Selected Varieties

**2/\$6**



**Pearl Milling Company  
Pancake & Waffle  
Mix or Syrup**

32 oz box Mix or 24 oz btl Syrup,  
Selected Varieties

**\$3.49**