

RAMADAN MUBARAK

IN EFFECT
Feb 19 - Mar 18, 2026
Prices in effect in
Western Canada

FRESH CO CHALO!
Lowering food prices **FRESH CO**



\$1.99

Chalo!
Juice
1 L



\$2.49

Chalo! Dahi Plain Yogurt
2.0% or 3.2% MF
750 g

SAVE 80¢
\$4.99

Chalo! Dahi Plain Yogurt
2.0% or 3.2% MF 1.8 kg
reg 5.79



Chalo!
Paneer Cheese
300 g

\$4.49



Chalo!
Potato Pea Samosas
Punjabi 1.8 kg

\$16



Chalo!
Okra Whole or Cut
908 g

\$3.99



Chalo!
Naan or Paratha
1.02-1.36 kg

\$8.99



Chalo!
Basmati or
Signature Rice
1.81 kg

\$5.99



Chalo!
Spices 100 g
Selected Varieties

STARTING AT \$1.79



Chalo!
Spices 200 g
Selected Varieties

STARTING AT \$1.99



Chalo!
Spices 400 g
Selected Varieties

STARTING AT \$2.49



Chalo!
Basmati or
Signature Rice
4.54 kg
reg 13.99-14.99

SAVE UP TO 70¢
STARTING AT \$13.29



Chalo!
Lentils 1.81 kg
Selected Varieties

STARTING AT \$4.49



Chalo!
Lentils 1.81 kg
Selected Varieties

STARTING AT \$7.79



Chalo!
Lentils 3.63 kg
Selected Varieties

STARTING AT \$8.49

WHILE SUPPLIES LAST. ITEM SELECTION MAY VARY BY STORE.

RAMADAN MUBARAK



BY PAR EMME
MASTERING THE ART OF THE MOST POPULAR EASTERN MEDITERRANEAN STUFFED APPETIZER AND MAIN COURSE
MAÎTRISER L'ART DU METS FARCI ET PLAT PRINCIPAL
LE PLUS POPULAIRE EN MÉDITERRANÉE ORIENTALE

Kabkeb
454 g reg 11.99

SAVE \$2

\$9.99

ORIGINAL BEEF KIBBEH BOEUF ORIGINAL

10 PIECES / MORCEAUX 454g

My Mom's Recipe
Recette de Maman

STUFFED APPETIZER & MAIN COURSE - ENTREE/FARCI & PLAT PRINCIPAL

WITH EXTRA VIRGIN OLIVE OIL / AVEC HUILE D'OLIVE EXTRA VIERGE

SOURCE OF FIBRE / SOURCE DE FIBRES

KEEP FROZEN - COOK THOROUGHLY / GARDER CONGELÉ - CUIRE BIEN CUIRE

SAVE \$2

\$14.99

Sunwhite Calrose Rice
4.5 kg reg 16.99



أرز كالروس
صنوايت

Calrose Rice
10 lbs | 4.5 kg

Salem Foods Vine Leaves 454 g or Pickled Cucumbers 1 L reg 4.49-4.79

SAVE UP TO \$1.10

\$3.69



Salem Foods

Vine Leaves 454 g or Pickled Cucumbers 1 L reg 4.49-4.79

Grapes Leaves Feuilles De Vignes

İçim

Halloumi Cheese
جبن طوم
250 gr. e



İçim Halloumi
250 g reg 5.49

\$5.29

ETI tea biscuits
CLASSIC



SAVE 79¢

\$2

ETI Tea Biscuits
400 g reg 2.79



Puck Thickened Creamy Product 160 g reg 2.29

SAVE 50¢

\$1.79



Salem Foods Bulgur or Semolina 907-908 g reg 2.99

SAVE 70¢

\$2.29



Puck Labneh 400 g reg 6.49

SAVE \$1.50

\$4.99



Kasih Golden Tahini 900 g reg 10.29

SAVE \$2.30

\$7.99



Sadaf Tomato Paste 700 g reg 5.99

SAVE \$1

\$4.99



Sadaf Harissa Sauce 285 g reg 5.49

SAVE \$1

\$4.49



Puck Creamy Dairy Spread 500 g reg 12.99

SAVE \$3

\$9.99



Durra Sesame Bread Sticks 454 g reg 4.99

SAVE \$1

\$3.99



Assorted Chocolate Covered Dates 230 g reg 8.99

SAVE \$1

\$7.99



Dunya Harvest Chickpeas or Red Lentils 900 g reg 2.99-3.49

SAVE UP TO \$1

\$2.49



Almarai Juice 6x235 mL reg 4.79

SAVE \$1

\$3.79



Teashop Ma'amoul Cookies 480 g reg 4.99

SAVE 70¢

\$4.29

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