

VERIFIED **2⁹⁹** /lb

Fresh Pork Shoulder Blade Roasts or Steak Family Size or Fresh Pork Shoulder Picnic Roast hock removed 6.59/kg

VERIFIED **5⁹⁹** /lb

COMPLIMENTS Fresh AIR-CHILLED Split Chicken Wings or Fresh AIR-CHILLED Boneless Skinless Chicken Thighs 13.27/kg

Raspberries 340 g product of USA or Mexico

VERIFIED **4⁹⁹**

MAPLE LEAF or SCHNEIDERS Bacon 375 g, MAPLE LEAF Ready Crisp Bacon 65-85 g, SCHNEIDERS Cooked Bacon 100 g, Juicy Jumbos or Smoked Sausages 375-450 g selected

VERIFIED **10⁹⁹** MEMBERS SAVE *2

JANES Ultimates Breaded or Battered Haddock, Sole Or Cod 450-615 g or Lightly Dusting Herb & Garlic Haddock or Lemon Pepper or Citrus Dill Sole Fillets 500-540 g selected varieties

VERIFIED **3⁹⁹** 312g

COMPLIMENTS Baby Spinach or Spring Mix 312 g product of USA

15⁹⁹

International WOMEN'S DAY MARCH 8

Mini Rose in Embossed Rose Pot assorted colours 4" Pot Grown in British Columbia

VERIFIED **4⁹⁷**

HEINZ Ketchup 750 mL-1 L or KRAFT Miracle Whip or Mayonnaise 650-890 mL

VERIFIED **4⁹⁴**

HÄAGEN-DAZS Ice Cream 400-450 mL or Novelties 3-4 pk

VERIFIED **1⁹⁹** MEMBERS SAVE *1.50

ROGERS Sugar Fine White Granulated 2 kg without Scene+ Card **3⁴⁹**

VERIFIED **6⁴⁹**

PUREX Bathroom Tissue 12-24 or 8-24 Rolls, SPONGE TOWELS 3-6 Rolls, SCOTTIE'S Facial Tissue 6 pk or BONTERRA Bathroom Tissue 9-27 Rolls, Paper Towel or Facial Tissue 3-6 pk

VERIFIED **5⁹⁷**

CRACKER BARREL Cheese 340-400 g or Shreds 250-320 g

VERIFIED **\$2**

CHRISTIE Snacking or Mini Crackers selected 162-200 g

*Verified Prices: For a limited time only. If a brick and mortar supermarket competitor offers a lower price on an identical product, upon purchase of that product, you will automatically receive the difference in Scene+ points. Scene+ digital or physical card must be presented at time of transaction. Only applies to products in flyer marked with the Verified Prices icon. Does not apply to competitor errors or competitor promotions. No cash value. Valid at participating Safeway or Safeway stores for the weekly flyer period. Program subject to change without notice. Visit safeway.com or safeway.ca for additional details.

LOWEST PRICE on select flyer items or automatically receive the difference in Scene+ points.

VERIFIED PRICE guarantee

Tilda Pure Basmati Rice 4 kg **12⁹⁹**

WST AB ME SA

Dollar DAYS!



\$4

COMPLIMENTS Navel Oranges
product of USA 1.36 kg 3 lb bag



\$4

MAPLE LEAF, SCHNEIDERS or BURNS Wieners 375 g or
MINA Chicken Wieners 675 g selected



\$7

COMPLIMENTS Sparkling or Fizzy
Flavoured or Unflavoured Water 503 mL 1.1 L



\$2

COMPLIMENTS Apple Sauce
620 mL or Apple Snack 4-6 pk.
SNACK PUCK Puddings or Gels
4 pk or DOLE Canned
Pineapple 398 mL

Scene

TURN
POINTS
INTO
GROCERIES



6.99

COMPLIMENTS Cooked or Raw Shrimp 71-90 ct per lb 340 g

\$5

Made In-Store Chicken Pot Pies 320 g available hot or chilled

There's like \$5 toward your groceries

\$3

COMPLIMENTS Spring Water 24x500 mL

14.99

HERSHEY'S Eggies 670-900 g or LINDOR'S Chocolate Eggs 300 g while supplies last

\$4

BECEL Margarine Soft Tub 427 g, Butter Plant-Based Salted Tub or Plant-Based Bricks or Sticks 454 g

1,000 Points = \$10 of free groceries

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Celebrate International Women's Day



39⁹⁹
Allure Bouquet assorted colours



32⁹⁹
Joy Gift Bag Arrangement



12⁹⁹
Spring Daisy Pot with Kalanchoe assorted colours 4" pot grown in British Columbia



24⁹⁹
Spring Daisy Euro Garden assorted colours 5" pot grown in British Columbia

the way TO VALUE

100% fresh GUARANTEE

2⁹⁹ /lb
Tomatoes on the Vine product of Western Canada 6.59/kg

2²⁷ /lb
Sweet Potatoes product of Canada or USA 5.00/kg

4⁴⁹
COMPLIMENTS Mini Seedless Cucumbers product of Western Canada, Canada no 1 grade 6 pk

3⁹⁹
COMPLIMENTS ORGANIC White or Cremini Sliced Mushrooms product of Canada 227 g

3⁹⁹
blackberries product of Mexico 170 g

4⁴⁴ /lb
Extra Large Green Seedless Grapes product of Peru 9.79/kg

2⁴⁷ /lb
Ambrosia Apples product of Canada, Canada extra fancy grade or Gala Apples product of Canada or USA extra fancy grade 5.45/kg

200 PTS when you buy 2

99¢
Cabbage product of Canada, Canada no 1, 2.18/kg

99¢
Rutabaga product of Canada, Canada no 1, 2.18/kg

2/\$4
Bunched Red Radish product of Quebec or Mint product of USA or Mexico

4⁹⁹
Red, Orange or Yellow Peppers product of Mexico 11.00/kg

5⁹⁹
Cara Cara Oranges product of USA 907 g 2 lb

3/\$6
Bulk Avocado product of Mexico

2⁹⁹
Anjou Pears product of British Columbia, Canada extra fancy grade 6.59/kg

2/\$6
COMPLIMENTS Garden Salad 340 g or Coleslaw 397 g product of USA

3⁹⁹
COMPLIMENTS Baby-Cut Carrots product of USA 907 g 2 lb

15% off
Prepared Daily Fruit or Yogurt Parfait Cups assorted sizes

2⁷⁹ /lb
Chinese Eggplant product of Mexico or Dominican Republic or Red Carrots product of China 6.15/kg

1⁹⁹ /lb
Asian Yellow Pears product of China 4.39/kg

3⁹⁹ /lb
Bulk Organic Avocado product of Mexico

2⁹⁹
Organic Garlic product of Argentina 85 g

4⁹⁹
GREENHOUSE Single Shots product of Canada 50 ml

7⁹⁹
COMPLIMENTS Roasted Almonds or Cashews salted or unsalted 275 g

14⁹⁹
HIGH DRY Fruit Thai Honey Mango 1 kg

floral Available at most stores

15⁹⁹
Phalaenopsis Orchids assorted sizes and colours

15⁹⁹
Bromeliad assorted colours 4"

24⁹⁹
Glorious Gerbera Bouquet assorted colours

12⁹⁹
Gerbera Plant assorted colours 6" grown in British Columbia

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*Prices may change without notice. See the product label for the most current price and for restrictions. Restrictions apply. See www.sobeys.com for details.

seafood

15⁹⁹ MEMBER
~~18⁴⁹~~
 without Scene+ Card
 ARBITUS SEAFOODS Bacon-Wrapped Scallops frozen 454 g

2⁴⁹ /100 g
 Coho Salmon Fillets responsibly raised product of Chile previously frozen or frozen

6⁹⁹ /100 g
 Jumbo Hokkaido Sea Scallops 10-20 ct per lb raw product of Japan previously frozen

300 PTS when you buy 2
12⁹⁹
 In-Store Made Tuna Tataki Trays with Ponzu Sauce 300 g

250 PTS when you buy 2
9⁹⁹
 Large Shrimp Grillers raw 490 g or heat and serve 490 g 12.99 ea

400 PTS when you buy 2
17⁹⁹
 BEST BUY Breaded Popcorn Shrimp or Squid Rings 920 g or Breaded Sole Fillets 860 g

9⁹⁹
 COMPLIMENTS NATURALLY SIMPLE Pink Salmon or Haddock Fillets 400 g or Wild Cod Fillets 400 g 8.99 each

20% off
 NANUK Smoked Coho or Sockeye Salmon Lox selected 140-170 g

Panache No disrespect to the classic carrot and celery plate, but our lineup of panache appetizers go way beyond the simple crudité; we take finger food seriously.

\$7 PANACHE Shrimp Spring Rolls, Tempura Shrimp with Truffle or Crab Rangoon 252-300 g selected

\$8 PANACHE Crispy Calamari or Bang Bang Shrimp selected 340 g

\$9 PANACHE Butterfly Breaded Shrimp, Coconut Breaded Shrimp or Tempura Shrimp selected 340-355 g

deli & kitchen

3⁶⁹ MEMBER
~~3⁹⁹~~
 without Scene+ Card
 COMPLIMENTS German, Hungarian or Peppercorn Salami

100 PTS when you buy 2 or more
3⁹⁹ /100 g
 FANTINO & MONDELLO Capicola hot or mild

6⁴⁹
 BRANDT Kolbassa Sausage selected 250 g

STARTING AT 9⁹⁹
 CASTELLO Havarti 425 g or TRE STELLE Feta 375 g

12⁹⁹
 BOTHWELL Marble, Medium or Old Cheddar, Mozzarella, Smoked Gouda, Jalapeño or Red Hot Chili Pepper Monterey Jack 540 g

7⁹⁹
 PILLER'S Pepperoni Toppings selected 175-250 g

2⁹⁹ MEMBER
~~3⁷⁹~~
 without Scene+ Card
 Swirls 225 g available hot or chilled

7⁹⁹ **150 PTS** when you buy 2
 2-Pack Mini Croissant Chicken Club Salad Sandwiches or Selected Varieties 206-216 g

4⁴⁹
 FONTAINE SANTE or LANTANA, Topped Hummus, Regular Hummus or Dips 227-283 g

100 PTS when you buy 2 or more
 Pulled Meats chicken or pork sold by 100 g available chilled

Meal Deal!
BUY 1 14" Take & Bake Pizza 800-890 g
+1 COMPLIMENTS Salad 426-454 g
FOR ONLY \$15
 Get 250 PTS When you buy 1 Meal Deal

Give them more with the Grocery Essentials Card

Visit seabays.com/giftcards or safeway.ca/giftcards for details

frozen & dairy

5⁹⁹ **100 Pts** when you buy 2
ARMSTRONG Cheese Snacks
 210 g Swirls 283-340 g, Nibblers 200 g or Combos 180 g

2⁹⁹
I CAN'T BELIEVE IT'S NOT BUTTER! 427 g or LACTANTIA Flavoured Butter 125 g

5⁴⁹
SHEPHERD GOURMET Skyr
 Icelandic Style Yogurt 500 g

10⁹⁹
iOGO
 YOGURT 2 kg

9⁹⁹
CRACKER BARREL Cheese Slices 500 g

6⁹⁹
LACTANTIA Healthy Attitude or **OLIVINA** Margarine 850 g

5⁹⁹
Natre! Lactose Free Milk 2 L

4⁴⁹ **50 Pts** when you buy 1
COMPLIMENTS Aerosol Whipped Cream Topping 225 g

5⁹⁹
BEAVERTAILS Cookie Dough 350 g

3⁹⁹
KOZY SHACK Rice Pudding 4 pk or 624 g tub

3⁹⁹
DANONE Danino Drinkable Yogurt 6 pk or YOGURT Mings or Tube Yogurt 6-8 pk or Source Yogurt 630 g

4⁴⁹
OLYMPIC Krema or Greek Yogurt 650 g, KRAFT Philadelphia Dip 340 g or DAIRYLAND or LUCERNE Chocolate Milk 2 L

12⁹⁹ **NEW**
EL MONTEREY Tostitos 567-588 g

8⁹⁹
FOOTHILLS Ice Cream 1.4 L selected

3⁹⁹
RUSTICA Single Serve Pizza 360-382 g

3²⁹
NICHELINA'S Grande Entrées 454 g or HEINZ Hot Bites 198 g

7²⁹ **NEW**
TINA'S Burritos 113 g

6⁴⁹
SCHNEIDERS Breakfast Sandwiches or Bites 232-288 g

100 Pts when you buy 2
COMPLIMENTS Belgian Waffles Original or Liège-Style 268-390 g

9⁹⁹
RICARDO Frozen Pizza 700-745 g

9⁹⁹ **NEW**
GSP Pinsa Pizza 442-453 g

6⁹⁹ **100 Pts** when you buy 2
PILLSBURY Pizza Pops 8 pk

5⁹⁹
MCCAIN Deep'n Delicious Cakes 510 g

7⁹⁹
RICARDO Frozen Entrées 380-395 g

5⁹⁹ **200 Pts** when you buy 2
COMPLIMENTS Greek Yogurt 650 g

3⁹⁹ **100 Pts** when you buy 2
COMPLIMENTS Cheddar Flavour Slices 400 g

3⁹⁹
COMPLIMENTS Lemonade 1.54 L

3⁷⁹
COMPLIMENTS Frozen Vegetables selected 500-750 g

13⁹⁹
COMPLIMENTS Frozen Fruit 1.5 kg

5⁴⁹ **100 Pts** when you buy 2
COMPLIMENTS Large Omega-3 Eggs 12 pk

5⁴⁹
COMPLIMENTS Ice Cream 1.5 L selected

4⁹⁹
COMPLIMENTS Dough'chi Bites 6 pk selected

WE'RE FULL OF compliments

deli & kitchen

SLICED FRESH

4.79
/700 g

PANACHE Angus Beef

SLICED FRESH

10% off **200 PTE**
when you buy 2 or more

BRANDT Kolbassa Coll. Loaf, Krakowska, All Beef Salami or Beerwurst Sausage

13.49

MAPLE LEAF Natural Selections Deli Meats family pack shaved or sliced selected 375-400 g

STARTING AT 4.99

BABYBEL 6 pk 120 g, THE LAUGHING COW 8 pk 133 g or Dippers 4 pk 140 g

30% off

Prices as Marked

LICHESTER Applewood Smoked Cheddar or KING JAMES Blue Stilton product of England

5.99

SNACK FACTORY Pretzel Crisps selected 155-200 g

READY FOR YOU

Power Pair: Soup & Sandwich or Wrap

Buy any Freshly Prepared Sandwich or Wrap & get a Small Hot Soup for only **\$2**

Available every day!

READY FOR YOU

Hot Value Meals

<p>Chicken Strip Meal with choice of hot side</p> <p>5.99 2 piece</p>	<p>2 Chicken Legs Meal with choice of hot side</p> <p>6.99</p>	<p>Crispy Chicken Meal with choice of hot side</p> <p>6.99 2 piece</p>	<p>8.99 3 piece</p>
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bakery

Made with 100% Canadian Flour

3.99

Kaiser Buns 6 pk 315-430 g

4.59 **100 PTE** when you buy 2

Dinner, Tray or Butter Topped 12 pk 425-535 g

Made with 100% Canadian Flour

4.99 **100 PTE** when you buy 2

Hot Dog or Burger Buns value pack 12 pk

Made with 100% Canadian Flour

4.99

ACE BAKERY Rolls 5 pk 400-530 g

3.99 **MEMBER SAVE 70c**

4.69 without Scene+Card

Panini Buns 6 pk 375-480 g

delicious buns & rolls

NEW

ACE BAKERY ROKATA ROLLS

BUY 1 GET 1 FREE

Brownies 550-585 g, Cream Pies 5" 260-370 g or Brownie Cakes 235-390 g

MIX & MATCH

7.99 **100 PTE** when you buy 2

Small Bar Cakes 325-575 g 9.99 ea

3.49 **100 PTE** when you buy 2

COMPLIMENTS Bagels 6 pk

4.49

DEMPSTER'S Whole Grain or Protein Bread 600 g or GRIMM'S 10" Tortillas 360-600 g

RECIPES, STORIES, TIPS & TRICKS and more, all at Sobeys.com or Safeway.ca

meal makers

4⁴⁹ CREAM OF WHEAT 336-800 g

21⁹⁹ CAMP Rich Amber Maple Syrup 1 L

10⁹⁹ COMPLIMENTS Peanut Butter 2 kg **+100 PTS when you buy 1**

4⁹⁹ DEL MONTE Canned Fruit 796 mL

21⁹⁹ COMPLIMENTS White Liquid Honey 2 kg

4⁹⁹ NUTELLA B-ready Bars 6 pk or Hazelnut Spread 375 g

5⁴⁹ LAURA SECORD Chocolate Chips 250 g

4⁹⁹ COMPLIMENTS Flour 2.5 kg or FLEISCHMANN'S Canada Corn Starch (re-seal) 454 g

3⁴⁹ NATURAL BAKERY Rye Bread 500 G

2⁹⁹ HOSTESS Snacks 121-225 g

5⁹⁹ QUAKER Muffin, Cookie Mix 750-900 g, Oat Flour 700 g or BAKER'S Chocolate 170-225 g

7⁹⁹ MAISON ORPHÉE Baking Mixes 425-500 g or MATHESON FOOD COMPANY Rubs 160 g

10⁴⁹ HELLMANN'S Mayonnaise 1.42 L

5⁷⁹ MUTTI Passata 680 mL

6⁹⁹ STEFANO Pasta Sauce 405-648 mL **+300 PTS when you buy 2**

5⁹⁹ CLUB HOUSE La Grille Seasonings 65-248 g or Spice Blends selected 111-203 g

99¢ CLUB HOUSE Gravies 21-47 g or Gluten-Free Gravies 24-25 g

4⁴⁹ FRANK'S RedHot Sauce or Thick Hot Sauce 354 mL

2⁹⁹ TACO BELL Hot Sauce 207 mL

2⁹⁹ CLOVER LEAF Yellowfin Chunk Light Tuna 142 g

2/\$5 MINUTE RICE Cups 250 g

3/\$4 MR. NOODLES Cups 64 g

1⁹⁹ GREEN GIANT Canned Vegetables 341-398 mL

4²⁹ PATAK'S Cooking Sauces 400 mL selected varieties

Here for your budget and lifestyle

3⁹⁹ COMPLIMENTS Syrup 750 mL or Pancake Mix 905 g **+100 PTS when you buy 2**

3/\$10 COMPLIMENTS Granola 325 g **+100 PTS when you buy 2**

3⁹⁹ COMPLIMENTS 7" Tortillas 340 g **+200 PTS when you buy 2**

3⁴⁹ COMPLIMENTS Marshmallows 400 g or Coconut selected 200 g **+100 PTS when you buy 2**

2/\$5 COMPLIMENTS or COMPLIMENTS BALANCE Salad Dressings 475 mL or COMPLIMENTS BBQ Sauce 425 mL

1⁴⁹ COMPLIMENTS Pizza Crust Mix 164 g or Pizza Sauce 213 mL **+100 PTS when you buy 2**

1⁹⁹ COMPLIMENTS Smoked Oysters or Mussels 85 g **+100 PTS when you buy 2**

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drinks & snacks

2.49 HARIBO Candy 170-175 g

5.99 CHRISTIE Family Size Cookies selected 303-520 g or Cakesters 285 g

5.99 DARE Bear Paws Family Pack selected 337-480 g or Wagon Wheels 630 g

3.99 ARNOTT'S TimTam Biscuits 175-200 g

5.29 CADBURY Bagged Chocolate 144-200 g

6.49 FERRERO Squares 105 g

6.29 FRITO-LAY Value Size Snacks 325-535 g

3.99 HUMPTY DUMPTY Party Mix 250 g, Snacks 200-290 g or DUTCH CRUNCH 200 g

11.99 NOZECO Non-Alcoholic Spritzers 750 mL

1.10 PEPSI Soft Drinks 6x222 mL

1.69 SPARKLING ICE Sparkling Water 503 mL

2/\$7 TAKIS 198-260 g or COMPLIMENTS Kettle-Cooked Peanuts 275 g

13.99 McCAFÉ Coffee 300-340 g or Keurig® Compatible Single Serve Pods 10-12 pk

3.50 MIO, WOOL-AID or CRYSTAL LIGHT Water Enhancers 48 mL Liqueurs or 4-10 pk Powders 4.69 ea

1.949 NESCAFÉ Instant Coffee 475 g

3.99 KELLOGG'S Special K or Kashi Bars selected 144-200 g or Rice Krispies Homestyle Bars selected varieties 154-198 g

9.99 COMPLIMENTS De-Alcoholized Beer 12 pk

3.49 COMPLIMENTS Potato Chips 200 g or Tortilla Chips 250-280 g

3.49 COMPLIMENTS Soda Crackers 450 g

9.99 COMPLIMENTS Raisin & Ground Coffee 300 g

natural health

2/\$7 COMPLIMENTS ORGANIC Tortilla Chips 240 g

3.99 SMARTSWEETS 45-90 g

14.49 KICKING HORSE K-Cups® 10 pk

5.99 KASHI Granola 311-340 g

5.99 SILK Plant-Based Yogurt 500-650 g or Barista 346 mL

8.99 EVIVE Smoothie Cubes 3 pk 405 g or Protein Cubes 450 g

8.49 RISE Organic Kombucha 1L

2/\$7 EARTH'S OWN UHT Oat or Soy Beverages 346 mL

19.99 SUKU Vitamin Gummies 60 pk selected

25% off WEBBER NATURALS Vitamins or Supplements selected varieties and sizes

15.99 CLIF Builders Bars 6 pk or Minis 10 pk

15% off TOM'S OF MAINE Oral Care 76-473 mL

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home & pet care

26⁹⁹ CHARMEN Bathroom Tissue 16-64 rolls or BOUNTY Paper Towels 6-8 pk

2⁹⁹ COMPLIMENTS Multi-Surface Cleaner 1.41 L

6⁹⁹ FEBREZE Fabric Spray or Fresheners 500-800 mL, Car Clip 2 pk 4 mL, Small Spaces 2 pk 15 mL or Air Spray 2 pk 500 g

4⁹⁹ CLOROX Clean-Up or All Purpose Cleaners 946 mL or Bathroom Foam 887 mL selected

2⁹⁹ ROYALE Facial Tissue Singles Family Box or Cube 54-154 pk

10% off HANDI-FOIL Pans selected

15% off COMPLIMENTS Cups 10-16 oz 50 pk or Decorated Plates 22-44 pk selected

12⁴⁹ GLAD Waste Bags 20-40 pk

6⁹⁹ PURINA Friskies Dry Cat Food 1.4-1.5 kg

2/\$5 PURINA ONE Wet Dog Food 368 g

10⁹⁹ MILK-BONE Soft & Chewy Dog Treats or Brushing Chews 557-708 g

17⁹⁹ IAMS Proactive Health Dry Dog Food 3.18 kg or Perfect Portions Wet Cat Food 12 pk

health, beauty & baby

7⁴⁹ SENSODYNE or Pronamel Toothpaste 75 mL or toothbrushes 2 pk selected

8⁹⁹ LIVE CLEAN Hand Soap Refill 1 L, DOVE or DEGREE Deodorant 45-48 g or JOHN FRIEDA Hair Care 50-250 mL selected

2/24⁹⁹ NATIVE Shampoo or Conditioner 487 mL selected

7⁹⁹ L'ORÉAL Hair Expertise, AÏSSIE or HERBAL ESSENCES Hair Care 150-778 mL or 110 g selected

9⁹⁹ U BY KOTEX Pads, Liners or TAMPAX Tampons 25-125 pk selected

5⁴⁹ DOVE Body Wash 325 mL or Soap Bar 3 pk or AXE Body Wash or Shampoo, Conditioner 473 mL or Deodorant 76-113 g selected

4⁴⁹ CREST 3D White Toothpaste or ORAL-B Toothbrushes or Floss 63-120 mL or 1-75 pk selected

10% off ST. IVES Skin Care

78⁹⁹ SIMILAC 360 Total Care Ready To Feed 16x235 mL

68⁹⁹ ENFAMIL A+ NeuroPro Refill 862-890 g

28⁹⁹ PAMPERS Training Pants 40-74 pk or Ninjamas 34-44 pk

9⁹⁹ HUGGIES or PAMPERS Baby Wipes 112-192 pk

pharmacy

Only available at Pharmacy Locations

10% off TYLENOL or BENLYN Cough, Cold & Flu selected*, TYLENOL Pain Relief 50-120 pk, TYLENOL Easy Dissolve 12 pk or MOTRIN 200-400mg 45-72 pk selected**, BAND-AID Premium Bandages, POLYSPORIN Ointment 30 g, NICORETTE Gum or Lozenges 80-105 pk or QuickMist or Nicoderm 7 pk selected or PEPICO Heartburn Relief 25-30 pk

Get 600 PTS when you buy 2

10% off TUMS 32-160 pk selected

10% off HYDRASENSE Eye Drops 10 mL selected

WARNING: This product contains nicotine. Nicotine is highly addictive. Only to be used by adults who are trying to quit smoking.

ZONNIC NICOTINE REPLACEMENT THERAPY

The nicotine pouch that can help you quit smoking.

120 pouch box **\$64.95** tax

ASK YOUR PHARMACIST

This product may not be right for you. Always read and follow the label.

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EXCLUSIVE**

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Get
400 PTS
when you buy 1

COMPLIMENTS Pure Vanilla Extract 125 mL



**SAVE
\$1.50**

LOAD THIS OFFER
AND SAVE \$1.50 ON
COMPLIMENTS Dipping Sauces
350 mL selected varieties



Scene+

Offer valid March 5th to March 11th, 2026 at all Sobeys or Safeway locations in Western Canada. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.



Your destination for variety and value

99¢ /lb
Cabbage product of Western Canada 2.18/kg

1.99 /lb
Asian Pears product of China 4.39/kg

4.99 /lb
AURORA Arborio Rice 750 g

5.49
FINO FINE FOODS Roasted Red Peppers 660 g or Avair 290 g

3.99
RÜGEN FISCH Herring Fillets in Sauce 200 g selected varieties

2.99 +.75 PPS when you buy 2
HEINZ Baked Beans 355 mL

3.49 +.75 PPS when you buy 2
HEINZ Cream of Tomato Soup 400 g

5.29 +.75 PPS when you buy 2
HP Sauce Brown 255 g

5.79
OLIYA Pure Sunflower Oil 1 L

1.99 +.50 PPS when you buy 2
THREE CROWN Tea 20 pk selected varieties

4.99 +.75 PPS when you buy 2
ROBINSONS Beverages 1 L selected varieties

15.88
YAMAY Rice 8 kg

2.78
KIM PHAT Vermicelli or Pad Thai Noodles 400 g

5.48
SAPPORO ICHIBAN Noodles 500-520 g selected varieties

3.49
OKF Aloe Vera Drink 1.5 L selected varieties

7.88 /6 pack
BINGRAE Flavoured Milk Drink 6x200 mL selected varieties

4.48 /160 g
ORION Turtle Chips 160 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

HAPPY MONTH OF
Ramadan



14⁹⁹

BARD VALLEY Medjool Dates
907 g



8⁹⁹

ROYAL NUTS Walnuts
240 g



10% off

NOBLE PREMIUM BISON selected cuts
226 g



11⁹⁹

Seasoned Lamb Chops Greek & Lemon
or Herbes de Provence 26.43/kg



1²⁹

Garlic product of China 5 pk



3⁴⁹

COMPLIMENTS Pitas 200-425 g



8⁴⁹

KASH Golden Tahini 900 g



11⁴⁹

SALEM FOODS Nabuli Olives 2 kg



5⁴⁹

ICM Halloumi Cheese 250 g



5⁹⁹

KIRI Cream Cheese Portions
144 g



3⁹⁹

SALEM FOODS Pickled Cucumbers
1 L or Pickled Vine Leaves 454 g



5⁹⁹

MAGGI Chicken Cubes
24x21 g



1⁷⁹

CALIFORNIA GARDEN
Fava Beans 450 g



4⁹⁹

DURRA Syrian Style
Sesame Bread Sticks
454 g



2⁴⁹

ETI Tea Biscuits 400 g



2⁴⁹

ETI Mini Popkek Cakes with
banana or chocolate 144 g



Find more variety and
value in store



International WOMEN'S DAY

[Learn more](#)

Proudly supporting **Canadian Women Entrepreneurs**

Meet Heather Huenison & Sandra Botis from Naturally Amped Food + Bodycare Inc.

We are busy moms, science nerds, and Saskatoon residents concerned with well-being and sustainability. We can relate to feeling responsible for our family's health, while also trying to make smart decisions that benefit our community and do not harm our planet. The creation of fermented foods is an ancient science that has been passed down for generations. Now, we are bringing these ancient methods into the 21st century to help ensure your family's health into the future. We are passionate about sustainable, delicious, functional local foods, and we want to give people choices they can feel good about. We know our products are the best alternative because we've done the research!



Meet Alisha Esmail from Road Coffee Co.

Alisha Esmail is a founder, strategist, and speaker known for reimagining how business can drive both profit and impact. As founder and former CEO of Road Coffee, one of Canada's most recognized purpose-led specialty coffee companies, Alisha built an ethical sourcing model, launched the BeyondFair micro-loan program, and helped create Canada's first fully Indigenous coffee supply chain. Her journey began through global development work where she saw how broken systems impoverish farmers. Today, she applies those lessons to the future of work, helping founders use tech, automation, and intentional systems to scale sustainably without burning out.



Meet Chelsey & Soleil Parker from The Meat Bar

The Meat Bar is a fiercely female-founded, mother-daughter brand bringing real, meat-based protein jerky bars to the sports nutrition & wellness aisle. Built on a whole-animal, whole-food approach, our bars are powered by bison and beef, and supercharged with functional superfoods. Our Superfood Steak Bar supports brain health and iron intake with lion's mane mushroom extract powder and freeze-dried grass-fed organ seasoning, while our Beauty Booster Bar blends bison and beef with collagen and blueberries to support glow-from-within nourishment. Our meat bars disrupt the overly sweet protein bar category with purposeful, functional nutrition. More bars to come! Stay tuned :)



Collectively we can all **#GiveToGain** Sunday, March 8, 2026



HAND-SELECTED CANADA AAA BEEF

Well-marbled Aged to perfection

THE CERTIFIED TENDER[®] ADVANTAGE

When choosing a roast or steaks, look for the shield. It means the meat has been certified by the Canadian Beef Grading Agency to be tender and aged perfectly, so you can count on delicious results. Exclusive to select STERLING SILVER[®] premium cuts.



Exclusive to Sobeys or Safeway



STERLING SILVER Fresh Boneless Top Sirloin Grilling Medallions cut by your meat expert from Canada AAA grade beef

STERLING SILVER Fresh Boneless Beef Tenderloin Premium Grilling Steaks cut by your meat expert from Canada AAA grade beef

10% off

All STERLING SILVER Grilling Steaks Excludes Dry Aged

Earn one entry for every \$15 spent on Sterling Silver Beef when you scan your Scene+™ card for a chance to

WIN 1,000,000 PTS*

That's like \$10,000 toward groceries!

Contest runs February 26 to March 25, 2026



*NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at sobeys.com or safeway.ca/sterling-silver-contest. Contest runs from February 26, 2026 and ends on March 25, 2026. Open to legal residents of across all provinces of Canada excluding Québec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are five (5) prizes to be won, one (1) prize will be allocated toward each of the following regions: Sobeys Atlantic, Sobeys Ontario, Sobeys West, Safeway, and Thrifty Foods. Each prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill testing question required. Odds of winning depend on the number of eligible entries received.

*Certified by the Canadian Beef Grading Agency

RICARDO

Gourmet, yet easy

From my kitchen
to yours

Creamy chocolate
cheesecake, chocolate
crust and delicious
raspberry topping,
this rich and indulgent
dessert promises to
bring a smile to the
faces of everyone
at the table.

Packed with
lemon, parsley
and garlic, these
flavours are
inspired by the
Mediterranean.



400 PTS
when you spend
\$20 or more

RICARDO Marinated
Chicken Breast 400 g
33.05/kg



19⁹⁹
RICARDO Cheesecakes
frozen 570-600 g



6⁴⁹
RICARDO Dressings
250 mL selected

Gourmet meals without the stress. Chef crafted and easy to prepare.
Available Exclusively at **Sobeys and Safeway**

**everyday
VALUE**



NEW

200 PTS
when you buy 1

\$20

OCEAN JEWEL Cooked Shrimp
50-70 ct per lb 908 g



NEW

200 PTS
when you buy 1

\$17

OCEAN JEWEL
Raw Peeled & Deveined Shrimp
50-70 ct per lb 908 g

Get **1,000 PTS**
when you buy 1
True North Fresh
Atlantic Salmon
Fillet 908 g

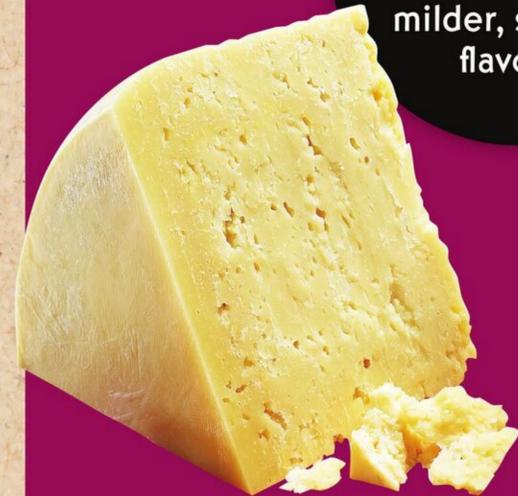
\$35 **NEW**

TRUE NORTH Fresh Atlantic Salmon
Fillets skinless product of Canada
subject to availability 908 g



Savour the flavour of ITALIAN CHEESE

Dating back to the 12th century, **Grana Padano** offers a milder, sweeter flavour.



Pecorino Romano

Buttery and Tangy, made with sheep's milk

Mild Strong



pasta



salad



soup



Grana Padano

Buttery, nutty, sweet and made with skim milk

Mild Strong



pasta



cheese board



sauce



Parmigiano Reggiano

Rich, savoury, umami, made with skim and whole fat milk

Mild Strong



pasta



salad



soup

Your family could
WIN*
1 million Scene+ Points towards
free groceries

[CLICK HERE to view full list of participating products.](#)



Earn an instant entry for every eligible product purchased when scanning your Scene+ card

\$4
MAPLE LEAF Wieners 375 g

2/450
COCA-COLA Soft Drinks 1 L

2/450
POWERADE 710 mL

5.99
AHA Sparkling Water 12x355 mL

5.99
GENERAL MILLS Family Size Cereal 516-778 g

6.49
ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-492 g or Gourmet Popping Corn 850 g

4.79
ANGIE'S Boomchickapop Popcorn 136-198 g

3.49
150 PTS when you buy 3
OLD EL PASO Tortillas 297-334 g or Taco Shells 125-133 g

23.99
150 PTS when you buy 1
CORONA Cero Non-Alcoholic Beer 12x355 mL

19.99
CASCADE Auto Dish Tabs 51-90 pk, TIDE Liquid Detergent 94-100 loads 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstoppables 853 g or IVORY SNOW 3.1 L

FEED THE DREAM



Sobey's SAFEWAY
OFFICIAL GROCER



*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest") NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at www.sobeys.com/feed-the-dream/participating-suppliers/rules or www.safeway.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred(200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD)each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill testing question required. Odds of winning depend on the number of eligible entries received.

Make every day CATurday

Pamper your cat with the treats they love,
extra playtime & nose boops

3/9⁹⁹ +100 PTS
when you buy 3
WHISKAS Temptations 180 g

+100 PTS
when you buy 1
COMPLIMENTS Cat Litter 7 kg

+100 PTS
when you buy 1
6⁹⁹
MEOW MIX Original Choice
Dry Cat Food 1.42 kg

8⁹⁹
PURINA Cat or Kitten
Chow 1.6-2 kg

6⁹⁹
HARTZ Delectables Stew
Cat Treats 6 pk

11⁴⁹
HARTZ Delectables Squeeze Up
Cat Treats 20 pk

1⁵⁹
ea when you
buy 4 or more
SHEBA Perfect Portions Wet Cat Food
75 g 1.79 ea

3⁴⁹
WHISKAS Temptations Creamy Purée
Wet Cat Treat 48 g

12⁹⁹
PURINA Tidy Cats Multi-Cat
Clumping Litter 2.72 kg



40 YEARS OF DELIGHT

5⁹⁹ INTERNATIONAL DELIGHT 946 mL or Cold Foam 396 g

2/\$9 WITH MORE ACUTE TASTE BUY 2 TO 99¢ MORE SILK 1.75-1.89 L 6.59 ea

PACK YOUR MORNING WITH PROTEIN

4⁴⁹ OIKOS Greek Yogurt 495 g or 4x100 g

BENEFITS TO SUPPORT YOUR HEALTH

4⁹⁹ DANONE Activia Yogurt 6x100 g

Knorr

1.150 OFF when you buy 3 KNORR Gravies or Sauces 17-48 g

1.150 OFF when you buy 3 KNORR Soufflés 120-162 g

3⁴⁹ KNORR OXO Sachets 72 g

Discover recipes at www.knorr.com

Together is Golden

MCCAIN Premium Potatoes: Super Fries, Bistro Selects, Flavours of the World or Fun 454-800 g

2/\$9

13⁹⁹ MCCAIN Pockets selected 12 pk

Pick your cherry favourite

Coca-Cola cherry

Cherry flavoured.

50¢ OFF when you buy 1 COCA-COLA Mini Cans 6x222 mL

100¢ OFF when you buy 1 smart GLACÉAU Smartwater 6x1 L

7⁹⁹ FUZE Iced Tea 12x341 mL

9⁹⁹ MONSTER Energy Drinks 4x473 mL

FAN TASTIC EATS

3⁹⁹ ORVILLE REDENBACHER Ready-To-Eat selected 116-230 g

2/\$10 HEALTHY CHOICE Gourmet Steamers selected 269-306 g

2/\$11 HEALTHY CHOICE Simply Steamers or MARIE CALLENDER'S selected 230-349 g

BRING HOME A WIN WITH THIS OFFER FROM

FREE TOQUE CANADA

WITH PURCHASE OF 1 PARTICIPATING GENERAL MILLS CEREAL

5⁹⁹ GENERAL MILLS Family Size Cheerios or Selected Varieties 475-778 g

2⁹⁹ BETTY CROCKER Fruit or Gushers selected 120-230 g or NATURE VALLEY Granola or Trail Mix Granola Bars 120-230 g

2/\$7 PHILADELPHIA Dips 227 g

6⁹⁹ LIBERTÉ Greek Yogurt 650-750 g

7⁹⁹ STARBUCKS Creamers or Non-Dairy Creamers 828 mL

4⁹⁹ NATREL Coffee Creamer 1 L

8⁹⁹ RED BULL Energy Drink 4x250 mL

6⁴⁹ DR. OETKER Ristorante or Casa Di Mama Pizza 320-410 g

6⁹⁹ CHAPMAN'S Super or No Sugar Added Novelties 4-18 pk selected

4⁹⁴ HÅGEN-DAZS Ice Cream 400-450 mL or Novelties 3-4 pk

NEW

2⁹⁹
 KELLOGG'S Rice Krispies Squares, Pop-Tarts, Nutri-Grain Bars or Special K Crisps 125-384 g selected

3⁹⁹
 KELLOGG'S Eggo Waffles 280-360 g selected

200 PTS when you buy 2

2⁹⁹
 PRINGLES Super Stacks 148-156 g

3
 KELLOGG'S Cheez-It Crackers 191-200 g selected

ARMSTRONG
 1902

HIGH IN PROTEIN
 Marble Cheddar Cheese

9⁹⁹
 ARMSTRONG Cheese Blocks 600 g or Shreds 450-500 g

*From domestic and imported ingredients.

Natural one fresh from **BRAZIL**

TASTE THE NATURE
 NO PRESERVATIVES
 100% natural

6⁹⁹
 NATURAL ONE Juice 1.7 L

40th ANNIVERSARY
RRROLL UP TO WIN
 MILLIONS OF PRIZES TO BE WON

BUY any eligible Tims® at Home product of participating retailers by March 22, 2026 and upload your valid receipt to [Timshomepromotion.ca](https://www.timshomepromotion.ca) by March 30, 2026*

16⁹⁹ TIM HORTONS Instant Coffee 300 g

8⁹⁹ TIM HORTONS French Vanilla Cappuccino 454 g

7⁹⁹ TIM HORTONS Nespresso® Compatible Capsules 10 pk

24⁹⁹ TIM HORTONS Keurig® K-Cup® Pods 50 pk

© & © Tim Hortons, 2026. K-CUP is a registered trademark of Keurig Green Mountain, Inc. *Purchase of a third party not related to The TD Group Corp. No purchase necessary (no purchase made in methods of entry available). Starts Feb. 23/26, ends March 22/26. 10-18 in Quebec residents of Canada only. Only digital receipts are entered from participating retailers. Tim's of Home® products. Free Timshomepromotion and Tim's Rewards accounts required. Limit of 50 digital rolls per person for participating and every retailer eligible. Limit of 100 per product purchase and 50 Tim's Rewards eligible product purchases. 15,876,331 digital prizes at contest start (20% range from \$1.56 - \$42,828 CAD, incl. Tim's Rewards point prize). Prize pool prize value dependent on the number and timing of entries that receive a digital prize in the draw of the contest, and the odds of winning might change and each retailer in the roll must accept prize to the start of the contest. Full contest rules available at www.timshomepromotion.ca. All trademarks are property of their respective owners.

4⁹⁹
 NESTLÉ Parlour Frozen Dessert 1.5 L

4⁹⁹ **200 PTS** when you buy 2
 WERTHER'S Original Candies 230-245 g

2⁴⁹
 CHEEMO Perogies 745-907 g

4⁹⁹
 HIDDEN VALLEY Salad Dressing 473 mL

200 PTS when you buy 2
6⁹⁹
 SMUCKER'S Pure Jam 310-500 mL or JIF Peanut Butter 1 kg

500 PTS when you buy 3
3/\$10
 LECLERC Go Pure Oatmeal Bars 140-175 g

11⁹⁹
 COMPLIMENTS LED Light Bulbs 60W 6 pk

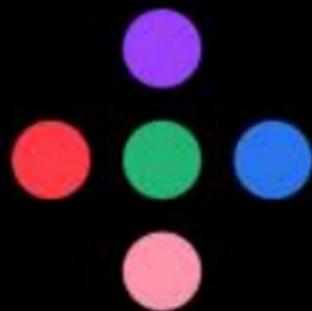
8⁴⁹
 ZIPLOC Storage Bags 10-38 pk or Sandwich Bags 180 pk

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply





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VENDING
TRUSTED BY
CANADIANS!**

**PROUDLY SERVING
CUSTOMERS
ACROSS CANADA.**



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