

HAPPY EASTER

Colemans

every visit feels like coming home



RED RIPE STRAWBERRIES
US #1
1 lb clamshell

3⁹⁹

FRESH ATLANTIC SALMON FILLET
24.22 kg



10⁹⁹
lb
SAVE \$6.00/lb



FROZEN UTILITY TURKEY
4.14 kg
3-7 kg average
Limit of 2

1⁸⁸
lb
SAVE \$1.29/lb



RUSSET POTATOES
PEI #1
10 lb bag

4⁹⁹



FRESH CHICKEN LEGS
6.59 kg • Family Pack

SAVE \$2.45/lb
2⁹⁹
lb



FRESH PORK LOIN CHOPS

6.59 kg • Family Pack • Tenderloin and Rib Combination

LESS THAN
1/2
PRICE

2⁹⁹
lb
SAVE \$4.97/lb



FRESH BROCCOLI CROWNS
Mexico #1 • 6.59 kg

2⁹⁹
lb



AYLMER SOUPS and BROTHS
284mL • Assorted or FAVORITE FLAKED LIGHT TUNA 170g

4/\$5

KRAFT PIZZA KIT
850g • Makes 2 pizzas! • Reg. 9.49

SAVE \$2.50
6⁹⁹

BLACK DIAMOND CHEESE BLOCKS 400g or SHREDS 300-320g • Assorted • Reg. 8.99

SAVE \$4.00
4⁹⁹

PARKAY MARGARINE
1.28 kg • Reg. 9.99

5⁹⁹
HOT DEAL

LACTANTIA CREAM CHEESE
250g • Original or Light • Reg. 5.49

SAVE \$2.00
3⁴⁹

JELL-O POWDER
10-85g • Assorted or FAVORITE MANDARIN ORANGES 284mL

HOT DEAL
.99

FAVORITE BREAD & ROLL MIX
3 lb • Reg. 5.99

SAVE \$1.50
4⁴⁹

TETLEY TEA BAGS
216 ct • Reg. 15.99

SAVE \$6.00
9⁹⁹

DEMPSTER'S HOLSUM BREAD
570g • White or Whole Wheat • Reg. 3.99

SAVE \$1.00
2⁹⁹

LAY'S POTATO CHIPS
200-235g • Assorted • Reg. 5.29

SAVE \$1.62
3⁶⁷

PHILADELPHIA DIPS
227g • Assorted • Reg. 5.49

SAVE \$2.20
3²⁹

COKE or PEPSI PRODUCTS
12x355mL • Assorted

2/\$15

VH COOKING, STIR FRY or DIPPING SAUCES
341-355mL • Assorted

2/\$7

OLD DUTCH LAUNDRY DETERGENT
4 L • Assorted • Reg. 10.29

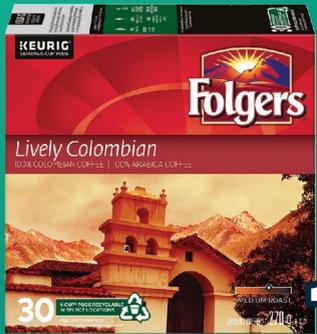
SAVE \$4.52
5⁷⁷

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www.instagram.com/colemansfoods

Scan to receive our e-flyer or visit shop.colemans.ca for even more deals that you won't want to miss!



Easter Brunch



SAVE \$7.02

FOLGERS K-CUPS 30 ct Assorted Reg. 25.99

18⁹⁷



3/\$5

BUSH'S BAKED BEANS 398mL • Assorted



6⁹⁹

FURLONG'S TRADITIONAL FISH CAKES 2 lb



SAVE \$2.00

MINUTE MAID SIMPLY ORANGE 1.36-1.54 L Assorted Reg. 7.99

5⁹⁹



SAVE \$2.22

6⁷⁷

MCCAIN OVAL HASHBROWNS 3.5 lb • Reg. 8.99

Easter Dinner



2/\$5

OCEAN SPRAY CRANBERRY SAUCE 348mL • Jellied or Whole



3⁹⁹

GREEN GIANT VALLEY SELECTIONS 300-500g • Assorted



3/\$5

GREEN GIANT VEGETABLES 341-398mL • Assorted



SAVE \$1.50

4⁹⁹

FAVORITE NL STYLE SWEET MUSTARD PICKLES 750mL • Reg. 6.49



SAVE \$1.00

3⁹⁹

FAVORITE NL STYLE SLICED PICKLED BEETS 750mL • Reg. 4.99



4⁹⁹

KRAFT COOL WHIP 1L, SCOTSBURN FAMILY FAVORITES ICE CREAM 1.5L or CHAPMAN'S GREAT CANADIAN YUKON TREATS 5-8 pk • Assorted



MALTERSERS MINI BUNNIES 58g, CADBURY MINI EGGS BAR 110g, CADBURY MILKY BAR 100g or CREME EGG BAR 123g

2/\$7

SAVE \$1.50

CADBURY EGGS 91-96g • Assorted • Reg. 5.99



7⁹⁷

CADBURY EGGS 154g • Assorted



PURITAN CORNED BEEF HASH or SWIFT PREMIUM COOKED HAM 425-454g

4⁹⁹



2⁹⁹

HUNT'S PUDDINGS or GELS and SELECTION FRUIT CUPS 4 pk • Assorted



MAPLE LEAF VIENNA SAUSAGES 113g or BRUNSWICK SARDINES and KIPPER SNACKS 92-106g • Assorted

3/\$5



CHRISTIE TOPPABLES 350-454g • Assorted

4⁹⁹



6⁷⁷

BLACK DIAMOND CHEESTRINGS 252-336g • Assorted • Reg. 8.99



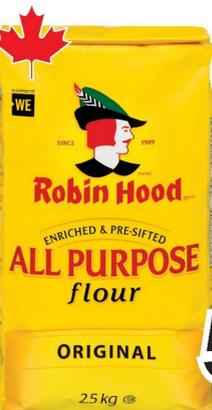
4/\$5

SELECTION BREADSTICKS or CRACKERS & CHEESE SNACKS 87g



2/6⁵⁰

CHRISTIE SNACKING CRACKERS 175-200g or COOKIES 156-225g • Assorted



SAVE \$2.52

ROBIN HOOD FLOUR 2.5 kg Assorted Reg. 7.99

5⁴⁷



HIDDEN VALLEY SALAD DRESSING 473mL • Assorted • Reg. 5.99

SAVE \$2.02

3⁹⁷



OCEAN SPRAY CRANBERRY COCKTAIL 3 L or 6pk • Assorted

6⁹⁹



SAVE \$1.00

DEMPSTER'S HOT DOG or HAMBURGER BUNS 8 pk • Assorted • Reg. 3.99

2⁹⁹



CATELLI PASTA 375-500g or AYLMER TOMATOES 540-796mL Selected

2/\$5



SAVE \$1.00

SCOTSBURN SOUR CREAM 250mL Assorted • Reg. 3.99

2⁹⁹



CAVENDISH CRISPY TEMPURA ONION RINGS 1.5 kg

12⁹⁹



DR. OETKER CASA DI MAMA and RISTORANTE PIZZA 320-410g • Assorted or GIUSEPPE GARLIC FINGERS 317g

4⁹⁹



SAVE \$2.00

TIM HORTONS HOT CHOCOLATE 500g • Assorted • Reg. 7.99

5⁹⁹



SAVE \$5.00

AQUAFINA WATER 24x500mL • Reg. 12.99

7⁹⁹



2/\$9

COKE PRODUCTS 6x710mL • Assorted



4.5 LB BAG

CAVENDISH CLEAR COAT FRIES 4.5 lb

8⁷⁹



HUNGRY-MAN DINNER 360-455g • Assorted • Reg. 7.49

SAVE \$2.50

4⁹⁹



TOSTITOS CHIPS 205-295g • Assorted

2/8⁵⁰



BLACK DIAMOND CHEESE SLICES 410g • Assorted

4⁹⁹



MEOW MIX ORIGINAL CHOICE 1.42 kg • Reg. 7.99

HOT DEAL 6⁴⁷



CLOROX CONCENTRATED BLEACH 1.27 L • Reg. 4.99

SAVE \$2.00

2⁹⁹



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We reserve the right to limit quantities. Text prevails over photos. Prices do not include sales tax where applicable. Some items may not be available at all locations.

Fresh Produce



FRESH CARROTS or SMALL TURNIP Grown Right Here #1
or YELLOW ONIONS Nova Scotia #1
5 lb bags

GROWN
RIGHT
HERE!

5⁹⁹



SWEET JUICY
AMBROSIA APPLES
Washington #1
6.59 kg

2⁹⁹
lb



Stone Fruit from Chile

3⁴⁹
lb



SWEET JUICY RED PLUMS
Chile #1 • 7.69 kg



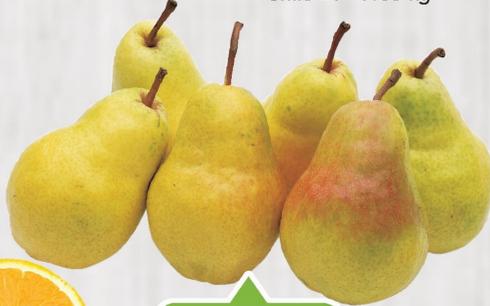
FRESH CRISP
ICEBERG
LETTUCE
US #1

3⁴⁹



PLUMP RIPE
BLACKBERRIES
Mexico #1
6 oz clamshell

3⁹⁹



2⁹⁹
lb

SWEET JUICY
BARTLETT PEARS
Argentina #1 • 6.59 kg

3⁴⁹

WHOLE BROWN MUSHROOMS
Ontario #1 • 8 oz cello



LARGE SWEET
JUICY ORANGES
California #1 • 4.39 kg

1⁹⁹
lb



FRESH
CAULIFLOWER
US #1

5⁹⁹

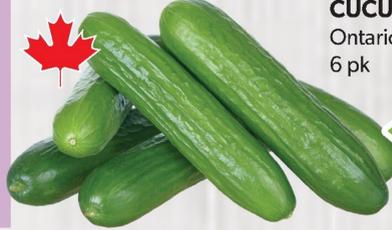


BABY SPINACH
US #1 • Family Size
11 oz container



HAPPY
EASTER
BLOSSOMS
& BLOOMS
starting at 17⁹⁹

*varies by location



MINI SNACKING
CUCUMBERS
Ontario #1
6 pk

4⁹⁹

Bakery & Deli



SAVE
\$3.00

2⁹⁹

SCHOOL SAFE BARS
8 pk • Assorted • Reg. 5.99



APPLE VALLEY APPLE PIE
620g • Regular only

5⁹⁹



8" EASTER CAKE
630g • White or Chocolate

12⁹⁹



KURTZIE'S GOURMET SAUSAGE
250-275g • Assorted

8⁹⁹



6 PC FISH CAKES
Store made

9⁹⁹

Available at select locations



OASIS JUICES
or DEL MONTE
NECTAR
960mL • Assorted

2/\$5



MAXWELL HOUSE INSTANT
COFFEE 150g • Original or Decaf

7⁹⁹



SELECTION PEANUT BUTTER
1 kg • Assorted

5⁹⁹



E.D. SMITH TRIPLE FRUIT JAMS
375-500mL • Assorted • Reg. 5.99



PHILADELPHIA CREAM CHEESE
227g • Assorted

4⁹⁹



SAVE
\$2.00

5⁹⁹

KELLOGG'S EGGO WAFFLES
560g • Assorted • Reg. 7.99



DOLE PINEAPPLE
398mL • Assorted

2/\$5



SELECTION CANNED FRUIT
796mL • Assorted • Reg. 5.79

SAVE
\$1.80

3⁹⁹



CARNATION
EVAPORATED MILK
354mL • Assorted

2/\$5



GENERAL MILLS CHEERIOS or
CINNAMON TOAST CRUNCH 570-725g • Assorted

6⁹⁹



SUN-MAID
RAISIN
BREAD
450g

4⁴⁹



DARE BREAKTIME COOKIES
250g • Assorted

2/\$4



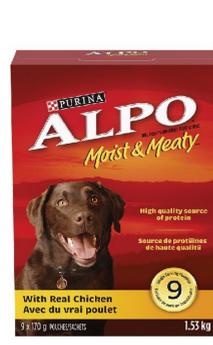
PURITY LEMON CREAMS
400g

4⁹⁹



CELEBRATION COOKIES
240g • Assorted • Reg. 4.99

HOT DEAL
2⁹⁹



ALPO MOIST &
MEATY DOG FOOD
1.53 kg • Assorted

12⁹⁹

ChoiceCuts

CHECK THE DIGITAL FLYER FOR
Gourmet our way
SPECIALS



**CANADIAN
AA OR HIGHER
SIRLOIN TIP
STEAK or ROAST**
22.02 kg • Family Pack

9⁹⁹
lb



**FRESH
PORK SPARE RIBS**
11.00 kg
Family Pack

4⁹⁹
lb
SAVE \$3.19/lb

From the Sea and ready for Easter



NEWFOUNDLAND COD
24.22 kg • Frozen or Previously Frozen

10⁹⁹
lb



FRESH WHOLE STEELHEAD TROUT
13.21 kg

5⁹⁹
lb

**NEWFOUNDLAND
SALT FISH BITS**
22.02 kg

9⁹⁹
lb



**SAVE
\$3.00**

**HIGH LINER
WILD CAUGHT PACIFIC
SALMON FILLETS**
400g • Reg. 12.99

9⁹⁹



**FRESH
PORK LOIN CENTER
CUT CHOPS** 7.69 kg
Family Pack

3⁴⁹
lb
SAVE \$4.91/lb

**CANADIAN
AA OR HIGHER
BONELESS STEW BEEF**
19.82 kg • Family Pack

SAVE \$4.06/lb
8⁹⁹
lb



24⁹⁹ LIGHTLY BREADED
CHICKEN WINGS
2 kg • Individually
Quick Frozen



**SAVE
\$3.00**

**SUNRISE
DELI
STICKS**
250g
Assorted
Reg. 7.99

4⁹⁹



**MAPLE
LEAF
BIG STICK
BOLOGNA**
1 kg average
Reg. 19.99

**SAVE
\$6.00**

13⁹⁹



RESTAURANT STYLE CHICKEN STRIPS
2 kg • Reg. 19.99

**SAVE
\$5.00**

14⁹⁹



LEADBETTERS SLICED BACON
375g

6⁹⁹



9⁹⁹

Ready for Easter



MAPLE LEAF NATURAL HAM
600g • Assorted • Reg. 16.99

**SAVE
\$4.00**

12⁹⁹



KENT BONELESS SMOKED HALF HAM
11.00 kg • Fully Cooked

**SAVE
\$1.81/lb**

4⁹⁹
lb



AQUA STAR SHRIMP RING
284g • 27/34

7⁹⁹



MIRABEL COOKED SHRIMP
400g • 70-90 ct

10⁹⁹



OCEAN-SELECT COD
5 lb box • Individually wrapped

**5 LB
BOX!**

42⁹⁹

Easter Baking



CROSBY'S MOLASSES
675g • Reg. 5.99

**SAVE
\$1.22**

4⁷⁷



TENDERFLAKE PIE SHELLS
255-350g • Assorted

4⁹⁹



E.D. SMITH PIE FILLINGS
540-796mL • Assorted • Reg. 7.49

5⁹⁹



**SELECTION PIE CRUST 170g • Assorted
or FUSSELL'S THICK CREAM 170mL**

2⁹⁹



HERSHEY'S CHIPITS
200-270g • Assorted

6⁴⁹



MCCAIN POCKETS
540-600g • Assorted • Reg. 9.49

**SAVE
\$2.50**

6⁹⁹



**CAVENDISH
FLAVOUR CRISP FRIES**
750g • Assorted

4⁴⁹



RED BARON PIZZA SINGLES
318-326g • Assorted • Reg. 6.49

**SAVE
\$1.50**

4⁹⁹



MICHELINA'S PASTAS
156-284g • Assorted

2/\$5



BAGEL BITES
40 ct • 882g

13⁹⁹



**MCCAIN
DEEP 'N DELICIOUS CAKES**
510g • Assorted

6⁹⁹



ECONO COOKIES
280-350g • Assorted

2/\$5



**MINUTE MAID or FUZE JUICE
BOXES** 10x200mL • Assorted

2/\$6⁵⁰



**LUCKY ROI
CHOW MEIN
NOODLES**
454g
Reg. 3.99

2⁹⁹



HELLMANN'S MAYONNAISE
750-890mL • Assorted

6⁹⁹



SELECTION SPLIT PEAS
900g

2/\$5



**MARIO'S
CHICKEN BREAST
CHUNKS** 127g

1⁹⁹



**HOLIDAY
LUNCHEON MEAT**
340g

3⁷⁹



CHEF BOYARDEE PASTA 418-425g or
BETTY CROCKER POTATOES 180-215g • Assorted



CHEF BOYARDEE PASTA 418-425g or
BETTY CROCKER POTATOES 180-215g • Assorted

2⁹⁹



CHEF BOYARDEE PASTA 418-425g or
BETTY CROCKER POTATOES 180-215g • Assorted



**MONTANA'S BBQ or
FLAVORTOWN SAUCE**
350-355mL • Assorted

4⁹⁹



BILLY BOOT BABY BAGS
24 ct • Assorted • Reg. 3.49

**SAVE
\$1.00**

2⁴⁹

Shop our online flyer for extra savings. Every week.



SAVE \$1.50

13⁹⁹

4⁹⁹

3⁷⁹

FIBRE 1 CHEWY BARS 840g • Oats & Chocolate or NATURE VALLEY BARS 980g

SUNRYPE FRUIT SNACKS 108-112g • Assorted

DARE WHIPPET 140-285g • Assorted • Reg. 5.29



6⁹⁹

2/\$5



7⁹⁹

PURITY HARD BREAD 625g

JACOB'S CREAM CRACKERS 200g

BECEL MARGARINE 800g • Assorted



2/5⁵⁰

5⁹⁹

6⁴⁹

PRINGLES CHIPS 148-182g • Assorted

HAWKINS CHEEZIES 420g

PRINGLES SNACK STACKS 12 pk • Assorted



SAVE \$1.00



SAVE \$1.00



3⁹⁹

3⁹⁹

12⁹⁹

ORVILLE REDENBACHER POPCORN 3 pk • Assorted • Reg. 4.99

HUMPTY DUMPTY SNACKS 250-320g • Assorted • Reg. 4.99

MICHELOB ULTRA ZERO NON-ALCOHOLIC BEER 6x355mL



5⁴⁹



5⁹⁹



4⁴⁹

HEINZ TOMATO JUICE 1.36L

DOLE PINEAPPLE JUICE 1.36L or 4 pk • Assorted

KOOL-AID JAMMERS 10 pk • Assorted



3⁷⁹

SAVE \$1.00

2⁹⁹



3⁴⁹

LIPTON CHICKEN NOODLE SOUP 4 pk • Assorted

MARIO'S CHOPPED HAM 340g • Reg. 3.99

PURITAN BEANS AND WIENERS 425g



2⁴⁹



2⁴⁹



4⁴⁹

CAMPBELL'S SPAGHETTIOS 425mL

HUNT'S TOMATO SAUCE 398mL • Assorted

PREGO PASTA SAUCE 645mL • Assorted

Online flyers give you the deals while we help save our environment.



SAVE \$2.00

7⁹⁹

MAZOLA COOKING OIL
1.18 L • Assorted • Reg. 9.99



SAVE \$1.50

3⁹⁹

FLEISCHMANN'S CORN STARCH
454g • Reg. 5.49



2/\$4

FLEISCHMANN'S YEAST
3x8g • Assorted



1⁹⁷

ALLEN'S VINEGAR
500mL • Assorted



1⁹⁹

CLUB HOUSE SEASONINGS OR GRAVY 25-45g • Assorted



4⁷⁹

DALTON'S RED MARASCHINO CHERRIES 375mL



4⁹⁹

JELL-O PUDDING
4 pk • Assorted



SAVE \$1.00

3⁹⁹

CLOVER LEAF TUNA SALADS
160g • Assorted • Reg. 4.99



3¹⁹

LANTIC WHITE SUGAR
2 kg



SAVE \$7.00

12⁹⁹

PRIMO EXTRA VIRGIN OLIVE OIL
1 L
Reg. 19.99



7⁹⁹

PILLSBURY PIZZA POPS or PIZZA BITES 693-760g • Assorted



10⁹⁹

POGO
750g • 10 pk



5⁹⁹

ALASKO FAJITA BLEND
1 kg



8⁹⁹

WONG WING EGG ROLLS
680g • Assorted



SAVE \$1.50

4⁹⁹

SMUCKER'S UNCRUSTABLES
208-232g • Assorted • Reg. 6.49



SAVE \$2.00

6⁹⁹

CHAPMAN'S NOVELTIES
8-20 pk • Assorted • Reg. 8.99



4⁹⁹

BETTY CROCKER BISQUICK
1.13 kg



2/\$5

PRIMO PEAS OR BEANS
540mL • Assorted



SAVE \$2.00

5⁹⁹

LIFE SMART QUICK OATS
511g • Reg. 7.99



4⁹⁹

QUAKER HIGH FIBRE OR PROTEIN OATMEAL 228-304g • Assorted



12⁹⁹

CARING OMEGA-3 SEAL OIL CAPSULES 240 ct

Gourmet our way

BUTCHER-SEASONED. HOME-COOKED PERFECTION.



6⁹⁹
lb
SAVE \$2.49/lb

MARINATED PORK SIDE RIBS
15.41kg



4⁹⁹
lb
SAVE \$4.30/lb

FRESH MARINATED BONE-IN PORK CHOPS
11.00 kg



4⁹⁹
lb
SAVE \$4.30/lb

FRESH STUFFED BONE-IN PORK CHOPS
11.00 kg



FRESH MARINATED CHICKEN LEGS
8.80 kg

3⁹⁹
lb

From the Ocean to your plate.



6⁹⁹

LAND & SEA SALT FISH BITS
454g



NEWFOUNDLAND WHOLE SALT COD
15.41 kg

6⁹⁹
lb
SAVE \$2.00/lb

Wild Caught!



AQUASTAR WILD CAUGHT ARGENTINIAN SHRIMP
300g • 20/30

9⁹⁹

EASTER SPECIAL

14⁹⁹

CHOCOLATE or VANILLA
630g

Celebrate Easter with our adorable
EASTER BUNNY CAKE

Perfect for family gatherings
and kids who love sweet treats.



Hop into something sweet!



**MOM'S
CHOCOLATE EASTER EGG CAKE**
525g Store baked

7⁹⁹



6⁹⁹

HOT CROSS BUNS
12 pk • 600g
Store baked



Newfoundland, we've arrived!

You can now find MAG products
at COLEMANS stores across the province.



PROUDLY CANADIAN

MARCH FEATURE

LEMONS & CREAM SHORTCAKE



SPECIAL
\$16.99
 REGULAR \$22.99

DECADENT AND BUTTERY, OUR GOLDEN SHORTCAKE IS LAYERED WITH THICK, DAIRY-FRESH WHIPPED CREAM AND VIBRANT LEMON PRESERVES FOR A FLAVOR THAT'S BOTH BRIGHT AND INDULGENT.

More Bakery deals!



Gluten free

PROMISE GLUTEN FREE CHOCOLATE GANACHE CAKE
 180g

6⁹⁹



Gluten free

PROMISE GLUTEN FREE HOT CROSS BUNS
 280g

6⁹⁹



DEMPSTER'S TORTILLAS
 10" • 610g • Assorted

4⁷⁹



Gluten free

PROMISE GLUTEN FREE SOURDOUGH LOAF
 400g • Assorted

8⁹⁹

SAVE \$1.50



VACHON SNACKS
 220-410g • Assorted
 Reg. 5.49

3⁹⁹

PERFECT FOR ANY OCCASION

See in-store or shop.colemans.ca/catering for more options!

Party Trays starting at \$29.99! Offerings vary by store.



EASTER BLOSSOMS

A cookie that blooms with Easter sweetness

MAKES 50 COOKIES



INGREDIENTS

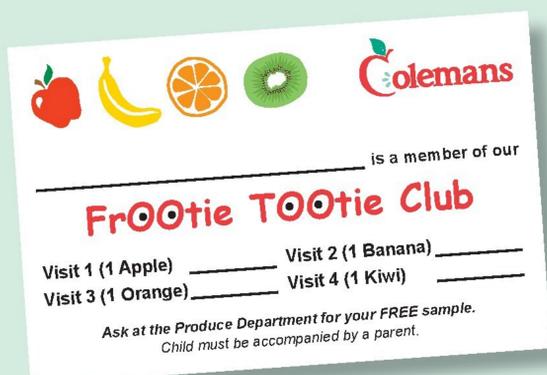
1 cup butter, softened
1/2 cup sugar
1 egg
1 can Sweetened Condensed Milk
2 tsp vanilla extract
4 1/2 cups All Purpose Flour
1/2 tsp baking powder
50 candy coated chocolates
1 cup coloured sugar or sprinkles
Garnish: Icing sugar

1. Preheat oven to 350F. Line sheets with parchment paper.
2. Cream butter and sugar in a large bowl until well combined. Add egg, sweetened condensed milk and vanilla and mix until smooth. Beat in flour and baking powder.
3. Roll dough into 1 1/2" balls. Roll in coloured sugar or sprinkles. Place on baking sheet about 2" apart. Using a clean pair of scissors, cut dough in half making sure not to cut it apart. Cut each half into 3 pieces. If you cut it apart, just push it back together. You will have 6 flower petals. Sprinkle tops of cookies with additional sugar or sprinkles. Place one candy coated chocolate in center of flower.

Bake in preheated oven for 13 to 15 minutes. Cool on wire cooking rack. Sprinkle with icing sugar.

Kids!

Become a member of the FrOOtie TOOTie Club



and
Get a **FREE**
piece of fruit
when you visit Coleman's!

See a Produce Associate for a membership card



The perfect gift—always available.
Get a gift card today.



Great gifts

to fill your

Easter basket



CORNER BROOK
26 Caribou Road

MOUNT PEARL
6 Centennial Square

ST. JOHN'S
370 Newfoundland Drive

www.arthurjamesclothing.ca

Wishing you a very
HOPPY
EASTER

FROM ALL OF US AT
Colemans
every visit feels like coming home

