

winter sale

**Boneless
Top Round Roast**
USDA Choice Angus Beef

\$7⁹⁹
lb

**Gold'n Plump
Boneless Skinless
Chicken Breast Fillets**
Fresh, Family Pack

\$2⁹⁹
lb

**Pork
Tenderloins**
Fresh

\$2⁹⁹
lb

FRESH produce!

Clementines
3 lb bag

\$3⁹⁹

**Red or Green
Grapes**
Seedless

\$1⁹⁹
lb

**Cosmic
Crisp
Apples**

\$1⁴⁹
lb



**Banquet
Pot Pies**
7 oz pkg,
Selected Varieties

5/\$5



**Barilla
Pasta or
Ready Pasta**
7-16 oz pkg,
Selected Varieties

2/\$3



**Kraft
Natural
Sliced Cheese**
7-8 oz pkg,
Selected Varieties

2/\$5



**Florida's Natural
Juice**
52 oz ctn,
Selected Varieties

\$3⁹⁹



**Essential Everyday
or IGA Purified
Drinking Water**
24 pk/.5 ltr btls

\$3⁴⁹



**Stone Ridge
Creamery
Ice Cream**
48 oz pkg,
Selected Varieties

2/\$7

Get Ready for **THE BIG CHILL**



**LOCKWOOD
IGA**

Lockwood IGA • 1960 Old Hardin Rd. #82

Visit our website and sign up to receive our weekly ad by email.
www.lockwoodiga.com

PRICES EFFECTIVE MARCH 04 - MARCH 10, 2026

No Sales to Dealers. Food Stamps Gladly Accepted. All Items May Not Be Available In All Stores. • Not responsible for typographical errors • Quantity rights reserved ©2026 UNFI INC.

THE FINEST *meat selections*



Boneless Top Round Steak
USDA Choice Angus Beef

\$9⁹⁹
lb



Sirloin Ball Tip Steak
USDA Choice Angus Beef

\$7⁹⁹
lb



Pork Loin Back Ribs
Previously Frozen

\$3⁹⁹
lb



Cloverdale Sliced Bacon
16 oz pkg, Selected Varieties

\$5⁴⁹



Hormel Pork Tenderloins
18.4 oz pkg, Selected Varieties

\$6⁹⁹



Essential Everyday Boneless Skinless Chicken Thighs
2.5 lb pkg, Individually Quick Frozen

\$7⁹⁹



Hormel Smoked Pork Chops
15 oz pkg, Bone-In

\$6⁹⁹



Armour Homestyle Meatballs
11-14 oz pkg, Selected Varieties

\$3⁹⁹



Kevin's Chicken Entrées
16-17 oz pkg, Selected Varieties

\$9⁹⁹



Johnsonville Smoked Sausage or Brat Patties
12-14 oz pkg, Selected Varieties

\$4⁴⁹



El Monterey Burritos or Chimichangas
30.4-32 oz pkg, Selected Varieties

\$6⁴⁹



Just Bare Breaded Chicken
24 oz pkg, Selected Varieties

\$11⁹⁹



Cloverdale Red Franks
16 oz pkg

\$4⁹⁹



Smithfield Breakfast Sausage
12-16 oz pkg, Selected Varieties

\$3⁹⁹



Land O'Frost Premium Lunchmeat
10-16 oz pkg, Selected Varieties

\$5⁹⁹



Sugardale Diced or Cubed Ham
8 oz pkg

2/\$5



Arctic Shores Extra Jumbo Cooked Shrimp
16 oz pkg, 16-20, Tail-On

\$10⁹⁹



Arctic Shores Pollock Fillets
16 oz pkg, Wild Caught

\$3⁹⁹

FROZEN *specials*



TombStone Original Pizza
17.2-27 oz pkg, Selected Varieties

\$4⁶⁹



Essential Everyday Frozen Steamy Vegetables
12 oz pkg, Selected Varieties

2/\$3



Banquet Brown 'N Serve Breakfast Entrées
5.32 oz pkg, Selected Varieties

2/\$3



Essential Everyday Garlic Bread, Breadsticks or Texas Toast
10-16 oz pkg, Selected Varieties

\$2²⁹



Jimmy Dean Breakfast Sandwiches
12.8-18.8 oz pkg, Selected Varieties

\$6⁹⁹



Halo Top Ice Cream
16 oz Ice Cream, Selected Varieties

\$4⁴⁹

DAIRY *specials*



Kraft Chunk or Shredded Cheese
7-8 oz pkg, Selected Varieties

\$2⁷⁹



Dannon Greek Yogurt or Remix Mix-Ins
4.5-5.3 oz cup, Selected Varieties

4/\$5



Essential Everyday American Singles
12 oz pkg, Selected Varieties

\$2⁷⁹



Kemps Cottage Cheese or Sour Cream
22 oz Cottage Cheese or 24 oz Sour Cream, Selected Varieties

\$3⁸⁹



Pillsbury Cookie Dough
16-16.5 oz pkg, Selected Varieties

\$3⁴⁹



Pillsbury Pizza Dough
8 oz pkg

\$3⁴⁹



Yoplait Go-Gurt Yogurt
8 ct box, Selected Varieties

2/\$5



Pillsbury Grands! Biscuits, Cinnamon or Crescents Rolls
8-16.3 oz pkg, Selected Varieties

2/\$5



Philadelphia Cheesecake Crumbles
6.6 oz pkg, Selected Varieties

\$4⁴⁹



Pillsbury Mokey Bread Pull-Apart Kit
16.8 oz pkg

\$4⁴⁹



Pure Leaf Tea
59 oz btl, Selected Varieties

2/\$5

GROCERY



Essential Everyday
Soup & Oyster
Crackers
 9 oz bag **2/\$3**



Essential Everyday
Tortilla Chips
 10-12 oz bag,
 Selected Varieties **2/\$5**



Essential Everyday
Tomato Sauce
 8 oz can,
 Selected Varieties **59¢**



Mott's
100% Apple Juice
 64 oz btl or
 8 pk/6.75 oz boxes,
 Selected Varieties **2/\$6**



Kool-Aid
Jammers
 10 pk/6 oz pouches,
 Selected Varieties **\$2.99**



Nabisco
BelVita Biscuits or
Oreo Cookies
 8.8-8.81 oz BelVita or
 9.21-14.03 oz Oreo,
 Selected Varieties **\$3.49**



Swanson
Organic Broth
 32 oz ctn,
 Selected Varieties **\$3.99**



Red Gold
Tomatoes
 28 oz can,
 Selected Varieties **2/\$4**



Cheetos
Mac 'N Cheese
 2.11-2.32 oz cup or
 5.6-5.9 oz box,
 Selected Varieties **2/\$3**



Essential
Everyday
Seasoning Mix
 1-1.5 oz pkg,
 Selected Varieties **89¢**



Essential
Everyday
Steak Sauce
 10 oz btl,
 Selected Varieties **\$2.49**



Essential
Everyday
Mandarin
Oranges
 11 oz can **\$1.29**



Taco Bell
Craving Kits
 12.8-22.6 oz pkg,
 Selected Varieties **\$6.99**



Taco Bell
Dinner Kit or
Taco Shells
 8.85-14.6 oz Kits or
 12 ct Shells,
 Selected Varieties **\$2.99**



Taco Bell
Restaurant
Sauces
 7.5 oz btl,
 Selected Varieties **\$1.99**



Taco Bell
Dip
 15-15.7 oz jar,
 Selected Varieties **\$3.99**



Taco Bell
Seasoning
Mix
 1 oz pkg,
 Selected Varieties **99¢**



McCormick
Tartar or
Cocktail Sauce
 8 oz pkg,
 Selected Varieties **\$2.69**



Orville
Redenbacher's
Microwave
Popcorn
 6 ct box,
 Selected Varieties **\$3.49**



ACT II
Microwave
Popcorn
 6 ct box,
 Selected Varieties **2/\$6**



Malt O Meal
Cereal
 30-39 oz bag,
 Selected Varieties **\$4.49**



Essential
Everyday
Cashew
Halves & Pieces
 8 oz can,
 Selected Varieties **\$5.29**



Cheez-It Family Size Crackers,
Kellogg's On The Go Snacks,
Family Size Club, Town House or
Party Pack Toasteds Crackers
 12-21 oz Cheez-It, 18.8 oz Club,
 20.7 oz Town House, 12 ct On The Go or
 12 oz Toasteds, Selected Varieties **\$5.49**



Kellogg's
Pop-Tarts
Toaster Pastries
 12 ct box,
 Selected Varieties **\$3.49**



Kellogg's
Rice Krispies
Treats
 8 ct box,
 Selected Varieties **2/\$6**



Keebler
Famous Amos or
Keebler Cookies
 9 oz Famous Amos or
 8.5-13.4 oz Keebler,
 Selected Varieties **\$3.49**



Frito-Lay Lay's
Party Size Chips
 6-18 oz bag,
 Selected Varieties **\$4.49**



Frito-Lay
Lay's Stax
Potato Chips
 5.5-5.75 oz pkg,
 Selected Varieties **\$2.29**



Country Time,
Kool-Aid or
Tang Drink Mix
 18-20 oz pkg,
 Selected Varieties **\$3.99**



Crystal Light
Drink Mix
 10-12 qt Drink Mix or
 10 ct On The Go,
 Selected Varieties **2/\$6**



Jet-Puffed
Marshmallows
 16 oz bag,
 Selected Varieties **2/\$5**



Jet-Puffed
Marshmallows
 8-10 oz bag,
 Selected Varieties **2/\$3**



Jet-Puffed
Marshmallow
Creme
 7 oz jar **\$1.99**



Hershey's
Share Size
Chocolate Candy
 7.3-10.8 oz bag,
 Selected Varieties **\$5.79**

PLU 1138 REDEEMABLE COUPON VALID: 3/4/26-3/10/26 RV0200

Buy Two
Hershey's
Share Size Candy
SAVE
\$2.00

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form
 VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

011380

HOUSEHOLD GOODS



Tide Simply
Laundry Detergent
 105-117 oz btl,
 Selected Varieties **\$8.99**



Wild Harvest
Dishwashing Liquid
 24 oz btl,
 Selected Varieties **\$3.49**



Finish Powerball
Ultimate Dishwasher
Detergent Tabs
 11 ct pkg **\$4.99**



Lysol Air
Sanitizing Spray
 10 oz can,
 Selected Varieties **\$7.99**



Lysol
Household Cleaners
 2 ct pkg,
 Selected Varieties **\$4.99**



Lysol All Purpose
Cleaner or
Disinfecting Wipes
 32 oz btl Cleaner or
 35 ct Wipes, Selected Varieties **\$3.99**



Essential Everyday
Ultra Soft or Strong
Bath Tissue
 12 ct Mega Rolls,
 Selected Varieties **\$13.99**



Essential Everyday
Mighty Absorbent
Paper Towels
 6 ct Big Rolls **\$9.99**



Essential Everyday
Cutlery
 48 ct box,
 Selected Varieties **\$1.79**



Essential Everyday
Freezer
Click 'n Lock Bags
 65 ct box, Quart **\$4.99**



Essential Everyday
Instant Light
Charcoal Briquets
 11.6 lb bag **\$10.49**

PET CORNER



Nature's Recipe
Dry Dog Grain Free
 4 lb bag, Selected Varieties **\$10.99**

HEALTH & BEAUTY



Colgate
Toothpaste
 6 oz pkg,
 Selected Varieties **2/\$6**



Equaline
Cold & Flu Relief
 24 ct box,
 Selected Varieties **\$4.99**



Equaline
Mouthwash
 1.5 ltr btl,
 Selected Varieties **\$3.99**



Tylenol
Arthritis or Rapid
Release Gels
 100 ct pkg,
 Selected Varieties **\$13.99**

FRESH *produce!*



Wild Harvest
Salad Mixes
5 oz pkg

\$3.49

Farmer's Promise
Russet Potatoes
5 lb Bag

\$1.99

Mini Sweet
Peppers
1 lb pkg

\$3.99



Avocados
Fresh

99¢



Fresh Express
Garden Salad
12 oz pkg

\$1.49



Glory
Tomatoes
10 oz pkg

\$2.99



Champs Baby
Bella Mushrooms
8 oz pkg,
Whole or Sliced

\$2.29

Thank You

for shopping at

LOCKWOOD



great SAVINGS throughout the store!

SAVOR

THE TASTE OF REAL FOOD...
JUST FROZEN!



**Chef Boyardee
Meals**
40 oz pkg,
Selected Varieties
\$6⁹⁹



**Healthy Choice
Frozen Meals**
9.25-10.3 oz pkg,
Selected Varieties
2/\$5



**Healthy Choice Max
Chicken or
Power Bowls**
9-14 oz pkg,
Selected Varieties
2/\$7



**Healthy Choice
Simply Steamers**
9-10 oz pkg,
Selected Varieties
2/\$6



**Van de Kamp's
Fish Sticks or
Fillets**
18-24.6 oz pkg,
Selected Varieties
\$4⁹⁹



**Banquet
Classics Meals**
7.4-11.88 oz pkg,
Selected Varieties
2/\$4



**Banquet
Mega Meals**
11.5-16.95 oz pkg,
Selected Varieties
2/\$6



**Birds Eye Voila!
Family Size
Skillet Meal**
35-42 oz pkg,
Selected Varieties
\$6⁹⁹



**Birds Eye
Steamfresh
Vegetables**
10.8-14.4 oz pkg,
Selected Varieties
2/\$4



**Bertolli
Skillet Entrées
Meals**
22-25 oz pkg,
Selected Varieties
\$5⁹⁹



**Marie Callender's
Bowls or Pot Pie**
10.5-13 oz Bowls or
10 oz Pot Pie, Selected Varieties
2/\$5



**Marie Callender's
Dinner or Pot Pie**
11.5-14 oz Dinner or
14-15 oz Pot Pie, Selected Varieties
2/\$6



**Marie Callender's
Meal To Share**
24-27 oz pkg,
Selected Varieties
\$6⁴⁹



**P.F. Chang's
Home Menu
Dinner Bowls**
11 oz pkg, Selected Varieties
2/\$7



**P.F. Chang's
Home Menu Meals**
18-22 oz pkg,
Selected Varieties
\$5⁹⁹

Register to Win
one of **20 Prizes!**

\$250 Store Gift Certificate 10 Winners

\$100 Store Gift Certificates 10 Winners



**TAKE A
FRESH
LOOK
AT FROZENS!**

Enter for a chance to win
one of 20 Store Gift Cards!
1st Place Prize: \$250 Store Gift Card
(10 prizes awarded)
2nd Place Prize: \$100 Store Gift Cards
(10 prizes awarded)

FROZEN FOOD MONTH ENTRY FORM

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____
EMAIL _____
STORE NAME _____

NO PURCHASE NECESSARY TO ENTER OR WIN.

Promotion starts on 3/1/26 and ends 3/21/26. To enter, fill out required information on entry form and deposit entry form in the entry box at participating retailer. Limit one (1) entry per participant. See participating stores for official rules.

a great time to visit the
FROZEN FOOD AISLE



PLU 1139

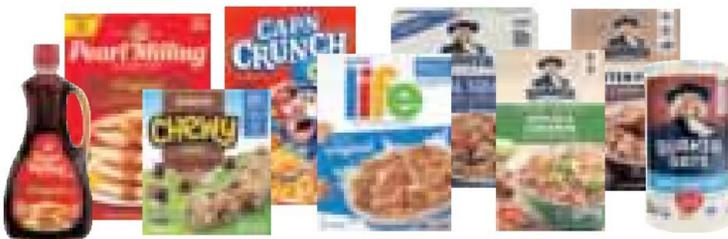
REDEEMABLE COUPON

VALID: 3/4/26-3/10/26

RV0300

Save \$3.00

When You Purchase Any 5
*Participating Quaker® Products.



*Participating Products include: Pearl Milling Co. Pancake Mix and Syrup, Quaker Chewy Bars 5-8 ct, Quaker Cap'n Crunch or Life Cereal 13-14.5 oz, Quaker Squares, Quaker Instant Oats Core, Quaker Instant Oats Premium or Quaker Standard Oatmeal

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via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT
UNFI SUPPLIED STORES



Quaker
Steel Cut, Quick or
Old Fashioned Oats
16-42 oz cnstr,
Selected Varieties
\$4.49



Quaker
Instant
Oatmeal
7.4-14.1 oz box,
Selected Varieties
2/\$6



Quaker
Premium
Instant Oatmeal
8.4-13.1 oz box,
Selected Varieties
\$4.49



Quaker
Cereal
11.2-12.6 oz Cap'n Crunch
or 13 oz Life,
Selected Varieties
2/\$5



Quaker
Oat Squares
Cereal
14.5 oz box,
Selected Varieties
2/\$5



Quaker Chewy
Granola Bars
6-8 ct box,
Selected Varieties
2/\$6



Pearl Milling Company
Pancake & Waffle
Mix or Syrup
32 oz box Mix or 24 oz btl Syrup,
Selected Varieties
\$3.49