

**This week's REWARD!**

AdvantagEmail™

5.2-5.6 oz

**\$1.48**

**Pringles**

Limit 4 per household  
Exclusive AdvantagEmail member price  
Sign up for weekly emails at [www.ingles-markets.com/amaill](http://www.ingles-markets.com/amaill)

# ingles

LOW PRICES...

LOVE THE SAVINGS!

Happy St. Patrick's Day!

**FUEL FRIDAY! MAR 13TH 2026**

Activate this AdvantagEmail reward in this week's email to get the 4X Fuel Points.

**EARN 4X INGLES FUEL POINTS**

SIGN UP FOR AdvantagEmail™ at: [ingles-markets.com/amaill](http://ingles-markets.com/amaill) or SCAN HERE →

EXCLUSIONS & RESTRICTIONS APPLY • SELECT STORES ONLY • SEE STORE FOR DETAILS

**MURPHY & DAVID'S CORNED BEEF BRISKET**

SAVE 5.70 Lb.

**\$4.98 Lb.**

**BONELESS SIRLOIN STEAK**

Ingles Premium Certified **USDA Choice** Beef

All Size Packs

SAVE 3.00 Lb.

**\$7.98 Lb.**

**DEL MONTE MAG CANTALOUPE**

SAVE 2.00 ea.

**\$2.98 ea.**

**ASSORTED BONE-IN PORK CHOPS**

SAVE 2.00 Lb.

**\$1.98 Lb.**

**ORGANIC BROCCOLI**

SAVE 2.00 ea.

**\$2.98 ea.**

**TYSON TRIMMED & READY CHICKEN**

Tenders, Thin Or Breast Sliced

SAVE 2.00 Lb.

**\$3.98 Lb.**

No Solution Added!

**FRESH GREEN CABBAGE**

SAVE .56 Lb.

**42¢ Lb.**

**LUCKY DAY BOUQUET**

SAVE 2.00 ea.

**\$10.98 ea.**

**CHEF BOYARDEE PASTA**

7.5-15 Oz. - Selected Varieties

SAVE UP TO 6.40 ON 5

**5/\$5 for 5**

**BLUE BELL ICE CREAM**

Homemade Vanilla

Buttered Pecan

1/2 Gallon

**\$7.18 ea.**

**KELLOGG'S KIDS CEREAL**

12-17.3 Oz. - Selected Varieties

SAVE 2.50 ea.

**\$3.98 ea.**

**BOAR'S HEAD OVENGOLD ROASTED TURKEY BREAST**

SAVE 1.00 Lb.

**\$14.49 Lb.**

Boar's Head Natural Swiss Cheese \$10.49 Lb. Save 1.00 Lb.

In Select Stores!

**STARBUCKS GROUND, WHOLE BEAN, COLD BREW, INSTANT, ESPRESSO CAPSULES OR K-CUPS COFFEE**

10 Count Or 3.17-32 Oz. - Selected Varieties

SAVE UP TO 7.00

**\$7.98 ea.**

**LAURA LYNN™ SPRING WATER**

4 Gallon

**\$6.98** with AdvantagEmail

**-2.00** Load to Card Coupon

**4.98 ea.** Limit 2 per coupon

**SARA LEE HONEY WHEAT BREAD**

20 Oz.

SAVE 4.67 ON 2

**BUY ONE FREE GET ONE**

Weekly Digital Deals! [shop.ingles-markets.com](http://shop.ingles-markets.com) → Start Clipping Today!

**OREO COOKIES**

8-20 Oz. - Selected Varieties

**2/\$7** with AdvantagEmail

**-1.00** Load to Card Coupon

**2/\$6** FINAL PRICE with Coupon

Limit 2 per coupon

**PICTSWEET FARMS SWEET POTATO FRIES**

20 Oz.

**\$4.98** with AdvantagEmail

**-.50** Load to Card Coupon

**4.48** FINAL PRICE with Coupon

Limit 1 per coupon

**12" MESSAGE COOKIE**

Selected Varieties

**\$15.48** with AdvantagEmail

**-.50** Load to Card Coupon

**14.98** FINAL PRICE with Coupon

Limit 1 per coupon

**COKE GROUP OF PRODUCTS**

6 Pack - 500 mL

Limit 1 Transaction

SAVE UP TO 28.44 ON 5

**BUY 2, GET 3 FREE**

Quantities Less Than 5 will be 9.48 ea.

**FRITO-LAY PARTY SIZE SNACKS**

8.12-17 Oz. - Selected Varieties

SAVE UP TO 2.31

**\$4.98 ea.**

**COKE GROUP OF PRODUCTS**

2 Liter

Limit 3

SAVE UP TO 5.94 ON 3

**3/\$6** When You Buy 3 FINAL COST

Quantities Less Than 3 will be 3.98 ea.

NONE SOLD TO DEALERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PHOTOGRAPHIC ERROR

WE ACCEPT: UP TO 50¢ WITH DOUBLE COUPONS EVERY DAY

**ingles**

ONE TEAM... ONE COMMUNITY...

Happy St. Patrick's Day!

Prices Good Wednesday, March 11 Through Tuesday, March 17, 2026

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
11 MAR	12 MAR	13 MAR	14 MAR	15 MAR	16 MAR	17 MAR

# Produce



**INGLES ADVANTAGE**  
**STRAWBERRIES**  
 1 Lb.  
 SAVE 3.00 ea.  
**\$2.98 ea.**



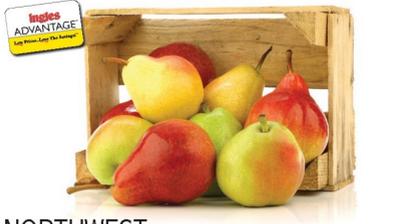
**INGLES ADVANTAGE**  
**SEEDLESS GRAPES**  
 Red, White Or Black  
 SAVE 2.00 Lb.  
**\$1.98 Lb.**



**INGLES ADVANTAGE**  
**CAMPARI TOMATOES**  
 1 Lb.  
 SAVE 1.00 ea.  
**\$2.98 ea.**



**INGLES ADVANTAGE**  
**MINI CUCUMBERS**  
 1 Lb. Bag  
 SAVE 1.20 ea.  
**\$2.28 ea.**



**INGLES ADVANTAGE**  
**NORTHWEST PEARS**  
 Anjou, Red Or Bosc  
 SAVE 1.10 Lb.  
**\$1.38 Lb.**



**INGLES ADVANTAGE**  
**WILDBRINE ORGANIC KRAUT OR KIMCHI**  
 All Varieties  
 SAVE 1.30 ea.  
**\$5.98 ea.**



**INGLES ADVANTAGE**  
**SWEET ONIONS**  
 3 Lb. Bag  
 SAVE 1.50 ea.  
**\$2.48 ea.**



**INGLES ADVANTAGE**  
**LUCKY DAY BOUQUET**  
 SAVE 2.00 ea.  
**\$10.98 ea.**

INGLES IS NOT RESPONSIBLE FOR SUPPLIER SHORTAGES

# Bakery



**INGLES ADVANTAGE**  
**LA BREA ITALIAN ROUND LOAF**  
 SAVE .50 ea.  
**\$5.68 ea.**



**INGLES ADVANTAGE**  
**SEEDED RYE BREAD**  
 \$3.48 ea.  
 Save .50 ea.  
**\$3.48 ea.**



**INGLES ADVANTAGE**  
**VEGAN CROISSANTS**  
 4 Count  
 SAVE .50 ea.  
**\$4.48 ea.**  
 Save .50 ea.



**INGLES ADVANTAGE**  
**BUTTER FLAKE ROLLS**  
 10 Count  
 SAVE .50 ea.  
**\$3.48 ea.**



**INGLES ADVANTAGE**  
**8" FRUIT PIE**  
 Selected Varieties  
 SAVE .50 ea.  
**\$8.48 ea.**



**INGLES ADVANTAGE**  
**8X8 BROWNIES**  
 Selected Varieties  
 SAVE .50 ea.  
**\$5.98 ea.**



**INGLES ADVANTAGE**  
**CUPCAKES**  
 6 Count - Selected Varieties  
 SAVE .50 ea.  
**\$6.48 ea.**



**INGLES ADVANTAGE**  
**VARIETY PACK DONUTS**  
 12 Count  
 SAVE .50 ea.  
**\$8.48 ea.**

# Deli



**INGLES ADVANTAGE**  
**INGLES PREMIUM SELECT DELI STYLE ROAST BEEF, CAJUN ROAST BEEF, OR CORNED BEEF**  
 SAVE 1.00 Lb.  
**\$13.99 Lb.**



**INGLES ADVANTAGE**  
**WATERGATE SALAD**  
 SAVE 1.00 Lb.  
**\$5.99 Lb.**



**INGLES ADVANTAGE**  
**CEDAR'S TZATZIKI**  
 12 Oz.  
 SAVE .50 ea.  
**\$6.29 ea.**



**INGLES ADVANTAGE**  
**ON THE BORDER TORTILLA CHIPS OR SALSA**  
 Selected Varieties  
 SAVE UP TO 2.98 ON 2  
**2/\$7 for**



**INGLES ADVANTAGE**  
**MINI BABYBEL CHEESE**  
 6 Count - Selected Varieties  
 SAVE .50 ea.  
**\$5.99 ea.**



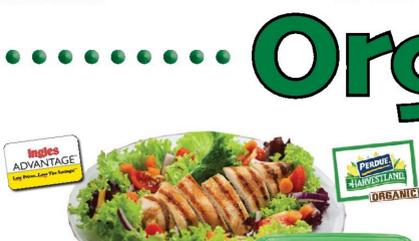
**INGLES ADVANTAGE**  
**CARR VALLEY BREAD CHEESE**  
 Selected Varieties  
 SAVE 1.00 ea.  
**\$6.39 ea.**



**INGLES ADVANTAGE**  
**PANERA BREAD SOUP**  
 16 Oz. - Selected Varieties  
 SAVE 1.80 ea.  
**\$4.39 ea.**



**INGLES ADVANTAGE**  
**4 DIFFERENT VEGETABLE PLATE PLUS A ROLL OR CORNBREAD**  
 Everyday Low Price!  
**\$6.00 ea.**



**INGLES ADVANTAGE**  
**PERDUE HARVESTLAND ORGANIC BONELESS SKINLESS CHICKEN BREAST**  
 SAVE 1.00 Lb.  
**\$6.98 Lb.**



**INGLES ADVANTAGE**  
**HARVEST FARMS ALL NATURAL GROUND BEEF**  
 16 Oz. - 85% Lean  
 SAVE 1.10 ea.  
**\$6.58 ea.**



**INGLES ADVANTAGE**  
**ORGANIC COLLARD GREENS**  
 SAVE 1.50 ea.  
**\$1.98 ea.**



**INGLES ADVANTAGE**  
**ORGANIC CARROTS WITH TOPS**  
 SAVE 2.50 ea.  
**\$1.98 ea.**



**INGLES ADVANTAGE**  
**CASCADIAN FARM ORGANIC BLUEBERRIES**  
 8 Oz.  
 SAVE 2.40 ea.  
**\$3.48 ea.**



**INGLES ADVANTAGE**  
**AMY'S ORGANIC CHEESE ENCHILADA**  
 9 Oz.  
 SAVE 1.60 ea.  
**\$5.98 ea.**



**INGLES ADVANTAGE**  
**HARVEST FARMS ORGANIC PURE RAW HONEY**  
 SAVE 1.00 ea.  
**\$5.98 ea.**



**INGLES ADVANTAGE**  
**HONEY STINGER ORGANIC WAFFLE SNACKS**  
 1.06 Oz. - Selected Varieties  
 SAVE 2.92 ON 4  
**4/\$5 for**

**ingles**

**LOW PRICES... LOVE THE SAVINGS!™**

# Meat & Seafood



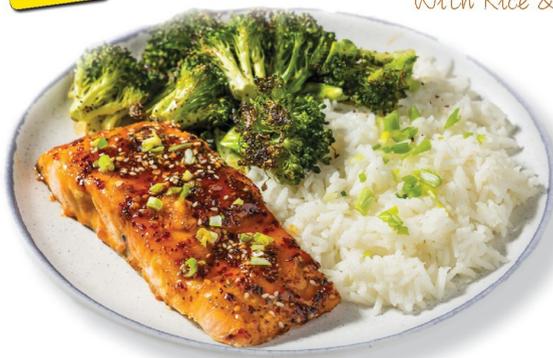
Roasted Bottom Round Roast & Gravy  
With Mashed Potatoes And Corn



Asian Sockeye Salmon  
With Rice & Broccoli



BONELESS  
BEEF BOTTOM  
ROUND ROAST  
Ingles Premium  
Certified  
USDA Choice Beef  
SAVE 2.00 Lb.  
**\$6.98**  
Lb.



SOCKEYE SALMON  
FILLETS OR SIDES  
SAVE 1.00 Lb.  
**\$16.98**  
Lb.



HARVEST FARMS  
BONELESS SKINLESS  
CHICKEN BREAST FILLETS  
All Natural  
SAVE 2.90 Lb.



**\$3.48**  
Lb.



PLAINVILLE FARMS  
GROUND TURKEY  
16 Oz. - 85% Lean  
SAVE .90 ea.



**\$3.98**  
ea.



SILVER FLOSS  
KRAUT  
32 Oz. -  
Selected Varieties  
SAVE 2.36 ON 2



**2/\$7**  
for 7



OSCAR MAYER  
BASIC LUNCHABLES  
OR P3 PROTEIN PACK  
2.3-4.4 Oz. -  
Selected Varieties  
SAVE UP TO 2.36 ON 2



**2/\$4**



OSCAR MAYER  
BOLOGNA  
16 Oz. -  
Selected Varieties  
SAVE 2.96 ON 2



**2/\$6**



CARANDO  
MEATBALLS  
16 Oz. -  
Selected Varieties  
SAVE 1.70 ea.



**\$4.98**  
ea.



GORTON'S  
FISH STICKS,  
FILLETS  
OR SHRIMP  
15.2-24.5 Oz. -  
Selected Varieties  
SAVE 9.88 ON 2



NEXT WAVE  
SEAFOOD  
MUSSELS, FULLY  
COOKED MUSSEL MEAT  
OR SHRIMP FOR TACOS  
OR FAJITAS  
8-16 Oz. -  
Selected Varieties  
SAVE 8.78 ON 2



**BUY ONE  
FREE  
GET ONE**



FRESH  
MARINATED  
SALMON FILLETS  
Asian, Teriyaki  
Or Jamaican  
SAVE 2.00 Lb.



**\$13.98**  
Lb.



CAROLINA  
SHELL ON RAW SHRIMP  
21-30 Count -  
Sold In 2 Lb. Bag  
Wild/USA  
SAVE 4.28 ea.



**\$21.48**  
ea.

# Grocery



TILLAMOOK  
SHREDDED OR  
SLICED CHEESE  
7-8 Oz. -  
Selected Varieties  
SAVE 4.36 ON 2



**2/\$5**  
for 5



KRAFT  
SINGLES  
12 Oz. -  
Selected Varieties  
SAVE 2.20 ea.



**\$2.98**  
ea.



LACTAID  
MILK OR CREAMER  
32-64 Oz. -  
Selected Varieties  
SAVE UP TO 2.10



**\$3.48**  
ea.



CHOBANI  
YOGURT  
5.3 Oz. -  
Selected Varieties  
SAVE 1.10 ea.



**88¢**  
ea.



CHOBANI  
FLIP OR 20G  
PROTEIN YOGURT  
4.5-6.7 Oz. -  
Selected Varieties  
SAVE UP TO 6.92 ON 4



**4/\$5**



CHOBANI  
CREAMER OR OAT MILK  
24-52 Oz. -  
Selected Varieties  
SAVE UP TO 3.60



**\$3.98**  
ea.



PETE & GERRY'S  
ORGANIC LARGE EGGS  
12 Count  
SAVE 1.20 ea.



**\$4.98**  
ea.



RAO'S  
PASTA SAUCE  
15-24 Oz. -  
Selected Varieties  
SAVE UP TO 2.80



**\$5.98**  
ea.



VELVEETA  
LOAF  
2 Lb. -  
Selected Varieties  
SAVE 3.20 ea.



**\$7.48**  
ea.



HORMEL  
MARY KITCHEN  
CORNED BEEF HASH  
14 Oz. -  
Selected Varieties  
SAVE 1.00 ea.



**\$2.98**  
ea.



WESSON  
OIL  
128 Oz. -  
Selected Varieties  
SAVE 5.00 ea.



**\$10.98**  
ea.



KRAFT  
MAC & CHEESE  
5.5-7.5 Oz. -  
Selected Varieties  
SAVE 2.92 ON 4



**4/\$5**

**ingles**

**LOW PRICES... LOVE THE SAVINGS!™**

# Health & Wellness

 <p>COLGATE SENSITIVE TOOTHPASTE 6 Oz. - Selected Varieties SAVE 1.30 ea.</p>	 <p>QC ASPIRIN 36-120 Count - Selected Varieties SAVE UP TO 3.20</p>	 <p>QC SEVERE COLD &amp; FLU SOFTGELS 24 Count - Selected Varieties SAVE 6.78 ON 2</p>	 <p>NATURE MADE VITAMINS Selected Varieties SAVE UP TO 49.98 ON 2</p>
---	---	--	--

## Savings On Every Aisle!

 <p>KRAFT MAYO 22 Oz. - Selected Varieties SAVE 3.50 ea.</p>	 <p>KRAFT SALAD DRESSING 14-16 Oz. - Selected Varieties SAVE 4.96 ON 2</p>	 <p>ATKINS HIGH PROTEIN SHAKES OR BARS 4 Count Or 6.77-8.47 Oz. - Selected Varieties SAVE UP TO 3.50</p>	 <p>HERSHEY'S SHARE PACK CANDY 7.2-10.6 Oz. - Selected Varieties SAVE 2.00 ea.</p>
 <p>HERSHEY'S CANDY BARS 8 Count - Selected Varieties SAVE 1.96 ON 2</p>	 <p>PURE LIFE WATER 24 Count - Selected Varieties SAVE 2.40 ea.</p>	 <p>PEDIGREE COMBO WET DOG FOOD 9.9 Lb. - Selected Varieties SAVE 5.00 ea.</p>	 <p>DURACELL COPPERTOP AA OR AAA BATTERIES 16 Count SAVE 8.00 ea.</p>
 <p>COKE GROUP OF PRODUCTS 10 Pack - 7.5 Oz. Limit 2 SAVE UP TO 3.96 ON 2</p>	 <p>FAMILY SIZE OREO, RITZ OR NUTTER BUTTER 8-20 Oz. - Selected Varieties SAVE 6.96 ON 2</p>	 <p>SMART WATER 6 Pack 1 Liter Where Available SAVE UP TO 1.50</p>	 <p>SMART WATER 6 Pack 1 Liter Where Available SAVE UP TO 1.50</p>

# Beer & Wine

 <p>LAMARCA PROSECCO OR WHITEHAVEN SAUVIGNON BLANC 750 mL SAVE UP TO 8.81</p>	 <p>OYSTER BAY SAUVIGNON BLANC OR JOSH CELLARS FAMILY 750 mL Selected Varieties SAVE UP TO 8.61</p>	 <p>DUPLIN OR CASILLERO DEL DIABLO FAMILY 750 mL SAVE UP TO 6.41</p>	 <p>PRATI BY LOUIS M. MARTINI SONOMA COUNTY CABERNET SAUVIGNON OR J. VINEYARDS PINOT GRIS 750 mL SAVE UP TO 10.81</p>
 <p>SIERRA NEVADA FAMILY 12 Pack Selected Varieties SAVE BIG!</p>	 <p>GUINNESS DRAUGHT STOUT 8 Pack Cans Where Available SAVE BIG!</p>	 <p>CORONA PREMIER OR MODELO ORO 12 Pack SAVE BIG!</p>	 <p>BUSCH FAMILY, ROLLING ROCK OR BUD ICE 12 Pack SAVE BIG!</p>
 <p>STELLA ARTOIS OR MICHELOB ULTRA GOLD OR LIME CACTUS FAMILY 12 Pack SAVE BIG!</p>	 <p>MICHELOB ULTRA OR ULTRA ZERO, BUD LIGHT NEXT, LIME OR PLATINUM 12 Pack SAVE BIG!</p>	 <p>BUDWEISER FAMILY 12 Pack Cans Selected Varieties SAVE BIG!</p>	 <p>MILLER OR COORS FAMILY 18 Pack Cans SAVE BIG!</p>



# Monthly Savings!



STARKIST  
TUNA, CHICKEN CREATIONS  
OR SMART BOWLS POUCHES  
2.6-4.5 Oz. -  
Selected Varieties  
SAVE UP TO 5.90 ON 5

**5/\$5**  
for



SWANSON  
BROTH  
32 Oz. -  
Selected Varieties  
SAVE UP TO 1.20

**\$1.98**  
ea.



CRISCO  
OIL  
40 Oz. -  
Selected Varieties  
SAVE 3.30 ea.

**\$3.48**  
ea.



CHEEZ IT,  
SNAP'D OR PUFF'D  
5.75-12.4 Oz. -  
Selected Varieties  
SAVE 2.30 ea.

**\$2.98**  
ea.



PREGO  
PASTA SAUCE  
14.5-24 Oz. -  
Selected Varieties  
SAVE 1.70 ea.

**\$1.98**  
ea.



LAURA LYNN™  
PASTA  
12-16 Oz. -  
Selected Varieties  
SAVE 1.32 ON 4

**4/\$5**  
for



DEER PARK  
WATER  
24 Pack - 16.9 Oz.  
SAVE 2.50 ea.

**\$4.98**  
ea.



SARGENTO  
SHREDDED OR  
BLOCK CHEESE  
7-8 Oz. -  
Selected Varieties  
SAVE 3.70 ea.

**\$1.68**  
ea.



KELLOGG'S  
ADULT CEREAL  
9.6-16.1 Oz. -  
Selected Varieties  
SAVE 2.50 ea.

**\$2.98**  
ea.



TIDE  
LIQUID OR PODS  
LAUNDRY DETERGENT,  
DOWNY FABRIC SOFTENER OR  
BEADS OR GAIN FIREWORKS  
25-42 Count or 16-84 Oz. -  
Selected Varieties  
SAVE UP TO 5.40

**\$10.98**  
ea.



LAURA LYNN™  
EXTRA STRONG  
2X PAPER TOWELS  
6 Count -  
Selected Varieties  
SAVE 1.70 ea.

**\$4.98**  
ea.



ANGEL SOFT  
MEGA ROLL  
BATH TISSUE  
8 Count  
SAVE 3.00 ea.

**\$6.98**  
ea.



BRAWNY  
PAPER TOWELS  
4 Count -  
Double Roll  
SAVE 5.00 ea.

**\$6.98**  
ea.

# Clean Savings!

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



LYSOL  
 SIMPLE FRESH  
 SCENT AIR SANITIZER  
 10 Oz. -  
 Selected Varieties  
 SAVE 2.60 ea.

**\$6.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



LYSOL  
 KITCHEN PRO  
 ANTIBACTERIAL CLEANER  
 22 Oz.  
 SAVE 2.00 ea.

**\$2.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



LYSOL  
 LEMON & LIME SCENT  
 DISINFECTING WIPES  
 160 Count  
 SAVE 4.00 ea.

**\$8.98**  
 ea.



**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



LYSOL  
 DISINFECTANT  
 SPRAY  
 19 Oz. -  
 Crisp Linen Or  
 Mango & Hibiscus  
 SAVE 3.00 ea.

**\$7.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



LYSOL  
 POWER CLINGING  
 GEL VALUE PACK  
 48 Oz.  
 SAVE 2.40 ea.

**\$3.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



LYSOL  
 POWER CLEAN  
 SPARKLING  
 LEMON & SUNFLOWER  
 ESSENCE MULTI-SURFACE  
 CLEANER  
 28 Oz.  
 SAVE 1.00 ea.

**\$2.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



FINISH  
 POWER DISHWASHER  
 DETERGENT TABS  
 84 Count  
 SAVE 7.00 ea.

**\$15.98**  
 ea.



**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



FINISH  
 JET-DRY  
 RINSE AID  
 16 Oz.  
 SAVE 2.00 ea.

**\$7.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



RID-X  
 SEPTIC SYSTEM  
 TREATMENT  
 9.8 Oz.  
 SAVE 1.70 ea.

**\$5.98**  
 ea.



**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



SPRAY 'N WASH  
 LAUNDRY STAIN  
 REMOVER  
 22 Oz.  
 SAVE 1.00 ea.

**\$2.78**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



GLASS PLUS  
 GLASS CLEANER  
 32 Oz.  
 SAVE 1.20 ea.

**\$1.98**  
 ea.



**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



MRS. MEYERS  
 LIQUID DISH OR HAND SOAP  
 OR MULTI-SURFACE CLEANER  
 10-16 Oz. -  
 Selected Varieties  
 SAVE 1.50 ea.

**\$3.98**  
 ea.

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



CLR  
 CALCIUM, LIME & RUST REMOVER  
 OR MOLD & MILDEW REMOVER  
 28 Or 32 Oz.  
 SAVE 2.30 ea.

**\$3.98**  
 ea.



**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



BOUNCE  
 RAPID TOUCH-UP  
 3 IN 1  
 9.7 Oz.  
 SAVE 6.28 ON 2

**BUY ONE FREE GET ONE**

**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



SCOTCH-BRITE  
 SPONGES  
 3 Count -  
 Selected Varieties  
 SAVE UP TO 1.20

**\$2.48**  
 ea.



**Ingles ADVANTAGE**  
 Long Prices...Longer The Savings!



METHOD  
 HAND WASH OR  
 ALL-PURPOSE CLEANER  
 10-28 Oz. -  
 Selected Varieties  
 SAVE UP TO 2.50

**\$2.98**  
 ea.

# Frozen Favorites!



MAYFIELD SELECTS  
ICE CREAM OR YOGURT  
48 Oz. -  
Selected Varieties  
SAVE 5.36 ON 2

**2/\$8**  
for



DIGIORNO  
PIZZA  
16.9-29.3 Oz. -  
Selected Varieties  
SAVE 5.16 ON 2

**2/\$10**  
for



BANQUET  
POT PIE  
7 Oz. -  
Selected Varieties  
SAVE 2.12 ON 4

**4/\$5**  
for



HEALTHY CHOICE  
CAFÉ STEAMERS  
9.25-10.3 Oz. -  
Selected Varieties  
SAVE 2.76 ON 2

**2/\$6**  
for



BIRDS EYE  
VOILA! FAMILY SIZE ENTRÉES  
42 Oz. -  
Selected Varieties  
SAVE 3.40 ea.

**\$6.98**  
ea.



PICTSWET FARMS  
VEGETABLES FOR ROASTING  
4-18 Oz. -  
Selected Varieties  
SAVE 3.16 ON 2

**2/\$6**  
for



JOSÉ OLÉ  
WRAPS  
5 Oz. -  
Selected Varieties  
SAVE 2.72 ON 4

**4/\$4**  
for



BAGEL BITES  
PIZZA SNACKS!  
7 Oz. -  
Selected Varieties  
SAVE 1.36 ON 2

**2/\$5**  
for



TAPATÍO  
DINNERS  
10 Oz. -  
Selected Varieties  
SAVE 5.96 ON 2

**2/\$5**  
for



EGGO  
WAFFLES  
8.4-14.8 Oz. -  
Selected Varieties  
SAVE 1.56 ON 2

**2/\$6**  
for



SKINNY BUTCHER  
CHICKEN  
24 Oz. -  
Selected Varieties  
SAVE 9.98 ON 2

**BUY ONE  
FREE  
GET ONE**



ROSINA  
MEATBALLS  
20-26 Oz. -  
Selected Varieties  
SAVE 2.00 ea.

**\$6.98**  
ea.



NEWMAN'S OWN  
FROZEN PIZZA  
15.1-17 Oz. -  
Selected Varieties  
SAVE 1.90 ea.

**\$6.98**  
ea.



P.F. CHANG'S  
BOWLS  
11 Oz. -  
Selected Varieties  
SAVE 4.36 ON 2

**2/\$8**  
for



TOMBSTONE  
12" ORIGINAL PIZZA  
19.3-20.8 Oz. -  
Selected Varieties  
SAVE 6.36 ON 2

**2/\$7**  
for

# .. Savings On Your Favs! ..

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



OIKOS  
30G PROTEIN SHAKES  
4 Count -  
Selected Varieties  
SAVE 5.70 ea.

**\$7.98**  
ea.

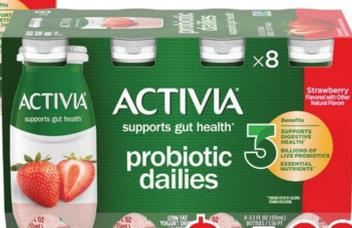
**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



LIGHT + FIT OR  
OIKOS TRIPLE ZERO  
GREEK YOGURT  
4 Count - 5.3 Oz. -  
Selected Varieties  
SAVE UP TO 2.00

**\$3.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



ACTIVIA  
PROBIOTIC DAILIES  
8 Count -  
Selected Varieties  
SAVE 1.50 ea.

**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



DANIMALS  
SMOOTHIE, ACTIVIA  
OR YOCRUNCH YOGURT  
4-6 Count -  
Selected Varieties  
SAVE UP TO 1.50

**\$2.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



LIGHT + FIT  
VANILLA GREEK YOGURT  
OR SO DELICIOUS  
DAIRY FREE COCONUT  
UNSWEETENED VANILLA  
YOGURT ALTERNATIVE  
24 Or 32 Oz.  
SAVE UP TO 1.20

**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



OIKOS  
TRIPLE ZERO YOGURT  
32 Oz. -  
Selected Varieties  
SAVE 2.50 ea.

**\$5.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



TOO GOOD & CO.  
GREEK YOGURT  
5.3 Oz. -  
Selected Varieties  
SAVE 3.32 ON 4

**4/\$5**  
for

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



INTERNATIONAL  
DELIGHT  
CREAMER  
32 Oz. -  
Selected Varieties  
SAVE 2.20 ea.

**\$2.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



DUNKIN'  
EXTRA EXTRA  
CREAMER  
32 Oz.  
SAVE 1.80 ea.

**\$3.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



STÖK  
COLD-BREW  
ICED COFFEE  
48 Oz. -  
Selected Varieties  
SAVE 1.50 ea.

**\$4.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



INTERNATIONAL  
DELIGHT  
OR DUNKIN'  
COLD FOAM  
CREAMER  
14 Oz. -  
Selected Varieties  
SAVE UP TO 2.50

**\$3.98**  
ea.

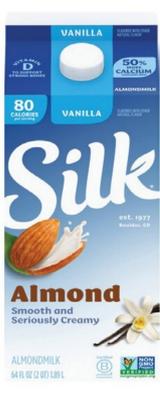
**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



SILK  
ALMOND  
CREAMER  
32 Oz. -  
Selected Varieties  
SAVE 1.50 ea.

**\$3.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



SILK  
ALMONDMILK  
64 Oz. -  
Selected Varieties  
SAVE 2.20 ea.

**\$2.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



SO DELICIOUS  
ORGANIC  
UNSWEETENED  
COCONUTMILK  
64 Oz.  
SAVE 2.00 ea.

**\$3.38**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



SILK  
SOY, CASHEW OR  
COCONUT MILK  
64 Oz. -  
Selected Varieties  
SAVE 2.40 ea.

**\$2.98**  
ea.

**Ingles ADVANTAGE**  
Low Prices... Less Than Savings!



HAPPY  
BABY OR TOT  
POUCHES  
4-4.22 Oz. -  
Selected Varieties  
SAVE .76 ON 2

**2/\$3**  
for

GT4

BACK