Est. 1945

THRIFTWAY

WASHINGTON'S FOOD STORE

Locally Owned · Locally Operated

Proud to be your Northwest owned and operated community grocer!

St. Helens BEEF · USDA CHOICE · local THINK • BUY • BE

PREMIUM USDA CHOICE ANGUS
BONELESS BEEF CROSS RIB ROAST
5.99 LB.

PRAIRIE FRESH NATURAL

PREMIUM ALL NATURAL
BONE-IN PORK LOIN OR RIB CHOPS
CENTER CUT, VALUE PACK

2.99 LB.

Fresh!

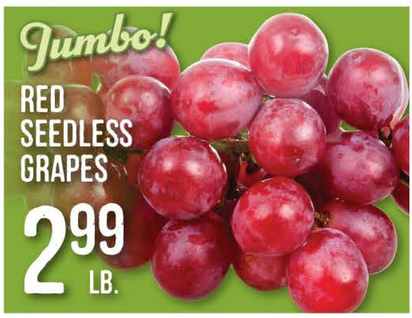
BONELESS SKINLESS CHICKEN BREAST
VALUE PACK

2.99 LB.

Local stores supporting local products. local THINK • BUY • BE

Avocados from Mexico ALWAYS GOOD

MEDIUM AVOCADOS
3/$2



Jumbo!

RED SEEDLESS GRAPES
2.99 LB.

STEM & LEAF MANDARINS
1.99 LB.

FRANZ BAGELS
SELECTED VARIETIES
6 COUNT

2/$5

FRESCHETTA PIZZA
SELECTED VARIETIES
18.85 TO 30.88 OZ.

2/$10

YAMI LOWFAT YOGURT
SELECTED VARIETIES
6 PACK, 4 OZ.

2/$5

FRITO LAY PARTY SIZE SNACK CHIPS
SELECTED VARIETIES
8.25 TO 17 OZ.

2/$9

ESSENTIAL EVERYDAY 100% APPLE JUICE OR CIDER
64 OZ.

2/$4

Prices effective March 4 - March 10, 2026

Items & prices may vary by location. Some items may not be available in all stores. No Sales to Dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. The City of Seattle Sugar tax is added to the price where applicable. We reserve the right to correct all printer errors. Minimum purchase may be required.

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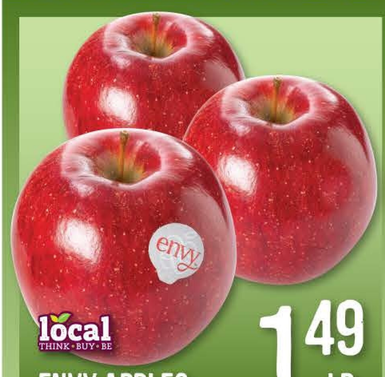
Fresh PRODUCE



ENVY APPLES 1.49 LB.

FRESH EXPRESS CHOPPED SALAD KITS
SELECTED VARIETIES 9.4 TO 11.75 OZ.
3.99 EA.

IDAHO RUSSET POTATOES
5 LB. BAG
2/$5

ORGANIC Produce

ORGANIC MINNEOLA TANGELOS
1.99 LB.

ORGANIC WHITE MUSHROOMS
WHOLE OR SLICED
6 TO 7 OZ.
3.49 EA.

ORGANICGIRL ROMAINE HEARTS
3 PACK
3.99 EA.
USDA ORGANIC

FARMSTAND Fresh

Sweet Onions 89¢ LB.

Lemons 2/$1

Garlic
5 Count Sleeve
2.99 EA.

local THINK • BUY • BE

Litehouse Yogurt Dressing
Selected Varieties
12 Oz.
4.99 EA.

FLORAL Favorites

Amora Bouquet
19.99

4.33 Inch Assorted Pansy 2/$5

4 Inch Women's Day Glittered Rose 9.99

DAIRY Fresh

Tillamook Cream Cheese Spread
Selected Varieties
7 Oz.
3.49

Egg-Lands Best Cage Free Large Eggs
Dozen
4.99

Florida's Natural Grapefruit or Orange Juice
Selected Varieties
52 Oz.
4.99

Bob Evens Cage-Free Egg Whites
32 Oz. Liquid
6.99

Jell-O Pudding or Gelatin Snacks
Selected Varieties, 4 Count
2.99

Essential Everyday American Singles
24 Count
3.99

KRAFT SHREDDED, SLICED OR CHUNK CHEESE
SELECTED VARIETIES
7 TO 8 OZ.
2.99

Service DELI

BLACK FOREST HAM 8.99 LB.

Mild Cheddar Cheese
PROUDLY CHEESE WISCONSIN
8.99 LB.

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Lemon Pasta Salad
8.99 LB.

Grab & Go
8 Oz.
Pre-Pack
6.49 EA.

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Wrap Sandwiches
Selected Varieties
Single Count
8.99 EA.

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Cowboy Cut Pork Ribs
12.99 LB.

Deli Fresh!

Macaroni & Cheese
4.49 LB.

Chicken Drumsticks
Seasoned and Fully Cooked.
Selected Varieties
5.99 LB.

Grab & Go Snack Pickles
Selected Varieties
3 to 3.5 Oz.
1.69 EA.

Service BAKERY

Triple Chocolate or Cinnamon Streusel Cream Cake
20 Oz.
6.49 EA.
Café Valley BAKERY

Assorted Cake Donuts
12 Count
6.99 EA.
CLYDE'S DONUTS

LA BREA BAKERY
TAKE & BAKE
FRENCH BAGUETTE
12 OZ. TWIN PACK
4.59 EA.

Single Serve Desserts
Selected Varieties
3 Oz.
3.99 EA.

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Angel Food Ring Cake
10 Oz.
5.99 EA.

Chocolate Thumbprint Cookies
10.5 Oz.
6.59 EA.

Everyday GROCERY VALUES

KRAFT DRESSING Selected Varieties 16 Oz. **3.99**

Hunt's Tomato Ketchup 20 Oz. Squeeze **1.99**

Essential Everyday Recipe Beans Selected Varieties 15 Oz. **4/$5**

Essential Everyday Wide Egg Noodles Selected Varieties, 16 Oz. **2.99**

McCormick Sauce, Gravy or Seasoning Mix Selected Varieties 1.25 to 2.11 Oz. **1.99**

Nabisco Oreo Cookies Selected Varieties 9.21 to 14.03 Oz. **3.99**

Old Trapper Jerky Selected Varieties 10 Oz. **16.99**

Tapatio Ramen Noodle Bowl Selected Varieties 3.8 Oz. **2/$5**

Tapatio Ramen Noodle Cup Selected Varieties 2.29 Oz. **5/$5**

Tapatio Ramen Noodle Pouch Selected Varieties, 4 Pack **4.99**

Seneca Applesauce Selected Varieties 46.5 to 48 Oz. **3.79**

Capri Sun Strawberry Kiwi Juice 64 Oz. **2.79**

Old Trapper Beef Jerky Selected Varieties 4 Oz. **8.99**

Rise & Shine *Wake up to delicious savings!*

Quaker Instant Oatmeal Selected Varieties 8 to 10 Count **2.99**

BelVita Breakfast Bars Selected Varieties 5 to 8.8 Oz. **3.99**

RX Bars Selected Varieties 5 Pack **9.99**

Better Oats Oatmeal Selected Varieties 10 Count **3.99**

Bigelow Tea Selected Varieties 18 to 20 Count **3.49**

Essential Everyday Granola Bar Selected Varieties 10 Count **3.49**

Pop-Tarts Selected Varieties 12 Count **4.99**

Gëvalia Single Serve Coffee Selected Varieties 10 Count **9.99**

Ground Coffee Selected Varieties, 12 Oz. $13.99

Nestle Coffee mate Creamer Selected Varieties 10.2 to 15 Oz. **5.99**

Essential Everyday Cereal Selected Varieties 11.5 to 18 Oz. **3.99**

March is FROZEN FOOD Month

Healthy Choice Protein Bowls Selected Varieties 9.25 to 9.75 Oz. **3.99**

Healthy Choice Simply Steamers Selected Varieties 9 to 10 Oz. **2/$7**

Jimmy Dean Breakfast Bowls Selected Varieties 7 Oz. **3.79**

Birds Eye Steam Fresh Vegetables Selected Varieties 10 to 10.8 Oz. **2/$3**

Birds Eye Steam Fresh Vegetables Selected Varieties 9 to 16 Oz. **2.49**

Birds Eye Voila! Skillet Chicken Entrées Selected Varieties 21 Oz. **4.99**

Kid Cuisine Meals Chicken Nuggets or Mini Corn Dog, 8.8 Oz. **2.99**

NESTLE ICE CREAM NOVELTIES SELECTED VARIETIES 6 TO 20 COUNT **7.99**

Refreshing BEVERAGES

Coke Products Selected Varieties 24 Pack, 12 Oz. Cans **12.99**

7Up, A&W or Canada Dry Products Selected Varieties 10 Pack, 7.5 Oz. Cans **2/$9**

Dasani Purified Water 24 Pack, 16.9 Oz. Bottles **5.99**

7Up, A&W or Canada Dry Products Selected Varieties 2 Liter Bottles **2.49**

Red Bull Energy Drink Selected Varieties 12 Oz. Cans **2/$5**

Talking Rain Sparkling Ice Selected Varieties 17 Oz. Bottles **4/$5**

Powerade Selected Varieties 28 Oz. Bottles **4/$5**

Bodyarmor Selected Varieties 16 Oz. Bottles **4/$5**

Smartwater Selected Varieties 1 Liter Bottles **2/$4**

Bang, Monster or Monster Reign Energy Drink Selected Varieties 16 Oz. Cans **2/$5**

BEER, WINE and Spirits

Black Raven Selected Varieties 6 Pack, 12 Oz. Cans **10.98**

Incline Cider Co. Selected Varieties 6 Pack, 12 Oz. Cans **10.98**

Athletic N/A Selected Varieties 6 Pack, 12 Oz. Cans **9.98**

Modelo Selected Varieties 12 Pack, 12 Oz. Bottles or Cans **18.98**

White Claw Hard Seltzer Selected Varieties 12 Pack, 12 Oz. Cans **19.98**

Budweiser or Coors Original or Light, 18 Pack, 12 Oz. Bottles or Cans **18.98**

Cutwater Cocktails Selected Varieties 4 Pack, 12 Oz. Cans **10.98**

Crown Royal Whisky Selected Varieties 750 ml. **29.98**

Jose Cuervo Tequila Selected Varieties 750 ml. **20.98**

Captain Morgan Spiced Rum Selected Varieties 750 ml. **17.98**

Hendrick's Gin 750 ml. **37.98**

Crater Lake Vodka 750 ml. **21.98**

California and Washington Wine Month

Saviah The Jack Selected Varieties 750 ml. **11.98**

Erath Pinot Noir, 750 ml. **18.98**

Argyle Chardonnay, 750 ml. **18.98**

Fre N/A Selected Varieties 750 ml. **10.98**

Barefoot Selected Varieties 1.5 Liter **9.98**

Chateau Ste Michelle Selected Varieties 750 ml. **10.98**

Franzia Selected Varieties 5 Liter Box **17.98**

The City of Seattle Sugar tax is added to the ad price where applicable.

A FRESH START FOR EVERY ROOM

Keep your home shining all season long.

BUY $30 GET $10 REWARD*

SCAN FOR DETAILS AND TO CLAIM YOUR REWARD

*Terms apply. Ends 5/2/2026. Submit by 5/9/2026. Visit www.PGLocalValues.com/SpringCleaning for full details and Privacy Policy. ©2026 Procter & Gamble

Tide Power Pods Laundry Detergent Selected Varieties 25 to 42 Count **10.99**

Tide Laundry Detergent Selected Varieties 73 to 84 Oz. Liquid **10.99**

Tide Laundry Detergent Selected Varieties 80 to 84 Oz. Liquid **12.99**

Dawn Platinum Dish Soap Selected Varieties 18 to 22 Oz. **4.49**

Dawn Dish Soap Selected Varieties 14.6 to 18 Oz. **3.99**

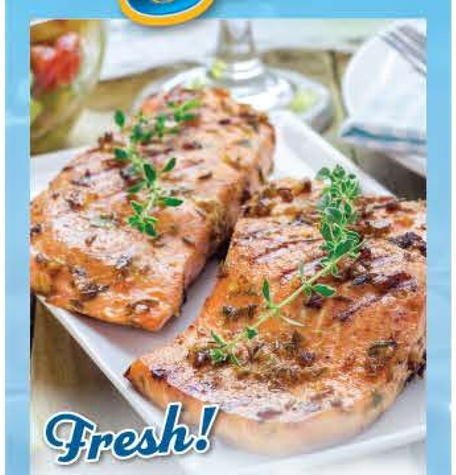
Dawn Powerwash Dish Spray Selected Varieties 16 Oz. **5.49**

Cascade Action Pac Dishwasher Detergent Selected Varieties 9 to 16 Count **5.99**

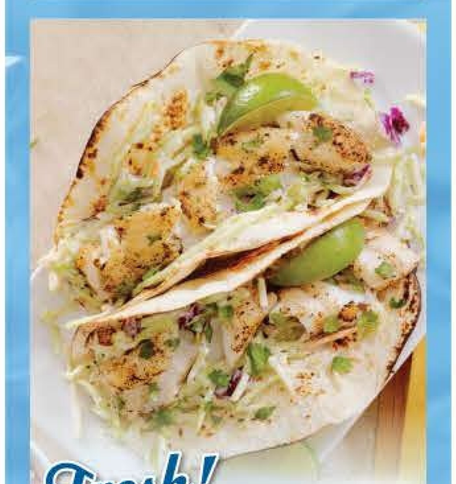
Febreze Air Freshener Selected Varieties 8.1 to 8.8 Oz. **3.99**

SEAFOOD SUBJECT TO AVAILABILITY & WEATHER

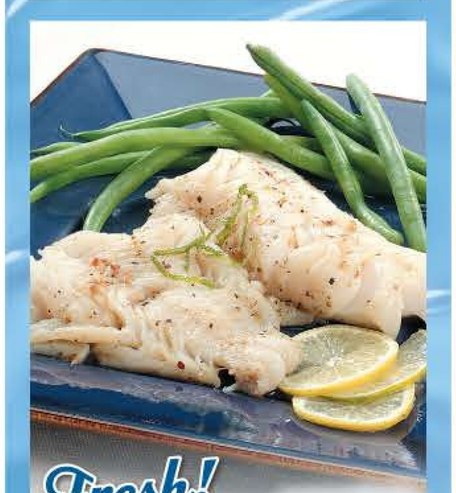
LENTEN Seafood Sale



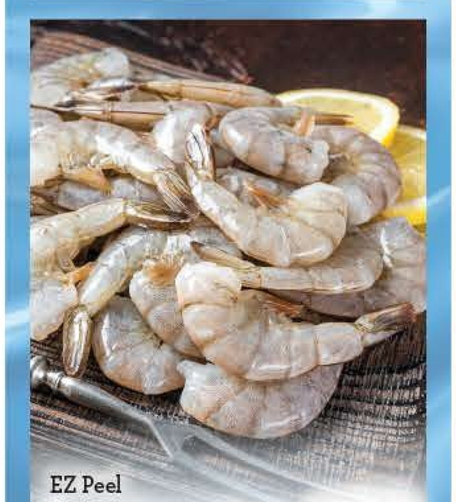
Fresh!
Norwegian Steelhead Fillet
14.99 LB.



Fresh!
Rockfish Fillet
Great for Fish Tacos.
6.99 LB.

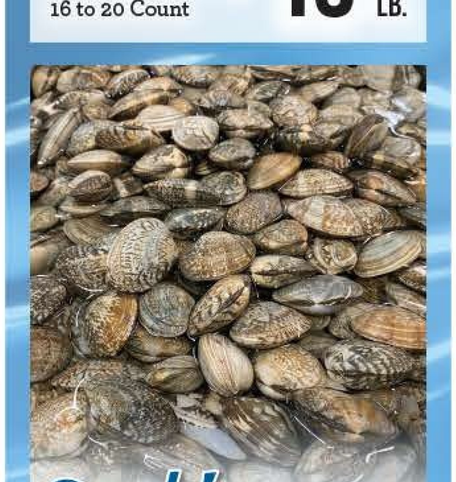


Fresh!
Ling Cod Fillet
15.99 LB.



EZ Peel
Extra Large Raw White Shrimp
31 to 40 Count
9.99 LB.

Peeled & Deveined
Jumbo Cooked White Shrimp
16 to 20 Count
13.99 LB.



Fresh!
Live Manila Steamer Clams
6.99 LB.

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Fresh MEAT

PREMIUM USDA CHOICE ANGUS
BONELESS BEEF NEW YORK STEAKS
VALUE PACK
14.99 LB.

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OUR QUALITY ASSURANCE STATEMENT

IN OUR MEAT DEPARTMENT WE PRODUCE ALL OF OUR GROUND BEEF IN STORE BY TRAINED MEAT CUTTERS; WE GRIND FRESH BEEF DAILY WITH NO ADDED INGREDIENTS TO ENSURE THAT YOU ARE RECEIVING THE HIGHEST QUALITY GROUND MEATS EVERYDAY UNDER THE SUPERVISION OF A TRUE PROFESSIONAL.

PREMIUM ALL NATURAL
BABY BACK PORK RIBS
SINGLE PACK
4.99 LB.

PRAIRIE FRESH NATURAL

PREMIUM USDA CHOICE ANGUS
LEAN GROUND BEEF
80% LEAN , 20% FAT
VALUE PACK
5.99 LB.

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NO ANTIBIOTICS EVER
BONELESS SKINLESS CHICKEN TENDERS
VALUE PACK
4.99 LB.

NO ANTIBIOTICS EVER

Boneless Skinless Thin Sliced Chicken Breast, Value Pack $4.99 LB.

PREMIUM USDA CHOICE ANGUS
BONELESS BEEF CROSS RIB STEAKS
VALUE PACK
6.99 LB.

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PREMIUM USDA CHOICE ANGUS
BONELESS BEEF COUNTRY STYLE SPARERIBS
VALUE PACK
6.99 LB.

St. Helens BEEF · USDA CHOICE · local THINK • BUY • BE

DELI MEAT Specials

Kingsford
Baby Back Pork Ribs
In Barbecue Sauce, 24 Oz.
13.99 EA.

Pork Carnitas 16 Oz. $7.99 EA.

Land O Frost
Bistro Favorites Lunch Meat
Selected Varieties
6 to 8 Oz.
4.99 EA.

Silva
Linguica or Mexican Style Chorizo
11 Oz.
4.99 EA.

Jennie-O
Ground Turkey
Selected Varieties
16 Oz.
5.99 EA.

Bar S
Classic Chopped Ham Lunch Meat
16 Oz.
4.99 EA.

Bar S
Smoked Ham or Oven Roasted Turkey Breast Lunch Meat
14 to 16 Oz.
6.99 EA.

Don Pancho
7 Inch Corn Tortillas
Yellow or White, 64.4 Oz.
5.49 EA.

Local BAKERY

local THINK • BUY • BE

Franz Pan Bread
Selected Varieties
24 Oz.
2/$5

Naked Organic Thin Sliced or Wide Pan Bread
Selected Varieties
20 to 27 Oz.
3.99

local THINK • BUY • BE · USDA ORGANIC

Franz Party Animal Cookies
Selected Varieties
9 to 12 Oz.
3.49

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SPECIALTY and Natural

Jonny Pops Ice Cream Novelties
Selected Varieties
6 to 8 Count
4.99

Bob's Red Mill Gluten Free Oatmeal Cup
Selected Varieties
1.8 to 2.5 Oz.
2/$4

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Late July Tortilla Chips
Selected Varieties
7.4 to 10.1 Oz.
2/$7

Stahlbush Island Farm Vegetables
Selected Varieties
10 Oz.
2/$5

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Sukhi's Chicken Entrées
Selected Varieties
11 Oz.
4.99

Red's Burritos
Selected Varieties
4.5 to 5 Oz.
2/$4

Peter Rabbit Organics Baby Food
Selected Varieties
4 to 4.4 Oz.
2/$4

Dr. Squatch Bar Soap
Selected Varieties
5 Oz.
5.99

ECOS Dish Soap
Selected Varieties
25 Oz.
3.99

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AMY'S ENTRÉES
SELECTED VARIETIES
8.25 TO 10.3 OZ.
5.49

BEECHER'S ENTRÉES
SELECTED VARIETIES
9 OZ.
5.99

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MILTON'S PIZZA
SELECTED VARIETIES
10 TO 11 OZ.
8.49

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