# save on foods

## UNREAL DEAL on



**5.99 ea** Pie 9 Inch

PIE spectacular
BAKED FRESH IN STORE DAILY

**5.99 lb** First 1 | **6.99 lb**

**Chicken Breast**
Fresh, Boneless, Skinless, Warehouse Pack, 15.41/kg

MY OFFERS
EXTRA UNREAL DEAL
LOAD DEAL




**NEW DEAL. BEST PRICE. EVERY WEEK.**



**4.49 lb**

**Pork Back Ribs**
or Tenderloin, Fresh, 9.90/kg



**2.99 ea**

**Long English Cucumbers**
Canada, 3-Pack

## GOODNESS MADE EASY

BUY 2 GET 1 free*




*of equal or lesser value

**Johnsonville Sausages**
Selected Varieties, 375g or 500g




**3.99 ea**

**Raspberry Oranges**
Also Cara Cara, California, 2 lbs




MIX & MATCH BUY 2 GET 1 free*

*of equal or lesser value

**Western Family Prawns**
or Fish Portions, Selected Varieties, Frozen, 340g or 800g




**2.49 ea**

**White Bread**
Sliced or 100% Whole Wheat, 567g

**Dr. Oetker Ristorante Pizza**
Selected Varieties, Frozen, 320g




**3.49 ea**

**General Mills Jumbo Cereal**
Selected Varieties, 1.3 kg




**8.99 ea**




**24.99 ea**

**Starbucks Premium Coffee Pods**
(24's) or Ground (793g), Selected Varieties

**CANADIAN owned and operated for 110 years.**

Maple leaf indicates products of Canada and products made in Canada. See actual items for details.
Prices effective Thursday to Wednesday, March 12 to 18, 2026. Offers require use of More Rewards card. Selection & availability may vary by store.

# FRESH PICKS

3.99 lb

**Red Grapes**
Chile, 8.80/kg

## FIZZ FIX

Freeze grapes and drop them into sparkling water for a chic, cooling drink.

2 for $5

**Honey Mango**
Mexico

5.99 ea

**Halos Mandarins**
California, 907g

4.99 ea

**Avocados**
Mexico, 4-Pack

# CRISP NATURAL SWEET

ONLY WITH MY OFFERS
11.99 ea
First 1
LOAD NOW

13.99 ea

**Whole Medjool Dates**
Fresh, USA, 2 lbs

3.99 ea

**Opal Apples**
USA, 2 lb bag

4.99 ea

**Russet Potatoes**
or Yellow, Canada, Selected Varieties, 5 lbs

# SWEET SUCCULENT SUNSHINE

5.99 ea

**Honeyglow Pineapple**
Costa Rica

**Honeyglow Pineapples** are grown on select farms, and hand-harvested at peak sweetness and ripeness, for an extraordinary burst of flavour.

# FLORAL

More REWARDS
EARN 3000 POINTS
when you buy
1 - Bee Happy Bouquet and
1 - Western Family Honey Bear
Limit 1 promotional offer.



**24.99 ea**

**Honey Bee Bouquet**



**12.99 ea**

**Over the Rainbow Planter with Shamrocks**



**52.99 ea**

**Emerald Gemstone Orchid**
5 Inch




**5.99 ea**

**Western Family Honey Bear**
375g

# FRESH MEAT

28.99 lb

**Rib Eye Steak**
Fresh, Value Pack, 63.91/kg




## SUCCULENT HEARTY SIZZLING




5.99 lb

**Pork Butt Steak**
Fresh, Bone-In, Value Pack, 13.21/kg




More REWARDS
FREE WITH 7000 POINTS REDEEMED
or 10.99 ea

**Hot Buffalo Dip**
400g




More REWARDS
FREE WITH 17,500 POINTS REDEEMED
or
Works out to 4.99 lb

**Western Family Chicken Thighs**
Boneless, Skinless, Frozen, 3 kg, 32.99 ea

*Perfectly seasoned and ready to pan-sear or roast.*

## HAPPY HOUR
SATURDAYS & SUNDAYS
3pm-6pm

AVAILABLE AT THE SERVICE MEAT COUNTER.
AVAILABLE IN SELECTED LOCATIONS.

### BURGER PATTIES
Our beef patties are freshly prepared and available in a variety of flavours so you can build the burger of your dreams!

50% OFF



## SHAM-ROCKIN' SAVINGS




13.49 lb

**Boneless Stew Beef**
Fresh, Value Pack, 29.74/kg




9.99 lb

**Boneless Lamb Shoulder Roast**
Frozen, 22.02/kg




11.99 lb

**Brisket Roast Portion**
Fresh, 26.43/kg

4.99 lb



**Banger Sausages**
Fresh, 11.00/kg

# TASTY DEALS



**9.99 ea**




**Maple Leaf Prime Breaded Chicken**
Selected Varieties, Frozen, 568g or 700g




BUY 1 GET 1 free*

*of equal or lesser value

**Johnsonville Smoked Sausages**
Selected Varieties, 375g




MIX & MATCH BUY 1 GET 1 free*

*of equal or lesser value

**Olivieri Filled Pasta** (350g) or Sauce (300 mL), Selected Varieties




**11.99 ea**

**Western Family Meatballs**
Selected Varieties, Frozen, 680g




**2.99 ea**

**Kraft Lunchables**
Selected Varieties, 89g

ONLY WITH MY OFFERS
**4.99 ea**
First 1
LOAD NOW




**5.99 ea**

**Greenfield Sliced Meat**
Raised Without Antibiotics, Selected Varieties, 175g

SCHNEIDERS EST. 1890

# BUY 1 GET 1 FREE*

WHEN YOU BUY 1 SCHNEIDERS BACON 100G or 375G, HAM 700G OR SAUSAGE 375G IN A SINGLE TRANSACTION




*of equal or lesser value. **WHILE QUANTITIES LAST.**

# FRESH SEAFOOD



**3.29 100g**

**Ahi Tuna Steak**
or Whole Loin,
Frozen or
Previously Frozen



**3.99 100g**

**Steelhead Fillet**
Fresh








**10.99 ea**

**Salmon Village Pink Salmon Nuggets**
Wild, Canada,
Selected Varieties, 150g




**14.99 ea**

**Western Family Butterfly Shrimp**
Crunchy or Coconut,
Frozen, 680g

*A little sweet, a little crispy, all delicious.*

# LIGHT DELICIOUS SAVOURY

UNREAL DEAL on

# PIE spectacular

BAKED FRESH IN STORE

## STRAWBERRY RHUBARB

*Glossy, ruby-red filling that's equal parts sweet and tangy. Perfect pair for vanilla ice cream.*

BAKED FRESH IN STORE

**5.99 ea**

**Pie**
9 Inch

## LATTICE APPLE HARVEST

## CRUMBLE APPLE HARVEST

*Soft apple filling with a sweet buttery crunch—yum!*

Celebrate
**PI DAY**
π
March 14th

## PECAN

*Rich, cozy and kissed with warm spices. Pair with chilled whipped cream for a dreamy bite.*

## PUMPKIN

# FRESHLY BAKED




ONLY WITH MY OFFERS
17.99 ea
First 2
LOAD NOW

**18.99 ea** **Celebration Cake**
Selected Varieties, 6 x 8 Inch, 1 kg




**Cupcakes**
Selected Varieties, Pack of 6

pack of 6 7.99

*A warm bun makes the day even luckier.*



pack of 6 3.49

BAKED FRESH IN STORE

**Hot Cross Buns**
Pack of 6



6.99 ea

**Lemon Blueberry Coffee Cake**
350g

*The gold standard of hamburger buns.*



3.49 ea

**Brioche Hamburger Buns**
(Pack of 4) or Butterflake Rolls (Pack of 8)



3.99 ea

**Garlic Bread**
Made in Store, Selected Varieties, 630g

# LIGHT, AIRY, DELICIOUS




2.79 ea

**Western Family Light Rye Bread**
500g




3.99 ea

**Country Harvest Bagels**
Selected Varieties, 450g




pack of 6 2.99

**Bakestone Brothers Pita Bread**
Selected Varieties, Pack of 6




5.99 ea

**Pudgyboy's Mini Cinnamon Donuts**
320g




5.99 ea

**Western Family Gluten Free Bread**
White or Wholegrain, 454g




8.99 ea

**Wendel's Gluten Free Chocolate Chip Cookies**
300g




5.49 ea

**Oroweat Keto Tortillas**
246g

# PERFECTLY SLICED

*Pair with creamy cheese on a Reuben sandwich!*





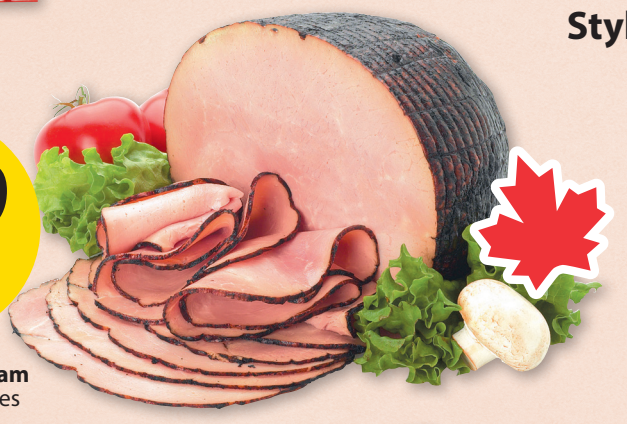



**Buy 2+ 5.99 ea**
OR 6.99 ea

**Saputo Cheese Slices**
Selected Varieties,
160g or 200g

**3.79 100g**

**Montreal Style Beef**



**3.29 100g**

**Black Forest Ham**
Selected Varieties




**5.99 ea**

**Babybel Mini Cheese**
Selected Varieties,
120g



**10% off**

**Charcuterie Snacking Pack**
Selected Varieties




**5.99 100g**

**Manchego DOP Cheese**
Aged 12 Months

NUTTY SAVOURY GOODNESS




ONLY WITH MY OFFERS
**3.49 ea**
First 1
LOAD NOW

**3.99 ea**

**Western Family Hummus**
Selected Varieties, 227g



**6.99 ea**

**Bothwell Squeak'rs Real Cheese Curd Snack**
White or Coloured, 240g



**2.99 100g**

**Organic Mixed Olives**




TASTE THE IRISH LUCK WITH OUR
**SUPERIOR GRASS-FED CHEESE!**




**7.99 ea**

**Kerrygold Cheese**
Reserve Cheddar or
Dubliner, 198g

# LUCK O' THE CHEESE!

# SAVINGS

Enjoy this week's feature cheeses.




7.99 ea

**Kerrygold Dubliner Cheese**
198g




7.99 ea

**Kerrygold Reserve Cheddar Cheese**
198g

# READY-TO-SERVE SUPERB SALADS



Sweeten up your menu with uniquely fresh flavours developed exclusively by our own Kitchen Chefs.



**9.99 ea**

### CHEF SALAD

Fresh greens, eggs, avocados, bacon, cucumber, ripe tomatoes, and sliced chicken, finished with a touch of feta cheese.

### CAESAR SALAD

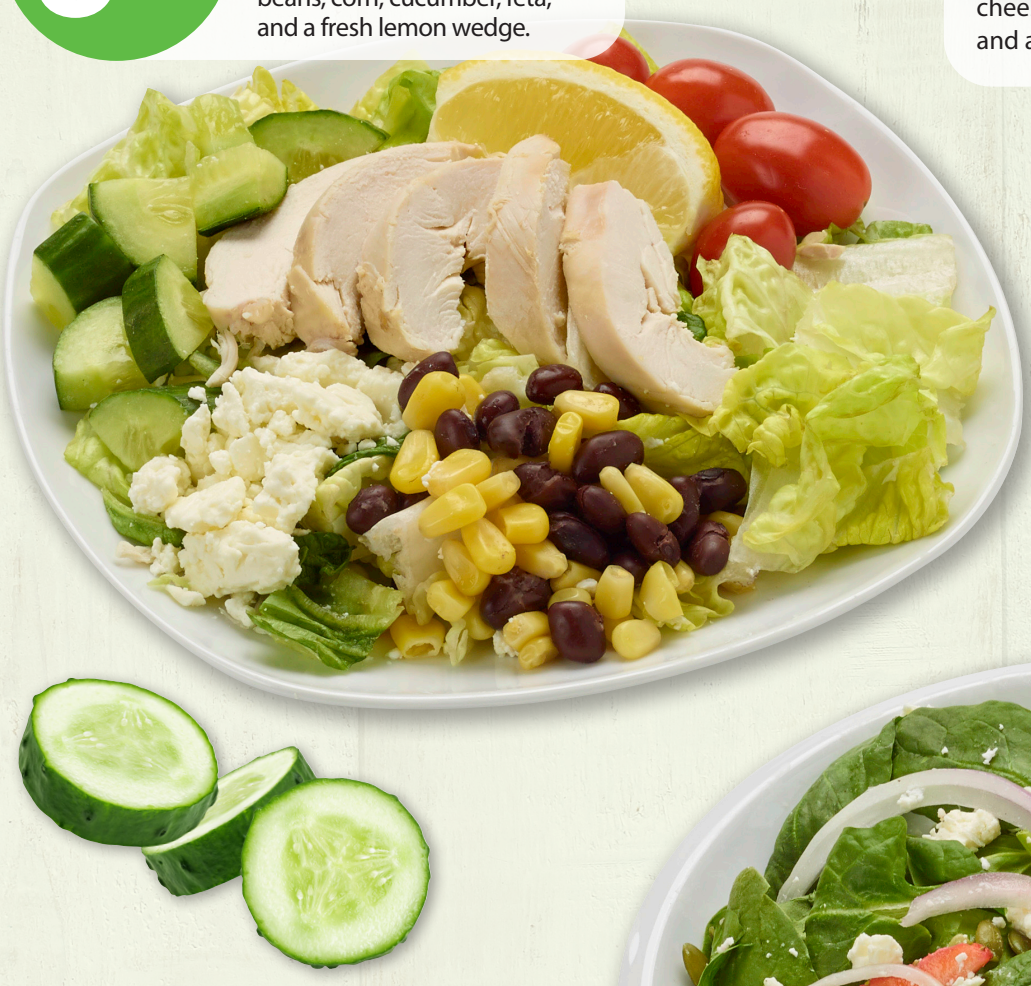
Crisp romaine, parmesan cheese petals, croutons, and a fresh lemon wedge.

**6.99 ea**

**8.99 ea**

### SOUTHWESTERN CHICKEN SALAD

Made classic with romaine, chicken, grape tomatoes, black beans, corn, cucumber, feta, and a fresh lemon wedge.









**7.99 ea**

### STRAWBERRY SPINACH SALAD

A vibrant blend of spinach with fresh strawberries, dried cranberries, pumpkin seeds, red onion, and sprinkled feta.

save on foods **KITCHEN**

GRAB 'N'GO

MADE FRESH IN STORE

EXCLUSIVELY OURS

## EASTER FEAST meal kit

save on foods KITCHEN

See in-store for details

western family

# 2 NEW SOUP-ER FLAVOURS

Discover our lineup of ready to eat soups

SHOP NOW




new

**Western Family Hearty Soup**
Ready to Serve, 540 mL

2.29 ea

# SIP & SNACK SAVES

western family

## COMPARE & SAVE BIG




**3.99 ea**

**Western Family Spring Water**
24 x 500 mL

**4.99 ea**




**Pure Life Spring Water**
24 x 500 mL

**6.49 ea**




**Bubly Sparkling Water**
Selected Varieties, 12 x 355 mL

**10.99 ea**




**Asahi Super Dry 0.0%**
(6 x 330 mL), Also Guinness 0% Beer (4 x 440 mL)

**4 for $5**




**Cadbury Candy**
Also Maynards, Selected Varieties, 33g or 50g

**2 for $6**




**Christie Ritz Crackers**
180g

**2 for $7**




**Go Go Squeez Apple Sauce Snacks**
4 x 90g







**4.49 ea**

**Miss Vickie's Potato Chips**
200g or 190g

# MORNING DEALS




**Leclerc Go Pure Bars**
(140g) or Celebration Mini Cookies (200g)

**3 for $10**




**Kellogg's Pop Tarts**
(384g) or Rice Krispies Squares (160g), Selected Varieties

**5.99 ea**




**JIF Peanut Butter**
1 kg

**2 for $5**




**SunRype 100% Pure Apple Juice**
(1 Litre) or Juice Boxes (5 x 200 mL), Selected Varieties






**Hershey's Reese's King Size Bar**
Selected Varieties




**2$5 for**

**Hershey's Reese's Tablet Chocolate Bar**
Also Jolly Rancher Gummies, 100g




**2.99 ea**

**Twizzlers Licorice**
(454g) or Nibs (400g)

Reese's
BIG CUP GRAND MOULE
WITH/AVEC CHOCOLATE LAVA LAVE AU CHOCOLAT

**CHOCOLATE MEETS LAVA.**




**4.99 ea**

**Hershey's Reese's Chocolate Pouches**
(210g), Also Brookside Chocolate Treats (200g), Selected Varieties




**2$3 for**

**Hershey's Reese's Chocolate Bar**
Selected Varieties, 34g or 58g




# Refresh your fandom

OFFICIAL PARTNER




**Fuze Iced Tea** or Coca-Cola Soft Drinks, Selected Varieties, 12 x 355 mL



Buy 2+ **2.49 ea**

**Coca-Cola Soft Drink** Selected Varieties, 500 mL




**3.99 ea**

**Core Power Protein Drink** Selected Varieties, 414 mL




**2 for $6**

**Glaceau Vitamin Water** (591 mL), Also Smart Water (1 Litre), Selected Varieties




Buy 5+ **$1 ea**

**Powerade Sports Drink** Selected Varieties, 710 mL

# PANTRY DEALS

western family

## COMPARE & SAVE BIG




**1.99 ea**

**Western Family Canned Tomatoes**
Selected Varieties, 796 mL




**2.49 ea**

**Unico Tomatoes**
Selected Varieties, 796 mL




**2 for $4**

**Betty Crocker Hamburger Helper**
166g or 210g




**5.49 ea**

**Farkay Noodles**
397g




**2 for $6**

**Catelli Protein Pasta**
(340g) or Smart Pasta (375g)




**3 for $10**

**Classico Pasta Sauce**
(600 mL) or Alfredo (410 mL)




**11.99 ea**

**Robin Hood Flour**
5 kg




**4 for $7**

**Heinz Baked Beans**
398 mL

# A WORLD OF SAVINGS




**10.49 ea**

**Parliament Gold White Basmati Rice**
8 lbs




**4.99 ea**

**Taco Bell Dinner Kit**
Selected Varieties, 370g or 420g




**7.99 ea**

**Gia Clarified Butter**
400g




**2 for $7**

**Old El Paso Refried Beans**
(398 mL) or Chopped Green Chilies (113 mL), Selected Varieties

# SPOONFULS OF SAVINGS



**5.99 ea**

**Kellogg's Froot Loops Cereal** (480g) or Frosted Flakes (580g)

**8.99 ea**

**Kellogg's Jumbo Mini-Wheats Cereal** (1.05 kg) or Raisin Bran (1.15 kg)

**5.99 ea**

**Kellogg's Krave Cereal** (500g) or Corn Flakes (600g)

**2 for $10**

**Kellogg's Frosted Flakes Cereal** Less Sugar (338g) or Milkshake Cookies & Crème (343g)

**2 for $10**

**Kellogg's Scooby-Doo! Cinnamon Crunch Cereal** (301g) or Krave Churro (314g)

PROUDLY

# MADE IN CANADA

YOU'VE GOT THIS



## Buy 2 Quaker Products

# GET $2 OFF

Limit 2




3 for $10

**Quaker Instant Oatmeal** (280g) or Low Sugar (232g), Selected Varieties




2 for $8

**Quaker Harvest Crunch Cereal** (475g) or Oatmeal Squares (500g)

2 for $6




**Quaker Crispy Minis** or Rice Cakes, Selected Varieties, 90g or 100g




3 for $8

**Quaker Chewy Bars** (120g) or Dipps (156g), Selected Varieties

# NEW ARRIVALS

available at save on foods

**DISCOVER NEW SNACKS, TREATS AND PANTRY ESSENTIALS — BE THE FIRST TO GRAB THESE HOT FINDS.**

Sparkling, clean, and packed with 20g of protein




ProPOP is the protein drink you've been waiting for

new

**4.99 ea**

**ProPOP Protein Sparkling Water Beverage**
Selected Varieties, 355 mL




NEW

western family

A refreshing twist on the classic Italian lemon liqueur.
Proudly made in Surrey, BC.




**5.49 ea**

**Western Family Sparkling Water**
Selected Varieties, 12 x 355 mL

# DAIRY




**Armstrong Cheese**
Selected Varieties,
600g




**Olympic Krema Yogourt**
Selected Varieties,
650g




**2 for $7** **Western Family Greek Yogurt**
Selected Varieties,
4 x 100g




new

**2.79 ea** **Western Family Dip**
Selected Varieties,
227g




**2.99 ea** **Fuze Iced Tea**
(1.75 Litres) or Minute Maid Zero Sugar Beverage (1.54 Litres)




**4.99 ea** **International Delight Cold Foam**
Selected Varieties,
396g

# FROZEN

**Western Family Fruit**
Frozen, 600g







**Breyers Family Classic Frozen Dessert**
Selected Varieties,
1.41 Litres




**2 for $7.50** **Green Giant Vegetables**
Selected Varieties,
Frozen, 750g




**7.49 ea** **Western Family Lasagna**
or Shepherd's Pie,
Selected Varieties,
Frozen, 907g




**3.49 ea** **Kellogg's Eggo Waffles**
Selected Varieties,
Frozen, 280g




**2 for $5** **Western Family Perogies**
Selected Varieties,
Frozen, 907g

# BULK



Click to earn points faster than you can say 'nuts'.

**Royal Mixed Nuts**
Salted, Selected Varieties



**Callebaut Semi Sweet Chocolate Chips**
Also Milk Chocolate Chips



**.69 100g**

**Easter Jelly Beans**
Also Selected Varieties



**.89 100g**

**Gummy Bunny Mix**




**30% off**

**Western Family Trail Mix**
Also Selected Varieties, 500g



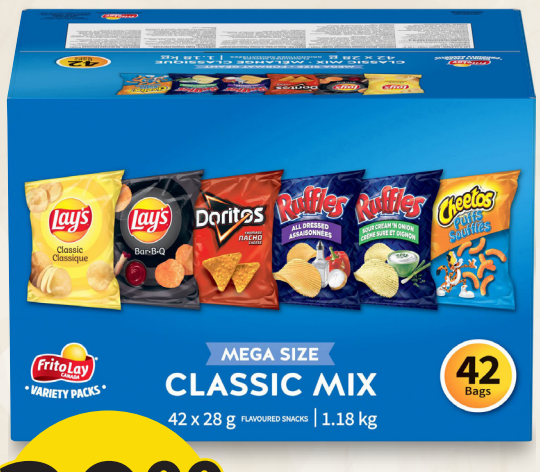

**6.49 ea**

**Western Family Grab N'Go Candy**
Selected Varieties, 425g or 600g




**5.99 ea**

**Wonderful Pistachios**
Selected Varieties, 225g




**20.99 ea**

**Frito Lay Flavour Mix**
(1.12 kg) or Classic Mix (1.18 kg), Value Pack

# NATURAL




6.99 ea

**Just Egg Folded Egg**
Plant-Based, Frozen, 227g




5.99 ea

**Pacific Foods Organic Soup**
Selected Varieties, 1 Litre




6.49 ea

**Zevia Soda**
Zero Sugar, Selected Varieties, 6 x 355 mL




16.99 ea

**Terra Granola Original Granola**
800g or 850g




12.99 ea

**Clif Bar Sport Bars**
10's




7.99 ea

**Millsie Cashew Dip**
Selected Varieties, 185g




2 for $6

**Earth's Own Oat Beverage**
946 mL




13.99 ea

**Drizzle Honey**
500g




5.49 ea

**Manitoba Harvest Organic Hemp + Chia & Flax Seed**
200g




4.99 ea

**Freeyumm Cookies**
Selected Varieties




2 for $7

**Hardbite Potato Chips**
128g




4.99 ea

**Whisps Cheese Crisps**
60g




11.99 ea

**Only Goodness Organic Fair Trade Coffee Pods**
12's




4.99 ea

**Only Goodness Bone Broth**
946 mL




8.99 ea

**Only Goodness Lactose Free Shredded Cheese**
375g




6.99 ea

**Only Goodness Organic Fruit**
Frozen, 600g

# HEALTH & WELLNESS




**12.99 ea**

**Boost Nutritional Supplement Drink**
Selected Varieties, 6 x 237 mL




**20% off**

**Centrum Multivitamins**
Selected Varieties, 90's or 120's




**37.99 ea**

**Diesel Whey Protein Powder**
Selected Varieties, 908g




**14.99 ea**

**Benylin All In One Syrup**
Also Tylenol Complete, Selected Varieties, 270 mL




**20% off**

**Align Probiotic Supplements**
Selected Varieties




**16.99 ea**

**Advil Cold & Sinus**
Selected Varieties, 32's or 40's




**6.49 ea**

**Sensodyne Premium Toothpaste**
Selected Varieties




**15% off**

**Always Feminine Care**
Also Tampax, Selected Varieties




**16.99 ea**

**Western Family Muscle Pain Relief**
Selected Varieties




**5.99 ea**

**Tums Antacid**
Selected Varieties

## Protect yourself from Shingles

If you've had chickenpox, you're at a higher risk for shingles. An estimated 1 in 3 people will develop shingles in their lifetime. Help prevent shingles and get vaccinated today.

LEARN MORE

See your pharmacist for details.



# CLEAN SAVINGS




**4.99 ea**

**Garnier Whole Blends Hair Care**
(370 mL), Also Caprina Liquid Hand Soap (350 mL)




**11.99 ea**

**Method Personal Care**
Selected Varieties




**9.99 ea**

**Clairol Hair Colour**
Also Curel Lotion (480 mL)




**6.99 ea**

**Pantene Hair Care**
(476 mL), Also Dial Liquid Hand Soap Refill (1.53 Litres)




**6.99 ea**

**Dove Deodorant**
(85g), Also Hello (73g)




**11.99 ea**

**Pears Bar Soap**
(12 x 75g), Also Bioré Patches, Selected Varieties

# BABY CORNER






BUY 2 More REWARDS EARN 1500 POINTS

**Johnson's Baby Skin Care**
Selected Varieties




More REWARDS EARN 1400 POINTS

**Aveeno Baby Products**
Selected Varieties, 532 mL




**20% off**

**WaterWipes Baby Wipes**
Selected Varieties




**25% off**

**Lansinoh Products**
Selected Varieties

# FRESH-FACED FINDS









**Nivea Creme Jar**
Selected Varieties, 200 mL

**3.99 ea**




**Nivea Deodorant**
50 mL

More REWARDS
FREE WITH 4000 POINTS REDEEMED




**Nivea Body Wash**
500 mL




**7.99 ea**

**Nivea Cleansing Products**
Selected Varieties

**20% off**




**Eucerin Skin Care**
Selected Varieties

# Baby Bundle BARGAINS

THAT'S LIKE $42 IN TRAVEL!

More REWARDS
EARN 10,000 POINTS
when you spend $100 or more on Baby Products
Limit 2 offers.






















































# SPRING INTO DEALS




**Western Family Disinfectant Wipes**
Fresh Scent, 75's




**Western Family Household Ammonia Cleaner**
1.8 Litres




**Western Family Multi-Surface Cleaner**
1.3 Litres




**Western Family Glass Cleaner**
765 mL




**Western Family All-Purpose Cleaner with Bleach**
or Orange Anti-bacterial, 650 mL

# CLEAN SAVES




**10.99 ea**

**Purex Utra Bathroom Tissue**
Triple Roll, 20=60 Rolls




**17.99 ea**

**Bounty Paper Towels**
6=12 Rolls




**7.99 ea**

**Bounce Dryer Sheets**
(120's), Also Downy Fabric Softener (1.3 Litres)




**14.99 ea**

**Tide Pods**
Also Gain, 42's

# PET PICKS




**11.99 ea**

**Tidy Cats Clumping Lightweight Cat Litter**
2.72 kg




**10.99 ea**

**Fancy Feast Cat Food**
Wet, Variety Pack, 12 x 85g




**54.99 ea**

**Blue Buffalo Dry Dog Food**
9.9 kg




**16.99 ea**

**Churu Lickable Cat Treats**
20's

# HOUSEHOLD DEALS




**24.99 ea**

**Finish Quantum Dishwasher Detergent Tabs**
Selected Varieties, 72's




**20% off**

**Energizer Batteries**
AA (16's) or AAN (10's)




MoreREWARDS REDEEM 2200 POINTS & PAY **2.99 ea**

**Western Family Freezer Storage Bags**
Selected Varieties, 10's or 28's




**Alcan Aluminum Foil**
Selected Varieties, 100 Feet

MoreREWARDS FREE WITH 5700 POINTS REDEEMED or **8.99 ea**




**3.99 ea**

**Febreze Air Mist**
(250g) or Bathroom Air Freshener (7.5 mL), Selected Varieties




MoreREWARDS REDEEM 3000 POINTS & PAY **3.99 ea**

**Rubbermaid TakeAlongs Containers**
Selected Varieties




**15% off**

**Brita Water Filtration Products**
Selected Varieties




**15% off**

**Only Goodness Compostable Plates**
or Bowls, Selected Varieties

# NOVEL SAVINGS

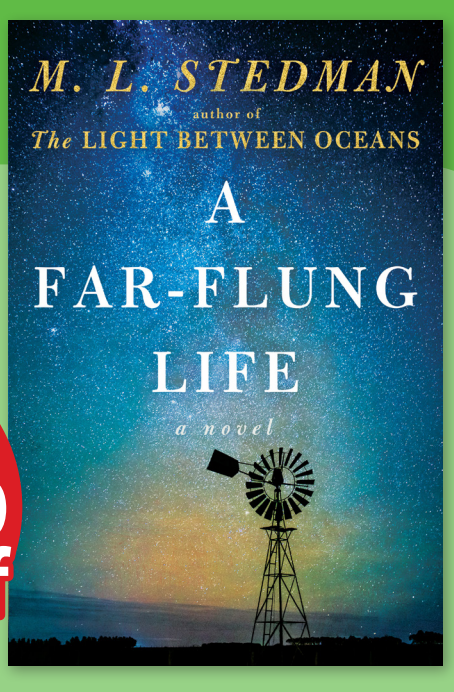



**25% off**

**Silver Elite**
Regular Retail 27.99

**A Far-Flung Life**
Regular Retail 27.99

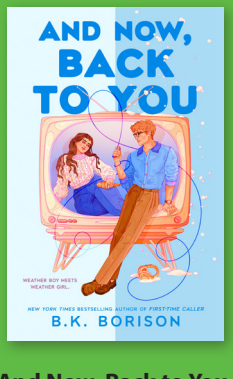
**25% off**



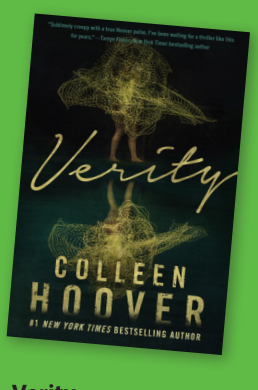




**Liberty Street**
Regular Retail 26.99




**And Now, Back to You**
Regular Retail 25.99




**Verity**
Regular Retail 24.99

western family™

# EARN MORE POINTS

More REWARDS

Find great prices and EARN more points on Western Family products.




More REWARDS EARN 500 POINTS

**Western Family 100% Pure Coconut Water**
4 x 240 mL




BUY 3 More REWARDS EARN 1200 POINTS

**Western Family Spices**
Selected Varieties, 155g




BUY 3 More REWARDS EARN 350 POINTS

**Western Family Canned Vegetables**
Selected Varieties, 341 mL or 398 mL




BUY 3 More REWARDS EARN 850 POINTS

**Western Family Salsa**
Selected Varieties, 650 mL




BUY 2 More REWARDS EARN 500 POINTS

**Western Family Quick Cooking Oats**
or Steel Cut, 1 kg




More REWARDS EARN 700 POINTS

**Western Family Almond Butter**
350g

# GET MORE FREE

Redeem points to get your favourite products for FREE.




More REWARDS FREE WITH 2800 POINTS REDEEMED

**Western Family Microwave Popcorn**
3-Pack




More REWARDS FREE WITH 3200 POINTS REDEEMED

**Western Family Flour**
Select Varieties, 2.5 kg




More REWARDS FREE WITH 2100 POINTS REDEEMED

**Western Family Orange 100% Juice Blend**
1 Litre




More REWARDS FREE WITH 3800 POINTS REDEEMED

**Western Family Salted Butter**
Selected Varieties, 454g




More REWARDS FREE WITH 5800 POINTS REDEEMED

**Western Family Sweet & Salty Granola Bars**
Selected Varieties, 18's




More REWARDS FREE WITH 7800 POINTS REDEEMED

**Western Family Olive Oil**
500 mL

SAVE ▸ EARN ▸ FREE ▸ REPEAT

save on foods

# MILLION DOLLAR SCORE AND WIN

YOU COULD **WIN*** Groceries for a YEAR, Groceries for LIFE

or

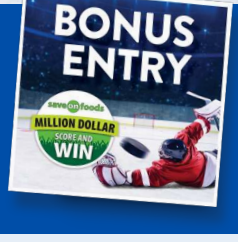
# $1 MILLION





Congrats to our **9** **Groceries for a Year Winners so far!**

## Look for these specially marked products for EXTRA chances to win.




**6.99 ea**
**Kellogg's Vector Cereal**
550g




**4.19 ea**
**Mott's Clamato Juice**
Selected Varieties, 1.89 Litres




**6.49 ea**
**Hellmann's Mayonnaise**
890 mL or 750 mL




**3 for $9**
**Old Dutch Ridgies Potato Chips**
Also Selected Varieties, 200g or 235g




**3.33 ea**
**Coca-Cola Soft Drink**
Also Canada Dry, Selected Varieties, 2 Litres




**5.99 ea**
**Häagen-Dazs Ice Cream**
Selected Varieties, 450 mL




**4 for $7**
**Kraft Dinner**
200g




**9.99 ea**
**Armstrong Shredded Cheese**
500g




**15.99 ea**
**Tylenol Easy Open Pain Relief**
Selected Varieties




**$20 ea**
**Maple Leaf Prime Chicken Breast**
Boneless, Skinless




**2 for $8**
**Tostitos Tortilla Chips**
Selected Varieties, 215g or 295g, First 4




**11.99 ea**
**High Liner Signature Cuts Cod Fillets**
Frozen, 515g or 425g




**3.69 ea**
**Ocean's White Albacore Tuna**
170g




new

**7.99 ea**
**Dr. Oetker Giuseppe Pizza**
Frozen, 685g




*No purchase required. Skill-testing question required. †Odds of winning any prize depends upon the number of eligible entries received. See scoreandwinhockey.com for Rules and Regulations.

save on foods

# MILLION DOLLAR SCORE AND WIN

## This season we awarded over 600+ PRIZES, and there are still more to win for EVERY goal!



43" 4K TV




CUISINART COFFEE CENTRE

More REWARDS
50,000 POINTS




JBL BLUETOOTH SPEAKER




$200

$200 GIFT CARD




NINJA DOUBLE STACK AIR FRYER



BONUS ENTRY




## Shop with your More REWARDS card and look for specially marked products.




Buy 2+ 7.99 ea

**Pepsi Soft Drinks**
Selected Varieties, 12 x 355 mL

More REWARDS FREE WITH 2000 POINTS REDEEMED or 3.49 ea




**Campbell's Chunky Soup**
515 mL

**Country Harvest 14 Grains Bread**
No Perservatives, Also Selected Varieties, 600g

3.99 ea







2 for $6

**Christie Cookies**
Selected Varieties, 270g or 281g




13.99 ea

**Western Family Chicken Wings**
Selected Varieties, Frozen, 750g




6.99 ea

**Siggi's Skyr Yogurt**
Selected Varieties, 650g or 750g




12.99 ea

**Tide Liquid Laundry Detergent**
1.86 Litres




7.99 ea

**Purex Double Bathroom Tissue**
12 Rolls




3.99 ea

**Skittles Candy**
Also Starburst, 170g




4.99 ea

**McCain Superfries**
Selected Varieties, Frozen, 650g




4.99 ea

**Maple Lodge Farms Sausages**
Selected Varieties, Frozen, 375g or 500g




10.99 ea

**Pogo Battered Wieners**
Frozen, 750g




9.99 ea

**Mini Babybel Cheese**
Selected Varieties, 240g




Buy 2+ 7.49 ea

**Fuze Iced Tea**
or Coca-Cola Soft Drinks, Selected Varieties, 12 x 355 mL

*No purchase required. Skill-testing question required. †Odds of winning any prize depends upon the number of eligible entries received. See scoreandwinhockey.com for Rules and Regulations.

More REWARDS

# PAY WITH POINTS BONUS!

LIMITED TIME ONLY!

## 10,000 POINTS = ~~$15~~ $20

## OFF YOUR GROCERY BILL!

*Exclusions apply. Minimum spend of $20 before tax required for in-store purchases. Minimum spend of $60 before tax required for online shopping orders. Exclusions apply. Promotion will not apply to final receipt if phone number is provided in place of the More Rewards card. See MoreRewards.ca or in store for details. Offer valid for a limited time only.



# EXTRA FRESH
ingredients & thoughtful meals to share with your family

# Eid MUBARAK




**7.49 ea**

**Sher Everyday Basmati Rice**
8 lbs




**14.99 ea**

**Sher Desi Style Durum Atta**
20 lbs

**3.99 ea**




**Tre Stelle Paneer**
300g




**Brio Sunflower Oil**
3 Litres

**7.99 ea**

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**3 for $8**

**Tasty Bite**
285g




**3 for $5**

**Kurkure Masala Munch Snacks**
or Chilli Chatka, 115g




**KFI Cooking Sauce**
Selected Varieties, 375 mL

**4.99 ea**




**Gia Vegetable Ghee**
1 Litre

**4.99 ea**

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**2.99 ea**

**Sundar By Western Family Naan**
Selected Varieties, 500g




**Sundar By Western Family Cooking Sauce**
410 mL

**3.49 ea**







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**15% off**

**Sundar Spices**
400g




**5.49 ea**

**Hungryy? Mixed Vegetable Steamed Momos**
350g

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**5.99 ea**

**Vij's Masala Spring Rolls**
Frozen, 424g




**1.49 ea**

**Maggi Masala Noodles**
Family Pack, 280g




**8.99 ea**

**Nanak Veggie Burger Patties**
640g




**.99 ea**

**Teja Mango Juice**
1 Litre