save on foods

UNREAL DEAL on



5.99 ea Pie 9 Inch

PIE spectacular
BAKED FRESH IN STORE DAILY

5.99 lb First 1 | **6.99 lb**

Chicken Breast
Fresh, Boneless, Skinless, Warehouse Pack, 15.41/kg

MY OFFERS
EXTRA UNREAL DEAL
LOAD DEAL



NEW DEAL. BEST PRICE. EVERY WEEK.



4.49 lb

Pork Back Ribs
or Tenderloin, Fresh, 9.90/kg



2.99 ea

Long English Cucumbers
Canada, 3-Pack

GOODNESS MADE EASY

BUY 2 GET 1 free*



*of equal or lesser value

Johnsonville Sausages
Selected Varieties, 375g or 500g



3.99 ea

Raspberry Oranges
Also Cara Cara, California, 2 lbs



MIX & MATCH
BUY 2 GET 1 free*



*of equal or lesser value

Western Family Prawns
or Fish Portions, Selected Varieties, Frozen, 340g or 800g



2.49 ea

White Bread
Sliced or 100% Whole Wheat, 567g

Dr. Oetker Ristorante Pizza
Selected Varieties, Frozen, 320g



3.49 ea

General Mills Jumbo Cereal
Selected Varieties, 1.3 kg



8.99 ea



24.99 ea

Starbucks Premium Coffee Pods
(24's) or Ground (793g), Selected Varieties

CANADIAN owned and operated for 110 years.

Maple leaf indicates products of Canada and products made in Canada. See actual items for details.
Prices effective Thursday to Wednesday, March 12 to 18, 2026. Offers require use of More Rewards card. Selection & availability may vary by store.

FRESH PICKS

3.99 lb

Red Grapes
Chile, 8.80/kg

FIZZ FIX

Freeze grapes and drop them into sparkling water for a chic, cooling drink.

2 for $5

Honey Mango
Mexico

5.99 ea

Halos Mandarins
California, 907g

4.99 ea

Avocados
Mexico, 4-Pack

CRISP NATURAL SWEET

ONLY WITH MY OFFERS
11.99 ea
First 1
LOAD NOW

13.99 ea

Whole Medjool Dates
Fresh, USA, 2 lbs

3.99 ea

Opal Apples
USA, 2 lb bag

4.99 ea

Russet Potatoes
or Yellow, Canada, Selected Varieties, 5 lbs

SWEET SUCCULENT SUNSHINE

5.99 ea

Honeyglow Pineapple
Costa Rica

Honeyglow Pineapples are grown on select farms, and hand-harvested at peak sweetness and ripeness, for an extraordinary burst of flavour.

FLORAL

More REWARDS
EARN 3000 POINTS
when you buy
1 - Bee Happy Bouquet and
1 - Western Family Honey Bear
Limit 1 promotional offer.



24.99 ea
Honey Bee Bouquet



12.99 ea
Over the Rainbow Planter with Shamrocks



52.99 ea
Emerald Gemstone Orchid
5 Inch

5.99 ea
Western Family Honey Bear
375g

FRESH MEAT

28.99 lb

Rib Eye Steak
Fresh, Value Pack, 63.91/kg



SUCCULENT HEARTY SIZZLING



5.99 lb

Pork Butt Steak
Fresh, Bone-In, Value Pack, 13.21/kg





More REWARDS
FREE WITH 7000 POINTS REDEEMED
or 10.99 ea

Hot Buffalo Dip
400g



More REWARDS
FREE WITH 17,500 POINTS REDEEMED
or
Works out to 4.99 lb

Perfectly seasoned and ready to pan-sear or roast.

Western Family Chicken Thighs
Boneless, Skinless, Frozen, 3 kg, 32.99 ea

HAPPY HOUR
SATURDAYS & SUNDAYS
3pm-6pm

AVAILABLE AT THE SERVICE MEAT COUNTER.
AVAILABLE IN SELECTED LOCATIONS.

BURGER PATTIES

Our beef patties are freshly prepared and available in a variety of flavours so you can build the burger of your dreams!

50% OFF



SHAM-ROCKIN' SAVINGS



13.49 lb

Boneless Stew Beef
Fresh, Value Pack, 29.74/kg



9.99 lb

Boneless Lamb Shoulder Roast
Frozen, 22.02/kg



11.99 lb

Brisket Roast Portion
Fresh, 26.43/kg

4.99 lb



Banger Sausages
Fresh, 11.00/kg

TASTY DEALS



9.99 ea



Maple Leaf Prime Breaded Chicken
Selected Varieties, Frozen, 568g or 700g



BUY 1 GET 1 free*

*of equal or lesser value

Johnsonville Smoked Sausages
Selected Varieties, 375g



MIX & MATCH BUY 1 GET 1 free*

*of equal or lesser value

Olivieri Filled Pasta (350g) or Sauce (300 mL), Selected Varieties



11.99 ea

Western Family Meatballs
Selected Varieties, Frozen, 680g



2.99 ea

Kraft Lunchables
Selected Varieties, 89g

ONLY WITH MY OFFERS
4.99 ea
First 1
LOAD NOW



5.99 ea

Greenfield Sliced Meat
Raised Without Antibiotics, Selected Varieties, 175g

SCHNEIDERS EST. 1890

BUY 1 GET 1 FREE*

WHEN YOU BUY 1 SCHNEIDERS BACON 100G or 375G, HAM 700G OR SAUSAGE 375G IN A SINGLE TRANSACTION



*of equal or lesser value. **WHILE QUANTITIES LAST.**

FRESH SEAFOOD



3.29 100g

Ahi Tuna Steak
or Whole Loin,
Frozen or
Previously Frozen



3.99 100g

Steelhead Fillet
Fresh







10.99 ea

Salmon Village Pink Salmon Nuggets
Wild, Canada,
Selected Varieties, 150g



14.99 ea

Western Family Butterfly Shrimp
Crunchy or Coconut,
Frozen, 680g

A little sweet, a little crispy, all delicious.

UNREAL DEAL on

PIE spectacular

BAKED FRESH IN STORE





STRAWBERRY RHUBARB



Glossy, ruby-red filling that's equal parts sweet and tangy. Perfect pair for vanilla ice cream.

BAKED FRESH IN STORE



5.99 ea

Pie
9 Inch



BAKED FRESH IN STORE

LATTICE APPLE HARVEST



CRUMBLE APPLE HARVEST

Soft apple filling with a sweet buttery crunch—yum!



Celebrate **PI DAY** π March 14th

PECAN





Rich, cozy and kissed with warm spices. Pair with chilled whipped cream for a dreamy bite.

PUMPKIN

FRESHLY BAKED



ONLY WITH MY OFFERS
17.99 ea
First 2
LOAD NOW

18.99 ea **Celebration Cake**
Selected Varieties, 6 x 8 Inch, 1 kg



Cupcakes
Selected Varieties, Pack of 6

pack of 6 7.99

A warm bun makes the day even luckier.



pack of 6 3.49

BAKED FRESH IN STORE

Hot Cross Buns
Pack of 6



6.99 ea

Lemon Blueberry Coffee Cake
350g

The gold standard of hamburger buns.



3.49 ea

Brioche Hamburger Buns
(Pack of 4) or Butterflake Rolls (Pack of 8)



3.99 ea

Garlic Bread
Made in Store, Selected Varieties, 630g

LIGHT, AIRY, DELICIOUS



2.79 ea

Western Family Light Rye Bread
500g



3.99 ea

Country Harvest Bagels
Selected Varieties, 450g



pack of 6 2.99

Bakestone Brothers Pita Bread
Selected Varieties, Pack of 6



5.99 ea

Pudgyboy's Mini Cinnamon Donuts
320g



5.99 ea

Western Family Gluten Free Bread
White or Wholegrain, 454g



8.99 ea

Wendel's Gluten Free Chocolate Chip Cookies
300g



5.49 ea

Oroweat Keto Tortillas
246g

PERFECTLY SLICED

Pair with creamy cheese on a Reuben sandwich!





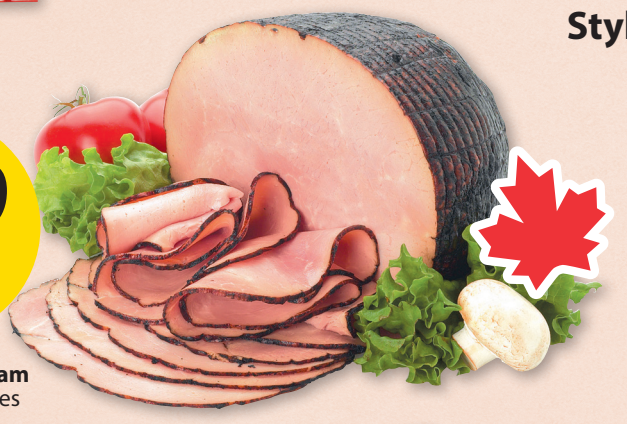


Buy 2+ 5.99 ea
OR 6.99 ea

Saputo Cheese Slices
Selected Varieties,
160g or 200g

3.79 100g

Montreal Style Beef



3.29 100g

Black Forest Ham
Selected Varieties



5.99 ea

Babybel Mini Cheese
Selected Varieties,
120g



10% off

Charcuterie Snacking Pack
Selected Varieties



5.99 100g

Manchego DOP Cheese
Aged 12 Months

NUTTY SAVOURY GOODNESS



ONLY WITH MY OFFERS
3.49 ea
First 1
LOAD NOW

3.99 ea

Western Family Hummus
Selected Varieties, 227g



6.99 ea

Bothwell Squeak'rs Real Cheese Curd Snack
White or Coloured, 240g



2.99 100g

Organic Mixed Olives



TASTE THE IRISH LUCK WITH OUR
SUPERIOR GRASS-FED CHEESE!



7.99 ea

Kerrygold Cheese
Reserve Cheddar or
Dubliner, 198g

LUCK O' THE CHEESE!

SAVINGS

Enjoy this week's feature cheeses.



7.99 ea

Kerrygold Dubliner Cheese
198g



7.99 ea

Kerrygold Reserve Cheddar Cheese
198g

READY-TO-SERVE SUPERB SALADS



Sweeten up your menu with uniquely fresh flavours developed exclusively by our own Kitchen Chefs.



9.99 ea

CHEF SALAD

Fresh greens, eggs, avocados, bacon, cucumber, ripe tomatoes, and sliced chicken, finished with a touch of feta cheese.

CAESAR SALAD

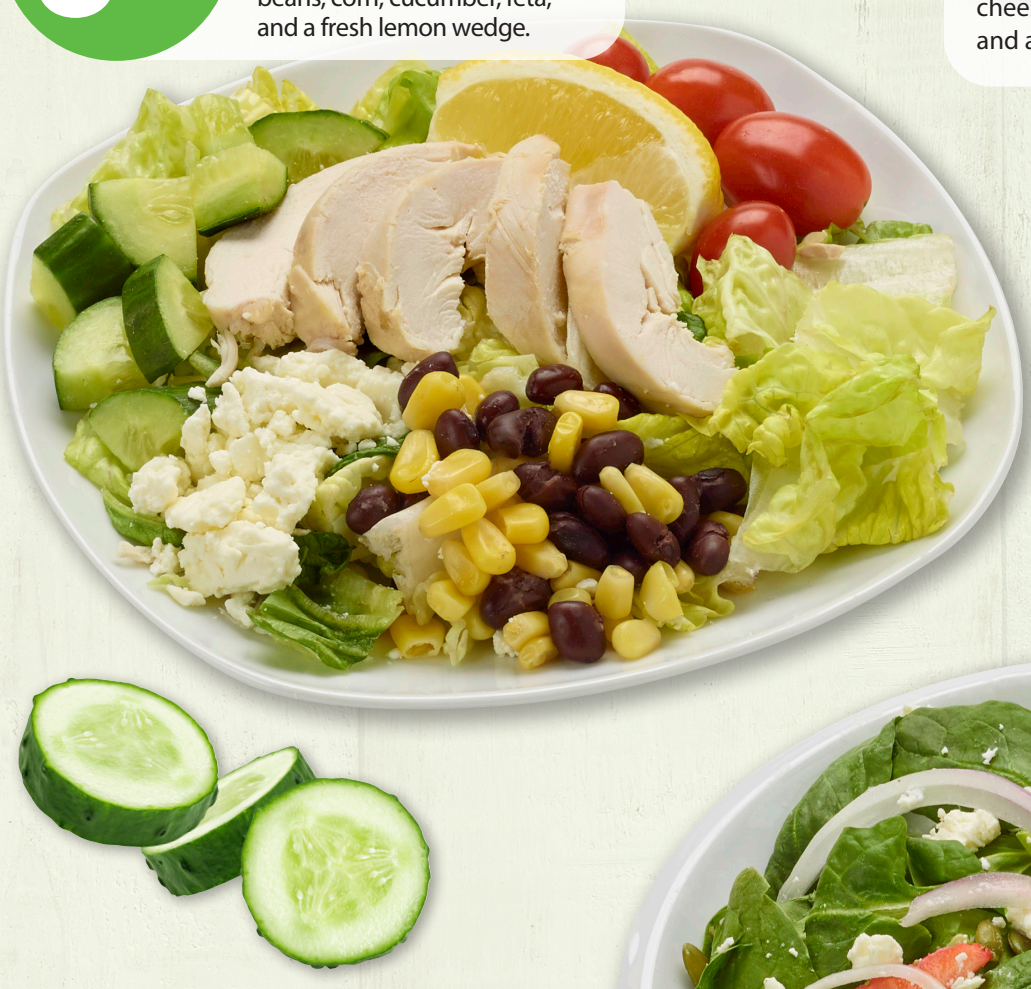
Crisp romaine, parmesan cheese petals, croutons, and a fresh lemon wedge.

6.99 ea

8.99 ea

SOUTHWESTERN CHICKEN SALAD

Made classic with romaine, chicken, grape tomatoes, black beans, corn, cucumber, feta, and a fresh lemon wedge.







7.99 ea

STRAWBERRY SPINACH SALAD

A vibrant blend of spinach with fresh strawberries, dried cranberries, pumpkin seeds, red onion, and sprinkled feta.

save on foods **KITCHEN**

GRAB 'N'GO

MADE FRESH IN STORE

EXCLUSIVELY OURS

EASTER FEAST meal kit

save on foods KITCHEN

See in-store for details

western family

2 NEW SOUP-ER FLAVOURS

Discover our lineup of ready to eat soups

SHOP NOW



new

Western Family Hearty Soup
Ready to Serve, 540 mL

2.29 ea

SIP & SNACK SAVES

western family

COMPARE & SAVE BIG



3.99 ea

Western Family Spring Water
24 x 500 mL

4.99 ea



Pure Life Spring Water
24 x 500 mL

6.49 ea



Bubly Sparkling Water
Selected Varieties, 12 x 355 mL

10.99 ea



Asahi Super Dry 0.0% (6 x 330 mL), Also Guinness 0% Beer (4 x 440 mL)

4 for $5



Cadbury Candy Also Maynards, Selected Varieties, 33g or 50g

2 for $6



Christie Ritz Crackers 180g

2 for $7



Go Go Squeez Apple Sauce Snacks 4 x 90g



ONLY WITH MY OFFERS
3.99 ea
First 5
LOAD NOW

4.49 ea **Miss Vickie's Potato Chips** 200g or 110g

MORNING DEALS



Leclerc Go Pure Bars (140g) or Celebration Mini Cookies (200g)

3 for $10



Kellogg's Pop Tarts (384g) or Rice Krispies Squares (160g), Selected Varieties

5.99 ea



JIF Peanut Butter 1 kg

2 for $5



SunRype 100% Pure Apple Juice (1 Litre) or Juice Boxes (5 x 200 mL), Selected Varieties





Hershey's Reese's King Size Bar
Selected Varieties



2$5 for

Hershey's Reese's Tablet Chocolate Bar
Also Jolly Rancher Gummies, 100g



2.99 ea

Twizzlers Licorice (454g) or Nibs (400g)

Reese's
BIG CUP GRAND MOULE
WITH/AVEC CHOCOLATE LAVA LAVE AU CHOCOLAT

CHOCOLATE MEETS LAVA.



4.99 ea

Hershey's Reese's Chocolate Pouches (210g), Also Brookside Chocolate Treats (200g), Selected Varieties



2$3 for

Hershey's Reese's Chocolate Bar
Selected Varieties, 34g or 58g



Refresh your fandom

OFFICIAL PARTNER



Fuze Iced Tea or Coca-Cola Soft Drinks, Selected Varieties, 12 x 355 mL



Buy 2+ **2.49 ea**

Coca-Cola Soft Drink Selected Varieties, 500 mL



3.99 ea

Core Power Protein Drink Selected Varieties, 414 mL



2 for $6

Glaceau Vitamin Water (591 mL), Also Smart Water (1 Litre), Selected Varieties



Buy 5+ **$1 ea**

Powerade Sports Drink Selected Varieties, 710 mL

PANTRY DEALS

western family

COMPARE & SAVE BIG



1.99 ea

Western Family Canned Tomatoes
Selected Varieties, 796 mL



2.49 ea

Unico Tomatoes
Selected Varieties, 796 mL



2 for $4

Betty Crocker Hamburger Helper
166g or 210g



5.49 ea

Farkay Noodles
397g



2 for $6

Catelli Protein Pasta
(340g) or Smart Pasta (375g)



3 for $10

Classico Pasta Sauce
(600 mL) or Alfredo (410 mL)



9.99 ea

Robin Hood Flour
5 kg



4 for $6

Heinz Baked Beans
398 mL

A WORLD OF SAVINGS



10.49 ea

Parliament Gold White Basmati Rice
8 lbs



4.99 ea

Taco Bell Dinner Kit
Selected Varieties, 370g or 420g



7.99 ea

Gia Clarified Butter
400g



2 for $7

Old El Paso Refried Beans
(398 mL) or Chopped Green Chilies (113 mL), Selected Varieties

SPOONFULS OF SAVINGS



5.99 ea

Kellogg's Froot Loops Cereal (480g) or Frosted Flakes (580g)

8.99 ea

Kellogg's Jumbo Mini-Wheats Cereal (1.05 kg) or Raisin Bran (1.15 kg)

5.99 ea

Kellogg's Krave Cereal (500g) or Corn Flakes (600g)

2 for $10

Kellogg's Frosted Flakes Cereal Less Sugar (338g) or Milkshake Cookies & Crème (343g)

2 for $10

Kellogg's Scooby-Doo! Cinnamon Crunch Cereal (301g) or Krave Churro (314g)

PROUDLY

MADE IN CANADA

YOU'VE GOT THIS



Buy 2 Quaker Products

GET $2 OFF

Limit 2



3 for $10

Quaker Instant Oatmeal (280g) or Low Sugar (232g), Selected Varieties



2 for $8

Quaker Harvest Crunch Cereal (475g) or Oatmeal Squares (500g)

2 for $6



Quaker Crispy Minis or Rice Cakes, Selected Varieties, 90g or 100g



3 for $8

Quaker Chewy Bars (120g) or Dipps (156g), Selected Varieties

NEW ARRIVALS

available at save on foods

DISCOVER NEW SNACKS, TREATS AND PANTRY ESSENTIALS — BE THE FIRST TO GRAB THESE HOT FINDS.

Sparkling, clean, and packed with 20g of protein



ProPOP is the protein drink you've been waiting for

new

4.99 ea

ProPOP Protein Sparkling Water Beverage
Selected Varieties, 355 mL



NEW

western family

A refreshing twist on the classic Italian lemon liqueur.
Proudly made in Surrey, BC.



5.49 ea

Western Family Sparkling Water
Selected Varieties, 12 x 355 mL

DAIRY



Armstrong Cheese
Selected Varieties,
600g



Olympic Krema Yogourt
Selected Varieties,
650g



2 for $7 **Western Family Greek Yogurt**
Selected Varieties,
4 x 100g



new

2.79 ea **Western Family Dip**
Selected Varieties,
227g



2.99 ea **Fuze Iced Tea**
(1.75 Litres) or Minute Maid Zero Sugar Beverage (1.54 Litres)



4.99 ea **International Delight Cold Foam**
Selected Varieties,
396g

FROZEN

Western Family Fruit
Frozen, 600g





Breyers Family Classic Frozen Dessert
Selected Varieties,
1.41 Litres



2 for $7.50 **Green Giant Vegetables**
Selected Varieties,
Frozen, 750g



7.49 ea **Western Family Lasagna**
or Shepherd's Pie,
Selected Varieties,
Frozen, 907g



3.49 ea **Kellogg's Eggo Waffles**
Selected Varieties,
Frozen, 280g



2 for $5 **Western Family Perogies**
Selected Varieties,
Frozen, 907g

BULK



Click to earn points faster than you can say 'nuts'.

Royal Mixed Nuts
Salted, Selected Varieties



Callebaut Semi Sweet Chocolate Chips
Also Milk Chocolate Chips



.69 100g

Easter Jelly Beans
Also Selected Varieties



30% off

Western Family Trail Mix
Also Selected Varieties, 500g



.89 100g

Gummy Bunny Mix



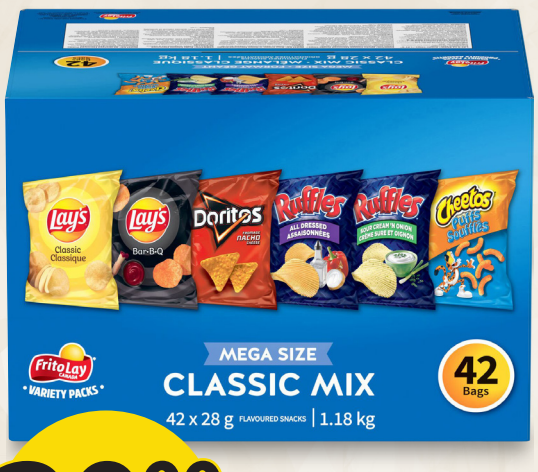
6.49 ea

Western Family Grab N'Go Candy
Selected Varieties, 425g or 600g



5.99 ea

Wonderful Pistachios
Selected Varieties, 225g



20.99 ea

Frito Lay Flavour Mix
(1.12 kg) or Classic Mix (1.18 kg), Value Pack

NATURAL



6.99 ea

Just Egg Folded Egg
Plant-Based, Frozen, 227g



5.99 ea

Pacific Foods Organic Soup
Selected Varieties, 1 Litre



6.49 ea

Zevia Soda
Zero Sugar, Selected Varieties, 6 x 355 mL



16.99 ea

Terra Granola Original Granola
800g or 850g



12.99 ea

Clif Bar Sport Bars
10's



7.99 ea

Millsie Cashew Dip
Selected Varieties, 185g



2 for $6

Earth's Own Oat Beverage
946 mL



13.99 ea

Drizzle Honey
500g



5.49 ea

Manitoba Harvest Organic Hemp + Chia & Flax Seed
200g



4.99 ea

Freeyumm Cookies
Selected Varieties



2 for $7

Hardbite Potato Chips
128g



4.99 ea

Whisps Cheese Crisps
60g



4.99 ea

Only Goodness Bone Broth
946 mL



11.99 ea

Only Goodness Organic Fair Trade Coffee Pods
12's



8.99 ea

Only Goodness Lactose Free Shredded Cheese
375g



6.99 ea

Only Goodness Organic Fruit
Frozen, 600g

HEALTH & WELLNESS



12.99 ea

Boost Nutritional Supplement Drink
Selected Varieties, 6 x 237 mL



20% off

Centrum Multivitamins
Selected Varieties, 90's or 120's



Diesel Whey Protein Powder
Selected Varieties, 908g

37.99 ea



Benylin All In One Syrup
Also Tylenol Complete, Selected Varieties, 270 mL

14.99 ea



20% off

Align Probiotic Supplements
Selected Varieties



16.99 ea

Advil Cold & Sinus
Selected Varieties, 32's or 40's



6.49 ea

Sensodyne Premium Toothpaste
Selected Varieties



15% off

Always Feminine Care
Also Tampax, Selected Varieties



16.99 ea

Western Family Muscle Pain Relief
Selected Varieties



5.99 ea

Tums Antacid
Selected Varieties

Protect yourself from Shingles

If you've had chickenpox, you're at a higher risk for shingles. An estimated 1 in 3 people will develop shingles in their lifetime. Help prevent shingles and get vaccinated today.

LEARN MORE

See your pharmacist for details.



CLEAN SAVINGS



Garnier Whole Blends Hair Care
(370 mL), Also Caprina Liquid Hand Soap (350 mL)

4.99 ea



11.99 ea

Method Personal Care
Selected Varieties



8.99 ea

Clairol Hair Colour
Also Curel Lotion (480 mL)



6.99 ea

Pantene Hair Care
(476 mL), Also Dial Liquid Hand Soap Refill (1.53 Litres)



6.99 ea

Dove Deodorant
(85g), Also Hello (73g)



11.99 ea

Pears Bar Soap
(12 x 75g), Also Bioré Patches, Selected Varieties

BABY CORNER



BUY 2 More REWARDS EARN 1500 POINTS

Johnson's Baby Skin Care
Selected Varieties



More REWARDS EARN 1400 POINTS

Aveeno Baby Products
Selected Varieties, 532 mL



20% off

WaterWipes Baby Wipes
Selected Varieties



25% off

Lansinoh Products
Selected Varieties

FRESH-FACED FINDS







Nivea Creme Jar
Selected Varieties, 200 mL

3.99 ea



Nivea Deodorant
50 mL

More REWARDS
FREE WITH 4000 POINTS REDEEMED



Nivea Body Wash
500 mL

7.99 ea



Nivea Cleansing Products
Selected Varieties

20% off



Eucerin Skin Care
Selected Varieties

Baby Bundle BARGAINS

THAT'S LIKE $42 IN TRAVEL!

More REWARDS
EARN 10,000 POINTS
when you spend $100 or more on Baby Products
Limit 2 offers.





































SPRING INTO DEALS



Western Family Disinfectant Wipes
Fresh Scent, 75's



Western Family Household Ammonia Cleaner
1.8 Litres



Western Family Multi-Surface Cleaner
1.3 Litres



Western Family Glass Cleaner
765 mL



Western Family All-Purpose Cleaner with Bleach
or Orange Anti-bacterial, 650 mL

CLEAN SAVES



10.99 ea

Purex Utra Bathroom Tissue
Triple Roll, 20=60 Rolls



17.99 ea

Bounty Paper Towels
6=12 Rolls



7.49 ea

Bounce Dryer Sheets
(120's), Also Downy Fabric Softener (1.3 Litres)



14.99 ea

Tide Pods
Also Gain, 42's

PET PICKS



11.99 ea

Tidy Cats Clumping Lightweight Cat Litter
2.72 kg



10.99 ea

Fancy Feast Cat Food
Wet, Variety Pack, 12 x 85g



16.99 ea

Churu Lickable Cat Treats
20's



52.99 ea

Blue Buffalo Dry Dog Food
9.9 kg

HOUSEHOLD DEALS



22.99 ea

Finish Quantum Dishwasher Detergent Tabs
Selected Varieties, 72's



20% off

Energizer Batteries
AA (16's) or AAN (10's)



Western Family Freezer Storage Bags
Selected Varieties, 10's or 28's



Alcan Aluminum Foil
Selected Varieties, 100 Feet



3.99 ea

Febreze Air Mist
(250g) or Bathroom Air Freshener (7.5 mL), Selected Varieties



More REWARDS
REDEEM 3000 POINTS & PAY
3.99 ea

Rubbermaid TakeAlongs Containers
Selected Varieties



15% off

Brita Water Filtration Products
Selected Varieties



15% off

Only Goodness Compostable Plates
or Bowls, Selected Varieties

NOVEL SAVINGS

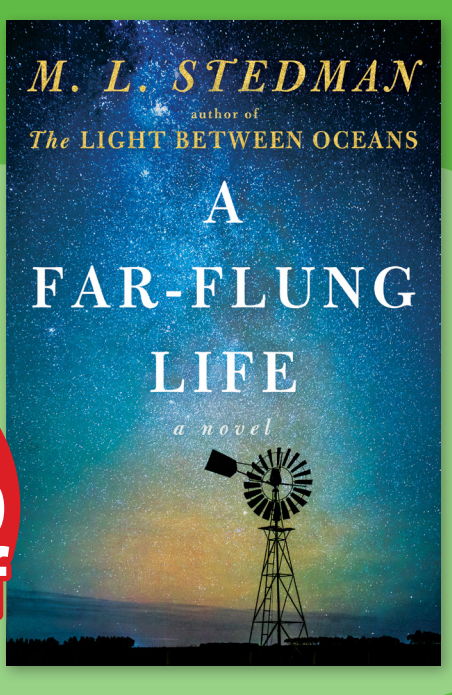


25% off

Silver Elite
Regular Retail 27.99

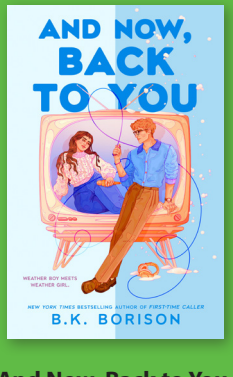
A Far-Flung Life
Regular Retail 27.99

25% off

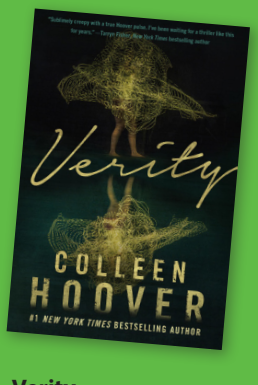




Liberty Street
Regular Retail 26.99



And Now, Back to You
Regular Retail 25.99



Verity
Regular Retail 24.99

western family™

EARN MORE POINTS

More REWARDS

Find great prices and EARN more points on Western Family products.



More REWARDS EARN 500 POINTS

Western Family 100% Pure Coconut Water
4 x 240 mL



BUY 3 More REWARDS EARN 1200 POINTS

Western Family Spices
Selected Varieties, 155g



BUY 3 More REWARDS EARN 350 POINTS

Western Family Canned Vegetables
Selected Varieties, 341 mL or 398 mL



BUY 3 More REWARDS EARN 850 POINTS

Western Family Salsa
Selected Varieties, 650 mL



BUY 2 More REWARDS EARN 500 POINTS

Western Family Quick Cooking Oats
or Steel Cut, 1 kg



More REWARDS EARN 700 POINTS

Western Family Almond Butter
350g

GET MORE FREE

Redeem points to get your favourite products for FREE.



More REWARDS FREE WITH 2800 POINTS REDEEMED

Western Family Microwave Popcorn
3-Pack



More REWARDS FREE WITH 3200 POINTS REDEEMED

Western Family Flour
Select Varieties, 2.5 kg



More REWARDS FREE WITH 2100 POINTS REDEEMED

Western Family Orange 100% Juice Blend
1 Litre



More REWARDS FREE WITH 3800 POINTS REDEEMED

Western Family Salted Butter
Selected Varieties, 454g



More REWARDS FREE WITH 5800 POINTS REDEEMED

Western Family Sweet & Salty Granola Bars
Selected Varieties, 18's



More REWARDS FREE WITH 7800 POINTS REDEEMED

Western Family Olive Oil
500 mL

SAVE ▸ EARN ▸ FREE ▸ REPEAT

save on foods

MILLION DOLLAR SCORE AND WIN

YOU COULD **WIN*** Groceries for a YEAR, Groceries for LIFE

or

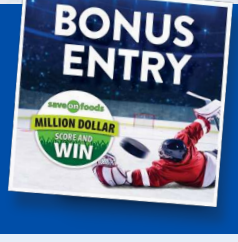
$1 MILLION





Congrats to our **9** **Groceries for a Year Winners so far!**

Look for these specially marked products for EXTRA chances to win.



6.99 ea
Kellogg's Vector Cereal
550g



4.19 ea
Mott's Clamato Juice
Selected Varieties, 1.89 Litres



6.49 ea
Hellmann's Mayonnaise
890 mL or 750 mL



3 for $9
Old Dutch Ridgies Potato Chips
Also Selected Varieties, 200g or 235g



3.33 ea
Coca-Cola Soft Drink
Also Canada Dry, Selected Varieties, 2 Litres



5.99 ea
Häagen-Dazs Ice Cream
Selected Varieties, 450 mL



4 for $7
Kraft Dinner
200g



9.99 ea
Armstrong Shredded Cheese
500g



15.99 ea
Tylenol Easy Open Pain Relief
Selected Varieties



$20 ea
Maple Leaf Prime Chicken Breast
Boneless, Skinless



2 for $8
Tostitos Tortilla Chips
Selected Varieties, 215g or 295g, First 4



11.99 ea
High Liner Signature Cuts Cod Fillets
Frozen, 515g or 425g



3.69 ea
Ocean's White Albacore Tuna
170g



7.99 ea new
Dr. Oetker Giuseppe Pizza
Frozen, 685g



*No purchase required. Skill-testing question required. †Odds of winning any prize depends upon the number of eligible entries received. See scoreandwinhockey.com for Rules and Regulations.

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Pepsi Soft Drinks
Selected Varieties, 12 x 355 mL

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Campbell's Chunky Soup
515 mL

Country Harvest 14 Grains Bread
No Perservatives, Also Selected Varieties, 600g

3.99 ea





2 for $6

Christie Cookies
Selected Varieties, 270g or 281g



13.99 ea

Western Family Chicken Wings
Selected Varieties, Frozen, 750g



6.99 ea

Siggi's Skyr Yogurt
Selected Varieties, 650g or 750g



12.99 ea

Tide Liquid Laundry Detergent
1.86 Litres



7.99 ea

Purex Double Bathroom Tissue
12 Rolls



3.99 ea

Skittles Candy
Also Starburst, 170g



4.99 ea

McCain Superfries
Selected Varieties, Frozen, 650g



4.99 ea

Maple Lodge Farms Sausages
Selected Varieties, Frozen, 375g or 500g



10.99 ea

Pogo Battered Wieners
Frozen, 750g



9.99 ea

Mini Babybel Cheese
Selected Varieties, 240g



Buy 2+ 7.49 ea

Fuze Iced Tea
or Coca-Cola Soft Drinks, Selected Varieties, 12 x 355 mL

*No purchase required. Skill-testing question required. †Odds of winning any prize depends upon the number of eligible entries received. See scoreandwinhockey.com for Rules and Regulations.

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ingredients & thoughtful meals to share with your family

Eid MUBARAK



7.49 ea

Sher Everyday Basmati Rice
8 lbs



14.99 ea

Sher Desi Style Durum Atta
20 lbs

3.99 ea



Tre Stelle Paneer
300g



Brio Sunflower Oil
3 Litres

7.99 ea



3 for $8

Tasty Bite
285g



2 for $3

Kurkure Masala Munch Snacks
or Chilli Chatka, 115g

KFI Cooking Sauce
Selected Varieties, 375 mL



4.99 ea

Gia Vegetable Ghee
1 Litre



4.99 ea



2.99 ea

Sundar By Western Family Naan
Selected Varieties, 500g

Sundar By Western Family Cooking Sauce
410 mL



3.49 ea









15% off

Sundar Spices
400g



5.49 ea

Hungryy? Mixed Vegetable Steamed Momos
350g



5.99 ea

Vij's Masala Spring Rolls
Frozen, 424g



1.49 ea

Maggi Masala Noodles
Family Pack, 280g



8.99 ea

Nanak Veggie Burger Patties
640g



.99 ea

Teja Mango Juice
1 Litre





2 for $4
Spinach
USA or Mexico, Bunch



2.49 ea
Eggplant
Mexico



1.99 lb
Roma Tomatoes
Mexico, 4.39/kg



.99 ea
Cilantro
Canada



12.99 ea
Zabiha Halal Chicken Burgers
800g



7.99 ea
Zabiha Halal Frankfurters
900g



5.99 ea
Zabiha Halal Cajun Chicken Breast
200g



3.99 ea
Zabiha Halal Chicken Wieners
450g





6.99 ea
Golden Valley Khudri Dates
1 kg



2.99 ea
Cedar Chick Peas
Unsalted, 540 mL



8.99 ea
Barbican Beverages
6 x 330 mL



9.99 ea
Alshifa Honey
500g



11.99 ea
Verka Sella Basmati Rice
10 lbs



5.49 ea
Jasmine Halva Vanilla
350g



8.99 ea
Al Rifai Coffee
450g



6.99 ea
Vimto Cordial Syrup
710 mL