food Basics

CANADIAN AND PROUD

ALWAYS MORE FOR LESS

SELECTION BAGELS 340 - 510 G
XTRA BREAD 675 G SELECTED VARIETIES

THIS WEEK ONLY **1.98** EACH

FRESH BONELESS PORK COMBINATION CHOPS INCLUDING CENTER CUT CHOPS OR LEAN GROUND PORK FAMILY PACK 6.57/KG

THIS WEEK ONLY **2.98** /LB

CHRISTIE CRACKERS 162 - 200 G
BITS & BITES OR CRISPERS 145 G SELECTED VARIETIES

THIS WEEK ONLY **1.98** EACH

JANES PUB STYLE FULLY COOKED OR AL SAFA HALAL BREADED CHICKEN 400 - 700 G FROZEN SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY **5.98** EACH

NESTLÉ PARLOUR 1.5 L NOVELTIES 6 - 12'S SELECTED VARIETIES

THIS WEEK ONLY **2.98** EACH

RACHEL'S ORIGINAL CORNED BEEF BRISKET OR PASTRAMI SELECTED VARIETIES 13.18/KG

THIS WEEK ONLY **5.98** /LB

LAY'S POTATO CHIPS OR SMARTFOOD POPCORN 150 - 235 G SELECTED VARIETIES

THIS WEEK ONLY **2.98** EACH

LACTANTIA PURFILTRE MILK 2 L (HOMOGENIZED MILK - 4.98 EA.)
BEATRICE CHOCOLATE MILK 2 L
ASTRO ORIGINAL BALKAN YOGURT 12 X 100 G
OLYMPIC ORGANIC YOGURT 650 G SELECTED VARIETIES

THIS WEEK ONLY **3.98** EACH

CADBURY MINI EGGS 875 G SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY **17.99** EACH

500 points value of $4

SELECTION CHEESE 400 G SHREDS 320 G SELECTED VARIETIES

THIS WEEK ONLY **4.88** EACH

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MARCH 12TH TO WEDNESDAY, MARCH 18TH, 2026

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

0701

VERSION 1

food Basics

CANADIAN AND PROUD

THIS WEEK ONLY

1.98 EACH

STRAWBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO.1 GRADE
454 G

THIS WEEK ONLY

88¢ EACH

ATAULFO HONEY MANGO
PRODUCT OF MEXICO

THIS WEEK ONLY

1.44 EACH

BROCCOLI CROWNS
PRODUCT OF U.S.A. AND/OR MEXICO

THIS WEEK ONLY

6.99 EACH

6" POTTED SPRING BULBS
ASSORTED VARIETIES
WHILE QUANTITIES LAST

GET READY TO SAVE! GREAT PRICES START

To view local store flyer, visit foodbasics.ca, where

0701 FB1/FB1_V1

MORE EID FOR LESS

1.99 EACH

HANS DAHI
650 - 750 G
SELECTED VARIETIES

2.99 EACH

CEDAR SPINACH
FROZEN
750 G

CEDAR LENTILS OR BURGOL
907 G
SELECTED VARIETIES

3.99 EACH

ALPHONSO OR ALJUICE FRUIT BEVERAGE
1.75 L
SELECTED VARIETIES

7.99 EACH

NOOR BASMATI RICE
4.54 KG
SELECTED VARIETIES

13.99 EACH

SHER ATTA FLOUR, BRAR'S DESI GHEE
9.07 KG, 800 G SELECTED VARIETIES

FB2/FB2

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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i earn with moi rewards

moi rewards

i redeem and save on what i buy most often

redeem 500 points = $4 in rewards

join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply, see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.

RENÉE'S SALAD DRESSINGS
750 ML
SELECTED VARIETIES
THIS WEEK ONLY 7.88 EACH
40 points

WONG WING ASIAN STYLE ENTRÉES
FROZEN 400 - 500 G
SELECTED VARIETIES
THIS WEEK ONLY 7.49 EACH
40 points

DIMPFLMEIER BREAD
454 - 500 G
SELECTED VARIETIES
THIS WEEK ONLY 2.99 EACH
15 points

BEATRICE B-FIT PROTEIN MILKSHAKE
460 ML
SELECTED VARIETIES
LOCKED DOWN 2.99 EACH
15 points

ACTIVIA EXPERT YOGURT
4 X 100 G
SELECTED VARIETIES
LOCKED DOWN 3.49 EACH
20 points

SNACK PACK PUDDING OR GEL SNACK
4'S
SELECTED VARIETIES
LOCKED DOWN 2.29 EACH
15 points

STARBUCKS NESPRESSO COFFEE CAPSULES
10'S SELECTED VARIETIES
LOCKED DOWN 9.79 EACH
50 points

OLD EL PASO TACO KIT
250 - 400 G
SELECTED VARIETIES
LOCKED DOWN 3.99 EACH
20 points

KRAFT DINNER NOODLE MEAL
5 X 200 G
SELECTED VARIETIES
LOCKED DOWN 4.99 EACH
25 points

CORONA CERO ALCOHOL-FREE BEER
6 X 330 ML
BUDWEISER ALCOHOL FREE BEER
6 X 355 ML
SELECTED VARIETIES
LOCKED DOWN 12.49 EACH
55 points

REALEMON JUICE
945 ML
SELECTED VARIETIES
LOCKED DOWN 2.99 EACH
15 points

HARIBO GOLDBEARS GUMMIES
175 G
SELECTED VARIETIES
LOCKED DOWN 1.99 EACH
10 points

S.O.S STEEL WOOL PADS
10'S
SELECTED VARIETIES
LOCKED DOWN 2.99 EACH
15 points

CHOOSE CANADIAN

GREEN CABBAGE
PRODUCT OF ONTARIO, CANADA
NO. 1 GRADE
1.94/KG

88¢ /LB

MINI CUCUMBERS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

3.99 EACH

SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS 375 G
SCHNEIDERS MEAT PIES 330 - 400 G FROZEN SELECTED VARIETIES

4.49 EACH

SCHNEIDERS OR MAPLE LEAF SMOKED BONELESS HALF HAM 600 - 700 G SELECTED VARIETIES

9.99 EACH

SELECTION BAGELS 340 - 510 G
XTRA BREAD 675 G
SELECTED VARIETIES

1.98 EACH

IRRESISTIBLE MINI MUFFINS 336 G
TARTS 510 G
SELECTED VARIETIES

3.99 EACH

SELECTION CHEESE 400 G
SHREDS 320 G
SELECTED VARIETIES

4.88 EACH

NESTLÉ PARLOUR 1.5 L
NOVELTIES 6 - 12'S
SELECTED VARIETIES

2.98 EACH

LACTANTIA PURFILTRE MILK 2L (HOMOGENIZED MILK - $4.98 EA.)
BEATRICE CHOCOLATE MILK 2L
ASTRO ORIGINAL
BALKAN YOGURT 12 X 100 G
OLYMPIC ORGANIC YOGURT 650 G
SELECTED VARIETIES

3.98 EACH

TIM HORTONS READY TO SERVE SOUP 540 ML
SELECTED VARIETIES

3.29 EACH

PHILADELPHIA CREAM CHEESE 227 - 250 G
KRAFT SINGLES 410 G
CHEEZ WHIZ SPREAD 450 G SELECTED VARIETIES

3.98 EACH

KRAFT DINNER NOODLE MEAL 5 X 200 G
SELECTED VARIETIES

4.99 EACH

25 points

LAY'S POTATO CHIPS OR SMARTFOOD POPCORN 150 - 235 G SELECTED VARIETIES

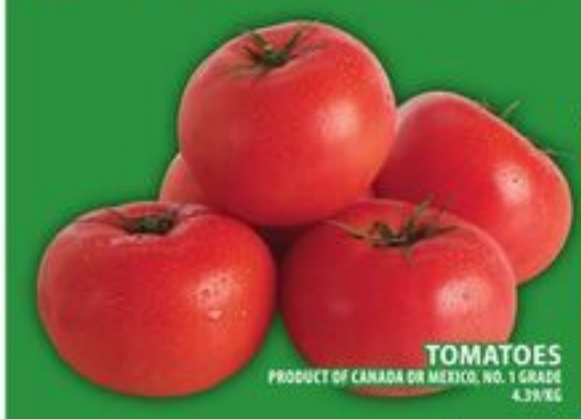
2.98 EACH

CASHMERE BATHROOM TISSUE 12 = 24'S
SPONGE TOWELS ULTRA PAPER TOWELS 3 = 6'S
SCOTTIES FACIAL TISSUE 6'S SELECTED VARIETIES

6.98 EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE
4.39/KG

THIS WEEK ONLY
1.99 /LB

LEMONS
PRODUCT OF U.S.A. AND/OR SOUTH AFRICA, 2 LB
AVOCADOS
PRODUCT OF MEXICO AND/OR PERU, 5 OR 6 PACK

THIS WEEK ONLY
3.99 EACH

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
227 G

THIS WEEK ONLY
2.77 EACH

RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO.1 GRADE 170 G
BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE 150 - 170 G

THIS WEEK ONLY
3.99 EACH

CANTALOUPES
PRODUCT OF GUATEMALA AND/OR HONDURAS, NO.1 GRADE

THIS WEEK ONLY
2.99 EACH

GREEN OR RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA AND/OR PERU, NO.1 GRADE
8.80/KG

THIS WEEK ONLY
3.99 /LB

MINI SWEET PEPPERS
PRODUCT OF CANADA AND/OR MEXICO
454 G
MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO.1 GRADE
397 G

THIS WEEK ONLY
3.99 EACH

CLEMENTINES
PRODUCT OF MOROCCO
2 LB
KIWIS
PRODUCT OF GREECE
600 G BASKET

THIS WEEK ONLY
4.99 EACH

CARROTS OR YELLOW ONIONS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE
2 LB

THIS WEEK ONLY
2/$5

ASPARAGUS
PRODUCT OF MEXICO
8.80/KG

THIS WEEK ONLY
3.99 /LB

YELLOW FLESH, WHITE OR RED POTATOES
PRODUCT OF CANADA, NO.1 GRADE
5 LB
RUSSET POTATOES
PRODUCT OF PRINCE EDWARD ISLAND, CANADA NO. 1
5 LB

THIS WEEK ONLY
3.99 EACH

SWEET ASSORTED PEPPERS
PRODUCT OF HONDURAS AND/OR MEXICO
PKG OF 4
ROMAINE HEARTS
PRODUCT OF U.S.A. AND/OR MEXICO
3 PK

THIS WEEK ONLY
4.99 EACH

GREEN CABBAGE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
1.94/KG

THIS WEEK ONLY
88¢ /LB

VISION GREENS LETTUCE
113 G
SELECTED VARIETIES

THIS WEEK ONLY
3.99 EACH

RENÉE'S SALAD DRESSING
750 ML
SELECTED VARIETIES

THIS WEEK ONLY
7.88 EACH

40 points

FLORAL

pick Ontario

10 STEM PUSSY WILLOW OR SWEETHEART ROSES
WHILE SUPPLIES LAST

THIS WEEK ONLY
$8 EACH

10 STEM TULIPS
WHILE SUPPLIES LAST

THIS WEEK ONLY
8.88 EACH

4.5" SHAMROCK OR CAT GRASS GROW KIT
WHILE SUPPLIES LAST

THIS WEEK ONLY
2.99 EACH

5" ORCHID
WHILE SUPPLIES LAST

THIS WEEK ONLY
13.98 EACH

MEAT

SCHNEIDERS OR MAPLE LEAF SMOKED BONELESS HALF HAM
600 - 700 G
SELECTED VARIETIES
THIS WEEK ONLY **9.99** EACH

AUTHENTIC FRESH PORK SAUSAGES
HOT, MILD, HONEY GARLIC OR ENGLISH BANGER
SELECTED VARIETIES
THIS WEEK ONLY **4.99** EACH

HALAL AT SAME PRICE

FRESH CHICKEN DRUMSTICKS
BAGGED INCLUDES ZABIHA HALAL SELECTED VARIETIES
6.59/KG
THIS WEEK ONLY **2.99** /LB

COOK'S SMOKED HAM PORTIONS
SELECTED VARIETIES WHILE QUANTITIES LAST
6.59/KG
THIS WEEK ONLY **2.99** /LB

COHO SALMON FILLET
PREVIOUSLY FROZEN SELECTED VARIETIES
26.43/KG
THIS WEEK ONLY **11.99** /LB

NATURALIA LEAN GROUND BEEF
454 G
SELECTED VARIETIES
THIS WEEK ONLY **8.99** EACH

POGO ORIGINAL BREADED SAUSAGES
PKG OF 4
300 G FROZEN
SELECTED VARIETIES
THIS WEEK ONLY **3.99** EACH

SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS
375 G
SCHNEIDERS MEAT PIES
330 - 400 G
FROZEN
SELECTED VARIETIES
LOCKED DOWN **4.49** EACH

SCHNEIDERS OR MAPLE LEAF BACON
65 - 375 G
SELECTED VARIETIES
THIS WEEK ONLY **5.99** EACH

MARC ANGELO MARINATED CHICKEN BREAST PORTIONS OR STIR FRY STRIPS
300 - 454 G
SELECTED VARIETIES
THIS WEEK ONLY **6.99** EACH

FONTAINE SANTÉ HUMMUS
227 - 260 G
SELECTED VARIETIES
THIS WEEK ONLY **3.49** EACH

MARC ANGELO ITALIAN SLICED DELI MEAT
85 G
SELECTED VARIETIES
THIS WEEK ONLY **5.99** EACH

SWISS CHALET OR MONTANA'S MEAT PIES
470 G
FROZEN
SELECTED VARIETIES
THIS WEEK ONLY **7.99** EACH

SCHNEIDERS CHICKEN WINGS
675 G
FROZEN
SELECTED VARIETIES
THIS WEEK ONLY **10.99** EACH

IRRESISTIBLES FRESH PASTA
2 X 225 - 2 X 250 G
SELECTED VARIETIES
THIS WEEK ONLY **4.49** EACH

TRE STELLE PANEER OR HALLOUMI
200 - 300 G
SELECTED VARIETIES
THIS WEEK ONLY **4.99** EACH

SCHNEIDERS PEPPERETTES
250 - 375 G
SELECTED VARIETIES
THIS WEEK ONLY **7.99** EACH

CASTELLO HAVARTI
425 G
SELECTED VARIETIES
THIS WEEK ONLY **8.99** EACH

NORTHERN KING WHOLE TILAPIA OR MARINA DEL REY WILD ARGENTINIAN SHRIMP
20 - 30 CT
FROZEN
300 G - 1 KG
SELECTED VARIETIES
THIS WEEK ONLY **7.49** EACH

GOURMETA THAI SHRIMP
COOKED 65 - 75 CT OR RAW 31 - 40 CT
300 - 340 G FROZEN
SELECTED VARIETIES
THIS WEEK ONLY **7.49** EACH

IRRESISTIBLES TORPEDO SHRIMP
284 G FROZEN
SELECTED VARIETIES
THIS WEEK ONLY **7.99** EACH

HIGH LINER PAN SEAR OR SIGNATURE CUTS FISH FILLETS OR CATCH OF THE DAY FISH FILLETS
425 G - 1.32 KG
FROZEN
SELECTED VARIETIES
THIS WEEK ONLY **12.99** EACH

BAKERY

THIS WEEK ONLY

2.99 EACH

DEMPSTER'S WHOLE GRAIN BREAD 600 G
DEMPSTER'S OR TIA ROSA TORTILLAS 272 - 340 G
SELECTED VARIETIES

IRRESISTIBLE MINI MUFFINS 336 G
TARTS 510 G
SELECTED VARIETIES

THIS WEEK ONLY

3.99 EACH

IRRESISTIBLE BRIOCHE BREAD OR BUNS 480 - 500 G
SELECTED VARIETIES

THIS WEEK ONLY

4.49 EACH

SELECTION PASTRIES 660 - 825 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH

MORE GREAT SAVINGS FOR LESS

BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
NATURAL CHEESE SLICES 220 - 240 G
GALBANI MOZZARELLA 500 G SELECTED VARIETIES

LOCKED DOWN

5.48 EACH

GENERAL MILLS NATURE VALLEY GRANOLA BARS 148 - 175 G
FIBRE 1 125 G SELECTED VARIETIES

LOCKED DOWN

2.99 EACH

OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS 1.77 - 1.89 L
SELECTED VARIETIES

LOCKED DOWN

3.99 EACH

SHAW'S ICE CREAM 1.5 L
SELECTED VARIETIES

LOCKED DOWN

6.99 EACH

PHILADELPHIA DIPS 227 G
SELECTED VARIETIES

LOCKED DOWN

3.79 EACH

SELECTION OR LIFE SMART DELUXE MIXED NUTS OR CASHEWS 1.13 KG
SELECTED VARIETIES

LOCKED DOWN

19.99 EACH

DOLE PINEAPPLE 398 ML
SELECTED VARIETIES

LOCKED DOWN

2.49 EACH

MELITTA COFFEE BEANS 907 G
SELECTED VARIETIES

LOCKED DOWN

28.99 EACH

FRANCO AMERICAN 284 ML
CLUB HOUSE GRAVIES EACH
SELECTED VARIETIES

LOCKED DOWN

99¢ EACH

KNORR SIDEKICKS 120 - 153 G
OCEAN SPRAY CRANBERRY SAUCE 348 ML
SELECTED VARIETIES

LOCKED DOWN

1.99 EACH

PEACE TEA ICED TEA 695 ML
POWERADE SPORTS DRINKS 710 ML
SELECTED VARIETIES

LOCKED DOWN

1.25 EACH

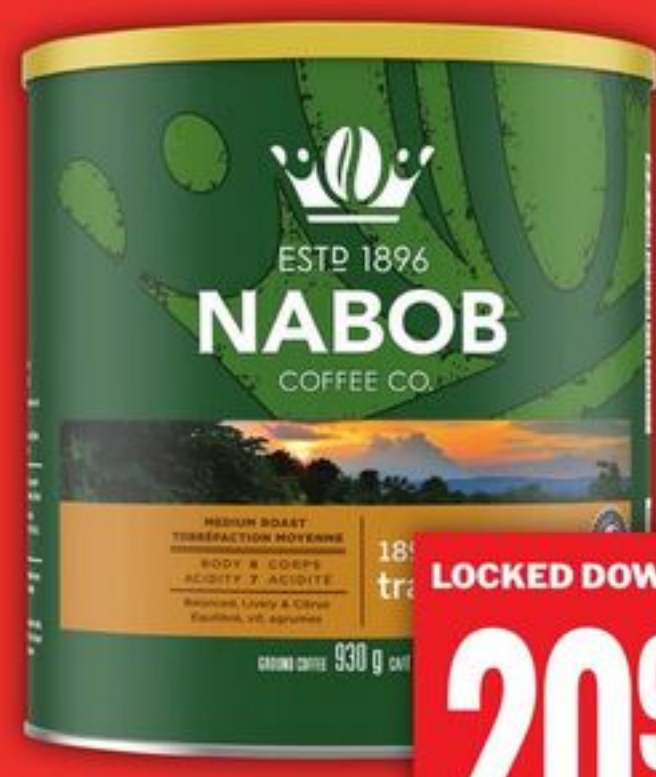
MAISON PERRIER SPARKLING WATER 1 L 8 X 330 ML
SELECTED VARIETIES

LOCKED DOWN

7.99 EACH

LOCKED DOWN

LIBERTÉ GREEK YOGURT
650 - 750 G
SELECTED VARIETIES
LOCKED DOWN 6.49 EACH



NABOB TRADITION GROUND COFFEE
930 G
SELECTED VARIETIES
LOCKED DOWN 20.99 EACH

COCA-COLA MINI CANS
6 X 222 ML
SELECTED VARIETIES
LOCKED DOWN 4.49 EACH

STOVE TOP STUFFING MIX
120 G
SELECTED VARIETIES
LOCKED DOWN 1.49 EACH

PRINGLES POTATO CHIPS OR MINGLES SNACKS
155 - 200 G
SELECTED VARIETIES
LOCKED DOWN 2.79 EACH

TIM HORTONS READY TO SERVE SOUP
540 ML
SELECTED VARIETIES
LOCKED DOWN 3.29 EACH

FRANK'S REDHOT SAUCE
354 ML
SELECTED VARIETIES
LOCKED DOWN 4.79 EACH

NESTLÉ CARNATION HOT CHOCOLATE
400 - 450 G
SELECTED VARIETIES
LOCKED DOWN 6.29 EACH
35 points

PURE LEAF ICED TEA
1.75 L
TROPICANA REFRESHERS DRINKS
1.36 L
SELECTED VARIETIES
LOCKED DOWN 4.49 EACH
25 points

VAN HOUTTE COFFEE CAPSULES
30'S
SELECTED VARIETIES
LOCKED DOWN 28.99 EACH

ROBIN HOOD FLOUR
1 KG
SELECTED VARIETIES
LOCKED DOWN 3.49 EACH

MOTT'S CLAMATO COCKTAIL
2.34 L
SELECTED VARIETIES
LOCKED DOWN 4.79 EACH

BARRY'S TEA
80'S
SELECTED VARIETIES
LOCKED DOWN 7.49 EACH

DAINTY BASMATI RICE
900 G
SELECTED VARIETIES
LOCKED DOWN 6.49 EACH
35 points

FANCY FEAST CAT FOOD
85 G
SELECTED VARIETIES
LOCKED DOWN 90¢ EACH

SCRUBBING BUBBLES BATHROOM CLEANER
946 ML
SELECTED VARIETIES
LOCKED DOWN 4.99 EACH

GLAD GARBAGE BAGS
30 - 44'S
SELECTED VARIETIES
LOCKED DOWN 11.99 EACH

LYSOL LAUNDRY DISINFECTANT
2.7 L
SELECTED VARIETIES
LOCKED DOWN 12.99 EACH

PERSONAL CARE FOR LESS

HERBAL ESSENCES HAIR CARE
346 ML
SELECTED VARIETIES
LOCKED DOWN 2/$8

SENSODYNE TOOTHPASTE
110 - 135 ML
SELECTED VARIETIES
LOCKED DOWN 6.49 EACH

DOVE, OLAY BEAUTY BAR SOAP
3 - 4'S
SELECTED VARIETIES
LOCKED DOWN 6.99 EACH

PAMPERS EASY UPS TRAINING UNDERWEAR
56 - 66'S
SELECTED VARIETIES
LOCKED DOWN 29.99 EACH

ALWAYS GREAT PRICE

SELECTION FLOUR
2.5 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.77 EACH

IRRESISTIBLE ICE CREAM
1.5 L

ICE CREAM BARS
4'S FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE
4.88 EACH

SELECTION EVAPORATED MILK
354 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.88 EACH

SELECTION GROUND COFFEE
925 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
15.99 EACH

SELECTION OR IRRESISTIBLES PARMESAN CHEESE
250 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.99 EACH

SELECTION POTATO CHIPS
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.49 EACH

IRRESISTIBLES SNACKS
142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.49 EACH

SELECTION DRY BEANS
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.49 EACH

SELECTION CONDENSED SOUP
284 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.27 EACH

SELECTION LIGHT OR FLAVOURED TUNA
85 - 170 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.49 EACH

IRRESISTIBLE SPARKLKING SPRING WATER
6 X 1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE
4.44 EACH

SELECTION SODA CRACKERS
454 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.49 EACH

IRRESISTIBLE COOKIES
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.79 EACH

SELECTION CRISPY RICE SQUARE
520 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.49 EACH

SELECTION GLASS CLEANER
950 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.97 EACH

SELECTION SANDWICH BAG
300'S
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.99 EACH

SELECTION VALUE SIZE PARCHMENT PAPER
50 M
SELECTED VARIETIES

ALWAYS GREAT PRICE
9.99 EACH

SELECTION BATHROOM TISSUE
30 = 100'S

ALWAYS GREAT PRICE
19.99 EACH

EASTER FAVOURITES FOR LESS

IRRESISTIBLES MINI MILK CHOCOLATE EGGS
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **4.49** EACH

LINDT LINDOR EASTER EGGS
100 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **4.99** EACH

SELECTION SOLID MILK CHOCOLATE RABBIT
100 G
WHILE QUANTITIES LAST

EASTER SAVINGS **1.79** EACH

NESTLÉ KIT KAT BUNNY
85 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **3.99** EACH

SELECTION MILK CHOCOLATE MINI EGGS
250 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **4.49** EACH

FERRERO KINDER SURPRISE EGGS
100 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **6.49** EACH

NESTLÉ AERO EASTER LAMB CHOCOLATE
25 G
CADBURY CREME EGGS
34 G
MINI EGGS
33 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **1.11** EACH

FERRERO KINDER SURPRISE
60 G
SELECTED VARIETIES

EASTER SAVINGS **4.29** EACH

CADBURY MINI EASTER EGGS
148 - 154 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **6.79** EACH

CADBURY MINI EGGS
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **5.79** EACH

HERSHEY'S SOLID EASTER BUNNY EASTER CHOCOLATE
97 - 170 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **5.99** EACH

PEEPS MARSHMALLOW EASTER CANDY
85 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **2.49** EACH

NESTLÉ EASTER HIDE ME EGGS
100 - 153 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **5.49** EACH

TERRY'S EASTER CHOCOLATE
145 G
CADBURY CARAMEL BUTTONS
96 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **5.99** EACH

LINDT GOLD BUNNY EASTER CHOCOLATE
100 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **7.99** EACH

FERRERO KINDER SURPRISE MAXI
150 G
FERRERO ROCHER RABBIT
162.5 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

EASTER SAVINGS **12.99** EACH

MORE EID FOR LESS

2 LB

MEDJOOL DATES
907 G
9.99 EACH

ADONIS VEGETABLE OR HALAL BEEF KIBBEH
FROZEN
540 G
SELECTED VARIETIES
9.99 EACH

ARJUN BASMATI RICE
3.63 KG
SELECTED VARIETIES
7.99 EACH

PHOENICIA OR CEDAR YOGURT
650 - 750 G
NORDEX KESHTA CREAM
170 ML
SELECTED VARIETIES
2.49 EACH

CEDAR CANNED BEANS
540 ML
SELECTED VARIETIES
1.49 EACH

20 LB

PILLSBURY CHAKKI ATTA FLOUR
9.07 KG
9.99 EACH

NOOR DATES, ROOH AFZA SYRUP OR SHERBON JUICE
800 G, 800 ML, 2 L SELECTED VARIETIES
4.99 EACH

BRAR'S SAMOSAS
624 G
FROZEN
SELECTED VARIETIES
6.49 EACH

CEDAR MARSHMALLOWS OR ROSE OR ORANGE WATER
250 G, 250 - 398 ML
SELECTED VARIETIES
1.99 EACH

DIVYA LENTILS OR BLACK CHICK PEAS
1.8 - 1.81 KG
SELECTED VARIETIES
3.99 EACH

PATAK'S OR KFI COOKING SAUCE
375 - 400 ML
SELECTED VARIETIES
3.99 EACH

SURATI SNACKS, DIVYA ROASTED CHANA, RUBICON DRINKS
200 - 400 G, 1 L
SELECTED VARIETIES
2.49 EACH

CEDAR MARINADES, CUCUMBERS OR GRAPE LEAVES
796 ML, 1 L
SELECTED VARIETIES
4.99 EACH

DIVYA NAANS OR PARATHAS
320 - 400 G FROZEN
SELECTED VARIETIES
1.99 EACH

BEST NECTARS, DIVYA MANGO PULP
1 L, 850 G
SELECTED VARIETIES
2.99 EACH

ALKANATER OR CEDAR TAHINI, PHOENICIA HONEY
500 - 907 G
SELECTED VARIETIES
8.99 EACH

PARLE G OR LU COOKIES
84 - 300 G
SELECTED VARIETIES
99¢ EACH

INDOMIE NOODLES OR MAGGI SAUCE
5 X 80 - 5 X 85 G, 340 ML
SELECTED VARIETIES
3.49 EACH

DELIVERING FREE PRODUCTS

VALUE OF $6.99

*Offer valid from March 12 to March 18, 2026
for online orders of $100 or more. Conditions apply.

FREE

Selection Brownie Bites, Value Pack, Moist & Fudgy 608 g

WITH YOUR NEXT ONLINE PURCHASE OF $100 OR MORE*

PROMO CODE:
BROWNIES

SHOP FOODBASICS.CA

D12D12D12D12

CONAGRA BRANDS

VH SAUCE
341 - 380 ML
SELECTED VARIETIES
LOCKED DOWN 3.29 EACH

HUNT'S TOMATO SAUCE OR MANWICH
398 - 680 ML
SELECTED VARIETIES
LOCKED DOWN 2.49 EACH

AYLMER TOMATOES
540 - 796 ML
SELECTED VARIETIES
LOCKED DOWN 2.49 EACH

PAM COOKING SPRAY
141 - 178 G
SELECTED VARIETIES
LOCKED DOWN 5.49 EACH

SNACK PACK PUDDING OR GEL SNACK
4'S
SELECTED VARIETIES
LOCKED DOWN 2.29 EACH
15 points

ORVILLE REDENBACHER POPCORN
820 G
SELECTED VARIETIES
LOCKED DOWN 7.49 EACH

P.F.CHANG'S MEAL
312 G FROZEN
SELECTED VARIETIES
LOCKED DOWN 6.99 EACH

P.F.CHANG'S SAUCE
350 ML
SELECTED VARIETIES
LOCKED DOWN 4.49 EACH

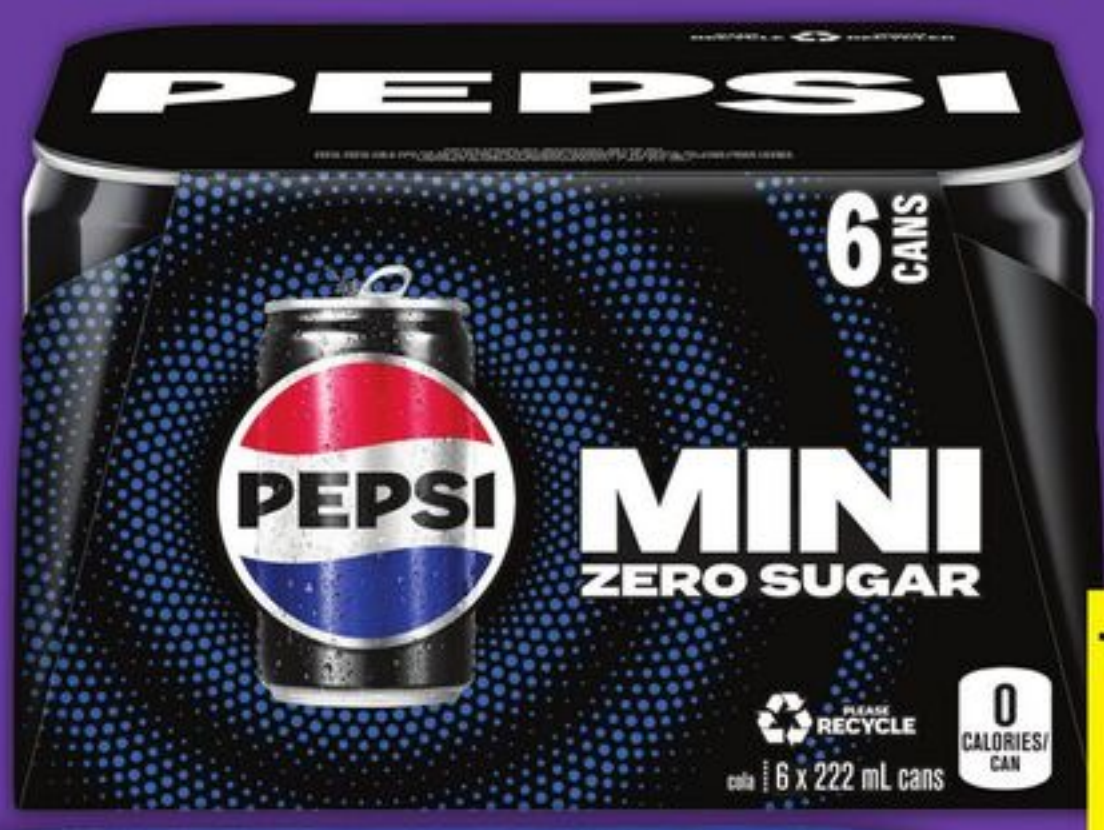
MARIE CALLENDER'S MEAL
680 G FROZEN
SELECTED VARIETIES
LOCKED DOWN 9.49 EACH

GARDEIN FROZEN MEAL
390 - 425 G
SELECTED VARIETIES
LOCKED DOWN 9.49 EACH

PEPSI

i earn with moi rewards

moi rewards

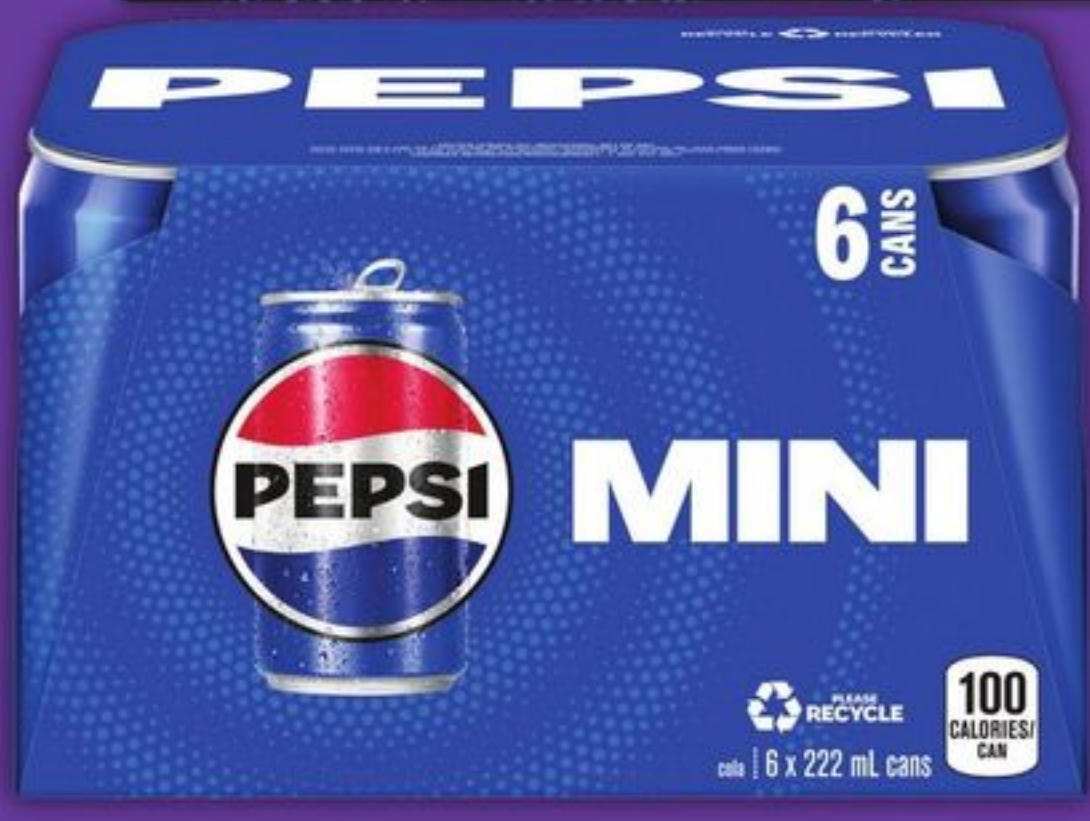


PEPSI MINI CANS

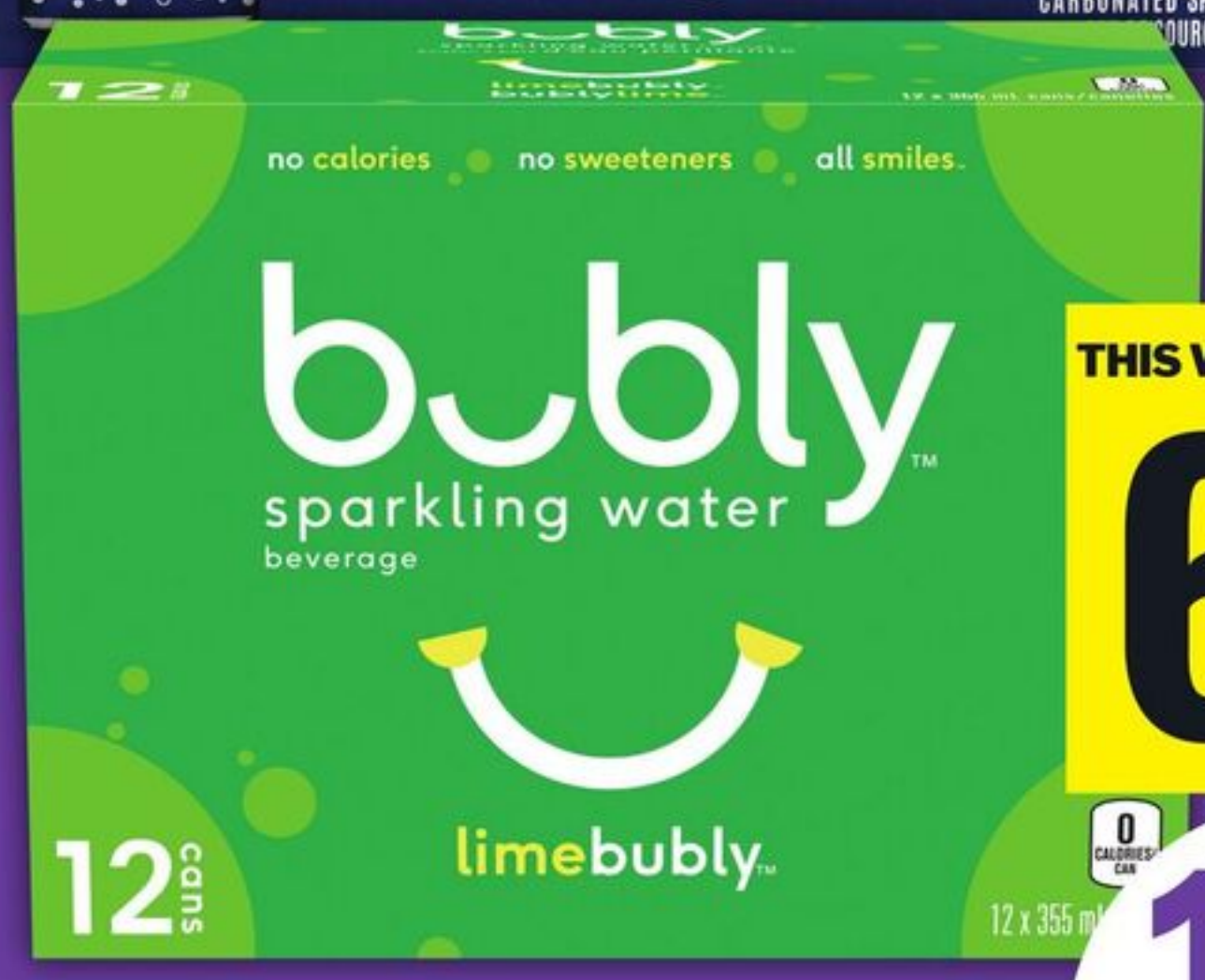
6 X 222 ML
SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH



50 points



THIS WEEK ONLY

6.49 EACH

125 points

value of $1

BUBLY SPARKLING WATER

12 X 355 ML

MONTELLIER CARBONATED WATER

10 X 355 ML
SELECTED VARIETIES