

# Shared plates, shared joy

Discover more value this Easter

Optimum

Members-Only Price™

**10<sup>99</sup>**

Non-members  
**19<sup>99</sup>**

Members save  
**\$9**



## HIGH LINER PAN SEAR SELECTS

500-540 G OR SIGNATURE CUTS

**HADDOCK** 425 G

SELECTED VARIETIES FROZEN

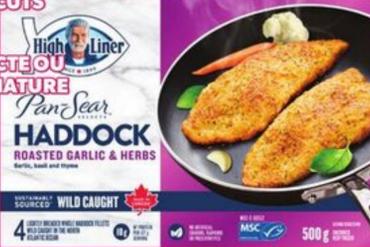
**POISSON POÛLÉE SÉLECTE** OU

**AIGLEFIN COUPES SIGNATURE**

**HIGH LINER**

20845016\_EA

21186729\_EA



**HOT PRICE**

**1<sup>25</sup>**

**NO NAME® BROTH**

SELECTED VARIETIES

900 ML

**BOUILLON**

**SANS NOM®**

21189610\_EA

21189611\_EA



**SAVE 42%**



**\$4**

**PHILADELPHIA CHIP DIP** 227 G, **CREAM CHEESE**

227/250 G OR **WHIPPED CREAM CHEESE** 227 G,

**KRAFT CHEEZ WHIZ** 450 G OR **SINGLES** 410 G

SELECTED VARIETIES

**TREMPETTE, FROMAGE À LA CRÈME** OU **FROMAGE À LA CRÈME FOUETTÉ**

**PHILADELPHIA** OU **CHEEZ WHIZ** OU **SINGLES KRAFT**

20641267\_EA

21188654\_EA



**HOT PRICE**

**1<sup>79</sup>**

**PC® KETTLE COOKED,**

**KETTLE RIPPLED,**

**LOADS OF™ OR**

**WORLD OF™**

**FLAVOURS**

**POTATO CHIPS**

SELECTED VARIETIES

200 G

**CROUSTILLES CUITES À LA MARMITE,**

**CUITES À LA MARMITE ONDULÉES,**

**PLEINES DE™ OU**

**SAVEURS DU MONDE**

**PC<sup>MD</sup>**

20839412001\_EA/21422931\_EA



**HOT PRICE**

**3<sup>25</sup>**

**SILK NON-DAIRY BEVERAGES**

SELECTED VARIETIES

1.74-1.89 L

**BOISSONS NON LAITIÈRES SILK**

20315090001\_EA

21243598\_EA



**SAVE UP TO \$2.49**

**\$6**

**MARCANGELO ITALIAN DELI SLICED MEAT 85 G OR BOURSIN SOFT CHEESE 150 G SELECTED VARIETIES**  
**VIANDES ITALIENNES TRANCHEES EN CHARCUTERIE MARCANGELO OU FROMAGE A PATE MOLLE BOURSIN**  
20116794\_EA/21706089\_EA



**HOT PRICE**

**\$3**

**PC® DIPS OR HUMMUS 200-228 G OR NAAN CRISPS 170 G SELECTED VARIETIES**  
**TREMPETTES OU HUMMUS OU CRAQUELINS DE NAANS PC®**  
21639152\_EA/21683470\_EA



**HOT PRICE**

**\$18**

**NANUK SMOKED COHO SALMON FROZEN SAUMON COHO FUMÉ NANUK**  
300 G  
20114139\_EA



**HOT PRICE**

**3.75**

**SOURDOUGH PUMPERNICKEL BREAD 574 G PAIN AU LEVAIN OU PUMPERNICKEL**  
20132458\_EA

**NATIONAL SOURDOUGH BREAD DAY**  
Wednesday, April 1<sup>st</sup>



**BAKED IN-STORE**

**SAVE \$2**

**5.19**

**NEILSON TRUTASTE MICROFILTERED MILK 4 L OR LACTOSE FREE MILK 2 L SELECTED VARIETIES**  
**LAIT MICROFILTRÉ TRUTASTE OU LAIT SANS LACTOSE NEILSON**  
20136554\_EA  
20148677\_EA



**HOT PRICE**

**\$3**

**PC® NATURAL SPRING WATER 24X500 ML EAU DE SOURCE NATURELLE PC®**  
20137898\_C24



**Help Feed More Families.**

**DID YOU KNOW?**  
Nearly 2.2 million visits are made to food banks each month across Canada.



In proud association with



**PROUDLY CANADIAN OWNED & OPERATED**

**Independent**  
Your Independent Grocer

**SAVE 54%**

**2.50**  
LB

**PORK LOIN COMBINATION CHOPS SIRLOIN AND RIB PORTION BONE-IN**  
5.51/KG  
**CÔTELETTES DE LONGE DE PORC, COMBINAISON DE COUPES, PORTIONS SURLONGE ET BOUT DE CÔTES**  
20822343\_KG



**5.44**  
LB

**HOT PRICE**

**MEDIUM GROUND BEEF**  
FAMILY SIZE  
11.99/KG  
**BŒUF HACHÉ MI-MAIGRE**  
20865673\_KG



**1.99**  
LB

**HOT PRICE**

**COOK'S PORTION HAM**  
4.39/KG  
**JAMBONNEAU**  
**COOK'S**  
203559631E\_KG



AVAILABLE FROM SUNDAY, MARCH 29

**2.49**  
LB

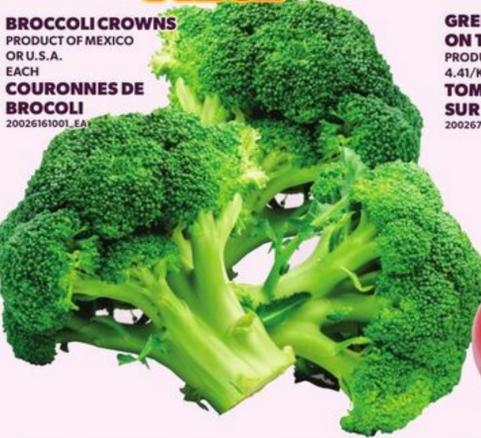


**FRESH GRADE A TURKEY**  
ALL AVAILABLE SIZES  
5.49/KG  
**DINDE FRAÎCHE**  
CATÉGORIE A  
20145891\_KG  
20153440\_KG



**\$2**  
**HOT PRICE**

**BROCCOLI CROWNS**  
PRODUCT OF MEXICO OR U.S.A.  
EACH  
**COURONNES DE BROCCOLI**  
20026161001\_EA



**\$2**  
LB  
**HOT PRICE**

**GREENHOUSE TOMATOES ON THE VINE**  
PRODUCT OF CANADA OR MEXICO  
4.41/KG  
**TOMATES DE SERRE SUR VIGNE**  
20026703001\_KG



**2.49**  
LB  
**HOT PRICE**

**HONEYCRISP APPLES**  
PRODUCT OF ONTARIO, CANADA  
FANCY GRADE, **PC® EXTRA LARGE GREEN SEEDLESS GRAPES** PRODUCT OF CHILE OR SOUTH AFRICA, NO. 1 GRADE OR **PC® EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE  
5.49/KG  
**POMMES HONEYCRISP, TRÈS GROS RAISINS VERTS SANS PÉPINS PC® OU TRÈS GROS RAISINS ROUGES SANS PÉPINS PC®**  
20132621001\_KG  
20425775001\_KG



**\$8**  
**HOT PRICE**

**PC® PACIFIC LARGE WHITE SHRIMP** RAW OR COOKED, PEELLED OR RAW ZIPPERBACK\* 31-40 PER LB 400 G OR **MARINA DEL REY WILD ARGENTINIAN SHRIMP** RAW EASY PEEL 20/30 PER OR RAW, PEELLED 20/40 PER LB 300 G FROZEN  
**GROSSES CREVETTES BLANCHES DU PACIFIQUE PC® OU CREVETTES SAUVAGES D'ARGENTINE MARINE DEL REY**  
20791381\_EA  
20907159\_EA



**\$4**

GET 1,000<sup>pts</sup> \$1 back in points  
**BREYERS CREAMERY STYLE ICE CREAM 1.41 L** OR **POPSICLE NOVELTIES** 6-12'S SELECTED VARIETIES FROZEN  
**CRÈME GLACÉE STYLE CRÈMERIE BREYERS OU FRIANDISES GLACÉES**  
21651169\_EA  
20763171\_EA



**6.50**

APP EXCLUSIVE OFFER  
GET 1,000<sup>pts</sup> \$1 back in points

**8 INCH PIES** SELECTED VARIETIES 635-750 G  
**TARTE DE 8 POUÇES**  
21297466\_EA  
21297475\_EA



**SAVE 40%**

**2.97**

**CLASSICO PASTA SAUCE** SELECTED VARIETIES 410/600 ML  
**SAUCE POUR PÂTES CLASSICO**  
21618217\_EA  
20325609003\_EA



**SAVE UP TO 40%**

**\$3**

**PC® VEGETABLES** SELECTED VARIETIES, FROZEN 500-750 G  
**LÉGUMES PC®**  
20159634\_EA  
20314960\_EA



**SAVE \$1.61**

**4.88**

**PC® SHREDDED CHEESE** 250-320 G OR **BLACK DIAMOND CHEESE BARS** 400 G OR **SHREDDED CHEESE** 320 G SELECTED VARIETIES  
**FROMAGE RAPÉ PC® OU BARRES DE FROMAGE OU FROMAGE RAPÉ**  
**BLACK DIAMOND**  
21060183\_EA  
21279221\_EA



**SAVE UP TO 50%**

**50%**

**JAMIESON VITAMINS OR SUPPLEMENTS** SELECTED VARIETIES AND SIZES  
**VITAMINES OU SUPPLÉMENTS JAMIESON**  
21085525\_EA  
20343239001\_EA



**SAVE UP TO 56%**

**6.50**

**CASHMERE BATHROOM TISSUE** 12 DOUBLE ROLLS, **SPONGETOWELS PAPER TOWELS** 3-6 ROLLS OR **SCOTTIES FACIAL TISSUE** 6'S SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE CASHMERE, ESSUIE-TOUT SPONGETOWELS OU MOUCHOIRS SCOTTIES**  
21204739\_EA  
21676183\_EA



**SAVE 47%**

**1.88**

**LANTIC GRANULATED SUGAR** 2 KG  
**SUCRE GRANULÉ LANTIC**  
20145033\_EA



**Optimum Bonus Redemption Event**  
from March 26 to 28, your points are worth more.

<p>Redeem <b>70,000<sup>pts</sup></b> and get <b>\$80 off*</b> your purchase of \$80 or more</p>	OR	<p>Redeem <b>150,000<sup>pts</sup></b> and get <b>\$175 off*</b> your purchase of \$175 or more</p>	OR	<p>Redeem <b>250,000<sup>pts</sup></b> and get <b>\$300 off*</b> your purchase of \$300 or more</p>
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\*That's an extra \$10 value! | \*That's an extra \$25 value! | \*That's an extra \$50 value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit [pcoptimum.ca/company-policy/terms-and-conditions](http://pcoptimum.ca/company-policy/terms-and-conditions) for further details.

Flyer prices effective from Thursday, March 26th to Wednesday, April 1st, 2026. SEE BACK PAGE FOR DETAILS.

**SAVE 68%**

**1.25**

**STOVE TOP STUFFING**  
SELECTED VARIETIES  
120 G  
**FARCE STOVE TOP**  
20009598001\_EA  
20310507001\_EA

**\$1**

**FRANCO AMERICAN GRAVY**  
SELECTED VARIETIES  
284 ML  
**SAUCE FRANCO AMERICAN**  
Turkey Gravy  
20063534\_EA  
20302507\_EA

**DEAL DROP**

Limited-time deals on PC home & more.

**\$12**

PC® RECTANGLE ACACIA SERVING BOARD  
21714814\_EA

limit 3, after limit \$24 ea. while supplies last

**\$18**

GET 1,500<sup>PC</sup> back in points

**CADBURY MINI EGGS**  
875 G  
**MINI ŒUFS CADBURY**  
21625042\_EA

**\$4**

**HERSHEY'S EASTER POUCH AND GROUND COFFEE** 640/875 G OR **WHOLE BEAN COFFEE** 900 G  
SELECTED VARIETIES  
**CAFÉ TORRÉFIÉ ET MOULU**  
OU **CAFÉ EN GRAINS MCCAFFÉ**  
21628428\_EA

**\$2**

**DOLE CANNED PINEAPPLE**  
SELECTED VARIETIES  
398 ML  
**ANANAS DOLE**  
20136767001\_EA  
20136767002\_EA

**4.50**

**GAY LEA CREAM, WHIPPED TOPPING, AEROSOL**  
SELECTED VARIETIES  
225 G  
**CRÈME, GARNITURE FOUETTÉE, AÉROSOL GAY LEA**  
20048223001\_EA  
20048223002\_EA

**\$24**

GET 3,000<sup>PC</sup> back in points

**MCCAFFÉ ROAST AND GROUND COFFEE** 640/875 G OR **WHOLE BEAN COFFEE** 900 G  
SELECTED VARIETIES  
**CAFÉ TORRÉFIÉ ET MOULU**  
OU **CAFÉ EN GRAINS MCCAFFÉ**  
21633664\_EA

**6.44**

**TWINING'S TEA SUPER BLENDS** 18'S OR **NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE** 100-170 G OR **NESCAFÉ SWEET & CREAMY SACHETS** 16/18'S, SELECTED VARIETIES  
**SUPERMÉLANGES DE THÉ TWINING'S OU CAFÉ INSTANTANÉ NESCAFÉ OU TASTER'S CHOICE**  
OU **SACHETS CRÈMEUX ET SUCRÉ NESCAFÉ**  
20873036\_EA  
21363370\_EA

**\$4**

**TOSTITOS TORTILLA CHIPS OR DORITOS FLAVOURED TORTILLA CHIPS**  
SELECTED VARIETIES  
210-295 G  
**CROUSTILLES DE TORTILLAS TOSTITOS OU CROUSTILLES DE TORTILLAS AROMATISÉES DORITOS**  
21050581\_EA  
21693042\_EA

**2/\$9**

OR \$5.50 EA.

**LIBERTÉ MÉDITERRANÉE YOGURT TUBS** 500 G OR **GREEK YOGURT** 400 G  
SELECTED VARIETIES  
**CONTENANTS DE YOGURT MÉDITERRANÉE OU YOGURT GREC LIBERTÉ**  
20801752003\_EA  
21473714\_EA

**SAVE UP TO \$3**

APP EXCLUSIVE OFFER  
GET 4,000<sup>PC</sup> back in points

**\$14**

**PC® OR BLUE MENU® MEAT LASAGNA** 2.27 KG OR **PC® MAC & CHEESE** CLUB SIZE 2 KG  
SELECTED VARIETIES  
FROZEN  
2/2.27 KG  
**LASAGNE OU FROMAGE PC® OU MENU BLEU™**  
20134930\_EA/2178593\_EA

**12.99**

EQUIVALENT TO 55¢ PER CAN

**COCA-COLA OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
24X355 ML  
**BOISSONS GAZEUSES PEPSI**  
20308197001\_C24  
20306687002\_C24

**SAVE \$2.58**

WHEN YOU BUY 2

**2/\$11**

OR \$6.79 EA.

**PC® BLUE MENU® SPARKLING WATER**  
SELECTED VARIETIES  
12X355 ML  
**EAU PÉTILLANTE**  
OU **MENU BLEU™**  
20668034001\_C01  
20668034002\_C01

**\$4**

**DR. OETKER RISTORANTE OR CASA DI MAMA PIZZA** 320-410 G OR **CRAVE OR KRAFT DINNER ENTREES** 200-340 G  
SELECTED VARIETIES  
FROZEN  
**PIZZA RISTORANTE OU CASA DI MAMA DR. OETKER OU PLATS CUISINÉS CRAVE OU KRAFT DINNER**  
20296100001\_EA  
21085515\_EA

**SAVE UP TO 35%**

**\$9**

**NO NAME® CANOLA, VEGETABLE, CORN 3L OR GALLO OLIVE OIL 1L**  
SELECTED VARIETIES  
**HUILE DE CANOLA, VÉGÉTALE OU DE MAÏS UNICO OU HUILE D'OLIVE GALLO**  
20028656\_EA  
20103390\_EA  
20105368\_EA

**\$11**

**TIDE DETERGENT** 1.62-1.86 L, 18-31'S, **DOWNY, GAIN, FABRIC SOFTENER** 1.66-2.63 L, **DOWNY, GAIN OR IVORY SNOW BEADS** 303/379 G  
SELECTED VARIETIES  
**DÉTERGENT TIDE, ASSOULISSANT TEXTILE DOWNY, GAIN, PERLES DOWNY, GAIN OU IVORY NEIGE**  
21550428\_EA  
21593782\_EA

**24.99**

GET 2,000<sup>PC</sup> back in points

**PC® SUPER ABSORBENT PAPER TOWELS**  
CLUB SIZE  
12'S  
**ESSUIE-TOUT SUPER ABSORBENTS FORMAT CLUB PC®**  
21558605\_EA

coming soon

**APRIL 2-8**

**Disney · PIXAR**

**ALBUM PRE-SALE**

PLUS A FREE PACK OF STICKERS\*

\*At participating Loblaws Companies Ltd. stores April 2-8, purchase a sticker book and receive a free single ©Disney/Pixar Animal Friends + Stitch Collectible sticker pack containing 4 stickers. While supplies last. Only where albums are sold.

**ANIMAL FRIENDS + STITCH**

Member Price **\$3** Non-Member Price **\$5**

**Independent** CUSTOMER RELATIONS 1-866-541-6315. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for your store's hours and to see which Your Independent Grocer™ locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** \* /™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [cptomium.ca](http://cptomium.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK



# Hosting made easy

Discover more value this Easter

## DIGITAL COUPON

GET 5,000<sup>®</sup> when you spend \$25<sup>®</sup> on

\$5 back in points

deli meat, cheese and dips selected varieties and sizes



CLICK OR SCAN FOR COUPONS AND MORE

Hop over and scan for Easter charcuterie inspiration



**SAVE \$1.29/100 G**



**3.50** /100 G

**L'EXTRA BRIE**  
IN-STORE DELI CUT  
**BRIE L'EXTRA**  
21128235\_KG  
21157608\_KG

**\$4** /100 G

**PRESIDENT SWISS**  
**EMMENTAL OR GRUYERE**  
IN-STORE, DELI CUT  
**EMMENTAL OU GRUYERE SUISSE**  
**PRESIDENT**  
20725775\_KG  
20917565\_KG

**\$14**

**MARCANGELO**  
**ITALIAN DELI SLICED MEATS**  
200 G  
**CHARCUTERIES ITALIENNES**  
**TRANCHEES MARCANGELO**  
21203469\_EA  
21692121\_EA

**\$6**



**BRANDT LIVER SAUSAGE**  
**CHUB OR KOLBASSA SAUSAGE**  
SELECTED VARIETIES  
250/300 G  
**SAUCISSON DE FOIE**  
**OU SAUCISSON KOLBASSA BRANDT**  
20353446\_EA  
20353377\_EA

**4.50** **1 LB**

**STRAWBERRIES**  
PRODUCT OF MEXICO OR U.S.A., NO. 1 GRADE  
**1 LB**  
**FRAISES**  
20049778001\_EA

**4.50**

**RASPBERRIES OR BLACKBERRIES**  
PRODUCT OF MEXICO OR U.S.A.  
HALF PINT  
**FRAMBOISES OU MÛRES**  
20128938001\_EA  
20051015001\_EA

**\$9**

**PC® BLACK FIGS**  
PRODUCT OF MEXICO  
454 G  
**FIGES NOIRES**  
**PC®**  
21633482001\_EA



**2/\$6**

OR \$3.49 EA.  
**PC® CRACKERS, PITA CRACKERS OR CHEESE TWISTS**  
SELECTED VARIETIES  
100-225 G  
**CRAQUELINS, CRAQUELINS DE PITA OU BÂTONNETS AU FROMAGE PC®**  
20603889003\_EA 100 g  
20588938002\_EA



**SAVE \$1.49**

**\$6**



**PC® GOAT CHEESE**  
SELECTED VARIETIES  
140 G  
**FROMAGE DE CHÈVRE PC®**  
20000584\_EA  
21197504\_EA

**Members-Only Price \$6**

**Non-members \$8**

**BASSE MIXES**  
SELECTED VARIETIES  
415-600 G  
**MÉLANGE BASSE**  
21158603\_EA  
21158613\_EA



**Members save \$2**

**GET 2,000<sup>®</sup> when you buy 2**

**\$2** back in points

**\$7**



**CASTELLO HAVARTI, CHEDDAR OR BLUE CHEESE**  
SELECTED VARIETIES  
125-200 G  
**HAVARTI, CHEDDAR OU BLEU CASTELLO**  
20528574\_EA  
21158086\_EA

# Hosting made easy

Discover  
more value  
this Easter



**\$23** PKG OF 4

**LOBSTER TAILS**  
2-3 OZ, FROZEN OR  
PREVIOUSLY FROZEN  
4'S  
**QUEUES DE  
HOMARD**  
21240991\_EA



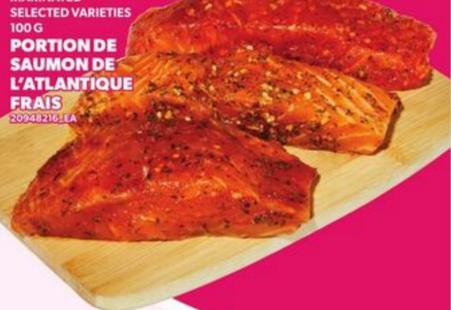
**\$14** LB

**YELLOWFIN TUNA  
STEAKS**  
PREVIOUSLY FROZEN  
30.86/KG  
**DARNES DE THON  
ALBACORE**  
20753134\_KG



**\$4** CANADIAN SEAFOOD

**FRESH ATLANTIC  
SALMON PORTIONS**  
MARINATED  
SELECTED VARIETIES  
100 G  
**PORTION DE  
SAUMON DE  
L'ATLANTIQUE  
FRAIS**  
20948210\_EA



**\$9**

**HERON POINT  
SEAFOOD WILD  
CAUGHT CRAB  
MEAT**  
SELECTED VARIETIES  
170 G  
**CHAIR DE CRABE  
SAUVAGE HERON  
POINT SEAFOOD**  
21647384\_EA  
21647418\_EA



**\$13**

**CHELSEA COD  
FILLETS**  
BONED, SALTED  
454 G  
**FILETS DE MORUE  
CHELSEA**  
20866456\_EA



**\$15**

**PC® BACON-  
WRAPPED WILD  
SEA SCALLOPS**  
FROZEN  
260 G  
**PÉTONCLES  
SAUVAGES GÉANTS  
BARDÉS DE BACON**  
PC®  
21220644\_EA



**4.49** LB

**PC® SPIRAL-SLICED  
BONE-IN HALF HAM**  
APPLEWOOD OR HICKORY  
SMOKED  
9.90/KG  
**DEMI-JAMBON  
AVEC OS TRANCHÉ  
EN SPIRALE PC®**  
20857240\_KG  
20857391\_KG



**SAVE  
\$1.99/LB**

**11.50** LB

**INSIDE ROUND  
OVEN ROAST**  
CUT FROM CANADA AA OR  
USDA SELECT GRADE BEEF  
OR HIGHER  
25.35/KG  
**ROTID INTÉRIEUR  
DE RONDE**  
20812494\_KG



**\$9**

**PC® NATURALLY  
SMOKED BACON**  
SELECTED VARIETIES  
500 G  
**BACON FUMÉ  
NATURELLEMENT**  
PC®  
20057892\_EA  
20152629\_EA



**SAVE  
\$2/LB**

**6.99** LB

**BONE-IN LAMB LEG**  
FROZEN  
15.41/KG  
**GIGOT D'AGNEAU  
AVECOS**  
20142553\_KG



**\$18**

**PC® TURKEY  
BREAST ROAST**  
SELECTED VARIETIES  
FROZEN  
1 KG  
**RÔTI DE POITRINE  
DE DINDE PC®**  
20822446\_EA



**\$7** LB

**PORK SAUSAGES**  
SELECTED VARIETIES  
15.43/KG  
**SAUCISSES DE  
PORC FRAÎCHES**  
21451702\_KG  
21451708\_KG



**69¢** LB

**GREEN CABBAGE**  
PRODUCT OF CANADA  
1.52/KG  
**CHOU VERT**  
20793034001\_KG



**\$8**

**PC® ORRI  
MANDARINS**  
PRODUCT OF ISRAEL  
2 LB  
**MANDARINES  
ORRI PC®**  
20907647001\_EA



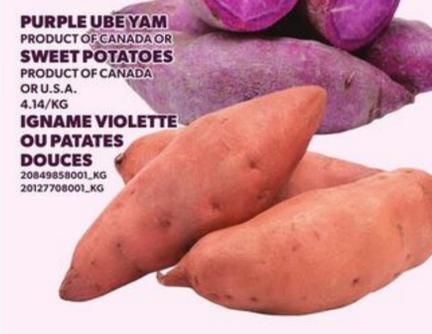
**\$6**

**FARMER'S MARKET™  
GREENHOUSE  
PEPPERS 3/8" OR  
FRENCH BEANS 400 G**  
PRODUCT OF MEXICO  
**POIVRONS DE  
SERRE OU HARICOTS  
FRAÎCHES DÉLICIES DU  
MARCHÉ**  
2008581001\_EA  
20889720\_EA



**1.88** LB

**PURPLE UBÉYAM**  
PRODUCT OF CANADA OR  
SWEET POTATOES  
PRODUCT OF CANADA  
OR U.S.A.  
4.14/KG  
**IGNAME VIOLETTE  
OU PATATES  
DOUCES**  
20849858001\_KG  
20127708001\_KG



**\$4** LB/EA.

**FARMER'S MARKET™  
CARROTS** PRODUCT OF  
CANADA, U.S.A. OR MEXICO,  
NO. 1 GRADE OR  
**YELLOW ONIONS**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE,  
3 LB BAG  
**CAROTTES OU  
OIGNONS JAUNES  
DÉLICIES DU  
MARCHÉ**  
206600927001\_EA  
20811994001\_EA



**2/\$11**

OR  
\$6 EA.

**TAYLOR FARMS  
CHOPPED SALAD  
KITS**  
SELECTED VARIETIES,  
PRODUCT OF U.S.A.  
267-383 G  
**TROUSSES DE  
SALADES HACHÉES**  
TAYLOR FARMS  
21599513\_EA  
21381584\_EA



**\$4** BAKED IN-STORE

**ARTISAN BREAD**  
SELECTED VARIETIES  
420-660 G  
**PAIN ARTISAN**  
21633048\_EA  
21633233\_EA



**3.75** BAKED IN-STORE

**ACE BAGUETTE**  
SELECTED VARIETIES  
325-400 G  
**BAGUETTE ACE**  
20171171\_EA  
21314348\_EA



**\$4** BAKED IN-STORE

**DINNER ROLLS**  
SELECTED VARIETIES  
12'S  
**PETITS PAINS**  
21392649\_EA  
21462403\_EA



# Hosting made easy

FROM  
**\$45**

Discover our selection of freshly prepared platters for your next occasion.

Please place orders 24 hrs. in advance through the Meals to Go department.

**IN-STORE PREPARED SANDWICH WRAPS OR CHICKEN CATERING PLATTERS**

1.23-3.4 KG  
21558136\_EA/21558990\_EA



Order  
in-store  
or online  
today.

**\$20-25**

GET 5,000<sup>®</sup> back in points

**IN-STORE PREPARED SANDWICH OR WRAP PLATTERS**

1.2-1.7 KG  
21558135\_EA



**\$20**

**CATERING PREMIUM SALADS**

1 KG  
21623601\_EA  
21623517\_EA



Optimum

Members-Only Price™

**\$30**

Non-members  
**\$35**

Members save \$5

**BENTO KAZOKU PLATTER**

53 PIECES, 1.2 KG  
21637733\_EA



**\$45-55**

**PARTY PLATTERS**  
MADE TO ORDER  
SELECTED VARIETIES  
850 G-2.6 KG  
20894860\_EA  
20895023\_EA



**\$30**

GET 5,000<sup>®</sup> back in points

**PARTY PLATTER**

SELECTED VARIETIES  
592 G-1 KG  
21217577\_EA  
21217539\_EA



**FROM \$14**

GET 2,500<sup>®</sup> back in points

**CHARCUTERIE BOARDS**

SELECTED VARIETIES  
278-330 G  
21405538\_EA  
21405571\_EA



**\$18**

**ROTISSERIE CHICKEN COMBO FOR TWO, FULLY COOKED COMES WITH TWO SMALL SIDES**

134-454 G  
21068324\_EA



**\$18-19**

**FAMILY SIZE SALADS**

PREPARED IN-STORE  
SELECTED VARIETIES  
665-901 G  
20972499\_EA  
20972512\_EA



**\$12**

GET 2,000<sup>®</sup> back in points

**NO NAME® PEANUTS**

PRODUCT OF U.S.A.  
2 KG  
20293477\_EA



**\$9**



**PC® PIES AND QUICHE**  
SELECTED VARIETIES  
550-575 G  
21682000\_EA  
21682154\_EA



**\$5-10**



**OLIVIERI LASAGNA SHEETS 360 G OR CANNELLONI 340 G**

FROZEN  
SELECTED VARIETIES  
20126372\_EA  
20334658\_EA



**2/\$10**

OR \$5.49 EA.

**SMALL RESER'S SALADS**

SELECTED VARIETIES  
425/454 G  
20962386\_EA  
20962394\_EA



**\$9**



**PC® MOZZARELLA CHEESE STICKS 454 G OR TORTILLA AND JALAPENO CHEESE STICKS 345 G**

SELECTED VARIETIES  
FROZEN  
21116020\_EA  
21474563\_EA



**\$9**



**PC® PORK OR CHICKEN SAUSAGE ROLLS**

SELECTED VARIETIES  
500 G  
21439588\_EA  
21538572\_EA



**\$13**



**PC® PUFF PASTRY OR CHEESE HORS D'OEUVRE COLLECTION**

SELECTED VARIETIES  
FROZEN  
720 G  
20116015\_EA  
20215515\_EA



**\$10**



**PC® SMOKED SALMON OR CRAB & LOBSTER BAKE & SERVE DIP**

FROZEN  
360 G  
21682613\_EA  
21682673\_EA



**\$19**

**PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE**

FROZEN  
20147098\_EA



**\$11**

**PC® MARYLAND-STYLE CRAB CAKES 170 G OR IFC TEMPURA SHRIMP 500 G**

FROZEN  
21334617\_EA  
21614848\_EA



# Indulge in tasty treats

Discover more value this Easter



## The Big Apple pie

Taste the tradition!

Our Big Apple Pies are lovingly handcrafted the old-fashioned way, using only all-natural, wholesome ingredients.

No preservatives - just pure, irresistible deliciousness in every bite!

**THE BIG APPLE PIE**  
SELECTED VARIETIES  
21564164\_EA  
21564155\_EA



**\$17**

Golden crumb crust, baked in Canada



**\$10**  
APP EXCLUSIVE OFFER  
GET 2,000<sup>00</sup> back in points  
PC® KEY LIME CREAM PIE  
FROZEN  
730 G  
21586299\_EA

Thaw, serve, enjoy!  
KEY LIME PIE  
TARTE À LA LIME DES KEYS

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$6**

**CÉLÉBRATION CUPCAKES**  
CHOCOLATE OR WHITE  
6'S  
20379763\_EA  
20592676\_EA



**7<sup>50</sup>**

**EASTER SINGLE LAYER CAKES 8"**  
SELECTED VARIETIES  
21288985\_EA



**\$9**

APP EXCLUSIVE OFFER  
GET 1,000<sup>00</sup> back in points

**FARMER'S MARKET™ PIES**  
SELECTED VARIETIES  
580 G-1 KG  
21297365\_EA  
21297367\_EA



**PC® BLACK LABEL ICE CREAM**  
SELECTED VARIETIES, FROZEN  
500 ML \$4.50  
20604543003\_EA/20604543004\_EA

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$12**

**PC® MINI ECLAIRS 710 G OR VANILLA CREAM PROFITEROLES 625 G**  
21713388\_EA  
21713701\_EA



**\$7**

**PC® PORTUGUESE CUSTARD TARTS**  
360 G  
21686419\_EA



**\$4**

**PC® FROZEN DESSERTS**  
SELECTED VARIETIES  
114-290 G  
20800530\_EA  
20800613\_EA



**\$12**

GET 2,000<sup>00</sup> back in points

**BIG COOKIE**  
SELECTED VARIETIES  
12'S  
21365157\_EA



**7<sup>50</sup>**

**FARMER'S MARKET™ COOKIES**  
SELECTED VARIETIES  
12'S  
20566294\_EA  
20566295\_EA



**\$5**

**FARMER'S MARKET™ MUFFINS**  
SELECTED VARIETIES  
4'S  
21639320\_EA  
21639357\_EA



**2/\$8**

OR \$4.99 EA.  
GET 1,500<sup>00</sup> back in points when you buy 2

**PC® HOT CROSS BUNS EXTRA RAISINS 8'S OR EXTRA THICK CINNAMON RAISIN BREAD 675 G**  
SELECTED VARIETIES  
20639729\_EA  
21577822\_EA



**\$12**

**COOKIE PLATTER**  
912 G  
20696106\_EA



**4<sup>50</sup>**

**KING'S HAWAIIAN ROLLS**  
SELECTED VARIETIES  
340 G  
21475970\_EA



**\$5**

**FURLANI TEXAS TOAST 640 G, PARMESAN GARLIC BREADSTICKS OR KNOTS 296/660 G OR PC® BRIOCHE MINI ROLLS 400 G**  
SELECTED VARIETIES  
21048246\_EA  
21410779\_EA



**3<sup>50</sup>**



**YACHON SNACK CAKES**  
SELECTED VARIETIES AND SIZES  
20963606\_EA  
21027889\_EA



**\$6**



**PC® TRADITIONAL NAAN DIPPER CLUB PACK**  
400 G  
20999700\_EA



**\$25**

**SIGNATURE GIFT BOUQUET**  
21436377\_EA  
21436378\_EA



**\$12**

**10 STEM TULIPS ASSORTED COLOURS**  
20833978\_EA



**\$12**

**6 INCH GERBERA DAISY ASSORTED COLOURS EACH**  
21047596\_EA



# naturally good choices

**\$47** **GET 2,000** **\$2** back in points

**VEGA SPORT PROTEIN POWDER**  
SELECTED VARIETIES  
828/837 G  
20948929\_EA  
20949178\_EA

**5<sup>50</sup>**

**VIOLIFE NON-DAIRY CHEESE**  
SELECTED VARIETIES  
150-200 G  
21339317\_EA  
21339319\_EA

**\$6**

**EXPLORE CUISINE ORGANIC PASTA**  
SELECTED VARIETIES  
200/277 G  
21191534\_EA  
21191538\_EA

**\$9**

**QUEEN ST. BAKERY BREADS**  
SELECTED VARIETIES  
FROZEN  
480-520 G  
21529684\_EA  
21690221\_EA

**SAVE 15%**

**BOB'S RED MILL**  
SELECTED VARIETIES  
283-360 G  
21127324\_EA  
21127335\_EA

**\$8**

**OCEAN'S HALO ORGANIC VEGGIE KIMBAP**  
FROZEN  
230 G  
21706757\_EA

**SAVE 15%**

**LUNDBERG RICE**  
SELECTED VARIETIES  
156-907 G  
20652730\_EA  
21703069\_EA

**5<sup>50</sup>**

**PC\* ORGANICS PEANUT BUTTER**  
SELECTED VARIETIES  
500 G  
20298178\_EA

**\$35**

**GENUINE HEALTH GREENS**  
SELECTED VARIETIES  
208/222 G  
21592533\_EA  
21597203\_EA

**SAVE 15%**

**ONE DEGREE GRANOLA AND OATS**  
283/312 G  
680 G  
227 G  
SELECTED VARIETIES  
21686047\_EA  
21719946\_EA

**\$7**

**NATURE'S BAKERY FIG BAR**  
SELECTED VARIETIES  
340 G  
21549605\_EA  
21550352\_EA

**SAVE \$1.58** **WHEN YOU BUY 2**

**2/\$8**

**OR \$4.79 EA.**

**GT'S KOMBUCHA**  
SELECTED VARIETIES  
480 ML  
20374106\_EA  
2090603400\_EA

**6<sup>50</sup>**

**PC\* ORGANICS BUTTER**  
SELECTED VARIETIES  
250 G  
21588696\_EA  
21588708\_EA

**10<sup>50</sup>**

**CARBONAUT FROZEN BREADS OR HAMBURGER BUNS**  
SELECTED VARIETIES  
FROZEN  
164-550 G  
21379251\_EA  
21454476\_EA

**3<sup>50</sup>**

**EARTH'S OWN ALMOND NON-DAIRY BEVERAGES**  
SELECTED VARIETIES  
1.89 L  
2029968000\_EA  
20327647\_EA

**3<sup>50</sup>**

**MADEGOOD GRANOLA BARS** 120 G,  
**ORGANIC CRUNCHY GRANOLA SQUARES** 150 G  
**OR ORGANIC GRANOLA BITES** 120 G  
SELECTED VARIETIES  
21722850\_EA  
21723241\_EA

**\$7**

**ELMHURST NON-DAIRY BEVERAGES**  
SELECTED VARIETIES  
946 ML  
21415684\_EA  
21415704\_EA

**\$12**

**KELLOGG'S RXBAR MINIS SNACK SIZE BARS**  
SELECTED VARIETIES  
208 G  
21540999\_EA

# your one-stop grocery shop

**1.50**

**KNORR SAUCE MIX** 26-47 G OR **PASTA SAUCE MIX** 17-48 G  
SELECTED VARIETIES  
20321329001\_EA  
20323323001\_EA



**SAVE \$1**

**2.49**

**IDAHOAN MASHED POTATOES**  
INSTANT  
389 G  
20144279\_EA



**\$8**

**BEN'S ORIGINAL RICE**  
SELECTED VARIETIES  
1.6-2.2 KG  
21535549\_EA  
21535571\_EA



**2/\$8**

OR \$4.49 EA.

**PC® SALAD DRESSING** 475 ML OR **PC® CROUTONS** 140 G  
SELECTED VARIETIES  
20628488001\_EA  
20796248001\_EA



**Optimum Members-Only Price**

**5.50**  
Non-members **7.99**

**KELLOGG'S FAMILY SIZE CEREAL**  
SELECTED VARIETIES  
450-650 G  
20054727\_EA  
21651947\_EA



**\$6**

**MCCAIN DEEP 'N DELICIOUS CAKE**  
SELECTED VARIETIES  
FROZEN  
510 G  
20310132002\_EA  
20310132001\_EA



**8.99**

**BACHAN'S ORIGINAL BBQ SAUCE**  
SELECTED VARIETIES  
355 ML  
21727116\_EA  
21727225\_EA



**\$4**

**MOTT'S FRUITSATIONS APPLE SAUCE**  
SELECTED VARIETIES  
6X104 ML/6X111 G  
20324241001\_EA  
20324241008\_EA



**3.50**

**OCEAN'S WHITE TUNA** 170 G OR **GOLD SEAL MACKEREL** 115 G  
SELECTED VARIETIES  
21005158\_EA  
21083426\_EA



**5.50**

**MALTESERS, M&M'S OR MARS STAND UP CANDIES POUCHES**  
SELECTED VARIETIES  
165-170 G  
20321547\_EA  
21571768\_EA



**SAVE \$1.98**  
WHEN YOU BUY 2

**2/\$6**

OR \$3.99 EA.  
**MAYNARDS SOUR PATCH KIDS, SWEDISH BERRIES, BIG HEADS, FUZZY PEACH OR WINE GUMS**  
SELECTED VARIETIES  
135-154 G  
21545554\_EA  
21545605\_EA



**3.50**

**KELLOGG'S EGGO WAFFLES**  
SELECTED VARIETIES  
FROZEN  
8'S  
203032779\_EA  
20323436001\_EA



**SAVE \$1.98**  
WHEN YOU BUY 2

**GET 1,000** when you buy 2  
**\$1** back in points

**2/\$10**

OR \$5.99 EA.

**MCCAIN SUPERFRIES OR FRIES, POTATO PANCAKES, SMILES, WEDGES OR TATERS**  
SELECTED VARIETIES  
FROZEN  
454-800 G  
20324328002\_EA  
20798979\_EA



**SAVE \$1**  
WHEN YOU BUY 2

**2/\$5**

OR \$3 EA.  
**ITALPASTA** 900 G OR **PRIMO SAUCE** 680 ML  
SELECTED VARIETIES  
20165260\_EA  
20081342007\_EA



**\$3**

**GET 1,000** when you buy 2  
**\$1** back in points

**NO NAME® FRUIT**  
SELECTED VARIETIES  
FROZEN  
300-400 G  
21545106\_EA  
21545092\_EA



**\$6**

**PC® CREAM FIRST™** 1.5 L OR **TALENTI GELATO** OR **SORBETTO** 473 ML  
SELECTED VARIETIES  
FROZEN  
20757157006\_EA  
21720554\_EA



**9.99**

**BASKIN-ROBBINS SANDWICHES** 4'S OR **TUBS** 946 ML  
SELECTED VARIETIES  
FROZEN  
21721551\_EA  
21721501\_EA



**5.99**

**BRAR'S MALAI PANEER**  
20% M.F.  
375 G  
20283164\_EA



**SAVE 98¢**  
WHEN YOU BUY 2

**2/\$17**

OR \$8.99 EA.

**COCA-COLA OR CANADA DRY**  
SOFT DRINKS  
SELECTED VARIETIES  
12X355 ML  
20318694002\_C12



**\$11**

**BENEFUL DOG FOOD**  
SELECTED VARIETIES  
1.6/1.8 KG  
20295905001\_EA



**\$15**

**COTTONELLE FRESH CARE FLUSHABLE WET WIPES** 168'S OR **ULTRA CLEAN** OR **ULTRA COMFORT TOILET PAPER** 12'S  
SELECTED VARIETIES  
21477027\_EA  
21665993\_EA



**PRICE DROP!**

**More ways to save**

**\$3**

**NO NAME® FLOUR**  
SELECTED VARIETIES  
2.5 KG  
20013256\_EA  
20303325\_EA



**2.50**

**SENSIBLE PORTIONS VEGGIE STRAWS**  
SELECTED VARIETIES  
120-142 G  
20377204001\_EA  
21380091\_EA



**SAVE 99¢**  
WHEN YOU BUY 3

**3/4.98**  
OR \$1.99 EA.

**KNORR SIDEKICKS PASTA SIDE DISH** 120-137 G OR **RICE SIDE DISH** 130-153 G OR **CUPS** 73 G  
SELECTED VARIETIES  
20321430001\_EA/21564314\_EA



**\$3**

**KIND HEALTHY GRAINS BAR**  
SELECTED VARIETIES  
5X35 G=175 G  
20925684\_EA  
20928553\_EA





# DIGITAL COUPONS

UP TO  
**\$50**  
IN TOTAL  
VALUE

**More offers. More points.**

**CLICK FOR THESE  
COUPONS AND MORE**



**6,000 points**

When you spend \$40 or more on fresh fruits or vegetables

Ends on April 15th, 2026



**8,000 points**

When you spend \$50 or more on fresh poultry or fresh pork

Ends on April 15th, 2026



**3,000 points**

when you spend \$15 or more on ready to eat cereal 315-1050 g

Ends on April 15th, 2026



**3,000 points**

when you spend \$15 or more on PC® Blue Menu® or PC® Sparkling water or soft drinks 12 x 355 mL selected varieties

Ends on April 15th, 2026



**5,000 points**

when you spend \$25 or more on Pet Department, includes pet food, treats, toys & supplies

Ends on April 15th, 2026



**5,000 points**

when you spend \$25 or more on deli meat, cheese and dips, selected varieties and sizes

Ends on April 15th, 2026



**3,000 points**

when you buy 1 or more PC® bathroom tissue 30=100 rolls

Ends on April 15th, 2026



**1,500 points**

PC® spices selected varieties 7-82 g

Ends on April 15th, 2026



**2,000 points**

when you buy 2 or more PC® Chopped salad kits selected varieties product of U.S.A. 282-369 g

Ends on April 15th, 2026

# live well, spend less

**5<sup>50</sup>** **LIMIT 6**  
AFTER LIMIT \$5.99 EA.

**IRISH SPRING BAR SOAP** 6X104 G,  
**BODY WASH** 591 ML  
OR **SOFT SOAP BODY WASH** 591 ML  
SELECTED VARIETIES  
21219375\_EA  
21436477\_EA



**SAVE UP TO**

**20%**

**OLD SPICE BODY WASH**  
473-987 ML OR  
**BAR SOAP**  
141 G OR 4/12X90 G  
SELECTED VARIETIES  
21075513\_EA  
21238557\_EA



**\$10** **LIMIT 6**  
AFTER LIMIT \$11.99 EA.

**DOVE BAR SOAP** 6X106 G OR  
**BODY WASH**  
591-710 ML  
SELECTED VARIETIES  
21221317\_EA  
21638561\_EA



**\$2** **LIMIT 6**  
AFTER LIMIT \$2.99 EA.

**SPEED STICK BASE ANTIPERSPIRANT**  
45/70 G OR **SOFTSOAP LIQUID HAND SOAP PUMP** 221 ML  
SELECTED VARIETIES  
21166716\_EA/21592044\_EA



**\$6** **LIMIT 6**  
AFTER LIMIT \$8.49 EA.

**LISTERINE CLASSIC** 1 L OR  
**KIDS** 500 ML  
**MOUTHWASH**  
SELECTED VARIETIES  
20348438001\_EA  
21356391\_EA



**\$5** **LIMIT 6**  
AFTER LIMIT \$7.49 EA.

**IVORY BODY WASH** 621 ML  
OR **BAR SOAP** 10X90 G  
SELECTED VARIETIES  
20860346002\_EA/21716909\_EA



**\$9** **LIMIT 4**  
AFTER LIMIT \$11.49 EA.

**GILLETTE OR VENUS DISPOSABLE RAZORS**  
SELECTED VARIETIES  
1-8'S  
2017941001\_EA  
20984907\_EA



**\$4** **LIMIT 6**  
AFTER LIMIT \$5.99 EA.

**DEGREE FOR MEN ADRENALINE ANTIPERSPIRANT**  
SELECTED VARIETIES  
76 G  
20309310001\_EA  
21079038\_EA



**SAVE UP TO**

**25%**

**METHOD OR MRS. MEYER'S LIQUID HAND SOAP**  
SELECTED VARIETIES  
300 ML-1 L  
21046950\_EA  
21640640\_EA



**SAVE UP TO**

**20%**

**DOVE HAIR CARE**  
530 ML OR  
**STYLING PRODUCTS**  
SELECTED VARIETIES  
AND SIZES  
21644775\_EA  
21170181\_EA



**\$4** **LIMIT 4**  
AFTER LIMIT \$4.79 EA.

**GARNIER FRUCTIS OR HERBAL ESSENCES SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES  
AND SIZES  
370 ML  
21246778\_EA  
21007181\_EA



**\$8** **LIMIT 4**  
AFTER LIMIT \$8.99 EA.

**MONDAY OR GÖT2B HAIR CARE**  
SELECTED VARIETIES  
AND SIZES  
21361177\_EA/21631743\_EA



**\$7** **LIMIT 4**  
AFTER LIMIT \$9.50 EA.

**GARNIER BELLE HAIR COLOUR**  
SELECTED VARIETIES  
20317076001\_EA  
20317076031\_EA



**SAVE UP TO**

**20%**

**CERAVE SKINCARE CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES  
AND SIZES  
21354743\_EA



**SAVE UP TO**

**25%**

**ST. IVES SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21086101\_EA/21429055003\_EA



# live well, spend less

**SAVE UP TO 15%**

**LIFE BRAND® VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21286148\_EA  
21286510\_EA

**SAVE UP TO 20%**

**NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
60-175'S  
20860425\_EA  
21668471\_EA

**SAVE UP TO 20%**

**ENSURE OR GLUCERNA READY TO DRINK SHAKES**  
SELECTED VARIETIES AND SIZES  
2018023003\_EA  
20308731008\_C06

**SAVE UP TO 15%**

**REACTINE 24-36'S, CLARITIN 15-30'S, AERIS 5 MG 20'S OR BENDRYL 25 MG 100'S CAPLETS, TABLETS OR GELS**  
SELECTED VARIETIES AND SIZES  
2055072\_EA  
20308018001\_EA

**SAVE UP TO 15%**

**ASPIRIN, ADVIL, TYLENOL, MOTRIN OR VOLTAREN CAPLETS, TABLETS, GELS OR RUBS**  
SELECTED VARIETIES AND SIZES  
21222471\_EA/20103677001\_EA

**SAVE UP TO 15%**

**PERFECT SPORTS SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21068247\_EA/21068329\_EA

**\$15** **LIMIT 4**  
AFTER LIMIT \$16.99 EA.

**ALWAYS PADS 26-36'S OR LINERS 116-216'S OR TAMPAX TAMPONS 38-50'S**  
SELECTED VARIETIES AND SIZES  
21374646\_EA  
21606690\_EA

**8<sup>50</sup>** **LIMIT 4**  
AFTER LIMIT \$9.99 EA.

**CAREFREE PADS 28'S, LINERS 92-120'S, O.B. TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S**  
SELECTED VARIETIES AND SIZES  
20796733\_EA  
21095828\_EA

**\$19** **LIMIT 4**  
AFTER LIMIT \$21.99 EA.

**ALWAYS DISCREET UNDERWEAR OR PADS**  
SELECTED VARIETIES AND SIZES  
20814896\_EA

**2/\$8** **LIMIT 12+**  
OR \$5.49 EA.

**GERBER ORGANIC SNACKS OR NESTLÉ CERELAC BISCUITS**  
SELECTED VARIETIES  
28-150 G  
21097119\_EA/21670654\_EA

**2/\$11** **LIMIT 12+**  
OR \$5.99 EA.

**AMARA ORGANIC SMOOTHIE MELTS OR FRUIT BITES**  
SELECTED VARIETIES  
23 G  
21536119\_EA/21624150\_EA

**\$56** **LIMIT 4**  
AFTER LIMIT \$63.99 EA.

**SIMILAC BABY FORMULA STEP 1 OR 2**  
859 G  
21436985\_EA  
21437126\_EA

**\$37** **LIMIT 4**  
AFTER LIMIT \$43.99 EA.

**HUGGIES PULL UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS**  
SELECTED VARIETIES  
68-112'S  
21021427\_EA/21089194\_EA

**\$24** **GET 2,000\*** **\$2**  
back in points

**LIMIT 4**  
AFTER LIMIT \$29.99 EA.

**HUGGIES 16X BABY WIPES**  
SELECTED VARIETIES, 960-1152'S  
21172000\_EA/21541191\_EA

**65<sup>50</sup>** **LIMIT 4**  
AFTER LIMIT \$74.99 EA.

**ENFAMILA+ NEUROPRO OR GENTLEASE POWDER REFILLS**  
SELECTED VARIETIES, 862/890 G  
21589079\_EA/21589205\_EA

# home & seasonal

**SAVE UP TO 20%**

**EVERYDAY ESSENTIALS™ GRILL BRUSHES**  
SELECTED VARIETIES  
**4.50-\$8**  
21670306\_EA

**Optimum**  
Members-Only Price™ **\$60**  
Non-members **\$75**  
Members save **\$15**

**EVERYDAY ESSENTIALS™ PORTABLE PROPANE GRILL**  
WITH LOCKING LID AND FOLDING LEGS  
21672427\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

12,000 BTU  
12 Burgers  
Propane  
1 Year Limited  
224 Sq Inches

**Optimum**  
Members-Only Price™ **\$49**  
Non-members **\$59**  
Members save **\$10**

**LIFE AT HOME™ ROUND SLAT TOP ACCENT TABLE**  
21669860\_EA/21670246\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**FROM \$79**

**LIFE AT HOME™ PATIO UMBRELLAS**  
21670248\_EA

**SAVE UP TO 20%**

**LIFE AT HOME™ DECORATIVE PATIO CUSHIONS**  
SELECTED VARIETIES  
21669896\_EA  
21670051\_EA

**Optimum**  
Members-Only Price™ **\$595**  
Non-members **\$695**  
Members save **\$100**

**LIFE AT HOME™ 4 PIECE SHELburne CONVERSATION SET**  
21670446\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**\$14**

**PC® GRILL BASKET**  
CHROME PLATED  
21668370\_EA

**\$6**

**EVERYDAY ESSENTIALS™ REUSABLE SQUEEZE BOTTLES**  
2" S/414 ML  
21669994\_EA

**SAVE UP TO 20%**

**PC® GRILLING ACCESSORIES**  
SELECTED VARIETIES  
21668524\_EA

**SAVE \$1**

**\$4**

**SMALL EASTER PLUSH**  
SELECTED VARIETIES  
21687656\_EA/21687630\_EA

**SAVE \$2**

**\$10**

**MEDIUM EASTER PLUSH**  
SELECTED VARIETIES  
21687577\_EA/21687714\_EA

**SAVE \$5**

**\$24**

**LARGE EASTER PLUSH**  
SELECTED VARIETIES  
21688262\_EA/21688263\_EA

**SAVE UP TO 25%**

**EASTER GRASS AND FILLER EGGS**  
SELECTED VARIETIES  
**2.50-7.50**  
21687710\_EA  
21687758\_EA

**SAVE UP TO 30%**

**EASTER BASKETS**  
SELECTED VARIETIES  
**2.50-\$14**  
21687442\_EA  
21686265\_EA

**Optimum**  
Members-Only Price™ **\$40**  
Non-members **\$50**  
Members save **\$10**

**EASTER JUMBO PLUSH**  
SELECTED VARIETIES  
21689782\_EA

**\$6**

**EVERYDAY ESSENTIALS™ JUMBO PILLOW**  
EACH  
21667755\_EA

**JUMBO PILLOW**  
SOFT MICROFIBRE COVER  
HYPOALLERGENIC POLYESTER FILL  
MACHINE WASH AND DRY

**BUY TWO (2) GET ONE (1) FREE**

**LIFE AT HOME™ ASSORTED SCENTED CANDLES**  
SECOND ITEM MUST BE OF LESSER OR EQUAL VALUE  
**\$10-16**  
21684684\_EA/21684762\_EA

**MARTINIQUE**  
SCENTED CANDLE  
BLOOD ORANGE & GINGER ZEST  
397g

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**FRESH  
PRICE!**  
SHOP

Fresh Styles at  
Our Lowest Prices

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\$**15**

Women's French  
Terry T-Shirt



\$**5**

Girls' Ribbed  
Tank Top

Other colours available:



\$**5**

Girls' Flutter  
Sleeved T-Shirt

Other colours available:



\$**5**

Children's  
T-Shirt



\$**5**

Girls' Jersey Bike  
Short

Other colours available:



\$**25**

Women's Lightweight  
Puffer Vest



\$**19**

Adult  
Windbreaker

**20% Off**  
Adult Sleepwear\*

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35 YEARS  
OF ACTIVIA'S  
EXPERTISE  
IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE  
IN SINGLE FLAVOURS!**



**2/\$10**  
OR  
\$6.29 EA.  
Activia® -  
selected varieties  
8 x 100 g  
21725748\_EA

**FIND ALL YOUR FAVOURITES**

**STRAWBERRY — VANILLA — BLUEBERRY — RASPBERRY —  
LEMON — PLAIN — LACTOSE FREE VANILLA**



**\$4**  
Activia® Expert selected varieties  
4 x 100 g  
21688261\_EA/21687900\_EA



**\$6.50**  
Activia® Expert selected varieties  
750 g  
21688207\_EA



**\$5.99**  
Activia® selected varieties  
850 g  
20325132003\_EA



**\$7.50**  
Activia® selected varieties  
8 x 93 mL  
21520253\_EA

**PACK YOUR MORNING  
WITH PROTEIN**



**\$8.79**  
Oikos® selected varieties  
650 g, 750 g  
21305945\_EA

**3/\$12**  
OR  
\$4.99 EA.  
Oikos® selected varieties  
4 x 95 g, 4 x 100 g  
20625055\_EA  
20419715001\_EA

**2/\$7**  
OR  
\$4 EA.  
Oikos® Pro™  
selected varieties  
300 mL  
21651846\_EA

\*As part of a complete breakfast and balanced diet. Per 115 g serving.

**10-HOUR BREW  
FOR A BOLD  
AND SMOOTH TASTE**



**\$8**  
Stok® selected varieties  
1.42 L  
21203737\_EA/21203739\_EA

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**2/\$6**  
OR  
\$3.99 EA.  
Country Harvest bread or bagels  
selected varieties and sizes  
21693323\_EA/21178597\_EA

**DELICIOUS WHOLESOME  
GRAIN BREADS  
MADE TO HELP YOU  
FEEL GOOD FROM THE INSIDE OUT.**

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**Our butchers cut quality  
meat in your store  
every day!**



**pork loin  
schnitzel**  
21588065\_EA

**beef  
meatballs**  
plain  
21587897\_EA

**beef stir fry strips**  
cut from Canada AA grade  
beef or higher  
21588067\_EA

**pork  
stir fry strips**  
21588095\_EA

**chicken  
stir fry strips**  
21588091\_EA

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# Break into Easter

2/\$3  
OR  
\$1.75 EA.



NESTLÉ® Singles  
25/29 g  
21406777\_EA  
21634741\_EA

\$6



NESTLÉ® Hide Me Eggs  
selected varieties  
100-153 g  
21628045\_EA/21627936\_EA

\$10



NESTLÉ®  
Bunny Gift/Egg Hunt  
140 g  
21555836\_EA

\$11



NESTLÉ®  
Hide Me Eggs  
300 g  
12603665\_EA



Mieux manger. Mieux vivre.

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Lindt  
GOLD BUNNY



\$7  
Lindt GOLD BUNNY  
100 g  
20046002\_EA



\$9  
Lindt GOLD BUNNY  
Flatback bags 130 g  
Lindt GHIRARDELLI  
Bags 117 g  
21692936\_EA/21693022\_EA



\$8  
Lindt LINDOR  
Eggs Bags 180 g  
21628450\_EA/21628561\_EA



\$5  
Lindt LINDOR  
Eggs Bags 100 g  
20187234\_EA



\$12  
Lindt LINDOR  
Eggs Bags 300 g  
20187234\_EA



Assorted EGGIES and  
REESE'S Mini Peanut  
Butter Eggs  
(670 - 900 g)  
21659598\_EA/20526640\_EA

\$15



HERSHEY'S, REESE'S  
and COOKIES 'N' CREME  
Bunnies  
(120 - 150 g)  
21639571\_EA/21628465\_EA

\$6



Assorted Packaged Chocolate  
(180 - 230 g)  
21660753\_EA/21638690\_EA

\$4



Easter Singles  
(34 - 42 g)  
21205577\_EA  
21334235\_EA

2/\$3  
OR  
\$1.75 EA.



REAL FLAVOUR.  
REAL FAST.

MICROWAVE IN  
90  
SECONDS

ENTRÉE  
FOR 1

4<sup>50</sup> BEN'S STREET  
FOOD  
SELECTED VARIETIES  
250 G  
21719448\_EA/21719465\_EA

Ben's  
Original

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