FOOD LION

April 1 - April 7, 2026 Offers valid while supplies last.

MVP Savings for your basket!

YOU SAVE $1.30 LB

HOTSALE! MVP
1.49 LB FOOD LION SPIRAL HAM
W/O MVP Card $3.19 LB
LIMIT 2

99¢ LB FOOD LION PORTION HAM
LIMIT 2
W/O MVP Card $2.29 LB

6 INCH EASTER LILY
WHILE SUPPLIES LAST!
HOTSALE! MVP 9.99 EA
W/O MVP Card $15.99 EA.

HOTSALE! MVP 9.99 LB — ANGUS — Aja For Your Preferred Thickness BONELESS RIBEYE STEAK
W/O MVP Card $16.99 LB

HOTSALE! MVP 7.99 LB — Limit 4 Pkgs. 12/16-8 Oz. JONAH CRAB WHILE SUPPLIES LAST!
W/O MVP Card $8.99 LB

HOTSALE! MVP 2.49 LB — Family Pack FOOD LION FRESH CHICKEN WINGS
W/O MVP Card $3.09 LB

HOTSALE! MVP 4.49 EA — Smithfield — 12.16 Oz. Pkg. Select Varieties SMITHFIELD BACON
W/O MVP Card Regular Retail

HOTSALE! MVP 11.99 EA — EGG HUNT BOUQUET WHILE SUPPLIES LAST!
W/O MVP Card $12.99 EA.

HOTSALE! MVP 2/$5 — 5-9 Oz. Pkg. Select Varieties FRESH EXPRESS SALAD BLENDS
W/O MVP Card $3.79 EA.

HOTSALE! MVP 2/$4 — 5 Lb. Bag FOOD LION RUSSET POTATOES 5 Lb. Bag FOOD LION YELLOW ONIONS
W/O MVP Card Regular Retail

HOTSALE! MVP 2/$1 — CUCUMBERS OR GREEN PEPPERS
W/O MVP Card Regular Retail

HOTSALE! MVP 2/$4 — 1 Lb. Container STRAWBERRIES
W/O MVP Card $3.49 EA

HOTSALE! MVP 5.99 LB — Freshly Sliced FOOD LION CHICKEN OR TURKEY BREAST IN THE DELI
W/O MVP Card $7.99 LB

HOTSALE! MVP 4/$12 — 6 Pack 16-16.9 Oz. Bottles Select Varieties COKE PRODUCTS
W/O MVP Card Regular Retail

HOTSALE! MVP BOGO FREE — 46 Oz. Select Varieties TURKEY HILL ICE CREAM OR BARBIE FROZEN DAIRY DESSERT
W/O MVP Card $8.99 EA
Single Item Half Price.

HOTSALE! MVP BOGO FREE — 8-14.40 Oz. Select Varieties TASTYKAKE BAGGED DONUTS OR SNACKS
W/O MVP Card Regular Retail
Single Item Half Price.

5.5-8.5 Oz. Select Varieties RUFFLES POTATO CHIPS LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card $5.49 EA
Single Item Half Price.

12 Ct. KING'S HAWAIIAN ROLLS IN THE BAKERY
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA.

64 Oz. Select Varieties FOOD LION APPLE OR CRANBERRY JUICE
HOTSALE! MVP 2/$4
W/O MVP Card Regular Retail

4.10-5.7 Oz. Select Varieties KNORR PASTA OR RICE SIDES
HOTSALE! MVP $1. EA
W/O MVP Card $1.59 EA.

4-4.1 Oz. Select Varieties IDAHOAN INSTANT POTATOES
HOTSALE! MVP $1. EA
W/O MVP Card $1.69 EA.

16 Oz. Select Varieties LAND O LAKES BUTTER QUARTERS
HOTSALE! MVP 2.99 Limit 2
W/O MVP Card $5.99 EA.

24 Pack - 12 Oz. Bottles or Cans MICHELOB ULTRA
24 Pack - 12 Oz. Cans YUENGLING FLIGHT
Select Varieties
HOTSALE! MVP 29.99 EA
W/O MVP Card $34.99 EA.

HOTSALE! MVP 1.69 EA
W/O MVP Card $2.49 EA.

10-14.4 Oz. Select Varieties BIRD'S EYE STEAMFRESH VEGETABLES

PRICE FOR EVERY DAY
3/$5
W/O MVP Card $2.99 EA.
12 Oz. - 4 Pack Select Varieties SNACK PACK PUDDING OR GELS

24.5-28.5 Oz. KELLOGG'S FROSTED FLAKES OR RAISIN BRAN CEREAL
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

6-8 Oz. Select Varieties KRAFT CHUNK OR SHREDDED CHEESE
HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA.

46 Oz. Select Varieties SIMPLY ORANGE JUICE
HOTSALE! MVP 2/$7
W/O MVP Card $4.79 EA.

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

PRICE FOR EVERY DAY 2/$6 KRAFT SALAD DRESSING
MVP Coupon -1.00 OFF 2
2/$5 MVP Digital Coupon Savings
16 Oz. Select Varieties KRAFT SALAD DRESSING

HOT SALE! 4/$5 W/MVP Card $6.99EA
MVP Coupon -1.00 OFF 4
4/$4 MVP Digital Coupon Savings
14.5-15.25 Oz. Select Varieties GREEN GIANT VEGETABLES

HOT SALE! 4.49 W/MVP Card $5.99EA
MVP Coupon -1.00 OFF 1
3.49 EA MVP Digital Coupon Savings
15.2-16 Oz. Select Varieties BEN & JERRY'S ICE CREAM

HOT SALE! 2/$10 W/MVP Card Regular Retail
MVP Coupon -1.00 OFF 2
2/$9 MVP Digital Coupon Savings
12 Pack - 12 Oz. Cans Select Varieties PEPSI OR MOUNTAIN DEW

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
9.3-20 Oz. Select Varieties NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES

Simple choices
that feel right
Shop Nature's Promise
Nature's Promise
Organic
Hass Avocados

Brighten your Easter table with fresh produce!

100% FRESH OR DOUBLE YOUR MONEY BACK

From crisp greens to vibrant fruits, find your savings here!

HOTSALE! MVP
3.49 EA
W/O MVP Card Regular Retail
3 Lb. Bag
MANDARINS

HOTSALE! MVP
1.99 LB
W/O MVP Card Regular Retail
Large
RED SEEDLESS GRAPES

HOTSALE! MVP
1.99 EA
W/O MVP Card Regular Retail
Whole
GOLDEN PINEAPPLE

LOOK FOR fresh CUT OPTIONS Where Available

HOTSALE! MVP
69¢ LB
W/O MVP Card Regular Retail
Bulk or Tote Bag
SWEET POTATOES

HOTSALE! MVP
1.59 EA
W/O MVP Card Regular Retail
Bunch
CELERY

HOTSALE! MVP
2.49 EA
W/O MVP Card Regular Retail
16 Oz.
FOOD LION BRUSSELS SPROUTS

HOTSALE! MVP
1.49 LB
W/O MVP Card Regular Retail
RED VINE CLUSTER TOMATOES

ASPARAGUS

HOTSALE! MVP
1.99 LB
W/O MVP Card Regular Retail

12 Oz. Bag
FOOD LION GREEN BEANS

HOTSALE! MVP
2/$5
W/O MVP Card Regular Retail

ORGANIC

3 Ct. Pkg.
SUNSET ORGANIC SWEET BELL PEPPERS

HOTSALE! MVP
4.99 EA
W/O MVP Card Regular Retail

USDA ORGANIC

2 Lb. Bags
NATURE'S PROMISE ORGANIC GRANNY SMITH APPLES

HOTSALE! MVP
3.99 EA
W/O MVP Card Regular Retail

USDA ORGANIC

Spring's prettiest picks!

While Supplies Last!
11.99 EA
10 STEM CUT TULIPS GIFT BAG

HOTSALE! MVP
19.99 EA
W/O MVP Card Regular Retail
TRI-COLOR MINI ROSES
WHILE SUPPLIES LAST!

HOTSALE! MVP
23.99 EA
W/O MVP Card Regular Retail
BUTTERFLY COLLECTION ROSE GLOBE
WHILE SUPPLIES LAST!

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

Church Hill, Erwin, Johnson City, Mountain City

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Carved with *love*, shared with *family!*

We have fresh meat and seafood, at low prices, for your holiday table!

100% FRESH OR BRING IT TO THE MONEY BACK

HOTSALE! MVP 1.69 LB
SMITHFIELD PORTION HAM
LIMIT 2
W/O MVP Card Regular Retail

HOTSALE! MVP 2.29 LB LIMIT 2
W/O MVP Card Regular Retail
Select Varieties
SMITHFIELD SPIRAL HAM

HOTSALE! MVP 5.49 LB
W/O MVP Card Regular Retail
Ground Fresh Daily
80% LEAN FRESH GROUND CHUCK

HOTSALE! MVP 7.49 LB
W/O MVP Card Regular Retail
Beef
TOP ROUND LONDON BROIL
CHOICE

HOTSALE! MVP 99¢ LB
W/O MVP Card Regular Retail
10 Lbs. or Larger
Grade A - Select Varieties
FROZEN TURKEY
WHILE SUPPLIES LAST!

HOTSALE! MVP 6.99 LB
W/O MVP Card Regular Retail
BEEF
CARNE PICADA

HOTSALE! MVP 10.99 LB
W/O MVP Card Regular Retail
Fresh
Select Varieties
SCHWEID & SONS GOURMET BURGERS

HOTSALE! MVP 7.99 LB
W/O MVP Card Regular Retail
Semi-Boneless
LEG OF LAMB

Small Pack
NATURE'S PROMISE BONELESS CHICKEN BREAST

HOTSALE! MVP 3.99 LB
W/O MVP Card Regular Retail

HOTSALE! MVP 3.99 LB
W/O MVP Card Regular Retail
ST. LOUIS STYLE PORK RIBS

HOTSALE! MVP 4.29 LB
W/O MVP Card Regular Retail
Boneless, Center Cut
PORK CHOPS

12-14 Oz. Pkg. - Select Varieties
JOHNSONVILLE FULLY COOKED DINNER SAUSAGE
HOTSALE! MVP 3.99 LB
W/O MVP Card Regular Retail

2.25-4.5 Oz. Pkg.
Select Varieties
OSCAR MAYER BASIC LUNCHABLES
HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
HOTSALE! MVP 5.99 LB
W/O MVP Card Regular Retail

15-16 Oz. Pkg. - Select Varieties
OSCAR MAYER BEEF FRANKS
HOTSALE! MVP 4.49 LB
W/O MVP Card Regular Retail

18.4 Oz. Pkg. - Select Varieties
HATFIELD MARINATED PORK TENDERLOIN
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Full Price

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! MVP 7.99 LB
W/O MVP Card Regular Retail
10 Oz.
SALMON FILLETS OR WILD CAUGHT TUNA STEAKS

HOTSALE! MVP 2.99 LB
W/O MVP Card Regular Retail
14 Oz. Pkg.
FOOD LION IMITATION CRAB MEAT

HOTSALE! MVP 5.99 LB
W/O MVP Card Regular Retail
8 Oz.
Frozen
SHRIMP RING

MVP PRICED LIKE FLESH GOLD
9.99 EA
W/O MVP Card Regular Retail
16-20 Ct.
16 Oz. Bag
Frozen
FOOD LION RAW SHRIMP

MVP PRICED LIKE FLESH GOLD
10.99 EA
W/O MVP Card Regular Retail
26-30 Ct.
16 Oz. Bag
Frozen
FOOD LION COOKED SHRIMP

FOOD LION
Potato Chips
Salt & Vinegar
FOOD LION
Whole Milk
FOOD LION
FOOD LION
MVP
SHOP
&EARN
MONTHLY REWARDS
EARN
EXTRA
REWARDS
while you shop
Activate Your Offers

Heat, Serve & Celebrate!

HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA
Assorted Made Hot In-Store
8 PIECE FRIED CHICKEN

HOTSALE! MVP 8.99 EA
W/O MVP Card $10.99 EA
28 Oz. Family Size
PANERA MAC & CHEESE

HOTSALE! MVP 8.99 EA
W/O MVP Card $12.99 EA
30 Oz. Select Varieties
BLOUNT'S FAMILY KITCHEN CHICKEN POT PIE

BOGO FREE

MVP
On Participating Items
Single Item Half Price

5.2-5.3 Oz. Pkg.
BOURSIN CHEESE
W/O MVP Card $7.99 EA

12 Ct.
FOOD LION HOMESTYLE GLAZED DONUTS
W/O MVP Card $5.99 EA

20 Oz.
Made Hot In Store
CHICKEN NUGGETS
W/O MVP Card $5.99 EA

4 Ct.
TURNOVERS
W/O MVP Card $4.49 EA

Save on easy meal & snacking solutions!

Available in our Deli & Bakery

HOTSALE! MVP 8.99 LB
W/O MVP Card $9.99 LB
Freshly Sliced
TASTE OF INSPIRATIONS HAM

HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
IZZIO SLICED SOURDOUGH BREADS

HOTSALE! MVP 3.49 EA
W/O MVP Card $4.49 EA
8 Oz. Pkg.
Logs, Balls or Pearls
BELGIOIOSO FRESH MOZZARELLA CHEESE

HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA
16 Oz. Select Varieties
EL TERRIFICO CHEESE DIP

HOTSALE! MVP 5.49 EA
W/O MVP Card $5.99 EA
GOURMET CINNAMON ROLLS

GUIDING STARS®

GOOD

BETTER

BEST

Find the stars on the packaging and shelf tags

Look for the guiding stars to simplify healthy eating.

14.5 Oz. Select Varieties
HUNT'S TOMATOES
MVP FREED LOW STATE AVG.
1.39 EA
W/O MVP Card $1.69 EA
GOOD

HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail
16 Oz. Pkg.
NATURE'S PROMISE ORGANIC GROUND BEEF
GOOD

HOTSALE! MVP 89¢ EA
W/O MVP Card $1.19 EA
16 Oz. Select Varieties
FOOD LION LONG GRAIN RICE
GOOD

32 Oz. Select Varieties
SWANSON BROTH
HOTSALE! MVP 2/$4
W/O MVP Card $3.29 EA
BEST

HOTSALE! MVP 69¢ EA
W/O MVP Card 79¢ EA
Bulk
GARLIC
BEST

HOTSALE! MVP 59¢ LB
W/O MVP Card 89¢ LB
GREEN CABBAGE
BEST

MVP SHOP & EARN MONTHLY REWARDS

EARN EXTRA REWARDS *while you shop*

Activate your April offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZGSG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNGB ZNGL ZNGS ZNGV ZNHP ZNNF ZNNL ZNNO ZPNL ZPNA ZPHI ZSAG ZSAU ZSGL ZSGV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVOC ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 04/01/26

A sunrise start to Easter!

12 Oz. Pkg.
Select Varieties
JOHNSONVILLE BREAKFAST SAUSAGE PATTIES OR LINKS
HOTSALE! BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

15.25-20 Oz.
Select Varieties
DOLE PINEAPPLE
HOTSALE! 2/$4
W/O MVP Card $3.99 EA

4 Ct.
FOOD LION MUFFINS
IN THE BAKERY
HOTSALE! 3.99 EA
W/O MVP Card $4.99 EA

24 Oz.
FOOD LION SYRUP
HOTSALE! 2/$4
W/O MVP Card $2.49 EA

8-13.9 Oz.
Select Varieties
PILLSBURY CRESCENTS OR CINNAMON ROLLS
HOTSALE! 2/$5
W/O MVP Card $3.49 EA

10 Ct. K-Cups or 12 Oz. Bags
Select Varieties
STARBUCKS COFFEE
HOTSALE! 9.99 EA
W/O MVP Card Regular Retail

59 Oz.
Select Varieties
FOOD LION DRINKS
PRICED LOW EVERY DAY
1.69 EA

28-32 Oz.
Select Varieties
FOOD LION PANCAKE & WAFFLE MIX
PRICED LOW EVERY DAY
1.99 EA

28-32 Oz.
Select Varieties
NATURAL BLISS OR STARBUCKS CREAMER
HOTSALE! 4.49 EA
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

17 Oz.
Select Varieties
THOMAS' HIGH PROTEIN BAGELS
HOT SALE! 4.99 EA
W/O MVP Card $5.99 EA
MVP Coupon -1.00 OFF!
3.99 EA
MVP 1ST MPTS DISCOUNT SAVINGS LIMIT 1

10 Oz.
Select Varieties
FOOD LION STEAK SAUCE
PRICED LOW EVERY DAY
2.99 EA

2.6-4.5 Oz.
Select Varieties
STARKIST TUNA POUCH
HOTSALE! 5/$5
W/O MVP Card $1.58 EA

10.75 Oz.
Select Varieties
CAMPBELL'S CHICKEN NOODLE OR TOMATO SOUP
HOTSALE! $1 EA
W/O MVP Card $1.58 EA

71-1.25 Oz.
Select Varieties
MCCORMICK GRILL MATES MARINADE
HOTSALE! 2/$3
W/O MVP Card $1.69 EA

12 Oz.
Select Varieties
LAWRY'S MARINADE
MVP PRICED LOW EVERY DAY
2.99 EA
W/O MVP Card $3.68 EA

14.5-15 Oz.
Select Varieties
MARGARET HOLMES CANNED VEGETABLES
HOTSALE! 2/$3
W/O MVP Card $2.58 EA

HOTSALE! 2/$3
W/O MVP Card $1.79 EA

12-14 Oz.
FOOD LION MACARONI & CHEESE DELUXE DINNER

4.5-8 Oz.
Select Varieties
BETTY CROCKER OR MOTT'S FRUIT SNACKS
HOTSALE! 2/$5
W/O MVP Card Regular Retail

1.9-2.2 Oz.
Select Varieties
LIPTON RECIPE SECRETS SOUP & DIP MIXES
MVP PRICED LOW EVERY DAY
1.99 EA
W/O MVP Card $2.48 EA

25.4 Oz.
Select Varieties
WELCH'S SPARKLING CRISP APPLE OR RED GRAPE JUICE
HOTSALE! 2/$6
W/O MVP Card $3.99 EA

HOTSALE! 3.99 EA
W/O MVP Card $4.49 EA

6 Oz.
Select Varieties
FRENCH'S FRIED ONIONS

5 Lb.
Select Varieties
WHITE LILY FLOUR
HOTSALE! 3.99 EA
W/O MVP Card $5.69 EA

40 Oz.
CRISCO VEGETABLE OIL
HOTSALE! 3.99 EA
W/O MVP Card $5.29 EA

4.8-6.9 Oz.
Select Varieties
RICE-A-RONI OR PASTA RONI BOXES
HOTSALE! 4/$5
W/O MVP Card $1.99 EA

44 Oz.
BOB'S RED MILL GLUTEN FREE BAKING FLOUR
HOTSALE! 9.79 EA
W/O MVP Card $10.99 EA

16 Oz.
BOB'S RED MILL GLUTEN FREE ALMOND FLOUR
HOTSALE! 9.49 EA
W/O MVP Card $10.89 EA

12 Ct.
WONDER DINNER ROLLS
HOTSALE! 2.99 EA
W/O MVP Card $3.79 EA

6 Oz.
Select Varieties
LINDSAY PITTED BLACK OLIVES
HOTSALE! BOGO FREE
W/O MVP Card $2.89 EA
Single Item Half Price

68 Oz.
Select Varieties
POMPEIAN EXTRA VIRGIN OLIVE OIL
HOTSALE! 20.99 EA
W/O MVP Card $24.99 EA

16 Oz.
SWEET BABY RAY'S WING SAUCE
15.2-18 Oz.
STICKY FINGERS BBQ SAUCE
Select Varieties
HOTSALE! 2.99 EA
W/O MVP Card Regular Retail

4 ZNCO ZGCN ZGCR ZGCT ZGHW ZGRV ZGSA ZKBG ZKNA ZKNV ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGN ZNGS ZNGV ZNHP ZNLE ZNNB ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSIL ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVRA ZVRO ZVTI ZVTR ZWBL 040112B

April 1 – 7, 2026

DEALS FOR DOLLARS

MVP

Velveeta

Kraft mac & cheese DELUXE

TGI FRIDAYS

HEINZ ESTD 1869

Miracle Whip

PHILADELPHIA

CAPRISUN

DEALS FOR DOLLARS $3 $4

MVP

HOTSALE! $3 EA W/O MVP Card Regular Retail
10 Pack - 6 Oz. Pouches
Select Varieties
CAPRI SUN

MVP PRICES LOW VERY DAY $3 EA W/O MVP Card $3.69 EA
9.4-14 Oz.
Select Varieties
KRAFT DELUXE OR VELVEETA SHELLS & CHEESE

HOTSALE! $4 EA W/O MVP Card Regular Retail
14.1-15.6 Oz. Pkg.
Select Varieties
LUNCHABLES UPLOADED

HOTSALE! $4 EA W/O MVP Card $5.99 EA
16 Oz.
PHILADELPHIA CREAM CHEESE FROSTING

HOTSALE! $4 EA W/O MVP Card $5.49 EA
8-11 Oz.
Select Varieties
TGI FRIDAYS SNACKS

15 Oz.
KRAFT MIRACLE WHIP
30 Oz.
KRAFT MAYONNAISE
Select Varieties
HOTSALE! $4 EA W/O MVP Card Regular Retail

BEVERAGE CENTER

2 Liter - Select Varieties
ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE
HOTSALE! BOGO FREE W/O MVP Card $2.99 EA Single Item Half Price

128 Oz. or 6 Pack
Select Varieties
HAWAIIAN PUNCH
HOTSALE! 2/$5 W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

HOT SALE! 2/$12 W/O MVP Card $8.99 EA
MVP Coupon -2.00 OFF 2
12 Pack
16.9 Oz. Bottles
Select Varieties
LIPTON TEA
2/$10
MVP 2 WEEK ADDITIONAL SAVINGS

HOTSALE! 3/$4 W/O MVP Card $4.99 EA
8 Pack - 12 Oz. Cans
Select Varieties
WATERLOO SPARKLING WATER
NEW ITEM

6 Pack
16.9 Oz. Bottles
CORE HYDRATION OR GLACEAU SMART WATER

HOTSALE! 6.99 EA W/O MVP Card Regular Retail

12 Oz.
Select Varieties
POPPI PREBIOTIC SODA

HOTSALE! 2/$4 W/O MVP Card $2.29 EA

HOTSALE! 6.99 EA W/O MVP Card $7.99 EA
8 Pack - 12 Oz. Bottles
Select Varieties
BODYARMOR

750 mL
Select Varieties
COOK'S OR SUTTER HOME WINE

HOTSALE! 9.99 EA

750 mL
Select Varieties
CHATEAU LA COMMANDERIE OR CLOS DU BOIS WINE

HOTSALE! 10.99 EA

750 mL
Select Varieties
NOVINOPHOBIA OR MARK WEST WINE

HOTSALE! 11.99 EA

750 mL
Select Varieties
SEAGLASS OR STELLA ROSA WINE

HOTSALE! 13.99 EA

6 Pack - 10-12 Oz. Bottles
Select Varieties
SMIRNOFF, CAYMAN JACK, MIKE'S OR JACK DANIEL'S
HOTSALE! 9.99 EA

HOTSALE! 19.99 EA
12 Pack
12 Oz. Bottles or Cans
Select Varieties
SIERRA NEVADA OR NEW BELGIUM

HOTSALE! 21.99 EA
24 Pack - 12 Oz. Cans
Select Varieties
NATURAL LIGHT, BUSCH LIGHT, KEYSTONE OR MILLER HIGH LIFE

HOTSALE! 27.99 EA
24 Pack
12 Oz. Bottles or Cans
Select Varieties
BUD, MILLER, COORS OR YUENGLING

HOTSALE! 15.99 EA
12 Pack
12 Oz. Bottles or Cans
HEINEKEN 0.0
12 Pack - 12 Oz. Cans
MICHELOB ULTRA ZERO OR CORONA NA
Select Varieties

HOTSALE! 19.99 EA
12 Pack
12-12 Oz. Bottles or Cans
Select Varieties
CORONA, MODELO OR PERONI

Beer and Wine may not be available in all locations. Check your store for availability.

DAIRY

52 Oz.
Select Varieties
GOLD PEAK ICED TEA
HOTSALE! MVP 2/$5
W/O MVP Card $2.79 EA

HOTSALE! MVP 2/$4
16 Oz.
Select Varieties
FOOD LION JUMBO BISCUITS
W/O MVP Card $2.29 EA

HOTSALE! MVP 2.99 EA
W/O MVP Card $4.89 EA
10.7-12 Oz.
Select Varieties
KRAFT SINGLES

52 Oz.
Select Varieties
SIMPLY ADES OR PUNCHES
HOTSALE! MVP 2/$5
W/O MVP Card $3.89 EA

6-8 Oz.
Select Varieties
CRACKER BARREL CUBES OR BARS
HOTSALE! MVP 2/$6
W/O MVP Card $4.29 EA

6.5 Oz.
Select Varieties
FOOD LION WHIPPED TOPPING
HOTSALE! MVP 2/$4
W/O MVP Card $2.49 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 2/$6
W/O MVP Card $3.99 EA
MVP Coupon -2.00 OFF 2
8 Oz. Brick
Select Varieties
PHILADELPHIA CREAM CHEESE
MVP 2/$4 W/ MFR. DISCOUNT SAVINGS (MRT)

HOT SALE! 4.99 EA
W/O MVP Card $7.99 EA
MVP Coupon -1.00 OFF 1
45 Oz. Tub
Select Varieties
COUNTRY CROCK SPREAD
MVP 3.99 EA W/ MFR. DISCOUNT SAVINGS (MRT)

FROZEN

HOTSALE! MVP BOGO FREE
W/O MVP Card $10.99 EA
Single Item Half Price
16.35-22.3 Oz.
Select Varieties
SCREAMIN' SICILIAN PIZZA

HOTSALE! MVP BOGO FREE
W/O MVP Card $2.38 EA
Single Item Half Price
6.49-9 Oz.
Select Varieties
SMART ONES FROZEN DINNERS

HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA
24 Oz. Pkg. - Frozen
Select Varieties
PILGRIM'S CHICKEN NUGGETS

HOTSALE! MVP 3.49 EA
W/O MVP Card $3.79 EA
9-12 Oz.
Select Varieties
DEVOUR FROZEN DINNERS

HOTSALE! MVP 6.99 EA
W/O MVP Card $10.19 EA
6-20 Ct.
Select Varieties
NESTLÉ DRUMSTICK CONES

HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA
11.1 Oz.
Select Varieties
HÄAGEN-DAZS MINI ICE CREAM BARS

MVP DIGITAL COUPONS
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Online
In-Store Kiosk

PRICE LOW TEMPORARY 5.99 EA
W/O MVP Card $6.49 EA
MVP Coupon -1.00 OFF 1
35-37 Oz.
Select Varieties
MRS. SMITH'S PIES
MVP 4.99 EA W/ MFR. DISCOUNT SAVINGS (MRT)

PRICE LOW TEMPORARY 3.99 EA
W/ MVP Card $4.99 EA
MVP Coupon -70¢ OFF 1
14 Oz.
Select Varieties
HÄAGEN-DAZS ICE CREAM
MVP 3.29 EA W/ MFR. DISCOUNT SAVINGS (MRT)

HOT SALE! 5.49 EA
W/ MVP Card $9.99 EA
MVP Coupon -50¢ OFF 1
48 Oz.
Select Varieties
TILLAMOOK ICE CREAM
MVP 4.99 EA W/ MFR. DISCOUNT SAVINGS

HOT SALE! 5.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -1.00 OFF 1
25-38 Oz.
Select Varieties
MARIE CALLENDER'S DESSERT PIES
MVP 4.99 EA W/ MFR. DISCOUNT SAVINGS (MRT)

HOT SALE! 5.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -1.00 OFF 1
23.5-36 Oz.
Select Varieties
EDWARDS PIES
MVP 4.99 EA W/ MFR. DISCOUNT SAVINGS (MRT)

BREAKFAST

24-32 Oz.
HUNGRY JACK PANCAKE MIX OR SYRUP
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

64 Oz.
Select Varieties
ALMOND BREEZE ALMONDMILK
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.79 EA

32 Oz.
TAZO CHAI CONCENTRATED TEA
HOTSALE! MVP 3.99 EA
W/O MVP Card $5.99 EA

16-32 Oz.
Select Varieties
INTERNATIONAL DELIGHT CREAMER OR COLD FOAM
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

10.6-11.2 Oz.
Select Varieties
GENERAL MILLS FLAVORED CHEERIOS
HOTSALE! MVP 2/$6
W/O MVP Card $4.49 EA

10-12 Ct. K-Cups
Select Varieties
MAXWELL HOUSE OR GEVALIA COFFEE
HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA
32 Ct.
KELLOGG'S POP-TARTS

23.5-28.4 Oz. Can
Select Varieties
MAXWELL HOUSE COFFEE
HOTSALE! MVP 13.99 EA
W/O MVP Card Regular Retail

PURINA Friskies

FREE* Pickup or $5 OFF Delivery

When you buy any 3 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

BASKET ESSENTIALS

All seasonal items are available while supplies last.

HOT SALE! 4.49 EA
W/O MVP Card $5.99 EA
9 Oz. Select Varieties
CADBURY MINI EGGS MILK CHOCOLATE

HOT SALE! 3.99 EA
W/O MVP Card $4.99 EA
3 Oz.
KINDER MILK CHOCOLATE FIGURES

3.5 Oz. Select Varieties
LINDT GOLD CHOCOLATE BUNNY
HOT SALE! 5.99
W/O MVP Card $7.49 EA

1 Ct.
SMART LIVING EASTER 9" PRAYING BUNNY
HOT SALE! 6.99
W/O MVP Card $8.99 EA

HEALTH & HOME

35 Oz. Select Varieties
IVORY BODY WASH
MVP PRICED LOW EVERY DAY 6.99 EA
W/O MVP Card $8.59 EA

10 Oz. Select Varieties
BARBASOL SHAVING CREAM
HOT SALE! 2/$5
W/O MVP Card $3.29 EA

16-24 Ct. Select Varieties
GOODY'S OR BC POWDER
HOT SALE! 3.99 EA
W/O MVP Card $5.49 EA

18 Ct. Select Varieties
PLAYTEX SPORT TAMPONS
HOT SALE! 5.59 EA
W/O MVP Card $6.39 EA

25-45 Ct. Select Varieties
FOOD LION KITCHEN BAGS
PRICED LOW EVERY DAY 7.29 EA

HOT SALE! 2/$4
W/O MVP Card Regular Retail
10-20 Ct. Select Varieties
FOOD LION STORAGE BAGS

24 Ct. Select Varieties
FOOD LION PREMIUM DINNERWARE
HOT SALE! $1 EA
W/O MVP Card Regular Retail

HOT SALE! 4.99 EA
W/O MVP Card Regular Retail
48-100 Ct. Select Varieties
FOOD LION PLATES

PRICED LOW EVERY DAY 4.69 EA
37.5-50 Sq. Ft. Heavy Duty or 75 Sq. Ft. Regular Select Varieties
FOOD LION ALUMINUM FOIL

HOT SALE! 5.49 EA
W/O MVP Card $6.59 EA
2 Pack Select Varieties
GLADE PLUGINS OIL REFILLS

HOT SALE! 9.49 EA
W/O MVP Card Regular Retail
8 Super Mega or 12 Mega Rolls
ANGEL SOFT
8 Double Rolls
SPARKLE
Select Varieties

HOT SALE! 8.99 EA
W/O MVP Card $9.99 EA
21-32 Ct. Tabs Select Varieties
FINISH POWERBALL TABS

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOT SALE! 9.99 EA
W/O MVP Card $10.99 EA
MVP Coupon -2.00 EA
7.99 EA
NO MVP DISCOUNT EARNED ZONE
12-32 Ct. Select Varieties
SWIFFER DRY OR WET REFILLS

50 Ct. Select Varieties
FOOD LION PARTY CUPS
HOT SALE! 3.99 EA
W/O MVP Card Regular Retail

HOT SALE! BOGO FREE
W/O MVP Card $7.99 EA
Single Item Half Price
2 Ct. Select Varieties
RUBBERMAID TAKEALONGS CONTAINERS

7.3-8.3 Oz. Select Varieties
GLADE AEROSOL SPRAY CLEAN LINEN
HOT SALE! 2/$4
W/O MVP Card $2.79 EA

BABY

3.5 Oz. Select Varieties
GERBER BABY FOOD POUCHES
HOT SALE! 5/$5
W/O MVP Card $1.29 EA

4 Oz. Select Varieties
PLUM ORGANICS MIGHTY 4 BLEND POUCHES
HOT SALE! 2/$3
W/O MVP Card $1.69 EA

1 Oz. Select Varieties
HAPPY BABY ORGANIC YOGIS
HOT SALE! 3.49 EA
W/O MVP Card $3.99 EA

504 Ct.
PAMPERS BABY WIPES
HOT SALE! 16.99 EA
W/O MVP Card $18.29 EA

PET

20 Lb. Select Varieties
PURINA TIDY CATS TIDY FEET LITTER
HOT SALE! 15.29 EA
W/O MVP Card $16.29 EA

11 Oz. Select Varieties
FANCY FEAST APPETIZERS
HOT SALE! 4/$5
W/O MVP Card $1.49 EA

BUY ONE OF THESE

14 Lb. Select Varieties
BENEFUL DRY DOG FOOD
HOT SALE! 16.49 EA
W/O MVP Card $19.59 EA

& GET THIS FREE

8.5 Oz. Select Varieties
PURINA BENEFUL BAKED DELIGHTS SNACKERS
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

1 ZNC3 ZDP4 ZS5A ZG4A ZG4L ZG4F ZG4U ZG2V ZG2X ZGC7 ZGH4 ZGH1 ZG5A ZN8G ZN9A ZN9V ZN8A ZN8L ZN8M ZN87 ZN5A ZN9A ZN9A ZN9W ZN9S ZNCA ZNC3 ZNC9 ZNC4 ZNC7 ZNFL ZNGB ZNGL ZNGP ZNG3 ZNDV ZNFP ZNL3 ZN8B ZNNF ZN9L ZN8D ZN9A ZN9E ZN9G ZN8H ZN9N ZN9L ZN9R ZN7T ZN9A ZN9A ZN9L ZN9M ZN9N ZN9W ZN9T ZP4L ZP4A ZP4A ZG4U ZG4V ZG2X ZG3L ZGC3 ZGC7 ZGF8 ZGFL ZGFN ZGGL ZGGV ZG6L ZG6A ZG6L ZG6A ZG6L ZG6A

FOOD LION

CATERING

Perfect for your next family gathering,
leave the work to us and place a catering order today.

April 1 - April 7, 2026 • Offers valid while supplies last.

Easter table, complete!

CHICKEN
TENDER TRAY

LARGE GARDEN
VEGETABLE PLATTER

LARGE MINI
SANDWICH PLATTER

HOT SALE! MVP
$5 OFF
SELECT CATERING TRAYS AND PLATTERS
W/O MVP Card Regular Retail

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8.99 EA
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10 STEM FRESH
CUT TULIPS
WHILE SUPPLIES LAST!

HOT SALE! MVP
7.99 EA
W/O MVP Card $8.99 EA

4 INCH
CALLA LILY
WHILE SUPPLIES LAST!

HOT SALE! MVP
7.99 EA
W/O MVP Card $8.99 EA

6 INCH
ASSORTED
BULBS
WHILE SUPPLIES LAST!

Place your order at the deli counter or scan the Flowcode to order online.

6 INCH
PIXIE LILY
While Supplies Last!
11.99 EA

6 INCH
POTTED
TULIPS
GIFT BAG
WHILE SUPPLIES LAST!

HOT SALE! MVP
14.99 EA
W/O MVP Card $15.99 EA

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSIL ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 04/01/26

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Creamy Grilled Artichoke and Spinach Bake

1.69 EA

10.8-12 Oz.
Select Varieties
FOOD LION CHOPPED SPINACH

PRICED LOW EVERY DAY
1.99 EA

16 Oz.
Select Varieties
FOOD LION SOUR CREAM

HOT SALE!
MVP
BOGO FREE
W/O MVP Card $2.99 EA
Single Item Half Price

12.5-13.7 Oz.
Select Varieties
FOOD LION GOLDEN CRACKERS
LIMIT 4 FREE

14 Oz.
Select Varieties
FOOD LION ARTICHOKE HEARTS

HOT SALE!
MVP
2.59 EA
W/O MVP Card $2.89 EA

8 Oz.
Select Varieties
FOOD LION GRATED PARMESAN CHEESE

HOT SALE!
MVP
2.69 EA
W/O MVP Card $2.99 EA

HOT SALE!
MVP
1.79 EA
W/O MVP Card $1.99 EA

8 Oz.
Select Varieties
FOOD LION CREAM CHEESE

16 Oz.
Select Varieties
FOOD LION SHREDDED CHEESE

HOT SALE!
MVP
2/$7
W/O MVP Card $3.79 EA

24 Oz.
FOOD LION VEGETABLE OIL

HOT SALE!
MVP
2.49 EA
W/O MVP Card $2.79 EA

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSIL ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 04/01/26

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W/O MVP Card $4.79 EA

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TASTE OF INSPIRATIONS GOAT CHEESE LOG

HOTSALE! MVP **3.99 EA**
W/O MVP Card $4.49 EA

HOTSALE! MVP **3.99 EA**
W/O MVP Card $5.49 EA

4-8 Oz.
Select Varieties
TASTE OF INSPIRATIONS OLIVES

HOTSALE! MVP **4.49 EA**
W/O MVP Card $4.99 EA

8 Oz.
TASTE OF INSPIRATIONS BRIE ROUND

HOTSALE! MVP **5.99 EA**
W/O MVP Card $6.99 EA

14 Oz.
Select Varieties
TASTE OF INSPIRATIONS PEPPERONI OR SALAMI

HOTSALE! MVP **6.29 EA**
W/O MVP Card $6.99 EA

8 Oz.
TASTE OF INSPIRATIONS SMOKED GOUDA CHEESE

HOTSALE! MVP **7.99 EA**
W/O MVP Card $8.99 EA

16 Oz.
Select Varieties
TASTE OF INSPIRATIONS GOURMET CHEESE SAMPLER

10 Oz.
TASTE OF INSPIRATIONS PRIVATE RESERVE EXTRA SHARP CHEDDAR

HOTSALE! MVP **4.49 EA**
W/O MVP Card $4.99 EA

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSIL ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 04/01/26

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSIL ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 04/01/26