

Effective March-April

TH	FR	SA	SU	MO	TU	WE
26	27	28	29	30	31	1

 2026

EASTER
ESSENTIALS

MARC ANGELO
ITALIAN DELI
MEAT & CHEESE
STORES
BALDERSON
EXTRA MILD
CHEDDAR
EXTRA-PURE
100% NATURAL
5.99
ea.



FRONT STREET BAKERY
HOT CROSS BUNS
12.5 oz
125
points
value of \$1
3.99
ea.



KICKING HORSE
COFFEE 100%
QUILTED HARBORS
125
points
value of \$1
14.99
ea.



LACTANTIA CREAM
100% PURE
QUILTED HARBORS
3.49
ea.



6.99
ea.



PICK ONTARIO
FRESH CUT TULIPS
12.99
ea.



Shop these and more in-store or online

899
ea.



599



599
ea.



10⁹⁹



10⁹⁹
ea.



\$ New Lower Prices



2 for \$7.00

Village of Villaggio
ITALIAN STYLE
BREAD, BUNS OR
SANDWICHES
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)



3.99

Village of Villaggio
CLASSICO
BREAD
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)



3.99

Wonder Bread
INDULGENT ITALIAN
TURKEY BREAST
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)



3.49

Castello Ponder
CORDON ROSSO
FANTASIA
DANISH BREAD
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)

 Breton original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR 100% CANADIAN	 Bear Paws original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR 100% CANADIAN	 Skittles Candy MADE WITH REAL FRUIT 100% WHOLE GRAIN FLOUR 100% CANADIAN	 Jalisco original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR 100% CANADIAN	 ACTIVA 100% Fruitbox MADE WITH REAL FRUIT 100% WHOLE GRAIN FLOUR 100% CANADIAN
3.49 ea.	3.49 ea.	3.49 ea.	6.99 ea.	6.99 ea.

4.99 ALCA DISINFECTANT, 1.6L GALLON
 4.99 FLOOR, 1.6L GALLON
 4.99 ROUNDY, 1.6L GALLON
 4.99 CHARMIN, 1.6L GALLON
 4.99 FLOOR, 1.6L GALLON
 4.99 ROUNDY, 1.6L GALLON
 4.99 CHARMIN, 1.6L GALLON

Learn with **mo!** rewards

50¢ **3.99**

MINUTE HAND ON FRUIT/POUR DRINKS
PEACH TEA OR PEACH ACID TEA TETRA
PEACH TEA OR PEACH ACID TEA TETRA

125¢
125¢/100ml (4.2 FL. OZ.)

3.99

KRIBBI SALAD DRESSING (4 FL. OZ.)
KRAUT SALAD DRESSING (4 FL. OZ.)
KRAUT SALAD DRESSING (4 FL. OZ.)

We reserve the right to limit quantities.
DESIGNATIONS TAKE PRECEDENCE OVER PHOTOS.
SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: metro.ca
Give us your opinion for a chance to
WIN \$1,000 in groceries

[illegible]

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16.99
ea.

SAVE UP TO
\$6

22.99*
ea.

BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2.99
ea.

SAVE UP TO
\$1.80

4.79*
ea.

LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5.99
ea.

SAVE UP TO
\$2

7.99*
ea.

IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3.99
ea.

SAVE UP TO
\$1

4.99*
ea.

TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12.99
ea.

SAVE UP TO
\$7

19.99*
ea.

IRRESISTIBLES
COFFEE CAPSULES
30 capsules
SELECTED VARIETIES



NOW
4.99
ea.

SAVE UP TO
\$1.50

6.99*
ea.

EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce

 1.99 /lb LARGE SEEDLESS TANGELOS PRODUCE OF S.E.A. 4.39/kg	 5.99 ea. STRAWBERRIES #10 1/2 PRODUCE OF U.S.A. & CANADA 1.99/kg	 1.99 /lb SWEET POTATOES PRODUCE OF U.S.A. 4.39/kg	 2.99 /lb HEIRLOOM TOMATOES PRODUCE OF U.S.A. 6.59/kg
 3.99 /lb ORBIT CLEMENTINES STEM & LEAF CLEMENTINES PRODUCE OF S.E.A. 8.99/kg	 1.99 /lb LARGE RED PRINCE APPLES PRODUCE OF CANADA 1.99/kg	 4.99 ea. FRENCH BEANS #10 1/2 PRODUCE OF U.S.A. & CANADA 1.99/kg	 3.49 ea. BOSTON LETTUCE #10 1/2 PRODUCE OF U.S.A. & CANADA 1.99/kg
 4.99 ea. BLACK MISSION FIGS PRODUCE OF MEXICO	 5.99 /lb COTTON CANDY GRAPES PRODUCE OF CANADA 12.75/lb	 99¢ /lb GREEN CABBAGE PRODUCE OF CANADA 2.19/kg	 3.99 /lb BRUSSELS SPROUTS PRODUCE OF U.S.A. 8.99/kg
 3.99 ea. GOLDMINE CLEMENTINES PRODUCE OF CANADA 1.99/kg	 2.49 /lb LARGE BARTLETT PEARS PRODUCE OF CANADA 5.49/kg	 3.99 ea. MINI CUCUMBERS #10 1/2 PRODUCE OF CANADA 1.99/kg	 2.49 /lb GREEN ZUCCHINI PRODUCE OF U.S.A. 5.49/kg
 7.99 ea. MOYERS CHOCOLATE CARAMEL APPLE #10 1/2	 3.99 ea. SWEET BABY BROCCOLI PRODUCE OF U.S.A.	 4.99 ea. CURED SWEET POTATOES, BUTTERFLY OR BUTTERNUT #10 1/2	 3.79 ea. BELLE GROVE MUSHROOMS CROWN, CRAB, CRISTALLO 10 1/2 PRODUCE OF U.S.A.
 5.99 ea. WONDERFUL IN-SHELL PISTACHIOS 100% PISTACHIOES 100% PISTACHIOS	 5.99 ea. KEN'S SALAD DRESSINGS 100% PISTACHIOES 100% PISTACHIOS	 2.99 ea. BRISTLELESS HERBS #10 1/2 PRODUCE OF U.S.A.	 2.49 ea. ASSORTED COLOUR CARROTS #10 1/2 PRODUCE OF U.S.A.

Sliced & Diced **Organic**



9.99
ea.

PUMPKINPIE DIPS WITH DIP-O-MATIC STRAWBERRY PINEAPPLE TRAY WITH CHOCOLATE DIP (100g)
SMALL FRUIT TRAY (100g) 200g



14.99
ea.

NACHO PATTTER (100g)
FAMILY SIZE CHICKEN CAESAR SALAD (100g)
SMALL BERRY KONT TRAY (100g)



2.99
/lb

ORGANIC SEEDLESS ORANGES
WEIGHT 10.5 LBS
6.5000



4.99
ea.

ORGANIC AVOCADOS 10
POUNDS OF WEIGHT



6.99
ea.

ORGANIC SWEET POTATOES 10
POUNDS U.S.A.



5.99
ea.

ORGANIC YELLOW PILECH OR POTATO POTATOES 10
POUNDS U.S.A.



6.99
ea.

ORGANIC BELLOW POTATOES
POTATOES OF TENDR JAUINS



5.99
ea.

ORGANIC YELLOW PILECH OR POTATO POTATOES 10
POUNDS U.S.A.

metro.ca

Organic



2⁹⁹
ea.

ORGANIC SEEDLESS ORANGES
IMPORTED FROM U.S.A.
6.50kg



3 PK

4⁹⁹
ea.

ORGANIC AVOCADOS 14
POUNDS OF WEIGHT



6⁹⁹
ea.

ORGANIC SWEET POTATOES 14
POUNDS (6.5kg)



5⁹⁹
ea.

**ORGANIC YELLOW PLESH OR
HOUST POTATOES** 14
POUNDS (6.5kg)
FLOUNDER 14 POUNDS



4⁹⁹
ea.

**ORGANIC YELLOW PLESH OR
HOUST POTATOES** 14
POUNDS (6.5kg)
FLOUNDER 14 POUNDS



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un.



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

NOVELTY
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.





YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb



BUTTERBALL

RED GRILL
EASY CARVE
PRIME TURKEY
11.5kg (25.5lb)
\$24.99

BONELESS

BONELESS PORK LOIN CHOPS
VALUE PACK (OR ROAST)
13.21kg

5⁹⁹
/lb

PLATINUM GRILL ANJOU

BEEF TENDERLOIN
STEAK OR ROAST
76.50kg

12⁸⁸
/lb

100% CANADIAN AA

100% CANADIAN
BEEF ROAST

12⁸⁸
/lb

PRIME

YORKSHIRE VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg

7⁹⁹
/lb

YORKSHIRE VALLEY FARM

ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg

5⁹⁹
/lb

YORKSHIRE VALLEY FARM

ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg

5⁹⁹
/lb

125 points
value of \$1

6⁸⁸
/lb



FRESH
BONELESS LAMB LEG
5.53kg

FRESH LAMB SHOULDER
CHOPS VALUE PACK
11.54kg

7⁹⁹
/lb

FRESH LAMB LOIN CHOPS
28.64kg

12⁹⁹
/lb

FRESH FRENCHED
LAMB RACK
46.54kg

19⁹⁹
/lb

I earn with moi rewards

SCHNEIDER'S
BREAKFAST
EGG BITES
200g (7oz)
SELECTED VARIETY

5⁹⁹
ea.

125 points
value of \$1

MAPLE LEAF
PORK CHOPS
100g (3.5oz)

6⁹⁹
ea.

80 points

LOVE'S
PORK CHOPS
100g (3.5oz)

7⁹⁹
ea.

90 points

IRRESISTIBLE
PORK CHOPS
100g (3.5oz)

5⁹⁹
ea.

70 points

FITCHER'S
PORK CHOPS
100g (3.5oz)

4⁹⁹
lb

125 points
value of \$1

MONTANA'S
PORK CHOPS
100g (3.5oz)

8⁹⁹
ea.

125 points
value of \$1

KELSEY'S
PORK CHOPS
100g (3.5oz)

12⁹⁹
ea.

125 points
value of \$1

YORKSHIRE
VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg

19⁹⁹
ea.

250 points
value of \$2

Entertaining Favourites

WATSON RIDGE
CHICKEN BALLS
100g (3.5oz)

5⁹⁹
ea.

ULTIMATE
PASTRY POPPERS
100g (3.5oz)

5⁹⁹
ea.

JOHNSONVILLE
SAUSAGES
100g (3.5oz)

6⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS TWO
100g (3.5oz)

12⁹⁹
ea.

MARK ANGELO
PASTRY POPPERS
100g (3.5oz)

9⁹⁹
ea.

MARK ANGELO
PASTRY POPPERS
100g (3.5oz)

9⁹⁹
ea.

SCHNEIDER'S
PASTRY POPPERS
100g (3.5oz)

12⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED CHICKEN WINGS
100g (3.5oz)

15⁹⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g

8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g

7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g

8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g

8⁹⁹
ea.



7⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea.

IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Shop
these and
more in-store
or online

Seafood



9⁹⁹
/lb

WILD CAUGHT
ALASKAN COD FILLETS
FRESH OR FROZEN (20 FILLETS, 2.17 lb)



12⁹⁹
/lb

FRESH RAINBOW TROUT FILLETS, VALUE PACK
100 g, 2.20 lb



4⁹⁹
ea.

7 SEAS SOLE
WITH STUFFING
FRESH (100 g, 2.20 lb)



5⁹⁹
ea.

FRESH CANADIAN CORE
ORGANIC MUSSELS
1.5 lb



6⁹⁹
/lb

FRESH PASTA CLAMS
1.5 lb



8⁹⁹
/lb

STORE MADE
SEAFOOD SALAD
CHICKEN, CUCUMBER
MAYONNAISE, 1.5 lb



8⁹⁹
ea.

WHOLE SQUID
CALAMARI
FRESH (1.5 lb)



13⁹⁹
ea.

BACCALA
CHILESEA BONITO
SAUTÉ (1.5 lb)



13⁹⁹
ea.

OCEAN JEWEL
WHOLE
MEDITERRANEAN
SEA BASS
1.5 lb



49⁹⁹
/lb

KING CRAB
FRESH (1.5 lb)

Irresistible



6⁹⁹
ea.

IRRESISTIBLE
UNCOOKED
SHRIMP
FRESH (1.5 lb)



8⁹⁹
ea.

IRRESISTIBLE
COOKED PACIFIC
WHITE SHRIMP
FRESH (1.5 lb)



9⁹⁹
ea.

IRRESISTIBLE
SEAFOOD
MEDLEY
FRESH (1.5 lb)



10⁹⁹
ea.

IRRESISTIBLE
CRAB CAKES
FRESH (1.5 lb)

Deli Favourites



2⁹⁹
/100 g

MAPLE GLAZED
CHICKEN BREAST
FRESH (100 g)



2⁹⁹
/100 g

SHORSHI
SANDWICH
FRESH (100 g)



1⁹⁹
/100 g

KRIMOS
TRADITIONAL FETA CHEESE
FRESH (100 g)



11⁴⁹
ea.

SANTITAS
BELLANANO CHEESE
FRESH (1.5 lb)



5⁴⁹
ea.

PIZZERIA
BELLITALIA
PIZZA TOPPINGS
FRESH (1.5 lb)



7⁴⁹
ea.

BRANDT
SAUSAGE CHUBS
FRESH (1.5 lb)



6⁹⁹
ea.

RICOTTA
CHEESE
FRESH (1.5 lb)



5⁹⁹
ea.

CELEBRITY
SHEEP'S MILK
CHEESE
FRESH (1.5 lb)



10⁹⁹
ea.

MARC ANGELO
CALABRESE
SALAMI
FRESH (1.5 lb)



11⁹⁹
ea.

MARC ANGELO
PROSCIUTTO OR
ANTIPASTO
QUATTRO TRAZ
FRESH (1.5 lb)



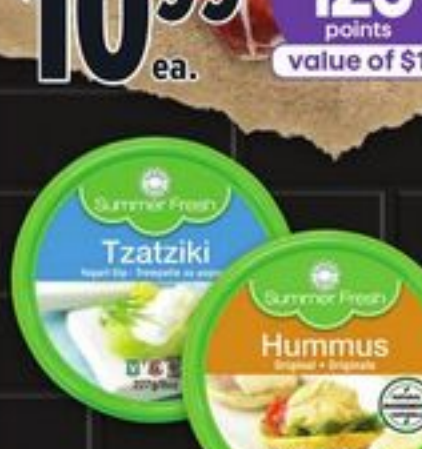
12⁹⁹
ea.

4 MINI
BURRATA
FRESH (1.5 lb)



4⁹⁹
ea.

NEW YORK
STYLE
BAGEL CRISPS
FRESH (1.5 lb)



3⁹⁹
ea.

SUMMER FRESH
HUMMUS OR DIPS
FRESH (1.5 lb)



7⁹⁹
ea.

SABATINI'S
FRESH MACARONI
FRESH (1.5 lb)



8⁹⁹
ea.

SWISS CHALET
CHICKEN
POT PIE
FRESH (1.5 lb)



8⁰⁰
ea.

FRESH & HOT
FRESH PASTA
FRESH (1.5 lb)

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTHWELL
CHEESE
170g
SELECTED VARIETIES

999
ea.
ZERITO
MOZZARELLA
250g
SELECTED VARIETIES

549
/100 g
COOMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
240g

2200
ea.
TRE STELLE
BURRATA CHEESE
475g
2 for 22.00
or 14.99 ea.

1499
ea.
TRE STELLE
MASCARPONE CHEESE
475g

699
ea.
PRESIDENT
OR BALDERSON
SPREADABLE CHEESE
105g x 200g
SELECTED VARIETIES

1799
ea.
INESISTIBLE
BRIE
500g

329
/100 g
BALDERSON
CHEDDAR
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

479
/100 g
L'EXTRA
DOUBLE CHEDDAR
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63/100g

1099
ea.
OKA CHEESE
1099g
SELECTED VARIETIES

Lemon Treats



FRONT STREET BAKERY
LEMON MERINGUE PIE
12" x 10" x 4" H
6⁹⁹
ea.



LA ROCCA
LEMON MOUSSE
CAKE 10 1/2" x 10 1/2" x 4" H
21⁹⁹
ea.



INEVITABLE
LEMON POPPY SEED
COFFEE CAKE 10 1/2" x 10 1/2" x 4" H
10⁹⁹
ea.



FRONT STREET BAKERY
LEMON PUDDING TWISTS
12" x 10" x 4" H
5⁹⁹
ea.



FRONT STREET BAKERY
LEMON DANISH
12" x 10" x 4" H
7⁹⁹
ea.



SELECTION
LEMON DESSERT SQUARES
12" x 10" x 4" H
3⁶⁹
ea.

Strawberry Delights



FRONT STREET BAKERY
CHOCOLATE BOSTON
CAKE 10 1/2" x 10 1/2" x 4" H
22⁹⁹
ea.



FRONT STREET BAKERY
GOURMET
STRAWBERRY
SHORTCAKE 10 1/2" x 10 1/2" x 4" H
31⁹⁹
ea.



FRONT STREET BAKERY
TRIPLE STRAWBERRY
BOSTON CAKE 10 1/2" x 10 1/2" x 4" H
22⁹⁹
ea.



FRONT STREET BAKERY
STRAWBERRY CHEESECAKE
10 1/2" x 10 1/2" x 4" H
22⁹⁹
ea.

Meal Essentials



BEN'S ORIGINAL
FAST & FANCY RICE 12 1/2" x 10 1/2" x 4" H
1⁹⁹
ea.



GREEN GIANT
CANNED VEGETABLES
10 1/2" x 10 1/2" x 4" H
1⁹⁹
ea.



FRENCH'S KETCHUP
10 1/2" x 10 1/2" x 4" H
5⁴⁹
ea.



KNORR SOUPS
10 1/2" x 10 1/2" x 4" H
2⁴⁹
ea.



KNORR SIDES
10 1/2" x 10 1/2" x 4" H
5⁹⁹
ea.



IDAHOAN
MASHED POTATOES 10 1/2" x 10 1/2" x 4" H
1⁹⁹
ea.



MONTREAL
SOUP 10 1/2" x 10 1/2" x 4" H
2⁹⁹
ea.



SWISS CHAI
TEA 10 1/2" x 10 1/2" x 4" H
1⁴⁹
ea.



CLOROX WIPES
10 1/2" x 10 1/2" x 4" H
5⁴⁹
ea.



RAO'S PASTA SAUCE
10 1/2" x 10 1/2" x 4" H
9⁹⁹
ea.



EGGO WAFFLES
10 1/2" x 10 1/2" x 4" H
3⁹⁹
ea.



PILLSBURY PIZZA POPS
10 1/2" x 10 1/2" x 4" H
6⁹⁹
ea.



INEVITABLE
PROTEIN MEALS
10 1/2" x 10 1/2" x 4" H
4⁹⁹
ea.



Twistors
10 1/2" x 10 1/2" x 4" H
9⁹⁹
ea.



MICHELINA'S
PASTA 10 1/2" x 10 1/2" x 4" H
3⁹⁹
ea.



PROTEIN MEAL
10 1/2" x 10 1/2" x 4" H
5⁹⁹
ea.

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600-700g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400-480g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000g

10⁹⁹
/lb

STORE-MADE
DIPS
200-500g

5⁹⁹
ea.

STORE-MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28-30 SIZE, 2.20/100g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600-700g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO
SMOKED PLANK,
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1.00
ORDER IN-STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARP TEQ,
BAKE IT BAKE TRAY
OR VEGET-LOADING
CHARCUTERIE
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.00

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600-700g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HAM
JAMBON FUME
DESSECHE
1.4kg
1.4kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli



All the essentials

Complete your Easter menu with our selection of tasty must-haves.





1.99 ea.
STOVE TOP
DINDIE
1.5L
SELECTED VARIETIES



1.99 ea.
STOVE TOP
CHICKEN
POULET
1.5L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED OYSTERS
1.5L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED MUSSELS
1.5L
SELECTED VARIETIES



99¢ ea.
CLUB HOUSE
BROWN GRAVY
1.5L
SELECTED VARIETIES



2.79 ea.
DOLE
CANNED PINEAPPLE
1.5L
SELECTED VARIETIES



6.49 ea.
BICK'S
PICKLES
1.5L
SELECTED VARIETIES



2.99 ea.
FRENCH
DIJON MUSTARD
1.5L
SELECTED VARIETIES



4.49 ea.
SARGOL
SARDINE OILS
1.5L
SELECTED VARIETIES



4.99 ea.
KELLOGG'S
RICE KRISPIES
CEREAL
1.5L
WHOLE SUPPLIES LAST



5.49 ea.
RICE KRISPIES
CEREAL
1.5L
WHOLE SUPPLIES LAST



4.99 ea.
PILLOWSY
EASTER COOKIES
1.5L
WHOLE SUPPLIES LAST



2.99 ea.
PLANTERS
TRAIL MIX
1.5L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
GROUND COFFEE
1.5L
SELECTED VARIETIES



7.49 ea.
OCEAN SPRAY
SPARKLING CRANBERRY
DRINK
1.5L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5L
SELECTED VARIETIES



2.99 ea.
SELECTION
SOUP CREAM
1.5L
SELECTED VARIETIES



3.99 ea.
ROBIN HOOD OR
PINE WOODS FLOUR
1.5L
SELECTED VARIETIES



2.99 ea.
REDPATH
BROWN SUGAR
1.5L
SELECTED VARIETIES



4.99 ea.
DAY LEA
WHIPPED CREAM
1.5L
SELECTED VARIETIES



2.99 ea.
SELECTION
SHREDDED COCONUT
1.5L
SELECTED VARIETIES



8.49 ea.
SEMILLON
CHARDONNAY
WINE
1.5L
SELECTED VARIETIES

More Great Savings



19⁹⁹
ea.
TIMOTHY'S COFFEE CAPSULES (ea. 100)



6⁴⁹
ea.
MCCAFÉ INSTANT COFFEE (ea. 100)



8⁹⁹
ea.
TETLEY TEA BAGS (ea. 100)



5⁹⁹
ea.
ST. RAPHAËL'S COFFEE (ea. 100)



5⁶⁹
ea.
WHOLE EARTH PLANT BASED LIQUID SWEETENER (ea. 100)



5⁴⁹
ea.
TROPICANA REUSABLE BOTTLES (ea. 100)



5⁴⁹ **30**
ea. points
INVISIBLE BISCUITS (ea. 100)



2⁹⁹ **15**
ea. points
INVISIBLE WATER CRACKERS (ea. 100)



1⁹⁹ **60**
ea. points
INVISIBLE CHIPS (ea. 100)



4⁹⁹
ea.
OCEAN SPRAY CRANBERRY JUICE (ea. 100)



6⁴⁹ **80**
ea. points
M&M'S OR MALTESERS (ea. 100)



11⁹⁹ **125**
ea. points
LINDT SWISS CLASSIC CHOCOLATE BAR (ea. 100)



11⁹⁹
ea.
PILSENER BEER (ea. 100)



12⁴⁹ **125**
ea. value of \$1
BUSCH BEER (ea. 100)



8⁹⁹
ea.
MUSKOKA BREWERY BEER (ea. 100)



2⁹⁹
ea.
BARRY'S NON-ALCOHOLIC BEVERAGE (ea. 100)



4⁹⁹
ea.
SELECTION OF PEANUTS (ea. 100)



8⁹⁹
ea.
MAISON PERRIER SPARKLING WATER (ea. 100)



6⁹⁹
ea.
GENEROUS BY NATURE NATREL COFFEE (ea. 100)



5⁹⁹
ea.
GENEROUS BY NATURE NATREL FINE FILTERED MILK (ea. 100)



2⁹⁹
ea.
RITZ CRACKERS (ea. 100)



4⁹⁹
ea.
HELLMANN'S MAYONNAISE (ea. 100)



100 points
when you buy any 2 Hellmann's participating products



2⁹⁹
ea.
RITZ CRACKERS (ea. 100)



4⁹⁹
ea.
HELLMANN'S MAYONNAISE (ea. 100)



WIN
Canada Soccer Team VIP Experience to participate



Free
11 Kinder Surprise Packs Eggs, with the purchase of any 24 other Easter items



6⁴⁹
ea.
KINDER MAXI CHOCOLATE (ea. 100)



12⁹⁹
ea.
KINDER MAXI CHOCOLATE (ea. 100)



13⁹⁹
ea.
KINDER MAXI CHOCOLATE (ea. 100)

Your one-hop shop

Metro has all your favourite Easter sweets & treats – hop to it!

WHILE QUANTITIES LAST



13⁹⁹ ea.



4⁹⁹ ea.



8⁴⁹ ea.



2⁹⁹ ea.



1⁷⁹ ea.



5⁴⁹ ea.



5⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



9⁹⁹ ea.



6⁴⁹ ea.



3⁹⁹ ea.



1²⁹ ea.



10⁹⁹ ea.



6⁴⁹ ea.



2⁹⁹ ea.



20⁹⁹ ea.



10⁴⁹ ea.



13⁹⁹ ea.

*Spring into
flavourful spirits*

Complement your feast with favourite red & white wines, cold brews & cocktails.

Complement your feast with favourite red & white wines, cold brews & cocktails.



21 ea. **MIX PACK**
8 x 355 ml

*Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout.
Alcoholic items are available at select stores. See metro.ca for availability.*

55 ea. **VARIETY PACK**
12 x 355 ml

21⁹⁹ ea. **NUTRL MIX PACK** 8 x 355 ml

Advertised prices are subject to change and exclude GST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See media.ca for availability.

33⁹⁹ ea. **DILLON'S GIN COCKTAIL VARIETY PACK** 12 x 355 ml

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES FRO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON OR LA BELLA
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

ea.

SAFFRON
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERRERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

ARJUN
BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

ea.

BIJAN'S
GHEE
500 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
200 ml
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
2.8/3.5/4.1/5.1/6.1/7.1/8.1/9.1/10.1/11.1/12.1/13.1/14.1/15.1/16.1/17.1/18.1/19.1/20.1/21.1/22.1/23.1/24.1/25.1/26.1/27.1/28.1/29.1/30.1/31.1/32.1/33.1/34.1/35.1/36.1/37.1/38.1/39.1/40.1/41.1/42.1/43.1/44.1/45.1/46.1/47.1/48.1/49.1/50.1/51.1/52.1/53.1/54.1/55.1/56.1/57.1/58.1/59.1/60.1/61.1/62.1/63.1/64.1/65.1/66.1/67.1/68.1/69.1/70.1/71.1/72.1/73.1/74.1/75.1/76.1/77.1/78.1/79.1/80.1/81.1/82.1/83.1/84.1/85.1/86.1/87.1/88.1/89.1/90.1/91.1/92.1/93.1/94.1/95.1/96.1/97.1/98.1/99.1/100.1/101.1/102.1/103.1/104.1/105.1/106.1/107.1/108.1/109.1/110.1/111.1/112.1/113.1/114.1/115.1/116.1/117.1/118.1/119.1/120.1/121.1/122.1/123.1/124.1/125.1/126.1/127.1/128.1/129.1/130.1/131.1/132.1/133.1/134.1/135.1/136.1/137.1/138.1/139.1/140.1/141.1/142.1/143.1/144.1/145.1/146.1/147.1/148.1/149.1/150.1/151.1/152.1/153.1/154.1/155.1/156.1/157.1/158.1/159.1/160.1/161.1/162.1/163.1/164.1/165.1/166.1/167.1/168.1/169.1/170.1/171.1/172.1/173.1/174.1/175.1/176.1/177.1/178.1/179.1/180.1/181.1/182.1/183.1/184.1/185.1/186.1/187.1/188.1/189.1/190.1/191.1/192.1/193.1/194.1/195.1/196.1/197.1/198.1/199.1/200.1/201.1/202.1/203.1/204.1/205.1/206.1/207.1/208.1/209.1/210.1/211.1/212.1/213.1/214.1/215.1/216.1/217.1/218.1/219.1/220.1/221.1/222.1/223.1/224.1/225.1/226.1/227.1/228.1/229.1/230.1/231.1/232.1/233.1/234.1/235.1/236.1/237.1/238.1/239.1/240.1/241.1/242.1/243.1/244.1/245.1/246.1/247.1/248.1/249.1/250.1/251.1/252.1/253.1/254.1/255.1/256.1/257.1/258.1/259.1/260.1/261.1/262.1/263.1/264.1/265.1/266.1/267.1/268.1/269.1/270.1/271.1/272.1/273.1/274.1/275.1/276.1/277.1/278.1/279.1/280.1/281.1/282.1/283.1/284.1/285.1/286.1/287.1/288.1/289.1/290.1/291.1/292.1/293.1/294.1/295.1/296.1/297.1/298.1/299.1/300.1/301.1/302.1/303.1/304.1/305.1/306.1/307.1/308.1/309.1/310.1/311.1/312.1/313.1/314.1/315.1/316.1/317.1/318.1/319.1/320.1/321.1/322.1/323.1/324.1/325.1/326.1/327.1/328.1/329.1/330.1/331.1/332.1/333.1/334.1/335.1/336.1/337.1/338.1/339.1/340.1/341.1/342.1/343.1/344.1/345.1/346.1/347.1/348.1/349.1/350.1/351.1/352.1/353.1/354.1/355.1/356.1/357.1/358.1/359.1/360.1/361.1/362.1/363.1/364.1/365.1/366.1/367.1/368.1/369.1/370.1/371.1/372.1/373.1/374.1/375.1/376.1/377.1/378.1/379.1/380.1/381.1/382.1/383.1/384.1/385.1/386.1/387.1/388.1/389.1/390.1/391.1/392.1/393.1/394.1/395.1/396.1/397.1/398.1/399.1/400.1/401.1/402.1/403.1/404.1/405.1/406.1/407.1/408.1/409.1/410.1/411.1/412.1/413.1/414.1/415.1/416.1/417.1/418.1/419.1/420.1/421.1/422.1/423.1/424.1/425.1/426.1/427.1/428.1/429.1/430.1/431.1/432.1/433.1/434.1/435.1/436.1/437.1/438.1/439.1/440.1/441.1/442.1/443.1/444.1/445.1/446.1/447.1/448.1/449.1/450.1/451.1/452.1/453.1/454.1/455.1/456.1/457.1/458.1/459.1/460.1/461.1/462.1/463.1/464.1/465.1/466.1/467.1/468.1/469.1/470.1/471.1/472.1/473.1/474.1/475.1/476.1/477.1/478.1/479.1/480.1/481.1/482.1/483.1/484.1/485.1/486.1/487.1/488.1/489.1/490.1/491.1/492.1/493.1/494.1/495.1/496.1/497.1/498.1/499.1/500.1/501.1/502.1/503.1/504.1/505.1/506.1/507.1/508.1/509.1/510.1/511.1/512.1/513.1/514.1/515.1/516.1/517.1/518.1/519.1/520.1/521.1/522.1/523.1/524.1/525.1/526.1/527.1/528.1/529.1/530.1/531.1/532.1/533.1/534.1/535.1/536.1/537.1/538.1/539.1/540.1/541.1/542.1/543.1/544.1/545.1/546.1/547.1/548.1/549.1/550.1/551.1/552.1/553.1/554.1/555.1/556.1/557.1/558.1/559.1/560.1/561.1/562.1/563.1/564.1/565.1/566.1/567.1/568.1/569.1/570.1/571.1/572.1/573.1/574.1/575.1/576.1/577.1/578.1/579.1/580.1/581.1/582.1/583.1/584.1/585.1/586.1/587.1/588.1/589.1/590.1/591.1/592.1/593.1/594.1/595.1/596.1/597.1/598.1/599.1/600.1/601.1/602.1/603.1/604.1/605.1/606.1/607.1/608.1/609.1/610.1/611.1/612.1/613.1/614.1/615.1/616.1/617.1/618.1/619.1/620.1/621.1/622.1/623.1/624.1/625.1/626.1/627.1/628.1/629.1/630.1/631.1/632.1/633.1/634.1/635.1/636.1/637.1/638.1/639.1/640.1/641.1/642.1/643.1/644.1/645.1/646.1/647.1/648.1/649.1/650.1/651.1/652.1/653.1/654.1/655.1/656.1/657.1/658.1/659.1/660.1/661.1/662.1/663.1/664.1/665.1/666.1/667.1/668.1/669.1/670.1/671.1/672.1/673.1/674.1/675.1/676.1/677.1/678.1/679.1/680.1/681.1/682.1/683.1/684.1/685.1/686.1/687.1/688.1/689.1/690.1/691.1/692.1/693.1/694.1/695.1/696.1/697.1/698.1/699.1/700.1/701.1/702.1/703.1/704.1/705.1/706.1/707.1/708.1/709.1/710.1/711.1/712.1/713.1/714.1/715.1/716.1/717.1/718.1/719.1/720.1/721.1/722.1/723.1/724.1/725.1/726.1/727.1/728.1/729.1/730.1/731.1/732.1/733.1/734.1/735.1/736.1/737.1/738.1/739.1/740.1/741.1/742.1/743.1/744.1/745.1/746.1/747.1/748.1/749.1/750.1/751.1/752.1/753.1/754.1/755.1/756.1/757.1/758.1/759.1/760.1/761.1/762.1/763.1/764.1/765.1/766.1/767.1/768.1/769.1/770.1/771.1/772.1/773.1/774.1/775.1/776.1/777.1/778.1/779.1/780.1/781.1/782.1/783.1/784.1/785.1/786.1/787.1/788.1/789.1/790.1/791.1/792.1/793.1/794.1/795.1/796.1/797.1/798.1/799.1/800.1/801.1/802.1/803.1/804.1/805.1/806.1/807.1/808.1/809.1/810.1/811.1/812.1/813.1/814.1/815.1/816.1/817.1/818.1/819.1/820.1/821.1/822.1/823.1/824.1/825.1/826.1/827.1/828.1/829.1/830.1/831.1/832.1/833.1/834.1/835.1/836.1/837.1/838.1/839.1/840.1/841.1/842.1/843.1/844.1/845.1/846.1/847.1/848.1/849.1/850.1/851.1/852.1/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We take pride in sourcing locally from the
Escarpment Region.

JENSEN
CHEDDAR CHEESE
11.75/lb

2⁵⁹
/100g



HALENDIA'S
MINI SMOKED HAM,
BACK BACON OR
PORK CHOP
13.21/kg
SELECTED VARIETIES

5⁹⁹
/lb



UNIOPOL
ROLLED CHICKEN
WITH GARLIC,
DILL OR JALAPEÑO
11.75/lb

2⁵⁹
/100g



CARMINE'S
BBQ SAUCE
355 ml
SELECTED VARIETIES

8⁹⁹
ea.



QUINTA
CANADIAN QUINOA
400 g

6⁹⁹
ea.



WRAP IT UP
RAW WRAP
210 g

8⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME
THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES



3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES





NEW



NEW