# FOOD LION

March 4 - March 10, 2026

Offers valid while supplies last.

# Saving starts here!

**HOTSALE!** MVP

**5.99 LB** USDA CHOICE

YOU SAVE $2.30 LB

Boneless **BEEF CHUCK ROAST**

W/O MVP Card $8.29 LB

**FOOD LION WHOLE CHICKEN**

HOTSALE! MVP **99¢ LB**

W/O MVP Card $1.49 LB

**ST. LOUIS STYLE PORK RIBS**

HOTSALE! MVP **2.99 LB**

W/O MVP Card $4.49 LB

HOTSALE! MVP **2.49 LB**

W/O MVP Card $3.49 LB

Bone-In, Fully Cooked **FOOD LION HICKORY SMOKED HAM STEAK**

HOTSALE! MVP **2/$4**

W/O MVP Card $3.49 EA

1 Lb. Container **STRAWBERRIES**



HOTSALE! MVP **1.49 EA**

W/O MVP Card $2.99 EA.

24 Oz. Select Varieties **FOOD LION MINI POTATOES**

**ASPARAGUS**

HOTSALE! MVP **1.99 LB**

W/O MVP Card $3.59 LB

10 Oz. - Select Varieties **RANA FILLED PASTA** IN THE DELI

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

HOTSALE! MVP **16.99 EA**

24 Pack - 12 Oz. Cans Select Varieties **NATURAL LIGHT, BUSCH, MILLER HIGH LIFE, PABST OR KEYSTONE**

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

8-12 Pack 8 Oz. - 12 Oz. Cans Select Varieties **PEPSI PRODUCTS** NEW ITEM LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

15-20.5 Oz. Select Varieties **THOMAS' BAGELS OR ENTENMANN'S DONUTS**

9-15.5 Oz. Select Varieties **TOSTITOS TORTILLA CHIPS OR SALSA** LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

HOTSALE! MVP **5/$5**

W/O MVP Card Regular Retail

5 Oz. Select Varieties **STARKIST CHUNK LIGHT OR LOW SODIUM TUNA**

64 Oz. Select Varieties **ALMOND BREEZE ALMONDMILK**

HOTSALE! MVP **2.99 EA**

W/O MVP Card $3.79 EA.

16 Oz. Select Varieties **FOOD LION DRESSING**

HOTSALE! MVP **2/$4**

W/O MVP Card $3.59 EA.

7-16 Oz. Select Varieties **UTZ PRETZELS OR KETTLE POTATO CHIPS**

HOTSALE! MVP **2/$6**

W/O MVP Card Regular Retail

HOTSALE! MVP **3.99 EA**

W/O MVP Card Regular Retail

6 Pack or 24 Pack Bottles Select Varieties **POWER WATER OR DASANI**

HOTSALE! MVP **2/$5**

W/O MVP Card $3.68 EA.

16.3 Oz. Select Varieties **PILLSBURY GRANDS! BISCUITS**

12-14.4 Oz. Select Varieties **FOOD LION VANILLA WAFERS OR GRAHAM CRACKERS**

HOTSALE! MVP **1.99 EA**

W/O MVP Card Regular Retail

HOTSALE! MVP **3.99 EA**

W/O MVP Card Regular Retail

9.31-20 Oz. Select Varieties **NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES**

30 Oz. Select Varieties **DUKE'S MAYONNAISE**

HOTSALE! MVP **3.99 EA**

W/O MVP Card $5.99 EA.

HOTSALE! MVP **6.99 EA**

W/O MVP Card Regular Retail

6 Mega Rolls **COTTONELLE** 4 Rolls **VIVA PAPER TOWELS** Select Varieties

23.9-24 Oz. Select Varieties **RAGÚ PASTA SAUCE**

MVP PRICED LOW EVERY DAY **2/$4**

W/O MVP Card $2.49 EA.

6-8 Oz. Select Varieties **FOOD LION SLICED OR SHREDDED CHEESE**

HOTSALE! MVP **3/$5**

W/O MVP Card 2/$4

HOTSALE! MVP **2/$6**

W/O MVP Card $5.69 EA

48 Oz. Select Varieties **BLUE RIBBON FROZEN DAIRY DESSERT**

10.8-12.3 Oz. Select Varieties **GENERAL MILLS TOAST CRUNCH OR HONEY NUT CHEERIOS CEREAL**

HOTSALE! MVP **2/$6**

W/O MVP Card Regular Retail

## MVP 3 DAY HOTSALE! FRIDAY - SUNDAY

20-22 Oz. Pkg. - Frozen Select Varieties **TYSON CHICKEN WINGS**

HOTSALE! MVP **6.99 EA**

W/O MVP Card $8.99 EA

REST OF WEEK $7.99 EA MVP

HOTSALE! MVP **7.99 EA**

W/O MVP Card $9.99 EA

24 Oz. Pkg. - Frozen Select Varieties **MIAMI BEEF SMASHED BURGERS OR 100% BEEF PATTIES**

REST OF WEEK $8.99 EA MVP

52 Oz. - Select Varieties **GOLD PEAK ICED TEA OR MINUTE MAID ZERO SUGAR**

HOTSALE! MVP **2/$4**

W/O MVP Card Regular Retail

REST OF WEEK 2/$5 MVP

64 Oz. Select Varieties **JUICY JUICE**

HOTSALE! MVP **BOGO FREE**

W/O MVP Card Regular Retail Buy 1 Get 1 Free Limit 1 Off Regular Retail

REST OF WEEK 2/$7 MVP

HOTSALE! MVP **4.99 LB**

W/O MVP Card $6.99 EA

28 Oz. Made Hot In-Store **TRADITIONAL ROTISSERIE CHICKEN** IN THE DELI

REST OF WEEK $5.99 EA MVP

## MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

HOT SALE! **6.99 EA** W/O MVP Card Regular Retail

MVP Coupon −1.00 EA

75-105 Oz. or 32-42 Oz. Paks Select Varieties **ARM & HAMMER**

**5.99 EA**

MVP 10 BFS DISCOUNT EARNED LIMIT 1

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNGR ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZSCT 03/04/26

Hot SALE!
MVP
MVP
MVP
PRICED LOW EVERY DAY
MVP SHOP & EARN MONTHLY REWARDS
DIGITAL COUPONS
FOOD LION MVP
Savings made for MVPs like you
Get MVP Details

# Fresh produce to brighten your day at *prices you'll love!*

In our produce department you will find seasonal, organics, and everyday favorites!

100% FRESH OR DOUBLE YOUR MONEY BACK

HOT SALE! MVP 99¢ EA
W/O MVP Card Regular Retail
Single
**RED, YELLOW OR ORANGE PEPPERS**
Seedless
**EUROPEAN CUCUMBERS**

HOT SALE! MVP 2.49 EA
W/O MVP Card Regular Retail
16 Oz.
**FOOD LION BRUSSELS SPROUTS**

HOT SALE! MVP 1.49 LB
W/O MVP Card Regular Retail
**HOT HOUSE TOMATOES**

HOT SALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Lb. Bag
**FOOD LION RED ONIONS**
5 Lb. Bag
**FOOD LION GOLD POTATOES**

8 Oz. Pkg.
Whole or Sliced
**FOOD LION BABY BELLA MUSHROOMS**
HOT SALE! MVP 2.29 EA
W/O MVP Card Regular Retail

HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail
9.8 Oz.
**JUMBO BLUEBERRIES**

HOT SALE! MVP 69¢ EA
W/O MVP Card Regular Retail
**HASS AVOCADOS OR MANGOS**

6.4-13 Oz.
Select Varieties
**FRESH EXPRESS SALAD KITS**

HOT SALE! MVP 2/$7
W/O MVP Card Regular Retail

**6 INCH HYACINTH**
WHILE SUPPLIES LAST!

HOT SALE! MVP 8.49 EA
W/O MVP Card Regular Retail

## ORGANIC

6 Oz. Pkg.
**ORGANIC BLUEBERRIES**

HOT SALE! MVP 4.29 EA
W/O MVP Card Regular Retail
USDA ORGANIC

HOT SALE! MVP 1.99 EA
W/O MVP Card Regular Retail
2 Lb. Bag
**NATURE'S PROMISE ORGANIC CELLO CARROTS**
USDA ORGANIC

# *Buy an orange bag*

to give 5 meals* to local families.

FOOD LION FEEDS | FEEDING AMERICA

HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail
3 Lb. Bag
**FOOD LION NAVEL ORANGES**

*From **February 25– March 17, 2026**, Food Lion will donate 50 cents (monetary equivalent of at least 5 meals) from each orange bag purchase (up to $200,000) to Feeding America®. Additionally, all monetary donations made at the checkout in-store or online during this promotion will also be donated to Feeding America®. Every dollar donated provides at least 10 meals and allows Feeding America® to support local partner food banks.

**foodlion.com/feeds**

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

**Atlantic Beach, Beaufort, Belhaven, Chocowinity, Emerald Isle, Grantsboro, Havelock, Jacksonville, Morehead City, New Bern, Newport, Richlands, Sneads Ferry, Swansboro, Vanceboro, Washington**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

# Dinner made *easy!*

We guarantee the quality of our meat and seafood, that's our promise to you.

100% FRESH OR DOUBLE YOUR MONEY BACK

HOTSALE! MVP 6.49 LB
Ground Fresh Daily
85% LEAN FRESH GROUND ROUND
W/O MVP Card Regular Retail

HOTSALE! MVP 12.99 LB W/O MVP Card Regular Retail
Ask For Your Preferred Thickness
BONELESS RIBEYE STEAK

HOTSALE! MVP 5.99 LB W/O MVP Card Regular Retail
CORNED BEEF BRISKET

HOTSALE! MVP 3.49 LB W/O MVP Card Regular Retail
Fresh
FOOD LION FAMILY PACK CHICKEN TENDERLOINS

HOTSALE! MVP 1.79 LB W/O MVP Card Regular Retail
Pork
WHOLE BOSTON BUTT

HOTSALE! MVP 2.79 LB W/O MVP Card Regular Retail
Small Pack - Fresh
FOOD LION CHICKEN WINGS

HOTSALE! MVP 3.49 LB W/O MVP Card Regular Retail
Whole Fresh
PORK TENDERLOIN

Nature's Promise

## Quality goodness you can feel good about serving

HOTSALE! MVP 3.69 LB W/O MVP Card Regular Retail
16 Oz. Pkg.
NATURE'S PROMISE ALL NATURAL CHICKEN BURGERS

HOTSALE! MVP 3.29 EA W/O MVP Card Regular Retail
8 Oz. Pkg. - Select Varieties
NATURE'S PROMISE CHICKEN BREAST STRIPS

18 Oz. Pkg. - Frozen
QUICK 'N EAT FLAME GRILLED BEEF PATTIES

HOTSALE! MVP 8.99 EA W/O MVP Card Regular Retail

12-16 Oz. Pkg. Select Varieties
OSCAR MAYER SLICED BACON
HOTSALE! MVP 5.99 LB W/O MVP Card Regular Retail

16 Oz. Pkg. Excludes Beef
OSCAR MAYER MEAT FRANKS
HOTSALE! MVP 2.99 LB W/O MVP Card Regular Retail

19.2 Oz. Select Varieties
SMITHFIELD MARINATED PORK TENDERLOIN
HOTSALE! MVP BOGO FREE W/O MVP Card Regular Retail Savings Same Total Price

17-20 Oz. Pkg. - Select Varieties
RESER'S MAIN ST. BISTRO SIDE
HOTSALE! MVP 3.99 EA W/O MVP Card Regular Retail

14-14.1 Oz. Pkg. - Select Varieties
LOU'S FROZEN MEATS
HOTSALE! MVP 7.99 EA W/O MVP Card Regular Retail

## SUSTAINABLY SOURCED SEAFOOD

HOTSALE! MVP 6.99 LB W/O MVP Card Regular Retail
10 Oz.
TILAPIA OR FLOUNDER FILLETS

HOTSALE! MVP 2.99 EA W/O MVP Card Regular Retail
14 Oz. Pkg.
FOOD LION IMITATION CRAB MEAT

HOTSALE! MVP 8.99 EA W/O MVP Card Regular Retail
16 Oz. Pkg. - Frozen
FOOD LION SALMON SIDE FILLETS

HOTSALE! MVP 9.99 LB W/O MVP Card Regular Retail
16-20 Ct. - 16 Oz. Bag Frozen
FOOD LION RAW SHRIMP

2 ZNCO ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHH ZGRY ZGSA ZKBG ZKNA ZKNV ZNBQ ZNCA ZNCO ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFI ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVNA ZVNE ZVNG ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWR ZWBL 020420

# Every orange bag *helps nourish families*

You can help provide at least 5 meals* to families in your community by buying an orange bag or making a donation.

**Buy or Donate**

FOOD LION FEEDS

FEEDING AMERICA

# Heat it. Eat it. Love it.

HOTSALE! MVP 8.99 EA — W/O MVP Card $9.99 EA
32 Oz. Select Varieties
**PANERA SOUP**



HOTSALE! MVP 8.99 EA — W/O MVP Card $10.99 EA
28 Oz. - Family Size
**PANERA MAC & CHEESE**



HOTSALE! MVP 8.99 EA — W/O MVP Card $12.99 EA
30 Oz. Select Varieties
**BLOUNT'S FAMILY KITCHEN CHICKEN POT PIE**

16 Oz. Select Varieties
**LA CHONA COTUJA OR QUESADILLA SHREDDED CHEESE**

HOTSALE! MVP 5.89 EA — W/O MVP Card $7.99 EA

HOTSALE! MVP 3.99 EA — W/O MVP Card $4.49 EA.
6 Ct.
**BOLILLO ROLLS**

March 6th is National Oreo Day

HOTSALE! MVP 4.99 EA — W/O MVP Card $5.99 EA.
9 Oz. - Select Varieties
**TWO-BITE MUFFINS**

## BUY ONE POUND & GET $2.00 OFF ONE

9.99 LB — Freshly Sliced
**TASTE OF INSPIRATIONS TURKEY BREAST**

8 Oz. Select Varieties
**TASTE OF INSPIRATIONS PRE-SLICED CHEESE**

W/O MVP Card Regular Retail $2.00 Limited per shopping visit.

## BOGO FREE

MVP On Participating Items Single Item Half Price

HOTSALE! MVP BOGO FREE — W/O MVP Card $4.99 EA Single Item Half Price
7.05 Oz.
**STONEFIRE NAAN DIPPERS**

HOTSALE! MVP BOGO FREE — W/O MVP Card $4.99 EA Single Item Half Price
9-11 Oz.
**FOOD LION MINI DONUTS**

HOTSALE! MVP BOGO FREE — W/O MVP Card $4.99 EA Single Item Half Price
4 Ct.
**TURNOVERS**

# Easy Recipe

loaded with toppings & savings

Find our recipe on foodlion.com
Loaded Sheet Pan Potato Puff Nachos

FOOD LION — taste of inspirations

Switch to our family of brands and save more.

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

15-15.5 Oz. Select Varieties
**FOOD LION CANNED BEANS**

PRICED LOW EVERY DAY 86¢ EA

16 Oz. Select Varieties
**FOOD LION SHREDDED CHEESE**

PRICED LOW EVERY DAY 3.79 EA

HOTSALE! MVP 1.29 LB — W/O MVP Card $1.79 LB
Bulk or Tote Bag
**JALAPEÑO PEPPERS**

HOTSALE! MVP 3.49 EA — W/O MVP Card $3.99 EA
8 Oz. - Select Varieties
**TASTE OF INSPIRATIONS GUACAMOLE** IN THE DELI

HOTSALE! MVP 1.99 EA — W/O MVP Card $2.79 EA
10 Oz. Pkg.
**FOOD LION GRAPE TOMATOES**

HOTSALE! MVP 1.69 EA — W/O MVP Card $1.89 EA
Bunch
**CILANTRO**

## MVP SHOP & EARN MONTHLY REWARDS

**Earn extra rewards while you shop**

**Activate your March offers** on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZDPH ZDSA ZGHW ZGRY ZGSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNB ZNNL ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVBL ZVDC ZVRO ZVWH ZVWN ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

SHOP&EARN
MONTHLY REWARDS

# Earn extra rewards while you shop

Activate Your Offers

# Tip-off ready snacks

19.2 Oz. Pkg. Select Varieties
**PILGRIM'S CHICKEN WINGS**
HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

12 Pack • 12 Oz. Cans Select Varieties
**COKE PRODUCTS**
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
NEW ITEM
LIMIT 4 FREE

16 Ct. - In Store Made
**FOOD LION COOKIES**
IN THE BAKERY
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

16 Oz. Select Varieties
**PLANTERS DRY ROASTED OR COCKTAIL PEANUTS**
HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA

8 Oz.
**GOOD FOODS GARDEN PARTY DIP AND SPREAD**
IN PRODUCE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

10 Oz. Select Varieties
**FOOD LION CORN CHIP DIPPERS**
PRICED LOW EVERY DAY
1.99 EA

## PRICED LOW EVERY DAY

12 Oz. Select Varieties
**MT. OLIVE PEPPERS**
MVP 2/$5
W/O MVP Card $3.50 EA

10-11.50 Oz. Select Varieties
**TASTYKAKE BAGGED DONUTS**
MVP 2/$6
W/O MVP Card $3.49 EA

## MVP HOTSALE!

8.75-10.3 Oz. Select Varieties
**FOOD LION MIXED NUTS**
4.99 EA MVP
W/O MVP Card $5.99 EA

4 Pack Select Varieties
**DOLE FRUIT BOWLS**
2.69 EA MVP
W/O MVP Card Regular Retail

8-10.7 Oz. Select Varieties
**M&M'S SHARING SIZE**
MVP PRICED LOW EVERY DAY 5.49 EA
W/O MVP Card $6.79 EA

10.5-11.5 Oz. Select Varieties
**FERRERO FUN SIZE CANDY**
MVP PRICED LOW EVERY DAY 4.99 EA
W/O MVP Card $6.19 EA

12-14 Oz. Select Varieties
**FRENCH'S MUSTARD**
HOTSALE! MVP 1.69 EA
W/O MVP Card $2.48 EA

6-7.88 Oz. Select Varieties
**WISE POTATO OR RIDGIES CHIPS**
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

20 Oz. Select Varieties
**SARA LEE ARTESANO BREAD**
MVP PRICED LOW EVERY DAY 3.79 EA
W/O MVP Card $4.29 EA

5.1 Oz. Select Varieties
**LINDT TRUFFLE BAG**
MVP PRICED LOW EVERY DAY 6.79 EA
W/O MVP Card $8.39 EA

12.2 Oz. Select Varieties
**MAGGI NOODLES**
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

4-5.5 Oz. Select Varieties
**SIMPLE MILLS CRACKERS**
HOTSALE! MVP 4.49 EA
W/O MVP Card $5.29 EA

20 Oz.
**NATURE'S OWN WHITEWHEAT BREAD**
MVP PRICED LOW EVERY DAY 3.79 EA
W/O MVP Card $4.49 EA

22.5 Oz.
**LA BANDERITA FLOUR TORTILLAS**
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

16 Oz. Select Varieties
**DOT'S PRETZELS**
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

5.99 Oz. Select Varieties
**SIMPLE MILLS GLUTEN FREE SOFT BAKED BARS**
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA

4.25 Oz. Select Varieties
**BLUE DIAMOND NUT THINS**
HOTSALE! MVP 2/$6
W/O MVP Card $4.49 EA

14.5-16 Oz. Select Varieties
**STAUFFER'S ANIMAL CRACKERS**
HOTSALE! MVP 2/$5
W/O MVP Card $3.49 EA

12 Oz. Select Varieties
**TEXAS PETE WING SAUCE**
HOTSALE! MVP 2/$6
W/O MVP Card $3.69 EA

8-13.7 Oz. - Select Varieties
**FOOD LION GOLDEN CRACKERS OR SQUEEZE CHEESE**
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

## BUY TWO OF THESE & GET THIS

10.5-11.5 Oz. Select Varieties
**CAMPBELL'S CONDENSED SOUP**
MVP PRICED LOW EVERY DAY 1.89 EA
W/O MVP Card $2.29 EA

**FREE**
12-16 Oz. Select Varieties
**FOOD LION PASTA**
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

14.5-15 Oz. Select Varieties
**MARGARET HOLMES CANNED VEGETABLES**
HOTSALE! MVP 2/$3
W/O MVP Card $2.19 EA

## MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

5.6-6.2 Oz. Select Varieties
**KELLOGG'S RICE KRISPIES TREATS**
HOT SALE! 2/$5
W/O MVP CARD $3.99 EA
MVP Coupon -1.00 OFF 1
2/$4
W/ MVP DIGITAL DISCOUNT SAVINGS
MVP

4 ZGAH ZGAL ZGAT ZGAU ZGRY ZNBQ ZNCA ZNCD ZNCE ZNCR ZNCT ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNRH ZNRR ZNTT ZNWA ZSAG ZSAU ZSCO ZSGL ZSGV ZVBL ZVRA ZVRO ZWBL 03/04/26

# Score snacks that win

Shop Now

# Chocolate, Caramel & Crunch

Serving suggestion: Turtle Crispy Rice Treats

HOTSALE! BUY 2 99 EA
W/O MVP Card $3.99 EA.
6 Oz. FOOD LION CHOPPED WALNUTS

12 Oz. FOOD LION CRISPY RICE CEREAL
HOTSALE! BUY 1 79 EA
W/O MVP Card $1.99 EA.

HOTSALE! BUY 2/$5
W/O MVP Card $3.29 EA.
11 Oz. Select Varieties KRAFT CARAMELS

14 Oz. FOOD LION CONDENSED MILK
PRICED LOW EVERY DAY 1 99 EA

PRICED LOW EVERY DAY 1 29 EA
10-10.5 Oz. Select Varieties FOOD LION MARSHMALLOWS

PRICED LOW EVERY DAY 3 79 EA
10-12 Oz. Select Varieties FOOD LION BAKING MORSELS

# BEVERAGE CENTER

6 Pack 16-16.9 Oz. Bottles Select Varieties COKE PRODUCTS
HOTSALE! BUY 3/$12
W/O MVP Card Regular Retail

HOTSALE! BUY 3 99 EA
W/O MVP Card Regular Retail
8 Pack - 12 Oz. Cans Select Varieties BUBLY SPARKLING WATER

64 Oz. Select Varieties CALYPSO
HOTSALE! BUY 2/$4
W/O MVP Card $3.19 EA

2 Liter Select Varieties COKE OR 7-UP PRODUCTS

HOTSALE! BUY 2/$5
W/O MVP Card Regular Retail

HOTSALE! BUY 2/$6
W/O MVP Card Regular Retail
10 Pack 6 Oz. Pouches Select Varieties CAPRI SUN OR COUNTRY TIME

HOTSALE! BUY 5 99 EA
W/O MVP Card $6.99 EA
6 Pack - 16 Oz. Select Varieties BODYARMOR

1-1.25 Liter Select Varieties PEPSI
HOTSALE! BUY $1 EA
W/O MVP Card Regular Retail

750 ml. Select Varieties KANGAROO RIDGE OR SUTTER HOME WINE
HOTSALE! 5 99 EA

750 ml. Select Varieties NOVINOPHOBIA OR CLOS DU BOIS WINE
HOTSALE! 9 99 EA

1.5 Liter Select Varieties BAREFOOT WINE
PRICED LOW EVERY DAY 10 99 EA

## SAVE 10%
## WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 17 99 EA
12 Pack - 12 Oz. Cans TWISTED TEA OR CAYMAN JACK
12 Pack 11.2-12 Oz. Bottles or Cans MIKE'S HARD LEMONADE Select Varieties

HOTSALE! 17 99 EA
12 Pack 11.2-12 Oz. Bottles or Cans Select Varieties
MODELO, STELLA ARTOIS OR DOS EQUIS

HOTSALE! 16 99 EA
12 Pack - 12 Oz. Cans Select Varieties
WHITE CLAW, SIMPLY SPIKED OR THE BEAST

HOTSALE! 21 99 EA
24 Pack - 12 Oz. Cans Select Varieties
BUD, MILLER OR COORS

HOTSALE! 10 99 EA
6 Pack - 12 Oz. Cans Select Varieties
WICKED WEED, NEW BELGIUM OR SIERRA NEVADA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNCO ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 03/04/26

# FREE* Pickup or $5 Off Delivery

When you buy 2 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

# DAIRY

HOTSALE! MVP 5/$5
4.5-5.3 Oz. Select Varieties
**OIKOS REMIX OR TOO GOOD GREEK YOGURT**
W/O MVP Card $1.69 EA

46 Oz. Select Varieties
**SIMPLY ORANGE JUICE**
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.79 EA

HOTSALE! MVP 2.99 EA
4-6 Pack Select Varieties
**DANIMALS SMOOTHIE OR YOCRUNCH YOGURT**
W/O MVP Card $3.99 EA

HOTSALE! MVP 2/$4
12 Oz. - All Varieties
**HELUVA GOOD! DIP**
W/O MVP Card $2.69 EA

6 Oz. Select Varieties
**YOPLAIT YOGURT**
HOTSALE! MVP 10/$7
W/O MVP Card $79 EA

HOTSALE! MVP 3.99 EA
7.5-8 Oz. Select Varieties
**PHILADELPHIA SOFT CREAM CHEESE**
W/O MVP Card $5.19 EA

16 Oz. Select Varieties
**FOOD LION SOUR CREAM**
PRICED LOW EVERY DAY 1.99 EA

32 Oz. Select Varieties
**STONYFIELD ORGANIC YOGURT**
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

10.35-12.65 Oz. Select Varieties
**PUFF COOKIES**
HOTSALE! MVP 2/$6
W/O MVP Card $4.99 EA

28-32 Oz. Select Varieties
**NATURAL BLISS OR STARBUCKS CREAMER**
HOTSALE! MVP 4.49 EA
W/O MVP Card Regular Retail

# FROZEN

HOTSALE! MVP BOGO FREE
16.35-22.3 Oz. Select Varieties
**SCREAMIN' SICILIAN PIZZA**
W/O MVP Card $10.99 EA
Single Item Half Price

4.5-8.5 Oz. Select Varieties
**MICHELINA'S FROZEN DINNERS**
HOTSALE! MVP $1 EA
W/O MVP Card $1.58 EA

15-30 Oz. Select Varieties
**FATBOY ICE CREAM SANDWICHES OR CONES**
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.49 EA

11-38.25 Oz. Select Varieties
**BLUE BUNNY NOVELTIES**
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

18.4-19.8 Oz. Select Varieties
**TOMBSTONE PIZZA**
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
16 Oz. Select Varieties
**HUNGRY MAN DINNERS**

40-64 Oz. - Frozen Select Varieties
**TYSON FAMILY PACK CHICKEN**
HOTSALE! MVP 12.99 EA
W/O MVP Card Regular Retail

14 Oz. Select Varieties
**YASSO FROZEN GREEK YOGURT**
NEW ITEM
HOTSALE! MVP 2/$7
W/O MVP Card $5.99 EA

HOTSALE! MVP 5.99 EA
W/O MVP Card $7.49 EA
12.4-18.4 Oz. Select Varieties
**JIMMY DEAN BREAKFAST SANDWICHES**

## MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 2/$6
W/ MVP Card $4.49 EA
MVP Coupon -1.00 EXP 2
2/$5
MVP W/ MPN DISCOUNT SAVINGS CART 1
8.37-12.87 Oz. Select Varieties
**STOUFFER'S ENTRÉES**

HOT SALE! 2/$6
W/ MVP Card $5.29 EA
MVP Coupon -1.00 EXP 2
2/$5
MVP W/ MPN DISCOUNT SAVINGS CART 1
10.4 Oz. Select Varieties
**KELLOGG'S NUTRI GRAIN BARS**

# BREAKFAST

18 Oz.
**FOOD LION EASY LIVING CEREAL**
PRICED LOW EVERY DAY 2.99 EA

13.5-15 Oz. Select Varieties
**POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL**
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

23.2-32.7 Oz. Select Varieties
**EGGO HOMESTYLE WAFFLES**
HOTSALE! MVP 5.49 EA
W/O MVP Card $6.29 EA

12 Oz. Bags or 26.3 Oz. Canister Select Varieties
**FOOD LION COFFEE OR NON-DAIRY COFFEE CREAMER**
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail
10-12 Ct. K-Cups
**EIGHT O' CLOCK COFFEE**

23.1-28.4 Oz. Can Select Varieties
**MAXWELL HOUSE COFFEE**
HOTSALE! MVP 13.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 2/$4
W/O MVP Card $2.79 EA
2.25-3 Oz. Select Varieties
**ORE-IDA JUST CRACK AN EGG**

6 ZNCO ZGAH ZGAJ ZGAU ZGCH ZGCR ZGCT ZGHH ZGHY ZGSA ZNBG ZNXA ZNXV ZNBG ZNCA ZNCG ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHF ZNLE ZNNB ZNNF ZNNG ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZGAG ZGAJ ZGCH ZGCL ZGCG ZGCT ZGFE ZGFL ZGFR ZGGL ZGGV ZGSA ZGSV ZTCA ZTCR ZTKN ZTNA ZTNY ZTTR ZVBL ZVNK ZVNG ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWR ZWBL 0004426

## SPRING INTO FRESHNESS ONE ROOM AT A TIME!

77.81 Oz. Select Varieties
**CLOROX LIQUID BLEACH**
HOTSALE! MVP 4.99 EA
W/O MVP Card $7.99 EA.

19 Oz. Select Varieties
**LYSOL DISINFECTANT SPRAY**
HOTSALE! MVP 6.99 EA
W/O MVP Card $8.49 EA

10 Oz. Select Varieties
**LYSOL AIR SANITIZER**
HOTSALE! MVP 6.99 EA
W/O MVP Card $8.49 EA

# HEALTH & HOME

7 Oz. Select Varieties
**EDGE OR SKINTIMATE SHAVE GEL**
HOTSALE! MVP 3.29 EA
W/O MVP Card $4.29 EA

4 Pack Select Varieties
**ATKINS PROTEIN BARS**
HOTSALE! MVP 6.99 EA
W/O MVP Card $8.19 EA

100 Ct. Sheets or 18 Ct. Beads Select Varieties
**ARM & HAMMER**
HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

44 Oz. Select Varieties
**PREMIER PROTEIN SHAKES**
HOTSALE! MVP 9.99 EA
W/O MVP Card $11.99 EA

32.5 Oz. Select Varieties
**PALMOLIVE**
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA

24 Ct. Select Varieties
**FOOD LION PREMIUM DINNERWARE**
HOTSALE! MVP 1.49 EA
W/O MVP Card Regular Retail

20-40 Ct. Select Varieties
**FOOD LION PLATES OR BOWLS**
PRICED LOW EVERY DAY
2.99 EA

25 Ct. - Select Varieties
**FOOD LION PARTY CUPS**
HOTSALE! MVP 2/$4
W/O MVP Card Regular Retail

## MVP DIGITAL COUPONS

Load on App Online In-Store Kiosk

3 Ct. Select Varieties
**GILLETTE MACH3 OR VENUS DISPOSABLE RAZORS**
HOT SALE! 6.99 EA
W/ MVP Card Regular Retail
MVP Coupon -3.00 OFF 1
3.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

18-22 Oz. Body Wash Select Varieties
**OLAY**
HOT SALE! 2/$15
W/ MVP Card $7.99 EA
MVP Coupon -5.00 OFF 2
2/$10
MVP 10 WPS DISCOUNT SAVINGS (MET)

12-16 Oz. Select Varieties
**PEPTO BISMOL LIQUID**
HOT SALE! 8.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -50¢ OFF 1
8.49 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

41 Oz. Select Varieties
**MR. CLEAN**
HOT SALE! 5.99 EA
W/ MVP Card $8.19 EA
MVP Coupon -2.00 OFF 1
3.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

12-32 Ct. Select Varieties
**SWIFFER DRY OR WET REFILLS**
HOT SALE! 9.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -2.00 OFF 1
7.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

105-117 Oz. Select Varieties
**TIDE SIMPLY**
HOT SALE! 10.49 EA
W/ MVP Card $14.49 EA
MVP Coupon -2.00 OFF 1
8.49 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

73 Oz. or 39 Ct. Paks
**ALL, BRAND PERSIL** Select Varieties
HOT SALE! 11.99 EA
W/ MVP Card Regular Retail
MVP Coupon -3.00 OFF 1
8.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

6 Rolls Select Varieties
**FOOD LION BATH TISSUE**
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

2 Ct. Select Varieties
**FOOD LION LARGE CONTAINERS WITH LIDS**
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA



## BABY

1 Oz. Select Varieties
**BEECH-NUT BABY FOOD**
HOTSALE! MVP 5/$5
W/O MVP Card $1.39 EA

1 Oz. Select Varieties
**GERBER GRADUATES YOGURT MELTS**
HOTSALE! MVP 2/$5
W/O MVP Card $2.99 EA

504 Ct.
**PAMPERS BABY WIPES**
HOTSALE! MVP 16.99
W/O MVP Card $19.29 EA

3.5 Oz. Select Varieties
**BEECH-NUT POUCHES**
HOTSALE! MVP 3/$6
W/O MVP Card $2.25 EA

## PET

2.64 Oz. Select Varieties
**SHEBA PERFECT PORTIONS ENTREE**
HOTSALE! MVP 1.19 EA
W/O MVP Card $1.39 EA

2.1 Oz. Select Varieties
**GREENIES FELINE SMARTBITES OR DENTAL TREATS**
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

13 Oz. Select Varieties
**PURINA ONE WET DOG FOOD**
HOTSALE! MVP 2.39 EA
W/O MVP Card $2.69 EA

12.5-15 Lb. Bag Select Varieties
**PURINA ONE SMARTBLENDS DRY DOG FOOD**
HOTSALE! MVP 32.29 EA
W/O MVP Card $33.49 EA

7 ZNCO 2DPH 2DSA 2GAN 2GAL 2GAT 2GAU 2GCH 2GCR 2GCT 2GHN 2GRV 2GSA 2HBG 2HKA 2KKV 2MBA 2MBL 2MBM 2MBT 2MSA 2MNM 2MWS 2NBG 2NCA 2NCG 2NCE 2NCH 2NCL 2NCP 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHP 2NLE 2NNB 2NNF 2NNL 2NNO 2NPA 2NRE 2NRG 2NRH 2NRL 2NRR 2NTT 2NWA 2NWB 2NWL 2NWM 2NWN 2NWT 2PKL 2PNA 2PNG 2SAA 2SCH 2SCL 2SCO 2SCT 2SFB 2SFL 2SFR 2SGL 2SGV 2SSA 2STA 2TCH 2TKN 2TNA 2TNH 2TTB 2VBL 2VCH 2VCK 2VCL 2VHA 2VMA 2VNC 2VNR 2VNN 2VNS 2VNT 2VNV 2VNW 2VNX 2VNY 2VNZ 2VRL 2WCA 2WCL 2WNA 2WNB 2WNC 2WNG 2WNH 2WN 2WN, 2WRN 2WTT 2WWA 2WWB 2WWL 2WWM 2WWN 2WWT 3PKL 3PNA 3PNG 3SAA 3SCH 3SCL 3SCO 3SCT 3SFB 3SFL 3SFR 3SGL 3SGV 3SSA 3STA 3TCH 3TKN 3TNA 3TNH 3TTB 3VBL 3VCH 3VCK 3VCL 3VHA 3VMA 3VNC 3VNR 3VNN 3VNS 3VNT 3VNV 3VNW 3VNX 3VNY 3VNZ 3VRL 3WCA 3WCL 3WNA 3WNB 0SWCB

FOOD LION

March 4 - March 17, 2026

Offers valid while supplies last.

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

11-16.9 Oz.
Select Varieties
## CLEARLY CANADIAN OR VITA COCO

HOT SALE! MVP
**2/$5**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4 Ct.
Select Varieties
## YASSO FROZEN GREEK YOGURT BARS

HOT SALE! MVP
**4.99 EA**
W/O MVP Card $6.79 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

7-8 Oz. Pkg.
All Varieties
## SMITHFIELD PRIME FRESH LUNCHMEAT

HOT SALE! MVP
**2/$7**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4.5-8 Oz.
Select Varieties
## BETTY CROCKER OR MOTT'S FRUIT SNACKS

HOT SALE! MVP
**2/$5**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

50 Ct.
Select Varieties
## TOTINO'S PIZZA ROLLS

HOT SALE! MVP
**4.99 EA**
W/O MVP Card $7.39 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
## BODYARMOR

MVP PRICED LOW EVERY DAY
**1.49 EA**
W/O MVP Card $2.18 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

9.4-14 Oz. - Select Varieties
## KRAFT DELUXE OR VELVEETA SHELLS & CHEESE

MVP PRICED LOW EVERY DAY
**2/$6**
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
## BASKIN ROBBINS ICE CREAM

HOT SALE! MVP
**3.49 EA**
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
## SOUR PATCH KIDS CANDY

HOT SALE! MVP
**2/$5**
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

46 Oz.
Select Varieties
## TROPICANA PREMIUM ADES OR PUNCHES

HOT SALE! MVP
**2/$5**
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

2.18-2.5 Oz.
Select Varieties
**PERFECT BAR**

HOT SALE! MVP
**2/$5**
W/O MVP Card $2.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

33.8 Oz. Bottle
**GLACÉAU SMART WATER**

**2.39 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.2-8.94 Oz. - Select Varieties
**NATURE VALLEY CRUNCHY OR SWEET & SALTY GRANOLA BARS**

HOT SALE! MVP
**2/$6**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
**JIF PEANUT BUTTER**

HOT SALE! MVP
**5.19 EA**
W/O MVP Card $5.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.1-11.3 Oz. - Select Varieties
**VOORTMAN ZERO SUGAR COOKIES OR WAFERS**

MVP PRICED LOW EVERY DAY
**3.49 EA**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-14 Oz. Pkg.
Select Varieties
Excludes Beef
**ECKRICH SMOKED SAUSAGE**

HOT SALE! MVP
**2/$6**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-12 Oz.
Select Varieties
**ON THE BORDER TORTILLA CHIPS**

HOT SALE! MVP
**3.99 EA**
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA COFFEE**

HOT SALE! MVP
**8.99 EA**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6-8 Pack
5.5-6 Oz. Cans
Select Varieties
**V8 V-FUSION ENERGY OR VEGETABLE JUICE**

**5.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14-26 Oz.
Select Varieties
**MCCAIN FROZEN POTATOES**

HOT SALE! MVP
**2/$7**
W/O MVP Card $4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

8.62-16 Oz. - Select Varieties
**TALENTI GELATO OR MAGNUM ICE CREAM BARS**

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.5-15 Oz.
Select Varieties
**CHEX MIX OR BUGLES**

HOT SALE! MVP
2/$5
W/O MVP Card $4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
**ORE-IDA BAGEL BITES**

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
**MINUTE RICE**

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.16-11.7 Oz.
Select Varieties
**PILLSBURY TOASTER STRUDEL**

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10.3-12.6 Oz. - Select Varieties
**QUAKER CAP'N CRUNCH CEREAL OR CHEWY GRANOLA BARS**

HOT SALE! MVP
2/$6
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.3-16.1 Oz. - Select Varieties
**KELLOGG'S FROSTED MINI WHEATS OR RAISIN BRAN CEREAL**

HOT SALE! MVP
2/$7
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU VITAMIN WATER**

MVP PRICED LOW EVERY DAY
1.99 EA
W/O MVP Card $2.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-8.20 Oz.
Select Varieties
**IDAHOAN FAMILY SIZE MASHED POTATOES**

2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
**QUILTED NORTHERN**
4 Double Rolls
**BRAWNY**
Select Varieties

HOT SALE! MVP
7.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

3.5-4.4 Oz.
Select Varieties
**LINDT EXCELLENCE BAR**

HOTSALE! MVP
**5.29 EA**
W/O MVP Card $5.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-14 Oz.
Select Varieties
**GENERAL MILLS CHEX CEREAL**

HOTSALE! MVP
**2/$7**
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

21 Oz.
Select Varieties
**ELECTROLIT**

HOTSALE! MVP
**2/$4**
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
**MT. OLIVE PICKLES**

HOTSALE! MVP
**2.49 EA**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10.9-12 Oz.
Select Varieties
**CAULIPOWER PIZZA**

HOTSALE! MVP
**6.99 EA**
W/O MVP Card $7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

32 Oz.
Select Varieties
**SILK CREAMER**

HOTSALE! MVP
**4.69 EA**
W/O MVP Card $5.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

32 Oz.
Select Varieties
**POMPEIAN EXTRA LIGHT OLIVE OIL**

**12.49 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack
12 Oz. Cans
Select Varieties
**POPPI PREBIOTIC SODA**

**8.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Oz.
Select Varieties
**GOOD2GROW JUICE**

HOTSALE! MVP
**2/$6**
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Mega Rolls
**ANGEL SOFT**
4 Double Rolls
**SPARKLE**
Select Varieties

HOTSALE! MVP
**5.99 EA**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26