

Effective March-April

TH	FR	SA	SU	MO	TU	WE
26	27	28	29	30	31	1

 2026

EASTER
ESSENTIALS

MARC ANGELO
ITALIAN DELI
MEAT & CHEESE
BALDERSON
EXTRA SHARP
CHEDDAR
EXTRA-PURE
100% NATURAL
5.99
ea.



FRONT STREET BAKERY
HOT CROSS BUNS
12.5 oz
125
points
value of \$1
3.99
ea.



KICKING HORSE
COFFEE 100%
QUILTED HARBORS
125
points
value of \$1
14.99
ea.



LACTANTIA CREAM
100% FULL CREAM
QUILTED HARBORS
3.49
ea.



6.99
ea.



PICK ONTARIO
FRESH CUT TULIPS
12.99
ea.



Shop these and more in-store or online

899
ea.



800-368-6622



599



5⁹⁹
ea.



10⁹⁹
ea.



10⁹⁹
ea.



\$ New Lower Prices

VILLAGE OF ITALY
ITALIAN STYLE
BREADS, BUNS OR
FRESH BREADS
12 BUNS/12 BREADS
\$2.99

2 for \$7.00

Village of
CLASSICO

wonder

3.99
110g

**INDURIBLES ARTISAN
TURKEY BREAST**

3.49
100g

**CASTELLO POLLEN
CUCINA ITALIANA
FONTELA, DANISH BEEF
CHICKEN OR BEEF
100g**

 Breton original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR 100% CANADIAN	 Bear Paws original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR 100% CANADIAN	 Skittles Candy MADE WITH REAL FRUIT 100% WHOLE GRAIN FLOUR 100% CANADIAN	 Jalisco original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR 100% CANADIAN	 ACTIVA 100% Fruitbox MADE WITH REAL FRUIT 100% WHOLE GRAIN FLOUR 100% CANADIAN
3.49 ea.	3.49 ea.	3.49 ea.	6.99 ea.	6.99 ea.

4.99 ALCA DISINFECTANT, 1.6L GALLON
 4.99 FLOOR, 1.6L GALLON
 4.99 ROUNDY, 1.6L GALLON
 4.99 CHARMIN, 1.6L GALLON
 4.99 FLOOR, 1.6L GALLON
 4.99 ROUNDY, 1.6L GALLON
 4.99 CHARMIN, 1.6L GALLON

Learn with **mo!** rewards

50¢ **3.99**

MINUTE HAND ON FRUIT/POUR DRINKS
PEACH TEA OR PEACH ACID TEA TETRA
PEACH TEA OR PEACH ACID TEA TETRA

125¢
125¢ PER GALLON
125¢ PER GALLON

3.99

KRIBBI SALAD DRESSING (16.9 FL. OZ.)
KIBBI SALAD DRESSING (16.9 FL. OZ.)
KIBBI SALAD DRESSING (16.9 FL. OZ.)

We reserve the right to limit quantities.
DESIGNATIONS TAKE PRECEDENCE OVER PHOTOS.
SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: metro.ca
Give us your opinion for a chance to
WIN \$1,000 in groceries

[illegible]

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16⁹⁹
ea.
SAVE UP TO
\$6

22⁹⁹*
ea.
BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2⁹⁹
ea.
SAVE UP TO
\$1.80

4⁷⁹*
ea.
LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5⁹⁹
ea.
SAVE UP TO
\$2

7⁹⁹*
ea.
IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$1

4⁹⁹*
ea.
TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12⁹⁹
ea.
SAVE UP TO
\$7

19⁹⁹*
ea.
IRRESISTIBLES
COFFEE CAPSULES
30 ml
SELECTED VARIETIES



NOW
4⁹⁹
ea.
SAVE UP TO
\$1.50

6⁹⁹*
ea.
EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce

1.99
/lb

**LARGE SEEDLESS
NAVEL ORANGES**
PRODUCT OF U.S.A.
4.39kg

5.99
ea.

STRAWBERRIES 654g
PRODUCT OF U.S.A.
No. 1 Grade

1.99
/lb

SWEET POTATOES
PRODUCT OF DENMARK
4.39kg

2.99
/lb

HEIRLOOM TOMATOES
PRODUCT OF DENMARK
6.50kg

3.99
/lb

ORBI CLEMENTINES
PRODUCT OF SPAIN
8.20kg

1.99
/lb

**LARGE RED PRINCE
APPLES**
PRODUCT OF CANADA
4.39kg

4.99
ea.

FRENCH BEANS 400g
PRODUCT OF MEXICO

3.49
ea.

BOSTON LETTUCE 144g
PRODUCT OF CANADA

4.99
ea.

BLACK MISSION FIGS
PRODUCT OF MEXICO

5.99
/lb

**COTTON CANDY
GRAPE**
PRODUCT OF CHINA
13.25kg

99c
/lb

GREEN CABBAGE
PRODUCT OF DENMARK
1.10kg

3.99
/lb

BRUSSELS SPROUTS
PRODUCT OF DENMARK
8.20kg

3.99
ea.

GOLDENBERRIES 200g
PRODUCT OF COLOMBIA (MEXICO)

2.49
/lb

**LARGE BARTLETT
PEARS**
PRODUCT OF CANADA
5.49kg

3.99
ea.

MINI CUCUMBERS 500g
PRODUCT OF CANADA
No. 1 Grade

2.49
/lb

GREEN ZUCCHINI
PRODUCT OF CANADA
5.49kg

3.99
ea.

**SWEET BABY
BROCCOLI**
PRODUCT OF U.S.A.

4.99
ea.

**CURD SWEET POTATOES,
BUTTERNUT &
BUTTERNUT SQUASH** 400g

3.79
ea.

**BELLE GROVE
MUSHROOMS** 250g
PRODUCT OF CANADA (MEXICO) 27g

7.99
ea.

**MIYOKO'S
CHOCOLATE
CARAMEL APPLE** 200g

5.99
ea.

**RONI'S
SALAD
DRESSINGS** 473g
PRODUCT OF CANADA

2.99
ea.

**BRIDGESTONE
HERBS** 25g
PRODUCT OF CANADA

2.49
ea.

**ASSORTED COLOUR
CARROTS** 250g
PRODUCT OF CANADA

Sliced & Diced **Organic**



9.99
ea.

PUMPKIN PIE TRAY WITH DIP
STRAWBERRY PINEAPPLE TRAY
WITH CHOCOLATE DIP (10.99)
SMALL PUMPKIN TRAY (10.99)



14.99
ea.

RACHO PLATTER
FAMILY SIZE CHICKEN CAESAR SALAD
SMALL RACHO PLATE (10.99)



2.99
1/b

ORGANIC SEEDLESS ORANGES
PRODUCE OF U.S.A.
6.50kg



4.99
ea.

ORGANIC AVOCADOS
PRODUCE OF MEXICO



6.99
ea.

ORGANIC SWEET POTATOES
PRODUCE OF U.S.A.



5.99
ea.

**ORGANIC YELLOW PLESH OR
BUCKET POTATOES**
PRODUCE OF CANADA



5.99
ea.

**ORGANIC YELLOW PLESH OR
BUCKET POTATOES**
PRODUCE OF CANADA



5.99
ea.

**ORGANIC YELLOW PLESH OR
BUCKET POTATOES**
PRODUCE OF CANADA



5.99
ea.

**ORGANIC YELLOW PLESH OR
BUCKET POTATOES**
PRODUCE OF CANADA



5.99
ea.

**ORGANIC YELLOW PLESH OR
BUCKET POTATOES**
PRODUCE OF CANADA

metro.ca

Organic



2⁹⁹
ea.

ORGANIC SEEDLESS ORANGES
PRODUCE OF U.S.A.
6.5kg



4⁹⁹
ea.

ORGANIC AVOCADOS
PRODUCE OF MEXICO



6⁹⁹
ea.

ORGANIC SWEET POTATOES
PRODUCE OF U.S.A.



5⁹⁹
ea.

ORGANIC YELLOW FLESH OR POKY POTATOES
PRODUCE OF CANADA
GROWN IN CANADA



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



11⁹⁹
ea.

CHRYSANTHEMUMS
6" POT
ASSORTED COLOURS

Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.

pick Ontario

NEW

YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

BUTTERBALL
ROAST
FRESH BUTTERBALL OR
GRADE A TURKEY
12.5kg
6.59kg

12⁸⁸
/lb

BUTTERBALL
RED GRILL
EASY CARVE
PRIME BRISK ROAST
11.5kg
5.25kg

BONELESS
BONELESS PORK LOIN CHOPS
VALUE PACK OR ROAST
13.21kg

5⁹⁹
/lb

PLATINUM GRILL MASTERS
BEEF FENDER CUT
STEAK OR ROAST
78.50kg
35.15kg

33⁹⁹
/lb

PRIME
YORKSHIRE VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg

7⁹⁹
/lb

YORKSHIRE VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg

5⁹⁹
/lb

**125 points
value of \$1**
6⁸⁸
/lb

FRESH
BONELESS LAMB LEG
11.5kg
5.19kg

7⁹⁹
/lb

FRESH LAMB SHOULDER
CHOPS VALUE PACK
11.5kg
5.19kg

12⁹⁹
/lb

FRESH LAMB LOIN CHOPS
11.5kg
5.19kg

19⁹⁹
/lb

FRESH FRENCHED
LAMB RACK
11.5kg
5.19kg

I earn with **moi** rewards

SCHNEIDER'S
BREAKFAST
SNACKWICHES OR
EGG BITES
100% MEAT
12.5kg
5.68kg

5⁹⁹
ea.

MAPLE LEAF
SMOKED MEAT
100% MEAT
12.5kg
5.68kg

6⁹⁹
ea.

LOU'S
PORK
100% MEAT
12.5kg
5.68kg

7⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS
12.5kg
5.68kg

5⁹⁹
ea.

Fletcher's
PORK
COTTAGE BOLL
12.5kg
5.68kg

4⁹⁹
/lb

MONTANA'S
PULLED PORK OR
CHICKEN & MEXICAN
12.5kg
5.68kg

8⁹⁹
ea.

KELSEY'S
ORIGINAL ROADHOUSE
PORK RIBS
12.5kg
5.68kg

12⁹⁹
ea.

YORKSHIRE VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
12.70kg
5.68kg

19⁹⁹
ea.

Entertaining Favourites

WATSON
ROAST
CHICKEN BALLS
12.5kg
5.68kg

5⁹⁹
ea.

ULTIMATE
CHICKEN
12.5kg
5.68kg

5⁹⁹
ea.

JOHNSONVILLE
SAUSAGES
12.5kg
5.68kg

6⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS
12.5kg
5.68kg

12⁹⁹
ea.

MAPLE LEAF
PRIME
BUFFALO WINGS
12.5kg
5.68kg

15⁹⁹
ea.

MAPLE LEAF
PRIME
BUFFALO WINGS
12.5kg
5.68kg

15⁹⁹
ea.

MAPLE LEAF
PRIME
BUFFALO WINGS
12.5kg
5.68kg

15⁹⁹
ea.

MAPLE LEAF
PRIME
BUFFALO WINGS
12.5kg
5.68kg

15⁹⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT **metro.ca**

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g
8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g
7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g
8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g
8⁹⁹
ea.



7⁹⁹
ea. IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea. IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea. IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Shop
these and
more in-store
or online

Seafood



9⁹⁹
/lb

WILD CAUGHT
ALASKAN COD FILLETS
FRESH OR FROZEN (20 FILLETS, 2.17 lb)



12⁹⁹
/lb

FRESH RAINBOW TROUT FILLETS, VALUE PACK
100 g, 2.20 lb



4⁹⁹
ea.

7 SEAS SOLE
WITH STUFFING
FRESH (100 g, 2.20 lb)



5⁹⁹
ea.

FRESH
CANADIAN CORE
ORGANIC MUSSELS
1.5 lb



6⁹⁹
/lb

FRESH
PASTA CLAMS
1.5 lb



8⁹⁹
/lb

STORE MADE
SEAFOOD SALAD
CHICKEN, CUCUMBER
MAYONNAISE, 1.5 lb



8⁹⁹
ea.

OCEAN PRIME
WHOLE CLEANED Sockeye SALMON



13⁹⁹
ea.

BACCALA
CHILEAN BONELESS
SALMON FILLET



13⁹⁹
ea.

OCEAN JEWEL
WHOLE
MEDITERRANEAN
SEA BASS



49⁹⁹
/lb

KING CRAB
FRESH

Irresistible



6⁹⁹
ea.

IRRESISTIBLE
UNCOOKED
SHRIMP



8⁹⁹
ea.

IRRESISTIBLE
COOKED PACIFIC
WHITE SHRIMP



9⁹⁹
ea.

IRRESISTIBLE
SEAFOOD
MEDLEY



10⁹⁹
ea.

IRRESISTIBLE
CRAB CAKES

Deli Favourites



2⁹⁹
/100 g

MAPLE GLAZED
CHICKEN BREAST



2⁹⁹
/100 g

SHORSHI
SANDWICH



1⁹⁹
/100 g

KRIMOS
TRADITIONAL FETA CHEESE



11⁴⁹
ea.

SANTITAS
BELLANANO CHEESE



5⁴⁹
ea.

PIZZERIA
BELLITALIA
PIZZA TOPPINGS



7⁴⁹
ea.

BRANDT
SAUSAGE CHUBS



6⁹⁹
ea.

RICOTTA
CHEESE



5⁹⁹
ea.

CELEBRITY
SHEEP'S MILK
CHEESE



10⁹⁹
ea.

MARC ANGELO
CALABRESE
SALAMI



11⁹⁹
ea.

MARC ANGELO
PROSCIUTTO OR
ANTIPASTO
QUATTRO TRAZ



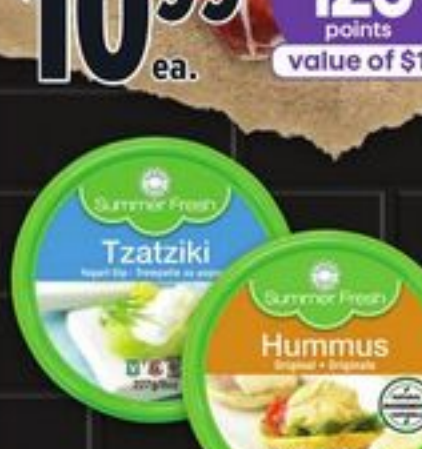
12⁹⁹
ea.

4 MINI
BURRATA



4⁹⁹
ea.

NEW YORK
STYLE
BAGEL CRISPS



3⁹⁹
ea.

SUMMER FRESH
HUMMUS OR DIPS



7⁹⁹
ea.

SABATINI'S
FRESH MACARONI



8⁹⁹
ea.

SWISS CHALET
CHICKEN POT PIE



8⁰⁰
ea.

FRESH & HOT
FRESH PASTA

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTHWELL
CHEESE
170g
SELECTED VARIETIES

999
ea.
ZERITO
MOZZARELLA
250g
SELECTED VARIETIES

549
/100 g
COOMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
240g

2200
ea.
Bella Casara
BURRATA CHEESE
250g
OR 14.99 ea. 250g

1499
ea.
TRE STELLE
MASCARPONE CHEESE
475g

699
ea.
PRESIDENT
OR BALDERSON
SPREADABLE CHEESE
185-200g
SELECTED VARIETIES

1799
ea.
INRESISTIBLE
BRIE
500g

329
/100 g
BALDERSON
CHEDDAR
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

479
/100 g
L'EXTRA
DOUBLE CHEDDAR
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g

499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63/100g

1099
ea.
OKA CHEESE
100g
SELECTED VARIETIES

Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY
OUR ASSIETTE PILED

MADE WITH
1% IL CHEESE

749
ea.

FRONT STREET BAKERY
EXTRA CHEDDAR
CHEESE BREAD
85g

749
ea.

FRONT STREET BAKERY
275g
SELECTED VARIETIES

399
ea.

FRONT STREET BAKERY
445g

469
ea.

FRONT STREET BAKERY
500g

459
ea.

FRONT STREET BAKERY
485g

469
ea.

FRESH 2 GO
BLACK FOREST HAM WITH PARISienne POTATOES
800g
100% SERVED, SERVED HOT

1999
ea.

FRESH 2 GO
ROASTED PORCHETTA WITH MIXED PEPPERS
1kg
100% SERVED, SERVED HOT

2499
ea.

FRESH 2 GO
LASAGNA
1.5kg
SERVES 4-6

2500
ea.

PREMEARED MOISSON
SOUPS
200ml
SELECTED VARIETIES

699
ea.

SUMMI
DUMPLINGS
OR SPRING ROLLS
250g
SELECTED VARIETIES

499
ea.

O'SOLE MIO
FRESH PASTA
250g
SELECTED VARIETIES

529
ea.

O'SOLE MIO
PASTA SAUCE
300ml
SELECTED VARIETIES

399
ea.

GARDEN FRESH
TORTILLA CHIPS, SALSA
OR FRESH
MASHED POTATOES
387, 400g, 472ml
SELECTED VARIETIES

499
ea.

SUMMER FRESH
TORTILLA CHIPS, SALSA
OR FRESH
MASHED POTATOES
387, 400g, 472ml
SELECTED VARIETIES

599
ea.

SUMMER FRESH
6-LAYER DIP
400g
SELECTED VARIETIES

1099
ea.

FRESH 2 GO
TORTILLA CHIPS
1kg
SELECTED VARIETIES

500
ea.

Strawberry Delights



22⁹⁹
ea.

FRONT STREET BAKERY
CHOCOLATE BOSTON
CAKE (10.5)
100% WHOLESTRAWBERRIES



31⁹⁹
ea.

FRONT STREET BAKERY
GOURMET
STRAWBERRY
SHORTCAKE (10.5)
100% WHOLESTRAWBERRIES



22⁹⁹
ea.

FRONT STREET BAKERY
TRIPLE STRAWBERRY
BOSTON CAKE (10.5)
100% WHOLESTRAWBERRIES



22⁹⁹
ea.

FRONT STREET BAKERY
STRAWBERRY CHEESECAKE (10.5)
100% WHOLESTRAWBERRIES



8⁴⁹
ea.

CARBONAUT
BREAD (4.5oz)
WHOLE GRAIN BREADS



5⁹⁹
ea.

DORITOS
PROTEINITOS
PROTEIN
TO A PROTEIN (1.5oz)
100% WHOLESTRAWBERRIES



4⁹⁹
ea.

STONEMILL
BREAD (4.5oz)
WHOLE GRAIN BREADS



5⁹⁹
ea.

LA FOURCHEE
DOÑE
BREAD SACKED
BREAD (1.5oz)
100% WHOLESTRAWBERRIES

Meal Essentials

 Ben's Original Pasta Sauce Tomato & Beef 1.99 ea.	 Ben's Original Pasta Sauce Tomato & Beef 1.99 ea.	 Green Giant Canned Vegetables Corn 1.99 ea.	 Green Giant Canned Vegetables Corn 1.99 ea.	FRENCH'S KETCHUP CONDIMENT 100% NATURAL 5.49 ea.	 French's Ketchup 100% Natural 5.49 ea.	 Knorr's Chicken Stock 1.5 L 2.49 ea.	 Knorr's Chicken Stock 1.5 L 2.49 ea.
 KOSHER'S Mustard Spicy 5.99 ea.	 KOSHER'S Mustard Spicy 5.99 ea.	 DORITOS MILD SALSA 16 oz. 1.99 ea.	 DORITOS MILD SALSA 16 oz. 1.99 ea.	 On the Border Salsa Mild 2.99 ea.	 On the Border Salsa Mild 2.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.
 KOSHER'S Mustard Spicy 5.99 ea.	 KOSHER'S Mustard Spicy 5.99 ea.	 DORITOS MILD SALSA 16 oz. 1.99 ea.	 DORITOS MILD SALSA 16 oz. 1.99 ea.	 On the Border Salsa Mild 2.99 ea.	 On the Border Salsa Mild 2.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.
 CLUB HOUSE Spicy Seasoning Bottles 10 oz. 5.49 ea.	 CLUB HOUSE Spicy Seasoning Bottles 10 oz. 5.49 ea.	 RAO'S Pasta Sauce Marinara 3.99 ea.	 RAO'S Pasta Sauce Marinara 3.99 ea.	 Eggo Original Waffles 10.5 oz. 3.99 ea.	 Eggo Original Waffles 10.5 oz. 3.99 ea.	 PAPA JOHN'S Pizzeria 10.5 oz. 6.99 ea.	 PAPA JOHN'S Pizzeria 10.5 oz. 6.99 ea.
 Incredible! Incredibly Good Seasoning 10 oz. 4.99 ea.	 Incredible! Incredibly Good Seasoning 10 oz. 4.99 ea.	 Twister Pasta 16 oz. 3.99 ea.	 Twister Pasta 16 oz. 3.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.	 PAPA JOHN'S Pizzeria 10.5 oz. 6.99 ea.	 PAPA JOHN'S Pizzeria 10.5 oz. 6.99 ea.
 Incredible! Incredibly Good Seasoning 10 oz. 4.99 ea.	 Incredible! Incredibly Good Seasoning 10 oz. 4.99 ea.	 Twister Pasta 16 oz. 3.99 ea.	 Twister Pasta 16 oz. 3.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.	 Miyako's Miso Paste 10 oz. 3.99 ea.		

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600-700g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400-480g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000g

10⁹⁹
/lb

STORE-MADE
DIPS
200-500g

5⁹⁹
ea.

STORE-MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28-30 SIZE, 2.20/100g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600-700g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1.00
ORDER IN-STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET-LOADING
CHARCUTERIE
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.00

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600-700g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HAM
JAMBON FUME
DESSECHÉ
1.4kg
1.00

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.





1.99 ea.
STOVE TOP
DINDE
1.5 L
SELECTED VARIETIES



1.99 ea.
STOVE TOP
CHICKEN
POULET
1.5 L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED OYSTERS
1.5 L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED MUSSELS
1.5 L
SELECTED VARIETIES



99¢ ea.
CLUB HOUSE
BROWN GRAVY
1.5 L
SELECTED VARIETIES



2.79 ea.
DOLE
CANNED PINEAPPLE
1.5 L
SELECTED VARIETIES



6.49 ea.
BICK'S
PICKLES
1.5 L
SELECTED VARIETIES



2.99 ea.
FRENCH
DIJON MUSTARD
1.5 L
SELECTED VARIETIES



4.49 ea.
SARGOL
SARDINE OILS
1.5 L
SELECTED VARIETIES



4.99 ea.
KELLOGG'S
RICE KRISPIES
CEREAL
1.5 L
WHOLE SUPPLIES LAST



5.49 ea.
RICE KRISPIES
CEREAL
1.5 L
WHOLE SUPPLIES LAST



4.99 ea.
PILLOWSY
EASTER COOKIES
1.5 L
WHOLE SUPPLIES LAST



2.99 ea.
PLANTERS
TRAIL MIX
1.5 L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
ORIGINAL BLEND
MELANGE
1.5 L
SELECTED VARIETIES



7.49 ea.
OCEAN SPRAY
SPARKLING CRANBERRY
DRINK
1.5 L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5 L
SELECTED VARIETIES



2.99 ea.
SELECTION
SOUP CREAM
1.5 L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
GROUND COFFEE
1.5 L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5 L
SELECTED VARIETIES



8.49 ea.
SELECTION
SHREDDED COCONUT
1.5 L
SELECTED VARIETIES



3.99 ea.
ROBIN HOOD OR
PINE WOODS FLOUR
1.5 L
SELECTED VARIETIES



2.99 ea.
REDPATH
BROWN SUGAR
1.5 L
SELECTED VARIETIES



4.99 ea.
DAY LEA
WHIPPED CREAM
1.5 L
SELECTED VARIETIES



2.99 ea.
SELECTION
SHREDDED COCONUT
1.5 L
SELECTED VARIETIES

More Great Savings

 1999 ea. TIMOTHY'S COFFEE CAPSULES (ea.)	 649 ea. MCCAFÉ INSTANT COFFEE (ea.)	 899 ea. TETLEY TEA BAGS (ea.)	 599 ea. ST-BASILE SYRUPS (ea.)
 569 ea. WHOLE EARTH PLANT BASED LIQUID SWEETENER (ea.)	 549 ea. TROPICANA REFRESHED DRINKS (ea.)	 549 ea. 30 points INVINCIBLE BISCUITS (ea.)	 299 ea. 15 points INVINCIBLE WATER CRACKERS (ea.)
 199 ea. 60 points INVINCIBLE CHIPS (ea.)	 499 ea. OCEAN SPRAY CRANBERRY JUICE (ea.)	 649 ea. 80 points M&M'S OR MALTESERS (ea.)	 1199 ea. 125 points LINDT SWISS CLASSIC CHOCOLATE BAR (ea.)
 1199 ea. ASAHI BEER (ea.)	 1249 ea. 125 points BUSCH BEER (ea.)	 899 ea. MUSKOKA BEER (ea.)	 299 ea. BARRY BEER (ea.)
 499 ea. SELECTION PEANUTS (ea.)	 899 ea. MAISON PERRIER SPARKLING WATER (ea.)	 699 ea. GENEROUS BY NATURE NATREL COFFEE (ea.)	
 299 ea. RITZ CRACKERS (ea.)		 499 ea. HELLMANN'S MAYONNAISE (ea.)	
 399 ea. RITZ CRACKERS (ea.)		 699 ea. HELLMANN'S MAYONNAISE (ea.)	
 Free 11 Kinder Surprise Eggs 649 ea. 1299 ea. 1399 ea. KINDER EASTER EGGS (ea.)			

Your one-hop shop

Metro has all your favourite Easter sweets & treats – hop to it!

WHILE QUANTITIES LAST



13⁹⁹ ea.



4⁹⁹ ea.



8⁴⁹ ea.



2⁹⁹ ea.



1⁷⁹ ea.



5⁴⁹ ea.



5⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



9⁹⁹ ea.



6⁴⁹ ea.



3⁹⁹ ea.



1²⁹ ea.



10⁹⁹ ea.



6⁴⁹ ea.



2⁹⁹ ea.



20⁹⁹ ea.



10⁴⁹ ea.



13⁹⁹ ea.

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES FRO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARLAMENT GOLD
MOON OR LAL CHILLA
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

ea.

SAFFRON
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERBERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

ARJUN
BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

ea.

BIJAS
GHEE
500 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
400 g
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
100/125/150 g
SELECTED VARIETIES

8⁹⁹

ea.

AALOO BHAJIA OR CEDAR
TAKING OR
PHEENIA VARIETY
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIYA
MAKHANA OR PHARATHAS
200/400 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS Dahi, PHOENIX
OR CEDAR PHOENIX
400/500 g
SELECTED VARIETIES

3⁹⁹

ea.

DIYA LENTILS OR
BLACK CHICK PEAS
100/150/200 g
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIYA BAKED CHANA,
BUDJON OR
BUDJON CHICK
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

PARLE-KORMA
COOKING SAUCE
400 ml
SELECTED VARIETIES

3⁹⁹

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
45/200 g
SELECTED VARIETIES

1⁶⁷

ea.

PARLE-DOSAI
COOKING SAUCE
400 ml
SELECTED VARIETIES

3⁴⁹

ea.

DIYA PICKLED
ONIONS OR
FRIED ONIONS
500/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARLE-G OR LAL
COOKIES
50/100 g
SELECTED VARIETIES

9⁹⁹

ea.

PARLE-G OR LAL
COOKIES
50/100 g
SELECTED VARIETIES

Item availability varies by store



We take pride in sourcing locally from the
Northern Ontario Region.

**NORTH COUNTRY
PEPPERETTES**
454 g
SELECTED VARIETIES

8⁴⁹
ea.



**LEADBETTERS
WOOD FIRED BACON**
250 g
SELECTED VARIETIES

5⁹⁹
ea.



**HUBBERT'S
MAPLE SYRUP**
500 ml
SELECTED VARIETIES

10⁹⁹
ea.



**SAUGEEN COUNTRY
DAIRY**
908 g
SELECTED VARIETIES

5⁹⁹
ea.



**QUINTA
CANADIAN QUINOA**
400 g

6⁹⁹
ea.



**CRAZY GOOD
SPICES**
28 - 90 g
SELECTED VARIETIES

6⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES