

Optimum

MEMBERS ONLY

Exclusive savings and pts offers

Optimum

Members-Only Price**

5⁵⁰

Non-members

\$6

GENERAL MILLS CEREAL
FAMILY SIZE, 475-778 G
CÉRÉALES
GENERAL MILLS
21103492_EA/21103495_EA



Optimum

Members-Only Price**

4⁵⁰

Non-members

5⁵⁰

Members
save up to
\$1

PC® FROZEN FRUIT 300-600 G,
BREYERS CREAMERY STYLE
ICE CREAM 1.4L **OR POPSICLE**
ORIGINALS 12X60 ML
SELECTED VARIETIES, FROZEN
FRUITS SURGELÉS PC®
OU CRÈME GLACÉE STYLE
CRÈMERIE BREYERS OU
FRIANDISES GLACÉES
ORIGINALES POPSICLE
20312227_EA/21651169_EA



Optimum

Members-Only Price**

\$8

Non-members

\$12

Members
save up to
\$4

SCHNEIDERS PEPPERETTES
SELECTED VARIETIES, 250-375 G
PEPPERETTES SCHNEIDERS
20976110_EA/21196171_EA



Optimum

Members-Only Price**

12⁹⁹

Non-members

18⁹⁹

Members
save up to
\$6

TILDA PURE BASMATI RICE
10 LB
RIZ BASMATI PUR TILDA
20153678_EA



**Must be a registered PC Optimum™ member to load and get this offer.

RA FLAP 1



President's Choice®

Go wherever the crunch takes you



APP EXCLUSIVE OFFER†

Optimum

**GET
2,000** pts

=\$2
back
in points

when you
buy any 3

**PC® KETTLE COOKED 200 G, LOADS OF™ FLAVOUR
200 G, WORLD OF FLAVOURS 200 G, TORTILLA
CHIPS 320-350 G OR POPCORN 220/250 G
SELECTED VARIETIES**

†Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

250

**PC® KETTLE
OR KETTLE
RIPPLED CHIPS**
SELECTED VARIETIES
200 G
**CROUSTILLES
CUITES À LA
MARMITE
OU CUITES À
LA MARMITE
ONDULÉES**
PC^{MD}
21422931_EA
21687125_EA



250



**PC® LOADS
OF™ FLAVOURS
POTATO CHIPS**
SELECTED VARIETIES
200 G
**CROUSTILLES
PLEINES DE
SAVEUR PC^{MD}**
2084091002_EA
2084091004_EA

250

**PC® WORLD
OF FLAVOURS
POTATO CHIPS**
SELECTED VARIETIES
200 G
**CROUSTILLES
SAVEURS DU
MONDE PC^{MD}**
20839412001_EA/21315959_EA



250



**PC® TORTILLA
CHIPS**
SELECTED VARIETIES
320-350 G
**CROUSTILLES
DE TORTILLA**
PC^{MD}
20148817_EA
20302765_EA

350

**PC® READY
TO EAT
POPCORN**
SELECTED VARIETIES
220/250 G
**MAÏS
SOUFFLÉ PC^{MD}**
20910769_EA
21287661_EA



PROUDLY CANADIAN



REAL ATLANTIC
SUPERSTORE™

2⁹⁹
LB
6.59/KG

CHICKEN DRUMSTICKS OR THIGHS
FRESH, CLUB SIZE
PILONS OU HAUTS DE CUISSE DE POULET
20004494_KG/20058163_KG

MEDIUM
GROUND BEEF
BŒUF HACHÉ
MI-MAIGRE
20797926_KG

SAVE
UP TO **22%**

5⁴⁴
LB
11.99/KG

CLUB
SIZE



INCLUDES
HALAL

SAVE
UP TO **1.49**

2⁵⁰

RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A., 170 G
FRAMBOISES
20121560001_EA

1⁷⁷

BROCCOLI CROWNS
PRODUCT OF U.S.A.
OR MEXICO
COURONNES
DE BROCOLI
21121560001_EA

**1000s
OF NEW
LOWERED
PRICES**

Save
hundreds
of dollars
on your
groceries.*

*Estimated annual savings based on average purchases by a family of 4 of product selections with newly lowered prices as compared to their previous shelf prices. Actual savings may vary based on household shopping habits and product selections.

NOW
\$2⁹⁷

KRAFT SALAD DRESSING
SELECTED VARIETIES, 425 ML
VINAIGRETTE KRAFT
21504850_EA

SAVE
1.00
WHEN YOU BUY 2
2/\$12
OR 7.00 EA

SEAQUEST® FISH FILLETS
SELECTED VARIETIES, 400 G OR
COLOSSAL PACIFIC WHITE
SHRIMP RAW ZIPPERBACK®
16-20/LB, 300 G, FROZEN
FILETS DE POISSON CERTAINES
VARIÉTÉS, OU CREVETTES
BLANCHES COLOSSALES
DU PACIFIQUE CRUES, À
DÉCORTIGER ÉCLAIR™
SEAQUEST®
20036614_EA/21023887_EA/21023887_EA



\$4

PC® ORANGE JUICE,
TEA OR LEMONADE
1.54 L OR IÖGO NANO
DRINKS 6X93 ML
SELECTED VARIETIES
JUS D'ORANGE,
THÉ OU LIMONADE
PCMD OU BOISSONS
NANO IÖGO
20609687001_EA/214305311_EA



SAVE
UP TO **1.00**
5⁹⁷

CRACKER BARREL BARS OR
SHREDS 250-400 G OR BLACK
DIAMOND CHEESE SNACKS
252-336 G, SELECTED VARIETIES
BARRES DE FROMAGE OU
FROMAGE RÂPÉ CRACKER
BARREL OU COLLATIONS AU
FROMAGE BLACK DIAMOND
20763661_EA/21290384_EA



\$4

BABYBEL 6'S OR
THE LAUGHING COW 8'S
SELECTED VARIETIES
BABYBEL OU LA
VACHE QUI RIT®
20319107_EA/20574332_EA



SAVE
UP TO **1.50**
\$6

KRAFT PEANUT BUTTER
SELECTED VARIETIES, 750 G-1 KG
BEURRE D'ARACHIDE KRAFT
20039581001_EA/20311582001_EA



SAVE
UP TO **39%**
\$12

ROBIN HOOD OR
FIVE ROSES FLOUR
SELECTED VARIETIES, 10 KG
FARINE ROBIN HOOD
OU FIVE ROSES
20134743_EA/20251651_EA



SAVE
1.02
WHEN YOU BUY 3
3/4⁹⁸
OR 2.00 EA

BARILLA PASTA
SELECTED VARIETIES, 410 G
PÂTES BARILLA
21404904_EA/21405047_EA



SAVE
UP TO **2.00**
\$5

GIUSEPPE PIZZA 439-785 G OR
PC® WOOD-FIRED PIZZA
351-413 G, SELECTED VARIETIES, FROZEN
PIZZA GIUSEPPE OU PIZZA
CUITE AU FEU DE BOIS PCMD
20904584_EA/21540407_EA/21540407_EA



SAVE
UP TO **54%**
13⁹⁹

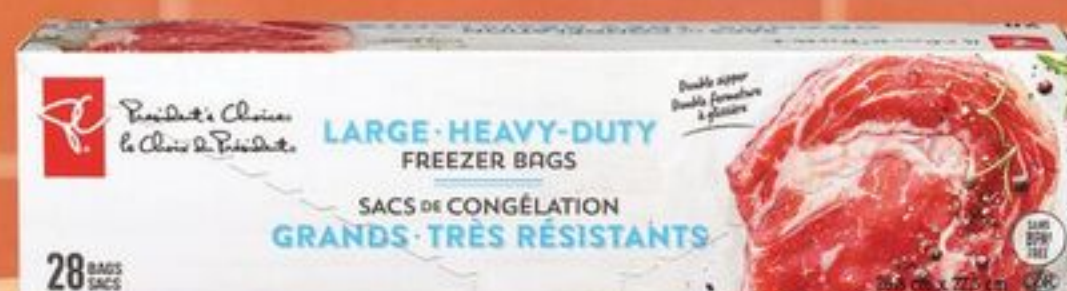
CASHMERE
BATHROOM
TISSUE 20=60 ROLLS OR
SPONGETOWELS
PAPER TOWELS
6=12 ROLLS, SELECTED VARIETIES
PAPIER HYGIÉNIQUE
CASHMERE OU
ESSUIE-TOUT
SPONGETOWELS
21188655_EA/21677740_EA



President's Choice

Locks in
freshness,
leaks out
nothing

Double zipper,
flavour keeper



GET
1,500⁰⁰
back in points

5⁵⁰

PC® HEAVY DUTY
FREEZER BAGS
SELECTED VARIETIES
28/38'S
SACS DE CONGÉLATION
TRÈS RÉSISTANTS PCMD
21160691_EA

39⁹⁹

GET 10,000⁰⁰ back in points

PC[®] OR NO NAME[®] SINGLE SERVE COFFEE PODS
SELECTED VARIETIES, 72/102'S
CAPSULES DE CAFÉ PC^{MD} OU SANS NOM[®]
2111217_EA/21593380_C01
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

3⁷⁵

GET 3,000⁰⁰ back in points when you buy 2

PC[®] OR BLUE MENU[®] ENTRÉES
SELECTED VARIETIES
FROZEN, 212-365 G
PLATS CUISINÉS PC^{MD} OU MENU BLEU^{MC}
20309869_EA/20987543_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$2

NO NAME[®] PASTA
900 G OR SAUCE 680 ML
SELECTED VARIETIES
PÂTES OU SAUCE SANS NOM[®]
20299886001_EA/20315613003_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$6

KELLOGG'S FAMILY SIZE CEREAL
SELECTED VARIETIES, 450-650 G
CÉRÉALES FORMAT FAMILIAL KELLOGG'S
2143074B_EA/21449784_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$5

QUAKER OATMEAL OR CORN SQUARES
SELECTED VARIETIES, 375-500 G
SQUARES À L'AVOINE OU AU MAÏS QUAKER
20150259002_EA/20637403_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$8^{LB}
17.64/KG

FROZEN BAY SCALLOPS
80-120 PER LB
PÉTONCLES DE BAIE CONGELÉS
21093213_KG

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

SAVE UP TO .79

2⁵⁰

FRASER FARMS GRAVY AND MEATBALLS OR PURITAN STEWS
SELECTED VARIETIES, 410-425 G
BOULETTES ET SAUCE FRASER FARM OU RAGOUT PURITAN
20063287002_EA/201322781_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$5

HALO TOP FROZEN DESSERT 473 ML, BEN & JERRY'S ICE CREAM, NON DAIRY 473 ML OR MAGNUM NOVELTIES 3/4'S, SELECTED VARIETIES, FROZEN DESSERT GLACÉ HALO TOP, CRÈME GLACÉE OU SANS PRODUITS LAITIERS BEN & JERRY'S OU FRIANDISES GLACÉES MAGNUM
209507391EA/210870071EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

SAVE UP TO 2.99

\$6

CLUB HOUSE FAMILY SIZE, LA GRILLE OR ONE STEP SEASONING
SELECTED VARIETIES, 13-248 G
ASSAISONNEMENT FORMAT FAMILIAL, LA GRILLE OU UNE ÉTAPE CLUB HOUSE
20180764_EA/20321740001_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

SAVE UP TO 1.50

5⁹⁹

HELLMANN'S MAYONNAISE
SELECTED VARIETIES, 710-890 ML
MAYONNAISE HELLMANN'S
20618579001_EA
20627339002_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

SAVE UP TO 1.49

\$7

NO NAME[®] HONEY 500 G OR SMUCKER'S JAM OR DOUBLE FRUIT SPREAD 310-500 ML, SELECTED VARIETIES
MIEL SANS NOM[®] OU CONFITURE SMUCKER'S OU TARTINADE DOUBLE FRUIT
20113065001_EA
20308043004EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

SAVE .99 WHEN YOU BUY 3

3/4⁹⁸
OR 1.99 EA

COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS
SELECTED VARIETIES, 2 L
BOISSONS GAZEUSES COCA-COLA, CANADA DRY OU PEPSI
20316026002_EA
20296926002_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$15

MCCAFÉ GROUND COFFEE 290-300 G OR VAN HOUTTE K-CUPS 10/12'S
SELECTED VARIETIES
CAFÉ MOULU MCCAFÉ OU K-CUPS VAN HOUTTE
20293336003_EA
217216761EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

SAVE UP TO 2.00

\$6

FARMER'S MARKET[™] DRIED FRUIT
SELECTED VARIETIES, 220-400 G
FRUITS SÉCHÉS DÉLICÉS DU MARCHÉ^{MC}
21519963EA
215199733EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$15

FINISH ULTRAMAX 30'S, ULTIMATE 40'S, QUANTUM 45'S, ALL IN 1 MAX 55'S, CASCADE 30-48'S, GAIN LAUNDRY 4.25 L/42'S, GAIN/ DOWNY FABRIC SOFTENER 2.4-3.29 L, BEADS 515 G OR BOUNCE SHEETS 250'S, SELECTED VARIETIES
ULTRAMAX, ULTIMATE, QUANTUM, ALL IN 1 MAX FINISH, DÉTERGENT À LESSIVE CASCADE, GAIN, ASSOUPLISSANT TEXTILE, PERLES OU FEUILLES BOUNCE
20959427_EA
20660832001_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

90¢

FRISKIES 156 G OR FANCY FEAST 85 G CAT FOOD
SELECTED VARIETIES
NOURRITURE POUR CHATS FRISKIES OU FANCY FEAST
20302296001_EA
20316703_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

PRICE DROP⁺ SO YOU CAN SAVE MORE

5⁵⁰

PUREX 1.92-2.03 L OR SUNLIGHT 1.84 L LAUNDRY DETERGENT
SELECTED VARIETIES
DÉTERGENT À LESSIVE PUREX OU SUNLIGHT
20856516005_EA/21427029_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

1⁸⁵

ANNIE'S MAC & CHEESE
SELECTED VARIETIES, 149-170 G
MACARONI AU FROMAGE ANNIE'S
20316187001_EA
20811201_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

2⁵⁰

PC[®] NAAN 2'S OR MINI NAAN 4'S
ORIGINAL OR GARLIC
PAINS NAAN OU MINI NAAN PC^{MD}
203217545EA/210762101EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

\$6

FRISKIES CAT FOOD
SELECTED VARIETIES, 1.4-1.5 KG
NOURRITURE POUR CHATS FRISKIES
20912315_EA

APP EXCLUSIVE OFFER⁺

PREPARED IN CANADA

FRESH PROMISE: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2025 Loblaw's Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum[™] program is provided by President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaw's Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum[™] program members. Membership is free. To register as a PC Optimum[™] member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for flyer duration, after which the price will be the same for both PC Optimum[™] and non-PC Optimum[™] members. Taxes applicable on the purchase amount after discounts. PC Optimum[™] member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now", "Savings, etc." is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. ©2025 Loblaw's Inc. **#PRICE DROP** offer valid in-store at participating locations between February 26 - March 18, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

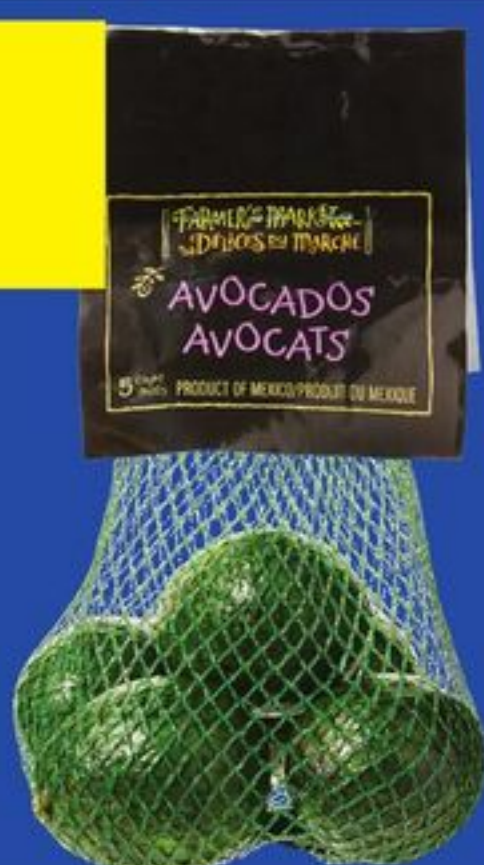
**FRESH
PROMISE**

**If it's not fresh,
it's free.**

*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

\$4

AVOCADO BAG
PRODUCT OF MEXICO, 5'S
SAC D'AVOCATS
21644936001_EA



4⁵⁰

CANTALOUPE
PRODUCT OF GUATEMALA,
HONDURAS OR BRAZIL
CANTALOUPS
20167017001_EA



8⁵⁰

**FARMER'S MARKET™
KIWI**
PRODUCT OF GREECE
**KIWI DÉLICIES DU
MARCHÉ^{MC}**
21576456001_EA



2 LB

2/\$3
OR 1.79 EA

RED MANGOES
PRODUCT OF PERU
MANGUES ROUGES
20059635001_EA



**NOW
\$4⁴⁹**

BLACKBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
MÛRES
20051015001_EA



3⁹⁹
8.80/KG

**PC® EXTRA LARGE
GREEN OR RED
SEEDLESS GRAPES**
PRODUCT OF PERU, SOUTH
AFRICA OR CHILE, NO. 1 GRADE
**TRÈS GROS RAISINS
VERTS OU ROUGES**
SANS PÉPINS PC^{MD}
20159199001_KG/20425775001_KG



5⁵⁰

**PC® WHOLE
CREMINI OR WHITE
MUSHROOMS**
PRODUCT OF CANADA, 454 G
**CHAMPIGNONS
ENTIERS CREMINI OU
BLANCS PC^{MD}**
20761372_EA/20738571_EA



**CLUB
SIZE**

**NOW
\$2⁷⁹**

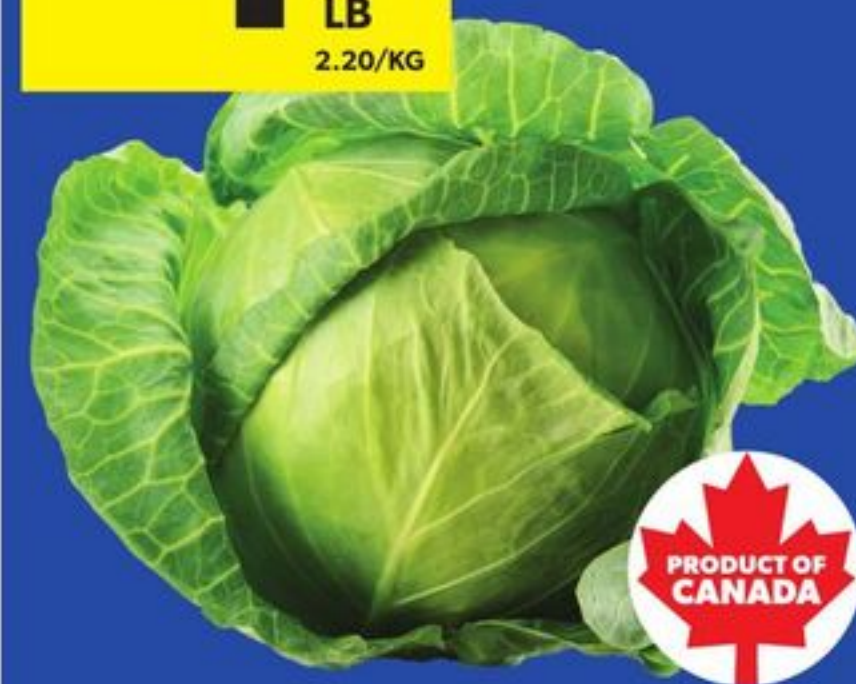
**FARMER'S MARKET™
MINI CUCUMBERS**
PRODUCT OF CANADA, 6'S
**MINI-CONCOMBRE
DÉLICIES DU MARCHÉ^{MC}**
20737570001_EA



**PRODUCT OF
CANADA**

\$1
LB
2.20/KG

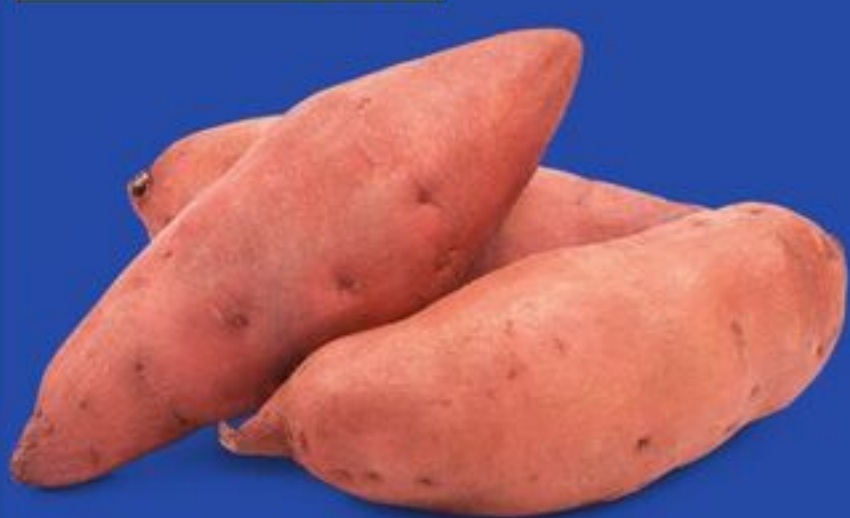
CABBAGE
PRODUCT OF CANADA
CHOU
20793034001_KG



**PRODUCT OF
CANADA**

\$2
LB
4.41/KG

SWEET POTATOES
PRODUCT OF CANADA OR U.S.A.
PATATES DOUCES
20127708001_KG



3⁵⁰
EA/LB

LARGE DRAGONFRUIT
PRODUCT OF VIETNAM OR
JACKFRUIT SLICE
PRODUCT OF MEXICO, 7.72 KG
**GROSSE PITAYA OU
TRANCHE DE FRUIT
JACQUIER**
21549854001_KG/20168355001_EA



\$7

**CORED
PINEAPPLE**
PREPARED IN-STORE
ANANAS ÉVIDÉ
20503143_EA



\$11
LB
24.24/KG

EYE OF ROUND ROAST
CUT FROM CANADA AA GRADE
BEEF OR HIGHER
**RÔTI DE NOIX DE
RONDE**
20798494_KG



4⁵⁰

LEAN GROUND PORK
450 G
PORC HACHÉ MAIGRE
21646160_EA



**CANADIAN
PORK**

\$15

**PC® WHOLE
CHICKEN**
AIR-CHILLED
**POULET
ENTIER PC^{MD}**
21658901_EA



**CANADIAN
POULTRY**

\$7

PC® SAUSAGES
SELECTED VARIETIES, 375/500 G
SAUCISSES PC^{MD}
21584308_EA/21584342_EA



**CANADIAN
PORK**

**SAVE
UP TO
3.00**

**PC® OLD FASHIONED
BACON**
1 KG
BACON À L'ANCIENNE
PC^{MD}
20115704_EA



**PREPARED IN
CANADA**

**SAVE
UP TO
3.00**

**PC® SPANAKOPITA 264 G
OR MINI SAMOSAS 345 G**
SELECTED VARIETIES, FROZEN
**SPANAKOPITA OU
MINI-SAMOSAS PC^{MD}**
20065214_EA/20581030_EA



\$5

**ATLANTIC SALMON
PORTIONS**
FRESH, MARINATED, 100 G
**PORTIONS DE
SAUMON DE
L'ATLANTIQUE**
20947596_EA/20948216_EA



**CANADIAN
SEAFOOD**

\$11

**PC® SHRIMP
APPETIZERS 294-454 G OR
SMOKED SALMON**
125/150 G
SELECTED VARIETIES, FROZEN
**HORS-D'ŒUVRE
DE CREVETTES OU
SAUMON FUMÉ PC^{MD}**
20055009_EA/20135874_EA



\$5

**PC® THAI BASIL
SHRIMP SPRING
ROLLS**
FROZEN, 294 G
**ROULEAUX DE
PRINTEMPS AUX
CREVETTES ET BASILIC**
THAI PC^{MD}
20950440_EA



SUPER FRESH

5⁵⁰

CHEESE STICKS 6'S OR SWIRLS BUNS 4'S
BAKED IN-STORE
BÂTONNETS AU FROMAGE OU PETITS PAINS ROND
20742704_EA/20745112_EA



\$4

SOURDOUGH OR PUMPERNICKEL BREAD
BAKED IN-STORE, 675 G
PAIN AU LEVAIN OU PUMPERNICKEL
20132458_EA/20653517_EA



7⁵⁰

IN-STORE BAKED COOKIES
SELECTED VARIETIES, 18'S
BISCUITS CUITS EN MAGASIN
21454952_EA/21455101_EA



\$9

FARMER'S MARKET™ 5 INCH CAKES
SELECTED VARIETIES, 490 G
GÂTEAUX 5 POUCES DÉLICIES DU MARCHÉ MC
21115991_EA/21115991_EA



\$5

IN-STORE BAKED STRUDELS
SELECTED VARIETIES, 4'S
STRUDELS CUITS EN MAGASIN
21464142_EA



\$7

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES, 6'S
MUFFINS DÉLICIES DU MARCHÉ MC
21283356_EA/21283357_EA



\$5

FURLANI GARLIC TOAST 16'S OR KNOTS
SELECTED VARIETIES
TOASTS OU NŒUDS À L'AIL FURLANI
20041579_EA/21048246_EA



2/\$6
OR 3.50 EA

WONDER BREADS AND BUNS
SELECTED VARIETIES AND SIZES
PAINS OU PETITS PAINS WONDER
20305674_EA/20297455_EA



SAVE UP TO 32%

2⁵⁰

NO NAME® BAGELS
SELECTED VARIETIES, 6'S
BAGELS SANS NOM®
21217967_EA



SAVE UP TO 1.49

\$8

KERRYGOLD IRISH CHEDDAR
SELECTED VARIETIES, 198 G
CHEDDAR IRLANDAIS KERRYGOLD
20591635_EA



\$9

OKA CHEESE
SELECTED VARIETIES, 190 G
FROMAGE OKA
20920756_EA/20921279_EA



\$6

BRANDT LIVER SAUSAGE CHUB OR KOLBASSA SAUSAGE
SELECTED VARIETIES, 250-300 G
SAUCISSON DE FOIE OU SAUCISSON KOLBASSA BRANDT
20317795_EA/20353446_EA



SAVE 24%

\$3⁵⁰ /100 G

PILLER'S SERVICE CASE SALAMI
SELECTED VARIETIES
SALAMI POUR LE COMPTOIR DE SERVICE PILLER'S
20300824_EA



2/\$10
OR 6.00 EA

DAIYA DAIRY FREE CHEESE
SELECTED VARIETIES, 170-227 G
FROMAGE SANS PRODUITS LAITIERS DAIYA
21207740_EA/21660590_EA



Optimum™

Members-Only Price™

3⁵⁰

Non-members

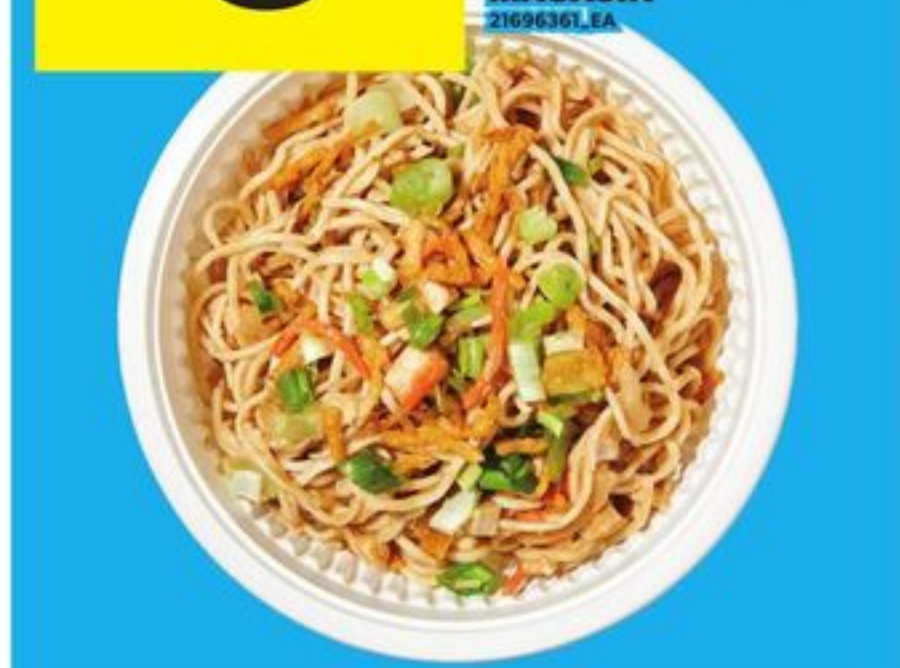
\$4

PC® NAAN DIPPERS 200 G OR NEW YORK BAGEL CRISPS 170 G
SELECTED VARIETIES
BOUCHÉES NAAN PC® OU BAGEL CRISPS NEW YORK
20297684002_EA/21092033_EA
*Must be a registered PC Optimum™ member to load and get this offer.



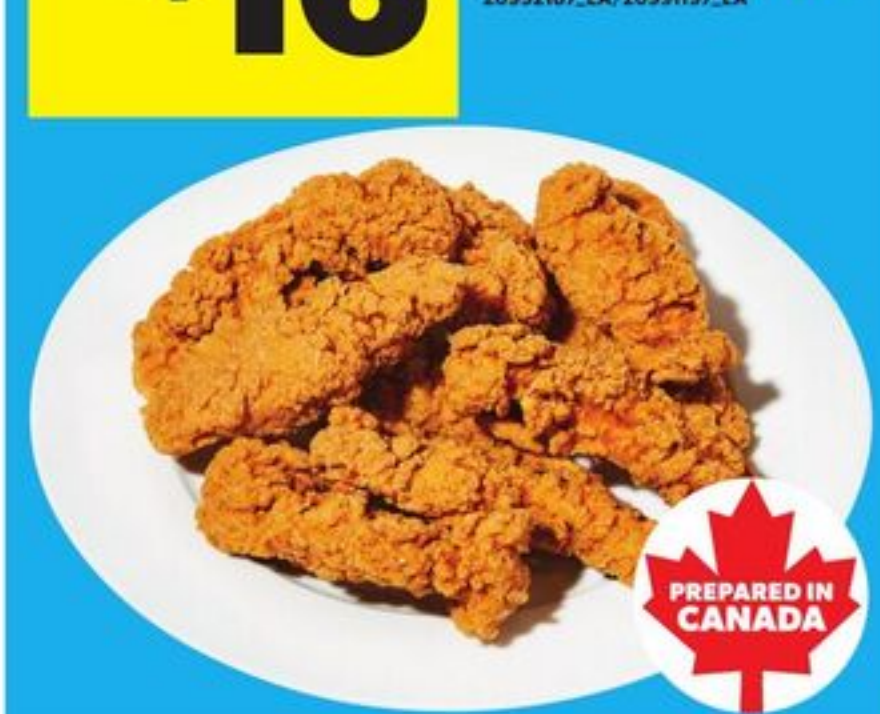
\$8

IN-STORE PREPARED BOWLS
SELECTED VARIETIES
345-400 G
BOLS PRÉPARÉS EN MAGASIN
21696361_EA



\$16

9 PIECE CHICKEN STRIPS
HOT OR CHILLED, 700 G
9 MORCEAUX DE LANIÈRES DE POULET
20992187_EA/20991197_EA



SAVE UP TO 30%

\$8

OLIVIERI FAMILY PACK PASTA
SELECTED VARIETIES
500-700 G
SAUCE EN EMBALLAGE FAMILIAL OLIVIERI
20311594_EA/21021889_EA



\$10

FARM TO TABLE BOUQUET
BOUQUET DE LA FERME À LA TABLE
21729159_EA



\$10

8 STEM TULIPS
8 TULIPES SUR TIGE
21723510_EA



\$32

PC® PREMIUM GIFT BOUQUET
BOUQUET-CADEAU DE QUALITÉ SUPÉRIEURE PC®
21087827_EA



رمضان مبارك

BLESSED RAMADAN

Celebrate meals worth sharing
and more ways to save.



APP EXCLUSIVE OFFER[†]

Optimum

GET
5,000 pts

for every \$30*
spent on

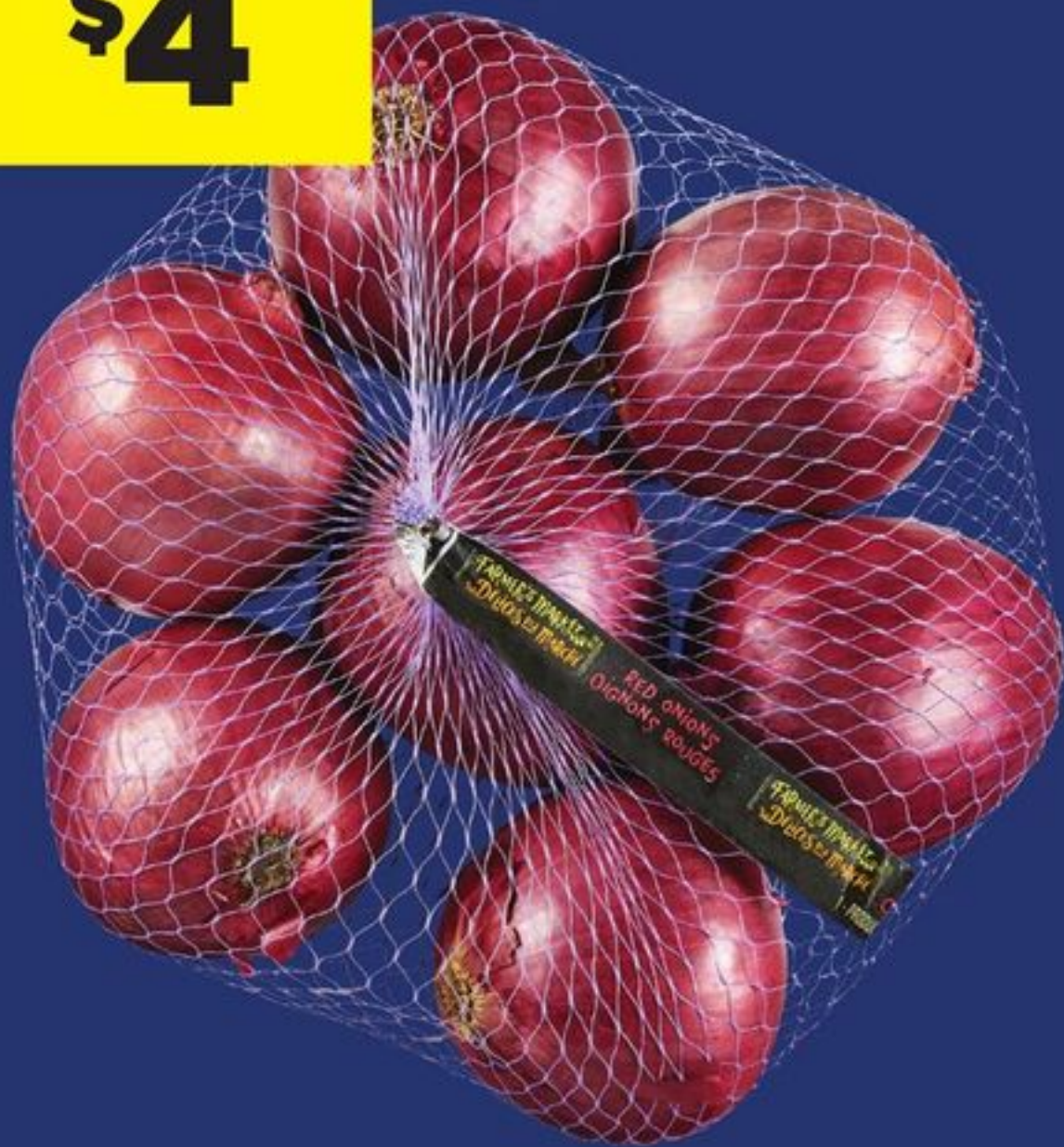
=**\$5**
back
in points

all Sufra products
all sizes and varieties

[†]Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

\$4

FARMERS MARKET™ RED ONIONS
PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE
20811362001_EA



8⁹⁹

MEDJOOL DATES
PRODUCT OF U.S.A., 2 LB TUB
20001686_EA



**SAVE
17%**

12⁹⁹

DAN-D PAK CASHEWS
SELECTED VARIETIES, 908 G
20314862001_EA/20314862002_EA



**SAVE
36%**

11⁴⁹

**NANAK DESI
GHEE/CLARIFIED
BUTTER**
800 G
20082263_EA



HOP INTO SAVINGS

Fill your basket with Easter favourites at low prices.

SAVE 24%
\$3

LANTIC SUGAR
OLD FASHION BROWN OR BRILLIANT YELLOW, 1 KG
20016320_EA/20169394_EA



PREPARED IN CANADA

SAVE 14%
\$3

NO NAME® MARSHMALLOWS
SELECTED VARIETIES, 400 G
20304672002_EA/20311578001_EA



PREPARED IN CANADA

\$5

NO NAME® PIE FILLINGS
SELECTED VARIETIES, 540/796 ML
21662314_EA/21662347_EA



PREPARED IN CANADA

SAVE UP TO 16%
\$5

PC® DECADENT® CHOCOLATE CHIPS
SELECTED VARIETIES, 226-300 G
20011473_EA/20430272_EA



PREPARED IN CANADA

SAVE UP TO 20%
\$8

NO NAME® RAISINS
SELECTED VARIETIES, 750 G
20647009_EA/20648023_EA



PREPARED IN CANADA

HOT DEALS

\$1

CARNABY SWEET GUMMIES
SELECTED VARIETIES, 125 G,
NO NAME® MANDARIN ORANGE
SELECTED VARIETIES, 284 ML
21219409_EA/21219523_EA
20078466_EA



\$2

NO NAME® ALMOND CHEWY OR CHOCOLATE CHIP GRANOLA BARS
SELECTED VARIETIES, 120-175 G,
PC® PASTA 454 G OR **PC® BLUE MENU® WHOLE GRAIN PASTA**, 375 G
SELECTED VARIETIES,
HEINZ BEANS OR PASTA
SELECTED VARIETIES, 398 ML
20915354_EA/21540823_EA
20324173002_EA/20040380003_EA
20177278006_EA



\$3

CHRISTIE OREO, CHIPS AHOY, FUDGE-O OR NUTTER BUTTER COOKIES
SELECTED VARIETIES, 224-303 G,
KRAFT LUNCHABLES
SELECTED VARIETIES, 81-131 G
21358407_EA/21361508_EA
21592619_EA



\$4

OLD DUTCH POTATO CHIPS OR SNACKS OR HUMPTY DUMPTY SNACKS 200-290 G
OR **SNYDER'S OF HANOVER PRETZEL BITES, RODS, MINIS OR STICKS** 240 G
SELECTED VARIETIES,
GRENADE PROTEIN BARS
SELECTED VARIETIES AND SIZES,
PC® DECADENT® COOKIES
SELECTED VARIETIES, 280-300 G
20316052001_EA/21646697_EA
212099901_EA/21462313_EA
20612251_EA/20612257_EA



\$5

AMY'S BURRITO,
SELECTED VARIETIES, 156-170 G,
PC® BLUE MENU® TWICE THE FRUIT™
SPREAD 500 ML OR
PEANUT BUTTER 750 G
SELECTED VARIETIES,
ARMSTRONG NIBBLERS
200 G,
ELASTOPLAST BANDAGES
SELECTED VARIETIES AND SIZES
20371439001_EA/20300537_EA
21539032_EA/21540213_EA
21011932_EA/21362065_EA



**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$8

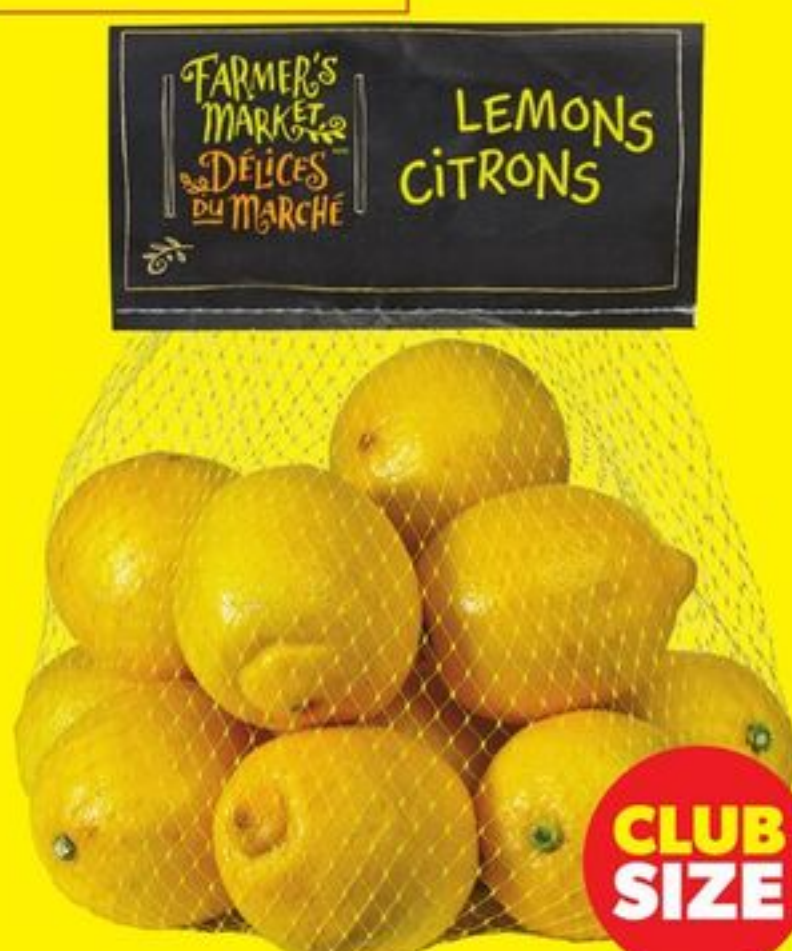
**NO NAME® NATURALLY
IMPERFECT™ MIXED
PEPPERS**
PRODUCT OF MEXICO, 2.5 LB
20921434001_EA



**CLUB
SIZE**

5⁵⁰

**FARMER'S MARKET™
LEMONS**
PRODUCT OF U.S.A., 2 LB
20795315001_EA



**CLUB
SIZE**

\$7

**NO NAME® NATURALLY
IMPERFECT™
POTATOES**
PRODUCT OF CANADA
15 LB
20944462001_EA



**CLUB
SIZE**

10⁹⁹
LB
24.23/KG

BONELESS BEEF STEW
20766562_KG



**CLUB
SIZE**

\$6
LB
13.23/KG

**CHICKEN WINGS
OR HALAL CHICKEN
WINGS**
FRESH
20168158_KG



**CLUB
SIZE**

14⁹⁹

**SUNRISE LARGE
WAX BOLOGNA**
2 KG
20997095_EA



**CLUB
SIZE**

4⁹⁹
LB
11.00/KG

**PORK SHOULDER
BLADE STEAKS**
FRESH
20837875_KG



**CLUB
SIZE**

\$12

**NO NAME® BREADED
CHICKEN**
SELECTED VARIETIES
FROZEN, 1.81 KG
21178763_EA



**CLUB
SIZE**

\$26

**NO NAME® CHICKEN
WINGS**
SELECTED VARIETIES
FROZEN, 1.8 KG
21045698_EA/21045704_EA



**CLUB
SIZE**

5⁵⁰

**SEAQUEST® CRAB
FLAVOURED POLLOCK
FLAKES OR CHUNKS**
SELECTED VARIETIES
READY-TO-EAT, 454 G
20591152_EA/20591151_EA



**CLUB
SIZE**

\$6

PC® NAAN DIPPERS
400 G
20999700_EA



**CLUB
SIZE**

**ALWAYS
LOW PRICE**

\$7

**BUTTER
CROISSANTS**
12'S
21683000_EA



**CLUB
SIZE**

**SAVE
1.99**

\$9

PC® FETA CHEESE
SELECTED VARIETIES, 400 G
20216975_EA/20216990_EA



**CLUB
SIZE**

\$12

**ZIGGY'S SLICED
DELI MEAT**
SELECTED VARIETIES, 600 G
21596514_EA/21668501_EA



**CLUB
SIZE**

\$11

PC® HUMMUS
908 G
21109909_EA



**CLUB
SIZE**

**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$27

**PC® ORGANICS
CASHEWS**
1.13 KG
21517458_EA



**CLUB
SIZE**

7²⁵

**PACIFIC ORGANIC
SOUPS OR BROTH**
SELECTED VARIETIES, 946 ML/ 1 L
20599733003_EA/20599786001_EA



**CLUB
SIZE**

23⁹⁹

**GATORADE
CLUB PACK**
SELECTED VARIETIES, 24X591 ML
EQUIVALENT TO \$1.00/BOTTLE
20298835002_C24



**CLUB
SIZE**

4⁵⁰

**NO NAME®
CRANBERRY
COCKTAIL**
SELECTED VARIETIES
2.84 L
21635359_EA



**CLUB
SIZE**

5²⁹

**PC® COCKTAIL
CRANBERRY
CLUB PACK**
21637707_EA



**CLUB
SIZE**

\$9

**LIBERTÉ GREEK
YOGURT**
SELECTED VARIETIES, 1 KG
21305350_EA/21430952_EA



**CLUB
SIZE**

\$10

PC® VEGETABLES
SELECTED VARIETIES
FROZEN, 1.75 KG
20713450_EA/21096317_EA



**CLUB
SIZE**

\$38

NO NAME® OLIVE OIL
3 L
20141395_EA



**CLUB
SIZE**

\$8

**PC® KETTLE COOKED
POTATO CHIPS**
SELECTED VARIETIES, 907 G
21426018_EA/21549793_EA



**CLUB
SIZE**

\$12

WERTHER'S ORIGINAL
900 G
21054002_EA



**CLUB
SIZE**

\$18

**NO NAME® NATURALLY
IMPERFECT™ FRUIT**
SELECTED VARIETIES
FROZEN, 2 KG
21480144_EA



**CLUB
SIZE**

**ALWAYS
LOW PRICE**

\$10

**NO NAME®
NOVELTIES**
SELECTED VARIETIES
FROZEN, 24/30'S
20347400001_EA



**CLUB
SIZE**

\$13

**PINE-SOL®
MULTI-PURPOSE
LIQUID CLEANER**
SELECTED VARIETIES, 4.25 L
20021491_EA



**CLUB
SIZE**

\$7

CLOROX BLEACH
3.57 L
21280246_EA



**CLUB
SIZE**

38⁵⁰

**LIMIT 4
OVER LIMIT PAY
40.49 EA**

**GET
5,000®**
back in points

**ENSURE HIGH
PROTEIN OR CALORIE
PLUS VALUE PACKS**
SELECTED VARIETIES AND SIZES
21333516_C16/21333517_C16



**CLUB
SIZE**

SUPER YOUR EVERYDAY

4⁵⁰

**DANINO KIDS 558 ML
OR YOPLAIT
SOURCE 630 G**
SELECTED VARIETIES
21391318001_EA/21520250_EA



3⁵⁰

**PILLSBURY READY TO
BAKE CHUB COOKIE,
ROLLS, CRUST OR
BISCUITS 318-468 G
OR DANONE
ACTIVIA EXPERT 4X100 G**
SELECTED VARIETIES
20317832001_EA/21687900_EA



2/\$10
OR 5.49 EA

**DORITOS FLAVOURED
TORTILLA CHIPS OR
CHEETOS CHEESE
FLAVOURED SNACKS**
SELECTED VARIETIES, 210-285 G
21370195_EA/21693042_EA



12⁴⁹

**PC® 100% PURE
MAPLE SYRUP
CANADA GRADE A
AMBER RICH TASTE
500 ML**
20049221_EA



\$5

**YUMI MORNING
OATS
SELECTED VARIETIES
264 G**
21660783_EA
21706588_EA



7⁵⁰

**STARBUCKS
NESPRESSO
COMPATIBLE
CAPSULES
SELECTED VARIETIES
10'S**
21240795_EA
21241271_EA



\$7

**LIBERTÉ
GREEK TUBS
SELECTED VARIETIES
650/750 G**
21353463_EA
20704361001_EA



\$4

**GOGO SQUEEZ
FRUIT SAUCE
POUCHES OR
CUPS
SELECTED VARIETIES
4X90/4X97 G**
20322697001_EA
21701912_EA



\$7

**BECEL
MARGARINE
SELECTED VARIETIES
637/850 G**
20297818002_EA
21279389_EA



**SAVE
1.58
WHEN YOU BUY 2**

2/\$6
OR 3.79 EA

**NO NAME®
SOUR CREAM
SELECTED VARIETIES
500 ML**
20297641001_EA
20297641002_EA



\$7

**INTERNATIONAL
DELIGHT COFFEE
WHITENER OR
COLD FOAM
SELECTED VARIETIES
396-946 ML**
20895480002_EA
20895480003_EA



\$5

**CHRISTIE
PREMIUM
PLUS
CRACKERS
SELECTED VARIETIES
402-481 G**
21109001_EA
21109004_EA



\$3

**CHRISTIE
OREO, CHIPS AHOY!
ANIMAL
CRACKERS,
TEDDY
GRAHAMS
OR POKEMON
SNACK PACKS
SELECTED VARIETIES
144-200 G**
21584976_EA
21585155_EA



6⁵⁰

**FERRERO
ROCHER
SQUARES
SELECTED VARIETIES
105 G**
21676633_EA
21676718_EA



5⁵⁰

**TWININGS® TEA
SELECTED VARIETIES
20'S**
20300740001_EA
21056860_EA



\$18

**BUDWEISER
ZERO
NON-
ALCOHOLIC
BEER
SELECTED VARIETIES
12X355 ML**
21295370_C12



\$4

**ZIPLOC BAGS
SELECTED VARIETIES
10-90'S**
20310328_EA
20871415_EA



5⁵⁰

**DAWN LIQUID
825/982 ML,
EZ SQUEEZE
532/535/650 ML OR
POWERWASH
REFILL 473 ML**
21430550_EA
21430569_EA



Optimum®
Members-Only Price™

14⁹⁹

**Non-members
17⁹⁹**

**Members
save
\$3**

**WHISKAS
CAT FOOD
SELECTED VARIETIES
12'S**
20548951_EA
**Must be a registered
PC Optimum™ member to
load and get this offer.



FEEL GOOD CHOICES AT FEEL GOOD PRICES

2/5⁵⁰
OR 3.29 EA

BIOITALIA CANNED PASTA
340/398 ML OR PASTA 500 G
SELECTED VARIETIES
20984139_EA/21077670_EA



UPTO
15% OFF

CHICKAPEA ORGANIC PASTA 227 G OR **GOOD FOOD FOR GOOD PASTA SAUCE** 250/450 ML
SELECTED VARIETIES
21172451_EA/21597621_EA



\$6

TERRA VEGETABLE CHIPS
SELECTED VARIETIES, 141 G
21557876_EA/21557962_EA



UPTO
25% OFF

ORANGE NATURALS VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21690345_EA/21703668_EA



\$50

VEGA ONE® ALL-IN-ONE PROTEIN POWDER
SELECTED VARIETIES, 834-876 G
20575566001_EA/20645554_EA



5⁵⁰

OLYMPIC ORGANIC YOGURT
SELECTED VARIETIES, 650 G
20316485005_EA/20316485006_EA



UPTO
15% OFF

BOB'S RED MILL OATS
SELECTED VARIETIES, 454-907 G
21127424_EA/21639699_EA



\$11

DAIYA FROZEN FLAT BREAD
SELECTED VARIETIES, 331-354 G
213538958_EA



\$12

LAKEWOOD PURE CRANBERRY JUICE
SELECTED VARIETIES, 946 ML
21178156_EA



UPTO
15% OFF

CAPILANO MANUKA HONEY
SELECTED VARIETIES,
375 G
21040448_EA/21291109_EA



UPTO
25% OFF

KIND PROTEIN BARS
SELECTED VARIETIES,
62 G/4X62 G
21697722_EA/21697730_EA/21702796_EA



\$14

JUST US ORGANIC WHOLE BEAN OR GROUND COFFEE
SELECTED VARIETIES,
340 G
20095523003_EA/20309024002_EA



\$2

ROAR ORGANIC
SELECTED VARIETIES,
532 ML
21106395_EA/21160552_EA



8⁵⁰

PC® ORGANICS FROZEN FRUITS
SELECTED VARIETIES,
600 G
204314831002_EA/21357574_EA



\$4

RISE KOMBUCHA
SELECTED VARIETIES,
414 ML
21295058_EA/21295362_EA



2/\$7
OR 4.99 EA

NATURE CLEAN DISHWASHING LIQUID, ALL PURPOSE SPRAY OR FRUIT AND VEGGIE WASH
SELECTED VARIETIES,
500-740 ML
21179554_EA/21205740_EA



4⁵⁰

MADE GOOD PUFFED CRACKERS
SELECTED VARIETIES,
121 G
21355184_EA



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Subscribe online



Schedule your preferred frequency



Earn up to 15% in points*



Online grocery pickup & delivery

Shop over 2,000 eligible products + get up to **32,000 points** in subscription bonuses*.

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*Terms and conditions apply, see site for details.

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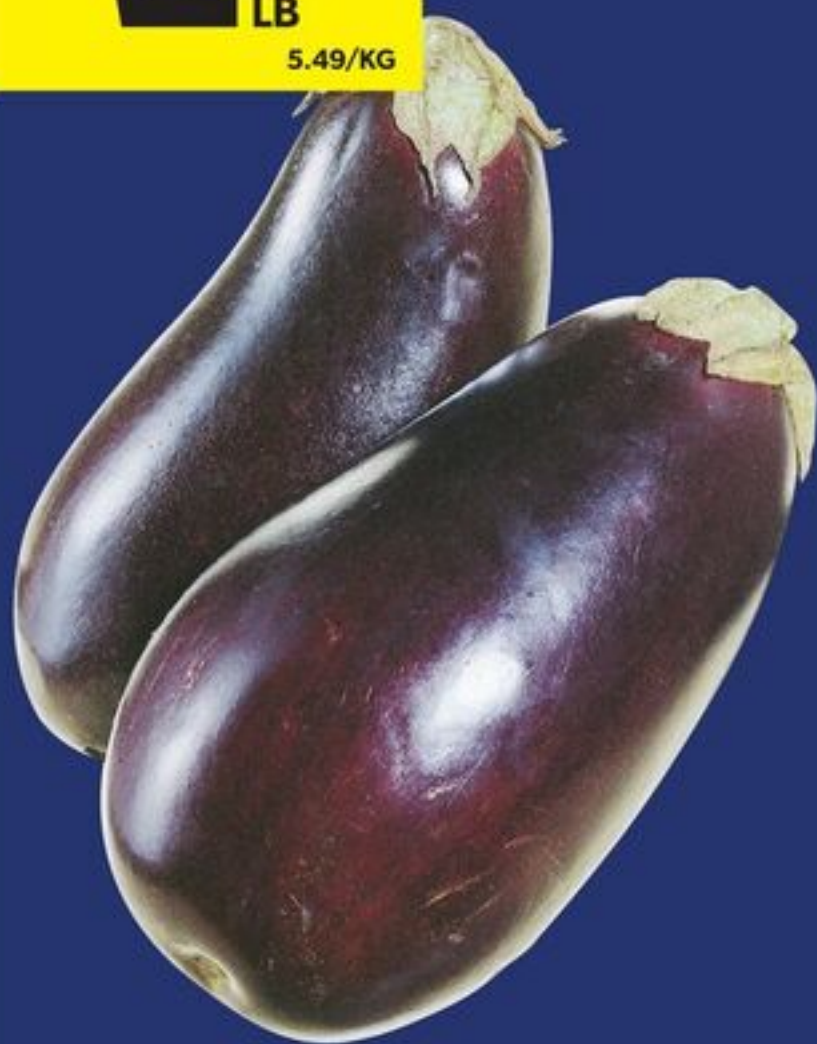
BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.



2.49
LB
5.49/KG

EGGPLANT
PRODUCT OF MEXICO
NO. 1 GRADE
20155709001_KG



5.99

**MAPLE LODGE
ULTIMATE OR ZABIHA
HALAL CHICKEN
WIENERS**
SELECTED VARIETIES, 900 G
20671791_EA



3.49

NANAK DAHI
750 G
20133591_EA



\$4

**DABUR REAL
FRUIT JUICE**
SELECTED VARIETIES, 1L
21399816_EA/21399828_EA



\$8

SHER BESAN FLOUR
4 LB
20869922_EA



\$11

**ZABIHA HALAL
FIRE CRISP CHICKEN**
SELECTED VARIETIES
FROZEN, 700-750 G
21704999_EA/21705962_EA



\$8

**MOTHER'S MAGIC
HIMALAYAN PINK SALT**
2 KG
21357761_EA



\$1

**PARLE-G ORIGINAL
BISCUITS 300 G OR
HIDE & SEEK FAB
COOKIES 112 G**
SELECTED VARIETIES
20840479_EA/20841388_EA



1.50

MAGGI NOODLES
280 G
20870359_EA



4.50

**HEREFORD
CORNED BEEF**
SELECTED VARIETIES, 340 G
20050622_EA



2.50

**BRITANNIA GOOD DAY
231 G OR FIFTY FIFTY
COOKIES 372 G**
SELECTED VARIETIES
21023781_EA/21205822_EA



2.50

MTR MINUTE MEALS
SELECTED VARIETIES, 300 G
2076971708_EA/2076971701_EA



1.75

**KURKURE
MASALA MUNCH**
SELECTED VARIETIES, 115 G
20659742_EA/21361077_EA



**UP TO
25%
OFF**

**EVERYDAY
ESSENTIALS™
FOOD STORAGE
CONTAINERS**
SELECTED VARIETIES
20005440_EA/20006012_EA



\$4

**NO NAME®
FOOD STORAGE
CONTAINERS**
SELECTED VARIETIES
20162802_EA/20189239_EA



رمضان مبارك

EID MUBARAK

Enjoy a
bountiful
iftar
for less.



2²⁵

COCONUT
PRODUCT OF INDIA OR
DOMINICAN REPUBLIC
2005774601_EA



1⁷⁵

**TAMAM
CANNED BEANS**
SELECTED VARIETIES, 540 ML
21214481_EA/21214570_EA



9⁵⁰

**EXTRA LEAN
GROUND BEEF**
GRASS FED, 450 G
21675592_EA



INCLUDES
HALAL

\$12

**SUFRA' HALAL
CHICKEN LEGS**
BACK ATTACHED, FRESH,
UP TO 1.28 KG
21616972_EA



\$7

**VIVASEA COOKED
NEW ZEALAND
GREENSHELL MUSSELS**
FROZEN, 500 G
21595040_EA



1²⁵

**BARBICAN
BEVERAGE DRINK**
SELECTED VARIETIES,
330 ML
20883547_EA



\$5

SURAJ' NAAN
SELECTED VARIETIES, 10'S
20342261_EA



\$4

CRISPY COOKIES
SELECTED VARIETIES, 350 G
20820419_EA/20820641_EA



2/⁴⁸⁸

ROOSTER' TOFU
SELECTED VARIETIES, 454 G
21474765_EA



2⁹⁹

PRAN SAMOSAS
FROZEN, 400 G
21054846_EA



3⁵⁰

ZINDA COUSCOUS
SELECTED VARIETIES, 907 G
20013708_EA/20822580_EA



\$5

**TAMAM TAHINI
SMALL 454 G OR SLICED
PICKLE TURNIPS 1 KG**
21217262_EA/21237887_EA



\$15

**KRITI GOLD
EXTRA VIRGIN
OLIVE OIL**
750 ML
20572876_EA



1⁵⁰

HALDIRAM'S SNACKS
SELECTED VARIETIES, 90/150 G
20309977_EA/21471409_EA





SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find
international ingredients at low prices.

SHOP NOW



1²⁵

PASSION FRUIT
PRODUCT OF COLOMBIA
20003716001_EA



\$2

T&T TROPICAL CAKES
SELECTED VARIETIES, 180 G
20826092_EA/20826539_EA



\$7

CHINESE LONG DONUT
6'S
21611165_EA



\$7

**CANADIAN COVE
FRESH PEI MUSSELS**
907 G
21556624_EA



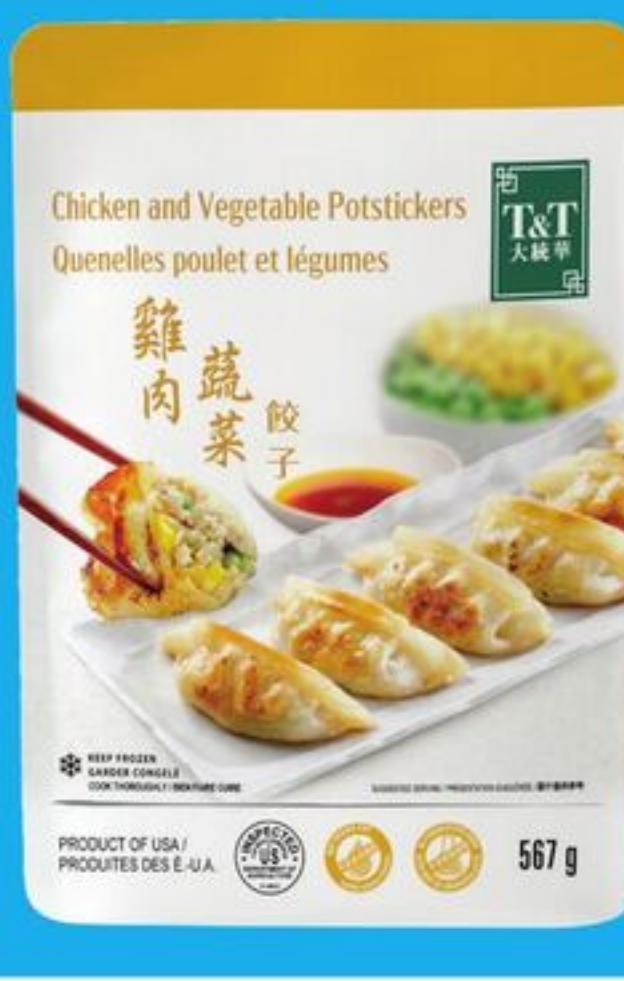
5⁹⁹

MELONA ICE BAR
SELECTED VARIETIES, FROZEN,
560 ML
21622903_EA



\$5

T&T POTSTICKERS
SELECTED VARIETIES, FROZEN,
567 G
21495805_EA



8⁹⁹

FRUTÉE ICE CREAM
SELECTED VARIETIES, FROZEN,
270 ML
21701514_EA



4⁴⁹

**GLICO POCKY
BISCUIT STICKS**
SELECTED VARIETIES, 12 PACKS,
156 G
21066079_EA/21066087_EA



8⁹⁹

**ROOSTER[®]
LIQUID HONEY 1KG
OR RIBENA
CONCENTRATED
BLACKCURRANT
BEVERAGE 850 ML**
21101494_EA/21182437_EA



\$2

**AROY-D
COCONUT MILK**
SELECTED VARIETIES, 400 ML
20063864_EA/20133960_EA



1⁹⁹

**POCARI
SWEAT ION
SUPPLY DRINK**
580 ML
21635688_EA



5⁴⁹

**OVALTINE
MALTED
CHOCOLATE
DRINK**
400 G
20726633_EA



6⁹⁹

**KIKKOMAN
SOYA
SAUCE**
501 ML
21576182_EA



1⁶⁹

**T&T KOREAN
ROASTED
SEALAVER**
3'S
20593313_EA



2⁹⁹

**PC[®] UDON
NOODLES**
4'S
20354811_EA



SHOP BEAUTY FOR LESS

5⁵⁰

**LIMIT 6
OVER LIMIT PAY
7.49 EA**



**DOVE
BODY WASH 325 ML OR
BAR SOAP 3X106 G
SELECTED VARIETIES
21220515_EA/21511901_EA**

\$7

**LIMIT 6
OVER LIMIT PAY
8.49 EA**



**SOFTSOAP LIQUID
HAND SOAP REFILL
SELECTED VARIETIES, 1.47 L
21715576_EA**

**UP TO
25%
OFF**



**METHOD
BODY WASH 532 ML OR
DEODORANT 75 G
SELECTED VARIETIES
21640457_EA/21640748_EA**

5⁵⁰

**LIMIT 6
OVER LIMIT PAY
6.99 EA**



**SENSODYNE
OR PRONAMEL
TOOTH PASTE 75-100 ML,
POLIDENT DENTURE
TABLETS 36'S-40'S OR
POLIGRIP DENTURE
ADHESIVE 40 G
SELECTED VARIETIES
20301179001_EA/20756075_EA**

7⁵⁰

**LIMIT 6
OVER LIMIT PAY
8.99 EA**



**COLGATE
MAX FRESH OR
TOTAL TOOTH PASTE
3'S, MANUAL
TOOTHBRUSH
2'S OR BATTERY
TOOTHBRUSH 1'S
OR COLGATE TOTAL
OR PRO RELIEF
MOUTH WASH
SELECTED VARIETIES AND SIZES
21118930_EA/21166655_EA**

3⁵⁰

**LIMIT 6
OVER LIMIT PAY
4.49 EA**



**CREST COMPLETE
120 ML, CREST
STAIN ERASER
65 ML OR CREST KIDS
85-100 ML TOOTH PASTE
OR ORAL-B COMPLETE
SATIN FLOSS 50 M
SELECTED VARIETIES
20348190001_EA/21354028_EA**

\$7

**LIMIT 6
OVER LIMIT PAY
7.99 EA**



**BIC DISPOSABLE
RAZORS
SELECTED VARIETIES, 2-8'S
20037524_EA/20312082002_EA**

7⁵⁰

**LIMIT 6
OVER LIMIT PAY
8.99 EA**



**OLD SPICE 73-144 G,
SECRET 68-116 G
OR GILLETTE 122 G
DEODORANT
SELECTED VARIETIES
20757237001_EA/21426451_EA**

**UP TO
20%
OFF**



**OLAY BODY WASH
364-975 ML OR BAR
SOAP 4/8X90 G
SELECTED VARIETIES
21500512_EA/2060592700_EA**

\$10

**LIMIT 4
OVER LIMIT PAY
10.99 EA**



**AUSSIE OR HERBAL
ESSENCES PURE
PLANTS SHAMPOO OR
CONDITIONER
SELECTED VARIETIES AND SIZES
21167373_EA/21571254_EA**

8⁵⁰

**LIMIT 4
OVER LIMIT PAY
8.99 EA**



**GET
1,000⁺
back in points**

**TRESEMME
SHAMPOO,
CONDITIONER
OR STYLING
PRODUCTS
SELECTED VARIETIES
AND SIZES
20315303003_EA
21170072_EA**

\$13

**LIMIT 4
OVER LIMIT PAY
15.99 EA**



**L'ORÉAL PREFERENCE,
FERIA OR OLIA HAIR
COLOUR
SELECTED VARIETIES
21474630_EA/20306667001_EA**

\$10

**LIMIT 4
OVER LIMIT PAY
12.99 EA**



**MARC ANTHONY OR
CAKE HAIR CARE
SELECTED VARIETIES AND SIZES
21646804_EA/21649083_EA**

**UP TO
20%
OFF**

**NIVEA SKINCARE
PRODUCTS
SELECTED VARIETIES AND SIZES
20688737_EA/21110152_EA**



**UP TO
20%
OFF**



**CETAPHIL CLEANSERS
OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
20079867001_EA/204322313001_EA**

ELEVATE YOUR WELL BEING

UP TO
25% OFF

ONE A DAY MULTIVITAMINS 60-130'S OR FLINTSTONE'S CHILDREN'S VITAMINS OR SUPPLEMENTS 60-180'S
SELECTED VARIETIES
21515131_EA/21515178_EA



UP TO
15% OFF

OLLY 50-90'S, L'IL CRITTER'S, FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21368637_EA/21529434_EA



12⁵⁰

LIMIT 4 OVER LIMIT PAY 15.49 EA

PURE PROTEIN BARS
SELECTED VARIETIES AND SIZES
20539046_EA/20856450_EA



\$15

LIMIT 4 OVER LIMIT PAY 16.99 EA

TYLENOL TABLETS, CAPLETS OR GELCAPS
SELECTED VARIETIES, 60-150'S
20040611_EA/21033531_EA



UP TO
15% OFF

SYSTANE EYE DROPS
SELECTED VARIETIES, 10/15 ML
21207552_EA/21397130_EA



12⁵⁰

LIMIT 4 OVER LIMIT PAY 14.99 EA

PREMIER READY TO DRINK PROTEIN SHAKES
SELECTED VARIETIES AND SIZES
21031108_EA/21031114_EA



8⁵⁰

LIMIT 4 OVER LIMIT PAY 9.99 EA

CAREFREE PADS 28'S, LINERS 92-120'S, O.B. TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S
SELECTED VARIETIES AND SIZES
20796733_EA/21095818_EA



\$12

LIMIT 4 OVER LIMIT PAY 12.99 EA

ALWAYS LINERS 92-96'S, PADS 7-92'S OR TAMPAX TAMPONS 22-36'S
SELECTED VARIETIES
21025063_EA/21374659_EA



\$19

LIMIT 4 OVER LIMIT PAY 20.99 EA

DEPEND UNDERWEAR OR POISE PADS
SELECTED VARIETIES AND SIZES
21302119_EA/20558843005_EA



2/\$6
OR 3.99 EA

GERBER PUFFS OR LIL' CRUNCHIES
SELECTED VARIETIES, 42-187 G
20304618003_EA/20305738001_EA



\$3

LIMIT 6 OVER LIMIT PAY 3.50 EA

PC ORGANICS MINI CEREAL BARS
SELECTED VARIETIES, 160 G
20066938001_EA/20431441001_EA



65⁴⁷

LIMIT 4 OVER LIMIT PAY 74.99 EA

ENFAMIL A+ NEUROPRO OR GENTLELEASE POWDER REFILLS
SELECTED VARIETIES, 862/890 G
21589079_EA/21589205_EA



\$37

LIMIT 4 OVER LIMIT PAY 43.99 EA

HUGGIES PULL-UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS
SELECTED VARIETIES, 68-112'S
21021427_EA/21089194_EA



\$48

LIMIT 4 OVER LIMIT PAY 53.99 EA

PAMPERS SWADDLERS ULTRA VALUE PACK DIAPERS
SIZE 2-8, SELECTED VARIETIES
120-192'S
21455875_EA/21455889_EA



2/\$18
OR 10.49 EA

PEDIAURE COMPLETE NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES, 4X235 ML
20322414001_EA/20322414002_EA





Ben's Original

STREET FOOD / CUISINE DE RUE

KOREAN STYLE BBQ NOODLES
NOUILLES STYLE BBQ CORÉEN

SPICY INDONESIAN NOODLES
NOUILLES INDONESIENNES ÉPICÉES

THAI STIR FRY NOODLES
NOUILLES SAUTÉES THAÏLANDAISES

CHINESE STIR FRY NOODLES
NOUILLES SAUTÉES CHINOISES

JAPANESE TERIYAKI NOODLES
NOUILLES TERIYAKI JAPONAISES

NEW!

**REAL FLAVOUR.
REAL FAST.**

MICROWAVE IN **90** SECONDS

ENTRÉE FOR 1

Ben's Original

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WILD FLAVOUR, ENDLESS POSSIBILITIES.



GOLD SEAL
Wild Sockeye Salmon
213 g | 21186814_EA

\$6.50



GOLD SEAL
Wild Pink Salmon Flavours,
selected varieties
80 g | 21592988_EA

\$4



GOLD SEAL
Wild Mackerel,
selected varieties | 115 g | 21083414_EA

\$3



Ocean's
Flaked Light Tuna in Water
170 g | 21004270_EA

\$1.75



BIG BOWL. BIG FLAVOUR.



Crave
Frozen Bowls
Selected Varieties
340 g
21681823_EA
21681767_EA

GET **1,000** ^{pts}
when you buy 2

\$1
back in points

2/\$12
OR
\$7 EA.



Crave
Frozen Meals
Selected Varieties
200 – 340 g
21085515_EA

GET **2,000** ^{pts}
when you buy 2

\$2
back in points

2/\$11
OR
\$6.49 EA.



Kraft Dinner Deluxe
Frozen Meals
Selected Varieties
340 g
21604101_EA
21604122_EA

GET **2,000** ^{pts}
when you buy 2

\$2
back in points

2/\$11
OR
\$6.49 EA.



Smart Ones® Entrées
Selected Varieties
255 – 283 g
21559148_EA
21558989_EA

GET **2,000** ^{pts}
when you buy 2

\$2
back in points

2/\$7
OR
\$4.50 EA.



Bagel Bites®
Selected Varieties
198 g
20213483003_EA
20213483001_EA

GET **1,000** ^{pts}
when you buy 2

\$1
back in points

\$3



PC Optimum™ members can save up to 35% on home and auto insurance*



Save up to 35%

*Conditions apply. Subject to change. For full details see www.pcinsurance.ca.

Our butchers cut quality meat in your store every day!



pork loin schnitzel
21588065_EA



lean beef meatballs plain
21587897_EA



beef stir fry strips
cut from Canada/AA
grade beef
21588067_EA



chicken stir fry strips
21588091_EA



pork stir fry strips
21588095_EA

Don't leave any points behind at the pump!



Earn 10^{pts} per litre

Add your phone number to your account on the **PC Optimum™ app**. Enter your phone number on the pump keypad before entering your payment card.

OR



Earn 10^{pts} per litre

Insert your **PC Optimum™ card** into the card reader before entering your payment card.

OR



Earn at least 3¢ per litre in points

Pay with your **PC® Mastercard®** and earn points on fuel.¹

¹ Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional 10 points per litre of premium gasoline (Octane 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard. PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaws Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, licensee.

What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.






+



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CREAMY YOGURT TO
GRAB & GO!

NEW

Source of Vitamin A Calcium Vitamin D

\$4.50

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CREAMY YOGURT POUCH
4 X 90 G
SELECTED VARIETIES
2079706_EA/2070994_EA

SOURCE OF VITAMIN A & D

\$4

iögo nanö
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
20690943_EA/20609687001_EA

NEW

\$4.50

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YOGURT WITH
FLAVOURED PEARLS
4 X 100 G
SELECTED VARIETIES
2079709_EA

\$9

iögo
CREAMY, 0% OR
LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
20609985001_EA/21622847_EA

\$13

iögo
CREAMY YOGURT
2 KG
SELECTED VARIETIES
20656992_EA

\$5

siggi's
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
20659704_EA/21589925_EA

\$4.50

ASTRO
BALKAN YOGURT
750 G
SELECTED VARIETIES
2016522600100_EA/20109533001_EA

Almond Breeze

It's better with Almond Breeze.

Available in 946 mL Shelf Stable, 1.9 L Shelf Stable and 1.89 L Chilled

20794060002_EA/20107219004_EA

2/\$6
OR
\$4.49 EA.

SAVE ON All Your Favourite Household Brands

5.50

Tide Detergent 21/24/25 LD, Gain Detergent 32 LD, PODS/Flings 9/16's, Liquid Softener 0.78/1.53 L, Sheets 40/80's, Beads 121/141 g, Rinse 23 LD
21579685_EA/20301481001_EA

\$22

Tide Detergent 100/94/83 LD, Ivory Snow Detergent 80 LD, PODS/Flings 45/57/76's, Downy/Gain Beads 853 g, Selected Varieties
21670912_EA/21625891_EA

\$11

Dawn 2.21/2.64 L, Mr. Clean Liquid 2.93 L, Swiffer Duster Refills 6/10's, Sweeper Wet Refills 12/20/24's, Sweeper Dry Refills 16/20/32's, WetJet Refills 12's, Powermop Refills 5's, WetJet Liquid 2.5 L, Powermop Liquid 2.5 L, Selected Varieties
21430598_EA/21694540_EA

\$27

Cascade Tubs 63/83/112's, Selected Varieties
21658905_EA/21658857_EA

5.50

Dawn Liquid 825/982 mL, Dawn EZ Squeeze 532/535/650 mL, Dawn Powerwash Refill 473 mL, Selected Varieties
21218859_EA/21430556_EA

\$18

Charmin Ultra Soft or Strong bathroom tissue 12-48 rolls
21707532_EA/21636841_EA

\$18

Bounty Paper Towel 6=12 Select a Size
21670280_EA

\$11

Bounty Napkins 400's
21053171_EA

Mobile

Plans starting from \$20/month