

DR. OETKER Ristorante or Casa Di Mama Pizza

MARCH 2026
PRICES EFFECTIVE FROM
MARCH 5 - 11

THUR	FRI	SAT	SUN	MON	TUE
5	6	7	8	9	10

[illegible]

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100% FRESH

guarantee

Storewide satisfaction or your money back.

MEMBERS SAVE \$1

547

647 without Scan+ Card

PRODUCT OF CANADA COMPLIMENTS
Potatoes 5 lb
Canada no 1

1.99 /lb

Butternut, Acorn,
Spaghetti or Kabocha
Squash product of Mexico
4.30kg net

4.99

150 PTS when you buy 2

PRODUCT OF CANADA COMPLIMENTS ORGANIC Sliced White or Cremini Mushrooms 227 g

3/\$5

Green Onions, Cilantro, Parsley or Parsley Italian Bunch product of Mexico or USA

4/\$4

100 PTS when you buy 4

Large Lemons product of USA or Limes product of Mexico or Colombia

3.99

Dragon Fruit product of Vietnam

5.44

Large Cantaloupe product of Costa Rica

3.47

400 PTS when you buy 2 lb

Envy Apples product of USA extra fancy grade 7.65kg

International WOMEN'S DAY

Sunday, March 8, 2026

Collectively we can all #GiveToGain #IWDO2026

3.99

200 PTS when you buy 1

Allure Bouquet assorted colours

32.99

Joy Gift Bag Arrangement

12.99

GROWN IN BRITISH COLUMBIA Spring Daily Pot with Kalanchoe assorted colours 4" pot

15.99

STARTING AT

Phalaenopsis Orchids assorted sizes and colours

MEAT

10.99

HARVEST Wieners 675g

7.99

100 PTS when you buy 2

COMPLIMENTS Fully Cooked Chicken or Turkey Strips 150-200g

13.99 /lb

Top Sirloin Roasts cut by your meat expert from Canada AAA grade beef 30.84kg

15.99 /lb

Top Sirloin Medallions cut by your meat expert from Canada AAA grade beef 35.25kg

2.99 /lb

Boneless Pork Loin Centre Cut Roasts cut in-store by your local meat expert 6.59kg

6.99

Family Size Pork Tenderloin 15.41kg

6.49 /lb

COMPLIMENTS Split Chicken Breasts AIR-CHILLED 14.31kg

7.99 /lb

COMPLIMENTS Family Size Split Chicken Wings AIR-CHILLED 17.61kg

9.99

HIGHLINER Family Favourites Boxed and Breaded Premium Poultry 800 g selected

9.99

ENGLISH STYLE

DELI

Available at most stores

2.99

MEMBERS SAVE 80¢

Cheese Swirls 225 g available hot or chilled

6.99

MONSIEUR GUSTAV Gouda or Swiss 170 g selected

7.99

LIMITED TIME ONLY

Mini Croissant Chicken Club Salad Sandwiches 2 pk selected 206-216 g

5.99

COMPLIMENTS Garlic Parmesan Texas Toast 638 g

2.99 each

BUY 1 AT \$3.49 BUY 2 OR MORE

Mini Cheesecake 8pk Strawberry or Fruit Topped 825-855 g

Scene** 1,000 PTS = \$10 OF FREE GROCERIES

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5.49 COMPLIMENTS Pure Orange Juice 1.5L	9.99 KRAFT Singles 825 g	2/\$10 CRAVE or KD Frozen Entrées 200-340 g	3.79 without Core COMPLIMENTS Poutines 907 g
5.99 OLYMPIC Greek Regular, Krema or Organic Regular or Organic Greek Yogurt 650 g	4.99 KRAFT Philadelphia Dips 340 g	5.49 PANACHE Premium Ice Cream L or Novelties 4.4 pk selected	2.49 MICHELINA'S Frozen Entrées 128-284 g

17⁹⁹ **NESTLE** White Milk Eggs 500 g while supplies last

\$5 **Juice it Up!** DARE Real Fruit Gummies 475-700 g

2/9⁵⁰ **CHEETOS** 170-285 g

3⁹⁹ without a Core **MEMBERS SAVE \$2.99** **MINI TWISTS MINI-TORSADES** **STICKS BÂTONNETS** **PRETZELS** 320-400 g

10⁹⁹ **VAN HOUTTE** Coffee K-Cup® Pods 10-12 pk in French & Ground Coffee 340 g

4⁹⁹ **OCEAN SPRAY** Cranberry Cocktails 1.89 l

2⁹⁹ **KETTLE** BRAND SEA SALT SEL. MARINÉ **PEPPERIDGE FARM Goldfish Crackers or Crisps** 156-227 g **SHRED'S® of HAMMER Pretzels** 242 g or **KETTLE Brand Chips** 156-199 g

2⁹⁹ **SNYDER'S** **PIECES OUCHÉES** **Goldfish** **Cracker** 7.2 oz

 6⁹⁹ Bubly Sparkling Water 12x355 mL or MONTELLIER Carbonated Spring Water 10x355 mL	 8⁹⁹ HELLOGO's Pop-Tarts 1.532 kg, Rice Krispies Treats 600 g or Special K Bars 500 g	 4⁹⁹ DEMESTER'S 10" Tortillas 366-610 g	 1⁹⁹ MEMBERS SAVE 5% NEW! Compliments Seafood Sauce 250 mL
 4⁹⁹ POST Cereal selected varieties 283-325 g	 7⁴⁹ SMUCKER'S Pure Jam 310-500 mL	 3⁴⁹ COMPLIMENTS Marshmallows 600 g or Coconut selected 200 g	 6⁹⁹ MAZOLA OIL 1 L B.

DAIRY & FROZEN

7⁹⁹

STARBUCKS Creamers or Non-Dairy Creamers 828 mL

++ 200 Pts when you buy 2

3⁹⁹

KRAFT Cool Whip Aerosol Whipped Topping 225 g or YOPLAIT Source Yogurt 630 g

++ 100 Pts when you buy 2

4/\$5

YOPLAIT Top Drinkable Yogurt 200 mL

++ 50 Pts when you buy 4

2⁹⁹

COMPLIMENTS 68% Vegetable Oil Margarine 427 g

++ 50 Pts when you buy 1

4⁴⁹

COMPLIMENTS Pries 650-800 g

10⁹⁹

CHAPMAN'S Markdale Creamery Ice Cream 4 L

8⁴⁹

LACTANTIA or My Country Butter Slices 454 g

6⁹⁹

COMPLIMENTS Cheese Strings 236 g or Lactosa Free 352 g

++ 100 Pts when you buy 2

12⁹⁹

SMUCKER'S Uncrustables 10 pk

12⁹⁹

P.F. CHANG'S Multi Serve Meals 624 g

++ 100 Pts when you buy 2

++ 100 Pts when you buy 2

++ 100 Pts when you buy 2

5²⁹

CADBURY Bagged Chocolate 147-200 g

++ 200 Pts when you buy 2

2⁴⁹

HARIBO Candy 175-175 g or EXCEL Mints 34 g

2/8⁵⁰

HOSTESS Hickory Sticks 275 g or STACYS Pita Chips 228-227 g

2⁴⁹

COMPLIMENTS Potato Chips 200 g

++ 100 Pts when you buy 2

\$5

TWININGS Tea 20 pk

7⁹⁹

COMPLIMENTS Coffee Pods 12 pk

++ 200 Pts when you buy 2

1⁹⁹

BEST BUY Wafers 227 g

++ 100 Pts when you buy 2

2/\$7

DARE Ultimate Cookies 290-300 g or CARR'S Table Water Crackers 125-136 g

++ 100 Pts when you buy 2

9⁹⁹

RED BULL Energy Drinks 4x250 mL

7⁹⁹

PEACE TEA or FUZE Iced Tea 12x341 mL

12⁹⁹

NATURE VALLEY Granola Bars, BETTY CROCKER Fruit or MOTT'S Fruitsations 637 g-1.28 kg selected

SOPKA, MIKAL, DOL, WEST, JI

DRINKS, SNACKS & PANTRY



333 COMPLIMENTS
Instant Oatmeal
500-344 g or Quick Oats
1 kg



1999 JAKEMAN'S
Maple Syrup 1 L



499 JIF Peanut Butter
500 g



449 DEMPSTER'S
Bagels 5.2 pk
(excludes Protein Bagels)



15% OFF COMPLIMENTS
Baking Nuts
100 g selected (excludes
Pine Nuts) or Baking,
Cassavita, Dates or Prunes
275 & 1 kg selected



649 QUAKER Muffin or
Cookie Mix 750-900 g
or BAKER'S Chocolate
170-225 g



2/\$3 MR. NOODLES Cups
64 g



349 COMPLIMENTS
Grain Breads 600 g



100 PTS when you buy 2
PANACHE Extra Virgin Olive Oil 500 mL



399 PANACHE Salad
Dressing 350 mL
or COMPLIMENTS
Marinades 350 mL



2/\$5 MINUTE RICE Cups
250 g



449 PATAK'S Cooking
Sauce 400 mL selected

NATURAL, HEALTH & HOUSEHOLD



2899 KICKING HORSE
Whole Bean Coffee
850 g or Ground Bean
Coffee 708 g



399 EARTH'S OWN
Beverages 1.75-1.89 L



399 BABY GOURMET
Bars, Bites or
Snacks 35-60 g or
Q-TIPS 400 pk



529 CREST 3D White Toothpaste or
ORAL B Toothbrushes or Floss
63-120 mL or 1-75 pk selected



879 OLD SPICE Body
Wash 532-709 mL
selected



25% OFF LIVE CLEAN Hand
Soap 1 L or Shampoo or
Conditioner 350-750 mL
selected



799 COMPLIMENTS
Facial Tissues or
Paper Towels 3-6 rolls



849 LYSOL Toilet Bowl Cleaner 2 pk,
Disinfectant Spray 529 g, Fabric Sanitizer 425 g
or Dual Action Wipes 75 pk selected



1129 ENERGIZER
Batteries AA 8 pk,
AAA 4 pk or 9 VZ pk



1199 PURINA ONE Dry
Dog Food 1.72-1.81 kg



2/\$5 PURINA ONE Wet
Dog Food 368 g



1299 PURINA Tidy Cats
Multi-Cat Clumping
Litter 2.72 kg

Meg Kibyuk & Stacey Hilscher from CUT Cooking

CUT Cooking is a female-owned, Alberta food company founded by two entrepreneurs who turned a personal challenge into a purpose-driven brand with national reach. Co-founded by longtime friends Stacey and Meg, the company was built to address the everyday barriers faced by the gluten-free community – products that lacked consistency, relied on complicated ingredient lists and compromised on taste.



Nada Choufi from Mother May I

The traditional hummus dish is filled with feel-good vitamins and a powerhouse of proteins and fibres. Its smooth texture, fresh flavours, and incredibly rich nutrient make it so popular worldwide. We've taken this ancient dish and reintroduced it into today's modern market. Mother May I was founded by Nada Choufi, a hummus-loving mother of 4 who passionately curated a recipe filled with love, tradition, history and flavour. Our wholesome hummus dishes are proudly packed with no preservatives, no oils, no fillers, just real ingredients, and that makes all the difference. Go ahead, take a dip, and see why Mother May I is ranked as Alberta's favourite hummus.



Erin Lindskog from ONIE Granola

Founded in Alberta's foothills, ONIE Granola is a small-batch, thoughtfully crafted granola brand rooted in quality, connection, and care. Using only gluten-friendly, plant-based ingredients, our company prioritizes local sourcing while supporting farmers, suppliers, and businesses close to home. Every batch is baked with intention and care. In 2020, after being temporarily laid off as a flight attendant, I began baking granola for friends and family in isolation. This quickly evolved into a full-scale home business and ONIE has now grown into a community-driven brand stocked in many of my favourite grocery retailers and local cafés. I am very grateful for this entrepreneurial journey.



Mary Burch from Red House Salsa

Mary Burch founded Red House Salsa in 2016 with a passion for creating fresh, flavourful salsa using local ingredients. What began with friends, family, and farmers markets grew into something far bigger when she expanded into retail in 2021. Today, Red House Salsa is proudly carried in over 180 locations. As a Made in Alberta business, Mary remains committed to supporting local producers and making salsa the same way she always has – fresh, local, and small batch. Mary is proud to be a hardworking entrepreneur, a business owner, and a mother who believes that dedication, community, and perseverance can build something truly meaningful.



FEED THE DREAM



IGA

OFFICIAL GROCER



13⁹⁹ MAPLE LEAF PRIME Raised Without Antibiotics Poultry 568-700 g selected



6⁹⁹ MAPLE LEAF Top Dogs 375 g



5⁹⁹ GENERAL MILLS Family Size Cereal 516-778 g



3⁴⁹ OLD EL PASO Tortillas 297-334 g or Taco Shells 125-133 g



2/\$9 MCCAIN Superfries 454-750 g



2/4⁵⁰ BODYARMOR Super Drink 473 mL



2/4⁵⁰ COCA-COLA Soft Drinks 1 L



2/\$6 GLACÉAU Smartwater 1 L



2/\$9 MCCAIN Bistro, Smiles or Taters 600-800 g



24⁹⁹ TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹ DAWN Dish Soap 431-502 mL selected



23⁹⁹ CORONA Cero Alcohol-Free Beer 12x355 mL



3⁹⁹ ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6⁴⁹ ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-452 g or Gourmet Popping Corn 850 g



2/\$10 HEALTHY CHOICE Gourmet Steamers 269-306 g



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*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at www.iga.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

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premium grass-fed cow's milk

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when you buy 2

849

**KERRYGOLD Reserve
Cheddar or Dubliner**
198 g

Golden, juicy, and
ready to serve

Crispy Chicken 9 pieces
available hot or chilled

21⁹⁹

400 PTS
when you buy 1

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to our Kitchen! Cooked fresh
throughout the day



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Get **400 PTS**
when you buy 2

COMPLIMENTS BALANCE or Asian-Inspired Frozen Entrées 250-280 g selected



Get **400 PTS**
when you buy 2

COMPLIMENTS Family Size Sliced Deli Meats 400 g selected

SAVE \$1
when you buy 1

COMPLIMENTS ORGANIC Frozen Fruit 600 g assorted



Card must be registered. Offer valid and available to be loaded March 5-11, 2026 at all participating IGA locations in Western Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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