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POSTAL CUSTOMER

NOW ACCEPTING
VISA
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AMERICAN EXPRESS

ATM Machine Available

Store Hours:
MONDAY-FRIDAY 8am to 9pm
SATURDAY-SUNDAY 8am to 6pm

BRUGGEMAN'S SUPERVALU

Mahnomen, MN 56557
Phone: 218-935-2538
www.bruggemanssupervalu.com

NOT ALL ITEMS AVAILABLE AT ALL STORES QUANTITY RIGHTS RESERVED

MINNESOTA STATE LOTTERY

Check Us Out on Facebook

FOOD STAMPS — Bring Your Food Stamps To Bruggeman's SuperValu

Save Twice as Much with DOUBLE COUPONS — SEE DETAILS IN OUR STORE

PRICES EFFECTIVE MARCH 16 - 22, 2026

Angus Farms Boneless Eye of Round Roast
USDA Choice Angus Beef
$5.99 lb

Assorted Pork Chops
Fresh, Family Pack, Bone-In
$1.99 lb

Navel Oranges
4 lb bag
$3.99

Red or Green Grapes
Seedless
$1.99 lb

Essential Everyday Sliced Bacon
16 oz pkg,
Selected Varieties
$4.99

Starkist Chunk Light Tuna
5 oz can,
Selected Varieties
5/$4

Stouffer's Signature Classic Entrées, Simple Dishes or French Bread Pizza
8.37-12.75 oz pkg,
Selected Varieties
4/$10

Totino's Pizza Rolls
50 ct pkg,
Selected Varieties
$3.99

Kraft Shredded Cheese
5-8 oz pkg,
Selected Varieties
2/$5

International Delight Coffee Creamer
32 oz btl,
Selected Varieties
$3.49

Pringles Potato Crisps
4.9-5.55 oz can,
Selected Varieties
2/$4

Charmin Essentials Bath Tissue
6 ct Mega Rolls,
Selected Varieties
$4.99

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
ALL ITEMS MAY NOT BE AVAILABLE IN ALL STORES.
WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

MAHNO FARGO CLR 0315_SV_FARGO_PG1_FINAL

Van de Kamp's Fish Sticks or Fillets
18-24.6 oz pkg,
Selected Varieties
$5.99

MorningStar Farms Burgers or Meals
5.25-12 oz pkg,
Selected Varieties
$4.49

New York Garlic Texas Toast or Bread Sticks
10.5-11.25 oz pkg,
Selected Varieties
$2.99

Pillsbury Toaster Scrambles or Strudel
7.25 oz Scrambles or
9.5-12 oz Strudel,
Selected Varieties
2/$6

Smucker's Uncrustables Sandwiches
4 ct box,
Selected Varieties
$3.99

Essential Everyday Waffles
10 ct box,
Selected Varieties
2/$4.44

Old Orchard 100% Juice Blends
12 oz pkg,
Selected Varieties
2/$4

Register to Win one of 20 Prizes!
$250 Store Gift Certificate 10 Winners
$100 Store Gift Certificates 10 Winners

March FROZEN FOOD Month — TAKE A FRESH LOOK AT FROZENS!

Enter for a chance to win one of 20 Store Gift Cards!
1st Place Prize: $250 Store Gift Card (10 prizes awarded)
2nd Place Prize : $100 Store Gift Cards (10 prizes awarded)

FROZEN FOOD MONTH ENTRY FORM

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____
EMAIL _____
STORE NAME _____

NO PURCHASE NECESSARY TO ENTER OR WIN.

Promotion starts on 3/1/26 and ends 3/21/26. To enter, fill out required information on entry form and deposit entry form in the entry box at participating retailer. Limit one (1) entry per participant. See participating stores for official rules.

a great time to visit the **FROZEN FOOD AISLE**

FARGO CLR 0315_SV_FARGO_GT_FRT_FINAL

Pace Salsa or Picante
24 oz jar, Selected Varieties
$3.49

Old El Paso Taco Kits, Tortilla Pockets, Flour Bowls, Taco Shells or Stand & Stuff Taco Kits
8.8-13.25 oz Kits, 10-18 ct Shells, 8 ct Bowls or Pockets or 6.5 oz Tortilla Rounds
2/$7

Old El Paso Enchilada Sauce or Seasoning
19 oz Enchilada Sauce or 6.25 oz Seasoning, Selected Varieties
2/$7

Old El Paso Taco Shells, Flour Tortillas or Refried Beans
8-10 ct tortillas, 10-12 ct shells or 16 oz beans, Selected Varieties
2/$4

Old El Paso Taco Seasoning
1 oz pkg, Selected Varieties
4/$5

Old El Paso Chopped Green Chilies
4 oz can
$1.79

Frito Lay Tostitos Torilla Chips
9-14.42 oz bag, Selected Varieties
2/$6

Frito Lay Tostitos Salsa
15.5 oz jar, Selected Varieties
2/$7

Essential Everyday Tomato Sauce
15 oz can
99¢

Essential Everyday Tomatoes
28 oz can, Selected Varieties
2/$4.44

Wild Harvest Organic Beans
15 oz can, Selected Varieties
2/$3

Essential Everyday Sour Cream
16 oz ctn, Selected Varieties
$1.99

FARGO CLR 0315_SV_FARGO_GT_BK_FINAL

Essential Everyday Broth or Stock
32 oz pkg, Selected Varieties
2/$4

Essential Everyday Egg Noodles
16 oz bag, Selected Varieties
$1.99

Essential Everyday Macaroni & Cheese
5.5-7.3 oz box, Selected Varieties
99¢

Essential Everyday Deluxe Macaroni & Cheese or Shells & Cheese
12-14 oz box, Selected Varieties
$2.99

Essential Everyday Olive Oil
25.4 oz btl, Selected Varieties
$8.99

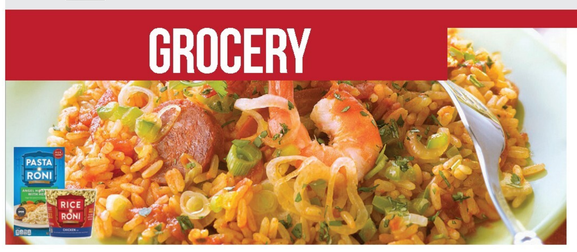
Essential Everyday Seasoning Mixes
1-1.5 oz pkg, Selected Varieties
99¢

Essential Everyday Ketchup
24 oz btl
$1.59

Essential Everyday Coffee
24.2-30.5 oz can, Selected Varieties
$14.99

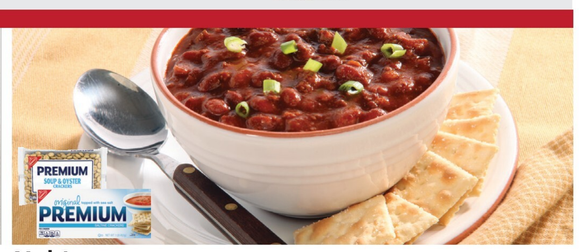
Essential Everyday Toaster Pastries
8 ct pkg, Selected Varieties
2/$5

GROCERY



Rice-a-Roni or Pasta-Roni
1.97-7.2 oz pkg, Selected Varieties
2/$3

Classico Pasta Sauce
15-24 oz jar, Selected Varieties
$2.99



Nabisco Premium Saltine or Soup & Oyster Crackers
9-16 oz pkg, Selected Varieties
2/$6

Ken's Salad Dressing
16 oz btl, Selected Varieties
2/$6

Kraft Mayo
15 oz jar
$2.99

Kraft Miracle Whip
15 oz jar, Selected Varieties
$3.49

Quaker Quick or Old Fashioned Oats
18 oz cnstr, Selected Varieties
$3.99

General Mills, Nature Valley, Fiber One Granola, Cereal Bars or Muffin Bars
3.28-8.94 oz box, Selected Varieties
2/$6

Kellogg's Mini-Wheats or Raisin Bran Cereal
13.3-18 oz Mini-Wheats or 11.6-16.1 oz Raisin Bran, Selected Varieties
$3.99

Kellogg's Cheez-It or Club Crackers
9-12.4 oz Cheez-It or 11-13.7 oz Club Crackers, Selected Varieties
2/$7

Keebler Family Size Cookies
14.6-17.3 oz pkg, Selected Varieties
$3.99

Nabisco Chips Ahoy! Cookies
8-13 oz pkg, Selected Varieties
2/$6

Juicy Juice
64 oz btl, Selected Varieties
$3.99

Frito Lay Ruffles Potato Chips, Simply Snacks or Dip
7.25-8 oz Ruffles, 5-9 oz Simply Snacks or 10-15.75 oz Dips, Selected Varieties
2/$6

Hormel Bacon Pouch
4.3 oz pkg
$4.88

Lipton Recipe Soup Mix
1.8-2.6 oz box, Selected Varieties
$2.49

Grey Poupon Mustard
10 oz btl
$3.99

Koops' Mustard
12 oz btl, Selected Varieties
$2.99

Buffalo Wild Wings Sauce
12 oz btl, Selected Varieties
$2.99

Wild Harvest Apple Cider Vinegar
16 oz btl
$3.29

Zatarain's Side Dishes
6.3-6.9 oz pkg, Selected Varieties
2/$4

Jolly Time Popcorn
3-4 ct box, Selected Varieties
2/$6

Hungry Jack Pancake & Waffle Mix
28-32 oz box, Selected Varieties
$2.99

Hungry Jack Pancake Syrup
24 oz btl, Selected Varieties
$3.99

Shore Lunch Breading & Batter Mix
6-9 oz pkg, Selected Varieties
$2.99

Old Dutch Pretzels, Ripples or Twin Pack Potato Chips
8.5-15 oz Pretzels, 8-8.5 oz Ripples or 10 oz Twin Pack, Selected Varieties
2/$7

Pearson's Salted Nut Roll
1.75 oz, Selected Varieties
2/$3

Baker's Angel Flake Coconut
7 oz pkg
$2.29

Capri Sun Fruit Waves
10 pk/6 oz pouches, Selected Varieties
$4.99

Lipton Green or Specialty Black Tea Bags
20 ct box, Selected Varieties
$3.49

Quaker Rice Crisps
3-3.52 oz bag, Selected Varieties
2/$5

Kellogg's Special K Bar
12 ct box, Selected Varieties
$2.99

Hershey's Candy Bars
1.2-2.5 oz pkg, Selected Varieties
2/$3

BAKERY

La Brea Take and Bake Rolls
4-6 ct pkg, Selected Varieties
$4.49

Clyde's Glazed Ring Donuts
6 ct pkg
$3.49

Angel Food Loaf Cake
11 oz pkg
$3.49

St. Pierre Brioche Rolls
8 ct pkg
$4.99

DELI

Mrs. Gerry's Coleslaw
14 oz pkg
$3.49

Stonemill Kitchens Dips
10-11 oz pkg, Selected Varieties
$4.49

Hormel Gatherings Party Trays
28 oz pkg, Selected Varieties
$16.99

The Laughing Cow Spreadable Cheese
5.4 oz pkg, Selected Varieties
$3.99

FALTR RCS FARGO CLR 0315_SV_FARGO_PG2_FINAL

DAIRY

Kemps or Cass Clay Cottage Cheese
22 oz tub,
Selected Varieties
$3.99

Kraft Natural Sliced Cheese
7-8 oz pkg,
Selected Varieties
2/$6

Crystal Farms Butter Quarters
16 oz pkg,
Salted or Unsalted
$3.99

Pillsbury Grands! Biscuits, Crescents or Cinnamon Rolls
4-5 ct pkg, Selected Varieties
2/$3

Mid America Farms Top The Tater
24 oz tub,
Selected Varieties
$3.99

Crystal Farms Cream Cheese
8 oz brick
Selected Varieties
2/$5

Essential Everyday Cream Cheese
8 oz tub,
Selected Varieties
$2.99

Essential Everyday Cheese Cups
5-7 oz pkg,
Selected Varieties
$2.99

Kraft String Cheese
12 oz pkg,
Selected Varieties
$3.99

Essential Everyday Margarine
15 oz tub,
Selected Varieties
$2.49

Nestlé Refrigerated Cookie Dough
14-16.5 oz pkg,
Selected Varieties
$4.99

Rana Pasta or Sauce
12.5-20 oz pkg,
Selected Varieties
$6.99

FROZEN

Blue Ribbon Classics Frozen Dairy Dessert
128 oz pail, Selected Varieties
$6.99

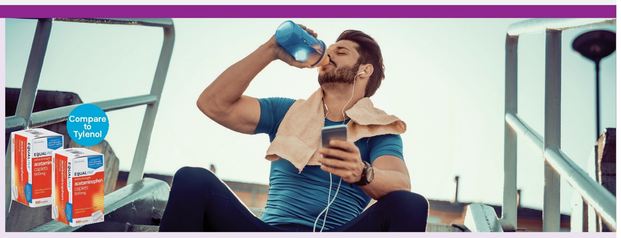
TGI Fridays Appetizers
8-11 oz box,
Selected Varieties
$4.99

Skinny Cow Ice Cream Sandwiches
4 ct pkg,
Selected Varieties
$3.99

Essential Everyday Blueberries or Strawberries
40 oz bag
$8.99

HEALTH & BEAUTY

Colgate Optic White Toothpaste
3.2-4.2 oz pkg,
Selected Varieties
$5.99



Equaline Extra Strength Pain Relief
100 ct box
$3.99

Ensure Plus Shakes
6 pk/8oz btls,
Selected Varieties
$14.99

Degree Ultra Deodorant
2.6-2.7 oz pkg,
Selected Varieties
$5.99

Huggies Baby Wipes
56-64 ct pkg,
Selected Varieties
$2.49

Equaline Cotton Swabs
375 ct pkg
$2.99

AROUND THE HOME

Tide Laundry Detergent
25-42 ct Pods or
73-84 oz btl Liquid,
Selected Varieties
$12.99

Cascade Dishwashing Detergent
19-33 ct pkg,
Selected Varieties
$9.99

Essential Everyday All Purpose or Glass Cleaner
32 oz btl, Select Varieties
$3.99

Irish Spring Bar Soap
3 ct pkg,
Selected Varieties
$2.99

Softsoap Premium Hand Soap
11.25 oz btl,
Selected Varieties
$2.99

Essential Everyday Wet Sweeper Refills
24 ct pkg
$6.99

Essential Everyday Trash Bags
15-26 ct box,
Selected Varieties
$2.49

Essential Everyday Dog Food
13.2 oz can,
Selected Varieties
3/$5

MEAT

Angus Farms T-Bone Steak
USDA Choice Angus Beef
$13.99 lb

Angus Farms Boneless Eye of Round Steak
USDA Choice Angus Beef
$6.99 lb

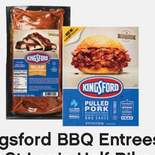
Cook's Corned Beef Brisket
Fresh
$6.49 lb

Center Cut Pork Chops
Fresh, Bone-In
$2.49 lb

Pork Spare Ribs
USDA Inspected
$2.99 lb

Just Bare Chicken Breasts or Tenderloins
14-18 oz pkg, Fresh, All Natural
$6.99

Hormel Fully Cooked Entrées
15 oz pkg,
Selected Varieties
$7.49



Kingsford BBQ Entrees or St Louis Half Ribs
16 oz pkg,
Selected Varieties
$7.99

Bob Evans Family Size Sides
28-32 oz pkg,
Selected Varieties
$5.49

Hormel Marinated Pork Tenderloins
18.4 oz pkg,
Selected Varieties
$7.99

Cooked Perfect Meatballs
18-28 oz pkg,
Selected Varieties
$8.99

Hormel Ground Pork Chub
1 lb pkg, Fresh
$3.49

Schweigert Fun Dog Franks
12 oz pkg,
Skinless Wieners
$1.99

Bar S Corn Dogs
16 ct box
$8.99

Land O'Frost Bistro Favorites Lunchmeat
6-8 oz pkg, Selected Varieties
$3.99

Schweigert Breaded Chicken
48 oz pkg,
Selected Varieties
$10.99

Essential Everyday Boneless Skinless Chicken Breasts
3 lb pkg, Individually Quick Frozen
$9.99

Arctic Shores Tilapia Fillets
16 oz pkg
$4.99

PRODUCE

Cabbage
Fresh, Crunchy
59¢ lb

Farmer's Promise Red Potatoes
5 lb bag
$2.69

Fresh Express Salad Blends
5-11 oz bag, Selected Varieties
$2.79

Asparagus
Fresh, Tender
$3.99 lb

Granny Smith Apples
Fresh
$1.29 lb

Champs White Mushrooms
8 oz pkg,
Whole or Sliced
2/$4

Taylor Farms Green Beans
12 oz bag
$2.99

Bolthouse Fresh Carrots
2 lb bag
$1.99

Coke Products
12 pk 12 oz cans,
Selected Varieties
$6.99

Coke Products
6 pk 16.9 oz btls,
Selected Varieties
2/$8

Powerade Sport Drinks
8 pk 20 oz btls,
Selected Varieties
$5.99

American Bottling Products
12 pk 12 oz cans,
Selected Varieties
2/$13

Village Hearth Cottage Bread
24 oz loaf,
White or Sourdough
$3.59

Frescados Burrito Tortillas
10 ct
$1.99

Barrel 'O Fun Potato Chips
7 oz bag,
Selected Varieties
$2.99

Cass Clay Whipping Cream
pint
$4.49

Cass Clay Cottage Cheese
22 oz ctn,
Selected Varieties
$3.69