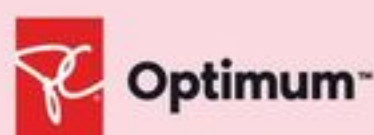


Moredays
Moredays
Moredays



Get more points

More savings, more deals, more points

This week only! March 19-25**

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
4,000^{pts}
for every \$12*
spent on

\$4
back
in points

PC® FLATBREAD
330-395 G, **FOCACCIA**
415-456 G OR
WOODFIRED PIZZA
351-413 G OR
PC® BLACK LABEL
PIZZA 370-440 G
SELECTED VARIETIES
FROZEN
21013452_EA
21540352_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
4,000^{pts}
when you
buy 2

\$4
back
in points

\$8

PC® OR BLUE
MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
770 G-1.13 KG
20326534_EA
21359210_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

Members get
1,000^{pts}

\$1
back
in points

5⁵⁰

HÄAGEN-DAZS
414-450 ML OR
BARS 3/4'S OR
NESTLÉ DRUMSTICK
4'S
SELECTED VARIETIES
FROZEN
21513578_EA
20322380001_EA



Optimum Moredays

Member Only Price**

2⁵⁰

Non-Members

\$3

KETTLE BRAND
POTATO CHIPS
SELECTED VARIETIES
156/198 G
21520652_EA
21520692_EA
**Must be a registered PC Optimum™
member to load and get this offer.



**From March 19–March 25, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.



Moredays

Optimum Moredays

Members get
2,000 pts

\$2
back
in points

16⁹⁹

MAXWELL HOUSE
GROUND COFFEE
631-900 G
21606882_EA



Optimum Moredays

APP EXCLUSIVE OFFER

Member Only Price™

\$4

Non-Members
\$6

Members
save
\$2



FARMER'S MARKET™
BUTTER CROISSANTS
SELECTED VARIETIES

260-336 G
21201758_EA
21707790_EA
*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer.

Optimum Moredays

APP EXCLUSIVE OFFER

Members get
1,500 pts

\$1.50
back
in points

\$7

IN-STORE
BAKED COOKIES
ASSORTED VARIETIES

18'S
21454952_EA
21455101_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



BAKED
IN-STORE

Optimum Moredays

Member Only Price™

\$10

Non-Members
\$14

Members
save
\$4



PC® FISH
SELECTED VARIETIES, FROZEN

500-680 G
21637039_EA
21637091_EA
**Must be a registered PC Optimum™
member to load and get this offer.

Optimum Moredays

Member Only Price™

3⁹⁹

Non-Members
11⁹⁹

Members
save
\$8



PUREX BATHROOM
TISSUE 8=16 ROLLS OR
SCOTTIES FACIAL
TISSUE 6'S

20573377_EA
21346570_EA
**Must be a registered PC Optimum™
member to load and get this offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
15,000 pts
for every \$50*
spent on

\$15
back
in points

PAMPERS DIAPERS,
WIPES OR TRAINING
PANTS

21551549_EA
21089259_EA
*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer.



ZEPPOLE DAY
March 19th 2026



\$2

SMALL ZEPPOLE
EACH
21102005_EA



Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

SAVE 50%

\$3 **LB**

PORK LOIN COMBINATION
CHOPS SIRLOIN AND
RIB PORTION
BONE-IN
6.61/KG
20822343_KG



SAVE 27%

6⁸⁸ **LB**

CHICKEN BREASTS
OR THIGHS
BONELESS, SKINLESS
FAMILY SIZE
15.17/KG
20028450_KG
20162170_KG

2/\$16

OR
\$9 EA.

PC® PACIFIC LARGE
WHITE SHRIMP
RAW OR COOKED PEEL OR RAW
ZIPPERBACK® 31-40 PER LB 400 G OR
MARINA DEL REY WILD
ARGENTINIAN SHRIMP
RAW EASY PEEL 20/30 PER LB OR
RAW PEEL 20/40 PER LB 300 G
FROZEN
20791381_EA
20907159_EA



SAVE 37%

\$5

FARMER'S MARKET™
RUSSET POTATOES
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
10 LB BAG
20601020001_EA



SAVE 45%

2⁹⁹

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
1 LB
20049778001_EA



\$3



PC® LIVE LETTUCE
GREEN OR RED OR TRIO
PRODUCT OF CANADA
EACH
21506580_EA
21178850_EA



9⁹⁸

RED MANGO
PRODUCT OF PERU
CASE
21047849_EA



\$5

FARMER'S MARKET™
GREENHOUSE
PEPPERS
PRODUCT OF MEXICO
3'S
20085851001_EA



SAVE 98¢
WHEN YOU BUY 2

2/\$7

OR
\$3.99 EA.

WONDER BREAD OR
BUNS OR COUNTRY
HARVEST BREAD
SELECTED VARIETIES
AND SIZES
20305679_EA
20381037_EA
21693323_EA



\$4 **/100 G**

PC® SPENDIDO®
SERVICE CASE
ITALIAN PROSCIUTTO
OR PARMIGIANO
REGGIANO CHEESE
PRODUCT OF ITALY, DELI CUT
20303412001_EA
21049241_KG



4⁹⁸



DAIRYLAND
BUTTER
SELECTED VARIETIES
454 G
21125357_EA
21125358_EA



\$17



KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE
SELECTED VARIETIES
454 G
20322468001_EA
20322468002_EA



6⁵⁰



LIBERTÉ GREEK
TUBS 650/750 G OR
DANONE ACTIVIA
12X100 G
SELECTED VARIETIES
20303412001_EA
20704361001_EA



\$4

BREYERS CREAMERY
STYLE ICE CREAM 1.4 L OR
CHAPMAN'S COLLECTION
NOVELTIES 6/8'S
SELECTED VARIETIES, FROZEN
21651169_EA



\$5

TIDE DETERGENT
1.62-1.86 L, 18-31'S,
DOWNY OR GAIN
FABRIC SOFTENER
1.66-2.63 L,
DOWNY, GAIN
OR IVORY SNOW
BEADS 303-379 G
SELECTED VARIETIES
21549771_EA
21579685_EA



SAVE 36%

12⁹⁹

817 ELEPHANT
BASMATI RICE
4 KG
20787524_EA



1⁵⁰



OASIS, DEL MONTE
OR ARIZONA JUICE,
NECTAR OR ICED TEA
SELECTED VARIETIES
960 ML
20336722001_EA
2089417004_EA



Flyer prices effective from Thursday, March 19th to Wednesday, March 25th, 2026. SEE BACK PAGE FOR DETAILS.

WB WW WY 1

APP EXCLUSIVE OFFER*

GET 10,000
\$10
back in points

for every \$50* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

*Open your PC Optimum app or visit pc optimum.ca to get the offer

\$28

HUGGIES LITTLE SNUGLERS OR SKIN ESSENTIALS DIAPERS
SELECTED VARIETIES
SIZES N-2, 76-96'S
2172501_EA
21664356_EA

HUGGIES SKIN ESSENTIALS
76
LIMIT 4 AFTER LIMIT 32.99 EA.

\$35

PAMPERS ECONO PACK DIAPERS
SIZE N-8, 58-200'S
21551549_EA
21692756_EA

50% MORE DIAPERS PLUS DE COUCHES
Pampers baby-dry ULTRA 3X PROTECTION
LIMIT 6 AFTER LIMIT 39.99 EA.

\$36

ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES
907 G
21694972_EA

LIMIT 4 AFTER LIMIT 42.99 EA.

SAVE 75¢

\$3

NO NAME® CREAM CHEESE
SELECTED VARIETIES
250 g 30% M.F. 55% M.F.
227/250 G
20308105001_EA
20308105002_EA

PREPARED IN CANADA

pasteurized cream cheese fromage à la crème
pasteurisée

pasteurized cream cheese spread tartinade de fromage à la crème
pasteurisée

2⁵⁰

HUNT'S THICK RICH SAUCE 680 ML OR DE CECOCO PASTA
454 G SELECTED VARIETIES
20296852001_EA
21056286_EA

De Cecco Spaghetti n. 12
454 g
LIMIT 3, after limit \$24 ea. while supplies last

DEAL DROP

Limited-time deals on PC* home & more.

\$12

PC® RECTANGLE ACACIA SERVING BOARD
21714814_EA

\$4

MINUTE MAID JUICE
SELECTED VARIETIES
8/10X200 ML
20327042001_EA
21092667_EA

3⁵⁰

LECLERC GO PURE
140-175 G OR **NUGABAR** 175 G
GRANOLA BARS
SELECTED VARIETIES
21221434_EA
21221451_EA
21536595_EA

NUGABAR
SOFT NOUGAT WITH FROSTED CRISP RICE AND RASPBERRY
175 g 5

SAVE \$1.40

3⁵⁰

LACTANTIA OR DAIRYLAND CREAM
SELECTED VARIETIES
473 ML-1 L
20073927_EA
21443531_EA

\$15

HERSHEY'S EGGIES OR EGGS 700-900 G OR REESE'S MINI PEANUT BUTTER EGGS 670 G
SELECTED VARIETIES
20526640_EA
21206032_EA

6⁷⁵

RIO MARE TUNA
SELECTED VARIETIES
195-240 G
20035383_EA

RIO MARE
Solid Light Tuna in Olive Oil
Thon pâle entier dans l'huile d'olive
195-240 g (3 x 80 g)

1⁷⁵

CAMPBELL'S BROTHS 900 ML OR CONCENTRATED BROTH 250 ML
SELECTED VARIETIES
20322348002_EA
21347245_EA

SAVE UP TO \$1

\$3

NO NAME® VEGETABLES 750 G OR MCCAIN FRENCH FRIES 800 G
SELECTED VARIETIES
FROZEN
20312260_EA
21521219_EA

3²⁵

QUAKER CRISPY MINIS OR RICE CAKES
SELECTED VARIETIES
90-173 G
20163708002_EA
20303002001_EA

\$5

HALO TOP FROZEN DESSERT 473 ML OR BEN & JERRY'S 473 ML OR MAGNUM BARS 3/4'S
SELECTED VARIETIES
FROZEN
21087002_EA
21428403_EA

3⁵⁰

OLD DUTCH CRUNCH KETTLE CHIPS 200 G OR POTATO CHIPS 200/235 G
SELECTED VARIETIES
21367540_EA
21646697_EA

\$5

PC® THE DECADENT® COOKIE
SELECTED VARIETIES
280/300 G
20612251_EA
20612257_EA

\$11

NO NAME® CAT LITTER
SELECTED VARIETIES
18 KG
20177169002_EA

PRICE DROP†

More ways to save

2⁵⁰

YOPLAIT TUBES YOGURT
SELECTED VARIETIES
448 G
21547595_EA
21547629_EA

\$3

KIND HEALTHY GRAINS BARS
SELECTED VARIETIES
5 X 35 G =175 G
20925684_EA

\$4

ZIPLOC LOW COUNT BAGS
SELECTED VARIETIES
10-100'S
20871415_EA

\$6

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA

FRESH PROMISE

freshness you can taste

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

4⁵⁰

BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
20128938001_EA
20051015001_EA

\$4

FARMER'S MARKET™ MINI CUCUMBERS
PRODUCT OF CANADA
6'S
20737570001_EA

3⁹⁹ LB

PC® EXTRA LARGE GREEN OR RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA OR MEXICO OR CHILE, NO. 1 GRADE
8.80/KG
20425775001_KG
20159199001_KG

4⁵⁰ LB

ASPARAGUS
PRODUCT OF MEXICO
9.92/KG
20174581001_KG

\$2

ATAULFO MANGOES
PRODUCT OF MEXICO
EACH
20121509001_EA

2⁹⁹ LB

COSMIC CRISP OR ENVY APPLES PRODUCT OF U.S.A., US EXTRA FANCY OR **HONEYCRISP APPLES** PRODUCT OF WESTERN PROVINCES, CANADA FANCY GRADE
6.59/KG
21240884001_KG
20132621001_KG

3⁵⁰

FARMER'S MARKET™ CARROTS 2 LB BAG, PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE OR **YELLOW ONIONS** 3 LB BAG PRODUCT OF CANADA, CANADA NO. 1 GRADE
20626628001_EA
20811994001_EA

2/\$12 OR \$6.50 EA.

RENEE'S REFRIGERATED SALAD DRESSING OR VINAIGRETTE
SELECTED VARIETIES
PRODUCT OF CANADA
350/355 ML
20312720_EA
20314592_EA

Moredays
Members get **1,000th** when you buy 2 **\$1** back in points

\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
706 G-1.02 KG
20022119_EA
21209367_EA

\$10

8 STEM TULIPS
21637907_EA

\$11

MINI ROSE
EACH
21663948_EA

\$25

SIGNATURE GIFT BOUQUET
EACH
21436377_EA
21436378_EA

8⁵⁰

GRASS FED EXTRA LEAN GROUND BEEF
450 G
21675592_EA

\$9 **PREPARED IN-STORE**

MEDIUM BEEF MEATBALLS
SELECTED VARIETIES
425 G
21587896_EA

\$15 **AIR CHILLED**

PC® WHOLE CHICKEN
AIR CHILLED
UP TO 1.7 KG
21666198_EA

SAVE \$1.99

\$16

PC® FREE FROM™ LEAN GROUND LAMB
454 G
21352008_EA

FREE FROM™ SÉPAREMENT BON™

2⁹⁹ LB

COOK'S PORTION HAM
6.59/KG
20559641_KG

\$15

SWISS CHALET OR MONTANA'S PORK BACK RIBS
SELECTED VARIETIES
FULLY COOKED
600/650 G
21022221_EA
21668141_EA

find your catch in seafood

\$6

FRESH ATLANTIC SALMON PORTIONS
100 G OR **SEAQUEST® CRAB FLAVOURED POLLOCK FLAKES OR CHUNKS** 454 G
READY-TO-EAT
SELECTED VARIETIES
21095443_EA
20591152_EA

\$11

PC® SHRIMP APPETIZERS
SELECTED VARIETIES
FROZEN
294-454 G
20080117_EA
20135874_EA

BUTTERFLIED SHRIMP
FROZEN
CREVETTES EN PAPI ION

BREADED COCONUT SHRIMP
UNCOOKED - NON CUITES
CREVETTES À LA NOIX DE COCO PANÉES

\$13

SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454G
21687413_EA

bakery deals rising daily

4⁵⁰

Moredays
Members get
500

BAKED
IN-STORE

HOT CROSS BUNS
WITH **BAVARIAN CREAM**
8'S
20638117_EA



4⁵⁰

BAKED
IN-STORE

KAISER OR PANINI ROLLS
SELECTED VARIETIES
6'S
21579824_EA
21579825_EA



\$5

PREPARED IN CANADA

ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
21707600_EA
21707643_EA



6⁵⁰

PREPARED IN CANADA

MINI CROISSANTS
SELECTED VARIETIES
423 G
21416726_EA
21660958_EA



\$17

FARMER'S MARKET™ BAR CAKES
SELECTED VARIETIES
675-770 G
21500612_EA
21500763_EA



7⁵⁰

PREPARED IN CANADA

FARMER'S MARKET™ HOMESTYLE TARTS
SELECTED VARIETIES
6/12'S
21629191_EA



7⁵⁰

PREPARED IN CANADA

THE GRAIN ESCAPE BREAD
SELECTED VARIETIES
528 G
21622905_EA
21622951_EA



2⁵⁰

PREPARED IN CANADA

NO NAME® BAGELS
SELECTED VARIETIES
6'S
21343196_EA
21666643_EA



3⁷⁵

PC® BLUE MENU® ORGANICS OR PROTEIN TORTILLAS
SELECTED VARIETIES
342-650 G
20182857_EA
21686817_EA



\$7

Moredays
Members get
1,500
back in points

CATHEDRAL CITY CHEDDAR
SELECTED VARIETIES
200 G
21245346_EA



in the mood for deli-cious

3⁵⁰
/100 G

PREPARED IN CANADA

OKA IN-STORE DELI CUT CHEESE
SELECTED VARIETIES
21162370_KO
21162450_KO



SAVE \$1
WHEN YOU BUY 2

PREPARED IN CANADA

2/\$16

OR \$8.50 EA.
MAPLE LEAF NATURAL SELECTIONS, SCHNEIDERS SLICED DELI MEAT
SELECTED VARIETIES
150/175 G
20065285_EA
20582322_EA



\$7

PC® SPLENDIDO® SLICED DELI MEAT
SELECTED VARIETIES
100 G
21049398_EA
21050405_EA



2/\$7

PREPARED IN CANADA

OR \$4 EA.
PC® HUMMUS 227 G OR NAAN DIPPERS 200 G
SELECTED VARIETIES
21092033_EA
21639152_EA



Member Only Price
\$5
Non-Members
\$6



GARDEN FRESH TORTILLAS 397 G OR PC® SALSA 430 ML OR GUACAMOLE 227 G
SELECTED VARIETIES
20325398_EA
20571822_EA
21448092_EA

on the run, we got you

\$16

IN-STORE PREPARED NACHO CHICKEN BAKE, TURKEY CRANBERRY SLIDERS OR PULLED PORK SLIDERS
750-900 G
21696333_EA



\$9

ASSORTED CHICKEN PLATE WITH SIDES
CHILLED
364-481 G
21557783_EA
21558010_EA



2/\$9

OR \$5 EA.
PC® PASTA OR GNOCCHI
SELECTED VARIETIES
255-350 G
21682075_EA
21681454_EA



\$45-55

PARTY PLATTERS
SELECTED VARIETIES
MADE TO ORDER
850 G-2.6 KG
20894860_EA
20895023_EA



\$20-25

SANDWICH OR WRAP PLATTERS
PREPARED IN-STORE
1.2-1.7 KG
21558135_EA
21558137_EA



Member Only Price
\$30
Non-Members
\$35

Members save \$5

BENTO KAZOKU PLATTER
53 PIECES
1.2 KG
21637774_EA



MARCH

**HIT
OF THE
MONTH**



**CHRISTIE RITZ ORIGINAL, CHRISTIE RITZ CHIPS, TRISCUITS,
WHEAT THINS OR TOPPABLES CRACKERS**

SELECTED VARIETIES
240-454 G
20686037_EA
21618621_EA



QUAKER CHEWY GRANOLA BARS

SELECTED VARIETIES
120 G
21359366_EA
21359369_EA



PC® DIPS OR HUMMUS

SELECTED VARIETIES
454 G
20583725_EA
20584098_EA

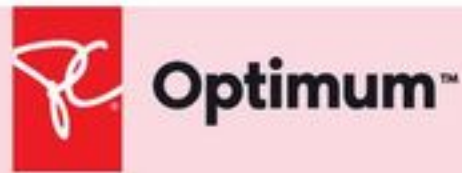
See in-store for retails.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.

* Must be a registered PC Optimum® member to get this offer.

Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



Get more on

More savings, more deals, more points
This week only! March 19-25

More days
More days
More days
More days
More days

Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$9

PC® SPLENDIDO®
EXTRA VIRGIN
OLIVE OIL
500 ML
20162539_EA



Optimum Moredays

Members get
1,000 pts
when you
buy 2

\$1
back
in points

\$6

ORVILLE
POPCORN 6/8'S OR
KERNEL JAR 850 G
SELECTED VARIETIES
20308686_EA
20629532002_EA



Optimum Moredays

Members get
1,000 pts
when you
buy 2

\$1
back
in points

\$4

SNYDERS PRETZEL
SELECTED VARIETIES
240 G
20316052001_EA
20316052002_EA



Optimum Moredays

Members get
1,000 pts
when you
buy 2

\$1
back
in points

2/\$8

OR
\$4.99 EA.

PEEK FREANS
COOKIES
OR BISCUITS
SELECTED VARIETIES
300/350 G
20679968_EA
20680381_EA



Optimum Moredays

Members get
3,000 pts
when you
buy 2

\$3
back
in points

\$4

PEARL MILLING
COMPANY
PANCAKE MIX 905 G
OR SYRUP 710 ML
SELECTED VARIETIES
21384609_EA
21391619_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

7⁵⁰

PRINGLES
SNACK STACKS
SELECTED VARIETIES
228 G
21069445_EA
21206245_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

6⁴⁹

GRISOL MELBA
TOAST 400 G OR
BAGUETTES 220 G
SELECTED VARIETIES
20307218001_EA
21623511_EA



Optimum Moredays

Members get
500 pts

4⁹⁹

CADBURY
FINGERS
SELECTED VARIETIES
114/125 G
21631880_EA
21631965_EA



Optimum

Members-Only Price™
4⁵⁰

Members
save
\$1⁵⁰

Non-members
\$6

DAWN LIQUID 825/982 ML,
EZ SQUEEZE 532/535/650 ML
OR POWERWASH
REFILL 473 ML
SELECTED VARIETIES
21430569_EA



Optimum Moredays

Members get
2,000 pts

\$2
back
in points



25⁹⁹

PC® SUPER ABSORBENT
PAPER TOWELS
CLUB SIZE
12 ROLLS
21558605_EA



Optimum Moredays

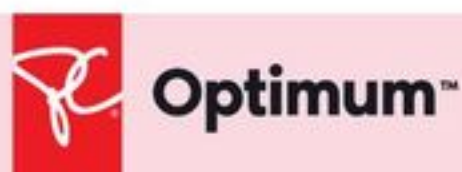
Members get
4,000 pts

\$4
back
in points

\$20

MASON JAR
ARRANGEMENT
EACH
21559945_EA





Get more on

More savings, more deals, more points
This week only! March 19-25

Moredays
Moredays
Moredays
Moredays
Moredays

Moredays

Members get
3,000^(pts)
when you
spend '15* on

\$3
back
in points

**NUTELLA HAZELNUT
SPREAD WITH COCOA**
375/725 G, & GO! SNACK
PACKS 208 G OR B-READY
SNACK BARS 132 G
SELECTED VARIETIES
20436105_EA
20948689_EA



Moredays

Members get
3,000^(pts)
when you
spend '10* on

\$3
back
in points

**KELLOGG'S RICE KRISPIES
SQUARES** 176 G, **NUTRI-GRAIN
BARS** 295 G, **SPECIAL K
CRISPY BARS** 125 G OR
**POP TARTS
PASTRIES** 384 G
SELECTED VARIETIES
21290106_EA
21290111_EA



Moredays

Members get
5,000^(pts)
for every '10*
spent on

\$5
back
in points

**KNORR GRAVY AND
SAUCE MIX** 22-48 G, **BASE
FLAVOUR PASTES** 113 G,
**BOUILLON CUBES OR
POWDERS** 63-250 G OR **LIQUID
CONCENTRATE** 250 ML
SELECTED VARIETIES
20297436001_EA
21232323001_EA
21683454_EA



Moredays

Members get
3,000^(pts)
for every '10*
spent on

\$3
back
in points

**MCCORMICK GOURMET
SPICES OR GRAVY DRY SAUCES**
SELECTED VARIETIES
11-56 G
21379317_EA
21666873_EA



Moredays

Members get
1,500^(pts)
when you
spend '7* on

\$1.50
back
in points

**KNORR OR LIPTON
SOUP MIX**
SELECTED VARIETIES
40-338 G
20297436001_EA
20308188002_EA



Moredays

Members get
3,000^(pts)
for every '12*
spent on

\$3
back
in points

**KRAFT BAKER'S CHOCOLATE
SQUARES** 170-225 G, **SHAKE 'N BAKE
COATING MIX** 142-160 G, **CERTO LIQUID
PECTIN** 170 ML, **DREAM WHIP WHIPPED
TOPPING MIX** 170 G, **BIRDS CUSTARD
POWDER** 340 G, **MAGIC BAKING
POWDER** 225-450 G, **MINI TAPIOCA** 225 G
OR **JELL-O JELLY POWDERS** 9.1-10.3 G,
INSTANT PUDDING 40-153 G,
PUDDING & PIE FILLING 135-170 G OR
**NO BAKE CHEESECAKE
DESSERT KIT** 314 G
SELECTED VARIETIES
20307001001_EA
20316019001_EA



Moredays

Members get
4,000^(pts)
when you
spend '12* on

\$4
back
in points

**RESOLVE STAIN
REMOVERS**
SELECTED VARIETIES
AND SIZES
20323370_EA



Moredays

Members get
4,000^(pts)
for every '10*
spent on

\$4
back
in points

MAYNARDS CANDY
SELECTED VARIETIES
135-154 G
21694186_EA
21545605_EA



Moredays

Members get
3,000^(pts)
when you
spend '14* on

\$3
back
in points

**AIR WICK PLUG-INS,
REFILLS, ESSENTIAL
MIST KITS OR
CLUB PACKS**
SELECTED VARIETIES AND SIZES
21495649_EA



Moredays

Members get
5,000^(pts)
when you
spend '15* on

\$5
back
in points

**SCRUBBING BUBBLES
BATHROOM CLEANERS,
FANTASTIK, WINDEX CLEANERS,
SHOUT STAIN REMOVERS OR
GLADE AIR FRESHNERS**
SELECTED VARIETIES AND SIZES
2166683294_EA/209051616_EA



Moredays

Members get
5,000^(pts)
when you
spend '25* on

\$5
back
in points

**PUREX, PERSIL OR
SUNLIGHT LAUNDRY
DETERGENT OR
SNUGGLE FABRIC
SOFTENERS**
SELECTED VARIETIES
AND SIZES
20083525001_EA
21427042_EA



Moredays

Members get
10,000^(pts)
when you
buy 3

\$10
back
in points

**NATURE'S BOUNTY
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
SEE RETAIL IN STORES
21020231_EA
21180320_EA



Moredays

Members get
3,000^(pts)
when you
buy 3

\$3
back
in points

32⁵⁰

**BOOST READY TO
DRINK VALUE PACK**
SELECTED VARIETIES
AND SIZES
21562893_C15



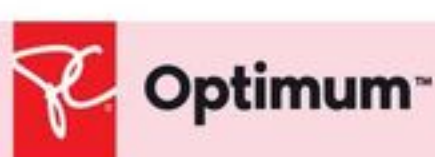
Moredays

Members get
2,000^(pts)
when you
buy 2

\$2
back
in points

**QTIPS COTTON
SWABS**
500'S
20323077001_EA





Get more on

More savings, more deals, more points
This week only! March 19-25**

Moredays
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Moredays

APP EXCLUSIVE OFFERS⁺

Moredays
APP EXCLUSIVE OFFER⁺

Member Only Price[™]

5⁵⁰

Non-Members \$7

Members save \$1.50

PC[®] BOCCONCINI
200 G OR
PC[®] RICOTTA 454 G
SELECTED VARIETIES
20540993_EA
20219848_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

PREPARED IN CANADA

Moredays
APP EXCLUSIVE OFFER⁺

Members get 4,000 pts

\$4 back in points

PC[®] NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
20057892_EA
20152629_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

BACON

500 G

Moredays
APP EXCLUSIVE OFFER⁺

Members get 1,500 pts

\$1.50 back in points

VH SAUCES
SELECTED VARIETIES
341-380 ML
20297368_EA
20308726001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

TERIYAKI
HONEY GARLIC

Moredays
APP EXCLUSIVE OFFER⁺

Members get 5,000 pts

\$5 back in points

\$23

PC[®] PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE 568 G
FROZEN
20147098_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER⁺

Members get 4,000 pts

\$4 back in points

PHILADELPHIA CREAM CHEESE, KRAFT SINGLES OR CHEEZ WHIZ
SELECTED VARIETIES AND SIZES
4085387_EA
20641267_EA
20659606001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

PHILADELPHIA
Kraft
Cheez Whiz
Singles

Moredays
APP EXCLUSIVE OFFER⁺

Members get 5,000 pts

\$5 back in points

OLD EL PASO MEAL MAKER PRODUCTS
SELECTED VARIETIES AND SIZES
20795534_EA
20305182001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

SALSA
DINNER KIT
HARD & SOFT TACO

Moredays
APP EXCLUSIVE OFFER⁺

Members get 2,000 pts

\$2 back in points

when you spend \$5* on

CHRISTIE RITZ DRIZZLED MINIS CRACKERS
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

RITZ Drizzled minis

Moredays
APP EXCLUSIVE OFFER⁺

Members get 4,000 pts

\$4 back in points

when you spend \$10* on

CHRISTIE SNAK PAKS
SELECTED VARIETIES
150-200 G
21584976_EA
21585155_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

OREO mini
Mini Chips Ahoy!

Moredays
APP EXCLUSIVE OFFER⁺

Members get 8,000 pts

\$8 back in points

when you spend \$20* on

IAMS CAT OR DOG FOOD
SELECTED VARIETIES
75 G-18.1 KG
20912435_EA
21027553_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

IAMS

APP EXCLUSIVE OFFERS⁺

Moredays
APP EXCLUSIVE OFFER⁺

Members get 10,000 pts

\$10 back in points

for every \$100* spent on

ANY COMBINATION OF ARDENE, GAP INC. BRANDS, UBER EATS, AND UBER GIFT CARDS

ARDENE
OLD NAVY **ATHLETA**
BANANA REPUBLIC **GAP**
Uber **Uber Eats**

Go Anywhere. Get Anything.
Allez partout. Commandez tout ce que vous voulez.

Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Ardene, Gap Inc. Brands, Uber Eats, and Uber gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.



Get your first year of PC Express Pass for
\$2/month*

- Unlimited grocery delivery or pickup
- Earn 2% back in pts with eligible pickup orders**

Use code
PASS76

Learn more

*/**Offer valid until April 1, 2026. Conditions apply. \$30 minimum order. Regular price \$99.99/year after your first year.



JOE FRESH



Moredays
March 19 -25



Open the app to get your offers.



Members get

15,000 pts

for every \$60 spent on adult apparel*



Moredays

BONUS

30 pts

per litre of fuel purchased at Esso[™] or Mobil[™] stations.*

March 19-22



Open the app to get this offer.



Become a
**points
millionaire**



Scan your
PC Optimum™
App when
you spend
\$20+*, and
you could
win 1,000,000
points!

March 19 - April 1

* No purchase necessary. Open to residents of Canada (excl. QC) Age of majority +. Approximation retail value \$1,000. For contest details, including purchase exclusions and how to enter without purchase, visit <https://www.pcoptimum.ca/national-contest>

Indulge in tasty treats

Discover
more value
this Easter



**SAVE
49¢**
\$6

**ED SMITH
PIE FILLING 540 ML
OR PURE
PUMPKIN 796 ML**
SELECTED VARIETIES
20022361_EA
20297753001_EA



\$5

HERSHEY'S CHIPITS
SELECTED VARIETIES
200-270 G
21452844_EA
21452924_EA



\$7



PC® BUTTER
SELECTED VARIETIES
454 G
20313456001_EA
20313456002_EA



\$9

**PC® BLUE MENU®
EGG WHITES**
1 KG
20821364001_EA



**SAVE
99¢**

\$2

**BETTY CROCKER
FROSTINGS 340-450 G
OR SUPER MOIST
CAKE MIX 375-404 G**
SELECTED VARIETIES
20502641005_EA
21547838_EA



**SAVE
\$1.49**

4⁵⁰

**GAY LEA REAL
WHIPPED CREAM**
ASSORTED VARIETIES
225 G
20048223001_EA
20048223002_EA



2/\$7
OR
\$4.29 EA.

**NO NAME®
MARSHMALLOWS**
SELECTED VARIETIES
400 G
20304672001_EA
21023141_EA



Moredays

**Members get
3,000 pts**
for every \$15*
spent on

\$3
back
in points

**WILTON SPARKLE GELS 99 G,
ICING TUBES 120 G,
SPARKLING POUCHES 32/40 G,
SPRINKLES 6-CELL 168-207 G,
CANDY MELTS 340 G,
ICING MIX 113 G/1EA,
ICING COLOUR GEL 4 EA,
SPRINKLES 9-285 G,
CANDY EYEBALLS 78 G,
CUPCAKE LINERS 75/150 EA,
CANDLE PICK SET 10/13 EA,
FOIL BAKING CUPS 72 EA,
TIP SET 4 EA, BIRTHDAY
CANDLES 10-24 EA OR
COLOUR SWIRL PIPING
BAG COUPLER KIT 9 EA**
SELECTED VARIETIES
20813444_EA
21363183_EA



Moredays

**Members get
1,000 pts**

\$1
back
in points

6⁵⁰

**PAM COOKING
SPRAY**
SELECTED VARIETIES
110-170 G
20315275004_EA



4⁵⁰

**NO NAME® ALMONDS,
PECANS, HAZELNUTS
OR WALNUTS**
SELECTED VARIETIES
100 G
20127455001_EA
20617491_EA



**SAVE
\$1.99**

\$5

**BAKER'S
CHOCOLATE
SQUARES 170/225 G
OR TENDERFLAKE
LARD 454 G**
SELECTED VARIETIES
20027695_EA
20316019001_EA



2⁵⁰

**DR. OETKER
SHIRRIFF
PIE FILLING
& DESSERT MIX**
SELECTED VARIETIES
111-164 G
21615148_EA
21615185_EA



**SAVE
\$2**

\$6

**NO NAME®
FLOUR**
SELECTED VARIETIES
5 KG
20618800_EA
20650915_EA



2/\$10

OR
\$5.49 EA.

**EAGLE BRAND
SWEET &
CONDENSED MILK**
SELECTED VARIETIES
300 ML
21022618_EA
21022967_EA



Moredays

**Members get
4,000 pts**
when you
buy 2

\$4
back
in points

\$6

**QUAKER
BAKING MIXES
OR OAT FLOUR**
SELECTED VARIETIES
700-900 G
20301064001_EA
21674263_EA



\$5

**COOL WHIP
DESSERT TOPPING**
SELECTED VARIETIES
FROZEN
1 L
20030369001_EA
20030369002_EA



3⁴⁹

ALFA PHYLLO PASTRY
FROZEN
450G
21606928_EA



\$4

**NO NAME® COCONUT 200/400 G
OR CRISCO SHORTENING 454 G**
SELECTED VARIETIES
20127930_EA
21475300_EA



your one-stop grocery shop

2/\$9

OR \$5.50 EA.
LIBERTÉ MÉDITERRANÉE YOGURT 500 G
OR LIBERTÉ GREEK YOGURT 400 G
SELECTED VARIETIES
2080752003_EA
21473714_EA



SAVE

15%

BOB'S RED MILL OATS
SELECTED VARIETIES
454-907 G
21127426_EA
21161849_EA



3/\$9

OR \$3.75 EA.
FIBRE 1 CHEWY BARS, DELIGHTS OR BROWNIES 125-175 G,
NATURE VALLEY PROTEIN BARS 148 G
OR SWEET & SALTY BARS 192-210 G
SELECTED VARIETIES
20587504001_EA
21213559_EA



8⁵⁰

HIGH LINER FISH STICKS, BATTERED FISH OR FILLETS
SELECTED VARIETIES FROZEN
350-700 G
20303200001_EA
20303200003_EA



\$5

HELUYA GOOD! FRENCH ONION SOUR CREAM DIP
680 G
20312788001_EA



SAVE \$1.58 WHEN YOU BUY 2

2/\$6

OR \$3.79 EA.
NO NAME® SOUR CREAM
SELECTED VARIETIES
500 ML
20299657_EA
20322987_EA



9⁴⁹

NO NAME® CHEESE
SELECTED VARIETIES
700 G
20975773_EA



\$5

NO NAME® OATMEAL OR CHOCOLATEY COOKIES
SELECTED VARIETIES
907 G
20318678002_EA
20318678001_EA



4⁵⁰

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
20965368_EA
21680074_EA



2/\$6

OR \$3.49 EA.
PC® CRISP & THIN BUTTER TWISTS 225 G,
PITA CRACKERS 142 G OR SCALLOPED CRACKERS 185 G
SELECTED VARIETIES
2060388003_EA
21346922_EA



\$6

TAZO TEA BAGS 20'S OR AGGA NESPRESSO COMPATIBLE CAPSULES 10'S
SELECTED VARIETIES
21308145_EA
21306979_EA



\$14

TWINING'S TEA 100'S OR TIM HORTON'S SINGLE SERVE K-CUP TEA 12'S OR MCCAFFÉ COFFEE K-CUP 10/12'S
SELECTED VARIETIES
21040439_EA
21238598_EA



4⁵⁰

COFFEE-MATE COFFEE ENHANCER
SELECTED VARIETIES
828/946 ML
21091209_EA
21091311_EA



\$8

STOK COLD BREW COFFEE
SELECTED VARIETIES
1.42 L
21203739_EA
21203737_EA



\$5

EARTH'S OWN BARISTA
SELECTED VARIETIES
946 ML
21179478_EA
21643629_EA



\$12

KINDER MAXI SURPRISE EGG 150 G,
EASTER VARIETY PACK 116 G OR
EASTER EGG HUNT KIT 186 G
SELECTED VARIETIES
20012895_EA
20719493_EA



for the love of **pets**

\$15

PC® WILD BIRD FOOD
4 KG
21308596_EA



\$17

CESAR DOG FOOD
SELECTED VARIETIES
12'S
20548229_EA



\$20

DOG CHOW 8 KG OR
PUPPY CHOW 6.5 KG
20314190_EA



\$9

ZUKE'S DOG TREATS
SELECTED VARIETIES
170 G
21661750_EA



\$50

PURINA ONE DOG FOOD
SELECTED VARIETIES
9.5-12.4 KG
20422765_EA



\$12

MILK-BONE BRUSHING CHEWS DOG TREATS
SELECTED VARIETIES
535-688 G
21168245_EA



\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES
210/312 G
21620394_EA



\$14

PEDIGREE DOG FOOD
SELECTED VARIETIES
2/2.8 KG
21589011_EA



\$22

PURINA ONE CAT FOOD
SELECTED VARIETIES
3 KG
21235341_EA



\$6

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA



\$22

FANCY FEAST CAT FOOD
SELECTED VARIETIES
24'S
21170917_C01



\$17

PC® NUTRITION FIRST® CAT FOOD
SELECTED VARIETIES
2 KG
21303030_EA



5/6²⁵

OR \$1.69 EA.

WHISKAS CAT FOOD
SELECTED VARIETIES
75/100 G
20945388_EA



\$10

PC® EXTRA MEATY CAT FOOD
SELECTED VARIETIES
2 KG
21361585_EA



\$29

TIDY CATS LIGHTWEIGHT LITTER
7.71 KG
20913423_C01





\$6

GREENWORKS
ALL PURPOSE
OR BATHROOM
CLEANER 946 ML,
TOILET BOWL
CLEANER 709 ML,
DISH DETERGENT
650 ML OR **WIPES** 75'S
SELECTED VARIETIES
21657670_EA/21657754_EA

2/\$9

OR
\$6.49 EA.

CLOROX BATHROOM
SPRAYS 887 ML,
ALL PURPOSE
CLEANERS 946 ML OR
TILEX SHOWER
SPRAY 946 ML
SELECTED VARIETIES
20649899_EA
21657792_EA

Moredays

Members get

2,000

\$2

back in points

LYSOL DISINFECTING
WIPES 75'S,
DISINFECTANT
SPRAY 350 G,
FLATPACK
WIPES 84'S OR
TOILET BOWL
CLEANER 940 ML
SELECTED VARIETIES
21449826_EA
21667289_EA

\$4

VIM CLEANERS
500 ML-1 L OR
ALLENS CLEANING
VINEGAR 950 ML-2.5 L
SELECTED VARIETIES
20831326_EA

\$5

LYSOL LAUNDRY
DISINFECTANT
SELECTED VARIETIES
1.2 L
21495667_EA
21487308_EA

\$10

AIRWICK ESSENTIAL
MIST KIT 20 ML OR
TWIN REFILLS 2/20 ML
SELECTED VARIETIES
20324301002_EA

\$9

GLAD
INDOOR BUNDLE
SELECTED VARIETIES
10-48'S
21359461_EA/21614177_EA

\$5

CLOROX
BLEACH 2.4 L OR
PINE-SOL
CLEANER 1.41 L
SELECTED VARIETIES
20298679001_EA
21283179_EA

\$4

SCOTCH BRITE SPONGES 6'S OR
SCRUBBING BUBBLES BATHROOM
CLEANER 946-950 ML/623 G OR
TOILET FRESH BRUSH,
EASY PEASY 946 ML/385 G,
FANTASIK 650 ML,
WINDEX GLASS
CLEANER
765-950 ML OR
FAMILY GUARD
946 ML
SELECTED VARIETIES
20976696_EA
20125323001_EA

\$5

METHOD
ALL PURPOSE
CLEANER 828 ML OR
DISH DETERGENT 532 ML
SELECTED VARIETIES
21432667_EA/21518328_EA

\$11

GLAD
OUTDOOR BAGS
SELECTED VARIETIES
10-40'S
21164510_EA

\$12

VILEDA OSKAR
BROOM AND
TWIST MOP
SELECTED VARIETIES
EACH
20001949_EA
20057952_EA

\$11

SWIFFER DUSTER
REFILLS 6/10'S,
SWEPPER WET
REFILLS 12/20/24'S,
SWEPPER DRY
REFILLS 16/20/32'S,
WETJET REFILLS 12'S,
POWERMOP
REFILLS 5'S,
WETJET
LIQUID 2.5 L OR
POWERMOP
LIQUID 2.5 L
SELECTED VARIETIES
21624930_EA/21625287_EA

5⁵⁰

FLEECY FABRIC
SOFTENER 1.36 L OR
SHEETS 80'S
SELECTED VARIETIES
21311876_EA
20311072001_EA

wash
out
winter

\$22

TIDE LAUNDRY
DETERGENT 3.9 L,
TIDE POWER PODS 45'S,
TIDE PODS OR GAIN
FLINGS 57-76'S OR
BEADS 853 G
OR **CASCADE**
TUBS 51/67/80'S
SELECTED VARIETIES
21593670_EA
21625767_EA

\$14

PUREX 4.08-4.43 L,
SUNLIGHT 4 L OR
PERSIL 1.86 L
LAUNDRY
DETERGENT OR
SNUGGLE FABRIC
SOFTENER 2.77 L
SELECTED VARIETIES
20083525001_EA
21427042_EA

\$16

GAIN LAUNDRY DETERGENT 4.25 L,
PODS OR FLINGS 42'S, **DOWNY**
FABRIC SOFTENER 1.92-3.29 L,
BOUNCE SHEETS 240'S OR
DOWNY OR GAIN BEADS 453-550 G
SELECTED VARIETIES
21625747_EA
21671138_EA

\$20

TRU EARTH
LAUNDRY
DETERGENT STRIPS
SELECTED VARIETIES
64'S
21554580_EA

CELEBRATE THIS VAISAKHI

Here's to community, gratitude, and harvesting great value



\$7

SHER BESAN FLOUR
1.81 KG
20869922_EA



1⁷⁵

KURKURE SNACKS
SELECTED VARIETIES
115 G
21361077_EA
20659742_EA



\$2

PRICE DROP!

PRAN SAMOSA OR VEG SPRING ROLL
SELECTED VARIETIES,
FROZEN
400 G
21054846_EA



2⁵⁰



9⁹⁹

PRAN PARATHAS FAMILY PACK
FROZEN
30S X 2400G
21172364_EA



\$4

SURAJ® OKRA
SELECTED VARIETIES,
FROZEN
1 KG
210579701_EA



3⁹⁹

HALDIRAM TANDOORI NAAN
SELECTED VARIETIES
FROZEN
400 G
20707770_EA



\$3

SURAJ® NAAN
SELECTED VARIETIES
500 G
21050380_EA



4⁹⁹

NANAK PANEER
SELECTED VARIETIES
341 G
21286158_EA



\$4

DABUR NECTAR
SELECTED VARIETIES
1 L
21399816_EA
21399828_EA



\$12

WAGH BAKRI TEA
907 G OR **DABUR HONEY** 500 G
SELECTED VARIETIES
20375231_EA
20802858_EA



\$4

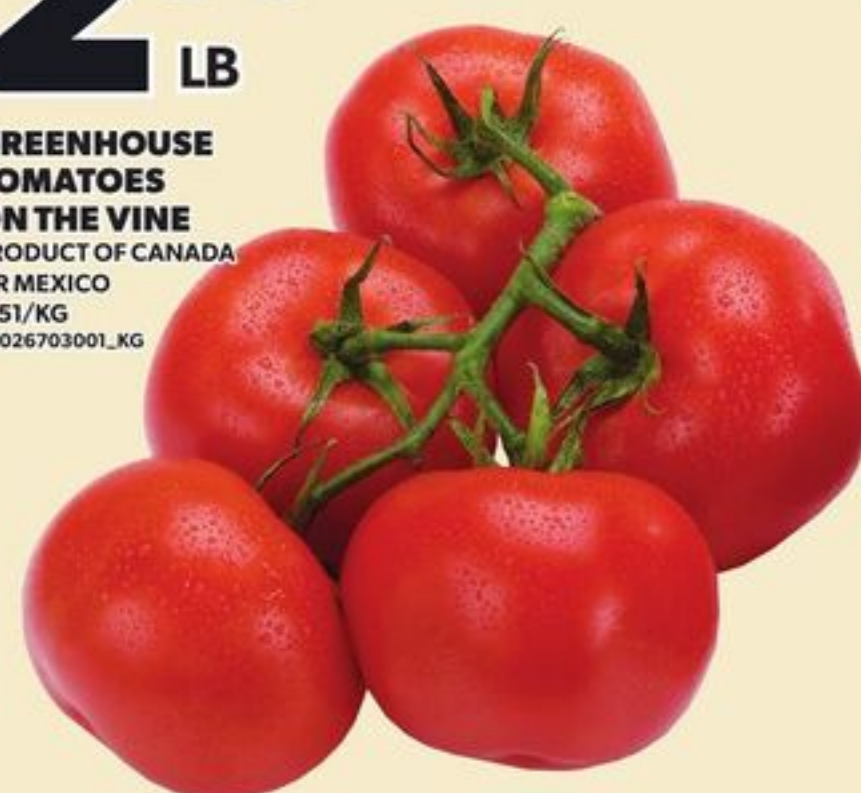
KFI COOKING SAUCES
SELECTED VARIETIES
375/395 ML
20419490001_EA
20419490003_EA



vaisakhi fresh harvest

2⁵⁰
LB

GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF CANADA OR MEXICO
5.51/KG
20026703001_KG



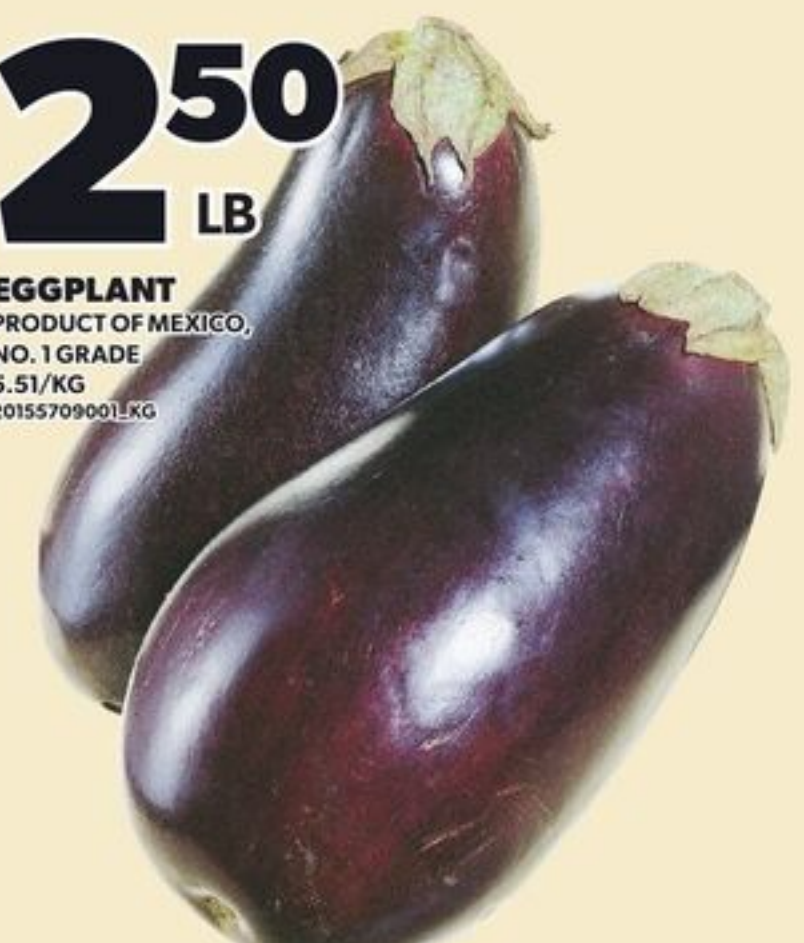
\$9
10 LB

FARMER'S MARKET™ RED ONIONS
PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE
10 LB BAG
2071965001_EA



2⁵⁰
LB

EGGPLANT
PRODUCT OF MEXICO, NO. 1 GRADE
5.51/KG
20155709001_KG



3⁵⁰

RAPINI
PRODUCT OF MEXICO OR U.S.A.
EACH
20048070001_KG



\$2

CILANTRO
PRODUCT OF MEXICO OR U.S.A.
20091825001_EA



1⁵⁰

MINT BUNCH
PRODUCT OF MEXICO OR COLOMBIA
20139326001_EA



ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS: JOLY'S YIG 251 POWDER DRIVE FORT MCMURRAY, ELDHO'S YIG 1792A 9TH AVENUE FERNIE, EDSON'S YIG 4431 4TH AVENUE EDSON, LOBLAW CITY MARKET 658 HOMER STREET VANCOUVER, MACNEIL'S YIG 335 HORNER CRES SASKATOON, PAUL'S YIG 829 MANDALAY BLVD CARSTAIRS, NIEL'S YIG 1341 BROADWAY AVE. REGINA, PARK ROYAL CITY MARKET 845 PARK ROYAL NORTH WEST VANCOUVER, WYKES' YIG #5-303 OGILVIE ST. WHITEHORSE, MILLER'S YIG 7190 KERR STREET VANCOUVER, LONSDALE CITY MARKET 1650 LONSDALE AVENUE NORTH VANCOUVER, MIKE'S YIG 56016 HIGHWAY 28A GIBBONS, MORTADA'S YIG ST. ALBERT #100-925 ST ALBERT TRAIL ST. ALBERT, PETER'S YIG 1835 GORDON DRIVE KELOWNA, CINDY'S YIG 620A SASKATCHEWAN AVE EAST MELFORT, NIELSEN'S YIG 18765 FRASER HIGHWAY SURREY, MICHAEL'S YIG 2815 WANUSKEWIN RD. SASKATOON, INDER'S YIG YELLOWKNIFE 250 OLD AIRPORT ROAD YELLOWKNIFE, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY RED DEER, VAHAGN'S YIG 106 HAWTHORN WAY LEDUC, MARINO'S YIG 5530 SUNSHINE COAST HIGHWAY SECHelt

Shop the **world**
in our aisles



\$5



**SURAJ® NAAN
FLATBREADS**
SELECTED VARIETIES
10'S
20343319_EA



\$11

**SUFRA® HALAL
BREADED CHICKEN**
SELECTED VARIETIES
FROZEN
568-840 G
21179707_EA
21179709_EA



1.50

**ROOSTER®
COCONUT MILK**
SELECTED VARIETIES
398 ML
21378707_EA
21378715_EA



\$10

**SURAJ® AGED
BASMATI RICE**
3.63 KG
20838931_EA



EVERYDAY
LOW
PRICES

Value you
can count on.

\$16



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS
AIR CHILLED
3'S
21340952_EA



2⁴⁷

**NO NAME®
CHICKEN
HOT DOGS**
450 G
20058192_EA



\$15

**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
FROZEN
260 G
21220644_EA



\$6

**ZIGGY'S® DELI
CHEESE SLICES**
SELECTED VARIETIES
160/180 G
21610778_EA
21610826_EA



\$8

**PREPARED
IN-STORE BOWLS**
SELECTED VARIETIES
345-400 G
21668110_EA
21696361_EA



\$7



**FARMER'S MARKET™
MUFFINS**
SELECTED VARIETIES
6'S
21283356_EA



3⁷⁵



PC® YOGURT TUBS
750 G OR PROBIOTIC
YOGURT 650 G
SELECTED VARIETIES
20180775002_EA
21684206_EA



3⁵⁰

**NO NAME® SINGLE
PIZZAS OR CHEESY
GARLIC FINGERS**
SELECTED VARIETIES,
FROZEN
295-411 G
21541441_EA
21541444_EA



\$10

**NO NAME® CLUB SIZE
ICE CREAM
SANDWICHES
OR BARS**
SELECTED VARIETIES
FROZEN
24-30'S
2034740002_EA
21013432_EA



\$1



**PC® OR BLUE MENU®
SPARKLING WATER**
SELECTED VARIETIES
1L
20162061003_EA
20320832004_EA



\$8

**PC® ORGANICS
FLOUR**
SELECTED VARIETIES
2.5 KG
20069335_EA
20303111_EA



4⁵⁰

**PC® ORGANICS
ANIMAL COOKIES**
SELECTED VARIETIES
250 G
20181028_EA
20304981_EA



\$5

**PC® ORGANICS
VEGETABLES**
SELECTED VARIETIES
FROZEN
300/500 G
20416869001_EA
21418289_EA



live well, spend less

\$56

LIMIT 4
AFTER LIMIT
63.99 EA.



\$25

More days
Members get
2,000^{pts}
\$2
back in points



\$25

LIMIT 4
AFTER LIMIT
34.99 EA.



4⁵⁰

LIMIT 6
AFTER LIMIT
6.49 EA.

AXE DEODORANT 76/85 G,
BODY SPRAY 113 G,
HAIR CARE 473 ML
SELECTED VARIETIES
20665502_EA/21438255_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.99 EA.

GARNIER WHOLE
BLENDS SHAMPOO
OR CONDITIONER
SELECTED VARIETIES
370 ML
21647127_EA/20941824_EA



10⁵⁰

LIMIT 4
AFTER LIMIT
11.99 EA.

HEAD & SHOULDERS
OR OLD SPICE
HAIR CARE
SELECTED VARIETIES
AND SIZES
21360086_EA
21505214_EA



\$9

LIMIT 4
AFTER LIMIT
11.49 EA.

JERGENS
LOTION
SELECTED VARIETIES
620 ML
20856268_EA
21195511_EA



SAVE
UP TO

20%

GARNIER
FACECARE
PRODUCTS
SELECTED VARIETIES
AND SIZES
21549485_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

OLD SPICE
DEODORANT 73-144 G,
SECRET DEODORANT
68-116 G OR GILLETTE
DEODORANT 122 G
SELECTED VARIETIES
20757237001_EA
21426451_EA



\$10

LIMIT 4
AFTER LIMIT
11.49 EA.

OGX, MAUI OR
AVEENO HAIR CARE
SELECTED VARIETIES AND SIZES
21009291_EA/21010670_EA



\$8

LIMIT 4
AFTER LIMIT
10.99 EA.

LISTERINE
MULTIBENEFITS
1 L OR CLASSIC 1.5 L
MOUTHWASH
SELECTED VARIETIES
20701283_EA/21091180_EA



St. Ives

For
Radiant
Winter
Skin



save up to
25%
St. Ives
Face Scrubs,
Exfoliants, Lotion
or Body Wash
21986088_EA
21429055003_EA
21360954_EA

TENA

Trusted day & night
leakage protection

\$18

EA.

Tena Underwear, Briefs or Pads
selected varieties and sizes
20957897_EA/21033778_EA/21099265_EA



TENA® is a registered trademark of Essity Hygiene and Health, AB. ©2026 Essity

GARNIER®

UP TO 3 DAYS
OF FRIZZ CONTROL*



\$9 LIMIT 4
AFTER LIMIT
11.99 EA.
GARNIER FRUCTIS
HAIR TREATMENT
SELECTED VARIETIES
AND SIZES
21080852_EA

\$9 LIMIT 4
AFTER LIMIT
9.49 EA.
GARNIER FRUCTIS
SHAMPOO OR
CONDITIONER
SELECTED VARIETIES
1 L
21708789_EA

FRUCTIS

VEGAN
FORMULA*



*With system of shampoo, conditioner & leave-in cream.

Jamieson
HEALTH MADE TASTY
Support good health
with great taste

SAVE up to
20%

Jamieson Multi or Letter vitamins
selected varieties and sizes
30-500's



21689253_EA/20704768_EA
21689327_EA/21411099_EA
21541913_EA

5/\$10
or 2.49 ea

Baby Gourmet organic fruit or vegetable baby food pouches 113/128 mL or jars 113 mL
selected varieties
20616541001_EA
21291241_EA
20368074001_EA
21123983_EA

7+ MONTHS Mois

PediaSure

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

2/\$18 or \$10.49 ea.
PediaSure Complete, selected varieties, 4x235 mL
20322414001_EA
20322414002_EA

Pedialyte

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

\$10 **LIMIT 4 AFTER LIMIT 10.99 EA.**
Pedialyte electrolyte oral rehydration solution, Strawberry 1L or Freezer Pops, 16x62.5 mL
20186130_EA
21623984_EA

Similac 360 Total Care®
A first of its kind from Similac®

\$70 **LIMIT 4 AFTER LIMIT 89.99 EA.**
Similac 360 Total Care ready to feed infant formula, selected varieties, 16x235 mL
21702863_EA/21702882_EA

\$60 **LIMIT 4 AFTER LIMIT 70.49 EA.**
Similac 360 Total Care infant formula selected varieties, 859 g
21697863_EA/21697886_EA

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NEW & IMPROVED

50% MORE DIAPERS* PLUS DE COUCHES*

Pampers
baby-dry **ULTRA**
3X PROTECTION
ULTRA ABSORB - ULTRA STRETCHY - EXTENSIBLE - ULTRA CUSHIONY / COUSINIE
FRAGRANCE FREE • SANS PARFUM

DIAPERS COUCHES

TM/© Sesame © 2026 P&G ♥ vs. Pampers® Baby-Dry Ultra Mega XL Pack

3X PROTECTION

✓ **ULTRA** Absorbent
✓ **ULTRA** Stretchy
✓ **ULTRA** Coverage

\$35 **LIMIT 6 AFTER LIMIT 39.99 EA.**
Pampers® econo pack diapers selected varieties, sizes N-8, 58-200's
21692756_EA

\$2 back in points
Members get **2,000 pts**

BIG PACK = BIGGER SAVINGS!

LIMIT 4 AFTER LIMIT 58.99 EA.

\$48

Pampers® Swaddlers
ultra value pack diapers
selected varieties, sizes 2-8, 120-192's
21455875_EA

45% MORE DIAPERS* PLUS DE COUCHES*

Pampers
swaddlers
our best dryness & comfort ever
plus sèches et confortables que jamais

♥ vs. Pampers Huge Pack

© 2026 P&G

NEW & IMPROVED!

HUGGIES
snug & dry®
up to 100% blowout & leakproof protection de protection : fuites et débordements
162 **5** diapers couches over 27 LB / plus de 12 KG

SAVE OVER \$20 PER BOX* ECONOMISEZ PLUS DE 20 \$ PAR BOÎTE*

HUGGIES
snug & dry®
up to 100% blowout & leakproof protection de protection : fuites et débordements
162 **5** diapers couches over 27 LB / plus de 12 KG

Save over \$20 per box
with **NEW Huggies®**
Ultra Value Pack!

LIMIT 4 AFTER LIMIT 49.99 EA. **\$45**

Huggies® Snug & Dry
sizes 3-6, 132-198's
21693896_EA

BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE
IN SINGLE FLAVOURS!



2/\$10
OR
\$5.99 EA.
Activia® -
8 x 100 g
21725748_EA

FIND ALL YOUR FAVOURITES

STRAWBERRY — VANILLA — BLUEBERRY — RASPBERRY —
LEMON — PLAIN — LACTOSE FREE VANILLA



\$4
Activia® Expert - 4 x 100 g
21688261_EA/21687900_EA



\$6
Activia® Expert - 750 g
21688207_EA



\$4.99
Activia® - 650 g
20325132003_EA



\$7
Activia® - 8 x 93 mL
21520253_EA

PACK YOUR MORNING WITH PROTEIN



\$8.79
Oikos® - 650 g, 750 g
21305945_EA

3/\$12
OR
\$4.99 EA.
Oikos® - 4 x 95 g, 4 x 100 g
20825055_EA
20419715001_EA

2/\$7
OR
\$4 EA.
Oikos® Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 115 g serving.

10-HOUR BREW FOR A BOLD AND SMOOTH TASTE



\$8
Stok® - 1.42 L
21203737_EA/21203739_EA

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iögo nanö

Bursting with
Mini Popping Bubbles



\$4.50

iögo nanö
YOGURT WITH FLAVOURED
PEARLS. 4 X 100 G
SELECTED VARIETIES
20707939_EA/20707940_EA



\$4.75
iögo nanö
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
21690945_EA/20609587001_EA



\$4.50
iögo nanö
CREAMY YOGURT
POUCH
4 X 90 G
SELECTED VARIETIES
21707076_EA/21707094_EA



\$3.75
iögo
CREAMY DUOS
YOGURT, 650 G
SELECTED VARIETIES
21659444_EA/21659463_EA



\$8.50
iögo
CREAMY, 0% OR
LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
20609583008_EA/21622847_EA



\$12
iögo
CREAMY YOGURT
2 KG
SELECTED VARIETIES
20636092_EA



\$8
siggi's
SKYR YOGURT
650 - 750 G
SELECTED VARIETIES
21659473_EA/21558992_EA



\$4.75
ASTRO
BALKAN YOGURT
750 G
SELECTED VARIETIES
2016525600100_EA/2010553001_EA



\$4.50
siggi's
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21659474_EA/21558992_EA

Lou's KITCHEN

QUICK AND EASY- ENJOY!

DELICIOUS,
SIMPLE TO
PREPARE
MEALS



LOU'S ENTRÉES
BEEF POT ROAST AU JUS
375 g
20078077_EA



LOU'S ENTRÉES
SHAVED BEEF AU JUS
400 g
20507550_EA



LOU'S ENTRÉES
PULLED PORK
400 g
20182404_EA



LOU'S ENTRÉES
PHILLY-STYLE SHAVED STEAK
400 g
21046171_EA



LOU'S DOUBLE SMOKED
BACK BACON
375 g
20285088_EA

\$10 each

\$10 each



MANDARIN BBQ PORK ROAST • 450 g
21699183_EA



MANDARIN BLACK PEPPER BEEF • 400 g
21699144_EA

\$10 each

BURNBRAE FARMS • FERMES



Naturegg Nature's Best
or Nestlaid
12 Large White Eggs
20816075001_EA



Naturegg Omega 3
12 Large White Eggs
20815563001_EA



5.50 EA.

Naturegg Simply Egg Whites
or Free Run Simply Egg Whites
500 g
20820130001_EA