

weekly deals

2⁵⁰

APP EXCLUSIVE OFFER*

GET
2,000 ^(pts)
when you buy 3

\$2
back
in points

**PC® KETTLE
COOKED** 200 G,
LOADS OF FLAVOUR
200 G OR **WORLD OF
FLAVOUR POTATO
CHIPS** 200 G,
TORTILLA CHIPS
320-350 G OR
POPCORN 220/250 G
SELECTED VARIETIES
CROUSTILLES CUITES
À LA MARMITE, PLEINE
DE^{MC} OU SAVEURS DU
MONDE, CROUSTILLES
DE TORTILLA OU MAÏS
SOUFFLÉ PC^{MD}

20302765_EA
21422931_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$15

APP EXCLUSIVE OFFER*

GET
4,000 ^(pts)

\$4
back
in points

PC® WINGS
SELECTED VARIETIES
FROZEN
800-907 G
AILES PC^{MD}

20708932_EA
20708933_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**SAVE
UP TO 36%**

3⁵⁰

APP EXCLUSIVE OFFER*

GET
3,000 ^(pts)
when you buy 2

\$3
back
in points

**PC® OR BLUE MENU®
ENTRÉES**
SELECTED VARIETIES
FROZEN
212-365 G
PLATS CUISINÉS
PC^{MD} OU
MENU BLEU^{MC}

20312253001_EA
20987543_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**SAVE
UP TO \$2**

\$5

GIUSEPPE PIZZA
439-785 G OR **PC®
WOOD-FIRED
PIZZA** 351-413 G
SELECTED VARIETIES
FROZEN
PIZZA GIUSEPPE
OU PIZZA CUIE
AU FEU DE BOIS
PC^{MD}

21106361_EA
21540352_EA



\$4

**BREYERS CREAMERY STYLE
ICE CREAM** 1.41 L OR
POPSICLE NOVELTIES 6-12'S OR
PC® FROZEN FRUIT 300-600 G
SELECTED VARIETIES
FROZEN
CRÈME GLACÉE STYLE
CRÈMERIE BREYERS
OU FRIANDISES GLACÉES
POPSICLE OU FRUITS
SURGELÉS PC^{MD}

20312227_EA
21651169_EA



Optimum

Members-Only Price™

\$8

Non-members

\$12

Members save \$4



SCHNEIDERS PEPPERETTES

SELECTED VARIETIES

250-375 G

PEPPERETTES

SCHNEIDERS

20976093_EA

21196171_EA



\$4

BABYBEL 6'S OR THE LAUGHING COW 8'S

SELECTED VARIETIES

BABYBEL OU LA VACHE QUI RIT

20319107_EA

20574332_EA





\$8

OLIVIERI FAMILY PACK PASTA

SELECTED VARIETIES

500-700 G

SAUCE EN EMBALLAGE FAMILIAL OLIVIERI

20311594_EA

21021889_EA





\$6

KRAFT PEANUT BUTTER

SELECTED VARIETIES

750 G-1 KG

BEURRE D'ARACHIDE KRAFT

20039581001_EA

20311582003_EA



5⁵⁰

Optimum

GET 1,000 pts

\$1 back in points

GENERAL MILLS CEREAL

FAMILY SIZE

SELECTED VARIETIES

455-778 G

CÉRÉALES GENERAL MILLS

21103495_EA

21667577_EA



8⁹⁹

MEDJOOL DATES

PRODUCT OF U.S.A.

DATTES MEDJOOL

2 LB TUB

20001686_EA



PROUDLY CANADIAN OWNED & OPERATED

Independent
Your Independent Grocer

5.44
LB

MEDIUM GROUND BEEF
FAMILY SIZE
11.99/KG
BŒUF HACHÉ MI-MAIGRE
20865673_KG

SAVE UP TO 48%
4.88
LB

CHICKEN BREASTS OR THIGHS
BONELESS, SKINLESS,
FAMILY SIZE
10.76/KG
POITRINES OU HAUTS DE CUISSES DE POULET
20028450_KG
20162170_KG

SAVE 54%

2.50
LB

PORK LOIN COMBINATION
CHOPS SIRLOIN AND RIB PORTION
BONE-IN
5.51/KG
CÔTELETTES DE LONGE DE PORC, COMBINAISON DE COUPES, PORTIONS SURLONGE ET BOUT DE CÔTES
20822343_KG

2.49
LB

PC® EXTRA LARGE GREEN SEEDLESS GRAPES
PRODUCT OF PERU, CHILE OR SOUTH AFRICA, NO. 1 GRADE OR
PC® EXTRA LARGE RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE
5.49/KG
TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC®
20425775001_KG
20159199001_KG

SWEET CELEBRATION
RED SEEDLESS GRAPES
RAISINS ROUGES SANS PÉPINS
EXTRA LARGE

AUTUMN CRISP
GREEN SEEDLESS GRAPES
RAISINS VERTS SANS PÉPINS

SAVE UP TO 41%

\$10
LB/EA.

FRESH STEELHEAD TROUT FILLETS
\$10 LB 22.05/KG OR
PC® BLACK TIGER SHRIMP
\$10 EA. RAW, ZIPPERBACK®
16-20 PER LB FROZEN 400 G
FILETS DE TRUITE STEELHEAD FRAÎCHE OU CREVETTES TIGRÉES NOIRES PC®
21025083_KG
20801192_EA

ZIPPERBACK® RAW
BLACK TIGER SHRIMP
CREVETTES TIGRÉES NOIRES
CRUES
À DÉCORTICAGE ÉCLAIR

SAVE UP TO \$2

\$5

FARMER'S MARKET™ EMPIRE OR SPARTAN APPLES
PRODUCT OF ONTARIO, CANADA FANCY GRADE
4 LB
POMMES EMPIRE OU SPARTAN
DÉLICIES DU MARCHÉ
20281372001_EA
20630648001_EA

FARMER'S MARKET™ DÉLICIES DU MARCHÉ SPARTAN Apples • Pommes
FARMER'S MARKET™ DÉLICIES DU MARCHÉ EMPIRE Apples • Pommes

PRODUCT OF CANADA

\$6

PC® ORRI MANDARINS
PRODUCT OF ISRAEL
2 LB
MANDARINES ORRI PC®
20907647001_EA

ORRI
EASY TO PEEL
MANDARIN
MANDARINES
FACILES À PÉLER
ANDY AND PETER'S MANDARIN
ORRI
EASY TO PEEL
MANDARIN
MANDARINES
FACILES À PÉLER

\$6

APP EXCLUSIVE OFFER*
GET 1,500[®]
\$150 back in points

PC® MINI MUFFINS
SELECTED VARIETIES
12'S
MINI-MUFFINS PC®
214898839_EA
214898821_EA

PREPARED IN CANADA

\$4

PREPARED IN CANADA

PC® ORANGE JUICE, TEA OR LEMONADE
1.54 L OR **iōgo nano**
DRINKS 6X93 ML
SELECTED VARIETIES
JUS D'ORANGE, THÉ OU LIMONADE PC® OU BOISSONS NANO iōgo
20609687001_EA
21430531_EA

iōgo nano
READY TO GO
FRUIT VARIETY FRUITS

5.97

PREPARED IN CANADA

CRACKER BARREL CHEESE BARS OR SHREDS 250-400 G OR BLACK DIAMOND CHEESE SNACKS
252-336 G
SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ CRACKER BARREL OU COLLATIONS AU FROMAGE BLACK DIAMOND
20763661_EA
21290384_EA

CHEESTRINGS FICELLO
100% REAL CHEESE
Marble • Marbre

CRACKER BARREL
MARBLE • MARBRE

SAVE 39%

\$12

PREPARED IN CANADA

ROBIN HOOD OR FIVE ROSES FLOUR
SELECTED VARIETIES
10 KG
FARINE ROBIN HOOD OU FIVE ROSES
20134743_EA
20251651_EA

FIVE ROSES
ALL PURPOSE FLOUR
WHITE
10 kg (22 lb)

\$13

817 ELEPHANT PURE BASMATI RICE
4 KG
RIZ BASMATI PURE 817 ELEPHANT BRAND
20787524_EA

NO. 817
ELEPHANT BRAND
TRADE MARK
PRODUCT OF INDIA
PRODUIT DE L'INDE
NET WT. / POIDS NET 4 kg (8.8 LB)

13.99

PREPARED IN CANADA

CASHMERE BATHROOM TISSUE 20-60 ROLLS OR SPONGE TOWELS PAPER TOWELS 6-12 ROLLS
SELECTED VARIETIES
PAPIER HYGIÉNIQUE CASHMERE OU ESSUIE-TOUT SPONGE TOWELS
21189655_EA
21677740_EA

Sponge Towels
ULTRA PRO

Cashmere

Flyer prices effective from Thursday, March 12th to Wednesday, March 18th, 2026. SEE BACK PAGE FOR DETAILS.

3⁵⁰

DARE BEAR PAWS, WHIPPET, WAGON WHEELS, VIVA PUFFS OR ULTIMATE COOKIES
SELECTED VARIETIES
168-360 G
BISCUITS PATTES D'OURS, WHIPPET, WAGON WHEELS, VIVA PUFFS OU SUPRÊME DARE
20974343_EA
21014107_EA



39⁹⁹

PC® OR NO NAME® SINGLE SERVE COFFEE PODS
SELECTED VARIETIES
72/102'S
CAPSULES DE CAFÉ INDIVIDUELLES, E • FORMAT CLUB
PC^{MD} OU SANS NOM®
2111235_EA/21593380_C01



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$13

CLIF BAR ENERGY BARS
SELECTED VARIETIES
10X68 G
BARRES D'ÉNERGIE CLIF BAR
21664705_EA
21664748_EA



SAVE UP TO \$1.25

3⁵⁰

NEILSON CREAM
SELECTED VARIETIES
5%, 10%, 18% OR 35%
473ML/7L
CRÈME NEILSON
20123609_EA
20774431_EA



6⁵⁰

SIGGI'S YOGURT TUB 650-750 G OR **IÖGO CREAMY YOGURT** 16X100 G
SELECTED VARIETIES
CONTENANT DE YOGOURT SIGGI'S OU YOGOURT CRÈMEUX IÖGO
20609583001_EA
21353892_EA



5⁹⁹

HELLMANN'S MAYONNAISE
SELECTED VARIETIES
710-890 ML
MAYONNAISE HELLMANN'S
20618579001_EA
2062739002_EA



2⁵⁰

AYLMER TOMATOES OR ACCENTS
SELECTED VARIETIES
540/796 ML
TOMATES AYLMEYER OU ACCENTS
21206804_EA
21207567_EA



\$7

BECHEL MARGARINE
SELECTED VARIETIES
637/850 G
MARGARINE BECEL
20297818002_EA
21279389_EA



\$5

HALO TOP FROZEN DESSERT 473 ML OR **BEN & JERRY'S** 473 ML OR **MAGNUM BARS** 3/4'S
SELECTED VARIETIES
DESSERT SURGÉLÉ HALO TOP OU BEN & JERRY'S OU BARRES MAGNUM
21087007_EA
21428403_EA



5⁵⁰

KELLOGG'S FAMILY SIZE CEREAL
SELECTED VARIETIES
450-650 G
CÉRÉALES FORMAT FAMILIAL KELLOGG'S
20054727_EA
21504064_EA



SAVE \$2.99

\$6

CLUB HOUSE FAMILY SIZE, LA GRILLE OR ONE STEP SEASONING
SELECTED VARIETIES
13-248 G
ASSAISONNEMENT FORMAT FAMILIAL, LA GRILLE OU UNE ÉTAPE CLUB HOUSE
20180764_EA
20321740001_EA



3⁵⁰

TAKIS ROLLED TORTILLA CHIPS
260-280 G OR PC® **READY TO EAT POPCORN** 220-250 G
SELECTED VARIETIES
CROUTILLES DE TORTILLA ROULÉES TAKIS OU MAÏS SOUFFLÉ PC^{MD}
20555781_EA
21715466_EA



\$6

PC® DRY ROASTED PEANUTS 700 G OR **JACK LINK'S BEEF JERKY, PORK STRIPS, CHICKEN BITES OR NUGGETS OR TURKEY JERKY** 65-81 G
SELECTED VARIETIES
ARACHIDES GRILLÉES À SEC PC^{MD} OU JERKY DE BŒUF, LANIÈRES DE JERKY DE PORC, BOUCHÉES DE POULET OU PÉPITES OU JERKY DE DINDE JACK LINK'S
20057990001_EA
20501983002_EA



\$10

DAIYA FROZEN PIZZA AND FLATBREADS
SELECTED VARIETIES
331-500 G
PIZZA OU PAINS PLATS SURGÉLÉS DAIYA
21538958_EA
20923827_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$7

OR \$3.99 EA.
PC® NATURAL SPRING WATER 24X500 ML
EAU DE SOURCE NATURELLE PC^{MD}
20137898_C24



\$15

FINISH 40-55'S OR CASCADE 39-48'S DISHWASHER PODS, GAIN LAUNDRY DETERGENT 4.25 L, **PODS OR FLINGS 42'S, DOWNY FABRIC SOFTENER** 1.92-3.29 L, **BOUNCE SHEETS** 240'S OR **DOWNY OR GAIN BEADS** 453-550 G
SELECTED VARIETIES
CAPSULES DE DÉTERGENT POUR LAVE-VAISSELLE FINISH OU CASCADE, DÉTERGENT À LESSIVE GAIN, PODS OU FLINGS, ASSOUPPLISSANT TEXTILE DOWNY, FEUILLES BOUNCE OU PERLES DOWNY OU GAIN
20965291_EA
206660832001_EA



90¢

FRISKIES 156 G OR FANCY FEAST 85 G CAT FOOD
SELECTED VARIETIES
NOURRITURE POUR CHAT FANCY FEAST OU FRISKIES
20302296001_EA
20316703_EA



PRICE DROP†

More ways to save

2⁵⁰

GOLDFISH BAKED SNACK CRACKERS OR CRISPS
SELECTED VARIETIES
156-227 G
CRAQUELINS CROÛTES OU CROUSTILLES GOLDFISH
20300320_EA
20306994003_EA



2⁵⁰

CHEEMO PEROGIES
SELECTED VARIETIES
FROZEN
745-907 G
PEROGIES CHEEMO
20627159_EA
20527641_EA



2⁵⁰

MONSTER ENERGY DRINKS
SELECTED VARIETIES
473 ML
BOISSONS ÉNERGISANTES MONSTER
20938249_EA
20938521_EA



5⁵⁰

PUREX 1.92-2.03 L OR SUNLIGHT 1.84 L LAUNDRY DETERGENT
SELECTED VARIETIES
DÉTERGENT PUREX À LESSIVE PUREX OU SUNLIGHT
20856516005_EA
21427029_EA



Independent
Your Independent Grocer

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

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YIG BACK

FRESH PROMISE

freshness you can taste

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

4⁵⁰

FARMER'S MARKET™
MINI CUCUMBERS
 PRODUCT OF ONTARIO
 6'S
MINI-CONCOMBRES
DÉLICIES DU MARCHÉ™
 20737570001_EA

4⁵⁰

FARMER'S MARKET™
GRAPE TOMATOES
 PRODUCT OF CANADA,
 MEXICO OR U.S.A.
 283 G
TOMATES RAISINS
DÉLICIES DU MARCHÉ™
 21367888001_EA

\$5

STRAWBERRIES 1LB,
 NO. 1 GRADE OR
RASPBERRIES HALF PINT
 PRODUCT OF MEXICO OR U.S.A.
FRAISES OU
FRAMBOISES
 20049778001_EA
 20128938001_EA

1 LB

6⁵⁰

FARMER'S MARKET™
GREENHOUSE PEPPERS
 PRODUCT OF MEXICO
 3'S
POIVRONS DE SERRE
DÉLICIES DU MARCHÉ™
 20085851001_EA

\$1

KIWI
 PRODUCT OF GREECE
 EACH
KIWI
 20130242001_EA

SAVE \$1

\$4

CANTALOUPE
 PRODUCT OF GUATAMALA,
 HONDURAS OR BRAZIL
 EACH
CANTALOUPE
 20167017001_EA

4⁵⁰

PC® RED OR RUSSET POTATOES
 PRODUCT OF CANADA,
 CANADA NO. 1 GRADE
 5 LB BAG
POMMES DE TERRE
ROUGES OU RUSSET PC®
 20600999001_EA
 20616206001_EA

5 LB

2⁷⁵

BROCCOLI CROWNS
 PRODUCT OF MEXICO OR
 U.S.A.
 EACH
COURONNES
DE BROCOLI
 2112560001_EA

\$7

CORED PINEAPPLE
 PREPARED IN-STORE
 EACH
ANANAS ÉVIDÉ
 20503143_EA

\$10

FARM TO TABLE BOUQUET
 EACH
BOUQUET DE LA FERME À LA TABLE
 21729159_EA

\$6

POTTED IVY
 EACH
LIERRE EN POT
 21524952_EA

\$35

PREMIUM GIFT BOUQUET
 EACH
BOUQUET-CADEAU DE QUALITÉ SUPÉRIEURE
 21436381_EA

\$12

AIR CHILLED

PC® CHICKEN DRUMSTICKS 8'S
 OR **THIGHS** BONE-IN 6'S
 AIR CHILLED
PILONS OU HAUTS DE CUISSE DE POULET PC®
 21341042_EA
 21341035_EA

\$8

BEEF STIR FRY STRIPS
 CUT FROM CANADA AA
 GRADE BEEF OR HIGHER,
 250 G
LANIÈRES DE BŒUF À SAUTER
 21588067_EA

PREPARED IN-STORE

\$14

PREPARED IN CANADA

MARCANGELO VALUE PACK PORK SAUSAGE
 SELECTED VARIETIES
 1 KG
SAUCISSES DE PORC EN EMBALLAGE ÉCONOMIQUE
MARCANGELO
 20867487_EA
 20867488_EA

\$10

PREPARED IN CANADA

PC® HORS D'ŒUVRE COLLECTION
 SELECTED VARIETIES,
 FROZEN
 225-500 G
COLLECTION DE HORS-D'ŒUVRE PC®
 21116020_EA
 21538572_EA

\$5

ASIAN INSPIRATIONS OR MULDOON'S ENTRÉES
 SELECTED VARIETIES,
 FROZEN
 400 G
PLATS CUISINÉS ASIAN INSPIRATIONS OU MULDOON'S
 21047378_EA
 21047671_EA

find your catch in seafood

3⁵⁰

SEAQUEST® CRAB OR LOBSTER FLAVOURED FLOCCOCK FLAKES OR CHUNKS
 SELECTED VARIETIES
 READY-TO-EAT
 227 G
FLOCCONS OU MORCEAUX DE GOBERGE À SAVEUR DE CRABE OU HOMARD
SEAQUEST®
 20699832_EA
 20749901_EA

\$11

PC® SHRIMP APPETIZERS
 SELECTED VARIETIES,
 FROZEN
 294-454 G
HORS-D'ŒUVRE DE CRUSTACE
CREVETTES PC®
 20135874_EA
 20978921_EA

11⁵⁰

PC® SMOKED SALMON
 SELECTED VARIETIES,
 FROZEN
 125/150 G |
SAUMON FUMÉ PC®
 20055009_EA
 20108286_EA

bakery deals rising daily

\$6



**FARMER'S MARKET™
LOAF CAKES**
WHOLE OR SLICED OR
**SIMPLE JOY SLICED
LOAF CAKES**
SELECTED VARIETIES
344-400 G
**GÂTEAU QUATRE-
QUARTS DÉLICÉS DU
MARCHÉ™ OU GÂTEAUX
QUATRE-QUARTS
TRANCHÉS SIMPLE JOY**
21488954_EA



\$3

BAKED
IN-STORE

**WHITE OR 100%
WHOLE WHEAT
BREAD**
303 G
**PAIN BLANC OU
100% BLÉ ENTIER**
21374404_EA
21377237_EA



3⁵⁰

BAKED
IN-STORE

ACE BAGUETTE
SELECTED VARIETIES
325-400 G
BAGUETTE ACE
20171171_EA
21314348_EA



\$5

GET
1,000[®]
\$1
back
in points

**BAKED IN-STORE
MINI COOKIES**
SELECTED VARIETIES
24'S
**MINI-BISCUITS
CUITS EN MAGASIN**
21596672_EA



\$6

BAKED
IN-STORE

**IN-STORE BAKED MINI
ASSORTED DANISH 8'S
OR CINNAMON BUNS 6'S**
SELECTED VARIETIES
**MINI-DANOISES
VARIÉES OU BRIOCHE
À LA CANNELLE CUITES
EN MAGASIN**
21476309_EA
21467583_EA



4⁵⁰

BAKED
IN-STORE

**BUTTER
CROISSANTS
6'S**
**CROISSANTS AU
BEURRE**
21682999_EA



\$5



**FURLANI TEXAS
GARLIC TOAST OR
KNOTS**
SELECTED VARIETIES
AND SIZES
**TOASTS OU NŒUDS
À L'AIL TEXAS
FURLANI**
20041579_EA
21048246_EA



3⁵⁰



**COUNTRY HARVEST
BREAD OR BAGELS,
OR D'ITALIANO
BREAD**
SELECTED VARIETIES
AND SIZES
**PAIN OU BAGELS
COUNTRY
HARVEST OU PAIN
D'ITALIANO**
21178597_EA
21693323_EA
21596468_EA



\$6

**LA FOURNÉE DORÉE
BRIOCHE BREAD**
SLICED
500 G
**PAIN BRIOCHE
LA FOURNÉE DORÉE**
20978205_EA



SAVE \$1⁴⁹
\$7



**PC® DELI CHEESE
SLICES**
SELECTED VARIETIES
140-170 G
**TRANCHES DE
FROMAGE DE
CHARCUTERIE PC®
CHAMPS
SUISSE**
20216643_EA
20250947_EA



in the mood for deli-cious

\$9



**OKA CHEESE
SELECTED VARIETIES
190 G
FROMAGE OKA**
20920756_EA
20921279_EA



SAVE
30%



2⁵⁰
/100 G

**ZIGGY'S® SERVICE
CASE HAM**
SERVICE CASE,
SELECTED VARIETIES
**JAMBON ZIGGY'S®
DU COMPTOIR DE
SERVICE**
20313480_KG



\$6



**BRANDT LIVER
SAUSAGE CHUB
OR KOLBASSA
SAUSAGE**
SELECTED VARIETIES
250/300 G
**SAUCISSON DE FOIE
OU SAUCISSON
KOLBASSA BRANDT**
20317795_EA
20353377_EA



SAVE
\$2
WHEN YOU BUY 2



2/\$10

OR
\$6 EA.
**DAIYA DAIRY FREE
CHEESE**
SELECTED VARIETIES
170-227 G
**FROMAGE SANS
PRODUITS LAITIERS
DAIYA**
21207740_EA
21660590_EA



SAVE
90¢
WHEN YOU BUY 2



2/4⁸⁸

OR
\$2.89 EA.
ROOSTER® TOFU
SELECTED VARIETIES
454 G
TOFU ROOSTER®
21474765_EA



on the run, we got you

\$8

**PREPARED IN-STORE
BOWLS**
SELECTED VARIETIES
290-340 G
**BOLS PRÉPARÉS
EN MAGASIN**
21666110_EA



\$9



**PC® PIES OR
QUICHE**
SELECTED VARIETIES
550-575 G
**PÂTES OU QUICHES
PC®**
21682000_EA
21682154_EA



\$16

**9 PIECE CHICKEN
STRIPS**
HOT OR CHILLED
700 G
**9 MORCEAUX
DE LANIÈRES DE
POULET**
20922187_EA
20921197_EA



Order in-store
or online today.

Please place your orders at the
Meals To Go department
24 hours in advance.

party platters

Discover our selection of freshly prepared platters for your next occasion.

FROM
\$20

serves 8-10



MARCH

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
\$4 EA.



**CHRISTIE RITZ
ORIGINAL,
CHRISTIE RITZ
CHIPS, TRISCUITS,
WHEATTHINS
OR TOPPABLES
CRACKERS**
SELECTED VARIETIES
240-454 G
20686037_EA
21618621_EA

\$3³³

LIMIT 6
AFTER LIMIT
\$2.50 EA.



**QUAKER CHEWY
GRANOLA BARS**
SELECTED VARIETIES
120 G
21359366_EA
21359369_EA

\$1⁷⁵

LIMIT 6
AFTER LIMIT
\$6 EA.



PREPARED IN
CANADA

**PC® DIPS OR
HUMMUS**
SELECTED VARIETIES
454 G
20583725_EA
20584098_EA

\$4⁷⁵

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.

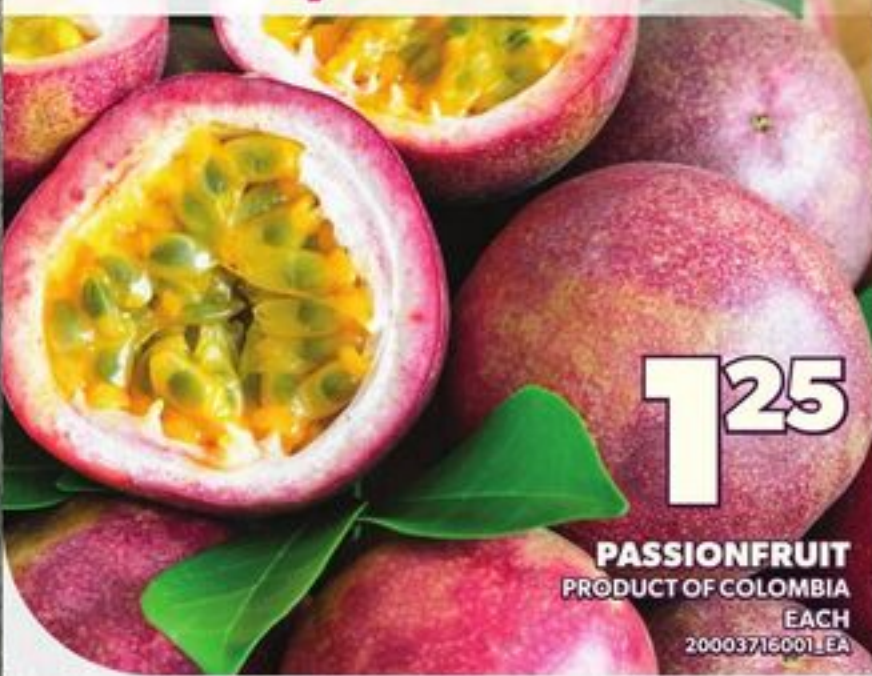
* Must be a registered PC Optimum® member to get this offer.

Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



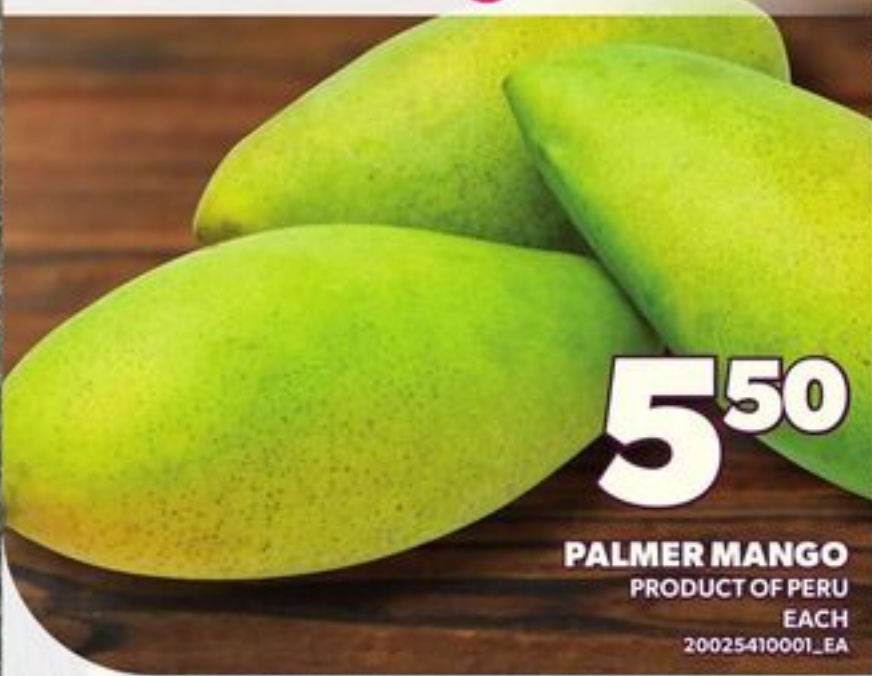
tropical **vibes** sweet savings

Passionfruit



Intensely aromatic and tartly sweet, with a jelly like pulp & crunchy, edible seeds. Perfect as a dessert topping, or mix the pulp with honey as a sweet & sour snack!

Palmer Mango



The Palmer mangoes is a large, mostly fibreless fruit with a sweet, mild, and tropical flavor often compared to a mix of pineapple, peach, and citrus.

Black Figs



Black figs are ready to eat when they are a deep dark colour & exceptionally soft. Enjoy them fresh, add a pop of sweetness on a charcuterie board or as a salad topper.

Coconut



Firmly tap around the center of the coconut with the back of a heavy knife until it cracks. Use the creamy milk & shredded flakes for curries and desserts!

Nam Dok Mai Mango



Nam Dok Mai mangoes are premium Thai mangoes known for their intensely sweet, honeyed flavor, creamy texture, and distinct floral aroma with subtle vanilla or lemony notes.

Caribbean Avocado



These avocados contain significantly less fat than the Hass variety, which results in a milder, more subtle flavour. It has a less creamy texture, perfect for salads & sandwiches!

Jackfruit



Jackfruit has a very sweet, tropical flavor, reminiscent of banana and pineapple. It is typically eaten fresh or used as a fragrant component in desserts & smoothies.

Yellow Guava



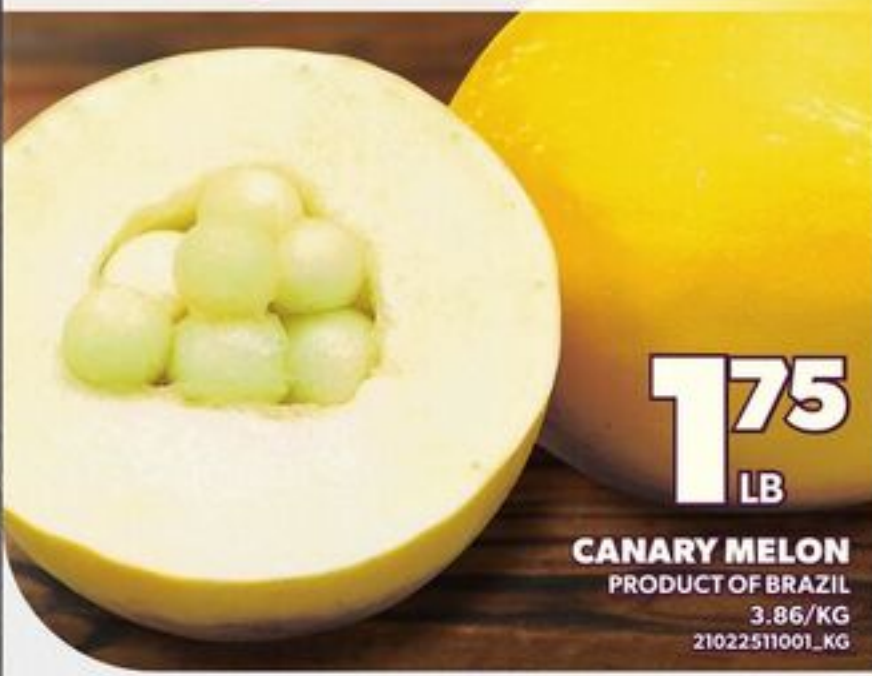
Fruit is ready when it has a slight give under pressure. It's popularly blended into juices & smoothies, or add a pop of flavour as a salad topper!

Papaya



Ripe papaya features a sweet, tropical flavor often described as a blend of cantaloupe and mango, with a soft, buttery texture. Its taste is mildly musky and unique in the fruit spectrum.

Canary Melon



Canary melon has a sweet, mildly tangy, and refreshing flavour that tastes like a hybrid between a honeydew and a pear, often with a subtle tropical aroma.

Watermelon



Watermelon flavor is characterized as sweet, juicy, and slightly tangy, often associated with refreshing summer taste.

Mangosteen



Pick when the deep purple shell yields to gentle pressure. The taste is sweet and tangy, with notes of strawberry & pineapple. Fruit has soft, juicy segments that melt in your mouth.

Yellow Dragonfruit



Sweeter than it's red counterpart, this antioxidant-rich juicy fruit offers notes of kiwi & pear. Mix in a smoothie, top on an açaí bowl or enjoy on it's own.

Granadilla



Granadilla features a sweet, aromatic pulp with edible seeds, best enjoyed fresh by scooping it directly from the shell.

Large Dragonfruit



Celebrated as a vibrant superfood, dragonfruit has a subtly sweet flavour, blending pear & kiwi. Packed with antioxidants, it also provides a nutrient-dense base for colourful smoothies, juices & fruit bowls.

Dino Melon



Dino melons are exceptionally sweet, juicy, and aromatic, often described as a superior, creamier version of honeydew with distinct hints of honey and Asian pear.

Plantain



Plantains taste like a cross between a potato and a banana, with flavor and texture that change drastically based on ripeness.

Quince



Harsh when raw, quince transforms upon cooking into a fragrant, floral fruit ideal for creating rich jams & pastes.

St. Patrick's Day

\$5



**PC® LITTLE GEMS™
MINI MIXED,
YELLOW OR RED
POTATOES**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
680 G
21247301001_EA
21247300001_EA



**SAVE
\$1.98 LB**

\$10 LB

BEEF BRISKET PORTION
CUT FROM CANADA AA OR
USDA SELECT GRADE BEEF OR HIGHER
22.05/KG
20798405_KG



**SAVE
\$2.99 LB**

12.50 LB

BONELESS BLADE ROAST
CUT FROM CANADA AA OR
USDA SELECT BEEF OR HIGHER
27.56/KG
20797470_KG



7.99 LB

**RACHEL'S OCF CORNED
BEEF BRISKET**
17.61/KG
20722618_EA



69¢ LB

GREEN CABBAGE
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
1.52/KG
20793034001_KG



\$5 /100 G

**CASHEL BLUE
IRISH CHEESE**
21435911_KG



\$2

**CAMPBELL'S BROTH
OR CONCENTRATED
BROTH**
SELECTED VARIETIES
250/900 ML
20322348002_EA
21347245_EA



2.50

PURITAN STEWS
SELECTED VARIETIES
410 G
20063287001_EA
20063287002_EA



**SAVE
UP TO \$1.49**

\$8

**KERRYGOLD
IRISH CHEDDAR**
SELECTED VARIETIES
198 G
20359976_EA
20591635_EA



6.50

**BAKED
IN-STORE**

**IN-STORE CELEBRATION
CUPCAKES**
CHOCOLATE OR WHITE
6'S
20379763_EA
20592676_EA



\$5

**ST. PATRICK'S DAY
DONUTS**
SELECTED VARIETIES
6'S
21237980_EA



\$5

**TWO BITE
MINI CUPCAKES**
12'S
21619376_EA



March break made simple

**FROM
\$9**



**12" TAKE AND BAKE
PIZZA**
SELECTED VARIETIES
510-739 G
21456415_EA
21456401_EA



\$18

**TENDERS DINNER COMBO FOR TWO,
9 PIECE STRIPS FULLY COOKED, 700 G
COMES WITH TWO SMALL SIDES 134-454 G**
21086335_EA/21086335_EA



\$20

**IN-STORE PREPARED
PULLED PORK BAO BUNS
GYRO OR FAJITA CHICKEN
TACO TRAY**
825-850 G
21533948_EA
21696308_EA



\$13



PC® ENTRÉES
770 G-1.13 KG (EXCLUDING
MEAT & VEG LASAGNA AND
MAC N CHEESE) OR
JANE'S FISH 450-590 G
SELECTED VARIETIES, FROZEN
21703860_EA
21364316_EA



\$10

**GET
3,000⁺
back in points**

**PC® THE SQUARE
DEEP DISH PIZZA**
SELECTED VARIETIES, FROZEN
648/678 G
21663917_EA
21663964_EA



**SAVE
97¢
WHEN YOU BUY 3**

3/4.98 **KD**
OR
\$1.99 EA.
**KRAFT DINNER
ORIGINAL**
200 G
21549526_EA



\$2

**NO NAME® PASTA 900 G
OR PASTA SAUCE 680 ML**
SELECTED VARIETIES
20299886001_EA
20315613003_EA



\$16

**JANES RESTAURANT
STYLE CRISPY
TENDERS**
SELECTED VARIETIES
FROZEN
710 G
21703608_EA
21703584_EA



**SAVE
UP TO 99¢**

\$10

**CAVENDISH FRIES,
ONION RINGS, WEDGES
OR HASHBROWNS**
SELECTED VARIETIES
FROZEN
1-2.25 KG
20827761_EA
21449731_EA



cheers & chill

beers, ciders & ready to drink



14³⁹

**MOTT'S CLAMATO
CAESAR**
6X341 ML CANS
20587596_C06



11⁷⁹

**GUINNESS
DRAUGHT STOUT**
4X440 ML CANS
20035374_C04



28⁴⁹

**MOLSON
CANADIAN BEER**
12X473 ML CANS
21626675_C12



20²⁹

STRONGBOW CIDER
8X440 ML CANS
20125679_C08



16⁷⁹

**STELLA ARTOIS
6X473 ML CANS
OR SAPPORO
6X500 ML CANS
21014346_C06
21347368_C06**



14⁹⁹

MOOSEHEAD LAGER
6X473 ML CANS
20955220_C06



24⁹⁹

**COORS SELTZER SLUSHIE
FLAVOURS**
12X355 ML CANS
21536951_C12



14⁹⁹

**BUDWEISER, BUD LIGHT
OR COORS LIGHT**
6X473 ML CANS
20944739_C06
20946471_C06
20955258_C06



Only at the following Your Independent Grocer locations (unless otherwise stated) : 455 McNeely Ave., Carleton Place, 4764-17 Regional Rd. 15, Chelmsford, 62 Thames Rd. E., Exeter, 5200 Hwy #69 N., Hanmer, 1521 Hwy #11 W., Hearst, 131 Howland Dr., Huntsville, 273 King St. W., Ingersoll, 55 Brunetville Rd., Kapuskasing, Kemptville Mall Hwy #43 W., Kemptville, 15 McChesney Ave., Kirkland Lake, 200 Grant Carman, Nepean, 55 Scott St., New Liskeard, 1 Laurentian Ave., North Bay, 685 River Rd., Ottawa, 1900 Dixie Rd., Pickering, 1244 Goderich St., Port Elgin, 1893 Scugog St., Port Perry, 44 Great Northern Rd., Sault Ste. Marie, 1251 Main St., Stittsville, 1836 Regent St. S., Sudbury and 654 Algonquin Blvd. E., Timmins.

We reserve the right to limit quantities. **Above retails do not include deposit or tax** and may be subject to change without notice.
No rainchecks or substitutions. See in-store or yourindependentgrocer.ca for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

your one-stop grocery shop

1²⁵

**UNICO
TOMATO PASTE**
SELECTED VARIETIES
156 ML
20005527_EA



7⁵⁰

MINUTE RICE
SELECTED VARIETIES
1.2/1.4 KG
20074783001_EA
20074783002_EA



4⁵⁰

**BEN'S
STREETFOOD**
SELECTED VARIETIES
250-255 G
21719340_EA
21719465_EA



\$5

**THE KEG
SALAD DRESSING**
SELECTED VARIETIES
475 ML
21670482_EA



\$16

**FILIPPO BERIO
OLIVE OIL**
SELECTED VARIETIES
750 ML
21191728_EA
21191747_EA



**SAVE
87¢
WHEN YOU BUY 3**

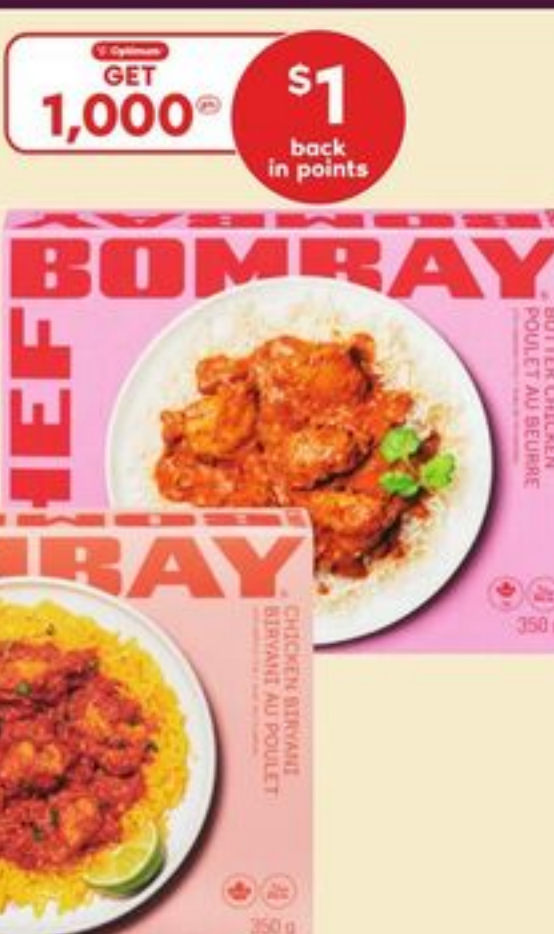
3/\$3
OR
\$1.29 EA.

**NO NAME®
SOUP CUPS**
SELECTED VARIETIES
65 G
20301246001_EA
20301246002_EA



\$6

**CHEF BOMBAY
ENTRÉES OR
SNACKS**
SELECTED VARIETIES,
FROZEN
240-354 G
20973182_EA
21527683_EA



**SAVE
\$1.89
WHEN YOU BUY 3**

3/7.98
OR
\$3.29 EA.

**CHEF BOYARDEE
PASTA**
SELECTED VARIETIES
425 ML
20312500002_EA
20312500005_EA



\$7

**GIUSEPPE
EASY PIZZI**
SELECTED VARIETIES
FROZEN
560-600 G
21359564_EA
21362407_EA



3⁵⁰

**KELLOGG'S
EGGO WAFFLES**
SELECTED VARIETIES,
FROZEN
8'S
20302779_EA
20323436001_EA



\$6

**SCHNEIDERS BREAKFAST
SANDWICHES 232 G OR
EGG BITES 224 G**
SELECTED VARIETIES, FROZEN
21623187_EA
21623288_EA



\$6

**CLUB HOUSE
FAMILY SIZE,
LA GRILLE OR
ONE STEP
SEASONING**
SELECTED VARIETIES
13-248 G
20180764_EA
20321740001_EA



2⁷⁹

**OASIS 100%
JUICE BLENDS,
DEL MONTE NECTAR,
HYDRAFRUIT,
ARIZONA TEA 960 ML
OR ALLEN'S JUICE
OR COCKTAILS 1 L**
SELECTED VARIETIES
20336722001_EA
20894117004_EA



**SAVE
\$2.98
WHEN YOU BUY 2**

2/\$16
OR
\$9.49 EA.

**PEPSI
SOFT DRINKS**
SELECTED VARIETIES
12X355 ML
20322361001_C12
20322361002_C12



5⁵⁰

**HÄAGEN-DAZ 414-450 ML
OR BARS 3/4'S OR
NESTLÉ DRUMSTICK 4'S**
SELECTED VARIETIES, FROZEN
20322380001_EA
215135780EA



5⁵⁰

**CADBURY
MINI EGGS**
148-154 G
20047651EA
20161664001_EA



2/\$3
OR
\$1.75 EA.

HERSHEY'S SINGLES
34-42 G
20268183001_EA
21205577_EA



\$17

HERSHEY'S POUCH
LARGE
670-700 G
21206032_EA
20526640_EA



\$10

**ROYALE BATHROOM
TISSUE 12 DOUBLE ROLLS,
TIGER TOWELS PAPER
TOWELS 3=6 ROLLS OR
FACIAL TISSUE 6'S**
SELECTED VARIETIES
21363770_EA
21484702_EA



\$21

**CASHMERE
BATHROOM TISSUE**
SELECTED VARIETIES
24-72 ROLLS
21189845_EA
21443648_EA



**Optimum
Members-Only Price™
14⁹⁹**

**Non-members
17⁹⁹**

**WHISKAS
CAT FOOD**
SELECTED VARIETIES
12'S
20548822_EA



live well, spend less

5⁵⁰

LIMIT 6
AFTER LIMIT
7.49 EA.

DOVE BODY WASH 325 ML OR
BAR SOAP 3X106 G
SELECTED VARIETIES
21220515_EA/21511901_EA



\$7

LIMIT 6
AFTER LIMIT
8.49 EA.

SOFTSOAP LIQUID HAND SOAP REFILL
SELECTED VARIETIES
1.47 L
21715457_EA



SAVE UP TO

25%

METHOD BODY WASH 532 ML OR
DEODORANT 75 G
SELECTED VARIETIES
21640457_EA/21640748_EA



5⁵⁰

LIMIT 6
AFTER LIMIT
6.99 EA.

SENSODYNE OR PRONAMEL TOOTH PASTE
75-100 ML, **POLIDENT DENTURE TABLETS** 36'S-40'S, **POLIGRIP DENTURE ADHESIVE** 40 G,
SELECTED VARIETIES
2030179001_EA/20756075_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

COLGATE MAXFRESH OR TOTAL TOOTH PASTE 3'S,
MANUAL TOOTHBRUSH 2'S OR
BATTERY TOOTHBRUSH 1'S OR
COLGATE TOTAL OR PRO RELIEF MOUTHWASH
SELECTED VARIETIES AND SIZES
21118930_EA/21166555_EA



3⁵⁰

LIMIT 6
AFTER LIMIT
4.49 EA.

CREST COMPLETE 120 ML,
CREST STAIN ERASER 65 ML OR
CREST KIDS 85-100 ML
TOOTH PASTE OR ORAL-B COMPLETE SATIN FLOSS 50 M
SELECTED VARIETIES
20348190001_EA/21354028_EA



\$7

LIMIT 6
AFTER LIMIT
8.49 EA.

BIC DISPOSABLE RAZORS
SELECTED VARIETIES
2-8'S
20037524_EA
20312082002_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

OLD SPICE 73-144 G,
SECRET 68-116 G OR
GILLETTE 122 G
DEODORANT
SELECTED VARIETIES
20757237001_EA/21426451_EA



FROM 5⁹⁹

OLAY BODY WASH 364-975 ML OR
BAR SOAP 8X113/4/8X90 G
SELECTED VARIETIES
5.99-13.49
21500512_EA/2060592700_EA



\$9

LIMIT 4
AFTER LIMIT
9.99 EA.

AUSSIE OR HERBAL ESSENCES PURE PLANTS SHAMPOO OR CONDITIONER
SELECTED VARIETIES
AND SIZES
21167373_EA
21571415_EA



8⁵⁰

LIMIT 4
AFTER LIMIT
8.99 EA.

TRESEMMÉ SHAMPOO, CONDITIONER OR STYLING PRODUCTS
SELECTED VARIETIES
AND SIZES
21169996_EA



\$13

LIMIT 4
AFTER LIMIT
15.99 EA.

L'ORÉAL PREFERENCE, FÉRIA OR OLIA HAIR COLOUR
SELECTED VARIETIES
2030667001_EA
21474630_EA



\$10

LIMIT 4
AFTER LIMIT
12.99 EA.

MARC ANTHONY OR CAKE HAIR CARE
SELECTED VARIETIES
AND SIZES
21646804_EA
21649083_EA



SAVE UP TO

20%

NIVEA SKIN CARE PRODUCTS
SELECTED VARIETIES
AND SIZES
20668737_EA/2110152_EA



SAVE UP TO

20%

CETAPHIL CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES
AND SIZES
20432313001_EA



live well, spend less

SAVE
UP TO

25% **ONE A DAY**

**ONE A DAY
MULTIVITAMINS**
60-130'S OR
**FLINTSTONE'S
CHILDREN'S
VITAMINS OR
SUPPLEMENTS**
60-180'S
SELECTED
VARIETIES
21515316_EA
21515317_EA



SAVE
UP TO

15%

**OLLY 50-90'S, L'IL CRITTER'S,
FIRST RESPONSE OR
VITAFUSION VITAMINS
OR SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
20867279_EA/21289985_EA



12⁵⁰

LIMIT 4
AFTER LIMIT
15.49 EA.

**PURE PROTEIN
BARS**
SELECTED VARIETIES
AND SIZES
20539046_EA
20856450_EA



\$15

LIMIT 4
AFTER LIMIT
16.99 EA.

**TYLENOL TABLETS,
CAPLETS OR GELCAPS**
SELECTED VARIETIES
20040611_EA/21033531_EA



SAVE
UP TO

15%

SYSTANE EYE DROPS
SELECTED VARIETIES
15/20/30 ML
21207552_EA/21397130_EA



12⁵⁰

LIMIT 4
AFTER LIMIT
15.99 EA.

**PREMIER
READY TO DRINK
PROTEIN SHAKES**
SELECTED VARIETIES
AND SIZES
21031108_EA/21031114_EA



8⁵⁰

LIMIT 4
AFTER LIMIT
9.99 EA.

**CAREFREE PADS 28'S,
LINERS 92-120'S,
O.B. TAMPONS**
40'S OR **PLAYTEX
TAMPONS 32-36'S**
SELECTED VARIETIES
AND SIZES
20796733_EA/21095818_EA



\$12

LIMIT 4
AFTER LIMIT
13.99 EA.

**ALWAYS
LINERS 92-96'S,
PADS 7-92'S, OR
TAMPAX
TAMPONS 22-36'S**
SELECTED VARIETIES
21025063_EA/21374659_EA



\$19

LIMIT 4
AFTER LIMIT
21.99 EA.

**DEPEND
UNDERWEAR
OR POISE PADS**
SELECTED VARIETIES
AND SIZES
2109985_EA/21302119_EA



for your baby

2/\$6

OR
\$3.99 EA.

GERBER PUFFS OR LIL' CRUNCHIES
SELECTED VARIETIES, 42-187 G
20304618007_EA/20304618008_EA



\$3

LIMIT 6
AFTER LIMIT
3.50 EA.

PC® ORGANICS MINI CEREAL BARS
SELECTED VARIETIES, 160 G
20066938001_EA/20431441001_EA



Express Online grocery pickup & delivery

GET **18,000** when you spend \$60* or more on

\$18 back in points

select Similac formula*. Online only. Use code **SIMILAC** at checkout.

*Offer valid from March 5 to 18, 2026. Conditions apply. See site for details.

[Learn more](#)

\$37

LIMIT 4
AFTER LIMIT
43.99 EA.

**HUGGIES PULL-UPS
OR PAMPERS EASY
UPS GIANT PACK
TRAINING PANTS**
SELECTED VARIETIES
68-112'S
21021427_EA/21089194_EA



\$48

LIMIT 4
AFTER LIMIT
58.99 EA.

**PAMPERS
SWADDLERS ULTRA
VALUE PACK DIAPERS**
SELECTED VARIETIES
SIZE 2-8, 120-192'S
21455875_EA/21455889_EA



2/\$18

OR
\$10.49 EA.

**PEDIASURE
COMPLETE
NUTRITIONAL
SUPPLEMENT**
SELECTED VARIETIES
4X235 ML
20322414001_EA
20322414002_EA



65⁴⁷

**ENFAMIL A+
NEUROPRO OR
GENTLELEASE
POWDER REFILLS**
SELECTED VARIETIES
862/890 G
21589079_EA/21589205_EA



iögo nanö

CREAMY YOGURT TO
GRAB & GO!

NEW

iögo nanö strawberry-banana-truffle-banana

Source of Vitamin A Calcium Vitamin D

\$4.50

iögo nanö CREAMY YOGURT POUCH 4 X 90 G SELECTED VARIETIES 2179796_EA/2179914_EA

DAIRY FARMERS OF CANADA 100% CANADIAN MILK

Prepared in Canada

SOURCE OF VITAMIN A & D

\$4

iögo nanö DRINKABLE YOGURT 6 X 93 ML SELECTED VARIETIES 2169943_EA/20609687001_EA

\$6.50

iögo CREAMY, 0% OR LACTOSE-FREE YOGURT 16 X 100 G SELECTED VARIETIES 20609583001_EA/21622847_EA

\$4.50

siggis SKYR YOGURT 4 X 100 G SELECTED VARIETIES 21651914_EA/21589925_EA

NEW

\$4.50

iögo nanö YOGURT WITH FLAVOURED PEARLS 4 X 100 G SELECTED VARIETIES 2179799_EA

\$12

iögo CREAMY YOGURT, 2 KG SELECTED VARIETIES 2063692_EA

\$4.75

ASTRO BALKAN YOGURT 750 G SELECTED VARIETIES 21055260000_EA/21070533001_EA

\$8

ASTRO BLAKAN YOGURT 12 X 100 G SELECTED VARIETIES 2105507001_EA

Almond Breeze

It's better with Almond Breeze.

Available in 946 mL Shelf Stable, 1.9 L Shelf Stable or 1.89 L Chilled selected varieties

20794060002_EA/2107219004_EA

2/\$6

OR \$4.49 EA.

BIG BOWL. BIG FLAVOUR.

CRABE Frozen Bowls Selected Varieties 340 g 21681823_EA 21681698_EA

GET 1,000[®] \$1 back in points when you buy 2

2/\$12 OR \$7 EA.

CRABE Frozen Meals Selected Varieties 200 - 340 g 21085515_EA/21177052_EA

GET 2,000[®] \$2 back in points when you buy 2

2/\$11 OR \$6.49 EA.

Kraft Dinner Deluxe Frozen Meals Selected Varieties 340 g 21553329_EA 21604101_EA

2/\$11 OR \$6.49 EA.

GET 2,000[®] \$2 back in points when you buy 2

DELICIOUSLY SMART CHOICES MADE EASY

SMART Ones Entrées Selected Varieties 255 - 283 g 20322159001_EA 21558989_EA

2/\$7 OR \$4.50 EA.

GET 2,000[®] \$2 back in points when you buy 2

Bagel Bites ARE BACK

Bagel Bites Selected Varieties 198 g 20213483001_EA 20213483003_EA

2/\$7 OR \$3.99 EA.

GET 1,000[®] \$1 back in points when you buy 2

WILD FLAVOUR, ENDLESS POSSIBILITIES.

GOLD SEAL Wild Sockeye Salmon 213 g | 21186814_EA **\$6.50**

GOLD SEAL Wild Mackerel, selected varieties | 115 g | 21083414_EA **\$3.50**

GOLD SEAL Wild Pink Salmon Flavours, selected varieties 80 g | 21592988_EA **\$2.25**

Ocean's Light Tuna selected varieties 170 g | 21004270_EA **\$1.75**

Our butchers cut quality meat in your store every day!

pork loin schnitzel 21588065_EA

beef meatballs plain 21587897_EA

pork stir fry strips 21588095_EA

beef stir fry strips cut from Canada AA grade beef or higher 21588067_EA

chicken stir fry strips 21588091_EA

Cadbury
THE HUNT
STARTS
HERE

\$4

SOUR PATCH KIDS & MAYNARDS Bags
18's, 225 g
21206142_EA

\$6

CADBURY CARAMEL
BUTTONS Candy,
96 g
& CADBURY MINI
EGGS Candy,
190/200 g
21693269_EA
20073462_EA

\$15

MINI CADBURY
Easter Eggs Bags
362-381g
21664686_EA
21664748_EA

2/\$3
OR
\$1.75 EA.

CADBURY MINI
EGGS Bags, 33 g &
CADBURY CREME
EGG Candy, 34 g
20934878_EA
20831065_EA

\$4

CADBURY
CREME EGG
3 pk, 102 g
21485296_EA

2/\$3
OR
\$1.75 EA.

AERO® Milk Chocolate
Lamb 25 g
KITKAT® ICON Impulse
Bunny 29 g
21406777_EA/21634741_EA

\$6

KITKAT® Hide Me Eggs 153 g or
AERO® Hide Me Eggs 100 g or
SMARTIES® Hide Me Eggs 153 g or
COFFEE CRISP® Hide Me Eggs 153 g
21628045_EA/21627936_EA

\$6

SMARTIES® ICON
Easter Egg Hunt 140 g
21555836_EA

\$11

NESTLÉ® Assorted
Hide Me Eggs 300 g
12603665_EA

Nestlé.
Mieux manger. Mieux vivre.

SAVE ON All Your Favourite Household Brands

5⁵⁰

Tide Detergent 21/24/25 LD, Gain Detergent 32 LD, PODS/Flings 9/16's, Liquid Softener 0.78/1.53 L, Sheets 40/80's, Beads 121/141 g, Rinse 23 LD Selected Varieties
21579685_EA/20301481001_EA

\$22

Tide Detergent 100/94/83 LD, Ivory Snow Detergent 80 LD, PODS/Flings 45/57/76's, Downy/Gain Beads 853 g, Selected Varieties
21670912_EA/21625891_EA

\$11

Dawn 2.21/2.64 L, Mr. Clean Liquid 2.93 L, Swiffer Duster Refills 6/10's, Sweeper VVet Refills 12/20/24's, Sweeper Dry Refills 16/20/32's, WetJet Refills 12's, Powermop Refills 5's, WetJet Liquid 2.5 L, Powermop Liquid 2.5 L, Selected Varieties
21430598_EA/21694540_EA

\$27

Cascade Tubs 63/83/112's, Selected Varieties
21658905_EA/21658857_EA

\$5

Dawn Liquid 825/982 mL, Dawn EZ Squeeze 532/535/650 mL, Dawn Powerwash Refill 473 mL, Selected Varieties
21218859_EA/21430556_EA

\$18

Charmin Ultra Soft or Strong bathroom tissue 12-48 rolls
21707532_EA/21636641_EA

\$18

Bounty Paper Towel 6-12 Select a Size
21670280_EA

\$11

Bounty Napkins 400's
21053171_EA

GET **5,000** for every '30' spent on Bounty or Charmin

\$5 back in points

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Mobile

Mobile that doesn't break the bank.

Plans starting from \$20/month