

PROUDLY CANADIAN SINCE 1961

LOW PRICE
is what we do.



GIANT TIGER



| | | |
|--|--|---|
|  <p>247 ea.</p> <p>FRESH VALUE</p> <p>5 oz baby spinach or spring mix Product of U.S.A. #1290415/1290890</p> |  <p>197 ea.</p> <p>SAVE 39%</p> <p>Prego pasta sauce Reg. 3.27 Assort. 645 ml #684943</p> |  <p>222 ea.</p> <p>SAVE 36%</p> <p>Christie cookies Reg. 3.48 Assort. 255-303 g #1048524/1046706</p> |
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| <p>MADE IN CANADA with domestic & imported ingredients</p>  <p>22 INDIVIDUALLY WRAPPED SLICES TRANCHES ENBALLÉES INDIVIDUELLEMENT 410 g</p> <p>Genre CHEDDAR Style SLICES</p> <p>PROCESS CHEESE PRODUCT - PRODUIT DE FROMAGE FONDU</p> | <p>LIMIT OF 4 Black Diamond cheddar style slices Reg. 3.97, 410 g, #366963</p> <p>333 ea.</p> <p>SAVE 64¢</p> |
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WE AD MATCH, YOU \$AVE MORE.

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|  <p>388 ea.</p> <p>FRESH VALUE</p> <p>5 pack avocados Product of Mexico, #1288457 or 2 lb bagged lemons Product of U.S.A., #1288478</p> | <p>MADE IN CANADA with domestic & imported ingredients</p>  <p>797 ea.</p> <p>SAVE 33%</p> <p>Butcher's Selection Stampee pork back ribs Reg. 12.00, assort. 680 g, #779626</p> |
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| <p>MADE IN CANADA with domestic & imported ingredients</p>  <p>847 ea.</p> <p>SAVE 45%</p> <p>High Liner frozen haddock fillets Reg. 15.47, 425-500 g, #947898/1629742</p> | <p>MADE IN CANADA with domestic & imported ingredients</p>  <p>297 ea.</p> <p>SAVE \$1</p> <p>Lay's chips Reg. 3.97, assort. 177-225 g, #4427276</p> |
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Flyer effective in ATLANTIC stores only. March 4-10, 2026. While quantities last.

More than 260 CANADIAN owned and operated stores. Satisfaction guaranteed or your money cheerfully refunded. *Some restrictions apply. Visit gianttiger.com for details.
 RAINCHECK POLICY: NOT ALL ITEMS ARE AVAILABLE IN ALL STORES. IF AN ADVERTISED ITEM IS NOT AVAILABLE DUE TO UNFORESEEN CIRCUMSTANCES, RAINCHECKS WILL BE PROVIDED IF A SIMILAR ITEM IS NOT AVAILABLE AT A COMPARABLE PRICE. RAINCHECKS ARE NOT AVAILABLE FOR LIMITED QUANTITY, SPECIAL PURCHASES OR CLEARANCE ITEMS WHICH ARE AVAILABLE ONLY WHILE SUPPLIES LAST.
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 Advertised products available while quantities last. Product pricing, selection and availability may vary by store and on gianttiger.com. Some grocery and food products in this flyer may not be available at the following store: South Porcupine, Ontario. Fresh meat is available in most stores; visit website for store availability gianttiger.com/freshmeat. Online Flyer may contain content that is region specific. In all cases, note that products and prices are limited to stores located in the region identified on the first page of the flyer. See store for details.
 GIANT TIGER, TIGER HEAD, TIGER HEAD DESIGNS AND OTHER TRADEMARKS IN THIS FLYER ARE REGISTERED AND UNREGISTERED CANADIAN TRADEMARKS OF GIANT TIGER STORES LIMITED AND ARE LICENSED TO ITS FRANCHISEES.
 GTS1_2026_ATL_01

Shop essentials at low prices, always.

84¢ ea. Colgate toothpaste 60 ml, #658429

277¢ ea. Giant Value 3-Ply facial tissue 136 pack, #973785

797¢ ea. Giant Value laundry detergent Assort., 4.4 L, #1341351

277¢ ea. Giant Value sandwich bags 100 pack, #780547

Start your day with delicious savings.

237¢ ea. OUR LOWEST PRICE Giant Value bread Assort., #7019 #1317762

297¢ ea. SAVE UP TO \$1 Giant Value multigrain bread or Country Harvest bagels Assort., #594600 #1538551/926415

348¢ ea. SAVE UP TO 88¢ Baxter or Scotsburn cream Assort., 3.78 L, 36, 10% #114294361/675675 *Brand may vary by store.

347¢ ea. SAVE UP TO 1.50 Dora jam or Quaker Harvest Crunch cereal Assort., 500 ml or 405.475 g #1505231/276376

Stock up on your frozen faves.

547¢ ea. SAVE 1.10 McCain Deep'n Delicious cake Assort., 510 g, #45621

298¢ ea. SAVE \$1 Pillsbury Toaster Strudel Assort., 326 g, #137361

797¢ ea. OUR LOWEST PRICE Giant Tiger Marche frozen stuffed chicken Assort., 549 g, #1318327

1298¢ ea. SAVE 4.40 Pogo original Assort., 17.38, 1.5 kg, #86473

388¢ ea. FRESH VALUE 3 lb seedless oranges Product of South Africa or U.S.A., #1288455 or 1 lb strawberries Product of U.S.A., No. 1 Grade, #1288432

497¢ ea. SAVE 2.50 Legacy pork tenderloin Assort., 7.47, 420 g, #1707575

777¢ ea. SAVE 2.20 Cavendish Farms onion rings or potato wedges Assort., 1-1.8 kg, #643990/643946

697¢ ea. SAVE \$1 Mastro salami Assort., 300 g, #780007

Refill your pantry, save more money.

37¢ ea. SAVE 11¢ Mr. Noodles instant noodles Assort., 85 g, #187472/187476

147¢ ea. SAVE 50¢ Heinz canned pasta or beans Assort., 318 ml, #143432/1430302

250¢ ea. SAVE UP TO 97¢ Holiday luncheon meat or Maple Leaf flaked meat Assort., 156-340 g, #102322/588665

697¢ ea. SAVE UP TO 1.27 Kraft pizza kit or grated parmesan Assort., 275-347, 250-350 g, #1002550/1714690

198¢ ea. SAVE 90¢ Pepsi soft drinks Assort., 2 L, #90785

\$2 ea. SAVE 25¢ Betty Crocker cake mix or frosting Assort., 340-450 g, #145566/1233536

247¢ ea. SAVE \$1 Takis Rolled Tortilla Chips or Sensible Portions Garden Veggie Straws Assort., 120-260 g, #1617857/599321

397¢ ea. SAVE UP TO 1.51 Snack Factory Pretzel Crisps or G.H. Cretors popcorn Assort., 198-213 g, #197944/1342062

197¢ ea. SAVE \$1 Applesax apple sauce Assort., 6 x 113 g, #243743

197¢ ea. SAVE 1.02 Mott's Garden Cocktail Assort., 2.99, 945 ml, #109055

497¢ ea. SAVE \$1 Reser's Fine Foods Main St Bistro side dish Assort., 5.97, 452-567 g, #992907

997¢ ea. SAVE \$4 Gallo extra virgin olive oil Assort., 13.97, 1 L, #468276

Claw Back  **SAVE EVEN MORE** on hundreds of low-priced items in store, every month.

YOUR CONFIDENCE IN OUR PRICING IS CRITICAL AND THE AD MATCH GUARANTEE IS OUR PROMISE TO YOU! Our Ad Match Guarantee means "We will beat the advertised price of any competitor." If you happen to find a local competitor offering a lower price on any identical item we carry in store, simply show us their current flyer and we will sell you that item for 1 cent less than their price. *Some restrictions apply. Visit our website at gianttiger.com for full details and terms on our Ad Match Guarantee and our Return Policy. We reserve the right to make changes to these programs without prior notice.

Shop at over 260 stores in Canada or online at gianttiger.com

March 7th
It's National Cereal Day!

Day or night
 cereal's right!

Giant Value cereal
2.97
 ea.

Assort., 175-300 g
 #1471126/1471119

MADE IN CANADA
 with domestic & imported ingredients

\$5
 ea.
 SAVE 49¢

Armstrong cheese & deli meat combo
 Reg. 5.49, assort.
 180 g, #1604249

MADE IN CANADA
 with domestic & imported ingredients

2.60
 ea.
 SAVE UP TO 58¢

Scotsburn or Baxter chocolate milk
 Reg. 2.68-3.18, 1 L
 #671711/364349
 * Brand may vary by store.

your pick
\$5
 ea.

Giant Value pizza bites
 600 g, #1038697

or Giant Value pasta entrée
 Assort., 2 x 225 g or 500 g, #1348229

MADE IN CANADA
 with domestic & imported ingredients

2.25
 ea.
 SAVE UP TO 1.12

Bagel Bites pizza snacks or Giant Value frozen perogies
 Reg. 2.25-3.37, 198-907 g, #1445777/380957

MADE IN CANADA
 with domestic & imported ingredients

2.97
 ea.
 SAVE \$2

Wong Wing frozen won ton soup
 Reg. 4.97, 426 ml, #115860

MADE IN CANADA
 with domestic & imported ingredients

3.97
 ea.
 SAVE UP TO \$2

Red Baron frozen single serving pizzas or Dr. Oetker Giuseppe frozen garlic fingers
 Reg. 4.47-5.97, 317-318 g, #1366194/356998

Egg-citing NEW KIDS DROP!



girls fashion jumpsuit
\$15
ea.

Assorted, 2-16
#1594615
1594591



girls dress
\$7
ea.

Assorted, 2-16
#1597440/1597369

March 13th
World Sleep Day!



boys shirt
\$10
ea.

Assorted, 2-16
#1603343
1602903



boys or girls PJ set
\$15
ea.

3 piece

3 piece

Assorted, 2-16
#1592358/1591919
1592306/1591909

It's PJ perfect!

New Picks. SHOP WHILE YOU CAN!



bistro chair pads
\$12
ea.

Assorted, 16" x 16"
#1601701/1601706

outdoor high back cushion
\$17
ea.

Assorted, 42" x 17.5" x 1"
#1599717/1599651

UV & water resistant

2 pack



PROUDLY CANADIAN SINCE 1961

»» **LOW PRICE**

is what we do.™

We're dedicated to helping Canadians come together and save more every day.

Love it or your money back — guaranteed!



2⁹⁷
ea.

Giant Value instant oatmeal
Assort., 264-344 g
#1603457



9⁹⁷
ea.

Giant Tiger Marché ground coffee
Assort., 340 g
#1321402

The leaf unites us.

Look for it and choose it every time you shop.





Claw Back

Valid until April 5, 2026. While quantities last.

SAVE EVEN MORE

on hundreds of
low-priced items
in store, every month.



SAVE UP TO 71¢
277
e.o.

Cheez-It crackers
Reg. 3.28-3.48, assort.
191-200 g, #305990



SAVE \$1
\$4
e.o.

Butcher's Selection
Stamped hotdogs
Reg. 5.00, 900 g, #1197622



SAVE 50¢
347
e.o.

La Fournée Dorée
brioche burger buns
Reg. 3.97, assort.
4 pack, #952024



SAVE 30¢
188
e.o.

Green Giant
Simply Steam
frozen vegetables
Reg. 2.18, assort.
250 g, #1015492



SAVE 50¢
298
e.o.

Allen's
Cranberry cocktail
Reg. 3.48, assort.
1.89 L, #1309706



SAVE UP TO 50¢
347
e.o.

Nature Valley
granola bars
Reg. 3.77-3.97, assort.
130-175 g, #1672673



SAVE 80¢
348
e.o.

Liberté Méditerranée
yogurt
Reg. 4.28, assort.
500 g, #1603472



SAVE 97¢
\$2
e.o.

Applesnax
apple sauce
Reg. 2.97, assort.
620 ml, #1207528



SAVE 50¢
227
e.o.

Ocean Spray
cranberry sauce
Reg. 2.77, assort.
348 ml, #763983



SAVE 1.30
399
e.o.

Old Dutch
laundry detergent
Reg. 5.29, assort.
2 L, #551158



\$25
on
**Chiffon
midi dress**
Assorted, S-XL, #1594602
Also available in Plus size
1X-3X, \$29, #1601127
or floral corset
midi dress
Assorted, S-XL, #1599903
Also available in Plus size
1X-3X, \$29, #1601111

\$29
on
**Belted denim
midi dress**
Assorted, S-XL
#1593050

All about dresses

FROM ONLY \$18!



\$18
on
**Flutter
sleeve dress**
Assorted, S-XL
#1601098
Also available in
Plus size 1X-3X
\$20, #1601119

\$22
on
Corset midi dress
Assorted, S-XL, #1593252
or puff sleeve
midi dress
Assorted, S-XL, #1594831
Also available in Plus size
1X-3X, \$25, #1595351

March 6th
**It's National
Dress Day!**

Dress
obsessed!

JUST IN:
Spring-ready styles.



French terry floral print top
Assorted, S-XL
#1622807

your pick
\$18
ea.

or french terry wide leg joggers
Assorted, S-XL
#1622379



shirttail tee
\$8
ea.

Assorted, S-XL, #1620018
Also available in Plus size
1X-3X, \$10, #1620942



\$15
ea.
Carry-all clutch
Assorted
#1607888

mySTYLE



\$22
ea.
Mesh knit hoodie
Assorted, S-XL
#1618799
Also available in Plus size 1X-3X \$25, #1619027

\$19
pair
Sandals
Assorted, 6-10
#1616028/1616066

cushioned comfort



\$24
ea.
Denim tie front top
Assorted, S-XL
#1619269
Also available in Plus size 1X-3X \$27, #1619239

\$8
Crew neck tee
Assorted, S-XL, #1596972
Also available in Plus size 1X-3X, \$10, #1598542



\$7
Sleeveless mock neck top
Assorted, S-XL, #1710076



GT VIP
Scan to Win!
Members Only



Win 1 of 3
\$500
Giant Tiger Gift Cards
every month!

With every eligible purchase using your GT VIP membership, you'll gain one contest entry.

[Learn More](#)

How to Enter

In Store: At checkout, scan your GT VIP membership barcode found in every small or provide your phone number.

Online: Make sure you're logged in to your GT VIP account before you check out.

Rules & Regulations: *Maximum one entry per day. Contest begins on or about March 1, 2026 at 8 a.m. Eastern Time ("EST") and ends on February 28, 2027 at 11:59 p.m. EST; open to Canadian residents who reached age of majority in their province or territory and who are registered members of the GT VIP program. Draws will be held monthly on or about the 15th day of the month; one entry will be selected from all eligible entries. Chances of winning depend on the number of eligible entries received. Three (3) prizes available, each a five hundred Canadian dollar (\$500 CAD) Giant Tiger gift card per monthly draw. View full Contest Rules and Regulations. Math skill testing question must be answered correctly to win. Approximate total retail value of prizes: \$1,500 per contest period x 12 contest periods = \$18,000 CAD. GT, Giant Tiger and GT VIP are trademarks of Giant Tiger Stores Limited; other trademarks used under license.

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WELCOME SPRING IN
elevated style.



seamless top
\$9
ea.

Assorted, S-XL
#1594688



\$30
ea.

Ponte blazer
Assorted, S-XL
#1594171

\$25
ea.

Bootcut pants
Assorted, S-XL, #1600542

lily morgan



\$12
ea.

Crinkle top
Assorted, S-XL
#1593685
Also available in
Plus size 1X-3X
\$14, #1593717



\$18
ea.

Crinkle knit pants
Assorted, S-XL
#1598372



\$18
ea.

Crossbody bag
Assorted, #1607652



fashion top
\$12
ea.

Assorted, S-XL, #1591831/1590163
Also available in Plus size 1X-3X
\$14, #1591991/1590283



crepe blouse
\$14
ea.

Assorted, S-XL
#1599899/1599863



Satisfaction Guaranteed
or your money cheerfully refunded.*

Need to return something? No problem, we're here to help.

hoodie or crew neck top
\$12
ea.

Assorted S-XXL
#1599588

IN STORE ONLY



performance tee
\$10
ea.

Assorted, S-XXL
#1599604



\$19
ea.

Tropical print shirt
Assorted, S-XXL
#1600812

Relaxed finds
PERFECT FOR EVERY DAY.

textured polo
\$12
ea.

Assorted
S-XXL
#1597342

stripe or solid



\$18
ea.

Performance joggers
Assorted, S-XXL
#1600305

\$25
pair

Trainers

Assorted, 8-12, #1614241
Also available in wide width
#1613895

cushioned comfort



\$26
ea.

Fashion jeans
Assorted, 30-38
#1603136

Satisfaction Guaranteed
or your money cheerfully refunded.*

Need to return something? No problem, we're here to help.

DEALS
you don't want to miss.

Look for
NEW DEALS
weekly.

Assorted, includes 1 fitted sheet & 2 pillowcases, #1615918
Also available in double, \$19, #1615775 or king, \$29, #1615762

queen sheet set
\$25

3 piece

home styles

Strawberry tray: 10", #1614549
Lemon tray: 8", #1614507

woven tray
\$6
ea.

Assorted, 50" x 60"
#1604985

printed throw
\$10
ea.

Assorted, includes 1 quilt & 2 pillow shams, #1599003
Also available in king, #1599150

queen pinsonic quilt set
\$29

3 piece

Assorted, 16" x 24"
#1607895/1607904

washable mat
\$6
ea.

rubber backing

arched collage frame
\$12
ea.

3 openings will hold 4" x 6" photos
#1590990

5-tier ladder shelf
\$45
ea.

23.6" x 9.3" x 70"
#1322883

3-tier shelf
\$30
ea.

29.5 cm x 23.5 cm x 80 cm
#1322924

curtain with tie-back
\$20
ea.

Assorted, 52" x 84"
With 7 hook & loop tabs and bonus tie-back
#1610122
1610074

Spring forward WITH OUTDOOR ARRIVALS.

5' x 7', UV resistant, reversible

FROM \$39 Outdoor rug
Assorted
5' x 7', \$39, #1612712
6' x 9', \$49, #1612750

\$25 Outdoor jute cushion
Assorted, 24" x 24"
#1591311

UV & water resistant

Outdoor placemats
\$10
ea.

4 pack

home styles
Assorted, 16"
#1605710

Ombre metal LED lantern
Assorted, 15" tall, includes 7.5" high LED candle, #1591179
*Requires 3 AAA batteries (sold separately).

your pick \$15
ea.

or embossed outdoor mat
Assorted, 24" x 36"
#1609887

100% rubber backing

\$25
ea.

Metal wall art
Assorted, 24"
#1607892

\$60
ea.

Raised garden bed with cover
31.3" x 15.5" x 34.6", #1468577

Explore shopping gianttiger.com today. Free home delivery on orders \$49 or more. Order by noon, get free same-day pick-up.

Shop at over 260 stores across Canada or online at gianttiger.com

HAPPY
NATIONAL
OREO
DAY!



4⁹⁸
ea.

SAVE UP TO 50¢
CHRISTIE Family Size Cookies
Reg. 5.47-5.48, assort., 285-460 g
#1319377/1520693/1662254



2²²
ea.

SAVE 1.26
CHRISTIE Core Cookies
Reg. 3.48, assort., 251-303 g
#1048524/1049629



2 FOR
\$6

OR 3.28 EA.
CHRISTIE Mini Cookies
Assort., 150-200 g
#1417654/1417704

OREO
STUF OF
LEGENDS
POWER UP. SAVE THE UNIVERSE.



MARVEL



4⁹⁸
ea.

SAVE 49¢
CHRISTIE
Family Size Cookies
Reg. 5.47, 303 g, #1688229



Get a \$10 Giant Tiger gift card

when you spend

**\$50 in Boston Pizza
Gift Cards.**



Offer valid March 4 to 10, 2026.

While quantities last. See gift card for details, terms, conditions and (if applicable) fees.

2 ways to save more

IN STORE & ONLINE

Weekly Deals in Your Inbox

Sign up and get:

- Digital Flyer
- New Arrivals
- Can't-Miss GT Finds



New Email Subscribers Get a

\$5*
Coupon!

SIGN UP NOW

GT VIP

Members Save More

Sign Up & Get
10%*
OFF

- ✓ Members-Only Offers
- ✓ Access to Contests
- ✓ Birthday Offer 🎂
- ✓ FREE to Join

SIGN UP NOW

NEVER MISS A DEAL

Visit gianttiger.com to learn more.

*Offer valid for new subscribers only. Conditions apply. See offer for details.