



2/\$5
With Card

Strawberries
16 oz



Private Selection Gourmet Potatoes
1.5 lb
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card

EARN 4X FUEL POINTS with digital coupon*

ON MEAT & SEAFOOD!
UNLIMITED USE MARCH 4-10

Scan here or visit FredMeyer.com/FuelEvent to download coupon.
*Exclusions apply. See coupon for details.



USDA CHOICE

Ribeye Steaks
Bone-In, Value Pack
\$9.99 /LB
With Card

BUY 3, GET 3 FREE
of Equal or Lesser Value
With Card



Coca-Cola
12-Pack, 12 fl oz Cans, Pepsi or 7UP, 6-Pack, 16.9 fl oz Bottles or Pure Leaf Tea, 6-Pack, 16.9 fl oz Bottles;
Select Varieties, Limit 12 Packages
Regular retail is up to \$15.29 each with Card.



93% Lean Ground Beef
Sold in a 3 lb Roll for \$14.97
\$4.99 /LB
With Card



Doritos
9-10.75 oz or Cheetos, 6.5-9 oz or Ruffles, 7.25-10.25 oz; Select Varieties
Regular retail is up to \$5.49 each with Card.

BUY 2, GET 2 FREE
of Equal or Lesser Value
With Card



Tillamook Ice Cream Bars
Select Varieties, 4 ct
BUY 1, GET 1 FREE
of Equal or Lesser Value
With Card



Entenmann's Little Bites, Donuts or Cakes
Select Varieties, 6.88-21 oz
BUY 1, GET 1 FREE
of Equal or Lesser Value
With Card



Fresh Heritage Farm Boneless Chicken Breasts
\$1.99 /LB
With Card



Sargento Cheese
Select Varieties, 5-8 oz
2/\$4
With Card



Nabisco Chips Ahoy Cookies
9.5-13 oz or Belvita Breakfast Biscuits, 8.8 oz; Select Varieties
\$2.49
With Card

MIX & MATCH BUY 2, GET 1 FREE
of Equal or Lesser Value
With Card



Red Bull Energy Drink
12 fl oz or Bloom Energy Drink, 12 fl oz or Java Monster Energy Drink, 15 fl oz; Select Varieties



Pork Back Ribs
Bone-In or Boneless Pork Half Loin
BUY 1, GET 1 FREE
of Equal or Lesser Value
With Card



Kettle Brand Potato Chips
Select Varieties, 6-7.5 oz
\$1.99
With Card



LOCAL Franz Wide Pan Bread
Select Varieties, 24 oz
BUY 1, GET 1 FREE
of Equal or Lesser Value
With Card

Guinness, Iron Horse or Fremont
Select Varieties, 6-Pack, 11.2-12 fl oz Bottles or Cans, Plus Deposit Where Applicable
\$10.99



Oscar Mayer Bacon
Select Varieties, 12-16 oz
BUY 1, GET 1 FREE
of Equal or Lesser Value
With Card

BUY MORE SAVE MORE
SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.

*When you buy any 5 or more participating items in the same transaction with Card.



Zoi Greek Yogurt
32 oz or Morning Star Farms Entrée, 5.25-12 oz; Select Varieties
3.99 With Card
-1.00
\$2.99 /EA*



Tillamook Extra Creamy Butter
16 oz or Simple Mills Crackers, 4.25 oz; Select Varieties
4.49 With Card
-1.00
\$3.49 /EA*



Ore-Ida Frozen Potatoes
Select Varieties, 18.98-32 oz
4.49 With Card
-1.00
\$3.49 /EA*



Rao's Pasta Sauce
24 oz or Bertolli Olive Oil, 15.5-16.9 fl oz; Select Varieties
6.99 With Card
-1.00
\$5.99 /EA*

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these
tags.



Find even
more deals
online!



**Snow Crab
Clusters**
Previously Frozen

\$9.99
/LB

Price without digital coupon is up to \$12.99 lb with Card. **With Digital Coupon**



**Oscar Mayer
Deli Fresh
Lunch Meat**
7-9 oz or Claussen
Pickles, 20-32 fl oz;
Select Varieties

\$3.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$4.99 each with Card.



LOCAL

**Tillamook
Cheese**
Select Varieties,
32 oz Bar

\$7.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$9.99 each with Card.



**Large
Avocados**

Price without digital coupon is up to \$2.99 each with Card.

\$1.29
/EA

With Digital Coupon



**Private Selection
Campari Tomatoes
or Mini Seedless
Cucumbers, 16 oz**

\$2.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$3.99 each with Card.



**Bob Evan's
Side**
Select Varieties,
12-24 oz

\$3.49
/EA

With Digital Coupon
Price without digital coupon
is up to \$3.99 each with Card.



**Lay's
Potato Chips**
Select Varieties,
5-8 oz

\$1.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$2.99 each with Card.



**Häagen-Dazs
Ice Cream**
14 fl oz or Bars, 3 ct
or Red Baron Pizza,
14.87-23.45 oz;
Select Varieties

\$2.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$3.99 each with Card.



**Chobani
Coffee Creamer**
24 fl oz or Oatmilk,
52 fl oz; Select Varieties

\$2.79
/EA

With Digital Coupon
Price without digital coupon
is up to \$3.99 each with Card.



**Starbucks
Coffee**
10-12 oz Bag
or K-Cups, 10 ct;
Select Varieties

\$8.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$10.99 each with Card.



**Barebells
Protein Bars**
Select Varieties,
4 ct

\$7.49
/EA

With Digital Coupon
Price without digital coupon
is up to \$9.49 each with Card.



**40-Pack
Fred Meyer Water**
16.9 fl oz or Cheez-It
Family Size Crackers,
17-21 oz; Select Varieties

\$3.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$5.99 each with Card.



**Stouffer's
or Lean Cuisine
Entrée**
Select Varieties,
5.75-12.875 oz

\$1.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$2.49 each with Card.



**Quilted Northern
Bath Tissue**
6 Mega Rolls or
MD Bath Tissue,
8 Mega Rolls;
Select Varieties

\$5.99
/EA

With Digital Coupon
Price without digital coupon
is up to \$7.79 each with Card.

*While supplies last.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5
TIMES
in one transaction*



Look for
these tags.



Dove
Body Wash
\$6.49
/EA
With Digital
Coupon



20 fl oz or Bar Soap,
4 ct; Select Varieties

Price without digital coupon is up to \$8.99 each with Card.



Hershey's
Share Pack
Candy
\$3.99
/EA
With Digital
Coupon



Select Varieties,
7.2-10.8 oz

Price without digital coupon is up to \$5.99 each with Card.

*While supplies last.



Brawny
Paper Towels
4 Double Rolls
\$5.99
/EA
With Digital
Coupon

Price without digital coupon is up to \$7.79 each with Card.

BABY SALE

carter's
BUY 1, GET 1
FREE

Select Carter's Brand
Items with Card

PLUS...

ADDITIONAL
SAVINGS
throughout the
department!



Babies' sizes.
Shown:
Reg. \$26



**Chickpea
Blanket**
\$5⁹⁹
With Card
Reg. 9.99

**PRICE
BLASTER**

**Diamond Mesh
Baby Gate**

SAVE \$9

\$17⁹⁹

With Card
Reg. 26.99



**Nintendo Switch™ 2
+ Mario Kart™ World Bundle**
499⁹⁹

529.98 value.

Includes Nintendo Switch™ 2 System and
Mario Kart™ World full game download.
Limited to stock on hand.



**Licensed
Tee**

Kids' sizes.
Reg. \$15

\$9⁹⁹

With Card



Tuesday, March 10, 2026

**HAPPY
MARIO DAY**



**LEGO Super Mario
Baby Mario vs Baby Luigi
or Party at Toad's House**
\$29⁹⁹

BUY MORE SAVE MORE

**SAVE \$1 EACH
WHEN YOU BUY
5 OR MORE.**

**MIX & MATCH 5 or more
participating items
with Card.**



Find even more online!
Scan me to shop all
participating items.

*When you buy any 5 or more participating
items in the same transaction with Card.



Look for
these tags.



**Nabisco
Family Size
Snack Crackers**
11.5-14 oz
or Kodiak
Granola Bars, 5 ct;
Select Varieties

5.49 With Card
-1.00

\$4.49 /EA*



4-6 oz or Darigold Cottage Cheese,
24 oz; Select Varieties

3.99 With Card
-1.00

\$2.99 /EA*

**Blue Diamond
Almonds**



**Kodiak
Power Waffles**
8-10 ct or
Tate's Bake Shop
Cookies, 4.6-8 oz;
Select Varieties

5.99 With Card
-1.00

\$4.99 /EA*



**Ken's
Salad Dressing**
16 fl oz or
Private Selection
Artisan Bread, 20 oz;
Select Varieties

3.49 With Card
-1.00

\$2.49 /EA*



**Sweet Loren's
Cookie Dough**
12 oz or Simple Truth
Vapor Distilled Water,
24-Pack, 16.9 fl oz;
Select Varieties

6.49 With Card
-1.00

\$5.49 /EA*



**Cascadian Farm
Organic Cereal**
9-15 oz or
Nature Valley
Protein Bars, 5 ct;
Select Varieties

3.99 With Card
-1.00

\$2.99 /EA*



**L'Oréal Elvive
Shampoo or
Conditioner**
Select Varieties,
12.6 fl oz

5.49 With Card
-1.00

\$4.49 /EA*



**Premier
Protein Shakes**
Select Varieties,
4-Pack, 11 fl oz

9.99 With Card
-1.00

\$8.99 /EA*



**Crystal Light
Drink Mix**
10 ct or Annie's
Gluten Free
Pasta & Cheese,
6 oz; Select Varieties

2.99 With Card
-1.00

\$1.99 /EA*



**Torani
Syrup**
25.4 fl oz
or Gevalia Coffee,
12 oz Bag;
Select Varieties

9.99 With Card
-1.00

\$8.99 /EA*



12-Pack, 12 fl oz or Clearly Canadian
Sparkling Water, 6-Pack, 12 fl oz;
Select Varieties

7.99 With Card
-1.00

\$6.99 /EA*

Gatorade



4.49 With Card
-1.00

\$3.49 /EA*

**Oscar Mayer
Uploaded
Lunchables**
Select Varieties,
14.7-16.1 oz



11.99 With Card
-1.00

\$10.99 /EA*

**Just Bare
Frozen Chicken**
Select Varieties,
19.2-24 oz



2.99 With Card
-1.00

\$1.99 /EA*

**Dawn
Dish Soap**
Select Varieties,
14.6-18 fl oz



Quaker Life Cereal
13 oz or GT's Alive Mushroom Elixir, 16 fl oz; Select Varieties

2.99 With Card
-1.00
\$1.99 /EA*



Nabisco Family Size Oreo Cookies
8-20 oz or Quaker Oatmeal Squares Cereal, 14.5 oz; Select Varieties

4.99 With Card
-1.00
\$3.99 /EA*



2.99 With Card
-1.00
\$1.99 /EA*
General Mills Cereal

Select Varieties, 10.4-14 oz



5.99 With Card
-1.00
\$4.99 /EA*
Starbucks Iced Coffee
48 fl oz or Kind Breakfast Bars, 6-Pack; Select Varieties

BUY MORE SAVE MORE
SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.
MIX & MATCH 5 or more participating items with Card.
*When you buy any 5 or more participating items in the same transaction with Card.



2.99 With Card
-1.00
\$1.99 /EA*
Pringles Party Stack
6.8-7.1 oz or Mott's Applesauce, 6 ct; Select Varieties



10.99 With Card
-1.00
\$9.99 /EA*
Red Bull Energy Drink

4-Pack, 12 fl oz or Black Rifle Coffee Pods, 12 ct; Select Varieties



6.99 With Card
-1.00
\$5.99 /EA*
Hormel Bacon
Select Varieties, 12-16 oz



7.49 With Card
-1.00
\$6.49 /EA*
Private Selection Sliced Meat
Select Varieties, 7-8 oz, In the Deli



4.49 With Card
-1.00
\$3.49 /EA*
Dawn Powerwash Dish Spray Refill
16 fl oz or Safely Universal Cleaner, 20 fl oz; Select Varieties



9.99 With Card
-1.00
\$8.99 /EA*



Kroger Crustless Sandwiches
10 ct or Annie's Organic Fruit Flavored Snacks, 22 ct; Select Varieties



8.49 With Card
-1.00
\$7.49 /EA*
Playtex Tampons
Select Varieties, 30-36 ct



16.99 With Card
-1.00
\$15.99 /EA*
CeraVe Facial Lotion

Select Varieties, 1.75-3 fl oz

MIX & MATCH SAVE \$10 AN EXTRA

When you spend \$40
on participating Baby items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



GROCERY ESSENTIALS



Bare Fruit Chips
Select Varieties,
1.6-3.4 oz

BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Kroger Cottage Cheese or Sour Cream
Select Varieties,
24 oz

2/\$5
With Card



Minute Maid Zero Sugar Drink
52 fl oz or
Gatorlyte, 20 fl oz;
Select Varieties

2/\$5
With Card



Babybel Mini Cheese
6 ct or
The Laughing Cow
Cheese Wedges,
8 ct; Select Varieties

BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Nutri Grain Bars
8 ct or
Rice Krispies Treats,
8 ct; Select Varieties

BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Smart Ones Entrée
Select Varieties,
6.49-10.5 oz

\$1.99
With Card



Kroger Pasta
12-16 oz or Nissin
Noodle Bowl,
2.54-4 oz;
Select Varieties

10/\$10
With Card



DiGiorno Pizza
Select Varieties,
14.14-27.5 oz
When you buy 2 or more in the same transaction with Card.
Quantities less than 2 are up to \$6.99 each with Card.

2/\$10
With Card



Tyson Frozen Chicken
Select Varieties,
16-26 oz

\$7.99
With Card

BOTTLES & BREWS



White Claw,
Heineken or
Simply Spiked
Lemonade

\$17.99

Select Varieties,
12-Pack, 12 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable



Josh Cellars
Select Varieties,
750 ml

\$9.99
With Card



Jameson, Tullamore or Bushmills
Select Varieties,
750 ml

\$19.99



Baileys or Jameson Triple Triple
750 ml
or Captain Morgan,
1.75 Liters; Select Varieties

\$26.99

FIND YOUR FAVORITE NATURAL ITEMS

Organic Valley
Organic Milk
\$5.79
With Card

64 fl oz or Simple Truth
Greek Yogurt Pouches,
4 ct; Select Varieties



Clif ZBars
5-6 ct or Fiji Water,
6-Pack, 11.15 fl oz;
Select Varieties

\$5.49
With Card



LOCAL

Ellenos
Greek Yogurt
Select Varieties,
5.3 oz

3/\$5
With Card



Simple Truth
Sheet Pan Meal
Select Varieties,
32 oz

\$9.99
With Card



Hint Water
16 fl oz or Kind
Protein Max Bar,
2.2 oz; Select Varieties

10/\$10
With Card



Simple Truth
Chicken Sausage
Select Varieties,
12-16 oz

\$5.49
With Card

HOME, HEALTH & MORE!



Nature Made
Supplements
24-300 ct or
Nature's Bounty
Supplements, 25-360 ct;
Select Varieties

BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Allegra or Xyzal
Allergy Relief Tablets
Select Varieties,
24-35 ct

\$19.99
With Card



M&M's
Family Size Candy
Select Varieties, 15-18.08 oz

\$8.99
With Card



Suave
Body Wash
Select Varieties,
18 fl oz

\$2.99
With Card



Dial Liquid
Hand Soap
Select Varieties,
11 fl oz

2/\$5
With Card



Squishmallow
Plush
Select Varieties, 8"

\$7.99
With Card

SCORE MORE IN ONE STOP



Everyday Living
Kitchen Gadgets
Select Varieties

STARTING AT
\$1.79
AND UP



Mr. Coffee
Coffee Maker
5-Cup

\$34.99



Rubbermaid
TakeAlongs
Food Storage
2-Pack

\$5.49
With Card

**FILL YOUR SLOW COOKER
WITH SAVINGS!**



**Crock-Pot
Cook & Carry
Slow Cooker**
6-Quart

\$69⁹⁹



**Kroger
Corned Beef
Brisket**
Point Cut or
Flat Cut for \$4.99 lb

\$3⁹⁹
/LB
With Card



**Boneless
Top Round
London Broil**

**20%
OFF**

Tag Reflects Savings
With Card



**Smithfield
Marinated
Pork Loin Filets**
Select Varieties, 23 oz

\$6
With Card



**Yellow or White
Peaches or
Nectarines**

\$2⁹⁹
/LB
With Card



**Large
Pineapple
or Yellow
Dragon Fruit**

2/\$6
With Card

TASTE OF SUMMER
THESE FRESH CROPS DON'T STOP!

**Personal
Watermelon**

2/\$6

With Card





**Kroger
Single Serve
Salad Bowls**
4.9-6.7 oz

3/\$11

With Card



**Raspberries
or Blackberries**
6 oz

\$2.99

With Card



\$2.49
/LB

With Card
**Honeycrisp
Apples**

**Bloom Haus
Grace in Bloom
Bouquet**

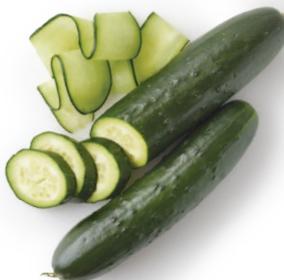
\$9.99



Cucumbers

79¢
/EA

With Card



**Kroger
AutumnCrisp
Seedless
Green Grapes**
2 lb

\$4.99

With Card



GUARANTEED FRESH



\$6.99
/LB

With Card

**Kroger
Extra Large
EZ Peel Shrimp**

21-25 ct, Raw,
Sold in a 2 lb Bag for \$13.98



**Smithfield
Lunch Meat**
Select Varieties,
16 oz

\$5

With Card



**Aqua Star
Salmon Fillets**
Frozen, 20 oz

\$10.99

With Card



**Simply
Potatoes**

Select Varieties,
20 oz

\$2.99

With Card



**Eastern Fisheries
Sea Scallops**
Frozen, 16 oz

\$12

With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

**Blueberry Muffins
or Apple or
Cherry Fritters,**
Select Varieties, 4 ct

\$5

With Card



**Private Selection
Roman Inspired
Pizza**

Select Varieties,
20 oz

\$10



**Private Selection
Lemon Herb Fresh
Roasted Chicken**
or Other Varieties,
Fully Cooked, 2 lb

\$9.99



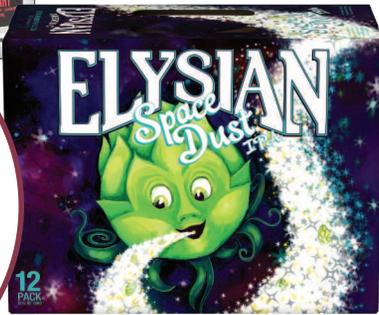
BOTTLES & BREWS



\$19.99

**Elysian,
Mac and Jack's
or Incline**

Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



**Jameson Black Barrel,
Johnnie Walker
or Woodinville**
Select Varieties,
750 ml

\$32.99



7.99 EA
-10%
With Card

\$7.19
/EA*

**Chateau Ste Michelle,
14 Hands or
Waterbrook**
Select Varieties,
750 ml



11.99 EA
-10%
With Card

\$10.79
/EA*

**Chateau Ste Michelle,
Browne or Skyfall**
Select Varieties,
750 ml



**Black Box
or Barefoot**
Select Varieties,
3 Liters

\$15.99



\$14.99

Guinness
8-Pack, 14.9 fl oz or
Sapporo, 12-Pack, 12 fl oz;
Bottles or Cans, Select Varieties,
Plus Deposit
Where Applicable

*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.*
Download coupons at FredMeyer.com/5Xcoupons



6.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$5.99
/EA*



Vitaminwater
6-Pack, 16.9 fl oz
or Body Armor, 8-Pack,
12 fl oz; Select Varieties



**Sara Lee
Artesano Buns**
Select Varieties,
6-8 ct

4.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$3.49
/EA*



**Minute or
Mahatma Rice**
Select Varieties,
8.8 oz

1.99 With Card
-50¢ Off 1
DIGITAL COUPON OFFER

\$1.49
/EA*

LOCAL



**Tree Top
Apple Juice**
Select Varieties,
64 fl oz

3.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$2.49
/EA*



**International Delight
Creamer**
Select Varieties,
32 fl oz

4.29 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$3.29
/EA*



**Stok
Cold Brew
Coffee**
Select Varieties,
48 fl oz

6.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$5.49
/EA*



**Dasani
Water**
24-Pack, 16.9 fl oz

5.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER

\$3.99
/EA*



**Kleenex
Facial Tissue**
Select Varieties,
6 ct

10.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$9.99
/EA*



**Cottonelle
Bath Tissue**
Select Varieties,
18 Mega Rolls

18.99 With Card
-3.00 Off 1
DIGITAL COUPON OFFER

\$15.99
/EA*



12.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER
\$10.99
/EA*

**Viva
Paper Towels**
6 Double Rolls



**SAVE
30%**

Tag Reflects Savings With Card
Easter Décor, Plush
and Housewares
Excludes Toys and Candles

1-HOP SHOP

FOR EASTER

Find more deals at FredMeyer.com/Easter



**Holiday Home
Easter Fill Eggs**
50 ct or
Paper Grass, 10 oz;
Select Varieties
\$5.99
With Card



Easter Plush
Select Varieties

**SAVE
30%**
Tag Reflects Savings
With Card



**Chalk Tales
Bucket**
20 ct or
Bubble Wand,
6-Pack,
Select Varieties
\$4.99
With Card



**Tuscany
Jar Candle**
Select Varieties,
18 oz
\$7.99
With Card



**Hershey's
or Cadbury
Candy Egg**
Select Varieties,
1.1-2.1 oz
4/\$5
With Card



**Skittles
Jellybeans**
10 oz or
Life Savers
Gummies, 9 oz;
Select Varieties
\$3.99
With Card



**Kinder Joy
Egg**
Select Varieties,
0.7 oz
\$1.99
With Card



**Hershey's
or Mars
Easter Candy**
Select Varieties,
7.4-10.8 oz
\$4.49
With Card



**Cadbury
Creme Eggs**
4 ct
\$4.49
With Card



**Whoppers
Robin Eggs**
Select Varieties,
9 oz
\$3.49
With Card



**Brach's
Jellybeans**
9 oz
\$2.69
With Card

Seasonal selection varies by store and is limited to stock on hand.

PICK UP EVERYTHING FOR GAME DAY!



Visit FredMeyer.com/blazers for details

HERE'S HOW IT WORKS... Look for these tags.

1. LOOK FOR THE TAGS
Look for the Blazers logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.



2. EARN POINTS AND REDEEM FOR...
Blazers tickets, experiential prizes, apparel and more!

