

[illegible]

100% FRESH *guarantee**

storewide satisfaction
or your money back.

MEMBERS SAVE \$1 547 /lb 647 without Green+ Card PRODUCT OF CANADA COMPLIMENTS Potatoes 5 lb Canada's No 1	199 /lb BUTTERNUT, ACORN, SPAGHETTI OR KABOCHA SQUASH PRODUCT OF MEXICO 4.36kg/kg	499 +150 PTS when you buy 2 PRODUCT OF CANADA COMPLIMENTS ORGANIC Sliced White or Cremini Mushrooms 227 g	3/\$5 Green Onions, Cilantro, Parsley or Parsley Italian Bunch product of Mexico or USA
4/\$4 Large Lemons product of USA or Limes product of Mexico or Colombia	399 Dragon Fruit product of Vietnam	544 Large Cantaloupe product of Costa Rica	347 /lb Emvy Apples product of USA extra fancy grade 7.65 kg

International WOMEN'S DAY
Collectively we can all
#GivetoGain #IWD2026

Sunday, March 8, 2026

3999 +200 PTS when you buy 1 Allure Bouquet assorted colours	3299 Joy Gift Bag Arrangement		STARTING AT 1599 Phalaenopsis Orchids assorted sizes and colours
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MEAT

1099 HARVEST Winners 675g	799 +100 PTS when you buy 2 COMPLIMENTS Fully Cooked Chicken or Turkey Strips 150-200 g
1299 +100 PTS when you buy 1 COMPLIMENTS Traditional or Smashed Beef Burgers 680-907 g	1299 WATSON RIDGE Beared and Breaded Premium Poultry 800 g selected

GET 10% OFF BEEF

WHEN YOU BUY 2 OR MORE OF THE SAME CUT

1399 /lb Top Sirloin Roasts cut by your meat expert from Canada AAA grade beef 30.84kg	1599 /lb Top Sirloin Medallions cut by your meat expert from Canada AAA grade beef 35.25kg
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299 /lb Boneless Pork Loin Centre Cut Roasts cut-in-store by your local meat expert 6.59kg	699 Family Size Pork Tenderloin 15.14kg
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649 /lb COMPLIMENTS Split Chicken Breasts AIR-CHILLED 14.31kg	799 /lb COMPLIMENTS Family Size Split Chicken-Wings 17.61kg
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DELI

Available at most stores

379 /100 g Cheese Swirls 225 g available hot or chilled	699 MONSIEUR GUSTAV Goustes or Swiss 170 g selected
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CHEESE please

Available at most stores

STARTING AT 499 Cheese Bread 450-485 g	
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299 /pk Mini Cheesecake Croissants 8 pk 250-200 g	599 COMPLIMENTS Garlic Parmesan Texas Toast 63g
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Scene[®] 1,000 PTS = \$10 OF FREE GROCERIES

*See restrictions on participating items. Excludes alcohol, tobacco, gift cards, and other restricted items. Offer valid while supplies last. ©2025 Costco Wholesale Corporation. All rights reserved.

FROZEN & DAIRY

 100 Pts when you buy 2 549 COMPLIMENTS Pure Orange Juice 1.5L	 999 KRAFT Singles 825 g	 2/\$10 CRAVE or KD Frozen Entrées 200-340 g	 379 without Core COMPLIMENTS Pierogies 907 g
 599 OLYMPIC Greek Regular, Krema or Organic Regular or Organic Greek Yogurt 650 g	 499 KRAFT Philadelphia Dips 340 g	 549 PANACHE Premium Ice Creams 1 L or Novelties 4-6 pk selected	 249 MICHELINA'S Frozen Entrées 128-284 g

DRINKS, SNACKS & PANTRY

17⁹⁹
NESTLE
 Mega Eggs 500 g
 white supplies last

\$5
Juicee Beans
 DART Real Fruit
 Gummies 475-700 g

2/9⁵⁰
CHEETOS
 170-285 g

2⁹⁹
MINI TWISTS
 MINI-TORIGANES
 MEMBERS SAVE \$1
2⁹⁹
 without
 Sesame
 Core
3⁹⁹
STICKS
 MINIMONSTER
 COMPLIMENTS
 Pretzels 320-400 g

 2⁹⁹ TACO BELL Hot Sauce 207 mL	 2⁹⁹ CLOVER LEAF Chunk Light Yellowfin Tuna 142 g	 100 PTS select any 1 buy 2 COMPLIMENTS Spices or Seasonings	 6²⁹ THAI KITCHEN Curry Paste selected varieties
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HOUSEHOLD

DAIRY & FROZEN

7⁹⁹

STARBUCKS Creamers or Non-Dairy Creamers 828 mL

++ 200 PTS when you buy 2

3⁹⁹

KRAFT Cool Whip Aerosol Whipped Topping 225 g or YOPLAIT Source Yogurt 630 g

++ 100 PTS when you buy 2

4/\$5

YOPLAIT Top Drinkable Yogurt 200 mL

++ 50 PTS when you buy 4

2⁹⁹

COMPLIMENTS 68% Vegetable Oil Margarine 427 g

++ 50 PTS when you buy 1

4⁴⁹

COMPLIMENTS Pries 650-800 g

10⁹⁹

CHAPMAN'S Markdale Creamery Ice Cream 4 L

8⁴⁹

LACTANTIA or My Country Butter Slices 454 g

6⁹⁹

COMPLIMENTS Cheese Strings 236 g or Lactose Free 352 g

++ 100 PTS when you buy 2

12⁹⁹

SMUCKER'S Uncrustables 10 pk

12⁹⁹

P.F. CHANG'S Multi Serve Meals 624 g

++ 100 PTS when you buy 2

++ 100 PTS when you buy 2

COMPLIMENTS Mini Pizza Bagel Snacks 198 g

++ 100 PTS when you buy 2

COMPLIMENTS Frozen Entrées 227-284 g selected

5²⁹

CADBURY Bagged Chocolate 147-200 g

++ 200 PTS when you buy 2

2⁴⁹

HARIBO Candy 175-175 g or EXCEL Mints 34 g

2/8⁵⁰

HOSTESS Hickory Sticks 275 g or STACYS Pita Chips 208-227 g

2⁴⁹

COMPLIMENTS Potato Chips 200 g

++ 100 PTS when you buy 2

\$5

TWININGS Tea 20 pk

7⁹⁹

COMPLIMENTS Coffee Pods 12 pk

++ 200 PTS when you buy 2

1⁹⁹

BEST BUY Wafers 227 g

++ 100 PTS when you buy 2

2/\$7

DARE Ultimate Cookies 290-300 g or CARR'S Table Water Crackers 125-136 g

++ 100 PTS when you buy 2

PEPSI Soft Drinks Mini Cans 6x222 mL

9⁹⁹

RED BULL Energy Drinks 4x250 mL

7⁹⁹

PEACE TEA or FUZE Iced Tea 12x341 mL

12⁹⁹

NATURE VALLEY Granola Bars, BETTY CROCKER Fruit or MOTT'S FruitSations 637 g-1.28 kg selected

2⁹⁹

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++ 50 PTS when you buy 1

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DRINKS, SNACKS & PANTRY



333 COMPLIMENTS
Instant Oatmeal
500-344 g or Quick Oats
1 kg



1999 JAKEMAN'S
Maple Syrup 1 L



499 JIF Peanut Butter
500 g



449 DEMPSTER'S
Bagels 5.2 pk
(excludes Protein Bagels)



15% OFF COMPLIMENTS
Baking Nuts
100 g selected (excludes
Pine Nuts) or Baking,
Caramels, Dates or Prunes
275 & 1 kg selected



649 QUAKER Muffin or
Cookie Mix 750-900 g
or BAKER'S Chocolate
170-225 g



2/\$3 MR. NOODLES Cups
64 g



349 COMPLIMENTS
Grain Breads 600 g



100 PTS when you buy 2
PANACHE Extra Virgin Olive Oil 500 mL



399 PANACHE Salad
Dressing 350 mL
or COMPLIMENTS
Marinades 350 mL



2/\$5 MINUTE RICE Cups
250 g



449 PATAK'S Cooking
Sauce 400 mL selected

NATURAL, HEALTH & HOUSEHOLD



2899 KICKING HORSE
Whole Bean Coffee
850 g or Ground Bean
Coffee 708 g



399 EARTH'S OWN
Beverages 1.75-1.89 L



399 BABY GOURMET
Bars, Bites or
Snacks 35-60 g or
Q-TIPS 400 pk



529 CREST 3D White Toothpaste or
ORAL B Toothbrushes or Floss
63-120 mL or 1-75 pk selected



879 OLD SPICE Body
Wash 532-709 mL
selected



25% OFF LIVE CLEAN Hand
Soap 1 L or Shampoo or
Conditioner 350-750 mL
selected



799 COMPLIMENTS
Facial Tissues or
Paper Towels 3-6 rolls



849 LYSOL Toilet Bowl Cleaner 2 pk,
Disinfectant Spray 529 g, Fabric Sanitizer 425 g
or Dual Action Wipes 75 pk selected



1129 ENERGIZER
Batteries AA 8 pk,
AAA 4 pk or 9 VZ pk



1199 PURINA ONE Dry
Dog Food 1.72-1.81 kg



2/\$5 PURINA ONE Wet
Dog Food 368 g



1299 PURINA Tidy Cats
Multi-Cat Clumping
Litter 2.72 kg



Proudly supporting **Canadian Women Entrepreneurs**

**Amanda DeSutter
from Amanda Lynn
Gluten Free**

Amanda Lynn Gluten Free began with a love for traditional foods and the need for gluten-free options that don't sacrifice taste and/or texture. What started as a personal journey quickly became a passion for creating delicious, homemade-style perogies everyone can enjoy. Handmade with care and quality ingredients, these perogies stand up against the taste test of time and tradition. We believe that everyone should eat well and enjoy what they are eating.



**Pina Romolo
from Piccola Cucina**

Pina Romolo from Piccola Cucina in Winnipeg manufactures certified gluten-free products, offering a line of plant-forward products including Judy G Foods pizzas and vegan non-GMO cakes. We specialize in better-for-you, minimally processed products to fuel your healthy lifestyle.



**Michelle Leclair from
Wolseley Kombucha Inc.**

As a dedicated woman entrepreneur and owner of Wolseley Kombucha since 2016, Michelle has passionately focused on crafting a quality, organic kombucha product that appeals to health-conscious consumers. Her commitment to excellence led to Michelle being honoured with the Woman Entrepreneur of the Year award in Winnipeg. This recognition not only highlights her passion for creating delicious, gut-friendly kombucha but also serves as an inspiration for other women to pursue their entrepreneurial dreams.



Collectively we can all **#GiveToGain #IWD2026** Sunday, March 8, 2026

FEED THE DREAM



IGA

OFFICIAL GROCER



13.99
MAPLE LEAF PRIME Raised Without Antibiotics Poultry 568-700 g selected



6.99
MAPLE LEAF Top Dogs 375 g



5.99
GENERAL MILLS Family Size Cereal 516-778 g



3.49
OLD EL PASO Tortillas 297-334 g or Taco Shells 125-133 g



2/\$9
MCCAIN Superfries 454-750 g



2/4.50
BODYARMOR Super Drink 473 mL



2/4.50
COCA-COLA Soft Drinks 1 L



2/\$6
GLACÉAU Smartwater 1 L



2/\$9
MCCAIN Bistro, Smiles or Taters 600-800 g



STARTING AT 24.99
TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2.99
DAWN Dish Soap 431-502 mL selected



23.99
CORONA Cero Alcohol-Free Beer 12x355 mL



3.99
ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6.49
ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-452 g or Gourmet Popping Corn 850 g



2/\$10
HEALTHY CHOICE Gourmet Steamers 269-306 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at west.iga.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

**PICKED
FOR YOU**

KITCHEN & DELI DEALS

Crafted in Ireland using
premium grass-fed cow's milk

100 PTS
when you buy 2

849

**KERRYGOLD Reserve
Cheddar or Dubliner**
198 g

Golden, juicy, and
ready to serve

Crispy Chicken 9 pieces
available hot or chilled

21⁹⁹

400 PTS
when you buy 1

Skip the drive-thru and head
to our Kitchen! Cooked fresh
throughout the day



LOAD IT TO GET IT!

- 1 Load your offers to activate them
- 2 Shop and scan your Scene+ card

OFFER VALID MARCH 5-11, 2026

Activate your offers at [MyGroceryOffers.ca](https://www.MyGroceryOffers.ca)



Get **400 PTS**
when you buy 2

COMPLIMENTS BALANCE or Asian-Inspired Frozen Entrées 250-280 g selected



Get **400 PTS**
when you buy 2

COMPLIMENTS Family Size Sliced Deli Meats 400 g selected

SAVE \$1
when you buy 1

COMPLIMENTS ORGANIC Frozen Fruit 600 g assorted



Card must be registered. Offer valid and available to be loaded March 5-11, 2026 at all participating IGA locations in Western Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply

