

Get Easter Ready

metro
CANADIAN AND PROUD

2⁴⁹ ea.

RASPBERRIES 1kg
PRODUCT OF CANADA

BLACKBERRIES 1kg
PRODUCT OF MEXICO

2⁹⁹ ea. or /lb

LITTLE POTATO CO.
LITTLE POTATOES
100% POTATOES
NO MSG
NO ARTIFICIAL FLAVORS

LPC CREAMER POTATOES 1kg
2 Lbs. 100% POTATOES
NO MSG
NO ARTIFICIAL FLAVORS

LARGE RED, ORANGE OR YELLOW SWEET PEPPERS
PRODUCT OF CANADA OR MEXICO, 2.5kg (5.5lb)

3⁹⁹ ea.

SWEET ONIONS 1kg
PRODUCT OF CANADA

FOLIA LETTUCE 1kg
PRODUCT OF CANADA

\$5 PER TAIL

19⁹⁹ ea.

WILD-CAUGHT ROCK LOBSTER TAILS
PRODUCT OF CANADA

2⁴⁹ ea.

Green Giant Frozen Vegetables
1kg (2.2lb)

Green Giant Cream of Chicken Soup
1kg (2.2lb)

125 points value of \$1

4⁹⁹ ea.

Häagen-Dazs Ice Cream
1kg (2.2lb)

OPEN FOR MORE SAVINGS

12⁸⁸ /lb

RED GRILL CAP ON BUN STYLE VALUE PACK
1kg (2.2lb)

11⁸⁸ /lb

RED GRILL PORK BUN BLOAST CHEF STYLE
2.5kg (5.5lb)

125 points value of \$1

5⁸⁸ /lb

FRESH LAMB
100% Grass Fed
Free range
Raised without antibiotics or added hormones

FRESH LAMB LEGS SHORT CUT
1kg (2.2lb)

3⁹⁹ /lb

FRESH PORK BACK RIBS VALUE PACK OR FRESH SPLIT CHICKEN BREAST BONE IN
2.5kg (5.5lb)

3⁹⁹ ea.

FRESH CANADIAN ATLANTIC SALMON PORTIONS
PRODUCT OF CANADA

4⁸⁸ ea.

Lactantia Butter
Country Churned Butter
Unsalted
1kg (2.2lb)

4⁸⁸ ea.

Black Diamond Marble - Marble
Black Diamond Bars on Shredded Cheese
1kg (2.2lb)

EASTER
ESSENTIALS

MARC ANGELO
ITALIAN DELI
MEAT &
BALDERSON
CHEESE
100%
CHEDDAR
EXTRA PASTA
EXTRA PASTA

5⁹⁹
ea.



FRONT STREET BAKERY
HOT CROSS BUNS
12/12/12

125
points
value of \$1

3⁹⁹
ea.



KICKING HORSE
COFFEE 100%
QUILTED HARBOR

125
points
value of \$1

14⁹⁹
ea.



LACTANTIA CREAM
100% MILK
QUILTED HARBOR

3⁴⁹
ea.



UNION EASTER
BUNNY CHOCOLATE 100%
QUILTED HARBOR

6⁹⁹
ea.



FRESH CUT TULIPS
12/12/12

12⁹⁹
ea.



Shop these and more in-store or online

899
ea.



099



599



5.99



10⁹⁹



1099



New Lower Prices

VILLAGGIO
ITALIAN STYLE
BREADS, BUNS OR
MINI BREADS
\$1.75 (100g)
OR 1.99 (150g)

**2 for
7⁰⁰**

3⁹⁹
/100 g

IRRESISTIBLES ARTISAN
BUNNY BUNDT
BREADS, 10.50g

3⁴⁹
/100 g

CASTELLO TICKLER
CHEDDAR, JACOB
FONTELA, DANISH BLUE
CHEESE OR HAVARTI
PREZIOSA MARZO, 10.80g

9⁹⁹
ea.

PIZZER'S
SMOKED HAM
\$1.99 (100g)

14⁹⁹
ea.

STORE MADE
DELICIOUS FRUIT
SALAD 1.5kg

7⁹⁹
ea.

CASTELLO
HAVARTI OR GOURA CHEESE
10.50g, 10.80g

5⁴⁹
ea.

PLANTERS NUTS,
SMOOTHED
POPCORN OR
MIX NUTS & CHIPS
\$1.99 (100g)

4⁹⁹
ea.

CEDAR VALLEY
S.M. CRETORS
POPCORN OR
PEANUT BUTTER
\$1.99 (100g)

5⁴⁹
ea.

NEAL BROTHERS
SALSA OR LA CROIX
SPARKLING WATER
\$1.99 (100g)

3⁴⁹
ea.

DARE
COOKIES OR
CRACKERS
\$1.99 (100g)

3⁴⁹
ea.

SKITTLES ON DARE
CANDY
\$1.99 (100g)

6⁹⁹
ea.

ACTIVA MULTI
OR
DRINKABLE
YOGURT
\$1.99 (100g)

5⁹⁹
ea.

DR. PEPPER
PEZZA OR
ESKA WATER
\$1.99 (100g)

10⁹⁹
ea.

SAN PELLEGRINO OR MASON PERIERE SPARKLING WATER,
CORONA OR MICHELON NON ALCOHOLIC BEER
\$1.99 (100g)

2⁹⁹
ea.

GOLDFISH
CRACKERS
\$1.99 (100g)

1⁹⁹
ea.

CAMPBELL'S
BROTH, 10.50g
\$1.99 (100g)

99¢
ea.

CLUB HOUSE
SEASONING OR
SAUCE MIX
\$1.99 (100g)

4⁴⁹
ea.

STRIB'S PICKLES
OR
SAUCE MIX
\$1.99 (100g)

4⁹⁹
ea.

AXE, GARNIER,
LYNCEL, NIVEA OR
SOFASOL
PERSONAL CARE
\$1.99 (100g)

3⁹⁹
ea.

ALCAN
REPAIRMENT PAPER
\$1.99 (100g)

10⁹⁹
ea.

TIDE EMERY
DOWNY
SCENTED
CASCADIA
CHANDLER
BOUNTY
\$1.99 (100g)

50
50¢

3⁹⁹
ea.

MINUTE MAID OR FRUITOPIA DRINKS,
PEACE TEA OR FRUITOPIA TEAS
\$1.99 (100g)

125
125¢

3⁹⁹
ea.

KRAFT SALAD
DRESSING, 10.50g
\$1.99 (100g)

We reserve the right to limit quantities.
DISCOUNTS MAY PRECEDE OTHER PROMOTIONS.
SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

Visit us at **mcicro.co**
to see all the products and to win \$5000 in groceries.

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this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16.99
ea.

SAVE UP TO
\$6

22.99*
ea.

BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2.99
ea.

SAVE UP TO
\$1.80

4.79*
ea.

LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5.99
ea.

SAVE UP TO
\$2

7.99*
ea.

IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3.99
ea.

SAVE UP TO
\$1

4.99*
ea.

TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12.99
ea.

SAVE UP TO
\$7

19.99*
ea.

IRRESISTIBLES
COFFEE CAPSULES
30 capsules
SELECTED VARIETIES



NOW
4.99
ea.

SAVE UP TO
\$1.50

6.99*
ea.

EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce



1⁹⁹
/lb
LARGE SEEDLESS
NAVEL ORANGES
PRODUCT OF U.S.A.
4.29kg



4⁹⁹
ea.
STRAWBERRIES 1/4 lb
PRODUCT OF U.S.A. OR CANADA
No. 1 GRADE



1⁹⁹
/lb
SWEET POTATOES
PRODUCT OF MEXICO
4.29kg



2⁹⁹
/lb
HEIRLOOM TOMATOES
PRODUCT OF MEXICO
6.59kg



3⁹⁹
/lb
ORBI CLEMENTINES
STEM & LEAF
CLEMENTINES
PRODUCT OF SPAIN
8.59kg



1⁹⁹
/lb
LARGE RED PRINCE
APPLES
PRODUCT OF CANADA
CANADA GROWN & PACKED
4.29kg



4⁹⁹
ea.
FRENCH BEANS
PRODUCT OF MEXICO OR
CANADA



3⁴⁹
ea.
BOSTON LETTUCE 1/4 lb
PRODUCT OF CANADA



4⁹⁹
ea.
BLACK MISSION FIGS
1/4 lb
PRODUCT OF MEXICO



5⁹⁹
/lb
COTTON CANDY
PRODUCT OF CHINA
No. 1 GRADE
13.21kg



99¢
/lb
GREEN CABBAGE
PRODUCT OF CANADA
CANADA GROWN
2.70kg



3⁹⁹
/lb
BRUSSELS SPROUTS
PRODUCT OF MEXICO
8.59kg



3⁹⁹
ea.
GOLDENBERRIES 1/4 lb
PRODUCT OF CANADA OR SPAIN



2⁴⁹
/lb
LARGE BARTLETT
PEARS
PRODUCT OF U.S.A. OR CANADA
4.29kg



3⁹⁹
ea.
MINI CUCUMBERS 1/4 lb
PRODUCT OF CANADA
CANADA GROWN



2⁴⁹
/lb
GREEN ZUCCHINI
PRODUCT OF MEXICO
5.49kg



7⁹⁹
ea.
MEYER'S
CHOCOLATE
CARAMEL APPLE 1/4 lb



3⁹⁹
ea.
SWEET BABY
BROCCOLI
PRODUCT OF U.S.A.



4⁹⁹
ea.
CURRY SWEET POTATOES,
BUTTERNUT OR
BUTTERNUT SQUASH 1/4 lb



3⁷⁹
ea.
BELLE GROVE
MUSHROOMS
PRODUCT OF MEXICO OR U.S.A.
PRODUCT OF CANADA



5⁹⁹
ea.
WONDERFUL
IN SHELL PISTACHIOS
100% PISTACHIOS
100% PISTACHIOS



5⁹⁹
ea.
BENET'S
SALAD
DRESSINGS
100% PISTACHIOS
100% PISTACHIOS



2⁹⁹
ea.
UNBEATABLE
HERBS 1/4 lb
PRODUCT OF CANADA
CANADA GROWN



2⁴⁹
ea.
ASSORTED COLOUR
CARROTS 1/4 lb
PRODUCT OF CANADA
CANADA GROWN

Sliced & Diced



9⁹⁹
ea.
PUMPKIN CHEESECAKE TRAY WITH RUFFLES
STRAWBERRY PHILADELPHIA CHEESE
WITH CHOCOLATE DIP 1/4 lb
SMALL FRUIT TRAY 1/4 lb



14⁹⁹
ea.
MACARONI PLATTER 1/4 lb
FAMILY SIZE CHICKEN CAESAR SALAD 1/4 lb
SMALL BERRY VINNY TRAY 1/4 lb



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un.



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



11⁹⁹
ea.

CHRYSANTHEMUMS
6" POT
ASSORTED COLOURS



Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.





YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

BUTTERBALL
ROAST
FROZEN BUTTERBALL OR
GRADE A TURKEY
13.25kg
6.59kg

RED GRILL
EASY CARVE
PRIME BRISK ROAST
13.25kg
12.99kg

12⁸⁸
/lb

100% CANADIAN AA
BEEF

BONELESS
BONELESS PORK LOIN CHOPS
VALUE PACK OR ROAST
13.25kg

5⁹⁹
/lb

PLATINUM GRILL ANJOU
BEEF FENDER CUT
STEAK OR ROAST
78.50kg
78.50kg

33⁹⁹
/lb

100% CANADIAN
BEEF

PRIME
YORKSHIRE VALLEY FARM
ORGANIC FRESH
WHOLE CHICKEN
13.25kg

7⁹⁹
/lb

MAPLE LEAF PRIME
FRESH SPICE CHICKEN WINGS
17.50kg

YORKSHIRE VALLEY FARM
ORGANIC FRESH
WHOLE CHICKEN
13.25kg

5⁹⁹
/lb

Organic

125 points
value of \$1

6⁸⁸
/lb

FRESH
BONELESS LAMB LEG
13.25kg
6.59kg

FRESH LAMB SHOULDER
CHOPS VALUE PACK
13.25kg
11.50kg

7⁹⁹
/lb

FRESH LAMB LOIN CHOPS
13.25kg
28.50kg

12⁹⁹
/lb

FRESH FRENCHED
LAMB RACK
13.25kg
48.50kg

19⁹⁹
/lb

I earn with **moi** rewards

SCHNEIDER'S
BREAKFAST
SNACKWICHES OR
EGG BITES
100g
100g

5⁹⁹
ea.

125 points
value of \$1

MAPLE LEAF
PORK CHOPS
100g
100g

6⁹⁹
ea.

80 points

LOU'S
PORK CHOPS
100g
100g

7⁹⁹
ea.

90 points

IRRESISTIBLE
PORK CHOPS
100g
100g

5⁹⁹
ea.

70 points

FELDER'S
PORK CHOPS
100g
100g

4⁹⁹
/lb

125 points
value of \$1

MONTANA'S
PORK CHOPS
100g
100g

8⁹⁹
ea.

125 points
value of \$1

KELSEY'S
PORK CHOPS
100g
100g

12⁹⁹
ea.

125 points
value of \$1

YORKSHIRE
VALLEY FARM
PORK CHOPS
100g
100g

19⁹⁹
ea.

250 points
value of \$2

Entertaining Favourites

WATSON RIDGE
CHICKEN BALLS
100g
100g

5⁹⁹
ea.

ULTIMATE
CHICKEN
100g
100g

5⁹⁹
ea.

JOHNSONVILLE
SAUSAGES
100g
100g

6⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS TWO
100g
100g

12⁹⁹
ea.

MAPLE LEAF PRIME
CHICKEN
100g
100g

9⁹⁹
ea.

MAPLE LEAF PRIME
CHICKEN
100g
100g

9⁹⁹
ea.

SCHNEIDER'S
PASTRY POPPERS
100g
100g

12⁹⁹
ea.

MAPLE LEAF PRIME
CHICKEN
100g
100g

15⁹⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT **metro.ca**

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g
8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g
7⁹⁹
ea.

Shop
these and
more in-store
or online



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g
8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g
8⁹⁹
ea.



7⁹⁹
ea. IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea. IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea. IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Seafood



9⁹⁹
/lb

WILD CAUGHT
ALASKAN COD FILLETS
FRESH OR FROZEN (20 FILLETS, 2.17 lb)



12⁹⁹
/lb

FRESH RAINBOW TROUT FILLETS, VALUE PACK
100 g, 2.20 lb



4⁹⁹
ea.

7 SEAS SOLE
WITH STUFFING
FRESH (100 g, 2.20 lb)



5⁹⁹
ea.

FRESH
CANADIAN CORE
ORGANIC MUSSELS
1.5 lb



6⁹⁹
/lb

FRESH
PASTA CLAMS
1.5 lb



8⁹⁹
/lb

STORE MADE
SEAFOOD SALAD
CHICKEN, CUCUMBER
MAYONNAISE, 1.5 lb



8⁹⁹
ea.

OCEAN PRIME
WHOLE CLEANED Sockeye SALMON



13⁹⁹
ea.

BACCALA
CHILEAN BONITO
SAUTÉ (100 g, 2.20 lb)



13⁹⁹
ea.

OCEAN JEWEL
WHOLE
MEDITERRANEAN
SEA BASS
1.5 lb



49⁹⁹
/lb

KING CRAB
FRESH (1.5 lb)

Irresistible



6⁹⁹
ea.

IRRESISTIBLE
UNCOOKED
SAUSAGE LINKS
FRESH (100 g)



8⁹⁹
ea.

IRRESISTIBLE
COOKED PACIFIC
WHITE SHRIMP
FRESH (100 g)



9⁹⁹
ea.

IRRESISTIBLE
SEAFOOD
MEDLEY
FRESH (100 g)



10⁹⁹
ea.

IRRESISTIBLE
CRAB CAKES
FRESH (100 g)

Deli Favourites



2⁹⁹
/100 g

MAPLE GLAZED
CHICKEN BREAST
FRESH (100 g)



2⁹⁹
/100 g

SHORSHI
SANDWICH
FRESH (100 g)



1⁹⁹
/100 g

KRIMOS
QUESO
TRADITIONAL FETA CHEESE
FRESH (100 g)



11⁴⁹
ea.

SANTITAS
BELLANANO CHEESE
FRESH (100 g)



5⁴⁹
ea.

PIZZERIA
BELLITALIA
PIZZA TOPPINGS
FRESH (100 g)



7⁴⁹
ea.

BRANDT
SAUSAGE CHUBS
FRESH (100 g)



6⁹⁹
ea.

RICOTTA
CHEESE
FRESH (100 g)



5⁹⁹
ea.

CELEBRITY
SHEEP'S MILK
CHEESE
FRESH (100 g)



10⁹⁹
ea.

MARC ANGELO
CALABRESE
SALAMI
FRESH (100 g)



11⁹⁹
ea.

MARC ANGELO
PROSCIUTTO OR
ANTIPASTO
QUATTRO TRAZ
FRESH (100 g)



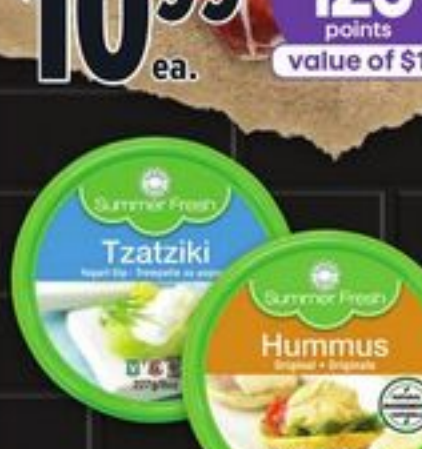
12⁹⁹
ea.

4 MINI
BURRATA
FRESH (100 g)



4⁹⁹
ea.

NEW YORK
STYLE
BAGEL CRISPS
FRESH (100 g)



3⁹⁹
ea.

SUMMER FRESH
HUMMUS OR DIPS
FRESH (100 g)



7⁹⁹
ea.

SABATINI'S
FRESH MACARONI
FRESH (100 g)



8⁹⁹
ea.

SWISS CHALET
CHICKEN
POT PIE
FRESH (100 g)



8⁰⁰
ea.

FRESH & GO
FRESH PASTA
FRESH (100 g)

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTTRELL
CHEESE
170 g
SELECTED VARIETIES



999
ea.
ZERIO
MOZZARELLA
250 g
SELECTED VARIETIES



549
/100 g
COMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
24.90%



2200
ea.
BELLA CASARA
BURRATA CHEESE
250 g
14.99 ea. 250 g



1499
ea.
TRE STELLE
MASCARPONE CHEESE
475 g



699
ea.
PRESCUMBI
OR BALDERSON
SPREADABLE CHEESE
185 - 200 g
SELECTED VARIETIES



1799
ea.
INESISTIBLE
BRIE
500 g



329
/100 g
BALDERSON
CHEDDAR
AGED 36 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.35/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



479
/100 g
L'EXTRA
DOUBLE CHEVRE BRIE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63%



1099
ea.
OKA CHEESE
100 g
SELECTED VARIETIES

Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY
OUR ARTISANAL PURES

MADE WITH
100% REAL CHEESE



FRONT STREET BAKERY
EXTRA CHEDDAR
CHEESE BREAD
855 g

749
ea.

Choose from a fine selection of
Artisanal breads *baked in my metro.*

FRONT STREET BAKERY
275 g
SELECTED VARIETIES



399
ea.

FRONT STREET BAKERY
445 g



469
ea.

FRONT STREET BAKERY
500 g



459
ea.

FRONT STREET BAKERY
485 g



469
ea.



FRONT STREET BAKERY
800 g
100% SERVED, SERVED HOT

1999
ea.



FRONT STREET BAKERY
1 kg
100% SERVED, SERVED HOT

2499
ea.



FRESH 2 GO
LASAGNA
1.5 kg
SERVES 4-6

2500
ea.



PREMIERE MOISSON
SOUPS
200 ml
SELECTED VARIETIES

699
ea.



SUMMI
DUMPLINGS
OR SPRING ROLLS
250 g
SELECTED VARIETIES

499
ea.



O'SOLE MIO
FRESH PASTA
250 g
SELECTED VARIETIES

529
ea.



O'SOLE MIO
PASTA SAUCE
300 ml
SELECTED VARIETIES

399
ea.



SABOR GUACAMOLE
CLASSICO OR SPICY
150 g

499
ea.



GARDEN FRESH
TORTILLA CHIPS, SALSA
OR FRESH
MASHED POTATOES
387, 400 g, 473 ml
SELECTED VARIETIES

599
ea.



SUMMER FRESH
S-LAYER DIP
400 g
SELECTED VARIETIES

1099
ea.



FRESH 2 GO
TORTILLA CHIPS
1 kg
SELECTED VARIETIES

500
ea.

Lemon Treats



FRONT STREET BAKERY
LEMON MERINGUE PIE
12" ea.

6⁹⁹



LA ROCCA
LEMON MOUSSE
CAKE 10 1/2" ea.

21⁹⁹



INEVITABLE
LEMON POPPY SEED
COFFEE CAKE 10 1/2" ea.

10⁹⁹



FRONT STREET BAKERY
LEMON PUDDING TWISTS
12 1/2" ea.

5⁹⁹



FRONT STREET BAKERY
LEMON DANISH
12 1/2" ea.

5⁹⁹



SELECTION
LEMON DESSERT SQUARES
10 1/2" ea.

7⁹⁹



MR KIPLING
LEMON SNACK
CAKES 10 1/2" ea.

3⁶⁹

Strawberry Delights



FRONT STREET BAKERY
CHOCOLATE BOSTON
CAKE 10 1/2" ea.

22⁹⁹



FRONT STREET BAKERY
GOURMET
STRAWBERRY
SHORTCAKE 10 1/2" ea.

31⁹⁹



FRONT STREET BAKERY
TRIPLE STRAWBERRY
BOSTON CAKE 10 1/2" ea.

22⁹⁹



FRONT STREET BAKERY
STRAWBERRY CHEESECAKE
10 1/2" ea.

22⁹⁹

Meal Essentials



BEN'S ORIGINAL
FAST & FANCY RICE 12 1/2" ea.

1⁹⁹



GREEN GIANT
CANNED VEGETABLES
10 1/2" ea.

1⁹⁹



FRENCH'S KETCHUP
10 1/2" ea.

5⁴⁹



KNORR SOUP ENVELOPES
10 1/2" ea.

2⁴⁹



KNOX'S MUSTARD
10 1/2" ea.

5⁹⁹



IDAHOAN
MACARONI POTATOES 10 1/2" ea.

1⁹⁹



EGGOS
Waffles
10 1/2" ea.

3⁹⁹



PIZZA
POPS
10 1/2" ea.

6⁹⁹



INEVITABLE
PROTEIN MEALS
10 1/2" ea.

4⁹⁹



KIWIES
PALLET TWISTS
10 1/2" ea.

9⁹⁹

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600 - 700 g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400 - 480 g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000 g

10⁹⁹
/lb

STORE MADE
DIPS
200 - 500 g

5⁹⁹
ea.

STORE MADE
LUNCH CHIMP
WITH SAUCE
PREVIOUSLY FROZEN
28 - 30 PIE, 2.20/100 g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600 - 700 g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1.00
ORDER IN STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET GARDEN
CHARCUTERIE
1.00
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1.00
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.00 kg

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24 kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600 - 700 g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HRM
JAMBON FUME
DESUSSE
1.4 kg
1.4 kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



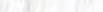
In Store
Visit Our Deli

Complete your Easter menu with our
selection of tasty must-haves.

Complete your Easter menu with our
selection of tasty must-haves.



199
ea. STOVE TOP
STUFFING
120 g
SELECTED VARIETIES



120



1.99 ea. CLOVER LEAF SMOKED MUSSELS OR OYSTERS 85 g SELECTED VARIETIES



99¢ ea. **CLUB HOUSE
OR FRANCO'S GRAVY**
1 unit: 24 - 25 g; 284 ml
SELECTED VARIETIES



279
ea. **DOLE CANNED PINEAPPLE**
398 ml
SELECTED VARIETIES



649 ea.  **299** ea. 



449
ea. **SARDO OLIVES**
375 ml
SELECTED VARIETIES



499
ea.



5⁴⁹ ea. **IRRESISTIBLE CRISP CRACKERS**
150 g
SELECTED VARIETIES

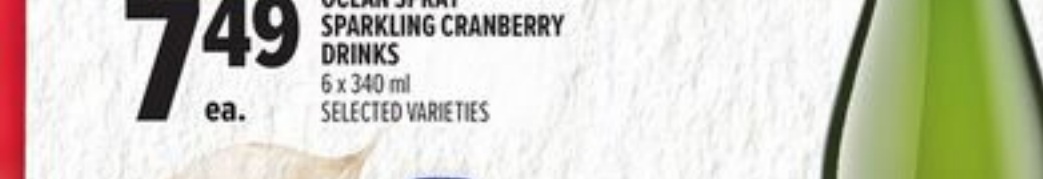
4⁹⁹ ea. **PILLSBURY EASTER COOKIES**
SELECTED SIZES
SELECTED VARIETIES
WHILE QUANTITIES LAST



2.99 ea. **PLANTERS**
TRAIL MIX
80 g
SELECTED VARIETIES



Hortons.



749 ea. **SPARKLING CRANBERRY DRINKS**
6 x 340 ml
SELECTED VARIETIES



299
ea.

SELECTION
SOUR CREAM
450 - 500 ml
SELECTED VARIETIES



14.99 ea. **TIM HORTONS**
GROUND COFFEE
300 g
SELECTED VARIETIES



2/9 ea.  **849** ea. 



399 ea. **FIVE ROSES FLOUR**
2.5 kg
SELECTED VARIETIES



299 ea. **BROWN SUGAR**
1 kg
SELECTED VARIETIES



4.99 ea.  **2.99** ea. **SHREDDED COCONUT**
200 g
SELECTED VARIETIES

More Great Savings



1999 ea.

TIMOTHY'S COFFEE CAPSULES (ea.)



649 ea.

McCAFÉ INSTANT COFFEE (ea.)



899 ea.

TETLEY TEA BAGS (ea.)



599 ea.

ST. HUBERT SYRUP (ea.)



569 ea.

WHOLE EARTH PLANT BASED LIQUID SWEETENER (ea.)



549 ea.

TROPICANA REFRESHED DRINKS (ea.)



549 ea.

INVISIBLE BISCUITS (ea.)



299 ea.

INVISIBLE WATER CRACKERS (ea.)



199 ea.

INVISIBLE CHIPS (ea.)



499 ea.

OCEAN SPRAY CRANBERRY JUICE (ea.)



649 ea.

M&M'S OR MALTESERS (ea.)



1199 ea.

LINDT SWISS CLASSIC CHOCOLATE BAR (ea.)



1199 ea.

ASAHI BEER (ea.)



1249 ea.

BUSCH BEER (ea.)



899 ea.

MUSKOKA BEER (ea.)



299 ea.

BARRY'S BEER (ea.)



499 ea.

SELECTION OF PEANUTS (ea.)



899 ea.

MAISON PERRIER SPARKLING WATER (ea.)



699 ea.

GENEROUS BY NATURE NATREL COFFEE (ea.)



599 ea.

GENEROUS BY NATURE NATREL FINE FILTERED MILK (ea.)



299 ea.

RITZ CRACKERS (ea.)



499 ea.

HELLMANN'S MAYONNAISE (ea.)



299 ea.

RITZ CRACKERS (ea.)



499 ea.

HELLMANN'S MAYONNAISE (ea.)



399 ea.

RITZ CRACKERS (ea.)



399 ea.

HELLMANN'S MAYONNAISE (ea.)



399 ea.

RITZ CRACKERS (ea.)



399 ea.

HELLMANN'S MAYONNAISE (ea.)



Free

KINDER SURPRISE EGGS (ea.)



649 ea.

KINDER MAXI CHOCOLATE (ea.)



1299 ea.

KINDER MAXI CHOCOLATE (ea.)



1399 ea.

KINDER MAXI CHOCOLATE (ea.)

metro.ca

*Spring into
flavourful spirits*

Complement your feast with favourite red & white wines, cold brews & cocktails.

Complement your feast with favourite red & white wines, cold brews & cocktails.



21 ea. **MIX PACK**
8 x 355 ml

*Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout.
Alcoholic items are available at select stores. See metro.ca for availability.*

33 ea. **VARIETY PACK**
12 x 355 ml

21⁹⁹ ea. **NUTRL MIX PACK** 8 x 355 ml *Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See metro.ca for availability.*

33⁹⁹ ea. **DILLON'S GIN COCKTAIL VARIETY PACK** 12 x 355 ml

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

HONEY KEMUR PO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

PARULMENT GOLD
MOON OR LA BELLA
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

SAPPHIRE
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

SERBERA
BOUQUET
KORRUM COLOURS

7⁹⁹

CELEDA MOON OR
ARJUN BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

BIJAN'S
GHEE
500 g

1⁶⁹

CEDAR
CANNED BEANS
400 g
SELECTED VARIETIES

3⁴⁹

INDOMIE NOODLES
OR MAGGI SAUCES
100 g/150 g
SELECTED VARIETIES

8⁹⁹

AMLENDER OR CEDAR
TAMAR OR
PRINCE'S CANDY
500/500 g
SELECTED VARIETIES

1⁹⁹

DIYA
HARE OR PIRATHAS
200/400 g
SELECTED VARIETIES

2⁴⁹

HARE DARI, PHOENIX
OR CEDAR PHOENIX
400/500 g
SELECTED VARIETIES

3⁹⁹

DIYA LENTILS OR
BLACK CHICK PEAS
100/150 g
SELECTED VARIETIES

2⁴⁹

SURATI SNACKS
DIYA BAKED CHINA,
BUBBON OR
BUBBON CHINA
200/400 g
SELECTED VARIETIES

3⁹⁹

PARLE'S
COOKING SAUCE
400 ml
SELECTED VARIETIES

3⁹⁹

KORMA
OR BUTTER CHICKEN
400 ml
SELECTED VARIETIES

3⁹⁹

CASABLANCA
ORIGINAL DANISH BUTTER
COOKIES
450 g

99¢

DIYA
OR
SELECTED VARIETIES

1⁶⁷

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
45/200 g
SELECTED VARIETIES

3⁴⁹

DIYA PICKLED
ONIONS OR
FRIED ONIONS
500 g
SELECTED VARIETIES

99¢

PARLE'S OR LO
COOKIES
50/100 g
SELECTED VARIETIES

99¢

PARLE'S OR LO
COOKIES
50/100 g
SELECTED VARIETIES

Item availability varies by store



We take pride in sourcing locally from the
St. Lawrence Seaway Region.

MAPLE DALE
5-YEAR-AGED
CHEDDAR CHEESE
275 g

11⁹⁹
ea.



MAPLE DALE
CHEDDAR CHEESE CURDS
200 g
SELECTED VARIETIES

5⁴⁹
ea.



SPRAGUE
ORGANIC BEANS
398 ml
SELECTED VARIETIES

1⁹⁹
ea.



SPRAGUE ORGANIC
LEGUMES OR CHILI
SELECTED SIZES
SELECTED VARIETIES

2⁹⁹
ea.



O'HARA SUGAR
MAPLE SYRUP
250 ml
SELECTED VARIETIES

9⁴⁹
ea.



COUNTY FARE
SPREADS OR SAUCES
229 - 350 ml
SELECTED VARIETIES

6⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME
THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES



3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES