

Get Easter Ready

metro
CANADIAN AND PROUD

2⁴⁹ ea.

RASPBERRIES 1kg
PRODUCT OF U.S.A. (95%)
BLACKBERRIES 1kg
PRODUCT OF MEXICO

1⁹⁹ /lb or ea.

HERBLOOM TOMATOES
PRODUCT OF MEXICO (95%)
BAPHA
PRODUCT OF U.S.A. (95%)

3⁹⁹ ea.

SWEET ONIONS 1kg
FOLIA LETTUCE 1kg

\$5 PER TAIL

19⁹⁹ ea.

WILD-CUGHT ROCK LOBSTER TAILS
PRODUCT OF CANADA

2⁴⁹ ea.

GREEN GIANT FROZEN VEGETABLES
GREEN GIANT CORN
PRODUCT OF CANADA

125 points value of \$1

4⁹⁹ ea.

Häagen-Dazs ICE CREAM
VANILLA
CHOCOLATE
OPT. FOR MORE SAVINGS

12⁸⁸ /lb

RED GRILL CAP ON BUN STYLE
VALUE PACK
COUNTRY CHURCHED BUTTER 25.35kg

11⁸⁸ /lb

RED GRILL PORK BUN BOAST
CHEF STYLE
25.35kg

125 points value of \$1

5⁸⁸ /lb

FRESH LAMB
100% Grass Fed
Free range
Raised without antibiotics or added hormones

FRESH LAMB LEGS SHORT CUT
25.35kg

3⁹⁹ /lb

FRESH PORK BACK RIBS VALUE PACK OR
FRESH SPLIT CHICKEN BREAST BONE IN
8.25kg

3⁹⁹ ea.

FRESH CANADIAN ATLANTIC SALMON PORTIONS
PRODUCT OF CANADA

4⁸⁸ ea.

Lactantia Butter
COUNTRY CHURCHED BUTTER
UNSALTED
454g

4⁸⁸ ea.

Black Diamond MARBLE - MARBRE
BLACK DIAMOND BARS ON SHREDDED CHEESE
PRODUCT OF CANADA


 GET UP TO \$10 OFF
 ANY ORDER OF \$15+

FRESH VEGETARIAN
 FROST CARROTS
 100%

125
 points
 value of \$1

12⁹⁹
 ea.

Irresistible

IRRESISTIBLE SPIRAL-SLICED
 HAM: 100% PORK, NO SPICES
 SMOKE. BONELESS SMOKED HAM
 10.5oz

3⁹⁹
 /lb



ROQUEFORTS AND SWISS
BLUES, WHITE SWISS
EMMENTAL OR CHEDDAR
100% SWISS CHEESE

2.99
100 g



Swiss White Swiss
CHEDDAR CHEESE
in the Original
CHEDDAR SAUCE



Swiss White Swiss
CHEDDAR CHEESE
in the Original
CHEDDAR SAUCE



Swiss White Swiss
CHEDDAR CHEESE
in the Original
CHEDDAR SAUCE



Swiss White Swiss
CHEDDAR CHEESE
in the Original
CHEDDAR SAUCE

125
points
value of \$1

19.99
ea.

[illegible]

Effective March-April

TH	FR	SA	SU	MO	TU	WE
26	27	28	29	30	31	1

2026

MANAGER'S SPECIALS

3 DAYS ONLY!
FRIDAY TO
SUNDAY

BIG WEEKLY SAVINGS. WHILE SUPPLIES LAST.

IN-STORE ONLY. NO RAIN CHECKS.

PEACHES, NECTARINES
OR BLACK PLUMS
PRODUCT OF CHILE
2 lb

3⁹⁹
ea.

LARGE ANJOU PEARS
PRODUCT OF U.S.A.
EXTRA FANCY GRADE
2.161kg

99¢
/lb

AQUA STAR
CRISPY TORPEDO SHRIMP
FROZEN, 284 g

5⁹⁹
ea.



LIVING LETTUCES
PRODUCT OF ONTARIO
PKG OF 2

3⁹⁹
ea.



EASTER ESSENTIALS

MARC ANGELO
ITALIAN DELI
MEAT & CHEESE
BALDERSON
EXTRA MILD
CHEDDAR
EXTRA-PURE
100% NATURAL
5⁹⁹
ea.



FRONT STREET BAKERY
HOT CROSS BUNS
12.5 OZ

125
points
value of \$1

3⁹⁹
ea.



KICKING HORSE
COFFEE 100%
QUILTED HARBORS

125
points
value of \$1

14⁹⁹
ea.



LACTANTIA CREAM
100% FULL CREAM
QUILTED HARBORS

3⁴⁹
ea.



6⁹⁹
ea.



LINDT EASTER
BUNNY CHOCOLATE 100g
QUILTED HARBORS
100% CACAO

PICK ONTARIO
FRESH CUT TULIPS
12.5 OZ
12 STEM

12⁹⁹
ea.



Shop these and more in-store or online

899
ea.



800-368-6622



599



5⁹⁹
ea.



10⁹⁹
ea.



10⁹⁹
ea.



\$ New Lower Prices

VILLAGGIO
ITALIAN STYLE
BREADS, BUNS OR
MUFFINS BREADS
SELECTED BRANDS
OR 2 BRANDS

2 for \$7.00

Villaggio
CRUSTINI

CLASSICO

Wonder

3.99
/100 g

**IRON-ENRICHED ITALIAN
BUNNY BREAD**
SELECTED BRANDS

3.49
/100 g

CASTLE TICKLER
CHEDDAR, JAMOR
FONTINA, JAMOR & BLUE
CHEESE OR JAMOR
PREMIUM BRANDS, 16.83g

9.99
ea.

PILERS
SMOKED HAM
SELECTED BRANDS

14.99
ea.

PARTY SIZE
1.5 kg

STONE MADE
DELICIOUS FRUIT
SALAD 1.5kg

7.99
ea.

**MAPLE LEAF, SCHNEIDER'S,
FAVING & HONOLULU DELI MEAT OR
DRESSING/STICKS PEPPERONI STICKS**
SELECTED BRANDS

5.49
ea.

**PLANTERS NUTS,
POPCORN OR
MIXED NUTS CHIPS**
SELECTED BRANDS

5.49
ea.

**VILLAGGIO'S OR
GENERAL MILLS
FAMILY SIZE CEREAL**
SELECTED BRANDS

5.49
ea.

Family Size
Cheerios

5.49
ea.

Family Size
Raisin Bran

3.49
ea.

DARE
COOKIES OR
CRACKERS
SELECTED BRANDS

4.99
ea.

CEDAR VALLEY
SASSA DI LA CROIX
CROUTONS

5.49
ea.

NEAL BROTHERS
SPARKLING WATER
SELECTED BRANDS

3.49
ea.

Breton

4.99
ea.

BEAR PAWS
No Artificial Colours or Flavors
ORIGINAL

5.49
ea.

MEAL
MEAT
SELECTED BRANDS

3.49
ea.

Skittles
CANDY
SELECTED BRANDS

10.99
ea.

SAN PELLEGRINO
OR MIZON
PERFECT
WATER, CORDONA
OR MIZON
NON-ALCOHOLIC
BEER
SELECTED BRANDS

5.99
ea.

eska
DR. OETTER
PIZZA OR
LOCAL MEAT
SELECTED BRANDS

2.99
ea.

Goldfish
CRACKERS
SELECTED BRANDS

3.49
ea.

Skittles
CANDY
SELECTED BRANDS

10.99
ea.

SAN PELLEGRINO
OR MIZON
PERFECT
WATER, CORDONA
OR MIZON
NON-ALCOHOLIC
BEER
SELECTED BRANDS

5.99
ea.

eska
DR. OETTER
PIZZA OR
LOCAL MEAT
SELECTED BRANDS

2.99
ea.

Goldfish
CRACKERS
SELECTED BRANDS

1.99
ea.

CAMPBELL'S
BROTH 10.4oz
SELECTED BRANDS

99¢
ea.

CHILI
POUTINE
SELECTED BRANDS

4.49
ea.

STRIB'S PICKLES
16oz
SAUCE 16oz
SELECTED BRANDS

1.99
ea.

CAMPBELL'S
BROTH 10.4oz
SELECTED BRANDS

99¢
ea.

CHILI
POUTINE
SELECTED BRANDS

4.49
ea.

STRIB'S PICKLES
16oz
SAUCE 16oz
SELECTED BRANDS

4.99
ea.

**AXE, GARNIER,
LYNCEL, AVEA OR
SOFORAL**
PERSONAL CARE
SELECTED BRANDS

3.99
ea.

ALCAN
MAINTENANCE
PAPER FOR
REPAIRS
SELECTED BRANDS

10.99
ea.

TIDE EMERY
DETERGENT
DOWNY
SOTONER,
CASCADE,
CHAMBER
BOUNTY
SELECTED BRANDS

4.99
ea.

**AXE, GARNIER,
LYNCEL, AVEA OR
SOFORAL**
PERSONAL CARE
SELECTED BRANDS

3.99
ea.

ALCAN
MAINTENANCE
PAPER FOR
REPAIRS
SELECTED BRANDS

10.99
ea.

TIDE EMERY
DETERGENT
DOWNY
SOTONER,
CASCADE,
CHAMBER
BOUNTY
SELECTED BRANDS

I earn with mo! rewards

50
POINTS

3.99
ea.

MINUTE MAID OR FRUITOPIA DRINKS
FLAVOR 16oz, 20oz, 25oz, 30oz, 33oz, 35oz, 37oz, 40oz, 42oz, 45oz, 48oz, 50oz, 55oz, 60oz, 65oz, 70oz, 75oz, 80oz, 85oz, 90oz, 95oz, 100oz, 105oz, 110oz, 115oz, 120oz, 125oz, 130oz, 135oz, 140oz, 145oz, 150oz, 155oz, 160oz, 165oz, 170oz, 175oz, 180oz, 185oz, 190oz, 195oz, 200oz, 205oz, 210oz, 215oz, 220oz, 225oz, 230oz, 235oz, 240oz, 245oz, 250oz, 255oz, 260oz, 265oz, 270oz, 275oz, 280oz, 285oz, 290oz, 295oz, 300oz, 305oz, 310oz, 315oz, 320oz, 325oz, 330oz, 335oz, 340oz, 345oz, 350oz, 355oz, 360oz, 365oz, 370oz, 375oz, 380oz, 385oz, 390oz, 395oz, 400oz, 405oz, 410oz, 415oz, 420oz, 425oz, 430oz, 435oz, 440oz, 445oz, 450oz, 455oz, 460oz, 465oz, 470oz, 475oz, 480oz, 485oz, 490oz, 495oz, 500oz, 505oz, 510oz, 515oz, 520oz, 525oz, 530oz, 535oz, 540oz, 545oz, 550oz, 555oz, 560oz, 565oz, 570oz, 575oz, 580oz, 585oz, 590oz, 595oz, 600oz, 605oz, 610oz, 615oz, 620oz, 625oz, 630oz, 635oz, 640oz, 645oz, 650oz, 655oz, 660oz, 665oz, 670oz, 675oz, 680oz, 685oz, 690oz, 695oz, 700oz, 705oz, 710oz, 715oz, 720oz, 725oz, 730oz, 735oz, 740oz, 745oz, 750oz, 755oz, 760oz, 765oz, 770oz, 775oz, 780oz, 785oz, 790oz, 795oz, 800oz, 805oz, 810oz, 815oz, 820oz, 825oz, 830oz, 835oz, 840oz, 845oz, 850oz, 855oz, 860oz, 865oz, 870oz, 875oz, 880oz, 885oz, 890oz, 895oz, 900oz, 905oz, 910oz, 915oz, 920oz, 925oz, 930oz, 935oz, 940oz, 945oz, 950oz, 955oz, 960oz, 965oz, 970oz, 975oz, 980oz, 985oz, 990oz, 995oz, 1000oz, 1005oz, 1010oz, 1015oz, 1020oz, 1025oz, 1030oz, 1035oz, 1040oz, 1045oz, 1050oz, 1055oz, 1060oz, 1065oz, 1070oz, 1075oz, 1080oz, 1085oz, 1090oz, 1095oz, 1100oz, 1105oz, 1110oz, 1115oz, 1120oz, 1125oz, 1130oz, 1135oz, 1140oz, 1145oz, 1150oz, 1155oz, 1160oz, 1165oz, 1170oz, 1175oz, 1180oz, 1185oz, 1190oz, 1195oz, 1200oz, 1205oz, 1210oz, 1215oz, 1220oz, 1225oz, 1230oz, 1235oz, 1240oz, 1245oz, 1250oz, 1255oz, 1260oz, 1265oz, 1270oz, 1275oz, 1280oz, 1285oz, 1290oz, 1295oz, 1300oz, 1305oz, 1310oz, 1315oz, 1320oz, 1325oz, 1330oz, 1335oz, 1340oz, 1345oz, 1350oz, 1355oz, 1360oz, 1365oz, 1370oz, 1375oz, 1380oz, 1385oz, 1390oz, 1395oz, 1400oz, 1405oz, 1410oz, 1415oz, 1420oz, 1425oz, 1430oz, 1435oz, 1440oz, 1445oz, 1450oz, 1455oz, 1460oz, 1465oz, 1470oz, 1475oz, 1480oz, 1485oz, 1490oz, 1495oz, 1500oz, 1505oz, 1510oz, 1515oz, 1520oz, 1525oz, 1530oz, 1535oz, 1540oz, 1545oz, 1550oz, 1555oz, 1560oz, 1565oz, 1570oz, 1575oz, 1580oz, 1585oz, 1590oz, 1595oz, 1600oz, 1605oz, 1610oz, 1615oz, 1620oz, 1625oz, 1630oz, 1635oz, 1640oz, 1645oz, 1650oz, 1655oz, 1660oz, 1665oz, 1670oz, 1675oz, 1680oz, 1685oz, 1690oz, 1695oz, 1700oz, 1705oz, 1710oz, 1715oz, 1720oz, 1725oz, 1730oz, 1735oz, 1740oz, 1745oz, 1750oz, 1755oz, 1760oz, 1765oz, 1770oz, 1775oz, 1780oz, 1785oz, 1790oz, 1795oz, 1800oz, 1805oz, 1810oz, 1815oz, 1820oz, 1825oz, 1830oz, 1835oz, 1840oz, 1845oz, 1850oz, 1855oz, 1860oz, 1865oz, 1870oz, 1875oz, 1880oz, 1885oz, 1890oz, 1895oz, 1900oz, 1905oz, 1910oz, 1915oz, 1920oz, 1925oz, 1930oz, 1935oz, 1940oz, 1945oz, 1950oz, 1955oz, 1960oz, 1965oz, 1970oz, 1975oz, 1980oz, 1985oz, 1990oz, 1995oz, 2000oz, 2005oz, 2010oz, 2015oz, 2020oz, 2025oz, 2030oz, 2035oz, 2040oz, 2045oz, 2050oz, 2055oz, 2060oz, 2065oz, 2070oz, 2075oz, 2080oz, 2085oz, 2090oz, 2095oz, 2100oz, 2105oz, 2110oz, 2115oz, 2120oz, 2125oz, 2130oz, 2135oz, 2140oz, 2145oz, 2150oz, 2155oz, 2160oz, 2165oz, 2170oz, 2175oz, 2180oz, 2185oz, 2190oz, 2195oz, 2200oz, 2205oz, 2210oz, 2215oz, 2220oz, 2225oz, 2230oz, 2235oz, 2240oz, 2245oz, 2250oz, 2255oz, 2260oz, 2265oz, 2270oz, 2275oz, 2280oz, 2285oz, 2290oz, 2295oz, 2300oz, 2305oz, 2310oz, 2315oz, 2320oz, 2325oz, 2330oz, 2335oz, 2340oz, 2345oz, 2350oz, 2355oz, 2360oz, 2365oz, 2370oz, 2375oz, 2380oz, 2385oz, 2390oz, 2395oz, 2400oz, 2405oz, 2410oz, 2415oz, 2420oz, 2425oz, 2430oz, 2435oz, 2440oz, 2445oz, 2450oz, 2455oz, 2460oz, 2465oz, 2470oz, 2475oz, 2480oz, 2485oz, 2490oz, 2495oz, 2500oz, 2505oz, 2510oz, 2515oz, 2520oz, 2525oz, 2530oz, 2535oz, 2540oz, 2545oz, 2550oz, 2555oz, 2560oz, 2565oz, 2570oz, 2575oz, 2580oz, 2585oz, 2590oz, 2595oz, 2600oz, 2605oz, 2610oz, 2615oz, 2620oz, 2625oz, 2630oz, 2635oz, 2640oz, 2645oz, 2650oz, 2655oz, 2660oz, 2665oz, 2670oz, 2675oz, 2680oz, 2685oz, 2690oz, 2695oz, 2700oz, 2705oz, 2710oz, 2715oz, 2720oz, 2725oz, 2730oz, 2735oz, 2740oz, 2745oz, 2750oz, 2755oz, 2760oz, 2765oz, 2770oz, 2775oz, 2780oz, 2785oz, 2790oz, 2795oz, 2800oz, 2805oz, 2810oz, 2815oz, 2820oz, 2825oz, 2830oz, 2835oz, 2840oz, 2845oz, 2850oz, 2855oz, 2860oz, 2865oz, 2870oz, 2875oz, 2880oz, 2885oz, 2890oz, 2895oz, 2900oz, 2905oz, 2910oz, 2915oz, 2920oz, 2925oz, 2930oz, 2935oz, 2940oz, 2945oz, 2950oz, 2955oz, 2960oz, 2965oz, 2970oz, 2975oz, 2980oz, 2985oz, 2990oz, 2995oz, 3000oz, 3005oz, 3010oz, 3015oz, 3020oz, 3025oz, 3030oz, 3035oz, 3040oz, 3045oz, 3050oz, 3055oz, 3060oz, 3065oz, 3070oz, 3075oz, 3080oz, 3085oz, 3090oz, 3095oz, 3100oz, 3105oz, 3110oz, 3115oz, 3120oz, 3125oz, 3130oz, 3135oz, 3140oz, 3145oz, 3150oz, 3155oz, 3160oz, 3165oz, 3170oz, 3175oz, 3180oz, 3185oz, 3190oz, 3195oz, 3200oz, 3205oz, 3210oz, 3215oz, 3220oz, 3225oz, 3230oz, 3235oz, 3240oz, 3245oz, 3250oz, 3255oz, 3260oz, 3265oz, 3270oz, 3275oz, 3280oz, 3285oz, 3290oz, 3295oz, 3300oz, 3305oz, 3310oz, 3315oz, 3320oz, 3325oz, 3330oz, 3335oz, 3340oz, 3345oz, 3350oz, 3355oz, 3360oz, 3365oz, 3370oz, 3375oz, 3380oz, 3385oz, 3390oz, 3395oz, 3400oz, 3405oz, 3410oz, 3415oz, 3420oz, 3425oz, 3430oz, 3435oz, 3440oz, 3445oz, 3450oz, 3455oz, 3460oz, 3465oz, 3470oz, 3475oz, 3480oz, 3485oz, 3490oz, 3495oz, 3500oz, 3505oz, 3510oz, 3515oz, 3520oz, 3525oz, 3530oz, 3535oz, 3540oz, 3545oz, 3550oz, 3555oz, 3560oz, 3565oz, 3570oz, 3575oz, 3580oz, 3585oz, 3590oz, 3595oz, 3600oz, 3605oz, 3610oz, 3615oz, 3620oz, 3625oz, 3630oz, 3635oz, 3640oz, 3645oz, 3650oz, 3655oz, 3660oz, 3665oz, 3670oz, 3675oz, 3680oz, 3685oz, 3690oz, 3695oz, 3700oz, 3705oz, 3710oz, 3715oz, 3720oz, 3725oz, 3730oz, 3735oz, 3740oz, 3745oz, 3750oz, 3755oz, 3760oz, 3765oz, 3770oz, 3775oz, 3780oz, 3785oz, 3790oz, 3795oz, 3800oz, 3805oz, 3810oz, 3815oz, 3820oz, 3825oz, 3830oz, 3835oz, 3840oz, 3845oz, 3850oz, 3855oz, 3860oz, 3865oz, 3870oz, 3875oz, 3880oz, 3885oz, 3890oz, 3895oz, 3900oz, 3905oz, 3910oz, 3915oz, 3920oz, 3925oz, 3930oz, 3935oz, 3940oz, 3945oz, 3950oz, 3955oz, 3960oz, 3965oz, 3970oz, 3975oz, 3980oz, 3985oz, 3990oz, 3995oz, 4000oz, 4005oz, 4010oz, 4015oz, 4020oz, 4025oz, 4030oz, 4035oz, 4040oz, 4045oz, 4050oz, 4055oz, 4060oz, 4065oz, 4070oz, 4075oz, 4080oz, 4085oz, 4090oz, 4095oz, 4100oz, 4105oz, 4110oz, 4115oz, 4120oz, 4125oz, 4130oz, 4135oz, 4140oz, 4145oz, 4150oz, 4155oz, 4160oz, 4165oz, 4170oz, 4175oz, 4180oz, 4185oz, 4190oz, 4195oz, 4200oz, 4205oz, 4210oz, 4215oz, 4220oz, 4225oz, 4230oz, 4235oz, 4240oz, 4245oz, 4250oz, 4255oz, 4260oz, 4265oz, 4270oz, 4275oz, 4280oz, 4285oz, 4290oz, 4295oz, 4300oz, 4305oz, 4310oz, 4315oz, 4320oz, 4325oz, 4330oz, 4335oz, 4340oz, 4345oz, 4350oz, 4355oz, 4360oz, 4365oz, 4370oz, 4375oz, 4380oz, 4385oz, 4390oz, 4395oz, 4400oz, 4405oz, 4410oz, 4415oz, 4420oz, 4425oz, 4430oz, 4435oz, 4440oz, 4445oz, 4450oz, 4455oz, 4460oz, 4465oz, 4470oz, 4475oz, 4480oz, 4485oz, 4490oz, 4495oz, 4500oz, 4505oz, 4510oz, 4515oz, 4520oz, 4525oz, 4530oz, 4535oz, 4540oz, 4545oz, 4550oz, 4555oz, 4560oz, 4565oz, 4570oz, 4575oz, 4580oz, 4585oz, 4590oz, 4595oz, 4600oz, 4605oz, 4610oz, 4615oz, 4620oz, 4625oz, 4630oz, 4635oz, 4640oz, 4645oz, 4650oz, 4655oz, 4660oz, 4665oz, 4670oz, 4675oz, 4680oz, 4685oz, 4690oz, 4695oz, 4700oz, 4705oz, 4710oz, 4715oz, 4720oz, 4725oz, 4730oz, 4735oz, 4740oz, 4745oz, 4750oz, 4755oz, 4760oz, 4765oz, 4770oz, 4775oz, 4780oz, 4785oz, 4790oz, 4795oz, 4800oz, 4805oz, 4810oz, 4815oz, 4820oz, 4825oz, 4830oz, 4835oz, 4840oz, 4845oz, 4850oz, 4855oz, 4860oz, 4865oz, 4870oz, 4875oz, 4880oz, 4885oz, 4890oz, 4895oz, 4900oz, 4905oz, 4910oz, 4915oz, 4920oz, 4925oz, 4930oz, 4935oz, 4940oz, 4945oz, 4950oz, 4955oz, 4960oz, 4965oz, 4970oz, 4975oz, 4980oz, 4985oz, 4990oz, 4995oz, 5000oz, 5005oz, 5010oz, 5015oz, 5020oz, 5025oz, 5030oz, 5035oz, 5040oz, 5045oz, 5050oz, 5055oz, 5060oz, 5065oz, 5070oz, 5075oz, 5080oz, 5085oz, 5090oz, 5095oz, 5100oz, 5105oz, 5110oz, 5115oz, 5120oz, 5125oz, 5130oz, 5135oz, 5140oz, 5145oz, 5150oz, 5155oz, 5160oz, 5165oz, 5170oz, 5175oz, 5180oz, 5185oz, 5190oz, 5195oz, 5200oz, 5205oz, 5210oz, 5215oz, 5220oz, 5225oz, 5230oz, 5235oz, 5240oz, 5245oz, 5250oz, 5255oz, 5260oz, 5265oz, 5270oz, 5275oz, 5280oz, 5285oz, 5290oz, 5295oz, 5300oz, 5305oz, 5310oz, 5315oz, 5320oz, 5325oz, 5330oz, 5335oz, 5340oz, 5345oz, 5350oz, 5355oz, 5360oz, 5365oz, 5370oz, 5375oz, 5380oz, 5385oz, 5390oz, 5395oz, 5400oz, 5405oz, 5410oz, 5415oz, 5420oz, 5425oz, 5430oz, 5435oz, 5440oz, 5445oz, 5450oz, 5455oz, 5460oz, 5465oz, 5470oz, 5475oz, 5480oz, 5485oz, 5490oz, 5495oz, 5500oz, 5505oz, 5510oz, 5515oz, 5520oz, 5525oz, 5530oz, 5535oz, 5540oz, 5545oz, 5550oz, 5555oz, 5560oz, 5565oz, 5570oz, 5575oz, 5580oz, 5585oz, 5590oz, 5595oz, 5600oz, 5605oz, 5610oz, 5615oz, 5620oz, 5625oz, 5630oz, 5635oz, 5640oz, 5645oz, 5650oz, 5655oz, 5660oz, 5665oz, 5670oz, 5675oz, 5680oz, 5685oz, 5690oz, 5695oz, 5700oz, 5705oz, 5710oz, 5715oz, 5720oz, 5725oz, 5730oz, 5735oz, 5740oz, 5745oz, 5750oz, 5755oz, 5760oz, 5765oz, 5770oz, 5775oz, 5780oz, 5785oz, 5790oz, 5795oz, 5800oz, 5805oz, 5810oz, 5815oz, 5820oz, 5825oz, 5830oz, 5835oz, 5840oz, 5845oz, 5850oz, 5855oz, 5860oz, 5865oz, 5870oz, 5875oz, 5880oz, 5885oz, 5890oz, 5895oz, 5900oz, 5905oz, 5910oz, 5915oz, 5920oz, 5925oz, 5930oz, 5935oz, 5940oz, 5945oz, 5950oz, 5955oz, 5960oz, 5965oz, 5970oz, 5975oz, 5980oz, 5985oz, 5990oz, 5995oz, 6000oz, 6005oz, 6010oz, 6015oz, 6020oz, 6025oz, 6030oz, 6035oz, 6040oz, 6045oz, 6050oz, 6055oz, 6060oz, 6065oz, 6070oz, 6075oz, 6080oz, 6085oz, 6090oz, 6095oz, 6100oz, 6105oz, 6110oz, 6115oz, 6120oz, 6125oz, 6130oz, 6135oz, 6140oz, 6145oz, 6150oz, 6155oz, 6160oz, 6165oz, 6170oz, 6175oz, 6180oz, 6185oz, 6190oz, 6195oz, 6200oz, 6205oz, 6210oz, 6215oz, 6220oz, 6225oz, 6230oz, 6235oz, 6240oz, 6245oz, 6250oz, 6255oz, 6260oz, 6265oz, 6270oz, 6275oz, 6280oz, 6285oz, 6290oz, 6295oz, 6300oz, 6305oz, 6310oz, 6315oz, 6320oz, 6325oz, 6330oz, 6335oz, 6340oz, 6345oz, 6350oz, 6355oz, 6360oz, 6365oz, 6370oz, 6375oz, 6380oz, 6385oz, 6390oz, 6395oz, 6400oz, 6405oz, 6410oz, 6415oz, 6420oz, 6425oz, 6430oz, 6435oz, 6440oz, 6445oz, 6450oz, 6455oz, 6460oz, 6465oz, 6470oz, 6475oz, 6480oz, 6485oz, 6490oz, 6495oz, 6500oz, 6505oz, 6510oz, 6515oz, 6520oz, 6525oz, 6530oz, 6535oz, 6540oz, 6545oz, 6550oz, 6555oz, 6560oz, 6565oz, 6570oz, 6575oz, 6580oz, 6585oz, 6590oz, 6595oz, 6600oz, 6605oz, 6610oz, 6615oz, 6620oz, 6625oz, 6630oz, 6635oz, 6640oz, 6645oz, 6650oz, 6655oz, 6660oz, 6665oz, 6670oz, 6675oz, 6680oz, 6685oz, 6690oz, 6695oz, 6700oz, 6705oz, 6710oz, 6715oz, 6720oz, 6725oz, 6730oz, 6735oz, 6740oz, 6745oz, 6750oz, 6755oz, 6760oz, 6765oz, 6770oz, 6775oz, 6780oz, 6785oz, 6790oz, 6795oz, 6800oz, 6805oz, 6810oz, 6815oz, 6820oz, 6825oz, 6830oz, 6835oz, 6840oz, 6845oz, 6850oz, 6855oz, 6860oz, 6865oz, 6870oz, 6875oz, 6880oz, 6885oz, 6890oz, 6895oz, 6900oz, 6905oz, 6910oz, 6915oz, 6920oz, 6925oz, 6930oz, 6935oz, 6940oz, 6945oz, 6950oz, 6955oz, 6960oz, 6965oz, 6970oz, 6975oz, 6980oz, 6985oz, 6990oz, 6995oz, 7000oz, 7005oz, 7010oz, 7015oz, 7020oz, 7025oz, 7030oz, 7035oz, 7040oz, 7045oz, 7050oz, 7055oz, 7060oz, 7065oz, 7070oz, 7075oz, 7080oz, 7085oz, 7090oz, 7095oz, 7100oz, 7105oz, 7110oz, 7115oz, 7120oz, 7125oz, 7130oz, 7135oz, 7140oz, 7145oz, 7150oz, 7155oz, 7160oz, 7165oz, 7170oz, 7175oz, 7180oz, 7185oz, 7190oz, 7195oz, 7200oz, 7205oz, 7210oz, 7215oz, 7220oz, 7225oz, 7230oz, 7235oz, 7240oz, 7245oz, 7250oz, 7255oz, 7260oz, 7265oz, 7270oz, 7275oz, 7280oz, 7285oz, 7290oz, 7295oz, 7300oz, 7305oz, 731

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16⁹⁹
ea.

SAVE UP TO
\$6

22⁹⁹*
ea.

BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2⁹⁹
ea.

SAVE UP TO
\$1.80

4⁷⁹*
ea.

LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5⁹⁹
ea.

SAVE UP TO
\$2

7⁹⁹*
ea.

IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3⁹⁹
ea.

SAVE UP TO
\$1

4⁹⁹*
ea.

TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12⁹⁹
ea.

SAVE UP TO
\$7

19⁹⁹*
ea.

IRRESISTIBLES
COFFEE CAPSULES
30 capsules
SELECTED VARIETIES



NOW
4⁹⁹
ea.

SAVE UP TO
\$1.50

6⁹⁹*
ea.

EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce



1⁹⁹
/lb
LARGE SEEDLESS
NAVEL ORANGES
PRODUCT OF U.S.A.
4.39kg



4⁹⁹
ea.
ORGANIC
STRAWBERRIES 1/4 lb
PRODUCT OF MEXICO
No. 1 GRADE



1⁹⁹
/lb
SWEET POTATOES
PRODUCT OF MEXICO
4.39kg



2⁹⁹
ea.
LPC CREAMER
POTATOES 1/4 lb
PRODUCT OF CANADA
CANADA'S LARGEST
SELECTED WHITE FRIES



3⁹⁹
/lb
ORBI CLEMENTINES
STEM & LEAF
CLEMENTINES
PRODUCT OF SPAIN
8.80kg



1⁹⁹
/lb
LARGE RED PRINCE
APPLES
PRODUCT OF CANADA
CANADA'S LARGEST
4.39kg



4⁹⁹
ea.
FRENCH GIANT
ARTICHOQUES
PRODUCT OF MEXICO
4.39kg



3⁹⁹
/lb
LARGE RED,
ORANGE OR YELLOW
SWEET PEPPERS
PRODUCT OF MEXICO
8.80kg



4⁹⁹
ea.
BLACK MISSION FIGS
1/4 lb
PRODUCT OF MEXICO



5⁹⁹
/lb
COTTON CANDY
PRODUCT OF CHINA
13.21kg



99¢
/lb
GREEN CABBAGE
PRODUCT OF CANADA
CANADA'S LARGEST
2.70kg



3⁹⁹
/lb
BRUSSELS SPROUTS
PRODUCT OF MEXICO
8.80kg



3⁹⁹
ea.
GOLDENBERRIES 1/4 lb
PRODUCT OF CANADA
8.80kg



2⁴⁹
/lb
LARGE BARTLETT
PEARS
PRODUCT OF CANADA
CANADA'S LARGEST
5.49kg



3⁹⁹
ea.
MINI CUCUMBERS 1/4 lb
PRODUCT OF MEXICO
CANADA'S LARGEST



2⁴⁹
/lb
GREEN ZUCCHINI
PRODUCT OF MEXICO
5.49kg



7⁹⁹
ea.
MEYER'S
CHOCOLATE
CARAMEL APPLE 1/4 lb
PRODUCT OF U.S.A.



3⁹⁹
ea.
SWEET BABY
BROCCOLI
PRODUCT OF U.S.A.



4⁹⁹
ea.
CURRY SWEET POTATOES,
BUTTERNUT OR
BUTTERNUT SQUASH 1/4 lb
PRODUCT OF U.S.A.



3⁷⁹
ea.
BELLE GROVE
MUSHROOMS
PRODUCT OF CANADA
CANADA'S LARGEST



5⁹⁹
ea.
WONDERFUL
IN SHELL PISTACHIOS
1/4 lb
PRODUCT OF U.S.A.



5⁹⁹
ea.
RENE'S
SALAD
DRESSINGS
1/4 lb
PRODUCT OF U.S.A.



2⁹⁹
ea.
UNBEATABLE
HERBS 1/4 lb
PRODUCT OF U.S.A.



2⁴⁹
ea.
ASSORTED COLOUR
CARROTS 1/4 lb
PRODUCT OF CANADA
CANADA'S LARGEST

Sliced & Diced



9⁹⁹
ea.
PUMPKIN CHEESECAKE TRAY WITH TOPPING
STRAWBERRY PINEAPPLE SLICE
WITH CHOCOLATE DIP 1/4 lb
SMALL FRUIT TRAY 1/4 lb



14⁹⁹
ea.
MACARONI PLATTER 1/4 lb
FAMILY SIZE CHICKEN CAESAR SALAD 1/4 lb
SMALL BERRY VINNY TRAY 1/4 lb

Organic



2⁹⁹
/lb
ORGANIC SEEDLESS
ORANGES
PRODUCT OF U.S.A.
6.59kg



4⁹⁹
ea.
ORGANIC
AVOCADOS 1/4 lb
PRODUCT OF MEXICO



6⁹⁹
ea.
ORGANIC
SWEET POTATOES 1/4 lb
PRODUCT OF U.S.A.



5⁹⁹
ea.
ORGANIC
YELLOW POTATOES 1/4 lb
PRODUCT OF CANADA
CANADA'S LARGEST



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



11⁹⁹
ea.

CHRYSANTHEMUMS
6" POT
ASSORTED COLOURS



*Beautiful
blooms*

pick Ontario

Add beauty to your Easter celebration
with our fresh, colourful array of
flowers, bulbs & more.





YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

BUTTERBALL
ROAST
FROZEN BUTTERBALL OR
GRADE A TURKEY
13.25kg
6.59kg

RED GRILL
EASY CARVE
PRIME BRISK ROAST
13.25kg
12.99kg

12⁸⁸
/lb

100% CANADIAN AA
BEEF

BONELESS
BONELESS PORK LOIN CHOPS
VALUE PACK OR ROAST
13.25kg

5⁹⁹
/lb

PLATINUM GRILL ANJOU
BEEF FENDER CUT
STEAK OR ROAST
76.50kg
76.50kg

33⁹⁹
/lb

100% CANADIAN
BEEF

PRIME
YORKSHIRE VALLEY FARM
ORGANIC FREE-RANGE
WHOLE CHICKEN
12.50kg

7⁹⁹
/lb

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
FRESH SPICE CHICKEN WINGS
17.50kg

YORKSHIRE VALLEY FARM
ORGANIC FREE-RANGE
WHOLE CHICKEN
12.50kg

5⁹⁹
/lb

Organic

125 points
value of \$1

6⁸⁸
/lb

FRESH
BONELESS LAMB LEG
11.50kg
5.75kg

FRESH LAMB SHOULDER
CHOPS VALUE PACK
11.50kg
11.50kg

7⁹⁹
/lb

FRESH LAMB LOIN CHOPS
11.50kg
28.50kg

12⁹⁹
/lb

FRESH FRENCHED
LAMB RACK
11.50kg
24.50kg

19⁹⁹
/lb

I earn with moi rewards

SCHNEIDER'S
BREAKFAST
EGG BITES
100% FREE
12.50kg

5⁹⁹
ea.

125 points
value of \$1

MAPLE LEAF
PORK CHOPS
12.50kg

6⁹⁹
ea.

80 points

LOVE'S
PORK CHOPS
12.50kg

7⁹⁹
ea.

90 points

IRRESISTIBLE
PORK CHOPS
12.50kg

5⁹⁹
ea.

70 points

FELCHER'S
PORK CHOPS
12.50kg

4⁹⁹
/lb

125 points
value of \$1

MONTANA'S
PORK CHOPS
12.50kg

8⁹⁹
ea.

125 points
value of \$1

KELSEY'S
PORK CHOPS
12.50kg

12⁹⁹
ea.

125 points
value of \$1

YORKSHIRE
VALLEY FARM
PORK CHOPS
12.50kg

19⁹⁹
ea.

250 points
value of \$2

Entertaining Favourites

WATSON RIDGE
CHICKEN BALLS
12.50kg

5⁹⁹
ea.

ULTIMATE
CHICKEN
12.50kg

5⁹⁹
ea.

JOHNSONVILLE
SAUSAGES
12.50kg

6⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS TWO
12.50kg

12⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
CHICKEN WINGS
12.50kg

9⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
CHICKEN WINGS
12.50kg

9⁹⁹
ea.

SCHNEIDER'S
PASTRY POPPERS
12.50kg

12⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
CHICKEN WINGS
12.50kg

15⁹⁹
ea.

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g

8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g

7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g

8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g

8⁹⁹
ea.



7⁹⁹
ea.

IRRESISTIBLES
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea.

IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea.

IRRESISTIBLES
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Shop
these and
more in-store
or online

Seafood



9⁹⁹
/lb
WILD CAUGHT
ALASKAN COD FILLETS
FRESH OR FROZEN (20 FILLETS, 2.17 lb/1kg)



12⁹⁹
/lb
FRESH RAINBOW TROUT FILLETS, VALUE PACK
1000 g, 2.20 lb/1kg



4⁹⁹
ea.
7 SEAS SOLE
WITH STUFFING
PREPARED (100g, 3.53 oz)



5⁹⁹
ea.
FRESH
CANADIAN CORE
ORGANIC MUSSELS
1.5 lb/675g



6⁹⁹
/lb
FRESH
PASTA CLAMS
1.5 lb/675g



8⁹⁹
/lb
STORE MADE
SEAFOOD SALAD
CHICKEN, CUCUMBER
MAYONNAISE, 1.57 lb/707g



8⁹⁹
ea.
OCEAN PRIME
WHOLE CLEANED SQUID
1.5 lb/675g



13⁹⁹
ea.
BACCALA
CHILESA BONITO
SAUTED (100g, 3.53 oz)



13⁹⁹
ea.
OCEAN JEWEL
WHOLE
MEDITERRANEAN
SEA BASS
1.5 lb/675g



49⁹⁹
/lb
KING CRAB
1.5 lb/675g

Irresistible



6⁹⁹
ea.
IRRESISTIBLE
UNCOOKED
SAUSAGE LINKS
1.5 lb/675g



8⁹⁹
ea.
IRRESISTIBLE
COOKED PACIFIC
WHITE SHRIMP
1.5 lb/675g



9⁹⁹
ea.
IRRESISTIBLE
SEAFOOD
MEDLEY
1.5 lb/675g



10⁹⁹
ea.
IRRESISTIBLE
CRAB CAKES
1.5 lb/675g

Deli Favourites



2⁹⁹
/100 g
MAPLE GLAZED
CHICKEN BREAST
100 g



2⁹⁹
/100 g
SHORSHI
SANDWICH
100 g



1⁹⁹
/100 g
KRIMOS
TRADITIONAL FETA CHEESE
100 g



11⁴⁹
ea.
SANTITAS
BELLANANO CHEESE
1.5 lb/675g



5⁴⁹
ea.
PIZZERIA
BELLITALIA
PIZZA TOPPINGS
1.5 lb/675g



7⁴⁹
ea.
BRANDT
SAUSAGE CHUBS
1.5 lb/675g



6⁹⁹
ea.
RICOTTA
CHEESE
1.5 lb/675g



5⁹⁹
ea.
CELEBRITY
SHEEP'S MILK
CHEESE
1.5 lb/675g



10⁹⁹
ea.
MARC ANGELO
CALABRESE
SALAMI
1.5 lb/675g



11⁹⁹
ea.
MARC ANGELO
PROSCIUTTO OR
ANTIPASTO
QUATTRO TRAZ
1.5 lb/675g



12⁹⁹
ea.
4 MINI
BURRATA
1.5 lb/675g



4⁹⁹
ea.
NEW YORK
STYLE
BAGEL CRISPS
1.5 lb/675g



3⁹⁹
ea.
SUMMER FRESH
HUMMUS OR DIPS
1.5 lb/675g



7⁹⁹
ea.
SABATINI'S
FRESH MACARONI
1.5 lb/675g



8⁹⁹
ea.
SWISS CHALET
CHICKEN POT PIE
1.5 lb/675g



8⁰⁰
ea.
FRESH & HOT
FRESH PASTA
1.5 lb/675g

FLAVOURS OF

italy

ANISE-FENNEL

PRODUCE OF U.S.A.

4.3kg

1⁹⁹

/lb

FRESH FIGS

PRODUCE OF U.S.A.

1.5kg

11⁹⁹

ea.

MAIA TOLAND'S LASAGNA

MAIA TOLAND'S

SELECTED VARIETIES

11⁹⁹

ea.

FRESH MERLUZZO

WHOLE WHITING

750/100 g

3⁴⁹

/lb

SAN DANIELE

WHOLE PROSCIUTTO

1.5kg

79⁰⁰

ea.

CASTELLO

PARMA STAMBECCO

DELICIOUS PROSCIUTTO HAM, 100/100 g

4⁹⁹

/100 g

ALMOND PISTACCHIO CAKE

1.5kg

31⁹⁹

ea.

PRIMO STREET BAKERY

LONG CHALIBRE

1.5kg

4²⁹

ea.

COLUSSI

CAFFELATTE

1.5kg

2⁹⁹

ea.

DAVID ROCCO

POMODORO & BASILICO

800/100 g

5⁹⁹

ea.

PERUGINA

BACI

CHOCOLATES

1.5kg

15⁹⁹

ea.

GIORGIA

SAVOIARDI

1.5kg

3⁴⁹

ea.

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.





749
ea.
BOTHWELL
CHEESE
170g
SELECTED VARIETIES



999
ea.
ZERITO
MOZZARELLA
250g
SELECTED VARIETIES



549
/100 g
COOMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
240g



2200
ea.
Bella Casara
BURRATA CHEESE
250g
OR 14.99 ea. 250g



1499
ea.
TRE STELLE
MASCARPONE CHEESE
475g



699
ea.
PECORINO
OR BALDERSON
SPREADABLE CHEESE
105-200g
SELECTED VARIETIES



1799
ea.
INSEPARABLE
BRIE
500g



329
/100 g
BALDERSON
CHEDDAR
AGED 18 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g
BUY MORE
SAVE MORE!



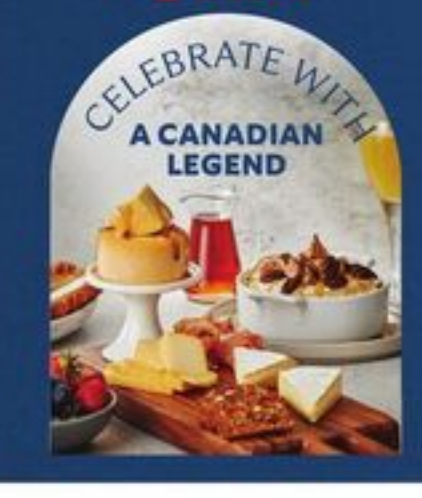
359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g
BUY MORE
SAVE MORE!



459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g
BUY MORE
SAVE MORE!



479
/100 g
L'EXTRA
DOUBLE CHEDDAR
DELICIOUS. PRICES AS MARKED
5.29/100g WHEN YOU BUY
LESS THAN 500g
BUY MORE
SAVE MORE!



499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63/100g



1099
ea.
OKA CHEESE
100g
SELECTED VARIETIES

Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY
OUR ASSIETTE PILED

MADE WITH
100% REAL CHEESE



749
ea.

FRONT STREET BAKERY
EXTRA CHEDDAR
CHEESE BREAD
85g



749
ea.

Choose from a fine selection of Artisanal breads *baked in my metro.*

FRONT STREET BAKERY
275g
SELECTED VARIETIES



399
ea.

FRONT STREET BAKERY
445g
SELECTED VARIETIES



469
ea.

FRONT STREET BAKERY
500g



459
ea.

FRONT STREET BAKERY
485g



469
ea.

FRONT STREET BAKERY
800g
SELECTED VARIETIES



1999
ea.



1999
ea.

FRONT STREET BAKERY
1kg
SELECTED VARIETIES



2499
ea.



2499
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES



499
ea.



499
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES



529
ea.



529
ea.

FRONT STREET BAKERY
200ml
SELECTED VARIETIES



699
ea.



699
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES

399
ea.

399
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES

599
ea.

599
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES

1099
ea.

1099
ea.

FRONT STREET BAKERY
100g
SELECTED VARIETIES

500
ea.

500
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES

2500
ea.

2500
ea.

FRONT STREET BAKERY
250g
SELECTED VARIETIES

2500
ea.

2500
ea.

Lemon Treats



FRONT STREET BAKERY
LEMON MERINGUE PIE
10 1/2 LBS
6⁹⁹
ea.



FRONT STREET BAKERY
LEMON PUDDING TWISTS
10 1/2 LBS
5⁹⁹
ea.



FRONT STREET BAKERY
LEMON DANISH
10 1/2 LBS
21⁹⁹
ea.



SELECTION
LEMON DESSERT SQUARES
10 1/2 LBS
7⁹⁹
ea.



IRRESISTIBLE
LEMON POPPY SEED
COFFEE CAKE 10 1/2 LBS
10⁹⁹
ea.



MR KIPLING
LEMON SNACK
CAKES 10 1/2 LBS
3⁶⁹
ea.

Strawberry Delights



FRONT STREET BAKERY
CHOCOLATE BOSTON
CAKE 10 1/2 LBS
22⁹⁹
ea.



FRONT STREET BAKERY
GOURMET
STRAWBERRY
SHORTCAKE 10 1/2 LBS
31⁹⁹
ea.



FRONT STREET BAKERY
TRIPLE STRAWBERRY
BOSTON CAKE 10 1/2 LBS
22⁹⁹
ea.



FRONT STREET BAKERY
STRAWBERRY CHEESECAKE
10 1/2 LBS
22⁹⁹
ea.

Meal Essentials



BEN'S ORIGINAL
FAST & FANCY RICE 12 1/2 LBS
1⁹⁹
ea.



GREEN GIANT
CANNED VEGETABLES
10 1/2 LBS
1⁹⁹
ea.



FRENCH'S KETCHUP
10 1/2 LBS
5⁴⁹
ea.



KNORR SOUP ENVELOPES
10 1/2 LBS
2⁴⁹
ea.



KNOX'S MUSTARD
10 1/2 LBS
5⁹⁹
ea.



IDAHOAN
MAC & CHEESE
10 1/2 LBS
1⁹⁹
ea.



SWISS CHAI TEA
10 1/2 LBS
2⁹⁹
ea.



MONTANA'S
SOUP
10 1/2 LBS
1⁴⁹
ea.



CLAY HOUSE
SEASONING
10 1/2 LBS
5⁴⁹
ea.



RAO'S PASTA SAUCE
10 1/2 LBS
9⁹⁹
ea.



EGGOS WAFFLES
10 1/2 LBS
3⁹⁹
ea.



PIZZA POPS
10 1/2 LBS
6⁹⁹
ea.

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600-700g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400-480g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000g

10⁹⁹
/lb

STORE-MADE
DIPS
200-500g

5⁹⁹
ea.

STORE-MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28-30 PIECE, 2.20/100g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600-700g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1.10
ORDER IN-STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET-LOADING
CHARCUTERIE
1.10
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1.10
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
GORGONZOLA WORLD
CHEESE PLANK
1.10
ORDER IN-STORE OR ONLINE

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDER'S
SMOKED HAM
600-700g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HAM
JAMBON FUME
DESSEINÉ
1.4kg
1.4kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.





1.99 ea.
STOVE TOP
DINDIE
1.5 L
SELECTED VARIETIES



1.99 ea.
STOVE TOP
CHICKEN
POULET
1.5 L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED OYSTERS
1.5 L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED MUSSELS
1.5 L
SELECTED VARIETIES



99¢ ea.
CLUB HOUSE
BROWN GRAVY
1.5 L
SELECTED VARIETIES



2.79 ea.
DOLE
CANNED PINEAPPLE
1.5 L
SELECTED VARIETIES



6.49 ea.
BICK'S
PICKLES
1.5 L
SELECTED VARIETIES



2.99 ea.
FRENCH
DIJON MUSTARD
1.5 L
SELECTED VARIETIES



4.49 ea.
SARGOL
SARDINE OILS
1.5 L
SELECTED VARIETIES



4.99 ea.
KELLOGG'S
RICE KRISPIES
CEREAL
1.5 L
WHOLE SUPPLIES LAST



5.49 ea.
IRRESISTIBLES
CRISP CRACKERS
1.5 L
SELECTED VARIETIES



4.99 ea.
PILLSBURY
PULLS APART
COOKIES
1.5 L
WHOLE QUANTITIES LAST



2.99 ea.
PLANTERS
TRAIL MIX
1.5 L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
ORIGINAL BLEND
MELANGE
1.5 L
SELECTED VARIETIES



7.49 ea.
OCEAN SPRAY
SPARKLING CRANBERRY
DRINK
1.5 L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5 L
SELECTED VARIETIES



8.49 ea.
INVITATIONS
ALCOHOL-FREE
WINE
1.5 L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
GROUND COFFEE
1.5 L
SELECTED VARIETIES



2.99 ea.
REDPATH
BROWN SUGAR
1.5 L
SELECTED VARIETIES



4.99 ea.
DAY LEA
WHIPPED CREAM
1.5 L
SELECTED VARIETIES



3.99 ea.
ROBIN HOOD OR
PINE WOODS FLOUR
1.5 L
SELECTED VARIETIES



2.99 ea.
REDPATH
BAKING POWDER
1.5 L
SELECTED VARIETIES



2.99 ea.
SELECTION
SHREDDED COCONUT
1.5 L
SELECTED VARIETIES

More Great Savings



1999 ea.
TIMOTHY'S COFFEE CAPSULES (ea. 100)



649 ea.
MCCAFÉ INSTANT COFFEE (ea. 100)



899 ea.
TETLEY TEA BAGS (ea. 100)



599 ea.
ST. BALFOUR WATER BOTTLES (ea. 100)



569 ea.
WHOLE EARTH PLANT BASED LIQUID SWEETENER (ea. 100)



549 ea.
TROPICANA REUSABLE BOTTLES (ea. 100)



549 ea.
INVISIBLE BISCUITS (ea. 100)



299 ea.
INVISIBLE WATER CRACKERS (ea. 100)



199 ea.
INVISIBLE CHIPS (ea. 100)



499 ea.
OCEAN SPRAY CRANBERRY JUICE (ea. 100)



649 ea.
M&M'S OR MALTESERS (ea. 100)



1199 ea.
LINDT SWISS CLASSIC CHOCOLATE BAR (ea. 100)



1199 ea.
PILSENER BEER (ea. 100)



1249 ea.
BUSCH BEER (ea. 100)



899 ea.
MUSKOKA BREWERY BEER (ea. 100)



299 ea.
BARRY'S NON-ALCOHOLIC BEVERAGE (ea. 100)



499 ea.
SELECTION OF PEANUTS (ea. 100)



899 ea.
MAISON PERRIER SPARKLING WATER (ea. 100)



699 ea.
GENEROUS BY NATURE NATREL COFFEE (ea. 100)



599 ea.
GENEROUS BY NATURE NATREL FINE FILTERED MILK (ea. 100)



299 ea.
RITZ CRACKERS (ea. 100)



499 ea.
HELLMANN'S MAYONNAISE (ea. 100)



299 ea.
RITZ CRACKERS (ea. 100)



499 ea.
HELLMANN'S MAYONNAISE (ea. 100)



399 ea.
RITZ CRACKERS (ea. 100)



399 ea.
HELLMANN'S MAYONNAISE (ea. 100)



399 ea.
RITZ CRACKERS (ea. 100)



399 ea.
HELLMANN'S MAYONNAISE (ea. 100)



Free ea.
KINDER SURPRISE EGGS (ea. 100)



649 ea.
KINDER MAXI CHOCOLATE (ea. 100)



1299 ea.
KINDER MAXI CHOCOLATE (ea. 100)



1399 ea.
KINDER MAXI CHOCOLATE (ea. 100)

Your one-hop shop

Metro has all your favourite Easter sweets & treats – hop to it!

WHILE QUANTITIES LAST



13⁹⁹ ea.



4⁹⁹ ea.



8⁴⁹ ea.



2⁹⁹ ea.

Shop these and more in-store or online.



SELECTION MILK CHOCOLATE RABBIT, 100g, SELECTED VARIETIES

1⁷⁹ ea.



5⁴⁹ ea.



5⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



9⁹⁹ ea.



6⁴⁹ ea.



3⁹⁹ ea.



1²⁹ ea.



10⁹⁹ ea.



6⁴⁹ ea.



2⁹⁹ ea.



20⁹⁹ ea.



10⁴⁹ ea.



13⁹⁹ ea.

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES FRO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON OR LAL CHILLA
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

ea.

SAPPHIRE
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERBERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

SEDA MOON OR
ARUN BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

ea.

BIJAN'S
GHEE
500 g

1²⁵

ea.

CEDAR
CANNED BEANS
200 ml
SELECTED VARIETIES

3⁴⁹

ea.

INDOMEE NOODLES
OR MAGGI SAUCES
100/125/150 g
SELECTED VARIETIES

8⁹⁹

ea.

AMLENDER OR CEDAR
TAMAR OR
PRUNELLA FRUIT
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIYA
MAKHANA OR PIRATHAS
200/400 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS Dahi, PHOENIX
OR CEDAR PHOENIX
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

DIYA LENTILS OR
BLACK CHICK PEAS
100/150/200 g
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIYA BAKED CHANA,
BISCUIT OR
BISCUIT CHIPS
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

PARLE'S
KORMA
400 ml
SELECTED VARIETIES

3⁹⁹

ea.

PARLE'S
BUTTER CHICKEN
POULET AU BEURRE
400 ml
SELECTED VARIETIES

3⁹⁹

ea.

CASABLANCA
ORIGINAL DANISH BUTTER
COOKIES
450 g

99¢

ea.

DIYA
OMBA
100 g
SELECTED VARIETIES

1⁶⁷

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
45/200 g
SELECTED VARIETIES

3⁴⁹

ea.

DIYA PICKLED
ONIONS OR
FRIED ONIONS
500 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR LU
COOKIES
50/100 g
SELECTED VARIETIES

99¢

ea.

PARLE-G
BISCUITS
50/100 g
SELECTED VARIETIES

Item availability varies by store.



We take pride in sourcing locally from the
Escarpment Region.

JENSEN
CHEDDAR CHEESE
11.75/lb

2⁵⁹
/100g



HALENDIA'S
MINI SMOKED HAM,
BACK BACON OR
PORK CHOP
13.21/kg
SELECTED VARIETIES

5⁹⁹
/lb



UNIOPOL
ROLLED CHICKEN
WITH GARLIC,
DILL OR JALAPEÑO
11.75/lb

2⁵⁹
/100g



CARMINE'S
BBQ SAUCE
355 ml
SELECTED VARIETIES

8⁹⁹
ea.



QUINTA
CANADIAN QUINOA
400 g

6⁹⁹
ea.



WRAP IT UP
RAW WRAP
210 g

8⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME THE BELL



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BRING HOME THE BELL



5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES