

LOOK FOR THE LEAF
to help you support Canada

Scan or visit
Foodland.ca
to learn more

6⁹⁹ /lb
Family Size Lean Ground Beef 15.41kg

3⁹⁹
COMPLIMENTS Regular or Topped Hummus or Dips 227-255 g

2⁹⁹ /lb
Peaches, Nectarines, Black or Red Plums - product of Chile no 1 grade 8.5 kg

LOCAL 3⁹⁹ /lb
AIR-CHILLED Whole Chickens or Chicken Drumsticks or Thighs 8.50/kg

OUTSIDE RAISED CHICKEN
Columbus L'Ortolano

WE'RE FULL OF COMPLIMENTS
You've got great taste

MIX & MATCH
BUY 2, GET 3RD FREE
of equal or lesser value
COMPLIMENTS Muffins 4-6 pk 400-600 g,
Plus 650-750 g or Tarts
510 g or Mini Croissants
12 pk 284-300 g

COMPLIMENTS Caesar Salad Kit
product of USA 700 g

MEMBERS SAVE \$1.50
5⁴⁹ /lb
COMPLIMENTS Feta 200 g

MISS VICKIE'S Kettle Chips
190-200 g
2/\$8

VILLAGGIO Villaggio 570-575 g or Buns 6-8 pk (excludes Cabatita)
2⁹⁹

ROBIN HOOD or FIVE ROSES
Flour selected 2.5 kg
4⁴⁹

CHRISTIE Cookies or Mini Cookies selected 145-303 g or DARE Britton, VINTA or SIMPLE GOODNESS Crackers selected 200-225 g
2/\$5

DEL MONTE Canned Fruit
398 mL
2/\$5

CASHMERE Bathroom Tissue 12-24 or 8-24 rolls, SPONGETOWELS 3-6 rolls or SCOTTIES Facial Tissue 6 pk
6⁹⁹

BECEL Margarine 687-850 g
6⁹⁹
There's like \$1 towards your groceries

CAMPBELL'S Chunky Soup 515 mL
2⁹⁹
There's like \$3 towards your groceries

COMPLIMENTS Jam 275-500 mL or Peanut Butter 1 kg
4⁹⁹
There's like \$2 towards your groceries

The Score - Loyalty Program is available at all participating Foodland locations. No base Score - points earned. See weekly offers for current ways to earn Score - points and visit <https://www.scoopscap.ca/terms-and-conditions> to see full Terms and Conditions. At weekly Score - offer expires here. Delivery charges, 1st payment, service fees, restocking, event tickets, gift cards, food prep products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McGraw-Hill Financial, Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy varieties, liquor and alcoholic beverages, tobacco products, lottery, phone financing, essential environmental goods, food and other goods and services which are non-deductible or excluded by law. Between 1,000 Score - points for \$25 towards your purchase up to a maximum of 50,000 Score - points required to \$500 per day. For full Score - Terms & Conditions or to redeem your points, visit <https://www.scoopscap.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scott's Plus Corporation used under license by Sobey Capital Inc.

100% FRESH *guarantee*

Storewide satisfaction or your money back.

MEMBERS SAVE \$2 547 without taxes & card PRODUCT OF CANADA COMPLIMENTS Potatoes 5 lb Canada no 1	179 /lb	4.99 +150 PTS when you buy 2	3/\$5
4/\$4 +100 PTS when you buy 4	2.99	4.99	3.47 /lb +400 PTS when you buy 2 lb

International WOMEN'S DAY

Sunday, March 8, 2026

Collectively we can all #GiveToGain #IWD2026

 LOCAL 6.99 GROWN IN ONTARIO	 LOCAL 11.99 GROWN IN ONTARIO	 1.99 +300 PTS when you buy 1	 1.99
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MEAT

 5.99 BUTCHER'S SELECTION Stampede Hot Dogs 900g	 8.99 +100 PTS when you buy 2 FARM COUNTRY Chicken Breast Strips 225 g
 12.99 without taxes + card COMPLIMENTS Traditional or Smashed Beef Burgers 680-907 g	 12.99 WATSON RIDGE Baked and Breaded Premium Poultry 800 g selected
 15.99 +50 PTS when you buy 1 COMPLIMENTS Fully Cooked Shrimp with Cocktail Sauce 680 g	 9.99 HIGHLINER Family Favorites Baked Seafood 330-700 g selected

GET 10% OFF BEEF WHEN YOU BUY 2 OR MORE OF THE SAME CUT

 13.99 /lb TOP SIRLOIN Roasts cut by your meat expert from Canada AAA grade beef 30.84kg	 15.99 /lb TOP SIRLOIN Medallions cut by your meat expert from Canada AAA grade beef 35.25kg
 4.49 /lb CONESTOGA MEATS Marinated Pork Back Ribs 9.50kg	 5.99 /lb CONESTOGA MEATS Family Size Boneless Pork Loin Centre Cut Chops cut in-store by your local meat expert 13.21kg
 6.99 /lb SPLIT CHICKEN Breasts AIR-CHILLED 15.41kg	 7.99 /lb SPLIT CHICKEN Wings AIR-CHILLED 17.61kg

DELI

Available at most stores

 3.79 /roll without taxes + card CHEESE SWIRLS Black Forest, Honey Ham, Cooked or Chilled	 6.99 MONSIEUR GUSTAV Sandwiches 2 pk selected 200-216 g
 2.99 /roll without taxes + card COMPLIMENTS Black Forest, Honey Ham, Cooked or Smoked Chicken	 7.99 +150 PTS when you buy 2 MINI CROISSANT Chicken Club Salad Sandwiches 2 pk selected 200-216 g

CHEESE please

 5.99 Cheese Bread 485 g	 17.99 /doz without taxes + card CHEESECAKES 6\"/>
 5.99 GARLIC PARMESAN TEXAS TOAST 638 g	 2.99 /pk BUY 1 AT \$3.49 BUY 4 AT \$11.99 MINI CHEESE CROISSANTS 8 pk 250-260 g

2 Scene: 1,000 PTS = \$10 OF FREE GROCERIES

FROZEN & DAIRY



100 PTS
when you buy 2

5.49

COMPLIMENTS
Pure Orange Juice
1.54 L



9.99

KRAFT Singles
825 g



2/\$10

CRAVE or KD Frozen
Entrées 200-340 g



2.99
MEMBERS
SAVE \$1

379 without
Scene+
Card

COMPLIMENTS
Perogies 907 g



5.99

OLYMPIC Krema
Yogurt, Organic
Regular or Organic
Greek Yogurt 650 g



4.99

KRAFT Philadelphia
Dips 340 g



4.99

PANACHE Premium
Ice Cream 1 L or
Novelties 4-6 pk selected



2.49

MICHELINA'S
Frozen Entrées
128-284 g

DRINKS, SNACKS & PANTRY



17.99

NESTLE
Hide Me Eggs 500 g
while supplies last



\$5

DARE Real Fruit
Gummies 475-700 g



2/9.50

CHEETOS
170-285 g



2.99
MEMBERS
SAVE \$1

399 without
Scene+
Card

COMPLIMENTS
Pretzels 320-400 g



10.99

VAN HOUTTE Coffee
K-Cup® Pods 10-12 pk
or Roast & Ground Coffee
340 g



4.99

OCEAN SPRAY
Cranberry Cocktails
1.89 L



2.99
200 PTS
when you buy 3

PEPPERIDGE FARM
Goldfish Crackers
or Crisps 156-227 g,
SNYDER'S OF HANOVER
Pretzels 340 g or
KETTLE BRAND Chips
156-198 g



2.99

KETTLE BRAND
Potato Chips
156-198 g



6.99

bubly
Sparkling Water 12x355 mL or
MONTELLER Carbonated
Spring Water 10x355 mL



8.99

KELLOGG'S
Pop-Tarts 1.352 kg,
Rice Krispies Squares
600 g or Special K Bars
500 g



4.99

DEMPSTER'S 10"
Tortillas 366-610 g



1.99
MEMBERS
SAVE \$1

299 without
Scene+
Card

COMPLIMENTS
Seafood Sauce
250 mL



4.99

POST Cereal
selected varieties
283-325 g



7.49
200 PTS
when you buy 2

SMUCKER'S
Pure Jam
310-500 mL



3.49
100 PTS
when you buy 2

COMPLIMENTS
Marshmallows
400 g or Coconut
selected 200 g



6.99

MAZOLA Oil 1.18 L



2.99

TACO BELL
Hot Sauce 207 mL



2.99

CLOVER LEAF
Chunk Light
Yellowfin Tuna 142 g



1.99
100 PTS
when you buy 2

COMPLIMENTS Spices or Seasonings
selected 5-245 g



6.29

THAI KITCHEN
Curry Paste
selected varieties
112 g

HOUSEHOLD



6.49
100 PTS
when you buy 2

COMPLIMENTS
Waste Bags 30-52 pk
selected



9/9.99

PURINA Friskies
Wet Cat Food 136 g



5.99
STARTING AT

FLEECE Fabric
Softener 1.36 L or
Sheets 60 pk



2.79
100 PTS
when you buy 2

COMPLIMENTS
Dish Liquid 625 mL

DAIRY & FROZEN

7⁹⁹

STARBUCKS Creamers or Non-Dairy Creamers 828 mL

++ 200 Pts when you buy 2

3⁹⁹

KRAFT Cool Whip Aerosol Whipped Topping 225 g or YOPLAIT Source Yogurt 630 g

++ 100 Pts when you buy 2

4/\$5

YOPLAIT Top Drinkable Yogurt 200 mL

++ 50 Pts when you buy 4

2⁹⁹

COMPLIMENTS 68% Vegetable Oil Margarine 427 g

++ 50 Pts when you buy 1

4⁴⁹

COMPLIMENTS Fries 650-800 g

9⁹⁹

CHAPMAN'S Markdale Creamery Ice Cream 4 L

8⁴⁹

GAY LEA Butter Sticks 4 pk 454 g

6⁹⁹

COMPLIMENTS Cheese Strings 236 g or Lactose Free 352 g

++ 100 Pts when you buy 2

12⁹⁹

SMUCKER'S Uncrustables 10 pk

12⁹⁹

P.F. CHANG'S Multi Serve Meals 624 g

++ 100 Pts when you buy 2

100 Pts

COMPLIMENTS Mini Pizza Bagel Snacks 198 g

++ 100 Pts when you buy 2

100 Pts

COMPLIMENTS Frozen Entrées 227-284 g selected

++ 100 Pts when you buy 2

DRINKS & SNACKS

5²⁹

CADBURY Bagged Chocolate 147-200 g

++ 200 Pts when you buy 2

2⁴⁹

HARIBO Candy 175-175 g or EXCEL Mints 34 g

2/\$5

HOSTESS Hickory Sticks 275 g or STACYS Pita Chips 208-227 g

2⁴⁹

COMPLIMENTS Potato Chips 200 g

++ 100 Pts when you buy 2

\$5

TWININGS Tea 20 pk

7⁹⁹

COMPLIMENTS Coffee Pods 12 pk

++ 200 Pts when you buy 2

1⁹⁹

BEST BUY Wafers 227 g

++ 100 Pts when you buy 2

2/\$7

DARE Ultimate Cookies 290-300 g or CARR'S Table Water Crackers 125-150 g

100 Pts

PEPSI Soft Drinks Mini Cans 6x222 mL

++ 100 Pts when you buy 2

9⁹⁹

RED BULL Energy Drinks 4x250 mL

7⁹⁹

PEACE TEA or FUZE Iced Tea 12x341 mL

12⁹⁹

NATURE VALLEY Granola Bars, BETTY CROCKER Fruit or MOTT'S Fruitsations 637 g 1.28 kg selected

DRINKS, SNACKS & PANTRY



3³³ COMPLIMENTS
Instant Oatmeal
500-344 g or Quick Oats
1 kg



19⁹⁹ JAKEMAN'S
Maple Syrup 1 L



4⁹⁹ JIF Peanut Butter
500 g



3⁹⁹ DIMPFLMEIER
Bread Munch
Style Rye 500 g or
DEMPSTER'S Bagels
5-6 pk (excludes Protein
Bagels)



15% OFF
COMPLIMENTS
Baking Nuts
100 g selected (excludes
Pine Nuts) or Baking,
Caramels, Dates or Prunes
275 & 1 kg selected



6⁴⁹ QUAKER Muffin or
Cookie Mix 750-900 g
or BAKER'S Chocolate
170-225 g



2/\$3 MR. NOODLES Cups
64 g



2⁹⁹ **150 PTS**
COMPLIMENTS
Grain Breads 600 g



100 PTS
when you buy 2
PANACHE Extra Virgin Olive Oil 500 mL



3⁹⁹ PANACHE Salad
Dressing 350 mL
or COMPLIMENTS
Marinades 350 mL



2/\$5 MINUTE RICE Cups
250 g



4⁴⁹ PATAK'S Cooking
Sauce 400 mL selected

NATURAL, HEALTH & HOUSEHOLD



28⁹⁹ KICKING HORSE
Whole Bean Coffee
850 g or Ground Bean
Coffee 708 g



3⁹⁹ EARTH'S OWN
Beverages 1.75-1.89 L



3⁹⁹ BABY GOURMET
Bars, Bites or
Snacks 35-60 g or
Q-TIPS 400 pk



4⁹⁹ **150 PTS**
when you buy 2
CREST 3D White Toothpaste or
ORAL B Toothbrushes or Floss
63-120 mL or 1-75 pk selected



8⁷⁹ OLD SPICE Body
Wash 532-709 mL
selected



25% OFF
LIVE CLEAN Hand
Soap 1 L or Shampoo
or Conditioner 350 mL
selected



7⁹⁹ **200 PTS**
when you buy 2
COMPLIMENTS
Facial Tissues or
Paper Towels 3-d roll



8⁴⁹ LYSOL Toilet Bowl Cleaner 2 pk,
Disinfectant Spray 529 g, Fabric Sanitizer 425 g
or Dual Action Wipes 75 pk selected



11²⁹ ENERGIZER
Batteries AA 8 pk,
AAA 4 pk or 9 VZ pk



11⁹⁹ PURINA ONE Dry
Dog Food 1.72-1.81 kg



2/\$5 PURINA ONE Wet
Dog Food 368 g



12⁹⁹ PURINA Tidy Cats
Multi-Cat Clumping
Litter 2.72 kg

Cheers to
**BEER &
COOLERS!**



28⁹⁹

MOLSON Canadian
12x473 mL tall cans



17⁹⁹

FLYING MONKEYS
Juicy Ass IPA
or **ALEXANDER KEITH'S IPA**
6x473 mL tall cans



27⁹⁹

MOTT'S CLAMATO
Caesar Variety Pack
12x341 mL cans



16⁹⁹

CREEMORE Lager
6x473 mL tall cans



2⁹⁹

RICKARD'S RED Lager or
BLUE MOON Wheat Ale 473 mL tall can



20⁹⁹

OLÉ COCKTAIL CO.
Tequila Variety Pack
8x355 mL cans

***PLEASE DRINK RESPONSIBLY.** You must be 19 years or older to purchase alcohol. Available at select stores. Pricing not applicable to LCBO Convenience Outlets.



International WOMEN'S DAY

Proudly supporting **Canadian Women Entrepreneurs**

Zoe Evans from Zero Soap

Zero Soap Co. is a Toronto-based skin care brand rooted in simplicity and sustainability. Founded by Zoe Evans in 2021, each product is thoughtfully handcrafted using natural ingredients. Every detail from formulation to packaging is designed to minimize waste. The brand is built on the belief that everyday rituals can be both beautiful and responsible.



8⁹⁹ 100 Pts when you buy 1
ZERO SOAP 115 g

Gillian Manton from Moose Munchies

Moose Munchies Candy Co. is a Canadian, woman-founded confectionery brand creating premium, nut-free and gluten-free fudge made with simple ingredients and thoughtful care. Built on the belief that great treats, and great businesses, should make people feel welcome, Moose Munchies is known for inclusive indulgence, consistent quality, and a commitment to doing better every step of the way.



7⁹⁹ 100 Pts when you buy 1
MOOSE MUNCHIES Fudge 130 g



7⁴⁹ 200 Pts when you buy 2
LA PRESSERIE Entrées 300 g

Sharon Rotzang from La Presserie

Founded in 2019 in Toronto, La Presserie is inspired by the cuisine of the South of France, where artisanal craftsmanship, high-quality, sophisticated, and delicious foods are celebrated with a true passion. The artisanal foods we create truly set the benchmark for delicious taste and nutrition. Our soups and prepared entrées have brought fine dining to the freezer aisles all over the country, and will continue to deliver restaurant-quality meals straight to your home.



8⁹⁹ 100 Pts when you buy 1
THAT GUY'S SAUCES Pasta Sauce 1 L

Stefania Hopkins from That Guy's Sauces

Founded in resilience, That Guy's Sauces launched in January 2021 in Niagara Falls, Ontario, co-founded and co-owned by a dynamic husband and wife team. The brand has developed a diverse portfolio all personally prepared in small batches and offer premium ingredients for affordable prices.



3⁴⁹ 100 Pts when you buy 2
BARBET Drink 355 mL



Andrea Grand from Barbet

Barbet was founded by two sisters who wanted to create something they couldn't find – a beverage that felt modern, flavourful and was designed to be seen. Following a health scare in 2020 by one of the sisters, they set out to create a better-for-you beverage option: low in sugar, full of flavour and all wrapped up in a beautiful design. Barbet pairs common ingredients like cucumber, pink grapefruit, and white peach with uncommon ones like yuzu, calamansi and jalapeño to make new melodies of flavour. Mix it, drink it neat or straight from the can. Barbet is the only can you need in your pantry!



Collectively we can all **#GiveToGain #IWD2026** Sunday, March 8, 2026

FEED THE DREAM



FOODLAND
OFFICIAL GROCER



13⁹⁹ MAPLE LEAF PRIME Raised Without Antibiotics Poultry 568-700 g selected



6⁹⁹ MAPLE LEAF Top Dogs 375 g



5⁹⁹ GENERAL MILLS Family Size Cereal 516-778 g



3⁴⁹ OLD EL PASO Tortillas 297-334 g or Taco Shells 125-133 g



2/\$9 MCCAIN Superfries 454-750 g



2/4⁵⁰ BODYARMOR Super Drink 473 mL



2/4⁵⁰ COCA-COLA Soft Drinks 1 L



2/\$6 GLACÉAU Smartwater 1 L



2/\$9 MCCAIN Bistro, Smiles or Taters 600-800 g



STARTING AT 24⁹⁹ TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹ DAWN Dish Soap 431-502 mL selected



23⁹⁹ CORONA Cero Alcohol-Free Beer 12x355 mL



3⁹⁹ ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6⁴⁹ ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-452 g or Gourmet Popping Corn 850 g



2/\$10 HEALTHY CHOICE Gourmet Steamers 269-306 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

**PICKED
FOR YOU**

KITCHEN & DELI DEALS

Crafted in Ireland using
premium grass-fed cow's milk

100 PTS
when you buy 2

849

**KERRYGOLD Reserve
Cheddar or Dubliner**
198 g

Golden, juicy, and
ready to serve

Crispy Chicken 9 pieces
available hot or chilled

21⁹⁹

400 PTS
when you buy 1

Skip the drive-thru and head
to our Kitchen! Cooked fresh
throughout the day



OFFER VALID MARCH 5-11, 2026

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**



Get **400 PTS**
when you buy 2

COMPLIMENTS BALANCE or Asian-Inspired Frozen Entrées 250-280 g selected



Get **400 PTS**
when you buy 2

COMPLIMENTS Family Size Sliced Deli Meats 400 g selected

SAVE \$1
when you buy 1

COMPLIMENTS ORGANIC Frozen Fruit 600 g assorted



Card must be registered. Offer valid and available to be loaded March 5-11, 2026 at all participating Foodland and Co-Op locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply

