

HAPPY EASTER

Colemans

every visit feels like coming home



Grapes from Chile

EXTRA LARGE RED and GREEN GRAPES
Chile #1 • 8.80 kg

3⁹⁹
lb

CANADIAN AA OR HIGHER PRIME RIB ROAST 33.05 kg

SAVE \$10.86/lb

14⁹⁹
lb

2 Days only!
Thursday & Saturday

FRESH WHOLE CHICKEN
8.31 kg

SAVE \$1.22/lb

3⁷⁷
lb

FRESH STEELHEAD TROUT FILLET 22.02 kg

9⁹⁹
lb

SAVE \$5.50/lb

SCHNEIDERS
EST. 1890
Applewood Smoked
SLICED SMOKED HAM
JAMBON FUMÉ TRANCHE
Fumé au bois de pommier
600g

SWEET JUICY CLEMENTINES
Morocco #1
2 lb bag

4⁹⁹

FRESH CRISP ROMAINE HEARTS
California #1 • 3 pk

4⁹⁹

4⁹⁹

8⁹⁹
SAVE \$6.00

SCHNEIDERS SLICED SMOKED HAM 600g
Reg. 14.99

4⁹⁹

Del Monte
MANDARIN ORANGE SEGMENTS
QUARTIERS DE MANDARINES
20 pk • Reg. 16.99

HOT DEAL

9⁹⁹

PHILADELPHIA
LIGHT CREAM CHEESE SPREAD
LÉGER
250g • Assorted • Reg. 5.89

SAVE \$1.45

4⁴⁴

CAMPBELL'S SOUP 284mL • Cream of Mushroom, Tomato, Chicken Noodle or Vegetable,
FRUIT20 SPARKLING WATER 502mL, **GATTUSO PIZZA CRUST MIX** 165g and **SAUCE** 213mL
or **KRAFT KD CUPS** 58g • Assorted

Mix or Match
4/\$5

Maple Leaf
Cooked Ham
Jambon cuit
LEAF
454g

4⁹⁹

ARMSTRONG CHEESE BLOCKS 400g
and **SHREDS** 300-320g • Assorted • Reg. 8.99

SAVE \$4.00

4⁹⁹

FUSSELL'S THICK CREAM 170mL • Reg. 3.79

SAVE \$1.80

1⁹⁹

Dempster's THIN SANDWICH BREAD 675g Assorted
Reg. 4.39

SAVE \$1.40

2⁹⁹

LA PERLA VEGETABLE or CANOLA OIL 3 L • Reg. 16.99

1/2 PRICE

8⁴⁹

COKE PRODUCTS 6x710mL Assorted

2/\$8⁵⁰

BICK'S SWEET MUSTARD PICKLES 500mL
Reg. 6.29

SAVE \$1.30

4⁹⁹

CHAPMAN'S ORIGINAL BRICK ICE CREAM 2 L • Assorted
Reg. 6.59

SAVE \$2.10

4⁴⁹

PARKAY MARGARINE 427g
Reg. 4.99

SAVE \$2.40

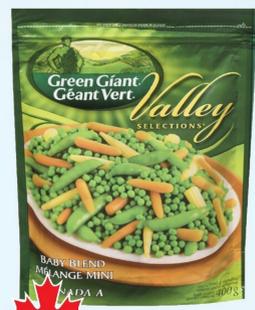
2⁵⁹

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Scan to receive our e-flyer or visit shop.colemans.ca for even more deals that you won't want to miss!



Easter Dinner



3⁹⁹

GREEN GIANT VALLEY SELECTIONS
300-500g • Assorted



3/\$5

SWISS CHALET GRAVY and DIPPING SAUCE 284mL
or **GREEN GIANT VEGETABLES** 341-398mL • Assorted



5⁴⁷

BICK'S SLICED BEETS
750mL • Reg. 6.99



2/\$5

OCEAN SPRAY CRANBERRY SAUCE
348mL • Jellied or Whole Berry

mix n' match
2/\$6



DARE BEAR PAWS 168g, **WAGON WHEELS** 315g,
VIVA PUFFS 300g or **BRETON CRACKERS** 120-250g • Assorted

mix n' match
3/\$5



HEREFORD VIENNA SAUSAGES 130g, **IDAHOAN POTATOES** 43-116g,
FAVORITE FRUIT 398mL or **HEINZ BEANS and PASTA** 398mL • Assorted



4⁹⁹

PHILADELPHIA WHIPPED CREAM CHEESE 227g • Assorted



SAVE \$1.50
4⁹⁹

KRAFT DREAM WHIP
170g • Assorted • Reg. 6.49



SAVE \$1.70
3⁹⁹

MINUTE MAID ZERO SUGAR
1.54L Assorted
Reg. 5.69



SAVE \$2.50
6⁹⁹

BLACK DIAMOND CHEESTRINGS
252g • Assorted • Reg. 9.49



SAVE \$3.50
4⁴⁹

GENERAL MILLS CEREAL
328g • Selected • Reg. 7.99



SAVE \$2.50
5⁴⁹

RED BARON CLASSIC CRUST PIZZA
584-665g • Assorted • Reg. 7.99



5⁹⁹

KRAFT REAL MAYO
650-890mL • Assorted



2/\$4

BURNS FLAKES OF MEAT
156g • Assorted



2/\$5

DAINTY RICE 265g or **BETTY CROCKER HAMBURGER HELPER** 170-240g • Assorted



2/\$5

PRIMO PASTA 900g or **PASTA SAUCE** 680mL Assorted



3⁷⁷

CAVENDISH FRIES
800g • Assorted



SAVE \$1.50
4⁹⁹

HEALTHY CHOICE GOURMET STEAMERS
283-306g • Assorted • Reg. 6.49



5⁴⁴

HEINZ KETCHUP
1L • Squeeze



2/\$7

KRAFT BARBECUE SAUCE
455mL • Assorted



2⁹⁹

FRENCH'S MUSTARD 325mL or **SKINNYGIRL DRESSING** 237mL • Assorted



9⁹⁹

TETLEY ORANGE PEKOE DECAFFEINATED TEA 80 ct



SAVE \$2.00
5⁴⁹

KRAFT CHEESE SINGLES
410g • Assorted • Reg. 7.49



6⁹⁹

EVERSWEET MARGARINE
850g



SAVE \$1.00
3⁹⁹

BILLY BOOT RECYCLING BAGS
20 pk • Assorted • Reg. 4.99



SAVE \$7.00
12⁹⁹

CASHMERE SELECT BATHROOM TISSUE
15 Triple Roll = 45 Rolls • Reg. 19.99



27⁹⁹

MCCAFÉ PREMIUM ROAST COFFEE PODS 30 ct • Assorted



24⁹⁹

MCCAFÉ PREMIUM ROAST
875g



2/\$9

DORITOS CHIPS 210-235g or **PEPSI MINI CANS** 6x222mL • Assorted



2/\$16

COKE or PEPSI PRODUCTS
12x355mL Assorted



12⁹⁹

MICHELOB ULTRA ZERO
6x355mL



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www.instagram.com/colemansfoods



We reserve the right to limit quantities. Text prevails over photos. Prices do not include sales tax where applicable. Some items may not be available at all locations.

Fresh Produce



RED RIPE RASPBERRIES
Mexico #1 • 6 oz clamshell

3⁹⁹

THE LITTLE POTATO CO. LITTLE POTATOES
PEI #1 • 1 lb trays • Assorted



SWEET CRUNCHY PINK LADY APPLES
Washington #1
6.59 kg

2⁹⁹
lb



4/\$5

ZESTY LEMONS
California #1



LARGE STALK CELERY
California #1

3⁹⁹



GOLDEN RIPE PINEAPPLES
Costa Rica #1

5⁹⁹



2/\$4

FRESH AVOCADOS
Mexico #1



FRESH GREEN ONIONS
Mexico #1



3⁴⁹

WHOLE WHITE MUSHROOMS
Ontario #1
8 oz cello

SWEET RIPE CANTALOUPE
Imported #1

4⁹⁹



SEEDLESS CUCUMBERS
Ontario #1

2/\$5

1⁴⁹

CLASSIC BRAND ORGANIC SALADS
US #1
5 oz clamshell



3⁹⁹



HAPPY
EASTER
BLOSSOMS
& BLOOMS
starting at **17⁹⁹**

*varies by location

BABY PEELED CARROTS
US #1
1 lb bag

2⁹⁹



Bakery & Deli



SAVE \$2.00

7⁹⁹

IRRESISTIBLE PROFITEROLES
300g • Milk Chocolate • Reg. 9.99



EASTER BUNNY CAKE
630g • Chocolate or Vanilla

14⁹⁹



8" EASTER CAKE
630g • Single Layer • Chocolate or Vanilla

12⁹⁹



PRESIDENT BRIE
190g

6⁹⁹



6 PC FISH CAKES
Store made

9⁹⁹

Available at select locations



PILLSBURY TOASTER STRUDEL 326g
or **CINNAMON ROLLS** 351g

3⁹⁹



CREAM OF WHEAT
336-800g • Assorted

4⁴⁹



ATLANTIC BAKERS PANCAKE & WAFFLE MIX 650g or **SPRAGUE BAKED BEANS** 398mL • Assorted

2/\$5



KRAFT PEANUT BUTTER
500g • Assorted

4⁹⁹



BONNE MAMAN MARMALADES and JAMS 250-290mL • Assorted

6⁴⁴



GRAVES APPLE JUICE
1L

2/\$4



HEINZ TOMATO JUICE
540mL

2⁹⁹



OCEAN SPRAY CRANBERRY COCKTAILS
1.89 L Assorted

4⁸⁸



DEMPSTER'S ENGLISH MUFFINS
6 pk Assorted

3⁴⁹



NESCAFÉ INSTANT COFFEE
100-150g • Assorted

7⁹⁹



SAVE \$2.00

SIMPLY ORANGE
1.36-1.54 L Assorted
Reg. 7.99

5⁹⁹



KELLOGG'S CEREAL
300-525g Selected

5⁴⁹



E.D. SMITH TABLE SYRUP
375g

3⁹⁹



SUN-MAID RAISIN BREAD
450g

4⁴⁹



PURINA ALPO DOG FOOD
7.2 kg

21⁹⁹



MILK-BONE SOFT & CHEWY
708g • Assorted

10⁹⁹

ChoiceCuts

CHECK THE DIGITAL FLYER FOR
Gourmet our way
SPECIALS

From the Sea and ready for Easter

FRESH
GRADE A TURKEY
6.59 kg



2 Days only!
Thursday & Saturday

2⁹⁹
lb
SAVE \$1.54/lb



5⁹⁹
lb
SAVE \$2.62/lb

FRESH
CRYOVAC PORK
BACK RIBS
13.21 kg

2 KG
BAG!



NEWFOUNDLAND COD
24.22 kg • Frozen or Previously Frozen

10⁹⁹
lb



42⁹⁹

OCEAN-SELECT COD
5 lb box • Individually wrapped
From Fogo Island



4⁹⁹
lb
SAVE \$2.00/lb

FRESH
WHOLE CRYOVAC PORK TENDERLOIN
11.00 kg

15⁹⁹
SAVE \$4.00

GOLDEN MAPLE CHICKEN
NUGGETS, BURGERS or STRIPS
2 kg bag • Reg. 19.99



CHRIS BROTHERS
BOLOGNA
1.5 kg average

9⁹⁹

MAPLE LEAF NATURAL
SMOKED HAM
600g • Assorted • Reg. 16.99



12⁹⁹
SAVE \$4.00



4⁴⁹
lb

WHOLE PORK
SHOULDER
SMOKED
PICNIC 9.90 kg

QUALITY
MEATS SALT
RIBLETS
9.90 kg
Vacuum Pack

4⁴⁹
lb
SAVE \$1.86/lb



SUNRISE DAWN HAM
300g • Reg. 8.49

SAVE
\$2.50

5⁹⁹



LARSEN COACHMAN
WIENERS 300g • Reg. 5.49

SAVE
\$1.50

3⁹⁹



BURNS SLICED BOLOGNA
500g • Reg. 6.99

SAVE
\$2.00

4⁹⁹



MÈRE MICHEL PREMIUM SLICED
BACON 375g • Reg. 7.49

SAVE
\$1.50

5⁹⁹



6⁹⁹

LAND & SEA
SALT FISH BITS 454g



10⁹⁹

MIRABEL COOKED
SHRIMP
400g • 70-90 ct



HIGH LINER
WILD CAUGHT PACIFIC
SALMON FILLETS
400g • Reg. 12.99

SAVE
\$3.00

9⁹⁹



6⁹⁹

FURLONG'S
FISH CAKES 2 lb



MCCAIN DICED
HASHBROWNS 800g

3⁹⁹



CAVENDISH FRIES
5 lb bag • Selected

8⁹⁹



ALASKO FROZEN
CALIFORNIA MIX
1 kg

5⁹⁹



MICHELINA'S DINNERS
156-284g • Assorted

2⁴⁹



SWIFT POT PIE
190g • Assorted • Reg. 2.99

SAVE
\$1.00

1⁹⁹



GIUSEPPE GARLIC FINGERS
317g

4⁹⁹



TENDERFLAKE PIE SHELL
320-350g • Assorted

4⁹⁹



FIVE ROSES
ALL-PURPOSE
FLOUR 10 kg

17⁷⁷



SHIRRIFF PIE MIX
137-164g • Assorted

2/\$4⁴⁴



E.D. SMITH PIE FILLINGS
540-796mL • Assorted • Reg. 7.49

SAVE
\$1.50

5⁹⁹



MAGIC BAKING POWDER
450g • Reg. 8.29

SAVE
\$1.80

6⁴⁹



TIM TAM
COOKIES
175-200g
or COOKIE IT
UP SHORTS
140g • Assorted

3⁹⁹



PURITAN MEATBALL,
IRISH or BEEF STEW 410g

3⁴⁹



CLOVER LEAF SMOKED
MUSSELS or OYSTERS
85g

2/\$4



CLOVER LEAF
TUNA IN OLIVE
OIL 142g

2/\$6



MINUTE
RICE
1.2-1.4 kg
Regular or
Whole Grain

7⁹⁹



DEMPSTER'S WHOLE GRAIN
BREAD 600g • Assorted • Reg. 4.99

SAVE
\$1.30

3⁶⁹



SELECTION ALUMINUM FOIL
50' • Reg. 3.99

SAVE
\$1.00

2⁹⁹



2/\$5

SELECTION PINEAPPLE
540mL
Assorted



SELECTION PICKLES
1 L • Assorted • Reg. 5.79

SAVE
\$1.30

4⁴⁹



SELECTION WAFFLES
280g • Assorted

3⁴⁹



IRRESISTIBLE FROZEN FRUIT
400-600g • Assorted

5⁹⁹



SELECTION SPARKLING
WATER
1 L
Assorted

2/\$3

Shop our online flyer for extra savings. Every week.



7⁹⁹

FRUITÉ JUICE BOXES
24x200mL • Assorted



10⁴⁹

FRITO LAY VARIETY PACK
16 ct • Assorted



2/11⁵⁰

GATORADE SPORTS DRINK
6x591mL • Assorted



2/\$7

PEPPERIDGE FARM GOLDFISH CRACKERS 167-227g • Assorted



6⁶⁹

CHRISTIE COOKIES
345-498g • Assorted



3⁹⁹

OLD DUTCH RESTAURANTE or KETTLE CHIPS 200-275g • Assorted



3⁹⁹

CHEEMO PEROGIES
907g • Assorted



8⁹⁹

WONG WING EGG ROLLS
680g • Assorted



11⁹⁹

PIZZA DELIGHT PIZZA
907-910g • Assorted



7⁸⁸

MCCAIN OVAL HASH BROWNS
3.5 lb



SAVE \$1.50

5⁹⁹

SCOTSBURN FAMILY FAVOURITES ICE CREAM 1.5 L • Assorted • Reg. 7.49



15⁹⁹

MCCAIN PIZZA POCKETS
12 pk • Assorted



15⁹⁹

QUAKER CHEWY GRANOLA BARS
40 ct • 960g



2/\$5

SELECTION PUDDING CUPS
4 pk • Assorted



3⁴⁹

DEL MONTE FRUIT
398mL • Assorted



4²⁹

QUAKER OAT BRAN CEREAL
625g



4⁴⁹

POST HONEY BUNCHES OF OATS
340g • Assorted



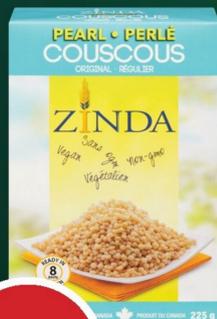
3⁴⁹

MOTT'S FRUITSATIONS APPLE SAUCE
620mL • Assorted



6⁹⁹

QUAKER INSTANT OATMEAL FAMILY SIZE 18 pk • 504g • Assorted



SAVE \$1.00

2⁹⁹

ZINDA PEARL COUSCOUS
225g • Reg. 3.99



4⁹⁹

SWISS MISS HOT CHOCOLATE
8 pk • Assorted

Online flyers give you the deals while we help save our environment.

Shop our online flyer for extra savings. Every week.



SAVE \$1.00

3⁹⁹

CRISCO SHORTENING
454g • Regular or Golden • Reg. 4.99



SAVE \$1.50

5⁹⁹

NUTELLA HAZELNUT SPREAD
375g • Reg. 7.49



BETTY CROCKER GLUTEN FREE MIXES
425-539g • Assorted or **BOB'S RED MILL GLUTEN FREE FLOUR** 624g

6⁹⁹



2⁴⁹

LIPTON CUP-A-SOUP
4 pk • Assorted



3⁹⁹

VH SOYA SAUCE
380mL • Assorted



5⁹⁹

CHOLULA HOT SAUCE 150g or **SALSA** 325mL • Assorted



14⁹⁹

BAGEL BITES
40 ct • 882g



6⁹⁹

FURLANI TOAST
480-638g • Assorted



11⁹⁹

BETTER THAN BOUILLON ORGANIC CHICKEN 227g



1⁹⁹

THOMPSON'S WHITE PEA BEANS
454g



3/\$5

HEINZ TOMATO SOUP
284mL



6⁹⁹

LACTANTIA HEALTHY ATTITUDE MARGARINE 850g



2³⁹

CLOVER LEAF CHUNK LITE TUNA
142g • Assorted



4⁹⁹

BERTOLLI PASTA SAUCE
630mL • Assorted



2/\$5

MARIO'S LUNCHEON MEAT
340g



8⁹⁹

ROYALE FACIAL TISSUES
6 pk • Assorted • Reg. 12.99



9⁹⁹

BOUNTY PAPER TOWELS
3 = 6 • Select-a-size • Reg. 12.49



3⁹⁹

TIDE LAUNDRY DETERGENT
680mL • Assorted • Reg. 5.99



12⁹⁹

DELECTABLES SQUEEZE UP
20 pk



7⁹⁹

TEMPTATIONS MIXUPS CATNIP TUB
454g • Assorted



16⁹⁹

WHISKAS WET CAT FOOD
12 pk • Assorted

Online flyers give you the deals while we help save our environment.

Gourmet our way

**BUTCHER-SEASONED.
HOME-COOKED PERFECTION.**

FRESH
MARINATED
PORK BACK RIBS
17.61 kg

SAVE \$4.07/lb

7⁹⁹
lb



FRESH
MARINATED
WHOLE
CHICKEN
9.90 kg

SAVE \$1.50/lb

4⁴⁹
lb



FRESH
MARINATED
WHOLE PORK
TENDERLOIN
13.21 kg

SAVE \$3.08/lb

5⁹⁹
lb



Newfoundland, we've arrived!

**You can now find MAG products
at COLEMANS stores across the province.**



PROUDLY CANADIAN



Blueberry

BRIE

ARTISAN BREAD

ONE WEEK ONLY
MARCH 30TH - APRIL 5TH

APRIL FEATURE

A DELICIOUS COMBINATION OF CARROTS, APRICOTS, CHOPPED WALNUTS AND PECANS, SHREDDED COCONUT AND SPICES BLENDED TOGETHER TO MAKE THE ULTIMATE CAKE LAYER. MASCARPONE CREAM CHEESE ICING IS SPREAD BETWEEN EACH LAYER AND SURROUNDS THE CAKE.



SPECIAL
\$32.99
REGULAR \$45.99

CARROT CAKE

Are you Gluten Free?

We have delicious options for you!



Gluten free

PROMISE GLUTEN FREE HOT CROSS BUNS
280g

6⁹⁹

PERFECT FOR ANY OCCASION

See in-store or shop.colemans.ca/catering for more options!

Party Trays starting at \$29.99! Offerings vary by store.



EASTER BLOSSOMS & BLOOMS

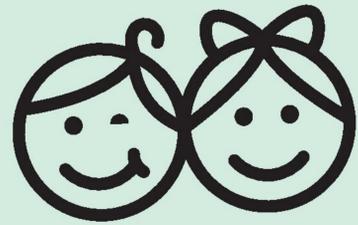
*selection varies by location

starting at

17⁹⁹



Kids!



Become a member of the **FrOOtie TOOtie Club**



and
Get a FREE
piece of fruit
when you visit Coleman's!

See a Produce Associate for a membership card



The perfect gift—always available.
Get a gift card today.



COLEMANS

Great gifts

to fill your

Easter basket



CORNER BROOK
26 Caribou Road

MOUNT PEARL
6 Centennial Square

ST. JOHN'S
370 Newfoundland Drive

www.arthurjamesclothing.ca

Wishing you a very
HOPPY
EASTER

FROM ALL OF US AT
Colemans
every visit feels like coming home

