

\$22

MIXED BOUQUET IN SEASONAL COLOURS
BOUQUET VARIÉ EN COULEURS SAISONNIÈRES
21669203_EA

INTERNATIONAL WOMEN'S DAY
Sunday March 8th

GET 5,000^{pts}
\$5 back in points

Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

5.44
LB

MEDIUM GROUND BEEF
FAMILY SIZE
11.99/KG
BŒUF HACHÉ MI-MAIGRE
20797926_KG



1.99
LB

BUTTERBALL FROZEN TURKEY
3-5 KG
4.39/KG
DINDONSURGÉLÉ BUTTERBALL
21618104_KG

\$9

APP EXCLUSIVE OFFER
GET 2,000^{pts}
\$2 back in points

PC[®] PACIFIC LARGE WHITE SHRIMP
RAW OR COOKED, PEELLED OR RAW ZIPPERBACK[®]
31-40 PER LB FROZEN
400 G
GROSSES CREVETTES BLANCHES DU PACIFIQUE PC^{MD}
20789931_EA
20791381_EA



SAVE UP TO 45%

2.99
LB

CHICKEN DRUMSTICKS OR THIGHS
FAMILY SIZE
6.59/KG
PILONS OU HAUTS DE CUISSE DE POULET
200642941KG
200581631KG



4.50

STRAWBERRIES
PRODUCT OF MEXICO OR U.S.A., NO. 1 GRADE
1 LB
FRAISES
20049778001_EA



1 LB

SAVE \$1.99

\$6

MASTRO DELI SLICED SALAMI
SELECTED VARIETIES
125-150 G
SALAMI TRANCHÉ EN CHARCUTERIE MASTRO
21061096_EA
21061099_EA



2.50

PC[®] KETTLE COOKED, LOADS OFTM OR WORLD OF FLAVOUR[®] POTATO CHIPS
SELECTED VARIETIES
200 G
CROUSTILLES CUITES À LA MARMITE, PLEINES DE^{CC} OU SAVEURS DU MONDE PC^{MD}
20840911002_EA
21422931_EA



3.50

DR. OETKER RISTORANTE OR CASA DI MAMA PIZZA 320-410 G, PC[®] FOCACCIA OR FLATBREAD PIZZA 330-455 G SELECTED VARIETIES, FROZEN PIZZA RISTORANTE OU CASA DI MAMA DR. OETKER, PIZZA FOCACCIA OU PAIN PLAT PC^{MD}
20296100001_EA
21013452_EA



SAVE 33%

\$10

PC[®] MAPLE SYRUP
CANADA GRADE A AMBER
500 ML
SIROP D'ÉRABLE PC^{MD}
20049221_EA



\$17

PC[®] K-CUPS 30'S OR MCCAFFÉ GROUND COFFEE 290-300 G
SELECTED VARIETIES
K-CUPS PC^{MD} OU CAFÉ MOULU MCCAFFÉ
21721681_EA



SAVE UP TO \$5

\$14

PC[®] OR BLUE MENU[®] ENTRÉES
SELECTED VARIETIES
FROZEN
2/2.27 KG
PLATS CUISINÉS PC^{MD} OU MENU BLEU^{CC}
20134930_EA
21078593_EA



3.50

MINUTE MAID ZERO SUGAR DRINKS 1.54 L
OR LIBERTÉ MÉDITERRANÉE
TUBS 500 G SELECTED VARIETIES
BOISSONS ZÉRO
SUCRE MINUTE MAID
OU CONTENANTS MÉDITERRANÉE LIBERTÉ
21434119_EA
21473714_EA



2/\$11

OR \$6.79 EA.
PC[®] OR BLUE MENU[®] SPARKLING WATER
SELECTED VARIETIES
12X355 ML
PLUS DÉPÔT OR TAXES^{CC} WHERE APPLICABLE
EAU PÉTILLANTE PC^{MD} OU MENU BLEU^{CC}
20668034001_C01
20668034002_C01



6.50

CASHMERE BATHROOM TISSUE 12 DOUBLE ROLLS, SPONGETOWELS PAPER TOWELS 3-6 ROLLS OR SCOTTIES FACIAL TISSUE 6'S SELECTED VARIETIES
PAPIER HYGIÉNIQUE CASHMERE, ESSUIE-TOUT SPONGETOWELS OU MOUCHOIRS SCOTTIES
20318667_EA
21204739_EA
21676183_EA



MARCH HIT OF THE MONTH

LOWEST PRICES. BEST DEALS.

As compared to other major grocery retailers within your local areas. **Must be a registered PC Optimum[™] member to get this offer. Valid from March 1 - 31, 2026. While quantities last. See in-store for details.

CHRISTIE RITZ ORIGINAL CHIPS, TRISCUITS, WHEAT THINS, TOPPABLES CRACKERS
240-454 G
CRAQUELINS RITZ ORIGINAUX, CHIPS, TRISCUITS, FINS AU BLE, TOPPABLES CHRISTIE
20686037_EA
21618621_EA

\$3.33

LIMIT 6 AFTER LIMIT \$4 EA.

QUAKER CHEWY BARS
SELECTED VARIETIES
120 G
BARRES CHEWY QUAKER
21359366_EA
21359369_EA

\$1.75

LIMIT 6 AFTER LIMIT \$2.50 EA.

PC[®] DIPS OR HUMMUS
SELECTED VARIETIES
454 G
TREMPETTES OU HUMMUS PC^{MD}
20583725_EA
20584098_EA

\$4.75

LIMIT 6 AFTER LIMIT \$6 EA.

APP EXCLUSIVE OFFER

Shop & earn more

March 5th to 11th
Open your PC[®] Optimum App to reveal your offer.

Get at least

10,000 pts

at least **\$10** back in points

Excludes prescription drugs and optical.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Flyer prices effective from Thursday, March 5th to Wednesday, March 11th, 2026. SEE BACK PAGE FOR DETAILS.

SAVE \$2.98
WHEN YOU BUY 2

2/\$13

OR \$7.99 EA.

CRACKER BARREL CHEESE BARS 400 G OR SHREDS 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ
CRACKER BARREL
21290384_EA
21290616_EA

PREPARED IN CANADA



SAVE \$1.02
WHEN YOU BUY 3

3/4.98

OR \$2 EA.

BARILLA PASTA SELECTED VARIETIES 410 G
PÂTES BARILLA
21404904_EA
21404912_EA



\$4

PC® KETCHUP
SELECTED VARIETIES
750 ML/1 L
KETCHUP PC®
20090124_EA
20131845_EA

PREPARED IN CANADA



\$3

CRISPERS CRACKERS OR CRISPERS BITS AND BITES SNACK AND CRACKER MIX
SELECTED VARIETIES
145 G
CRAQUELINS CRISPERS OU CRISPIGNETTE MÉLI-MÉLO OU MÉLANGE DE CRAQUELINS
21358333_EA
21395350_EA



\$4

HEALTHY CHOICE STEAMERS OR SIMPLY ENTRÉES
SELECTED VARIETIES, FROZEN
255-306 G
PLATS CUISINÉS STEAMERS OU SIMPLY HEALTHY CHOICE
20318616005_EA
20974538_EA

28g
PROTEIN DE PROTEINES



\$5

BAXTER OR SCOTSBURN CHOCOLATE MILK
SELECTED VARIETIES
2 L
LAIT AU CHOCOLAT BAXTER OU SCOTSBURN
20092109_EA
20110277001_EA

PREPARED IN CANADA



\$9

DAVIDSTEA 12'S, LOOSE LEAF 50 G OR TETLEY 80'S
SELECTED VARIETIES
THÉ, THÉ EN FEUILLES DAVIDSTEA OU TETLEY
20711164_EA
21611906_EA



5.50

CHAPMAN'S MARKDALE CREAMERY ICE CREAM 2 L OR COLLECTION OR YUKON NOVELTIES 6/8'S
SELECTED VARIETIES FROZEN
CRÈME GLACÉE MARKDALE CREAMERY OU FRIANDISES GLACÉES COLLECTION CHAPMAN'S
20315236001_EA
20323757001_EA



3.49

LANTIC WHITE GRANULATED SUGAR
SELECTED VARIETIES
2 KG
SUCRE BLANC GRANULÉ LANTIC
20145033_EA

PRODUCT OF CANADA



\$5

PC® BLUE MENU® CEREAL BOOSTER GRANOLA
SELECTED VARIETIES
325-450 G
GRANOLA BOOSTER PC® MENU BLEU™
20631288004_EA
21344977_EA



5.50

HÄAGEN-DAZS 414-450 ML OR BARS 3/4'S OR NESTLÉ DRUMSTICK 4'S
SELECTED VARIETIES FROZEN
DESSERT GLACÉ OU BARRES HÄAGEN-DAZS OU DRUMSTICK NESTLÉ
21513578_EA
20322380001_EA



SAVE \$1.98
WHEN YOU BUY 2

2/\$16

OR \$9.49 EA.

PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
BOISSONS GAZEUSES PEPSI
20322361001_C12
20322361002_C12



2.75

PRINGLES SUPER STACK POTATO CHIPS
SELECTED VARIETIES
148/156 G
CROUSTILLES FORMAT SUPER PRINGLES
21003823_EA
21003833_EA



\$6

CADBURY EGGS 190/200 G OR CADBURY HOLLOW FILLED EGGS 96/97 G
ŒUFS CADBURY OU ŒUFS CREUX CADBURY
20073462_EA
21693269_EA



BUY ONE (1) + BUY ONE (1) GET

SILK NON-DAIRY BEVERAGES
SELECTED VARIETIES
1.75/1.89 L
BOISSONS NON LAITIÈRES SILK
2031509001_EA
20328231002_EA
4.49



KELLOGG'S PREMIUM CEREAL
SELECTED VARIETIES
317-525 G
CÉRÉALES DE QUALITÉ SUPÉRIEURE KELLOGG'S
20015041_EA
20695732_EA
\$5

3,000^{pts} \$3
back in points




\$11

TIDE DETERGENT 1.62-1.86 L, 18-31'S, DOWNY, GAIN, FABRIC SOFTENER 1.66-2.63 L, DOWNY, GAIN, IVORY SNOW BEADS 303-379 G
SELECTED VARIETIES
DÉTERGENT TIDE, ASSOULISSANT TEXTILE DOWNY, GAIN, PERLES DOWNY, GAIN, IVORY NEIGE
21550428_EA
21593782_EA



PRICE DROP † More ways to save

2.50

PREPARED IN CANADA

PC® NAAN 250 G OR PC® MINI NAAN 180 G
ORIGINAL OR GARLIC
PAINS NAAN PC® OU MINI NAAN PC®
20322759_EA
21076234_EA



2.50

MONSTER ENERGY
SELECTED VARIETIES
473 ML
BOISSON ÉNERGISANTE MONSTER
20938249_EA
20938521_EA



\$6

FRISKIES CAT FOOD
SELECTED VARIETIES
1.4-1.5 KG
NOURRITURE POUR CHATS FRISKIES
20912515_EA



4.50

GARNIER WHOLE BLENDS SHAMPOO OR CONDITIONER
SELECTED VARIETIES
370 ML
SHAMPOING OU REVITALISANT WHOLE BLENDS GARNIER
21647127_EA
20941824_EA



Independent CUSTOMER RELATIONS 1-866-727-0771. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-727-0771 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **†PRICE DROP Offer:** Valid in-store at participating locations from February 26 - March 18, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YA YN BACK



freshness you can taste

FRESH PROMISE

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$5

RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A.
HALF PINT
FRAMBOISES
20128938001_EA



4⁵⁰

FARMER'S MARKET™
MINI CUCUMBERS
PRODUCT OF CANADA
6'S
MINI-CONCOMBRE
DÉLICES DU MARCHÉ™
20737570001_EA

PRODUCT OF CANADA



4⁵⁰

FARMER'S MARKET™
AVOCADO BAG
PRODUCT OF MEXICO,
PERU OR COLOMBIA
5'S
SAC D'AVOCATS
DÉLICES DU MARCHÉ™
21644936001_EA

PRODUCT OF CANADA



4⁴⁹ **EXTRA LARGE**

PC® EXTRA LARGE GREEN SEEDLESS GRAPES
PRODUCT OF PERU, CHILE OR SOUTH AFRICA,
NO. 1 GRADE OR **PC® EXTRA LARGE RED SEEDLESS GRAPES**
PRODUCT OF SOUTH AFRICA
OR CHILE, NO. 1 GRADE
9.90/KG
TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC®
20425775001_KG
20159199001_KG



\$3

BROCCOLI CROWNS
PRODUCT OF U.S.A.
OR MEXICO
EACH
COURONNES DE BROCOLI
21121560001_EA



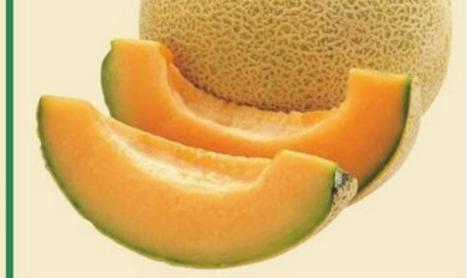
5⁵⁰

FARMER'S MARKET™
AVOCADOS
PRODUCT OF MEXICO,
PERU OR COLOMBIA
5'S
SAC D'AVOCATS
DÉLICES DU MARCHÉ™
21644936001_EA



\$6

CANTALOUPE
PRODUCT OF GUATEMALA,
HONDURAS OR BRAZIL
EACH
CANTALOUPE
20167017001_EA



5⁵⁰

PC® RED, RUSSET OR YELLOW POTATOES
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
5 LB BAG
POMMES DE TERRE ROUGES, RUSSET OU JAUNES PC®
20600999001_EA
20616206001_EA

PRODUCT OF CANADA



5 LB

2/\$11

OR \$6 EA.

TAYLOR FARMS CHOPPED SALAD KITS
SELECTED VARIETIES,
PRODUCT OF U.S.A.
267-383 G
SALADES HACHÉES
TAYLOR FARMS
21209541_EA
21335159_EA

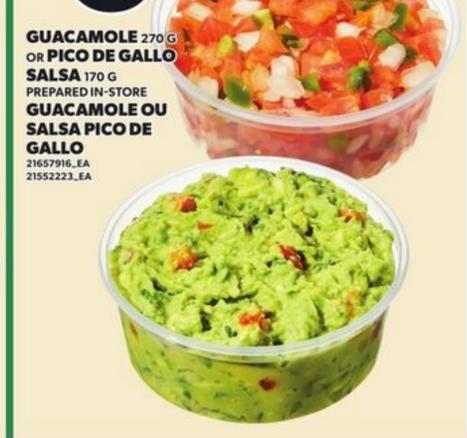
Taylor FARMS
Dill Pickle Cornichons à l'Aneth
SALADE HACHÉE

Taylor FARMS
SWEET KALE CHOU FRISE DOUX
CHOPPED KIT+SALADE HACHÉE



\$6

GUACAMOLE 270 G OR PICO DE GALLO SALSA 170 G
PREPARED IN-STORE
GUACAMOLE OU SALSA PICO DE GALLO
21657916_EA
21552223_EA



\$9

PREPARED IN CANADA

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
BACON FUMÉ NATURELLEMENT
PC®
20057892_EA
20152629_EA



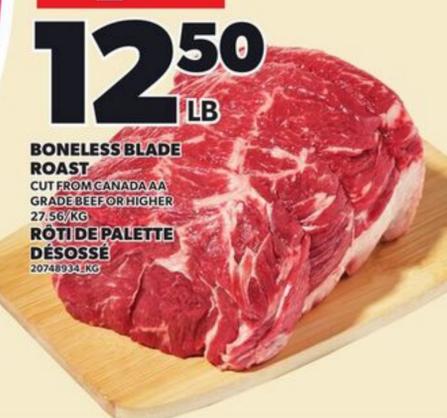
500 G

feeling protein power-fuel

SAVE \$2.99/LB

12⁵⁰ **LB**

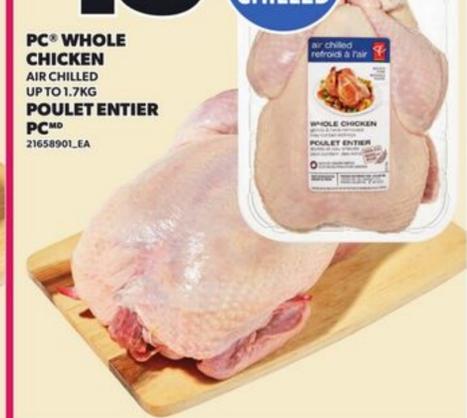
BONELESS BLADE ROAST
CUT FROM CANADA AA GRADE BEEF OR HIGHER
27.56/KG
ROTI DE PALETTE DÉOSSÉE
207489334_KG



\$15

AIR CHILLED

PC® WHOLE CHICKEN
AIR CHILLED UP TO 1.7KG
POULET ENTIER
PC®
21658901_EA



\$7 EA./LB

PREPARED IN-STORE

ATLANTIC CHOICE® PORK SAUSAGES
375-500 G \$7 EA. OR **PORK SAUSAGES**
\$7 LB/\$3.75/KG
SELECTED VARIETIES
SAUCISSES DE PORC ATLANTIC CHOICE® OU SAUCISSES DE PORC
21332592_EA
21451702_KG



\$5

CANADIAN PORK

LEAN GROUND PORK
450 G
PORC HACHÉ MAIGRE
21646160_EA



\$13

PREPARED IN CANADA

NO NAME® CHICKEN WINGS
SELECTED VARIETIES,
FROZEN
908 G
AILES DE POULET SANS NOM®
21045309_EA
21045311_EA

no name® sans nom®
honey garlic chicken wings
21045309_EA

no name® sans nom®
salt & pepper chicken wings
21045311_EA



find your catch in seafood

6⁵⁰

PC® THAI BASIL SHRIMP SPRING ROLLS
FROZEN
294 G
ROULEAUX DE PRINTEMPS AUX CREVETTES ET BASILIC THAI PC®
20950440_EA

President's Choice & Choisir à Choisir



SAVE 99¢

\$7

WATERVIEW MARKET CRISPY CALAMARI
UNCOOKED, FROZEN
300 G
CALMARS CROUSTILLANTS
WATERVIEW MARKET
21454797_EA

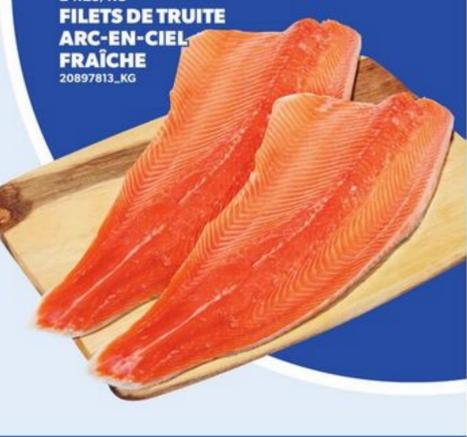
WaterView Market
Crispy CALAMARI CROUSTILLANTS



\$11 **LB**

CANADIAN SEAFOOD

FRESH RAINBOW TROUT FILLETS
24.25/KG
FILETS DE TRUITE ARC-EN-CIEL FRAÎCHE
20897813_KG



bakery deals rising daily

\$7



8 INCH PIES
SELECTED VARIETIES
635-750 G
TARTES DE 8 POUÇES
21297474_EA
21297475_EA



3⁵⁰



LA BAGUETTERIE
CIABATTA DEMI
450 G
DEMI-CIABATTA
LA BAGUETTERIE
20833789_EA



\$7



FARMER'S MARKET™
COOKIES
SELECTED VARIETIES
12'S
BISCUITS DÉLICÉS
DU MARCHÉ™
20566295_EA
20566774_EA



SAVE 98¢
WHEN YOU BUY 2



2/\$6

OR \$3.49 EA.
VACHON SNACK
CAKES
SELECTED VARIETIES
AND SIZES
PETITS GÂTEAUX
VACHON
20005728_EA
20963606_EA



\$4



PC® PIZZA CRUST
300/440 G SELECTED
VARIETIES OR
NATURAL BAKERY
RYE BREAD 500 G
CROÛTE À PIZZA
PC® OU PAIN DE
SEIGLE NATURAL
BAKERY
21416545_EA
21688966_EA



3⁵⁰



WONDER BREAD
OR BUNS
SELECTED VARIETIES
AND SIZES
PAIN OU PETITS
PAINS WONDER
20297455_EA
20305674_EA



SAVE UP TO \$2.49

\$8



BALDERSON
CHEESE
SELECTED VARIETIES
250/280 G
FROMAGE
BALDERSON
20415811_EA
21495455_EA



in the mood for deli-cious

SAVE UP TO \$1.49



\$7

PC® BOCCONCINI 200 G
OR **RICOTTA** 454 G
SELECTED VARIETIES
BOCCONCINI OU
RICOTTA PC®
20219848_EA
20546983_EA



SAVE UP TO \$1.79



\$7

PC® DOUBLE
CREAM BRIE
SELECTED VARIETIES
170-200 G
BRIE DOUBLE
CRÈME PC®
20787327_EA



\$7



BOURSIN CREAM
CHEESE 150 G OR
PILLER'S KOLBASSA
250-375 G
SELECTED VARIETIES
FROMAGE À LA
CRÈME BOURSIN
OU KOLBASSA
PILLER'S
20116794_EA
20308469_EA



\$14



MAPLE LEAF
NATURAL
SELECTIONS DELI
SLICED MEATS
CLUB PACK OR
PC® ASSORTED DELI
SLICED MEATS
SELECTED VARIETIES
375/400 G
CHARCUTERIES
TRANCHÉES
NATURAL
SELECTIONS MAPLE
LEAF FORMAT CLUB
OU CHARCUTERIES
TRANCHÉES
VARIÉES PC®
20772015_EA
21105597_EA



Optimum
Members-Only Price™

3⁵⁰

Non-members
\$4



PC® DIPS
SELECTED VARIETIES
200-227 G
TREMPETTES PC®
20584012_EA
21681330_EA



on the run, we got you

8⁴⁹



FROM OUR CHEFS™
SOUP
SELECTED VARIETIES
700 ML
SOUPE CONCOCTÉ
PAR NOS CHEFS™
21703369_EA
21703589_EA



\$15

BENTO CALIFORNIA
ROLL VARIETY PACK
470 G
ROULEAU
CALIFORNIEN
BENTO EMBALLAGE
VARIÉ
21691525_EA



\$9

INDIVIDUAL CHICKEN COMBO
WITH WEDGES
361-530 G
COMBO DE PORTION
INDIVIDUELLE DE POULET
ET POMMES DE TERRE EN
QUARTIERS
21022536_EA/21086084_EA



Order in-store
or online today.

party platters

Please place your orders at the
Meals To Go department
48 hours in advance.

Discover our selection of freshly prepared platters for your next occasion.



SAVE ON FAVES

Your favourite brands for less.

2⁵⁰

CAMPBELL'S CHUNKY SOUP
SELECTED VARIETIES
515 ML
21480447_EA
21480519_EA



\$3

LIPTON OR KNORR SOUP MIX
SELECTED VARIETIES
4'S
20315085002_EA



3⁵⁰

DARE BRETON CRACKERS
OR BITES 132-200 G OR
GRISOL BAGUETTES OR
MELBA TOAST 120-150 G OR
VINTA CRACKERS 200-225 G
SELECTED VARIETIES
21520666_EA
21520701EA



SAVE UP TO 22%

\$5

SMUCKER'S UNCRUSTABLES
SELECTED VARIETIES
FROZEN
4'S
21543057_C04
21683121_C04



SAVE \$2⁹⁸ WHEN YOU BUY 2

2/\$10

OR \$6.49 EA.
OLD EL PASO DINNER KIT
SELECTED VARIETIES
309-510 G
20795300_EA
20795468_EA



\$8

MCCAIN SUPERFRIES FAMILY PACK
SELECTED VARIETIES
FROZEN
1.45-1.8 KG
20861230_EA



3⁷⁵

DARE BEAR PAWS, WHIPPET, VIVA PUFF, WAGON WHEELS OR ULTIMATE COOKIES
SELECTED VARIETIES
168-360 G
20419986001_EA



\$6

CHRISTIE FAMILY SIZE COOKIES 374-488 G
OR **CAKESTERS** 285 G
SELECTED VARIETIES
285-500 G
21014087_EA
21639135_EA



3²⁵

QUAKER CRISPY MINIS OR LARGE RICE CAKES
SELECTED VARIETIES
90-199 G
20303002001_EA
20850958_EA



SAVE \$1⁹⁸ WHEN YOU BUY 3

3/6⁹⁹

OR \$2.99 EA.
KNORR SIDEKICKS
SELECTED VARIETIES
116-167 G
20321430001_EA
20321430012_EA



SAVE \$1⁹⁸ WHEN YOU BUY 3

3/6⁹⁹

OR \$2.99 EA.
KNORR CUPS
SELECTED VARIETIES
73 G
21564314_EA
21682257_EA



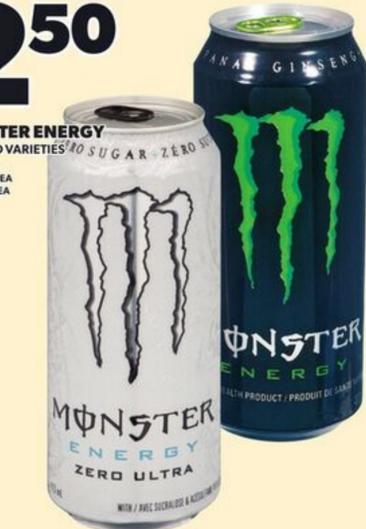
2⁹⁹

NESTEA ICED TEA
SELECTED VARIETIES
10X200 ML
21687240_EA
21687007_EA



2⁵⁰

MONSTER ENERGY
SELECTED VARIETIES
473 ML
20938249_EA
20938521_EA



6⁹⁹

NESTEA ICED TEA
SELECTED VARIETIES
12X341 ML
21687040_C12
21689167_C12



2⁹⁹

NESTEA ICED TEA
SELECTED VARIETIES
1.89 L
21687074_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.
POWERADE SPORTS DRINK
SELECTED VARIETIES
710 ML
20853723_EA
21240145_EA



8⁹⁹

FUZE ICED TEA OR PEACE TEA
SELECTED VARIETIES
12X341 ML
21645443_C12
21645563_C12



SAVE \$1⁹⁸ WHEN YOU BUY 2

2/\$16

OR \$8.99 EA.
COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
20318694002_C12
20322361002_C12



SAVE ON FAVES

Your favourite brands for less.

\$5

CHRISTIE PREMIUM PLUS CRACKERS
SELECTED VARIETIES
402-481 G
21109001_EA
21109004_EA



8⁹⁹

CHRISTIE RITZ DRIZZLED MINI'S
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA



3⁵⁰

GOGO SQUEEZ FRUIT SAUCE POUCHES OR CUPS
SELECTED VARIETIES
4X90/4X97 G
20322697002_EA
21701912_EA



\$2

CAMPBELL'S CONDENSED SOUP
SELECTED VARIETIES
284 ML
2029724602_EA
2029724607_EA



2⁵⁰

CAMPBELL'S READY TO SERVE SOUP
SELECTED VARIETIES
515 ML
21480538_EA
21480539_EA



1⁵⁰

CAMPBELL'S SOUP
TOMATO, CHICKEN NOODLE, CREAM OF MUSHROOM OR VEGETABLE
284 ML
20176214001_EA
20176214004_EA



SAVE \$1.58 WHEN YOU BUY 2

2/\$8

OR \$4.79 EA.

QUAKER INSTANT OATS 232-344 G OR **OATS** 900 G-1 KG
SELECTED VARIETIES
20322313001_EA
211920521_EA



\$4

QUAKER CEREAL
SELECTED VARIETIES
350-500 G
20637355_EA
20150299001_EA



\$4

PEARL MILLING COMPANY PANCAKE MIX 905 G OR **ORIGINAL SYRUP** 710 G
21384609_EA
21391619_EA



SAVE \$2.25 WHEN YOU BUY 3

3/\$9

OR \$3.75 EA.

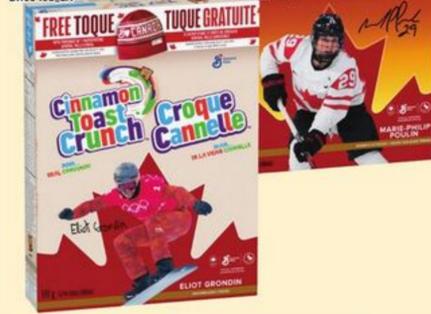
NATURE VALLEY BISCUIT, PROTEIN BARS AND SWEET & SALTY 6'S 148-210 G OR **FIBRE 1 BARS** 125 G
SELECTED VARIETIES
20587504001_EA
21213559_EA



\$6

GET 1,000⁰ back in points

GENERAL MILLS CEREAL
FAMILY SIZE
SELECTED VARIETIES
455-778 G
21103492_EA
21103495_EA



\$3

KELLOGG'S RICE KRISPIES BARS 160-200 G, **POP TARTS** 384 G, **SPECIAL K BARS** 125 G OR **NUTRI-GRAIN BARS** 175-295 G
SELECTED VARIETIES
20313984001_EA
21290106_EA



\$27

GET 2,000⁰ back in points

LAVAZZA KCUPS
SELECTED VARIETIES
30'S
21589700_EA
21589798_EA



\$15

GET 1,500⁰ back in points

KICKING HORSE K-CUP COFFEE PODS
SELECTED VARIETIES
10'S
21628567_EA
21628644_EA



SAVE \$1.49

7⁵⁰

STARBUCKS COFFEE ENHANCER
SELECTED VARIETIES
828 ML
21358473_EA
21590962_EA



\$8

NESCAFÉ INSTANT COFFEE CONCENTRATE
SELECTED VARIETIES
500 ML
21665027_EA
21665148_EA



\$12

STARBUCKS GROUND COFFEE 311/340 G, **K-CUPS** 10'S OR **INSTANT COFFEE** 90 G
SELECTED VARIETIES
20610425002_EA
20756997001_EA



\$25

GET 3,000⁰ back in points

MCCAFÉ K-CUP COFFEE
SELECTED VARIETIES
30'S
21240975_EA

