

March is

Good Energy Season

Feel-good food, everyday wins, and
nourishment that powers the month.

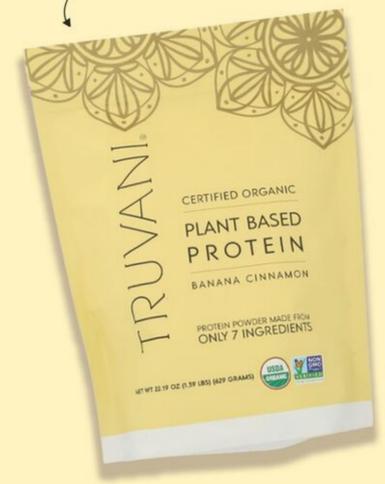
ROOTED IN
WELL-BEING

with

FRESH THYME
MARKET



perfect for shakes and smoothies



packed with probiotics



SHOP NOW



on-the-go protein



chocolatey, fruity, and delicious



New
Trending

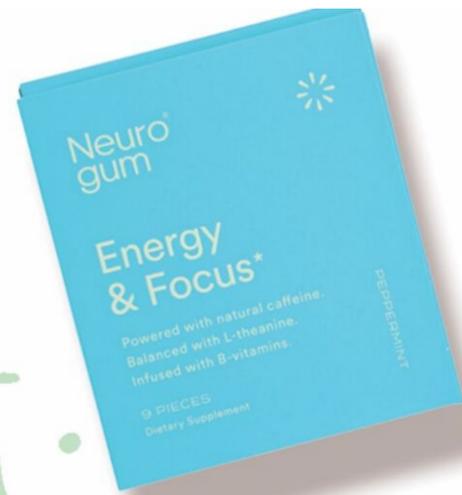
CAFFEINE



“I recommend natural sources of caffeine because they come with added nutritional benefits. Tea, coffee, and even dark chocolate can help support alertness and cognitive function.”

Cecily Martinez, Registered Dietitian

LEARN MORE ABOUT OUR TRENDS



HOP TO THE TABLE

Reserve your
chef-prepared
Easter meal



*Kentucky Legend Sliced Ham, Boar's
Head Ham Glaze, Gruyere Garlic
Mashed Potatoes, Rainbow Carrots
with Lemon Herb Butter, Green Bean
Almondine, Creamed Corn*

reserve in store or call today!

\$69⁹⁹

Serves 6-8
people





WOMAN OWNED



WOMAN FOUNDED



WOMAN OWNED



WOMAN FOUNDED

celebrate Women Owned or Founded Brands

LEARN MORE

WOMAN OWNED



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WOMAN OWNED



WOMAN OWNED



Sushi Platters for the ultimate game day

DON'T FORGET

sushi of the month!



\$2 OFF Caterpillar Roll
ALL MARCH LONG

call or order at your local deli counter, 48 hours notice required

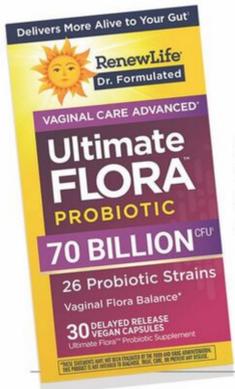


Pour the luck *of* the Irish

Find your favorites this St. Patrick's Day at Fresh Thyme

[SHOP NOW](#)

PRODUCTS NOT AVAILABLE AT ALL STORES, CHECK YOUR LOCAL STORE FOR SELECTION



TRY SOMETHING NEW

Feel confident every day with Renew Life® Ultimate Flora™ Vaginal Care Advanced Probiotic.* This once-daily vegan formula combines prebiotics, probiotics, and postbiotics to support vaginal flora balance, digestive health, and overall well-being.* Non-GMO and free of gluten, dairy, and soy, its delayed-release capsules deliver probiotics where they're needed most, helping you feel your best.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lesser Evil x PRIMAL KITCHEN

the ultimate collab!



Air-popped, bold, crave-worthy popcorn made with organic whole grains, crafted to satisfy snack cravings.

OLIPOP



Better-for-you soda crafted with plant-based prebiotics to support digestive health without sacrificing taste.

PRIMAL KITCHEN



New Trending GLOBAL FLAVORS

Perfect for dipping, drizzling, and adding a bold finishing touch to everyday meals.

BEYOND MEAT



Savory, plant-based sausage patties with a juicy bite—Classic for timeless flavor, Spicy for a satisfying kick.

GORGIE



New Trending CLEAN CAFFEINE

For sipping when you need a natural boost, a tropical twist, and a little extra pep in your step.

SMART SWEETS



Bold, fruity candy that hits the sweet spot without the extra sugar.

LEARN MORE

revitalize & refresh

ADD THE DIRECTED AMOUNT OF DROPS
TO YOUR DIFFUSER FOR FRESH AND
UPLIFTING SCENT



SUPERFOODS AND GREENS

maximize nutrient intake
improve digestion
support immunity
boost well-being

[LEARN MORE](#)

