FOOD LION

March 11 - March 17, 2026
Offers valid while supplies last.

Savings made easy!

HOTSALE! MVP
9.99 LB CHOICE
BEEF T-BONE STEAK
W/O MVP Card $12.99 LB

YOU SAVE $3.00 LB

HOTSALE! MVP
99¢ LB
Family Pack
FOOD LION CHICKEN DRUMSTICKS OR THIGHS
W/O MVP Card Regular Retail

HOTSALE! MVP
2.99 LB
Boneless, Center Cut
PORK CHOPS
W/O MVP Card $4.89 LB

HOTSALE! MVP
4.49 LB
12-16 Oz. Pkg. Select Varieties
SMITHFIELD BACON
W/O MVP Card Regular Retail

Lucky prices you'll love!

HOTSALE! MVP
5.99 LB
W/O MVP Card Regular Retail
CORNED BEEF BRISKET

GREEN CABBAGE
HOTSALE! MVP
29¢ LB
W/O MVP Card $59 LB

HOTSALE! MVP
2.49 EA
5 Lb. Bag
FOOD LION RED POTATOES
W/O MVP Card $5.79 EA.

HOTSALE! MVP
69¢ EA
HASS AVOCADOS OR MANGOS
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

10.3-13 Oz. Select Varieties
FRESH EXPRESS CHOPPED SALAD KITS
HOT SALE! 2/$6
W/ MVP Card Save 50%
MVP Coupon −1.00 EA
2/$5
MVP 5.00% DISCOUNT SAVED

15.77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA
HOT SALE! 4.49 EA
W/ MVP Card Save 50%
MVP Coupon −1.50 EA
2.99 EA
MVP 5.00% DISCOUNT SAVED

48 Oz. Select Varieties
BREYERS ICE CREAM
HOT SALE! 2/$7
W/ MVP Card Save 50%
MVP Coupon −2.00 EA
2/$5
MVP 5.00% DISCOUNT SAVED

5.10-7.5 Oz. Select Varieties
DORITOS, RUFFLES OR POPCORNERS CHIPS
HOT SALE! 2/$7
W/ MVP Card Save 50%
MVP Coupon −1.00 EA
2/$6
MVP 5.00% DISCOUNT SAVED

HOTSALE! MVP
7.99 LB
W/O MVP Card $8.99 LB
Freshly Sliced
TASTE OF INSPIRATIONS TURKEY BREAST
IN THE DELI

HOTSALE!
20.99 EA
2-8 Pack 12 Oz. Bottles or Cans Select Varieties
BUD, MILLER OR COORS

HOTSALE! MVP
4.99 EA
W/O MVP Card Regular Retail
12 Pack 12 Oz. Cans Select Varieties
7-UP OR CANADA DRY PRODUCTS

16.75-20.5 Oz. Select Varieties
DAVE'S KILLER BREAD THIN SLICED OR BAGELS
HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

6.5-9 Oz. Select Varieties
CAPE COD CHIPS OR SNACK FACTORY POPUMS & BITES
LIMIT 4 FREE
HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP
3/$10
W/O MVP Card Regular Retail
6 Pack 12 Oz. Bottles Select Varieties
PEPSI PRODUCTS

48 Oz. Select Varieties
STOK COLD BREW ICED COFFEE
MVP PRICED LOW EVERY DAY
5.99 EA
W/O MVP Card $7.29 EA.

6.5-12.4 Oz. Select Varieties
CHEEZ-IT OR CHEEZ-IT SNAP'D
LIMIT 4 FREE
HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

5.5-5.75 Oz. Select Varieties
LAY'S STAX CHIPS
LIMIT 4 FREE
HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

6-8 Oz. Select Varieties
KRAFT CHUNK OR SHREDDED CHEESE
HOTSALE! MVP
2/$5
W/O MVP Card $3.69 EA.

14-16.5 Oz. Select Varieties Pull-A-Parts or Roll
PILLSBURY READY TO BAKE COOKIES
HOTSALE! MVP
2/$7
W/O MVP Card $4.89 EA.

HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
10-11.3 Oz. Select Varieties
FOOD LION SANDWICH CRACKERS
LIMIT 4 FREE

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.19 EA.
10.6-16.2 Oz. Select Varieties
LITTLE DEBBIE SNACK CAKES

15 Oz. Select Varieties
WISH-BONE DRESSING
HOTSALE! MVP
2/$5
W/O MVP Card $2.99 EA.

HOTSALE! MVP
9.99 EA
W/O MVP Card $10.99 EA.
12-16 Mega Roll Select Varieties
FOOD LION BATH TISSUE

MVP **PRICED LOW EVERY DAY** ON ITEMS YOU BUY MOST OFTEN

&

MVP **HOTSALE!** OUR BEST WEEKLY MVP DEALS

1 ZNLE ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL 03/11/26

Hot SALE!
MVP
MVP
MVP
PRICED LOW EVERY DAY
MVP SHOP & EARN MONTHLY REWARDS
DIGITAL COUPONS
FOOD LION MVP
Savings made for MVPs like you
Get MVP Details

Keeping prices low on *guaranteed freshness!*

HOT SALE! MVP 1.99 LB W/O MVP Card Regular Retail
GREEN SEEDLESS GRAPES

HOT SALE! MVP 2.19 EA W/O MVP Card Regular Retail
16 Oz.
FOOD LION CELERY HEARTS

100% FRESH OR DOUBLE YOUR MONEY BACK

HOT SALE! MVP 1.29 LB W/O MVP Card Regular Retail
Bulk or Tote Bag
JALAPEÑO PEPPERS

HOT SALE! MVP 2/$4 W/O MVP Card Regular Retail
1 Lb. Container
STRAWBERRIES

HOT SALE! MVP 1.99 LB W/O MVP Card Regular Retail
COSMIC CRISP APPLES

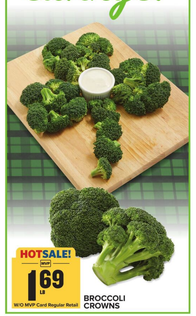
HOT SALE! MVP 2/$4 W/O MVP Card Regular Retail
6 Oz. Pkg.
BLACKBERRIES

2 Lb. Pkg.
FOOD LION BABY CUT CARROTS
HOT SALE! MVP 1.99 EA W/O MVP Card Regular Retail

12 Oz.
Select Varieties
OLIPOP PREBIOTIC SODA
HOT SALE! MVP 2/$4 W/O MVP Card Regular Retail

White Supplies Last!
11.99 EA
SPRINGTIME IN PARIS BOUQUET

Shamrock your *savings!*



HOT SALE! MVP 1.69 LB W/O MVP Card Regular Retail
BROCCOLI CROWNS

Nature's Promise Organic
A FOOD LION private brand

3 Ct.
NATURE'S PROMISE ORGANIC AVOCADOS
HOT SALE! MVP 2.99 EA W/O MVP Card Regular Retail

USDA ORGANIC

NATURE'S PROMISE ORGANIC GREEN CABBAGE
HOT SALE! MVP 2.59 EA W/O MVP Card Regular Retail

USDA ORGANIC

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: AMERICAN EXPRESS VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:
Aberdeen, Carthage, Raeford, Seven Lakes, Southern Pines, Whispering Pines

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Meals they'll savor, *low prices* you'll favor!

100% FRESH OR GROUND BEEF OR MONEY BACK

HOTSALE! MVP 7.29 LB
Ground Fresh Daily
93% LEAN FRESH GROUND BEEF
W/O MVP Card Regular Retail

HOTSALE! MVP 7.49 LB
W/O MVP Card Regular Retail
Beef
TOP ROUND LONDON BROIL
CHOICE

HOTSALE! MVP 5.99 LB
W/O MVP Card Regular Retail
BONELESS STEW BEEF
CHOICE

St. Patrick's Day on the grill!

HOTSALE! MVP 4.49 EA
W/O MVP Card Regular Retail
19 Oz. Pkg. - Select Varieties
JOHNSONVILLE FRESH DINNER SAUSAGE FEATURING IRISH O' GARLIC

HOTSALE! MVP 2.49 LB
W/O MVP Card Regular Retail
Family Pack
FOOD LION FRESH CHICKEN WINGS

HOTSALE! MVP 3.99 LB
W/O MVP Card Regular Retail
PORK BOSTON BUTT COUNTRY STYLE RIBS OR BUTT STEAK

24 Oz. Pkg.
No Antibiotics Ever
NATURE'S PROMISE CHICKEN BREAST PORTIONS

HOTSALE! MVP 7.99 LB
W/O MVP Card Regular Retail

NATURE'S PROMISE SMALL CUT BONELESS CHICKEN BREASTS

HOTSALE! MVP 4.99 LB
W/O MVP Card Regular Retail

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
22 Oz. Pkg.
Select Varieties
HATFIELD SEASONED PORK LOIN FILET

HOTSALE! MVP 3.29 EA
W/O MVP Card Regular Retail
20-24 Oz.
Select Varieties
FOOD LION SIDE DISH

11-14 Oz. Pkg. - Select Varieties
NATHAN'S FAMOUS FRANKS
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

12-14 Oz. Pkg. - Select Varieties
JOHNSONVILLE FULLY COOKED DINNER SAUSAGE
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

7-9 Oz. Pkg. - Select Varieties
HILLSHIRE FARM THIN SLICED LUNCHMEAT
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

2.25-4.5 Oz. Pkg. - Select Varieties
OSCAR MAYER BASIC LUNCHABLES
HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail

19.2-24 Oz. Pkg. - Frozen
Select Varieties
JUST BARE CHICKEN
HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! MVP 7.99 LB
W/O MVP Card Regular Retail
10 Oz.
SALMON FILLETS OR WILD CAUGHT TUNA STEAKS

HOTSALE! MVP 6.49 EA
W/O MVP Card Regular Retail
12 Oz. Pkg.
DOCKSIDE CLASSICS

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
8-10 Oz. Pkg. - Frozen
Select Varieties
MARGARITAVILLE SHRIMP

MVP PICKUP OR FREE DELIVERY
8.99 EA
W/O MVP Card Regular Retail
61-70 Ct.
16 Oz. Bag - Frozen
FOOD LION RAW SHRIMP

Earn rewards when you buy any of your favorites from:

Cookie/Cracker/Salty Snacks & Frozen

FOOD LION MVP customer

SHOP&EARN

MONTHLY REWARDS

Check Your Progress

Quick eats $5 each!

Each sold separately in our deli and bakery.

HOT SALE! MVP $5 EA
W/O MVP Card $5.99 EA
Made In-Store 7.5-13.2 Oz. Select Varieties
FRESH GREEN SALADS

HOT SALE! MVP $5 EA
W/O MVP Card $5.99 EA
18 Oz. Select Varieties
FOOD LION FRESH PASTA

LOCAL FAVORITE
HOT SALE! MVP $5 EA
W/O MVP Card $6.99 EA
13.9-15.3 Oz. Select Varieties
FRESH & SIMPLE PIZZA

BOGO FREE

MVP
On Participating Items
Single Item Half Price

16 Oz. Select Varieties
PANERA SOUPS
W/O MVP Card $7.99 EA
Single Item Half Price

7 Oz. Select Varieties
KERRYGOLD IRISH CHEESE
W/O MVP Card $8.99 EA
Single Item Half Price

4 Oz.
FOOD LION BAGELS
W/O MVP Card $4.49 EA
Single Item Half Price

16 Oz. In-Store Made
FOOD LION COOKIES
W/O MVP Card $4.99 EA
Single Item Half Price

Handheld happiness!

Celebrate National Pi Day!

Available in our Bakery

MVP PRICED LOW EVERY DAY
5/$5
W/O MVP Card $1.29 EA.
3.25-4 Oz.
SNACK PIES

12g PROTEIN per 2 oz.

HOT SALE! MVP 9.99 LB
W/O MVP Card $11.99 LB
Freshly Sliced
DIETZ & WATSON CHICKEN

HOT SALE! MVP 2.99 EA
W/O MVP Card $3.99 EA
8 Oz. Select Varieties
TASTE OF INSPIRATIONS CHEESE CUBES

HOT SALE! MVP 8.49 EA
W/O MVP Card $9.99 EA
14 Oz. Select Varieties
HORMEL SNACK TRAY

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
FOOD LION GOURMET CINNAMON ROLLS

Our BRANDS | FOOD LION | COMPANION | inspirations | CARE one | DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

NEW ITEMS

available now

HOT SALE! MVP 2/$3
W/O MVP Card $1.89 EA.
14 Oz. Select Varieties
FOOD LION WHOLE BERRY CRANBERRY SAUCE

PRICED LOW EVERY DAY
6.79 EA
12 Pack Select Varieties
FOOD LION APPLESAUCE POUCH

HOT SALE! MVP 4.99 LB
W/O MVP Card $5.79 LB
In-Store Cut Fruit
FOOD LION KIWI STRAWBERRY CUP

10 Oz.
FOOD LION INSTANT GRITS
HOT SALE! MVP 2/$4
W/O MVP Card $2.29 EA

HOT SALE! MVP 2/$3
W/O MVP Card $1.99 EA
16 Oz. Select Varieties
FOOD LION ICE CREAM

8 Oz. Select Varieties
TASTE OF INSPIRATIONS ITALIAN CHEESE WEDGE IN THE DELI
HOT SALE! MVP 3.99 EA
W/O MVP Card $4.79 EA

February 26 - March 17, 2026

Buy an orange bag

to give 5 meals* to local families.

foodlion.com/feeds

FOOD LION FEEDS | FEEDING AMERICA

*Food Lion will donate 50 cents (monetary equivalent of at least 5 meals) from each orange bag purchase (up to $200,000) to Feeding America. Additional (additional monetary donations made at the checkout or online during this promotion will also be donated to Feeding America®. Every dollar donated provides at least 10 meals and allows Feeding America® to support local partner food banks.

3 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNLE ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT 03/11/26

Every orange bag *helps nourish families*

You can help provide at least 5 meals* to families in your community by buying an orange bag or making a donation.

Buy or Donate

FOOD LION FEEDS

FEEDING AMERICA

Get your green on!

HOT SALE! MVP 3.49 EA
3 Lb. Bag
FOOD LION GRANNY SMITH APPLES
W/O MVP Card $4.99 EA

HOT SALE! MVP 69¢ EA
CUCUMBERS OR GREEN PEPPERS
W/O MVP Card Regular Retail

HOT SALE! MVP 4.99 EA
2 Lb.
TASTE OF INSPIRATIONS AUTUMNCRISP GRAPES
W/O MVP Card $6.99 EA

2 Liter
Select Varieties
FOOD LION SODA
PRICED LOW EVERY DAY ✓ $1 EA.

HOT SALE! MVP 6.99 EA
128 Oz.
Select Varieties
FOOD LION SHERBET
W/O MVP Card $7.49 EA

HOT SALE! MVP 4.49 EA
6 Ct.
CUPCAKES IN THE BAKERY
W/O MVP Card $5.49 EA

PRICED LOW ✓ EVERY DAY

10-13 Oz.
Select Varieties
FOOD LION TORTILLA CHIPS
1.99 EA

10 Oz.
Select Varieties
A.1. STEAK SAUCE
4.99 EA MVP
W/O MVP Card $6.19 EA

MVP HOT SALE!

9.9 Oz.
Select Varieties
TAKIS
3.49 EA MVP
W/O MVP Card Regular Retail

8 Oz.
Select Varieties
RAGIN' CAJUN SEASONING
MVP BOGO FREE
W/O MVP Card $3.39 EA
Single Item Half Price

25.3 Oz.
FILIPPO BERIO EXTRA VIRGIN OLIVE OIL
MVP PRICED LOW EVERY DAY ✓ 10.99 EA
W/O MVP Card $13.49 EA

MVP PRICED LOW EVERY DAY ✓ 2.99 EA
10 Pack
6 Oz. Pouches
Select Varieties
KOOL-AID JAMMERS
W/O MVP Card $3.49 EA

16.2-20.35 Oz.
Select Varieties
WHITE LILY CAKE MIX
HOT SALE! MVP 2/$4
W/O MVP Card $3.99 EA

64 Oz.
Select Varieties
OLD ORCHARD
HOT SALE! MVP BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price

MVP PRICED LOW EVERY DAY ✓ 3.79 EA
12-13 Oz.
Select Varieties
THOMAS' ENGLISH MUFFINS
W/O MVP Card $5.69 EA

2.6 Oz.
Select Varieties
STARKIST CHICKEN POUCHES
HOT SALE! MVP 1.69 EA
W/O MVP Card $2.18 EA

HOT SALE! MVP 5/$5
W/O MVP Card $1.39 EA
3 Oz.
Select Varieties
BUMBLE BEE TUNA SNACKERS

HOT SALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price
7-7.95 Oz.
Select Varieties
DAVE'S KILLER BREAD ORGANIC SNACK OR BREAKFAST BARS

HOT SALE! MVP 1.79 EA
8.80 Oz.
Select Varieties
MINUTE RICE READY TO SERVE
W/O MVP Card $2.48 EA

17.5 Oz.
Select Varieties
MISSION FLOUR TORTILLAS
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

HOT SALE! MVP 3.99 EA
17.98-19.74 Oz.
Select Varieties
ORVILLE REDENBACHER'S GOURMET POPCORN
W/O MVP Card Regular Retail

14-16 Oz.
Select Varieties
BLUE DIAMOND ALMONDS
HOT SALE! MVP 6.99 EA
W/O MVP Card Regular Retail

15-24 Oz.
Select Varieties
CLASSICO PASTA SAUCE
HOT SALE! MVP 2/$5
W/O MVP Card $3.29 EA

24 Oz.
Select Varieties
TEXAS PETE HOT SAUCE
HOT SALE! MVP 4.39 EA
W/O MVP Card $4.99 EA

11.5-20.5 Oz.
Select Varieties
NABISCO FAMILY SIZE RITZ OR SNACK CRACKERS
HOT SALE! MVP 4.99 EA
W/O MVP Card Regular Retail

14.4 Oz.
Select Varieties
FOOD LION SAUERKRAUT
HOT SALE! MVP 1.19 EA
W/O MVP Card $1.28 EA

BUY ONE OF THESE & GET THIS FREE

30 Oz.
Select Varieties
DUKE'S MAYONNAISE
HOT SALE! MVP 3.99 EA
W/O MVP Card $5.99 EA

5 Oz.
Select Varieties
CHICKEN OF THE SEA TUNA
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

20 Oz.
SARA LEE CLASSIC WHITE BREAD
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.69 EA

HOT SALE! MVP 4.99 EA
9.6 Oz.
REESE'S PEANUT BUTTER MILK CHOCOLATE EGGS
W/O MVP Card $5.99 EA

4 Z0AH Z0AL Z5AT Z5AU Z6FL Z7GB Z7GR Z7HP Z7NB Z7RA Z7RE Z7RG Z7RH Z7RI Z7RL Z7RR Z7WA Z7WI Z7WL Z7WM Z7WN Z7WT Z5AG Z5AU Z5CH Z5CL Z5CO Z5FE Z5FL Z5FR Z5SA Z5SV Z7RA Z7RC Z7RD Z7RR Z7RN Z7WN Z7WR 031108

20% OFF

MVP

March 18 – 24, 2026

Shop Now

MVP 20% OFF SALE
ON PARTICIPATING ITEMS

14.5-15.25 Oz.
Select Varieties
FOOD LION CANNED FRUIT
PRICED LOW EVERY DAY 1.69 EA
-20% OFF
1.35 EA MVP

4.9 Oz. - Select Varieties
NATURE'S PROMISE ORGANIC RICE CAKES
3.49 EA
-20% OFF
2.80 EA MVP

4 Pack - Select Varieties
CHOBANI GREEK YOGURT
5.49 EA
-20% OFF
4.39 EA MVP

4 Pack - Select Varieties
CHOBANI 20G PROTEIN GREEK YOGURT CUPS
6.99 EA
-20% OFF
5.59 EA MVP

4 Pack - Select Varieties
CHOBANI PROTEIN DRINKS
9.99 EA
-20% OFF
7.99 EA MVP

11-16 Oz. Bag
NATURE VALLEY GRANOLA
5.49 EA
-20% OFF
4.39 EA MVP

BEVERAGE CENTER

24 Pack - 12 Oz. Cans
Select Varieties
PEPSI PRODUCTS
HOTSALE!
MVP 10.99 EA
W/O MVP Card Regular Retail

8 Pack - 12 Oz. Cans
Select Varieties
BUBLY SPARKLING WATER
HOTSALE!
MVP 3.99 EA
W/O MVP Card $4.99 EA

2 Liter
Select Varieties
COKE PRODUCTS
HOTSALE!
MVP 2/$5
W/O MVP Card Regular Retail

1.62 Oz.
Select Varieties
MIO WATER ENHANCER
MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA

64 Oz.
Select Varieties
CAMPBELL'S V8 JUICE
HOTSALE!
MVP 3.99 EA
W/O MVP Card $4.99 EA

8 Pack - 20 Oz. Bottles
Select Varieties
GATORADE
HOTSALE!
MVP 6.99 EA
W/O MVP Card $8.99 EA

6 Pack - 16.9 Oz. Bottles
Select Varieties
PURE LEAF TEA
HOTSALE!
MVP 6.99 EA
W/O MVP Card $7.99 EA

1.5 Liter
Select Varieties
RIUNITE OR SUTTER HOME WINE
HOTSALE!
8.99 EA

750 mL
Select Varieties
MONTE GUELFO OR COTES DE PROVENCE WINE
HOTSALE!
11.99 EA

5 Liter
Select Varieties
FRANZIA WINE
3 Liter
Select Varieties
BLACK BOX WINE
HOTSALE!
16.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

4 Pack - 14.9 Oz. Cans
GUINNESS STOUT
6 Pack - 11.2 Oz. Bottles
GUINNESS STOUT
Select Varieties
HOTSALE!
9.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
CORONA, MODELO OR PACIFICO
HOTSALE!
17.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
SAMUEL ADAMS, SIERRA NEVADA, NEW BELGIUM OR BELL'S
HOTSALE!
17.99 EA

24 Pack
12 Oz. Cans or Bottles
MICHELOB ULTRA
24 Pack - 12 Oz. Cans
YUENGLING FLIGHT OR CORONA PREMIER
Select Varieties
HOTSALE!
22.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
BUD, MILLER OR COORS
HOTSALE!
11.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 03/11/26

FREE* Pickup or $5 OFF Delivery

When you buy any 5 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

FILL YOUR BASKET WITH FLAVOR

© 2026 Kraft Heinz

DAIRY

HOTSALE! MVP 4/$5
4.5-5.3 Oz. Select Varieties
CHOBANI FLIP OR CREATIONS YOGURT
W/O MVP Card Regular Retail

HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA
4-6 Pack Select Varieties
YOCRUNCH YOGURT OR DANIMALS SMOOTHIE

59 Oz. Select Varieties
A2 MILK
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 2.99 EA
W/O MVP Card $3.89 EA
8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE

HOTSALE! MVP 3.99 EA
W/O MVP Card $5.29 EA
16 Oz. Select Varieties
CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS

52 Oz. Select Varieties
FLORIDA'S NATURAL ORANGE JUICE
HOTSALE! MVP 3.49 EA
W/O MVP Card $5.49 EA

128 Oz. Select Varieties
FOOD LION BREWED TEA
PRICED LOW EVERY DAY 2.99 EA

12 Oz. Select Varieties
FOOD LION SINGLES
PRICED LOW EVERY DAY 1.99 EA

MVP PRICED LOW EVERY DAY 7.99 EA
W/O MVP Card $9.79 EA
32 Oz. Select Varieties
KRAFT VELVEETA CHEESE

5-8 Oz. Select Varieties
SARGENTO SLICED CHEESE
HOTSALE! MVP 2/$6
W/O MVP Card $3.99 EA

FROZEN

HOTSALE! MVP 7.99 EA
24-26.50 Oz. Select Varieties
TYSON FROZEN CHICKEN
W/O MVP Card $10.99 EA

21 Oz. Select Varieties
BIRDS EYE VOILA! DINNERS
HOTSALE! MVP 3.99 EA
W/O MVP Card $6.19 EA

MVP PRICED LOW EVERY DAY 3/$3
W/O MVP Card $1.28 EA
7 Oz. Select Varieties
BANQUET POT PIES

18.2-24.5 Oz. Select Varieties
GORTON'S FROZEN SEAFOOD
HOTSALE! MVP 4.99 EA
W/O MVP Card $8.59 EA

13.5-15 Oz. Select Varieties
TGI FRIDAYS APPETIZERS
HOTSALE! MVP 5.99 EA
W/O MVP Card $7.79 EA

12.8-21.7 Oz. Select Varieties
BELLATORIA PIZZA
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA

HOTSALE! MVP 2/$6
W/O MVP Card $3.49 EA
48 Oz. Select Varieties
BLUE RIBBON FROZEN DAIRY DESSERT

12-16 Oz. Select Varieties
FOOD LION FROZEN FRUIT
HOTSALE! MVP 2/$6
W/O MVP Card $3.49 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

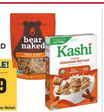
HOT SALE! 2/$8
W/MVP Card $10.00 EA
MVP Coupon -2.00 BF1
4-6 Ct. Select Varieties
KLONDIKE ICE CREAM BARS
2/$6
MVP 10 WEEK DISCOUNT SAVINGS LIST 1

HOT SALE! 6.99 EA
W/MVP Card $10.99 EA
MVP Coupon -1.00 BF1
5-20 Ct. Select Varieties
NESTLÉ DRUMSTICK CONES
5.99 EA
MVP 10 WEEK DISCOUNT SAVINGS LIST 1

BREAKFAST

32 Oz. Select Varieties
KASHI CEREAL OR BEAR NAKED GRANOLA
HOTSALE! MVP 2/$5
W/O MVP Card $2.79 EA

11-18 Oz. Select Varieties
KASHI CEREAL OR BEAR NAKED GRANOLA
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail



10-12 Ct. K-Cups or 11-12 Oz. Bags Select Varieties
EIGHT O'CLOCK COFFEE
HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail

14-32 Oz. Select Varieties
INTERNATIONAL DELIGHT CREAMERS OR COLD FOAM
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

7.4-11 Oz. Select Varieties
BOB'S RED MILL GLUTEN FREE GRANOLA OR OAT BARS
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

8.4 Oz. Select Varieties
KIND BARS
HOTSALE! MVP 6.99 EA
W/O MVP Card $9.69 EA

12-20.4 Oz. Select Varieties
JIMMY DEAN DELIGHTS
HOTSALE! MVP 7.99 EA
W/O MVP Card $9.99 EA

10 Ct. K-Cups or 10-12 Oz. Bags Select Varieties
DUNKIN' COFFEE
HOTSALE! MVP 8.99 EA
W/O MVP Card Regular Retail

ALLERGY SEASON IS HERE!

30 Ct. Select Varieties
CAREONE ALLERGY TABLETS
HOTSALE! 6.99 EA
W/O MVP Card $9.39 EA

3-44 Oz. Select Varieties
FLONASE NASAL SPRAY
HOTSALE! 15.99 EA
W/O MVP Card $19.99 EA

HEALTH & BEAUTY

80 Ct. Select Varieties
NATURE MADE VITAMIN C GUMMIES
HOTSALE! 8.49 EA
W/O MVP Card $9.99 EA

HOTSALE! 2.79 EA
W/O MVP Card $2.99 EA

1.83-2.12 Oz. Select Varieties
QUEST PROTEIN BAR

HOTSALE! 7.99 EA
W/O MVP Card $9.99 EA

6-12 Oz. Select Varieties
GOT2B HAIR SPRAY OR STYLING GEL

1-5 Ct. Select Varieties
BIC MEN'S AND WOMEN'S DISPOSABLE RAZORS
HOTSALE! 5.99 EA
W/O MVP Card $6.99 EA

2.7-3 Oz. Select Varieties
AXE INVISIBLE SOLID DEODORANT
HOTSALE! 4.99 EA
W/O MVP Card $5.69 EA

HOUSE & HOME

24 Ct. Select Varieties
CHA-CHING CUTLERY
HOTSALE! 99¢ EA
W/O MVP Card Regular Retail

HOTSALE! 2.99 EA
W/O MVP Card Regular Retail

200 Ct. Select Varieties
BOUNTY NAPKINS

31.32 Oz. Select Varieties
TIDE SIMPLY LIQUID
HOTSALE! 2/$5
W/O MVP Card $4.89 EA

32-48 Oz. Select Varieties
LYSOL CLEANER
HOTSALE! 3.99 EA
W/O MVP Card Regular Retail

24-60 Ct. Select Varieties
CHINET
HOTSALE! 5.99 EA
W/O MVP Card Regular Retail

HOTSALE! 3.99 EA
W/O MVP Card Regular Retail

105 Ct. Sandwich or 108 Ct. Snack Select Varieties
ZIPLOC

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 21.99 EA
W/ MVP Card $23.99 EA
MVP Coupon -5.00 OFF 1
16.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

30 Ct. Select Varieties
CLARITIN 24-HOUR ALLERGY TABLETS

HOT SALE! 13.99 EA
W/ MVP Card $14.99 EA
MVP Coupon -5.00 OFF 1
8.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

15 Ct. Select Varieties
ALLEGRA 24-HOUR TABLETS

HOT SALE! 3.99 EA
W/ MVP Card Regular Retail
MVP Coupon -1.00 OFF 1
2.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

2.4-5.4 Oz. Select Varieties
CREST TOOTHPASTE

PRICE FLOW FIRST CUT ✓ 4.99 EA
W/ MVP Card $5.49 EA
MVP Coupon -1.00 OFF 1
3.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

44 Oz. Select Varieties
DOWNY FABRIC SOFTENER

HOT SALE! 17.99 EA
W/ MVP Card Regular Retail
MVP Coupon -2.00 OFF 1
15.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

18 Rolls
COTTONELLE
20 Rolls
SCOTT BATH TISSUE
Select Varieties

HOT SALE! 9.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -2.00 OFF 1
7.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

130 Ct. Mega or 240 Ct. Regular Select Varieties
BOUNCE OR GAIN DRYER SHEETS

HOT SALE! 19.99 EA
W/ MVP Card $20.99 EA
MVP Coupon -3.00 OFF 1
16.99 EA
MVP W/ MFR DISCOUNT SAVINGS COMBO 1

62-78 Ct. Select Varieties
CASCADE

BABY

4 Oz. Select Varieties
BEECH-NUT BABY FOOD
HOTSALE! 5/$5
W/O MVP Card $1.39 EA

4 Oz. Select Varieties
PLUM ORGANICS MIGHTY 4 BLEND POUCHES
HOTSALE! 2/$3
W/O MVP Card $1.69 EA

1 Oz. Select Varieties
HAPPY BABY ORGANIC YOGIS
HOTSALE! 3.49 EA
W/O MVP Card $3.99 EA

3.5 Oz. Select Varieties
BEECH-NUT POUCHES
HOTSALE! 3/$6
W/O MVP Card $2.29 EA

PET

HOTSALE! 2/$4
W/O MVP Card $2.29 EA

4 Oz. Select Varieties
FANCY FEAST GEMS CAT FOOD

7 Lb. Bag Select Varieties
PURINA ONE DRY CAT FOOD
HOTSALE! 17.99 EA
W/O MVP Card $19.49 EA

12.5 Oz. Select Varieties
SUPREME SOURCE DOG FOOD
HOTSALE! 2.69 EA
W/O MVP Card $3.89 EA

11 Lb. Bag Select Varieties
SUPREME SOURCE GRAIN FREE DOG FOOD
HOTSALE! 19.99 EA
W/O MVP Card $23.99 EA

FOOD LION

March 11 - March 17, 2026

Offers valid while supplies last.

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

6.7-7.3 Oz.
Select Varieties
LILY'S TOASTER GRILLS

HOT SALE! MVP **3.49 EA**

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

11-11.4 Oz.
Select Varieties
GORTON'S FISH FILLETS

HOT SALE! MVP **4.49 EA**

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

.75-1.37 Oz.
Select Varieties
MCCORMICK GRAVY MIX

HOT SALE! MVP **2/$3**

W/O MVP Card $1.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

9 Oz.
Select Varieties
TASTEE CHOICE SHRIMP

HOT SALE! MVP **4.99 EA**

W/O MVP Card $5.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

24 Pack
8 Oz. Bottles
NESTLÉ PURE LIFE WATER

4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6.6 Oz.
Select Varieties
BIBIGO DUMPLINGS

HOT SALE! MVP **2/$6**

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16.30 Oz.
Select Varieties
BETTY CROCKER BROWNIE MIX

HOT SALE! MVP **1.69 EA**

W/O MVP Card $2.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

11 Oz.
Select Varieties
TASTIEZ FROZEN SNACKS

HOT SALE! MVP **2/$7**

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
FOOD LION WILD CAUGHT CHUNK PINK SALMON

HOT SALE! MVP **2/$3**

W/O MVP Card $1.89 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

.14 Oz. - Select Varieties
NATURE'S PROMISE ORGANIC SNACKS

HOT SALE! MVP **1.29 EA**

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/11/26

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

20 Ct.
Select Varieties
FOOD LION TEA

2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16-24 Oz.
Select Varieties
CELENTANO FROZEN PASTA

HOT SALE! MVP

3.99 EA

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

15 Oz.
Select Varieties
FROLLIES

HOT SALE! MVP

3.99 EA

W/O MVP Card $4.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8.80 Oz.
Select Varieties
MAHATMA MICROWAVABLE RICE POUCH

HOT SALE! MVP

2/$4

W/O MVP Card $2.78 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

13.7 Oz.
Select Varieties
DUNKIN' DONUTS ICED COFFEE

HOT SALE! MVP

2/$6

W/O MVP Card $3.29 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
ROCKIN' PROTEIN BUILDER

2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14-14.5 Oz.
Select Varieties
SWANSON BROTH

1.59 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6.5 Oz.
Select Varieties
LAS RICAS CHURRO

HOT SALE! MVP

2/$5

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5-6.3 Oz. - Select Varieties
NERDS GUMMY CLUSTERS OR TROLLI PEACHIE O'S

HOT SALE! MVP

2/$5

W/O MVP Card $2.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
RED BULL

HOT SALE! MVP

10.99 EA

W/O MVP Card $11.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

24 Oz.
BIBIGO MINI WONTONS

HOT SALE! MVP
7.99 EA
W/O MVP Card $8.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
COCA-COLA DE MEXICO

HOT SALE! MVP
2/$4
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
FOOD LION CREAM CHEESE

PRICED LOW EVERY DAY
1.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

24.75 Oz.
SUPERPRETZEL BAVARIAN SOFT PRETZEL STICKS

HOT SALE! MVP
5.49 EA
W/O MVP Card $6.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-16 Oz.
Select Varieties
BETTY CROCKER FROSTING

HOT SALE! MVP
1.69 EA
W/O MVP Card $2.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
GUAYAKI YERBA MATE

2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
FOOD LION MINI PIES

2.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

59 Oz.
Select Varieties
GOLD PEAK TEA

HOT SALE! MVP
2/$6
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14.50-24 Oz.
Select Varieties
BOTTICELLI PASTA SAUCE

HOT SALE! MVP
3.99 EA
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5.43-8.71 Oz.
Select Varieties
ANNIE CHUN'S BOWL

HOT SALE! MVP
2/$6
W/O MVP Card $4.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

4 Pack
12 Oz. Cans
Select Varieties
REED'S REAL GINGER ALE

4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

3 Oz.
Select Varieties
FOOD LION GELATIN MIX

99¢ EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
STOUFFER'S SUPREME SHELLS & CHEESE

2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

2.47 Oz.
Select Varieties
POCKY

HOT SALE! MVP

2/$5

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4 Ct. - AA or AAA
SMART LIVING ALKALINE BATTERIES

4.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8.4 Oz.
Select Varieties
SUNKIST SHORTBREAD COOKIES

3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

23.7 Oz. Sport Bottle
GLACÉAU SMART WATER

1.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

50-65 Ct.
Select Varieties
KLEENEX FACIAL TISSUE

HOT SALE! MVP

1.79 EA

W/O MVP Card $1.98 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

3 Ct.
Select Varieties
SCOTCH BRITE SPONGES

HOT SALE! MVP

2/$6

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
CHARMIN ESSENTIALS
4 Double Rolls
BOUNTY ESSENTIALS
Select Varieties

6.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGRY ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCH ZNCL ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 03/11/26