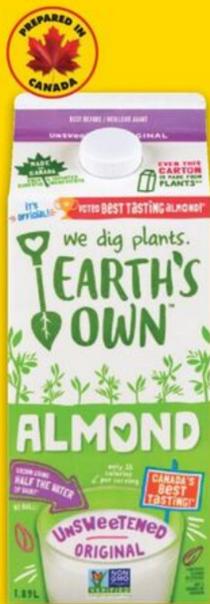


**NEW
LOWER
PRICES**

3⁵⁰

EARTH'S OWN ALMOND or SOY NON-DAIRY BEVERAGE
selected varieties, refrigerated
1.75/1.89 L
20327647 EA



3⁵⁰

MINUTE MAID ZERO SUGAR BEVERAGES or FUZE ICED TEA
selected varieties
1.54/1.75 L
21434100 EA/21652207 EA



1⁵⁰

LIPTON or KNORR DRY SOUP MIX
selected varieties
40-166 g
20297514001 EA/20308188001 EA



\$5

CHAPMAN'S SUPER NOVELTIES
selected varieties, frozen
8-18's
20111532 EA
20117581001 EA



NOFRILLS[®] YES SAVINGS

FLYER PRICES EFFECTIVE THURSDAY, MARCH 12 TO WEDNESDAY, MARCH 18, 2026.

SAVE UP TO 50%

5⁹⁶

JANES PUB STYLE CHICKEN STRIPS, NUGGETS, BURGERS, FRIES or POPCORN CHICKEN
selected varieties, frozen
700 g
21191828 EA



ONLY

2⁴⁹
LB

PORK HALF LOIN
boneless, fresh
5.49/kg
20554787 KG

WHILE QUANTITIES LAST

SAVE 23%

SAVE 23%

\$5

NO NAME[®] BACON
selected varieties
500 g
20156771 EA



AUSTRALIAN LEAN GROUND LAMB
2x350 g
21682482 EA

\$13

SAVE 30%



PKG OF 5 OR 6

3⁴⁹

AVOCADOS
product of Mexico, Peru or Colombia
21644936001 EA

SAVE 41%

4⁹⁹

LACTANTIA BUTTER
selected varieties
454 g
20639926 EA



ONLY

2⁹⁷

iÖGO 650 g, iÖGO NANO BUBBLES or LIBERTÉ 4x100 g YOGURT
selected varieties
20801752003 EA/21719941 EA



ONLY

2⁷⁷
LB

GREEN SEEDLESS GRAPES product of Chile, no. 1 grade or **RED SEEDLESS GRAPES** product of South Africa or Chile, no. 1 grade
6.11/kg
20425775001 KG/20159199001 KG



SAVE 55%

\$4

ROYALE FACIAL TISSUE
selected varieties
6x72/100 sheets
20702419 EA



SAVE UP TO 33%

\$3

GREEN GIANT VEGETABLES 283-750 g, **MCCAIN SUPERFRIES, SPECIALTY FRIES** 454-800 g
selected varieties, frozen
20324228002 EA/21022355 EA



SAVE 25%

\$3

POST CEREAL
selected varieties
311-525 g
20299648 EA/21427214 EA



SAVE 25%

2⁹⁹

ROOSTER[®] SCENTED JASMINE RICE
18.1 kg
20157222 EA



PRICE DROP

4⁹⁹

ARMSTRONG or PC[®] SHREDDED CHEESE 250-320 g or **ARMSTRONG CHEESE** 400 g
selected varieties
21286240 EA/21346749 EA



1²⁵

ALLEN'S FRUIT COCKTAIL
selected varieties
1 L
20307424001 EA/21630123 EA



1⁵⁰

CAMPBELL'S BROTH
selected varieties
250/900 mL
20322348001 EA/21347245 EA



FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

nofrills.ca

01 NW

FRESH AT LOW PRICES

4.99

STRAWBERRIES
product of Mexico or U.S.A.,
no. 1 grade or
PINEAPPLE
product of Costa Rica or Mexico
20049778001 EA/20160992001 EA

1 LB CLAMSHELL

6 OZ CLAMSHELL

3.99

BLACKBERRIES
product of Mexico or U.S.A. or
RASPBERRIES
product of Mexico or U.S.A., no. 1 grade
20051015001 EA/20128938001 EA

5.99

ROMAINE HEARTS
product of Mexico or U.S.A.
20067389001 EA

PKG OF 3

1.99
EA/LB

ORANGES
4.39/kg, product of U.S.A. or
RED MANGOES
each, product of Peru
20426078001 KG/20059635001 EA



If your produce isn't fresh, we'll replace AND refund it.*

5.99



PKG OF 11

FARMER'S MARKET™ GRAPE TOMATOES or
PC® VARIETY TOMATOES product of Canada or Mexico or
FARMER'S MARKET™ MINI CUCUMBERS
product of Canada, Canada no. 1 grade
20840038001 EA/21070679001 EA

5.99



10 LB BAG

RUSSET POTATOES product of Canada,
Canada no. 1 grade or **YELLOW ONIONS**
product of Canada or U.S.A., no. 1 grade
20661020001 EA/20660991001 EA

3.99
LB



ASPARAGUS
product of Mexico or Peru, no. 1 grade
8.80/kg
20174581001 KG

3.99



PKG OF 4

GREEN or RED PEPPERS
product of Mexico or U.S.A.
20115233001 EA/20013208001 EA

4.99



5 LB BAG

CAULIFLOWER product of Mexico or U.S.A., no. 1 grade or
FARMER'S MARKET™ CARROTS
product of Canada or U.S.A., no. 1 grade
20135377001 EA/206609928001 EA

4.99



CANTALOUPE
product of Guatemala, Honduras or Brazil, no. 1 grade
each
20167017001 EA

4.99



292-383 G

EAT SMART or
TAYLOR FARMS
CHOP SALAD KIT
selected varieties, product of U.S.A.
20647118 EA/21703561 EA

5.99



600 G

FARMER'S MARKET™ KIWI
product of Greece
21376167001 EA

1.99
LB



SWEET POTATOES
product of Canada
4.39/kg
20127708001 KG



3.99



680 G

PC® LITTLE GEMS™ RED, YELLOW
or **MIXED MINI POTATOES**
product of Canada, Canada no. 1 grade
21247301001 EA/21247300001 EA

3.99



454 G

PC® WHOLE CREMINI or
WHITE MUSHROOMS
product of Western provinces
20761372 EA/20738571 EA

6.99



5 LB BAG

PINK LADY APPLES or **FARMER'S**
MARKET™ AMBROSIA APPLES
product of Western provinces, Canada fancy grade
20630646001 EA

6.99



3 LB BAG

PC® MANDARINS
product of U.S.A.
2084961001 EA

PRICE DROP

.99
LB

GREEN CABBAGE
product of Canada,
Canada no. 1 grade
2.18/kg
2079034001 KG



1.50

GREEN ONIONS
product of Mexico
20107500001 EA



\$2
LB

COSMIC CRISP APPLES
product of U.S.A., extra fancy grade
4.41/kg
21240884001 KG



*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

FRESH AT LOW PRICES

3⁹⁹
LB

CLUB SIZE



CHICKEN DRUMSTICKS
club size, fresh
8.80/kg
20004494_KG

7⁷⁹
LB



EXTRA LEAN GROUND BEEF
Club Size
17.17/kg
20981822_KG

4²⁹
LB

CLUB SIZE



MEDIUM GROUND PORK
club size, fresh
9.46/kg
20639981_KG

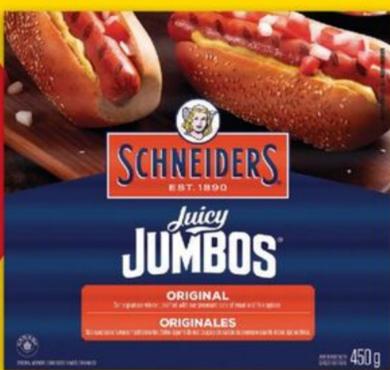
ALWAYS

\$10



BUTCHER'S CHOICE® SAUSAGE
selected varieties
1.1 kg
21565790_EA

\$6



SCHNEIDERS JUICY JUMBOS or SMOKED SAUSAGES
selected varieties
375/450 g
20105611_EA

7⁹⁹



ST-HUBERT or SWISS CHALET POT PIE
selected varieties, frozen
650-800 g
20719298_EA/21047194_EA

\$4⁵⁰



Earn **1,000** pts
That's **\$1** value

SNACK FACTORY PRETZEL CRISPS
selected varieties, 200 g
20948940_EA/20948939_EA

\$7



SEAQUEST® FISH FILLETS
selected varieties, frozen
400 g
20036614_EA/21314740_EA

\$7



SEAQUEST® BAY SCALLOPS 400 g or **COLOSSAL RAW WHITE SHRIMP** 16-20 per lb, 300 g frozen
21043887_EA/21558527_EA

3⁵⁰



ZIGGY'S® SLICED DELI MEAT
selected varieties
175 g
21592461_EA/21599921_EA

\$12



PC® CHEESE SLICES or BLOCKS 500 g, **PC® SPLENDDIDO® PARMIGIANO REGGIANO, ROMANO or GRANA PADANO** 250 g
selected varieties
20249826_EA/21053434_EA

\$5



OLIVIERI FRESH FILLED TWIN PACK PASTA 450-500 g or **SKILLET GNOCCHI** 280/300 g
20321512_EA

2²⁵



NO NAME® BAGELS or ENGLISH MUFFINS
selected varieties
6's
21217967_EA/21313119_EA

2⁵⁰



WONDER BREAD 570 g or **BUNS** 12's
selected varieties
20305674_EA/20520827_EA

\$6



FARMER'S MARKET™ COOKIES 12's or **MUFFINS** 6's
selected varieties
20566295_EA/21283356_EA

BRANDS YOU LOVE AT LOW PRICES

SAVE 35%

3²⁵

LIBERTÉ MÉDITERRANÉE
500 g/4x100 g, **CRUNCH** 2's or **YOPLAIT PROTEIN** 650 g **YOGURT**
selected varieties
20788062001 EA/21587047 EA



ONLY

4⁷⁹

CRACKER BARREL
NATURAL CHEESE SLICES
selected varieties
200-240 g
21290705 EA



SAVE UP TO 30%

3³³

DAIRYLAND or **LACTANTIA CREAM**
selected varieties,
brand varies by region
473 mL-1 L
20073927 EA/20962887 EA



SAVE 43%

1⁸⁹

I CAN'T BELIEVE IT'S NOT BUTTER
MARGARINE 427 g or **BECEL GARLIC**
PLANT BUTTER 227 g
20061949001 EA



8²⁵

TROPICANA
ORANGE JUICE
selected varieties, refrigerated
2.43 L
20119756001 EA/20119756003 EA



\$4

PC® DINNER ENTRÉES
selected varieties frozen
212-365 g
20012252001 EA



5⁵⁰

DR. OETKER GIUSEPPE THIN CRUST
or **RISING CRUST PIZZA**
selected varieties, frozen
439-785 g
21106361 EA



5⁵⁰

HÄAGEN-DAZS ICE CREAM 450 mL
or **NOVELTIES** 3/4's
selected varieties, frozen
20302299001 EA/21513347 EA



2⁵⁰

GOLDFISH CRACKERS
selected varieties
167-227 g
20300320 EA/20306994003 EA



1⁵⁷

NO NAME® POTATO CHIPS
selected varieties
200 g
21302821 EA



1⁵⁰

GREEN GIANT VEGETABLES
selected varieties
341/398 mL
21021224 EA



\$3

ANGIE'S BOOM CHICKA POP
POPCORN or **PUFFS**
selected varieties
136-198 g
20811709 EA



3²⁵

ALLEN'S CRANBERRY
COCKTAIL, or **DEL MONTE**
ON ICE REFRESHER
selected varieties
1.89 L
21518094 EA/21575061 EA



13⁹⁹

COCA-COLA or **PEPSI**
SOFT DRINKS
selected varieties
24x355 mL
20306687003 C24/20308197001 C24



1⁶⁹

UNICO BEANS 540 mL or
TOMATOES 796 mL
selected varieties
20313447001 EA/20314629001 EA



2⁵⁰

LA MOLISANA
STRAINED TOMATOES
680 mL
20016661 EA



\$3

BULL'S-EYE BBQ SAUCE 425 mL or
DIANA SAUCE 500 mL
selected varieties
20547834005 EA/21184617 EA



5⁹⁹

LAVAZZA CREMA E GUSTO or
ROSSA GROUND COFFEE
selected varieties
250 g
21553695 EA/21553714 EA



5⁷⁹

SMUCKER'S JAM,
MARMALADE or **JELLY**
selected varieties
310/500 mL
20308043001 EA/20308043004 EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. **Must be a registered PC Optimum™ member to get this offer.

MARCH

**HIT
OF THE
MONTH**



 **Made in Canada**

Quaker Chewy Granola Bars
Selected varieties, 120 g
21359366_EA/21359369_EA



 **Prepared in Canada**

PC® Dips
Selected varieties, 454 g
20584098_EA



Christie Family Size Crackers
Selected varieties, 328-454 g
20686037_EA/21189848_EA

See in-store for retails

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid March 1st - 31st, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. See in store for limits. No rainchecks.

BRANDS YOU LOVE AT LOW PRICES

6⁵⁰



ACTIVA YOGURT
selected varieties
12x100 g
20608924 EA/20640892 EA



3⁵⁰

DAIRYLAND SOUR CREAM
selected varieties
500 mL
2027596001 EA

5⁹⁹



MCCAIN CAKES
selected varieties, frozen
510 g
20310132002 EA



\$10

HIGH LINER PAN-SEAR or BATTERED FISH FILLETS
425-600 g
20845016 EA

\$2



BEATRICE or DAIRYLAND CHOCOLATE MILK
selected varieties, brand varies by region
946 mL
20799752 EA/21699812 EA

3⁵⁰



NO NAME® APPLE or ORANGE JUICE
selected varieties, refrigerated
1.75 L
21665646 EA/21671461 EA

\$3



MOTT'S FRUITSATIONS 6x113 g or GOGO SQUEEZ FRUIT SAUCE 4x99 g
selected varieties
20322697002 EA/20324241001 EA

1²⁵



POWERADE SPORT DRINKS
selected varieties
710 mL
20853721 EA/21240145 EA

3²⁵



REAL CANADIAN NATURAL SPRING WATER
24x500 mL
20154975 C24

\$2



DOLE PINEAPPLE
selected varieties
398 mL
20136767003 EA

1⁶⁹



NO NAME® RICE CRACKERS
selected varieties
100 g
20297188002 EA/20297188003 EA

2²⁵



CAMPBELL'S READY TO SERVE
515 mL or **HABITANT** 796 mL **SOUP**
selected varieties
21479030 EA/21480447 EA

2⁵⁰



STAGG CHILI
selected varieties
425 g
20091906 EA

1⁷⁹



KRAFT DINNER
selected varieties
156/175 g
21549589 EA/21549590 EA

\$1



OLD EL PASO SEASONING
selected varieties
24 g
21049495 EA

15⁹⁹



COLAVITA OLIVE OIL
1 L
20617955 EA

2²⁹



NO NAME® WHITE VINEGAR
Club Size
4 L
20102756 EA

3⁷⁹



PC® BLUE MENU® BEANS or LENTILS
selected varieties
900 g
20629153 EA/20629679 EA

BRANDS YOU LOVE AT LOW PRICES

\$3



HELUVA GOOD! DIPS
selected varieties
250 g
20179979002_EA



4²⁵

SILK NON-DAIRY BEVERAGES
selected varieties, refrigerated
1.74-1.89 L
20328231002_EA/21337480_EA

9⁹⁹



BASKIN ROBBINS ICE CREAM 946 mL or **NOVELTIES** 4's
selected varieties, frozen
21721551_EA/21721501_EA



2⁸⁸

CHEEMO PEROGIES
selected varieties, frozen
745-907 g
20327159_EA

\$9



PATTY KING JAMAICAN STYLE BEEF PATTIES
selected varieties, frozen
1.17 kg
20313668002_EA

\$8



STOK or STARBUCKS COLD BREW COFFEE
selected varieties
1.18/1.42 L
21203739_EA/21213530_EA

\$3



SNYDER'S PRETZELS or PIECES
selected varieties
240 g
20316022004_EA

\$5⁵⁰



Earn **1,000 pts**
That's **\$1** value

AMOENZA! TWISTS CHEESE SNACKS
selected varieties
228 g
21403514_EA

4⁷⁹



NO NAME® COOKIES
selected varieties
907 g
20318678001_EA/20318678002_EA

\$6



NO NAME® CHOPPED GARLIC 1 kg or **LIQUID BOUILLON** 500 mL
selected varieties
20312337002_EA/21013899_EA

4⁵⁰



KRAFT SHAKE 'N BAKE COATING MIXES
selected varieties
142-160 g
21548016_EA/21603329_EA

\$10



Earn **1,000 pts**
That's **\$1** value

GENERAL MILLS JUMBO CEREAL
selected varieties
825 g/1.3 kg
20067990_EA/21347133_EA

5⁴⁹



RED ROSE ORANGE PEKOE BLACK TEA 70's or **TAZO TEA** 20's
selected varieties
21692191_EA

12⁹⁹



STARBUCKS NESPRESSO CAPSULES VERTUO 8/10's or **TWININGS TEA** 100's
selected varieties
21398289_EA

\$6



PC® HOT CHOCOLATE MIX
selected varieties
450/500 g
21549129_EA

1⁵⁰



NO NAME® CRACKERS or BREADSTICKS & CHEESE SNACKS
selected varieties
3's
2088981_EA

\$5



NESTLÉ CHOCOLATE BAR MULTIPACK 4's or **POUCHES** 135-203 g
selected varieties
20176136_EA/21080077_EA

5⁵⁰



HERSHEY'S POUCHES 180-340 g, **MULTI'S** 4's or **SOLID BUNNY** 150 g
selected varieties
21428340_EA/21428465_EA

6⁵⁰



KINDER BAGGED CHOCOLATE 104-184 g or **CSR MILK CHOCOLATE BUNNY** 350 g
selected varieties
20531650_EA

\$11



CADBURY MINI EGGS
400 g
20081165_EA

Earn **6,000 pts**

For every \$16* spent

That's **\$6** value



Optimum®

NESTLÉ EASTER NOVELTIES
selected varieties
25-300 g
21628045_EA/21634741_EA

BRANDS YOU LOVE AT LOW PRICES

\$3



\$3

OVAL EASTER BASKET
21668634 EA

**PLASTIC
EASTER EGGS**
21668702 EA

\$8



**SAVE
UP TO 30%**

PC® CHARITY BUNNY
21687563 EA / 21687564 EA

**NATURE'S BOUNTY
VITAMINS or
SUPPLEMENTS**
selected varieties and sizes
21020231 EA / 2180320 EA

7.99



GLAD GARBAGE BAGS
selected varieties
10-52's
2029734001 EA / 21359461 EA

\$4



**MR. CLEAN ALL
PURPOSE CLEANER** 1.2 L,
FEBREZE AIR 250 g,
**BATHROOM AIR
FRESHENER** 7.5 mL,
CAR FRESHENER 2 mL or
MAGIC ERASER 2/3's
selected varieties
21005017 EA / 21700198 EA

\$8



NO NAME® LAUNDRY DETERGENT 4.43 L,
FABRIC SOFTENER 3.5 L or **DRYER SHEETS** 200's
21540283 EA

\$5



TIDE PODS 16's, **DOWNY FABRIC SOFTENER** 0.78/1.31 L,
PURIFYING RINSE 473 mL or **SCENT BOOSTERS** 141/150 g,
BOUNCE DRYER SHEETS 40/80's,
CASCADE DISHWASHER TABS 10-15's or **RINSE AID** 473 mL
21549771 EA / 21658961 EA

\$10



**NO NAME®
CAT LITTER**
selected varieties
18 kg
20177169002 EA

\$6



**FRISKIES
DRY CAT FOOD**
selected varieties
1.4-1.5 kg
20142252001 EA

2.79



**TEMPTATIONS
CAT TREATS**
selected varieties
180 g
20299151001 EA

LOW PRICES IN STOCK



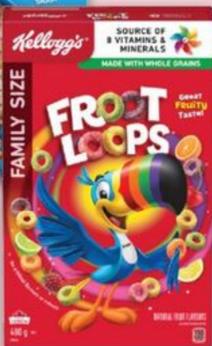
\$4

350

GENERAL MILLS CEREAL
selected varieties
300-437 g
21104047 EA/21213662 EA

KELLOGG'S ALL BRAN 405/525 g,
RAISIN BRAN 425/451 g, **VECTOR**
306/400 g, **SPECIAL K** 320-355 g
or **MINI-WHEATS** 377-460 g **CEREAL**
selected varieties
21607207 EA/21653774 EA

329

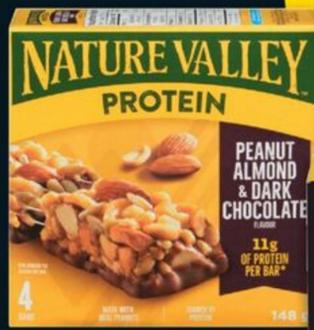


Earn
3,000
pts

For every \$10*
spent

That's
\$3
value

KELLOGG'S FAMILY SIZE CEREAL
selected varieties
480-650 g
21449784 EA/21651640 EA



FIBRE 1 BARS 125 g or **NATURE VALLEY GRANOLA BARS, PROTEIN BARS** or **BISCUITS** 148-210 g
selected varieties
20587504001 EA/2068698001 EA

\$4



QUAKER CEREAL 350-500 g
or **HARVEST CRUNCH** 400-510 g
selected varieties
21082300 EA/21219824 EA

\$2



QUAKER DIPPS
selected varieties
150/156 g
20847582 EA/21185317 EA

250



QUAKER CRISPY MINIS
selected varieties
100-199 g
20163708002 EA/20850854 EA

6.99



STARBUCKS COFFEE ENHANCER
selected varieties
828 mL
21436900 EA

\$7



NESCAFÉ or TASTER'S CHOICE INSTANT COFFEE
selected varieties
100-170 g
20661811001 EA/20873036 EA

12.49



STARBUCKS ROAST AND GROUND COFFEE
340 g, **PODS** 10's or **HOT CHOCOLATE** 240/300 g
selected varieties
21651626 EA/21660417 EA

250



CHRISTIE CRISPERS
selected varieties
145 g
21358333 EA

4.50



CHRISTIE PREMIUM PLUS 402-500 g or **RITZ DRIZZLED MINIS** 226 g **CRACKERS**
selected varieties
21109004 EA/21712595 EA

250



CHRISTIE CRACKERS
selected varieties
175-200 g
21030647 EA/21547034 EA

\$1



HERSHEY'S SINGLE CHOCOLATE BAR
selected varieties
42-58 g
20581797 EA/20582012 EA

4.50



HERSHEY'S CHOCOLATE BAR MULTIPACK 4's or **POUCHES** 160-230 g
selected varieties
20303970004 EA/20573406 EA

250



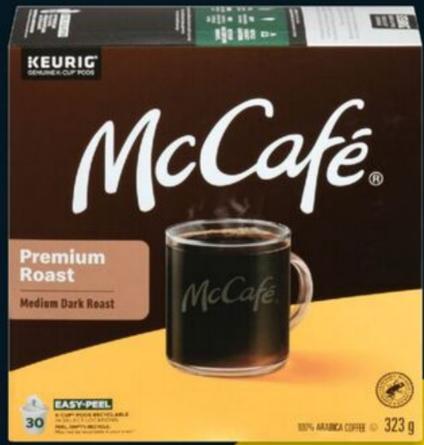
HERSHEY'S FAMILY BAR 90-120 g or **JOLLY RANCHER CANDY BAG** 182/198 g
selected varieties
20683743 EA/21332398 EA

\$2



MAYNARDS CANDY
selected varieties
135-154 g
21545554 EA/21694186 EA

LOW PRICES IN STOCK



16⁹⁹



\$23

MCCAFÉ or VAN HOUTTE GROUND COFFEE PODS
selected varieties
30's
21240975 EA

TIMOTHY'S, KRISPY KREME or DONUT HOUSE COFFEE PODS
selected varieties
30's
21007380 EA/21433555 EA

279



450



CHRISTIE COOKIES 240-303 g or **MINI COOKIES** 144-200 g
selected varieties
21358407 EA/21585155 EA/21586618 EA

CHRISTIE FAMILY SIZE COOKIES 374-488 g or **CAKESTERS** 285 g
selected varieties
21014087 EA/21712437 EA

250



DARE GRISSOL TOAST BAGUETTES 150/200 g or 120/130 g
selected varieties
21033188 EA

250



DARE BRETON CRACKERS 135-200 g or **VINTA CRACKERS** 200-225 g or **VEGGIES CRISPS** 100 g
selected varieties
20973368 EA/21520666 EA

250



DARE BEAR PAWS ULTIMATE COOKIES 168-240 g or **WAGON WHEELS** 290/300 g or **VIVA PUFFS** 315/360 g or **VIVA PUFFS** 300 g
selected varieties
20974343 EA/21080791 EA

\$4



RUFFLES POTATO CRISPS 180-220 g or **DORITOS TORTILLA CHIPS** 210/235 g
selected varieties
21241053 EA/21693042 EA

\$4



TOSTITOS TORTILLA CHIPS
selected varieties
205-295 g
21050575 EA

\$4



MISS VICKIE'S POTATO CHIPS
selected varieties
190-220 g
21240703 EA

\$3



PRINGLES POTATO CRISPS
selected varieties
148/156 g
21003823 EA/21003833 EA

267



KELLOGG'S RICE KRISPIES 154-198 g, **POP TARTS** 384 g, **SPECIAL K NUTRI-GRAIN BARS** 295 g
selected varieties
20126567001 EA/21290111 EA

349



KELLOGG'S EGGO WAFFLES
selected varieties, frozen
8's
20302779 EA

\$8



NUTELLA HAZELNUT SPREAD 725 g or **NUTELLA & GO HAZELNUT SPREAD WITH BREADSTICKS** 208 g
selected varieties
2046105 EA

\$3



LECLERC CÉLÉBRATION COOKIES
selected varieties
200/240 g
21680155 EA

\$3



LECLERC GO PURE or NUGABAR BARS
selected varieties
140-175 g
21507858 EA/21536596 EA

\$6



SIMPLY ORANGE JUICE
selected varieties, refrigerated
1.36 L
21735026 EA

450



PILLER'S SLICED DELI MEAT
selected varieties
150/200 g
21206382 EA/21206939 EA

LOW PRICES IN STOCK



6²⁹



3⁹⁹

KRAFT PEANUT BUTTER
selected varieties
750 g/1 kg
20039581001_EA/20039581005_EA

PHILADELPHIA CREAM CHEESE PRODUCT 227/250 g or **KRAFT SINGLES** 410 g
selected varieties
20641267_EA/21188654_EA

15⁹⁷



6⁵⁰

MAXWELL HOUSE ROAST AND GROUND COFFEE 631-900 g or **PODS** 30's
selected varieties
21308076_EA/21606882_EA



iöGO YOGURT
selected varieties
16x100 g
20609583001_EA

\$3



OCEAN'S WHITE TUNA 170 g or **GOLD SEAL MACKEREL** 115 g or **PINK SALMON** 213 g
selected varieties
21005216_EA/21083428_EA

3⁵⁰



ACTIVIA EXPERT YOGURT
selected varieties
4x100 g
21688261_EA

\$6



LACTANTIA LACTOSE FREE or PUR FILTRE MILK 2L, **ULTRA PUR MILK** 1.5L
selected varieties
21424991_EA

1⁵⁰



OCEAN'S LIGHT TUNA 170 g or **GOLD SEAL SARDINES** 125 g
selected varieties
21004270_EA/21024465_EA

5⁵⁰



LYSOL WIPES 75/84's, **DISINFECTANT SPRAY** 350 g or **MULTI-PURPOSE TRIGGER** 950 mL
selected varieties
20314511001_EA/21449826_EA

\$20



FINISH DISHWASHER TABS
selected varieties
60-105's
21218873_EA/21561337_EA

\$8



ROYALE BATHROOM TISSUE
selected varieties
15=30 rolls
21572800_EA

11⁹⁹



ROYALE FACIAL TISSUE
12x100 sheets
20705292_EA

12⁹⁹



ROYALE TIGER TOWEL PAPER TOWELS
selected varieties
6=12 rolls
21484732_EA

\$7



LYSOL TOILET BOWL CLEANER 2x710 mL, **DISINFECTANT SPRAY** 539 g or **LAUNDRY DISINFECTANT** 1.2 L
selected varieties
21238361_EA/21487308_EA

7⁹⁹



CHARMIN BATHROOM TISSUE 8=24 rolls or **BOUNTY PAPER TOWELS** 3=6 rolls
selected varieties
21670159_EA/21707477_EA

\$15



GAIN LIQUID LAUNDRY DETERGENT 4.25 L or **FLINGS** 42's
selected varieties
20959637_EA/21671139_EA

\$22



TIDE LIQUID LAUNDRY DETERGENT
3.46/3.9 L or **PODS or FLINGS** 45/76's
selected varieties
21593670_EA/21593679_EA

\$13



PUREX 4.08-4.43 L, **SUNLIGHT** 4 L, **LIQUID LAUNDRY DETERGENT**, **SNUGGLE FABRIC SOFTENER** 2.77 L or **DRYER SHEETS** 200's
selected varieties
20083525001_EA/21427042_EA

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get over
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in value

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AND MORE



**BOOST READY-TO-DRINK
PRODUCT**
6x237 ml or 4x325 ml

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\$2
with digital
coupon



**PC® SPLENDIDO
SLICED MEATS**
100 g

Earn
1,000
pts
Until April - 8 - 2026



**PC® PORTUGUESE
CUSTARD
TARTS**
360 g

Earn
1,000
pts
Until April - 8 - 2026



**PC® LOADS
OF ICE
CREAM**
1.5 L

Earn
1,000
pts
Until April - 8 - 2026



**PC® BLACK LABEL
ICE CREAM**
500 mL

Earn
750
pts
Until April - 8 - 2026



**PC® TOPPED
HUMMUS**
280

Earn
1,000
pts
Until April - 8 - 2026



**PC® SPRING
ROLLS**
574 g

Earn
1,500
pts
Until April - 8 - 2026



**PC® KETTLE
CHIPS**
200 g

Earn
500
pts
Until April - 8 - 2026



**PC® SPLENDIDO
EXTRA
VIRGIN OLIVE OIL**
1 L

Earn
2,000
pts
Until April - 8 - 2026



PC® CHOCOLATE CHIPS
226-300 g

Earn
750
pts
Until April - 8 - 2026



**PC® 3 PLY
FACIAL TISSUES**

Earn
1,000
pts
Until April - 8 - 2026

More offers. More points.

CLICK FOR
THESE COUPONS
AND MORE



Optimum



Earn
500
pts

Until April - 8 - 2026

**NO NAME®
GARLIC TOAST**

16's

Optimum



Earn
1,000
pts

Until April - 8 - 2026

**NO NAME® POTATO AND
CHEDDAR PEROGIES**

2 kg

Optimum



Earn
1,000
pts

Until April - 8 - 2026

**NO NAME®
LONG GRAINED RICE**

2 kg

Optimum



Earn
750
pts

Until April - 8 - 2026

**NO NAME®
PEANUT
BUTTER**

1 kg

Optimum



Earn
500
pts

Until April - 8 - 2026

**NO NAME®
CHOCOLATE
BARS**

100 g

Optimum



Earn
250
pts

Until April - 8 - 2026

**PC® SUPER
SOFT
BATHROOM
TISSUE**

Optimum



Earn
5,000
pts

Until April - 8 - 2026

**PC® LAMB, BROWN
RICE & PEA DOG FOOD
RECIPE**

Optimum



Earn
1,000
pts

Until April - 8 - 2026

**PC® LARGE HEAVY
DUTY FREEZER BAGS**

Optimum



Earn
500
pts

Until April - 8 - 2026

**PC®
DISHWASHING
LIQUID SOAP**

740 mL

NATURAL FOODS AT LOW PRICES

\$5



SILK DAIRY FREE CREAMER 890 mL or **OLYMPIC YOGURT** 650 g
selected varieties
20316485005_EA/21245360_EA

\$5



KIND DIPPED CLUSTERS
selected varieties
113 g
21453223_EA

2.50



KIJU ORGANIC JUICE
selected varieties
1 L / 4x200 mL
20312710001_EA/20333714001_EA

4.50

PC ORGANICS ANIMAL COOKIES
selected varieties
250 g
20181028_EA/20304981_EA

\$5



PC ORGANICS PEANUT BUTTER
selected varieties
500 g
20298178_EA

\$3.49

Earn **1,000 pts**

That's **\$1** value



KETTLE BRAND AIR FRIED POTATO CHIPS
selected varieties
156 g
21589837_EA

3.50



PC ORGANICS APPLE SAUCE CUPS 6x100 g,
SQUEEZABLE FRUIT SNACKS 360 g
or **JUMBO RAISIN SNACK PACK** 196 g
selected varieties
20320493001_EA/21170526_EA

2.50



CLIF BAR
selected varieties
68 g
20130914003_EA/20312621_EA

4.50



AMY'S BURRITO
selected varieties, frozen
156/170 g
20371439001_EA

3.50



PC ORGANICS DURUM WHEAT SEMOLINA PASTA
selected varieties
454 g
20669803003_EA

\$2



PC ORGANICS BROTH
selected varieties
900 mL
21190798_EA

9.50



PC ORGANICS EXTRA VIRGIN OLIVE OIL
500 mL
20027043_EA

\$4



SMART SWEETS
selected varieties
50 g
21154474_EA/21199935_EA

4.50



NEAL BROTHERS TORTILLA, CORN CHIPS
276/300 g or **SALSA** 410 mL
selected varieties
20975904_EA/21533145_EA

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ONL NFW NV



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*Standard message and data rates may apply.

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‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

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find us at the checkout lanes

exclusively at  **NOFRILLS®**

Subject to change. Conditions apply. Visit nonamemobile.ca for full details.

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The  NOFRILLS® thing to do.

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