



\$1.75



🍁 Made in Canada

Quaker Chewy Granola Bars
Selected varieties, 120 g
Limit: 6, over limit retail \$2.50
21359366_EA / 21359369_EA

\$4.75



🍁 Prepared in Canada

PC® Dips
Selected varieties, 454 g
Limit: 6, over limit retail \$6.00
6038303582_EA

\$3.33



Christie Family Size Crackers
Selected varieties, 240 g - 454 g
Limit: 6, over limit retail \$4.00
20686037_EA / 21189848_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid, March 1st - 31st, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

STOCK UP & SAVE EVENT

EARLY BIRD DEALS



5-7 KG
\$23
avg. 1.66/lb

7-9 KG
\$30
avg. 1.59/lb

9-11 KG
\$35
avg. 1.54/lb

TURKEY
FROZEN
UTILITY GRADE
21209114_EA
21209120_EA
21209126_EA

\$1/lb
2.21/kg
savings



2.99/lb
6.59/kg

COOK'S
PORTION HAM
VARIABLE WEIGHT
20559641_KG

Members
save
\$12

Optimum

Members-Only Price
54.99

Non-members
66.99



SUNPUN™
BEEF BURGERS
4 OZ., FROZEN
4.54 KG, 40'S
20150627_EA



LIMIT 40

4.88
OVER LIMIT, 7.79 EA



LACTANTIA
BUTTER
SELECTED VARIETIES
454 G
20639926_EA



18.99

ROYALE
BATHROOM TISSUE
SELECTED VARIETIES
30=60 ROLLS
21191252_EA/21378233_EA



1.99

COCA-COLA
SOFT DRINKS
SELECTED VARIETIES
2 L
20316026002_EA

Effective Thursday March 12 to Wednesday April 1, 2026

FRESH DEALS OF THE WEEK

Effective Thurs. March 12
to Wed. March 18, 2026

7 DAYS ONLY

Optimum
15,000
when you buy 2



5.49/lb
12.10/kg

MEDIUM GROUND BEEF
CRYOVAC
VARIABLE WEIGHT
20091455_KG



29.99

GREEN CABBAGE
PRODUCT OF CANADA
22 KG
20793034001_C01



68.99

BROCCOLI CROWNS
PRODUCT OF CANADA
9.04 KG
21121560001_C01



THE BEST THING TO HAPPEN TO YOUR BUSINESS, SINCE YOU

Optimum
40,000 pts
when you spend
\$250 or more on

ANY BAKING PRODUCT.
THESE INCLUDE FLOUR,
SUGAR, CHOCOLATE
CHIPS, BAKING MIXES,
SPICE EXTRACTS,
GRAVY POWDERS,
YEAST, BAKING
POWDER, AND
BAKING SODA.



**APP
EXCLUSIVE
OFFER***



Open your
PC Optimum™
app to load
these offers
*one use only

Optimum
20,000 pts
when you buy
3 cases

SUNCHIPS OR
MISS VICKIE'S
KETTLE COOKED
POTATO CHIPS
SELECTED VARIETIES
40'S
20076447001_EA
21588060_C40



case of
40



Members
save
\$5



Optimum
Members-Only Price**
29.99
Non-members
34.99

RACOLLI
PIZZA
MOZZARELLA
CHEESE
20% M.F.
2.3 KG
20053782_EA

\$5
savings

case of
24



59.99

RED BULL
ENERGY DRINKS
24 X 355 ML
20134482001_C24



15/\$20
LESS THAN 15, 1.99 EA

PEPSI 1 L OR
GATORADE 828 ML
SELECTED VARIETIES
21521772_EA
20040201001_EA

THE WHOLESALE WAY



Prices in effect from Thursday March 12 to Wednesday April 1, 2026 at select, participating Wholesale Club™ stores located in Atlantic Canada. Quantities and/or selection of items may be limited and may not be available in all stores. Prices, product selection and availability may vary by store, and subject to change. We do not offer rainchecks. Stores reserve the right to limit quantities to reasonable requirements. Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Upon discovering an error, a correction notice will be issued online and in participating stores. Applicable taxes, deposits and environmental surcharges are extra. *The Real Canadian Wholesale Club™, "President's Choice", "no name" and "sunspun" are registered trademarks of Loblaw's Inc. For online flyer, store locations, hours and more, visit www.wholesaleclub.ca. *Applicable fees for in-store pickup of online orders are extra. In-store pickup of online orders is only available at select locations and on orders over \$75. ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction.

Prices LOWERED and LOCKED

on **sunspun.** items.*

*until April 8, 2026.



SUNSPUN™
SOUTHERN STYLE BREADED
CHICKEN BREAST FILLETS
UNCOOKED, SEASONED
4 KG, FROZEN
21574947_C01

62.99



SUNSPUN™
GARLIC SPREAD
SOFT, 4 KG
20168957_EA

23.99



SUNSPUN™
WHIPPED BUTTER
CUPS
SALTED, 360 X 4.5 G
20651621_EA

33.99



SUNSPUN™
BATTERED
ONION RINGS
4 KG, FROZEN
21209854_EA

\$30



SUNSPUN™
ENRICHED
ALL PURPOSE
FLOUR
20 KG
20108767_EA

17.99



SUNSPUN™
CHICKEN
SOUP BASE
5 KG
20044595_EA
20316641_EA

39.99



SUNSPUN™
GARBAGE BAGS
EXTRA STRENGTH
125'S
20027696_EA

40.99

EVERYDAY VALUE

EVERYDAY
LOW PRICE



SUNSPUN™
KETCHUP
4 L
21202857_EA

12.99



EVERYDAY
LOW PRICE



SUNSPUN™
MAYONNAISE
20 L
21123869_EA

\$87



STOCK UP & SAVE EVENT



**NO NAME®
NATURALLY IMPERFECT™
AVOCADO**
PRODUCT OF MEXICO
2.2 LB
21699907001_EA

4.99



**NO NAME®
NATURALLY IMPERFECT™
MIXED PEPPERS**
PRODUCT OF MEXICO
2.5 LB
20921434001_EA

7.49



**POPEYE
SPINACH**
SELECTED VARIETIES
PRODUCT OF U.S.A.
1.13 KG
20104062_EA

7.99



**FARMER'S MARKET™
PIES**
SELECTED VARIETIES
580 G-1 KG
21297359_EA/21297365_EA

6.49



**SURAJ®
NAAN**
SELECTED VARIETIES
5'S
21050380_EA/21051353_EA

2/\$4
LESS THAN 2, 2.99 EA



**FARMER'S MARKET™
MUFFINS**
SELECTED VARIETIES
6'S
21283358_EA/21283359_EA

2/\$12
LESS THAN 2, 6.49 EA

STOCK UP & SAVE EVENT

save
\$3.98
when you
buy 2



NO NAME®
ORIGINAL WIENERS
CLUB SIZE, 1.5 KG
20961816_EA

2/\$20
OR 11.99 EA

save
\$5.97
when you
buy 3



CARVER'S CHOICE
BACON
375 G
20772675_EA

3/\$12
OR 5.99 EA

\$2
savings



ROMA
SLICED PEPPERONI
HOT OR MILD
900 G
21217461_EA

9.99



MEAT OR
SEAFOOD SELECTION
SELECTED VARIETIES
FROZEN
200 G - 1.8 KG
21626018_EA/21473748_EA

\$10



\$2
savings



PMC
RAW PACIFIC SHRIMP
PEELED, DEVEINED
TAIL-ON, 16-20 PER LB
1.36 KG, FROZEN
21179250_EA

34.99

save
\$1.98
when you
buy 2



NO NAME®
BREADED CHICKEN NUGGETS,
BURGERS OR STRIPS
CLUB SIZE, SELECTED VARIETIES
1.81 KG, FROZEN
21178763_EA/21178783_EA



2/\$20
OR 10.99 EA



save
\$4.98
when you
buy 2



LILYDALE
SLICED DELI MEAT
SELECTED VARIETIES
500 G
21675604_EA/21675636_EA

2/\$15
OR 9.99 EA

\$1.30/lb
2.86/kg
savings



ZIGGY'S®
COOKED HAM
EXTRA LEAN
WHOLE PIECE
VARIABLE WEIGHT
20313480_KG

3.99/lb
8.80/KG



CHRIS BROTHERS
PEPPERONI
WHOLE PIECE
VARIABLE WEIGHT
20718483_KG

3.49/lb
7.69/KG



STOCK UP & SAVE EVENT



**KRAFT
PEANUT BUTTER**
SELECTED VARIETIES
2 KG
20064825001_EA/20911872_EA

12.49



**AYLMER
CANNED TOMATO**
SELECTED VARIETIES
796 ML
21206804_EA/21207606_EA

2/\$5
OR 2.99 EA



**STOVE TOP
STUFFING**
SELECTED VARIETIES
120 G
20009598001_EA
20310507001_EA

2/\$4
OR 2.49 EA



**CLASSICO
PASTA SAUCES**
600 ML
21618217_EA/21618218_EA

2/\$8
OR 4.29 EA



**BETTY CROCKER
SUPERMOIST
CAKE MIX 375 G OR
FROSTING 340/450 G
SELECTED VARIETIES**
20562641004_EA/21547834_EA

1.99



**OCEANS
LIGHT TUNA
FLAKED WATER OR
LIGHT TUNA
CHUNK WATER
SELECTED VARIETIES**
170 G
21004270_EA/21005134_EA

2/\$3
OR 1.99 EA



**PAM
SPRAY**
SELECTED VARIETIES
170 G
20178204001_EA/21626407_EA

2/\$10
OR 7.29 EA



**KRAFT
DRESSINGS**
SELECTED VARIETIES
425 ML
21584850_EA/21584931_EA

2/\$6
OR 3.29 EA



**MR. NOODLES
INSTANT NOODLES**
SELECTED VARIETIES
85 G
20322658001_EA
20322658004_EA

5/\$2
LESS THAN 5, 50¢ EA



**HEINZ
KETCHUP SQUEEZE**
1 L
20069080_EA

2/\$10
OR 5.79 EA

MULTICULTURAL

\$5
savings



MINA
HALAL SEASONED
CHICKEN BREAST FILLETS
SKINLESS, BONELESS
4 KG, FROZEN
21549943_C01

69.99



KITCHEN'S ESSENTIAL
COD OR
HADDOCK LOIN
3/4 OZ, BONELESS,
SKINLESS, FROZEN
20577091_EA

48.99

\$10
savings



BEYOND BURGER
PLANT-BASED BURGERS
FROZEN
40'S, 4.53 KG
21219840_C01

99.99



GREEN ONIONS
PRODUCT OF MEXICO
BUNCH
20107500001_EA

1.69



SURAJ®
OKRA
WHOLE OR SLICED
1 KG, FROZEN
20379399_EA/20379701_EA

\$4



EGGPLANTS
PRODUCT OF CANADA
9.98 KG
20155709001_C01

49.99



COCK BRAND
SWEET CHILLI SAUCE
SELECTED VARIETIES
650-700 ML
20147767_EA/20149074_EA

3.99



LAO GAN MA
SPICY CHILLI CRISP
700 G
21647829_EA

7.49



RICHARDSON
BUTTER CHICKEN
20893028_EA

32.99



QUALITY
ALPHONSO OR
KESAR MANGO PULP
850 G
20670426001_EA/20683769_EA

3.99



TASCO
COCONUT JUICE
SELECTED VARIETIES
500 ML
20431227_C24

32.99



SURAJ
BASMATI RICE
18 KG
20139958_EA

51.99

STOCK UP & SAVE EVENT

save
97¢
when you
buy 3



MICHELINA'S
ENTRÉES
FROZEN
255-284 G
21208589_EA

3/\$5
OR 1.99 EA



NO NAME®
NATURALLY IMPERFECT™
FRUIT
SELECTED VARIETIES
2 KG, FROZEN
21033164_EA/21480144_EA

\$14



POGO
CLUB SIZE, FROZEN
20'S
20065224002_EA

16.99



LIBERTÉ
GREEK YOGURT
SELECTED VARIETIES
650/750 G
20704361002_EA

2/\$13
LESS THAN 2, 7.79 EA



CHAPMAN'S
ICE CREAM, SORBET OR
FROZEN YOGURT
SELECTED VARIETIES
11.4 L, FROZEN
20313483002_EA/20313483015_EA

30.99



SWEET SIGNATURES
CAKE BARS
SELECTED VARIETIES
1.2 KG
21664017_EA/21664052_EA

\$24



SWEET SIGNATURES
MINI CHEESECAKE DELIGHTS
1.36 KG
21616523_EA

22.99

STOCK UP & SAVE EVENT



CADBURY
MINI EGGS
875 G
21625042_EA



2/\$40
LESS THAN 2, 21.99 EA

case of
24



FERRERO
KINDER
CHOCOLATE EGGS
SELECTED VARIETIES
24'S
20038058_C24/20636155_C24



2/\$60
LESS THAN 2, 33.99 EA

case of
24



CADBURY
KING SIZE
CHOCOLATE BARS
SELECTED VARIETIES
24'S
20688645_C24/20846419_C24



2/\$92
LESS THAN 2, 46.99 EA



FERRERO
ROCHER
CHOCOLATE BOX
200 G
20098034_EA



2/\$20
LESS THAN 2, 11.99 EA



HERSHEY'S
ASSORTED BARS
674 G, 14'S
20583596_EA



2/\$32
LESS THAN 2, 17.99 EA



CHRISTIE
RITZ OR
TRISCUIT CRACKERS
SELECTED VARIETIES
180-200 G
21030647_EA/21547034_EA



2/\$6
LESS THAN 2, 3.99 EA



MARS
SINGLES VARIETY PACK
ASSORTED
16'S
20639733_EA



2/\$38
LESS THAN 2, 20.99 EA

case of
20



KINDER
BUENO
SELECTED VARIETIES
20'S
20122562_C20

2/\$46
LESS THAN 2, 23.99 EA



KIND
BAR CASE
SELECTED VARIETIES
12 X 40 G
20432550002_C12/20784073_C12
20866784001_C12

2/31.99
LESS THAN 2, 21.99 EA

STOCK UP & SAVE EVENT



POWERADE
SPORTS DRINKS
SELECTED VARIETIES
710 ML
20853721_C12

12/13.99
MIX AND MATCH
OR 1.79 EA

save
\$5.98
when you
buy 2



ROCKSTAR
ENERGY DRINKS
SELECTED VARIETIES
12 X 473 ML
20368415003_C12

2/\$46
OR 25.99 EA

save
\$4.47
when you
buy 3



CORONA
SUNBREW
NON-ALCOHOLIC BEER
6 X 330 ML
21650191_C06

3/\$33
LESS THAN 3, 12.49 EA

save
\$3.98
when you
buy 2



GLACEAU
VITAMIN WATER
SELECTED VARIETIES
12 X 591 ML
20303870_C12/20333194002_C12
20333194003_C12/20333194004_C12
20333194006_C12/20333194007_C12
20333194012_C12/20333194013_C12

2/\$44
OR 23.99 EA

save
\$3.98
when you
buy 2



MAXWELL HOUSE
GROUND COFFEE
SELECTED VARIETIES
864-900 G
21606882_EA

2/\$32
OR 17.99 EA

save
\$3.98
when you
buy 2



FUZE
ICED TEA
SELECTED VARIETIES
12 X 500 ML
21645382_C12

12
pack

2/\$40
OR 21.99 EA



HALLS
COUGH DROPS
SELECTED VARIETIES
15/20 'S
20500614004_C20/20500614005_C20/20500614008_C20



2/39.99
LESS THAN 2, 25.99 EA

STOCK UP & SAVE EVENT



TITAN
HALF STEAM PANS
10'S
21667077_EA

2/9.99
LESS THAN 2, 5.99 EA



TITAN
PLASTIC FOOD WRAP
28 CM X 305 M
21725048_EA

2/21.99
LESS THAN 2, 13.99 EA



case of
12

VITREX
GLASSES OR
TUMBLERS
21714231_EA/21715833_EA

2/39.99
LESS THAN 2, 27.99 EA



SUNSPUN™
JUNIOR DISPENSER NAPKINS
6 X 750'S
20426996_EA

21.99

Optimum
4,000 (pt)

\$4
Value



PC®
PAPER TOWEL
12 ROLLS
21558605_EA

24.49



CAFÉ EXPRESS
PET PARTY CUPS
18 OZ
21675127_EA

2/27.99
LESS THAN 2, 14.99 EA



SUNSPUN™
ALL-PURPOSE WRAP
2500' X 17"
20077370_EA

2/77.99
LESS THAN 2, 39.99 EA



SUNSPUN™
GARBAGE BAGS
REGULAR STRENGTH
30" X 38"
250'S
20003027_EA

2/77.99
LESS THAN 2, 39.99 EA



CLASSIKO
PINK DISH SOAP
4 L
20170011_EA

2/16.99
LESS THAN 2, 8.99 EA



ADD SOME
SWEETNESS
TO YOUR DAY!



MADE WITH CANADIAN MILK



\$5⁹⁹

35% WHIPPING CREAM
1L
SCOTSBURN
20097231_EA



\$4⁹⁹

18% CREAM 1L
SCOTSBURN
20058614_EA



\$1⁷⁹

CHOCOLATE
MILK 473mL
SCOTSBURN
21085759_EA



\$8⁹⁹

18% CREAMERS CUPS
160 X 9mL
SCOTSBURN
20977007_EA



\$4⁹⁹

ULTRAFILTERED
MILK 1L
NEILSON
21163394_EA

\$1⁵⁹

FLAVOURED MILK 473mL/325mL
NESTLE
M2GO GO
M2GO SPORT
20739524003_EA



\$15⁴⁹

CHEESE SHREDS 900g
SELECTED VARIETIES
NO NAME®
20317943_EA



8⁴⁹\$

PROCESSED CHEESE SLICES 800g
NO NAME®
21221013_EA



case of
40



case of
48



MUNCHIES
TRAIL MIX OR PEANUTS
SELECTED VAREITIES
12'S
21479049_C12/21479050_C12

7.99

LAY'S
POTATO CHIPS
SELECTED VARIETIES
40'S
20067191001_EA

30.99

DORITOS
TORTILLA CHIPS
SELECTED VAREITIES
48'S
20298970001_EA

38.99

Kellanova



PRINGLES
SUPER STACK
POTATO CHIPS
SELECTED VAREITIES
148/156 G
21003833_EA

2.99



KELLOGG'S
NUTRI-GRAIN BARS 295 G,
POP-TARTS 384 G,
RICE KRISPIES
SQUARES BARS 176 G OR
SPECIAL K CRISPS 125 G
SELECTED VARIETIES
20126567001_EA/20313984003_EA

3.49



TOWNHOUSE OR
CHEEZ-IT SNAP'D
CRACKERS
SELECTED VAREITIES
213-391 G
21107393_EA

3.99

Mondelēz
International



CHRISTIE
COOKIES
SELECTED VARIETIES
224-303 G
21358407_EA/21361508_EA

3.49

case of
24



CADBURY
CHOCOLATE BAR SINGLES
SELECTED VARIETIES
24'S
20688799001_C24/20688851003_C24

27.99



MAYNARDS OR
SOUR PATCH
SMALL CANDY BAGS
SELECTED VARIETIES
150/154 G
21545554_EA/21545605_EA

2.29

**SPRING
INTO
BAKING**



Easy
Strawberry
Crumble



SCAN
FOR MORE
**SPRING
RECIPES**



4⁹⁹

Robin Hood® Flour
Selected Varieties
2.5 kg
20039497001_EA



3⁹⁹

Robin Hood® Oats
Selected Varieties
1 kg
20893370_EA



5⁸⁹

Jif® Peanut Butter
Selected Varieties
1 kg
21023784_EA



3⁴⁹

Eagle Brand®
Sweetened
Condensed Milk
300 mL
21012618_EA



11⁹⁹

Smucker's®
Fruit Spreads
1 L
20006131001_EA

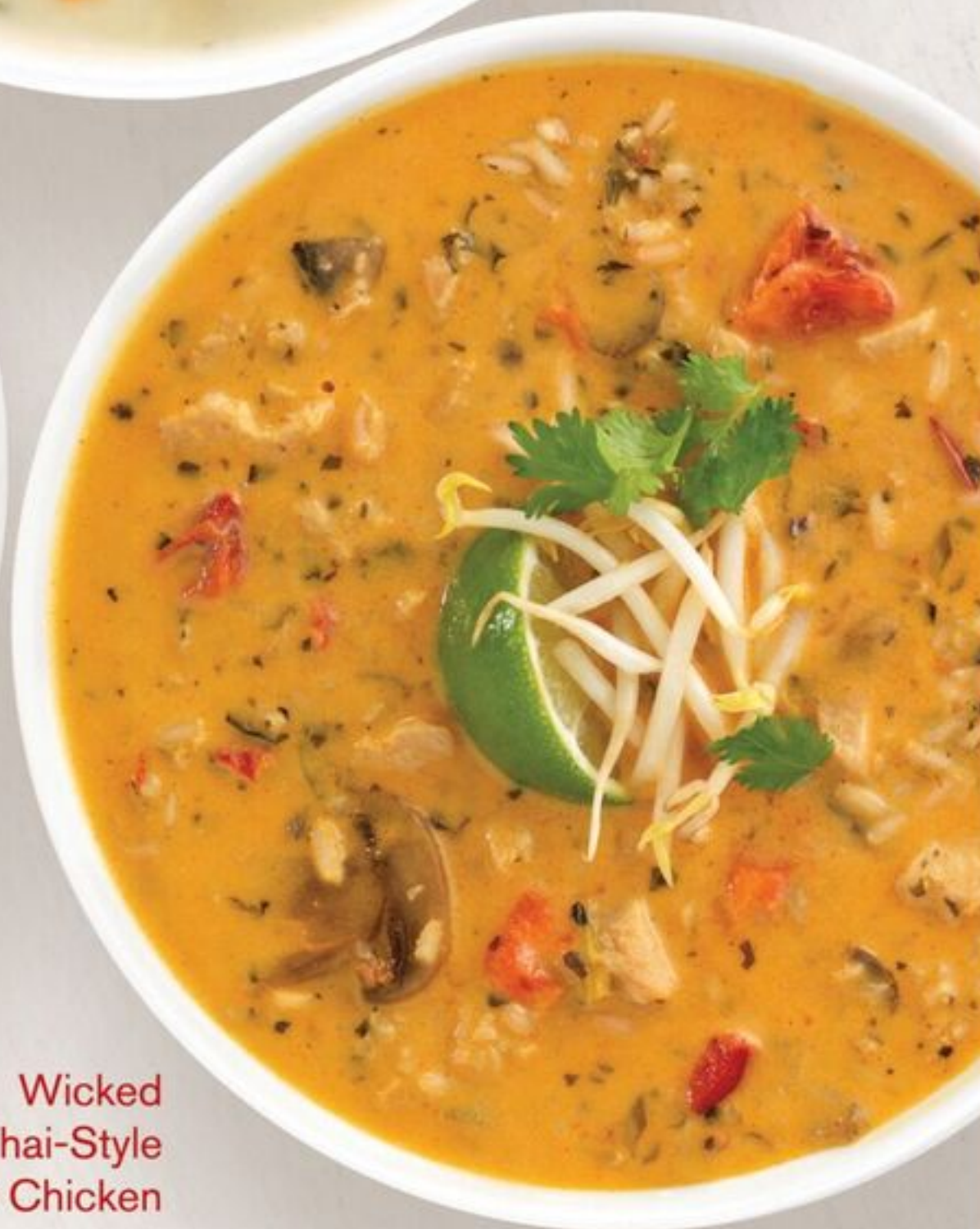
Campbell's
FOODSERVICE
MADE TO SERVE™



Cream of Potato
with Bacon



Classic
Chicken Noodle



Wicked
Thai-Style
with Chicken

Soup Solutions Made Simple!

Easy to Prepare Frozen Soups and Entrées



CAMPBELL'S
SOUP TUBS
SELECTED VARIETIES
1.81 KG
20026408_EA

17.99



CAMPBELL'S
CANNED SOUP
SELECTED VARIETIES
1.36 L
20294111_EA

5.99



CAMPBELL'S
ROASTED PEPPER,
LOBSTER, OR
THAI CHICKEN BISQUE SOUP
1.81 KG
21086109_EA/21105701_EA

17.49