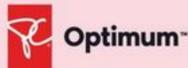


More days More days More days



Get more points

More savings, more deals, more points

This week only! March 19-25**

For more deal offers visit
www.zehrs.ca or scan



Optimum Moredays

APP EXCLUSIVE OFFER

Members get

4,000 (pts)

for every \$12*
spent on

\$4

back
in points

PC® FLATBREAD
330-395 G, **FOCACCIA**
415-456 G OR
WOODFIRED PIZZA
351-413 G OR
PC® BLACK LABEL
PIZZA 370-440 G
SELECTED VARIETIES
FROZEN
21013452_EA
21540352_EA

*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get

4,000 (pts)

when you
buy 2

\$4

back
in points

\$8

PC® OR BLUE
MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
770 G-1.13 KG
20326534_EA
21359210_EA

*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

Members get

1,000 (pts)

back
in points

\$1

back
in points

5.50

HÄAGEN-DAZS
414-450 ML OR
BARs 3/4'S OR
NESTLÉ
DRUMSTICK 4'S
SELECTED VARIETIES
FROZEN
21513578_EA
20322380001_EA



Optimum Moredays

Member Only Price**

2.50

Non-Members

\$3

KETTLE BRAND
POTATO CHIPS
SELECTED VARIETIES
156/198 G
21520652_EA
21520692_EA

**Must be a registered PC Optimum™
member to load and get this offer.



**From March 19–March 25, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.

Optimum **Moredays**

Members get
2,000 pts

\$2
back
in points

16⁹⁹

**MAXWELL HOUSE
GROUND COFFEE**
631-900 G
21606882_EA



Optimum **Moredays**

APP EXCLUSIVE OFFER

Member Only Price™

\$4

Non-Members
\$6

Members
save
\$2



**FARMER'S MARKET™
BUTTER CROISSANTS**
SELECTED VARIETIES
260-336 G
21201758_EA
21707790_EA
*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer.



Optimum **Moredays**

APP EXCLUSIVE OFFER

Members get
1,500 pts

\$1.50
back
in points

\$7

**IN-STORE
BAKED COOKIES**
ASSORTED VARIETIES
18'S
21454952_EA
21455101_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum **Moredays**

Member Only Price™

5⁹⁹

Non-Members
8⁹⁹

Members
save
\$3

**BLUEWATER
SEAFOODS
BATTERED FISH**
SELECTED VARIETIES, FROZEN
450/500 G
20310745004_EA
20316252003_EA
**Must be a registered PC Optimum™
member to load and get this offer.



Optimum **Moredays**

Member Only Price™

3⁹⁹

Non-Members
11⁹⁹

Members
save
\$8

**CASHMERE
BATHROOM TISSUE**
8=16 ROLLS OR **SCOTTIES
FACIAL TISSUE** 6'S
20573377_EA
21204742_EA
**Must be a registered PC Optimum™
member to load and get this offer.



Optimum **Moredays**

APP EXCLUSIVE OFFER

Members get
15,000 pts
for every \$50*
spent on

\$15
back
in points

**PAMPERS DIAPERS,
WIPES OR
TRAINING PANTS**
21551549_EA
21089259_EA
*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer.



ZEPPOLE DAY
March 19th 2026



\$2

SMALL ZEPPOLE
EACH
21102005_EA

ZehrsTM
PROUDLY CANADIAN

SAVE 37%

2.50
LB

PORK SIDE RIB
PORTION
5.51/KG
20836871_KG

SAVE 47%

4.99
LB

CHICKEN BREASTS
OR THIGHS
BONELESS, SKINLESS,
11.00/KG
20028450_KG
20162170_KG

SAVE UP TO \$3.29/LB

\$6
LB

LAMB SHOULDER CHOPS
CLUB PACK OR
FROZEN GOAT CHOPS
13.23/KG
21550313_KG
21645489_KG

SAVE \$1

2.50

BLACKBERRIES
OR RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A.
HALF PINT
20051015001_EA
20128938001_EA

\$6

SEAQUEST® COLOSSAL
PACIFIC WHITE SHRIMP
RAW ZIPPERBACK® 16-20 PER LB
300 G OR FISH FILLETS
SELECTED VARIETIES 400 G
FROZEN
20036614_EA
21043887_EA



7.77

RED MANGOES
PRODUCT OF PERU
CASE
21047849_EA

**9 LB
AVG**

\$4
/100 G

PC® SPLENDIDO®
SERVICE CASE ITALIAN
PROSCIUTTO OR
PARMIGIANO
REGGIANO CHEESE
PRODUCT OF ITALY, DELICIOUS
20377023_KG
21049241_KG

\$3
LB

ASPARAGUS
PRODUCT OF MEXICO
6.61/KG
20174581001_KG

1.99
LB

ORRI MANDARINS
PRODUCT OF ISRAEL
4.39/KG
20072482001_KG

SAVE 98¢
WHEN YOU BUY 2



2/\$7
OR
\$3.99 EA.

WONDER BREAD OR
BUNS OR COUNTRY
HARVEST BREAD
SELECTED VARIETIES
AND SIZES
20276296_EA
20297455_EA
21693323_EA



SAVE \$2

4.88

PRESTIGE OR GRAY BRAND
RIDGE PREMIUM
LARGE WHITE EGGS
SELECTED VARIETIES
18'S
20814294001_EA
20822787001_EA



SAVE \$1.12



4.88

LACTANTIA
BUTTER
SELECTED VARIETIES
454 G
20296112005_EA
20639926_EA



\$15



KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE
SELECTED VARIETIES
454 G
21702012_EA
20322469006_EA



6.50



LIBERTÉ GREEK TUBS
650/750 G OR DANONE
ACTIVIA 12X100 G
SELECTED VARIETIES
20303412001_EA
20704361001_EA



\$4

BREYERS CREAMERY
STYLE ICE CREAM
1.41 L OR CHAPMAN'S
COLLECTION NOVELTIES
6/8'S SELECTED VARIETIES
FROZEN
20323757001_EA
2165116091_EA



\$5

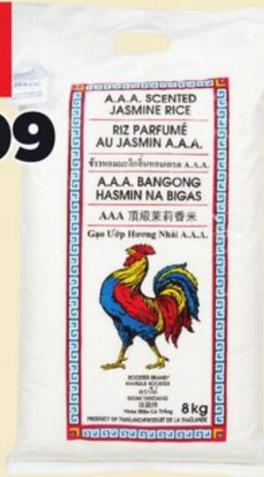
TIDE DETERGENT
1.62-1.86 L, 18-31'S,
DOWNY OR GAIN
FABRIC SOFTENER
1.66-2.63 L, DOWNY,
GAIN OR IVORY
SNOW BEADS
303-379 G
SELECTED VARIETIES
21549771_EA
21579685_EA



SAVE \$5

13.99

ROOSTER®
SCENTED JASMINE
RICE
8 KG
20121871_EA



SAVE 62%



1.25

OASIS, DEL MONTE
OR ARIZONA JUICE,
NECTAR OR ICED TEA
SELECTED VARIETIES
960 ML
20336722001_EA
20894117004_EA



Flyer prices effective from Thursday, March 19th to Wednesday, March 25th, 2026. SEE BACK PAGE FOR DETAILS.



APP EXCLUSIVE OFFER*

\$28

\$35

GET 2,000* back in points

\$36

GET 10,000* back in points

for every \$50* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

*Open your PC Optimum app or visit pcoptimum.ca to get the offer

HUGGIES LITTLE SNUGLERS OR SKIN ESSENTIALS DIAPERS



LIMIT 4 AFTER LIMIT 32.99 EA.

PAMPERS ECONO PACK DIAPERS



LIMIT 6 AFTER LIMIT 39.99 EA.

ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT



LIMIT 4 AFTER LIMIT 42.99 EA.

SAVE 75¢



\$3

NO NAME® CREAM CHEESE



2.50

HUNT'S THICK RICH SAUCE 680 ML OR DE CECCO PASTA 454 G



Limited-time deals on PC home & more.

\$12



limit 3, after limit \$24 ea. while supplies last

\$4

FIVE ALIVE OR MINUTE MAID JUICE



3.50

LECLERC GO PURE 140-175 G OR NUGABAR 175 G



SAVE \$1.25



3.50

NEILSON CREAM



\$15

HERSHEY'S EGGIES OR EGGS 700-900 G OR REESE'S MINI PEANUT BUTTER EGGS 670 G



6.75

RIO MARE TUNA



1.75

CAMPBELL'S BROTHS 900 ML OR CONCENTRATED BROTH 250 ML



SAVE UP TO \$1

\$3

NO NAME® VEGETABLES 750 G OR MCCAIN FRENCH FRIES 800 G



3.25

QUAKER CRISPY MINIS OR RICE CAKES



\$5

HALO TOP FROZEN DESSERT 473 ML OR BEN & JERRY'S 473 ML OR MAGNUM BARS 3/4'S



2/\$7

OR \$3.99 EA.

COVERED BRIDGE CHIPS 142-170 G OR POPCORN 125 G



\$5

PC® THE DECADENT COOKIE



\$11

NO NAME® CAT LITTER



PRICE DROP†

More ways to save

2.50



YOPLAIT TUBES YOGURT



\$3

KIND HEALTHY GRAINS BARS



\$4

ZIPLOC LOW COUNT BAGS



\$6

TEMPTATIONS CAT TREATS



Zehrs

CUSTOMER RELATIONS 1-866-541-6315. VISIT zehrs.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at zehrs.ca for your store's hours and to see which Zehrs* locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Trademarks: */™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. Purchase limits: We reserve the right to limit quantities to reasonable family requirements. PC Optimum™ Members Only: Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See zehrs.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. Points Offers: Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. Outdoor/Seasonal Items: Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. †PRICE DROP Offer: Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.



ZEH BACK

freshness you can taste

FRESH PROMISE

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Zehrs store locations or online at zehrs.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Zehrs store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$4

STRAWBERRIES
PRODUCT OF MEXICO OR U.S.A., NO. 1 GRADE
1 LB
20049778001_EA



\$5

FARMER'S MARKET™ ENGLISH CUCUMBERS
PRODUCT OF ONTARIO
3'S
20828461001_EA

PRODUCT OF CANADA



3.99 LB/EA.

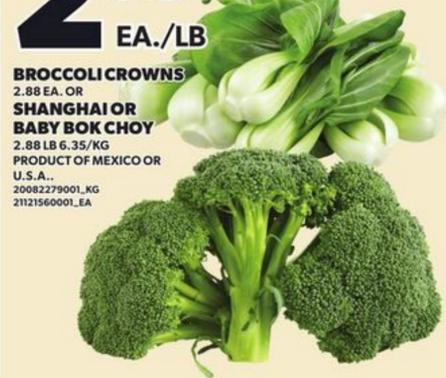
PC® EXTRA LARGE GREEN OR RED SEEDLESS GRAPES
PRODUCT OF PERU, SOUTH AFRICA OR CHILE 3.99 LB 8.80/KG OR FARMER'S MARKET™ AVOCADOS BAG 5'S
PRODUCT OF MEXICO 3.99 EA.
20425775001_KG
21644936001_EA

EXTRA LARGE



2.88 EA./LB

BROCCOLI CROWNS
2.88 EA. OR SHANGHAI OR BABY BOK CHOY
2.88 LB 6.35/KG
PRODUCT OF MEXICO OR U.S.A.
20082279001_KG
2112560001_EA



\$5

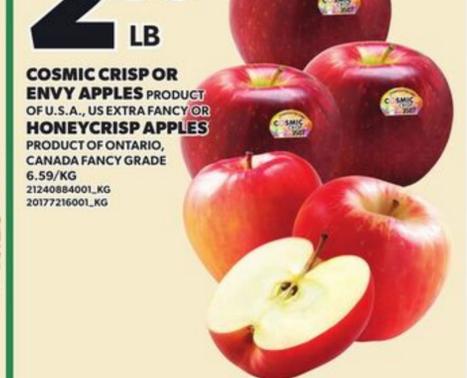
LARGE CROWNLESS PINEAPPLE EACH,
PRODUCT OF COSTA RICA OR NO NAME® NATURALLY IMPERFECT™
ATAULFO MANGOES
2 LB BAG,
PRODUCT OF MEXICO
2019813001_EA
21194544001_EA

2 LB



2.99 LB

COSMIC CRISP OR ENVY APPLES PRODUCT OF U.S.A., US EXTRA FANCY OR HONEYCRISP APPLES
PRODUCT OF ONTARIO, CANADA FANCY GRADE
6.59/KG
21240884001_KG
20177216001_KG



\$4

FARMER'S MARKET™ CARROTS 3 LB BAG, PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE OR **YELLOW ONIONS** 3 LB BAG PRODUCT OF CANADA, CANADA NO. 1 GRADE
20600927001_EA
20811994001_EA



2/\$12

OR \$6.50 EA.

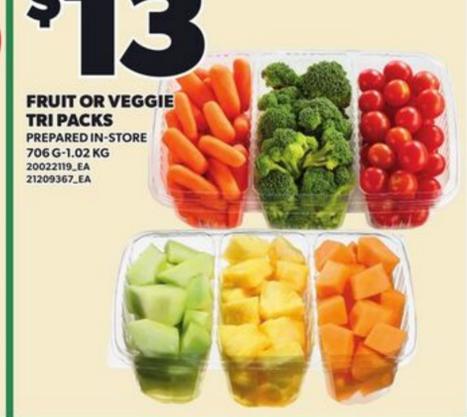
RENÉE'S REFRIGERATED SALAD DRESSING OR VINAIGRETTE
SELECTED VARIETIES
PRODUCT OF CANADA
350/355 ML
20312720_EA
20314592_EA

More days
Members get **1,000** when you buy 2 **\$1** back in points



\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
706 G-1.02 KG
20022119_EA
21209367_EA



\$12

10 STEM TULIPS
20833978_EA



\$12

MINI ROSE IN CLAY
EACH
21733057_EA

More days
Members get **2,500** when you buy 2 **\$2.50** back in points



\$25

SIGNATURE GIFT BOUQUET
EACH
21436377_EA



8.50

GRASS FED EXTRA LEAN GROUND BEEF
450 G
21675592_EA



8.50

MEDIUM BEEF MEATBALLS
SELECTED VARIETIES
425 G
21587896_EA

PREPARED IN-STORE



\$14

PC® SPLIT CHICKEN WINGS
AIR CHILLED
UP TO 390 G
21340973_EA

AIR CHILLED



SAVE \$1.99

\$16

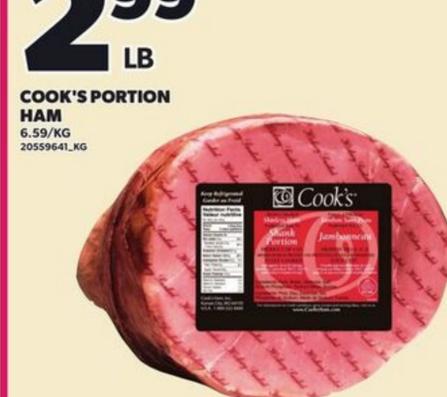
PC® FREE FROM™ LEAN GROUND LAMB
PREVIOUSLY FROZEN
PRODUCT DECONGÈLE
454 G
21352008_EA

FREE FROM™ SIMPLEMENT BON™



2.99 LB

COOK'S PORTION HAM
6.59/KG
20559641_KG



\$15

SWISS CHALET OR MONTANA'S PORK BACK RIBS
SELECTED VARIETIES
FULLY COOKED
600/650 G
21022221_EA
21668141_EA



find your catch in seafood

\$4

FRESH ATLANTIC SALMON PORTION
MARINATED
SELECTED VARIETIES
100 G
20947596_EA
20948216_EA

CANADIAN SEAFOOD



SAVE UP TO \$2.99

\$10

PC® BATTERED WILD SEA SALT AND VINEGAR HADDOCK BITES 454 G OR **PEI MUSSELS IN PROVENCE SAUCE OR CREAMY WHITE WINE SAUCE** 907 G

FROZEN
20838559_EA
21481247_EA



\$13

SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454 G
21687413_EA



bakery deals rising daily

4⁵⁰

More days
Members get
500

**BAKED
IN-STORE**

**HOT CROSS BUNS
WITH BAVARIAN
CREAM**
8'S
20638117_EA



4⁵⁰

**BAKED
IN-STORE**

**KAISER OR PANINI
ROLLS**
SELECTED VARIETIES
6'S
21579824_EA
21579825_EA



\$5

**PREPARED IN
CANADA**

ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
21707600_EA
21707643_EA



6⁵⁰

**PREPARED IN
CANADA**

MINI CROISSANTS
SELECTED VARIETIES
423 G
21416726_EA
21660958_EA



\$17

**PREPARED IN
CANADA**

**FARMER'S MARKET™
BAR CAKES**
SELECTED VARIETIES
675-770 G
21500612_EA
21500763_EA



7⁵⁰

**PREPARED IN
CANADA**

**FARMER'S MARKET™
HOMESTYLE TARTS**
SELECTED VARIETIES
6/12'S
21629191_EA



7⁵⁰

**PREPARED IN
CANADA**

**THE GRAIN ESCAPE
BREAD**
SELECTED VARIETIES
528 G
21622905_EA
21622951_EA



2⁵⁰

**PREPARED IN
CANADA**

NO NAME® BAGELS
SELECTED VARIETIES
6'S
21297778_EA
21666664_EA



3⁷⁵

**PREPARED IN
CANADA**

**PC® BLUE MENU®
ORGANICS
OR PROTEIN
TORTILLAS**
SELECTED VARIETIES
342-650 G
20182857_EA
21686817_EA



\$7

More days
Members get
1,500

\$1⁵⁰
back
in points

**CATHEDRAL CITY
CHEDDAR**
SELECTED VARIETIES
200 G
21245346_EA



in the mood for deli-cious

3⁵⁰
/100 G

**PREPARED IN
CANADA**

**OKA OR L'EXTRA
BRIE DELI CUT
CHEESE**
SELECTED VARIETIES
21128235_KG
21162370_KG
21162450_KG



**SAVE
\$1
WHEN YOU BUY 2**

**PREPARED IN
CANADA**

2/\$16

OR
\$8.50 EA.

**MAPLE LEAF
NATURAL
SELECTIONS,
SCHNEIDERS
SLICED DELI MEAT**
SELECTED VARIETIES
150/175 G
20065285_EA
20582322_EA



\$7

**PC® SPLENDIDO®
SLICED DELI MEAT**
SELECTED VARIETIES
100 G
21049398_EA
21050405_EA



2/\$7

**PREPARED IN
CANADA**

**PC® HUMMUS 227 G OR
NAAN DIPPERS 200 G**
SELECTED VARIETIES
21092033_EA
21639152_EA



More days

Member Only Price
\$5

Members
save
\$1

**Non-Members
\$6**

**GARDEN FRESH
TORTILLAS 397 G OR
PC® SALSA 430 ML OR
GUACAMOLE 227 G**
SELECTED VARIETIES
20325398_EA
20571822_EA
21448092_EA



on the run, we got you

\$16

**PREPARED
IN-STORE
NACHO CHICKEN
BAKE, TURKEY
CRANBERRY
SLIDERS OR PULLED
PORK SLIDERS**
750-900 G
21696333_EA



\$9

**ASSORTED
CHICKEN PLATE
WITH SIDES**
CHILLED
364-481 G
21557783_EA
21560810_EA



2/\$9

OR
\$5 EA.

**PC® PASTA OR
GNOCCHI**
SELECTED VARIETIES
255-350 G
21682075_EA
21681454_EA



\$45-55

PARTY PLATTERS
SELECTED VARIETIES
MADE TO ORDER
850 G-2.6 KG
20894860_EA
20895023_EA



\$20/\$25

**SANDWICH OR
WRAP PLATTERS**
PREPARED IN-STORE
1.2-1.7 KG
21558135_EA
21558137_EA



\$25

SQUARES PLATTER
SERVES 12-15
20896944_EA



More days

Member Only Price
\$30

Members
save
\$5

**Non-Members
\$35**

**BENTO KAZOKU
PLATTER**
53 PIECES
1.2 KG
21637774_EA



MARCH

HIT OF THE MONTH

LIMIT 6
AFTER LIMIT
\$4 EA.



**CHRISTIE RITZ ORIGINAL,
RITZ CHIPS, TRISCUITS,
WHEAT THINS OR
TOPPABLES CRACKERS**
SELECTED VARIETIES
240-454 G
20686037_EA
21618621_EA

\$3³³

LIMIT 6
AFTER LIMIT
2.50 EA.



**QUAKER CHEWY
GRANOLA BARS**
SELECTED VARIETIES
120 G
21359366_EA
21359369_EA

\$1⁷⁵

LIMIT 6
AFTER LIMIT
\$6 EA.

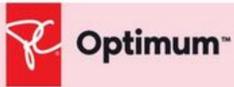


**PC® DIPS OR
HUMMUS**
SELECTED VARIETIES
454 G
20583725_EA
20584098_EA

\$4⁷⁵

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
* Must be a registered PC Optimum™ member to get this offer.
Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



Get more on

More savings, more deals, more points
This week only! March 19-25

More days More days More days More days More days

Members get **1,000** pts
\$1 back in points

\$9

**PC® SPLENDIDO®
EXTRA VIRGIN
OLIVE OIL**
500 ML
20162539_EA



Members get **1,000** pts
when you buy 2
\$1 back in points

\$6

**ORVILLE
POPCORN 6/8'S OR
KERNEL JAR 850 G**
SELECTED VARIETIES
20308686_EA
20629532002_EA



Members get **1,000** pts
when you buy 2
\$1 back in points

\$4

**SNYDERS PRETZEL
SELECTED VARIETIES**
240 G
20316052001_EA
20316052002_EA



Members get **1,000** pts
when you buy 2
\$1 back in points

2/\$8

OR
\$4.99 EA.

**PEEK FREANS
COOKIES
OR BISCUITS**
SELECTED VARIETIES
300/350 G
20679968_EA
20680381_EA



Members get **3,000** pts
when you buy 2
\$3 back in points

\$4

**PEARL MILLING
COMPANY
PANCAKE MIX 905 G**
OR **SYRUP 710 ML**
SELECTED VARIETIES
21384609_EA
21391619_EA



Members get **1,000** pts
when you buy 2
\$1 back in points

7⁵⁰

**PRINGLES
SNACK STACKS**
SELECTED VARIETIES
228 G
21069445_EA
21206245_EA



Members get **1,000** pts
when you buy 2
\$1 back in points

6⁴⁹

**GRISSOL MELBA
TOAST 400 G OR
BAGUETTES 220 G**
SELECTED VARIETIES
20307218001_EA
21623511_EA



Members get **500** pts

4⁹⁹

**CADBURY
FINGERS**
SELECTED VARIETIES
114/125 G
21631880_EA
21631965_EA



Members save **\$150**

Members-Only Price™
4⁵⁰
Non-members
\$6

**DAWN LIQUID 825/982 ML,
EZ SQUEEZE 532/535/650 ML
OR POWERWASH
REFILL 473 ML**
SELECTED VARIETIES
21430569_EA



Members get **2,000** pts
when you buy 2
\$2 back in points

24⁹⁹

**PC® SUPER ABSORBENT
PAPER TOWELS**
CLUB SIZE
12 ROLLS
21558605_EA

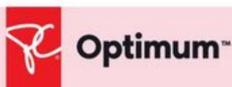


Members get **3,000** pts
when you buy 2
\$3 back in points

\$18

**CUT KALANCHOE
BUNCH**
21423372_EA





Get more on

More savings, more deals, more points
This week only! March 19-25

Moredays Moredays Moredays Moredays Moredays

Moredays
Members get **3,000^(pt)** when you spend **\$15*** on

\$3 back in points

NUTELLA HAZELNUT SPREAD WITH COCOA 375/725 G, & GO! SNACK PACKS 208 G OR B-READY SNACK BARS 132 G
SELECTED VARIETIES
20436105_EA
20948689_EA

Moredays
Members get **3,000^(pt)** when you spend **\$10*** on

\$3 back in points

KELLOGG'S RICE KRISPIES SQUARES 176 G, **NUTRI-GRAIN BARS** 295 G, **SPECIAL K CRISPY BARS** 125 G OR **POP TARTS PASTRIES** 384 G
SELECTED VARIETIES
21290106_EA
21290111_EA

Moredays
Members get **5,000^(pt)** when you spend **\$10*** on

\$5 back in points

KNORR GRAVY AND SAUCE MIX 22-48 G, **BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML
SELECTED VARIETIES
20297436001_EA
2032323001_EA
21683454_EA

Moredays
Members get **3,000^(pt)** when you spend **\$10*** on

\$3 back in points

MCCORMICK GOURMET SPICES OR GRAVY DRY SAUCES
SELECTED VARIETIES
11-56 G
21379317_EA
21666873_EA

HOLLANDAISE
REAL BUTTERMILK / DU VRAI BEURRE
47 g

Moredays
Members get **1,500^(pt)** when you spend **\$7*** on

\$1.50 back in points

KNORR OR LIPTON SOUP MIX
SELECTED VARIETIES
40-338 G
20297514001_EA
20308188002_EA

Tomato Vegetable / Tomate et légumes

Moredays
Members get **3,000^(pt)** for every **\$12*** spent on

\$3 back in points

KRAFT BAKER'S CHOCOLATE SQUARES 170-225 G, **SHAKE 'N BAKE COATING MIX** 142-160 G, **CERTO LIQUID PECTIN** 170 ML, **DREAM WHIP WHIPPED TOPPING MIX** 170 G, **BIRDS CUSTARD POWDER** 340 G, **MAGIC BAKING POWDER** 225-450 G, **MINI TAPIOCA** 225 G OR **JELL-O JELLY POWDERS** 9.1-10.3 G, **INSTANT PUDDING** 40-153 G, **PUDDING & PIE FILLING** 135-170 G OR **NO BAKE CHEESECAKE DESSERT KIT** 314 G
SELECTED VARIETIES
20307001001_EA
20316019001_EA

JELLO vanilla vanille
ARTIFICIAL FLAVOUR / ARÔME ARTIFICIEL

BAKER'S SEMI-SWEET CHOCOLATE / CHOCOLAT MI-SUCRÉ

Moredays
Members get **4,000^(pt)** when you spend **\$12*** on

\$4 back in points

RESOLVE STAIN REMOVERS
SELECTED VARIETIES AND SIZES
20323370_EA

NEW MULTI POWER
RESOLVE Oxi-Action
COLOUR SAFE FABRIC STAIN REMOVER

Moredays
Members get **4,000^(pt)** for every **\$10*** spent on

\$4 back in points

MAYNARDS CANDY
SELECTED VARIETIES
135-154 G
21694186_EA
21545605_EA

Swedish Berries

SOUR PATCH Kids

Moredays
Members get **3,000^(pt)** when you spend **\$14*** on

\$3 back in points

AIR WICK PLUG INS, ESSENTIAL MIST KITS, REFILLS OR CLUB PACKS
SELECTED VARIETIES AND SIZES
21495649_EA

lavender & almond blossom
ESSENTIAL MIST STARTER KIT

Moredays
Members get **5,000^(pt)** when you spend **\$15*** on

\$5 back in points

SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, SHOUT STAIN REMOVERS OR GLADE AIR FRESHNERS
SELECTED VARIETIES AND SIZES
2166683242_EA/209055162_EA

EASY PEASY MULTI-PURPOSE FOAM CLEANER

glade DELICATE VANILLA EMBRACE / FINE CARESSE DE VANILLE

Moredays
Members get **5,000^(pt)** when you spend **\$25*** on

\$5 back in points

PUREX, PERSIL OR SUNLIGHT LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENERS
SELECTED VARIETIES AND SIZES
20083525001_EA
21427042_EA

Purex 4-1

Sunlight Original Fresh

Moredays
Members get **10,000^(pt)** when you buy 3

\$10 back in points

NATURE'S BOUNTY VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21020231_EA
21180320_EA

Melatonin Gummies / Mélatonine Gélifées

D3 1000 IU

Moredays
Members get **3,000^(pt)**

\$3 back in points

32⁵⁰

BOOST READY TO DRINK VALUE PACK
SELECTED VARIETIES AND SIZES
21562893_C15

15 VALUE PACK FORMAT ECONOMIQUE

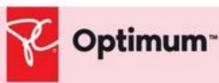
BOOST ORIGINAL

Moredays
Members get **2,000^(pt)** when you buy 2

\$2 back in points

QTIPS COTTON SWABS
500'S
20323077001_EA

Q-tips Cotton Swabs / Cotons-Tiges



Get more on

More savings, more deals, more points
This week only! March 19-25**

Moredays Moredays Moredays Moredays

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Member Only Price

5.50

Members save **\$1.50**

Non-Members \$7

PC® BOCCONCINI
200 G OR
PC® RICOTTA 454 G
SELECTED VARIETIES
20546993_EA
20219848_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PREPARED IN CANADA

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts**

\$4 back in points

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
20057892_EA
20152629_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

500 G

Moredays
APP EXCLUSIVE OFFER

Members get **1,500 pts**

\$1.50 back in points

VH SAUCES
SELECTED VARIETIES
341-380 ML
20297368_EA
20308726001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **5,000 pts**

\$5 back in points

\$23

PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE 568 G
FROZEN
20147098_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts**

\$4 back in points

for every **'10*** spent on

PHILADELPHIA CREAM CHEESE, KRAFT SINGLES OR CHEEZ WHIZ
SELECTED VARIETIES AND SIZES
4085387_EA
20641267_EA
20659606001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PHILADELPHIA ORIGINAL
Kraft Singles
Cheez Whiz

Moredays
APP EXCLUSIVE OFFER

Members get **5,000 pts**

\$5 back in points

for every **'10*** spent on

OLD EL PASO MEAL MAKER PRODUCTS
SELECTED VARIETIES AND SIZES
20795534_EA
20305182001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

OLD EL PASO SALSAS
DINNER KIT HARD & SOFT

Moredays
APP EXCLUSIVE OFFER

Members get **2,000 pts**

\$2 back in points

when you spend **'5*** on

CHRISTIE RITZ DRIZZLED MINIS CRACKERS
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

RITZ Drizzled minis
caramel
fudge

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts**

\$4 back in points

when you spend **'10*** on

CHRISTIE SNAK PAKS
SELECTED VARIETIES
150-200 G
21584976_EA
21585155_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

OREO mini
Mini Chips! Ahoy!

Moredays
APP EXCLUSIVE OFFER

Members get **8,000 pts**

\$8 back in points

for every **'20*** spent on

IAMS CAT OR DOG FOOD
SELECTED VARIETIES
75 G-18.1 KG
20912435_EA
21027553_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

IAMS PROACTIVE HEALTH
MINICHUNKS™

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Members get **10,000 pts**

\$10 back in points

for every **'100*** spent on

ANY COMBINATION OF ARDENE, GAP INC. BRANDS, UBER EATS, AND UBER GIFT CARDS

ARDENE **OLD NAVY** **ATHLETA** **BANANA REPUBLIC** **Uber** **Uber Eats**

Go Anywhere. Get Anything. / Allez partout. Commandez tout ce que vous voulez.

Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Ardenne, Gap Inc. Brands, Uber Eats, and Uber gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.



Get your first year of PC Express Pass for **\$2/month***

- Unlimited grocery delivery or pickup
- Earn 2% back in (pts) with eligible pickup orders**

Use code **PASS76**

Learn more

*Offer valid until April 1, 2026. Conditions apply. \$30 minimum order. Regular price \$99.99/year after your first year.

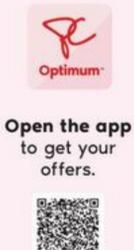


JOE FRESH

Moredays

March 19 -25

Members get **15,000 pts** for every **\$60** spent on **adult apparel***



Moredays™

BONUS 30 pts

per litre of fuel purchased at **Esso™** or **Mobil™** stations.*

March 19-22



Open the app to get this offer.



Optimum™

Become a
**points
millionaire**



Scan your
PC Optimum™
App when
you spend
\$20+*, and
you could
win 1,000,000
points!

March 19 - April 1

* No purchase necessary. Open to residents of Canada (excl. QC) Age of majority +. Approximation retail value \$1,000. For contest details, including purchase exclusions and how to enter without purchase, visit <https://www.pcoptimum.ca/national-contest>

Indulge in tasty treats

Discover more value this Easter



SAVE 49¢
\$6

ED SMITH
PIE FILLING 540 ML
OR PURE PUMPKIN 796 ML
SELECTED VARIETIES
20022361_EA
2029753001_EA



\$5

HERSHEY'S CHIPITS
SELECTED VARIETIES
200-270 G
21452844_EA
21452924_EA



\$7



PC® BUTTER
SELECTED VARIETIES
454 G
20313456001_EA
20313456002_EA



SAVE \$1
\$9

PC® BLUE MENU®
EGG WHITES
1 KG
20821364001_EA



SAVE 99¢
\$2

BETTY CROCKER
FROSTINGS 340-450 G
OR SUPER MOIST CAKE MIX 375-404 G
SELECTED VARIETIES
2050264005_EA
21547838_EA



SAVE \$1.49
4.50

GAY LEA REAL WHIPPED CREAM
ASSORTED VARIETIES
225 G
20048223001_EA
20048223002_EA



2/\$7
OR \$4.29 EA.

NO NAME® MARSHMALLOWS

SELECTED VARIETIES
400 G
20304672001_EA
210223141_EA



Moredays

Members get **3,000 pts**
for every \$15* spent on

\$3 back in points

WILTON SPARKLE GELS 99 G,
ICING TUBES 120 G,
SPARKLING POUCHES 32/40 G,
SPRINKLES 6-CELL 168-207 G,
CANDY MELTS 340 G,
ICING MIX 113 G/1EA,
SPRINKLES 9-285 G,
CANDY EYEBALLS 78 G,
CUPCAKE LINERS 75/150 EA,
CANDLE PICK SET 10/13 EA,
FOIL BAKING CUPS 72 EA,
TIP SET 4EA, **BIRTHDAY CANDLES** 10-24 EA OR
COLOUR SWIRL PIPING BAG COUPLER KIT 9 EA
SELECTED VARIETIES
20813444_EA
21363183_EA



Moredays

Members get **1,000 pts**

\$1 back in points

6.50

PAM COOKING SPRAY
SELECTED VARIETIES
110-170 G
20315275004_EA



4.50

NO NAME® ALMONDS, PECANS, HAZELNUTS OR WALNUTS
SELECTED VARIETIES
100 G
20127455001_EA
20617491_EA



SAVE \$1.99
\$5

BAKER'S CHOCOLATE SQUARES 170/225 G
OR TENDERFLAKE LARD 454 G
SELECTED VARIETIES
20027695_EA
20316019001_EA



2.50

DR. OETKER SHIRRIFF PIE FILLING & DESSERT MIX
SELECTED VARIETIES
111-164 G
21615148_EA
21615185_EA



SAVE \$2
\$6

NO NAME® FLOUR
SELECTED VARIETIES
5 KG
20618900_EA
20650915_EA



2/\$10
OR \$5.49 EA.

EAGLE BRAND SWEET & CONDENSED MILK
SELECTED VARIETIES
300 ML
21021518_EA
21012957_EA



Moredays

Members get **4,000 pts**
when you buy 2

\$4 back in points

\$6

QUAKER BAKING MIXES OR OAT FLOUR
SELECTED VARIETIES
700-900 G
20301064001_EA
21674263_EA



\$5

COOL WHIP DESSERT TOPPING
SELECTED VARIETIES
FROZEN
1 L
20030369001_EA
20030369002_EA



3.49

ALFA PHYLLO PASTRY
FROZEN
450G
21606928_EA



\$4

NO NAME® COCONUT OR CRISCO SHORTENING 454 G
SELECTED VARIETIES
20127930_EA
21475300_EA



Chag Sameach!

Get value and quality you can trust for your Seder plate and meals.



\$25^{LB}

KOSHER PICKLED BEEF BRISKET
55.12/KG
2081150_KG

\$22

NANUK SMOKED COHO SALMON
SELECTED VARIETIES
300 G
20114139_EA

12⁹⁹

MUNCH REAL LAYER CAKE DOBOSH
SELECTED VARIETIES
397 G
21523762_EA

4⁵⁰

BEETS
PRODUCT OF CANADA
OR U.S.A.
2 LB BAG
20069522001_EA

3⁵⁰

NO NAME[®] NATURALLY IMPERFECT[™] RUSSET POTATO
PRODUCT OF CANADA,
CANADA NO 2 GRADE
5 LB BAG
20867058001_EA

\$4

CELERY STALKS
PRODUCT OF MEXICO
OR U.S.A.
20163119001_EA

3²⁹

PIERRE BONNE JAM
250 ML OR **TUSCANINI CAN TOMATOES** 400 G
SELECTED VARIETIES
21451678_EA/21176102_EA

\$11

YEHUDA MATZO SQUARES
SELECTED VARIETIES
300 G
21247448_EA
20566187001_EA

2⁵⁰

GEFEN MANDARINS 312 G OR **GALIL RICE CORN CAKES** 100 G
SELECTED VARIETIES
20059582001_EA
21059192_EA

3²⁹

MANISCHEWITZ MATZO BALL & SOUP MIX 127-141 G OR **USHIA SAUCE** 300 ML
SELECTED VARIETIES
20176971001_EA
21057721_EA

6⁹⁹

TONNELLI VINEGAR BALSAMIC 500 ML OR **GOLD'S DUCK SAUCE** 1.13 KG
20082041001_EA
20094337_EA

\$4

ELITE TURKISH COFFEE 100 G OR **KLIYAT GAT SUNFLOWER SEEDS** 200 G
SELECTED VARIETIES
20714292_EA
20070700_EA

99¢

WHITE ROCK SELTZER
SELECTED VARIETIES
1 L
20620205007_EA

79¢

AISH TAMID CANDLES MEMORIAL TINS 1 DAY
21060115_EA

15⁹⁹

ZETA EXTRA VIRGIN OLIVE OIL
SELECTED VARIETIES
750 ML
21060259_EA

9⁹⁹

TUSCANINI CHOCOLATE BAG
SELECTED VARIETIES
153 G
21666167_EA

3⁵⁰

MOTOLA PICKLES
SELECTED VARIETIES
670 G
20214491001_EA

3²⁹

CLASSICO HEAVY DUTY CLEAR TEASPOONS OR **KNIVES** 50'S
SELECTED VARIETIES
21594072_EA

4⁵⁰

GEFEN PASTA OR PIZZA SAUCE
SELECTED VARIETIES
689 G
20314407002_EA

7⁹⁹

PIZAZZ FRUIT SLICES
21665890_EA

\$3

CERES JUICE
SELECTED VARIETIES
1 L
20130429_EA

ITEMS AVAILABLE AT THE FOLLOWING ZEHRS LOCATIONS:
472 BAYFIELD ST., BARRIE, 1045 PAISLEY RD., GUELPH, 6940 MORRISON ST., NIAGARA FALLS, 750 OTTAWA ST. S., KITCHENER, 450 ERB ST. W., WATERLOO, 5890 MALDEN RD. AND 7201 TECUMSEH RD. E, WINDSOR.

your one-stop grocery shop

2/\$9
OR
\$5.50 EA.

LIBERTÉ MÉDITERRANÉE YOGURT 500 G
OR LIBERTÉ GREEK YOGURT 400 G
SELECTED VARIETIES
2080175003_EA
21473714_EA



SAVE

15%

BOB'S RED MILL OATS
SELECTED VARIETIES
454-907 G
21639699_EA
21127426_EA



3/\$9
OR
\$3.75 EA.

FIBRE 1 CHEWY BARS, DELIGHTS OR BROWNIES 125-175 G,
NATURE VALLEY PROTEIN BARS 148 G
OR SWEET & SALTY BARS 192-210 G
SELECTED VARIETIES
20587504001_EA
21213559_EA



8⁵⁰

HIGH LINER FISH STICKS, BATTERED FISH OR FILLETS
SELECTED VARIETIES FROZEN
350-700 G
2030320001_EA
2030320003_EA



\$5

HELUVA GOOD! FRENCH ONION SOUR CREAM DIP
680 G
20312788001_EA



\$4



GAY LEA SOUR CREAM
SELECTED VARIETIES
500 ML
20317536001_EA
20317536003_EA



9⁴⁹



SAPUTO MOZZARELLISSIMA PIZZA MOZZARELLA CHEESE 690 G
OR NO NAME® CHEESE 700 G
SELECTED VARIETIES
20107017001_EA
20975773_EA



\$5

NO NAME® OATMEAL OR CHOCOLATEY COOKIES
SELECTED VARIETIES
907 G
20318678002_EA
20318678001_EA



4⁵⁰

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
20965368_EA
21680074_EA



2/\$6
OR
\$3.49 EA.

PC® CRISP & THIN BUTTER TWISTS 225 G,
PITA CRACKERS 142 G OR SCALLOPED CRACKERS 185 G
SELECTED VARIETIES
2060388003_EA
21346922_EA



\$6

TAZO TEA BAGS 20'S OR AGGA NESPRESSO COMPATIBLE CAPSULES 10'S
SELECTED VARIETIES
21308145_EA
21306979_EA



\$14

TWINING'S TEA 100'S OR TIM HORTON'S SINGLE SERVE K-CUP TEA 12'S OR MCCAFÉ COFFEE K-CUP 10/12'S,
SELECTED VARIETIES
21040439_EA
21238598_EA



4⁵⁰

COFFEE-MATE COFFEE ENHANCER
SELECTED VARIETIES
828/946 ML
21091205_EA
21091311_EA



\$8

STOK COLD BREW COFFEE
SELECTED VARIETIES
1.42 L
21203739_EA
21203737_EA



\$5

EARTH'S OWN BARISTA
SELECTED VARIETIES
946 ML
21179478_EA
21643629_EA



\$12

KINDER MAXI SURPRISE EGG 150 G, EASTER VARIETY PACK 116 G OR EASTER EGG HUNT KIT 186 G
SELECTED VARIETIES
20012895_EA
20719493_EA



for the love of **pets**

\$15

PC® WILD BIRD FOOD
4 KG
21308596_EA



\$17

CESAR DOG FOOD
SELECTED VARIETIES
12'S
20548229_EA



\$20

DOG CHOW 8 KG OR PUPPY CHOW 6.5 KG
20314190_EA



\$9

ZUKE'S DOG TREATS
SELECTED VARIETIES
170 G
21661750_EA



\$50

PURINA ONE DOG FOOD
SELECTED VARIETIES
9.5-12.4 KG
20422765_EA



\$12

MILK-BONE BRUSHING CHEWS DOG TREATS
SELECTED VARIETIES
535-688 G
21168245_EA



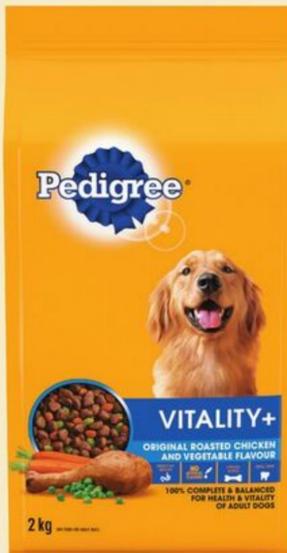
\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES
210/312 G
21620394_EA



\$14

PEDIGREE DOG FOOD
SELECTED VARIETIES
2/2.8 KG
21589011_EA



\$22

PURINA ONE CAT FOOD
SELECTED VARIETIES
3 KG
21235341_EA



\$6

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA



\$22

FANCY FEAST CAT FOOD
SELECTED VARIETIES
24'S
21170917_C01



\$17

PC® NUTRITION FIRST® CAT FOOD
SELECTED VARIETIES
2 KG
21303030_EA



5/6²⁵
OR \$1.69 EA.

WHISKAS CAT FOOD
SELECTED VARIETIES
75/100 G
20945388_EA



\$10

PC® EXTRA MEATY CAT FOOD
SELECTED VARIETIES
2 KG
21361585_EA



\$29

TIDY CATS LIGHTWEIGHT LITTER
7.71 KG
20913423_C01





spring shine

\$6

GREENWORKS ALL PURPOSE OR BATHROOM CLEANER 946 ML, **TOILET BOWL CLEANER** 709 ML, **DISH DETERGENT** 650 ML OR **WIPES** 75'S SELECTED VARIETIES 21657670_EA/21657754_EA



2/\$9
OR \$6.49 EA.

CLOROX BATHROOM SPRAYS 887 ML, **ALL PURPOSE CLEANERS** 946 ML OR **TILEX SHOWER SPRAY** 946 ML SELECTED VARIETIES 20649899_EA 21657792_EA



2/\$13

OR \$7.99 EA.

LYSOL DISINFECTING WIPES 75'S, **DISINFECTANT SPRAY** 350 G, **FLATPACK WIPES** 84'S OR **TOILET BOWL CLEANER** 940 ML SELECTED VARIETIES 21449826_EA 21667289_EA



\$4

VIM CLEANERS 500 ML-1 L OR **ALLENS CLEANING VINEGAR** 950 ML-2.5 L SELECTED VARIETIES 20831326_EA



\$5

LYSOL LAUNDRY DISINFECTANT SELECTED VARIETIES 1.2 L 21495670_EA 21487308_EA



\$10

AIRWICK ESSENTIAL MIST KIT 20 ML OR **TWIN REFILLS** 2/20 ML SELECTED VARIETIES 20324301002_EA



\$9

GLAD INDOOR BUNDLE SELECTED VARIETIES 10-48'S 21359461_EA/21614177_EA



\$5

CLOROX BLEACH 2.4 L OR **PINE-SOL CLEANER** 1.41 L SELECTED VARIETIES 20298679001_EA 21283179_EA



\$4

SCOTCH BRITE SPONGES 6'S OR **SCRUBBING BUBBLES BATHROOM CLEANER** 946-950 ML/623 G OR **TOILET FRESH BRUSH**, **EASY PEASY** 946 ML/385 G, **FANTASIK** 650 ML, **WINDEX GLASS CLEANER** 765-950 ML OR **FAMILY GUARD** 946 ML SELECTED VARIETIES 20976696_EA 20125323001_EA



\$5

METHOD ALL PURPOSE CLEANER 828 ML OR **DISH DETERGENT** 532 ML SELECTED VARIETIES 21432667_EA/21518328_EA



\$11

GLAD OUTDOOR BAGS SELECTED VARIETIES 10-40'S 21164510_EA



\$12

VILEDA OSKAR BROOM AND TWIST MOP SELECTED VARIETIES EACH 20001949_EA 20057952_EA



\$11

SWIFFER DUSTER REFILLS 6/10'S, **SWEEPER WET REFILLS** 12/20/24'S, **SWEEPER DRY REFILLS** 16/20/32'S, **WETJET REFILLS** 12'S, **POWERMOP REFILLS** 5'S, **WETJET LIQUID** 2.5 L OR **POWERMOP LIQUID** 2.5 L SELECTED VARIETIES 21624930_EA/21625287_EA



5.50

FLEECY FABRIC SOFTENER 1.36 L OR **SHEETS** 80'S SELECTED VARIETIES 21311876_EA 20311072001_EA



wash out winter

\$22

TIDE LAUNDRY DETERGENT 3.9 L, **TIDE POWER PODS** 45'S, **TIDE PODS OR GAIN BEADS** 57-76'S OR **BEADS** 853 G OR **CASCADE TUBS** 51/67/80'S SELECTED VARIETIES 21593670_EA 21625767_EA



\$16

GAIN LAUNDRY DETERGENT 4.258 L, **PODS OR FLINGERS** 42'S, **DOWNY FABRIC SOFTENER** 1.92-3.29 L, **BOUNCE SHEETS** 240'S OR **DOWNY OR GAIN BEADS** 453-550 G SELECTED VARIETIES 21625747_EA 21671138_EA



\$14

PUREX 4.08-4.43 L, **SUNLIGHT** 4 L OR **PERSIL** 1.86 L **LAUNDRY DETERGENT** OR **SNUGGLE FABRIC SOFTENER** 2.77 L SELECTED VARIETIES 20083525001_EA 21427042_EA



\$20

TRU EARTH LAUNDRY DETERGENT STRIPS SELECTED VARIETIES 64'S 21554580_EA



CELEBRATE THIS VAISAKHI

Here's to community, gratitude, and harvesting great value



\$7

SHER BESAN
1.81 KG
20869922_EA



1.75

KURKURE SNACKS
SELECTED VARIETIES
115 G
21361077_EA
20659742_EA



\$2

PRICE DROP!

PRAN SAMOSA OR VEG SPRING ROLL
SELECTED VARIETIES
FROZEN
400 G
21054846_EA



\$4

SURAJ OKRA
SELECTED VARIETIES
FROZEN
1 KG
20379399_EA



8.99

PRAN PARATHAS FAMILY PACK
FROZEN
30S X 2400 G
21172364_EA



3.99

HALDIRAM TANDOORI NAAN
SELECTED VARIETIES
FROZEN
400 G
20707770_EA



\$3

SURAJ NAAN BREADS
SELECTED VARIETIES
500 G
21051353_EA



5.49

BRAR'S MALAI PANEER
SELECTED VARIETIES
375 G
20283164_EA



\$4

KFI COOKING SAUCE
SELECTED VARIETIES
375/395 ML
20419490001_EA
20419490003_EA



2.50

SURATI SNACKS
SELECTED VARIETIES
250/341 G
20303745002_EA
20303745004_EA



\$4

DABUR NECTAR
SELECTED VARIETIES
1 L
21399816_EA
21399828_EA



\$12

WAGH BAKRI TEA
907 G OR DABUR HONEY 500 G
20375231_EA
20802858_EA



vaisakhi fresh harvest

2.50
LB

GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF CANADA OR MEXICO
5.51/KG
20026703001_KG



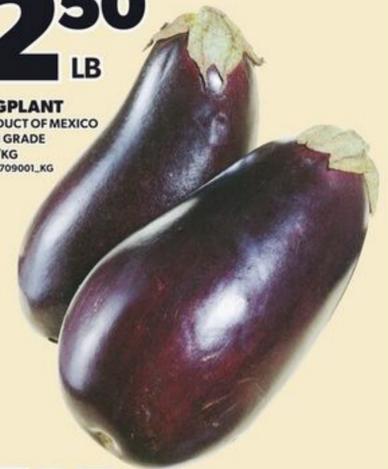
6.88

FARMER'S MARKET™ RED ONIONS
PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE
10 LB BAG
20171965001_EA



2.50
LB

EGGPLANT
PRODUCT OF MEXICO
NO. 1 GRADE
5.51/KG
20155709001_KG



\$3

RAPINI
PRODUCT OF U.S.A.
EACH
20048070001_KG



1.50

CILANTRO
PRODUCT OF MEXICO OR U.S.A.
20091825001_EA



1.25

MINT BUNCH
PRODUCT OF MEXICO OR COLOMBIA
20139326001_EA



Shop the **World** in our aisles



\$5



**SURAJ® NAAN
FLATBREADS**
SELECTED VARIETIES
10'S
20343319_EA



\$11

**SUFRA® HALAL
BREADED CHICKEN**
SELECTED VARIETIES
FROZEN
568-840 G
21179707_EA
21179709_EA



1.50

**ROOSTER®
COCONUT MILK**
SELECTED VARIETIES
398 ML
21378715_EA
21378707_EA



\$10

**SURAJ® AGED
BASMATI RICE**
3.63 KG
20838931_EA



**EVERYDAY
LOW
PRICES**

**Value you
can count on.**

\$13



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS
AIR CHILLED
3'S
21340952_EA



2⁵⁰

**NO NAME®
CHICKEN
HOT DOGS**
450 G
20098192_EA



\$15

**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
FROZEN
260 G
21220644_EA



\$6



**ZIGGY'S® DELI
CHEESE SLICES**
SELECTED VARIETIES
160/180 G
21610778_EA
21610826_EA



\$8

**PREPARED
IN-STORE BOWLS**
SELECTED VARIETIES
345-400 G
21666110_EA
21696361_EA



\$7



**FARMER'S MARKET™
MUFFINS**
SELECTED VARIETIES
6'S
21283356_EA



3⁷⁵



PC® YOGURT TUBS
750 G OR PROBIOTIC
YOGURT 650 G
SELECTED VARIETIES
20180775002_EA
21684206_EA



3⁵⁰

**NO NAME® SINGLE
PIZZAS OR CHEESY
GARLIC FINGERS**
SELECTED VARIETIES,
FROZEN
295-411 G
21541441_EA
21541444_EA



\$10

**NO NAME® CLUB SIZE
ICE CREAM
SANDWICHES
OR BARS**
SELECTED VARIETIES
FROZEN
24-30'S
20347400002_EA
21013432_EA



\$1



**PC® OR BLUE MENU®
SPARKLING WATER**
SELECTED VARIETIES
1L
20162061003_EA
20320832004_EA



\$8

**PC® ORGANICS
FLOUR**
SELECTED VARIETIES
2.5 KG
20069335_EA
20303111_EA



4⁵⁰

**PC® ORGANICS
ANIMAL COOKIES**
SELECTED VARIETIES
250 G
20181028_EA
20304981_EA



\$5

**PC® ORGANICS
VEGETABLES**
SELECTED VARIETIES
FROZEN
300/500 G
20416869001_EA
21418289_EA



live well, spend less

\$56

LIMIT 4
AFTER LIMIT
63.99 EA.

SIMILAC BABY FORMULA
STAGE 1 & 2
SELECTED VARIETIES
859 G
21436985_EA
21437126_EA



\$25

More days
Members get
2,000
back in points

HUGGIES 16X BABY WIPES
SELECTED VARIETIES
960-1152'S
21541191_EA



LIMIT 4
AFTER LIMIT
29.99 EA.

\$25

LIMIT 4
AFTER LIMIT
34.99 EA.

PAMPERS SUPER BIG PACK DIAPERS
SELECTED VARIETIES
SIZE N-6, 48-96'S
21370843_EA/21455865_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.49 EA.

AXE DEODORANT 76/85 G,
BODY SPRAY 113 G,
BODY WASH OR HAIR CARE 473 ML
SELECTED VARIETIES
20665502_EA/21438255_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.99 EA.

GARNIER WHOLE BLENDS SHAMPOO OR CONDITIONER
SELECTED VARIETIES
370 ML
21647127_EA/20941824_EA



10⁵⁰

LIMIT 4
AFTER LIMIT
11.99 EA.

HEAD & SHOULDERS OR OLD SPICE HAIR CARE
SELECTED VARIETIES
AND SIZES
21360086_EA
21505214_EA



\$9

LIMIT 4
AFTER LIMIT
11.49 EA.

JERGENS LOTION
SELECTED VARIETIES
620 ML
20856268_EA
21195511_EA



SAVE UP TO

20%

GARNIER FACECARE PRODUCTS
SELECTED VARIETIES
AND SIZES
21549485_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

OLD SPICE DEODORANT 73-144 G,
SECRET DEODORANT
68-116 G OR **GILLETTE DEODORANT** 122 G
SELECTED VARIETIES
20757237001_EA
21426451_EA



\$10

LIMIT 4
AFTER LIMIT
11.49 EA.

OGX MAUI OR AVEENO HAIR CARE
SELECTED VARIETIES AND SIZES
21009291_EA/21010670_EA



\$8

LIMIT 4
AFTER LIMIT
10.99 EA.

LISTERINE MULTIBENEFITS
1 L OR **CLASSIC** 1.5 L
MOUTHWASH
SELECTED VARIETIES
20701283_EA/21091180_EA



St. Ives

For Radiant Winter Skin

save up to **25%**
St. Ives
Face Scrubs,
Exfoliants, Lotion
or Body Wash
21986088_EA
21429055003_EA
21360954_EA

TENA

Trusted day & night leakage protection

\$18 EA.
Tena Underwear, Briefs or Pads
selected varieties and sizes
20957897_EA/21033778_EA/21099265_EA

TENA® is a registered trademark of Essity Hygiene and Health, AB. ©2026 Essity

GARNIER®

UP TO 3 DAYS OF FRIZZ CONTROL*

\$9 **LIMIT 4** AFTER LIMIT 11.99 EA.
GARNIER FRUCTIS HAIR TREATMENT
SELECTED VARIETIES
AND SIZES
21080852_EA

\$9 **LIMIT 4** AFTER LIMIT 9.49 EA.
GARNIER FRUCTIS SHAMPOO OR CONDITIONER
SELECTED VARIETIES
1 L
21708789_EA

FRUCTIS

VEGAN FORMULA*

Cruelty Free

*With system of shampoo, conditioner & leave-in cream.

Jamieson

HEALTH MADE TASTY

Support good health with great taste

SAVE up to 20%
Jamieson Multi or Letter vitamins
selected varieties and sizes
30-500's

NEW

21689253_EA/20704768_EA
21689327_EA/21411099_EA
21541913_EA

Baby Gourmet ORGANIC

6+ MONTHS

JUICY PEAR & GARDEN GREENS
POIRES JUTEUSES ET LÉGUMES VERTS DU JARDIN

MANGO AVOCADO & OATS
MANGUE, AVOCAT ET AVOINE

5/\$10
or 2.49 ea

Baby Gourmet organic fruit or vegetable baby food pouches
113/128 mL
or jars 113 mL
selected varieties
20616541001_EA
21291241_EA
20368074001_EA
21123983_EA

7+ MONTHS

TROPICAL GREEN SMOOTHIE
SMOOTHIE VERT TROPICAL

BANANA FIG OATMEAL
BANANES, FIGUES ET AVOINE

PediaSure

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

2/\$18
or \$10.49 ea

PediaSure Complete, selected varieties, 4x235 mL
20322414001_EA
20322414002_EA

Pedialyte

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

\$10 **LIMIT 4**
AFTER LIMIT \$9.99 EA

Pedialyte electrolyte oral rehydration solution, Strawberry 1L or Freezer Pops, 16x62.5 mL
20186130_EA
21623984_EA

Similac 360 Total Care

A first of its kind from Similac®

\$70 **LIMIT 4**
AFTER LIMIT \$9.99 EA

Similac 360 Total Care ready to feed infant formula, selected varieties, 16x235 mL
21702863_EA/21702882_EA

\$60 **LIMIT 4**
AFTER LIMIT \$9.99 EA

Similac 360 Total Care infant formula selected varieties, 859 g
21697863_EA/21697886_EA

© Abbott - DIR/584A-OC2025

NEW & IMPROVED

50% MORE DIAPERS PLUS DE COUCHES*

Pampers
baby-dry **ULTRA**
3X PROTECTION
ULTRA ABSORB - ULTRA STRETCHY - EXTENSIBLE - ULTRA CUSHIONY / COUSSINÉ

FRAGRANCE FREE • SANS PARFUM

DIAPERS COUCHES

TM/© Sesame © 2026 P&G vs. Pampers® Baby-Dry Ultra Mega XL Pack

3X PROTECTION

- ✓ **ULTRA Absorbent**
- ✓ **ULTRA Stretchy**
- ✓ **ULTRA Coverage**

\$35 **LIMIT 6**
AFTER LIMIT \$9.99 EA

Pampers® econo pack diapers selected varieties, sizes N-8, 58-200's
21692756_EA

MoreDays
Members get **2,000 pts** **\$2** back in points

BIG PACK = BIGGER SAVINGS!

\$48 **LIMIT 4**
AFTER LIMIT \$8.99 EA

MoreDays
Members get **2,000 pts** **\$2** back in points

Pampers® Swaddlers ultra value pack diapers selected varieties, sizes 2-8, 120-192's
21455875_EA

45% MORE DIAPERS PLUS DE COUCHES*

Pampers
swaddlers
our best dryness & comfort ever

plus sèches et confortables que jamais

vs. Pampers Huge Pack © 2026 P&G

NEW & IMPROVED!

HUGGIES
snug & dry

SAVE OVER \$20 PER BOX* | ECONOMISEZ PLUS DE 20 \$ PAR BOÎTE*

up to 100%
blowout & leakproof protection
de protection : fuites et débordements

162 **5**
diapers couches over 27 LB | plus de 12 KG

Save over \$20 per box
with **NEW Huggies® Ultra Value Pack!**

\$45 **LIMIT 4**
AFTER LIMIT \$9.99 EA

Huggies® Snug & Dry sizes 3-6, 132-198's
21693896_EA

outdoor living

Optimum
Members-Only Price™
\$249
Members save \$50
Non-members
\$299



EVERYDAY ESSENTIALS™ 4 BURNER GRILL
EACH
21673482_EA
**Must be a registered PC Optimum™ member to load and get this offer.

40,000 BTU
24 Burgers
Propane
2 Year Limited
428 Sq Inches

Optimum
Members-Only Price™
\$379
Members save \$70
Non-members
\$449



PC® 36" FLAT TOP GRIDDLE 4 BURNERS
EACH
21672428_EA
**Must be a registered PC Optimum™ member to load and get this offer.

60,000 BTU
45 Burgers
Propane
5 Year Limited
756 Sq Inches

Optimum
Members-Only Price™
\$619
Members save \$80
Non-members
\$699



PC® THE URBAN GRILL 3+1 BURNERS
21670523_EA
**Must be a registered PC Optimum™ member to load and get this offer.

50,000 BTU
20 Burgers
Propane
5 Year Limited
498 Sq Inches

Optimum
Members-Only Price™
\$224
Members save \$75
Non-members
\$299



PC® ALMOST SMOKELESS WOOD-BURNING FIRE PIT
INCLUDES STAINLESS STEEL GRILL, 2 YEAR LIMITED WARRANTY.
21526029_EA
**Must be a registered PC Optimum™ member to load and get this offer.

Optimum
Members-Only Price™
\$299
Members save \$50
Non-members
\$349



LIFE AT HOME™ GREENWOOD WOVEN 3 PIECE CHAT SET
21670462_EA
**Must be a registered PC Optimum™ member to load and get this offer.

\$179



LIFE AT HOME™ PRIVACY SCREEN
21599479_EA

\$12



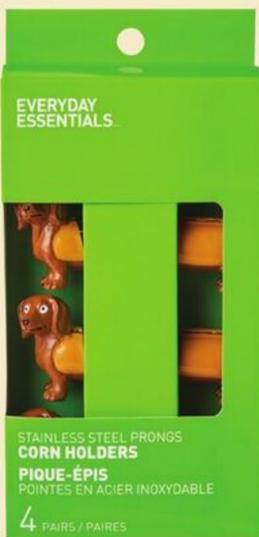
PC® BBQ TOOLS STAINLESS STEEL
EACH
21670072_EA/21670082_EA

FROM \$24



LIFE AT HOME™ OUTDOOR LANTERNS
21600099_EA/21671460_EA

\$8



EVERYDAY ESSENTIALS™ CORN HOLDERS
STAINLESS STEEL PRONGS
4" S
21676359_EA

\$10



PC® STAINLESS STEEL BASTING BRUSH
21670141_EA

\$14



PC® 3-IN-1 GRILL BRUSH
21669919_EA

Easter celebrations

SAVE \$2

\$6

SMALL SPRING PLUSH
SELECT VARIETIES
21687498_EA/1687499_EA

SAVE \$3

\$9

MEDIUM SPRING PLUSH
SELECT VARIETIES
21687713_EA/21687714_EA

SAVE \$4

\$15

LARGE SPRING PLUSH
SELECT VARIETIES
21687591_EA/21687592_EA
21687594_EA

SAVE \$1

\$4

LARGE EASTER BASKET
SELECT VARIETIES
21686284_EA/21686287_EA

SAVE UP TO 20%

EASTER GRASS AND FILLER EGGS
SELECTED VARIETIES
21687668_EA/21687757_EA
21687760_EA

Optimum
Members-Only Price **\$29**
Non-members **\$39**
Members save **\$10**

SPRING WREATH
SELECTED VARIETIES
21686252_EA
21686354_EA

children's charity™

\$2 from purchase of each 12" bunny and **\$1** from purchase of each 8" bunny will be donated to President's Choice Children's Charity to help feed kids at school across Canada. Learn more at pchildrenscharity.ca

12" PRESIDENT'S CHOICE CHILDREN'S CHARITY BUNNY
SELECTED VARIETIES
21687511_EA/21687512_EA/21687521_EA **\$12**

8" PRESIDENT'S CHOICE CHILDREN'S CHARITY MINI BUNNY
SELECTED VARIETIES
21687513_EA/21687563_EA
21687564_EA **\$8**

\$2 DONATION TO PRESIDENT'S CHOICE CHILDREN'S CHARITY

\$1 DONATION TO PRESIDENT'S CHOICE CHILDREN'S CHARITY

More days
More days
More days
More days

JOE FRESH



More days

March 19 - 25



APP EXCLUSIVE OFFER*

Members get

15,000 pts

for every \$60 spent
on adult apparel*

\$15

back
in points

20%
Off

Adult Long
Sleeve Tops*

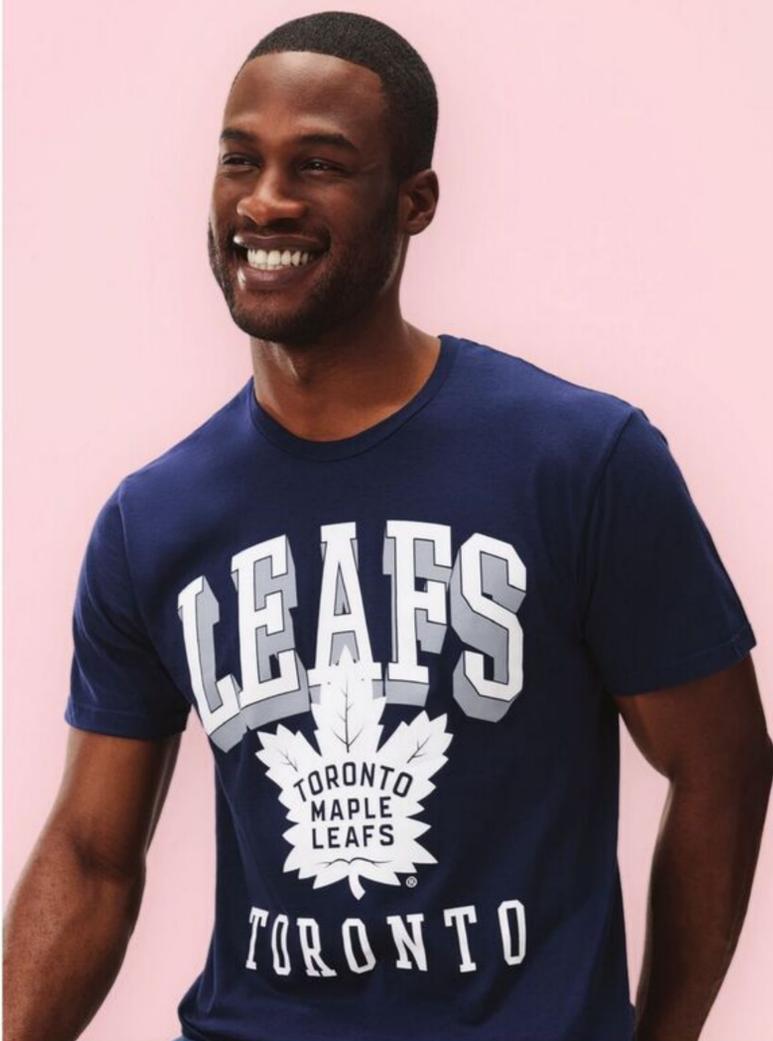
Regular Price Only
Ends March 25



\$5
Off

Men's
NHL Tops*

Regular Price \$30 - \$49
Excludes Clearance and Brands
Ends March 25



EVEN MORE ONLINE & IN-STORE

SHOP NOW

* Visit www.joefresh.com/offerdetails for full details.

**BACKED BY OVER
35 YEARS
OF ACTIVIA'S
EXPERTISE
IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE
IN SINGLE FLAVOURS!**



2/\$10
OR
\$5.99 EA.
Activia® -
8 x 100 g
21725748_EA

FIND ALL YOUR FAVOURITES

**STRAWBERRY — VANILLA — BLUEBERRY — RASPBERRY —
LEMON — PLAIN — LACTOSE FREE VANILLA**



\$4
Activia® Expert - 4 x 100 g
21688261_EA/21687900_EA



\$6
Activia® Expert - 750 g
21688207_EA



\$5.49
Activia® - 650 g
20325132003_EA



\$7
Activia® - 6 x 93 mL
21520253_EA

**PACK YOUR MORNING
WITH PROTEIN**



\$8.79
Oikos® - 650 g, 750 g
21305945_EA

3/\$12
OR
\$4.99 EA.
Oikos® - 4 x 95 g, 4 x 100 g
20825055_EA
20419715001_EA

2/\$7
OR
\$4 EA.
Oikos® Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 115 g serving.

**10-HOUR BREW
FOR A BOLD
AND SMOOTH TASTE**



\$8
Stok® - 142 L
21203737_EA/21203739_EA

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**iögo
nanö**

**Bursting with
Mini Popping Bubbles**



NEW

Made with
real fruit



\$4.50

iögo nanö
YOGURT WITH FLAVOURED
PEARLS. 4 X 100 G
SELECTED VARIETIES
2070793_EA/2070794_EA



\$4.75

iögo nanö
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
21690943_EA/20609987001_EA



\$4.50

iögo nanö
CREAMY YOGURT
POUCH
4 X 90 G
SELECTED VARIETIES
21707196_EA/21707194_EA



\$12

iögo
CREAMY YOGURT
2 KG
SELECTED VARIETIES
20636092_EA



\$8.50

iögo
CREAMY, 0% OR
LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
20609583001_EA/21622847_EA



\$6.50

ASTRO
BLAKAN YOGURT
12 X 100 G
SELECTED VARIETIES
2030507001_EA



\$8

siggis
SKYR YOGURT
650 - 750 G
SELECTED VARIETIES
21659473_EA/21538982_EA



\$4.75

ASTRO
BALKAN YOGURT
750 G
SELECTED VARIETIES
20852580000_EA/20705530001_EA



\$4.50

siggis
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21659473_EA/21538982_EA

**Lou's
KITCHEN**

**QUICK AND EASY-
ENJOY!**

**DELICIOUS,
SIMPLE TO
PREPARE
MEALS**



LOU'S ENTRÉES
BEEF POT ROAST AU JUS
375 g
20078077_EA



LOU'S ENTRÉES
SHAVED BEEF AU JUS
400 g
20507550_EA



LOU'S BACK BACON DOUBLE
SMOKED OR APPLEWOOD
selected varieties 375 g
20285088_EA/21333667_EA



LOU'S ENTRÉES
PULLED PORK
400 g
20182404_EA



LOU'S ENTRÉES
PHILLY-STYLE SHAVED STEAK
400 g
21046171_EA



LOU'S PEAMEAL BACON
800 g
20642284_EA

\$10 each

\$10 each



MANDARIN BBQ PORK ROAST • 450 g
21699183_EA

\$10 each



MANDARIN BLACK PEPPER BEEF • 400 g
21699144_EA

**BURNBRAE®
FARMS • FERMS**



\$7 EA.

Naturegg Solar Free Range or
Omega Plus Solar Free Range
12 Large Brown Eggs
21565655001_EA



5.50 EA.

Naturegg Nature's Best
or Nestlaid
12 Large White Eggs
20818075001_EA



6.50 EA.

Naturegg Simply
Egg Whites or
Free Run Simply
Egg Whites
500 g
20815787001_EA



5.50 EA.

Naturegg Omega 3 Nestlaid
12 Large White Eggs
21069384001_EA



\$6 EA.

Naturegg Omega 3 Nestlaid
12 Large White Eggs
21069384001_EA