

VERSION 1



2⁹⁹
ea.

12 BASKETS PER
BASKET OF 12 BASKETS, 12.5 LBS. (5.7 KG)



3⁹⁹
ea.

1 BASKET PER
BASKET OF 1 BASKET, 1.5 LBS. (0.7 KG)



1⁹⁹
/lb

LARGE BLOOD ORANGES OR
JUMBO PINKS (MINIMUM 4.5 LBS.)



2⁴⁹
ea.

1 BASKET PER
BASKET OF 1 BASKET, 1.5 LBS. (0.7 KG)



ONE
SWEET TOMATO

SWEET CHERRY TOMATOES (1.5 LBS.)

moi rewards member price



875 6



15⁹⁹
ea.

SPECIAL PRICE
19⁹⁹
for non-members

Effective March

TH

5

FR

6

SA

7

SU

8

MO

9

TU

1

CELEBRATE INTERNATIONAL WOMEN'S DAY MARCH 8

DOOR BONUS

20⁰⁰ ea.

125 points value of \$1

metro

CANADIAN AND PROUD

FRESH ATLANTIC SALMON

PORTIONS: 100g/100g

ROCK LOSTER TAILS

2.5 lb/box

3⁹⁹ ea.

GROUND IN-STORE DAILY

EXTRA LEAN

EXTRA LEAN GROUND BEEF VALUE PACK - 100% BEEF TENDERLOIN

LIFE SMART EXTRA LEAN GROUND CHICKEN OR TURKEY 100% 1.0 lb.

5⁹⁹ ea. or /lb

IRRESISTIBLE ARTISAN TURKEY BREAST OR CASTELLO HAM/BAIT

100% TURKEY

3⁴⁹ /100 g

IRRESISTIBLE PORK LOIN CHOPS VALUE PACK OR BONELESS PORK LOIN CHOPS VALUE PACK (100% PORK)

1.0 lb/box

3⁹⁹ /lb

IRRESISTIBLE MUFFINS

100% WHOLE WHEAT

5⁹⁹ ea.

NEW

PRIME

BUFFALO WINGS

MAPLE LEAF PRIME BACON WITHOUT ANTIBIOTICS CHICKEN WINGS 100% 1.0 lb.

SCHNEIDER'S DIP'S 1.0 lb.

125 points value of \$1

9⁹⁹ ea.

VECTOR

RICE KRISPIES

100% WHEAT

3⁹⁹ ea.

IRRESISTIBLE

IRRESISTIBLE FROZEN FRUIT

100% WHOLE WHEAT

3⁹⁹ ea.

Lactantia

COUNTRY CHURNED BUTTER

100% BUTTER

4⁹⁹ ea.

SunChips

LAY'S

QUE PASA

PHILADELPHIA

2⁹⁹ ea.

PHILADELPHIA

PHILADELPHIA CREAM CHEESE

100% BUTTER

3⁹⁹ ea.

TEX MEX

OLD CHEDDAR

4⁸⁸ ea.

Cashmere

Sponge Towels

24 PACK

eska

Coca-Cola

4⁹⁹ ea.

eska

eska NATURAL SPRING WATER

COCA-COLA CANADA DRY OR PEPSI SOFT DRINKS 1.0 L

3⁹⁹ ea.

Lactantia

Purifiltre

LACTANTIA PURIFILTRE

3⁹⁹ ea.

Effective March

TH 5

FR 6

SA 7

SU 8

MO 9

TU 10

WE 11

2026

my savings my metro

**LOW PRICE
EVERY DAY**
100% of items at the same low price every day.

Irresistible
FRESH VANILLA
CARAMEL TORNADO

NOW
4.99
ea.

IRRESISTIBLE ICE CREAM (5L)
100% NATURAL FLAVORS

Irresistible
SPARKLING WATER
6 PACK

NOW
4.99
ea.

IRRESISTIBLE SPARKLING WATER
6x1L

Selection
Coffee cream
10%

NOW
3.99
ea.

SELECTION CREAM
SELECTION VARIETIES

Irresistible
SKYR
GREEK

NOW
5.99
ea.

IRRESISTIBLE YOGURT TUBS
100% NATURAL FLAVORS

Irresistible
COOKIES
MAPLE LEAF

NOW
3.99
ea.

IRRESISTIBLE COOKIES
100% NATURAL FLAVORS

Selection
MARINARA
ROASTED GARLIC

NOW
3.99
ea.

SELECTION PASTA SAUCE
100% NATURAL FLAVORS

\$ New Lower Prices

2.00 ea. **Country Harvest**
Beans or Broccoli's
with Sausage & Beans
or Sausage & Broccoli

30% off **CASTLE TUCKER**
CHICKEN & SAUSAGE
PASTA FEATURING
DANISH BLUE CHEESE
SAUCE 16.99

6.99 ea. **JAMES**
BREADED
PASTA SAUCE
FEATURING
DANISH BLUE
CHEESE SAUCE
16.99

19.99 ea. **COOKED SHIMP**
WILD ARCTICAN
W/SAUSAGE
SMOKED SALAMI
AND PASTA

 3.49 /lb FLETCHER'S PORK COTTLET ROLL 25% OFF	 11.99 ea. SMOKED CHALOT MONTANA'S PORK BACK RIBS SMOKED SAUSAGE SMOKED CHALOT	 6.49 ea. BOURGIN SMOKED TROUT SMOKED TROUT SMOKED TROUT	 12.99 ea. FRESH VEGETABLE AND FRUIT CANDIES
---	--	--	--

5.49
ea.

CRACKER BARREL OR BLACK DIAMOND®
ASTRO MILK OR CREAMY YOGURT
\$0.12 PER UNIT

3.49
ea.

ASTRO YOGURT TUBES
\$0.12 PER UNIT

4.99
ea.

FRENCH'S PICKLES OR
FRENCH'S PICKLES & SAUCE
\$0.12 PER UNIT

[illegible][illegible]

10⁹⁹
 ea. **THE SENSEI DISINFECTANT, DOWNY SENSEI™, TIDE SENSEI™, DOWNY SENSEI™, BOUNCE SENSEI™**

10⁹⁹
 ea. **BOUNTY 4-PLY 26" x 42" 8000**

44⁹⁹
 ea. **ZIPLOC 1 GAL. 100% POLYESTER CARBONACEOUS NON-ADHESIVE BATTERIES**

44⁹⁹
 ea. **ENERGIZER 1.5V D C1000**

I learn with **moi rewards**

 125 rewards of \$1 6.49 ANY OF OUR PROTEIN MEALS SELECTED MEALS	 125 rewards of \$1 4.49 MULTIGRAIN MULTI-CHEESE, HODDING PEPPER, TOMATO SHREDDED ANY OF OUR SELECTED MEALS	 125 rewards of \$1 3.99 CHOCOLATE LEMON COOKIES ANY OF OUR SELECTED MEALS	 125 rewards of \$1 3.99 ANY OF OUR SELECTED MEALS
---	---	--	--

We reserve the right to limit quantities.
 DESCRIPTIONS TAKE PRECEDENCE OVER PHOTOS.
 SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES

We accept Visa, MasterCard and American Express at most stores.





Visit us at: metro.ca
 Give us your opinion for a chance to
 WIN \$1,000 in groceries






[illegible]

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.



NOW
3.99
ea.
SAVE UP TO
\$1.50

5.49*
ea.
OREO
CAKESTERS
285 g
SELECTED VARIETIES

THIS WEEK'S DEALS:
Only until March 11, 2026, in-store or online



NOW
3.99
ea.
SAVE UP TO
\$2.80

6.75*
ea.
NESTLE CARNATION
HOT CHOCOLATE
ENVELOPES
7 - 10 x 13 - 25 g
SELECTED VARIETIES



NOW
4.99
ea.
SAVE UP TO
\$2

6.99*
ea.
SCHNEIDERS JUICY JUMBOS
OR SMOKED SAUSAGES
375 - 450 g
SELECTED VARIETIES



NOW
5.99
ea.
SAVE UP TO
\$1

6.99*
ea.
AQUASTAR BASA
FILLETS
FROZEN, 908 g



NOW
1.99
ea.
SAVE UP TO
\$1.50

3.49*
ea.
CHEEMO
PEROGIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5.99
ea.
SAVE UP TO
\$3

8.99*
ea.
CLEARLY CANADIAN
SPARKLING WATER
6 x 355 ml
SELECTED VARIETIES



NOW
3.99
ea.
SAVE UP TO
\$1.50

5.49*
ea.
CREST TOOTHPASTE
OR ORAL-B ORAL CARE
SELECTED SIZES
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

contest
until March 11th

my
brands &
moi

total of
20
million
points
to be won

participate by purchasing two
products from these brands

Selection ✓

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

*No purchase required. From February 12 to March 11, 2026. Contest rules at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

Farm Fresh Produce



4.99
/lb

JUMBO GREEN GRAPES
PRODUCT OF PERU, 14 TUBES
6.00kg



1.99
ea.

LARGE AVOCADOS
PRODUCT OF MEXICO



1.99
/lb

SWEET POTATOES
PRODUCT OF MEXICO
6.30kg



2.99
ea.

BELLE GROVE WHITE AND CHERRY MUSHROOMS
PRODUCT OF CANADA



2.49
/lb

LARGE BARTLETT PEARS
PRODUCT OF CANADA
5.49kg



3.99
ea.

BLACKBERRIES 1kg
PRODUCT OF MEXICO



2.49
ea.

YELLOW ONIONS 1kg
PRODUCT OF CANADA
CANADA 14, 14.2kg



2.99
/lb

EXTRA LARGE BEEFSTEAK TOMATOES
PRODUCT OF CANADA
6.59kg



2.99
/lb

LITTLE POTATO CO. POTATO CHIPS
PRODUCT OF CANADA
6.59kg



3.99
ea.

LPC POTATO KITES 1kg
PRODUCT OF CANADA



3.99
/lb

LARGE PEACHES
PRODUCT OF CANADA
6.30kg



2.99
/lb

LARGE MACADAMIA NUTS
PRODUCT OF CANADA
6.30kg



2.99
/lb

PACIPROPS
PRODUCT OF CANADA
6.30kg



4.49
ea.

HAVEN GROCERS BABY SPROUTING MIX
PRODUCT OF CANADA



4.49
ea.

HAVEN GROCERS KALE
PRODUCT OF CANADA



5.99
ea.

LIFTING LETTUCE 1kg
PRODUCT OF CANADA



3.99
/lb

DRAGON FRUIT
PRODUCT OF CANADA
6.30kg



4.99
ea.

GUSTA VEGGIE SLICES 1kg
PRODUCT OF CANADA



4.99
ea.

FAVORITOS
PRODUCT OF CANADA



4.99
ea.

GUSTA VEGGIE SLICES 1kg
PRODUCT OF CANADA



4.99
ea.

GUSTA VEGGIE SLICES 1kg
PRODUCT OF CANADA



4.99
ea.

GUSTA VEGGIE SLICES 1kg
PRODUCT OF CANADA



4.99
ea.

GUSTA VEGGIE SLICES 1kg
PRODUCT OF CANADA



4.99
ea.

GUSTA VEGGIE SLICES 1kg
PRODUCT OF CANADA

Organic

Sliced & Diced **CELEBRATE INTERNATIONAL WOMEN'S DAY**

5.99
ea.

BENTO KITS
225 g/8oz

6.99
ea.

SMALL SALADS
380 g/13.5oz

6.99
ea.

**LARGE WATERMELON OR
MIXED MELON CHUNKS**
875g

**READY TO COOK
VEGETABLE KITS**
300g - 400g

5.99
ea.

70
pieces

16.99
ea.

**RAINBOW CHARD
BOUQUET**
1.5kg/3.3lb

12.99
ea.

HYDRANGEAS
1.5kg/3.3lb

39.99
ea.

**KALEIDOSCOPE
ORCHIDS**
1.5kg/3.3lb

SAVE \$2.00

14.99
ea.

**FRESH CUT
TULIPS**
1.5kg/3.3lb



MARCH 8

16⁹⁹
ea.

**RAINBOW CHERRY
DOUQUET**
12 FLOWERS



12⁹⁹
ea.

HYDRANGEAS
12 FLOWER COLOURS



NEW

39⁹⁹
ea.

**KALLISTOSCOPE
ORCHIDS**



pick Ontario

**FRESH CUT
TULIPS**
12 FLOWERS
AVAILABLE WHILE STOCKS LAST

SAVE \$2.00

14⁹⁹
ea.

CELEBRATE INTERNATIONAL
WOMEN'S DAY

#GIVETOGAIN

Let's #GiveToGain gender equality by supporting women owned and led businesses. Metro is proud to support the strength and resilience of these women in business – because when women thrive, we all rise.

Hand holding a heart with the date

march
8

Christine LaForest
CEO of Bel Canada Group

BOURBIN
PLANT BASED
SPREAD
175g
SELECTED VARIETIES

6⁴⁹
ea.

Susan Niczowski
Founder and President
of Summer Fresh Salads Inc.

50
points

SUMMER FRESH
HUMMUS OR DIP
200-227 g
SELECTED VARIETIES

4⁴⁹
ea.

Margaret Coons
Nuts For Cheese

NUTS FOR CHEESE
SPREAD
125g
SELECTED VARIETIES

10⁹⁹
ea.

Natasha and Elysia
Vanderhurd
Three Farmers

THREE FARMERS
CHICK PEAS
125g
SELECTED VARIETIES

4⁴⁹
ea.

Vanessa Garza
Siete Foods

SIETE
TORTILLA CHIPS
14.5g
SELECTED VARIETIES

5⁹⁹
ea.

Jessica Praskay
Owner of Black River

BLACK RIVER
JUICE
1L
SELECTED VARIETIES

8⁹⁹
ea.

Tara, Megan
& Laura Tomulka
Rawcology Founders

RAWCOLOGY
GRAIN FREE
GRANOLA
300g
SELECTED VARIETIES

7⁴⁹
ea.

Gigi Gill
CEO of ZoRaw
Chocolates

ZORAW
CHOCOLATE
BARS
50-55g
SELECTED VARIETIES

3⁹⁹
ea.

Jennifer Boyle
CEO & Co-Founder
Farm Girl

FARM GIRL
CEREAL
200g
SELECTED VARIETIES

8⁹⁹
ea.

Amelia Kirchoff
and Julia Sankin
GoMacro Founders

GoMACRO
BARS
60-65g
SELECTED VARIETIES

3⁹⁹
ea.

Margaret Hudson
Burnbrae Farms

NATUREGG
EGG WHITES
100g
SELECTED VARIETIES

5⁹⁹
ea.

Susan and Megan
McElwain
SavageHot

SAVAGEHOT
HOT SAUCE
150ml
SELECTED VARIETIES

6⁹⁹
ea.

Julie Bednarski
Founder / CEO

HEALIX
HEALTHY CRUNCH
SEED BUTTER
300g
SELECTED VARIETIES

8⁴⁹
ea.

Carinne Chambers-Saini
and Francine Chambers
DIVA Founders

DIVA
MENSTRUAL CUP
1pc
SELECTED VARIETIES

31⁹⁹
ea.



Zoey Shamai
Founder & CEO



TONICA
ORGANIC KOMBUCHA
350 ml
SELECTED VARIETIES

3⁹⁹
ea.



Miki Talebi
Founder & CEO



SMOKED TOFU
oomé
TOFU FINE
Greek
Grecque

6⁴⁹
ea.



Kimberly Chamberland
and **Jasmine Bryne**
CEO and COO



MIGHTY MUSHROOM BITES
BIG MOUNTAIN
VEGGIE BITES
GROUND OR BITES
300 - 360 g

6⁹⁹
ea.



Jennifer Italiano
Co-Founder & Owner



live.
VEGETABLE
KIMCHI
175 ml

7⁹⁹
ea.



Genevieve Broussau
Provancher
CEO & Co-Founder



DŌSE
WELLNESS SHOTS
GINGER & TURMERIC
150 ml
SELECTED VARIETIES

13⁹⁹
ea.



Natasa Karambatas
President



KOUKLA
KOUKLES DELIGHTS BITES
CO. 100 g
SELECTED VARIETIES

8⁹⁹
ea.

Celebrate the women in your life



ARTISTICAL LITTLE SWAN ORCHID
BOUTIQUE FLOWERS

22⁹⁹
ea.



GERBERA GRACE BOUQUET
VIBRANT COLOURS

25⁰⁰
ea.



PREMIUM HAND-TIED ROSE BOUQUET OR FANCY PREMIUM ROSE

39⁹⁹
ea.



CELEBRATION BOUQUET
VIBRANT COLOURS

20⁰⁰
ea.



INVITATIONS ALL'ONDA, FREE WINE
750 ml
SELECTED VARIETIES

8⁴⁹
ea.



ARRANGEMENT IN A VASE OR POT
VIBRANT COLOURS AND STYLES

STARTING AT 44⁹⁹
ea.



PRESENTATION BOUQUET
VIBRANT COLOURS AND STYLES

STARTING AT 39⁹⁹
ea.



GET TOGETHER FOR INTERNATIONAL WOMEN'S DAY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

[illegible]

2.99
100 g

SMOKEY
CANADIAN OR
CANADIAN HAM

2.99
100 g

MAPLE WOOD
SMOKED BEEF
100% BEEF
NO ADDED SODIUM

3.29
100 g

**BUY MORE
SAVE MORE!**

when you buy 500 g
or more

BUTTER
2 YEAR AGED CHEDDAR
100% CANADIAN CREAM
100% BUTTER
NO ADDED SODIUM

3.49
100 g

**BUY MORE
SAVE MORE!**

when you buy 500 g
or more

RESHETLESKIE GRANA
PINEAPPLE PEPPER CHEESE
WITH 20 MONTHS
MATURED CREAM
100% CANADIAN CREAM
100% CHEESE
NO ADDED SODIUM

3.99
100 g

SMOKED
HAM

3.99
100 g

RESHETLESKIE ARTISAN
MONTREAL SMOKED
BACON, CORNED BEEF OR
PASTRAMI
100% CANADIAN CREAM
100% MEAT

8.49
ea.

SAUSAGES
PEPPER'S WOLSKA OR
POLISH SAUSAGE (250 g)

9.99
ea.

THE STILLA
PETA 100% POTATOES

3.99
100 g

SAUSAGES
KARTORI PACILLA
CHILE BELLITANO
100% CANADIAN CREAM
100% MEAT

8.79
ea.

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

12.99
50 pieces

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

6.49
ea.

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

6.49
ea.

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

8.79
ea.

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

12.99
50 pieces

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

6.49
ea.

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

6.49
ea.

SAUSAGES
PASTRO
MAGGIORE
SALAMI
SALAMI
SALAMI
SALAMI

YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

More Great Savings

 2⁹⁹ ea.	 6⁹⁹ ea.	 3⁷⁹ ea.	 8⁴⁹ ea.
 4⁹⁹ ea.	 5⁹⁹ ea.	 25⁹⁹ 200 ea.	 6⁹⁹ ea.

 5⁴⁹ 60 ea.		 9⁴⁹ 60 ea.	
 5⁴⁹ 60 ea.		 3⁹⁹ ea.	

 5⁹⁹ ea.		 5⁴⁹ ea.	
 5⁹⁹ ea.		 5⁴⁹ ea.	

 4⁴⁹ ea.		 10⁹⁹ ea.	
 2⁹⁹ ea.		 2⁴⁹ ea.	

549 ea.

449 ea.

449 ea.

399 ea.

549 ea.

549 ea.

249 ea.

249 ea.

899 ea.

New options.
New flavours.
New reasons
to shop Metro
for new &
trusted brands.

DISCOVER

NEW

449 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

349 ea.

299 ea.

299 ea.

1199 ea.

Baby Care



**BABY GOURMET
BABY PUREE**
12.5 FL. OZ. (350 mL)
SELECTED VARIETIES

249
ea.



120
points

449
ea.

**GERBER
BABY SNACKS**
2.5 FL. OZ. (75 mL)



449
ea.

EARTH'S BEST BABY SNACKS
4.5 FL. OZ. (130 mL)



40
points

249
ea.

**EARTH'S BEST
BABY SNACKS**
2.5 FL. OZ. (75 mL)



399
ea.

**BABY GOURMET
PUFFS**
4.5 FL. OZ. (130 mL)



949
ea.

**PAMPERS
BABY WIPES**
27.5 FL. OZ. (810 mL)



1499
ea.

**PAMPERS
BABY WIPES**
27.5 FL. OZ. (810 mL)



1349
ea.

**LIVE CLEAN
BABY WIPES**
27.5 FL. OZ. (810 mL)

Health & Beauty



**COLGATE
OPTIC WHITE
TOOTHBRUSH**
1.5 IN.
SELECTED VARIETIES

499
ea.



699
ea.

**SENSODYNE
TOOTHPASTE**
5.1 FL. OZ. (150 mL)



849
ea.

**ORAL-B
DENTAL FLOSS**
2.1 M.
SELECTED VARIETIES



1049
ea.

**LISTERINE
MOUTHWASH**
1 L.



1199
ea.

**NIVEA
MOISTURIZING CREAM**
12.5 FL. OZ. (375 mL)



1299
ea.

**AVEENO
BODY LOTION**
12.5 FL. OZ. (375 mL)



70
points

599
ea.

**OLD SPICE
DEODORANT**
2.5 FL. OZ. (75 mL)



649
ea.

**NIVEA
DEODORANT**
2.5 FL. OZ. (75 mL)



499
ea.

**NIVEA
BODY WASH**
12.5 FL. OZ. (375 mL)



80
points

699
ea.

**AXE
BODY WASH**
12.5 FL. OZ. (375 mL)



699
ea.

**DOVE
BAR SOAP**
5.1 FL. OZ. (150 mL)



799
ea.

**SQUATCH
WOOD BARREL
BOURBON
BAR SOAP**
5.1 FL. OZ. (150 mL)



1399
ea.

**NATIVE
HAIR CARE**
12.5 FL. OZ. (375 mL)



949
ea.

**DOVE
STYLING PRODUCT**
12.5 FL. OZ. (375 mL)



599
ea.

**LIVE CLEAN
HAND SOAP**
12.5 FL. OZ. (375 mL)



499
ea.

**GILLETTE
SHAVING GEL**
12.5 FL. OZ. (375 mL)



1599
ea.

**PANTENE
HAIR CARE**
12.5 FL. OZ. (375 mL)



599
ea.

**TAMPAX
ALWAYS
SANITARY NAPKINS**
12.5 FL. OZ. (375 mL)



1849
ea.

**TENA
OVERNIGHT
INCONTINENCE
PADS**
12.5 FL. OZ. (375 mL)



Nestlé®
Good Food, Good Life

Your favourite
at any time!



1199
ea.

STARBUCKS COFFEE
371L - 340 g (12.1 oz)
SELECTED VARIETIES



799
ea.

NESCAFÉ GOLD
INSTANT COFFEE
95 - 100 g
SELECTED VARIETIES



1399
ea.

STARBUCKS VERTUO
COFFEE CAPSULES
8 - 10 ml
SELECTED VARIETIES



250
points
value of \$2

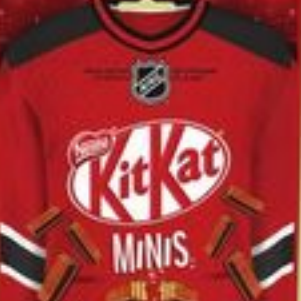
749
ea.

STARBUCKS
SHAKERS
SELECTED SIZES
SELECTED VARIETIES



699
ea.

NESTLÉ
KEO TEA MIX
500 g



579
ea.

NESTLÉ CHOCOLATES
70 - 200 g
SELECTED VARIETIES



1249
ea.

MAISON PERRIER
OR SAN PELLEGRINO
SPARKLING WATER
6 x 1 L
SELECTED VARIETIES



849
ea.

SAN PELLEGRINO
NATURAL OR CIO
SPARKLING DRINKS
6 x 330 ml
SELECTED VARIETIES



1299
ea.

BOOST
HIGH PROTEIN
HYPERPROTEINE
6 x 250 ml
SELECTED VARIETIES



599
ea.

HÄAGEN-DAZS
ICE CREAM
SELECTED SIZES
SELECTED VARIETIES



999
ea.

HÄAGEN-DAZS
ICE CREAM
146 ml
SELECTED VARIETIES



649
ea.

iöco FROZEN YOGURT
OR DEL MONTE SORBET
SELECTED VARIETIES

© 2020 Nestlé



BUILDING COMMUNITY

One Rink at a Time

© NHL © NHLPA



6⁹⁹ ea.
KRAFT PEANUT BUTTER OR HAZELNUT SPREAD 750 g / 140 g
SELECTED VARIETIES



4²⁹ ea.
KRAFT SALAD DRESSINGS 425 ml
SELECTED VARIETIES



6⁹⁹ ea.
MIRACLE WHIP SPREAD 500 ml
SELECTED VARIETIES



3⁹⁹ ea.
HEINZ MAYONNAISE-STYLE SAUCES OR KETCHUP 340 / 375 ml
SELECTED VARIETIES



4⁹⁹ ea.
CLASSICO PASTA SAUCE 238 / 550 ml
SELECTED VARIETIES



1⁶⁶ ea.
KRAFT DINNER MACARONI & CHEESE 56 / 200 g
SELECTED VARIETIES



5⁴⁹ ea.
CRAVE OR KRAFT DINNER DELUXE PROTEIN MEAL 200 / 340 g
SELECTED VARIETIES

*Based on the 2018 BrandScan® Canadian Trust Study.



4⁹⁹ ea.
PHILADELPHIA DIPS 227 g
SELECTED VARIETIES

BUY \$20 OF PARTICIPATING
KRAFT HEINZ HOCKEYVILLE ITEMS
GET 500 POINTS



Participating products: KRAFT DINNER MACARONI & CHEESE 56 / 200 g; KRAFT PEANUT BUTTER 750 g / 140 g; KRAFT SALAD DRESSINGS 425 ml; KRAFT SINGLES PROCESS CHEESE PRODUCT 410 g; CLASSICO PASTA SAUCE 410 / 550 ml; HEINZ KETCHUP 375 ml / 1 L; PHILADELPHIA CHEESE PRODUCT 227 / 250 g; CRAVE FROZEN ENTREES 200 / 340 g.

