



# BIG EASTER DEALS!

SAVE 40%

**1.77**  
LB



**GREEN SEEDLESS GRAPES** product of Chile, South Africa or Peru, no. 1 grade or **RED SEEDLESS GRAPES** product of South Africa or Chile, no. 1 grade  
raisins rouges ou verts sans pépins  
3.90/kg  
20425775001\_KG/20159199001\_KG

SAVE 51%

**1.44**

3 LB BAG



**FARMERS MARKET™  
YELLOW ONIONS**  
product of Canada,  
Canada no. 1 grade  
oignons jaunes  
20811994001\_EA

SAVE 41%

**.88**



**ENGLISH CUCUMBERS**  
product of Ontario,  
Canada no. 1 grade  
each  
concombres anglais  
20070132001\_EA

ONLY

**2.99**

2 LB BAG



**FARMER'S MARKET™  
MANDARINS**  
product of Morocco  
or Spain  
mandarines  
20099819001\_EA



App  
exclusive offer



Earn  
**200**  
pts

For every \$1\* spent  
on fresh berries

That's  
**20%**  
back

baies fraîches  
20049778001\_EA/20128938001\_EA  
20051015001\_EA/20080137001\_EA

# NOFRILLS®

FLYER PRICES EFFECTIVE THURSDAY, MARCH 26 TO WEDNESDAY, APRIL 01, 2026.

## BIG EASTER DEALS!

INCLUDES HALAL



SAVE UP TO 24%

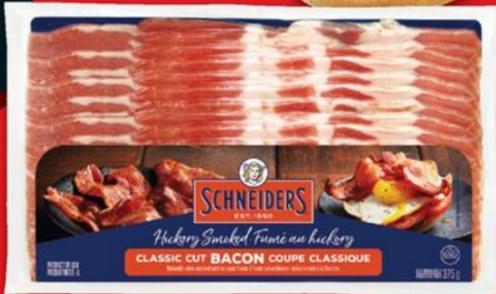
**4.88**  
LB

CLUB SIZE

**BONELESS, SKINLESS CHICKEN BREAST**  
fresh  
poitrine de poulet  
10.76/kg  
20654124\_KG / 21636240\_KG

SAVE 33%

**\$4**



**MAPLE LEAF or SCHNEIDERS BACON**  
selected varieties  
100/375 g  
bacon  
20772671\_EA

SAVE 29%

**2.75**

SAVE 33%

**\$2**



**SCHNEIDERS LUNCHMATE LUNCH KITS or STACKERS**  
selected varieties  
75-120 g  
trousses-repas  
21310034\_EA

ONLY

**9.99**  
LB



**ATLANTIC SALMON FILLET**  
fresh  
filet de saumon  
22.02/kg  
20339767\_KG



**LAY'S POTATO CHIPS**  
selected varieties  
177-235 g  
croustilles  
21241032\_EA / 21663082\_EA

SAVE 25%

**\$3**



**MOTT'S CLAMATO or OCEAN SPRAY CRANBERRY COCKTAIL** selected varieties, 1.89 L  
cocktail de jus de palourdes ou canneberge  
2030006008\_EA / 20318955002\_EA

SAVE 50%

**\$1**



**HEINZ BEANS or PASTA**  
selected varieties, 398 mL  
fèves ou pâtes  
20040380003\_EA / 20177278001\_EA

ONLY

**\$3**



**NEILSON CREAM**  
5/10% 1 L or 18/35% 473 mL  
selected varieties  
crème  
20123609\_EA / 20774325\_EA

SAVE UP TO 52%

**\$4**



**CADBURY MINI EGGS** 154-200 g, **NESTLÉ POUCHES or NOVELTIES**, 85-153 g, **ROCHER HALLOW BUNNY or FERRERO EGGS** 90-100 g or **PC MILK CHOCOLATE BUNNY** 100 g  
chocolat  
20073462\_EA / 21628045\_EA

SAVE 30%

**1.39**



**UNICO SOLID LIGHT TUNA**  
198 g  
thon pâle  
20113745\_EA

ONLY

**12.99**



**DAAWAT BASMATI RICE** 4 kg, **MR. GOUDAS PARBOILED or WHITE RICE** 8 kg  
riz  
20896606\_EA / 21606990\_EA

ONLY

**11.97**



**ROBIN HOOD or FIVE ROSES FLOUR**  
10 kg  
farine  
20134743\_EA / 20251651\_EA

Optimum

**\$15.97**



**MAXWELL HOUSE ROAST AND GROUND COFFEE** 631-900 g or **PODS 30's**  
selected varieties  
café torréfié et moulu ou capsules  
21308076\_EA / 21606882\_EA

Earn **3,000** pts

That's **\$3** value

App exclusive offer

**\$6**



**NO NAME® CHICKEN STRIPS, NUGGETS or BURGERS**  
selected varieties, frozen  
908 g  
lanières ou pépites ou burgers de poulet  
21187844\_EA

Earn **1,000** pts

That's **\$1** value

**PRICE DROP**

**4.99**



**LACTANTIA BUTTER**  
selected varieties  
454 g  
beurre  
20639926\_EA

**4.99**



**ARMSTRONG or PC SHREDDED CHEESE** 250-320 g or **ARMSTRONG CHEESE** 400 g, selected varieties  
fromage râpé ou barres de fromage  
21286240\_EA / 21346749\_EA

**5.25**



**GRADE A LARGE EGGS**  
brand varies by region  
18's  
œufs  
20814294001\_EA / 20822787001\_EA

**1.25**



**ALLEN'S FRUIT COCKTAIL**  
selected varieties  
1 L  
cocktail de fruit  
20307424001\_EA / 21630125\_EA

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.

(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)

Not applicable at 1022 King St. W., Toronto, 42 Hanna Ave., Toronto, 261 Richmond St. W., Toronto, 3091 Appleby Line, Burlington, 332 Wellington Rd., London, 755 Mount Pleasant Rd., Toronto, 75 The Esplanade St., Toronto, 899 College St. W., Toronto, 2999 Kingston Rd., Scarborough, 1175 Hyde Park Rd., London, 75 Shuter St., Toronto, 970 Upper Wentworth St., Hamilton, 671 Broadway St., Tillsonburg, 410 St Clair St., Chatham, 1425 Kingsway, Sudbury, 1678 Bayview Ave., Toronto, 1035 Plains Rd., Burlington; please see nofrills.ca for flyers for these stores.

[nofrills.ca](https://www.nofrills.ca)

01 NFO

# DELI DEALS

SAVE 37%

4.67

**BOURSIN CHEESE**  
selected varieties  
150 g  
fromage

20116794\_EA

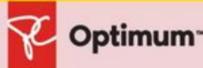


SAVE UP TO 35%

\$5

**ZIGGY'S® PEPPERONI STICKS** 300 g or  
**MARCANGELO SLICED DELI MEAT** 85 g  
selected varieties  
pepperoni ou  
charcuteries tranchées

21665284\_EA/21706089\_EA



App exclusive offer

SAVE 33%

\$3

Earn

500

pts

That's  
**50¢**  
value



**ZIGGY'S® FRESH PASTA**  
selected varieties  
350/360 g  
pâtes fraîches

21521168\_EA

\$4

Earn

1,000

pts

That's  
**\$1**  
value



**SNACK FACTORY PRETZEL CRISPS**  
selected varieties  
200 g  
bretzels

20948940\_EA

# BIG EASTER DEALS!



**\$15**

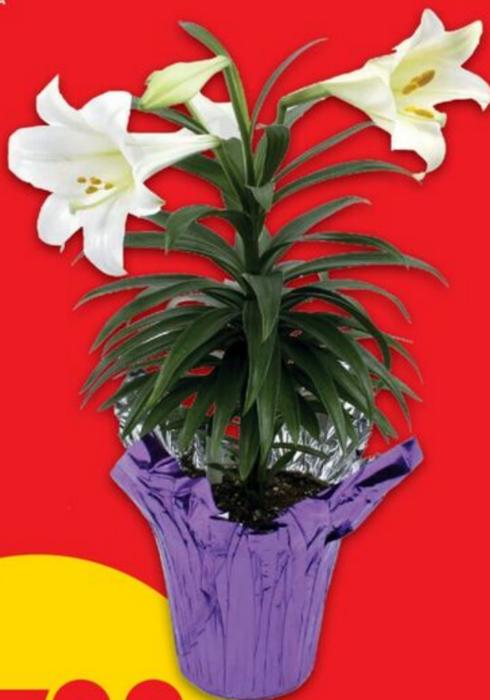
**HYDRANGEA**  
selected varieties  
6.5 inch  
hortensia  
21452544\_EA

**WHILE QUANTITIES LAST**



**\$8**

**TULIPS**  
assorted colours  
9 stem  
tulipes  
21660811\_EA



**7<sup>88</sup>**

**EASTER LILY**  
selected varieties  
6 inch  
lis de Pâques  
20094291\_EA

**MAY NOT BE AVAILABLE AT ALL LOCATIONS  
WHILE QUANTITIES LAST**

ONLINE FLAP 1

# FRESH AT LOW PRICES

1 LB CLAMSHELL

2<sup>99</sup>



2<sup>99</sup>

**BLACKBERRIES**  
product of Mexico or U.S.A., or  
**STRAWBERRIES**  
product of Mexico or U.S.A.,  
no. 1 grade  
mûres ou fraises  
20128938001\_EA/20049778001\_EA

**CANTALOUPE** product of Guatemala,  
Honduras, or Brazil no. 1 grade or  
**PINEAPPLE** product of Costa Rica  
cantaloup ou ananas  
20167017001\_EA/20160992001\_EA

6 OZ CLAMSHELL

2<sup>99</sup>  
EA/LB



1<sup>99</sup>  
LB/EA

**ASPARAGUS** each, product of Mexico or  
Peru, no. 1 grade or **BRUSSELS SPROUTS**  
6.59/kg, product of Mexico, or U.S.A.  
asperges ou choux de Bruxelles  
20181709001\_EA/20036155001\_KG

**TOMATOES ON THE VINE** 4.39/kg,  
product of Canada or Mexico, or  
**BROCCOLI CROWNS** each,  
product of Mexico or U.S.A.  
tomates sur vigne ou couronnes de brocoli  
21121560001\_EA/20026703001\_KG



If your produce isn't fresh,  
we'll replace AND refund it.\*

3<sup>99</sup>



**RED, YELLOW, or RUSSET POTATOES**  
product of Canada, Canada no. 1 grade  
pommes de terre  
20601013001\_EA/20601017001\_EA

3<sup>99</sup>



**AVOCADOS** product of Mexico, Peru, or Colombia or  
**RASPBERRIES** product of Mexico or U.S.A., no. 1 grade  
avocats ou framboises  
21644936001\_EA/20128938001\_EA

3<sup>99</sup>



**FARMER'S MARKET™ SWEET PEPPERS**  
product of Mexico or **GARLIC** product of China  
poivrons doux ou ail  
20117550001\_EA/21238843001\_EA

3<sup>99</sup>



**HONEYDEW**  
product of Guatemala, Honduras, or Mexico  
melon miel  
20045276001\_EA

2<sup>99</sup>



**CELERY** product of U.S.A. or Mexico, no. 1 grade or  
**FARMER'S MARKET™ CARROTS**  
product of Canada, Canada no. 1 grade  
carottes  
20163119001\_EA/20600927001\_EA

1<sup>49</sup>  
LB



**SWEET POTATOES**  
product of Canada or U.S.A.  
patates douces, 3.28/kg  
20127708001\_KG

4<sup>99</sup>



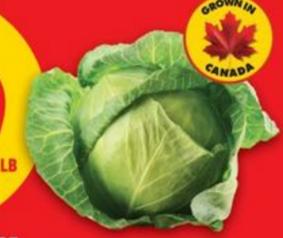
**PC®, BLUE MENU® or WONDERFUL PISTACHIOS**  
selected varieties, product of U.S.A.  
pistaches  
21351596\_EA/20339219\_EA

2<sup>99</sup>  
LB



**BLACK PLUMS**  
product of Chile, no. 1 grade  
prunes noires, 6.59/kg  
20316478001\_KG

.99  
LB



**GREEN CABBAGE**  
product of Canada, Canada no. 1 grade  
chou vert, 2.18/kg  
20793034001\_KG

1<sup>25</sup>



**CILANTRO**  
product of Mexico or U.S.A.  
coriandre  
20091825001\_EA

4<sup>99</sup>



**FARMER'S MARKET™ AMBROSIA  
or ROYAL GALA APPLES**  
product of Ontario, Canada fancy grade  
pommes  
21307212001\_EA/20767998001\_EA

3<sup>99</sup>



**PC® MINI GEMS™ RED, YELLOW  
or MIXED MINI POTATOES**  
product of Canada, Canada no. 1 grade  
mini-pommes de terre rouges,  
dorées ou assorties  
21247301001\_EA/21247300001\_EA

2<sup>99</sup>



**FARMER'S MARKET™ GRAPE  
TOMATOES** product of U.S.A. or Mexico  
or **FARMER'S MARKET™ MINI  
CUCUMBERS** product of Canada,  
Canada no. 1 grade  
tomates raisins ou mini-concombre  
21367888001\_EA/20737570001\_EA

PRICE  
DROP

1<sup>99</sup>



**PC® WHOLE WHITE  
or CREMINI MUSHROOMS**  
product of Ontario  
champignons  
20775805\_EA/20776239\_EA

1<sup>49</sup>



**GREEN ONIONS**  
product of Mexico or U.S.A.  
onions verts  
20107500001\_EA

\$2<sup>00</sup>  
LB



**PINK LADY APPLES**  
product of Ontario, Canada fancy grade  
4.41/kg  
pommes  
20093376001\_KG

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES

3-5 kg  
**\$18**  
each

5-7 kg  
**\$23**  
each

7-9 kg  
**\$30**  
each

9-11 kg  
**\$35**  
each



**TURKEY**  
frozen  
dinde  
21209103\_EA

Sides not included, but they are recommended

**14<sup>99</sup>**  
LB



**PC® FREE FROM® AUSTRALIAN LAMB LOIN CHOPS**  
côtelettes de longe d'agneau  
33.05/kg  
20664357\_KG



**\$13**  
LB

**INSIDE ROUND STIR FRY STRIPS**  
cut from Canada AA grade beef or higher  
lanières à sauter d'intérieur de ronde  
28.66/kg  
21189996\_KG

**5<sup>49</sup>**  
LB



**NO NAME® PORK COTTAGE ROLL**  
soc de porc roulé  
12.10/kg  
20188379\_KG



**12<sup>99</sup>**

**MARCANGELO SOUVLAKI KABOBS**  
selected varieties, 480/640 g  
brochettes  
21041735\_EA

**2<sup>50</sup>**



**MAPLE LODGE FARMS or ZABIHA HALAL CHICKEN WIENERS**  
selected varieties, 450 g  
saucisses fumées de poulet  
20062715\_EA

**\$6**



**SCHNEIDERS JUICY JUMBOS or SMOKED SAUSAGES** 375/450 g or **SCHNEIDERS BOLOGNA** 500 g, selected varieties  
saucisses ou bologne  
20039186\_EA/20105611\_EA

**\$13**



**NO NAME® CHICKEN WINGS**  
selected varieties, frozen, 908 g  
ailes de poulet  
21045309\_EA

**\$4**



**SUMMER FRESH SALAD**  
selected varieties, 300 g  
salade  
20170357\_EA

**\$6**



**PILLER'S KOLBASSA** 250-375 g, **SLICED PEPPERONI** 175/250 g or **MASTRO CHUB** 300 g  
selected varieties  
kolbassa ou pepperoni tranché ou saucisson  
20049268\_EA/20308469\_EA

**\$9**



**PC® FRESH POT PIE**  
selected varieties, 550-575 g  
pâtés  
21682000\_EA

**\$5**



**ALEXIS DE PORTNEUF BRIE, CAMEBERT or CARONZOLA CHEESE**  
selected varieties, 125 g  
fromage  
20315135\_EA

**\$6**



**ACE BAKERY ROLLS**  
selected varieties  
640-840 g  
petits pains  
21596355\_EA

**\$10**



**PC® CREAM PIES**  
selected varieties, frozen  
730 g  
tartes à la crème  
21586299\_EA

**2<sup>85</sup>**



**WONDER BALLPARK BUNS**  
selected varieties  
6/8's  
petits pains  
21022027\_EA/21022316\_EA

**\$3**



**COUNTRY HARVEST BREAD** 600 g or **BAGELS** 6's  
selected varieties  
pain ou bagels  
21178597\_EA/21178642\_EA

**3<sup>50</sup>**



**PC® CINNAMON RAISIN BREAD** 675 g or **PC® HOT CROSS BUNS** 8's  
pain cannelle et raisins ou brioches  
20639729\_EA/21577822\_EA

**\$7**



**OKA CHEESE**  
selected varieties  
190 g  
fromage  
20920756\_EA



**\$5**



**MONSIEUR GUSTAV GOUDA** 170 g, **DOUBLE CRÈME BRIE** or **CAMEBERT** 125 g **CHEESE**  
selected varieties  
fromage  
21397420\_EA

**\$5**



**AGROPUR NOTRE-DAME BRIE** or **L'EXTRA CAMEBERT CHEESE**  
selected varieties, 170 g  
fromage  
20016313\_EA

# BIG EASTER DEALS!



3 LB BAG

2 LB BAG

3<sup>99</sup>

**FARMER'S MARKET™ LEMONS**  
product of U.S.A. or **FARMER'S MARKET™ ORANGES**  
product of Morocco or Spain  
citrons ou oranges  
20795315001\_EA/20162945001\_EA

\$5



**WATERVIEW MARKET CRISPY CALAMARI**  
frozen  
300 g  
calmars croustillants  
21454797\_EA



\$9

**PC® COOKED WHITE PEELED SHRIMP**  
frozen, 31-40 per lb,  
400 g  
crevettes blanches  
décortiquées cuites  
20791381\_EA

\$9



**SEAQUEST® WILD PINK SALMON FILLETS**  
frozen  
700 g  
filets de saumon rose sauvage  
21592064\_EA



**ATLANTIC SALMON FILLET**  
405 g  
filet de saumon de l'Atlantique  
21634491\_EA

\$16

\$5



**BASA FILLET**  
previously frozen, 300 g  
filet de pangasus  
21634501\_EA

\$6



**SEAQUEST® SHRIMP RING**  
frozen, 227 g  
couronne de crevettes  
20080289\_EA

\$4



**AURORA ITALIAN STYLE BREAD CRUMBS**  
680 g  
chapelure  
20184061\_EA

6<sup>50</sup>



**CLUB HOUSE DILL WEED**  
50 g  
aneth  
20139519\_EA

2<sup>49</sup>



**PC® MUSTARD**  
selected varieties  
325 mL  
moutardes  
20050452001\_EA

\$3



**PC® SEAFOOD SAUCE**  
selected varieties, 250 mL  
sauce pour fruits de mer  
20023348002\_EA

3<sup>99</sup>



**PC® TARTAR SAUCE**  
250 mL  
sauce tartare  
20011012\_EA

2<sup>50</sup>



**NO NAME® LIME JUICE** 445 mL  
or **LEMON JUICE** 946 mL  
jus de lime ou jus de citron  
20642381\_EA/20971992\_EA

\$2



**MCCAIN FRIES**  
selected varieties, frozen, 800 g  
frites  
21521173\_EA

Earn  
**10,000**  
pts

For every \$20\*  
spent on

That's  
**\$10**  
value



**Optimum™**

**HERSHEY'S EASTER CHOCOLATE/CANDY**  
selected varieties  
34-900 g  
chocolat ou bonbons  
20268183001\_EA/20526640\_EA

# BIG EASTER DEALS!



**SAVE 21%**

**ONLY**

**6<sup>50</sup>**



**LIBERTÉ GREEK** 650/750 g or **YOPLAIT SOURCE** 16x100 g **YOGURT** selected varieties yogourt

20317317001\_EA/20642273\_EA

**ONLY**

**\$1**

**NO NAME® CHEESE BARS** selected varieties 200 g barres de fromage 20331973\_EA

**ONLY**

**6<sup>50</sup>**



**DEL MONTE JUICE BLENDS** selected varieties, refrigerated, 2.5 L mélanges de jus 21437174\_EA/21595736\_EA

**YOPLAIT YOP DRINKABLE YOGURT** selected varieties, 200 mL yogourt à boire 21478178\_EA/21478300\_EA

**SAVE UP TO 33%**

**2<sup>99</sup>**

**IMPERIAL MARGARINE** 427 g or **BECEL PLANT BASED BRICKS** 454 g selected varieties margarine ou briques à base de plantes 20152424\_EA

**\$5**



**INTERNATIONAL DELIGHT COFFEE ENHANCERS** 946 mL or **COLD FOAM** 396 g selected varieties colorants à café ou mousse froide 21439782\_EA

**3<sup>50</sup>**



**PC® VEGETABLES** 300-750 g or **CATCH OF THE DAY FISH FILLETS** 350 g selected varieties, frozen légumes ou filets de poisson 20318915\_EA/21020919\_EA

**\$9**



**PC® BLACK LABEL PIZZA** selected varieties, frozen 370-440 g pizza 21531415\_EA

**5<sup>50</sup>**



**PC® FROZEN FRUIT** selected varieties, frozen 300-600 g fruits surgelés 20313227\_EA

**6<sup>29</sup>**



**KRAFT PEANUT BUTTER** selected varieties 750 g/1 kg beurre d'arachide 20039581001\_EA/20039581005\_EA

**2<sup>50</sup>**



**TOWNHOUSE** 247-391 g or **CHEEZ-IT SNAP'D CRACKERS** 213 g selected varieties craquelins 21107403\_EA/21451181\_EA

**\$4**



**TOSTITOS** 215-295 g or **DORITOS** 210/205 g **TORTILLA CHIPS** selected varieties croustilles 21050575\_EA/21693042\_EA

**\$3**



**ANGIE'S BOOM CHICKA POP POPCORN** or **PUFFS** selected varieties 136-198 g maïs éclaté ou grignotines soufflées 20811709\_EA

**\$4**



**PC® 100% JUICE BOXES** selected varieties, 8x200 mL jus en boîte 21718742\_EA/21718947\_EA

**13<sup>99</sup>**



**COCA-COLA** or **PEPSI SOFT DRINKS** selected varieties, 24x355 mL boissons gazeuses 20306687002\_C24/20308197001\_C24

**.79**



**FRANCO AMERICAN GRAVY** selected varieties 284 mL sauce brune 20063534\_EA

**1<sup>29</sup>**



**STOVE TOP STUFFING** selected varieties 120 g farce 20310507001\_EA

**2<sup>79</sup>**



**NO NAME® CROUTONS** selected varieties 145 g croustons 21096223\_EA/21096226\_EA

**1<sup>69</sup>**



**NO NAME® EVAPORATED MILK** selected varieties 354 mL lait évaporé 21040510\_EA/21040543\_EA

**5<sup>50</sup>**



**KELLOGG'S FAMILY SIZE CEREAL** selected varieties 450-650 g céréales 21430748\_EA/21652002\_EA

**19<sup>99</sup>**



**TIDE LIQUID** 3.46/3.9 L or **PODS** or **FLINGS** 45/76's **LAUNDRY DETERGENT** or **CASCADE AUTO DISHWASHER TABS** 51-90's selected varieties détergent à lessive ou capsules de détergent pour lave-vaisselle 21593670\_EA/21516545\_EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. \*\*Must be a registered PC Optimum™ member to get this offer.

**MARCH**

**HIT  
OF THE  
MONTH**

**\$1.75**



🍁 Made in Canada

**Quaker Chewy Granola Bars**

Selected varieties, 120 g

Limit: 6, over limit retail \$2.50

21359366\_EA/21359369\_EA

**454 G**

**\$4.75**



🍁 Prepared in Canada

**PC® Dips**

Selected varieties, 454 g

Limit: 6, over limit retail \$6.00

20584098\_EA

**\$3.33**



**Christie Family Size Crackers**

Selected varieties, 328-454 g

Limit: 6, over limit retail \$4.00

20686037\_EA/21189848\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.  
Offer valid March 1st - 31st, 2026 while quantities last.  
We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

# BRANDS YOU LOVE AT LOW PRICES

\$5



**NO NAME® STIRRED YOGURT**  
selected varieties  
12x100 g  
yogourt  
20685574001\_EA



4.79

**CRACKER BARREL NATURAL CHEESE SLICES**  
selected varieties  
200-240 g  
tranches de fromage naturel  
21290705\_EA

9.99



**BASKIN ROBBINS ICE CREAM**  
946 mL or **NOVELTIES** 4's  
selected varieties, frozen  
crème glacée ou friandises glacées  
21721551\_EA/21721501\_EA



5.50

**PC® ASIAN SOUPS, ENTREES or SIDE DISHES**  
selected varieties, frozen,  
280-400 g  
soupes ou plats cuisinés ou plats  
d'accompagnement  
21546625\_EA/21565996\_EA

5.99



**NEILSON TRUTASTE LACTOSE FREE or PROTEIN MILK**  
selected varieties  
1.89/2 L  
lait  
20188053001\_EA

4.29



**SIMPLY DRINKS or LEMONADE**  
selected varieties, refrigerated, 1.54 L  
boissons ou limonade  
21170784\_EA/21170793\_EA

5.50



**PC® DRY ROASTED PEANUTS 700 g, CASHEWS or DELUXE MIXED NUTS 200 g**  
selected varieties  
arachides ou noix de cajou ou mélange de noix  
20057990003\_EA/21034943\_EA

3.49



**KETTLE BRAND CHIPS**  
selected varieties, 156/198 g  
croustilles  
21520652\_EA/21520692\_EA

1.50



**GATORADE SPORT DRINKS**  
selected varieties  
710 mL  
boissons désaltérantes  
20305775003\_EA/213357037\_EA

8.50



**PC® DE-ALCOHOLIZED WINE**  
selected varieties  
750 mL  
vin désalcoolisé  
21045602\_EA/21045800\_EA

1.50



**CAMPBELL'S BROTH**  
selected varieties  
250/900 mL  
bouillon  
20322348001\_EA/21347245\_EA

6.50



**ANNIE'S ORGANIC GRAHAM SANDWICHES or BUNNY FRUIT SNACK PACK**  
selected varieties, 198/226 g  
sandwichs ou collations aux fruits  
21547875\_EA/21674381\_EA

2.50



**QUAKER CRISPY MINIS**  
selected varieties, 100-199 g  
mini-galette de riz  
20163708002\_EA/20303002001\_EA

1.57



**OCEAN SPRAY WHOLE BERRY CRANBERRY SAUCE**  
selected varieties, 348 mL  
sauce aux canneberges  
20022893001\_EA

\$3



**CLOVER LEAF WHITE TUNA 170 g or FLAKED PINK SALMON 142 g**  
selected varieties  
thon blanc ou saumon rose en flocons  
20167571\_EA/21178602\_EA

\$6



**MINUTE RICE**  
selected varieties  
1.2/1.4 kg  
riz  
20074783001\_EA

2.69



**UNICO PASSATA 680 mL or DE CECCO PASTA 454 g**  
selected varieties  
passata ou pâtes  
20416260\_EA/21056284\_EA

3.29



**VH COOKING or DIPPING SAUCE**  
selected varieties  
341-380 mL  
sauces à cuisson ou à trempette  
20984013\_EA

4.99



**VLASIC PICKLES**  
selected varieties  
1 L  
cornichons  
20055863001\_EA

3.99



**FRANK'S RED HOT, THICK or SQUEEZE SAUCE**  
selected varieties  
354 mL  
sauce  
20187632001\_EA

# BRANDS YOU LOVE AT LOW PRICES

\$2

**NEILSON FLAVOURED MILK**  
selected varieties  
1 L  
lait aromatisé  
20062332001\_EA



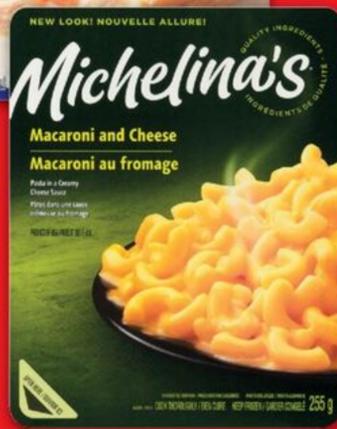
\$3

**NO NAME® SLICES PROCESSED CHEESE PRODUCT**  
selected varieties  
400 g  
produit de fromage fondu  
21220995\_EA



349

**KELLOGG'S EGGO WAFFLES**  
selected varieties, frozen  
8's  
gaufres  
20302779\_EA



150

**MICHELINA'S DINNER ENTREES** 156-284 g or **SWANSON POT PIE** 200 g  
selected varieties, frozen  
plats cuisinés ou pâté  
20320525001\_EA/21208614\_EA

550



**TASTIEZ**  
selected varieties, frozen, 311 g  
triangles de macaroni au fromage  
21691571\_EA

279

**FRUITOPIA, PEACE TEA or FRUITE BEVERAGES**  
selected varieties,  
refrigerated  
1.54/1.75 L  
boissons  
20347440001\_EA/21595842\_EA



275



**PC® KETTLE, LOADS OF or WORLD OF FLAVOURS POTATO CHIPS**  
selected varieties, 200 g  
croustilles  
20840911002\_EA/21422931\_EA

\$3



**POST CEREAL**  
selected varieties, 311-525 g  
céréales  
20299648\_EA/21427214\_EA

250



**GRISSEL MELBA TOAST, CANAPE or BAGUETTES**  
selected varieties, 120-200 g  
biscottes  
21033188\_EA

\$5

**QUAKER BAKING MIXES or OAT FLOUR**  
selected varieties  
700/900 g  
mélange ou  
farine d'avoine  
20301064001\_EA



255



**NO NAME® MARSHMALLOWS**  
selected varieties, 400 g  
guimauves  
20304672001\_EA/20304672002\_EA

549



**PRANA GRANOLOVE ORGANIC GRANOLA**  
selected varieties, 300 g  
granola  
21393188\_EA

799



**MAXWELL HOUSE or NABOB TASSIMO COFFEE DISCS**  
selected varieties, 8-16's  
capsules de café  
20026954001\_EA

499



**NESCAFÉ SWEET & CREAMY INSTANT COFFEE 144-351 g or AGGA COFFEE CAPSULES 10's**  
selected varieties  
café instantané ou capsules de café  
21363371\_EA/21307021\_EA

\$3



**PC® TEA or HERBAL TEA**  
selected varieties, 20's  
thé  
20308417\_EA/20627612001\_EA

1099



**MAZOLA CORN OIL**  
2.84 L  
huile de maïs  
20015260\_EA

\$4



**QUAKER CEREAL** 350-500 g or **HARVEST CRUNCH** 400-510 g  
selected varieties  
céréales  
21082500\_EA/21219824\_EA

350



**PEARL MILLING COMPANY PANCAKE MIX** 905 g or **ORIGINAL SYRUP** 710 mL  
selected varieties  
mélange à crêpes ou sirop  
21384609\_EA/21391619\_EA

\$9



**NO NAME® HONEY** 1 kg or **FLOURISH PANCAKE MIX** 430 g  
selected varieties  
miel ou mélange à crêpes  
20033683\_EA/21375781\_EA

**Optimum**

**PC® CHOCOLATE COVERED FRUITS, NUTS** 250-400 g or **CHOCOLATE BAR** 300 g  
selected varieties  
fruits ou noix  
enrobés de  
chocolat ou barre  
de chocolat  
20000356\_EA/  
20307295\_EA

Member Price  
**\$7.50**

Non-Members  
**\$8**

Member Price  
**50¢**

# BRANDS YOU LOVE AT LOW PRICES

**\$15**



**CASCADE DISHWASHER TABS**  
selected varieties  
30-48's  
capsules de détergent  
pour lave-vaisselle  
21012357\_EA/21507156\_EA



**5.50**

**LYSOL WIPES 75/84's, DISINFECTANT SPRAY 350 g or MULTI PURPOSE TRIGGER 950 mL**  
selected varieties  
lingettes ou vaporisateur  
désinfectant ou tout usage à  
gâchette  
20314511001\_EA/21449826\_EA

**\$18**



**POISE PADS or DEPENDS UNDERWEAR**  
selected varieties, 12-66's  
serviettes ou sous-vêtements  
21023579\_EA/21302119\_EA

**4.50**



**ZIPLOC STORAGE BAGS**  
selected varieties, 10-90's  
sacs de rangement  
20871415\_EA/20871443\_EA

**\$2**



**GLAD CLING WRAP**  
30 m  
pellicule plastique  
20003818\_EA

**2.50**



**PALMOLIVE DISHWASHING LIQUID**  
selected varieties  
591/828 mL  
détergent liquide à vaisselle  
20861400\_EA/21004388\_EA

**5.50**



**NO NAME® NAPKINS**  
club size  
500's  
serviettes  
20306897\_EA

**UP TO 20% OFF**



**NO NAME® FOILWARE**  
selected varieties and sizes  
articles en aluminium  
20861912\_EA/20870356\_EA

**\$3**



**PLASTIC EASTER EGGS**  
œufs de Pâques en plastique  
21668702\_EA

**\$3**



**OVAL EASTER BASKET**  
panier de Pâques ovale  
21668634\_EA

**\$8**



**PC® CHARITY BUNNY**  
lapin  
21687563\_EA/21687564\_EA

Earn  
**10,000**  
pts  
For every \$50\*  
spent on

That's  
**\$10**  
value



**Optimum™**

**HUGGIES IN THE BABY DEPARTMENT**  
selected sizes and varieties  
produits du rayon pour bébé  
20963841\_EA/21371199\_EA/  
21172501\_EA/21456748\_EA/21401195\_EA

**NEW  
LOWER  
PRICES**



**5.50**

**TRE STELLE TUBS**  
selected varieties  
200-475 g  
contenants de fromage  
21364404\_EA



**2.50**

**HOSTESS SNACK CAKES**  
selected varieties  
202-231 g  
petits gâteaux  
21283752\_EA



**3.50**

**LEAN GROUND PORK**  
450 g  
porc haché maigre  
21646160\_EA



**\$9**

**PC® BUTTERFLIED SHRIMP**  
breaded, frozen, 400 g  
crevettes en papillon  
20080117\_EA

**3.50**

**OIKOS GREEK YOGURT**  
selected varieties, 4x95/100 g  
yogourt grec  
20419715001\_EA/20419715004\_EA

**3.99**

**PHILADELPHIA CREAM CHEESE PRODUCT**  
selected varieties, 227/250 g  
produit de fromage à la crème  
20641267\_EA/20866924010\_EA

**\$5**

**MAPLE LEAF READY CRISP BACON or FULLY COOKED BREAKFAST SAUSAGES**  
selected varieties, 65/300 g  
bacon ou saucisses à déjeuner entièrement cuites  
20164959\_EA/21094887\_EA

**\$5**

**AMOOZA! TWISTS CHEESE SNACKS**  
selected varieties, 228 g  
collations au fromage  
21403514\_EA

**5.25**

**LACTANTIA ULTRAPUR MILK**  
selected varieties  
1.5 L  
lait  
21694605\_EA

**6.50**

**EARTH'S OWN CREAMER**  
selected varieties  
refrigerated  
946 mL  
colorant à café  
21576699\_EA/21576791\_EA

**\$3**

**PILLSBURY POPS 380 g, SCRAMBLES 204 g or TOASTER STRUDEL 326 g**  
selected varieties, frozen  
pizza ou pâtisserie  
21436023\_EA

**\$4**

**PC® ORGANICS VEGETABLES**  
selected varieties, frozen, 500 g  
légumes  
20416869001\_EA/20416869002\_EA

**4.25**

**OASIS SMOOTHIES or HEALTH-BREAK**  
selected varieties, refrigerated, 1.6 L  
boissons fouettées  
21529899\_EA/21529910\_EA

**\$7**

**CARBONAUT BREAD**  
selected varieties, 544/550 g  
pain  
21446964\_EA

**NEW  
LOWER  
PRICES**



**\$5**

**BEN & JERRY'S ICE CREAM 473 mL or MAGNUM NOVELTIES 3's** selected varieties, frozen crème glacée ou friandises glacées  
20950739\_EA/21428403\_EA

**\$5**

**5.50**

**4.50**



**KELLOGG'S EGGO WAFFLES 16's or PROTEIN 8's** selected varieties, frozen gaufres  
20099730004\_EA/21639330\_EA

**CHAPMAN'S PREMIUM ICE CREAM** selected varieties, frozen, 2 L crème glacée  
20323573001\_EA

**HUNGRY-MAN DINNER ENTREES** selected varieties, frozen 360-455 g plats cuisinés  
20296014002\_EA

**\$5**

**4.50**

**8.50**

**2.75**



**ROYALE BATHROOM TISSUE 8=16 ROLLS or ROYALE FACIAL TISSUE 6x100 SHEETS** selected varieties papier hygiénique ou mouchoirs  
20702419\_EA/21378574\_EA

**NANAK PANEER 341 g** paneer  
21286158\_EA

**BRAR'S BBQ VEGGIE BURGER** frozen, 690 g burgers végété  
21636401\_EA

**NESTLÉ KIT KAT or AERO CHOCOLATE TABLET** selected varieties, 95-105 g chocolat  
20640580\_EA/21648521\_EA

**\$3**

**3.77**

**1.75**

**2.25**



**GOGO SQUEEZ FRUIT SAUCE POUCHES** selected varieties, 4x90 g sachets de sauce aux fruits  
20322697002\_EA

**OLD EL PASO DINNER KITS** selected varieties, 250-510 g frousses à taco  
20795534\_EA/20795536\_EA

**KNORR SIDEKICKS** selected varieties, 120-162 g pâtes  
20321430007\_EA/20321430011\_EA

**CAMPBELL'S CHUNKY SOUP** selected varieties, 515 mL soupe  
21480447\_EA

**\$5**

**\$13**

**4.50**

**2.50**



**MAXWELL HOUSE INSTANT COFFEE** selected varieties, 150 g café instantané  
21026608\_EA

**PUREX 4.08-4.43 L or SUNLIGHT 4 L LIQUID LAUNDRY DETERGENT, SNUGGLE FABRIC SOFTENER 2.77 L or DRYER SHEETS 200's** selected varieties détergent ou assouplissant ou feuilles pour sècheuse  
20083525002\_EA/21427042\_EA

**WINDEX GLASS CLEANER 765 mL, SCRUBBING BUBBLES 946/950 mL or FANTASTIK 650 mL** nettoyant  
20125323001\_EA/21666832\_EA

**TEMPTATIONS PURÉES 48 g or SPOONS 40 g CAT TREATS** selected varieties gâteries pour chats  
21479803\_EA/21585483\_EA

**\$6**

**\$3**

**\$7**

**\$5**



**HUY FONG SRIRACHA SAUCE** 714 mL sauce sriracha  
20074956\_EA

**HARDBITE POTATO CHIPS** selected varieties, 128/150 g croustilles  
20370855001\_EA/21157616\_EA

**BILLY BEE HONEY** 500 g miel  
20724504\_EA

**BONNE MAMAN JAM** selected varieties, 250 mL confiture  
20307313001\_EA/20307313006\_EA

# PET ESSENTIALS AT LOW PRICES

**.80**

**WHISKAS WET CAT FOOD POUCH**  
selected varieties  
85 g  
sachet de nourriture humide  
pour chats  
21659470\_EA



**.90**

**PEDIGREE WET DOG FOOD POUCH**  
selected varieties  
100 g  
sachet de nourriture humide  
pour chiens  
21659518\_EA



**975**

Earn  
**500**  
pts

That's  
**50¢**  
value



**CALEDON FARMS DOG TREATS**  
selected varieties  
110-550 g  
gâteries pour chiens  
21619879\_EA

**799**

Earn  
**1,500**  
pts

That's  
**\$1**  
value



**MEOW MIX CAT FOOD**  
selected varieties  
1.36/1.42 kg  
nourriture pour chats  
21586251\_EA

**\$10**



**FANCY FEAST PUREES CAT TREATS**  
selected varieties, 16x10 g  
gâteries pour chats  
21661758\_EA

**\$18**



**IAMS DOG FOOD**  
selected varieties  
2.72/3.18 kg  
nourriture pour chiens  
20912435\_EA

**\$3**



**PC NUTRITION FIRST WET DOG FOOD**  
selected varieties, 374 g  
nourriture humide pour chiens  
21359232\_EA

**\$30**



**PC NUTRITION FIRST DRY DOG FOOD**  
selected varieties  
7 kg  
nourriture sèche pour chiens  
21304726\_EA

**115**



**PC NUTRITION FIRST WET CAT FOOD**  
selected varieties  
85 g  
nourriture humide pour chats  
21359618\_EA

**1050**



**PC EXTRA MEATY DRY CAT FOOD**  
selected varieties  
2 kg  
nourriture sèche pour chats  
21361590\_EA

# BIG EASTER DEALS!



**\$8**

**PC® CHARITY BUNNY**  
lapin  
21687563\_EA/21687564\_EA

**1.25**

**CADBURY MINI EGGS** 33 g or  
**CRÈME EGGS** 34 g  
selected sizes and varieties  
œufs en chocolat  
20831065\_EA



**2.50**

**JOLLY RANCHER GUMMIES,**  
**TWIZZLERS BUNNIES** 200 g  
or **CADBURY SWEET MILK**  
**CHOCOLATE EGGS** 150 g  
selected varieties  
friandises  
21065056\_EA/21693835\_EA

**3.50**



**4.50**

**CADBURY CRÈME EGGS** 3's,  
**LINDOR LINDOR EGGS** 3's or  
**PEEPS MARSHMALLOWS** 85 g  
chocolat ou poussins en guimauve  
20077202\_EA/21485296\_EA



**LINDT MINI EGG** 100 g,  
**KINDER HOLLOW BUNNY** 75 g,  
or **KINDER MINI FRIENDS** 20 g or  
**DARE REAL FRUIT BUNNY** 225 g  
selected varieties  
friandises  
20187234\_EA/21549623\_EA

**\$5**



**HERSHEY'S POUCHES** 185-340 g or  
**HERSHEY'S MULTI'S** 4's or **HERSHEY'S SOLID BUNNY** 150 g  
selected varieties  
chocolat  
21628340\_EA

**\$7**



**LINDT BUNNY** 100 g/ 5's or  
**CHOCOLATE EGG POUCHES** 180 g  
selected varieties  
chocolat  
20046002\_EA/21628561\_EA

**\$12**



**KINDER MAXI PLUSH**  
116-150 g or **LINDT BUNNY** 200 g  
selected varieties  
peluche ou chocolat  
20012895\_EA

**\$18**



**CADBURY MINI EGGS**  
875 g  
œufs en chocolat  
21625042\_EA



Optimum™

# App exclusive offers

## More offers More points

### LOAD YOUR DIGITAL COUPONS IN 6 EASY STEPS

1. Open your PC Optimum app and go to **Offers**
2. Tap **Digital Coupons**
3. Select **"Click here to add your Digital Coupons"**
4. Tap **"Select Offer"** on the coupons you want
5. Tap **"Add Offer"** – you're done!

Members  
get over

**\$25**

in value

CLICK FOR  
THESE COUPONS  
AND MORE



Optimum™



**BOOST READY-TO-DRINK  
PRODUCT**  
6x237 mL or 4x325 mL  
supplément nutritif

Save  
**\$2**  
with digital  
coupon

Optimum™



**PC® SPLENDIDO  
SLICED MEATS**  
100 g  
viandes tranchées

Earn  
**1,000**  
pts  
Until April - 8 - 2026

Optimum™



**PC® PORTUGUESE  
CUSTARD  
TARTS**  
360 g  
tartelettes  
portugaises  
à la crème pâtissière

Earn  
**1,000**  
pts  
Until April - 8 - 2026

Optimum™



**PC® LOADS  
OF ICE  
CREAM**  
1.5 L  
crème glacée

Earn  
**1,000**  
pts  
Until April - 8 - 2026

Optimum™



**PC® BLACK LABEL  
ICE CREAM**  
500 mL  
crème glacée

Earn  
**750**  
pts  
Until April - 8 - 2026

Optimum™



**PC® TOPPED  
HUMMUS**  
280  
hummus  
garni

Earn  
**1,000**  
pts  
Until April - 8 - 2026

Optimum™



**PC® SPRING  
ROLLS**  
574 g  
rouleaux de printemps

Earn  
**1,500**  
pts  
Until April - 8 - 2026

Optimum™



**PC® KETTLE  
CHIPS**  
200 g  
croustilles

Earn  
**500**  
pts  
Until April - 8 - 2026

Optimum™



**PC® SPLENDIDO  
EXTRA  
VIRGIN  
OLIVE OIL**  
1 L  
huile d'olive

Earn  
**2,000**  
pts  
Until April - 8 - 2026

Optimum™



**PC® CHOCOLATE  
CHIPS**  
226-300 g  
brisures de chocolat

Earn  
**750**  
pts  
Until April - 8 - 2026

Optimum™



**PC® 3 PLY  
FACIAL TISSUES**  
mouchoirs

Earn  
**1,000**  
pts  
Until April - 8 - 2026

# More offers. More points.

CLICK FOR  
THESE COUPONS  
AND MORE



Optimum



Earn  
**500**  
pts

Until April - 8 - 2026

**NO NAME®  
GARLIC TOAST**  
16's  
toast à l'ail

Optimum



Earn  
**1,000**  
pts

Until April - 8 - 2026

**NO NAME® POTATO AND  
CHEDDAR PEROGIES**  
2 kg  
perogies

Optimum



Earn  
**1,000**  
pts

Until April - 8 - 2026

**NO NAME®  
LONG GRAINED RICE**  
2 kg  
riz

Optimum



Earn  
**750**  
pts

Until April - 8 - 2026

**NO NAME®  
PEANUT  
BUTTER**  
1 kg  
beurre d'arachide

Optimum



Earn  
**500**  
pts

Until April - 8 - 2026

**NO NAME®  
CHOCOLATE  
BARS**  
100 g  
barres de chocolat

Optimum



Earn  
**250**  
pts

Until April - 8 - 2026

**PC® SUPER  
SOFT  
BATHROOM  
TISSUE**  
papier hygiénique

Optimum



Earn  
**5,000**  
pts

Until April - 8 - 2026

**PC® LAMB, BROWN  
RICE & PEA DOG FOOD  
RECIPE**  
nourriture pour chiens

Optimum



Earn  
**1,000**  
pts

Until April - 8 - 2026

**PC® LARGE HEAVY  
DUTY FREEZER BAGS**  
sacs à congélation

Optimum



Earn  
**500**  
pts

Until April - 8 - 2026

**PC® DISHWASHING  
LIQUID SOAP**  
740 mL  
détergent liquide à vaisselle

# HAPPY VAISAKHI!

ਵਿਸਾਖੀ ਦੀਆਂ ਵਧਾਈਆਂ!



**1<sup>99</sup>**  
LB

**GINGER ROOT** product of China or  
**LONG EGGPLANT** product of Mexico  
racine de gingembre ou aubergine longue  
4.39/kg

20179038001\_KG/20159013001\_KG



**7 LB BAG**  
**4<sup>99</sup>**  
LB

**RED ONIONS**  
product of Canada or  
U.S.A., no. 1 grade  
oignons rouges  
21614337001\_EA



**.99**

**BUNCH MINT**  
product of Mexico or  
Colombia or **CHAYOTE**  
**SQUASH** product of  
Mexico  
menthe en botte ou chayote  
20139326001\_EA/20167837001\_EA



**2<sup>99</sup>**  
EA/LB

**INDIAN EGGPLANT** 6.59/kg, product of U.S.A.  
or Mexico, **INDIAN KARELA** 6.59/kg, product  
of Mexico or **RAPINI** each, product of U.S.A.  
aubergine indienne ou karela indienne ou rapini  
20055882001\_KG/20028046001\_KG



**3<sup>99</sup>**  
LB

**OKRA**  
product of U.S.A.  
gombo  
8.80/kg  
20091263001\_KG



**1<sup>69</sup>**

**METHI LEAF**  
product of Mexico or U.S.A.  
bunch  
feuilles de fenugrec  
20159689001\_EA

**3<sup>49</sup>**

**CRISPY ROTI**  
selected varieties  
15's  
roti  
21195569\_EA



**3<sup>99</sup>**

**CRISPY CAKE RUSK**  
original, 550 g  
petits gâteaux  
21700202\_EA



**3<sup>99</sup>**

**PC® GREEN THAI, RED THAI or FINGER HOT PEPPERS**  
product of Mexico or Vietnam  
piments forts

21454748001\_EA/21454049001\_EA/21454495001\_EA



**5<sup>99</sup>**

**BRAR'S SAMOSA**  
selected varieties, frozen, 624 g  
samosas  
21000033\_EA



**.39**

**MAGGI MASALA NOODLES**  
selected varieties  
70 g  
nouilles masala  
20802664\_EA



**3<sup>99</sup>**

**SURAJ® DRY BEANS or LENTILS**  
selected varieties, 1.8 kg  
lentilles ou haricots secs  
20558757\_EA/20558758\_EA



**2<sup>79</sup>**

**SURAJ® TURMERIC**  
400 g  
curcuma  
20617737\_EA



**12<sup>99</sup>**

**BRAR'S DESI GHEE**  
800 g  
ghee  
20869886\_EA



**3<sup>99</sup>**

**SURAJ® COCONUT OIL 500 mL, ALMOND OIL 237 mL or DABUR MUSTARD OIL 500 mL**  
huile de noix de coco ou huile d'amande  
ou huile de moutarde  
20983644\_EA/21000535\_EA



**.99**

**PARLE-G ORIGINAL 300 g or BRITANNIA GOOD DAY BISCUITS 75 g**  
selected varieties  
biscuits  
20840892003\_EA/20956495\_EA



**\$8**

**TEA INDIA 681 g or TATA TEA AGNI 1 kg**  
thé  
20177173\_EA



**5<sup>99</sup>**

**DESI-LICIOUS ICE CREAM**  
selected varieties,  
frozen, 1 L  
crème glacée  
20847564001\_EA





**Express™**

**Online grocery pickup & delivery**

# SHOP ONLINE, GET IT DELIVERED.

Get **\$15 in PC Optimum™ points** on each of your first 5 eligible online grocery orders\*. Use code **TRYNF**

That's up to **\$75** in points!

**SHOP NOW**



No Frills® delivery is available at select stores. Visit [nofrills.ca](http://nofrills.ca) or use the **PC Express** app to see if delivery is available in your area.

# GET FLYER TO YOUR EMAIL.

## STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

## STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)\*



\*Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

# MORE WAYS TO SAVE

**NEW  
LOWER  
PRICES**

Enjoy these price drops for longer.

**RAIN  
CHECK  
+ pts**

We'll honour a current deal if we're sold out, and give 10% in PC Optimum points.

**ALWAYS**

Count on low everyday prices.

**FRESH  
GUARANTEE**

If your produce isn't fresh, we'll replace AND refund it.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

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