

Effective March-April **TH 26** **FR 27** **SA 28** **SU 29** **MO 30** **TU 31** **WE 1** **2026**

EASTER
ESSENTIALS

MARC ANGELO
ITALIAN DELI
MEAT & CHEESE
STORES
BALDERSON
EXTRA MILD
CHEDDAR
EXTRA-PURE
100% NATURAL
5.99
ea.



FRONT STREET BAKERY
HOT CROSS BUNS
12.5 oz
125
points
value of \$1
3.99
ea.



KICKING HORSE
COFFEE 100%
QUILTED HARBORS
125
points
value of \$1
14.99
ea.



LACTANTIA CREAM
100% PURE
QUILTED HARBORS
3.49
ea.



6.99
ea.



PICK ONTARIO
FRESH CUT TULIPS
12.99
ea.



Irresistible

Shop these and more in-store or online

IRRESISTIBLE
MEATBALLS
MEATBALLS
600 g (43)

8⁹⁹
ea.



IRRESISTIBLE
PARTY PACK
GOURMET SAUSAGE
PISTOCHIO
CHICKEN BITES
600 g (43)

8⁹⁹
ea.



IRRESISTIBLE
BATTERED
CAULIFLOWER BITES,
SAUSAGE ROLLS OR
LOADED POTATO TOTS
400 g (28)

5⁹⁹
ea.



IRRESISTIBLE
CHEESE STICKS
MILK CHOCOLATE
MILK CHOCOLATE

5⁹⁹
ea.



IRRESISTIBLE
COCONUT SHRIMP
CRISPY
BREADED CALAMARI
400 g (28)

10⁹⁹
ea.



IRRESISTIBLE
PACIFIC WHITE
SHRIMP
PACIFIC WHITE

10⁹⁹
ea.



\$ New Lower Prices



2 for \$7.00

Village of Villaggio
ITALIAN STYLE
BREAD, BUNS OR
SANDWICHES
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)



3.99

Village of Villaggio
CLASSICO
BREAD
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)



3.99

Wonder Bread
INDULGENT ITALIAN
TURKEY BREAST
12 BUNS/12 SANDWICHES
NET WT 2.0 LB (907g)



3.49

Castello Poudre
CUSCUTA CHICKEN
CHICKEN OR BURGERS
FORTUNA, DANKER BLUE
CHEESE OR CHICKEN
BURGERS
NET WT 1.0 LB (454g)

 Breton original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR	 Bear Paws original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR	 Skittles Candy MADE WITH REAL FRUIT 100% WHOLE GRAIN FLOUR	 Jalisco original MADE WITH REAL COOKIES OR CRACKERS 100% WHOLE GRAIN FLOUR	 ACTIVA 100% Fruitbox MADE WITH REAL FRUIT 100% WHOLE GRAIN FLOUR
3.49 ea.	3.49 ea.	3.49 ea.	6.99 ea.	6.99 ea.

4.99 ALCA DISINFECTANT, 1.6L GALLON
 4.99 FLOOR, 1.6L GALLON
 4.99 ROUNDY, 1.6L GALLON
 4.99 CHARMIN, 1.6L GALLON
 4.99 FLOOR, 1.6L GALLON
 4.99 ROUNDY, 1.6L GALLON
 4.99 CHARMIN, 1.6L GALLON

Learn with **mo!** rewards

50¢ **3.99**

MINUTE HAND ON FRUIT/POUR DRINKS
PEACH TEA OR PEACH ACID TEA TETRA
PEACH TEA OR PEACH ACID TEA TETRA

125¢
125¢/100ml (4.2 FL. OZ.)

3.99

KRIBBI SALAD DRESSING (4 FL. OZ.)
KRAUT SALAD DRESSING (4 FL. OZ.)
KRAUT SALAD DRESSING (4 FL. OZ.)

We reserve the right to limit quantities.
DESIGNATIONS TAKE PRECEDENCE OVER PHOTOS.
SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: metro.ca
Give us your opinion for a chance to
WIN \$1,000 in groceries

   

[illegible]

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16.99
ea.

SAVE UP TO
\$6

22.99*
ea.

BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2.99
ea.

SAVE UP TO
\$1.80

4.79*
ea.

LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5.99
ea.

SAVE UP TO
\$2

7.99*
ea.

IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3.99
ea.

SAVE UP TO
\$1

4.99*
ea.

TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12.99
ea.

SAVE UP TO
\$7

19.99*
ea.

IRRESISTIBLES
COFFEE CAPSULES
30 capsules
SELECTED VARIETIES



NOW
4.99
ea.

SAVE UP TO
\$1.50

6.99*
ea.

EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce

1.99
/lb

**LARGE SEEDLESS
NAVEL ORANGES**
PRODUCT OF U.S.A.
4.39kg

5.99
ea.

STRAWBERRIES 654g
PRODUCT OF U.S.A.
No. 1 Grade

1.99
/lb

SWEET POTATOES
PRODUCT OF DENMARK
4.39kg

2.99
/lb

HEIRLOOM TOMATOES
PRODUCT OF DENMARK
6.50kg

3.99
/lb

ORBI CLEMENTINES
PRODUCT OF SPAIN
8.30kg

1.99
/lb

**LARGE RED PRINCE
APPLES**
PRODUCT OF CANADA
4.39kg

4.99
ea.

FRENCH BEANS 400g
PRODUCT OF MEXICO

3.49
ea.

BOSTON LETTUCE 144g
PRODUCT OF CANADA

4.99
ea.

BLACK MISSION FIGS
PRODUCT OF MEXICO

5.99
/lb

**COTTON CANDY
GRAPE**
PRODUCT OF CHINA
13.25kg

99c
/lb

GREEN CABBAGE
PRODUCT OF DENMARK
1.10kg

3.99
/lb

BRUSSELS SPROUTS
PRODUCT OF DENMARK
8.30kg

3.99
ea.

GOLDENBERRIES 200g
PRODUCT OF COLOMBIA (MEXICO)

2.49
/lb

**LARGE BARTLETT
PEARS**
PRODUCT OF CANADA
4.49kg

3.99
ea.

MINI CUCUMBERS 500g
PRODUCT OF CANADA
No. 1 Grade

2.49
/lb

GREEN ZUCCHINI
PRODUCT OF CANADA
5.49kg

7.99
ea.

**SWEET BABY
BROCCOLI**
PRODUCT OF U.S.A.

3.99
ea.

**LARGE BABY
LETTUCE**
PRODUCT OF CANADA

4.99
ea.

**CURD SWEET POTATOES,
BUTTERNUT &
BUTTERNUT SQUASH** 400g

3.79
ea.

**BELLE GROVE
MUSHROOMS**
PRODUCT OF CANADA 270g

7.99
ea.

**MIYOKO'S
CHOCOLATE CARAMEL APPLES** 200g

5.99
ea.

**RONI'S
SALAD DRESSINGS**
100g (3.5oz)
COLLECTED VARIETIES

5.99
ea.

**WORSHIPFUL
IN-SHELL POTATOES**
PRODUCT OF CANADA
1.10kg

2.99
ea.

**BROCCISLETTE
HERBS** 70g
PRODUCT OF CANADA

2.49
ea.

**ASSORTED COLOUR
CARROTS** 1.10kg
PRODUCT OF CANADA

Sliced & Diced

9.99
ea.

PUMPERNICKEL TRAYS WITH DIP (10 1/2")
STRAWBERRY PUMPERNICKEL TRAY WITH CHOCOLATE DIP (10 1/2")
SMALL PRUIT TRAY (10 1/2")

14.99
ea.

NACHO PATTERN (10 1/2")
FAMILY SIZE CHICKEN CAESAR SALAD (10 1/2")
SMALL BERRY KONI TRAY (10 1/2")

FAMILY SIZE

Organic



2⁹⁹
/lb

ORGANIC SEEDLESS ORANGES
PRODUCE OF U.S.A.
6.59/kg



4⁹⁹
ea.

ORGANIC AVOCADOS
PRODUCE OF MEXICO



6⁹⁹
ea.

ORGANIC SWEET POTATOES IN PLASTIC BAG



5⁹⁹
ea.

ORGANIC YELLOW-FLESH OR POTATO POTATOES IN PLASTIC BAG
PRODUCE OF CANADA



3 PK



YELLOW POTATOES
PRODUCE OF TEXAS, ILLINOIS



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un.



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



11⁹⁹
ea.

CHRYSANTHEMUMS
6" POT
ASSORTED COLOURS



Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.





YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

BUTTERBALL
ROAST
FROZEN BUTTERBALL OR
GRADE A TURKEY
13.25kg
6.59kg

RED GRILL
EASY CARVE
PRIME BRISK ROAST
13.25kg
12.99kg

12⁸⁸
/lb

100% CANADIAN AA
BEEF

BONELESS
BONELESS PORK LOIN CHOPS
VALUE PACK OR ROAST
13.25kg

5⁹⁹
/lb

PLATINUM GRILL ANJOU
BEEF FENDER CUT
STEAK OR ROAST
78.50kg
78.50kg

33⁹⁹
/lb

100% CANADIAN
BEEF

PRIME
YORKSHIRE VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
13.25kg

7⁹⁹
/lb

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
FRESH SPICE CHICKEN WINGS
17.50kg

YORKSHIRE VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
13.25kg

5⁹⁹
/lb

Organic

125 points
value of \$1

6⁸⁸
/lb

FRESH
BONELESS LAMB LEG
13.25kg
6.59kg

SPRING LAMB
FRESH LAMB SHOULDER
CHOPS VALUE PACK
13.25kg
11.50kg

7⁹⁹
/lb

SPRING LAMB
FRESH LAMB SHOULDER
CHOPS VALUE PACK
13.25kg
11.50kg

12⁹⁹
/lb

SPRING LAMB
FRESH LAMB LOIN CHOPS
13.25kg
28.50kg

19⁹⁹
/lb

I earn with **moi** rewards

SCHNEIDER'S
BREAKFAST
SNACKWICHES OR
EGG BITES
100% MEAT
13.25kg

5⁹⁹
ea.

125 points
value of \$1

MAPLE LEAF
PORK CHOPS
13.25kg

6⁹⁹
ea.

80 points

LOVE'S
PORK CHOPS
13.25kg

7⁹⁹
ea.

90 points

IRRESISTIBLE
PORK CHOPS
13.25kg

5⁹⁹
ea.

70 points

Fletcher's
PORK
COTTAGE BOLL
13.25kg

4⁹⁹
/lb

125 points
value of \$1

MONTANA'S
PORK CHOPS
13.25kg

8⁹⁹
ea.

125 points
value of \$1

KELSEY'S
PORK CHOPS
13.25kg

12⁹⁹
ea.

125 points
value of \$1

YORKSHIRE
VALLEY FARM
ORGANIC FREE-
RANGE WHOLE CHICKEN
13.25kg

19⁹⁹
ea.

250 points
value of \$2

Entertaining Favourites

WATSON RIDGE
CHICKEN BALLS
13.25kg

5⁹⁹
ea.

ULTIMATE
PASTRY POPPERS
13.25kg

5⁹⁹
ea.

JOHNSONVILLE
SAUSAGES
13.25kg

6⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS TWO
13.25kg

12⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
FRESH SPICE CHICKEN WINGS
17.50kg

9⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
FRESH SPICE CHICKEN WINGS
17.50kg

9⁹⁹
ea.

SCHNEIDER'S
PASTRY POPPERS
13.25kg

12⁹⁹
ea.

MAPLE LEAF PRIME
ROASTED WITHOUT ANTIBIOTICS
FRESH SPICE CHICKEN WINGS
17.50kg

15⁹⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT **metro.ca**

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g

8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g

7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g

8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g

8⁹⁹
ea.



7⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea.

IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



DISCOVER
NEW

IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g

19⁹⁹
ea.

Seafood



9⁹⁹
/lb

WILD CAUGHT
ALASKAN COD FILLETS
FRESH OR FROZEN (20 FILLETS, 2.11 lb)



12⁹⁹
/lb

FRESH RAINBOW TROUT FILLETS, VALUE PACK
100 g, 2.20 lb



4⁹⁹
ea.

7 SEAS SOLE
WITH STUFFING
FRESH (100 g, 2.20 lb)



5⁹⁹
ea.

FRESH CANADIAN CORE
ORGANIC MUSSELS
1.5 lb



6⁹⁹
/lb

FRESH PASTA CLAMS
1.5 lb



8⁹⁹
/lb

STORE MADE
SEAFOOD SALAD
CHICKEN, CUCUMBER
MAYONNAISE, 1.5 lb



8⁹⁹
ea.

OCEAN PRIME
WHOLE CLEANED Sockeye SALMON



13⁹⁹
ea.

BACCALA
CHILEAN BONE IN
SALMON (100 g, 2.20 lb)



13⁹⁹
ea.

OCEAN JEWEL
WHOLE MEDITERRANEAN
SEA BASS (100 g, 2.20 lb)



49⁹⁹
/lb

KING CRAB
FRESH (100 g, 2.20 lb)

Irresistible



6⁹⁹
ea.

IRRESISTIBLE
UNCOOKED
SHRIMP (100 g, 2.20 lb)



8⁹⁹
ea.

IRRESISTIBLE
COOKED PACIFIC
WHITE SHRIMP (100 g, 2.20 lb)



9⁹⁹
ea.

IRRESISTIBLE
SEAFOOD
MEDLEY (100 g, 2.20 lb)



10⁹⁹
ea.

IRRESISTIBLE
CRAB CAKES
MAYONNAISE (100 g, 2.20 lb)

Deli Favourites



2⁹⁹
/100 g

MAPLE GLAZED
CHICKEN BREAST
100 g



2⁹⁹
/100 g

SHORSHI
SANDWICH
100 g



1⁹⁹
/100 g

KRIMOS
TRADITIONAL FETA CHEESE
100 g



11⁴⁹
ea.

SANTITAS
BELLANANO CHEESE
100 g



5⁴⁹
ea.

PIZZERIA
BELLITALIA PIZZA TOPPINGS
100 g



7⁴⁹
ea.

BRANDT
SAUSAGE CHUBS
100 g



6⁹⁹
ea.

RICOTTA
CHEESE
100 g



5⁹⁹
ea.

CELEBRITY
SHEEP'S MILK
CHEESE
100 g



10⁹⁹
ea.

MARC ANGELO
CALABRESE
SALAMI
100 g



11⁹⁹
ea.

MARC ANGELO
PROSCIUTTO OR
ANTIPASTO
QUATTRO TRAZ
100 g



12⁹⁹
ea.

BEL CONDO
MINI BURRATA
100 g



4⁹⁹
ea.

NEW YORK
STYLE BAGEL CRISPS
100 g



3⁹⁹
ea.

SUMMER FRESH
HUMMUS OR DIPS
100 g



7⁹⁹
ea.

SABATINI'S
FRESH MACARONI
100 g



8⁹⁹
ea.

SWISS CHALET
CHICKEN POT PIE
100 g



8⁰⁰
ea.

FRESH & HOT
FRESH PASTA
100 g

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTHWELL
CHEESE
170 g
SELECTED VARIETIES



999
ea.
ZERIO
MOZZARELLA
250 g
SELECTED VARIETIES



549
/100 g
COMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
24.90%



2200
ea.
BELLA CASARA
BURRATA CHEESE
250 g
OR 14.99 ea. 250 g



1499
ea.
TRE STELLE
MASCARPONE CHEESE
475 g



699
ea.
RONCATO
OR BALDERSON
SPREADABLE CHEESE
185 - 200 g
SELECTED VARIETIES



1799
ea.
INESISTIBLE
BRIE
500 g



329
/100 g
BALDERSON
CHEDDAR
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.35/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



479
/100 g
L'EXTRA
DOUBLE CHEVRE BRIE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g
BUY MORE
SAVE MORE!



499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63%



1099
ea.
OKA CHEESE
100 g
SELECTED VARIETIES



Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY
OUR ARTISAN BREADS

WHOLE
1/2 LB CHESSE

FRONT STREET BAKERY
EXTRA CHEDDAR CHESSE BREAD
675-11

749
ea.

Choose from a fine selection of
Artisanal breads *baked in my metro.*



Elevate your plate

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1/2 LB CHESSE

FRONT STREET BAKERY
EXTRA CHEDDAR CHESSE BREAD
675-11

749
ea.

Choose from a fine selection of
Artisanal breads *baked in my metro.*





Lemon Treats



FRONT STREET BAKERY
LEMON MERINGUE PIE
10 1/2" dia.
6⁹⁹
ea.



FRONT STREET BAKERY
LEMON PUDDING TWISTS
10 1/2" dia.
5⁹⁹
ea.



FRONT STREET BAKERY
LEMON DANISH
10 1/2" dia.
21⁹⁹
ea.



SELECTION
LEMON DESSERT SQUARES
10 1/2" dia.
7⁹⁹
ea.



INEVITABLE
LEMON POPPY SEED
COFFEE CAKE 10 1/2" dia.
10⁹⁹
ea.



MR KIPLING
LEMON SNACK
CAKES 10 1/2" dia.
3⁶⁹
ea.

Strawberry Delights



FRONT STREET BAKERY
CHOCOLATE BOSTON
CAKE 10 1/2" dia.
22⁹⁹
ea.



FRONT STREET BAKERY
STRAWBERRY
SHORTCAKE 10 1/2" dia.
31⁹⁹
ea.



FRONT STREET BAKERY
TRIPLE STRAWBERRY
BOSTON CAKE 10 1/2" dia.
22⁹⁹
ea.



FRONT STREET BAKERY
STRAWBERRY CHEESECAKE 10 1/2" dia.
22⁹⁹
ea.

Meal Essentials



BEN'S ORIGINAL
FAST & FANCY RICE 12 1/2" dia.
1⁹⁹
ea.



GREEN GIANT
CANNED VEGETABLES
10 1/2" dia.
1⁹⁹
ea.



FRENCH'S KETCHUP
10 1/2" dia.
5⁴⁹
ea.



KNORR SOUPS
10 1/2" dia.
2⁴⁹
ea.



KNOX'S MUSTARD
10 1/2" dia.
5⁹⁹
ea.



IDAHOAN
MACARONI POTATOES 10 1/2" dia.
1⁹⁹
ea.



CLOR HOUSE
SPICE OR
SEASONING BOTTLES
10 1/2" dia.
5⁴⁹
ea.



RAO'S PASTA SAUCE
10 1/2" dia.
9⁹⁹
ea.



INEVITABLE
PROTEIN MEALS
10 1/2" dia.
4⁹⁹
ea.



KIWIS
PALLET TWISTS
10 1/2" dia.
9⁹⁹
ea.



MICHELINA'S
PROTEIN ENTRÉE
10 1/2" dia.
3⁹⁹
ea.



PROTEIN MARKET
PROTEIN MEAL
10 1/2" dia.
5⁹⁹
ea.

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600 - 700 g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400 - 480 g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000 g

10⁹⁹
/lb

STORE MADE
DIPS
200 - 500 g

5⁹⁹
ea.

STORE MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28 - 30 SIZE, 2.20/100 g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600 - 700 g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1 lb
ORDER IN STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET GARDEN
CHARCUTERIE
1 lb
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1 lb
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.5 lb

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24 kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600 - 700 g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HRM
JAMBON FUME
DESSEINÉ
1.4 kg
1.4 kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.



1.99 ea. STOVE TOP TURKEY or CHICKEN SOUP SELECTED VARIETIES



99¢ ea. CLUB HOUSE BROWN GRAVY OR FRANCOIS GRAY 250 ml SELECTED VARIETIES

2.79 ea. DOLE CANNED PINEAPPLE 200 ml SELECTED VARIETIES

6.49 ea. BICK'S PICKLES 750 ml - 1 L SELECTED VARIETIES

2.99 ea. FRENCH DIJON MUSTARD 275 ml SELECTED VARIETIES



4.49 ea. SARGOL OLIVES 375 ml SELECTED VARIETIES

4.99 ea. KELLOGG'S RICE KRISPIES CEREAL 300 g WHOLE SUPPLIES LAST!

5.49 ea. PUPPY KITTEN CEREAL 300 g



2.99 ea. PLANTERS TRAIL MIX 80 g SELECTED VARIETIES

14.99 ea. TIM HORTONS ORIGINAL BLEND MELANGE ORIGINAL 200 g

7.49 ea. OCEAN SPRAY SPARKLING CRANBERRY DRINK 6 x 240 ml SELECTED VARIETIES



2.99 ea. SOUR CREAM 400 - 500 ml SELECTED VARIETIES

14.99 ea. TIM HORTONS GROUND COFFEE 300 g SELECTED VARIETIES

2.79 ea. CLEARLY CANADIAN SPARKLING WATER 325 ml SELECTED VARIETIES



3.99 ea. ROBIN HOOD OR FIVE ROSES FLOUR 2.5 kg SELECTED VARIETIES

2.99 ea. REDPATH BROWN SUGAR 1 kg SELECTED VARIETIES

4.99 ea. WHIPPED CREAM 225 g SELECTED VARIETIES



4.99 ea. PULLS APART EASTER COOKIES 300 g SELECTED VARIETIES WHILE QUANTITIES LAST!

8.49 ea. SEMILLON CHARDONNAY 750 ml INVITATIONS ALCOHOL-FREE WINE 200 ml SELECTED VARIETIES

More Great Savings



1999 ea.

TIMOTHY'S COFFEE CAPSULES (ea.)



649 ea.

McCAFE INSTANT COFFEE (ea.)



899 ea.

TETLEY TEA BAGS (ea.)



599 ea.

ST. RAPHAEL'S SYRUP (ea.)



569 ea.

WHOLE EARTH PLANT BASED LIQUID SWEETENER (ea.)



549 ea.

TROPICANA REFRESHING DRINKS (ea.)



549 ea.

INVINCIBLE BISCUITS (ea.)



299 ea.

INVINCIBLE WATER CRACKERS (ea.)



199 ea.

INVINCIBLE CAKES (ea.)



499 ea.

OCEAN SPRAY CRANBERRY JUICE (ea.)



649 ea.

M&M'S OR MALTESERS (ea.)



1199 ea.

LINDT SWISS CLASSIC CHOCOLATE BAR (ea.)



1199 ea.

ASAHI BEER (ea.)



1249 ea.

BUSCH BEER (ea.)



899 ea.

MUSKOKA BEER (ea.)



299 ea.

BARRY'S BEER (ea.)



499 ea.

SELECTION OF PEANUTS (ea.)



899 ea.

MAISON PERRIER SPARKLING WATER (ea.)



699 ea.

GENEROUS BY NATURE COFFEE (ea.)



599 ea.

GENEROUS BY NATURE CREAMER (ea.)



299 ea.

RITZ CRACKERS (ea.)



299 ea.

RITZ CRACKERS (ea.)



499 ea.

HELLMANN'S MAYONNAISE (ea.)



499 ea.

HELLMANN'S MAYONNAISE (ea.)



399 ea.

RITZ CRACKERS (ea.)



399 ea.

RITZ CRACKERS (ea.)



699 ea.

HELLMANN'S MAYONNAISE (ea.)



699 ea.

HELLMANN'S MAYONNAISE (ea.)



Free

KINDER SURPRISE EGGS (ea.)



649 ea.

KINDER SURPRISE EGGS (ea.)



1299 ea.

KINDER SURPRISE EGGS (ea.)



1399 ea.

KINDER SURPRISE EGGS (ea.)



Free

KINDER SURPRISE EGGS (ea.)



649 ea.

KINDER SURPRISE EGGS (ea.)



1299 ea.

KINDER SURPRISE EGGS (ea.)



1399 ea.

KINDER SURPRISE EGGS (ea.)

Your one-hop shop

Metro has all your favourite Easter sweets & treats – hop to it!

WHILE QUANTITIES LAST



13⁹⁹ ea.



4⁹⁹ ea.



8⁴⁹ ea.



2⁹⁹ ea.



1⁷⁹ ea.



5⁴⁹ ea.



5⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



4⁴⁹ ea.



9⁹⁹ ea.



6⁴⁹ ea.



3⁹⁹ ea.



1²⁹ ea.



10⁹⁹ ea.



6⁴⁹ ea.



2⁹⁹ ea.



20⁹⁹ ea.



10⁴⁹ ea.



13⁹⁹ ea.

Spring into flavourful spirits

Complement your feast with favourite red & white wines, cold brews & cocktails.



FOLONARI
PINOT GRIGIO
delle Venezie



[yellow tail]
SHIRAZ

FOLONARI
PINOT GRIGIO OR
YELLOW TAIL SHIRAZ
750 ml
SELECTED VINTAGES

15⁴⁹
ea.



BASK
SAUVIGNON BLANC
750 ml



BASK
YELLOW TAIL
SHIRAZ
750 ml

STONELEIGH
SAUVIGNON BLANC
750 ml

20⁴⁹
ea.



Castello del Diabla
CABERNET SAUVIGNON
750 ml



Castello del Diabla
PINOT NOIR
750 ml

WEYNE GRIFFIN
COTTONWOOD
750 ml

17⁴⁹
ea.



HEINEKEN
ORIGINAL
PILSENER BEER
500 ml



SAPPORO
PREMIUM LAGER
500 ml

HEINEKEN
500 ml

12⁹⁹
ea.



Budweiser
PILSENER BEER
500 ml



Miller Lite
PILSENER BEER
500 ml

MILLER LITE
OR BUDWEISER
500 ml
SELECTED VINTAGES

28⁹⁹
ea.



STELLA ARTOIS
PILSENER BEER
500 ml



SAPPORO
PREMIUM LAGER
500 ml

STELLA ARTOIS
500 ml

59⁹⁹
ea.



VODKA SODA
COTTAGE SPRINGS
VODKA SODA
8 x 355 mL



COTTAGE SPRINGS
BEER
8 x 355 mL

COTTAGE SPRINGS
VODKA SODA
8 x 355 mL

21⁹⁹
ea.



Coors Seltzer Slushie
FLAVOURS
12 x 355 mL



Coors Seltzer Slushie
FLAVOURS
12 x 355 mL

COORS
SELTZER SLUSHIE
12 x 355 mL

31⁹⁹
ea.



Dillon's
GIN
VARIETY PACK



Dillon's
GIN
VARIETY PACK

DILLON'S
GIN COCKTAIL
VARIETY PACK
12 x 355 mL

33⁹⁹
ea.

Advertised prices are subject to change and exclude GST and deposit fees, which are added at checkout. Alcohol: limits are available at select stores. See menu for availability.

Complement your feast with favourite red & white wines, cold brews & cocktails.

BASK
SAUVIGNON WHITE WINE
750 ml
14⁴⁹
ea.

CASILLERO DEL DIABLO
CABERNET SAUVIGNON
750 ml
14⁴⁹
ea.

FOLONARI
PINOT GRIGIO OR
YELLOW TAIL SHIRAZ
750 ml
SELECTED VARIETIES
15⁴⁹
ea.

750 ml
2049
ea.

750 ml
1749
ea.

6 x 500 ml
2199
ea.

SELECTED VARIETIES:

289

19

59⁹⁹
ea.



319

21⁹⁹
ea.

33⁹⁹
ea.

Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See metro.ca for availability.

Organic



5⁹⁹

ea.



10⁹⁹

ea.



3⁴⁹

ea.

Fuel for the Whole Family



10⁹⁹

ea.



10⁹⁹

ea.



10⁹⁹

ea.

Gluten Free



7⁴⁹

ea.



3⁴⁹

ea.



8⁴⁹

ea.



8⁴⁹

ea.

Non-GMO



16⁴⁹

ea.



3⁹⁹

ea.



5⁴⁹

ea.



3⁹⁹

ea.



3⁹⁹

ea.



5⁴⁹

ea.



21⁹⁹

ea.



7⁹⁹

ea.

Baby & Beauty



5⁹⁹

ea.



28⁹⁹

ea.



14⁹⁹

ea.



31⁹⁹

ea.



12⁹⁹

ea.



5⁹⁹

ea.



12⁹⁹

ea.



31⁹⁹

ea.

Household Helpers



3⁹⁹

ea.



10⁹⁹

ea.

WIN 1 OF 3 \$10,000 VIP TRIPS



8⁹⁹

ea.



8⁹⁹

ea.



8⁹⁹

ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](https://www.metro.ca)

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES FRO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON OR LAL CHILLA
BROWN BASMATI RICE
400 g
SELECTED VARIETIES

9⁹⁹

ea.

SAPPHIRE
VEGETABLE OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERBERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

CELEDA MOON OR
ARUN BASMATI RICE
500/600 g
SELECTED VARIETIES

13⁹⁹

ea.

BIJAN'S
GHEE
800 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
400 g
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
100/150/200 g
SELECTED VARIETIES

8⁹⁹

ea.

AMLENDER OR CEDAR
TAMAR OR
PRUNELLA FRUIT
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIYA
MAKHANA OR PIRATHAS
200/400 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS Dahi, PHOENIX
OR CEDAR PHOENIX
800/1000 g
SELECTED VARIETIES

3⁹⁹

ea.

DIYA LENTILS OR
BLACK CHICK PEAS
10/15/20 g
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIYA BAKED CHANA,
BISCUIT OR
BISCUIT CHIPS
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

PARLE'S
KORMA
400 g
SELECTED VARIETIES

3⁹⁹

ea.

PARLE'S
BUTTER CHICKEN
POULET AU BEURRE
400 g
SELECTED VARIETIES

3⁹⁹

ea.

CASABLANCA
ORIGINAL DANISH BUTTER
COOKIES
400 g

99¢

ea.

DIYA
OMBA
100 g
SELECTED VARIETIES

1⁶⁷

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
40/200 g
SELECTED VARIETIES

3⁴⁹

ea.

DIYA PICKLED
ONIONS OR
FRIED ONIONS
400 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR LU
COOKIES
80/100 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR LU
COOKIES
80/100 g
SELECTED VARIETIES

Item availability varies by store.



We take pride in sourcing locally from the
Northern Ontario Region.

**NORTH COUNTRY
PEPPERETTES**
454 g
SELECTED VARIETIES

8⁴⁹
ea.



**LEADBETTERS
WOOD FIRED BACON**
250 g
SELECTED VARIETIES

5⁹⁹
ea.



**HUBBERT'S
MAPLE SYRUP**
500 ml
SELECTED VARIETIES

10⁹⁹
ea.



**SAUGEEN COUNTRY
DAIRY**
908 g
SELECTED VARIETIES

5⁹⁹
ea.



**QUINTA
CANADIAN QUINOA**
400 g

6⁹⁹
ea.



**CRAZY GOOD
SPICES**
28 - 90 g
SELECTED VARIETIES

6⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES