

Food-A-Rama

Great Valu Markets

Visit us at www.greatvalu.com

VALUE YOU CAN count on!

scan to **SAVE**



USE YOUR MOBILE DEVICE FOR MORE **SAVINGS ONLINE!**



Boneless Bottom Round Roast
USDA Choice Beef

SAVE BIG!

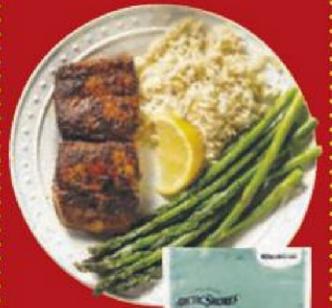
4.99 lb.



MORE VALUE
1.99 lb.

Boneless Pork Chops
Fresh Value Pack

DEALS FOR Meals



Arctic Shores Mahi Mahi Fillets
12 oz. pkg. IQF

MORE VALUE
8.99



MORE VALUE
1.99 lb.

Chicken Wings
Fresh Value Pack



MORE VALUE
4.49 lb.

75% Lean Ground Beef
Value Pack



MORE VALUE
7.99 lb.

Boneless New York Strip Steaks
Value Pack

FRESH VALUE



FRESH VALUE
.39 lb.

Yellow Onions
Jumbo



FRESH VALUE
.69 each

Hass Avocados
Great For Guacamole



FRESH VALUE
.69 lb.

Golden Yams
Great Roasted

START YOUR DAY Off Right!



MORE VALUE
4.99

Kellogg's Large Size Cereal
13.1-17.3 oz. box
Select Varieties



MORE VALUE
3.99

Kellogg's Pop-Tarts
12 ct. pkg.
Select Varieties



MORE VALUE
2/\$7

Silk Almond or Cashew Milk
64 oz. ctn.
Select Varieties



MORE VALUE
4/\$5

Chobani Creations, Flip or Protein Greek Yogurt
4.5-6.7 oz. ctn.
Select Varieties



HOT DEAL
7.99

Charmin Bath Tissue
6 ct. pkg. Mega Roll
Soft or Strong



5.99

Tide
• Liquid Laundry Detergent, 30-34 oz. btl.
• Pods, 9-16 ct. pkg.
Gain
• Liquid Laundry Detergent, 46 oz. btl.
• Fabric Softener, 44 oz. btl.
• Dryer Sheet, 120 ct. pkg.
Select Varieties



2/\$4

Essential Everyday Chunk or Shredded Cheese
6-8 oz. pkg.
Select Varieties



2/\$5

Hanover Premium Frozen Vegetables
10-12 oz. bag
Select Varieties



2/\$3

Chef Boyardee Pasta or Microwaveable Bowls
14.5-15 oz. can or 7.25-7.5 oz. bowl
Select Varieties



BUY 1 GET 1 FREE

Thomas' English Muffins
6 ct. pkg.
Select Varieties



3.49

Nabisco Oreo Cookies or Fudge Covered Snacks
7.8-14.03 oz. pkg.
Select Varieties



2/\$6

Mott's Apple Juice or Blends
64 oz. btl.
Select Varieties



2/\$5

Utz or Zappo's Family Size Potato Chips or Pretzels
7.75-16 oz. bag
Select Varieties



2/\$8

Pure Life Purified Water
24 pk. 16.9 oz. btl. or 8 oz. btl.



2/\$5

Classico Pasta Sauce
15-24 oz. jar
Select Varieties

SHOP LOCAL EAT FRESH

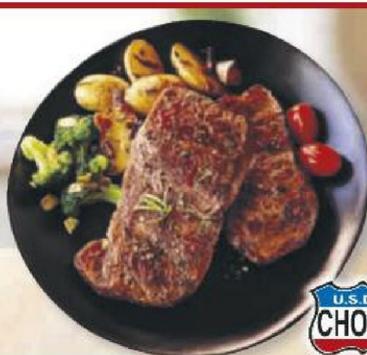
PRICES GOOD MARCH 4 - MARCH 10, 2026

Not responsible for typographical errors. Photos for illustration only and may not be actual product. We reserve the right to limit quantities. No sales to dealers. Not all items available in all locations.

TOP QUALITY MEAT



FRESH VALUE
3.99 lb.
Pork Baby Back Ribs
Thawed For Your Convenience



FRESH VALUE
5.99 lb.
Boneless Bottom Round Steaks
USDA Choice Beef Value Pack



FRESH VALUE
6.99 lb.
Boneless Eye Round Roast
USDA Choice Beef

MORE SAVINGS



5.99
Bar S Jumbo Beef Franks
16 oz. pkg.



11.99
Butterball Turkey Burgers
32 oz. pkg.
Select Varieties



4.49
Johnsonville Link or Rope Sausage
12-14 oz. pkg.
Select Varieties



7.99
Kingsford Pulled BBQ Pork
16 oz. pkg.



11.99
Premio Bratwurst or Italian Sausage
48 oz. pkg.
Select Varieties



6.49
El Monterey Burritos or Chimichangas
30.4-32 oz. pkg.
Select Varieties



12.99
Kingsford Baby Back Pork Ribs
24 oz. pkg.
Fully Cooked



10.99
Steak-umm Sliced Sandwich Steaks
15-21 oz. box
Beef or Angus



8.99
Philly Gourmet 100% Pure Beef Patties
32 oz. pkg.



5.49
Essential Everyday Sliced Bacon
16 oz. pkg.
Select Varieties



4.99
Godshall's Turkey Bacon
12 oz. pkg.
Smoked or Maple



4.99
Hormel Pepperoni
5-6 oz. pkg.
Select Varieties



5.49
Murry's French Toast Sticks
32 oz. pkg.
Double Cinnamon Only



5.49
On-Cor Redi-Serve Chicken Strips, Patties or Nibblers
26-27.5 oz. pkg.



3.49
Smithfield Anytime Ham
8 oz. pkg.
Diced or Cubed



3.49
Smithfield Anytime Boneless Ham Steaks
8 oz. pkg.
Select Varieties



3.99
Swaggerly's Farm Premium Sausage Links or Patties
12 oz. pkg.



5.99
Land O' Frost Premium Sliced Lunchmeat
16 oz. pkg.
Select Varieties

FROM THE SEA



12.99
Arctic Shores 16/20 Ct. Cooked Peeled Shrimp
16 oz. pkg. - IQF Tail-On



3.99
Arctic Shores Pollock Fillets
16 oz. pkg. - IQF



5.99
Handy Crab Cakes, Breaded Shrimp or Shrimp Rolls
6-8 oz. pkg. - Select Varieties



4.49
Mojito Sushi Rolls
6 oz. pkg.
Select Varieties

BAKERY BUYS



11.99
Royal Baking Coconut Cake
8 Inch, Double Layer



6.99
Table Talk Cherry Pie
8 Inch
Select Varieties



4.49
Two-Bite Blueberry Scones
10 oz. pkg.



5/\$5
JJ's Bakery Snack Pies
4 ct. pkg.
Select Varieties



3.49
Better Butter Craft Butter
3 oz. pkg.
Select Varieties



6.49
Muffin Town Cornbread
12 ct. pkg.



3.99
French or Italian Bread
16 oz. pkg.



7.99
Anthony & Son Sliced Seeded Rye Bread
40 oz. pkg.

DELI DELIGHTS



6.99 lb.
Kretschmar Flavored Ham
Deli Fresh
Select Varieties



7.49 lb.
Krakus Polish Deli Ham
Deli Fresh



4.49 lb.
Schreiber American Cheese
Deli Fresh
Select Varieties



3.99 lb.
Wunderbar Bologna
Deli Fresh



1.49
Oh Snap! Pickles
3-3.5 oz. pkg.
Select Varieties



4.99 lb.
ASK Foods Smoky Mozzarella Pasta Salad
Deli Fresh



2.99
Reser's Loaded Baked Potato Salad
16 oz. ctn.



8.99
8 Piece Fried Chicken
2 Breasts, 2 Thighs,
2 Drumsticks & 2 Wings



8.99 lb.
Kretschmar Swiss or Baby Swiss Cheese
Deli Fresh

SAVINGS MADE EASY

Essential EVERYDAY

AMAZING QUALITY. FANTASTIC PRICES. THAT'S OUR QUALITY PROMISE.



1.99
Essential Everyday Cream Cheese
8 oz. box
Regular or Neufchâtel



3.29
Essential Everyday Cereal
11.5-18 oz. box
Select Varieties



.79
Essential Everyday Seasoning Mix
1-1.5 oz. pkt.
Select Varieties



2/\$5
Essential Everyday Steak Sauce
10 oz. btl.



2.69
Essential Everyday Apple Sauce
6 ct. pkg.
Select Varieties



5.49
Essential Everyday Ricotta Cheese
32 oz. ctn.
Whole Milk



2/\$5
Essential Everyday Sliced Cheese
6-8 oz. pkg.
Select Varieties



2/\$6
Essential Everyday American Cheese Singles
12 oz. pkg.
Yellow or White



2.39
Essential Everyday Sallines Crackers
16 oz. box
Select Varieties



1.99
Essential Everyday Foam Plates
40 ct. pkg.
8.875 inch

March is

NATIONAL FROZEN FOOD MONTH!

Prices good: March 4th - March 17th



Birds Eye Steamfresh Vegetables

10-10.8 oz. pkg.
Select Varieties

4/\$5

Eggo Waffles, Pancakes or French Toaster Sticks

10.9-14.8 oz. pkg.
Select Varieties

2/\$6



Birds Eye Family Size Voila!

35-42 oz. Pkg.
Select Varieties

8.99



Birds Eye Voila!

21 oz. pkg.
Select Varieties

5.99



Hot Pockets

4 ct. box
Select Varieties

2/\$8



Totino's Party Pizza or Pizza Rolls

7.5-10.9 oz. pkg.
Select Varieties

3/\$5



Pillsbury Toaster Strudel

11.7 oz. box
Select Varieties

2/\$6



Pillsbury Mini Cinnis or Toaster Scrambles

4 ct. pkg.
Select Varieties

2/\$6



Essential Everyday Frozen Vegetables

32 oz. bag
Select Varieties

3.99



Essential Everyday Orange Juice

12 oz. can
Select Varieties

2.49



Essential Everyday Asian Appetizers

5-12.2 oz. pkg.
Select Varieties

3.69



Essential Everyday Frozen Fruit

12-16 oz. pkg.
Select Varieties

3.59



Essential Everyday Pizza Bites

23.8 oz. bag
Select Varieties

5.49



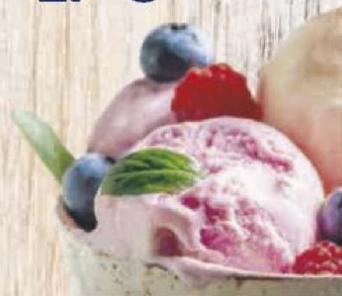
Essential Everyday Pierogies

16 oz. box
Cheddar or Onion

2/\$5

March is

NATIONAL FROZEN FOOD MONTH!





March is

NATIONAL FROZEN FOOD MONTH!

Prices good: March 4th - March 17th



Friendly's Ice Cream

48 oz. ctn.
Select Varieties

2/\$7



Culinary Circle Pizza

13.95-28.9 oz. box
Select Varieties

2/\$9

Friendly's Ice Cream Bars

4-6 ct. pkg.
Select Varieties

3.99



Grown In Idaho Fries

28 oz. bag
Crinkle Cut or Shoestring

3.99



New York Bakery Garlic Bread Sticks or Texas Toast

12-16 ct. pkg.

5.99



Marie Callender's Pies

36-38 oz. pkg.
Select Varieties

8.99



Mrs. Paul's Fish Fillets or Sticks

18-23 oz. box
Select Varieties

4.99



NATIONAL FROZEN FOOD MONTH!

March is



Banquet Pot Pies

7 oz. box - Select Varieties

HOT DEAL
5/\$5



Banquet Boneless Chicken

24-32 oz. bag
Select Varieties

4.99



Celeste Pizza For One

5-6.55 oz. box
Select Varieties

4/\$5



Marie Callender's Bowls or Small Pot Pies

10-13 oz. box
Select Varieties

2/\$5



Marie Callender's Dinners or Large Pot Pies

11.5-15 oz. box
Select Varieties

2/\$6



Hungry-Man Dinners

13.1-16 oz. box
Select Varieties

3.99

EASY, CRAVEABLE FREEZER FAVES



INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

Buy any FIVE (5) PARTICIPATING ITEMS*
get a FREE** Ice Cream

*All participating items are subject to change
**Select Brands and Pack Sizes Valued at \$3.50



Banquet® Frozen Pot Pies 7oz, Hungry-Man Frozen Meals 13.1-16oz, Marie Callender's® Frozen Dinners 11.5-14oz, Bowls 10.5-13oz, Small Pot Pies 10oz and Large Pot Pies 11.5-15oz, Celeste® Pizza For One™ Frozen Pizza 5-6.55oz, Banquet® Boneless Chicken 24-30oz

*When You Use Our Great Valu APP

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GROCERY SAVINGS



6.99

Maxwell House Ground Coffee

9.9-11.5 oz. can
Select Varieties, Excludes Decaf



3/\$5

Kraft Mac & Cheese or Velveeta Shells & Cheese

2.05-2.39 oz. cup



2/\$7

Mott's 100% Apple Juice

6-8 ct. pkg.
Select Varieties

MORE SAVINGS



2/\$3

Healthy Choice Soup

15 oz. can
Select Varieties



2/\$5

Healthy Choice Big Bowl Soup

14 oz. ctn.
Chicken With Rice



2/\$7

Crystal Farms Grated Parmesan Cheese

8 oz. ctn.



4/\$5

Hanover Beans

15.5 oz. can
Select Varieties



2/\$7

Quaker Rice Crisps or Cakes

4.47-7.4 oz. bag
Select Varieties



2/\$6

Hanover Green Beans

38-39 oz. can
Select Varieties



1.99

Tuttorosso Tomatoes

28 oz. can
Select Varieties



3.49

McIlhenny Co. Tabasco or Hot Sauce

5-11 oz. btl.
Select Varieties



2.49

Betty Crocker 100% Real Mashed Potatoes

13.75 oz. box



2/\$8

Ferrero Nutella Hazelnut Spread

13 oz. jar



5.49

Kellogg's Rice Krispies Treats

16 ct. pkg.
Original or Variety



7.99

Chock Full o' Nuts Ground Coffee

11.3 oz. can
Original



4.99

Coffee Mate Non-Dairy Creamer

10.2-15 oz. ctn.
Select Varieties



8.99

Blue Diamond Almonds

16 oz. bag
Select Varieties



5.99

Hershey's Candy Pouch

7.2-10.8 oz. pkg.
Select Varieties



2/\$6

Betty Crocker Delights Brownie Mix

16-19.1 oz. pkg.
Select Varieties



2.99

Splash Blast Water

12 pk. 8 oz. btl. or
6 pk. 16.9 oz. btl.
Select Varieties



4.99

Carnation Breakfast Essential Drinks

8-10 ct. box
Select Varieties

HOME & HEALTH



Tide

• Liquid Laundry Detergent,
73-84 oz. btl.

• Pods, 42 ct. pkg.

Downy

• Fabric Softener, 140 oz. btl.

• Scent Beads, 18.2 oz. btl.

• Fabric Rinse, 48 oz. btl.

Cascade

• Complete Action Pacs,
43 ct. pkg.

• Platinum Plus Action Pacs,
34 ct. pkg.

Select Varieties

13.99



Bounce Dryer Sheets

30 ct. box
Select Varieties

5.99



Tide Simply Liquid Laundry Detergent

31-32 oz. btl.
Select Varieties

3.99



Downy Fabric Softener

44 oz. btl.
April Fresh

5.99



Fabuloso Multi-Purpose Cleaner

56 oz. btl.
Lavender

5.99



Bounty Paper Towels

6 ct. pkg. Double Plus Roll
Select Varieties

16.99



Scott Bath Tissue or Paper Towels

9 ct. pkg. Double Roll Paper Towels
or 12 ct. pkg. Mega Roll Bath Tissue
Select Varieties

7.99



Nature's Recipe Grain Free Dry Dog Food

4 lb. bag
Select Varieties

10.99



Colgate Toothpaste

6 oz. box
Select Varieties

2/\$4

DAIRY DELIGHTS



Dannon

• Light + Fit, 4.5 oz. ctn.

• Too Good, 5.3 oz. ctn.

• Oikos Triple Zero, 5.3 oz. ctn.

• Remix Mix-Ins, 4.5 oz. ctn.

Silk

• Almondmilk,
5.3 oz. ctn.

Yo Crunch

6 oz. cup
Select Varieties

4/\$5



Pillsbury Crescents Rolls or Cinnamon Rolls

8 ct. pkg.
Select Varieties

2/\$6



Pillsbury Ready To Bake or Slice Cookies

14-16.5 oz. pkg.
Select Varieties

2/\$7



Dannon Activia Proactive Yogurt

4 ct. pkg.
Select Varieties

2/\$8



Silk Almond or Chobani Creamer

24-32 oz. btl.
Select Varieties

4.49



Daisy Sour Cream

8 oz. ctn.
Regular or Light

1.49



Sargento Balanced Breaks Snacks

4-4.5 oz. ctn.
Select Varieties

3/\$10



Egg-Land's Best Large White Eggs

18 ct. pkg.
Grade A

4.99

FROZEN SAVINGS



3.99

On-Cor Entrees

24-28 oz. box
Select Varieties



Green Giant Simply Steam Vegetables

9.5-10 oz. pkg.
Select Varieties

2.29



Banquet Basic Meals

4.85-6.5 oz. box
Select Varieties

4/\$5



Hanover Baked Sourdough Soft Pretzels

39 oz. pkg.
Family Pack

4.99



Gorton's Fish Fillets, Sticks, Shrimp or Crab Cakes

6-24.5 oz. pkg.
Select Varieties

7.99



Furlani Garlic Bread, Knots or Texas Toast

8-11.25 oz. box
Select Varieties

2/\$5



De Wafelbakker's Pancakes

21.2-24.8 oz. pkg.
Select Varieties

3.49

TOP QUALITY PRODUCE



FRESH VALUE
3/\$1 Lemons
Tangy



FRESH VALUE
1.29 lb. Beefsteak Tomatoes
Red Ripe



FRESH VALUE
1.69 each Red, Yellow or Orange Peppers
Great For Stir Fry

MORE SAVINGS

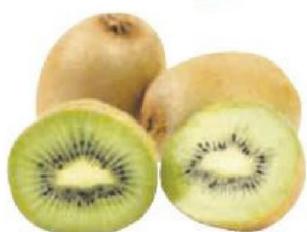
.69 each Minneola Tangelos
Fresh



1.49 lb. Green Zucchini
Great With Onions



3.49 Kiwi
1 lb. pkg.



2/\$4 Giorgio White Mushrooms
8 oz. pkg. Whole or Sliced



2.79 lb. Green or Red Seedless Grapes
Your Choice



3.49 Wild Twist Apples
2 lb. pouch Crisp



ORGANIC
4.99 Wild Harvest Organic Red or Yellow Potatoes
3 lb. bag



2/\$7 Fresh Express Salad Kits
9.8-13.3 oz. bag Select Varieties



SNACK SHOPPE

2/\$7 Belvita Breakfast Biscuits or Sandwich Cookies
5-8.8 oz. box Select Varieties



3.99 Doritos Tortilla Chips or Snacks
6-10.75 oz. bag Select Varieties



3.49 Nabisco Oreo Cakesters or Chips Ahoy! Baked Bites
7-10.1 oz. pkg. Select Varieties



9.99 Frito Lay Multi Pack Snacks
15-30 ct. box Select Varieties



2/\$7 Boulder Canyon Potato Chips
5.25-6.5 oz. bag - Select Varieties



2/\$5 On The Border Tortilla Chips
8-11 oz. bag - Select Varieties



2/\$6 On The Border Salsa
16 oz. jar Select Varieties



Yellow Tail Wines
750 ml. btl. Select Varieties
5.49



Michelob Ultra Beer
24 pk. 12 oz. cans
25.99

Save 20%

When you purchase 6 or more bottles of wine.
750ml or 1.5 ltr. btl.

Thursday, Friday & Saturday Only!
*Excludes Sale Items

FREE ITEM
THIS WEEK!

Visit us on the web
www.greatvalu.com



BIRDS EYE STEAMFRESH VEGETABLES
10-10.8 oz. bag - Select Varieties

It's EASY to get a FREE ITEM every week! Just download the **Great Valu app** Check your email on SATURDAY, March 7th, and download your digital coupon. It's THAT EASY!



We Reserve The Right To Limit Quantities

Great Valu Markets
Locally Owned & Operated

PRICES GOOD MAR. 4 - MAR. 10

Food-A-Rama

226 US Highway 64E
Manteo, NC 27954

Store Hours:
Mon.-Sun. 8am-9pm
Phone (252) 473-2924

For Your Shopping Convenience

